

NOVEMBER 2017

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CALLING LOCAL PHOTOGRAPHERS

SUBMIT YOUR PHOTOS FOR A CHANCE TO BE PUBLISHED IN THE NEXT EDITION OF THIS NEWSLETTER

Please submit your best captioned photos with your name for the photo credit and mention what community you're from.

Send to news@great-news.ca.

If you'd like to see your work on our social media channels—Twitter and Facebook—submit your social media information as well.



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news@great-news.ca

All advertisements and editorial submissions must be submitted by the 1st of the month for the following month's publication.

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PUBLISHING

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Annual Fall/Holiday 2017 Craft Fair

Saturday, November 4
9am - 4pm

Riverbend Community Hall
19 Rivervalley Dr. S.E.



For more information or to register your table,
please contact Holly at hollyratke@gmail.com.
Registration form and taken tables at
www.riverbendcommunity.ca.



RIVERBEND COMMUNITY ASSOCIATION

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 info@riverbendcommunity.ca
 www.riverbendcommunity.ca

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 255, 11488 - 24 Street SE
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MP Calgary Shepard Tom Kmiec
 2784 Glenmore Trail SE, Suite 1220
 Calgary, Alberta, T2C 2E6
 Phone: 403-974-1285
 24/7 Line: 1-855-852-5710
 Email: tom.kmiec@parl.gc.ca

IMPORTANT NUMBERS

| ALL EMERGENCY CALLS | | 911 |
|---|--|----------------|
| Alberta Adolescent Recovery Centre | | 403.253.5250 |
| Alberta Health Care | | 403.310.0000 |
| AHS Addictions Hotline | | 1.866.332.2322 |
| ATCO Gas – 24 Hour Emergency | | 403.245.7222 |
| Calgary HEALTH LINK 24/7 | | 811 |
| Calgary Police – Non Emergency | | 403.266.1234 |
| Calgary Women’s Emergency Shelter | | 403.234.7233 |
| Child Abuse Hotline | | 1.800.387.5437 |
| Kids Help Line | | 1.800.668.6868 |
| Child Safe Canada | | 403.202.5900 |
| Distress/Crisis Line | | 403.266.4357 |
| ENMAX – Power Trouble | | 403-514-6100 |
| Poison Centre - Alberta | | 1-800-332-1414 |
| HOSPITALS / URGENT CARE | | |
| Alberta Children’s Hospital | | 403.955.7211 |
| Foothills Hospital | | 403.944.1110 |
| Peter Lougheed Centre | | 403.943.4555 |
| Rockyview General Hospital | | 403.943.3000 |
| Sheldon M. Chumir Health Centre | | 403.955.6200 |
| South Calgary Urgent Care Health Centre | | 403.943.9300 |
| South Health Campus | | 403.956.1111 |
| OTHER | | |
| Calgary Humane Society | | 403.205.4455 |
| Calgary Parking Authority | | 403.537.7000 |
| SeniorConnect | | 403.266.6200 |
| Calgary Kerby Elder Abuse Line | | 403.705.3250 |
| Alberta One-Call Corporation | | 1.800.242.3447 |
| City of Calgary | | 311 |
| Social Service Info & Referral | | 211 |
| Community Mediation Calgary Society | | 403.269.2707 |
| RNR Lockworks Ltd. | | 403.479.6161 |
| Road Conditions – Calgary | | |
| Weather Information | | 511 |
| Gamblers Anonymous | | 403.237.0654 |



Fun Facts:

- The House Sparrow is part of the weaver finch family of birds which is not related to North America's native sparrows.
- The males have a grey crown and underparts, white cheeks, a black throat bib and black between the bill and eyes. Females are brown with a streaked back (buff, black and brown).
- These little birds have only been in Alberta for about 100 years made themselves at home here by taking advantage of urban human environments, where food and home sites are provided.
- In Alberta, House Sparrows can be found in backyards, parks, suburban and cultivated fields, and urban areas. They are rarely found in far northern areas.
- House Sparrow make untidy nests in boxes (sometimes taking over another bird's nest), under eaves, in crevasses in buildings or masonry or stone structures, in spruce trees, and, in cold climates, even in the heat vent outlets of commercial laundries. These birds may raise up to three broods a season.
- These birds usually travel, feed and roost in assertive, noisy, sociable groups, but always maintain wariness around humans.
- Although often disliked for their raucous and unsanitary manners, the House Sparrow provides great fodder for the study of bird behaviours in general because they are so commonly found in areas populated by humans.

