

JULY 2017

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# QUEENSLAND DIAMOND COVE

CRITER

THE OFFICIAL QUEENSLAND & DIAMOND COVE COMMUNITY NEWSLETTER



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CoolEvent: July 18<sup>th</sup>, 1pm to 2pm

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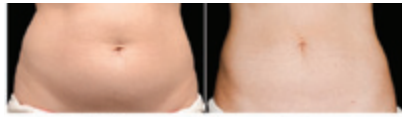
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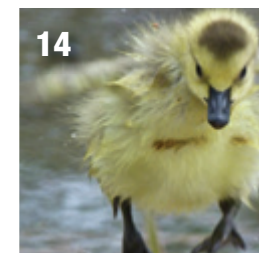
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## QUEENSLAND COMMUNITY ASSOCIATION

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*Queensland Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.*

## IMPORTANT NUMBERS

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Alberta Health Care	403-310-0000
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Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
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Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
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Calgary Humane Society	403-205-4455
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Calgary Kerby Elder Abuse Line	403-705-3250
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City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	
Weather Information	511
Gamblers Anonymous	403-237-0654

**Do you recognize this flag?**

Before our current Canadian flag that we all know and love, did you know that our flag looked like this? If you recognize the Canadian Red Ensign, you were probably born before 1965. Our current flag was not chosen until after "The Great Flag Debate" of 1963 and 1964. After much debate, our beloved red and white maple leaf flag replaced the Red Ensign and has been flying proudly across our nation ever since.

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*"To promote and facilitate community spirit and involvement in Queensland and Diamond Cove"*

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Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Method of payment:      Cash: \_\_\_\_\_      Cheque: \_\_\_\_\_

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## Park n' Play & Stay n' Play

These free, safe, supervised programs help children make new friends and learn games and activities that they can use on their path to healthy and active lifestyles

Programs run weekdays and are weather dependent

Dates: Aug 14 - Aug 18  
 Community: Queensland  
 Address: 649 Queensland Dr. SE

In partnership with Queensland  
 Community Association

### Stay n' Play FREE

Ages 3Y - 5Y  
 10 a.m. - noon

Participants must be accompanied  
 by an adult/guardian

### Park n' Play FREE

Ages 6Y - 12Y  
 10 am - 3:30 pm

For more information visit  
[calgary.ca/communitysummerprograms](http://calgary.ca/communitysummerprograms)

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# PRESIDENT'S MESSAGE

Aww Summer! At last the good times are here. Plenty of sunshine, great camping, travel and many other activities that we can partake in during our summer days, are here. I hope that everyone can get outside and enjoy them while you can. Last night I sat outside on my deck when it was dark and looked up at the sky. I do this quite a number of times during the summer. It is the most relaxing and peaceful feeling that you can have. I marvel at everything I see and boy can your imagination run away with you at what might be out there. This is great for someone like me who likes to write stories. Our Alberta skies are so beautiful not only in the daytime but at night as well.

Well our summer activities for the month of July are:

**July 2&3, Casino:** If you can help us, please phone 403 278-3366 to volunteer.

**July 8, Stampede Party:** This is for adults only and this is a great time for all. The food is awesome. Tickets are \$20.00 for resident members and \$25.00 for residents without memberships. This starts at 6:30 p.m. Please see further inside the Crier for more details.

Did you know that there is a day camp for the summer at our community center? It is called "STEP AHEAD." If you are looking for some activities for your children, then please give the community center a call. Linda will give you all of the information you need.

As I have mentioned in previous president's messages before, we do not have many summer activities because of lack of volunteers. **Please, please, please help us out!** We can no longer do this alone. Do you know that there are only a handful of us that are running all of these programs? I *do not* know what will happen if they leave our community. If you want fall and winter programs, then step forward and let's all work together to keep this community center active and *open* for the future.

### We need everyone to help us out!

I would like to thank our usual volunteers and city workers who did come and help us for the community clean up. I would also like to thank our friends and neighbours from Deer Ridge Community for joining us for a great day. We make a wonderful team.

Everyone's yards are looking fabulous and a thanks to all residents who are picking up litter and looking for broken glass whether you are out for a walk or in the parks. We greatly appreciate it. Please remember to drive safely if you stay in the city or travelling elsewhere but most of all remember our playground areas here in Queensland. We have so many adorable children on our streets now that school is out. **Please, slow down.**

Have a great July.

