JUNE 2017

YOUR OFFICIAL COMMUNITY NEWSLETTER

ENEW BRIGHTONbuzz

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WHITE FILLINGS . EMERGENCIES . OPEN EVENINGS

NEW BRIGHTON | JUNE 2017 3



YOUR NEW BRIGHTON COMMUNITY ASSOCIATION

2 New Brighton Drive SE Calgary, Alberta T2Z 4B2 Phone 403.781.6613 | general.nbca@gmail.com www.newbrightonca.com

Delivered monthly to 8,900 households and businesses for 8 years!

Editorial Submissions

amy.gregson@hotmail.com All editorial content must be submitted by the 1st of the month for the following month's publication.

Advertising Opportunities

403-263-3044 | sales@great-news.ca All advertisements must be submitted by the 1st of the month for the following month's publication.

Published by Great News Publishing

Serving Calgary communities for 28 years 91 newsletters reaching over 415,000 households in Calgary and surrounding areas.

#34-4550 112 Ave SE Calgary, AB T2C 2K2

Check out our website: www.great-news.ca



The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Publishing and New Brighton Community Association. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing and New Brighton Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary Weather Information	511

Gamblers Anonymous

403-237-0654

June **2017**











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YOUR CITY OF CALGARY

Chip in Fore Communities on Friday, August 11!



Are you itching for a fun game of golf that includes lunch, 18 holes in a power cart with goodies along the way, a delicious dinner, a fantastic foursome competition, and the opportunity to win amazing prizes, while also supporting a great cause? If so, register today for the Federation of Calgary Communities 5th Annual *Chip in Fore Communities* Golf Tournament, presented by Save-On-Foods! The tournament will take place on Friday, August 11, 2017 at The Canal at Delacour Golf Club.

Registration fees are extremely affordable at only \$160 for an individual golfer and a discounted rate of \$600 for a foursome! Your fee includes lunch, 18 holes of golf in a power cart, and dinner.

There are 152 community associations in Calgary who need a support organization that understands their needs. The Federation of Calgary Communities is that organization. This golf tournament will help raise funds for the Federation of Calgary Communities to continue providing programs and services that help community associations build capacity, support and mobilize residents, be on the front lines of important issues in their community, and improve neighbourhood life in Calgary.

Help us help them by golfing with us on Friday, August 11! Visit calgarycommunities.com/events to register today.

If you have any questions or are interested in finding out more please contact Rebecca with the Federation of Calgary Communities at communityrelations@calgarycommunities. com or (403) 244-4111 ext. 204.









NEW BRIGHTON COMMUNITY ASSOCIATION CONTACT LIST

Mailing Address: c/o New Brighton Club, 2 New Brighton Dr. SE, Calgary, Alberta T2Z 4B2 • www.newbrightonca.com

EXECUTIVE		
President	Amy Ball	general.nbca@gmail.com
Vice President	Sidra Barkat	
Secretary	Karen Duffy	
Treasurer	Amanda Zarate	
DIRECTORS		
Memberships Director	Trevor McMurtie	members.nbca@gmail.com
Communications Director	Alanna Creagh	communications.nbca@gmail.com
Events Director	VACANT	
Director at Large	Cathy Eastman	
Director at Large	Scott Carriere	
Director at Large	VACANT	
School Committee	Ryan Thompson	info@newbrightonschool.com
SECRS Representative	VACANT	

CALL FOR VOLUNTEERS We need your help! Volunteering has many benefits and only takes a few hours per month. We have a variety of positions available but would also love to hear a few more voices around the table. We generally meet on the third Thursday of each month at 7:00pm at the Clubhouse. However, please check our Facebook or Twitter for more current information.



www.newbrighton-connect.com

BRIGHTON

RESIDENTS ASSOCIATION

Park Hours:

Office Hours:

9:00am - 10:00pm

Phone: 403-781-6613

www.newbrighton-connect.com

Fax: 403-781-6611

Open daily: 9am - 10pm



New Brighton Residents Association 2 New Brighton Drive SE • 403.781.6613 CONTACT US AT:

General Manager

Jackie Ficzere • admin@nbra.ca Parks and Amenities Supervisor

John Riess • parks.newbrighton@shaw.ca Recreation Manager

Tanya Hinchelwood • pc.newbrighton@shaw.ca Customer Service Supervisor

Clare Lovely • newbrightonclub@shaw.ca

Maintenance Foreman & Safety Officer

Kirby Doyle • foreman•newbrighton@shaw.ca Activites

Jennifer Strickland • activities@nbra.ca





Open 9:00 am - 10:00pm Monday to Sunday



	NEW BRIGHTON RESIDENTS ASSOCIATION
	(RENTING/PROGRAMS)
	C/O New Brighton Club
	2 New Brighton Drive SE, Calgary, Alberta T2Z 4B2
	Phone: (403) 781-6613, Fax: (403) 781-6611
	www.newbrighton-connect.com
	NEW BRIGHTON COMMUNITY ASSOCIATION
	(COMMUNITY ISSUES/SCHOOL BUILDING)
	c/o New Brighton Club
	2 New Brighton Drive SE, Calgary, Alberta T2Z 4B2
	Email: general.nbca@gmail.com
	Website: www.newbrightonca.com
ΠH	ke us on Facebook
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Rental Rates:

\$135 / FLAT RATE SECURITY CHARGE AFTER 10PM.

BANQUET ROOM	
1300 sqft	\$135 security charge flat rate
1500 5410	siss security charge nativate
Residents	\$75 per hour or a day rate of \$600
neshaents	
	from 9:00am to 1:00 am
Non-Residents	\$85 per hour or a day rate of \$800
	from 9:00 am to 1:00 am
STUDIO ROOM	
	\$40 per hour
Residents	
Residents Non-Residents	\$40 per hour
Residents Non-Residents BOARD ROOM	\$40 per hour \$50 per hour
Residents Non-Residents	\$40 per hour \$50 per hour \$30 per hour
Residents Non-Residents BOARD ROOM	\$40 per hour \$50 per hour

A security deposit of \$500 is required for all rentals, in the form of a post-dated cheque for the date of the scheduled rental.

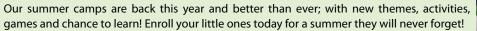


A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.





Planning your child's summer vacation? It's time for summer fun!





Space is filling quickly, so don't miss your chance to secure a camper position!



Splash into summer at the New Brighton Clubhouse!

Summer programs start the week of July 3rd and limited space is still available so register today.

Summer is almost here! The sun is shining and everyone is excited about planning their summer fun! The New Brighton Residents association is here to help with those plans, making the summer of 2017 the best yet! We have great programs starting July 3rd and running until the end of August, designed to help you make the most out of each day!

