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Last 12 Months Riverbend MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2016	\$445,900.00	\$444,000.00
July 2016	\$459,900.00	\$446,500.00
June 2016	\$369,900.00	\$362,000.00
May 2016	\$474,900.00	\$460,000.00
April 2016	\$470,900.00	\$456,750.00
March 2016	\$414,900.00	\$404,025.00
February 2016	\$439,000.00	\$425,000.00
January 2016	\$449,900.00	\$435,000.00
December 2015	\$429,900.00	\$406,000.00
November 2015	\$424,900.00	\$418,000.00
October 2015	\$439,450.00	\$426,500.00
September 2015	\$475,000.00	\$463,000.00

Last 12 Months Riverbend MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2016	14	7
July 2016	11	17
June 2016	15	9
May 2016	14	11
April 2016	10	8
March 2016	13	8
February 2016	10	5
January 2016	6	3
December 2015	2	5
November 2015	7	5
October 2015	6	8
September 2015	11	15

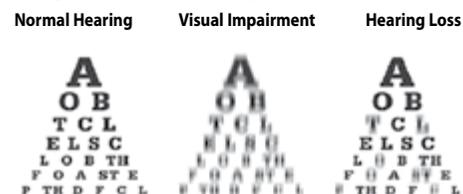
To view the specific SOLD Listings that comprise the above MLS averages please visit riverbend.great-news.ca

Hearing Loss differs from Vision loss

Dr. Diane Fennell

As with the eye, the ear's performance is affected by aging. However, bad vision gradually makes reading harder as the letters get smaller as in the chart below but hearing loss is different. In hearing impairment some sounds in a word may be heard clearly but other sounds particularly consonants may not, causing overall speech to sound 'muffled' or unclear. Hearing loss can make certain syllables and sounds harder to hear. For example, high-pitched consonants like **f, s, th, c, st** and **t** are easily drowned out by louder, low-pitched vowels like **a, o** and **u**. This results in a person with hearing loss complaining that they can hear others are talking, but not what they are saying. They can hear but do not always understand particularly in noise. Listening with an untreated hearing loss can be compared to Swiss cheese; there are 'holes' in the conversation.

Hearing Loss vs. Visual Impairment



Hearing loss usually begins unnoticed. On average, people with hearing loss wait almost 10 years before they do something about it. Too few people make a timely decision to take active steps to recover their hearing and increase their quality of life.

Studies show that as people lose their hearing, they are more prone to depression; they withdraw socially and communicate less with family and friends. This comes as no surprise – after all, you can't participate in conversation if you can't hear or understand what's being said!

Sources: www.cubex.co.uk/your-hearing; www.oticon.global/hearing

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Living In A Man's World

by Elisabeth Fayt

One thing I look forward to each year is the annual Book Fair in a little lake town where I spend my summer vacations. They cram the local town hall with used books at bargain prices, so I always manage to fill two boxes or more. I figure, if I get at least one good life-changing quote, I've gotten my money's worth. And there it was, a self-help book for women on "How to Thrive in a Man's Environment" filled with pointed advice on how men would like women to communicate with them, such as this nugget: "Spare me the pain, just give me the baby."

What a message, loud and clear. Men just want the facts, Jack. The problem is, as women, we love to do this seductive pole dance around the punch-line, keeping our listener captive with every detail before we get to the point, if we ever get there. Shocker, ladies, this drives our men crazy!

Let's face it, men and women are different. The good news is, we weren't designed to drive each other crazy. What I've learned spiritually is that our goal is to find a balance between our two natures. For men, it means loosening the grip on *reason* long enough to *feel*, and for women it means getting off the emotional train ride long enough to *reason things out*. It's a delicate juggle between heart and head.

It can be done, and we grow spiritually the more we're able to combine the two. It happens with practice, with our bosses, partners and friends, so bring on those relationships that push your buttons and take you to the next level.

IN & AROUND CALGARY

When your smoke detectors do go off, now what?

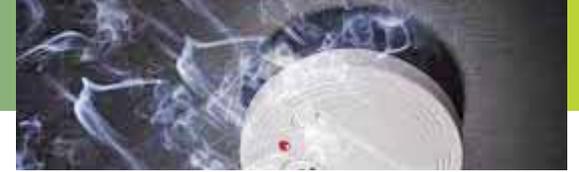
September greetings from your Calgary Fire Department!

