

JULY 2017

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# PARKLAND news

THE OFFICIAL PARKLAND COMMUNITY NEWSLETTER

**CANADA DAY  
CELEBRATION**

**JULY 1<sup>st</sup>**

**PARKLAND HALL  
9:00 – 11:30 AM**





BARRY & CYNTHIA

*Karpatskiy*

TEAM PERFORMANCE

## Thank You Parkland For Your Continued Support

- \* SELLING PARKLAND HOMES SINCE 1981
- \* MULTIPLE YEAR FINANCIAL SUPPORTERS OF THE PARKLAND SUMMERFEST
- \* SINCE 1986 WE HAVE DONATED A PORTION OF OUR COMMISSIONS ON EVERY TRANSACTION TO THE ALBERTA CHILDREN'S HOSPITAL FOUNDATION



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Calgary, Alberta T2H 0H2

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**Lake Bonavista VILLAGE**

Award Winning  
**COWBOY POET DORIS DALEY**

Will be coming to Lake Bonavista Village on **MONDAY, JULY 10<sup>TH</sup> AT 2:00 PM** to regale us with tales of the humour, history, and way of life in the West.

To celebrate the annual Calgary Stampede, please join us for a **delicious Stampede Breakfast** on Tuesday, July 11th from 7:30-10:00am.

Please CALL to reserve your space TODAY! Seats are limited.  
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## PARKLAND COMMUNITY ASSOCIATION

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### Advertising Opportunities

403-263-3044 | sales@great-news.ca  
 All advertisements must be submitted by the 1st of the month for the following month's publication.

### Editorial Submissions

- **REMINDER REGARDING SUBMISSIONS**  
 Submissions due to PCA office by email at parklandca@telus.net or in person M-F 10-4 by the 1st of prior month ie June 1st for July issue.

### Published by Great News Publishing

Serving Calgary communities for 28 years  
 87 newsletters reaching over 391,000 households in Calgary and surrounding areas.  
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 Calgary, AB T2C 2K2

Check out our website: [www.great-news.ca](http://www.great-news.ca)



*The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Parkland Community Association and Great News Publishing.*

*The information contained in this newsletter is believed to be accurate, but is not warranted to be so.*

*Parkland Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.*

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	511
Gamblers Anonymous	403-237-0654



# Parkland Community Hall

505 Parkvalley Road

**Baptisms, Dance Recitals, Dance Rehearsals  
 Birthday, Wedding, Family reunion, Showers – baby or bridal**

**Rental rates includes the use of a  
 Kitchen, tables, chairs, and outdoor patio.**

**Give the hall a call 403 278-5330**



The Parkland Community Association is a Registered Charity operated by an elected Board of community member volunteers. We represent the municipal interests of Parkland residents; we are your voice in city planning decisions. The annual \$25 membership fee is voluntary, but membership is required for some community sponsored events. Your membership fees help us bring community members together through various programs and events such as:

- Community Garden
- Soccer
- Canada Day Breakfast
- Parade of Garage Sales & Community Clean Up Day
- Seasonal Parties – Winterfest, Fallfest, Halloween
- And more!

Board of Directors	
President	Sean Ferguson
Vice President	Leanne Black
Treasurer	Sunil Bagwe
Secretary	Janice Schneider
Civic Director	VACANT
Trico Representative	Julie Kyliuk
Directors-at-Large	Cheryl Boswell Adam Feuchuk Linda Mannix Jenn Vanderlann
Past President	Cindy Ross
Hall Contacts	Laurie Bradley Erika Diaz

#### Follow Us on

- facebook.com/Calgary Parkland Community Association
- Website: Calgaryparklandcommunityassociation
- parklandcanews@gmail.com
- parklandca@telus.net

#### Board Meetings:

Board meetings are customarily held at the Parkland Hall on the fourth Thursday of each month at 7:00 PM, with the exception of July and August. All community association members are welcome to attend our meetings. As our dates and times can change, we ask that you contact the Hall at 403-278-5330 or parklandca@

telus.net to confirm any upcoming meetings that you would like to attend.

#### Board Membership:

The Parkland Community Association board is made up of volunteers who care about, and live in our community. Board involvement is a great way to make a contribution that ultimately ensures Parkland remains a fantastic place to live. If you want to join our board please call the hall at 403-278-5330 or come to our board meetings, held on the 3<sup>rd</sup> Thursday of each month.

#### Parkland Community Hall – Rentals:

Are you hosting a party and need more space? Looking for a venue for an upcoming baby shower or birthday party? The Parkland Hall is an affordable venue to consider! The hall features a bright hardwood-floored gym, kitchen, and meeting room – all available for community members and the public to rent.

#### Meeting Room Fees:

To inquire about Parkland Hall rental rates and availability, please contact Laurie Bradley and Erika Diaz at 403-278-5330 or by email at parklandca@telus.net.

#### Parkland Community Hall:

The hall is an affordable venue to host functions such as birthday parties, dance recitals, baptisms, retirement parties, and baby showers. The hall has features such as a bright gym with large windows. On the southwest side, you can see onto the beautiful community garden. The gym can accommodate up to 100 people and our meeting room can fit up to 35 people. Rental rates include the use of tables, and chairs and the use of the kitchen whereby a stove is available for re-heating food and the use of a fridge for storage.

If interested call Laurie Bradley at 403-278-5330.

#### Parkland Volunteer Spotlight

Do you know someone that works hard to make Parkland great?

The Parkland Community Association would like to acknowledge our hard-working community volunteers.

