

JANUARY 2017

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Green Line LRT

Green Line in my community



We've taken your feedback provided in the past on things like route alignment, station areas and transit oriented development and incorporated it into more detailed plans for how the Green Line will function in your community. With Green Line going to City Council for approval on final route alignment and station locations in June 2017, we're looking for your help one more time!

Join us at information sessions this month where we'll share how Green Line could operate and connect with your community once built. You know your community best so we want to hear from you!

There will be six sessions along the entire Green Line from North Pointe to Seton this January. Go to Calgary.ca/greenline for details and follow the Green Line story on Twitter @yyctransport #GreenLineYYC.

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CALLING LOCAL PHOTOGRAPHERS

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Please submit your best captioned photos along with your name for the photo credit and where the photo was taken to news@great-news.ca.

If you'd like to see your work on our social media channels—Twitter and Facebook—submit your social media information as well.



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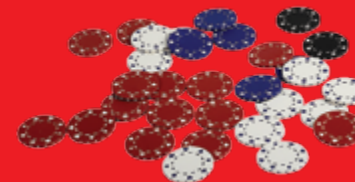


Riverbend Fundraising Casino at the Deerfoot Inn and Casino

March 10-11, 2017

- This fundraising effort provides Riverbend with a critical source of funds needed to allow it to keep operating.
- Therefore it is important we get enough volunteers to help us during this 2 day event.
- Riverbend requires a minimum of 25 volunteers to work a Casino

Visit www.riverbendcommunity.ca for more information and available volunteer positions.



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 www.riverbendcommunity.ca

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IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
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Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women’s Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children’s Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
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Road Conditions – Calgary	511
Weather Information	511
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Quarry Park/Riverbend
mybabysitterlist

Name	Age	Contact	Course
Tyanna	12	403-966-4115	Yes
Roman	13	403-464-3696	Yes
Christina	14	587-433-6962	Yes
Franny	14	403-293-8847	Yes
Rose	40	403-978-5300	Yes

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Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



IN & AROUND CALGARY

Women's English and Social Group

Improve your spoken English and meet new women in your community with the New Friends and Neighbourhood Groups program. Drop in at one of our weekly groups throughout the city. No cost, no immigration requirements and no minimum English requirement. Free childcare provided for children 6 months to 6 years old. Visit www.ciwa-online.com for group locations and times or contact Debra Colley at 403-444-1752 or debrac@ciwa-online.com.



Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

January at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our passes are affordable and our programs are family-friendly. With a pass, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs.

Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre pass with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

Recession Busters

- The Trico Cares program offers fee assistance for passes and admissions. Plus, we have partnered with organizations that offer fee assistance for programs (Canadian Tire Jumpstart, KidzFirst, KidsSport). See www.tricocentre.ca for details.
- Affordable swim specials: 8:30-9:30pm Monday to Saturday, just \$3/person. Sundays 6-8pm, Family Night Swim, \$3/person.

Register for Winter Programs

It is not too late to register for January-start programs for children, adults, and older adults.

Adults/Older Adults

- Amp up your fitness with registered adult programs starting in January: Cardio Kickboxing, Cardio Dance, Ballet Barre Blast, DancePL3Y. Improved strength and wellness with Myofascial Stretch and Release and Straighten Up!
- Cool new program: Strike It Cardio Drumming: Free Demo class on January 6 from 7:30-8:30pm.
- January is a great time to get back to the fitness centre – more than 70 drop-in fitness classes every week included with your pass.
- Small Group Training: personal training made affordable. Maximum of 4 participants in each focused group. Choose from fat burning, healthy back and joints, learning the basics, power lifting, and designing your own strength program.



- For older adults: registered multi-week programs starting in January include Balance Builders, Bone Builders, Chair Yoga.

Families

- Registered family programs: Mommy & Me Fitness, Mommy & Me Barre, Mommy/Daddy & Me Aquafit, Pre-Natal Aquafit.
- Family Night: Sunday Night is Family Night – swim from 6 to 8pm. Free for pass holders; general public is \$3 per person.

Children & Youth

From “just learning to walk” to teenagers: swim lessons, skating lessons, dance, gymnastics, creative, sports/active, karate, mind/body - programs for every age.

Students

High School Student January Exam Stress Release Pass, January 1-31 just \$22.

