

MARCH 2017

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# PARKLANDnews

THE OFFICIAL PARKLAND COMMUNITY NEWSLETTER







BARRY & CYNTHIA

*Korpatskiy*

TEAM PERFORMANCE

## Thank You Parkland For Your Continued Support

- \* SELLING PARKLAND HOMES SINCE 1981
- \* MULTIPLE YEAR FINANCIAL SUPPORTERS OF THE PARKLAND SUMMERFEST
- \* SINCE 1986 WE HAVE DONATED A PORTION OF OUR COMMISSIONS ON EVERY TRANSACTION TO THE ALBERTA CHILDREN'S HOSPITAL FOUNDATION



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# PARKLAND COMMUNITY ASSOCIATION

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parklandcommunityassociation.org.

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*The information contained in this newsletter is believed to be accurate, but is not warranted to be so.*

*Parkland Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.*

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

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# PARKLAND COMMUNITY ASSOCIATION

# PARKLAND HALL

505 Parkvalley Road SE, T2J 6M4  
403-278-5330 parklandca@telus.net  
www.parklandcommunityassociation.org



The Parkland Community Association is a Registered Charity operated by an elected Board of community member volunteers. We represent the municipal interests of Parkland residents; we are your voice in city planning decisions. The annual \$25 membership fee is voluntary, but membership is required for some community sponsored events. Your membership fees help us bring community members together through various programs and events such as:

- Community Garden
- Soccer
- Canada Day Breakfast
- Parade of Garage Sales & Community Clean Up Day
- Seasonal Parties – Winterfest, Fallfest, Halloween
- And more!

### Board of Directors

President	Sean Ferguson
Vice President	Leanne Black
Treasurer	Sunil Bagwe
Secretary	Janice Schneider
Civic Director	Laura Di Lello
Trico Representative	Julie Kyliuk
Directors-at-Large	Cheryl Boswell Adam Feuchuk Linda Mannix Jenn Vanderlann
Past President	Cindy Ross
Hall Contacts	Laurie Bradley Erika Diaz

**Board Meetings:** Board meetings are customarily held at the Parkland Hall on the fourth Thursday of each month at 7:00 PM, with the exception of July and August. All community association members are welcome to attend our meetings. As our dates and times can change, we ask that you contact the Hall at 403-278-5330 or parklandca@telus.net to confirm any upcoming meetings that you would like to attend.

### Parkland Community Hall – Rentals

Are you hosting a party and need more space? Looking for a venue for an upcoming baby shower or birthday party? The Parkland Hall is an affordable venue to consider! The hall features a bright hardwood-floored gym, kitchen, and meeting room – all available for community members and the public to rent.

To inquire about Parkland Hall rental rates and availability, please contact Laurie Bradley and Erika Diaz at 403-278-5330 or by email at parklandca@telus.net.

### Other Community Representatives

Community Resource Officer	Constable Matt Forest 403-428-6645
Parkland Girl Guides	1-800-565-8111
167th Parkland Scouts	Michelle Stager 587-351-2719
Parkland Cares	Julie Kyliuk parklandcaresyyc@gmail.com
Parkland Babysitting Co-op	Jill Vaters mjvaters@shaw.ca
Parkland Babysitting Registry	Eleanor Molina 403-271-2668
Parkland Housesitting Registry	David Wiebe 403-271-9230
Parkland Preschool	403-225-0083
Prince of Wales Elementary	403-777-6880
St. Philip Fine Arts School	403-500-2072
LDS Church,	403-278-8565
Parkland State Centre	
Parkland Soccer	403-278-5330
Bow View Ringette	bowviewringette.com
Bonavista Hockey Program	lbbreakershockey.ca
Newsletter Editor	Erika Diaz and Laurie Bradley parklandcanews@gmail.com
Delivery & Advertising	Great News Publishing 403-263-3044

## CALGARY POLICE SERVICE

### Changes to Calgary’s alarm bylaw

The Calgary Police Service and The City of Calgary have revised the current Alarm Services Bylaw, changing how officers are dispatched and introducing paid, annual alarm permitting.

As of Sunday, Jan. 1, 2017, you’ll need an alarm permit in order for police to attend your location for an alarm call. Annual permitting ensures we have the most up-to-date and accurate information about your location and can attend in a timely manner. Permits are \$15 for residences and \$20 for businesses, and are subject to an annual renewal. For any existing permit holders renewals will begin in July 2017. Premise owners will be contacted two months before their permit needs to be renewed and new permit holders will pay when they apply for a permit.

This spring, the false alarm penalty fee structure will also change. More than 75 per cent of alarm users only have one false alarm each year; CPS used to charge \$75 for each false alarm. With the new fee structure, the first false alarm is free. The second false alarm will be \$75, with an escalating scale for additional alarms to a maximum of \$625 for 10 or more alarms in any 12-month period. This is intended to hold alarm systems users more accountable to properly manage their systems.

Police are making these changes to reduce the amount of false alarms we respond to each day. Before initial changes to dispatch criteria were made, police were responding to approximately 45 alarm calls every day; 96 per cent of those calls were false alarms.

In May 2016, Calgary police changed the requirements so that two or more alarm zones within a location need to be activated and that at least two key holders must be called by the alarm company prior to police being dispatched. These changes alone have reduced the number of dispatched alarm calls by 54 per cent, better ensuring that police resources are available to respond to priority calls.

It is important to note that police will continue to respond to any panic, duress, or hold up alarms, confirmed criminal activity, public safety concerns, and verified alarm activations



## Babysitting Registry

The Parkland Babysitting Registry is a listing of those who wish to offer babysitting services, casual, part-time or full-time, including teenagers and dayhome moms. Anyone looking for a babysitter can call the registry and receive the names of sitters fitting their requirements.

If you are interested in having your name added to the Registry, or wish to obtain the name of a sitter in your area, please call Eleanor Molina at 403-271-2668.

It is time once again to update the babysitting registry. If you would like to have your name remain, or be removed from the list, please call to advise.

This registry service is free of charge and available to Parkland residents only.

