# MAY 2017 YOUR OFFICIAL COMMUNITY NEWSLETTER BRGHTONbuzz

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# (HIGHSTREE]

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## YOUR NEW BRIGHTON COMMUNITY ASSOCIATION

2 New Brighton Drive SE Calgary, Alberta T2Z 4B2 Phone 403.781.6613 | general.nbca@gmail.com www.newbrightonca.com

Delivered monthly to 8,900 households and businesses for 8 years!

#### **Editorial Submissions**

amy.gregson@hotmail.com All editorial content must be submitted by the 1st of the month for the following month's publication.

#### Advertising Opportunities

403-263-3044 | sales@great-news.ca All advertisements must be submitted by the 1st of the month for the following month's publication.

#### Published by Great News Publishing

Serving Calgary communities for 28 years 91 newsletters reaching over 415,000 households in Calgary and surrounding areas.

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Check out our website: www.great-news.ca



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Great News Publishing and New Brighton Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

## **IMPORTANT NUMBERS**

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary Weather Information	511
	400 007 040

Gamblers Anonymous

403-237-0654

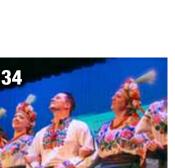
May **2017** 













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# NEW BRIGHTON COMMUNITY ASSOCIATION CONTACT LIST

Mailing Address: c/o New Brighton Club, 2 New Brighton Dr. SE, Calgary, Alberta T2Z 4B2 • www.newbrightonca.com

EXECUTIVE		
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reasurer	Amanda Zarate	
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vents Director	VACANT	
Director at Large	Cathy Eastman	
irector at Large	Scott Carriere	
irector at Large	VACANT	
School Committee	Ryan Thompson	info@newbrightonschool.com
SECRS Representative	VACANT	

**VOLUNTEERS** your help! Volunas many benefits takes a few hours th. We have a variitions available but so love to hear a few es around the table. erally meet on the sdav of each month at the Clubhouse. please check our or Twitter for more formation.





## **NEW BRIGHTON RESIDENTS ASSOCIATION** www.newbrighton-connect.com

**New Brighton Residents Association** 2 New Brighton Drive SE • 403.781.6613 CONTACT US AT:

#### **General Manager**

Carla Nickli • gm.newbrighton@shaw.ca Parks and Amenities Supervisor John Riess • parks.newbrighton@shaw.ca **Recreation Manager** 

Tanya Hinchelwood • pc.newbrighton@shaw.ca Customer Service Supervisor Clare Lovely • newbrightonclub@shaw.ca **Maintenance Foreman & Safety Officer** Kirby Doyle • foreman • newbrighton@shaw.ca



Park Hours:

Open daily: 9am - 10pm **Office Hours:** 

9:00am - 10:00pm

Phone: 403-781-6613 Fax: 403-781-6611

www.newbrighton-connect.com



2 New Brighton Drive SE, Calgary, AB T2Z 4B2 • www.newbrighton-connect.com

Open 9:00 am - 10:00pm Monday to Sunday

## **Where Friends and Neighbours Gather**

The New Brighton Club is a year round recreational facility, consisting of a 6500 square foot building which is used for private rentals, programs, and special events! Also on site are 2 tennis courts, a beach volleyball court, basketball courts, a playground, a splash park, and a hockey rink. Members can gain access to these facilities using their issued membership card, and can also sign in up to 5 guests/ household each visit.

If you are looking for a great venue for your upcoming special event, look no further! The New Brighton Residents Association has 3 spacious rooms available for rent, any day and time of the week... one of these three comfortable rooms will be sure to meet your needs!

Banquet Room: This stunning and newly renovated 1450 square foot Banguet Room is perfect for larger parties such as weddings, birthday parties, baby showers and anniver-

	NEW BRIGHTON RESIDENTS ASSOCIATION
	(RENTING/PROGRAMS)
0	C/O New Brighton Club
	2 New Brighton Drive SE, Calgary, Alberta T2Z 4B2
	Phone: (403) 781-6613, Fax: (403) 781-6611
	www.newbrighton-connect.com
	NEW BRIGHTON COMMUNITY ASSOCIATION
	(COMMUNITY ISSUES/SCHOOL BUILDING)
	c/o New Brighton Club
	2 New Brighton Drive SE, Calgary, Alberta T2Z 4B2
$\geq$	Email: general.nbca@gmail.com
	Website: www.newbrightonca.com

## Like us on Facebook



The New Brighton Club To stay with the latest "happenings" at the New Brighton Residents Association, please sign up for our bi-weekly e-Newsletter on www.newbrighton-connect.com.

sary parties. With a little creativity, the possibilities are endless! This room can comfortably accommodate up to 110 people seated with remaining space for a small dance floor.

Studio Room: Accommodating up to 35 people seated, the Studio Room is 462 square feet, making it the perfect venue for smaller gatherings, such as: wedding/baby showers, birthday parties, information sessions, and meetings of all types!

Board Room: The saying that "great things come in small packages" is an understatement to describe this room. Although, it is the smallest of the three, our warmly decorated Board Room is the perfect venue for corporate meetings, trainings, and seminars. Containing, a large hardwood banquet table and reclining leather chairs, the board room will comfortably host between 8-15 people.

We provide the tables, chairs, and the room... now you just have to bring the smiling guests! Additionally, the New Brighton Club also has a kitchen available for use during all rentals. A complete list of our rental rates is available on the right of this page, please contact our Administrative Coordinator for all rental inquiries, by calling 403-781-6613, ext 2 or by emailing: newbrightonclub@shaw.ca. We look forward to hosting your next event soon!

## **Rental Rates:**

\$135 / FLAT RATE SECURITY CHARGE AFTER 10PM.

BANQUET ROOM				
1300 sqft	\$135 security charge flat rate			
Residents	\$75 per hour or a day rate of \$600 from 9:00am to 1:00 am			
Non-Residents	\$85 per hour or a day rate of \$800 from 9:00 am to 1:00 am			
<b>STUDIO ROOM</b>				
Residents	\$40 per hour			
Non-Residents	\$50 per hour			
BOARD ROOM				
Residents	\$30 per hour			
Non-Residents	\$35 per hour			

A security deposit of \$500 is required for all rentals, in the form of a post-dated cheque for the date of the scheduled rental.



## **NEW BRIGHTON** RESIDENTS ASSOCIATION

### Planning your Child's Summer Vacation? Summer Camps are back and spaces are filling quickly!

With the summer months fast approaching, keeping your little ones entertained in a safe, educational and super fun environment, has never been easier! Directed by experienced child care leaders; creative snacks, outdoor activities, co-operative games, sports, crafts and special events designed for each theme will fill the days with everlasting memories for your child!



### **Check out this year's themes!**

- July 3-7 Oh Canada, Eh! Travel from past to present exploring our home and native land.
- July 10 14 Wild Wild West Saddle up for bold adventures, chuck rides, and horse wrangling.
- July 17 21 Art-imation! Unleash the imagination and connect to the creative side.
- July 24 28 Junior Olympians Calling all athletes, it's time to go for the gold!
- July 31- August 4 Space Voyage Blast into a galactic adventure exploring the cosmos.
- August 7 11- Outdoor Explorer Connect with Mother Nature and the wilderness.
- August 14 18 Science Central Discover your scientific side with invention, and creativity!
- August 21 25 Safari Adventure Get your tickets for a daring journey in the African Savannah!
- August 28 September 1 World Traveller Embark on a journey around the world.
- The best news... there is no fear of cancellations, as no class is too small!
- Summer Camps are available for both residents and non-residents, different price points are applicable.

