

MAY 2017

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PARKLANDnews

THE OFFICIAL PARKLAND COMMUNITY NEWSLETTER

PARADE OF GARAGE SALES

SAT JUNE 10th
8:30 TO 3PM

SPRING CLEAN-UP AND RECYCLING DAY

SUN JUNE 11th
9AM TO 2PM

CANADA DAY CELEBRATION

JULY 1st



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TEAM PERFORMANCE

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- * *MULTIPLE YEAR FINANCIAL SUPPORTERS OF THE PARKLAND SUMMERFEST*
- * *SINCE 1986 WE HAVE DONATED A PORTION OF OUR COMMISSIONS ON EVERY TRANSACTION TO THE ALBERTA CHILDREN'S HOSPITAL FOUNDATION*



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PARKLAND COMMUNITY ASSOCIATION

505 Parkvalley Road SE Calgary
Alberta T2J 6M4
parklandca@telus.net
parklandcommunityassociation.org.

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Advertising Opportunities
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All advertisements must be submitted by the 1st of the month for the following month's publication.

Editorial Submissions
• REMINDER REGARDING SUBMISSIONS
Submissions due to PCA office by email at parklandca@telus.net or in person M-F 10-4 by the 1st of prior month ie June 1st for July issue.

Published by Great News Publishing
Serving Calgary communities for 28 years
91 newsletters reaching over 415,000 households in Calgary and surrounding areas.
#34-4550 112 Ave SE
Calgary, AB T2C 2K2

Check out our website: www.great-news.ca



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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.
Parkland Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women’s Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children’s Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

Parkland Community Hall

505 Parkvalley Road



Birthday? Wedding? Family reunion? Shower – baby or bridal?

Rental rates includes the use of a Kitchen, tables, chairs, and outdoor patio.

Give the hall a call 403 278-5330



The Parkland Community Association is a Registered Charity operated by an elected Board of community member volunteers. We represent the municipal interests of Parkland residents; we are your voice in city planning decisions. The annual \$25 membership fee is voluntary, but membership is required for some community sponsored events. Your membership fees help us bring community members together through various programs and events such as:

- Community Garden
- Soccer
- Canada Day Breakfast
- Parade of Garage Sales & Community Clean Up Day
- Seasonal Parties – Winterfest, Fallfest, Halloween
- And more!

Board of Directors

President	Sean Ferguson
Vice President	Leanne Black
Treasurer	Sunil Bagwe
Secretary	Janice Schneider
Civic Director	Laura Di Lello
Trico Representative	Julie Kyliuk
Directors-at-Large	Cheryl Boswell Adam Feuchuk Linda Mannix Jenn Vanderlann
Past President	Cindy Ross
Hall Contacts	Laurie Bradley Erika Diaz

Follow Us on

- facebook.com/Calgary Parkland Community Association
- Website: Calgaryparklandcommunityassociation
- parklandcanews@gmail.com
- parklandca@telus.net



Board Meetings:

Board meetings are customarily held at the Parkland Hall on the fourth Thursday of each month at 7:00 PM, with the exception of July and August. All community association members are welcome to attend our meetings. As our dates and times can change, we ask that you contact the Hall at 403-278-5330 or parklandca@telus.net to confirm any upcoming meetings that you would like to attend.

Board Membership:

The Parkland Community Association board is made up of volunteers who care about, and live in our community. Board involvement is a great way to make a contribution that ultimately ensures Parkland remains a fantastic place to live. If you want to join our board please call the hall at 403-278-5330 or come to our board meetings, held on the 3rd Thursday of each month.

Parkland Community Hall – Rentals:

Are you hosting a party and need more space? Looking for a venue for an upcoming baby shower or birthday party? The Parkland Hall is an affordable venue to consider! The hall features a bright hardwood-floored gym, kitchen, and meeting room – all available for community members and the public to rent.

Meeting Room Fees:

To inquire about Parkland Hall rental rates and availability, please contact Laurie Bradley and Erika Diaz at 403-278-5330 or by email at parklandca@telus.net.

