

AUGUST 2017

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THE OFFICIAL QUEENSLAND & DIAMOND COVE COMMUNITY NEWSLETTER



SOUTH CALGARY & OKOTOKS KARATE OPENINGS FOR BEGINNERS



McKenize Lake School
Mondays 4:30 – 5:30pm Ages 6 - 12 years

Deer Run Community Centre
Saturdays 9:30 – 10:45am Ages 6 - Adults

West Island College (Blackfoot & Glenmore)
Tuesdays 5:15 – 6:30pm Ages 6 - Adults

Dr. Morris Gibson School (Okotoks)
Tuesdays 5:30 – 6:30pm Ages 7 - Adults
Thursdays 5:30 – 7pm Ages 12 - Adults

403-257-4638 or Online Registration calgarywadokai.com / okotokswadokarate.com



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AUGUST AND SEPTEMBER IN FISH CREEK



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All advertisements and editorial submissions must be submitted by the 1st of the month for the following month's publication.

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Check out our website: www.great-news.ca



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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Queensland Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	
Weather Information	511
Gamblers Anonymous	403-237-0654

COOKS' CORNER



Peppered Shrimp Alfredo

"Yummy shrimp in an Alfredo sauce, with portobello mushrooms and red peppers."

Ingredients

- 12 ounces penne pasta
- 1/4 cup butter
- 2 tablespoons extra-virgin olive oil
- 1 onion, diced
- 2 cloves garlic, minced
- 1 red bell pepper, diced
- 1/2 pound portobello mushrooms, diced
- 1 pound medium shrimp, peeled and deveined
- 1 (15 ounce) jar Alfredo sauce
- 1/2 cup grated Romano cheese
- 1/2 cup cream
- 1 teaspoon cayenne pepper, or more to taste
- Salt and pepper to taste
- 1/4 cup chopped parsley

Directions

1. Bring a large pot of lightly salted water to a boil. Add pasta and cook for 8 to 10 minutes or until al dente; drain.
2. Meanwhile, melt butter together with the olive oil in a saucepan over medium heat. Stir in onion, and cook until softened and translucent, about 2 minutes. Stir in garlic, red pepper, and mushroom; cook over medium-high heat until soft, about 2 minutes more.
3. Stir in the shrimp, and cook until firm and pink, then pour in Alfredo sauce, Romano cheese, and cream; bring to a simmer stirring constantly until thickened, about 5 minutes. Season with cayenne, salt, and pepper to taste. Stir drained pasta into the sauce, and serve sprinkled with chopped parsley.



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"To promote and facilitate community spirit and involvement in Queensland and Diamond Cove"

YOUR COMMUNITY PROGRAMS - EVENTS



AUGUST CALENDAR

MONDAYS	Jazzercise Basket ball
TUESDAYS	
WEDNESDAYS	Pickleball Jazzercise Basket ball First Wed. Garden Club
THURSDAYS	Quilting
FRIDAYS	Private Functions
SATURDAYS	Private functions
SUNDAYS	Basketball

Park & Play – August 14-18
Lawn chair Theatre - August 17



Park n' Play & Stay n' Play

These free, safe, supervised programs help children make new friends and learn games and activities that they can use on their path to healthy and active lifestyles

Programs run weekdays and are weather dependent

Dates: Aug 14 - Aug 18
Community: Queensland
Address: 649 Queensland Dr. SE

In partnership with Queensland
Community Association

Stay n' Play FREE

Ages 3Y – 5Y
10 a.m. – noon

Participants must be accompanied
by an adult/guardian

Park n' Play FREE

Ages 6Y – 12Y
10 am – 3:30 pm

For more information visit
calgary.ca/communitysummerprograms



Casino

Many thanks to all of our wonderful volunteers that worked with us on July 2nd and 3rd at the Deerfoot Casino.

This is a major fundraiser which requires many volunteers. Many of you worked 2 or 3 shifts and were greatly appreciated.

Kudos to:

Tammy Baldwin
Linda Brown
Lisa Brown
Ken Fagan
Craig Grewar
Paul Hamonic
Heather Hansen
Christopher Kelly
Debra Klein
Elaine Marois-McKenzie
Jeffrey Myrthu
Martine Myrthu

Zoe Anne Nelson
Dave Pedersen
Kristen Pritchard
Susan Read
Eva Reid
Roy Reid
Nevelda Sands
Blanche Sheridan
Christopher Sheridan
Roseanna Sheridan
Megan Singer
Christopher Sutton

The funds generated from this event will help to provide upkeep and maintenance to the community hall and enable us to continue to run our quality programs!

