

AUGUST 2017

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PARKLAND news

THE OFFICIAL PARKLAND COMMUNITY NEWSLETTER





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TEAM PERFORMANCE

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- * MULTIPLE YEAR FINANCIAL SUPPORTERS OF THE PARKLAND SUMMERFEST
- * SINCE 1986 WE HAVE DONATED A PORTION OF OUR COMMISSIONS ON EVERY TRANSACTION TO THE ALBERTA CHILDREN'S HOSPITAL FOUNDATION



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PARKLAND COMMUNITY ASSOCIATION

505 Parkvalley Road SE Calgary
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Delivered monthly to 3,000 households and businesses for 23 years!

Advertising Opportunities

403-263-3044 | sales@great-news.ca
 All advertisements must be submitted by the 1st of the month for the following month's publication.

Editorial Submissions

• REMINDER REGARDING SUBMISSIONS

Submissions due to PCA office by email at parklandca@telus.net or in person M-F 10-4 by the 1st of prior month ie June 1st for July issue.

Published by Great News Publishing

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 87 newsletters reaching over 391,000 households in Calgary and surrounding areas.
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Check out our website: www.great-news.ca



The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Parkland Community Association and Great News Publishing.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Parkland Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS 911	
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	511
Gamblers Anonymous	403-237-0654



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**Rental rates includes the use of a
 Kitchen, tables, chairs, and outdoor patio.**

Give the hall a call 403 278-5330

PARKLAND COMMUNITY ASSOCIATION

PARKLAND HALL

505 Parkvalley Road SE, T2J 6M4
403-278-5330 parklandca@telus.net
www.parklandcommunityassociation.org



The Parkland Community Association is a Registered Charity operated by an elected Board of community member volunteers. We represent the municipal interests of Parkland residents; we are your voice in city planning decisions. The annual \$25 membership fee is voluntary, but membership is required for some community sponsored events. Your membership fees help us bring community members together through various programs and events such as:

- Community Garden
- Soccer
- Canada Day Breakfast
- Parade of Garage Sales & Community Clean Up Day
- Seasonal Parties – Winterfest, Fallfest, Halloween
- And more!

Follow Us on

- facebook.com/Calgary Parkland Community Association
- Website: Calgaryparklandcommunityassociation
- parklandcanews@gmail.com
- parklandca@telus.net

Board Meetings:

Board meetings are customarily held at the Parkland Hall on the fourth Thursday of each month at 7:00 PM, with the exception of July and August. All community association members are welcome to attend our meetings. As our dates and times can change, we ask that you contact the Hall at 403-278-5330 or parklandca@telus.net to confirm any upcoming meetings that you would like to attend.

Board Membership:

The Parkland Community Association board is made up of volunteers who care about, and live in our community. Board involvement is a great way to make a contribution that ultimately ensures Parkland remains a fantastic place to live. If you want to join our board please call the hall at 403-278-5330 or come to our board meetings, held on the 3rd Thursday of each month.

Parkland Community Hall – Rentals:

Are you hosting a party and need more space? Looking for a venue for an upcoming baby shower or birthday party? The Parkland Hall is an affordable venue to con-

sider! The hall features a bright hardwood-floored gym, kitchen, and meeting room – all available for community members and the public to rent.

Parkland Community Hall:

The hall is an affordable venue to host functions such as birthday parties, dance recitals, baptisms, retirement parties, and baby showers. The hall has features such as a bright gym with large windows. On the southwest side, you can see onto the beautiful community garden. The gym can accommodate up to 100 people and our meeting room can fit up to 35 people. Rental rates include the use of tables, and chairs and the use of the kitchen whereby a stove is available for re-heating food and the use of a fridge for storage.

If interested call Laurie Bradley at 403-278-5330.

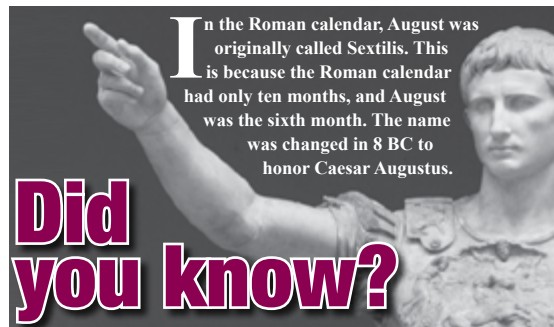
Parkland Volunteer Spotlight

Do you know someone that works hard to make Parkland great?

The Parkland Community Association would like to acknowledge our hard-working community volunteers. In September, we will begin taking submissions for the Parkland Spotlight. You can help us recognize and celebrate an individual or group of people by writing and submitting an approximately 100-150 word tribute.

Once approved, you will be notified as to what month your Spotlight will be printed in the Parkland News.

Submissions should be sent to: parklandca@telus.net.



