

OCTOBER 2017

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PARKLANDnews

THE OFFICIAL PARKLAND COMMUNITY NEWSLETTER

SATURDAY, OCTOBER 28
PARKLAND HALL

CHILDREN'S HALLOWEEN PARTY
5 – 7 PM

HALLO-TWEEN DANCE
8 – 10 PM



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- * SINCE 1986 WE HAVE DONATED A PORTION OF OUR COMMISSIONS ON EVERY TRANSACTION TO THE ALBERTA CHILDREN'S HOSPITAL FOUNDATION



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BAKE SALE

LAKE BONA VISTA VILLAGE IS HAVING A
CRAFT & BAKE SALE
SATURDAY, OCTOBER 21ST | 10AM-2PM

Doris Daley will be joining us with Special Guest Al "Doc" Mehl for Cowboy poetry and music on
Wednesday, October 25th at 7:00pm

Please **CALL** to reserve your space **TODAY!** Seats are limited.
If you have any questions or would like to book a tour, please call
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All advertisements must be submitted by the 1st of the month for the following month's publication.

Editorial Submissions
• **REMINDER REGARDING SUBMISSIONS**
Submissions due to PCA office by email at parklandca@telus.net or in person M-F 10-4 by the 1st of prior month ie June 1st for July issue.

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.
Parkland Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS 911	
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women’s Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children’s Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

Calgary Parkland Community Association (CPCA) presents



CHILDREN’S HALLOWEEN PARTY

Spooky entertainment for ages 3-10

- ✱ Witches brew
- ✱ Ghostly games
- ✱ Haunted house

5:00 to 7:00 PM
\$2 CPCA members
\$5 non-members

HALLOWEEN DANCE PARTY

For ages 9-14

8:00 – 10:00 PM
\$5 CPCA members
\$7 non-members

Parkland Hall
Saturday, October 28

Volunteers welcome
events@parklandyycc.ca • 403-278-5330



PARKLAND COMMUNITY ASSOCIATION

PARKLAND HALL

505 Parkvalley Road SE, T2J 6M4
403-278-5330 parklandca@telus.net
www.parklandcommunityassociation.org



The Parkland Community Association is a registered Charity operated by an elected Board of community member volunteers. We represent the municipal interests of Parkland residents; we are your voice in city planning decisions. The annual \$25 membership fee is voluntary, but membership is required for some community sponsored events. Your membership fees help us bring community members together through various programs and events such as:

- Community Garden
- Soccer
- Canada Day Breakfast
- Parade of Garage Sales & Community Clean Up Day
- Seasonal Parties – Winterfest, Fallfest, Halloween
- And more!

Follow Us on

- facebook.com/Calgary Parkland Community Association
- Website: www.parklandyyc.ca.
- parklandca@telus.net

Board Meetings:

Board meetings are customarily held at the Parkland Hall on the fourth Thursday of each month at 7:00 PM, with the exception of July and August. All community association members are welcome to attend our meetings. As our dates and times can change, we ask that you contact the Hall at 403-278-5330 or parklandca@telus.net to confirm any upcoming meetings that you would like to attend.

Board Membership:

The Parkland Community Association board is made up of volunteers who care about, and live in our community. Board involvement is a great way to make a contribution that ultimately ensures Parkland remains a fantastic place to live. If you want to join our board please call the hall at 403-278-5330 or come to our board meetings, held on the 3rd Thursday of each month.

Parkland Community Hall Rentals

The Parkland Community Association invites you to rent the Hall for family gatherings, company parties or community events. The Hall's main room is bright and sunny with large windows and hardwood flooring. A smaller carpeted meeting room is the perfect place to

host a program registration or meeting. Please contact Laurie Bradley at parklandca@telus.net or 403-278-5330 to view and for further details. Parkland Community Association members receive a discounted rate.

Parkland Volunteer Spotlight

Do you know someone that works hard to make Parkland great?

The Parkland Community Association would like to acknowledge our hard-working community volunteers. In September, we will begin taking submissions for the Parkland Spotlight. You can help us recognize and celebrate an individual or group of people by writing and submitting an approximately 100-150 word tribute.

Once approved, you will be notified as to what month your Spotlight will be printed in the Parkland News.

Submissions should be sent to: parklandca@telus.net.



Guides
Canada

FAMOUS FIVE DISTRICT

The fun and friendship of Girl Guides will soon be underway again for the 2016-2017 year. Haven't registered your daughter yet? Registration is open year-round! Go to www.girlguides.ca and locate the unit finder button to find the unit best suited for you. We're hoping your daughter will join us for some fun and friendship.