Parkland Community Hall:

The hall is an affordable venue to host functions such as birthday parties, baptisms, retirement parties, and baby showers. The hall has features such as a bright gym with large windows. On the southwest side, you can see onto the beautiful community garden. The gym can accommodate up to 100 people and our meeting room can fit up to 35 people. Rental rates include the use of tables, and chairs and the use of the kitchen whereby a stove is available for re-heating food and the use of a fridge for storage.

If interested call Laurie Bradley or Erika Diaz at 403-278-5330.

Other Community Representatives

Community Resource Officer	Constable Matt Forest 403-428-6645
Parkland Girl Guides	1-800-565-8111
167th Parkland Scouts	Michelle Stager 587-351-2719
Parkland Cares	Julie Kyliuk parklandcaresyyc@gmail.com
Parkland Babysitting Co-op	Jill Vaters mjvaters@shaw.ca
Parkland Babysitting Registry	Eleanor Molina 403-271-2668
Parkland Housesitting	David Wiebe 403-271-9230
Parkland Preschool	403-225-0083
Prince of Wales Elementary	403-777-6880
St. Philip Fine Arts School	403-500-2072
LDS Church,	403-278-8565
Parkland State Centre	
Parkland Soccer	403-278-5330
Bow View Ringette	bowviewringette.com
Bonavista Hockey Program	lbbreakershockey.ca
Newsletter Editor	Erika Diaz and Laurie Bradley parklandcanews@gmail.com
Delivery & Advertising	Great News Publishing 403-263-3044

Parkland Hall Rentals Rates

Room Size	Room Capacity	Hourly rate prime time (evening)	Non-prime Hourly rate (daytime)	Weekend rate	Deposit
Meeting Room					
330 sq/ft	30	\$30/hr	\$20/hr	\$30/hr	Negotiable
Gym Room					
1200 sq/ft	100	\$40/hr	\$40/hr	\$400/day	\$500



Babysitting Registry

The Parkland Babysitting Registry is a listing of those who wish to offer babysitting services, casual, part-time or full-time, including teenagers and dayhome moms. Anyone looking for a babysitter can call the registry and receive the names of sitters fitting their requirements.

If you are interested in having your name added to the Registry, or wish to obtain the name of a sitter in your area, please call Eleanor Molina at 403-271-2668.

It is time once again to update the babysitting registry. If you would like to have your name remain, or be removed from the list, please call to advise.

This registry service is free of charge and available to Parkland residents only.

Parkland Babysitting List

New to Parkland?

Looking for a sitter?

Call Eleanor Molina at 403-271-2668
if you want to be added to the babysitting list or require a sitter.

PROGRAMS & CLUBS @ PARK96



MAY MONTHLY CALENDAR

Mondays 9:30 – 10:30

Thursdays 7:30-8:30

Strength and Restore Yoga

Info: Jane Sponiar at 403.281.7553 or

janesponiar@gmail.com or www.livingtaichi.ca

Thursdays 1:30pm-2:15pm

Fun with Music & Let's Play

Info info@cadenzamusicstudio.ca or 403-836-4866

1:30-2:15

Monday – Thursday

WOW! Women on Weights

Info: www.WomenOnWeights.com, or call Susan

403.660.4194

Board Game Club

Tuesday, May 16 @ 7pm-10pm

Info: Darren at parklandboardgamesclub@gmail.com

PAMJAM – Parkland Acoustic Music Jam

Tuesday, May 2 & Wednesday May 17 @ 7:00pm

To sign up go to www.meetup.com/PAMJAM/

Westwinds Music Performance – All Welcome

Saturday, May 13

Farmers Market - CANCELLED

ADULT SUMMER TENNIS LESSONS

JUNE 13 TO AUGUST 14

More information and the registration forms are online
www.park96.com

Cardio Tennis (all levels) – Mondays 8pm-9pm

Adult Tennis 2 – Mondays 7pm-8pm

THIS IS SUMMERFEST! PRESENTS TROOPER

SATURDAY JUNE 24 - TICKETS ONLINE

www.parklandsummerfest.com

PLAY WRITER'S CAMP

July 10-14, 1pm-4pm

This is a half-day camp for children ages 8 to 14 in

which they create, rehearse, and perform a unique play. In a dramatic and fun-filled week of half day camps, children will create the plot, craft the script, write dialogue, and hone their acting skills for their very own dramatic production, which will then be performed at the end of the week. The children will decide on a theme for the play, offering multiple opportunities for them to use their limitless imagination.