If you find an injured or orphaned House Sparrow or other wild bird or animal, please contact the Calgary Wildlife Rehabilitation Society at 403-239-2488 for tips, instructions and advice, or visit our website at www.calgarywildlife.org for more information.

The House Sparrow

Article by JG Turner; Photo by Andrea Hunt

The House Sparrow is a member of the Old World sparrow family native to most of Europe and Asia. This little bird has followed humans all over the world and has been introduced to every continent except Antarctica. In North America, the birds were intentionally introduced to the United States from Britain in the 1850s as they were thought to be able to help with insect control in agricultural crops. Being a hardy and adaptable little bird, the House Sparrow has spread across the continent to become one of North America's most common birds. However, in many places, the House Sparrow is considered to be an invasive species that competes with, and has contributed to the decline in, certain native bird species.

The Whimsical Holidays of Thomas Roy

American actor Thomas Roy and his wife have created a number of "special" holidays. Among his November holidays are: "Cook Something Bold and Pungent Day", "Married To A Scorpio Support Day", "Have a Bad Day Day", "Name Your PC Day", "Blasé Day" and "Stay Home Because You're Well Day".

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Riverbend

Real Estate Update

Last 12 Months Riverbend
MLS Real Estate Sale Price Update

| | Average Asking Price | Average Sold Price |
|----------------|----------------------|--------------------|
| October 2017 | \$409,900 | \$400,000 |
| September 2017 | \$439,900 | \$434,000 |
| August 2017 | \$474,900 | \$465,000 |
| July 2017 | \$429,900 | \$425,000 |
| June 2017 | \$440,000 | \$443,000 |
| May 2017 | \$449,900 | \$449,450 |
| April 2017 | \$496,950 | \$485,500 |
| March 2017 | \$449,900 | \$443,888 |
| February 2017 | \$429,000 | \$411,500 |
| January 2017 | \$412,400 | \$404,250 |
| December 2016 | \$459,950 | \$447,500 |
| November 2016 | \$419,900 | \$410,000 |

Last 12 Months Riverbend
MLS Real Estate Number of Listings Update

| | No. New Properties | No. Properties Sold |
|----------------|--------------------|---------------------|
| October 2017 | 11 | 6 |
| September 2017 | 14 | 13 |
| August 2017 | 14 | 13 |
| July 2017 | 13 | 15 |
| June 2017 | 16 | 16 |
| May 2017 | 21 | 8 |
| April 2017 | 9 | 10 |
| March 2017 | 13 | 17 |
| February 2017 | 11 | 9 |
| January 2017 | 11 | 6 |
| December 2016 | 2 | 4 |
| November 2016 | 4 | 11 |

To view more detailed information that comprise the above
MLS averages please visit riverbend.great-news.ca

Glenmore Dam Upgrades

The Glenmore Dam has been key part of Calgary's water infrastructure system since the early 1930s. The wear and tear the dam has experienced over 85 years of service, and the ever-increasing demands of a growing city, mean the time has come for an extensive upgrade. These improvements will not only extend the life of the dam, but will help manage our drinking water supply and give us the ability to better control low and high river flows.

The first phase of the Glenmore Dam Infrastructure Improvements Program was the Utilities Relocation Project. This project involved moving the water and gas utility lines currently running across the top of the dam to a new tunnel excavated underneath the Elbow River. This is needed to allow access to the dam while upgrades are being made, which include a new bridge deck with better access for maintenance and pathway users, concrete work on the face of the dam, and a new steel gate and hoist system.

While the normal maximum operating levels of the reservoir remains the same, the new gate system will provide greater flexibility to manage reservoir storage during low flows in the winter and high flows in the spring.

The pathway across the dam was closed to the public on September 30, 2017, and then until the work is complete in 2020. Pathway detours will be implemented during this time and signage will be available to assist pathway users. (Up to date information on pathway closures, including maps, is available at calgary.ca/pathwayclosures.)

