

DECEMBER 2016

DELIVERED MONTHLY TO 3,200 HOUSEHOLDS



PARKLAND **news**

THE OFFICIAL PARKLAND COMMUNITY NEWSLETTER

UPCOMING:

GIN RUMMY

FRIDAY AFTERNOONS AT THE HALL



BARRY & CYNTHIA

Kompatnisky

TEAM PERFORMANCE

Thank You Parkland For Your Continued Support

- * SELLING PARKLAND HOMES SINCE 1981
- * MULTIPLE YEAR FINANCIAL SUPPORTERS OF THE PARKLAND SUMMERFEST
- * SINCE 1986 WE HAVE DONATED A PORTION OF OUR COMMISSIONS ON EVERY TRANSACTION TO THE ALBERTA CHILDREN'S HOSPITAL FOUNDATION



100-5810 2nd St. SW
Calgary, Alberta T2H 0H2

"...We Can't Help — If You Don't Call..." Direct 403-278-8973 Fax: 403-271-0518

SMART HOME EVENT

HunterDouglas Gallery
FREE LITERISE™
LIFTING SYSTEM on
SILHOUETTE™ & DUETTE® BLINDS

A family business proudly serving Calgary and area for over 3 generations.

- Drapery - Upholstery
- Blinds - Bedding
- Custom Furniture
- Colour & Design Consulting

Creative
interiors

403-271-0580
630, 12100 Macleod Trail, SE
Calgary, AB

www.CreativeInteriorsCalgary.com

FIND US ON

* Purchase a minimum of Silhouette®, Pleasure® or Duette® with PowerView™ and receive a FREE Nest Learning Thermostat and Nest Cam Indoor. Offer at participating retailers only. For full details, visit hunterdouglas.ca.

FREE
Nest Learning Thermostat and Nest Cam Indoor with purchase* of select window shadings with PowerView™

HEATING 20
NEST
\$579

Offer effective September 19 – December 18, 2016.

MENTION THIS AD AND RECEIVE NO GST ON YOUR ORDER. Expires December 31/16.

Calgary's Best Retirement Active Lifestyle Community



Join us at Swan Evergreen Village for our

Christmas Tea OPEN HOUSE

Saturday, December 10th, 2016
2:00 PM – 4:00 PM

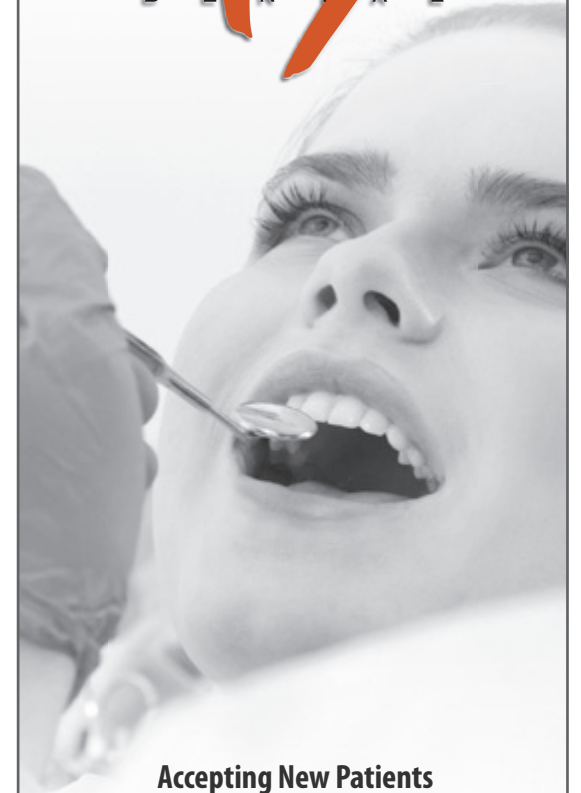
Enjoy an afternoon of fun and refreshments. For more information or to R.S.V.P. call 587-433-2622.

RENTAL FULL SERVICE STUDIO, 1&2
BEDROOM & MEMORY CARE SUITES.



2635 Eversyde Avenue SW
587-433-2622

leasing@originswanevergreen.ca
www.originswanevergreen.ca



Accepting New Patients
Evening & Saturday Appointments Available

Family & Cosmetic Dentistry

Children Welcome

Dental Implants

Wisdom Teeth Removal

403-271-2033

Suite 220 755 Lake Bonavista Drive SE
www.lakebonavistadental.com

PARKLAND COMMUNITY ASSOCIATION

PARKLAND HALL

505 Parkvalley Road SE, T2J 6M4
 403-278-5330 parklandca@telus.net
 www.parklandcommunityassociation.org



The Parkland Community Association is a Registered Charity operated by an elected Board of community member volunteers. We represent the municipal interests of Parkland residents; we are your voice in city planning decisions. The annual \$25 membership fee is voluntary, but membership is required for some community sponsored events. Your membership fees help us bring community members together through various programs and events such as:

- Community Garden
- Soccer
- Canada Day Breakfast
- Parade of Garage Sales & Community Clean Up Day
- Seasonal Parties – Winterfest, Fallfest, Halloween
- And more!

Board of Directors

President	Sean Ferguson
Vice President	Leanne Black
Treasurer	Sunil Bagwe
Secretary	Janice Schneider
Membership & Civic Director	Laura Di Lello
Trico Representative	Julie Kyliuk
Directors-at-Large	Cheryl Boswell Andy Feigl Adam Feuchuk Linda Mannix Jenn Vanderlann Michael Vaters
Past President	Cindy Ross
Hall Contacts	Laurie Bradley Erika Diaz

Board Meetings: Board meetings are customarily held at the Parkland Hall on the fourth Thursday of each month at 7:00 PM, with the exception of July and August. All community association members are welcome to attend our meetings. As our dates and times can change, we ask that you contact the Hall at 403-278-5330 or parklandca@telus.net to confirm any upcoming meetings that you would like to attend.

Parkland Community Hall – Rentals

Are you hosting a party and need more space? Looking for a venue for an upcoming baby shower or birthday party? The Parkland Hall is an affordable venue to consider! The hall features a bright hardwood-floored gym, kitchen, and meeting room – all available for community members and the public to rent.

To inquire about Parkland Hall rental rates and availability, please contact Laurie Bradley and Erika Diaz at 403-278-5330 or by email at parklandca@telus.net.

Other Community Representatives

Community Resource Officer	Constable Matt Forest 403-428-6645
Parkland Girl Guides	1-800-565-8111
167th Parkland Scouts	Michelle Stager 587-351-2719
Parkland Cares	Julie Kyliuk parklandcaresyyc@gmail.com
Parkland Babysitting Co-op	Jill Vaters mjvaters@shaw.ca
Parkland Babysitting Registry	Eleanor Molina 403-271-2668
Parkland Housesitting Registry	David Wiebe 403-271-9230
Parkland Preschool	403-225-0083
Prince of Wales Elementary	403-777-6880
St. Philip Fine Arts School	403-500-2072
LDS Church, Parkland State Centre	403-278-8565
Parkland Soccer	403-278-5330
Bow View Ringette	bowviewringette.com
Bonavista Hockey Program	lbreakershockey.ca
Newsletter Editor	Erika Diaz and Laurie Bradley parklandcanews@gmail.com
Delivery & Advertising	Great News Publishing 403-263-3044



Parkland Community Association

505 Parkvalley Road SE Calgary
 Alberta T2J 6M4
 parklandca@telus.net
 parklandcommunityassociation.org.

CONTENTS

Parkland Community Hall	6
Parkland Cares	8
Real Estate Update	13
Programs & Clubs @ Park96	14
Babysitting Registry	16
At a Glance	24
Friends of Fish Creek	26

NEWSLETTER AD SALES



Great News Publishing Ltd.
 403.720.0762 | 403.263.3044
 sales@great-news.ca | www.great-news.ca



GREAT NEWS PUBLISHING HAS BEEN PROUDLY SERVING PARKLAND FOR 22 YEARS!