JUNIOR TENNIS SUMMER CAMP

July 24-28

Park96 is holding a summer tennis camp for children aged 5 to 14 years from July 24-28 from Monday - Thursday. Details and registration forms are at www.park96.com or in the Park office.

Ages 5 – 7 (9am-10am) - FULL

Ages 8 – 10 (10am-11:30am)

Ages 11+ (11:30am-1pm)

BASKETBALL CAMP

July 31 – August 4

5 days from 9am-12pm

Ages 8-12 are welcome and the camp runs rain or shine.

REPTILE CAMP

July 25-29, August 8-12 & August 15-19

Check out www.calgaryreptileparties.com for more information.

FALL, WINTER AND SPRING STRENGTH WORKOUTS FOR WOMEN AT PARK96!

WOW! & Gentle: Women on Weights.

Do you want to build and maintain strength in a fun, safe and supportive environment? WOW! and Gentle classes are Strength and Conditioning for all Women. To sign up and for more info: <http://www.womenonweights.com/>, or call Susan 403-660-4194.

For more information on the monthly calendars contact: Jennifer Stone, Park Administrator park96@telus.net 403-271-7516.

PARK96 ANNUAL FEES

Invoices for the 2017 Annual Fee were mailed to each residence the first week of January avoiding the Holiday rush. The annual fee is \$200.00 (including GST) and interest will begin on April 1, 2017. Parkland Residents have options how to pay:

~continued on next page~

PROGRAMS & CLUBS @ PARK96



1. Mail in a Cheque payable to the **Parkland Community Centre**.

2. Drop off your cheque in the Park96 mailbox just left of the main gate. Make sure to indicate your property address.

3. Come in person to the Administration Office to pay by Debit or Credit Cards. Extended Office Hours for January are posted on the Park96 Website www.park96.com

If you have any questions don't hesitate to contract the Office at park96@telus.net.

NEED A FOB?

Are you new to Parkland and need a FOB? Drop into the Park Office with proof of your new address and fill out a membership form. Homeowners are given a complementary access FOB. Check out the Office hours on park96.com, press the door bell and Office Administrator, Jennifer Stone will let you in. Or book an appointment at park96@telus.net during a time that works for you.

If you plan to bring between 10 to 40 people to the Park for an outdoor gathering, please notify the Park Office to avoid over booking. If you wish to bring more than 40 people to your gathering then once again contact the Park Office at park96@telus.net and pay a minimal per person fee. Parkland Residents must stay on site at all times when bringing guests into the park.

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Phone: 403-271-7516 • Fax: 403-271-7517

park96@telus.net • www.park96.com

Park 96 is a private gated facility owned by the property owners in Parkland who have paid all fees owing and are deemed to be "Members in Good Standing" or the designate of such owner. The current fee is \$200.00 due annually on January 1st, part of which is a \$96 encumbrance on each property or residence. This fee is used to maintain operations, support social and recreational programs and finance park improvements. The Park is managed by an elected Board of Directors of up to 15 members. This Board meets at 7:00 pm on the fourth Tuesday of each month, excluding July and August. Members with questions or concerns are welcome to attend these meetings, with prior notice of their desire to be added to the agenda, or may contact the Board President, Keith Watson, directly at park96@telus.net.

PARKLAND HOUSE SITTING REGISTRY

The House Sitting Registry matches home owners looking for a house sitter with those wishing to offer house sitting services. This is a great job for a teen, with some parental supervision or a home owner wishing to exchange with another. House sitting duties could include: emptying the mail box, picking up the paper, clearing away flyers, watering plants and generally keeping an eye on things. All service arrangements and remuneration are determined by the owner and house sitter.

This registry service is free of charge and only available to Parkland residences. To have your name included in the registry or to obtain a number of a sitter near you, please phone Dave Wiebe at 271-9230.

IN & AROUND CALGARY



3 Things for Canada

We are in the midst of our sesquicentennial—the 150th anniversary of Confederation—and I find myself with two goals.