We still have some of the Classic cookies left. If you are interested in purchasing another supply or if we missed you in the spring, please let Pat, isteads@telus.net, know and we'll get them to you.

Several units are looking for unit leaders. Leaders are female adult volunteers who are supported by a team and participate in training for their roles. If you are interested in more information about being a leader, please contact Pat, isteads@telus.net. You can join in the fun and fellowship even if you were not a girl member or don't have a daughter. Consider adding Girl Guides to your resume and be a role model for girls in your community.

HAPPENINGS AT THE HALL

Parkland Hall Community Mosaic Project

A community project creating mosaic tiles celebrating our neighbourhood, our city and our province

In honour of **Canada's 150th Birthday**, and the heritage of our beautiful neighbourhood, we are excited to offer a special opportunity for Parkland schools, families and individuals to co-create our story into a one of a kind mosaic art mural to grace our community hall this Fall!

The mandate of this special project is to be created with as much community engagement as possible. Parkland artists have created the design work for our mosaic mural, with the help of guest public artist Michelena Bamford of Wolf Willow Studio, and under the direction of Project Creative Lead Cindy Ross.

Next step: Mosaic Workshops! The fabulous design created with community artists will now be fabricated in mosaic for permanent display. All the little bits that have been cut up by resident volunteers are now ready to be adhered onto a prepared substrate. This is a great process for many people to work on together and no experience is necessary. Stop by the Open House to leave your mark on this amazing process and project!

Open House Workshop:

Sunday, Sept. 24th 10am-5pm
Parkland Hall

There are separate workshops scheduled with area youth groups and schools.

Final Step: Installation! Once workshops are completed, we will be ready to grout and seal the art work, making it durable and ready to install on the outdoor South wall of the Parkland Hall. We will keep you updated as to the installation date so you can come by and look admiringly at the handiwork you helped to create for this enduring collaborative public art piece!

Congratulations! Celebrate!

Thank you to the Calgary Foundation for financial support of this project.

New Concrete Patio for Parkland Hall

Have you noticed the new concrete at the back of the building? The new concrete is built up to be flush with back doors, with a very slight downward slope, making all doors wheel chair accessible and improving drainage. Coming soon will be the addition of accessible hardware for all doors.



Concrete was also added to an unused grassed corner. The plan is to add a bench and planters next year to make this a sitting area. The mosaic mural the community is building will grace the walls above and around this bench. You may have noted there are three cribbed squares here. We will be embedding mosaic tiles into the concrete in these spaces.

Join our Parkland Board

The Calgary Parkland Community Association is a volunteer organization run by community members who want to create a more vibrant, healthy, safe, and sustainable community for all Parkland residents. Joining our board is an opportunity for you to represent the neighbourhood and make their voices heard. Our Councillor, MLA and City representative regularly attend the Parkland board meetings. We welcome all ages!

What we do:

- Advise on land use and zoning issues
- Make recommendations in the City's development process
- Address other community concerns
- Improve the quality of life in the community by providing for programs and services
- Operate and maintain the Parkland Hall.

Positions Open:

Treasurer, Secretary, Special Event Planners, Communication Director and Directors-at-Large – Commitment is one meeting/month.

New Web site looking for a Web Master

With the kind assistance of Great News Publishing, Parkland CA has a new website: www.Parklandyyc.ca. Thank you, Great News! What is needed now is a Web Master to make necessary but occasional tweaks. Great resume builder for a recent grad! If interested, please contact the Hall at parklandca@telus.net.

PARKLAND CARES



Thanks to all the young entrepreneurs that set up and sold their wares and treats at the Kids Market during the July Movie in the Park night. They donated 50% or more of their proceeds to Parkland Cares.

With the total coming in at almost \$500!

This money went towards our Backpacks for Kids campaign in August. Bonavista Cares and Parkland Cares were able to donate 23 completed backpacks with extra items sent to Aspen Family Services. These packs will help make those first days back to school a little less stressful.

Deerpark United Church and Aspen Family Services is collecting winter clothing and accessories for their Winter Clothing Event on September 23rd. There will be a donation bin at Park96 September 1-17th. Let's keep out the winter chill for those in need in our community.

Please contact us if you have ideas for ways to encourage strong community connections, or if you would like to help us with any of our planned events.

