QUEENSLAND DIAMOND COVE

THE OFFICIAL QUEENSLAND & DIAMOND COVE COMMUNITY NEWSLETTER







The Food Box is a program where you can purchase fresh fruit and vegetables for a very low cost. This program is available to everyone to promote a healthy and nutritional living.

| Apples | Celery | Oranges |
|-------------|----------|--------------|
| Bananas | Cucumber | Potatoes |
| Broccoli | Lettuce | Tomatoes |
| Carrots | Mushroom | Green Pepper |
| Cauliflower | Onions | |

*(selection will vary)

| Large Family | Family | Senior/Single |
|--------------|--------------|---------------|
| 40-45 pounds | 30-35 pounds | 20-25 pounds |
| \$30.00 | \$25.00 | \$20.00 |

Good Food Boxes are ordered once a month. Payment for your Good Food Box will be required when you place your order. All food boxes need to be picked up from Queensland Community hall on the day of delivery.

For more information or to place an order: Email: mavergo@shaw.ca



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Queensland Community Association

649 Queensland Drive SE, Calgary, Alberta T2J 4S8 Phone: (403) 278-3366 | Fax: (403) 278-3366 Email: gca99@hotmail.com

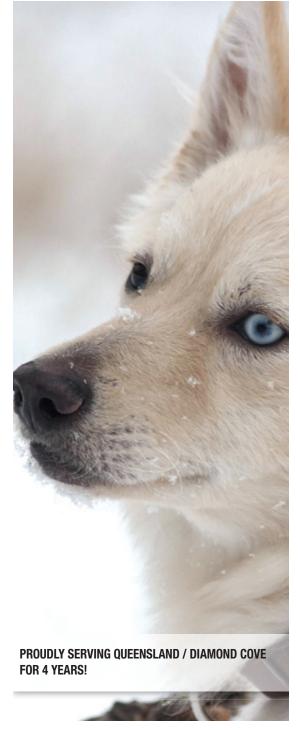
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| Community Garden | | T GOOD STREET, NAME OF | W (2007) 3 |
| Hockey | Breakers Hockey | 403-271-7107 | |
| Guides | Answered locally | 1-800-565-8111 | 3 |
| Bow River Softball | Kathy Worthington | 403- 225 1008 | |
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| (F) | munity spirit and involvement in Queensland and | D: 16 # | E |

| 2 | QUEENSLAND COMMUNITY ASSOCIATION MEMBERSHIP FORM \$20.00 |
|---|---|
| N | ame: |
| A | ddress: |
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| | Cut out this coupon and mail or drop off at the Queensland Community Hall |

WHAT'S HAPPENING

Kids Help Phone

24 hour 1-800-668-6868, kidshelpphone.ca

- Anonymous and confidential
- Toll-Free professional, bilingual counselling and referral services for youth up to 20.
- Online and phone counselling available.

Scrapbooking with Grandma Judi

Any child from the age of 6 onward and interested in learning the art of scrapbooking, is welcome to join Grandma Judi at the Queensland Community Centre. Dates: Saturdays. Time: 10 a.m. to 2 p.m. Adult Classes—Fridays— Call for dates. There is a limited amount of space for this date, so please contact Judi 271-2176 to reserve a spot. Hope to hear from you soon!

These are for children ages 6 to 12 years. The times are from 10:00 a.m. to 2:00 p.m. Also, on Friday evenings we will be having a monthly Scrapbooking program for students 12 plus to adults.

Guides – Girls can join at anytime of the year if there are spaces in the unit and we have opportunities for women over 18 years of age. Please contact Susan Fortunka at 403-278-7093 or email sfortunka@hotmail.com.

Queensland Playgroup: Are your children bored or lonely? Do you crave some adult conversation? Need to get out of the house? Drop in to meet some new friends for you and playmates for your little ones!

Large gym to run in, lots of toys, weekly crafts ...

Queensland Community Centre. Mondays, Wednesdays, and Fridays, 9:00 – 11:00 am. \$1 per child per visit (or bring a snack to share). Call for Fall Schedule.