Parkland Community Hall

Are you looking for a place to have a variety of events such as; birthday parties, baptisms, retirement, and bridal showers? The Parkland Hall is an affordable venue to consider, its features are a bright gym with hardwood floors that overlooks the community garden through big windows on the southwest side. This gym can accommodate up to 100 people, and there is also a meeting room that fits up to 35 people, and there are also kitchen facilities. Rental rates include chairs and tables.

If interested, please contact the hall managers; Laurie Bradley or Erika Diaz at 403 278-5330.

Fresh Coat Interior Painting

- Licensed • Insured • Bonded

Tel: 201-4752
Cell: 630-4601
freshcoat@shaw.ca

Andy Keilly



Premium Service Guaranteed



PARKLAND HOUSE SITTING REGISTRY

The House Sitting Registry matches home owners looking for a house sitter with those wishing to offer house sitting services. This is a great job for a teen, with some parental supervision or a home owner wishing to exchange with another. House sitting duties could include: emptying the mail box, picking up the paper, clearing away flyers, watering plants and generally keeping an eye on things. All service arrangements and remuneration are determined by the owner and house sitter.

This registry service is free of charge and only available to Parkland residences. To have your name included in the registry or to obtain a number of a sitter near you, please phone Dave Wiebe at 271-9230.



- We're a group of Parkland moms who swap babysitting a few hours a week.
- It's a casual commitment for babysits/playdates once or twice per week.
- We run during school days and school hours.
- For families with kids up to 6 years old.
- It's a fun social atmosphere, meet other families in Parkland with kids similar ages.
- Enjoy monthly morning coffee get-togethers.
- Come to the next coffee and check us out.
- Email today: parklandbabysittingcoop@gmail.com



For All Occasions

Welcome to the Neighbourhood

Receive a free gift package

1-866-627-6070

DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Publishing and PCA. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing and PCA do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.



"We Care"

DEERFOOT

Carpet & Flooring



<p>Carpet</p>  <p style="background-color: yellow; color: black; padding: 2px;">From \$1.99 Psf</p>	<p>Hardwood</p>  <p style="background-color: yellow; color: black; padding: 2px;">From \$0.99 Psf Limited Quantities</p>	<p>Tile</p>  <p style="background-color: yellow; color: black; padding: 2px;">From \$1.59 Psf</p>	<p>Laminate</p>  <p style="background-color: yellow; color: black; padding: 2px;">From \$1.59 Psf</p>
<p>Cork</p>  <p style="background-color: yellow; color: black; padding: 2px;">Starting Under \$1.99 Psf</p>	<p>Linoleum</p>  <p style="background-color: yellow; color: black; padding: 2px;">From \$1.99 Psf</p>	<p>Luxury Vinyl</p>  <p style="background-color: yellow; color: black; padding: 2px;">From \$0.99 Psf</p>	<p>SPECIAL SAVINGS AVAILABLE NOW!</p> <ul style="list-style-type: none"> -Large Inventory -Knowledgeable Staff -Professional Installation -Commercial & Residential



6170 - 12 ST. S.E. 255-5880

NEW HOURS: Mon-Wed. 9-6 • Thursday Friday 9-6 • Saturday 9-5 • Sunday Closed

Ideas + Style + Great Pricing = Happy Customers

www.deerfootcarpet.com

South Calgary PAP Clinic

PAP tests - BREAST exams - Early Prenatal Care

When was your last PAP test?

- STI testing, Contraception, Prenatal Care.
- Our women's clinic provides a safe informative environment for sexual and reproductive health exams. Female physicians only.
- **Welcome to Dr. Laura Huber who is now accepting patients in her family practice.**

Evening and Saturday appointments available.
Call (403) 254-2030 to book an appointment.
Visit our website at www.thesundanceclinic.com

The Sundance Clinic

FAMILY PRACTICE - SPECIALTY CLINICS - BABY CLINIC - SOUTH CALGARY PAP CLINIC

South Calgary Health Centre Building
31 Sunpark Plaza SE Calgary T2X 3W5

Accountant

Stanley Doherty, CPA, CMA

#8-20 Douglas Woods Dr. SE, Calgary, AB T2Z 1K4
Beside Swifties Bakery and Centex Gas Station on Douglasdale Blvd
dohertysb@shaw.ca

accountingservicescalgary.net

Personal and Corporate Taxes
Financial Statements • GST • Payroll • Reviews
Audits • Consulting • Business Startup Assistance
English 403-257-1582 • Español 403-457-4829

Deer Park United Church

An Affirming Ministry - LGBT Friendly
77 Deerpoint Road SE
403-278-8263 | www.dpuc.ca

Dec. 18: 7pm Blue Christmas

Christmas Eve: 5 pm Family Candlelight Service
8 pm Musical Candlelight Service
10 pm Communion Candlelight Service

All are welcome!

Parkland Cares



Parkland Cares is a community-based organization of families and neighbours committed to helping others.

The season of giving is upon us. It is time to think about those in our community who are struggling and might need our support and kindness. Parkland Cares has many opportunities to reach out and lend a hand.

Sat. Nov. 19th, Sun. Nov. 27th, 10:00-1:00, *The Magic of Christmas Toy Sort*: Ages 5 and older.

Sat. Nov. 26th, 8:15-11:30 *Food Bank Sorting*: Ages 12 and older.

November 1st to 30th: *Salvation Army Pre-Teen and Teen Gift Collection*. We will be collecting items for Pre-teens and Teens in the donations bins at Park96. This age group is often overlooked during the holiday season. Items in need and greatly appreciated would be: Toiletries and body care items, mittens, gloves, hats, scarves and socks. Any gift cards to clothing, food, grocery stores, swim or movie passes and sporting equipment can be taken to the office for secure storage.

Leading up to the Christmas Season we will also be supporting the Seniors Secret Service: <http://www.seniorssecretservice.com/>

We will be sponsoring 8 seniors in need in our city. Please contact us if you would like to help us make a seniors Christmas bright!

Look for the Parkland Cares **WISH TREE** at **Park 96** during the November 5th craft fair and the Family Christmas Party on the 16th. There will be lots of ways to spread the joy of the season to those who might be struggling this year.

Ladles Soup Co, A homegrown Parkland business, has generously offered to donate 20% of proceeds to Parkland Cares from October to December, including items sold at the Park96 Christmas Market on November 5th. You can place your order at: <https://lovinladles.com/> Thank you!

Please contact us if you have ideas for ways to encourage strong community connections, or if you would like to help us with any of our planned events.

Our next planning meetings are **Tuesday December 13th and January 10th in the basement of Park 96.**



parklandcaresyyc@gmail.com
Parkland Cares Calgary

IN & AROUND CALGARY

EMS: Cold Weather Safety

Alberta Health Services EMS responds to many cold weather related emergencies every winter. However, by taking appropriate measures to dress properly, anticipate sudden weather changes, and be prepared when out in the cold you can reduce your risk of sustaining a cold weather emergency. It's also advised you store an emergency kit in your vehicle at all times containing extra clothing, blankets, and other road-side supplies.

Frostnip

- Frost-nipped skin is extremely cold, but not yet frozen skin.
- It commonly affects the ears, nose, cheeks, fingers and toes;
- The skin may look red and possibly feel numb to the touch;
- When treated promptly, frostnip heals without complication;
- Move to a warm environment and immediately, but gently re-warm the affected area through skin to skin contact (i.e. hand covering tips of ears).

Frostbite

- Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze solid;
- Affected skin may look white and waxy and will feel hard to the touch;
- Move to a warm environment immediately and place the affected area in warm, *not hot*, water, until fully re-warmed;
- Call 9-1-1- or seek further medical attention as required.

Hypothermia

- Hypothermia is abnormally low body temperature, less than 34°C (as compared to normal body temperature of about 37°C);
- Early hypothermia may manifest as profound shivering; moderate hypothermic patients may act inappropriately: stumbling, mumbling, and fumbling, as their body temperature continues to drop resulting in severe hypothermia (<30°C);
- Left untreated, severe hypothermia may progress to unconsciousness or death;
- Early recognition and prompt medical attention is crucial. Call 9-1-1. Don't forget to protect yourself from the factors that originally lead to the patient's situation;
- Initiate gentle re-warming as quickly as possible. Remove any wet or constrictive clothing; cover with blankets, or sleeping bags. Protect from further heat loss: eliminate contact with cold surfaces, and shield from wind and moisture.