For more information and ongoing updates, please visit Calgary.ca/glenmoreupgrades.

BRAIN GAMES SUDOKU

| | | | | | | | | |
|---|---|---|---|---|---|--|---|---|
| | | | | | 2 | | 9 | 3 |
| | 5 | 8 | | | | | 4 | |
| | | | 4 | | | | 1 | 6 |
| | 2 | | | | | | 6 | 7 |
| | | 4 | | 6 | | | 8 | |
| 5 | 6 | 9 | | | | | | 1 |
| 6 | 3 | 5 | | | 4 | | | |
| | 7 | | | | | | 9 | 2 |
| 9 | 8 | | 6 | | | | | |

FIND SOLUTION ON PAGE 15



FYI - Great News Publishing Chooses to Forge Ahead During All Economic Downturns.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

FLC SENIORS CLUB 55+:(Based out of Trico Centre SE) Tai Chi, call Juliette 403-225-1593 or email taichi@flcseniors.ca. Line Dancing, call Ann 403-254-9181 or email linedancing@flcseniors.ca. Winter session starts January 2018. For more activities, visit www.flcseniors.ca.

YOUR CITY OF CALGARY

It's time for everyone to keep food and yard waste out of the garbage

Live in an apartment, condo or townhouse? It's time to keep your food and yard waste out of the garbage. As of November 1, 2017, all multi-family complexes in Calgary are required to separate food and yard waste from the garbage for composting or diversion. Your building owner or manager is responsible for setting up a food and yard waste program in your complex – ask them how it works.

Businesses and organizations are also now required to separate food and yard waste from the garbage. Look for the food waste bin at your workplace, food court or favourite coffee shop. If your multi-family complex or workplace does not offer a food and yard waste program, you can contact 311 for support.

Food and yard waste makes up nearly 40 per cent of garbage from apartments, condos and townhouses, and over 30 per cent from businesses and organizations. Composting will create a useful new product and keep this material out of the landfill.

Find out more at calgary.ca/multifamily.

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THE SANTALAND DIARIES – LUNCHBOX THEATRE, NOVEMBER 27 – DECEMBER 23

This is one elf that won't make the nice list. His name is Crumpet and he'll tell you the truth about Santaland. An out of work and broke actor in New York city takes a job as an elf in Macy's Santaland Village. The behind-the-scenes reality of holiday cheer is not the blissful peppermint dream that he had imagined. Based on David Sedaris' hilarious book chronicling his outlandish experience working as an elf in a Macy's Santaland, The Santaland Diaries is a one-man riff on one elf's truly odd encounters with his fellow man. More info: lunchboxtheatre.com/the-santaland-diaries/



TREES WITH TEA – YYC BEESWAX HQ, DECEMBER 5

Join us for a fun evening of candle making fun! We'll have hot tea for you to enjoy as you learn about bees and beeswax. After that, we'll celebrate the season by making some adorable beeswax tree candles. This is a perfect workshop for kids to make Christmas gifts! Instruction and all materials are included. More info: <https://www.eventbrite.ca/e/trees-with-tea-tickets-36255478111?aff=es2>.



A CHRISTMAS TALE CARRIAGE HOUSE INN, DECEMBER 17

An incredible event for the whole family in Calgary! Beautiful, full of fun and magic Christmas show with Santa will take you into the world of music and dance. Magic tricks and games with Santa and his friends will provide you and your family with an unforgettable experience of the Christmas spirit and fill your holidays with joy. Children under 2 years old are free. More info: artstarcreations.net/category/news/.



YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

International Christmas Market – Spruce Meadows, Dec 1 - 3

This final weekend of the International Christmas Market invites you to take in over 250 vendors in the indoor comfort of Spruce Meadows. Take in the lively, festive atmosphere while crossing those last few gifts off of your list. Live entertainment, dining, choirs, and much more. More info: sprucemeadows.com.

Boy film screening – Esker Foundation, Dec. 7

Boy is a dreamer who loves Michael Jackson. Boy's other hero, his father Alamein, is the subject of Boy's fantasies, and he imagines him as a hero and a close relation of Michael Jackson. In reality Alamein is an inept, wannabe gangster who has been in jail for robbery. When his father returns home, Boy is forced to Sidewalk Citizen will be providing complimentary treats for this screening. Dir. Taika Waititi, 2010, 87 mins. Event is free, registration essential. www.eventbrite.ca/e/boy-registration-37158757845?aff=es2.