NEW BRIGHTON RESIDENTS ASSOCIATION



Children's Programs run Monday to Thursday in the Clubhouse!

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
Kids Code Force (6-12yrs) 6:15pm to 7:15pm	Ball Hockey (5-15yrs) 5:00pm to 8:00pm	Little Ninja's (6-11yrs) 6:15pm to 7:15pm	Yoga Kids (3-12yrs) 6:15pm to 7:15pm
Hip Hop (4-6yrs) 6:15pm to 7:00pm	Drawing (6-12yrs) 6:15pm to 7:15pm	Football (3-10yrs) 5:00pm to 7:00pm	So You Think You Can Dance (6-10yrs) 6:15pm to 7:15pm
Kids Tennis (3-15yrs) 4:00pm to 7:00pm			Soccer (3-10yrs) 4:30pm to 6:30pm

Mini Camps for Soccer, Ball Hockey and Basketball will get kids enjoying their favorite sports!

MONDAY TO THURSDAY	July 10th to July 14th	Basketball Camp (7-10yrs)	1:00pm to 4:00pm daily
MONDAY TO THURSDAY	August 8th to August 11th	Basketball Camp (10-14yrs)	1:00pm to 4:00pm daily
MONDAY TO THURSDAY	August 14th to August 17th	Ball Hockey Camp (5-8yrs)	9:00am to 12:00pm daily
MONDAY TO THURSDAY	August 14th to August 17th	Ball Hockey Camp (9-12yrs)	1:00pm to 4:00pm daily
MONDAY TO THURSDAY	August 28th to August 31st	Soccer Camp (3-5yrs)	4:00pm to 6:00pm daily
MONDAY TO THURSDAY	August 28th to August 31st	Soccer Camp (6-10yrs)	6:00pm to 8:00pm daily

Want something to do *with* your little one? **Parented programs** are available to parents and tots!

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
	Crafty Tots 5pm to 8pm (1-4yrs) 10:00am to 10:45am	Strollersize 11:00am to 12:00pm	Multi-Sportball (2-3yrs) 9:15am to 10:00am

~continued next page~





Check out the available **Adults programs**, perfect for all experience levels! Increase your strength, tone, stimulate the body with effective cardio methods, increase your energy levels and so much more! We have adult programs run Monday to Friday in the Clubhouse and park, with lots of options!

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
Adult Tennis	Zumba		Yoga Exploration
(16+)	(12+)		(14+)
7:00pm to 8:00pm	6:30pm to 7:30pm		7:30pm to 8:30pm
Jazzercise	Barre		High Fitness
(16+)	(16+)		(16+)
8:00pm to 9:00pm	7:30pm to 8:30pm		7:30pm to 8:30pm
	Women's Self Defense (16+) 7:30pm to 8:30pm		

For complete details and to browse the wide variety of this season's program selections, please visit www.newbrighton-connect.com. Registration is available now. It's so easy to register, simply call 403-781-6613, click on our website (listed above) or visit one of our friendly staff members at 2 New Brighton Drive. Programs which do not meet the minimum number of registrants will be canceled, so what are you waiting for? Registration for our spring programs is now open!

Programs are available for New Brighton residents, Brookfield community residents and non-residents.

Need a bit of flexibility in your routine? Try a Program Punch Passes!

The NBRA has **"Adult Program Punch Passes"** to help you reach your goals! This pass is available for both residents and non-residents, making it the perfect opportunity to bring your friends or meet new friends along the way. Valid for the **full year**, it allows you to attend **10 classes of your choice for only \$125!** Punch passes will be available for purchase **"in person"** only, at our Customer Service Desk in the New Brighton Clubhouse.

New Brighton swag

Stop in the main office to check out all of the amazing available products! Coffee Mugs - \$10, Yoga Mats - \$20, and Lanyards - \$5 are now for sale!

NEW BRIGHTON RESIDENTS ASSOCIATION

Have your membership card?

All residents ages 12+ must have their membership card to gain access to the New Brighton Club. Those residents under the age of 12 must be accompanied by a parent, guardian or sibling (over 12 years). The NBRA must see a copy of the CERTIFICATE OF TITLE, as well as a piece of ID showing proof of residency, in order to receive your card. A certificate of title can be obtained from any registry if the original cannot be located. The NBRA can also obtain your title for you at a cost of \$20, just come during our office hours, 9am—4pm, on weekdays for this service. Lost your card? We can replace it for just \$10, visit the main office.

To ensure only New Brighton Residents (in good standing) and their signed in guests are using the NBRA facility, our customer service representatives will conduct numerous card checks daily. All residents in the park must present their cards as proof of residency. All guests must be signed in at the office upon arrival to obtain a confirmation stamp. If you do not provide a card for more than 3 visits a new card must be purchased within the main office for \$10.

UPCOMING SPECIAL EVENTS

Our 2017/2018 Events are posted on the NBRA website (www.newbrighton-connect.com) and Facebook page (www.Facebook.com/NewBrightonClub), so be sure to RSVP and save your space for all NBRA events today!

Thank you to all our amazing sponsors!!!

What a fun day! Thank you to everyone who attended our Community Street Market event held on May 13th, 2017! The Clubhouse enjoyed having all shoppers out enjoying the day!

A special thank you to all the vendors and garage sale hosts! Your participation in this event made it such a success! It was amazing to have you here and at home.

To our amazing sponsors: Naiad Irrigation, First Calgary Financial, Springfree Trampolines, Perogy Boyz and Ms. Mac n' Cheese , Your assistance with our events means more than you know! We can't thank you enough.

Celebrate Canada's 150

Saturday July 1st, 2017 @ 11am-3pm

Celebrate Canada's 150th birthday at the New Brighton Clubhouse with a Canadian themed afternoon on Saturday July 1st from 11am-3pm. Enjoy fun family-friendly activities, food, the first ever New Brighton Neighbour awards and live entertainment from a country western singer, indigenous dancers and folk fiddlers as we capture the spirit of being Canadian, eh!

RSVP is not required for this event as it is open to the public, so be sure to grab your friends and join us for a day of celebration!

~continued next page~

NEW BRIGHTON



NEW BRIGHTON RESIDENTS ASSOCIATION

Annual Stampede Breakfast Saturday July 15th, 2017 @ 9am-12pm

That's right folks...the time is drawing near to kick up your boots for our Annual Stampede Breakfast! Dust off your cowboy hats and western gear to mosey on down to the Clubhouse for all New Brighton's western festivities!