Living Kindness Yoga

Yoga Courses and Workshops

Peaceful Meditative Movements for Adults 50+

A flowing Hatha Yoga that builds Strength, Flexibility, and Stamina in a Mindful and Gentle way

Saturdays, 2:00 – 3:30pm
Jan. 28 & Feb. 4, 11, 25 & Mar. 4, 11

6 classes. Please bring a yoga mat, cushion, and blanket to class.

Peaceful Meditative Movements for Adults 18-50

A flowing Hatha Yoga that builds Strength, Flexibility, and Stamina in a Mindful and Gentle way

Wednesdays, 7:30 – 9:00 pm
Jan. 4, 11, 18, 25 & Feb. 1
or Feb. 8, 22 & Mar. 1, 8, 15, 22

6 classes. Please bring a yoga mat, cushion, and blanket to class.

Parent & Preschooler Yoga

Peaceful Meditative Movements for Preschoolers Age 3-5 and their Parent or Grandparent

Come and join us for mindful yoga, creative play and dance, and calming relaxation



Thursdays, 1:30 – 2:30 pm
Jan. 5, 12, 19, 26 & Feb. 2
or Feb. 9, 23 & Mar. 2, 9, 16



5 classes. Please bring a yoga mat, cushion, and blanket to class.

Meditation Courses and Workshops

The Theory and Practice of Meditation

Making effective use of Yogic, Buddhist, and Christian meditative methods

Tuesdays, 8:00 – 9:30 pm
Jan. 3, 10, 17, 24, 31
or Feb. 7, 21, 28 & Mar. 7, 14

5 classes. Please bring a cushion and blanket to class.

classes held at

Parkland Comm. Hall – 505 Parkvalley Rd. SE
Limited space available. Please register early.

To register, contact Denise-Marie
denisemarie@livingkindnessyoga.ca | 403-862-5727
www.livingkindnessyoga.ca

Southland Leisure Centre

NEW Fitness Frolic! Monday, Dec 12

Come out to a fun festive fitness class. Goodies and door prizes! Admission is free with a donation to the food bank.

- Water classes 8 – 9 am and 9:15 – 10:15 am
- Dryland class 9:15 – 10:15 am
- Social open 9:15 – 11:45 am

New Years Eve Family Event

Play, swim, jump, splash and slide into 2017!

Bring the whole family for tons of fun. Come for arts/crafts, games, obstacle courses, bouncy house and our “take a selfie” photo booth! Then join us in the waterpark where there will be a DJ pumping out the tunes as families enjoy the wave pool, slides, hot tub and safari splash! Stay until the very end to enjoy our pool party countdown!

Southland Leisure Centre Age: All Ages and Adult

Dec 31 Sat Regular Admission Drop-In
04:30 pm- 06:00 pm
Games in Lobby
05:30 pm- 08:30 pm
Pool Party

Southland ProShop

“Did you know Southland Leisure Centre has a Proshop? We have a great selection of swimsuits for all ages. Proshop sharpens skates using the Blackstone Stealth Skate Sharpening machine, CHECK US Out”

Piano Lessons



Stacey E. Bobyn

403-271-0011

bobyhome@me.com

Lake Bonavista Area

References available

Come check us out in December when we have our Customer Appreciation Sale entire store on Sale! (everything will have at least 10% off – different discounts for different items)

Drop-in Climbing and Gymnastics at Southland Leisure Centre – There’s so much to do at Southland Leisure Centre! Come have some fun and unique experiences in our rock wall climbing and gymnastics gym drop-in times. All equipment is provided and instructors are present to guide you.

Drop-in Badminton and Basketball, Soccer at Southland Leisure Centre

Please see calgary.ca/recreation or contact 311 for the latest schedules as cancellations may be in effect for special events or holiday hours.

Every Sunday, 8 am to noon. Family Swim at Southland Leisure Centre. It’s a designated family swim time. Come enjoy our waterpark, including a trip or two to the AquaPlay structure. Be prepared to get wet! Adults must be accompanied by a child and all children must be accompanied by an adult. Regular admission applies.

Babysitting Room at Southland Leisure Centre

Treat yourself to some ‘me time’ to workout or take a class. No bookings required for our Babysitting Room. Reasonable rates for a well deserved break!

Calgary AfterSchool at Southland Leisure Centre

A FREE supervised drop-in program for youth ages 11-15 during the school year. Come use the pool on Tuesdays and Fridays, and the Sport Hall and Youth Room are open each day! New activities are always introduced and daily snacks are available.

Fridays, 7:30 to 10 p.m. Youth Night at Southland Leisure Centre

– Friday nights have taken an active twist! Come with your friends and join us in the Sport Hall for a variety of youth exclusive sports including basketball, badminton, dodgeball, soccer and much more. Weekly planned active activities are also available. If swimming is your thing, admission also includes access to public swim in our waterpark. General youth admission applies.

HELP END DIABETES

Diabetes is a complex disease with many causes and no known cure. In Alberta, an estimated 303,000 people have been diagnosed with diabetes and a further 600,000 live with prediabetes.

With your support, the Canadian Diabetes Association (CDA) can improve lives and make it possible to fund leading-edge research and innovative educational programs; send kids with type 1 diabetes to the CDA’s D-Camps; and provide Albertans with access to programs, services and resources to manage their disease and live well.



HOW CAN YOU HELP?



JOIN TEAM DIABETES

Get active! Run, walk or hike in exciting international and Canadian events.



GIVE TO CLOTHESLINE®

Donate your gently used clothing, books, toys, electronics, vehicle and more.



HOLD A FUNDRAISING EVENT

Explore the fun and easy ways you can help raise funds for diabetes.



VOLUNTEER

We couldn’t do what we do without the support of our volunteers.



BECOME AN ADVOCATE

Interested in sharing your story and speaking on behalf of those living with diabetes?



DONATE

Text “Diabetes” to 587-600-6088 or honour someone online at diabetes.ca/donate.

SUPPORT YOUR COMMUNITY

Parkland Community Association Memberships

Last Name: _____ First Name: _____
 Address: _____ Postal Code: _____
 Phone Number: _____ Email Address: _____

Drop off at the Community Hall or mail to:
 Parkland Community Association
 505 Parkvalley Road S.E., Calgary, AB T2J 6M4

Do Not Enclose Cash

Enclosed is a cheque for \$25

If you have any questions please contact the Community Hall at 403-278-5330

WHAT'S NEW AT PARKLAND HALL

Senior's drop in every Wednesday 1-3. Come join us for coffee, friendship, cards, munchies. This is a new social group for seniors who want to connect with other seniors in our community.

Yoga for mums and tots coming soon. If interested contact Denise 403 862-5727 or denisemarie@living-kindness.yoga.ca.

Gin rummy – every Friday 1-4pm. Come join us for a gin rummy game every Friday afternoon. This is a new social group for all card players and retirees alike. If interested contact the hall at 403 278-5330.