### Parkland Babysitting List

New to Parkland?

Looking for a sitter?

Call Eleanor Molina at 403 271-2668

if you want to be added to the babysitting list or require a sitter.





# Parkland Community Hall

Are you looking for a place to have a variety of events such as; birthday parties, baptisms, retirement, and bridal showers? The Parkland Hall is an affordable venue to consider, its features are a bright gym with hardwood floors that overlooks the community garden through big windows on the southwest side. This gym can accommodate up to 100 people, and there is also a meeting room that fits up to 35 people, and there are also kitchen facilities. Rental rates include chairs and tables.

If interested, please contact the hall managers; Laurie Bradley or Erika Diaz at 403 278-5330.

## WHAT'S NEW AT PARKLAND HALL

Note: when paying your Park96 fees, please remember to drop them off at 14660 Parkland Blvd in their drop box. Inadvertently we have been getting your fees dropped off at the community hall at 505 Parkvalley Road. Thank you.

### Camps

PedalHeads will be returning to the hall this summer. This is a very popular camp which will run from June 26th until September 1<sup>st</sup>. If interested, contact sarah@pedalheads.com.

### ToppKids

Topp Kids will be having a camp during spring break; March 27<sup>th</sup> until March 31<sup>st</sup>. If interested, contact ctopp@toppkids.com.

## PARKLAND HOUSE SITTING REGISTRY

The House Sitting Registry matches home owners looking for a house sitter with those wishing to offer house sitting services. This is a great job for a teen, with some parental supervision or a home owner wishing to exchange with another. House sitting duties could include: emptying the mail box, picking up the paper, clearing away flyers, watering plants and generally keeping an eye on things. All service arrangements and remuneration are determined by the owner and house sitter.

This registry service is free of charge and only available to Parkland residences. To have your name included in the registry or to obtain a number of a sitter near you, please phone Dave Wiebe at 271-9230.



- We're a group of Parkland moms who swap babysitting a few hours a week.
- It's a casual commitment for babysits/playdates once or twice per week.
- We run during school days and school hours.
- For families with kids up to 6 years old.
- It's a fun social atmosphere, meet other families in Parkland with kids similar ages.
- Enjoy monthly morning coffee get-togethers.
- Come to the next coffee and check us out.
- Email today: parklandbabysittingcoop@gmail.com

## WHAT'S NEW AT PARKLAND HALL



- Gin Rummy – every Friday 1-3pm. Come join us for a gin rummy game every Friday afternoon. This is a new social group for all card players and retirees alike.
- Yoga Peaceful meditative movements for adults (18-50 years old). Wednesday nights 7:30 – 9pm.
- Senior's drop in. Wednesdays 1-3pm. Come join us for coffee, friendship, and munchies.
- Casino. Feb 6 and 7<sup>th</sup> Volunteers needed. Funds from the Casino go towards community programs. If interested contact the hall at 403 278-5330.

## BRAIN GAMES SUDOKU

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5		4		3		9		8
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	4							1
1	9			8	7			
8		3			4	2		

FIND SOLUTION ON PAGE 18

# Eat, Drink, and go to the Dentist!

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## PARK 96 PARKLAND CENTRE

14660 Parkland Blvd. S.E., T2J 6L5  
Phone: 403-271-7516 • Fax: 403-271-7517  
park96@telus.net • www.park96.com

Park 96 is a private gated facility owned by the property owners in Parkland who have paid all fees owing and are deemed to be "Members in Good Standing" or the designate of such owner. The current fee is \$200.00 due annually on January 1st, part of which is a \$96 encumbrance on each property or residence. This fee is used to maintain operations, support social and recreational programs and finance park improvements. The Park is managed by an elected Board of Directors of up to 15 members. This Board meets at 7:00 pm on the fourth Tuesday of each month, excluding July and August. Members with questions or concerns are welcome to attend these meetings, with prior notice of their desire to be added to the agenda, or may contact the Board President, Keith Watson, directly at park96@telus.net.



## Parkland Cares



*Parkland Cares is a community-based organization of families and neighbours committed to helping others.*

February can be a tough month to get through for many people. Take a moment to offer someone a smile; like spring it will probably come back to you!

On Sunday January 29<sup>th</sup>, Bonavista Cares and Parkland Cares spent a couple of hours making over 4000 sandwiches with the Sandwich Foundation for the Calgary Drop-in Centre. We had more than 30 people volunteering and many of those were under 12 years old. They did great!

Join us at the community hall on Saturday Feb 25<sup>th</sup> for Winterfest. Lots of family fun planned. Parkland Cares will be collecting non-perishable food donations to be delivered to the Calgary Food Bank Depot at Deer Park United Church.

In March we are hoping to help with the Cinderella Project, which helps teens in need realize their dreams for high school graduation. We will also be collecting new and used children's sporting equipment on March 11<sup>th</sup> at Park 96's Registration day. Clear out your basement and garage of sporting items your kids have grown out of and we will make sure they go to others in need.

**Do you know a senior in our community that could use assistance with snow removal, yard clean-up or other support?**

One of Parkland Cares goals going forward is to try and connect with community members that require a helping hand on occasion. There are many families in the neighborhood that would be willing to help. Contact us if you know someone that might benefit from this initiative.

Please contact us if you have ideas for ways to encourage strong community connections, or if you would like to help us with any of our planned events.