Pancakes, Country line dancing, petting zoo, photo booths, bouncers, fun family centered games, mini chuck races and did we mention pancakes??

RSVP is not required and this event is open to the public, so grab your friends and join us for the best Stampede Breakfast in Cowtown!

Calling all volunteers

The NBRA is always looking for great volunteers like you! If you would like to get involved in one of the NBRA's spectacular events, please contact recreation@nbra.ca, call 403-781-6613 or visit our website www.newbrighton-connect.com for more details!

Sponsorship opportunities

Would you like to get involved in the community by having your company logo and presence in the foreground of everyone's mind attending NBRA events?

There are a variety of sponsorship opportunities available! If you are interested in becoming a valued sponsor, please contact the Recreation Manager by emailing recreation@nbra.ca or calling 403-781-6613 extension 1.

UPCOMING WORKSHOPS

Bike Rodeo (2-8yrs)

Saturday June 3rd @ 1pm-4pm: Res: \$15 / Non-Res: \$30

A fantastic way to create excitement about biking and being active, join in for a day of cycling fun! Trained Pedalheads instructors will guide children through a series of stations including ramps, teeter totters, traffic intersections, bike decorating and more, designed for all



skill levels! Learn the proper bike safety tips, have your bike checked to ensure all parts are operating properly and discover the importance of proper helmet safety and fitting. End the day with a bike parade to show off your new skills!

Participants are required to bring their own bikes and helmets.

CLUBHOUSE ACTIVITIES

Storytime

Every 2nd Monday from 10:45-11:15am

June 5th and 19th

Spend the morning with the Calgary Public Library, listening to stories and singing songs that the whole family can enjoy! Great for ages 0-5 years!! *The book truck will also be on site during these mornings from 10am to 12pm.*

Mommy & Me Meet Up Every Wednesday from 10-11:30am,

\$2 drop in or \$55 for the year

Bring your little ones and join in for a fun morning of activity, stimulation, and socialization. Children will enjoy games and toys, while parents enjoy coffee, snacks, and great company!

The little ones and leadership program will be joining us for the first Wednesday of the month! This program gives focus to sensory movement by having pre-school students interact with all attendees!

New Brighton's Seniors Club

Every Thursday from 10:30am- 12:00pm

CThe NBRA is excited to host the New Brighton Seniors Club! Offering a variety of different activities including crafts, games, great conversation and so much more. Spend your time enjoying new activities, meeting new friends, and exploring everything that New Brighton has to offer.

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NEW BRIGHTON RESIDENTS ASSOCIATION

Under 18 Club (12-16yrs) Friday June 2nd, 6:30pm -9pm (\$2 drop in, includes snacks)

Face off with your friends to see who has the best Karaoke skills! On Friday June 2nd the Clubhouse will be hosting a pizza, virgin margarita and karaoke party! The fun starts at 6:30 but that's not all! The \$2.00 drop in will include your pizza and drinks to keep you going through the night.

So get ready to pick your songs and hit the stage to sing the night away!

June's theme will be Karaoke Night!

Movie in the Club Friday June 22nd, 7pm -9pm \$5 per family (2 adults & 3 kids)

It's an exciting evening of family fun! The New Brighton Club offers a cozy space for the kids to get comfortable and plenty of seating for parents to sit back and relax. Check out our website at www.newbrighton-connect. com and browse the "News and Events" tab to find the movie of the month. Spend a great evening with your family and most importantly, enjoy the show!

Looking for new ways to promote your business?

The New Brighton Residents Association has launched advertising information for upcoming events, programs and local businesses on the monitor located in our skate change room. This fantastic marketing opportunity provides businesses with the ability to reach 700 people (on average) each week, for as little as \$15 a month. We have a variety of sizing options available! For more information and to get your business recognized throughout the New Brighton community, please contact our Recreation Manager at 403-781-6613 extension 1 or via email at rereaction@nbra.ca.



A special space for your special event!

Looking to plan your next event? The New Brighton Club has rental space available to make that next special event a fantastic celebration! The NBRA Banquet room, Studio Room and/or Board Room could be just what you need to make your next event a truly memorable one! Check out our availability by calling 403-781-6613 ext. 2, to see if we can help make your event dreams a reality.

Want to stay connected?

The NBRA always has new and exciting things to share! Connect with us on Facebook, Instagram, Twitter and by joining our mass email and keep up to date on all the latest and greatest news, events and what's happening in the clubhouse and community.

To join our mass email, visit us at www.newbrightonconnect.com and click the Newsletter sign up button on the right side of the page.

GREATNEWS 28

Did you know that your restaurant can put a menu in our newsletter?





SUPPORT NEW BRIGHTON COMMUNITY ASSOCIATION Purchase your membership today!

The difference between a Community Association and a Residents Association is:

COMMUNITY ASSOCIATION

Annual fee is voluntary
Made up of Resident volunteers who live in the Community

- LOBBY FOR SCHOOLS IN THIS COMMUNITY
- Act as a political voice and advocate in civic matters
- Manages and directs community sporting leagues
- Works with Block Watch to make our community safer
- Provides articles for the monthly Community Association
 newsletter, the New Brighton Buzz
- Responsible for working with the City on a wide variety of community issues such as traffic calming, playground zones, city park issues, etc.

RESIDENTS ASSOCIATION

 Annual fee is mandatory through an encumbrance filed on each property in New Brighton

• Created and managed by the Developer until the community is substantially built out, fees go towards the operations and maintenance of the land and amenities (assets) that are owned by the Residents Association such as the Club, 3+ acre park (that includes the water splash park, tennis courts, hockey rink), entry features and pond fountains, for the lasting enjoyment of its membership, the property owners. Coordinates a wide variety of programs and events, at the Club and in the park, to residents in the community.

Because You Value Your Community

Be sure to Renew or Purchase your New Brighton Community Membership (NBCA)

Benefit from sports, activities and partner discounts at Trico Centre for Family Wellness - Secure a vote at public meetings, or make a difference by joining the Board - and more! Please fill out the membership request form below and send it to your NBCA today!

Please select the type of membership you that you would like to purchase:

Family (\$20.00)	or	Individual / Senior (\$15.00
---------------------------	----	------------------------------

Name(s): _ Address: _

Email Address:

Date:

Postal Code: _____

Phone number:

Please mail or drop off this form and your payment (cash, cheque or money order) to the following address: **New Brighton Community Association** C/O New Brighton Club 2 New Brighton Drive SE Calgary, Alberta T2Z 4B2

> Contact your New Brighton Community Association Board at general.nbca@gmail.com visit our website: www.newbrightonca.com

YOUR CITY OF CALGARY

Subsidies are available for City services

Need help accessing City of Calgary programs, services or facilities? The City has several programs that are offered at a subsidized rate, and some Transit passes are now available on a sliding scale, for Calgarians who may have trouble affording them. The new Fair Entry process makes applying for fee subsidized City-services easier.