Art Classes for Kids-Fall Session

Fall Theme -AFRICA, Landscapes, Cultures, People, Still Life, Mixed Media

Wednesday-Sept. 9-Dec. 2- No class Remembrance Day Register by e-mail:kidsart@telus.net or website www. oringinalpaint.ca



MONDAYS

Play Group
Jazzercise

Basket ball

TUESDAYS

After School Program Sparks/Brownies/Guides

WEDNESDAYS

Playgroup Art Class Jazzercise Basket ball

Garden Club

First Wed.
THURSDAYS

After School Program

Quilting

Beavers/Cubs and Scouts

FRIDAYS

Playgroup

Private Functions

SATURDAYS

SUNDAYS

Private functions

Men's Soccer Basketball



For All Occasions
Welcome to the
Neighbourhood



1-844-299-2466

Receive a free gift package





QUEENSLAND DAYHOMES @CALDAYHOMES.COM







Lynn Jewitt Ralph Nichols
Jeff Jewitt Maegan Payne
Michele Raber Quinn Ball
Blanche Sheridan Zoe Nelson

Many thanks to the Calgary Multicultural Art Society for sharing the bingo with us!

Volunteers are needed for bingo at Grey Eagle Bingo Hall for the bingo-evening and late night! Call Linda at 403-278-3366 if you are available to volunteer.

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January 30 7:00 p.m. to 1:00 a.m.

Darts, Card Games, Board Games,

and Visiting with Neighbours

Please feel free to bring your favourite game!

Cash Bard and Snacks

\$5.00 for members

\$10.00 for non-members

\$5.00 for Dart Tournament

Prizes to be Won!



Winter Olympics Word Search

C I D R O N B G H H C A A E O G
Z R E T N I W I N O C O G G L N
N O T E L E K S A I C R X U Y I
U Z P H Y H Z O C T L K O L M T
S N O W B O A R D B H R E T P A
A L P I N E C Y V L F L U Y I K
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curling
hockey
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nordic
olympics
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skeleton
skiing
snowboard
torch
winter





COUNCILLOR, WARD 14 PETER DEMONG

www.calgary.ca/ward14 eaward14@calgary.ca or 403 268-1653

Hello Ward 14!

No matter what your 2015 was like, I hope your 2016 is even better. This year a Ward 14 tradition will be getting a fresh start—or a fresh name at least.

Counciltalk

Aldertalk finally has a name that fits with the title of Councillor. I've had reservations about leaving the old name behind. It fit so perfectly. But Aldertalk is a name for an Alderman, and I am a Councillor now. Counciltalk is a name for a Councillor.

I will now be using the name Counciltalk when referring to my monthly discussions, and if you have never attended one I sincerely hope that you will join on at least one occasion in 2016. In short, it is a chance to sit down with me—and your neighbours from around Ward 14—to talk about whatever municipally related topic you choose. It has become so popular that even some other Councillors are implementing their own versions of the idea.

It is very fitting that the first Counciltalk session will take place in Parkland. It was at the Parkland Community Hall on January 14, 2012 that a group of Ward 14 residents gathered for the very first Aldertalk. Since then residents of Ward 14 have been joining me regularly to engage in meaningful dialogue.

I want people to feel like they can always communicate with me. Aldertalk has been a powerful tool in my strategy for ensuring that they can. Because of the generosity of Ward 14's community associations it is also a low-cost tool. It is held about six months out of the year, and rotates location between communities in Ward 14. People only have to go as far as their local community hall to speak with me, but have been known to travel much further. We sit in a round-table configuration and go through each attendee individually to discuss the topic of their choice.

The 2016 Counciltalk season will begin in Parkland on January 16. It will be at the Parkland Community Hall (505 Parkvalley Road SE). The discussion will run from noon to 2.p.m., but I would love to have you there at noon so that we can get a head start on things, and so you are assured of some coffee.