2018 \$20.00

QUEENSLAND COMMUNITY ASSOCIATION MEMBERSHIP FORM

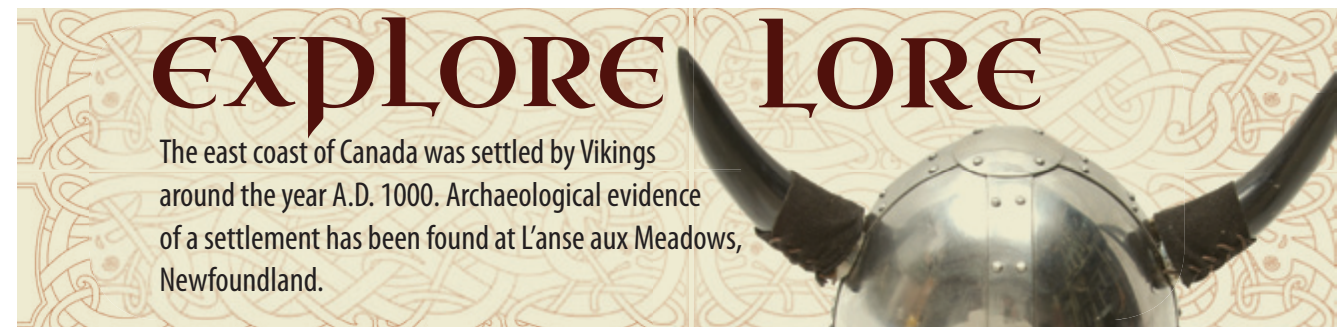
Name: _____

Address: _____

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Cut out this coupon and mail or drop off at the Queensland Community Hall



EXPLORE LORE

The east coast of Canada was settled by Vikings around the year A.D. 1000. Archaeological evidence of a settlement has been found at L'anse aux Meadows, Newfoundland.

PRESIDENT'S MESSAGE

Hi Everyone,

How has your summer been so far? I hope everyone is out having a great time and enjoying this wonderful country.

Queensland is looking fabulous this summer. Your gardens and yards are really beautiful and I would like to commend everyone for their hard work at helping to make our community as lovely as it is. Speaking about beautiful gardens etc.; I would like to thank the Garden Club for all the time, energy and painstakingly hard work you have done creating a beautiful garden in front of the community center. It is really beautiful. Darlene and your crew, you did an amazing job.

Thank you so very much from all of us!

Here at the community center, it has been a fairly quiet summer. We do still have some programs running during the daytime though.

Pickle Ball – every Wednesday afternoons 1p.m. – 2:30p.m. Adults only

Jazzercise – Monday and Wednesday nights

Basketball – Monday, Wednesday, and Sunday (private)

This month's programs are:

Park n' Play – August 14 – August 18

10 a.m. to 3:30 p.m., 6 – 12 years of age

Stay and Play – August 14 – 18

10 a.m. to noon, **all participants must be accompanied by an adult or guardian.**

Lawn Chair Theater – AUGUST 17 6p.m. – 8p.m.

Bring your lawn chair and enjoy live entertainment and snacks out by the hockey rink.

This is for the whole family and lots of fun. **Yes, it is free.**

We are busy planning our Fall Programs now so please if you have any ideas just give me a call 403-271-2176 and we can discuss your ideas. I really look forward to all of you helping to plan what is needed in our community. My Gosh! I just said the "Fall" word. Wow, how can that be already? Anyway, on September 16th, Peter DeMong will be having his annual Fall barbeque and Membership Drive. This will be at South Center Shopping Mall in the south parking lot. The times are from 11a.m.-2p.m. You can receive your free memberships at this time from the Queensland Community Table. There will be a limit as to the amount of free memberships we can issue but that info has not been given to us yet. Make sure you come and enjoy free burgers and a great time.

If you are unable to get to the barbeque, we will be having a door to door membership drive on September 23 starting at 7p.m. If you are able to join us to volunteer as a canvasser, please contact me or the community center at 403 278-3366. The more canvassers we have, then the shorter the routes will be for everyone.