Until next time,

Judith

## FOR ART'S SAKE

### Art Out-of-Doors

Summer is here, and I'm sure many of us are looking for ways to experience the arts out-of-doors, in the sunshine (hopefully not in the rain!) Like the warming rays of the sun give us vitamin D, helping to improve our mood and overall personal well-being, so does listening to music, viewing art, or seeing live theatre. According to the Canadian Council of Chief Executives, "the quality of a community's cultural infrastructure has a direct impact on quality of life."

Fortunately for us in Calgary, there are some fabulous opportunities to get our happy on and enjoy the arts outside during the month of July. Kick off your summer season with the free Canada Day celebration on Olympic Plaza with music, parades, and of course, fireworks! Among many other exciting events that day, Arts Commons and The City of Calgary are inviting 1,500 musicians to perform *Four Strong Winds* together with legendary Alberta musician, Ian Tyson – for free! To view the full lineup of Canada Day activities, you can visit [Calgary.ca/Canada150](http://Calgary.ca/Canada150).

Also happening in July, Music in the Plaza returns to Heritage Park, giving you a great opportunity to introduce your kids to a music performance without the pressure of having to sit still, and Theatre Calgary's Shakespeare on the Bow is back for another year with *As You Like It* at Prince's Island Park. Then, of course, there's the ever-popular Calgary Folk Music Festival where you can stroll from stage to stage enjoying an all-star lineup of folk musicians carefully selected for your listening enjoyment. What better way to enjoy your summer months than to combine the arts and fun in the sun?

For a full list of Calgary's festivals this summer, indoor and outdoor, you can visit [todocanada.ca/festivals-in-calgary](http://todocanada.ca/festivals-in-calgary).

*This column is provided by Arts Commons. Located in the heart of Calgary's vibrant downtown core, Arts Commons is home to six distinct performance venues.*



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# YOUR COMMUNITY - PROGRAMS - EVENTS



<b>MONDAYS</b>	Jazzercise Basket ball
<b>TUESDAYS</b>	Jazzercise
<b>WEDNESDAYS</b>	Pickleball Jazzercise Basket ball First Wed. Garden Club
<b>THURSDAYS</b>	Quilting
<b>FRIDAYS</b>	Private Functions
<b>SATURDAYS</b>	Private functions
<b>SUNDAYS</b>	Basketball

A STEP AHEAD DAY CAMP: Mon-Friday, July. Call 403-269-7837. Email astepahead123@hotmail.com for more information.

## New Hall Rental Rates

Gym Use	\$50.00 per hour
Gym Use for Weddings etc.	\$400.00 plus \$100.00 for cleaning

A DAMAGE DEPOSIT OF \$200.00 IS REQUIRED FOR LARGE GYM FUNCTIONS (e.g. weddings craft shows etc.)

Children's Parties	\$150.00 plus \$100.00 for cleaning
Boardroom	\$25.00 per hour
Multi-Purpose room	\$25.00 per hour
Small Meeting Room	\$25.00 per hour

# BRAIN GAMES SUDOKU

7			2		4	5		
	5			3				8
		2		8		4		9
		3					9	6
				7				
4	9					3		
6		7		5		9		
8				9			3	
		5	7		3			4

FIND SOLUTION ON PAGE 16



## Pickle Ball

Pickle Ball is every Wednesday afternoon from 1:00 p.m. to 2:30 p.m. The fee is \$2.00 for Queensland Membership holders and \$3.00 for anyone who does not have a membership. No experience necessary!

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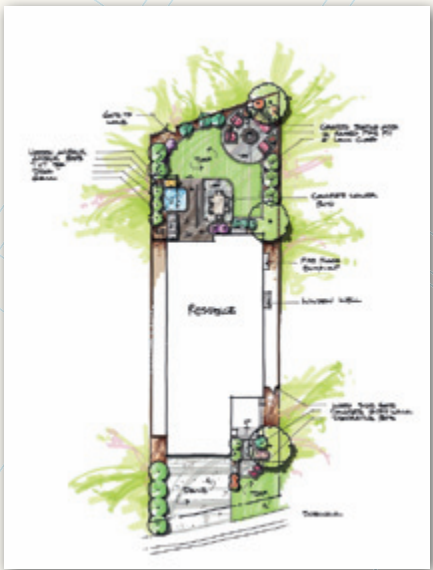
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## COOKS' CORNER



### Rainbows and Butterflies Pasta Salad

#### Ingredients

- 8 ounces bow tie pasta, preferably whole grain
- 3 tablespoons plus 1 teaspoon extra-virgin olive oil
- 1 cup corn kernels, thawed if frozen
- 1 cup shelled edamame, thawed if frozen
- 1 medium red bell pepper, diced
- 2 medium carrots, shredded (about 1/2 cup)
- 1/3 cup grated parmesan cheese (about 1 ounce)
- Salt

#### Directions

1. Cook the pasta as the label directs. Drain and toss with 1 teaspoon olive oil to prevent sticking; let cool.
2. In a large bowl, toss the cooled pasta with the corn, edamame, bell pepper and carrots. Drizzle with the remaining 3 tablespoons olive oil and toss to coat. Add the parmesan and 1/4 teaspoon salt; toss again and season to taste.