## Spring into fun at the New Brighton Club!

## Spring programs are starting the week of May 8 and limited space is still available so add a litte Spring to you Step.

With the NBRA's amazing variety of program offerings designed to get you and your child moving and learning!

#### **Children's programs** run Monday to Thursday in the Clubhouse!

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
Tiny Tots(3-4yrs) 10am to 10:45am	Ball Hockey (5-15yrs) 5pm to 8pm	Drawing (3-5yrs) 9am to 9:45am	Yoga Kids (3-12yrs) 6:15pm to 7:15pm
Kids Code Force (6-12yrs) 6:15pm to 7:15pm	Drawing (6-12yrs) 6:15pm to 7:15pm	Little Ninja's (6-11yrs) 6:15pm to 7:15pm	So You Think You Can Dance (6-10) 6:15pm to 7:15pm
Hip Hop (4-6yrs) 6:15pm to 7pm		Football (3-10yrs) 5pm to 7pm	Soccer (3-10yrs) 4:30pm to 6:30pm
Kids Tennis (3-15yrs) 4pm to 7pm			

## **NEW BRIGHTON** RESIDENTS ASSOCIATION



Want something to do with your little one? **Parented programs** are available to parents and tots!

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
Dance & Play(2-3yrs)	Crafty Tots (1-4yrs)		Multi Sportball (2-3)
9:15am to 9:45am	10am to 10:45am		9:15am to 10am

Adults programs Check out the available Adults programs, perfect for all experience levels! Increase your strength, tone, stimulate the body with effective cardio methods, increase your energy levels and so much more! We have adult programs run Monday to Friday in the Clubhouse and park, with lots of options!

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
Adult Tennis (16+) 7:00pm to 8:00pm	Zumba (12+) 6:15pm to 7:15pm		Yoga Exploration (14+) 7:30pm to 8:30pm
Jazzercise (16+) 8:00pm to 9:00pm	Barre (16+) 7:30pm to 8:30pm		High Fitness (16+) 7:30pm to 8:30pm
	Women's Self Defense (16+) 7:30pm to 8:30pm		

For complete details and to browse the wide variety of this season's program selections, please visit www.newbrighton-connect.com. Registration is available now. It's so easy to register, simply call 403-781-6613, click on our website (listed above) or visit one of our friendly staff members at 2 New Brighton Drive. Programs which do not meet the minimum number of registrants will be cancelled, so what are you waiting for? Registration for our spring programs is now open!

Programs are available for both residents and non-residents, different price points are applicable.

#### Need a bit of flexibility in your routine?

~continued next page~







## **NEW BRIGHTON** RESIDENTS ASSOCIATION



## **Try a Program Punch Passes!**

The NBRA has **"Adult Program Punch Passes**" to help you reach your goals! This pass is available for both residents and non-residents, making it the perfect opportunity to bring your friends or meet new friends along the way. Valid for the **full year**, it allows you to attend **10 classes of your choice for only \$125!** Punch passes will be available for purchase **"in person"** only, at our Customer Service Desk in the New Brighton Clubhouse.



## **Gift Certificates**

Gift certificates for all our programs are available in the main office in all denominations!

### **New Brighton Swag**

Stop in the main office to check out all the amazing available products! Coffee Mugs - \$10, Yoga Mats - \$20, and Lanyards - \$5 are now for sale!

## **Have Your Membership Card?**

All residents ages 12+ must have their membership card to gain access to the New Brighton Club. Those residents under the age of 12 must be accompanied by a parent, guardian or sibling (over 12 years). The NBRA must see a copy of the CERTIFICATE OF TITLE, as well as a piece of ID showing proof of residency, in order to receive your card. A certificate of title can be obtained from any registry if the original cannot be located. The NBRA can also obtain your title for you at a cost of \$20, just come during our office hours, 9am—4pm, on weekdays for this service. Lost your card? We can replace it for just \$10, visit the main office.

To ensure only New Brighton Residents (in good standing) and their signed in guests are using the NBRA facility, our customer service representatives will conduct numerous card checks daily. All residents in the park must present their cards as proof of residency. All guests must be signed in at the office upon arrival to obtain a confirmation stamp. If you do not provide a card for more than 3 visits a new card must be purchased within the main office for \$10.

## **Upcoming Special Events**

Our 2017/2018 Events are posted on the NBRA website (www.newbrighton-connect.com) and Facebook page (www.Facebook.com/NewBrightonClub), so be sure to RSVP and save your space for all NBRA events today!

### Thank you to all our amazing Sponsors!!!

We hope everyone had as much fun as we did at our Great Eggscape event this past month! Thank you so much to everyone who made it out and helped with the hunt! It's because of you this event was such a success!

A special thank you is extending to our **amazing sponsors: Naiad Irrigation Systems, First Calgary Financial, Marta Raczkowaska,** of Do Calgary Real Estate and Sobeys, all of you make these events as special as they are. The NBRA can't thank you enough, we appreciate everything you do!

The NBRA and Board of Directors would also like to thank all those who joined us for our first ever Wine with the Board event! It was great to connect with so many of you!

~continued next page~

## **Community Street Market**

#### Saturday May 13, 2017 @ 9am-3pm

The perfect combination of an outdoor market and community garage sale! Stop by the Clubhouse on Saturday May 13th from 9am-3pm for the Community Street Market event!

Browse the many tables in the outdoor market, grab a map of neighbouring garage sales and pick up a delicious lunch with "Perogy Boyz" and "Waffles & Chix" food trucks on site.

You're sure to find a new treasure or two!

RSVP is not required for this event as it is open to the public, so be sure to grab your friends and join us for a day of "treasure" hunting!

Looking for a mother's day gift? No problem! There will be a special craft on site to help you show mom how special she is.

Registration for a map space or table are available within the office, please contact our recreation coordinator at 403-781-6613 ext 1 or email recreation@nbra.ca for more details!

## **Calling All Volunteers**

The NBRA is always looking for great volunteers like you! If you would like to get involved in one of the NBRA's spectacular events, please contact recreation@nbra.ca, call 403-781-6613 or visit our website www.newbrighton-connect. com for more details!

## **Sponsorship Opportunities**

Would you like to get involved in the community by having your company logo and presence in the foreground of everyone's mind attending NBRA events?

There are a variety of sponsorship opportunities available! If you are interested in becoming a valued sponsor, please contact the Recreation Manager by emailing recreation@nbra.ca or calling 403-781-6613 extension 1.



## **NEW BRIGHTON RESIDENTS ASSOCIATION** UPCOMING WORKSHOPS

#### Home Owners Education Workshop Thursday May 4 @ 7pm-9pm: **Res: FREE / Non-Res: FREE**

There are many questions that home owners (and soon to be home owners) have about the 'next steps'. In this 2 hour FREE workshop we will cover:

Buying your first home; moving up for your growing family; how to use your home equity to improve your home; how to avoid and minimize penalties when breaking your mortgage; how to use your homes' equity; plus more related topics!