The first is to say and write the word sesquicentennial as often as possible. Seriously, it's super fun. Grab a pen and write it into this page right now. I'm sure the next person to read this after you won't mind.

The second is to encourage every Canadian to do a very Canadian thing: give an anniversary gift to the nation—a gift of service. Imagine if every Canadian did just three things for their neighbourhood, their nation, and their world in 2017. Over the course of a year, we'll have done over 100 million acts of community building. Over 3 million acts in Calgary alone!

3 Things for Canada (www.ThreeThingsforCanada.ca) is all about doing just that. It helps us consider what gifts of service we can give to our nation—be they large or small—by considering our own passions and how we can help. What you do is up to you. Shoveling a neighbour's sidewalk, hosting a community BBQ, volunteering for a non-profit that is making a difference around the world, taking a role on your community association, running for office. Your 3 Things for Canada are limited only by your imagination.

In this time when it may seem dark in many parts of the world—when hearts, minds, and borders may be closing—the world needs Canada more than ever. It needs our capacity to do great things be they large and small.

So let's get out there and celebrate our sesquicentennial the best way we know how. Because Canada, and the world, deserves it.

—Naheed Nenshi, Mayor of Calgary

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UPCOMING EVENTS



PARADE OF GARAGE SALES

Saturday June 10th from 8:30 to 3pm. Registration to participate in the garage sale is at the hall 505 Parkvalley Road SE on Friday night June 9th at 6-8pm. Please bring an item for the food bank when you register.



SEVENTH ANNUAL SPRING CLEAN-UP AND RECYCLING DAY

Sunday June 11th 9am to 2pm. Come help us tidy our community. Come bring your recycling, and volunteers will direct you to which bin/truck will take your items.



CANADA DAY

Parkland community association will be hosting their annual Canada Day celebration. This is a special year—Canada's 150 birthday! We will post more details next month, however, mark this date on your calendars, there will be lots of entertainment for all the family!

Ticket info - park96.com

June 24

**Get your tickets now and save.
Share the date with family and friends**

Follow us on **> Annual Parkland Summerfest**

Join the fun, get your ticket or become a volunteer

IN & AROUND
CALGARY

Outdoor home improvement
project on your mind?

Planning on building a garage, expanding your deck or maybe installing a hot tub? You might be wondering what permits do I require? How long it will take? Or what bylaw and code considerations do I need to know about?

Before you pay for materials, hire a contractor or do it yourself, let The City help guide you on permitting and inspection requirements. We know the process can be confusing, but we're here to help answer your questions to ensure your project meets Alberta's safety codes and city bylaws.

Visit calgary.ca/myhome for answers regarding our most popular outdoor home improvement projects, or give us a call directly.

Planning Services Centre
403-268-5311
Monday to Friday
8 a.m. – 4:15 p.m.
calgary.ca/myhome

BRAIN
GAMES

SUDOKU

5			3			2		
						8	4	9
2		8		4			5	6
		4			2	5	1	
	3	9	5			4		
7	5			2		6		4
4	6	2						
		3			1			5

FIND SOLUTION ON PAGE 26

Green Cart service is coming
to your home

As the Green Cart program rolls out this year, you'll see how you can cut your garbage in half and turn your food and yard material into valuable nutrient-rich compost. Here's what homeowners can expect from the program.

You'll receive everything you need to get started

- When your green cart arrives look inside to find:
- Kitchen pail and samples of compostable bags to collect food scraps
 - Samples of paper yard waste bags to use when your cart is full
 - Instruction guide
 - Collection schedule

You'll be amazed at how much can go in

All food and yard waste can go in the green cart. You can even put in things that you can't compost at home like meat, bones, cheese, bread, pasta, branches and pet waste too.

These materials can be safely composted because the material reaches and maintains a temperature of at least 55 degrees Celsius during the composting process, which kills any harmful bacteria.

Green carts will be rolled out by quadrant

Once everyone in your quadrant receives their carts, weekly green cart pick up will begin and garbage collection will move to once every two weeks.

Once the community rollout schedule is finalized it will be available on calgary.ca/greencart.

Live in an apartment or condo?

By Nov. 1, 2017 your building is required to separate food and yard waste from the garbage for composting or diversion. Talk to your building owner or manager or visit calgary.ca/multifamily.