Other Community Representatives

Community Resource Officer	Constable Matt Forest 403-428-6645
Parkland Girl Guides	1-800-565-8111
167th Parkland Scouts	Michelle Stager 587-351-2719
Parkland Cares	Julie Kyliuk parklandcaresyyc@gmail.com
Parkland Babysitting Co-op	Jill Vaters mjvaters@shaw.ca
Parkland Babysitting Registry	Eleanor Molina 403-271-2668
Parkland Housesitting Registry	David Wiebe 403-271-9230
Parkland Preschool	403-225-0083
Prince of Wales Elementary	403-777-6880
St. Philip Fine Arts School	403-500-2072
LDS Church,	403-278-4515
Parkland State Centre	
Parkland Soccer	403-278-5330
Bow View Ringette	bowviewringette.com
Bonavista Hockey Program	lbbreakershockey.ca
Newsletter Editor	Erika Diaz and Laurie Bradley parklandcanews@gmail.com
Delivery & Advertising	Great News Publishing 403-263-3044



PARKLAND HOUSE SITTING REGISTRY

The House Sitting Registry matches home owners looking for a house sitter with those wishing to offer house sitting services. This is a great job for a teen, with some parental supervision or a home owner wishing to exchange with another. House sitting duties could include: emptying the mail box, picking up the paper, clearing away flyers, watering plants and generally keeping an eye on things. All service arrangements and remuneration are determined by the owner and house sitter.

This registry service is free of charge and only available to Parkland residences. To have your name included in the registry or to obtain a number of a sitter near you, please phone Dave Wiebe at 271-9230.

AUGUST PROGRAMS AT THE HALL

Tuesday Talks

7:30 - 9:30

Inspirational Conversations with Val Long
Contact Val at msval@shaw.ca

Living Kindness Yoga

403 862-5727

www.livingkindnessyoga.ca

Pedalheads summer camp

www.pedalheads.com

Bricks 4 Kidz summer camp

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BABYSITTING REGISTRY



The Parkland Babysitting Registry is a listing of those who wish to offer babysitting services, casual, part-time or full-time, including teenagers and dayhome moms. Anyone looking for a babysitter can call the registry and receive the names of sitters fitting their requirements.

If you are interested in having your name added to the Registry, or wish to obtain the name of a sitter in your area, please call Eleanor Molina at 403-271-2668.

It is time once again to update the babysitting registry. If you would like to have your name remain, or be removed from the list, please call to advise.

This registry service is free of charge and available to Parkland residents only.

Parkland Babysitting List

New to Parkland?

Looking for a sitter?

Call Eleanor Molina at 403-271-2668 if you want to be added to the babysitting list or require a sitter.

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Parkland Community Soccer

Heart felt thank you to all those who made Soccer happen!

Could not run Community Soccer program without you. Best group of perennial volunteers ever! Truly a community initiative with many hands helping.

We saw reasonably good weather for almost 200 players this year. Wind up party was likely the highlight with some ridiculous hat games, scrumptious hot dogs (shout out to the Deer Valley Co-op for a sponsorship boost), candy floss (Julia's cotton candy is the best!), funky prizes and a whole lot of candy. The wet sponge dodge ball is always a hit with the kids ... even if not for

parents. It was a great soccer season. Thanks for playing with us.

100% volunteer driven program and unique within the city.

- Soccer Co-Ordinator: Cindy Ross
- Age Group Co-ordinators: Lori Deagle, Sharla McRae, Lisa McBain
- Players Jersey: Eddy Bunting (back and forth back and forth.)
- Coach Hoodie: Janette Connery (all the fun colors this year)
- Photos: Heather Gill with Beverly Cardinal's Orange Glow Photography (brilliant photos!)
- Medals: Jamie & Stephanie Schmidt
- Wind Up: Cindy Ross
- Coaches & Managers: Note the teens ... this is community initiative and likely our next generation of volunteers. Please give them an extra thank you when you see them around the neighborhood.

11 teams of U6

- Silver Lightening: coaches Herman Aulakh & Mark Babin managed by Gwen Helsen
- Maroon Monkeys: coaches Mike Steiner & Adam Feuchuk managed by Kelsey Christopher
- Blue Whales: **teen (2)** coaches Gabby Keiran & Dylan Vaughn managed by Jessica Drevenak
- Flying Dragons: coaches Lewis Gillhespy & **teen** Alec Ross managed by Ryan/Charene Mattson
- Purple Dinosaurs: coaches Amy/Robert Bridge & Michael Hahn managed by Michael Hahn
- Forest Frogs: coaches Kyle Whitton & Srikanth Venugopal managed by Mandy/Chris Campbell Price
- Fireballs: coaches Mark Holloway & Jenny Crawford managed by Jenna Lehocky
- Luigi Dragons: **teen (2)** coaches Maddy Hetlinger & Kayleigh McRae managed by Lisa Rivas
- Gold Lightning: coaches Krista/Jeremy Sherry & Erin/Todd Richards managed by Breana Jones
- Blue Tigers: coaches Troy/Carlee Nowakowski & Joanne/Jason Nichols managed by Keltie Flanagan
- Orange Tigers: coaches Ray Briggs & Danielle Bilodeau managed by Antoinette Ferrari

6 teams of U8

- Red Ninjas: coaches Patou Zeleke & Greg Szabo managed by Rebecca Gillhespy
- Green Sharks: coaches John Vardolos & John Stephens managed by Gwen Helsen
- Blue Cheetahs: coaches Jenn Schlender & Russ

- Schlender managed by Jen Smart
- Yellow Minions: coach Travis Rowden managed by Kelly Sinclair
- Purple Furious Dragon:s coaches Mike Harder & Shanli Andruschuk & **teen** Brae-Lynn Ferguson managed by Melissa Holloway
- Flying Oranges: coaches Luke Wright & Godwin Tsang managed by Keltie Flanagan

6 teams of U10/12

- Yellow Ducks: coaches Harry Wong & Adam Fuss managed by Taryn Whitton
- Purple Panthers: coach Jason Close managed by Brandee Ven
- Royal Blue Jays: coach Christina Steiner managed by Allison
- Magma Monsters: coach Chris Stoesz & **teen** Alex Stoesz & John Stephens managed by Nancy Staples
- Fireballs: coaches Rae Briggs & Anthony Murdoch managed by Stephanie Myers
- Green Demons: coaches Darren Hunt & **teen** Jules Milne managed by Nathalie Hunt.