Make sure you are getting the most out of being a home owner!!

### Lawn Care Maintenance for Beginners Saturday May 6 @ 1pm-3pm: **Res: FREE / Non-Res: FREE**

With the coming warm weather, lawn care maintenance is on the top of everyone's mind. This 2 hour workshop will review lawn care basics. Tips, tricks, what to look for and mechanical 101's with all lawn care equipment. Discover how to ensure your lawn is the talk of the community, start up a new business venture by assisting neighbours or simply increase your knowledge. Whatever the reasons this workshop is for you!

Teen's looking to make some extra cash this summer submit your name and phone number to recreation@ nbra.ca to get your contact information on the NEW grass cutters list in the buzz!

### **Bike Rodeo (2-8yrs)** Saturday June 3 @ 1pm-4pm:

## Res: \$15 / Non-Res: \$30

A fantastic way to create excitement about biking and being active, join in for a day of cycling fun! Trained Pedalheads instructors will guide kids through a series of stations including ramps, teeter totters, traffic intersections, bike decorating and more, designed for all skill levels! Learn the proper bike safety tips, have your bike checked to ensure all parts are operating properly



and discover the importance of proper helmet safety and fitting. End the day with a bike parade to show off vour new skills!

\*Participants are required to bring their own bikes and helmets.\*

### **Clubhouse Activities Storytime** Every 2 Monday from 10:45-11:15am May 8 & 23

Spend the morning with the Calgary Public Library, listening to stories and singing songs that the whole family can enjoy! Great for ages 0-5 years!! The book truck will also be on site during these mornings from 10am to 12pm

#### Mommy & Me Meet Up Every Wednesday from 10-11:30am, \$2 drop in or \$55 for the year

Bring your little ones and join us for a fun morning of activity, stimulation, and socialization. Children will enjoy games and toys, while parents enjoy coffee, snacks, and great company!

The little ones and leadership program will be joining us for the first Wednesday of the month! This program gives focus to sensory movement by having pre-school students interact with all attendees!

## **New Brighton's Seniors Club**

Every Thursday from 10:30am- 12:00pm

The NBRA is excited to host the New Brighton Seniors Club! Offering a variety of different activities including crafts, games, great conversation and so much more. Spend your time enjoying new activities, meeting new friends, and exploring everything that New Brighton has to offer.

## Under 18 Club (12-16yrs)

#### Friday May 5, 6:30pm -9pm (\$2 drop in, includes snacks)

Challenge yourself and your friends with survivor inspired games and competitions. Work independently or with a team mate overcome obstacles, tackle games

~continued next page~

and test your knowledge in an effort to be named the ultimate survivor!! If you think you have what it takes to win then grab your friends and head down to the Clubhouse on May 5th. The fun starts at 6:30 but that's not all! The \$2.00 drop in will include snacks and drinks to keep you going through the night.

May's theme will be Survivor Chalenge!

### Movie in the Club

#### Friday May 26, 7pm -9pm \$5 per family (2 adults & 3 kids)

It's an exciting evening of family fun! The New Brighton Club offers a cozy space for the kids to get comfortable and plenty of seating for parents to sit back and relax. Check out our website at www.newbrighton-connect. com and browse the "News and Events" tab to find the movie of the month. Spend a great evening with your family and most importantly, enjoy the show!

### **Looking for New Ways to Promote your Business?**

The New Brighton Residents Association has launched advertising information for upcoming events, programs and local businesses on the monitor located in our skate change room. This fantastic marketing opportunity provides businesses with the ability to reach 700 people (on average) each week, for as little as \$15 a month. We have a variety of sizing options available! For more information and to get your business recognized throughout the New Brighton community, please contact our Recreation Manager at 403-781-6613 extension 1 or via email at rereaction@nbra.ca.

### A Special Space for Your Special Event!

Looking to plan your next event? The New Brighton Club has rental space available to make that next special event a fantastic celebration! The NBRA Banquet room, Studio Room and/or Board Room could be just what you need to make your next event a truly memorable one! Check out our availability by calling 403-781-6613 ext. 2, to see if we can help make your event dreams a reality.



### Want to stay connected?

The NBRA always has new and exciting things to share! Connect with us on Facebook, Instagram, Twitter and by joining our mass email and keep up to date on all the latest and greatest news, events and what's happening in the clubhouse and community.

To join our mass email, visit us at www.newbrightonconnect.com and click the Newsletter sign up button on the right hand side of the page.





Queen Victoria's dearest childhood friend was her Cavalier King Charles spaniel named Dash. The marble effigy marking his grave describes him as having "attachment without selfishness, playfulness without malice, fidelity without deceit."

## www.kilbco.com

## **READY TO INCREASE YOUR CURB APPEAL?**

Whether you need a border between your grass and existing garden or thinking of creating a new garden Kilbco can help. With a variety of colors. stamps and profiles, steel cable enforced landscape curbing is a cost effective and practical solution to residential and commercial properties. It will beautify your landscape and add value to your property.

It will not rust, rot or shift, and there are no seams for weeds to grow through.



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over 100,000 linea

feet of curbing in the



## SUPPORT NEW BRIGHTON COMMUNITY ASSOCIATION Purchase your membership today!

The difference between a Community Association and a Residents Association is:

#### COMMUNITY ASSOCIATION

Annual fee is voluntary
 Made up of Posident volunteers who live in

- Made up of Resident volunteers who live in the Community
   LOBBY FOR SCHOOLS IN THIS COMMUNITY
- Act as a political voice and advocate in civic matters
- Manages and directs community sporting leagues
- Works with Block Watch to make our community safer
- Provides articles for the monthly Community Association newsletter, the New Brighton Buzz
- Responsible for working with the City on a wide variety of community issues such as traffic calming, playground zones, city park issues, etc.

#### **RESIDENTS ASSOCIATION**

 Annual fee is mandatory through an encumbrance filed on each property in New Brighton

• Created and managed by the Developer until the community is substantially built out, fees go towards the operations and maintenance of the land and amenities (assets) that are owned by the Residents Association such as the Club, 3+ acre park (that includes the water splash park, tennis courts, hockey rink), entry features and pond fountains, for the lasting enjoyment of its membership, the property owners. Coordinates a wide variety of programs and events, at the Club and in the park, to residents in the community.

## **Because You Value Your Community**

#### Be sure to Renew or Purchase your New Brighton Community Membership (NBCA)

Benefit from sports, activities and partner discounts at Trico Centre for Family Wellness - Secure a vote at public meetings, or make a difference by joining the Board - and more! Please fill out the membership request form below and send it to your NBCA today!

Please select the type of membership you that you would like to purchase:

Family ( <b>\$20.00</b> )	or	Individual / Senior (\$15.00
---------------------------	----	------------------------------

Name(s): \_\_ Address:

Email Address:

\_\_\_\_\_

Date: \_\_\_\_\_ Postal Code:

Phone number:

Please mail or drop off this form and your payment (cash, cheque or money order) to the following address: **New Brighton Community Association** C/O New Brighton Club 2 New Brighton Drive SE Calgary, Alberta T2Z 4B2

> Contact your New Brighton Community Association Board at general.nbca@gmail.com visit our website: www.newbrightonca.com

### CBE **BOARD OF TRUSTEES** Website: http://www.cbe.ab.ca · Email: boardoftrustees@cbe.ab.ca

Message from the Calgary Board of Education Board of Trustees

#### **Provincial Budget Announcement**

We received the provincial budget on March 16 and are pleased that the Province continues to prioritize public education.