GET OUT...STAY OUT...CALL 911!

Making and rehearsing a home escape plan is essential for your family's safety in the event that there is an emergency in your home

Draw a floor plan of your home making note of all windows and doors.

- Every room in your home requires two ways out. The first way out would likely be the door, the second way out could be a window... IF it can be done safely.
- Make sure all windows can be opened easily by the occupant.
- Windows in basement bedrooms NEED to be a minimum of 3.76 Square feet, AND any security bars that



may be on the window need to allow opening without keys or special tools. When planning, consideration needs to be giving on how the occupant of that bedroom will get up to and safely out of the window

- If you live in a multi-level building, when alarms are going off and you are evacuating, use the stairs, never the elevator,
- It is important that you familiarize yourself with the fire safety plan for your building.
- Once you do get out, determine a meeting place such as a tree in a neighbour's yard. When the first arriving fire truck pulls up, you'll be able to tell firefighters that everyone is either out safely or still in the building. This is **important** information for the fire crews.
- Practice your home escape plan at least twice a year, perhaps once during the day, and once at night.
- Once you get out, STAY OUT!
- For further information visit Calgary Fire Department at Calgary.ca and watch this fire safety video with your family

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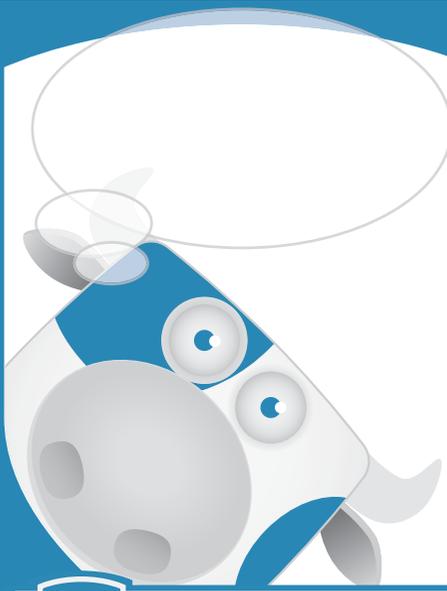




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Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

September at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week (more than 55 in the summer months), use the gymnasium, swim in our newly refurbished pool, skate, or play shinny. Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.) Plus with a membership you get 20% off hundreds of fun, active registered programs.

Fall/Winter Program Guide and Registration

Online registration is open and ongoing! We have something for everyone: swimming lessons, skating lessons (and NEW learn to figure skate program), adult fitness, older adult fitness and wellness, and programs for parent & tot, preschool, and children & youth. Lots of new programs; see www.tricocentre.ca for our Fall/Winter Program Guide or pick up a copy in facility. You can register online or by calling Guest Services at 403-278-7542.

Aquatics Programs & Pool Refurbishment Celebration

Our newly refurbished pool is open NOW – come and check it out. We will be celebrating on September 24, 2-9pm. Swim lessons for all ages (including adult.) Canadian Swim Patrol. Private Swim lessons are also available.

Parent & Tot & Preschool

Lots of parent & tot registered programs. New combo classes for Fall: Bubble Buddies, morning of songs, rhymes & action games – then blow bubbles in a parent & tot swim lesson. Also new, Dance with Me! Messy Masterpiece & Tiny Tot Sports n' Play. Also check out our parent and tot drop-ins – free with membership. Thirty different registered preschool options: art, dance, active movement, sports. New for Fall: Registered programs, ABC-123, combo classes: Art N' Gymnastics, Funky Fridays (each week focuses on a different theme) & Ballet/



Jazz Combo. Also new is Nature Wonders, Bricks 4 Kidz & Sportarama. Late registration is allowed.

Children & Youth

Check out the Fall Winter Program Guide for what's new for Fall: Registered programs, Just for Girls, Try it Tuesdays, Badminton Club, Dodgeball for Teens, Gym n' Swim Fridays, Sportball: Basketball & Ball Hockey, Sports Extravaganza (9-12 yrs) & Tumbling for Beginners (9-12 yrs). Youth Night is Saturdays, 6:30-9pm. Youth aged 10-17 can drop in for floor hockey, dodgeball, basketball, and other fun activities.