Equipment organizers, Field markers, Registration, Data entry - So many people to thank.

Thank you!

Cindy Ross

Parkland Community Association at the Hall
Soccer Co-ordinator

GREAT NEWS PUBLISHING 28 YEARS

FYI - Great News Publishing Chooses to Forge Ahead During All Economic Downturns.

If You Feel the Same Let's Talk.

403-263-3044





Guides
Canada

FAMOUS FIVE DISTRICT

The sunny days of summer are coming to a close and parents and youth are starting to think about the fall activities. Girl Guides in your community welcomes all girls ages 5 and up to join them for a year of fun, friendship and adventure as they explore their community, their world and themselves. Girl Guides promotes teamwork, self-esteem, confidence building and environmental awareness in an atmosphere of self-discovery and leadership. Register your daughter today, on-line at www.girlguides.ca. We look forward to her participation.

We're also looking for women to be leaders in a team of women to guide the girls in their learning. Training is available, no experience is necessary. It isn't necessary for you to have a daughter. Contact Pat Istead at isteads@telus.net for more details. Join us to make friends, learn and support young girls in our community.



Sugar is the only taste that humans are born craving because it allows for rapid growth.

PARKLAND CARES



Parkland Cares is a community-based organization of families and neighbours committed to helping others.

Are your kids ready for the 2nd Annual Parkland Cares Kids Market?

We invite all creative, motivated and caring kids to show us their skills and support Parkland Cares. Our market will take place on July 21st, 6:00-8:00 pm during the Park96 movie and campout in the park. 50% of the market proceeds will be going to support our Backpacks for Kids Initiative in August. Come out and support our young entrepreneurs.

In August, we will be collecting backpacks and school items to put into the packs to help support families as their children head back to school. There will be a donation bin at Park96 from August 1-17th. Our focus will be on the often-overlooked teen age group but kids are welcome to bring items for any age group they like! Backpack assembling will take place at the Parkland Community Association (hall) on August 19th. Check out our facebook page for a detailed list of items in need.

Please contact us if you have ideas for ways to encourage strong community connections, or if you would like to help us with any of our planned events.

Our next planning meeting is **Tuesday September 12th at 7:15 at Park96, we would love to see you there.**



parklandcaresyyc@gmail.com
Parkland Cares Calgary 403-863-9927



Wary in the Prairie

Prairie dogs have a complex system of communication that sound like pitched warning barks that signal different types of predators. They earned their name from settlers traveling across the plains who thought that these warning calls sounded like dogs barking.

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McKenize Lake School
Mondays 4:30 - 5:30pm Ages 6 - 12 years

Deer Run Community Centre
Saturdays 9:30 - 10:45am Ages 6 - Adults

West Island College (Blackfoot & Glenmore)
Tuesdays 5:15 - 6:30pm Ages 6 - Adults

Dr. Morris Gibson School (Okotoks)
Tuesdays 5:30 - 6:30pm Ages 7 - Adults
Thursdays 5:30 - 7pm Ages 12 - Adults

403-257-4638 or Online Registration calgarywadokai.com / okotokswadokarate.com





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EVENT

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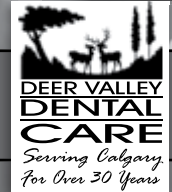
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CANADA DAY 2017

A pancake breakfast with neighbours and friends was a great way to celebrate Canada's 150th birthday! Using "how many juice boxes were left over" to measure, we estimate close to 600 people attended this year's breakfast, our 5th annual.


Thank you to our fabulous volunteers for getting the people fed, and thank you to all of you for your patience. I would like to say a special thank you to Laurie and Randy Bradley, both of whom were integral to the success of the day. A big thank you to Josh and Antoinette for making the giant bubbles happen, a favourite of all kids, and thank-you to our elected representatives: Councillor Peter Demong, MLA Richard Gotfried and MP Stephanie Kusie. We know they had lots of other invitations and events to go to, but they chose to spend their morning with us, serving pancakes.

This year we were entertained by "Keepin' it Country Line Dancers" and the "History Wrangler and the Dusty Saddle Gang". Games for all ages were supplied by City of Calgary.

The community association would like to thank our Canada Day sponsors:

- Council Strategic Initiatives Fund – Peter Demong
- MLA Richard Gotfried
- Deer Valley McDonald's
- Deer Valley Co-op
- Deer Valley No Frills
- Signal Hill Superstore
- City of Calgary/Golf
- City of Calgary/Neighbourhoods
- Park 96
- Parkland CA Casino Volunteers

*Thank you all,
Janice Schneider*





PROGRAMS & CLUBS @ PARK96

PARK96 INFORMATION

Park96 Annual Fees

Invoices for the 2017 Annual Fee were mailed to each residence the first week of January avoiding the Holiday rush. The annual fee is \$200.00 (including GST) and interest will begin on April 1, 2017. Parkland Residents have options how to pay:

1. Mail in a Cheque payable to the **Parkland Community Centre**.
2. Drop off your cheque in the Park96 mailbox just left of the main gate. Make sure to indicate your property address.
3. Come in person to the Administration Office to pay by Debit or Credit Cards.