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less passes than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

Accountant
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The Boreal Chickadee

by JG Turner

The Boreal Chickadee is a typical member of the chickadee family: noisy, active and highly social. Although considered 'large' by chickadee standards, the Boreal Chickadee is a very small bird (weighing in at .2 - .4 oz or 7-12 g, 4.7-5.5" or 12-14 cm long). It has a dull brown cap, rufous (rich brown) sides and flanks and whitish cheeks, wears a black bib and has a tiny dark bill and short dark tail. All members of the Boreal Chickadee family share the same brown toned colouring. The Boreal Chickadee has the same flight pattern as its other chickadee relatives: it makes short flights from place to place on rapidly beating wings, alternating a few quick shallow strokes then pulling its wings to its sides to glide briefly before beating them again.

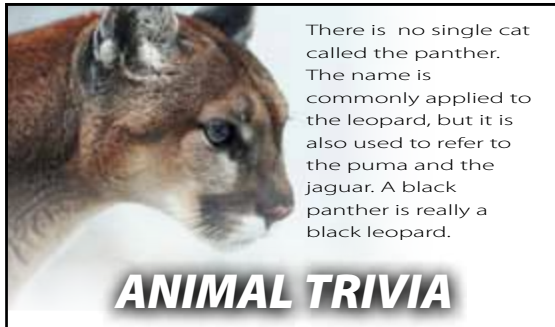
Fun Facts:

- This little bird is a year round resident in boreal forests in its range, which goes all the way up to the Arctic Circle, all across Canada.
- In Alberta, the Boreal Chickadee can be seen in the mountains, foothills, northern parklands and boreal forests. It is the most common chickadee found in the extreme northeast and northwest of the province. The Black-capped Chickadee is more commonly found in Calgary.
- Its habitat is coniferous forests, but it can also be found in mixed woods forests, where it can be seen foraging for seeds, insects and their pupae and larvae, in the foliage of coniferous and deciduous trees, even hanging upside down to access a food source!
- Pairs remain together and they nest in holes in trees or stumps, such as in a natural cavity or old woodpecker holes.

- The Boreal Chickadee has several survival strategies for living in a cold climate:
 - it hides food in the fall;
 - it has denser feathers than most other birds and puts on heavier plumage in the fall, creating a comfortable 'parka' for itself; and
 - in cold weather, it can lower its body temp at night from 42C to 29C (108F to 85F) which conserves stores of insulating fat.

The Boreal Chickadee often flocks with other bird species in the winter and will visit backyard feeders, where they can be seen squabbling amongst themselves over access to the feeder. They are attracted by suet, raw sunflower seeds and shelled peanuts.

If you find an injured or orphaned Boreal Chickadee or other wild bird or animal, please contact the Calgary Wildlife Rehabilitation Society at 403-239-2488 for tips, instructions and advice, or look at the website at www.calgarywildlife.org for more information.



There is no single cat called the panther. The name is commonly applied to the leopard, but it is also used to refer to the puma and the jaguar. A black panther is really a black leopard.

ANIMAL TRIVIA

Riverbend



Real Estate Update

Last 12 Months Riverbend

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
December 2016	\$459,950	\$447,500
November 2016	\$419,900	\$410,000
October 2016	\$437,350	\$428,750
September 2016	\$469,900	\$450,000
August 2016	\$445,900	\$444,000
July 2016	\$459,900	\$446,500
June 2016	\$369,900	\$362,000
May 2016	\$474,900	\$460,000
April 2016	\$470,900	\$456,750
March 2016	\$414,900	\$404,025
February 2016	\$439,000	\$425,000
January 2016	\$449,900	\$435,000

Last 12 Months Riverbend

MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
December 2016	2	4
November 2016	8	11
October 2016	15	8
September 2016	8	9
August 2016	12	7
July 2016	11	17
June 2016	15	9
May 2016	14	11
April 2016	10	8
March 2016	13	8
February 2016	10	5
January 2016	6	3

To view more detailed information that comprise the above MLS averages please visit riverbend.great-news.ca

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Government

With all that is going on in Government and our Calgary Hays Constituency, I want to take the time to THANK each and every one of you for your tireless efforts in making our Calgary Hays Constituency one of the BEST Communities to live in. Thanks to the diligent work of our Community Volunteers and Board Members for all that they do.

This is an interesting time of year. If you're like most people, you can't help but look back on the year gone by and reflect on how things have unfolded. Most likely, you'll also be looking ahead and making plans for the New Year. I will remain focused on holding the current NDP Government accountable for its harmful policy decisions, and providing you with a thoughtful, common-sense alternative.

New Rules

Starting January 01, 2017, Alberta will prohibit unsolicited door-to-door selling of:

- Energy products
- Furnaces
- Natural gas and electricity energy contracts
- Water Heaters
- Windows
- Air conditioners
- Energy audits

Some will be happier about this than others but either way, you need to know.

The current Government will create a public dental fee guide.