Adults

The Fitness Centre is waiting for you with friendly staff, lots of equipment, no line-ups and, with membership, more than 70 drop-in fitness classes. Drop-ins like adult shinny and leisure skate. Registered programs: fitness options, Mommy & Me series, plus the NEW: Focus Series: Small Group Training – Fat-Burning, Healthy Back & Joints, Learning the Basics, Power Lifting & Strength Training Design. Wellness workshops including Straighten Up, a posture workshop for adults and youth (12 yrs +).

Older Adults

Lots of older adults exercise in our fitness centre – drop by and check it out. Registered classes include Balance Builders: Fall Prevention Program (65+yrs), Bones and Balance, and Chair Yoga. Lots of drop-in fitness for older adults plus drop-in pickleball!

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities like yours pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

IN & AROUND SCHOOLS

Mapleridge Cooperative Preschool

As we begin another exciting school year, we extend a big welcome to both new and returning students. Our wonderful teacher, Mrs. Killam, is looking forward to her 34th year with Mapleridge Cooperative Preschool! We also have a new teacher join us this September, Mrs. Sue Marshall, and we are so happy to have her as an integral part of our team!

September is a month of getting acquainted with the new students, rekindling old friendships, making new ones, and establishing preschool routines. Mapleridge Cooperative Preschool has a bright and cheerful atmosphere that creates a wonderful environment for learning, playing and having fun.

Parents please mark your calendar for the Parent Orientation Night: Tuesday, September 6 at 7:00 pm.

It is not too late to enroll your child in our student-centered preschool. We still have a few spots available. For more information, please contact us at 403-278-9594, send us an email at mapleridgepreschool@hotmail.com, or visit our website at www.mapleridgepreschool.com

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Calgary Humane Society Dental Care

Happy August! We hope you are enjoying a great summer with your two and four-legged family! At Calgary Humane Society we are enjoying a busy season of summer camps. Our annual August adoption event is also just around the corner and we hope you will all come out to celebrate with us!

For many families, summer includes a trip to the dentist to take care of everyone's pearly whites. Dental care is vital for humans, but did you know that pets need dental care too? Each and every year we see dozens of animals at the shelter suffering from dental problems, problems that can result in health issues for the pet and legal problems for the people! Failing to provide dental care to your pet is considered a form of neglect under the Alberta Animal Protection Act and bad teeth can cause unnecessary pain for Fido. Interested in learning more about dental care for your pet? Read on!

Do all pets need dental care?

If your pet has teeth then dental care is an important contributor to overall health! Dogs, cats, rabbits, guinea pigs and even small critters like hamsters and gerbils should have their pearly white inspected regularly as a part of an overall health check-up by their veterinarian.

What are some of the common pet dental procedures?

For dogs and cats the most common dental need is tartar removal and tooth cleaning, much like what you would have done at your own dentist. Extractions are another common dental procedure in pets. Just like humans, cats and dogs can suffer from cavities and gingivitis and if these problems continue unchecked the teeth will need to be removed.

Rabbits and rodents have more complex dental needs. These critters have teeth that grow continuously for their entire lives. Most of the time your rabbit or rodent will do a great job of wearing down their teeth by chewing and eating

rough foods, but sometimes they need a bit of help. An exotics veterinarian will regularly check your pets teeth and can trim or file the teeth if necessary.

What is the cost of dental care for pets?

Just as with humans, the cost for dental care for your pet will depend on the condition of your pet's teeth and the pricing your vet sets for each procedure. We recommend booking a consultation with your vet to discuss your pet's specific dental needs.

What can I do at home to keep my pet's teeth healthy?

Providing an appropriate diet and opportunities for chewing is an important part of maintaining dental health in all animals. Choose toys that are the right size for your pet and made specifically for chewing as some items (like tennis balls) can damage your pet's teeth if chewed.

For additional suggestions we recommend speaking with your pet's vet. Your vet is familiar with your pet's specific needs and will be able to help you develop an oral care plan.

Can I use human toothpaste for my pets?