In September, we will begin taking submissions for the Parkland Spotlight. You can help us recognize and celebrate an individual or group of people by writing and submitting an approximately 100-150 word tribute.

Once approved, you will be notified as to what month your Spotlight will be printed in the Parkland News.

Submissions should be sent to: parklandca@telus.net.

#### New Program at the Hall

##### Tuesday Talks

7:30 to 9:30pm

Inspirational conversations

Facilitated by Val Long

2 Toonies cost per each evening per person

If interested contact Val at (msval@shaw.ca)

#### Lost and Found

- A gold ring was found in the field. If you think you may have lost this ring, please contact the hall.
- There was a pair of glasses with converse frames. If you found these, please contact the hall.

#### July Programs at the Hall

##### Yoga

Tuesdays, Wednesdays, Thursdays, Saturdays.

Yoga classes for different age groups

Living Kindness Yoga 403 862-5727

#### Pedalheads summer Camp

Mon- Fri

#### Bricks 4 Kidz for Kids

Mon-Fri

Parkland Hall Rentals Rates					
Room Size	Room Capacity	Hourly rate prime time (evening)	Non-prime Hourly rate (daytime)	Weekend rate	Deposit
Meeting Room					
330 sq/ft	30	\$30/hr	\$20/hr	\$30/hr	Negotiable
Gym Room					
1200 sq/ft	100	\$40/hr	\$40/hr	\$400/day	\$500

## Other Community Representatives

Community Resource Officer	Constable Matt Forest 403-428-6645
Parkland Girl Guides	1-800-565-8111
167th Parkland Scouts	Michelle Stager 587-351-2719
Parkland Cares	Julie Kyliuk parklandcaresycc@gmail.com
Parkland Babysitting Co-op	Jill Vaters mjvaters@shaw.ca
Parkland Babysitting Registry	Eleanor Molina 403-271-2668
Parkland Housesitting Registry	David Wiebe 403-271-9230
Parkland Preschool	403-225-0083
Prince of Wales Elementary	403-777-6880
St. Philip Fine Arts School	403-500-2072
LDS Church, Parkland State Centre	403-278-4515
Parkland Soccer	403-278-5330
Bow View Ringette	bowviewringette.com
Bonavista Hockey Program	lbbreakershockey.ca
Newsletter Editor	Erika Diaz and Laurie Bradley parklandcanews@gmail.com
Delivery & Advertising	Great News Publishing 403-263-3044

## PARKLAND HOUSE SITTING REGISTRY

The House Sitting Registry matches home owners looking for a house sitter with those wishing to offer house sitting services. This is a great job for a teen, with some parental supervision or a home owner wishing to exchange with another. House sitting duties could include: emptying the mail box, picking up the paper, clearing away flyers, watering plants and generally keeping an eye on things. All service arrangements and remuneration are determined by the owner and house sitter.

This registry service is free of charge and only available to Parkland residences. To have your name included in the registry or to obtain a number of a sitter near you, please phone Dave Wiebe at 271-9230.





# Babysitting Registry

The Parkland Babysitting Registry is a listing of those who wish to offer babysitting services, casual, part-time or full-time, including teenagers and dayhome moms. Anyone looking for a babysitter can call the registry and receive the names of sitters fitting their requirements.

If you are interested in having your name added to the Registry, or wish to obtain the name of a sitter in your area, please call Eleanor Molina at 403-271-2668.

It is time once again to update the babysitting registry. If you would like to have your name remain, or be removed from the list, please call to advise.

This registry service is free of charge and available to Parkland residents only.

**Parkland Babysitting List**  
 New to Parkland?  
 Looking for a sitter?  
 Call Eleanor Molina at 403-271-2668  
 if you want to be added to the babysitting list or require a sitter.

**UPCOMING EVENTS**

**FREE CANADA DAY BREAKFAST**

It's Canada's 150<sup>th</sup> birthday! Let's celebrate!

**July 1, 2017**  
**9:00 – 11:30 AM**  
**At the Parkland Hall**

Schedule of events:

9:00 – 11:30	Blueberry pancakes, sausages, coffee, juice
9:00 – 11:30	Games and activities for all ages
9:00 – 9:45	Keeping it Country Line Dancers
9:45 – 11:00	History Wrangler and the Dusty Saddle Gang
10:00	Singing of national anthem
10:00 – 11:00	Golf games

Donations gratefully accepted to the Hall siding and patio renovation projects. Look for architectural drawings and information on display at event.

Thank you:

- Council Strategic Initiative Fund (Councillor Peter Demong)
- MLA Richard Gotfried
- Deer Valley Co-op
- City of Calgary Recreation/Golf Courses
- City of Calgary Community & Neighbourhood Services
- Signal Hill Superstore

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# Time to Pass the Torch

## Some History

I have truly enjoyed starting community soccer in Parkland. Back in 2008-11 there was no community-run soccer here. After a "lonely and all over the south of Calgary" club experience three years in a row, in 2012, I convinced the hall board to finance soccer start up. Roughly a \$12,000 endeavour, that we hoped would be cost recovery.

## Some Help

Thank you to Steve Mulholland and Janice Schneider for having faith in me and the suspected support of the community. Several people pitched in and lent their experience and time to make this a good community program. I knew "race car race car" and "popcorn" about soccer back then and did appreciate all the advice. Of course, there were some growing pains. Having to petition the city for the ability to rent the fields being the first. Thank you to our ward council Peter Demong for going to bat for us!