All canvassers will be properly identified with the Queensland badge.

Well that is about it for now. Have a safe and enjoy the rest of the summer.

Until next time,

Judith

New Hall Rental Rates

Gym Use	\$50.00 per hour
Gym Use for Weddings etc.	\$400.00 plus \$100.00 for cleaning

A DAMAGE DEPOSIT OF \$200.00 IS REQUIRED FOR LARGE GYM FUNCTIONS (e.g. weddings craft shows etc.)

Children's Parties	\$150.00 plus \$100.00 for cleaning
Boardroom	\$25.00 per hour
Multi-Purpose room	\$25.00 per hour
Small Meeting Room	\$25.00 per hour



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CALGARY PUBLIC LIBRARY

Library Connect

Check out the September-October issue of *Library Connect*, your ultimate guide to free back to school Library programs, reading recommendations, and events happening this fall. Visit calgarylibrary.ca to download a copy of *Library Connect* or pick one up at your local community library.

Forest Lawn Library Nature Playground

The Forest Lawn Library Nature Playground is open! The new outdoor space inspires active, fresh-air-filled play. Play is a priority at the Library, because it's central to how kids learn and grow. The nature playground was made possible thanks to generous funding from the Canada 150 Infrastructure Program. Visit today!

Free Online Resources

Did you know your Library card gives you access to free online tutoring? Brainfuse is an online resource aligned with the Alberta curriculum for students in Grade 2 to Grade 12. Get expert online help with your homework at calgarylibrary.ca/resource/brainfuse from 2 p.m. to 11 p.m. daily. Support for adult learners is also available.

The Calgary Public Library's E-Library offers many other resources for learners of all ages. At calgarylibrary.ca/online-resources you'll find language learning courses Rosetta Stone and Mango Languages, eBooks and eAudiobooks on OverDrive, Flipster Magazines, online learning services Lynda.com and Gale Courses, and much more.



Pickle Ball

Pickle Ball is every Wednesday afternoon from 1:00 p.m. to 2:30 p.m. The fee is \$2.00 for Queensland Membership holders and \$3.00 for anyone who does not have a membership. No experience necessary!



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ALIGN SHINE

A total solar eclipse—the aligning of the Sun, Moon and Earth—will occur on August 21. The total phase will not be visible in Calgary, but can be observed as a partial solar eclipse here. It will be at its maximum at 11:33 a.m., so get out your pinhole camera and enjoy the spectacle; the last one was in 1979.





Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.



August at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our passes are affordable and our programs are family-friendly. With a pass, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs. Trico Centre supports community: a small portion of your pass fee is sent to your community association.

Day Camps

- Register now for summer day camps: ages 3 to 14; full day and half-day camps, early care and late care.
- Don't need a full week of camp? Come to daily camps for a full day or half day, 6-12 years and NEW this summer for 3-5 years too!
- Camp leaders are experienced, trained and committed. Each camp has 1 or more leaders and volunteers.

- Featured camps for 6-12 years: Canada 150 Play, Discover Calgary, Harry Potter Camp, and Just for Girls. Cool Camps for preschoolers include Sportarama, Nature Wonders, Kinder Karate, and Mini Chefs.

Adults/Older Adults

- Summer adult registered fitness: Focus on Powerlifting, Focus on Learning the Basics, Strong is the New Skinny: Weight Training for Women by Women, Straighten Up Posture Series, and Myofascial Stretch and Release.
- First Aid and CPR training: August dates, check Spring Summer Program Guide for details.
- Summer registered programs for older adults: Balance Builders Level 1 (Fall Prevention), Balance Builders Level 2 (Bones and Balance), Chair Yoga, Straighten Up Posture Series.

Children & Youth

- Summer registered child and youth programs: Summer Outdoor Soccer (16-24 months, 2-3 years, 3-5 years, 6-8 years), Dance with Me (2-3 years with parent), Gotta Dance (3-5 years), Little Ballerina (3-5 years), Kinder Gym Kids (4-6 years), Sportarama (3-4 years), Explorasport (4-6 years), DANCEPL3Y Kids (6-12 years.) See Spring Summer Program Guide or www.tricocentre.ca for details.
- Register now for summer swim lessons: parent & tot, pre-school, Swimmer, and Swim Patrol.
- July 17-21 is registered skating and hockey week: skating lessons all levels, intro to hockey (4-5years, 6-8 years, adult & child) and powerskating/hockey (7-12 years.)
- NEW SUMMER FUN: Summer-only fun registered programs for kids aged 6 and up: Rhythmic Gymnastics, Circus Arts, Cross Country Running, Badminton Club, and Dodgeball. See www.tricocentre.ca for details.