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PARKLAND | MAY 2017 13

IN & AROUND SCHOOLS



St. Philip Fine Arts School

The ability to explore our world through a Fine Arts lens is such an amazing experience for our students. Walking through the halls of our school you will see students' artwork, along with student created narrative explanations describing the process of creating this art.

On May 4th we are hosting our Open House and Fine Arts Extravaganza. This is an opportunity for new parents to learn more about the program, and for our current parents and guests to come in and explore the amazing artwork that is being created here. The students and the staff are so proud of the wonderful student art. The Open House runs from 6:00pm – 6:30pm, and the Fine Arts Extravaganza runs from 6:30 – 7:30pm.

On Thursday, May 18th, St Philips Fine Arts School will be hosting a family dance for students and their families. Our 'Carnival' themed event will include games, dancing and a silent auction. All funds raised will be used to benefit programs at St. Philips Fine Arts School. If you or your company are able to sponsor or contribute to our silent auction, please contact Triena Partridge at: triena.partridge@shaw.ca.

Field trips are a key part of the learning experience for students. In May the Grade 3 classes are off to the Glenbow Museum, the Kindergarten classes will go to the Telus Science Centre, and on June 2nd the grade 6 classes will make their annual trip to the Alberta Legislature in Edmonton.

If you are interested in more information regarding our Fine Arts program please visit our website at www.cssd.ab.ca/schools/stphilip/ or call our office at 403-500-2072.

St. Bonaventure School

With spring in the air, all the activities related to that time of the year are occurring at St. Bonaventure School.

Academically, the students are focused and working towards their year end exams. Grade 9 math students have had the opportunity to participate in various Canadian math competitions. In addition, six grade 7 students represented our school at the Invention Convention hosted by the U of C. There are many opportunities where groups of students will be provided a chance to use their skills or learn new skills. Everything from a presentation by Dwayne Peace, to Explore IT being hosted at SAIT, to a robotics competition, to a Career Expo. The Hockey Skills Academy will be hosting their annual pond hockey tournament on May 31st and the Gr 7 band students will be going on a Music World Tour at the end of May to St. William, St. Phillip, St. Boniface and St. Benedict Schools.

The fine arts department will be hosting their Spring Gala Night June 1st from 7:00 – 8:30. The evening will include the band performing Disney theme songs. There will be both Danceworks and drama performances as well as art displayed throughout the school. Everyone is welcome.

Athletically, the badminton team is looking to defend their title at the city finals being hosted at the end of May. Once the grass dries, flag football followed by track & field will be the next sporting events that our athletes will participate in.

Spiritually, during the Lenten season, all monies raised by our fun Fridays went to WE India. Thank you to everyone for their contributions. The month of May is a time to honor Mary, the Mother of Jesus. Our community is always welcome to join us as we celebrate our Marian mass May 12th at the St. Bonaventure church.



Seventh Annual Spring Clean-Up and Recycling Day in Parkland

Sunday, June 11th 9 AM – 2 PM
at the PARK96 Back Parking Lot

Come out to help us tidy up our community:

- Any refundable bottles will given to Parkland Cares.
- **Cerebral Palsy is on site** and they will take clothing, kitchen utensils, DVDs, CDs, games, toys, and your old clothing. For a complete list check out cpalberta.com/donate/recycle-clothing-bottles.
- Recycle your branches, leaves, garden waste, and grass at the green truck. (Use paper not plastic bags.)
- Best Shredding will return to shred and dispose of your old confidential papers.
- Recycle Logic will again safely rid you of your old tired electronics (computers, monitors, printers, cell phones and TVs) from your basements and garages.
- GFL will be providing our metal dumpster. So dig into your garden/tool shed and unload your old tools, barbeques, etc. or rid your home office of filing cabinets to fill our metal bins. To save space we request you take the legs off the barbecues as well as any wood.
- Recycle those old tires hanging on the wall of your garage.
- Get rid of your old refrigerators and coolers for a small fee (\$20.00) which will cover the cost of removing the coolant.
- A parent is coordinating the collection of baby/tot car seats. These will be taken to a processor for disposal. The processor is charging \$10 per seat.