BRAIN GAMES SUDOKU

	6					3	
5	8		3			6	7
1				6		4	9
7				8			9
			9		2		
	9			5			6
8		2		3			1
6		1			5		4 8
	3						7

FIND SOLUTION ON PAGE 17



Parkland Real Estate Update

Last 12 Months Parkland
 MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
October 2016	\$499,900.00	\$505,000.00
September 2016	\$664,900.00	\$649,000.00
August 2016	\$599,900.00	\$599,250.00
July 2016	\$615,000.00	\$603,250.00
June 2016	\$554,900.00	\$559,500.00
May 2016	\$638,700.00	\$624,500.00
April 2016	\$634,900.00	\$623,000.00
March 2016	\$575,000.00	\$555,000.00
February 2016	\$0.00	\$0.00
January 2016	\$0.00	\$0.00
December 2015	\$569,450.00	\$529,500.00
November 2015	\$769,450.00	\$737,000.00

Last 12 Months Parkland
 MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
October 2016	5	5
September 2016	6	6
August 2016	6	7
July 2016	4	2
June 2016	9	3
May 2016	4	2
April 2016	7	5
March 2016	5	3
February 2016	2	0
January 2016	3	0
December 2015	1	2
November 2015	2	2

To view the specific SOLD Listings that comprise the above
 MLS averages please visit parkland.great-news.ca

Footloose Photography
 BY SHERI

MATERNITY, NEWBORN AND FAMILY PHOTOGRAPHY

403.512.1221 | macdonaldsheri@gmail.com
sherimacdonald.zenfolio.com

PLUMBER

PLUMBOB For All Your Plumbing Needs

- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials

Call Bob: 403.257.3465 / 403.461.3490

SAFETY SYNC
 ONLINE SAFETY MANAGEMENT SYSTEM

"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

Enform IRP 9 (Revised)
safetysync.com
 403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

PROGRAMS & CLUBS @ PARK96



DECEMBER MONTHLY CALENDAR

Mondays - 9:30 – 10:30

NEW Thursdays 7:30-8:30

Strength and Restore Yoga

Info: Jane Sponiar at 403.281.7553 or janesponiar@gmail.com or www.livingtaichi.ca

Thursdays

Fun with Music & Let's Play

Info info@cadenzamusic-studio.ca or 403-836-4866

1:30-2:15

Monday – Thursday

WOW! Women on Weights

Info: www.WomenOnWeights.com, or call Susan 403.660.4194

Tuesday, December 6

Music Jam 7pm

Tuesday, December 13

Art Jam 7pm-12pm

Friday, December 16

Park96 Family Christmas Party

5pm-8pm

Tuesday, December 20

BOARD GAME CLUB

In the Park96 Basement

7-10pm

Saturday, December 31

New Year's Eve at the Park

7:00pm-10:00pm

Fireworks at 9:00pm

For more information on the monthly calendars contact: Jennifer Stone, Park Administrator park96@telus.net 403.271.7516

Park96 TENNIS UPDATE

By Sheralee Hancherow

Time to reflect on our 2016 season. This year the kids' programs were well attended, but a couple of our adult programs were cancelled due to low participation.

However, the Friday Night Tennis league continued playing from May - Oct. with new people showing up this year. Ball machine tutorials were held for our members who signed up to rent the machine for the season. We also were able to hold the Summerfest Tennis Social with some great doubles games being played. Thanks to Beth Grant for volunteering to help with the event.

The Roger's Rookie Jr. Tourney for the Park96 Birthday Bash on September 17th was a lot of fun with 20 kids competing in singles games. Thank you to Scott Wilson for being Tourney Director and Jennifer Stone for volunteering. Also a big thank you to all the participants who displayed great sportsmanship, tennis etiquette and skill. All players took home Roger' Rookie t-shirts, water bottles and certificates.

I would also like to take this time to thank our Park Administrator, Jennifer Stone for all her help with the tennis programming, registrations, etc. Her commitment to tennis in our community is very much appreciated.

In late October we had an "end of season" meeting to discuss the past year's programs, lessons, etc. I want to thank all who participated as we received great feedback on how we can plan for 2017.

Christmas Art Jam and Carolling

Tuesday December 13th 7pm – 11pm

Park 96 lower level - Adults Only

Join your neighbours for an evening of creativity, socializing and Christmas carols. What to bring:

- Your crafts, knitting, card making, paints, drawing materials or whatever you use to be creative
- an appetizer and beverage to share
- a plastic cover to protect your working table

Confirm your attendance with Jennifer Stone at the Park 96 office: park96@telus.net

See you at the Art Jam! Provide your email and we will forward you the song sheets.

Park96 Family Christmas Party

Friday, December 16, 5:30pm-8pm

Join your neighbours for a lovely family Christmas out-

PROGRAMS & CLUBS @ PARK96

ing with a visit from the most popular man at Christmas. There will be hay rides, crafts for the wee ones, hot chocolate and treats for all plus a movie in the basement.

5:30 – 7:00pm Hay Rides around the Park, visit with Santa
6:30 – 8:00pm Christmas Movie in the Basement

Hockey Night in Parkland! KIDS – Volunteers Needed

Park96 is on the hunt for a couple of volunteers willing to take on the task of championing the Hockey Night in Parkland Kids. The commitment is one night per week for as long as the Park has ice to encourage kids who are not in organized hockey to try it out. If you are interested please email Jennifer at park96@telus.net.

BOARD GAME CLUB

Tuesday, December 20, 7-10pm

In the Park96 Basement

Interested in finding like-minded people to play Table Top Games or interested in learning all about them? Join Darren Hunt every 3rd Tuesday of the month in the Park96 Basement starting Table Top games are board, card and dice games including but not limited to Monopoly, Trouble, Risk plus European games such as Catan, Ticket To Ride and Carcassonne. If you are interesting in attending or have questions contact Darren at parklandboardgamesclub@gmail.com

Yoga in Park96

Yoga brings relaxation and overall wellbeing on physical as well as mental level.

Jane has been teaching gentle Hatha yoga in Calgary for two decades. Her recent trip to Boston where she was learning and cooperating with Harvard leading tai chi expert, just confirmed her belief that simplicity is key! Gentle and mindful approach to any activity can bring noticeable positive changes to our life.

Join Jane for gentle stretching followed by relaxation; mindful yet strengthening class!

Monday 10 am

Thursday 7:30 pm

Contact: 403 281-7553

email: janesponiar@gmail.com

www.LivingTaiChi.ca

Fall, winter and spring Strength Workouts for Women at Park96!

WOW! & Gentle: Women on Weights.

Do you want to build and maintain strength in a fun, safe and supportive environment? WOW! and Gentle classes are Strength and Conditioning for all Women. All fitness levels are welcome. Experience personalized movement instruction, small groups of 7-10 with an instructor who is committed to challenging you at your level.

To sign up and for more info: <http://www.womenonweights.com/>, or call Susan 403.660.4194

Park96 Annual Fees

Invoices for the 2016 Annual Fee will be mailed to each residence on Friday, January 6, 2017 avoiding the Holiday rush. The annual fee is \$200.00 (including GST) and interest will begin on April 1, 2016. Parkland Residents have options how to pay:

1. Mail in a Cheque dated for January 1, 2016, payable to the **Parkland Community Centre**.
2. Drop off your cheque in the Park96 mailbox just left of the main gate. Make sure to indicate your property address.
3. Come in person to the Administration Office to pay by Debit or Credit Cards. Extended Office Hours for January are posted on the Park96 Website www.park96.com

If you have any questions don't hesitate to contract the Office at park96@telus.net.

NEED A FOB?

Are you new to Parkland and need a FOB? Drop into the Park Office with proof of your new address and fill out a membership form. Homeowners are given a complementary access FOB. Check out the Office hours on park96.com, press the door bell and Office Administrator, Jennifer Stone will let you in. Or book an appointment at park96@telus.net during a time that works for you.

If you plan to bring between 10 to 40 people to the Park for an outdoor gathering, please notify the Park Office to avoid over booking. If you wish to bring more than 40 people to your gathering then once again contact the Park Office at park96@telus.net and pay a minimal per person fee. Parkland Residents must stay on site at all times when bringing guests into the park.



FAMOUS FIVE DISTRICT

Girls joining Girl Guides, (ages 5 to 17) look forward to a fun and active time. Enrolments are taking place, camps are being planned, program work is decided, outings are chosen and so much more. Thanks to all those volunteer leaders and parent helpers who make it happen. It doesn't happen without your time, talents and energies. If you are interested in being a leader, contact Pat at isteads@telus.net for all the details. Some units are already at capacity but we are still accepting registrations for girls in other units. Go to www.girlguides.ca and look for the Unit Finder tab to find a unit near you. It's never too late to register.