Engineering and environmental work is set to begin on McLean Creek that will temporarily disrupt some trails upstream of Bragg Creek.

Alberta Child Benefit (ACB) program

Some families now will be eligible for the ACB payment. Families earning less than \$41,220 per year in net income, including those receiving AISH and Income Sup-

port, are eligible. The maximum annual benefit is up to \$1,100 for families with one child and up to \$2,750 for families with four or more children.

For more information please contact our Calgary Hays Constituency Office.

Open House

Again this year our office will join Ward 12 Councillor Shane Keating's Open House

When: Wednesday, February 8 from 7:00 p.m. – 8:30 p.m.

Where: Remington YMCA, 108 Quarry Park Road SE

Feel free to contact my office if you have questions about the Open House. I look forward to more discussions!

Douglas/Quarry Family Skate

It was nice to see all the families out skating and having fun. Thanks for the coffee, hot chocolate and donuts. A special thanks to Scotia Bank for being the Sponsor for this event.

Clear Water Academy

I had a great visit with the Grade 6 students from the Clear Water Academy. The Grade 6 students are studying provincial politics in Scotia Studies at this time and it was an honour to speak with them on my role as a MLA. Thanks to all the students and Margaret Smerdely to make this happen.

Legislative Assembly Session

The legislative assembly session ended. December 13, 2016. Here are a few details on the legislation passed. I will provide more detailed opinions and thoughts on the legislation on my facebook page over the next few weeks.

Ukrainian-Canadian Heritage Day Act: This act was passed in one day and unanimously supported by all parties in the house. It recognizes the contributions that Albertans of Ukrainian decent have made and continue to make.

Oil Sands Emissions Limit Act: This act with very few words puts a limit on oil sands emissions at 100 megatonnes per year. Current emissions are 66 megatonnes per year. The limit is very arbitrary as evidenced by the round number and not based on any science or study. It essentially makes the oil sands the exclusive property of 4 companies. It may negate all or some of the benefit of the two new pipelines approved by the federal government (should they get built) and will likely limit invest-

ment and jobs in the energy industry while providing no meaningful environmental benefit. We did not support this legislation.

Credit Union Amendment Act: This act provides some long-awaited updates to what credit unions in Alberta can and cannot do. The credit unions largely agree. We supported this legislation.

Fair Elections Finance Act: This act was advertised as "taking the big money out of politics." The title and the hype are both not accurate. The bill was very much designed to tip the scales in the next general election in the favour of the NDP. The limit for annual donations to a constituency association for a political party increases from \$1000.00 per year to \$4000.00 which flies in the face of "taking the big money out of politics." The legislation also allows the government and combined third parties (often known as Political Action Committees or PAC's and are common in the United States) to spend more on an election than the parties themselves will be allowed to spend. You will hear much more from me on this in the weeks and months to come. We did not support this.

There is much more to say but I will add to my commentary over time.



Mapleridge Cooperative Preschool

December was a very exciting month for all the children at MCP. Our class Christmas parties were a big success, filled with songs, treats and a special visit from dear, old Santa Claus. This month, our children will learn about the wonder and beauty of winter! Please mark your calendars! Our wonderful teacher Mrs. Marshall brings over 8

IN & AROUND SCHOOLS

St. Augustine School

Last month, the season of Advent was observed in many wonderful ways at St. Augustine Fine Arts School. Advent is a time of expectant waiting and celebration of the nativity of Christ at Christmas. Students celebrated this important occasion by lighting the candles of the Advent wreath, during each week of the Advent season. In taking part in this very important tradition, students were given the chance to reflect and focus on the important virtues that are represented by each candle and that Jesus brings with his coming: Hope, Love, Joy and Peace. St. Augustine students further celebrated the month of December by showcasing their annual Advent production entitled, "Joy to the World" at the University of Calgary - University Theatre.

On the athletic front, the wrestling season wrapped up, with city finals being held in mid-December. We are very proud of our St. Augustine Angels and thank the students for their excellent representation of our school community. Basketball season is just beginning and we likewise expect many wonderful things from our student athletes.

St. Augustine Fine Arts School is truly blessed with an amazing group of students, staff and parents. Through our integrated fine arts program, and a focus on faith, we strive to provide educational experiences that will make all students feel successful. For more information about St. Augustine Fine Arts School, please visit our website at www.cssd.ab.ca/schools/staugustine/.

years of teaching experience and is adored by the children and their parents. We also want to take a moment to thank Mrs. Killam for her 34 years of faithful service to Mapleridge Preschool. Mrs. Killam will be retiring at the end of this year and we wish her the best in her new adventure. For more information about school enrollment please contact us at 403-278-9594, send us an email at: info@mapleridgepreschool.com or visit our web site at www.mapleridgepreschool.com

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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Celebrate Family Day at the Library!