One application allows Calgarians to have their income level assessed for several subsidy programs and services. Apply for:

- 1. Calgary Transit Low-Income Transit Pass Program and Low-Income Seniors Yearly Pass
- 2. Recreation Fee Assistance Program
- 3. Property Tax Assistance Program
- 4. No Cost Spay/Neuter Program
- 5. Seniors Services Home Maintenance

For more information or to apply, visit calgary.ca/ fairentry.

www.kilbco.com

READY TO INCREASE YOUR CURB APPEAL?

Whether you need a border between your grass and existing garden or thinking of creating a new garden Kilbco can help. With a variety of colors, stamps and profiles, steel cable enforced landscape curbing is a cost effective and practical solution to residential and commercial properties. It will beautify your landscape and add value to your property.

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over 100,000 linear

past 9 years.

feet of curbing in the

Want to make some extra cash this summer?

TYRELL 14 YRS 403-589-3379

The New Brighton Club in partnership with the New Brighton Buzz is excited to announce the grass cutter list! Submitted your name and contact number to the clubhouse and you will be displayed each month in the Buzz for neighbours and friends to see.

What a great way to make some extra summer money!!!!



Katrina Jackle

403-826-4086 If Keep with Kate
 keepcollective.com/with/katrinajackle

SHARE. HOST. JOIN

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CCSD BOARD OF TRUSTEES Website: www.csd.ab.ca/Board0fTrustees • Email: trustees@ccsd.ab.ca

Recently, there has been some discussion around publiclyfunded Catholic education in Alberta. As trustees for the largest Catholic school district in Alberta, we would like to share a few facts, provided by our partners at the Alberta Catholic School Trustees Association (ACSTA).

• Catholic education has been operating in Alberta since the 1840s and has held a longstanding, distinct role in Alberta's public education system. It is enshrined in the *Constitution of Canada*, Section 93, solidified in the *Alberta Act* 1905 and further supported by the Alberta *School Act*. Alberta Education is currently ranked 5th in the world overall in the area of Education and Skills (per the Conference Board of Canada) and Catholic education in Alberta is proud to be an integral part of this success story.

Catholic education in Alberta serves over 175,000 students (approximately 30 per cent of all Alberta students) in over 430 schools. There has been no study that has indicated any money would be saved by eliminating Catholic schools - the same number of students, educated by the same number of staff, driven to school by the same number of busses, maintained in the same number of schools would be needed.

• Catholic education is a unique partnership between the school, home and parish. Together this partnership is a close relationship between the faith community and the church, through locally elected trustee representatives who independently create policy and govern their boards. Catholic education seeks to develop a student's whole person by integrating academic excellence permeated in faith.

To read the entire ACSTA document, please visit: http:// www.acsta.ab.ca/news/2017/4/4/catholic-educationconfronting-fiction-with-facts We are proud of Catholic education and its legacy in Alberta. We will continue to provide our students with welcoming, safe and caring learning environments permeated by faith in all of our schools.

A reminder that Alberta municipal elections will take place on October 16, 2017. This is an opportunity for Albertans to run as school trustees and represent their communities in governing our schools. This form of democracy is vital to Catholic education and provides a voice for local constituents. Call your local school board trustee or visit the City of Calgary website to learn more. The ACSTA will also hold an information session for prospective candidates on June 8 at 7 p.m. at Prince of Peace School in Auburn Bay.

FOR ARTS' SAKE

Why Art Matters

By Tasha Komery

Many of us enjoy the experience of seeing a live show, be it music, dance, or theatre. We leave these experiences feeling more inspired, more creative, and more at peace with the world around us.

But in the grand scheme of things, does art really matter? Does it really have a powerful impact on our lives, on our health, on our community, and on our society?

We have solid research on the impact of the arts on the economy. In the *Arts Impact Alberta 2014* study, the Alberta Foundation for the Arts (AFA) found that "the total output of the sector is roughly \$347 million". Additionally, the not-for-profit arts organizations that Alberta Foundation for the Arts funded provided approximately 700 full-time and 2,700 part-time positions with the majority (85%) of Albertans reporting that the attend at least one arts event per year.

It seems the arts do improve our society. But what about us, personally? A recent study from The University of Western Australia has found that "participating in the arts for just two hours a week can improve mental health and wellbeing". Participants surveyed were asked how they felt after the experience, and the respondents used descriptors like "optimistic", "useful", "relaxed", and "good about myself". One of the study's co-authors concluded: "arts engagement increases people's happiness, confidence, and self-esteem, while reducing stress and social isolation".

Fortunately for us, Calgary is a great city to get out and experience art, whether it is in a gallery, on a stage, at a festival or even taking an art class. For a good overview of the breadth of arts and culture in Calgary, visit lifeincalgary.ca/todo/arts-culture

This column is provided by Arts Commons. Located in the heart of Calgary's vibrant downtown core, Arts Commons is home to six distinct performance venues including the Jack Singer Concert Hall, as well as resident companies: Alberta Theatre Projects, Calgary International Children's Festival, Calgary Philharmonic Orchestra, Downstage, One Yellow Rabbit, and Theatre Calgary.



Thinking of medical cannabis as a treatment option? We can help!

We provide:

- Assessment with our nurse educator
- Private consultation with a Leaf Wise Physician
- Education on selecting the right strains, consumption and dosing
- Assistance registering with a licensed producer
- Ongoing support



1-844-573-LEAF (5323) www.leafwise.ca

Brad 403.875.8463 | Stephen 403.478.1737

Operated



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FIND SOLUTION ON PAGE 26



CBE **BOARD OF TRUSTEES**

Message from the Calgary Board of Education Board of Trustees

Election 2017

Every four years, citizens of Calgary elect trustees to govern the Calgary Board of Education. Trustees are elected during the municipal election at the same time that our mayor and city councillors are elected.

Trustees hold important roles. They provide leadership for the CBE by defining the vision, Results and Operational Expectations for the organization on behalf of its community.

Our next municipal election will take place on Oct. 16, 2017. If you are interested in learning more about becoming a public school board trustee, an information evening is being planned for June 13, 2017.

More information about the event will be posted on our website. For more information on the municipal election, please visit Calgary.ca.

Budget 2017-18

The CBE budget for the next school year will be finalized and approved by Trustees by the end of May.