Everyone is Welcome: The Girl Guide Motto is "Be Prepared". The date has been decided for our Annual Carnival. We want you to "Be Prepared" to have a fun day and support the girls in your community by attending the Carnival on Saturday, March 4, 2017. Money raised at the carnival stays with the units to help with program and camps. More details will follow in the coming months but mark this date on your calendar now. Location will be Queensland Community Centre. Everyone in the community is invited. Silent Auction, games, lunch room, bake sale and so much more await you.



Babysitting Registry

The Parkland Babysitting Registry is a listing of those who wish to offer babysitting services, casual, part-time or full-time, including teenagers and dayhome moms. Anyone looking for a babysitter can call the registry and receive the names of sitters fitting their requirements.

If you are interested in having your name added to the Registry, or wish to obtain the name of a sitter in your area, please call Eleanor Molina at 403-271-2668.

It is time once again to update the babysitting registry. If you would like to have your name remain, or be removed from the list, please call to advise.

This registry service is free of charge and available to Parkland residents only.

Parkland Babysitting List
 New to Parkland?
 Looking for a sitter?
 Call Eleanor Molina at 403 271-2668 if you want to be added to the babysitting list or require a sitter.

PARK 96 PARKLAND CENTRE

14660 Parkland Blvd. S.E., T2J 6L5
 Phone: 403-271-7516 • Fax: 403-271-7517
park96@telus.net • www.park96.com

Park 96 is a private gated facility owned by the property owners in Parkland who have paid all fees owing and are deemed to be "Members in Good Standing" or the designate of such owner. The current fee is \$200.00 due annually on January 1st, part of which is a \$96 encumbrance on each property or residence. This fee is used to maintain operations, support social and recreational programs and finance park improvements. The Park is managed by an elected Board of Directors of up to 15 members. This Board meets at 7:00 pm on the fourth Tuesday of each month, excluding July and August. Members with questions or concerns are welcome to attend these meetings, with prior notice of their desire to be added to the agenda, or may contact the Board President, Keith Watson, directly at park96@telus.net.

PARKLAND ADVOCATE

PARKLAND DOES NOT WANT SECONDARY SUITES
 I am starting a group for those of us Parkland residents who DO NOT want secondary suites in our neighbourhood. Part of the reason Parkland is such a wonderful community is because of our single family homes on large lots. I want to keep it that way! I grew up here and moved back to Parkland in order to raise my family here.

I plan on compiling an e-mail list in order to send out any information regarding secondary suite proposals or issues pertaining to them. By allowing all Parkland residents, and not just immediate neighbours, to know about secondary suite proposals we can fight together and make our voices heard at City Hall.

If you would like to join my e-mail list so we can all fight together, please e-mail me at parklandadvocate@gmail.com.

Laura

IN & AROUND CALGARY

Accessible City services and programs

The City offers a variety of accessible services and programs that benefit people with disabilities and seniors. They include:

- Accessible transit and transportation options
- Accessible recreation facilities and adapted programs
- Emergency preparedness tips for people with all types of disabilities
- Assisted listening devices for Council meetings

And much more! Visit calgary.ca/accessibility.

Fall/Winter Programs

The City of Calgary offers a wide variety of fun and FREE drop-in programs and activities for children, youth and families.

From after school programs, to health and wellness classes, to leadership opportunities, we have something for everyone.

Find out what's happening in your area, visit calgary.ca/CommunityPrograms.

BRAIN GAMES SUDOKU

4	6	7	8	2	9	1	3	5
5	8	9	3	4	1	6	2	7
1	2	3	5	6	7	4	8	9
7	4	5	1	8	6	2	9	3
3	1	6	9	7	2	8	5	4
2	9	8	4	5	3	7	1	6
8	5	2	7	3	4	9	6	1
6	7	1	2	9	5	3	4	8
9	3	4	6	1	8	5	7	2

HANUKKAH

Trivia

In 2016, Hanukkah from in the evening of Saturday, December 24th until the evening of Sunday, January 1st. During Hanukkah, on each of the eight nights, a candle is lit in a special menorah (candelabra) called a 'hanukkiyah'.

Happy Holidays!



provide protection for your tree and presents.

4. **Holiday baking? Yes please!** Looking for a great way to amuse younger houseguests AND include your pet on

the fun? Bake and decorate delicious dog cookies with pet-friendly ingredients like cheese powder, yogurt 'icing', flax seed and carob chips. Need a recipe? Email humane.education@calgaryhumane.ca and we'll be happy to share our favorites!

5. **Put Santa's cookies on the mantle, not the floor!**

To keep your pet from getting a lump of coal (or a pricey vet visit) for Christmas, store Santa's cookies and other holiday goodies up and away from curious noses. Better yet? Keep a bowl of approved treats on hand for houseguests that want to share the holiday cheer.

6. **Spend some quality time together!** Holidays are a busy time, but they are also a great chance to spend some quality time with your pet. Bundle up Fido and head out to check out the holiday light displays or curl up on the couch with Fluffy to enjoy your favourite festive film.

7. **Give your pet a space of their own.** When houseguests come calling some pets may prefer to sneak off for some relaxation. Providing a 'safe haven' in your house is as easy as placing a comfy bed and some of your pet's favorite items in a room that company will not be spending time in.

8. **Spread some holiday cheer!** Drop by the shelter to find the 'purr-fect' gift at our Pet Gear Store or drop off a pet toy for our "Stuff a Pooch Pad campaign". We're all decked out for the holidays and we would love to hear from you!

From all of us at Calgary Humane Society, have a safe and happy holiday season!

Happy Holidays from Calgary Humane Society!

December is always a time filled with a lot of festivity at the shelter and we hope you are enjoying your own holiday traditions at home. As always, we are starting out the season with our Christmas Party for the Animals, a free family event, on December 3, 2016. All December long we will also be collecting treats and toys for the shelter pets to enjoy on Christmas morning, as part of our "Stuff a Pooch Pad" campaign. At Calgary Humane Society we believe that every pet should have a special festive season, so with that in mind we are bringing you our top suggestions on how to make the holidays fun and safe for you and your pet!

1. **Distract Fido with special treats!** Having family and friends join you for a meal is a fantastic holiday tradition, and with a little creativity your pet can also join the dinner fun. Freezing hard rubber "Kong" toys stuffed with soft food is not only a delicious indulgence, it can also distract Fido while you enjoy dinner in peace!

2. **Choose "Fluffy friendly" wrapping and decorations!** Many pets, especially cats, love to investigate holiday décor. Put plastic or metal decorations towards the bottom of the tree and consider skipping ribbons and tinsel as these could be dangerous if swallowed. If you have a wrapping paper scraps left over you can create a fun diversion for your feline friend by hiding a treat or two inside a crumpled paper ball.

3. **Secure the tree!** If you have pets (or small children) visiting your house over the holiday season you can safeguard your 'silent night' by securing your tree to the wall. A strategically placed pet exercise pen can also

IN & AROUND SCHOOLS

Prince of Wales School

Prince of Wales School (POW) was thrilled this year to be one of ten schools selected to participate in the Alberta College of Art and Design (ACAD) *Studio Artist in School Program*. The program places ACAD graduates as studio artists in schools throughout Calgary.

As part of the program, POW welcomed artist Michael Grills to set up his art studio in the school's Learning Commons this fall. Michael spends 15 hours a week working at POW while students and parents observe. Students are learning about his artistic process, while having the unique chance to interact with Michael. They can ask questions, make observations, and find connections with his process and art in their daily work.

Michael is a freelance artist. His work includes illustration, animation, and design for companies like Google, Honda, and Sirius XM. He also works on his own art projects and books.

This program was made possible at POW through the financial support of Education Matters, a charitable trust that funds innovative enhancement programs for Calgary Board of Education schools, as well as our fundraising partner, Friends of Parkland Way. POW is grateful for their support.

Remembrance Day

POW students participated in a Remembrance Day ceremony on November 10. Students, teachers and parents from all grades observed a moment of silence. Students also demonstrated their many talents by singing, reading poetry, and displaying artwork in remembrance of the sacrifices made by Canadian soldiers. Thank you to all of the grade three/four classes for hosting the ceremony.