Canada 150 Play List Event at Trico Centre

- Saturday, September 2 from 10am to 2pm – come to Trico Centre and complete 20+ events from the Canada 150 Play List including dodgeball, boxing, rowing, skating, karate, Pilates, cycling, tag, kinball, stick pull, and more. Check www.tricocentre.ca for details in the coming weeks.

Registration for Fall Programs

- Registration for Fall programs is ongoing. Check the new program guide – online and in our stands.

Trico Centre is located at 11150 Bonaventure Drive SE. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.



Queensland/Diamond Cove Real Estate Update

Last 12 Months Queensland MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
June 2017	\$424,450	\$411,250
May 2017	\$405,000	\$391,000
April 2017	\$362,450	\$366,000
March 2017	\$374,950	\$364,500
February 2017	\$299,900	\$280,000
January 2017	\$367,900	\$362,000
December 2016	\$0	\$0
November 2016	\$405,000	\$397,500
October 2016	\$389,900	\$386,000
September 2016	\$389,900	\$380,000
August 2016	\$410,000	\$394,000
July 2016	\$354,450	\$336,250

Last 12 Months Diamond Cove MLS Real Estate Sale Price Update

	No. New Properties	No. Properties Sold
June 2017	\$534,900	\$506,000
May 2017	\$0	\$0
April 2017	\$569,900	\$555,000
March 2017	\$709,900	\$707,500
February 2017	\$649,000	\$642,500
January 2017	\$0	\$0
December 2016	\$735,000	\$700,000
November 2016	\$0	\$0
October 2016	\$749,000	\$748,000
September 2016	\$0	\$0
August 2016	\$610,000	\$600,000
July 2016	\$469,900	\$457,000

To view more detailed information that comprise the above MLS averages please visit queensland.great-news.ca or diamond_cove.great-news.ca



Biting a wooden spoon whilst chopping an onion will stop your eyes from watering.




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*This ad must be presented at the centre for the offer to be valid.




Guides Canada

FAMOUS FIVE DISTRICT

The sunny days of summer are coming to a close and parents and youth are starting to think about the fall activities. Girl Guides in your community welcomes all girls ages 5 and up to join them for a year of fun, friendship and adventure as they explore their community, their world and themselves. Girl Guides promotes teamwork, self-esteem, confidence building and environmental awareness in an atmosphere of self-discovery and leadership. Register your daughter today, on-line at www.girlguides.ca. We look forward to her participation.

We're also looking for women to be leaders in a team of women to guide the girls in their learning. Training is available, no experience is necessary. It isn't necessary for you to have a daughter. Contact Pat Istead at isteads@telus.net for more details. Join us to make friends, learn and support young girls in our community.



NEW COUNTRY LINE DANCING

WOULD YOU LIKE TO LEARN TO LINE DANCE?

CLASSES WEDNESDAY & THURSDAYS

BEGINNER CLASSES – SEPT. 6 & 7

12 WEEK SESSIONS – AFTERNOON & EVENING

IMPROVER CLASSES – SEPT. 7

12 WEEK SESSIONS – THURSDAY EVENING

DEER RUN COMMUNITY CENTRE

FURTHER INFORMATION

PLEASE CALL GWEN (403) 256-6519

OR EMAIL GWEN_NCLD@OUTLOOK.COM

Summer

- BARBEQUE
- BASEBALL
- BICYCLE
- BOAT
- CAMPING
- GARDENING
- GOLF
- HIKING
- JOGGING
- LOTION
- SPRINKLERS
- SWIMMING

Sun Word Search

S W R G E G B N G P G E
 N I I H N L N O H U O U
 Y N J X H I C I A S L Q
 I Q T I O N N Y K T F F
 G N I G G O J E C I K B
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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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~continued on page 15~



Queensland Lawn Chair Theatre

Thursday, August 17
 6pm-8pm
 649 Queensland Dr. SE

Bring your lawn chair, enjoy great snacks and live entertainment for the entire family

BRAIN GAMES SUDOKU

2					6	5	3	
		3		4	7	6		
					8	1	2	
		6					9	1
		8	4		1	2		
5	1					3		
	6	5	9					
		7	5	6		9		
	3	1	7					5

FIND SOLUTION ON PAGE 17

Spring Flowering Bulbs

Gardeners have vision. All gardeners, not just the ones we admire and envy. You, me, the neighbour next door. What else would you call it when an ordinary person buys a bag of bulbs in the fall, buries them in the ground, and believes they will produce amazing blooms in 7 or 8 months?