Information about the budget is being shared on our budget information page as it becomes available. You can also share your feedback with us through the form online at www.cbe. ab.ca/budget

Graduation 2017

It's the time of year when our high school graduation ceremonies are upon us once again. Graduation is a time of reflection and celebration. It is a time for our students to look back on their journey with us, and to think about what they have achieved.

Whether our graduates have joined us for just a short time, or right from kindergarten, we believe that the time they have spent with us has helped them grow as people and to develop a life-long love of learning.

Our graduates can be justifiably proud of their achievements. We would like to express our gratitude to their families, friends, teachers, principals, support staff and their fellow students for the significant role they played in helping each graduate reach his or her goals.

We can all celebrate the outstanding accomplishments of our graduates as they mark this important milestone in their lives. We are extremely proud of our students and extend our heartfelt congratulations and wish them success where ever the future may take them.

Follow the Calgary Board of Education on Twitter @yycbedu

SAFE & SOUND

EMS: Window and Balcony Safety

With the return of warmer weather, Emergency Medical Services (EMS) would like to remind parents and caregivers of an often-overlooked hazard in the home – access to open windows. Every year, paramedics respond to emergencies where a child has fallen from an open window, often from the second floor. These can be avoided by following simple safety measures. Take the time to assess potential hazards in your home before a preventable fall occurs.

Windows and screens

• Prevent access to windows by moving furniture such as cribs, beds, stools, and change tables out from under them; Keep drapery cords out of childrens' reach. Wrap excess cord around cleats, or tie-downs to avoid a choking hazard; Remember: screens are not safety devices. They are designed to keep bugs out, not to keep children in.

Balconies

- Do not underestimate a child's ability to climb. Furniture and other items stored on balconies and decks can be used to climb resulting in falls over the railing;
- Ensure that your balcony railings are not more than 10 cm (4 inch) apart. This will eliminate access between the vertical bars of a balcony, or deck.

Further prevention tips

- Toddlers & preschoolers are at highest risk of falling from a window or balcony, but it may happen at any age;
- Direct supervision of children is the single most effective way to prevent falls from windows and balconies;
- Install safety devices which limit the distance in which a window be can open to a maximum of 10cm (4 inches);
 Ensure the safety device can be released quickly so the window can be used for escape in case of emergency.

EMS is proud to be a member of the **Partners Promo**ting Window and Balcony Safety. Take time to assess your home for window and balcony hazards and eliminate the risks before a preventable fall occurs. www.windowsafety.ca.



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Be as Safe as Possible

As snow-blowers and shovels are tucked away for another season, Albertans are venturing outdoors to enjoy the spring weather. Alberta Health Services (AHS) is reminding all Albertans, and particularly parents of children less than 16 years of age, to make ATV safety a priority.

There are significant risks associated with the use of ATVs. Children less than 16 years of age have not yet developed to the point of having the strength, skills or judgment needed to operate an ATV, and this includes ATVs marketed as 'child-sized'.

Parents of children less than 16 years of age are advised to ensure they do not drive or ride in an ATV.

Albertans **16 years of age and older** are urged to take the following precautions to ensure their ATV excursions are as safe as possible:

Get Trained

Before you hit the trails, get formal hands-on training from a recognized/trained ATV instructor. Don't be shy about refreshing your training seasonally.

Wear the Gear

A helmet can save your life: from 2002 – 2013, 41 per cent of ATV-rider deaths in Alberta were due to head injuries. In 77 per cent of these head injury deaths, the ATV riders were not wearing a helmet. In addition to a helmet, always wear a jacket, long pants, goggles, boots and gloves.

Look First

Be sure you're aware of the weather forecast, fire outlook/potential, and any hazards (geographical, animal or human) that the trail(s) you're on could pose.

Buckle Up

Be sure that you're fastened in properly, and that all gear and equipment (including your ATV restraints) are in proper working condition before you hit the trails.

Drive Sober

Don't drink or do drugs before or while operating an ATV. 55 per cent of those who died in ATV crashes between 2002 and 2013 tested positive for alcohol.

Seek Help

Before you head out on the trail, let others know where you're going and when they should expect you back. This helps your loved ones know when to call for help if you've been gone too long. Take a cell phone or working radio with you, as well as a first aid kit. Never hesitate to call for help if you're stuck, have damaged your ATV, or are injured.

For more information on ATV safety and injury prevention in Alberta, visit http://www.albertahealthservices. ca/injuryprevention.asp.





FISH CREEK SUMMER TOUR SERIES 2017 - JULY & AUGUST

This summer discover the natural wonders of Fish Creek Provincial Park.

Come prepared for the weather and walking (easy trails).

Registration Reguired: Please phone 403-297-7927 or email Roland.Kirzinger@gov.ab.ca

Admission: By donation (suggested \$5.00 per person). All donations go to The Friends of Fish Creek Provincial Park Society to support education programs in the park.

Tuesday, July 4th: Berries and Blooms

What is that shrub with the berries I see? What are those flowers buzzing with bees? This is your chance to find out. Join us for a walk to explore the flowers and shrubs of Fish Creek. When: 7:00 p.m. – 9:00 p.m.

Where: Votier's Flats Day Use Area (South end of Elbow Dr. S.W.)

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Which investments are likely to recover and which ones aren't?

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RBC Wealth Management

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Tuesday, July 11th: Whirly Gigs and Water Tigers

Wonder down to the pond and enter the world of water monsters! We will use nets and buckets to explore the fascinating world just below the surface. Learn about amazing aquatic insects and invertebrates as well as the other plants and animals of the wetland.

When: 1:00 p.m. — 3:00 p.m. Where: Fish Creek Environmental Learning Centre, Shannon Terrace Day Use Area

Tuesday, July 18th: Walk about Rotary

Explore River, wetland and prairie for birds, bugs and blooms along the pathways of Chinook Rotary Nature Park. Bring binoculars if you have them and enjoy an evening of nature exploration.

When: 7:00 p.m. — 9:00 p.m. Where: Chinook Rotary Nature Park (off McKenzie Lake Blvd.

SE)

Tuesday, July 25th: Predator Prowl

Are there bears in Fish Creek? What eats the ground squirrels? Who left those tracks? We will try to answers these questions and more as we delve into the world of the predator. When: 7:00 p.m. — 9:00 p.m. Where: Bebo Grove Day Use Area (South end of 24 St. SW)

Tuesday, August 1st: **Big Hill Springs Provincial Park Tour**

Join us for a lovely stroll through this little gem of a park with waterfalls, forests, flowers and birds. Be prepared for a few hilly bits and uneven terrain, but overall a relatively easy walk.