For upcoming dates and details you can visit calgary.ca/ward-14counciltalk, but I also send email reminders about upcoming Counciltalk sessions, among other things. You can sign up for them at calgary.ca/ward14connect.

Property Assessment Notices

Before I sign off until February let me remind you to inspect your property assessment notice carefully this year. It will be in your mailbox shortly, if you don't have it already. Following the instructions on the notice and contacting the Assessment Department about errors could save you the cost of making an unnecessary appeal.

in & around your community Schools

St. Philip Fine Arts Elementary School

Happy New Year from all the staff and students at St. Philip Fine Arts School!

In our continued commitment to the arts we have many things to celebrate! Even though Christmas is over we need to mention a special thank you to our choir who represented our school by singing beautifully both at Spruce Meadows and at the Olympic Plaza for the annual Sing and Skate, getting everyone into the Christmas spirit!

In the spirit of giving and to prepare for the birth of our Lord Jesus, the season of advent was a time of giving and a call to action for St. Philip. We had many social justice projects and our school was involved in many charitable works. We had bags full of gently used winter clothing for the Jacket Racket program which donates these items to needy children and families. We also donated a truck full of food to the Veterans Food Bank! And we continued to be involved in supporting St. Bonaventure Parish and their Syrian refugee family program. We created a "citizen tree" and hung leaves that had potential donation ideas written on them. The families of St. Philip fine Arts School were very generous and all the leaves were gone in three days! What a wonderful, supportive school community we have here.

St. Philip Fine Arts School celebrated advent at St. Bonaventure Parish this year. The advent mass was followed by presentations by our Kindergarten to Grade 2 classes. What a fantastic job they did and thank you to our music teachers for all the hard work they did getting ready for that celebration.

As we continue through the year we look forward to many new and exciting events and presentations to come.





Slow-Cooked Apples and Pork

Ingredients:

- 3-4 pounds boneless pork or boneless pork chops
- 3 pounds applesauce
- 2 tablespoons apple pie spice (mixture of cinnamon, cloves, and nutmeg)
- 6 small red potatoes, whole
- 4 carrots, peeled and cut in chunks
- 2 cups white pearl onions, peeled and left whole
- 2 firm tart apples, peeled, cored, and sliced thin

Directions:

- 1. Remove any visible fat from pork; cut in large chunks. Combine applesauce and spice in a large, heavy pot or crockpot. Add meat.
- 2. Cover tightly; cook on medium heat 10 minutes. Reduce heat to a simmer; cook at least 4 hours and as long as 10 hours.
- 3. One hour before serving, add potatoes, carrots, and onions. Fifteen minutes before serving, add apple slices.
- 4. To serve, remove meat, vegetables, and apples to a large platter and pour 1 cup of sauce over all. Serve remaining sauce on the side.



On Jan. 5, 2016, The City of Calgary will mail 2016 property assessment notices.

Watch for your assessment notice in the mail it contains important information including:

- Your assessed value
- Your access code to log into Assessment Search
- Dates to contact Assessment if you have questions.

Go to Assessment Search to:

- · View information about your assessment and other details
- · Search for comparable properties
- Search for sales of similar properties in your area
- View other detailed assessment information.

Assessment Search – getting started

First-time users will need to complete a two-step registration process:

- 1. Create a City of Calgary personal mylD account. Visit calgary.ca/myID to register.
- 2. Link your property assessment to your mvID account.

When you receive your 2016 assessment notice go to Assessment Search at calgary.ca/assessment:

- · Login with your myID account and password.
- Enter the roll number and access code displayed on your notice.

2015-1053

BUSINESS CLASSIFIEDS

NEPTUNE PLUMBING & HEATING LTD: Oualified journeymen plumbers/gasfitters, very experienced in Queensland and Diamond Cove. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

ALL TYPES OF DRYWALL: Boarding taping and texturing. Complete basement developments and renovations. Licensed and insured. References. Call Austin Construction 403-852-2785.