Our next planning meeting is Tuesday October 17th @ 7:15 at Park96, we would love to see you there.



parklandcaresyyc@gmail.com.

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Other Community Representatives

Community Resource Officer	Constable Matt Forest 403-428-6645
Parkland Girl Guides	1-800-565-8111
167th Parkland Scouts	Michelle Stager 587-351-2719
Parkland Cares	Julie Kyliuk parklandcaresyyc@gmail.com
Parkland Babysitting Co-op	Jill Vaters mjvaters@shaw.ca
Parkland Babysitting Registry	Eleanor Molina 403-271-2668
Parkland Housesitting Registry	David Wiebe 403-271-9230
Parkland Preschool	403-225-0083
Prince of Wales Elementary	403-777-6880
St. Philip Fine Arts School	403-500-2072
LDS Church,	403-278-4515
Parkland State Centre	
Parkland Soccer	403-278-5330
Bow View Ringette	bowviewringette.com
Bonavista Hockey Program	lbbreakershockey.ca
Newsletter Editor	Erika Diaz and Laurie Bradley parklandcanews@gmail.com
Delivery & Advertising	Great News Publishing 403-263-3044



PARKLAND HOUSE SITTING REGISTRY

The House Sitting Registry matches home owners looking for a house sitter with those wishing to offer house sitting services. This is a great job for a teen, with some parental supervision or a home owner wishing to exchange with another. House sitting duties could include: emptying the mail box, picking up the paper, clearing away flyers, watering plants and generally keeping an eye on things. All service arrangements and remuneration are determined by the owner and house sitter.

This registry service is free of charge and only available to Parkland residences. To have your name included in the registry or to obtain a number of a sitter near you, please phone Dave Wiebe at 271-9230.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARD BUSTERS LANDSCAPING: Snow removal \$129.95. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769. yardbusterslandscaping.com.

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LIVING KINDNESS YOGA Classes at the Parkland Community Hall. Peaceful Meditative Movements: a flowing and gentle hatha yoga. Classes for ages 3 to 50+. The Theory and Practice of Meditation: making effective use of Yogic, Buddhist & Christian meditative methods. Please see website www.livingkindnessyoga.ca for dates, times and registration details.



Re-elect Mary Martin

Trustee Wards 13 and 14 Calgary Catholic School District

Serving you as:

- Director, Alberta Catholic School Trustees' Association (2007-2010)
- Director, Alberta School Boards Association (2010-2011)
- Member, Alberta School Boards Association Task Force on Student Health (2009-2013) Lead, Alberta School Boards Association Student Health Regional Teams (2010-2013)
- Alberta Representative, National Committee on Student Health (2012-2013)
- Member, Alberta School Boards Association Transformation of School Board Governance Task Force
- Chair, Metro School Boards Group (2012-2014)

- Vice-Chair, Calgary Catholic School District Board of Trustees (2010-2011)
- Chair, Calgary Catholic School District Board of Trustees (2011-2014)
- Vice President, Alberta School Boards Association (2015-2017)
- President, Alberta School Boards Association (2017 -present)

For:

- Effective, authentic engagement
- The creation and strengthening of strategic partnerships
- Shared responsibility and transparency

I am asking for your vote on October 16th

Please feel free to contact me at: marylrmartin@gmail.com
Tel: 403-238-3298 Cell: 403-827-2196 [Twitter.com/marylrmartin](https://twitter.com/marylrmartin) www.marylrmartin.ca



UPCOMING PARK96 EVENTS & PROGRAMS

Board Game Club

October 17 @ 7pm-10pm

Info: Darren at parklandboardgamesclub@gmail.com

PAMJAM

Parkland Acoustic Music Jam

First Tuesday and Third Wednesday of the Month @ 7:00pm

To sign up go to www.meetup.com/PAMJAM/

Parkland Christmas Market

Saturday, November 4

10:00am to 4:00pm

Park96 is hosting a Christmas Market on Saturday November 4, 2017 from 10:00 am to 4:00 pm. Come and enjoy the warm atmosphere and wide selection of fabulous gifts from different vendors.

If you have any questions, please contact either Cathy Baker at 403-278-7717 or Caroline Hart at 403-278-0138.

Strength and Restore Yoga

Join Jane for gentle stretching followed by relaxation; mindful yet strengthening class!