When: 10:00 a.m.—12:00 noon

Where: Big Hill Springs Provincial Park (maps and directions will be provided)

Tuesday, August 8th: Birding Basics

What makes a bird a bird? What is that bird in your backyard or your local greenspace? This is your chance to learn how you might figure these things out. Books, binoculars, tips and tricks for the beginner birdwatcher. Bring binoculars if you have them.

When: 7:00 p.m.—9:00 p.m.

Where: Hull's Wood Day Use Area (Access off Bow Bottom Trail S.E.)

South Health Campus (SHC) Wellness Centre

Spring is in the air! Make wellness a priority. SHC Wellness Centre has a huge range of health and wellness programs. See below for some of the programs happening in May. Registration information and full program guide can be found at www.ahs. ca/shcwellness or call 403-956-3939.

New this Spring 2017: South Health **Campus YMCA Sports Court**

The South Health Campus Wellness Centre and YMCA are opening an outdoor sports court for community use:

For more information call the South Health Campus YMCA at 403-956-3900 **Emotional Well Being**

Meditation Drop-in Every Tuesday 5:00-5:45pm

Drumming Up Wellness Every Friday 1:30-2:30pm

HeartMath May 25 6:00-8:30pm

Mindfulness Practice Sessions May 25 6:30-7:45pm



Native to Alberta, you do NOT want to be the prey of the peregrine falcon; they can dive at more than 300 km per hour, making them the fastest bird in the world. The highest recorded speed of a peregrine is reported to be 389 km per hour.

Understanding the Experience of Grief May 29 6:00-8:00pm

Employment & Financial Management Skills Resume Writing 2-part series begins May 6 9:00am-4:00pm

Assured Income for the Severely Handicapped (AISH) Workshop May 18 11:00am-12:30pm

Health Management Sleep Well Tonight – Improving Sleep May 16 6:30-8:30pm

Blood Pressure Basics May 30 1:00-3:00 pm

Eating Well with Fatty Liver Disease May 24 9:00-11:30am

Living Well on Prednisone: Nutrition & Side Effects May 30 10:00am-12:00pm

Caregiver Support Family Peer Support Program May 2, 16 & 30 5:45-8:00pm



Story Time & Play Date May 19 or 26 10:00-11:30am

Healthy Eating for Pregnancy May 29 6:30-8:00pm

Food, Nutrition & Cooking **Energizing and Healing Foods for your** Gluten-free Diet: (Note SFees apply) May 4 5:30-7:00pm

I Know I Should Eat Healthy, But How? May 20 9:00-11:30am Eating Well for Good Health (2-part series) May 8 & 15 5:30-7:30 pm

Edible Container Gardening: (Note \$Fees apply) May 10 6:00-7:00pm

Managing Emotional Eating 3 - 2.5hr. sessions) May 11, 18, & 25 1:00-3:30pm

The Truth about What Works in Weight Management May 20 1:00-3:30pm

Eating Away from Home during Special Occasions May 24 1:00-3:30pm

Healthy Cooking: Basics and Techniques (Hands-on) May 24 5:00-7:00pm

Most programs require registration. Please see our full program guide and learn how to register at www.ahs.ca/shcwellness or call us at 403-956-3939.

Investment Advisor



9	2	8	3	4	5	1	6	7
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hip-hop, Jazz, tap, pre-school, ballet, music

Pre-Register Now For Fall Dance & Music Classes!

 Dance instruction for children ages 3 to teen, beginner to advanced, Mom & Tot and Pre-school classes.
 Music instruction including voice, piano, guitar and

drum classes. Private and group lessons.



Don't Delay, Classes Fill Up Quickly!

Copperfield Landing - 10 Copperstone Street SE 403-240-9315 | www.summitschoolofdance.com

YOUR CITY OF CALGARY



Enjoy a "Neighbour" with a neighbour and your community could win a BBQ party!

Spend some time with your neighbours this summer and your community association could win a BBQ party for 50 people, sponsored by Village Brewery!

How? It's simple. Post a photo on social media of you and a neighbour enjoying a Village Neighbour (Canadian Pale Ale) together, tag your community association, and include the hashtag #VillageNeighbourDay. The community with the most posts will win a BBQ party for 50 people.

Don't forget that Neighbour Day is coming up on Saturday, June 17 – the perfect time to get out and meet your neighbours over a delicious cold beer!

The winning community association will receive 10 flats of beer from Village Brewery, Fiasco Gelato, Spolumbo's sausages, and Italian Bakery buns for a 50-person BBQ party!

Photo submissions will be accepted on Twitter, Facebook, and Instagram from May 1 to midnight on Saturday, June 17.

Visit villagebrewery.com/blogs for more information.



Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

June at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our passes are affordable and our programs are family-friendly. With a pass, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs. Trico Centre supports community: a small portion of your pass fee is sent to your community association.

June 8: Senior's (60 Plus) Event at Trico Centre

Trico Centre's fitness centre is senior-friendly! If you have never been to our fitness centre, we invite you to drop by anytime on Thursday, June 8 to have a snack and see what we have to offer for those aged 60 and older. All of the below are offered in celebration of Alberta Senior's Week (with no obligation to purchase.)

- Coffee, tea, and fruit in the fitness centre.
- Trico Centre staff will be available to provide tours of the fitness centre and let you know what services we have available.
- 12-1pm: 15-minute demos of Chair Yoga, Older Adult Fitness Class, Balance Building.
- Register for a free 45-minute personal training session with an older adult specialist (approximately \$80 value; training session will be held at a later date; free session available to those aged 60 and older and new to Trico only; training must be completed by July 31; limited quantity of sessions available.)
- Pick up two free passes to come back to the fitness centre or a drop-in fitness class. (Those aged 60 and older and new to Trico Centre only.)

Day Camps

• Register now for summer day camps: ages 3 to 14; full day and half-day camps, early care and late care. Don't need a full week of camp? Come to daily camps for a full day or half day, all summer long.

 Camp leaders are experienced, trained and committed. Each camp has 1 or more leaders and volunteers.
 Eactured camps for 6 12 yrs; Canada 150 Play, Discover

Featured camps for 6-12 yrs: Canada 150 Play, Discover



Calgary, Harry Potter Camp, and Just for Girls. Cool Camps for preschoolers include Sportarama, Nature Wonders, Kinder Karate, and Mini Chefs.