A Cowtown Christmas by Cowtown Opera Company – Central United Church, Dec. 9

Do you hear what I hear? It's your annual get-together with your opera-singing relatives! This year dress in your pajamas and most festive onesie receives a prize. Baby, it's cold outside and Cowtown is the musical equivalent of a warm cup of cocoa. You'll laugh, sigh, and sing-along (of course!) to your favourite Christmas tunes. Hosted by Calgary's beloved Heebie-Jeebies, and featuring Calgary's top musical talent, come celebrate the most wonderful time of the year. More info: cowtownoperacompany.com.

The Brick Teddy Bear Toss – Scotiabank Saddledome, Dec. 10

The annual Teddy Bear Toss is hosted by the Calgary Hitmen in support of children in need in Calgary. Bring a teddy bear or plush toy of your choice and at the end of the first period all in attendance will toss their toys onto the ice. Last year almost 24,000 toys were collected to put under trees all over the city. This year the hitmen will square off against the Moose Jaw Warriors. Tickets and info: hitmenhockey.com/teddy-bear-toss.

DECEMBER DECEMBER DECEMBER

Accountant

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CALGARY PUBLIC LIBRARY

Explore expanded access to TumbleBookLibrary

Calgary Public Library has partnered with the Calgary Board of Education and Calgary Catholic School District to expand our access to TumbleBookLibrary. This free online resource for kids offers more than 1,100 titles, including talking picture books, narrated chapter books, ebooks, and graphic novels, all available at calgarylibrary.ca/tumblebooklibrary.

\$1M grant transforms early learning at the Library

The Calgary Foundation Early Learning Centre at Saddle-towne Library opened September 16. This new space for children ages zero to five to play and learn in is the first of four Calgary Foundation Early Learning Centres set to open this year, thanks to a transformational \$1 million investment from the Calgary Foundation and an anonymous donor. Discover the new space today!

What does Calgary Public Library mean to you?

In celebration of Canadian Library Month this October, Calgary Public Library is part of a nation-wide initiative sparking conversation about the importance of libraries. Share your most vivid memory or meaningful library moment on social media using #LibraryMoments and tag us @calgarylibrary.

Math is No. 1 at this free after-school program

Students ages 6 to 12 are invited on a Math Quest! Explore the library while completing numeracy challenges at this one-hour drop-in program, offered at 18 Library locations. Quests are connected to Alberta's curriculum, have real-world applications, and demonstrate math can be fun. For more details, visit calgarylibrary.ca, click programs, and search Math Quest.

REMEMBRANCE

Canada observes the tradition of Remembrance Day on the eleventh hour of the eleventh day of the eleventh month. Other nations observe a solemn day but at different dates. For example, ANZAC Day is observed in New Zealand on April 25. In South Africa, Poppy Day is marked on the Sunday that falls closest to November 11.



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The Three Biggest Mistakes

People Make Trying to Lose Weight, Increase Energy, and Get Fit – And What to Do Instead

By Kirei Yasunori

We have covered why burning fat, not sugar, for fuel is important. Last month we discussed how weight lifting is the keystone component of exercise. Have you tried moving the weights slowly up and down to a ten count to eliminate momentum and increase the effectiveness of your workout?

This month I will talk about goal setting and implementing new small daily behaviors that achieve the larger dream.

What is your health goal?

Ask yourself why this goal is important. Imagine yourself having achieved this goal. How do you feel and look? What is your energy level? Do you walk taller? Are you proud of your body? Do you feel attractive in your clothes? Can you do the things that are important to you?

Now consider how this person that you have imagined yourself being moves through his or her days. What are

the behaviors that created this person? What choices does this individual make around food, movement, stress? What support does this sort of person seek to achieve goals?

Start to act like this person. Be this healthy human that you are becoming!