Our next planning meetings are **Tuesday, March 14<sup>th</sup> and Tuesday April 11<sup>th</sup> at 7:15 at Park96.**



parklandcaresyyc@gmail.com.  
Parkland Cares Calgary 403-863-9927



## March in Fish Creek

### 25<sup>th</sup> Anniversary Brick Pathway

2017 see us celebrate the 25<sup>th</sup> anniversary of the founding of the Friends of Fish Creek. As part of our celebration we are offering the opportunity to be part of our 25<sup>th</sup> Anniversary Legacy Brick Pathway program. We will be replacing the pathway to the front door of the Cookhouse with a special brick pathway consisting of bricks bearing dedications or messages from donors. This is a great opportunity to leave a legacy in the park for a loved one or to show support for the work the Friends do toward the sustainability and enjoyment of Fish Creek Provincial Park. Engrave a brick with your personal message. For more information contact the Friends of Fish Creek or visit [www.friendsoffishcreek.org/brick](http://www.friendsoffishcreek.org/brick)

### Leave a Legacy for Cherished Green Spaces and Healthy Families

#### Free Public Information Session

Saturday, March 4, 2:00 pm – 4:00 pm at the Fish Creek Environmental Learning Centre

Considering the Friends of Fish Creek in your legal will or through other philanthropic means is one of the best ways to ensure that future generations will enjoy this breathtaking natural area as much as you and your family do. Remembering family in your will is most likely an important part of your final wishes, but do you have questions about planning your estate? Would you like to ensure the proper management and distribution of the funds you leave behind? Join Emma Hamilton, lawyer in the Wills & Estates group of McLeod Law LLP; Stuart Reid, Chief Development Officer Kids Cancer Care Foundation of Alberta; and Bob Morrin, Friends of Fish Creek Board Member to learn about the benefits of estate planning and leaving a legacy. For more information or to register visit [www.friendsoffishcreek.org/estate-2](http://www.friendsoffishcreek.org/estate-2)

### Uncharted: A Photographic Wildflower and Book Evening with Graeme Connell

Thursday, March 23. 7:00 – 8:00 pm at the Fish Creek Environmental Learning Centre  
Presented by Graeme and Lois Connell

Calgary author Graeme Connell's novel "Uncharted," centres on Fish Creek Provincial Park and the Rocky Mountains. In this novel, the main character, Brewster, has lost his wife and his reason to live – then, with help from a profoundly deaf woman and a family facing difficult times, his life finds new meaning through wildflowers and a botanical project in Fish Creek. It is a truly uplifting story for anyone who has experienced deep loss and found solace in nature. To register visit [www.friendsoffishcreek.org/event/uncharted](http://www.friendsoffishcreek.org/event/uncharted)

### Wayne's Wonderful Winter Walk

Saturday, March 11 1:00 pm - 2:30 pm  
Join dedicated volunteer, retired park planner, and founding member of the Friends of Fish Creek, Wayne Meikle for a wintery walk along the banks of Fish Creek. Wayne's Wonderful Winter Walk provides an amazing opportunity for families to visit the park in the winter and learn about the history of this area! To register or for more information visit [www.friendsoffishcreek.org/programs/other-tours](http://www.friendsoffishcreek.org/programs/other-tours)

### Spring Birding Course Starts Monday, April 3

Whether you are a beginner, intermediate or expert, this course will help you to identify the newly arriving migrant birds, and allow you to become familiar with the valuable bird habitat near you. The course will take place outdoors in Fish Creek Provincial Park and other natural areas within Calgary. As a fundraiser for the Friends of Fish Creek, volunteer instructor and lifelong naturalist Gus Yaki and other knowledgeable and experienced instructors will once again conduct these courses.

Registration Required and fees apply.  
To Register and for course times visit:  
[www.friendsoffishcreek.org/programs/birding-course](http://www.friendsoffishcreek.org/programs/birding-course)



# PROGRAMS & CLUBS @ PARK96



## MARCH MONTHLY CALENDAR

Mondays 9:30 – 10:30

Thursdays 7:30-8:30

### Strength and Restore Yoga

Info: Jane Sponiar at 403.281.7553 or

janesponiar@gmail.com or [www.livingtaichi.ca](http://www.livingtaichi.ca)

Thursdays 1:30pm-2:15pm

### Fun with Music & Let's Play

Info [info@cadenzamusicstudio.ca](mailto:info@cadenzamusicstudio.ca) or 403-836-4866

1:30-2:15

Monday – Thursday

### WOW! Women on Weights

Info: [www.WomenOnWeights.com](http://www.WomenOnWeights.com),  
or call Susan 403.660.4194

Thursday, March 9

### FREE – Women on Weights Class

6:15pm-7:15pm

Saturday, March 11

### Senior's Resource Fair

1pm-4pm

Saturday, March 18

### Park96 Spring & Summer Program Registration Day

10am-12pm

Tuesday, March 21

### BOARD GAME CLUB

7pm-10pm

Tuesday, March 7 and Wednesday March 15

### PAMJAM – Parkland

Acoustic Music Jam

7:00pm

Saturday, April 15

### Easter Egg Hunt

May 27 & 28

### Farmers Market

For more information on the monthly calendars contact:  
Jennifer Stone, Park Administrator [park96@telus.net](mailto:park96@telus.net)  
403.271.7516



## PARK96 UPCOMING PROGRAMS & EVENTS

### SPRING / SUMMER TENNIS & SUMMER PROGRAM REGISTRATION

SATURDAY, MARCH 18, 10-12

Come fill out your forms, pay and receive confirmation all in one easy day. If you can't make it during our registration event, you can still contact the park office to register.

Forms of payment accepted: Direct Debit, Cheque, Visa or MasterCard. Make cheques payable to "Parkland Community Centre".

Registration is a first come first serve basis.

### JUNIOR TENNIS LESSON SUMMER CAMP

July 24-28

Park96 is holding a summer tennis camp for children aged 5 to 14 years from July 24-28.

Details at [www.park96.com](http://www.park96.com)

### PLAYWRITER'S CAMP

July 10-14, 1pm-4pm

This is a half-day camp for children ages 8 to 14 in which they create, rehearse, and perform a unique play. In a dramatic and fun-filled week of half day camps, children will create the plot, craft the script, write dialogue, and hone their acting skills for their very own dramatic production, which will then be performed at the end of the week. The children will decide on a theme for the play, offering multiple opportunities for them to use their limitless imagination.

### PARKLAND EASTER EGG HUNT

Saturday, April 15

11am-1pm

After the huge success of last year's Easter Egg Hunt we are planning another. Bring the kids or the grandkids and have a lovely day hunting for eggs through the entire park. There will be food trucks, entertainment and of course CHOCOLATE.