Children & Youth

- Summer registered child and youth programs: Summer Outdoor Soccer (16-24 months, 2-3 yrs, 3-5 yrs, 6-8 yrs), Dance with Me (2-3 yrs with parent), Gotta Dance (3-5 yrs), Little Ballerina 3-5 yrs), Kinder Gym Kids (4-6 yrs), Sportarama (3-4 yrs), Explorasport (4-6 yrs), DANCEPL3Y Kids (6-12 yrs.) See Spring Summer Program Guide or www.tricocentre.ca for details.
- Register now for summer swim lessons: parent & tot, preschool, Swimmer, and Swim Patrol.
- July 17-21 is registered skating and hockey week: skating lessons all levels, intro to hockey (4-5yrs, 6-8 yrs, adult & child) and powerskating/hockey (7-12 yrs.)
- NEW SUMMER FUN: Summer-only fun registered programs for kids aged 6 and up: Rhythmic Gymnastics, Circus Arts, Cross Country Running, Badminton Club, and Dodgeball. See www.tricocentre.ca for details.

Adults/Older Adults

- Summer adult registered fitness: Focus on Powerlifting, Focus on Learning the Basics, Strong is the New Skinny: Weight Training for Women by Women, Straighten Up Posture Series, Trim & Tone, and Myofascial Stretch and Release.
- Wilderness and Remote First Aid: June 3 and 4, get your standard First Aid and CPR plus techniques for wilderness and remote areas.
- Summer registered programs for older adults: Balance Builders Level 1 (Fall Prevention), Balance Builders Level 2 (Bones and Balance), Chair Yoga, Straighten Up Posture Series.

Trico Centre is located at 11150 Bonaventure Drive SE. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in New Brighton and Copperfield. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am -5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

PIANO/THEORY TEACHER IN MAHOGANY: now taking new students for fall registration or summer trial lessons. Over twenty years' experience in the RCM program or pop/jazz styles. Please contact Tanya for more information or to book an interview, spaces are limited. tanyargates@hotmail.com. **GIBBS ELECTRICAL SERVICES LTD:** Family owned and operated since 2010. Offering all residential and commercial electrical services. Master Electrician with over 17 years of experience. WCB coverage, fully insured and bonded. For our current specials and your free estimate please call Chris @ 403-710-4411. Visit us online at www.Gibbs-Electric.com.

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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication Contact news@great-news.ca

 Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
 Forty word limit

BRAIN INJURY AWARENESS MONTH: For June, ARBI (Association for the Rehabilitation of the Brain Injured) will be discussing all things brain injury related. Daily posts, videos, resources, information and entertainment. Full conversation at #BIAM17. TWITTER: @arbi_yyc FACEBOOK: ARBICalgary www.arbi.ca.

FREE STAMPEDE BREAKFAST: Sunday, July 9. 9:00-11:30 a.m. 277 Strathcona Dr S.W. Hosted by Centre Street Church and Kingdom Life Ministries. Pancakes, face painting and bouncy houses! For more information phone Centre Street Church 403-277 9758.

SCHOOL SHOUT-OUTS Mapleridge Cooperative Preschool

Mrs. Killam, we want to thank you! Thank you for founding Mapleridge Cooperative Preschool in 1983, because you saw a need in our community. Thank you for following your heart and becoming a teacher that first year. Thank you for making the commitment and taking on the reins for the entire school only fours years later. Thank you for each song, craft and memory that lead parents to bring their little one to be taught by you! It is an amazing legacy to say you taught multiple generations in the same family! Thank you for seeing the potential each child has in September, and helping them grow and achieve it by May. Thank you for 34 years of dedication, training and love!

Congratulations on your retirement Mrs. Killam. We wish you all the best as your start a new path and begin your travels across Canada.

Visit our Facebook page for more information about Mrs. Killam's retirement party on June 4th.



School's Out: 3 Things for Canada Party!

We're celebrating Canada and the launch of our Summer Learning Program. Join us for games and food for the whole family. No registration required and all ages welcome. All Library Locations June 17 | 10 am – 4 pm

Celebrate Canada Day! at Central Library

For the first time, Central Library will be open on Canada Day and we invite you to join our indoor campfire, 150+ Acts of Reconciliation, LEGO construction site, and storytimes throughout the day. Central Library July 1 | 10 am – 5 pm

#Read150

Canada 150—read 150 books in 2017! Pick up your free *Great Reads 2017* reading guide from any community library in Calgary. It's chock full of incredible reading recommendations for every member of your family. Visit **calgarylibrary.ca** or call 403.260.2600 to find out how you can be entered to win great prizes just for reading!









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New Brighton Real Estate Update

Last 12 Months New Brighton MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2017	\$439,000	\$434,000
March 2017	\$452,400	\$442,250
February 2017	\$479,900	\$473,900
January 2017	\$419,900	\$403,000
December 2016	\$467,450	\$454,500
November 2016	\$467,900	\$458,500
October 2016	\$432,250	\$422,500
September 2016	\$464,900	\$450,000
August 2016	\$449,000	\$435,000
July 2016	\$449,900	\$435,000
June 2016	\$468,500	\$455,000
May 2016	\$461,950	\$454,000

Last 12 Months New Brighton MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold	
April 2017	34	17	
March 2017	20	16	
February 2017	20	14	
January 2017	24	9	
December 2016	4	8	
November 2016	7	13	
October 2016	15	26	
September 2016	28	17	
August 2016	23	17	
July 2016	23	17	
June 2016	19	21	
May 2016	25	22	

To view more detailed information that comprise the above MLS averages please visit **new_brighton.great-news.ca**



The cougar, Alberta's biggest cat, can be found in wild areas along the full length of western North America, and Mexico, Central America and South America. Adult males can weigh up to 90 kg while females average 45 kg. Adults are well camouflaged with tawny to greybrown fur and black tips on their tails and backs of their ears. Their heads are small and round and their eyes are brown with large pupils.

Fun Facts:

- Despite their wide distribution, cougars are seldom spotted by humans.
- Cougars are apex predators and are excellent hunters.
- Cougars have a killing bite with sharp teeth to tear off chunks of meat and a rough tongue to clean traces of meat off their prey's bones.
- Their hind legs are longer than their front ones to give better spring to pounce of their prey, their claws are razor sharp for bringing down their prey and climbing trees and their skeletons bend easily for jumping, stretching and twisting.
- These cats have an excellent sense of smell and their large pupils help them see their prey in dim light.
- Cougars are hunt-and-wait predators, meaning they watch their prey silently in trees or rocks and pounce when their prey is feeding.
- Cougars hunt moose, elk, caribou and deer.

Cougars are solitary animals unless they are with their young.

• When a female is ready to give birth, she finds a den in rock piles, caves or under a deep brush of fallen trees.

 Cougars will occasionally use human built structures such as doghouses, sheds or hunting cabins for their dens.

The Cougar

Article by J.G. Turner Photo by Jamie Dutcher

Cubs develop their hunting skills by hunting at their mother's side and stay with their mother until they can hunt for themselves which is typically between 13 and 24 months.