Extended Office Hours for January are posted on the Park96 Website www.park96.com.

If you have any questions don't hesitate to contact the Office at park96@telus.net.

NEED A FOB?

Are you new to Parkland and need a FOB? Drop into the Park Office with proof of your new address and fill out a membership form. Homeowners are given a complementary access FOB. Check out the Office hours on park96.com, press the door bell and Office Administrator, Jennifer Stone will let you in. Or book an appointment at park96@telus.net during a time that works for you.

If you plan to bring between 10 to 40 people to the Park for an outdoor gathering, please notify the Park Office to avoid over booking. If you wish to bring more than 40 people to your gathering then once again contact the Park Office at park96@telus.net and pay a minimal per person fee. Parkland Residents must stay on site at all times when bringing guests into the park.

Summer Sundays

July & August 2pm-4pm

Parkland provides a magical experience every Sunday afternoon in July & August with live music on the Summer Stage by the water park. Check www.park96.com for the full schedule of performers.

Board Game Club

Tuesday, August 15 at 7pm-10pm

Info: Darren at parklandboardgamesclub@gmail.com

PAMJAM – Parkland Acoustic Music Jam

First Tuesday and Third Wednesday of the Month at 7:00pm

To sign up go to www.meetup.com/PAMJAM/

Basketball Camp – still spaces available

July 31 – August 4

5 days from 9am-12pm

Ages 8-12 are welcome and the camp runs rain or shine.

Reptile Camp

July 25-29, August 8-12 & August 15-19

Check out www.calgaryreptileparties.com for more information.

PARK96 Birthday Bash

Saturday, September 16

Join us to celebrate Park96 with Music, Sporting tournaments, Family Fun, Movie Night in the Park plus birthday cake! Watch your email for more information.

Strength and Restore Yoga

Join Jane for gentle stretching followed by relaxation; mindful yet strengthening class!

Monday 10:00 am & Thursday 7:30 pm

Contact: 403 281-7553 email: janesponiar@gmail.com www.LivingTaiChi.ca

WOW! WorkOut Women (formerly Women On Weights)

Are you wanting more strength, more energy and better mobility? Are you tired of feeling weak, achy and sluggish? If you answered yes to any of those questions, WOW! Work Out Women is for you!

At WOW! classes you get a personalized workout every time, building your strength from your current level of fitness. Super cool, you get to do it in a fun, safe and supportive small group of women. We are here to cheer you on!

Class Times:

Afternoons: Mondays and Wednesdays 4:15pm-5:10pm

After Work: Mondays and Wednesdays 5:15pm-6:10pm

Mornings: Tuesdays, Thursdays and Fridays 9:15am – 10:10am

Cost: for 6 weeks, twice a week \$187.

To sign up: and for more info: <http://www.workoutwomen.ca/>, call Susan 403-660-4194, email info@livewelllifestyleservices.com

For more information on the monthly calendars contact Jennifer Stone, Park Administrator park96@telus.net 403-271-7516

SUMMEFEST 2017

A huge thank you to all the Summerfest volunteers that make this event possible. It was an extraordinary year with 145 volunteers providing over 600 hours of support plus the dedication of the Summerfest volunteer organizing committee.

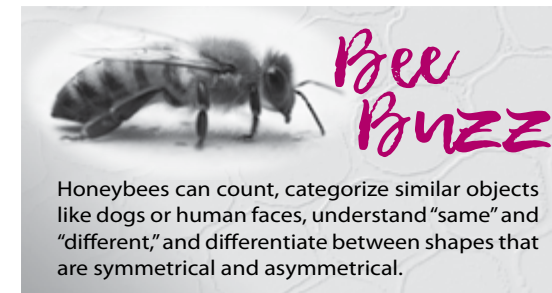
PARK 96 PARKLAND CENTRE

14660 Parkland Blvd. S.E., T2J 6L5

Phone: 403-271-7516 • Fax: 403-271-7517

park96@telus.net • www.park96.com

Park 96 is a private gated facility owned by the property owners in Parkland who have paid all fees owing and are deemed to be "Members in Good Standing" or the designate of such owner. The current fee is \$200.00 due annually on January 1st, part of which is a \$96 encumbrance on each property or residence. This fee is used to maintain operations, support social and recreational programs and finance park improvements. The Park is managed by an elected Board of Directors of up to 15 members. This Board meets at 7:00 pm on the fourth Tuesday of each month, excluding July and August. Members with questions or concerns are welcome to attend these meetings, with prior notice of their desire to be added to the agenda, or may contact the Board President, Keith Watson, directly at park96@telus.net.



Honeybees can count, categorize similar objects like dogs or human faces, understand "same" and "different," and differentiate between shapes that are symmetrical and asymmetrical.