Christmas

Students will be busy throughout December with a variety of activities to celebrate this festive season. Happy holidays to our local communities!

St. Philip Fine Arts School

As we prepare for the celebration of our savior's birth, students at St. Philip celebrated Las Posadas. Las Posadas, a celebration of the Nativity, is a yearly tradition for many Catholic Mexican families symbolizing the hardship Mary and Joseph endured before finding a place to stay where Jesus could be born. It is based on the passage in the New Testament the Gospel of Luke (2:1-9). Students will travel with their Big Family Group to a series of Nativity scenes brought in by staff members of our school. A short reflec-

tion time will be spent with each Nativity scene before moving in a procession to the next classroom with song and a reading from the scriptures.

In conjunction with St. Bonaventure Parish, students will continue to strengthen their relationship with God through monthly Adorations of the Eucharist. All of this in addition to the wonderful things we do each and every day at St. Philip as we integrate the arts into our teaching and learning.

At St. Philip we are blessed with wonderfully supportive parents as well as a truly dedicated staff all working together to make the best possible educational experience for our children. For more information on St. Philip Fine Arts School, please visit our website at www.cssd.ab.ca/schools/stphilip/.

On behalf of all the staff and students at St. Philip Fine Arts School, we would like to wish everyone a happy and blessed Christmas.

St. Bonaventure Junior High School

St. Bonaventure School continues to embrace the school motto of spirituality, citizenship, and excellence. With the first three months of the school year behind us there are certainly plenty of events to highlight and celebrate.

Liturgically, the Season of Advent is upon us. Advent is a time of expectant waiting and preparation for the celebration of the nativity of Christ at Christmas. One of the most visual symbols during advent is the wreath. The Advent wreath, four candles on a wreath of evergreen, is shaped in a perfect circle to symbolize the eternity of God. During each Sunday of the Advent season, as each of the four candles is lit, we focus on one of the four virtues Jesus brings us: Hope, Love, Joy and Peace. The white Christ candle is lit on Christmas Eve or Christmas Day reminding Christians that Jesus is the light of the world. During advent, the school participates in collecting food for Christmas hampers. This is yet another reminder to students of how they can consciously "light up" someone's day and bring hope and joy, love and peace to a family in need.

Athletically, the wrestling season will be concluding with city finals being held in mid-December. Many thanks to both the parents and coaches for another successful wrestling season. Basketball follows wrestling on our athletic calendar and will begin a week before Christmas break.

St. Bonaventure will be hosting our annual Winter Fine Arts Gala. The evening will be an opportunity to showcase our instrumental music, art and drama programs. Parents are welcome to celebrate this special evening with us on December 15th starting at 6:30.

Merry Christmas



Ask Charles

I saw an ad saying a real estate professional will buy my house if it's not sold in 90 days. Should I be wary?

Wary might not be the best word, but you do need to make sure you understand the details of the offer. This type of offer is a guaranteed sales agreement, and while there is nothing illegal or wrong with a real estate company offering this kind of arrangement, it is rarely the best option for consumers.

In a guaranteed sales agreement, a real estate brokerage agrees to buy a piece of real estate from a seller at a previously agreed upon price, if it hasn't sold to someone else before a certain date. Only real estate brokerages can offer these agreements, not individual real estate professionals.

If you're selling your home to buy another one, you may be interested in a guaranteed sales agreement for the home you own now. It could help you avoid owning two homes and paying two mortgages. A guaranteed sales agreement might give you the confidence to proceed with your new home purchase before selling your current one.

What sellers need to keep in mind in these arrangements is that the real estate brokerage wants to minimize its risk.

For example, it's rare that a guaranteed purchase price will be based on the property's listing price or the property's market value. In most cases, the brokerage calculates the guaranteed purchase price using a formula where legal fees, carrying cost, and commission on the resale are subtracted from the purchase price. This minimizes the brokerage's risk, but it can also greatly reduce how much that seller receives for their home.

Brokerages that offer guaranteed sales programs are required to have policies for those programs. Those policies should include how the brokerage sets the guaranteed sales price and who is in control of the property's listing price during the listing period; it may not be the seller. It's not unusual for a guaranteed sales agreement to include a clause that requires a seller to lower their listing price during the term of the listing. Remember, your real estate brokerage wants to minimize its risk. It prefers to sell your property to a buyer rather than to use the guaranteed sales agreement, and lowering the listing price can sometimes help that happen.

If your real estate brokerage offers you a guaranteed sale agreement, it's up to you to decide whether you're interested. Before you do, make sure you read and understand all of the fine print.

"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA). RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email askcharles@reca.ca.

TRIVIA GREENEVARY

Holly, Ivy and other greenery, such as Mistletoe, were originally used in pre-Christian times to help celebrate the Winter Solstice Festival and ward off evil spirits and to celebrate new growth.

CALGARY PUBLIC LIBRARY

Happy Holidays
Calgary Public Library will be closed Christmas Day, Boxing Day, and New Year's Day. The Library is open until 4:30 pm on Christmas Eve and New Year's Eve.

Free Presents!
Need a last-minute stocking stuffer? Give everyone on your list FREE books, movies, magazines, eBooks, programs that teach and entertain, and so much more when you give the gift of a FREE Library Card!

The 2017 Reading Guide
The Library is excited to announce that the 2017 Reading Guide will be in community libraries this January! The Reading Guide has an amazing selection of books chosen by Librarians to keep everyone in your family reading all year long.

WINTER WORD fair
BUY GREAT GIFTS FOR THE BOOK LOVERS IN YOUR LIFE!
Independent booksellers and bookish vendors will be on hand at Central Library with incredible book-related wares for sale.
December 1, 5:00-8:00 pm
Central Library, 616 Macleod Trail SE
calgarylibrary.ca

Newsletter Submissions

Do you have newsworthy items that would be of interest to our community?

Please forward to Erika Diaz and aurie Bradley at parklandcanews@gmail.com
Submissions for the newsletter are due

on the 1st day of the month for the next month's issue.

Only non-profit community or individual notices will be accepted.

Trivia Xmas Volunteers

Canada Post volunteers donate over 200,000 hours of their time each year to help Santa respond to every letter that arrives on his doorstep.

Buy one chocolate bar, get one free*!

Redeem this coupon at any Calgary **Chocolaterie Bernard Callebaut®** location for 1 complimentary 56 g solid chocolate bar when one is purchased.

No cash value. Limit one per customer. Cannot be combined with other offers.
This coupon must be redeemed by Dec. 24, 2016

Chocolaterie Bernard Callebaut®

11 Calgary locations with delicious stocking stuffer treats!
www.bernardcallebaut.com

Books keep on giving this holiday season!
Your family may be one of thousands that celebrate at this time of year, and giving gifts may be part of your tradition too.

Books make wonderful gifts for children because they expand your child's listening power, inspire their creativity and imagination and increase their vocabulary.

Book last forever! They can be lovingly placed on book shelves or in baskets and book bags to be enjoyed over and over again. Or, gently-used books that your children no longer need can be donated to the Calgary Reads Book Bank and we give them to Calgary children who have few or none of their own at home.