## YEEHAW!

The first Calgary Stampede was held in 1912, but was at that time known as Frontier Days and Cowboy Championships. We've come a long way to become, "The greatest outdoor show on Earth!"



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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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~continued on page 15~



Photo by  
Anne Elliott

# FRIENDS of Fish Creek

## Summer in Fish Creek Rewild Fish Creek Provincial Park!

Rewild: to return to a natural and wild state. Rewilding Fish Creek Provincial Park will encourage the regeneration of natural, wild ecosystems within our park, allowing current and future generations of Calgarians to reconnect with, and wonder at, Alberta's natural beauty. Part of the rewilding process will be planting native streambank vegetation along the banks of Fish Creek. New trees and other vegetation will be planted to build riverside forests and habitat for wildlife, with the help of volunteers and donations. Together it will be possible to rewild and revitalize Fish Creek, and make the provincial park a true reflection of our native Alberta. For more information on how can support this project and rewild Fish Creek Provincial Park visit [www.friendsoffishcreek.org/rewild](http://www.friendsoffishcreek.org/rewild)

## Score an Ace for Calgary Kids – Support Outdoor Education in Fish Creek

Birdies for Kids presented by Altalink provides a truly remarkable opportunity for the Friends of Fish Creek to support the TD Learning Naturally program, but we need your help! Many of the students who visit the park through their TD Learning Naturally field trip experience the wonders of this cherished natural area for the first time. This program has immense potential, as any amount you donate through BFK will be matched by up to 50%. The Shaw Charity Classic will run August 30 – September 3 but you can donate now! For more information, please visit [www.friendsoffishcreek.org/birdies](http://www.friendsoffishcreek.org/birdies)

## 25<sup>th</sup> Anniversary Brick Program

Celebrate the 25<sup>th</sup> anniversary of the Friends of Fish Creek by dedicating a brick! Show your support for the park by having a brick inscribed with a message, your name or the name of a loved one. There is a limited

number of bricks available. Get yours today! For more information contact the Friends or visit [www.friendsoffishcreek.org/brick](http://www.friendsoffishcreek.org/brick).

## Capture Nature - Photography Contest ends July 31

Capture Nature offers a fun and creative opportunity for park users to engage with their natural surroundings as they search and explore for the best images of the year! Landscape, macro, wildlife, and black and white. Contest runs until July 31. [www.friendsoffishcreek.org/programs/capturenature](http://www.friendsoffishcreek.org/programs/capturenature)

## Parks Day & Creekfest Saturday, July 15, 2017 – 11:00 am – 4:00 pm, Bow Valley Ranch, Creek Provincial Park

Free and Fun for the Whole Family! Celebrate Canada 150 and the 25<sup>th</sup> anniversary of the Friends of Fish Creek at Parks Day & Creekfest! Enjoy performances by Juno-award winning Peter Puffin's Whale Tales, local musician Jennie Harluk, Alberta Parks' "Riddle of the Wetlands," and a presentation by the Calgary Wildlife Rehabilitation Society. Take part in an interactive Yo-Qi Wellness Experience, guided walks, hands-on activities and educational experiences.

Parks Day & Creekfest was funded in part through the Watershed Stewardship Grant, a program of Land Stewardship Centre financed by Alberta Environment and Parks. Thank you to the Alberta Conservation Association, the Alberta Real Estate Foundation, and Great Events Catering.