## What Happened and Importance

That first year, for the older kids, whoever showed up we divided in two groups and they played in pinneys. We now have six full teams in that age group. We have almost two hundred kids play now. Being able to run our own soccer meant:

- Everyone could play Mondays and Wednesdays.
- We could play with neighbours and friends so our kids would at least know someone on their team.
- Older kids (8 -12 year olds) could still play community soccer.
- Flexibility, friends could coach together.
- Low costs.
- Community building.

It is this last one—community building—that has had the most impact on me. I would never have had a reason to have met so many other people in my community. I love looking at the fields on these soccer nights. All the parents visiting, kids (some in the trees, which is discouraged!) running around with friends. Many staying a bit later and lingering. Not many activities have the ability to foster community ties quite like this. Which is why I have continued to support this program

long after my kids have stopped playing. Because it's a win-win for everyone, good exercise for the kids, great for the adults, and good for the neighbourhood too. A **very big thank you** to all who have helped me and community soccer. It truly is a bigger than one person task and we could not have run it without you.

## Cindy Steps Out

It is time for me to step out and someone else to step in. If you too think this is worthwhile please identify your interest. We are looking for someone to facilitate soccer next year. I will happily help through the transition. There are dozens of people who are solid volunteers for this established program, you wouldn't be alone.

If you think you would like this worthwhile task please connect with Cindy Ross.

[Parklandca.soccer@telus.net](mailto:Parklandca.soccer@telus.net)

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*is good for the soul*

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 sales@great-news.ca

91 Monthly Community Newsletters  
 415,000 Households  
 152 Calgary Communities

# OH, C NADA!

Great News Publishing asked Calgary residents what they love about Canada and being Canadian. Thank you to everyone who submitted their answers!

The 4-season day

Heritage Minutes

Kraft Dinner

Sorry!

Universal health care

Canadian Tire money

Respect for wilderness

House Hippo

Mr. Dressup

We have a strong multicultural identity with a multitude of various backgrounds and religions.

Our differences are not only accepted, but celebrated.

We know the French equivalents of "free," "prize," and "no sugar added," thanks to our extensive education in bilingual cereal packaging.

There is a sense of community that people can and want to contribute to.

Equal access to necessities of life.

Best beef in the world!

Beautiful Canadian natural landscapes that we are actively trying to preserve.

Wayne Gretzky

All Dressed/ Ketchup Chips

Canadians seek commonalities when meeting someone new.

Canadians have the right and freedom to practice our choice of religion.

Icons include: beaver, maple leaf, Canadian soldier, polar bear, Mr. Dressup, totem pole, moose, hockey sticks, maple syrup bottle, and a diverse group of people.



## Hats Off to the Beaver

Fur trade was a historical benchmark of Canada's international commerce. Felt from beaver fur could be molded into many creative hats. From top hats to bowlers, tricorn hats to fancy women's hats, the possibilities were endless. Thank goodness beaver fur went out of fashion in favour of silk hats, or not as many of our iconic furry friends might be around today!



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# PROGRAMS & CLUBS @ PARK96

## PARK96 INFORMATION

### Park96 Annual Fees

Invoices for the 2017 Annual Fee were mailed to each residence the first week of January avoiding the Holiday rush. The annual fee is \$200.00 (including GST) and interest will begin on April 1, 2017. Parkland Residents have options how to pay:

1. Mail in a Cheque payable to the **Parkland Community Centre**.
2. Drop off your cheque in the Park96 mailbox just left of the main gate. Make sure to indicate your property address.
3. Come in person to the Administration Office to pay by Debit or Credit Cards.

Extended Office Hours for January are posted on the Park96 Website [www.park96.com](http://www.park96.com).

If you have any questions don't hesitate to contact the Office at [park96@telus.net](mailto:park96@telus.net).

### NEED A FOB?

Are you new to Parkland and need a FOB? Drop into the Park Office with proof of your new address and fill out a membership form. Homeowners are given a complementary access FOB. Check out the Office hours on [park96.com](http://park96.com), press the door bell and Office Administrator, Jennifer Stone will let you in. Or book an appointment at [park96@telus.net](mailto:park96@telus.net) during a time that works for you.

If you plan to bring between 10 to 40 people to the Park for an outdoor gathering, please notify the Park Office to avoid over booking. If you wish to bring more than 40 people to your gathering then once again contact the Park Office at [park96@telus.net](mailto:park96@telus.net) and pay a minimal per person fee. Parkland Residents must stay on site at all times when bringing guests into the park.

## PROGRAMS

### Summer Sundays

July and August 2pm-4pm  
Parkland provides a magical experience every Sunday afternoon in July and August with live music on the Summer Stage by the water park. Check [www.park96.com](http://www.park96.com) for the full schedule of performers.

### Board Game Club

Tuesday, July 18 at 7pm-10pm  
Info: Darren at [parklandboardgamesclub@gmail.com](mailto:parklandboardgamesclub@gmail.com)

### PAMJAM – Parkland Acoustic Music Jam

Tuesday, July 4 and August 1 at 7:00pm  
To sign up go to [www.meetup.com/PAMJAM/](http://www.meetup.com/PAMJAM/)

### Movie Night and Camp out in the Park

Friday, July 21 7pm to overnight.  
Bring your tent and spend the night in Park96. Please email [park96@telus.net](mailto:park96@telus.net) to reserve your spot. The movie **Beauty and the Beast (2017)** starts at dusk.