Drop in for activities, storytimes, and more this Family Day. Everyone's welcome to join in the celebration happening at these community libraries:

Country Hills | Crowfoot | Fish Creek | Saddletowne | Shawnessy | Signal Hill

February 20, Noon- 5:00 pm | No registration required.

#Read150

Canada 150—read 150 books in 2017! Pick up your free *Great Reads 2017* reading guide from any community library in Calgary. It's chock full of incredible reading recommendations for every member of your family. Visit calgarylibrary.ca to find out how you can be entered to win great prizes just for reading!

Bill's Book Café with Evan Woolley

All Calgarians are welcome to join *Bill's Book Café*! Library CEO Bill Ptacek and City Councillor Evan Woolley host a lively discussion of *The Sisters Brothers* by Patrick deWitt.

Alexander Calhoun Library
Friday, February 24 | 7:00 pm

Hi friends and neighbours,

As we usher in the New Year, our thoughts are turning to the new Carbon Levy and ways we can save on our energy bills. I'm NOT going to tell you to put on a sweater, take transit and get rid of your car but there are so many small things that can be done around the home to reduce our personal environmental impact.

1. Purchase magnetic vent covers for heating vents. These covers block out air for floor, wall and ceiling metal vents. We all have those vents that heat areas that we don't use often. Available at hardware stores and online for less than \$20 and can be cut to size.
2. Deal with drafts at electrical outlets. Most of the drafts in our homes come in around electrical outlets. Electrical outlet insulation solutions are available in a number of forms depending on your level of handiness. Available in hardware stores and online for less than \$20.
3. Unplug your gadgets when you aren't using them. Unplug the tv or computer when you are away. Don't leave things charging overnight. Or purchase a power bar to plug in to, which you can easily switch off at night or when you're not using those devices.
4. Choose energy efficient bulbs for your lighting. Great advances have been made in the last 10 years so energy efficient lighting is reliable and cost effective. Many retailers in Calgary-Acadia have great affordable range of LED and CFL (compact fluorescent light) bulbs.
5. Buy local. We are so fortunate to have the Calgary Farmers Market located in Calgary-Acadia. Purchasing from local producers supports the economy and reduces the impact of shipping on the environment. And some of the carrots from the market are the best around, so sweet and yummy.

These are small, low cost changes, many of which I've adopted in my own home. While the Carbon Levy is not applied to electricity, small changes can add up to big results, and I would love to hear some of your energy-saving tips.

As always, my staff and I are here to help and hear your feedback. If you need assistance accessing government programs, want some support for a community event or initiative or just want to say "Hi," you can reach us by email at Calgary.Acadia@assembly.ab.ca, by phoning 403-640-1363 or visiting #10, 8318 Fairmount Dr SE. We are open Mondays 10-3 and Tuesday - Friday 10-4.



Councillor, Ward 12
Shane Keating
 403-268-1698 • Ward12@calgary.ca
 Twitter: @CouncillorKeats
 Facebook: <http://www.facebook.com/CouncillorKeating>
 Web: <http://shanekeating.blogspot.com/>

Happy New Year Ward 12! Whether it was recreation centres or new schools, 2016 was a year of new beginnings for southeast Calgary. 2017 is going to be another big year as we continue progress on projects like the Seton Recreation Centre, the Green Line LRT and the Deerfoot Trail Study.

Notices of Assessment

Assessment notices are mailed out to property and business owners in the first week of January. These assessments provide the property value that your property taxes will be based on. If you do not agree with your assessment, you do have the opportunity to take part in the Customer Review Period. The Customer Review Period will be open from January 5 to March 6, 2017. Changes to your assessment will only be considered during this window.

You can visit calgary.ca/assessment for more information.

Deerfoot Trail Study

In 2016 a comprehensive study of Deerfoot Trail kicked off. The City of Calgary and Alberta Transportation are working together on this comprehensive study, the first of its kind since the mid 1990s. Twenty-five years is a long time between studies of such an important roadway and Calgary's relationship with Deerfoot has changed dramatically in this period of time.

In June the study team gave Calgarians an opportunity to express their feedback. In total the team received feedback from more than 10,000 people. Here are some of the early trends from the feedback the team received:

- The most travelled route on Deerfoot is from Stoney Trail South to Glenmore Trail;
- The most congested segment was reported as McKenzie Lake Blvd to Glenmore Trail;
- The Douglasglenn/McKenzie Lake areas had the most respondents through the engagement process.