For info: [www.friendsoffishcreek.org/event/creekfest](http://www.friendsoffishcreek.org/event/creekfest) [www.facebook.com/creekfestinfishcreek](https://www.facebook.com/creekfestinfishcreek)

## Wellness in Fish Creek!

Experience Yoga, Spring Forest Qi-Gong, Full Moon Guided Meditations, and Painting Courses, all held outdoors in beautiful Fish Creek Provincial Park. Engage your senses in outdoors and allow the beauty of the park's natural surroundings to nurture and support physical, mental, and spiritual health and creativity. For more information visit [www.friendsoffishcreek.org/programs/wellness-clinics](http://www.friendsoffishcreek.org/programs/wellness-clinics)

## Photography Minibus Course with Bob Bakker

Learn some of the basics of Photography. Tour Fish Creek Provincial Park in the open-air minibus, while making a few stops along the way take some photos, try out technique, and ask questions.

Bring your camera, camera manual, and enthusiasm. [www.friendsoffishcreek.org/programs/minibus](http://www.friendsoffishcreek.org/programs/minibus)

## RESIDENT PERSPECTIVES

# Book Review by Barbara Sharrock

Are you at a place in your life where you are facing a new path? Has a new path been chosen for you by the loss of a job or change in your health? Has there been an event in your family – a new baby or loss of a loved one? Outgrown your house? Want to downsize? Move to Mexico? Is it time once again to step back and do some serious thinking about the next chapter? Richard Leider and David Shapiro have written *Repacking Your Bags: Lighten Your Load for the Good Life* with you in mind.

This book is for students, homemakers, businesspeople, professionals and retirees. It is about making choices, after having a courageous conversation with yourself (and perhaps others). Consider these questions:

What's next for me? Why doesn't all this make me happy? What do I want to be when I grow up? How can I find my life's work? How shall I reimagine my life?

We have a long life span, and the career and relationship choices we made in our youth may have served us well for our whole lives, but chances are some of them have been discarded for new adventures along the way. Imagine you have a backpack crammed with all the stuff you have in your life, including people. Is your stuff weighing you down? "The Packing Principle" states that we keep adding things and responsibilities until we get to a point where we cannot carry them anymore. It is time to lighten your load. Cleaning out the closet and donating to charity helps. Going through the pantry and discarding unused and out-of-date food is easy. Putting your home on the market and buying a different one may be appropriate. Or not. It isn't what we have, it's how we have it. The challenge is to match our values today with our stuff, so that what we have is what we want, both literally and figuratively.

What is The Good Life? It is a life that gives an authentic sense of joy. Here is Leider and Shapiro's definition: Living in a place you belong, with the people you love, doing the right work...on purpose.

We reimagine over and over again as circumstances change. Our lives do not proceed in a tidy straight line, but contain hills and valleys, switch-backs, and unexpected zig-zags. A little help is sometimes required. In this wise and practical guide, the authors offer the reader exercises and stories to assist with the challenging work of examining what is in the backpack and determining what should be kept and what should be left, this time, at this junction in the road.

*Barbara Sharrock is a reader, writer, gardener, traveler, ESL coach and retired realtor. She can be found most first Wednesdays at the Queensland Garden Club, which welcomes all gardeners, new and experienced. We don't care where you live.*

# BUSINESS CLASSIFIEDS cont'd

**LAWN MAINTENANCE:** Natural Selection Environmental Landscaping. Trim and prune bushes and trees, tree removal, sidewalk reset/installation, brick patios and property maintenance contracts. For Free estimate call or text preferred Stephen 403-890-5947. We guarantee professional work.

**HOME REPAIRS AND RENOVATIONS:** Affordable pricing, high quality and detailed work. Drywall, doors and windows, lighting, bathrooms, kitchens, painting and more. Receive a 10% discount on labour only if you mention this ad. Insured Member of BBB. Mon-Fri 8-5pm. Call 403-703-8648 – TH Maintenance Services. Find us on Facebook.





# Queensland Lawn Chair Theatre

Thursday, August 17  
6pm-8pm  
649 Queensland Dr. SE

Bring your lawn chair, enjoy great snacks and live entertainment for the entire family

## BRAIN GAMES SUDOKU

7	8	9	2	6	4	5	1	3
1	5	4	9	3	7	2	6	8
3	6	2	5	8	1	4	7	9
2	7	3	8	4	5	1	9	6
5	1	6	3	7	9	8	4	2
4	9	8	1	2	6	3	5	7
6	3	7	4	5	8	9	2	1
8	4	1	6	9	2	7	3	5
9	2	5	7	1	3	6	8	4



Councillor, Ward 14  
**Peter Demong**  
www.calgary.ca/ward14  
eaward14@calgary.ca or  
403-268-1653

Howdy Ward 14!

My column at this time last year was, frankly, a bit somber. The province was going through a tough time, and my message was to take the month to celebrate in a way only Calgary knows how—by Stampeding!