Human toothpaste should never be used for pets as it contains some ingredients that can be harmful if swallowed by your pet. If your vet has recommended brushing your pet's teeth, you should invest in a good quality pet toothpaste.

What are the main benefits of dental care?

Providing good quality dental care is an important part of health and wellness for pets. Investing in routine dental care sets your pet up for a long and healthy life, and it will also keep Fido's breath smelling great on those long summer car trips!

From all of us at Calgary Humane Society, Happy Summer!



Harvest summer's fresh bounty

By Paula Trotter
The Canadian Cancer Society,
Alberta/NWT Division

There's no better time of the year than now to eat more fruit and vegetables.

Alberta summers offer a bounty of fresh produce. You name it; this season's got it – cucumber, carrots, summer squash, sweet corn, strawberries, blackberries, cherries and more.

It should come as no surprise that eating plenty of vegetables and fruit is good for your health. But did you know a diet that includes a variety of produce helps to reduce your risk of developing cancer?

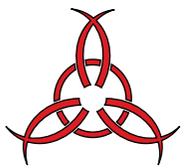
Research has shown that vegetables and fruit may help protect against certain types of cancer, such as head and neck, esophageal, stomach and cervical cancers. And, because produce is low in calories and high in fibre, eating a variety of fruits and vegetables can help you reach and maintain a healthy body weight, which in turn helps to reduce your risk of developing cancer (being overweight or obese puts you at a higher risk of cancer).

You can't go wrong with eating more fruit and vegetables. They're good for you, and delicious too.

Here are some Canadian Cancer Society tips to help you add more fruit and vegetables to your diet:

- Prepare a weekly meal plan and shopping list that includes plenty of fruits and vegetables. This way you know how you'll use all that produce so it won't go to waste.
- Make a veggie version of your favourite pasta, pizza, curry or chili. You could even try having meat-free meals for an entire day once a week.
- Fire up the barbecue and grill fresh fruit slices such as peaches and pineapple for a healthy, sweet dessert.
- Go for a rainbow of colour. Different coloured veggies and fruit provide different nutrients.
- Think of vegetables and fruit as natural convenience foods. Bananas, apples and oranges all come in their own packaging and can be eaten on the go. So can most raw veggies.
- Liven up the food you eat with crunch and colour. Put tomatoes, cucumber, peppers and radishes in sandwiches, berries in yogurt or cereal, and extra vegetables in pasta, rice, stir-fries and soups.
- If time is an issue, buy packages of pre-cut carrots, peppers, leafy greens or mixed fruit to make life and cooking a little easier.

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IN & AROUND CALGARY

The scoop on dog poop

With 150 public off-leash areas and over 100,000 dogs in our city, it's clear Calgarians love their canine companions. What isn't to love is the stinky situation left behind when owners don't pick up after their pets.

Cleaning up your dog's waste helps keep our yards, parks and off-leash areas safe and healthy, and is part of being a responsible pet owner.

Here are five facts you may not know about doggy doo-doo:

1. It's classified as a hazardous pollutant. It's in the same category as toxic chemicals!
2. It's crawling with E. coli and often contains roundworm larvae which, if ingested by humans or dogs, can lead to brain, eye and other organ damage.
3. It's not a good fertilizer. Its high nutrient content is toxic to lawns and will create "hot spots" causing the grass to burn and discolour.
4. It doesn't absorb into the soil, so the risk of spreading its harmful effects can linger for years!
5. It attracts mice, coyotes and other wildlife that consider it a delicious snack.

Keeping our city pet-waste free is easy, if we all do our part. Always carry pet waste bags with you when you walk your dog, and pick up and properly dispose of your pet's waste as soon as possible.

To learn more about the importance of picking up after your pet, join us at a P.U.P.P.Y. (Pick Up Pooch's Poo Yourself) event near you. Visit calgary.ca/puppy for details.