### Junior Tennis Summer Camp

July 24-28  
Park96 is holding a summer tennis camp for children aged 5 to 14 years from July 24-28 from Monday - Thursday. Details and registration forms are at [www.park96.com](http://www.park96.com) or in the Park office.  
Ages 5 – 7 (9am-10am) - FULL  
Ages 8 – 10 (10am-11:30am)  
Ages 11+ (11:30am-1pm)

### Basketball Camp – Still Spaces Available

July 31 – August 4  
5 days from 9am-12pm  
Ages 8-12 are welcome and the camp runs rain or shine.

### Reptile Camp

July 25-29, August 8-12 and August 15-19  
Check out [www.calgaryreptileparties.com](http://www.calgaryreptileparties.com) for more information.

### Strength and Restore Yoga

Join Jane for gentle stretching followed by relaxation; mindful yet strengthening class!  
Monday 10:00 am and Thursday 7:30 pm  
Contact: 403 281-7553, email: [janesponiar@gmail.com](mailto:janesponiar@gmail.com) [www.LivingTaiChi.ca](http://www.LivingTaiChi.ca)

### Wow! & Gentle: Women On Weights

WorkOut Women (formerly Women On Weights), WOW! Offers exercise classes to build YOUR strength energy and mobility. Women of all fitness levels are welcome. You will get a personalized workout at your current level of fitness. To register for the next 6 week session go to: <http://www.workoutwomen.ca> or call Susan 403-660-4194.

For more information on the monthly calendars contact:  
Jennifer Stone, Park Administrator [park96@telus.net](mailto:park96@telus.net)  
403.271.7516

### Summefest 2017

A huge thank you to all the Summerfest volunteers that make this event possible. It was an extraordinary year with 145 volunteers providing over 600 hours of support plus the dedication of the Summerfest volunteer organizing committee.

## PARKLAND CARES



*Parkland Cares is a community-based organization of families and neighbours committed to helping others.*

### Spring Cleaning?


Parkland Cares will be collecting Food Bank Donations at the Parade of Garage Sales registration at the hall on Friday the 9th. You can drop off donations even if you aren't planning a garage sale!

Our community clean-up is on June 11th. Let us know if you could use some help getting items to Park 96 for drop off. We might be able to find helping hands to lend assistance.

We will also be collecting clean, used soccer equipment to be taken to young soccer players in Cameroon. There will be a donation bin at the hall on June 19th for the soccer wrap-up and a bin at Park 96 from June 27th-July 2nd. Items would include: shoes, shirts, shorts, socks, shin pads, balls, nets and any other sporting equipment that is in good condition. Items must be CLEAN and in re-usable condition. Thanks!

Please contact us if you have ideas for ways to encourage strong community connections, or if you would like to help us with any of our planned events.

Our next planning meeting is **Tuesday June 13th at 7:15 at Park96, we would love to see you there. We will meet again on September the 12th.**

 [parklandcaresyyc@gmail.com](mailto:parklandcaresyyc@gmail.com)  
Parkland Cares Calgary 403-863-9927

## PARK 96 PARKLAND CENTRE

**14660 Parkland Blvd. S.E., T2J 6L5**  
**Phone: 403-271-7516 • Fax: 403-271-7517**  
**[park96@telus.net](mailto:park96@telus.net) • [www.park96.com](http://www.park96.com)**

Park 96 is a private gated facility owned by the property owners in Parkland who have paid all fees owing and are deemed to be "Members in Good Standing" or the designate of such owner. The current fee is \$200.00 due annually on January 1st, part of which is a \$96 encumbrance on each property or residence. This fee is used to maintain operations, support social and recreational programs and finance park improvements. The Park is managed by an elected Board of Directors of up to 15 members. This Board meets at 7:00 pm on the fourth Tuesday of each month, excluding July and August. Members with questions or concerns are welcome to attend these meetings, with prior notice of their desire to be added to the agenda, or may contact the Board President, Keith Watson, directly at [park96@telus.net](mailto:park96@telus.net).



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# FRIENDS of Fish Creek

## Summer in Fish Creek

### Rewild Fish Creek Provincial Park!

Rewild: to return to a natural and wild state. Rewilding Fish Creek Provincial Park will encourage the regeneration of natural, wild ecosystems within our park, allowing current and future generations of Calgarians to reconnect with, and wonder at, Alberta's natural beauty. Part of the rewilding process will be planting native streambank vegetation along the banks of Fish Creek. New trees and other vegetation will be planted to build riverside forests and habitat for wildlife, with the help of volunteers and donations. Together it will be possible to rewild and revitalize Fish Creek, and make the provincial park a true reflection of our native Alberta. For more information on how can support this project and rewild Fish Creek Provincial Park visit [www.friendsoffishcreek.org/rewild](http://www.friendsoffishcreek.org/rewild)

### Score an Ace for Calgary Kids – Support Outdoor Education in Fish Creek

Birdies for Kids presented by Altalink provides a truly remarkable opportunity for the Friends of Fish Creek to support the TD Learning Naturally program, but we need your help! Many of the students who visit the park through their TD Learning Naturally field trip experience the wonders of this cherished natural area for the first time. This program has immense potential, as any amount you donate through BFK will be matched by up to 50%. The Shaw Charity Classic will run August 30 – September 3 but you can donate now! For more information, please visit [www.friendsoffishcreek.org/birdies](http://www.friendsoffishcreek.org/birdies)

### 25<sup>th</sup> Anniversary Brick Program

Celebrate the 25<sup>th</sup> anniversary of the Friends of Fish Creek by dedicating a brick! Show your support for the park by having a brick inscribed with a message, your name or the name of a loved one. There is a limited number of bricks available. Get yours today! For more information contact the Friends or visit [www.friendsoffishcreek.org/brick](http://www.friendsoffishcreek.org/brick).