We are the largest school board in the province, representing about one-sixth of all Alberta students. Next year alone, we will welcome over 2,000 new students into our classrooms, bringing our enrolment to over 121,000 students. Each of our students deserves the high quality education that Calgary families have come to expect.

This government has stated it wants to protect and improve public education. Providing funding for each and every child is the responsibility of the provincial government. Even with funding for enrolment growth, we will still have a gap between the amount we receive, and the amount necessary to maintain current educational service levels for our students. Therefore, we are worried that government funding may not be able to protect and improve public education.

We are committed to working with the provincial government and our staff and parents to continue to make decisions based on our values; students come first, learning is our central purpose and public education serves the common good.

We support the government's intention to make life more affordable for all families with the introduction of Bill 1: An Act to Reduce School Fees. We also have some concerns about this. Our initial analysis indicates that about one in four students who currently ride a yellow school bus will benefit from Bill 1. The rest could see fees increased and services reduced or eliminated.

With Bill 1, the government has taken over responsibility for setting service levels and the related fees. We are worried that we will be required to make decisions contrary to what we heard from parents last year during our transportation engagement.

We look forward to working with the government to ensure we protect and improve public education for each and every student.

More information about the CBE's budget will be shared on our budget information page as it becomes available. You can also share your feedback with us through the form online at www.cbe.ab.ca/budget

#### Canada 150

Schools across the country are celebrating the 150th anniversary of Canadian confederation in 2017. Throughout the year, we'll be sharing stories from CBE schools that highlight how students and teachers are marking this milestone. Check our website regularly, as we will be posting stories throughout the year. *Follow the Calgary Board of Education on Twitter @yycbedu* 



**\$95** family rate (2 adults, 3 children) Group rates are also available. Pricing includes t-shirt, food, drinks, prizes & more!

**Cycling Distances:** 30, 50, 70, 90km long distance rides or 10km family ride. The family ride includes a skill building session. All rides are fully supported with traffic control.

## www.wheelsforwells.ca

## SUPPORTING CHILDREN WITH SPECIAL NEEDS – TODAY AND TOMORROW

Suzanne Smith-Demers – Consultant

Parents of children with special needs know that these additional needs can be very expensive. You love your children and would do anything for them, but how can you cope with all the financial and emotional stresses



now and in a future when you may not be around? Here is some information that can help.

#### **Disability financial assistance**

is available from a number of government sources. Here are some:

- Disability Tax Credit can be transferred to a parent when a qualifying child cannot utilize the full amount.
- Medical Expense Credit can provide some further tax relief.
- Provincial Assistive Devices Programs provide assistance for both basic and personalized assistive devices.
- Provincial Home and Vehicle Modification Programs provide basic home/vehicle modifications for disabled children and adults.

- GST exemptions or rebates are available for some products and services used by persons with disabilities.
- Provincial social assistance programs with an income support component, such as the Assured Income for the Severely Handicapped (AISH), may be available to your child.

Plan for the future when you may no longer be there to help:

- A Registered Disability Savings Plan (RDSP) is similar to an RRSP in that it is intended to help save for long-term financial security, though specifically for beneficiaries who are eligible for the Disability Tax Credit. The federal government provides matching contributions in the form of Grants and additional contributions in the form of Bonds for certain families; up to \$90,000, in addition to your regular savings, is available for each RDSP.
- Set up a trust either during your lifetime or through your will, or purchase an insurance policy that pays into a trust. Certain trusts can be structured so that your child is not disqualified from income or asset tested benefits.





I hired a real estate professional to sell my home. The seller representation agreement (listing agreement) I signed is for four months. It's only been two months, but I want to terminate the agreement, can I?

The short answer is yes, but it can be complicated.

The agreement you signed is a legal contract between you and a real estate brokerage to sell your home. It contains a start date and an end date, as well as provisions for ending the agreement early. If you and your real estate professional agree in writing to end the agreement before the end date, the agreement immediately ends.

If you change your mind about selling your home and your real estate professional agrees to end the agreement early, you may be responsible for reimbursing your real estate professional for reasonable expenses they incurred while your property was for sale. Those potential expenses need to be listed on the agreement when you sign it; your real estate professional can't add them after the fact. These expenses may include, but aren't limited to, reimbursement of advertising, measurement, or photography costs.

But, what happens when you want to end your agreement early and your real estate professional doesn't agree?

If you want to end your agreement early because you want to work with a different real estate brokerage, there could be consequences. For example, if you begin working with another real estate brokerage, and your property sells, your first real estate brokerage could make a claim that commissions are payable to them since the brokerage didn't agree to release you from the obligations of your agreement. You could find yourself owing commission to two brokerages.

Think carefully about why you want to end your agreement early. If it's because you genuinely changed your mind about selling, perhaps your employment situation changed, be open and upfront with your real estate professional. You won't be the first seller who has a change of heart or financial circumstances, but your real estate brokerage is under no requirement to release you from your agreement.

Another possibility is that your real estate professional may agree to a conditional termination of your agreement. Conditional terminations typically require the seller to agree in writing that they won't re-list their property for sale with another real estate brokerage before the end of their original agreement.

If you want to end your agreement early because you and your real estate professional are not working well together or you have concerns about their performance, RECA encourages you to speak to their broker.

"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), www. reca.ca. RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email askcharles@reca.ca.

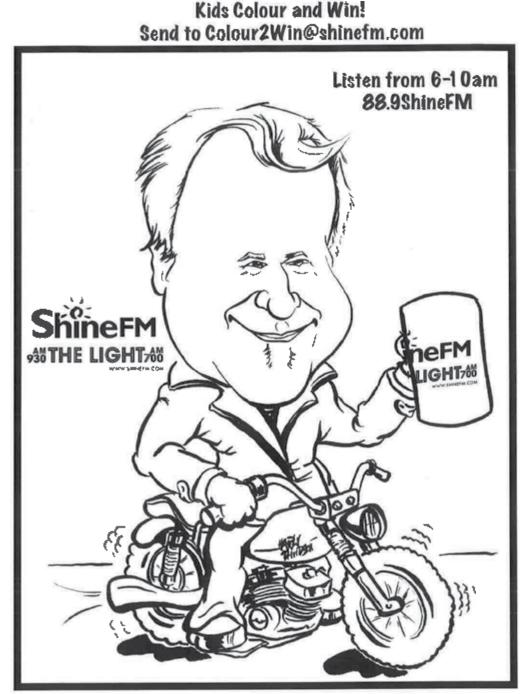




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## **AHS: Oral Health**

### Oral Health: It's About More Than the Mouth

Most of us know that diet and exercise play an important role in keeping us healthy. Did you know that a healthy mouth is also an important part of your overall health?

Although the mouth is part of the body, we often think of it as something separate. Mounting evidence tells us otherwise.

Poor oral health is not only associated with potentially significant and lifelong health problems as diabetes, heart disease and respiratory illness, it has also been linked to pre-term and low-birth-weight babies.