CUSTOMER SATISFACTION GUARANTEED



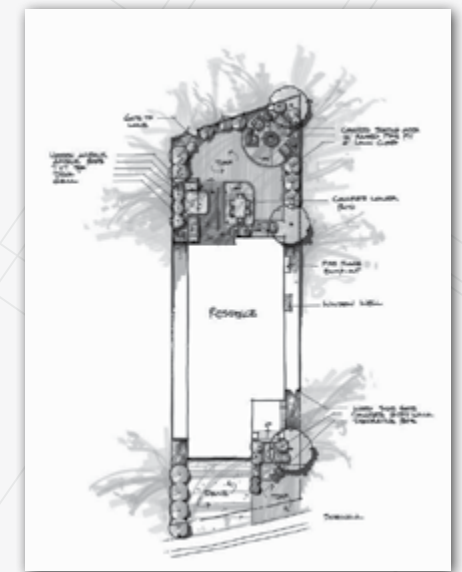
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Councillor Peter Demong

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Parkland Community Association Memberships

Last Name: _____ First Name: _____

Address: _____ Postal Code: _____

Phone Number: _____ Email Address: _____

Drop off at the Community Hall or mail to:

Parkland Community Association

505 Parkvalley Road S.E., Calgary, AB T2J 6M4

Do Not Enclose Cash

Enclosed is a cheque for \$25

Please contact parklandca@telus.net or call 403-278-5330 if interested in purchasing a membership




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Please CALL to reserve your space TODAY! To tour, please call
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Letter to the editor

Dear Great News Publishing,

Please **DO NOT** run my ad next month. My ad has been **WAY TOO EFFECTIVE**. My phone won't stop ringing with people saying they saw my ad in the newsletter. I'm amazed at how well this worked!

Thanks for all your help,
Sincerely,
Laura
Owner of Buds and Blooms

Contact us today to find out how you can make this customer's experience your reality!
403-263-3044
sales@great-news.ca

*Actual customer experience.



Parkland Real Estate Update

Last 12 Months Parkland
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
June 2017	\$699,900	\$700,000
May 2017	\$659,900	\$647,000
April 2017	\$589,900	\$575,000
March 2017	\$569,900	\$565,000
February 2017	\$635,000	\$613,121
January 2017	\$569,950	\$556,250
December 2016	\$0	\$0
November 2016	\$637,400	\$628,950
October 2016	\$499,900	\$505,000
September 2016	\$664,900	\$649,000
August 2016	\$599,900	\$599,250
July 2016	\$615,000	\$603,250

Last 12 Months Parkland
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
June 2017	4	7
May 2017	9	7
April 2017	10	9
March 2017	9	5
February 2017	5	3
January 2017	5	2
December 2016	0	0
November 2016	3	2
October 2016	2	5
September 2016	5	6
August 2016	6	7
July 2016	5	2

To view more detailed information that comprise the above MLS averages please visit parkland.great-news.ca

SAFE & SOUND

Backyard Fire Safety tips from your Calgary Fire Department

Enjoying a recreational fire in your backyard can be a great way to spend a summers evening. Here are some Safety and bylaw considerations for you.

- Always confirm that a Fire Ban is not in effect before starting a fire for recreational purposes.
- Fires may only be burned in fire pits between 10 a.m. and 1 a.m.

Rules for Fire Pits:

1. Backyard fire pits should be built into the ground, on brick or stone, or in a fire-proof container. Portable fire pits may be used on a deck as long as they sit on brick or stone, and not directly on your wooden deck. Always refer to the Fire pit manufacturer for approved fire pit locations.
2. Fire pits must be at least two metres away from your property line, house, garage, or fence.
3. Fire pits must **NOT** be under any trees, branches, plants or other materials that can catch fire.
4. All fires in your fire pit must be kept to a reasonable size; 1 metre high and wide.
5. **A mesh screen or "spark guard" is now required** in order to reduce the spread of embers. The openings of the mesh must not be greater than 1.24 cm.
6. Only burn clean, dry firewood.
7. **Do Not Burn:**
 - Wood that is painted, treated or contains glue or resin
 - Wet or green/fresh cut wood
 - Yard waste (cut grass or leaves)
 - Garbage
 - Rubber or plastic
 - Furniture
8. Always have a way to extinguish the fire in the event of an emergency. Easy options are having your watering hose or a bucket of water nearby.
9. All fires in your fire pit must never be left unattended.
10. Aside from safety considerations, not following these rules can lead to fines of \$500, \$1000 or even \$5000.

For more information go to Calgary.ca/fire.

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

RELIVE CALGARY'S VIBRANT HISTORY: with Chinook Country Historical Society during the 27th annual Historic Calgary Week. From July 28th- Aug 11th get to know people's stories while visiting historic sites in the Calgary area.

CALGARY 55+ GAMES: From August 10th to 12th 2017, Calgary 55 Plus Games Association will be hosting the Calgary 55 Plus Provincial Championships. There will be 11 events. We need new members and volunteers. Go to www.calgary55plus.com for information.

NATIONAL PHILATELIC STAMP SHOW: Exhibits, Dealer Tables, Seminars, Club Tables, and Auction. Free admission. Sept 1-3, 2017. At the Calgary Hyatt Regency, 700 Centre St SE. 1-888-591-1234. More details at online.

FREE CLOTHING GIVEAWAY: McDougall United Church 8516 Athabasca Drive SE. 403-252-1620. September 23 from 10 am – 1 PM.

FLC SENIORS CLUB 55+ -Tai Chi- call Juliette 403-225-1593 or email taichi@flcseniors.ca. - Line Dancing - call Ann 403-254-9181 or email linedancing@flcseniors.ca. For more activities, visit www.flcseniors.ca. Join us for a very affordable, healthy, and active lifestyle.



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Spring Flowering Bulbs

Gardeners have vision. All gardeners, not just the ones we admire and envy. You, me, the neighbour next door. What else would you call it when an ordinary person buys a bag of bulbs in the fall, buries them in the ground, and believes they will produce amazing blooms in 7 or 8 months?