Monday 9:30 am & Thursday 7:30 pm

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To sign up: and for more info: <http://www.workoutwomen.ca/>, call Susan 403.660.4194, email info@livewelllifestyleservices.com

For more information on the monthly calendars contact: Jennifer Stone, Park Administrator park96@telus.net 403.271.7516

PARK96 Information

Park96 Annual Fees

Invoices for the 2017 Annual Fee were mailed to each residence the first week of January avoiding the Holiday rush. The annual fee is \$200.00 (including GST) and interest will begin on April 1, 2017. Parkland Residents have options how to pay:

1. Mail in a Cheque payable to the **Parkland Community Centre.**
2. Drop off your cheque in the Park96 mailbox just left of the main gate. Make sure to indicate your property address.
3. Come in person to the Administration Office to pay by Debit or Credit Cards. Extended Office Hours for January are posted on the Park96 Website www.park96.com

If you have any questions don't hesitate to contract the Office at park96@telus.net.

Need A Fob?

Are you new to Parkland and need a FOB? Drop into the Park Office with proof of your new address and fill out a membership form. Homeowners are given a complementary access FOB. Check out the Office hours on park96.com, press the door bell and Office Administrator, Jennifer Stone will let you in. Or book an appointment at park96@telus.net during a time that works for you.

If you plan to bring between 10 to 40 people to the Park for an outdoor gathering, please notify the Park Office to avoid over booking. If you wish to bring more than 40 people to your gathering then once again contact the Park Office at park96@telus.net and pay a minimal per person fee. Parkland Residents must stay on site at all times when bringing guests into the park.

SCHOOL SHOUT-OUTS

Prince of Wales School

Friends of Prince of Wales School young and old joined the school on September 14 to celebrate the school's 40th anniversary. Thousands of children over the last four decades started a lifetime of learning at the school while building lasting memories. Congratulations to Parkland for fostering this amazing community school that has set up so many children for successful education and friendships.

The school also hosted its book fair September 18 to 22. Students and parents were able to start off the year cruising the shelves for their favourite authors.

Memories of family and friends impacted by cancer will be top of mind at Prince of Wales in October. The school's Terry Fox Run is scheduled for October 6. This popular annual event raises funds for the Terry Fox Foundation and inspires all involved with the amazing passion of so many students. Watch for the students running along the ridge of Fish Creek Park that morning.

Also exciting at Prince of Wales in October is the annual Halloween dance. Parents and students get creative with fun and scary costumes. Seeing elementary students dance and run at this event always provides smiles and laughter.

Thank you to the Parkland community and all of the Prince of Wales families for keeping street safety top of mind this year. Using the crosswalks and taking advantage of the very responsible school patrol volunteers is a must.

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Intro to Drawing Manga	Sat, Oct 14 (1-4pm)	\$65
Venetian Plaster	Sat-Sun, Oct 28-29	\$275

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CBE School Trustee for Wards 12 & 14 Mike Bradshaw

📞 587.885.0834

✉️ mike@studentscount.ca

🐦 @MikeByyc

📺 /MikeBradshawTrustee

🏠 www.mikebradshaw.ca

My name is Mike Bradshaw and I am running to be your Trustee for Wards 12 and 14. I live in Lake Bonavista and I am currently the Vice President of Community Affairs on the Community Association as well as the Vice Chair of the Lake Bonavista School Council, where my seven-year-old son attends.

I am running with a team of candidates across the city and we are committed to working together on six key points within the CBE.

Fix Math

Math scores for the CBE have been trending downward for the past decade. Our research has found that the math failure rate on the Grade 6 and Grade 9 PATs at the CBE is 56% higher than at the Calgary Catholic School District. They follow the same curriculum, but the CBE is failing to allow our kids to reach their true potential.

Fund Classrooms, not Admin

Money earmarked for students is not following them to the classroom. As a result, resources that would aid teachers and students are being denied, causing needless struggles at every CBE school. In the meantime the CBE administration call the shots from a luxurious office space just outside downtown, to the tune of almost \$15 million a year. Our team has also discovered that the CBE is sending administration on taxpayer-funded trans-global "recruiting trips".

Fix Report Cards

Report Cards are now only issued twice a year and students up to Grade 9 are given a score of 1-4 to assess their achievement. They are one of the most important communication pieces between a teacher, a student, and parents and they are failing to accurately convey achievement and areas of concern. Every parent I've spoken to wants their children to do well and will take steps to help with that, but it is difficult to do when they do not know their kids are falling behind.