Anyone who has experienced poor oral health can also attest to the negative impact it has on overall quality of life. Mouth pain, missing teeth or oral infections can influence the way a person speaks, eats and socializes, affecting their physical, mental and social well-being. Oral health problems can also be a sign of something more serious, including oral cancer. The good news? Good oral health is something we can all maintain. Make it a habit to brush teeth at least twice a day with fluoride toothpaste (in the morning, and before bedtime), drink tap water with fluoride to prevent tooth decay. Be sure to visit an oral health professional regularly and ask about additional fluoride treatments to keep your teeth strong.

If you are experiencing signs of oral health concerns, including bleeding gums or irritation or pain in the mouth, don't ignore it. Visit an oral health professional.

To help prevent tooth decay in children at higher risk and in financial need, AHS delivers a preschool fluoride varnish program for eligible children aged 12 to 35 months, and a schoolbased fluoride varnish and dental sealant program for children in Kindergarten to Grade 2 and Grades 1 and 2, respectively.

For more information on oral health and AHS oral health services, visit www.ahs.ca/oralhealth.





## Finding your beginning

A recent report by Harvard Medical School reported an 80% rise in yoga participation in 2016 versus 2015. Despite its growing popularity, there are those who hesitate to participate because of the many images portraying yoga as something only for the young, the slim, the incredibly flexible or the "hippie".

For those who are willing, it can be tough to know where to start. If you've been nursing a desire to try it, and are truly new to yoga, working privately with an instructor can give you the base of knowledge and confidence to step into a group session. Otherwise, here are a few suggestions to find the right yoga experience for you:

- Think of a goal you'd like to accomplish;
- Consider what you know of yoga and how it complements that goal;
- Explore your options--classes, workshops or private sessions;
- To start with, look for those with a balanced approach to poses, breathing techniques and meditation;
- Try different styles to see what fits you and your goals;
- Don't be afraid to keep looking for the experience that best fits you;
- And remember, "yoga is not for the flexible, it's for the willing" (Author Unknown).

Yoga's health benefits are many. Studies undertaken since the 1960s have found that yoga benefits both men and women. The poses and breathing techniques have contributed to lowering cholesterol and blood pressure, fostering bone formation and reducing the frequency and severity of hot flashes and night sweats by as much as 60% in peri- and menopausal women. The meditative components are used to help manage stress and anxiety, and have also been employed to positively impact emotional eating triggers while developing healthier perspectives on body image.

Tricia Murray is a Therapeutic Yoga Facilitator focused on engaging various dimensions of yoga to help people move better, live well and age strong. ,-hop, jazz, tap, pre-school, ballet, music

## Pre-Register Now For Fall Dance & Music Classes!

Dance instruction for children ages 3 to teen, beginner to advanced, Mom & Tot and Pre-school classes.

Music instruction including voice, piano, guitar and drum classes. Private and group lessons.



Copperfield Landing - 10 Copperstone Street SE 403-240-9315 | www.summitschoolofdance.com





A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

# Hear ye, hear ye: May is Speech & Hearing Awareness Month!

Deaf & Hear Alberta is hosting its 2nd Annual Safe Sound Awards.

Safe Sound Awards raises awareness about hearing health and hearing loss. In support of May being Speech & Hearing Awareness Month, we want Calgarians to participate in Safe Sound Awards.

Sound represents a variety of things to different people, all ultimately connecting us to our environment. It is all around us, impacting many facets of our lives. It is family conversation at the dinner table, leaves rustling, music playing, heavy traffic and so much more. Sound is measured in decibels (dB) and like all things in life, there are healthy and harmful levels.

In general, sounds 85 dB and below are in the safe zone while sounds above 85 dB can start to cause damage inside the ear. Safe and harmful sound levels are also highly dependent on *how long*, *how often* and *use of hearing protection*.

Continuous dB	Examples	Permissible Exposure time
85 dB	Noisy restaurant	8 hours
88 dB	Window air conditioner	4 hours
94 dB	Subway	1 hour
103 dB	School dance	7.5 min
106 dB	Leaf blower	3.75 min
112 dB	Jackhammer	Approx. 1 min

There are numerous benefits to ensuring the protection and management of our hearing. How can you help maintain your hearing? Limit time using ear buds, check the volume on TVs and stereos, wear ear plugs to concerts, and adhere to occupational & safety guidelines at work. Maintaining hearing health also includes using appropriate hearing devices such as hearing aids or personal amplifiers.

Changes in hearing health can impact a person's physical, social and emotional health. If you or someone you love is already living with hearing loss, there are ways to improve communication. Here are some suggestions:

**Set the stage**. Find places that have soft surfaces such carpets, tablecloths, curtains and/or places that are well lit which makes it easier to see body language and facial expressions.

**Communicate effectively**. When speaking to a person with hearing loss- make sure you have their attention before speaking and keep your face visible. Move closer to the person you are speaking to, speak at a moderate pace and use a normal volume of voice. Most importantly, be patient and open to repetition; use alternate phrasing if needed.

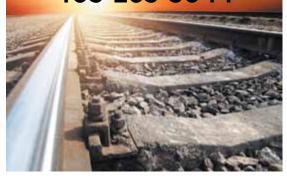
We invite you to nominate hearing friendly places that allow for conversation, fun and connection to those around us. Then vote. Pick you favourites and as a community we will celebrate Calgarian's favourite hearing friendly spaces with the Safe Sound Awards. Let's celebrate Speech and Hearing Awareness Month together!

To be involved visit: http://hearalberta.ca/safe-sound-awards/

Written by: Alia Bharwani, Hearing Services Coordinator & Kylie Bradbury, Peer Mentoring Coordinator at Deaf & Hear Alberta

## GREATNEWS 28

FYI - Great News Publishing Chooses to Forge Ahead During All Economic Downturns. If You Feel the Same Let's Talk. 403-263-3044







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## South Health Campus (SHC) Wellness Centre

Spring is in the air! Make wellness a priority. SHC Wellness Centre has a huge range of health and wellness programs. See below for some of the programs happening in May. Registration information and full program guide can be found at www.ahs.ca/ shcwellness or call 403-956-3939. New this Spring 2017: South Health **Campus YMCA Sports Court** The South Health Campus Wellness Centre and YMCA are opening an outdoor sports court for community use: For more information call the South Health Campus YMCA at 403-956-3900

Emotional Well Being Meditation Drop-in Every Tuesday 5:00-5:45pm

Drumming Up Wellness Every Friday 1:30-2:30pm

HeartMath May 25 6:00-8:30pm

**Mindfulness Practice Sessions** May 25 6:30-7:45pm

Understanding the Experience of Grief May 29 6:00-8:00pm

Employment & Financial Management Skills Resume Writing 2-part series begins May 6 9:00am-4:00pm Assured Income for the Severely Handicapped (AISH) Workshop May 18 11:00am-12:30pm

Health Management Sleep Well Tonight – Improving Sleep May 16 6:30-8:30pm

**Blood Pressure Basics** May 30 1:00-3:00 pm

Eating Well with Fatty Liver DiseaseMMay 24 9:00-11:30am(

Living Well on Prednisone: Nutrition & Side Effects May 30 10:00am-12:00pm

Caregiver Support Family Peer Support Program May 2, 16 & 30 5:45-8:00pm

Parents/Parents to Be Feeding Your Baby May 11 10:00am-12:00pm

Nutrition for New Moms May 17 10:00am-12:00pm

Story Time & Play Date May 19 or 26 10:00-11:30am

Healthy Eating for Pregnancy May 29 6:30-8:00pm

Food, Nutrition & Cooking Energizing and Healing Foods for your Gluten-free Diet: (Note \$Fees apply) May 4 5:30-7:00pm I Know I Should Eat Healthy, But How? May 20 9:00-11:30am