Whether you are buying books or borrowing from the Calgary Public Library, consider sharing some wonderful Canadian children's literature with your family:

- Read Me a Story** by Barbara Reid, **Pre-school**
- The Most Magnificent Thing** by Ashley Spires, **K-G2**
- Stella Star of the Sea** by Marie-Louise Gay, **K-G2**
- This is not my Hat** by Jon Klassen, **Pre-school-G1**
- A Visitor for Bear** by Bonny Becker, **Pre-school-G2**
- The Paper Bag Princess** by Robert Munsch, **Pre-school-G1**
- The Hockey Sweater** by Roch Carrier, **G1+**
- Lost in the Barrens** by Farley Mowat, **G4+**
- Jacob Two Two Meets the Hooded Fang** by Mordecai Richler, **G2-5**
- The Sky is Falling** by Kit Pearson, **G4-6**
- Anne of Green Gables** by L.M. Montgomery, **G4+**

Calgary Reads helps children learn to read with confidence and joy. This includes helping children in Calgary to have their own books at home; supporting parents and caregivers to help their child develop literacy skills; and engaging businesses and the community to make reading a priority. Explore our website for ways you can support our work. You'll also find resources to help your child develop critical literacy skills and the joy of reading: calgaryreads.com

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Parkland. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

ABOVE AND BEYOND PAINTING: Interior and exterior painting, stipple and flat ceilings, fence and deck repairs, pressure washing, trash removal, most handyman services. 20+ yrs' exp. Free estimates, very reasonable rates, senior discounts. No job too small - all work guaranteed. Call Jamie at 403-829-1336. Email aboveandbeyond@telus.net.

AFFORDABLE DENTAL CARE: We follow Alberta Blue Cross fee guide no extra billing. Our dentists and hygienists are Canadian trained. Visit www.calgarydentalcenters.com. Save money and smile. All dental plans accepted. Direct billing. Payment plans available OAC. Call 403-272-7272 or 403-287-6453.

ALL TYPES OF DRYWALL: Boarding, taping, and texturing. Complete basement developments and renovations. Licensed and insured. References. Call Austin Construction 403-852-2785.

RELIABLE LADY IS ABLE TO CLEAN YOUR HOME: Weekly or bi-weekly for four hours. Monday to Friday. Bonded and insured. Telephone Mrs. Batti at 403-720-8689 or 403-617-5534. Please leave a message if I am not at home.

WELL EXPERIENCED HOUSE CLEANER AVAILABLE: Very thorough. Excellent references. I do weekly, bi-weekly or monthly cleanings. I also specialize in post construction clean ups, move in or move out cleanings as well. Please call Malou at 403-698-3958.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

BMP MECHANICAL LTD: is a professional mechanical company offering plumbing, heating, air conditioning and drain cleaning services for Calgary and area homeowners. Our services include: repairs and installation of new furnaces; hot water tanks and air conditioning systems; regular maintenance and emergency drain cleaning - including drain video inspections. Contact us at 403-816-4409 or service@bmpmechanical.com.

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms. From cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

SUMMIT PLUMBING AND HEATING: Renovations and installations. Specializing in residential service, including Hot Water Tanks, Gas Fitting, Back Flow Testing and more. Second generation Master Plumber, Seann Eldan, with over 20 years' experience. Experienced team serving Calgary and area. Contact us: Office 403-281-2008, Email summitplumbing@shaw.ca or website www.summitplumbing.ca.

DISCIPLE HOMES & IMPROVEMENTS (SINCE 1981): Renovation experts. Complete renovations from start to finish. Interior - kitchens, bathrooms, basements, windows, doors. Exterior - roofing, siding, soffit, eavestrough. Members of BBB, licensed and insured. Email: info@disciplehomes.com, 403-207-5708, www.disciplehomes.com. Visa and MasterCard accepted. Financing available upon approval.

THE CONTRACTOR YOU'VE BEEN LOOKING FOR: Y.E.S. Contracting is your easy solution. Knowledgeable and reliable, licensed, registered and insured. All your trades in one call. Book now to get your electrical, plumbing and general projects completed! Carl 403-671-4714.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

THE FINISHER: Wives, I'm here to finish what your husband started and husbands, I'm here to start and finish those projects that need to be done. From complete bathroom renos, basements developed and upgraded, to fences, decks, and sidewalks. Your SnapPower® distributor. References available. Wendell at 403-613-6807.

YOGABEARS PLAYSCHOOL CLASSES: Yoga, relaxation, songs, games, stories. Tuesdays, September 20 - December 13, 2016. 9:30-11:00 am or 1:00-2:30 pm. Ages 3-5 years. Cost: \$175 for 13 classes or \$15.00/class. Deer Run Community Centre. Maximum 10 students. More info call/text 403-809-1930 or visit www.yogabears.ca.

NOVEMBER 25, 2016 - JANUARY 8, 2017 ZOOLIGHTS AT THE CALGARY ZOO

6:00 pm - 9:00 pm everyday, experience over 1.5 million lights, 200 displays, crackling fire pits, steamy hot chocolate and four fun-filled activity zones (with many new additions!), transforming the Zoo into a magical winter wonderland. More info www.calgaryzoo.com



EVERY SATURDAY IN JANUARY CRAFT BEER TOURS BY CALGARY BEER TOURS

The Calgary Craft Beer Tour is all about spirited craftsmanship but more importantly it's about the delicious, refreshing beverages produced through the creativity of locals brewers. Experience the city's good-natured, welcoming breweries, including tastings at Village Brewery, CRAFT Beer Market, The Dandy Brewing Company, Tool Shed Brewing Company and Last Best Brewing and Distilling. More info www.calgarybeertours.beer/tours/



JANUARY 6 - JANUARY 8 THE MOTORCYCLE SHOW AT BMO CENTRE

Featuring brands like Vespa, BMW, Victory, Harley Davidson and many more, this exhibition is sure to blow your hair back. Regular admission is \$15 and kids under 5 get in free. More info www.calgarymotorcycleshow.ca



JANUARY

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

January 10 - January 21 All The Little Animals I Have Eaten by One Yellow Rabbit: Set in an unusually modern bistro, this latest of Karen Hines' darkly hilarious comedies embraces everything from plagiarism and insurance crimes to Golden Retriever conventions and lonely trolls to existential struggles and the transcendence of the human soul. Scenes are performed by well-heeled diners, glowing ghosts, tiny vertebrates, and other unexpected voices. More info www.oyr.org

January 13 Pop Fridays at Calgary Philharmonic Orchestra: Known as "The Ambassador of Soul" Ellis Hall is a master of classic R&B in the style of the genre's greatest legends. With an incredible career as former lead singer in Tower of Power and a protégé of the legendary Ray Charles, Soul Unlimited's hits include the music of Stevie Wonder, Marvin Gaye, The Temptations, Earth, Wind & Fire and more. More info www.calgaryphil.com

October 6 - January 8 ATB Storytellers Exhibition at National Music Centre: Discover Alberta's rich music history at the new ATB Storytellers Exhibition. Explore the untold history of some of Alberta's music pioneers and icons through artifacts, film and interactives. Free and accessible to the public inside Studio Bell's Drop-In Zone. The exhibit will feature a collection of artifacts and recorded oral histories with iconic Albertans. More info www.nmc.ca

January 5 - February 2 High Performance Rodeo multiple venues: Offering all types of theatre over the course of almost a month, the High Performance Rodeo can feel as exciting as its namesake if you are trying to fit all the great performances in from this annually jam-packed schedule. To keep up-to-the-minute informed check the Facebook page www.facebook.com/HPRodeo or more info and tickets www.hprodeo.ca

January 29 Bridal Fantasy at the Telus Convention Centre Brides can expect to see a dramatic fashion show and theatrical production featuring the latest trends in flowers, tuxedos, gowns, destination wear, hair and make-up. Brides have the opportunity to win over \$75,000 in prizes and the chance to win the Fantasy Wedding Package - Including prizes from all of the sponsors. More info www.bridalfantasy.com



COUNCILLOR, WARD 14 PETER DEMONG

www.calgary.ca/ward14
eward14@calgary.ca or 403 268-1653

Hi Everyone!

It's the holiday season, and I hope you will have some time to spend with friends and family. Here are a few notes that will help you during December.

Snow and Ice Control

It is a good thing to mention once or twice a year... The City maintains over 16,000 lane kilometres of road excluding Deerfoot and Stoney Trail, which are the Province's responsibility. Naturally, maintaining this amount of road requires prioritization. That is why the City endeavors to maintain all roads seven days from the end of a snowfall. You can expect a major road like Macleod Trail to be cleared within 24 hours of the last snowflake, while your own street will likely be taken care of within day 3-7. Parking bans may be called if you live on a Snow Route. They are marked by a blue sign with a white snowflake.