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

September 21 to October 2 - Calgary International Film Festival (CIFF): The Calgary International Film Festival (CIFF) is a 12-day showcase of up to 200 multi-genre films from Canada and over 40 other countries. The festival hosts gala events, screenings, award ceremonies and special presentations. www.calgaryfilm.com

October 1 - A Little Light Music: This is a chamber music concert with a special focus on well-known Canadian composers. There will be a fun, playful line-up of music in this concert with everything from A Little Light Music to Viva Gershwin. www.scpa.ucalgary.ca/events/little-light-music

October 6 - An Evening With Bethany Hamilton, Soul Surfer: Bethany Hamilton has become a source of inspiration to millions through her story of determination, faith and hope. Hear Hamilton discuss her surfing career and her charitable contributions in this inspirational talk. www.ticketmaster.ca/event/110050A6A6225E87

October 7 to 8 - Disney In Concert: Tale As Old As Time: Start Thanksgiving weekend with some classic Disney tunes performed by the Calgary Philharmonic Orchestra. The popular Disney songs from these films are played alongside clips from the movies. www.calgaryphil.com

October 11 to 29 - Boom: Using images and video, the show explores the musicians, politicians and cultural icons around from 1945 to 1969 that shaped the baby boom generation. www.theatrecalgary.com

October 12 to 15 - Intensional Particle + Split Flow: Hiroaki Umeda is a Japanese multi-disciplinary artist. He's a dancer, a sound, image and lighting designer, and a choreography. He brings two new solo shows to Theatre Junction. www.theatrejunction.com

October 14 to 29 - Fluid Festival: This year marks the 11th Fluid Festival, and just like the inaugural event, this year's Fluid Festival will celebrate dance and physical performance. www.springboardperformance.com

October 15 - Calgary Stampeders PinkPower Game: This football game joins in the fight against women's cancers. Arrive early to the game to purchase limited edition PinkPower merchandise, then watch the Calgary Stampeders take on the Montréal Alouettes. www.stampeders.com

SEPTEMBER 8 TO OCTOBER 16 ILLUMINASIA LANTERN AND GARDEN FESTIVAL

Illuminasia returns to the Calgary Zoo for its second year. This year, the theme is the four seasons and the four noble plants of Chinese culture — one plant is used to represent each season. www.illuminasiacalgaryzoo.com



SEPTEMBER 30 TO OCTOBER 1 THE PRINT IT YOURSELF FESTIVAL

Learn about the various techniques behind printmaking at the sixth annual Print It Yourself Festival. Learn what goes into making a piece of print art, engage in the process and create a piece of artwork yourself. www.albertaprintmakers.com



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OCTOBER 27 TO 29 DRACULA

The Alberta Ballet presents the classical ballet Dracula at the end of October. Special effects, impressive costumes (Dracula wears a 23-foot-long cape) and exquisite choreography bring this horror story to life. www.albertaballet50.com



OCTOBER

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IN & AROUND CALGARY

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CODERAD ELECTRICAL LTD: Over 13 years experience. Quality service and installation for a fair price. Certified Master Electrician. Fully insured and WCB compliant. Call Cody for your free estimate today, 403-333-6344 or email at info@coderadelectrical.com. Is your Electrical up to code? www.coderadelectrical.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARD BUSTERS LANDSCAPING: Snow removal \$129.95. Landscape construction and yard renovation: Stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Some conditions. Phone: 403-265-4769.

IS THERE MORE TO LIFE THAN THIS? ALPHA. Ask anything about life, faith and God. Thursdays, 6:30-9pm, starting September 29. Contact First Alliance Church 403-252-7572 / www.faccalgary.com.

HURTING? There's help for your pain and struggles. Divorce Care, Wednesdays starting September 14. Grief Support, Wednesdays starting September 7. Celebrate Recovery, Tuesdays year-round. Marriage 911, Sundays starting September 11. Contact First Alliance Church 403-252-7572 / www.faccalgary.com.

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CURRENT HIGH SCHOOL ENGLISH TEACHER B.A., B.ED. AVAILABLE FOR TUTORING: Over 13 years of experience teaching all levels of High School English Language Arts in Alberta. Familiar with current Alberta curriculum, texts, exams, and assessment standards. Reading comprehension, essay writing, vocabulary development, and diploma exam prep. \$40/hr. text or call Jenn at 403-998-0727 for information.

ROCK'IN LANDSCAPES: Offers landscape construction services such as delivery of any materials (loam, gravel, rock, etc.). Bobcat services (grading, post holes, parking pads, etc.). Landscape construction (tree/shrub planting, patios, rock walls, etc.). 20 years experience, informative, reliable. Call Ken 403-259-5226.