Eating Well for Good Health (2-part series) May 8 & 15 5:30-7:30 pm

Edible Container Gardening: (Note \$Fees apply) May 10 6:00-7:00pm

Managing Emotional Eating (3 - 2.5hr. sessions) May 11, 18, & 25 1:00-3:30pm

The Truth about What Works in Weight Management May 20 1:00-3:30pm

Eating Away from Home during Special Occasions May 24 1:00-3:30pm

Healthy Cooking: Basics and Techniques (Hands-on) May 24 5:00-7:00pm

Most programs require registration. Please see our full program guide and learn how to register at www.ahs.ca/shcwellness or call us at 403-956-3939. Register your children now for YMCA Calgary summer day camps, kids culinary cooking camps brought to you by Poppy Innovations or try an ATCO Blue Flame

Kitchen course yourself in our Well-

ness Kitchen!

# **Give A Mile brings dormant loyalty points to life**

Put your unused loyalty points into action and make a difference during someone's last days. The Calgary-based charity Give A Mile puts donated Aeroplan and loyalty program points to work by turning them into flights that bring together someone who is critically ill or dealing with palliative illness with a family member or close friend.

Plans that transfer loyalty points to Give A Mile include American Express, CIBC, Hertz and Wyndham Rewards, among others. One hundred percent of all donations go to flights of compassion and associated travel fees (taxes, transfers). The operating costs for Give A Mile are raised separately.

Give A Mile is recognized as a charity by Beyond Miles, the charitable pooling program operated by Aeroplan. In January 2017, the organization facilitated its 300<sup>th</sup> flight, reuniting a Calgarian with her dying mother in Argentina.

Visit giveamile.org to find out how your donation can make a difference.



24 MAY 2017 | Call 403-263-3044 for advertising opportunities

NEW BRIGHTON | MAY 2017 25

## CCSD BOARD OF TRUSTEES

Website: www.cssd.ab.ca/BoardOfTrustees • Email: trustees@ccsd.ab.ca

#### Learn more about your Calgary Catholic School District Board of Trustees!

The next municipal and school board elections will take place on Monday, October 16, 2017. During this election, Calgarians will have the opportunity to vote for candidates to become mayor, city councilors and school board trustees.

According to the Alberta School Boards Association (ASBA), "In Alberta, citizens elect school boards to act for the legislature in their local schools and communities. School boards exist because of the belief that government – and decisions – made closest to the people being governed are the most effective."

The Board of Trustees is responsible for ensuring that every student has the opportunity to reach their potential, that every student is safe at school, that the district's financial and capital resources are well-managed and that business is conducted in a legal and ethical manner. The Board also provides leadership, advocacy, direction-setting, decision-making and accountability to the school districts and students they serve. Trustees for Calgary Catholic also play an integral role as advocates for Catholic education. They ensure that students receive an education permeated by Catholic faith.

Anyone is welcome to run for a position as a school board trustee. If you would like more information on being a local school board trustee, you can call your trustee to learn more about what the position entails, attend a public board meeting where important district issues are discussed and decided upon or visit https://www.cssd.ab.ca/BoardOfTrustees to learn more.

At the Calgary Catholic School District, public board meetings are held every two weeks on Wednesday at 5 p.m. in the board room of the Catholic School Centre.





Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

## May at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our passes are affordable and our programs are family-friendly. With a pass, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs. Trico Centre supports community: a small portion of your pass fee is sent to your community association.

#### Events and Helping Others

- Mother's Day: bring a mom for free on Sunday, May 14.
- Help a Ronald McDonald House Mom Out: during the month of May, Trico Centre is a drop-off point for items for the Ronald McDonald House wish list. Check www.tricocentre.ca or pick up wish list at Trico.
- Bare Bottom Diaper Drive: Trico Centre is a drop off location for diapers for moms in need.
- The Trico Cares program offers fee assistance for passes and admissions. With a City of Calgary Fee Assistance card, you qualify for 60% off the price of passes and admissions. Plus, Trico Centre is an approved partner of Canadian Tire Jumpstart, KidzFirst, KidsSport for programs.

#### Day Camps

- Register now for summer day camps: ages 3 to 14; full day and half-day camps, early care and late care.
- Don't need a full week of camp? Come to daily camps for a full day or half day, and day all summer long.
- Themed camps for preschool or children/youth. Some camps include filed trips, swimming. All camps include fun and friends.
- Featured camps for 6-12 yrs: Canada 150 Play, Discover Calgary, Harry Potter Camp, and Just for Girls.
- Cool Camps for Preschoolers: Sportarama, Nature Wonders, Kinder Karate, and Mini Chefs.

#### **Children & Youth**

• Swim lessons: parent & tot, preschool, swimmer, swim patrol, adult. Private lessons too!



 After 33 years of children's programs, basketball games, preschool gymnastics, and badminton, Trico Centre's gymnasium floor is being replaced. Gymnasium will be closed from April 12 to June 7. Check www.tricocentre.ca for a special schedule of classes during this period.

#### Adults/Older Adults

- Adult registered fitness starting in May: includes Cardio Kickboxing, Cardio Dance, Focus on Powerlifting

   plus NEWclasses Yoga Sampler for Beginners, Golf Conditioning, and Strong by Zumba.
- Mommy and Me programs starting in May: Mommy and Me Fitness, Mommy and Me Barre, Stroller Fit, and Mommy and Me Aquafitness.
- Great price, small group: Trim and Tone, Power Lifting, Learning the Basics, Strong is the New Skinny: Weight Training for Women by Women, and the NEW Strength training for Runners.
- Wilderness and Remote First Aid: get your standard First Aid and CPR plus techniques for wilderness and remote areas.
- Registered programs for older adults that start in May: Balance Builders Level 1 (Fall Prevention), Balance Builders Level 2 (Bones and Balance), Chair Yoga, Straighten Up Posture Series.
- Included in your affordable Trico Centre pass are more than 70 drop-in fitness programs. Choose from endurance classes with a cardiovascular focus, group resistance training, high intensity interval training, aqua fitness, and mind/body classes. Options for all fitness levels and ages

Trico Centre is located at 11150 Bonaventure Drive SE. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

TAX, TAX, TAX TIME: Help is now here for personal, selfemployed or corporate. Offer over 25 years of experience in various business environments. For more details on available services to assist you and your financial needs please contact Connie at 403-720-0419. Cell: 403-803-1649. Email: cme951@gmail.com. Welcome new clients.

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# COMMUNITY ANNOUNCEMENTS

### Deadline – 1<sup>st</sup> of each month for the next month's publication Contact news@great-news.ca

✦ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc. ✦ Forty word limit

FLC SENIORS CLUB 55+ Join us for a healthy, happy, and active lifestyle. For more information: www. flcseniors.ca. Highlighted activities are LINE DANCING call Ann 403-254-9181 or Joan 403-719-7763 or emaillinedancing@flcseniors.ca; and TAI CHI call Juliette 403-225-1593 or email taichi@flcseniors.ca.