The garden centres will have an abundance of bulbs in stock soon and your biggest decision is what to choose. There are literally thousands of bulbs on the shelves and most of us have limited garden space. The most common hardy spring-flowering bulbs for a Calgary garden are tulip, narcissus/daffodil, allium, iris, crocus, grape hyacinth and squill. The last three are petite and bloom early in the spring, the others show up later, and the irises finish their display in June. Technically, iris grows from a rhizome, but you can treat it like a bulb when planting in the fall. In addition to this list, you can find many more exotic bulbs, just don't expect them to return year after year in our climate.

There are two kinds of tulips that survive here: species (or native) and hybridized. The species tulips should spread into established colonies, returning every year. The large hybrids are more showy and popular with gardeners, but often are best only their first year. My wonderful show of huge pink tulips a few years ago has never been repeated and I fondly remember them as annuals.

If you wish to have a show of continuous color throughout the spring (of course you do) read the labels carefully, and choose from early, mid and late spring vari-


eties. Then check the labels again for height, as they come in 6" all the way to 28" sizes. How silly to put the tall ones in the front and the short ones behind out of sight. Then there are singles, doubles, lily-flowered, fringed and parrot types, to mention only a few. There are actually 15 divisions of tulip classifications, so it is no wonder the casual gardener gets a bit bewildered. Alliums, likewise, have many varieties, and provide colour between tulips and daffodils and later blooming summer flowers.

Bulbs of all varieties look best in mass plantings of solid colors or two complementary colors. No nice tidy rows, please, unless they are being used for cut flowers; a block of color has far more impact. What colors you choose is strictly personal - plant what looks beautiful to your eye. A sunny spot is best, although some varieties are forgiving and will bloom later in partial shade. Because they are among the earliest color in our Chinook gardens, tulips partner nicely with other bulbs like Muscari (Grape Hyacinth), Scilla (Squill) and dwarf Narcissus.

Get your bulbs in the ground in Sept or October; they need some time to root before the ground freezes. If you share your garden with squirrels, cover the new planting with wire mesh secured by stakes or rocks to keep those little paws from digging them up. Squirrels are particularly fond of tulip bulbs. And while you are at it, be sure to add some new ones in your front yard for the pleasure of your friends and neighbours.

Barbara Shorrock is a gardener, retired realtor, traveler, reader, ESL coach and Spanish student. She can be found at the monthly Queensland Garden Club meeting most first Wednesdays.

A total solar eclipse—the aligning of the Sun, Moon and Earth—will occur on August 21. The total phase will not be visible in Calgary, but can be observed as a partial solar eclipse here. It will be at its maximum at 11:33 a.m., so get out your pinhole camera and enjoy the spectacle; the last one was in 1979.



FRIENDS of Fish Creek

August and September in Fish Creek

Score an Ace for Calgary Kids – Support Outdoor Education in Fish Creek

Birdies for Kids presented by Altalink provides a truly remarkable opportunity for the Friends of Fish Creek to support the TD Learning Naturally program, but we need your help! Many of the students who visit the park through their TD Learning Naturally field trip experience the wonders of this cherished natural area for the first time. This program has immense potential, as any amount you donate through BFK will be matched by up to 50%. The Shaw Charity Classic will run August 30 – September 3 but you can donate now! For more information, please visit www.friendsoffishcreek.org/birdies

25th Anniversary Brick Program

Celebrate the 25th anniversary of the Friends of Fish Creek by dedicating a brick! Show your support for the park by having a brick inscribed with a message, your name or the name of a loved one. There is a limited number of bricks available. Get yours today! For more information contact the Friends or visit www.friendsoffishcreek.org/brick

A Taste of Autumn – Wine & Beer Tasting and Silent Auction Fundraiser

Friday, Sep. 15, 2017 6:30 – 9:30pm
Meadow Muse Pavilion, Bow Valley Ranch, Fish Creek Provincial Park

Celebrate the Friends 25th Anniversary at A Taste of Autumn - Wine & Beer Tasting and Silent Auction Fundraiser. Sample beer and wine from local producers and enjoy a presentation from Kevin Van Tighem, keynote speaker and author of *Our Place/Changing the Nature of Alberta*. A Taste of Autumn also provides a great opportunity to meet with the Friends' Board of Directors

and bid on amazing silent auction items donated by local organizations. www.friendsoffishcreek.org/autumn17

Autumn Birding

Autumn is one of the best times of year for birding, during which you can see, hear and learn about more than 150 bird species. In Calgary we are fortunate to have an abundance of natural areas and waterways where birds congregate. All birding course sessions are held in the great outdoors - in Fish Creek Provincial Park and other natural areas. Outings are conducted by Gus Yaki, a lifelong naturalist who has birded around the world - and other experienced instructors. Course starts September 4. Registration required and fees apply. www.friendsoffishcreek.org/programs/birding-course

Planned Giving for Healthy Families – Leaving a Legacy, Planning Your Estate, and Charitable Giving

Wednesday, September 27, 7:00 pm – 8:00 pm
Presented by Aaron Bickman, Trust and Estate Practitioner in the Wills & Estates group of McLeod Law

Creating a solid and comprehensive estate plan will minimize the tax your family pays, ensure harmony within your family, preserve wealth and protect your family's future. To ensure the proper management and distribution of the funds you leave behind, it is important to learn when to change or update your will and what happens if you do not have a will. Learn why proper estate planning is important, what documents you need to have in place, and the basics of planned giving with a focus on charities that you value the most. www.friendsoffishcreek.org/event/plan

Wellness in Fish Creek!