The team is moving into the next steps of this study where they will be developing and refining some short-term improvement options for existing prob-

lems. I look forward to seeing the recommendations from the team and will continue to discuss opportunities for alleviating congestion with our colleagues at Alberta Transportation.

You can keep up to date with the Deerfoot Trail Study by visiting calgary.ca/Deerfoot

Ward 12 Open House

Each year my office hosts a Ward 12 Open House. We invite City of Calgary departments and external stakeholders to participate. They will have presentation booths that provide information and they will answer your questions. The 2017 Open House is right around the corner, and I am looking forward to hearing your feedback!

When: Wednesday, February 8 from 7:00pm – 8:30pm

Where: Remington YMCA, 108 Quarry Park Road SE

Feel free to contact my office if you have questions about our open house.



Councillor, Ward 9
Gian-Carlo Carra
 c/o Office of the Councillors
 PO Box 2100, Stn 'M', Mail Code #8001A
 Calgary, AB T2P 2M5

Hello Ward 9!

I hope that you enjoyed the last couple weeks of 2016.

With the recession that we Calgarians have suffered through for the past two years, it's important that we reflect on what we have, maintain hope for what may be, and roll up our sleeves together and work towards making our neighbourhoods prosper—as we always do.

We have seen our quality of life shaken by the hit to our local economy. As your City Councillor, I have seen and heard about it from you at events, through email, social media, and in one-on-one meetings. Things are tough, but we are still optimistic.

In 2016, your Team Ward 9 supported increasing affordable housing stock for seniors, reformed the secondary suite process, increased the potential space for child care services, lowered property taxes, and removed the "Greenfield" development subsidy for new developments on the edges of our city - decreasing the tax burden on tax payers to the tune of \$6,000 to \$20,000 per residential unit built.

We have also supported moving up the time tables of, and building, infrastructure projects to get Calgarians back to work, and amended the sliding scale subsidy for our less fortunate neighbours to ensure that they do not get left behind as we all tighten our fiscal belts.

I am proud to report that just over 8 out of 10 (82%) Ward 9 residents still say the quality of life in Calgary is good, and that almost 9 out of 10 (88%) residents are proud of the neighbourhood they live in. This is the very basis of our upcoming success, as it is this togetherness that will ultimately see us out of the current rut that we are in.

This year, your Team Ward 9 and I will continue to focus on infrastructure, transit and traffic (and congestion), crime, safety, sustainable community growth and planning, and supports for people living in poverty and affordable housing.

I continue to hear you, and work towards creating the environment that will help our friends, families and neighbours flourish.

As always, I encourage you to contact me to let me know what your priorities are. I also encourage you to sign up for our updates at calgary.ca/ward9connect to stay in the know.

See you soon and let's make this a great 2017.

KEYBOARD SHORTCUTS

TO DO THIS:

Change the case of the letters

SHIFT +F3

Format all letters as capitals

CTRL+SHIFT+A

COMMUNITY ANNOUNCEMENTS

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

FLC SENIORS CLUB – TAI CHI 55+: Study of Cai's Tai Chi, based on the Traditional Yang Style. Our Winter Session starts January 5th, with Thursday classes at the Trico Centre and the Lake Bonavista Community Association. Please call Juliette at 403-225-1593 or Christel at 403-271-1289. www.flcseniors.ca.

LOVE TO SING? Want to experience the benefits of singing in a welcoming vocal community? Vocal Latitudes may be the choir for you. A non-audition World Music community choir, Vocal Latitudes meets Tuesday evenings from September to May in a convenient central location. For more information, see www.vocallatitudes.org.

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Learning Opportunities Ahead

Talking About Dementia with Dr. David Hogan

Gain a better understanding of Alzheimer's disease and related dementias. Dr. David Hogan will lead an informative presentation and answer some questions from the audience. As a local expert on dementia, Dr. Hogan is the Medical Director of the Cognitive Assessment Clinic and holds the Brenda Strafford Foundation Chair in Geriatric Medicine at the University of Calgary. The Alzheimer Society of Calgary will also share information on the programs and services available to help you.

This is a fantastic opportunity for people looking to learn some excellent, introductory information about Alzheimer's disease or related dementias, or who may be searching for additional support, resources, hope and inspiration. There is no cost to attend but registration is required.

Saturday, January 28th 10 a.m. – 12:00 p.m.

Delta Calgary South (135 Southland Drive SE)

Register today

Visit www.alzheimercalgary.ca

Call (403) 290-0110

Email info@alzheimercalgary.ca

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