Ensuring Student Wellness

Bullying happens at every school. Some of the most heartbreaking stories I've come across have been from parents forced to pull their kids out of school because administration has refused to deal with, and sometimes even acknowledge, there is a problem. We will establish an independent bullying ombudsman that reports directly to the Board of Trustees on any unresolved issues.

Keep Big Money out of Elections

I have pledged not to take any corporate or union donations for my campaign. Special interest money should have no place in deciding what is best for the future of our children.

Busing

While so many of our children attend schools inside the community, busing is having a huge impact on every school community as it effects school start times and we arrange our schedules around those times. As parents we need stability and predictability out of our school system. I believe we can do a better job of consulting families at the school community level to come up with solutions that will work better for everyone across the city.

I thank you for your support and I look forward to serving you as your next Trustee.



SUPPORT YOUR COMMUNITY

Parkland Community Association Memberships

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October in Fish Creek!

Renew Your Commitment to Fish Creek Provincial Park! Membership Shows You Care

The Friends would like to thank you for your role in helping us reach our 25th year of bringing the park and community together! As we celebrate this milestone, we invite you to renew your commitment to Fish Creek for the 2017/18 year. Membership fees provide essential funding for us to develop programs, courses, events and activities to engage community members, strengthen our message of environmental stewardship and work to conserve Fish Creek Provincial Park. Members receive admission to educational talks, a discount on the popular birding courses, discounts at local businesses and the *Voice of the Friends* newsletter. We invite you to renew online at www.friendsoffishcreek.org/membership. Thank you again for your support.

Fish Creek Speaker Series

Kananaskis Public Safety:

Who We Are and What We Do

Presented by Kananaskis Public Safety Specialists
Thursday, October 26, 2017 – 7:00 pm – 8:00 pm
Fish Creek Environmental Learning Centre, Shannon Terrace, 13931 Woodpath Rd. SW
Kananaskis Public Safety is a division of Alberta Parks that provides emergency mountain rescue services to the Kananaskis Region. We specialize in avalanche, high angle, water, and high mountain emergency response, and regularly team up with Conservation Officers to offer a complete rescue service. Kananaskis Public Safety Specialists are professionally trained guides who have devoted our lives to mountain travel. We have combined the guiding skills and experiences with rescue skills to become experts in Mountain Rescue. Learn more about

this exciting career field on October 26. Free to Friends members and \$5 for non-members. For more information visit www.friendsoffishcreek.org/event/kps

Limited Edition 25th Anniversary Signature Image Artwork Now on Sale!

As a part of the Friends' 25th Anniversary celebrations, local artist and Master Pointillist, Jim Pescott, created a beautiful original painting entitled *Autumn Colour—Fish Creek Provincial Park*. There are only 25 limited edition prints available and each one is numbered and signed by Jim, and come with a certificate of authenticity, making each print truly one of a kind! We also have smaller "open edition" prints (not numbered or signed by the artist) for sale. Please drop by the office to see the paintings or purchase this artwork through the online store www.friendsoffishcreek.org/store

ReWilding Through Restoration

ReWilding Through Restoration is a program that encourages the regeneration of natural ecosystems within Fish Creek, allowing current and future generations of Albertans to reconnect with, and wonder at, Alberta's natural beauty. This program involves the planting of poplars and other native vegetation along the banks of Fish Creek in areas that have become degraded by human activity. Friends of Fish Creek volunteers take part in the planting, maintenance and monitoring of the ReWilding Through Restoration sites until the sites are fully established. This important program is only possible with the hands-on support of volunteers and through donations that allow us to purchase the necessary supplies and equipment. It costs only \$15 to ReWild 1m² of the Park. Together, ReWilding is possible! To support ReWilding Through Restoration, visit www.friendsoffishcreek.org/rewild

ReWilding through Restoration Guided Walk with Drew McKibben

Saturday, October 7, 1:00 pm - 3:00 pm

To register visit www.friendsoffishcreek.org/event/rewilding-walking-tour

25th Anniversary Brick Program

Celebrate the 25th anniversary of the Friends of Fish Creek by dedicating a brick! Show your support for the park by having a brick inscribed with a message, your name or the name of a loved one. There is a limited number of bricks available. Get yours today! For more information contact the Friends or visit www.friendsoffishcreek.org/brick



As fall creeps upon us, the leaves descend and the nights become longer, I will turn my focus to the Fall Legislative session which is scheduled to start October 30. October reminds us to give of thanks, living a life of gratitude adds richness and fullness to all those we come in contact with. I give thanks for my family, friends, health, and living in a free, democratic society. I am also grateful for peaceful elections and transitions in government. Remember the opportunity for residents to vote in the Municipal elections and members to cast votes for the leader of the United Conservative Party during the coming month!