Experience Yoga, Spring Forest Qi-Gong, Full Moon Guided Meditations, and Painting Courses, all held outdoors in beautiful Fish Creek Provincial Park. Engage your senses in the outdoors and allow the beauty of the park's natural surroundings to nurture and support physical, mental, and spiritual health and creativity. For more information visit www.friendsoffishcreek.org/programs/wellness-clinics

Photography Minibus Course with Bob Bakker

Learn some of the basics of Photography. Tour Fish Creek Provincial Park in the open-air minibus, while making a few stops along the way take some photos, try out technique, and ask questions.

Bring your camera, camera manual, and enthusiasm. www.friendsoffishcreek.org/programs/minibus

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

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HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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YOUR CITY OF CALGARY

Mail-in ballots for the 2017 Election

In October, Calgarians will vote to elect their Mayor, Councillors and School Board Trustees. Your community is shaped by the outcome of an Election. If you are unable to vote during the Advance Vote or on Election Day due to physical incapacity, being absent from the city, working as an election worker, or volunteering/working on a campaign, you can request a mail-in ballot online by visiting www.electionscalgary.ca, by phone, 403-476-4100 (option 2), in-person or in writing at the Elections & Census Office, 1103 - 55 Avenue NE.

If you request a mail-in ballot, a ballot package with instructions will be mailed to you after Nomination Day (September 18, 2017). A photocopy of an authorized piece of identification must be sent back with the returned ballots. Ballots must be received by the Elections & Census Office no later than 8 p.m. on Election Day (October 16, 2017). For more information on the Election, or to sign-up to receive updates, visit www.electionscalgary.ca.



Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

August at Trico Centre

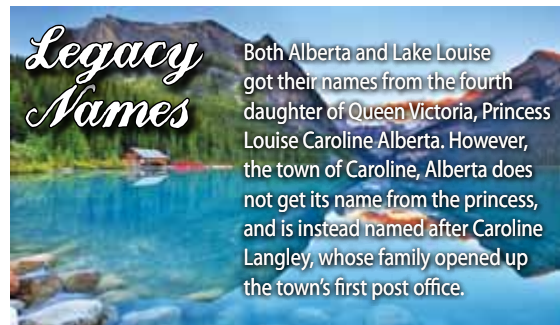
Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our passes are affordable and our programs are family-friendly. With a pass, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs. Trico Centre supports community: a small portion of your pass fee is sent to your community association.

Day Camps

- Register now for summer day camps: ages 3 to 14; full day and half-day camps, early care and late care.
- Don't need a full week of camp? Come to daily camps for a full day or half day, 6-12 years and NEW this summer for 3-5 years too!
- Camp leaders are experienced, trained and committed. Each camp has 1 or more leaders and volunteers.
- Featured camps for 6-12 years: Canada 150 Play, Discover Calgary, Harry Potter Camp, and Just for Girls. Cool Camps for preschoolers include Sportarama, Nature Wonders, Kinder Karate, and Mini Chefs.

Adults/Older Adults

- Summer adult registered fitness: Focus on Powerlifting, Focus on Learning the Basics, Strong is the New Skinny: Weight Training for Women by Women, Straighten Up Posture Series, and Myofascial Stretch and Release.
- First Aid and CPR training: August dates, check Spring Summer Program Guide for details.



Both Alberta and Lake Louise got their names from the fourth daughter of Queen Victoria, Princess Louise Caroline Alberta. However, the town of Caroline, Alberta does not get its name from the princess, and is instead named after Caroline Langley, whose family opened up the town's first post office.



- Summer registered programs for older adults: Balance Builders Level 1 (Fall Prevention), Balance Builders Level 2 (Bones and Balance), Chair Yoga, Straighten Up Posture Series.

Children & Youth

- Summer registered child and youth programs: Summer Outdoor Soccer (16-24 months, 2-3 years, 3-5 years, 6-8 years), Dance with Me (2-3 years with parent), Gotta Dance (3-5 years), Little Ballerina 3-5 years), Kinder Gym Kids (4-6 years), Sportarama (3-4 years), Explorasport (4-6 years), DANCEPL3Y Kids (6-12 years.) See Spring Summer Program Guide or www.tricocentre.ca for details.
- Register now for summer swim lessons: parent & tot, preschool, Swimmer, and Swim Patrol.
- July 17-21 is registered skating and hockey week: skating lessons all levels, intro to hockey (4-5years, 6-8 years, adult & child) and powerskating/hockey (7-12 years.)
- NEW SUMMER FUN: Summer-only fun registered programs for kids aged 6 and up: Rhythmic Gymnastics, Circus Arts, Cross Country Running, Badminton Club, and Dodgeball. See www.tricocentre.ca for details.

Canada 150 Play List Event at Trico Centre

- Saturday, September 2 from 10am to 2pm – come to Trico Centre and complete 20+ events from the Canada 150 Play List including dodgeball, boxing, rowing, skating, karate, Pilates, cycling, tag, kinball, stick pull, and more. Check www.tricocentre.ca for details in the coming weeks.

Registration for Fall Programs

- Registration for Fall programs is ongoing. Check the new program guide – online and in our stands.

Trico Centre is located at 11150 Bonaventure Drive SE. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.