Will Durant summarizes the ideas of Aristotle as: “We are what repeatedly do. Excellence is not an act but a HABIT.” Commit to the process of becoming that healthy, fit person, not to the goal. Repeat small, healthy behaviors over and over to achieve your dream. Reward yourself for sticking to the process and have patience for your achievements to arrive. Google healthy habits and add one to your life every week. They may be as simple as drinking a glass of lemon water every morning or taking a deep breath and rolling your shoulders once a day. Just keep adding the behaviors that will create the person that you intend to become.

Good luck on your journey to be a healthy, fit person.

Quarry Park Riverbend

mybabysitterlist

| Name | Age | Contact | Course |
|-----------|-----|--------------|--------|
| Autumn | 14 | 403-801-8722 | Yes |
| Christina | 15 | 587-433-6962 | Yes |
| Dominic | 19 | 403-926-3399 | Yes |
| Evelyn | 56 | 403-608-1188 | No |
| Franny | 15 | 403-293-8847 | Yes |
| Jessica | 26 | 403-970-5385 | Yes |
| Lauren | 20 | 403-993-4025 | Yes |
| Roman | 13 | 403-464-3696 | Yes |
| Tamia | 15 | 403-477-6605 | Yes |
| Tyanna | 13 | 403-966-4115 | Yes |

Calling All BABYSITTERS
 Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
 Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

Good Sport

by Bev Watson

All my life I've been very competitive and a little contrary, but that has served me well. I've learned there's really nothing you can't do or learn if you find out what it takes, then break it down in tiny steps and go for it.

So, my life has been full of all kinds of interesting challenges and adventures. But here I want to talk about cancer and how Wellspring Calgary has helped me.

I had been a triathlete for 15 years when I won the 2013 World Championship Ironman in Hawaii. After that, biking and swimming started getting hard. I kept pushing myself, but something didn't feel right.

I went to the doctor but tests showed nothing was wrong. I started losing my balance when I was walking or swimming, but I kept training.

I went in to see my dermatologist about another issue and when I told him my symptoms, he said he thought I might have a brain tumour. At his insistence, I went to Rockyview Hospital. They did a CT scan and saw a big dark spot, so they ordered an MRI. They took one look at the results and I was ambulated to Foothills Hospital.

It took a while to get the diagnosis. Brain tumour – malignant. Metastatic melanoma. I had brain surgery and vigorous treatment. I was told I had months, then weeks to live. That was two years ago, and I'm still here.

I'm here and I still have things to do. I go to Wellspring Calgary several times a week. They have all kinds of programs - free for people with cancer. Everyone is so caring and welcoming there. It doesn't matter how bad you are at painting, or playing ukulele, you are always encouraged. If you have cancer – find Wellspring – it's a life-saver!

Bev Watson with her sister and caregiver, Jan Watson.

This is Bev's art she made at Wellspring Calgary.

BRAIN GAMES

SUDOKU

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| 9 | 8 | 2 | 6 | 7 | 1 | 4 | 3 | 5 |

Footloose Photography

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 ✉ calgary.acadia@assembly.ab.ca

Hello friends and neighbors,

I hope you've enjoyed our lovely fall and had a wonderful Thanksgiving with friends and family.

The month of November is a time for remembering those who sacrificed for our freedoms. I am extremely grateful to all the men and women who showed courage, determination, and bravery when they were called upon by their country to serve. It is important for us to share our veteran's stories and experiences with the younger generation so their bravery and sacrifice is not forgotten. During the month of November, I ask you to join me in wearing a poppy to honor and remember those who fought to protect the freedoms and values we Canadians hold dear.

Our Provincial Government is working to make life better for Albertans. Our economy is recovering, with economists across the country predicting that Alberta will lead the way in economic growth in Canada this year.

Still, we know many families are facing financial challenges, which is why we're committed to making life more affordable for Albertans. We froze tuition fees at Alberta's universities, colleges and post-secondary institutions - for the third year in a row.

Through Energy Efficiency Alberta, we have helped thousands of Albertans save money on their electrical bills with instant savings and online rebates on energy-saving products like LED light bulbs, programmable thermostats, tankless hot water heaters, and much more. You can learn more and sign up for updates on the program at www.efficiencyalberta.ca.