The garden centres will have an abundance of bulbs in stock soon and your biggest decision is what to choose. There are literally thousands of bulbs on the shelves and most of us have limited garden space. The most common hardy spring-flowering bulbs for a Calgary garden are tulip, narcissus/daffodil, allium, iris, crocus, grape hyacinth and squill. The last three are petite and bloom early in the spring, the others show up later, and the irises finish their display in June. Technically, iris grows from a rhizome, but you can treat it like a bulb when planting in the fall. In addition to this list, you can find many more exotic bulbs, just don't expect them to return year after year in our climate.

There are two kinds of tulips that survive here: species (or native) and hybridized. The species tulips should spread into established colonies, returning every year. The large hybrids are more showy and popular with gardeners, but often are best only their first year. My wonderful show of huge pink tulips a few years ago has never been repeated and I fondly remember them as annuals.

If you wish to have a show of continuous color throughout the spring (of course you do) read the labels carefully, and choose from early, mid and late spring



varieties. Then check the labels again for height, as they come in 6" all the way to 28" sizes. How silly to put the tall ones in the front and the short ones behind out of sight. Then there are singles, doubles, lily-flowered, fringed and parrot types, to mention only a few. There are actually 15 divisions of tulip classifications, so it is no wonder the casual gardener gets a bit bewildered. Alliums, likewise, have many varieties, and provide colour between tulips and daffodils and later blooming summer flowers.

Bulbs of all varieties look best in mass plantings of solid colors or two complementary colors. No nice tidy rows, please, unless they are being used for cut flowers; a block of color has far more impact. What colors you choose is strictly personal - plant what looks beautiful to your eye. A sunny spot is best, although some varieties are forgiving and will bloom later in partial shade. Because they are among the earliest color in our Chinook gardens, tulips partner nicely with other bulbs like Muscari (Grape Hyacinth), Scilla (Squill) and dwarf Narcissus.

Get your bulbs in the ground in Sept or October; they need some time to root before the ground freezes. If you share your garden with squirrels, cover the new planting with wire mesh secured by stakes or rocks to keep those little paws from digging them up. Squirrels are particularly fond of tulip bulbs. And while you are at it, be sure to add some new ones in your front yard for the pleasure of your friends and neighbours.

Barbara Shorrock is a gardener, retired realtor, traveler, reader, ESL coach and Spanish student. She can be found at the monthly Queensland Garden Club meeting most first Wednesdays.



MLA Calgary - Fish Creek

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As we approach the dog days of summer I hope that you have taken in a few of the great Calgary attractions of July such as the Calgary Stampede and FolkFest. A huge shout out to all who joined or volunteered at my 2nd Annual Stampede BBQ.

Although many of the outcomes will be decided by this publication date, I wanted to let you all know that I welcome the opportunity to be involved in the political process and would encourage all of you, regardless of political affiliation, to do the same. Having the opportunity to be involved in the formation of parties is the essence of the democratic process at the grassroots level. It is also important for us to inform and educate leaders of the future, our youth, that decisions made by their local representative have a direct impact on their lives now and for generations to come. I am an eternal optimist and so I push forward with hope for a better tomorrow, but all of us need to remain committed to respectful dialogue while seeking positive societal solutions, even when we agree to disagree!

As August rolls along, I would like to highlight a favourite pastime of my mine, the Calgary Dragon Boat Festival held at North Glenmore Park August 12-13. Having worked in the airline industry for 20 years for a Hong Kong based company, I was able to form many great and lasting connections within the Chinese community. I have always been proud to honour and support diversity, including the Asian culture, in Alberta. Our collective heritage is worthy of celebration, it enriches all of us who take time to experience it. I would encourage you to check out this great family and sporting event. Paddles Up as they say!