MLA Calgary - Fish Creek

Richard Gotfried

Bay 7, 1215 Lake Sylvan Drive SE, Calgary, AB, Canada T2J 3Z5

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As we approach the dog days of summer I hope that you have taken in a few of the great Calgary attractions of July such as the Calgary Stampede and FolkFest. A huge shout out to all who joined or volunteered at my 2nd Annual Stampede BBQ.

Although many of the outcomes will be decided by this publication date, I wanted to let you all know that I welcome the opportunity to be involved in the political process and would encourage all of you, regardless of political affiliation, to do the same. Having the opportunity to be involved in the formation of parties is the essence of the democratic process at the grassroots level. It is also important for us to inform and educate leaders of the future, our youth, that decisions made by their local representative have a direct impact on their lives now and for generations to come. I am an eternal optimist and so I push forward with hope for a better tomorrow, but all of us need to remain committed to respectful dialogue while seeking positive societal solutions, even when we agree to disagree!

As August rolls along, I would like to highlight a favourite pastime of my mine, the Calgary Dragon Boat Festival held at North Glenmore Park August 12-13. Having worked in the airline industry for 20 years for a Hong Kong based company, I was able to form many great and lasting connections within the Chinese community. I have always been proud to honour and support diversity, including the Asian culture, in Alberta. Our collective heritage is worthy of celebration, it enriches all of us who take time to experience it. I would encourage you to check out this great family and sporting event. Paddles Up as they say!

If you are looking for a great day trip outside of Calgary, look no further than Peter Lougheed Provincial Park. Located South and West of Calgary the provincial park offers more than 20-day use areas in which to enjoy a picnic, hike or a trail ride. Some of the world's most beautiful scenery can be found in our glorious foothills. There is also an interpretive centre open daily to the public from which activities are staged and informa-

tion on trails and hikes are available. The hikes range in length and level of difficulty, with some being wheelchair accessible, so the great outdoors beckons us all.

My business and community outreach will continue through the summer and fall, so if you see me or one of my staff at a local business or event, please stop and say hello.

Do not forget about our summer photography contest! We want you to send your best photos to the office or via social media to be entered into a lucky draw. Please include the hashtag or subject line #captureyycfishcreek. Enjoy the last moments of Calgary's sacred summer sun, and stay tuned for our fall schedule of MLACafe's. In the meantime, send me a note, make a call, or schedule an appointment, as I always love meeting my constituents!

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Greetings!

Are you enjoying the summer? I hope you are! Summer is part way through, but I am sure some of the best weather is still to come.

Ward 14 Communities BBQ

The Ward 14 Communities BBQ is about one month away. Things are starting to fall into place—although I am sure there are still many surprises in store. This year the BBQ will be on September 16 from 11 a.m. to 2 p.m. in the parking lot of Southcentre Mall. Visit www.calgary.ca/ward14bbq for more info, or www.calgary.ca/ward14connect for email updates.

As for potential surprises, the list of exhibitors continues to grow along with the list of kind sponsors. To start, Spolumbo's is the newest food sponsor. Instead of the traditional burger, you can have one of their delicious sausages on a bun.

I also want to introduce Pacific Developments as the newest financial sponsor. They join United Communities, Mattamy Homes, No Bull Bookkeeping, Genstar, and Great News Publishing on the list at this early point. Another big thank you is also owed to Waste Connections of Canada (formerly Progressive Waste Solutions) for donating money, and for helping clean up afterwards.

Thank you to all of them, and Southcentre Mall for the venue!

Ward Boundary Changes

In case you weren't aware, there is a municipal election coming on October 16. Because Calgary is continually evolving and changing shape, ward boundaries must constantly change shape too. 58 communities will find themselves in a new ward next Council term. It is important that you check your ward so that you know what candidates are running in your ward and where to find your designated voting station. To check your ward, visit www.electionscalgary.ca, or call the Elections & Census Office at 403-476-4100 (Option 2).

Unfortunately, Ward 14 will be losing three communities: Maple Ridge, Silverado, and Willow Park. I can't overstate what a pleasure it has been to serve these communities. I spent many nights meeting the people there, and many days advocating for them at City Hall. More importantly, within them I have made many friends.

Thank you to all the residents, and volunteers of those beautiful communities for joining me in the endeavor of making them the best they can be. I look forward to doing the same with Douglasdale and McKenzie Lake as we welcome them into Ward 14.

New rules for fire pits in Calgary

I can confidently say that building a good relationship with your neighbours is very important. Not only is it nice to have the friendly mood in the community, but it is maybe the best thing you can do to keep the area safe.

Everyone should try their best to be a good neighbour, but there is just no way that everyone is going to agree about everything. That is why we have set some rules—that we call Community Standards Bylaws—as guidance for being a good neighbour.

We have recently finished a review of those bylaws, and there have been some changes. Perhaps the most notable of those changes is to rules about fire pits. For example, you must now make sure your flame is extinguished by midnight on weekdays, and 1 p.m. on weekends.

If you are interested in learning more, I suggest you visit calgary.ca/firepits. If you have a concern or complaint about fire pits, call 311.

I will write again for September. Until then, feel free to contact me at any time.



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Yoki & Jeff's Parkland Real Estate Report

January - June

Detached Homes	Number of Sales	Highest Selling Price	Average Selling Price
Bungalow	11	\$852,500	\$500,000
1 1/2, 2 Storey/Split	14	\$925,000	\$505,000
4 level split	4	\$626,000	\$512,500
Bi-level	4	\$647,000	\$480,000



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Not intended to solicit properties already listed for sale