### Capture Nature - Photography Contest ends July 31

Capture Nature offers a fun and creative opportunity for park users to engage with their natural surroundings as

they search and explore for the best images of the year! Landscape, macro, wildlife, and black and white. Contest runs until July 31. [www.friendsoffishcreek.org/programs/capturenature](http://www.friendsoffishcreek.org/programs/capturenature)

### Parks Day & Creekfest

**Saturday, July 15, 2017 – 11:00 am – 4:00 pm, Bow Valley Ranch, Creek Provincial Park**

Free and Fun for the Whole Family! Celebrate Canada 150 and the 25<sup>th</sup> anniversary of the Friends of Fish Creek at Parks Day & Creekfest! Enjoy performances by Juno-award winning Peter Puffin's Whale Tales, local musician Jennie Harluk, Alberta Parks' "Riddle of the Wetlands," and a presentation by the Calgary Wildlife Rehabilitation Society. Take part in an interactive Yo-Qi Wellness Experience, guided walks, hands-on activities and educational experiences.

Parks Day & Creekfest was funded in part through the Watershed Stewardship Grant, a program of Land Stewardship Centre financed by Alberta Environment and Parks. Thank you to the Alberta Conservation Association, the Alberta Real Estate Foundation, and Great Events Catering.

For info: [www.friendsoffishcreek.org/event/creekfest](http://www.friendsoffishcreek.org/event/creekfest) [www.facebook.com/creekfestinfishcreek](http://www.facebook.com/creekfestinfishcreek)

### Wellness in Fish Creek!

Experience Yoga, Spring Forest Qi-Gong, Full Moon Guided Meditations, and Painting Courses, all held outdoors in beautiful Fish Creek Provincial Park. Engage your senses in outdoors and allow the beauty of the park's natural surroundings to nurture and support physical, mental, and spiritual health and creativity. For more information visit [www.friendsoffishcreek.org/programs/wellness-clinics](http://www.friendsoffishcreek.org/programs/wellness-clinics)

### Photography Minibus Course with Bob Bakker

Learn some of the basics of Photography. Tour Fish Creek Provincial Park in the open-air minibus, while making a few stops along the way take some photos, try out technique, and ask questions.

Bring your camera, camera manual, and enthusiasm. [www.friendsoffishcreek.org/programs/minibus](http://www.friendsoffishcreek.org/programs/minibus)



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Drop off at the Community Hall or mail to:  
 Parkland Community Association  
 505 Parkvalley Road S.E., Calgary, AB T2J 6M4

**Do Not Enclose Cash**

Enclosed is a cheque for \$25

**Please contact [parklandca@telus.net](mailto:parklandca@telus.net) or call 403-278-5330 if interested in purchasing a membership**

## YOUR CITY OF CALGARY

### YOUR CITY SECTION

Check out these important updates from The City of Calgary

- 'Take a kid to the course' week – Juniors golf for free at McCall lake Par 3 and Richmond Green with one paid golfing adult. July 3-9th only. Calgary.ca/Golf
- Unlimited summer fun for only \$50. Youth (ages 7-17) can enjoy swimming, rock climbing, skating and more with Calgary Recreation's Summer Youth Passport. Calgary.ca/ YouthPassport
- There's still room in our summer day camps! Keep your kids active, creative and healthy this summer. Calgary.ca/ MyRecGuide
- Register your child for a summer nature adventure! Our half- and full-day camps explore bugs, birds, buds and beyond using hands-on activities and outdoor play. Childcare is available. Calgary.ca/ParksGuide
- Learn about The City's accessible programs including accessible transportation, accessible recreation facilities and classes, assisted listening devices and much more. Calgary.ca/Accessibility
- We're committed to providing a barrier-free municipal experience for all Calgarians. Contact 311 for an accommodation at any City event, or public meeting. Calgary.ca/Accessibility

Stay connected to the City of Calgary: [facebook.com/cityofcalgary](https://www.facebook.com/cityofcalgary) • [twitter.com/cityofcalgary](https://twitter.com/cityofcalgary) • [calgarycitynews.com](http://calgarycitynews.com)

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## Parkland Real Estate Update

Last 12 Months Parkland  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
May 2017	\$659,900	\$647,000
April 2017	\$589,900	\$575,000
March 2017	\$569,900	\$565,000
February 2017	\$635,000	\$613,121
January 2017	\$569,950	\$556,250
December 2016	\$0	\$0
November 2016	\$637,400	\$628,950
October 2016	\$499,900	\$505,000
September 2016	\$664,900	\$649,000
August 2016	\$599,900	\$599,250
July 2016	\$615,000	\$603,250
June 2016	\$554,900	\$559,500

Last 12 Months Parkland  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
May 2017	9	7
April 2017	10	9
March 2017	10	5
February 2017	5	3
January 2017	5	2
December 2016	0	0
November 2016	3	2
October 2016	2	5
September 2016	5	6
August 2016	6	7
July 2016	4	2
June 2016	9	3

To view more detailed information that comprise the above MLS averages please visit [parkland.great-news.ca](http://parkland.great-news.ca)



Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.