CONCRETE CUTTING FOR BASEMENT WINDOWS. **DOORS & FLOORS:** New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@ asapconcretecutting.com.

HANDYMAN/CONTRACTOR: experienced in carpentry, drywall, painting, fencing, decks, laminate floors, and ceramics, hire a husband type of tasks performed. Call Rob at 403-606-8876 or E-mail robziffle@gmail.com.

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K2 BOOKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

SUN VALLEY KIDS DAY CARE: Registration is open! Licensed, accredited, competitive prices. Full day programs: infants, toddlers, preschool, kindergarten. Half day programs: preschool (mornings or afternoons 3/4 days per week). Out-of-school care (including PD days and school breaks). Call 403-278-2266 to book a tour or registration or e-mail sunvalleykids@yahoo.ca.

NEW SETON CLINIC ACCEPTING FAMILY PRACTICE & WALK-INS: 19665 Seton Way SE (Inside Seton Superstore). To pre-register please visit our website: www.vineyardmedicalclinic.com. Vineyard Medical Clinic Seton hours: Monday Friday 8:00 am 8:00 pm, Saturday 10:00 am 4:00 pm, closed Sundays.

YOGA BEARS KIDS YOGA: Deer Run Community Centre. Drop In Playschool Yoga for ages 2-5 every Tuesday 9:30-11:00am. \$15.00. Kids and Caregivers Svaroopa Yoga (ages 2-10 with an adult) Tuesday 1-2pm and Saturday 10-11:30am. Classes start week of January 19th. Visit www.yogabears.ca or call 403-809-1930 to pre-register.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www. communitymediation.ca, 403-269-2707.

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HOME GARDENING WITH BARBARA



DO YOU READ WHAT I READ?

Barbara Shorrock

All the information you could ever want to access is on the internet now, but I still believe there is nothing so satisfying as a beautiful book with glossy photos, whether it be a cookbook, a travel book or a book about gardens. The research for today's article has been done in my own house where the serious bookshelves are laden with the collection of many years of gifts and purchases. Winter is upon us (as I write this we are experiencing a major snow and wind event with wind-chills at a dangerous level; in Saskatchewan we used to call these blizzards) and it is the best season to browse and dream of what might be possible in a few months when spring arrives. So pour yourself a cup of tea, add a plate of cookies, and browse with me through some of my favourites:

Front Yard Gardens - Liz Primeau. Large or small, bold or subtle, formal or cluttered – it is all good. Liz covers the whole spectrum of that space between your front door and the street.

Favourite Plants - Liz Primeau, editor. From Canadian Gardening Magazine, this features the best plants to choose for your Canadian Garden. Not meant to replace your "Encyclopedia of All Things Plants" it helps the gardener to make wise choices when adding to old beds and creating new ones.

The Flower Gardener's Bible – Lewis and Nancy Hill. Much more than a series of beautiful pictures and descriptions, this book tells you how to and why to and where to, assuming the reader doesn't have a lot of knowledge to begin with.

A Year In the Garden - Steven Bradley. Season by season, he takes us through projects that are manageable by most handy gardeners. This isn't a Canadian book, so you get a glimpse of what works in the US and Britain, but the illustrations and photos are excellent.

The Calgary Gardener Vol 1 and 2 - The Calgary Horticultural Society. I can't tell you how many of these I have given to gardeners new to Calgary. Our climate and soil can be a bit of a mystery to immigrants, particularly those who have migrated from British Columbia and Ontario, never mind other countries. No glossy pictures in these guys, just page after page of down-to-earth useful information on how to deal with winter Chinooks, alkaline soil, lovely summers that are interrupted by blasts of winter now and then, and what to plant and where.

The Northern Gardener: Perennials that Survive and Thrive - Barbara Rayment. Zone 3 choices for our part of the country, all organized and alphabetized. Well written and easy to navigate.

No Work Garden - Bob Flowerdew, I must confess I bought this solely for the title, and also the author's name, but it really does have lots of advice to lighten the work load. I would have named it "The Less Work Garden", but his title sells more books, I am sure.