**CLOTHING / TEXTILE RECYCLING DRIVE:** While spring cleaning, you may find old, worn, torn or stained fabric items. Bring them to the May 9-16 Clothing/Textile Recycling Drive at Corpus Christi Parish Hall, 5931 4th St NW. For details, visit www.corpuschristicalgary.org.





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New Brighton Real Estate Update

### Last 12 Months New Brighton MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
March 2017	\$454,900	\$447,000
February 2017	\$479,900	\$473,900
January 2017	\$419,900	\$403,000
December 2016	\$467,450	\$454,500
November 2016	\$467,900	\$458,500
October 2016	\$432,250	\$422,500
September 2016	\$464,900	\$450,000
August 2016	\$449,000	\$435,000
July 2016	\$449,900	\$435,000
June 2016	\$468,500	\$455,000
May 2016	\$461,950	\$454,000
April 2016	\$442,450	\$432,000

### Last 12 Months New Brighton MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
March 2017	20	15
February 2017	20	14
January 2017	25	9
December 2016	4	8
November 2016	7	13
October 2016	15	26
September 2016	28	17
August 2016	23	17
July 2016	23	17
June 2016	19	21
May 2016	25	22
April 2016	35	20

To view more detailed information that comprise the above MLS averages please visit **new brighton.great-news.ca** 



Councillor, Ward 12 Shane Keating Phone: 403-268-1698 • Email: Ward12@calgary.ca Twitter: @CouncillorKeats Facebook: http://www.facebook.com/CouncillorKeating Web: http://shanekeating.blogspot.com/

#### Ward 12 Newsletter Update - May 2017

2017 is a big year for our city. It also happens to be an election year as Calgarians head to the polls on October 16. Council has been having discussions on important topics like a new arena, a possible Olympic bid and the Green Line LRT. If you're interested in seeing what I have to say about these issues check out my website shanekeating.ca or give my office a call.

#### **Council Gets Closer to Finalizing Green Line**

We are approaching the end of a chapter for the Green Line LRT. Over the course of the next few months Council will have some big decisions so that we can present a finished plan to the provincial government. I remain hopeful that once the province sees the final plan they will commit funding to the project. We will have to agree on a phasing plan to identify how much of the line can be built for the budget we have. We will also have to confirm the station locations and alignment for the entire network.

We have come a long ways in a short period of time, but we still have a bit further to go. You can stay up to date on the Green Line by visiting calgary.ca/greenline

#### Habitat Projects on the Bow River

The 2013 floods changed a lot of things in our city. Following the 2013 flood The City took forward a number of projects to repair and reinforce banks along the Bow River. These projects helped protect our city, but in some cases they had negative impacts on sensitive fish habitat.

The City has identified a number of sites to supplement lost habitat from flood mitigation projects. One of these sites was a side channel adjacent to Quarry Park. The construction of this project has been underway for a few weeks now and is scheduled to wrap up in the fall. In order to complete this work there will be a temporary detour on the Bow River Pathway. You can find out more information on this project by visiting www.shanekeating. ca/2017/03/30/qp-river/

#### Ward 12 Residential Traffic Safety Town Hall

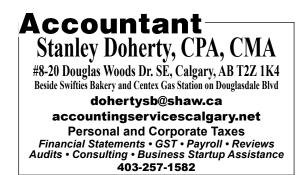
Calgary Police Service (CPS) and City of Calgary Trans-

portation have been working together to find ways to address residential traffic safety issues within our communities. As a result of a Notice of Motion I brought to Council last year, each Ward in the city will have a Residential Traffic Safety Town Hall. Residents are encouraged to come to these meetings and share their feedback with CPS and City Transportation folks. CPS will be able to identify some specific problem areas in your community that may need more enforcement and Transportation can identify if there are traffic flow or engineering issues that could be addressed.

When: Tuesday, May 23, 7:30pm-8:45pm Where: McKenzie Towne Hall, 40 McKenzie Towne Blvd SE

If you have any questions please feel free to let my office know.







#### Constituency Updates: 212<sup>th</sup> Interchange:

The province announced that they will partner with the City and Brookfield Residential Calgary to build the 212th Interchange. We worked hard lobbying the government for this development. THANK YOU to those of you who signed the petition. We had over 760 signatures.

#### New Schools:

- Two more schools will be built in Calgary-South East:
- Cranston elementary (Calgary Board of Education)
- Auburn Bay elementary core (Calgary Catholic School District)

Both schools are scheduled to open in 2021.

I am working with CBE Trustee Stewart and CCSD Trustees Martin and Williams to keep our other needed schools as a top priority.

The Calgary Board of Education recently posted an update on the new South East High School (scheduled to open in 2018). For complete information you can visit their website at http://www.cbe.ab.ca/schools/ building-and-modernizing-schools/Pages/default.aspx

For the 2018 school year, the South East High School will offer Grade 10 and Grade 11 programming expanding to Grade 12 for the 2019 school year. Students from Auburn Bay, Cranston, Copperfield, Douglasdale/ Glen, Mahogany, McKenzie Lake, McKenzie Towne, New Brighton, and Seton will attend this school.

#### **Events and congratulations:**

- Toured Main Road to learn more about snow clearing on our provincial highways (please respect the snow plow operators as they work to make our roads safe!)
- Spoke at the Opening Ceremonies of the U14B Ringette Provincials
- Congratulations to Ethan Nielson of Cranston for a hosting a fantastic fundraiser for the Alberta Children's Hospital

• Spoke at the St. Marguerite School Blessing and Dedication Ceremony

- Spoke at the ground breaking for the GoldenLife Management Market Street Village in Seton (A new senior's complex opening in summer 2018)
- Spoke at the Mahogany Sobeys Grand Opening
- Toured the Calgary Counselling Centre
- Opened COBS Bread in Mahogany

 Congratulations to Shoppers Drug Mart Mahogany and Bone & Biscuit Mahogany for their grand openings

#### Did you know?

MLA, Calgary-South East

Suite 202, Building D 5126 126 Av SE

Calgary.southeast@assembly.ab.ca

**RICK FRASER** 

(403) 215-8930

Calgary, AB T2Z 0H2

- Our office presents congratulatory scrolls for anniversaries and birthdays. Birthday scrolls are available to constituents celebrating their 65+ birthday, in fiveyear intervals. Anniversary scrolls are available to constituents celebrating their 25+ anniversary, in five-year intervals.
- I will visit your child's school and speak about the role of an MLA, government, and answer students questions.
- Our office provides free notary service to constituents. Please call to book an appointment.
- I am available to attend constituency events. Please contact my office to schedule.

As your MLA, I am the conduit between you and the government. My job exists to champion your voice and I do so with humility and respect for each and every one of you. I believe that my constituents don't want to hear political rhetoric. They want solutions and answers. I have a job because I was elected to serve everyone in our constituency.