We are looking for a team of egg hidiers if you have time between 9am and 10am. Email Jennifer at [park96@telus.net](mailto:park96@telus.net).

### BOARD GAME CLUB

Tuesday, March 21, 7-10pm

## PROGRAMS...cont'd

In the Park96 Basement

Interested in finding like-minded people to play Table Top Games or interested in learning all about them? Join Darren Hunt every 3rd Tuesday of the month in the Park96 Basement starting Table Top games are board, card and dice games including but not limited to Monopoly, Trouble, Risk plus European games such as Catan, Ticket To Ride and Carcassonne. If you are interesting in attending or have questions contact Darren at [parklandboardgamesclub@gmail.com](mailto:parklandboardgamesclub@gmail.com)

**Who** Residents of Parkland who want to share music with like-minded people

**What** The first hour will be geared to musicians who want to brush up their skills and become comfortable playing and singing with others. For the remainder of the session, each attendee will be invited to suggest a song to perform. **PAMJAM** will supply a long list of songs to choose from including Lyrics and chords that will be projected on the screen and players will be able to suggest songs in advance for inclusion.

**When** 7:00 – 10:00 pm on the first Tuesday and third Wednesday each month

**Where** Park 96 basement

**Why** "Without music, life would be a mistake."

~Friedrich Nietzsche

**How** Take this Meetup link to sign up

[meetup.com/PAMJAM/](http://meetup.com/PAMJAM/)

Once you have joined, you will receive notification of upcoming jams, guidelines, lists of what to bring such as a capo and tuner for guitar players and the site will allow organizers to communicate with you.

### PARKLAND'S 1<sup>ST</sup> ANNUAL FARMER'S MARKET

THE SPRING'S FIRST!!

Saturday, May 27<sup>th</sup> & Sunday May 28<sup>th</sup>

9am-4pm

The Market will be held at Park96 @ 14660 Parkland Blvd SE. **Want to be a vendor?** Call or text Caroline Gunter 403-510-9191

### WOMEN! Are you feeling stressed?

Date: Thursday March 9<sup>th</sup>

Time: 6:16pm – 7:15pm

Place: Park96 Basement

This FREE CLASS Includes Exercises and More to Help Relieve your Stress. Come ready to learn exercises and

more you can do at home. Wear clothing that is comfortable for you to exercise in, and bring an exercise mat if you have one.

Registration Required: By email

[womenonweightsinfo@gmail.com](mailto:womenonweightsinfo@gmail.com)

### SENIOR'S RESOURCE FAIR

Saturday, March 11

1pm – 4pm

Team Leesman CARES is hosting a SENIOR'S resource fair with various professionals on hand that specialize in senior's interests. Say HI on Saturday, March 11, 2017 from 1-4p @ PARK96 and have a coffee on us.

More details can be found at [TLCagents.ca/Seniors](http://TLCagents.ca/Seniors) or call 403.870.9916.

### YOGA at PARK96

Yoga brings relaxation and overall wellbeing on physical as well as mental level.

Jane has been teaching gentle Hatha yoga in Calgary for two decades. Her recent trip to Boston where she was learning and cooperating with Harvard leading tai chi expert, just confirmed her belief that simplicity is key! Gentle and mindful approach to any activity can bring noticeable positive changes to our life.

**Join Jane for gentle stretching followed by relaxation; mindful yet strengthening class!**

Monday 10:00 am

Thursday 7:30 pm

Contact: 403 281-7553 email: [janesponiar@gmail.com](mailto:janesponiar@gmail.com)

[www.LivingTaiChi.ca](http://www.LivingTaiChi.ca)

**Fall, winter and spring Strength Workouts for Women** at Park96!

### WOW! & Gentle: Women on Weights.

Do you want to build and maintain strength in a fun, safe and supportive environment? WOW! and Gentle classes are Strength and Conditioning for all Women. All fitness levels are welcome. Experience personalized movement instruction, small groups of 7-10 with an instructor who is committed to challenging you at your level.

To sign up and for more info:

<http://www.womenonweights.com/>, or call Susan 403.660.4194

### PARK96 ANNUAL FEES

Invoices for the 2017 Annual Fee were mailed to each residence the first week of January avoiding the Holiday rush. The annual fee is \$200.00 (including GST) and interest will begin on April 1, 2017. Parkland Residents have options how to pay:

*~continued on page 14~*

## PROGRAMS...cont'd

Mail in a Cheque payable to the **Parkland Community Centre**.

Drop off your cheque in the Park96 mailbox just left of the main gate. Make sure to indicate your property address.

Come in person to the Administration Office to pay by Debit or Credit Cards. Extended Office Hours for January are posted on the Park96 Website [www.park96.com](http://www.park96.com)

If you have any questions don't hesitate to contract the Office at [park96@telus.net](mailto:park96@telus.net).

### NEED A FOB?

Are you new to Parkland and need a FOB? Drop into the Park Office with proof of your new address and fill out a membership form. Homeowners are given a complementary access FOB. Check out the Office hours on [park96.com](http://park96.com), press the door bell and Office Administrator, Jennifer Stone will let you in. Or book an appointment at [park96@telus.net](mailto:park96@telus.net) during a time that works for you.

If you plan to bring between 10 to 40 people to the Park for an outdoor gathering, please notify the Park Office to avoid over booking. If you wish to bring more than 40 people to your gathering then once again contact the Park Office at [park96@telus.net](mailto:park96@telus.net) and pay a minimal per person fee. Parkland Residents must stay on site at all times when bringing guests into the park.



## Saint Patrick

**Saint Patrick** (Latin: *Patricius*; Irish: *Pádraig*) was a fifth-century Romeo-British Christian missionary and bishop in Ireland. Known as the "Apostle of Ireland", he is the primary patron saint of Ireland, along with saints Brigit of Kildare and Columba. He is also venerated in the Anglican Communion, the Old Catholic Church and in the Eastern Orthodox Church as equal-to-apostles and the Enlightener of Ireland.