No Guff Vegetable Gardening – Donna Balzer and Steven Biggs. They call themselves Garden Coaches, and this unusually arranged soft-cover volume is full of cheerful graphics by a couple of artists from Gabriola Island's Feedlot Studios (love that name). Of course, there is much useful info among the charming photos and amusing drawings. A fun read.

One of the benefits of attending the Queensland Garden Club monthly meetings is access to the freebie's donated by members who are culling their collections of books, magazines, house plants, succulents, pots, baskets, etc. etc. 1st Wed. each month at the Queensland Community Centre.

in & around your community schools

St. Bonaventure **Junior High School**

1710 Acadia Drive S.E., Lake Bonavista

Happy New Year!

St. Bonaventure continues to embrace the school maxim of spirituality, citizenship, and excellence. In terms of spirituality, the entire school community has had the opportunity to join in several liturgical celebrations including the Advent Masses and the St. Bonaventure Feast Day. Additionally, thanks to the entire school community for contributing to the Christmas Hamper Food Drive. Once again, the students and staff at the school embraced service learning. Your donations have helped many individuals in need within Calgary. What a great example of humility.

Our athletics and fine arts programs continue to provide opportunities for student engagement. Congratulations and thanks to the coaches, athletes, and parents who supported our wrestling program this year. The team had a strong showing in the city championships held at Notre Dame High School in late December. Basketball season is now underway and everyone involved is looking forward to the St. Bonaventure Sr. Basketball Tourney (final week of January). Moreover, the fine arts programs enjoyed a splendid night at the Winter Fine Arts Gala. What a showcase of talent! Thanks to everyone for supporting this spectacular event.

Academically, engaging all students for success continues to be a focal point each and every day at St. Bonaventure. A number of Grade 9 students are participating in the University of Waterloo Math competition. Furthermore, each and every student had the chance to participate in a lacrosse unit that was delivered by two professional players from the Calgary Roughnecks.

St. Bonaventure would like to extend best wishes to each and every member of the community for 2015!



BUSINESS CLASSIFIEDS

ABOVE AND BEYOND PAINTING: interior and exterior painting, stipple and flat ceilings, fence and deck repairs, pressure washing, trash removal, most handyman services. 20+ yrs exp. Free estimates, very reasonable rates, senior discounts. No job too small - all work guaranteed. Call Jamie at 403-829-1336. Email aboveandbeyond@telus.net.

Ecole St. Cecilia School

New Year means new activities for École St. Cecilia School students.

Christmas may be over but students at École St. Cecilia School are geared up for our Epiphany celebration. Students from each class will share a 'Galettes des Rois', or Kings' Cake, which is a French tradition where students select a piece of pie and hope to find a figurine which will make them 'King for a day'.

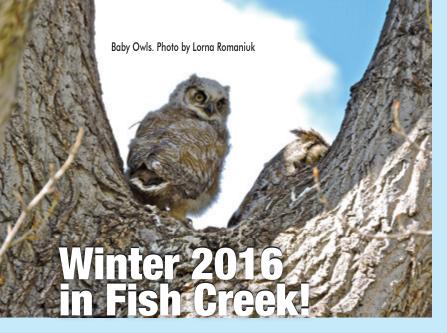
Later in the month, our grade 2 students will take a field trip to Telus Spark while our grade 6 students will be part of an experiential learning project focused on the Mars Landing. Students in kindergarten to grade 2 will 'lace-up' for our in-line skating unit.

The end of the month will see École St. Cecilia School transformed into a dance hall for a glow-in-the-dark Family Dance. The annual dance is a favourite event for students' families to get together and catch up after the holidays, as well as mark the half-way point of the school year.

Interested in having your child attend École St. Cecilia

Mark your calendar for our Information Evening on March 1, 7 p.m. and our Open House on March 8 from 1-3 p.m.

École St. Cecilia School is a French Immersion Catholic Elementary School for children from Kindergarten to Grade 6. The school serves most communities south of Glenmore Trail and east of McLeod Trail.