The City clears about half of its 800 kilometres of pathway too. How do we decide what pathway to clear? That is based on a combination of volume, steepness, and the connections that it makes. Pathways are to be cleared within 24 hours of the last snowflake.

Sidewalks are the responsibility of the property owner. They are to be cleared within 24 hours of the last snowflake.

I highly recommend downloading the City's Roads App. It will have all the latest updates on Calgary's roads. calgary.ca/snow and calgary.ca/roadconditions will have that information too. You can also call 311 and ask.

Natural Gas Carbon Levy Information

The Province's carbon tax levy is going to be a tough pill to swallow for most of us, but that doesn't mean that you can't be prepared. Budgeting is an extremely important habit to get into, and I am very happy that Enmax is helping people do that. Along with posting general information on their blog (enmaxonforyou.ca), they have provided customers with individualized estimates of the carbon tax levy. If you haven't already looked over your estimate and the blog, I suggest you do so. There is information there that is likely to save you money.

Reporting Street Light Outages

We have a really neat new way to report street light outages. You will be able to select street lights that are out, flickering, or burning during the day on a map to indicate that they need repair. Keep in mind that the City is not responsible for the repair of streetlights in back alleys, parks and recreation areas, or Deerfoot Trail, Stoney Trail North, or Stoney Trail South. To find the map and get more information go to calgary.ca/streetlights.

Counciltalk

Now I would like to look forward to the upcoming year, because in January my Counciltalk sessions will begin again. I won't go into too much detail because I think many of you already know what they are about. If not, you can learn more at calgary.ca/counciltalk and sign up to receive important updates about things like Counciltalk at calgary.ca/ward14connect.

We will be starting at the Lake Bonavista Community Centre this year. You are welcome to join me in the multi-purpose room on Saturday, January 28 from noon to 2 p.m. I hope you can come!

Thanks for reading. Have a Merry Christmas, Happy Holiday, and joyful New Year!

Xmas mince pies

Mince pies - a traditional holiday meal from the UK - were originally filled with meat, such as lamb, rather than a dried fruit mix as they are today. They were also first made in an oval shape to represent the manger that baby Jesus slept in, with the top representing his swaddling clothes.





December in Fish Creek

Looking for an Amazing Gift this Holiday Season?

The Dedication Gift Donation Program is a Great Way to Support the Sustainability of Fish Creek Provincial Park! Support the Friends of Fish Creek by making a donation in the name of someone who enjoys Fish Creek Provincial Park! The Recipient will receive a certificate containing their name, the amount of the donation and the name of the donor, and you will receive a valuable tax receipt.

For more information or to donate visit www.friendsoffishcreek.org/ffc-donate

Show Your Support for Fish Creek - Renew Your Membership or Become a Member!

Members are the foundation of our Society and share our vision of a sustainable Fish Creek Provincial Park that improves the quality of life for present and future generations. We had 869 members in the 2015 - 16 year, and we thank all of you for your support. We encourage you to renew your commitment to Fish Creek Provincial Park for the October 1, 2016 – September 30, 2017 season.

Friends' membership benefits include discounts on courses like the popular Autumn, Winter and Spring Birding Courses, a subscription to our newsletter *Voice of the Friends*, regular notifications about programs and events happening year-round in Fish Creek Provincial Park and admission to educational Fish Creek Speaker Series presentations.

We hope that you and your family have enjoyed some of the community-focused activities we help organize here in Fish Creek Provincial Park, such as Parks Day & Creekfest, A Taste of Autumn, the Fish Creek Community Fair and the Wellness Showcase. Minibus tours focused on nature, photography and history allow more people to experience this park.

Popular Wellness sessions, like full moon meditation, yoga, Qi Gong and painting provide new and innovative ways to bring people together and celebrate nature. Please visit www.friendsoffishcreek.org/friends-of-fish-creek-membership-signup to renew your membership or complete and mail in the form below. We thank you for your continued support and look forward to seeing you in the park.

12 Week Winter Birding Course starts Monday, Jan. 9, 2017
Learn about the variety of bird species in Fish Creek Provincial Park and other natural areas within Calgary through the Friends of Fish Creek Provincial Park Society's Winter Birding Course. In the winter months, birds are much easier to see since the deciduous trees have shed their leaves, there are fewer species present and they often occur in flocks. "In fact, there may well be more individual birds within Calgary during the winter than in the summer months," said lifelong naturalist Gus Yaki, who, along with other experienced birding instructors, conducts these outings as a fundraiser for the Friends of Fish Creek.

Choose to come on Mondays, Tuesdays, Wednesdays or Thursdays at 9:15am, Saturdays at 9:00am, or on Sundays at 9:00am or 1:15pm. Reserve early as each group size is limited to 12 participants.

For more info or to register visit www.friendsoffishcreek.org/programs/birding-course

A Dental Office Open During The Holidays?

Yes! Open Every Day Except Dec. 25, 26, and Jan. 1.

Weekdays From 7am to 9pm
Saturday 9am to 5pm
Sunday 11am to 4pm.

Come meet our team and take a tour of the office or **Book A FREE Consultation**
403-DENTIST (403-336-8478)
DeerValleyDentalCare.com

Join us for a complimentary specialty coffee at our Espresso/Cappuccino Bar.

DEER VALLEY DENTAL CARE
Serving Calgary For Over 30 Years

RBC Dominion Securities Inc.

LOOKING TO BUILD & RETAIN A PRODUCTIVE, MOTIVATED WORKFORCE?

RBC Group Advantage is a comprehensive program designed to help business owners meet their employees' financial needs by providing:

- In-person financial advice for all employees
- Group retirement savings plans
- Comprehensive and discounted banking solutions

Support your employees and keep your competitive advantage. Call Investment Advisor Michael Martin at 403-266-9655 to learn more.

RBC Wealth Management
Dominion Securities

There's Wealth in Our Approach.™

RBC Dominion Securities Inc. and Royal Bank of Canada are separate corporate entities which are affiliated. *Member-Canadian Investor Protection Fund. RBC Dominion Securities Inc. is a member company of RBC Wealth Management, a business segment of Royal Bank of Canada. ®Registered trademarks of Royal Bank of Canada. Used under licence. © RBC Dominion Securities Inc. 2015. All rights reserved. 11, 09/15, 09/15

50 REASONS TO SMILE

BUY A NEW TRICO MEMBERSHIP, AND GET UP TO \$50 OFF!
CONTACT GUEST SERVICES TO LEARN MORE

Receive a coupon to be used for up to \$50 towards the purchase of one Trico Program or a 3-Session Personal Training Package!

Trico Centre for Family Wellness
11150 Bonaventure Drive SE
www.tricocentre.ca

TRICO CENTRE FOR FAMILY WELLNESS

PLEASE JOIN US FOR

CHRISTMAS CENTERPIECES TUTORIAL

THURSDAY, DECEMBER 8TH AT 2:00PM
Come to Lake Bonavista Village Retirement Community and add a touch of red, green and gold to your home this holiday season during our Christmas centerpiece making class taught by the skilled florists at Grower Direct.
Limited seating, call to check on availability.

NEW YEARS EVE CELEBRATION

SATURDAY, DECEMBER 31ST AT 7:00PM
Swing into the New Year at Lake Bonavista Village and kick up your heels with the tunes of Edna & the Boys.

TOURS AVAILABLE
403-258-1849 | 11800 Lake Fraser Driver SE
www.verveseniorliving.com



To all our Friends and Clients

In the rush of events, we tend to overlook the important friendships that are the true basis of relationships. One of the greatest pleasures of the Holiday Season is the opportunity to exchange greetings with those whose friendships and good will we value so highly. In this spirit it is a pleasure to once again say

Thank You

and extend our sincere appreciation for the very pleasant experiences we have enjoyed with you. We wish you all a joyous Holiday Season and a prosperous New Year filled with peace, happiness and good Health.

Yoki & Jeff Nichol

403-870-1892

ROYAL LEPAGE
SOLUTIONS
INDEPENDENTLY OWNED AND OPERATED

403-852-1992