## July and August at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our passes are affordable and our programs are family-friendly. With a pass, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs. Trico Centre supports community: a small portion of your pass fee is sent to your community association.

### Cool New Summer Program for Kids

Not everyone goes away in the summer! Check out the amazing new fun programs for kids.

- Rhythmic Gymnastics, 3-5 years, 6-12 years, July 9 – August 20, 12-1:30pm
- Tumbling, 6-12 years, July 10 – August 21, 6:15-7:15pm
- Circus Arts, 6-12 years, July 10 – August 21, 5-6pm
- Musical Theatre, 6-12 years, July 13 – August 17, 6-7:30pm
- **Ultimate Frisbee Rec League**, 11-13 years, 14+ years, July 11 – August 17, 6-7:30pm
- CrossCountry, 8-13 years, July 10 – August 5, 6:15-7:15pm
- Badminton Club, 10-14 years, July 6 – August 24, 6:45-7:45pm
- Dodgeball, 10-14 years, July 5 – August 23, 6:55-7:15pm

### Day Camps

- Summer day camps now on: ages 3 to 14; full day and half-day camps, early care and late care. Affordable quality camps!
- Don't need a full week of camp? Come to daily camps for a full day or half day, all summer long.
- Camp leaders are experienced, trained and committed. Each camp has 1 or more leaders and volunteers.
- Featured camps for 6-12 years: Canada 150 Play, Discover Calgary, Harry Potter Camp, and Just for Girls. Cool Camps for preschoolers include Sportarama, Nature Wonders, Kinder Karate, and Mini Chefs.

### Children & Youth

- Summer swim lessons, all ages, Monday to Friday day-

time for 1 week or Monday to Thursday evenings for 2 weeks

- Summer registered child and youth programs: Summer Outdoor Soccer (16-24 months, 2-3 years, 3-5 years, 6-8 years), Dance with Me (2-3 years with parent), Gotta Dance (3-5 years), Little Ballerina (3-5 years), Kinder Gym Kids (4-6 years), Sportarama (3-4 years), Explorasport (4-6 years), DANCEPL3Y Kids (6-12 years.) See Spring Summer Program Guide or [www.tricocentre.ca](http://www.tricocentre.ca) for details.

- **July 17-21 is registered skating and hockey week:** skating lessons all levels, intro to hockey (4-5yrs, 6-8 years, adult & child) and powerskating/hockey (7-12 years.)

### Adults/Older Adults

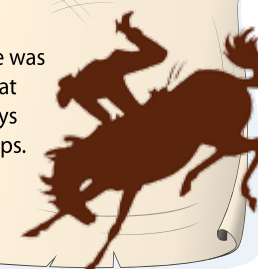
Stay fit over the summer!

- Summer adult registered fitness: Focus on Powerlifting, Focus on Learning the Basics, Strong is the New Skinny: Weight Training for Women for Women, Straighten Up Posture Series, Trim & Tone, Myofascial Stretch and Release, Stroller Fit.
- Summer registered programs for older adults: Balance Builders Level 1 (Fall Prevention), Balance Builders Level 2 (Bones and Balance), Chair Yoga, Straighten Up Posture Series.

Trico Centre is located at 11150 Bonaventure Drive SE. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.

## YEEHAW!

The first Calgary Stampede was held in 1912, but was at that time known as Frontier Days and Cowboy Championships. We've come a long way to become, "The greatest outdoor show on Earth!"





## Register the kids for a summer nature adventure

Looking for activities to keep the kids entertained this summer? Send them on a nature adventure!

The City of Calgary's nature day camps will keep your little critters busy as bees exploring bugs, birds, buds and beyond. These week-long, action-packed adventures provide a perfect blend of fresh air and fun where campers will learn about the natural world and its many wonders.

Nature day camps are offered July through August at the Inglewood Bird Sanctuary and Ralph Klein Park. Half-day camps are available for children four and five years old. These bite-sized adventures include daily nature walks, games and crafts. Full-day camps, designed for children six to 12, include in-depth investigations and outdoor explorations focused on specific themes, including wetlands, raptors and winged wonders.

Visit [calgary.ca/parksguide](http://calgary.ca/parksguide) or call 403-268-3800 to register.

## Youth Employment Centre

Do you know someone aged 15-24 who is looking for work? The City of Calgary's Youth Employment Centre (YEC) offers year-round services and resources to help youth, aged 15-24, secure employment and take the first step in their career.

YEC offers a variety of services FREE of charge including employment counseling, career planning, networking assistance, resume assistance, industry training and mentorship opportunities.

Youth who need support with their job search or career development are encouraged to drop by the office at 315 - 10 Avenue S.E. or visit [youthemploymentcentre.ca](http://youthemploymentcentre.ca).



## Stay Safe in Summer Weather



July is a month made for BBQs, outdoor sports, and relaxing on the deck. It's a time where most Albertans spend as many hours as possible outside enjoying the warm weather. As temperatures soar, it is important to keep a few things in mind as you head outdoors.

Though most people can handle moderate summer weather without issue, even healthy Albertans need to keep heat safety in mind during warmer months. When temperatures are high, make sure to take frequent breaks from the heat, spending some time indoors at home, or in a cooled public building— like a mall or indoor pool. Ensure that sunscreen of at least SPF 30 is applied 20 minutes before heading outdoors (be sure the product blocks both UVA and UVB rays), and reapply frequently. Rescheduling outdoor activities to cooler hours of the day is also smart way to beat the heat.