The dates of Patrick's life cannot be fixed with certainty but there is broad agreement that he was active as a missionary in Ireland during the second half of the fifth century. Early medieval tradition credits him with being the first bishop of Armagh and Primate of Ireland, and they regard him as the founder of Christianity in Ireland, converting a society practising a form of Celtic polytheism. He has been generally so regarded ever since, despite evidence of some earlier Christian presence in Ireland.

According to the *Confessio* of Patrick, when he was about 16, he was captured by Irish pirates from his home in Great Britain, and taken as a slave to Ireland, looking after animals, where he lived for six years before escaping and returning to his family. After becoming a cleric, he returned to northern and western Ireland. In later life, he served as a bishop, but little is known about the places where he worked. By the seventh century, he had already come to be revered as the patron saint of Ireland.

Saint Patrick's Day is observed on 17 March, the supposed date of his death. It is celebrated inside and outside Ireland as a religious and cultural holiday. In the dioceses of Ireland, it is both a solemnity and a holy day of obligation; it is also a celebration of Ireland itself.

[https://en.wikipedia.org/wiki/Saint\\_Patrick](https://en.wikipedia.org/wiki/Saint_Patrick)

## IN & AROUND CALGARY

### Southland Leisure Centre

**NEW Did you know February 24th was the start of summer?** The Spring/Summer 2017 Program Guide is on stands now. Southland Leisure Centre's summer day camp registration began February 13th.

**Southland ProShop:** "Did you know Southland Leisure Centre has a Proshop? We have a great selection of swim-suits for all ages all year long. Proshop sharpens skates using the Blackstone Stealth Skate Sharpening machine, CHECK US Out"

**Friday Night Dance Party: March 24 from 7:15 - 10:00 p.m.** Admission to the Party includes a dance lesson (primary movements, rhythmic structure, posture, leading and following), social dance, as well as refreshments. No partner required! See [calgary.ca/leisurecentres](http://calgary.ca/leisurecentres) for schedules and more information.

**March Break Day Camps:** Register your children for some fun in Southland Leisure Centre's day camps. Check out the City of Calgary Recreation program guide on stands or online at [www.calgary.ca/recreation](http://www.calgary.ca/recreation) for lots of great day camp programs over March/April Break.

**Drop-in Climbing and Gymnastics:** There's so much to do at Southland Leisure Centre! Come have some fun and unique experiences in our rock wall climbing and gymnastics gym drop-in times. All equipment is provided and instructors are present to guide you. See [calgary.ca/leisurecentres](http://calgary.ca/leisurecentres) for schedules and more information.

**Drop-in Badminton and Basketball, Soccer, Pickleball:** Please see [calgary.ca/recreation](http://calgary.ca/recreation) or contact 311 for the latest schedules as cancellations may be in effect for special events or holiday hours.

**Family Swim:** Every Sunday, 8:00 a.m. to noon. It's a designated family swim time. Come enjoy our waterpark, including a trip or two to the AquaPlay structure. Be prepared to get wet! Adults must be accompanied by a child and all children must be accompanied by an adult. Regular admission applies. Find out more at [calgary.ca/leisurecentres](http://calgary.ca/leisurecentres).

**Babysitting Room:** Treat yourself to some 'me time' to workout or take a class. No bookings required for our Babysitting Room. Monday – Sunday, 8:30 a.m. – 12:30 p.m., Monday - Thursday 4:00 - 8:00 p.m. Reasonable rates for a well-deserved break!



**Calgary After School:** A FREE supervised drop-in program for youth ages 11-15 during the school year. Come use the pool on Tuesdays and Fridays, and the Sport Hall and Youth Room are open each day! New activities are always introduced and daily snacks are available. Monday to Thursday, 3:00 – 6:00 p.m. and Fridays, 1:00 – 5:00 p.m. For details, call our centre at 403-648-6550 or online at [calgary.ca/leisurecentres](http://calgary.ca/leisurecentres) or [calgary.ca/afterschool](http://calgary.ca/afterschool).

**Youth Night:** Fridays, 7:30 to 10:00 p.m. Friday nights have taken an active twist! Come with your friends and join us in the Sport Hall for a variety of youth exclusive sports including basketball, badminton, dodgeball, soccer and much more. Weekly planned active activities are also available. If swimming is your thing, admission also includes access to public swim in our waterpark. General youth admission applies. Visit [calgary.ca/leisurecentres](http://calgary.ca/leisurecentres) for more information.



## FAMOUS FIVE DISTRICT

The Public is invited! Our annual carnival is Saturday, March 4, 2017 at the Queensland Community Center, 649 Queensland Drive SE. We sure hope you will join us for fun and friendship and help support the Girl Guides in your community. We'll have a bake sale, cake walk, silent auction, games, crafts and lunch room. The hours are 11:00 am to 4:00 pm. Admission is a non-perishable food or cash donation to the Calgary Interfaith Foodbank. If you are interested in donating to the silent auction, please contact Bonnie, [bonnieguideleader@gmail.com](mailto:bonnieguideleader@gmail.com). Your support is most appreciated to provide a well-respected program for girls. I also heard that the Classic Cookies may be available for sale at the carnival. Only \$5.00 per box.

And yes, we are still accepting registrations in some units. If you are now ready to enroll your daughter, please visit [girlguides.ca](http://girlguides.ca) and look for the registration information. Ladies, if you are interested in being a leader, now is a great time to get started. Training is provided and support is available. Join a unit now. Contact Pat, [isteads@telus.net](mailto:isteads@telus.net) if you are interested in more information.



## IN & AROUND SCHOOLS

### Prince of Wales School

There's something about hearing children sing that can take the coldest winter day and cast a warmth that takes away the bitterness and leaves everyone with a smile. That was the case at Prince of Wales (POW) on February 8 and 9 when the school came together and presented family and friends with a musical production.

Students from kindergarten through grade six told the true story of Wangari Maathai, as documented in *Wangari's Trees of Peace*, by Jeanette Winter. Using singing, dance, djembes (African drums), instruments, and art to narrate the tale, this talented group of students entertained and moved their audience.