If you find an injured or orphaned wild bird or animal in distress, please contact the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488, for tips, instructions and advice, or look at the website at www. calgarywildlife.org for more information.



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MLA, Calgary-South East RICK FRASER

Suite 202, Building D, 5126 126 Av SE Calgary, AB T2Z 0H2 S 403-215-8930 Calgary.southeast@assembly.ab.ca f RickFraserYYCSE rickfrasermla RickFraserYYC

Again and again, our MLAs are hearing how the government continues to make the lives of everyday Albertans harder. At a time when more than 200,000 Albertans are out of work, the government seems intent on doing everything possible to attack our job creators with multiple tax hikes and increased regulation.

I will continue to tirelessly work to hold the government to account, and stand up for Alberta families. This is especially important as the government seems intent on ramming through heavy-handed labour reforms with little consultation with employers. We fear these reforms will add to the heavy burden the government has placed on small- and medium-sized business owners in Alberta and cost even more mortgage-paying jobs.

Events and congratulations:

Attended Opening Ceremonies of FIRST Robotics Compe-



tition Western Canada Regional

- Nando's Mahogany Grand Opening
- The 100th Anniversary Parade commemorating the Battle
 of Vimy Ridge
- SAM (Homebuilders) Awards
- Congratulations to Copperfield School Fundraiser Pub and Silent Auction for raising over \$5555 for their school
 New Brighton Residents Association Wine with the Board Evening
- Spoke at Copperfield School Council Meeting
- Attended the Calgary Public Library Volunteer Appreciation Ceremony
- Spoke at Strathcona-Tweedsmuir School Diversity Week
 Spoke at Our Lady of the Rosary Dedication and Blessing
 Spoke at Dr. Martha Cohen School Official Opening
- Spoke at Dr. George Stanley School Official Opening
- Attended the Women's Centre of Calgary AGM and our office took donations from constituents
- Attended MP Tom Kmiec's Budget and Alberta Job Open House and Discussion
- Attended Silverado Community Clean Up

Did you know?

- Our office presents congratulatory scrolls for anniversaries and birthdays. Birthday scrolls are available to constituents celebrating their 65+ birthday, in five-year intervals. Anniversary scrolls are available to constituents celebrating their 25+ anniversary, in five-year intervals.
- I will visit your child's school and speak about the role of an MLA, government, and answer students' questions.
- Our office provides free notary service to constituents. Please call to book an appointment.
- I am available to attend constituency events. Please contact my office to schedule.

As your MLA, I am the conduit between you and the government. My job exists to champion your voice and I do so with humility and respect for each and every one of you. I believe that my constituents don't want to hear political rhetoric. They want solutions and answers. I have a job because I was elected to serve everyone in our constituency.

If you have any questions, concerns or are in need of assistance, please contact my office.



Name	Age	Contact	Course
Andrea	17	403-714-3930	No
Arielle	13	403-305-4704	Yes
Armeen	16	587-707-1456	Yes
Aya	14	587-893-3788	Yes
Breanna	28	403-862-8392	Yes
Cassidy	13	403-671-0064	Yes
Cate Charlotte	14 14	403-720-8180 587-586-3020	Yes Yes
Danielle	17	403-455-4609	Yes
E. Nicholas	13	403-383-5584	Yes
Emily	15	403-437-0956	Yes
Eniola	15	403-285-2700	Yes
G. Sophia	15	403-383-5584	Yes
Hala	15	403-455-5004	Yes
Hannah	13	403-207-1794	Yes
Isla	16	403-991-5311	No
lzzy	16	587-350-2080	Yes
Jayden	13	587-353-3145	Yes
Jessica	21	403-808-7353	Yes
Jordyn	15	587-893-2450	Yes
Kaitlyn	17	302-726-0000	Yes
Karina	13	403-454-1185	Yes
Katelyn.	21	403-796-7880	Yes
Kiana	16	403-809-4973	Yes
Kristy	20	587-432-1616	Yes
Lauren	19	403-305-0526	Yes
Maia	14	403-474-5102	Yes
Maricel	41	587-435-3382	Yes
Morgan	13	403-257-1614	Yes
Olivia	15	403-605-4908	No
Paula	32	587-899-3250	No
Pia Ginelle	25	778-227-6330	No
Rachel	36	403-835-5582	Yes
Rayna	26	403-809-6986	Yes
Rhem	43	403-606-5551	No
Riley	13	403-968-3994	Yes
Seema	42	587-892-9970	Yes
Shannen	17	403-919-7200	Yes
Sheree	28	403-422-0740	No
Shion	15	403-970-1891	Yes
Takira	13	587-777-3266	Yes
Tracy	33	403-862-7997	Yes
Tyra	15	403-604-0013	Yes
Victoria	14	403-697-3282	Yes
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you would like to babysit in. and around your community.			
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Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

CALGARY FEDERATION OF COMMUNITIES



Welcoming new neighbours or introducing yourself to those you haven't met yet is a great way to establish neighbourly relationships. People who know each other are more likely to look out for one another and help build and maintain a safe community.

Do you know the first name of at least 5 different neighbours? Would you be able to tell police the addresses of the houses around you in the event you witnessed suspicious activity? Could you ask a neighbour to borrow a cup of sugar or an egg for a cake you are baking? What about asking a neighbour to check in on the perimeter of your home while you're away? We sure hope you answered yes to a few of these questions! But, if not, take the plunge and just say hi! One of the easiest ways to increase safety in your community is to get to know your neighbours because people tend to look out for those that they know!

Don't forget, after introducing yourself, make the effort to wave, greet and chat with your neighbours regularly. This encourages friendly chit-chat and can make neighbours feel connected.

To help you get started pick up a **My Neighbour Card!**



For more information or engagement ideas visit our website at calgarycommunities.com.

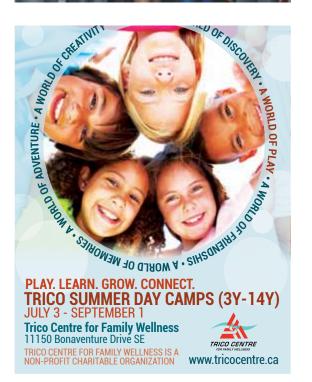
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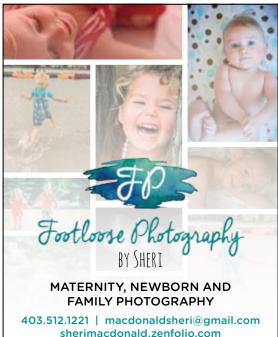


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