When spending time outdoors, what you wear makes a big difference in keeping your body cool. If you know you will be out in the heat, light colored clothing is suggested. A wide-brimmed hat and sunglasses (with a UVA/UVB CSA- certified seal) along with long sleeves and pants can help protect you from the sun's rays. A water bottle is a much needed accessory with any summer outfit— make sure to drink plenty of water and other non-alcoholic, non-caffeinated beverages to stay hydrated.

Albertans are also urged to keep an eye out for heat warnings issued by Environment Canada. The warnings are posted online at [weather.gc.ca/warnings/index\\_e.html?prov=ab](http://weather.gc.ca/warnings/index_e.html?prov=ab) to keep residents informed and prepared during periods of extreme heat.

Visit [www.ahs.ca/heat](http://www.ahs.ca/heat) for more information on heat safety.

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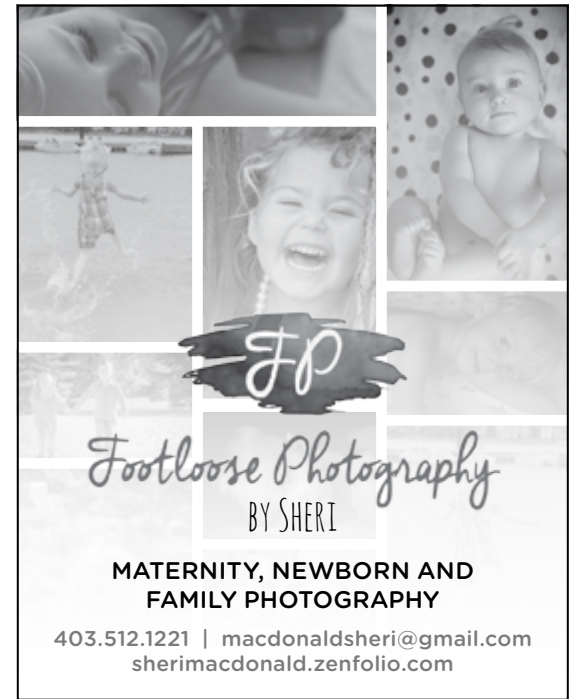
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# FRIENDS of Fish Creek

**Connect with Nature and Celebrate Alberta's Parks at Parks Day & Creekfest!**  
**Saturday, July 15, 2017**  
**11:00 am – 4:00 pm**  
**FREE FUN FOR THE WHOLE FAMILY!**  
**Bow Valley Ranch, Fish Creek Provincial Park (South end of Bow Bottom Tr. SE)**

Celebrate Canada's milestone 150<sup>th</sup> anniversary and the Friends of Fish Creek's 25<sup>th</sup> year of bringing the park and community together at Parks Day & Creekfest!

The theme of World Environment Day is connecting with nature and what better way to connect with nature than by visiting Fish Creek Provincial Park, a cherished natural area we are fortunate to have within the city? Commemorate World Environment Day today by marking down July 15 on your calendar for Parks Day & Creekfest and by telling others about this amazing free summertime festival! Celebrate this province's breathtaking parks and protected areas, while enjoying a wonderful day in Fish Creek learning about environmental conservation.

Juno-award winning Peter Puffin's Whale Tales will return for the 7<sup>th</sup> year in a row to host a dynamic and interactive concert performance and song-writing

workshop. Jennie Harluk, one of Calgary's youngest up and coming superstars will perform for the first time on the Parks Day & Creekfest stage. Kids and families will be regaled by Alberta Parks' "Riddle of the Wetlands" and the Calgary Wildlife Rehabilitation Society's presentation about urban wildlife. Visitors can also get on their feet to join a Yoga and Qi-Gong session, and take part in guided walks about wetlands, beavers and the new ATCO native grassland.

Have fun while learning about environmental conservation through hands-on activities and educational experiences hosted by community organizations dedicated to protecting Fish Creek and other natural areas. Food will be available for purchase and there will be exciting draws for prizes designed to help people maximize their enjoyment of this amazing park. Tickets will go on sale for the Friends' annual fundraiser, A Taste of Autumn.

Parks Day & Creekfest was funded in part through the Watershed Stewardship Grant, a program of Land Stewardship Centre financed by Alberta Environment and Parks. Thank you to the Alberta Conservation Association, the Alberta Real Estate Foundation, Great Events Catering and the Bow Valley Ranche Restaurant. We gratefully acknowledge the generous donation from The Calgary Foundation that has helped make the use of "The Calgary Foundation Centennial Stage" possible.

Like Parks Day & Creekfest at [www.facebook.com/CREEKFESTinFishCreek](http://www.facebook.com/CREEKFESTinFishCreek) and visit [www.friendsoffishcreek.org/event/creekfest](http://www.friendsoffishcreek.org/event/creekfest).

This event is sponsored by: Canada 150, Alberta Real Estate Foundation, Alberta Conservation Association, and Great Events Catering.

**For more information, please contact:**  
Chris Lalonde, Friends of Fish Creek, Communications Coordinator  
403-238-3841 or [chris@friendsoffishcreek.org](mailto:chris@friendsoffishcreek.org)



MLA Calgary - Fish Creek  
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Summer is upon us and for many of us summer is sacred. It is a time to enjoy all that the outdoors has to offer and to appreciate time and fun activities with family and friends. We are blessed with a province that has much to offer for summer recreation opportunities. As you start your summer planning, perhaps that road less travelled might be an exciting opportunity. One such road is the Cowboy Trail, which runs from Mayerthorpe (West of Edmonton) right down west of Calgary all the way to Cardston near the US border. The scenic 735 km route has many attractions along the way. Great local eateries and history markers are just a few of the highlights of the journey. If you are looking for unique adventures, please let my office help you rediscover all Alberta has to offer.