If you are looking for a great day trip outside of Calgary, look no further than Peter Lougheed Provincial Park. Located South and West of Calgary the provincial park offers more than 20-day use areas in which to enjoy a picnic, hike or a trail ride. Some of the world's most beautiful scenery can be found in our glorious foothills. There is also an interpretive centre open daily to the public from which activities are staged and informa-

tion on trails and hikes are available. The hikes range in length and level of difficulty, with some being wheelchair accessible, so the great outdoors beckons us all.

My business and community outreach will continue through the summer and fall, so if you see me or one of my staff at a local business or event, please stop and say hello.

Do not forget about our summer photography contest! We want you to send your best photos to the office or via social media to be entered into a lucky draw. Please include the hashtag or subject line #captureyycfishcreek. Enjoy the last moments of Calgary's sacred summer sun, and stay tuned for our fall schedule of MLACafe's. In the meantime, send me a note, make a call, or schedule an appointment, as I always love meeting my constituents!

BUSINESS CLASSIFIEDS cont'd

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The Food Box is a program where you can purchase fresh fruit and vegetables for a very low cost. This program is available to everyone to promote a healthy and nutritional living.

Apples	Celery	Oranges
Bananas	Cucumber	Potatoes
Broccoli	Lettuce	Tomatoes
Carrots	Mushroom	Green Pepper
Cauliflower	Onions	

*(selection will vary)

Large Family	Family	Senior/Single
40-45 pounds	30-35 pounds	20-25 pounds
\$35.00	\$30.00	\$25.00

Good Food Boxes are ordered once a month. Payment for your Good Food Box will be required when you place your order. All food boxes need to be picked up from Queensland Community hall on the day of delivery.

For more information or to place an order:
Email: ambervergo@gmail.com

No Good Food Box in August.



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Councillor, Ward 14
Peter Demong
www.calgary.ca/ward14
eaward14@calgary.ca or
 403-268-1653

Greetings!

Are you enjoying the summer? I hope you are! Summer is part way through, but I am sure some of the best weather is still to come.

Ward 14 Communities BBQ

The Ward 14 Communities BBQ is about one month away. Things are starting to fall into place—although I am sure there are still many surprises in store. This year the BBQ will be on September 16 from 11 a.m. to 2 p.m. in the parking lot of Southcentre Mall. Visit www.calgary.ca/ward14bbq for more info, or www.calgary.ca/ward14connect for email updates.

As for potential surprises, the list of exhibitors continues to grow along with the list of kind sponsors. To start, Spolumbo's is the newest food sponsor. Instead of the traditional burger, you can have one of their delicious sausages on a bun.

I also want to introduce Pacific Developments as the newest financial sponsor. They join United Communities, Mattamy Homes, No Bull Bookkeeping, Genstar, and Great News Publishing on the list at this early point. Another big thank you is also owed to Waste Connections of Canada (formerly Progressive Waste Solutions) for donating money, and for helping clean up afterwards.

Thank you to all of them, and Southcentre Mall for the venue!

Ward Boundary Changes

In case you weren't aware, there is a municipal election coming on October 16. Because Calgary is continually evolving and changing shape, ward boundaries must constantly change shape too. 58 communities will find themselves in a new ward next Council term. It is important that you check your ward so that you know what candidates are running in your ward and where to find your designated voting station. To check your ward, visit www.electionscalgary.ca, or call the Elections & Census Office at 403-476-4100 (Option 2).

Unfortunately, Ward 14 will be losing three communities: Maple Ridge, Silverado, and Willow Park. I can't overstate what a pleasure it has been to serve these

communities. I spent many nights meeting the people there, and many days advocating for them at City Hall. More importantly, within them I have made many friends.

Thank you to all the residents, and volunteers of those beautiful communities for joining me in the endeavor of making them the best they can be. I look forward to doing the same with Douglasdale and McKenzie Lake as we welcome them into Ward 14.

New rules for fire pits in Calgary

I can confidently say that building a good relationship with your neighbours is very important. Not only is it nice to have the friendly mood in the community, but it is maybe the best thing you can do to keep the area safe.

Everyone should try their best to be a good neighbour, but there is just no way that everyone is going to agree about everything. That is why we have set some rules—that we call Community Standards Bylaws—as guidance for being a good neighbour.

We have recently finished a review of those bylaws, and there have been some changes. Perhaps the most notable of those changes is to rules about fire pits. For example, you must now make sure your flame is extinguished by midnight on weekdays, and 1 p.m. on weekends.