FUN WITH MUSIC COMING TO MILLICAN OGDEN COMMUNITY: An 8 week fun interactive music class that lets children explore all areas of music. Give your child an excellent start in the beautiful world of music. For Ages 3-5 and 6-8. For inquiries contact: 403-836-4866 or Info@cadenzamusicstudio.ca Session 1: Sept 22 - Nov 10.

Subsidies are available for City services

Need help accessing City of Calgary programs, services or facilities? The City has several programs that are offered at a subsidized rate for Calgarians who may have trouble affording them. The new Fair Entry process makes applying for fee subsidized City-services easier.

One application allows Calgarians to have their income level assessed for several subsidy programs and services. Apply for:

1. Calgary Transit Low-Income Transit Pass Program
2. Recreation Fee Assistance Program
3. Property Tax Assistance Program
4. No Cost Spay/Neuter Program
5. Seniors Services Home Maintenance

For more information or to apply, visit calgary.ca/fairentry.

BRAIN GAMES SUDOKU

2	9	3	8	7	5	1	4	6
1	6	4	9	2	3	5	8	7
7	5	8	1	4	6	2	3	9
6	7	9	2	3	8	4	5	1
4	8	5	7	1	9	6	2	3
3	1	2	5	6	4	7	9	8
9	2	7	3	5	1	8	6	4
8	4	1	6	9	2	3	7	5
5	3	6	4	8	7	9	1	2



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calgary.acadia@assembly.ab.ca

Hi friends and neighbours,

I hope that you had a fun and relaxing summer and had the opportunity to take in some of the many community activities and festivals in and around our beautiful city. A special shout out to Willow Ridge Community Association and President Roger Crowe for co-hosting our annual Pancake Breakfast. Roger's experience in hosting this event was invaluable. Also thanks to the Acadia Community Executive members who flipped pancakes, made coffee and lent much needed hands to this successful event attended by so many great members of our communities. We look forward to spending more time with so many of you at future events.

September marks the return to routines. Back to school for the kids and adults alike, and our valuable community association meetings are back up and running. Community associations are such an impactful way to support and sustain vibrant communities. Volunteering creates connections with neighbours and there are so many opportunities - events staff, fundraising and committee work. Calgary-Acadia is lucky to have strong active community associations - Willow Ridge, Acadia, Fairview, Southwood, and Riverbend - and they would love to have you join them.

We welcomed Cassidy Eleanor Payne on July 23rd and I'm thrilled to be able have her join me in my duties. While her office skills may be lacking, I'm sure that she will be valuable contributor to our team.

As always, my staff and I are here to help and hear your feedback. If you need assistance accessing government programs, want some support for a community event or initiative or just want to say "Hi," you can reach us by email at Calgary.Acadia@assembly.ab.ca, by phoning 403-640-1363 or visiting #10, 8318 Fairmount Dr SE. We are open Mondays 10-3 and Tuesday - Friday 10-4.



COUNCILLOR, WARD 12 SHANE KEATING

Phone: 403-268-1698 • Email: Ward12@calgary.ca
Twitter: @CouncillorKeats Facebook: <http://www.facebook.com/CouncillorKeating>
Web: <http://shanekeating.blogspot.com/>

September Newsletter Content

Another summer has flown by here in Calgary and Council is getting ready to return to session. I'm looking forward to continuing discussions with the Provincial Government about funding the Green Line LRT and getting a look at some of the early feedback from Phase 1 of the Deerfoot Trail Study. Check out my website at www.ShaneKeating.ca for more updates.

"Quick Wins" Coming for Ward 12 Transit Users

As many of you are aware the Green Line project was originally planned as a BRT (formerly known as the SETWAY). Administration previously outlined some "Quick Win" projects that could improve the timing and reliability of the 302 bus service as we worked towards the BRT dedicated lanes.

Thankfully last year Council made the decision to move the Green Line straight to LRT. With this move, many of the "Quick Wins" projects were put on the shelf.