Nobody does volunteering and Western Hospitality better than Calgary. Calgary is known for its open and welcoming environment and can do attitude. Much of this positive attitude is front and centre for 10 days of the Calgary Stampede, when our city is on display for visitors from around the world. I would encourage each of you to make all of our visitors feel at home. Let them know that Calgary is a more than a destination.

Did you know that Fish Creek Park is the largest urban park in North America? The "skills park" on the east side by the end of Bow Bottom Trail is a welcome addition for all mountain bikers, young and old, looking for a place to practice their mountain biking skills. This year Park's Day and CreekFest will celebrate Canada's 150<sup>th</sup> and Friends of Fish Creek Park's 25<sup>th</sup> anniversaries highlighting nature and the importance our watershed has on the environment. It is a great, all day family activity on July 15th from 11-4 at Bow Valley Ranch.

Community events will abound this summer and so if you are having a function please keep our office informed. I will be once again visiting with constituents and businesses in the area as I continue in my tradition of "walkabout" in the constituency, so if you see me out and about please stop to say hello.

New this year, will be the office hosting a Fish Creek

photo contest. I know that social media has transformed photo sharing, so share your best or most fun photo of what summer in Alberta means to you. The contest will run from July 1-August 15th. Prizes will be awarded in various categories.

This year marks Canada's 150 Birthday. We have much to be thankful for in our great city, province, and country. Let us all join in celebration July 1<sup>st</sup> to give gratitude for the country we call home. Happy Birthday Canada!

Lastly, please join me at my **2nd Annual Stampede BBQ July 8th 11-2** at my office 1215 Lake Sylvan Drive. We will have games, face painting, live music, and food for all!

## COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for the next month's publication**

**Contact [news@great-news.ca](mailto:news@great-news.ca)**

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

**CALGARY PSYCHIC FAIR 2017:** July 29th 4:15-7:30 at the Acadia Community Center. Call for details! 403-452-9610.

**LOVE TO SING?** Vocal Latitudes may be the choir for you. A non-audition, World Music community choir, Vocal Latitudes meets Tuesday evenings from September-May in a convenient central location. Repertoire includes jazz, gospel, African, Canadian, Renaissance, pop, original contemporary. For more information, see [www.vocalitudes.org](http://www.vocalitudes.org).

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**Councillor, Ward 14  
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Howdy Ward 14!

My column at this time last year was, frankly, a bit somber. The province was going through a tough time, and my message was to take the month to celebrate in a way only Calgary knows how—by Stampeding!

While there is no doubt some of our neighbours are still feeling the effects of the downturn in our economy, the view over the horizon is starting to look a little brighter. The Conference Board of Canada is predicting Calgary's economy will grow for the first time in three years! It hopefully means new jobs, and that is another great reason to celebrate...

Take a look at calgarystampede.com. There are many new and exciting things planned for the Stampede this year.

**Stampede Parade - route reversal**

As I mentioned last month the Stampede parade route has been reversed this year. If you are planning to attend, you should probably plan accordingly. For more information, you should visit parade.calgarystampede.com.

**Counciltalk**

I want to tip my hat to all the patrons of Counciltalk in this and previous years. It never ceases to amaze me how the great people of Ward 14 respond when I call on them to exercise their right to free speech. Listening to you is the most important part of my job, and I am so grateful to everyone who shows up to tell me what is important to them.

If you aren't sure what Counciltalk is, I encourage you to visit calgary.ca/counciltalk to learn more. I will return with more Counciltalk dates as soon as possible. Visit calgary.ca/ward14connect to get email reminders of upcoming Counciltalk dates.

**Ward 14 Communities BBQ**

There is still time, and lots of planning to be done before September 16, but the Ward 14 Communities BBQ—as it has for six years now—is gradually coming closer.

For those who are unaware, the Ward 14 Communities BBQ is my membership drive for Ward 14 community associations. I round up money from generous sponsors to

pay for the cost of the event and to financially support the community. We raise a lot of money and they add a lot of members. Those facts have not changed over the six years.

But there are a few new things for this year, like some great new food, and some new sponsors. To start, Spolumbo's is the newest food sponsor. Instead of the traditional burger, you can have one of their delicious burgers on a bun.

I also want to introduce Pacific Developments as the newest financial sponsor. They join United Communities, Mattamy Homes, and Genstar on the list at this early point.

Thank you to all of them, and Southcentre for the venue!

Of course, there will be all sorts of entertainment, and exhibitors to see. Stay tuned for more details to come.

As I mentioned, this year the BBQ will be on September 16 from 11 a.m. to 2 p.m. in the parking lot of Southcentre Mall. Mark it in your calendar because you are welcome to join. We will have a lot of fun. Visit www.calgary.ca/ward-14bbq for more info.

That is all for now. Have fun stampeding, and a great July! Happy trails to you, until we meet again!



# Yoki & Jeff's Parkland Real Estate Report

January - May

Detached Homes	Number of Sales	Highest Selling Price	Average Selling Price
Bungalow	8	\$852,500	\$500,000
1 ½, 2 Storey/Split	12	\$902,500	\$505,000
4 level split	2	\$626,000	\$538,000
Bi-level	1	\$647,000	\$480,000

# HAPPY CANADA DAY!



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