As we move through the Fall Legislature Session, our government will continue to make improvements to modernize Alberta laws and make life better for all Albertans. I look forward to hearing your thoughts, insights and opinions of the proposed legislation by email at calgary.acadia@assembly.ab.ca, by phone 403-640-1363, or I person at #10, 8318 Fairmount Dr. S.E

SCHOOL SHOUT-OUTS

St. Augustine Fine Arts School

It is hard to believe that October is behind us already. Last month was a flurry of activity and there is so much to celebrate including our Thanksgiving liturgy, Orange Shirt Day, the civic election, Family Dance, and our costume dress-up day. In November, we look forward to our Remembrance Day Celebration on November 10th, progress reports and the upcoming interviews.

The entire school community wishes to express our sincerest appreciation to all of the parents and student for their spirit of giving this past month. During our recent Terry Fox run, students managed to raise over \$650 for cancer research. This exceeded our previous year fundraising by almost \$100 dollars. Equally successful was our recent Thanksgiving Weigh-Off and Food Drive where students literally collected a "ton of food" for our own St. Anthony's Parish. Similarly, parents donated many of the vegetables that they ordered during our recent Farm to Table fundraiser to the Calgary Food Bank. The generosity of this community knows no limits.

On a final note, we are so proud of our Junior and Senior volleyball teams this year! All teams showed strength, agility and a great deal of skill on the courts this year. Continue to do your best and to make St. Augustine School community proud. Go Angels go!

Steve Laberge
 Principal, St. Augustine Fine Arts School

Silver and Golden Girls

The girl's name Aurelia comes from the Latin word for golden (aurelius). If you wanted to name a girl after the Latin word for silver, the name would be Argentina (from argenteus).





MLA Calgary-Hays

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Return to the Legislature

The Legislative Assembly is set to resume on October 30th. I look forward to sitting with the new United Conservative Party Caucus and continuing to hold the government to account as part of *Her Majesty's Loyal Opposition*.

Scrolls:

Birthday Scrolls are available to constituents celebrating their 65+ birthday, in five-year intervals.

Anniversary scrolls are available to constituents celebrating their 25+ Anniversary, in five-year intervals.

Keeping Contact:

Please stay in touch on issues affecting you and your family. As your MLA, I am your voice in Alberta Legislature and am here to help. My newsletter is written ahead of publication, so if you want updated information, have questions, or any concerns, I would like to hear them. I also look forward to attending events in the Calgary-Hays area. Feel free to contact me or my assistants Tyler van Vliet and Jeff Watson at the Calgary-Hays Constituency Office any time.

I hope everyone has enjoyed the colourful, crispy mornings and are having a wonderful Fall season!



McKenzie Frenzie

Once again, this annual event was a huge success. I met many residents with questions, suggestions, and just general good conversation. Thank you to all the volunteers who put forth their time and energy into making this year's Frenzie one to remember. It's always great to see our community come together and enjoy a day of fun and family.

Hockey

As the air grows colder and the lakes start to freeze, that can only mean one thing: hockey! I had the privilege of participating in the ceremonial puck drop for the local Calgary Jr. A Mustangs last month to kick off the start of their year. I'd like to wish all the boys and girls in our community the very best of luck this season as they head back to rinks across the city.

Daylight Savings Time

As you may have heard, Bill 203, the act to repeal Daylight Savings Time, was unanimously rejected by the legislative committee due to concerns of the negative impact on Alberta businesses, especially in the current economic climate. I would like to thank all the constituents who took the time to share their thoughts, beliefs, and concerns on this proposed change - and remember to set your clocks back an hour at 2:00 AM on November 5th!

SCHOOL SHOUT-OUTS

Mapleridge Cooperative Preschool

Another school year is underway and we are excited to see so many new and returning students. September was a busy month as students got acquainted with each other, rekindled friendships and learned about pre-school routines. In October, our morning and afternoon classes enjoyed learning about the season of Autumn, Harvest and Thanksgiving traditions as well as celebrated Halloween. Highlights of the month included field trips to Kayben Farms and the Calgary Corn Maze where the children learned about pumpkins, visited with farm animals and enjoyed a fun-filled autumn adventure. In November, our classes look forward to immersing themselves in fairy tales and nursery rhymes in the classroom as well as exploring the world of Dinosaurs.

If you are looking for more information about Mapleridge Preschool, please contact us at 403-278-9594 or visit our web site at www.mapleridgepreschool.com.

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