Over the last number of months I have sat down with administration and asked that we revisit some of these "Quick Win" projects. Residents in SE Calgary need reliable transit service right now, and I'm not prepared to ask them to wait until 2024 for that to happen. I am very pleased to see that a few of the original "Quick Win" projects will be moving forward. These are projects that will improve the reliability of the 302 service and act as much needed building blocks towards the opening of the Green Line LRT.

The first of these projects is an improvement at the intersection of Barlow Trail and 114th Avenue SE. The City will install queue jump lanes for buses travelling eastbound and westbound. Buses will enter their own dedicated lane and get an advanced green light before other vehicles at the intersection. This will allow buses to get ahead of traffic and around delays from traffic congestion. Construction on this project will begin in the fall and be concluded by the end of 2016.

Coffee With Your Councillor

It has been my sincere pleasure to be your elected voice on Council since 2010. I believe an important part of my job is checking in with residents to see what their priorities are. On September 27 I will be hosting my second "Coffee With Your Councillor" event to hear your concerns and discuss the municipal issues facing Ward 12. The details for this event are below:

When: Tuesday, September 27, 2016 7:00 pm - 8:30 pm

Where: Auburn House - 200 Auburn Bay Blvd SE

I hope to see you on September 27.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas - 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police - Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX - Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions - Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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COMMUNITY ANNOUNCEMENTS

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

Deadline - 1st of each month for the next month's publication

Contact news@great-news.ca



Name	Age	Contact	Course
Roman	12	403-464-3696	Yes
Christina	14	587-433-6962	Yes
Franny	14	403-293-8847	Yes
Tiana	15	587-577-0656	Yes
Rose	40	403-978-5300	Yes

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COUNCILLOR, WARD 9 GIAN-CARLO CARRA

c/o Office of the Councillors
PO Box 2100, Stn 'M', Mail Code #8001A
Calgary, AB T2P 2M5

Greetings Ward 9,

I hope that everyone has had a great summer and have been able to recharge themselves. As we turn our attention towards the fall and get back into our routines, many items in the immediate future will affect all communities in Ward 9. Some of these include, the Green Line North design charrettes, the Calgary Hospital Legacy Fund committee update, the Community Representation Framework report, discussions surrounding Area Redevelopment Plans (ARPs), the Developed Areas Guidebook (DAG) and the Green Line report, coming to Council this month.

Other items, spearheaded by your Team Ward 9, can't possibly fit into this article. If you are interested in knowing more, please sign up for email notifications from at www.calgary.ca/ward9connect. Also, visit my website (www.gccarra.ca), follow me on Twitter (www.twitter.com/gccarra) and Facebook (www.facebook.com/gccarra). You will find videos, updates and issues of the day, where I look forward to your feedback and responding to your concerns.

Team Ward 9 has always been committed to being accessible to you. As such, your Team Ward 9 will continue to engage each community with our well-received Community Objectives Workshops (COWs).

To date, we have held them for the communities of Park Hill, Erlton, Rideau-Roxboro, Renfrew, Bridgeland-Riverside, Inglewood and Ramsay. From this concrete feedback, our office has been able to get more work done. If you are seeing increased activity from Parks, Roads, Neighbourhood Services or any other City department in your neighbourhood, it's likely a direct result of those workshops.

For the communities of Riverbend, Tuxedo Park, Winston Heights-Mountview, Fairview, Acadia and Dover, we ask for you to **save the dates below** in your calendar and send an email to ward09@calgary.ca to RSVP, as space is limited and they do go quickly.

- **Riverbend**
September 17 (10:30 AM – 2:30 PM)

- **Tuxedo Park/Winston Heights-Mountview**
October 1 (10:30 AM – 2:30 PM)
- **Fairview/Acadia**
October 15 (10:30 AM – 2:30 PM)
- **Dover**
November 19 (10:30 AM – 2:30 PM)

Finally, please join me in welcoming Blair Hone to Team Ward 9. Blair has been an avid proponent of creating great, liveable and vibrant neighbourhoods. He succeeds Shelaine, who has accepted an amazing opportunity outside of The City. We will certainly miss her energy, passion for, and success at, community outreach and engagement. I am excited to introduce Blair to you all, and know that he will be a great fit for Team Ward 9.

See you all soon.

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BY SHERI

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