Wangari Maathai was an environmentalist, winner of the Nobel Peace Prize, and the first woman from East Africa to earn a Ph.D. She had passion, vision, and determination that inspired and brought about great

change. In an effort to stop the destruction of forests, she planted nine seedlings, and with that simple step, "planted the seeds of hope" and started a movement.

A fit with many aspects of the Alberta curriculum and POW's focus on building strong character among its students, the production also built on the African drumming students learned last year.

The talent at POW was also showcased in January through an impressive science fair, featuring projects from grade-four students. From *Human Powered Energy* to *Optical Illusions*, the projects spanned the spectrum of science. Congratulations to all students for their creativity, demonstration of curiosity, and hard work.

Students will be on spring break March 27 to 31.

### St. Philip Fine Arts Elementary School

13825 Parkside Dr. S.E., Parkland  
March is another exciting and engaging month here at St. Philip Fine Arts School. The Alberta Foundation for the Arts Travelling Art Exhibit "Geometric Abstractions" was displayed in our school. We had our Ash Wednesday Liturgy celebrated with Father David from St. Bonaventure Parish.

Our staff was able to attend sessions at the Calgary City Teachers' Convention and bring back more plans and ideas to make the experience of every student one they will remember for the rest of their lives. We would like to thank the dedication of every single staff member and volunteer at St. Philip Fine Arts School who commit their hearts and minds into everything they do.

### St. Bonaventure

With the beginning of winter behind us and the Lenten season upon us, St. Bonaventure celebrated Shrove Tuesday with pancakes for all the staff and students. Our school community is always invited to join us on our spiritual journey beginning with Ash Wednesday and participating in the Stations of the Cross prior to Easter.

Academics goes beyond the classroom. Teachers have had the opportunity to develop themselves profession-

~continued next page~

## IN & AROUND SCHOOLS

ally through two recent professional days and the annual teachers' convention. Students have also experienced some extracurricular opportunities through such activities as Junior Achievement, guest speakers and a guest dance teacher in PE class.

Athletically, the basketball season has been in full swing with the playoff run ending with city finals at the beginning of March. Good luck to both our senior teams as they pursue 'March madness'. A group of dedicated dancers is preparing to take part in the district's Danceworks evening at the beginning of April. Danceworks is a celebration of all that is fun about dance and movement. We would encourage you to get active with your families by enjoying basketball (#126) and dancing (#78), two of the PartipACTION 150 Play List.

### Sam Livingston

It's March already and the students of Sam Livingston School are bubbling from all of the exciting learning both inside and outside of the school. Students can often be seen in the outdoor learning space called the Enviro-Lab. They are learning about the environment, making predictions while exploring outside.

Inside, students are often seen in the learning commons, called Labo-Créo. One of the many opportunities in Labo-Créo is the maker station which offers a space where students are taking apart items such as a computer hard to discover and inspire those inquiring minds.

Students are busy creating group art projects for the Sam Livingston Spring Fair on April 8th from 10am to 2pm. Everyone in the community is invited to attend this exciting event. At the Spring Fair, children will be making gifts for the upcoming celebrations such as Mother's and Father's Day. They can participate in a theatre show about whales, learn about bees, pollinator and red wigglers. The Spring Fair is a great activity for parents of young children to see what Sam Livingston could offer their children if they are considering French Immersion.

Contact is Stacey Schaub-Szabo School Council and Susan Wright School Principal.

Susan Wright, Principal



## Parkland Community Spring Soccer 2017

With an emphasis on fun and community, Parkland Soccer aims to provide a recreational league for our children to enjoy the game of soccer. Parkland Soccer is a cooperative program with parent involvement required. All games are played on the Parkland Hall soccer fields. Our program runs from April 26 until June 19th.

In person soccer registration:

Saturday, March 18

10 - noon

Parkland Community Hall

or: Email: parklandca.soccer@telus.net to register

### U6 Pre-K and Kindergarten

Mixed boys and girls

Games played Mondays and Wednesdays, 6-7 pm

Registration fee: \$60 plus a valid community membership

### U8 Grades 1 & 2

Mixed boys and girls

Games played Mondays and Wednesdays, 6-7pm or 7-8pm

Registration fee: \$80 plus valid community membership

### U10/U12 Grades 3 and up

Mixed boys and girls

Games played Mondays and Wednesdays, 7-8 pm

Registration fee: \$80 plus valid community membership

This program is sponsored by the Parkland Community Association. Memberships will be available for sale at the time of registration. We accept memberships from local communities, although Parkland residents must have a Parkland membership.

This program is run entirely by volunteers. Please be one of them! Our most critical volunteers are Age Group Coordinators and COACHES. Interested teens are welcome and encouraged to join the group as trainers or co-coaches.



Name	Age	Contact	Course
Alec	14	403-720-4072	Yes
Alyse	17	403-271-2668	Yes
Danielle	17	403-991-2292	Yes
Dylan	15	403-271-0682	Yes
Gabby	17	403-225-0157	Yes
Jordan	20	403-978-2253	Yes
Karena	17	403-808-8226	Yes
Kayla	13	403-271-3611	Yes
Mary	15	403-225-3366	Yes
Rhys	16	403-399-7509	Yes
Rowena	42	587-894-0713	Yes
Todd	45	403-585-8463	Yes

**Calling All BABYSITTERS**  
Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS**  
Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).

BRAIN GAMES SUDOKU

4	1	5	6	2	8	7	3	9
9	3	7	1	4	5	6	8	2
2	6	8	3	7	9	4	1	5
6	7	1	8	9	2	5	4	3
5	2	4	7	3	1	9	6	8
3	8	9	4	5	6	1	2	7
7	4	2	5	6	3	8	9	1
1	9	6	2	8	7	3	5	4
8	5	3	9	1	4	2	7	6



ST PATRICK'S DAY: LUCK O' THE IRISH PUB

MARCH 17<sup>TH</sup> AT 3:00 pm

Tap into your little leprechaun this March with a green inspired holiday celebration. Enjoy a fun St. Patrick's Day themed event...and who knows, if you're lucky you may even find your own pot of gold. Don't forget to put on the green!