Happy, smiling volunteer attendants will be on hand to show you which bin /area to place your garbage, recyclables, and donations. As per last year recyclables are free but garbage costs. A small donation of \$20 per second or more pickups will be accepted. After our costs are handled the remainder will be given to a food bank.

We cannot accept railway ties, animal carcasses, hazardous materials including chemicals, paints, oils, used oil filters etc.

We are in need of volunteers to help make this event a success. If you can help or have questions please email Steve Mulholland at Smulholland@shaw.ca.

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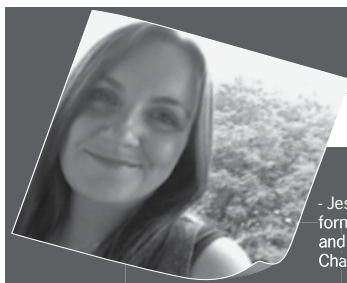


NEW COUNTRY LINE DANCING

WOULD YOU LIKE TO LEARN TO LINE DANCE?
BEGINNER & ADVANCED LESSONS

DEER RUN COMMUNITY CENTRE

FURTHER INFORMATION (COST, TIMES, ETC.)
PLEASE CALL GWEN (403) 256-6519
OR EMAIL GWEN_NCLD@OUTLOOK.COM



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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.




PLEASE JOIN US FOR AN **OUTSTANDING PRESENTATION** ON
JAPANESE DRUMMING

MIDNIGHT TAIKO KAI

Tuesday, May 16th at 7:15 PM

Come watch and be inspired by the exciting
rhythms and eye-catching choreography.

**For information about Lake Bonavista Village and to
book tours, please call 403-258-1849**

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Parkland Real Estate Update

Last 12 Months Parkland MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
March 2017	\$547,400	\$543,500
February 2017	\$635,000	\$613,121
January 2017	\$569,950	\$556,250
December 2016	\$0	\$0
November 2016	\$637,400	\$628,950
October 2016	\$499,900	\$505,000
September 2016	\$664,900	\$649,000
August 2016	\$599,900	\$599,250
July 2016	\$615,000	\$603,250
June 2016	\$554,900	\$559,500
May 2016	\$638,700	\$624,500
April 2016	\$634,900	\$623,000

Last 12 Months Parkland MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
March 2017	11	4
February 2017	6	3
January 2017	5	2
December 2016	0	0
November 2016	3	2
October 2016	2	5
September 2016	5	6
August 2016	6	7
July 2016	4	2
June 2016	9	3
May 2016	4	2
April 2016	7	5

To view more detailed information that comprise the
above MLS averages please visit **parkland.great-news.ca**

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Tasty Tomatoes

Barbara Shorrock

Calgary gardeners love their tomatoes, and can get pretty competitive over size and yield and all sorts of other categories. With our short growing season here in the Chinook belt (on average May 25-Sept 15), not to mention cold nights, days that may be warm to sizzling, moisture from drought to drowning, wind and Oh yes, hail, a bumper tomato crop is no sure thing. So, why bother? You can buy tomatoes of all sizes and shapes in the grocery store every day of the year. They come from greenhouses and fields as near as Medicine Hat and as far as California and Mexico. Plant breeders have focused for years on developing a fruit with thick skin, symmetrical shape, disease resistance and toughness to travel from field to store shelf. But in all this hybridization, the one thing that has been neglected is FLAVOUR. Do tomatoes today taste like they used to taste when you were a kid? Not likely.

What is flavour? It is a combination of about 25 volatile chemicals that make up the mouth taste and nose smell, including acids and the #1 chemical – sugar. Let's compare flavour to a classical musical symphony. If you pull out a single instrument, you many not notice. But pull out another, and then another, and at some point

you will definitely know that something is missing. This is what has happened in commercial production, and now there are scientists working on identifying the genome sequences of hundreds of tomatoes, trying to figure out how to selectively put back the pieces that will improve flavour, without messing up all the lovely thick skin and great travel-ability. This is no small feat, but the researchers, producers and customers are all eagerly awaiting success.