Fish Creek Speaker Series

Presentations will take place at the Fish Creek Environmental Learning Centre at Shannon Terrace in Fish Creek Provincial Park (13931 Woodpath Rd. SW, access via 130 Ave. SW and 37 St. SW). Friends members will receive free admission and the fee is \$5 each for non-members. Please register online at www.friendsoffishcreek.org/programs/speaker-series

Fish Creek - From Gentle Stream to Wild River and Everything in Between:

A Look at Land Uses and Water **Quality Assessment** Through the Years

Thursday, January 21, 2016 7:00pm - 8:00pm

Presented by Katie Pearson, Program Coordinator, Friends of Fish Creek Join us for an evening all about the small creek after which our park was named! In this talk, we will explore how various land uses have affected the creek's water quality over the years. From 2007 to 2013, the

Friends worked with volunteers and community organizations to test the quality of the water in the creek. We will share the results of the Friends of Fish Creek Water Quality Monitoring Program and highlight the people and organizations that helped turn this dream into a reality.

Sticks and Stones: Using **Bioengineering to Improve Fish Habitat**

Thursday, February 25, 2016 7:00pm - 8:00pm

Presented by Lesley Peterson (P.Biol) Provincial Biologist Trout Unlimited Canada

The process of bioengineering was used to improve fish habitat along a side channel of the Bow River here in Fish Creek. Trout Unlimited Canada undertook this project in the spring of 2015 to improve and enhance the side channel located at Mallard Point. The entire area was heavily impacted by the flood of 2013 and Trout Unlimited saw the opportunity to explore bioengineering as an ef-

fective way to repair and enhance the area to improve fish habitat. The presentation will also explore the needs of fish during their life cycle and offer people background on Trout Unlimited and the work they do provincially and nationally.

Friends of Fish Creek Annual **General Meeting**

Thursday, January 28, 2016 Registration at 6:30 pm, Meeting starts at 7:00 pm

Fish Creek Environmental Learning Centre, Shannon Terrace, Fish Creek **Provincial Park**

It is because of our members, volunteers and donors that the Friends have accomplished so much. Come and have your voice heard and meet our board and staff at the Annual General Meeting. Refreshments will be served. Please contact the Friends of Fish Creek Provincial Park Society if you would like to attend, or visit www.friendsoffishcreek.org/ event/agm

Fish Creek CommUnity Fair

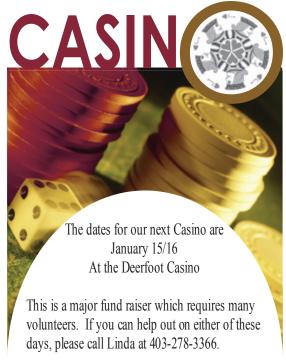
Would You Like to Volunteer in Fish Creek? The Friends of Fish Creek Need You!

Saturday, February 27, 2016 1:00pm - 4:00pm

Fish Creek Environmental Learning Centre, Shannon Terrace, Fish Creek **Provincial Park**

(13931 Woodpath Rd. SW - Access via 130 Ave. SW and 37 St. SW)

Come to the third annual Fish Creek CommUnity Fair to learn about amazing programs, courses, events and opportunities taking place in 2016. The ground may still be covered in snow, but Spring starts now in Fish Creek! For more info, please visit www.friendsoffishcreek.org/ event/fccuf.



There are many positions available, and no experience is necessary.

The funds generated from this event will help to provide upkeep and maintenance to the community hall and enable us to continue to run our quality programs

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Trico Centre for Family Wellness 11150 Bonaventure Drive SE 403-278-7542 | www.tricocentre.ca



www.academydenture.com

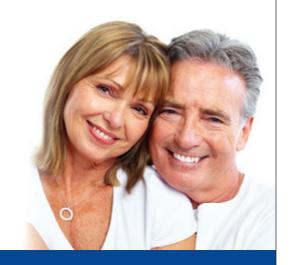
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