"LOVIN" TUNEFUL PERFORMANCE

MARCH 21<sup>ST</sup> AT 7:15 pm

Enjoy the harmonizing vocals of this talented local Barber Shop Quartet during a performance by "Lovin" Tuneful.

403-258-2849  
www.lakebonavistavillage.ca  
11800 Lake Fraser Dr. SE



Parkland Real Estate Update

Last 12 Months Parkland  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
January 2017	\$569,950	\$556,250
December 2016	\$0	\$0
November 2016	\$637,400	\$628,950
October 2016	\$499,900	\$505,000
September 2016	\$664,900	\$649,000
August 2016	\$599,900	\$599,250
July 2016	\$615,000	\$603,250
June 2016	\$554,900	\$559,500
May 2016	\$638,700	\$624,500
April 2016	\$634,900	\$623,000
March 2016	\$575,000	\$555,000
February 2016	\$0	\$0

Last 12 Months Parkland  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
January 2017	5	2
December 2016	0	0
November 2016	3	2
October 2016	2	5
September 2016	5	6
August 2016	6	7
July 2016	4	2
June 2016	9	3
May 2016	4	2
April 2016	7	5
March 2016	5	3

To view more detailed information that comprise the above MLS averages please visit [parkland.great-news.ca](http://parkland.great-news.ca)



Councillor, Ward 14  
**Peter Demong**  
[www.calgary.ca/ward14](http://www.calgary.ca/ward14)  
[eaaward14@calgary.ca](mailto:eaaward14@calgary.ca) or  
403-268-1653

Happy March Ward 14!

Spring is just around the corner, and I assume for most of us it is a welcome change. There is a lot going on this spring, so I am going to spend this month's edition of my column gearing up for the new season.

Ward 14 Traffic Safety Meeting

May 4 from 5:30 p.m. to 8 p.m. is a date you should save, especially if you are interested in traffic safety. City administration, the Calgary Police Service (CPS), and I will be at the Mid-Sun Community Centre to talk with you about what we can do to improve traffic safety in Ward 14. Both City Administration and CPS will be using this to inform their decision-making, so I encourage you to come. Stay tuned for more details next month.

Street sweeping primer

Okay, I admit this is pretty early to start talking about street sweeping. But this is Calgary, and you never know what weather you will get. In fact, last year we got a very early start on street sweeping. You can just never be too sure.

The main point I want to make is to keep an eye on the website [calgary.ca/sweep](http://calgary.ca/sweep) over the next couple of months. That is where you will find details about the City's spring cleaning program. If we are all aware of what is going on, and take a few easy steps to make the process go smoothly, we can save everybody a lot of time and money.

Civic census & voter registration online starting April 1

Keep an eye on your mailbox during late March. You will be receiving your access code. It will allow you to complete the census and your voter registration online. They will both be accessible online on April 1.

The data that the City receives from the census is indispensable for decision-making, and the benefits of pre-registering to vote are obvious. But there is another very good reason to fill-out your census, and register to vote online: it saves taxpayers money! I hope you give online

registration a try this year. Those types of advancements really help to cut costs and streamline processes. But whether you do them online or in person, the important part is to make sure you perform these two essential civic duties!

March Counciltalk

Counciltalk keeps rolling along! The discussions continue to be great. This month Counciltalk will be at the Southview United Church in Walden located at 202000 Walden Blvd S.E. I will be there on Saturday, March 18 from noon to 2 p.m. You can visit [calgary.ca/counciltalk](http://calgary.ca/counciltalk) for details of the full Counciltalk schedule, and you can sign up to receive reminders for Counciltalk and other important Ward 14 news at [calgary.ca/ward14connect](http://calgary.ca/ward14connect).

Thanks for reading. Feel free to contact me anytime!



**Book Discussion Groups**

Our NEW Book Discussion Groups happen at every community library and feature new books and topics every month. No need to register—just drop in and travel the world of ideas with your neighbours! Visit [worldofideas.ca](http://worldofideas.ca) for details.

**Bill's Book Café with David Ward**

Take in *Bill's Book Café* with Library CEO Bill Ptacek and CKUA's David Ward. It's guaranteed to be a lively discussion of *Chronicles: Volume One* by Bob Dylan. Memorial Park Library  
March 21 | 7:00 pm

**Download and Enjoy:**

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Want to download or stream free music, magazines, and films from the Library, but not sure where to begin? Learn how to access our ever-growing collection on your device using Zinio, Hoopla, Flipster, and Freegal. To register, visit [calgarylibrary.ca](http://calgarylibrary.ca).

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**WELL EXPERIENCED HOUSE CLEANER AVAILABLE:** Very thorough. Excellent references. I do weekly, bi-weekly or monthly cleanings. I also specialize in post construction clean ups, move in or move out cleanings as well. Please call Malou at 403-698-3958.

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**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**PROFESSIONAL ACCOUNTANT:** Personal and corporate income tax return preparation and e-filing, general accounting services (bookkeeping, financial statements, GST, payroll, T4/T5 slips). Certified General Accountant with 30 years' experience, personable, reasonable rates, convenient location. Daryl Pallesen CPA CGA, #145 - 251 Midpark Blvd SE. Please call 403-988-2175 or email [daryl.pallesen@shaw.ca](mailto:daryl.pallesen@shaw.ca).

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## Seniors' RESOURCE FAIR

Various professionals will be on hand	check web for details	Park96 1 - 4 PM March 11
TLCagents.ca/Seniors		403-870-9916

## CALGARY WILDLIFE The Gray Partridge

Article by J.G. Turner

Photo by Daniel Arndt (no changes made from <https://www.flickr.com/photos/ubermoogle/18050433104/>)

The Gray Partridge, also known as the Hungarian Partridge, was introduced into Alberta when 70 pairs were imported from Hungary and released in 1908 near Midnapore. The smallest of Alberta's game birds, the Hungarian Partridge has an average length of 12 in./32 cm, a wingspan of 21 in./54.5 cm wingspan, and a weight of 15.6 oz./435 grams. Its neck and tail are short, its body is stout and its wings are short and rounded. This bird lives up to its name with grey legs and a grey bill as well a dark u-shaped patch on its belly, a rusty face and chestnut bars on its flanks. This game bird is the only partridge whose breast is decorated with fine wavy lines (vermiculated) of black, white and brown. A reddish brown tail and unmarked, chestnut outer wing feathers can be seen in flight.