If you have a garden, or even space for large pots, and a sunny location, you too can enjoy the sumptuous taste of a real tomato. There are varieties in the seed catalogues that are amazing; just reading about them is an adventure. What you must remember, though, is our short season, so choose varieties that will mature in less than 70 days. (Gardeners with greenhouses already know this doesn't apply to them as the steady heat in the greenhouse makes for a different growing environment). Cherry tomatoes in particular, are well suited to a Calgary garden, as they ripen earlier than larger ones. There are some medium and large ones that will also ripen here, in a good year, before frost necessitates a move indoors. Many gardeners rely upon Heirloom

types for flavour, as they are originals that have not been hybridized. Lois Hole's book Tomato Favorites is an excellent source of information. Here are some she recommends both for their taste and for early maturity:

- Tumbler – 49 days (everybody seems to love this one, which is designed to grow in a tall pot and tumble over the rim, producing fruit all the way to the ground.
- Early Girl – 52 days
- Champion – 62 days
- Big Beef – 73 days
- Celebrity – 72 days

If starting seeds indoors with lights and all the associated paraphernalia isn't your thing, just choose your seedlings from the local nurseries with care, keeping FLAVOUR as your first criteria. When reading the labels, sometimes the name will give a clue, such as Ultra Sweet (52 days). By the way, some yellow and orange varieties can be just as tasty as red, if you close your eyes. I tried little yellow pear-shaped cherry tomatoes one year, but although they were super cute in a salad or on an appetizer tray, they were so mild tasting I won't do it again. It is flavour first in my kitchen.



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IN & AROUND CALGARY

Southland Leisure Centre

See calgary.ca/leisurecentres for schedules and more information or call 403-648-6550.

Summer Daycamps 2017 - Southland Leisure Centre's **Summer Daycamps are now registering** look for our program guide online (www.calgary.ca/recreation) and on stands. Lots of Spring preschool, children's and adults programs in the guide too!

Friday Night Dance Party. May 26 from 7:15-10:00pm.

Admission to the Party includes a dance lesson (primary movements, rhythmic structure, posture, leading and following), social dance, as well as refreshments. No Partner Required!

Southland Pro -Shop

"Did you know Southland Leisure Centre has a Proshop? We have a great selection of swimsuits for all ages all year long. Proshop sharpens skates using the Blackstone Stealth Skate Sharpening machine, CHECK US Out"

Summer Volunteer Opportunities

Southland welcomes volunteers, 13 years old and up for our summer daycamps. Come and enjoy your summer by keeping busy and productive throughout the summer months.

SOUTHLAND LEISURE CENTRE PLAYSCHOOL

2000 Southland Drive SW

Phone: 403-648-6582

Southland Leisure Centre's Playschool is recreation-based and includes educational activities which allows children to learn through play. Playschool programs are for two to four year olds from September to June. Registration is ongoing throughout the year, based on availability. Spaces are still available for the 2017 to 2018 school year.

Every Sunday, 8 am to noon. Family Swim

It's a designated family swim time. Come enjoy our waterpark, including a trip or two to the AquaPlay structure. Be prepared to get wet! Adults must be accompanied by a child and all children must be accompanied by an adult. Regular admission applies.



PD School Days

Did you know that Southland Leisure Centre offers programs to elementary school aged children on some Professional and Parent-Teacher Interview days? Check out the City of Calgary Recreation program guide on stands or online at www.calgary.ca/recreation for more information on our School's Out Day Camps. Hours of School's Out Day Camps are 7 am – 6 pm, and the cost is \$61.00/day.

Drop-in Kinderroom, Climbing, Gymnastics, Badminton, Basketball, Pickleball, and Soccer. There's so much to do at Southland Leisure Centre! Come have some fun and unique experiences in our rock wall climbing and gymnastics gym drop-in times. All equipment is provided and instructors are present to guide you.

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Councillor, Ward 14
Peter Demong
www.calgary.ca/ward14
eward14@calgary.ca or
403-268-1653

Hi Ward 14,

The weather is changing, and that usually means some cleaning is in order. Whether it is around the house or in the yard, pretty much everyone does it this time of year, and so does the City of Calgary. So that is the theme for this month: Cleaning!

Cleaning up our rivers

I wish I had a better track record of reminding you about the Annual Pathway and River Cleanup. It is a great event, but this year I fear you are reading this a little too late to sign up. Spots usually fill up fast, and this year it will be on May 7. Oh well, there is still a point to be made.