If you have any questions, concerns or are in need of assistance, please contact my office at (403) 215-8930 or calgary.southeast@assembly.ab.ca

Facebook: RickFraserYYCSE

Instagram: rickfrasermla; Twitter: RickFraserYYC

## New Brighton mybobysitterlist

Name	Age	Contact	Course
Andrea	17	403-714-3930	No
Arielle	13	403-305-4704	Yes
Armeen	16	587-707-1456	Yes
Aya	14	587-893-3788	Yes
Breanna	28 13	403-862-8392	Yes
Cassidy Cate	13	403-671-0064 403-720-8180	Yes Yes
Danielle	14	403-455-4609	Yes
E. Nicholas	13	403-383-5584	Yes
Emily	15	403-437-0956	Yes
Eniola	14	403-285-2700	Yes
G. Sophia	15	403-383-5584	Yes
Hala	15	403-455-5004	Yes
Hannah	13	403-207-1794	Yes
lfeoma	31	587-229-0333	Yes
Isla	16	403-991-5311	No
Izzy	16	587-350-2080	Yes
Jessica	21	403-808-7353	Yes
Jordyn	15	587-893-2450	Yes
Kaitlyn	17	302-726-0000	Yes
Karina	13	403-454-1185	Yes
Katelyn.	21	403-796-7880	Yes
Kiana	16	403-809-4973	Yes
Kristy	20	587-432-1616	Yes
Lauren	19	403-305-0526	Yes
Maia	14	403-474-5102	Yes
Maricel	41	587-435-3382	Yes
Morgan	13	403-257-1614	Yes
Olivia	15	403-605-4908	No
Paula	32	587-899-3250	No
Pia Ginelle	25	778-227-6330	No
Rachel	36	403-835-5582	Yes
Rayna	26	403-809-6986	Yes
Rhem	42	403-606-5551	No
Riley	13	403-968-3994	Yes
Seema	42	587-892-9970	Yes
Shannen	17	403-919-7200	Yes
Sheree	28	403-422-0740	No
Shion	15	403-970-1891	Yes
Takira	13	587-777-3266	Yes
Tracy	33	403-862-7997	Yes
Tyra	15	403-604-0013	Yes
Victoria	14	403-697-3282	Yes

#### Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in. Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



TOM KMIEC 2784 Glenmore Trail SE, Suite 1220 Calgary, Alberta, T2C 2E6 • 403-974-1285 www.tomkmiecmp.ca • tom.kmiec@parl.gc.ca Twitter@TomKmiec • facebook.com/TomKmiec

#### **Alberta Jobs Task Force Update**

Last October, Alberta Conservative Members of Parliament launched the Alberta Jobs Taskforce to deal with the jobs crisis in the province. Alberta's unemployment rate rose from 4.6% to 8.8% in the last 18 months with Calgary having one of the highest rates in Canada at over 10%. The result has been a spike in the incidence of crime and its severity as well as family violence.

The objectives of the Task Force were two fold. First, listen to Albertans, employers, workers, families and other stakeholders affected by the job crisis and collect their feedback and ideas. Second, to collate that information into a report containing recommendations and in a few instances budget requests of the Liberal Government.

In Calgary Shepard, I held a community meeting at the Glenmore Inn and hosted two roundtables where constituents brought forward their ideas and suggestions. I also sent a survey with my quarterly update to constituents and I received 100 responses including many helpful and informative comments.

#### Here are some of the task force's recommendations:

- Elimination of the federal carbon tax
- Reduction of the small business tax rate
- Reversing the mandatory increase on CPP premiums
- Respecting the non-partisan decisions of the National Energy Board with respect to the construction of new pipelines
- Investments in programs and opportunities to enhance youth employment in Alberta
- Reviewing the equalization payment formula
- Advocating for Canadian resources and Canadian industry abroad
- Provide a clear plan to bring the federal budget back into balance.

I am very proud to support the report and present it on behalf of the residents of Calgary Shepard. I thank you for the input. To access the complete report, please go to http://albertajobstaskforce.ca/en/ or to request a copy of the report please call my office at 403-974-1285 or email me at tom.kmiec@parl.gc.ca

#### JUNE 3 WHEELS FOR WELLS CHARITY BIKE RIDE – SOUTHVIEW CHURCH

Help Wheels for Wells bring clean water to those without. Choose to ride a 10 km family-friendly route or the longer 30, 50, 70, or 90 km on routes in and around Calgary. All rides are fully supported and the 10 km riders can take part in a skill building session. More info at wheelsforwells.ca.



#### JUNE 3 – 4 CALGARY UKRAINIAN FESTIVAL – ACADIA RECREATION COMPLEX

This festival celebrates our vibrant Ukrainian heritage, rich Ukrainian culture and cuisine, shop until you drop in the vendor market place, and join us for our Zabava and dance the evening away to live Ukrainian music. More info at calgaryukrainianfestival.ca.



#### JUNE 18 RAD DAD DAY – CALAWAY PARK

What better way to celebrate all things dad than treats and rides and games? It's Rad Dad Day at Calaway Park! Bring your father or grandfather to celebrate how great he is! The best part is dads and granddads get free amssion when accompanied by a child. Open 10 am to 7 pm More info at calawaypark. com.



# YOUR COMMUNITY/CITY EVENTS

#### Marda Loop Farmers' Market – 3130, 16 Street SW, June 3 – Oct. 7

Call for 2017 Farmers' Market vendors, food trucks and buskers! The Marda Loop outdoor Farmer's Market is growing this year, showcasing local makers, bakers and growers along with live music, kids' zone, cool activities for the whole family including monthly special events! More info for all vendors (and great stall rates starting at \$30/day) at mardaloop.com/ farmers-market/farmers-market.

#### Suncor Stage One Festival of New York – Lunchbox Theatre, June 9 – 24

Next June marks the 30th anniversary of Stage One. For 30 years Lunchbox Theatre has been dedicated to the creation, development and production of new Canadian one-act plays, many of which have gone on to great acclaim after their premiere on our stage. Celebrate 30 years of playwriting history in our city with Lunchbox. Free admission. More info at lunchboxtheatre.com/suncor-stage-one-festival.

#### Vintage with Flair – Bragg Creek Community Centre, June 16 – 17 at 4 p.m.

A country garden party in the woods; a gathering of Alberta artisans, designers, makers and curators of vintage inspired to rustic farmhouse fresh designs. Including unique, artisaninspired art and stained glass, hand-designed jewelry with a story, rustic home decor, maker-made ceramics, curated vintage home and garden decor, repurposed shabby and chic finds and up-cycled and cool clothing. Join us for a garden party in the country.

#### Sled Island Festival – various venues, June 21 -25

Sled Island's thoughtful, eclectic programming and independent spirit have fused with Calgary's youthful energy to produce a one-of-a-kind festival experience. Each June, the five-day music and arts festival brings together a community of over 250 bands, comedians, filmmakers and artists, as well as over 30,000 attendees in more than 35 venues, transforming the city into an arts lover's paradise that has earned rave reviews from artists, fans and media from across the globe. More info at sledisland.com.

#### The Glenn Miller Orchestra – Jack Singer Concert Hall, June 29 at 7 p.m.

The world famous Glenn Miller Orchestra brings timeless classics like In the Mood, Moonlight Serenade, Chattanooga Choo Choo, Pennsylvania 6-5000, String of Pearls and Tuxedo Junction back to the stage. Even 50 years after founding his famous orchestra Glenn Miller's music is alive and well. More info at artscommons.ca.



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Are you taking too much risk in your portfolio?

Which investments are likely to recover and which ones aren't?

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