By now all of us have received our Green Bins from the City. I have been informed that the pilot project exceeded expectations. On a provincial level, many "green initiatives" have been ongoing for years. Some interesting facts regarding recycling in Alberta are below.

- In 2016 Albertans returned over two billion beverage containers to depots for reuse/recycling – a return rate of 86.2 %.
- Alberta Beverage Container Recycling Corporation (AB-CRC), is a non-profit, consumer funded program that the government does not contribute to, nor receive money from. The program is funded by: unredeemed deposit refunds and market value of recovered material. These do not cover all program costs and a voluntary container recycling fee (CRF), paid by consumers at point-of-purchase (e.g. the \$0.08 fee), and covers any remaining costs.
- The ABCRC regularly monitors and adjusts fees every February 1. Overall, program funding is used to cover the net costs to recover and process used beverage containers, and to ensure the overall sustainability of the beverage container recycling system.
- The electronics recycling program is currently adding 275 products over the next few months and so I would encourage you to call 1-888-999-8762, email electronics@albertarecycling.ca or check their website at www.albertarecycling.ca to find out all the products included.

As always, find me on Facebook, follow me on Twitter or Instagram, call the office for a phone conversation, meet with me in person, or visit one of my regular MLA Cafés (October 21st, 10-12pm). I, my staff and my office are always open, welcoming and accessible to you. And Happy Thanksgiving!

BABYSITTING REGISTRY



The Parkland Babysitting Registry is a listing of those who wish to offer babysitting services, casual, part-time or full-time, including teenagers and dayhome moms. Anyone looking for a babysitter can call the registry and receive the names of sitters fitting their requirements.

If you are interested in having your name added to the Registry, or wish to obtain the name of a sitter in your area, please call Eleanor Molina at 403-271-2668.

It is time once again to update the babysitting registry. If you would like to have your name remain, or be removed from the list, please call to advise.

This registry service is free of charge and available to Parkland residents only.

Parkland Babysitting List

New to Parkland?

Looking for a sitter?

Call Eleanor Molina at 403-271-2668 if you want to be added to the babysitting list or require a sitter.



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Yoki & Jeff's Parkland Real Estate Report

JULY - AUGUST

Styles	# of Sales	Lowest Selling Price	Highest Selling Price	Average Selling Price
Bungalow	1	\$515,000	\$515,000	\$515,000
2 St/2 Splits	3	\$662,000	\$890,000	\$789,834
Bi-level	1	\$567,000	\$567,000	\$567,000
4 level split	4	\$512,000	\$555,000	\$532,500

Not intended to solicit properties already listed for sale

Yoki's Orange Roasted Squash Soup with Apple & Brie

Ingredients

- 1 1/2 Large Butternut squash
- 3-4 carrots
- 1 medium onion
- 1 tbsp. chopped finely red chili pepper
- 1 leek, white portion only
- 1 tbsp. (30ml) butter
- 6-10 fl oz. (2L) chicken broth (reduced salt)
- Juice of 1/2 orange and rind
- 2-3 apples, peeled & chopped (Granny Smith)
- 2-3 bay leaves
- 1 tsp. (5ml) sugar
- Ground pepper to taste
- Ground chili pepper to taste
- Ground cayenne to taste
- 8 oz. (250g) Brie Cheese
- Snipped chives
- Sour Cream
- Sautéed red & green peppers

Serves 8-10

Instructions

1. Cut squash in half lengthwise & remove seeds. Place cut-side down on pan & bake at 350F (180C) until tender, about 45 minutes.
2. Chop carrots, onion & leek into 1" pieces & place in large pot. Gently sautéed in butter. Do not brown. Scrape flesh from cooked squash & add to vegetables. Season with salt & pepper, chili pepper & cayenne pepper to taste. Add stock & bring to boil.
3. Squeeze orange juice into mixture & add 1/2 orange into mixture. Add apple, bay leaves & sugar to stock mixture. Simmer, uncovered for 40-60 minutes.
4. Squeeze orange again. Remove orange & bay leaves. Puree soup in batches.
5. Cut Brie into 1/2" pieces and place cheese in bottom of soup bowls & fill with hot soup.
6. Garnish with a dollop of sour cream & add chives & a little of the sautéed green & red pepper on top for flavour & colour

Yoki & Jeff Nichol

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