The pathways and rivers in this city are a huge sense of pride for Calgarians, and I find this is especially true for the people in Ward 14. We just have some of the most beautiful places in the city, and—even if you are not at the annual cleanup—there is really no reason that you can't pick up some litter to keep it that way. My wife and I make a point to do this every time we go for a walk. It doesn't take long to find a bin to put it in.

If you want to find out more about the Annual Pathway and River Cleanup visit calgary.ca/pathwayandrivercleanup.

Pothole repair season

As I mentioned, the City does spring cleaning too. For over a month now crews have been sweeping the streets of everything that builds up over the winter. Although protecting your windshield from cracks, and just plain making the streets look good are big reasons they do it, there is another one too. They need clean streets to fix the potholes!

If you know of any potholes, now is the perfect time to get them in the queue for repair. I suggest calling 311, or using the 311 app (which you can get by visiting calgary.ca/mobileapps).

Housekeeping: Dates to be saved!
Here are some important upcoming events:
Neighbour Day – It will be on June 17 this year, and it is exactly what it sounds like: an opportunity to meet your neighbours. Visit calgary.ca/neighbourday to see how the City of Calgary can help you celebrate.

Ward 14 Communities BBQ – Yes, we will be having my BBQ again this year. Mark September 16 in your calendars, and if you are a non-profit organization interested in being an exhibitor at the BBQ, please email your details to ward14@calgary.ca.

May Counciltalk - Counciltalk will be on May 27 in the main gym at the Queensland Community Centre (649 Queensland Drive S.E.) from noon to 2 p.m. Keep in mind it will be one of only two Counciltalk sessions before the summer break. I really hope I see you at one of them.

That's all I have to say for May. Summer is just around the corner, so get out and enjoy the clean roads and rivers. As always, don't hesitate to contact me anytime!

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- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

CLOTHING GIVEAWAY: Saturday, May 6 10:00 am – 1:00 pm at All Saints Lutheran Church, 380 Midpark Blvd. SE. Spring/summer clothing donations welcomed at the church from May 2-5, between 11:00 am – 3:00 pm. For more information call Retta at 403-201-7500.



Guides Canada

FAMOUS FIVE DISTRICT

Did you hear, the Classic Cookies have arrived! Some units are going door to door, but if we've missed you, please contact Pat, isteads@telus.net with your address and quantity and we'll see that someone delivers your order to you. Cookies are the major fundraising for Girl Guides and your purchase allows us to provide programming that teaches self-respect, community awareness, safety, leadership and so much more.

Beginning June 2, 2017, new members will be able to register for the fall program start. Use the National Website, www.girlguides.ca to find more information on how to register. Current members will be sent information about re-registering your daughter for the fall, please watch your emails or speak with your guider. If you have any questions, contact Pat.

All our leaders are volunteers, be sure to thank them for the skills and role modeling they provide to your daughters. Would you like to become a leader for the fall? We're always looking for women to help. Why not start the registration process now, take advantage of some trainings offered in June and be ready for a fun time in September. Contact Pat, isteads@telus.net, for more info.

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5	4	6	3	8	9	2	7	1
3	1	7	2	5	6	8	4	9
2	9	8	1	4	7	3	5	6
6	7	4	9	3	2	5	1	8
8	2	5	6	1	4	9	3	7
1	3	9	5	7	8	4	6	2
7	5	1	8	2	3	6	9	4
4	6	2	7	9	5	1	8	3
9	8	3	4	6	1	7	2	5

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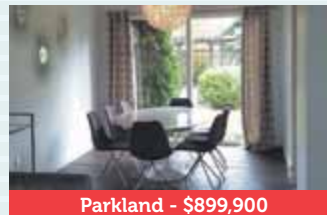
Yoki & Jeff's Parkland Real Estate Report



Parkland



148 Parkland Green- \$649,900



Parkland - \$899,900

January - March

Detached Homes	Number of Sales	Highest Selling Price	Average Selling Price
Bungalow	3	852,500	736,500
1 ½, 2 Storey/Split	5	613,121	559,124
4 level split	1	626,000	626,000
Bi-level	1	520,000	520,000

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