### Fun Facts:

- Originally found in Europe and Asia, this game bird was brought to live on flat agricultural land in southern British Columbia, south central Saskatchewan and Alberta.
- The Gray Partridge lives in grassland and parkland regions of Alberta but there is also a separated population in the Peace River area.
- Its habitat is open grassland, farmland and grain fields, which have an adjacent area of woody cover for hiding in. It prefers to live on the border between scrubland and areas of cultivation.
- Although this bird can fly, it prefers to spend most of its time on the ground foraging for seeds.
- The Hungarian Partridge is a ground nesting bird, creating a grass lined nest hollow in long grass or under a bush.
- The hen produces some of the largest clutches of any bird species, averaging 16-18 and can lay up to 22 eggs at one time!
- Prior to courting, males engage in prolonged battles to establish breeding territories.
- When it is flushed, it explodes from cover with a clatter of wings and rapid cackle, taking a low and fast flight path to new cover.

If you find an injured or orphaned Gray Partridge or other wild bird or animal, please contact the Calgary Wildlife Rehabilitation Society at 403-239-2488 for tips, instructions and advice, or look at the website at [www.calgarywildlife.org](http://www.calgarywildlife.org) for more info.

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# SUPPORT YOUR COMMUNITY



## Parkland Community Association Memberships

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

Drop off at the Community Hall or mail to:  
Parkland Community Association  
505 Parkvalley Road S.E., Calgary, AB T2J 6M4

**Do Not Enclose Cash**

☐ Enclosed is a cheque for \$25

**Please contact [parklandca@telus.net](mailto:parklandca@telus.net) or call 403-278-5330 if interested in purchasing a membership**

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Spring is right around the corner and as the days get longer and the weather gets warmer, I am renewed by a sense of cautious optimism. Legislative Session is scheduled to start March 2, which is a late start date, hence Budget and Policy deliberations will undoubtedly keep my PC Caucus colleagues and I very busy in standing up for the best interests of Albertans. Follow key issues and activities of the session on my Facebook page or Twitter feed.

Much will change on the political landscape in Alberta over the next few months. Both the PC and Liberal Party will have new leaders. In addition, the Wildrose Party has agreed to consider unity talks with the PC party. Regardless of your political leanings and affiliations I would encourage you to be aware of the changes occurring, and if you are interested, to also get involved. Understanding the scope and vision of Alberta's political parties is an important element in our Westminster parliamentary style of governance. Voting and being an informed voter is critical to democratic success. Knowing who the local candidates are, who the leaders of the various political parties are, and what their policy platforms are, all matter on voting day and provide a window into how each party will act if they form government. As I remind myself, and continue to tell my children, do your homework.

On a lighter note, volunteers definitely represent the life

blood of any community. This month's spotlight is on the Deer Run Community Associations' Board. Deer Run hosted a Family Fun Skate Party at the end of January where the Board ran games, served food and handled set up and tear down. Often community associations are the unsung heroes whose work rolls on in the background, often unnoticed. Most of the Deer Run Board members have been longstanding members and resident of the community who simply desire to give back. There is no remuneration or direct benefit for serving on a board or volunteering, but it is what builds great communities. I would encourage each of you to look for ways to give back, in a manner appropriate to your circumstances, to the community in which you live!

Constituency week will be the last week of March (27th – 31st) and for most of this week, I will be in Calgary. I expect that the Budget will come down around this time, so we should have lots to talk about before and after. As I will be in Budget consultations with our caucus team early in the session, I will be hosting my regular MLA Café on March 11, 10:00 – 12:00 noon at my Office. Please join me!

As I have been very outspoken in my criticism of the Carbon Tax, I would appreciate hearing your thoughts on rebates and energy efficiency initiatives (or lack thereof), how it has impacted your business or household bottom line, and your ability to adjust consumption levels in response to rising costs. The carbon pricing discussion is far from over and as always your feedback helps me to represent you more effectively.

Let's all hope for a slow, gentle thaw and plentiful sunshine to bring us into the new spring season! As always, please do not hesitate to contact my office if you require assistance.



This January the 245th Cub Pack enjoyed an evening of skating, hot chocolate, and friendship around the fire, at the Bowness Park Lagoon.

Scouts are working on pursuing two personal Achievement badges that are designed to allow youth to explore and expand skills and knowledge in areas that are of particular interest to them.

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**Off the Menu**  
 The tall chef's hat is called a toque

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# Yoki & Jeff

## Parkland Real Estate Report

### Yoki's Best Ever Carrot Cake

#### MIX IN A LARGE BOWL

- 1 cup sugar
- 1 cup of canola oil
- 3 eggs
- 1 tsp vanilla
- 1 ½ tsp orange extract
- Electric beat one egg at a time
- 1 ½ cups of flour (whole wheat/all purpose)
- ½ tsp salt
- 1 ½ - 2 tsp cinnamon
- 1 ½ - 2 tsp nutmeg
- 1 ½ tsp baking soda
- 1 ½ tsp baking powder
- Mix together
- Then add 2 ½ - 3 cups of coarsely grated carrots & 1 cup of raisins and walnuts
- Bake in 9"x 13" pan for 30 - 45 minutes at 300 degrees fahrenheit.

#### ICING

- 8 oz cream cheese
- 3 - 4 tbsp softened butter
- 2 tsp vanilla
- 2 tsp orange extract
- 1 - 1 ½ cups icing sugar
- Garnish with walnuts
- Variation: add pineapple

**2 homes sold in Parkland in January. Currently there are 7 homes for sale, meaning short supply. Low interest rates are keeping demand up.**

**Thank you to all the people that sent us Christmas cards and emails to thank us for the cookie cutter gift.**

## Yoki & Jeff Nichol

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