If you are interested in learning more, I suggest you visit calgary.ca/firepits. If you have a concern or complaint about fire pits, call 311.

I will write again for September. Until then, feel free to contact me at any time.

BRAIN GAMES SUDOKU

2	8	4	1	9	6	5	3	7
1	5	3	2	4	7	6	8	9
6	7	9	3	5	8	1	2	4
3	4	6	8	2	5	7	9	1
7	9	8	4	3	1	2	5	6
5	1	2	6	7	9	3	4	8
4	6	5	9	1	3	8	7	2
8	2	7	5	6	4	9	1	3
9	3	1	7	8	2	4	6	5

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FRIENDS of Fish Creek

August and September in Fish Creek

Score an Ace for Calgary Kids – Support Outdoor Education in Fish Creek

Birdies for Kids presented by Altalink provides a truly remarkable opportunity for the Friends of Fish Creek to support the TD Learning Naturally program, but we need your help! Many of the students who visit the park through their TD Learning Naturally field trip experience the wonders of this cherished natural area for the first time. This program has immense potential, as any amount you donate through BFK will be matched by up to 50%. The Shaw Charity Classic will run August 30 – September 3 but you can donate now! For more information, please visit www.friendsoffishcreek.org/birdies

25th Anniversary Brick Program

Celebrate the 25th anniversary of the Friends of Fish Creek by dedicating a brick! Show your support for the park by having a brick inscribed with a message, your name or the name of a loved one. There is a limited number of bricks available. Get yours today! For more information contact the Friends or visit www.friendsoffishcreek.org/brick

A Taste of Autumn – Wine & Beer Tasting and Silent Auction Fundraiser

Friday, Sep. 15, 2017 6:30 – 9:30pm
Meadow Muse Pavilion, Bow Valley Ranch, Fish Creek Provincial Park

Celebrate the Friends 25th Anniversary at *A Taste of Autumn - Wine & Beer Tasting and Silent Auction Fundraiser*. Sample beer and wine from local producers and enjoy a presentation from Kevin Van Tighem, keynote speaker and author of *Our Place/Changing the Nature of Alberta*. *A Taste of Autumn* also provides a great opportunity to meet with the Friends' Board of Directors

and bid on amazing silent auction items donated by local organizations. www.friendsoffishcreek.org/autumn17

Autumn Birding

Autumn is one of the best times of year for birding, during which you can see, hear and learn about more than 150 bird species. In Calgary we are fortunate to have an abundance of natural areas and waterways where birds congregate. All birding course sessions are held in the great outdoors - in Fish Creek Provincial Park and other natural areas. Outings are conducted by Gus Yaki, a lifelong naturalist who has birded around the world - and other experienced instructors. Course starts September 4. Registration required and fees apply. www.friendsoffishcreek.org/programs/birding-course

Planned Giving for Healthy Families – Leaving a Legacy, Planning Your Estate, and Charitable Giving

Wednesday, September 27, 7:00 pm – 8:00 pm
Presented by Aaron Bickman, Trust and Estate Practitioner in the Wills & Estates group of McLeod Law

Creating a solid and comprehensive estate plan will minimize the tax your family pays, ensure harmony within your family, preserve wealth and protect your family's future. To ensure the proper management and distribution of the funds you leave behind, it is important to learn when to change or update your will and what happens if you do not have a will. Learn why proper estate planning is important, what documents you need to have in place, and the basics of planned giving with a focus on charities that you value the most. www.friendsoffishcreek.org/event/plan

Wellness in Fish Creek!

Experience Yoga, Spring Forest Qi-Gong, Full Moon Guided Meditations, and Painting Courses, all held outdoors in beautiful Fish Creek Provincial Park. Engage your senses in the outdoors and allow the beauty of the park's natural surroundings to nurture and support physical, mental, and spiritual health and creativity. For more information visit www.friendsoffishcreek.org/programs/wellness-clinics

Photography Minibus Course with Bob Bakker

Learn some of the basics of Photography. Tour Fish Creek Provincial Park in the open-air minibus, while making a few stops along the way take some photos, try out technique, and ask questions.

Bring your camera, camera manual, and enthusiasm. www.friendsoffishcreek.org/programs/minibus

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Letter to the editor

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