While there is no doubt some of our neighbours are still feeling the effects of the downturn in our economy, the view over the horizon is starting to look a little brighter. The Conference Board of Canada is predicting Calgary's economy will grow for the first time in three years! It hopefully means new jobs, and that is another great reason to celebrate...

Take a look at calgarystampede.com. There are many new and exciting things planned for the Stampede this year.

### Stampede Parade - route reversal

As I mentioned last month the Stampede parade route has been reversed this year. If you are planning to attend, you should probably plan accordingly. For more information, you should visit parade.calgarystampede.com.

### Counciltalk

I want to tip my hat to all the patrons of Counciltalk in this and previous years. It never ceases to amaze me how the great people of Ward 14 respond when I call on them to exercise their right to free speech. Listening to you is the most important part of my job, and I am so grateful to everyone who shows up to tell me what is important to them.

If you aren't sure what Counciltalk is, I encourage you to visit calgary.ca/counciltalk to learn more. I will return with more Counciltalk dates as soon as possible. Visit calgary.ca/ward14connect to get email reminders of upcoming Counciltalk dates.

### Ward 14 Communities BBQ

There is still time, and lots of planning to be done before September 16, but the Ward 14 Communities BBQ—as it has for six years now—is gradually coming closer.

For those who are unaware, the Ward 14 Communities BBQ is my membership drive for Ward 14 community

associations. I round up money from generous sponsors to pay for the cost of the event and to financially support the community. We raise a lot of money and they add a lot of members. Those facts have not changed over the six years.

But there are a few new things for this year, like some great new food, and some new sponsors. To start, Spolumbo's is the newest food sponsor. Instead of the traditional burger, you can have one of their delicious burgers on a bun.

I also want to introduce Pacific Developments as the newest financial sponsor. They join United Communities, Mattamy Homes, and Genstar on the list at this early point.

Thank you to all of them, and Southcentre for the venue!

Of course, there will be all sorts of entertainment, and exhibitors to see. Stay tuned for more details to come.

As I mentioned, this year the BBQ will be on September 16 from 11 a.m. to 2 p.m. in the parking lot of Southcentre Mall. Mark it in your calendar because you are welcome to join. We will have a lot of fun. Visit www.calgary.ca/ward14bbq for more info.

That is all for now. Have fun stampeding, and a great July!

Happy trails to you, until we meet again!

## COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for the next month's publication**

**Contact news@great-news.ca**

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

# SWIMMING WORD SEARCH PUZZLE

BREASTSTROKE	S	A	B	U	C	S	D	W	F	I	R	M	M	I	N
POOL	G	C	R	A	N	B	E	I	B	E	O	T	H	H	L
DIVE	A	U	E	L	S	E	N	S	V	F	U	S	L	A	W
RIVER	N	D	A	R	D	S	E	I	C	E	A	H	R	E	A
DOG PADDLE	A	K	S	T	R	I	R	D	O	L	N	O	A	L	R
SCUBA	E	A	T	C	A	T	I	E	P	V	I	R	T	Y	C
FINS	I	T	S	S	U	P	R	S	W	I	M	S	U	I	T
SIDE STROKE	I	M	T	A	G	R	Y	T	U	F	S	E	E	S	N
FLOATING	A	P	R	R	E	E	G	R	L	L	C	P	O	O	O
SNORKEL	O	L	O	I	F	N	N	O	E	G	F	L	I	S	R
FRONT CRAWL	H	C	K	O	I	I	A	K	N	G	R	A	E	R	F
SPLASH	C	R	E	F	L	T	R	E	E	A	T	Y	E	I	O
HORSEPLAY	N	E	R	A	I	O	X	E	R	C	I	T	S	I	N
SUMMER	G	U	A	N	N	E	L	D	D	A	P	G	O	D	
LAKE	S	D	G	S	U	M	M	E	R	W	S	P	O	R	T
SURFING															
LIFEGUARD															
SWIMSUIT															
OCEAN															
WATER															



MLA Calgary - Fish Creek

**Richard Gottfried**

Bay 7, 1215 Lake Sylvan Drive SE, Calgary, AB, Canada T2J 3Z5

403-278-4444 403-278-7875 calgary.fishcreek@assembly.ab.ca

www.richardgottfried.ca @GottfriedMLA gotfriedmla

Summer is upon us and for many of us summer is sacred. It is a time to enjoy all that the outdoors has to offer and to appreciate time and fun activities with family and friends. We are blessed with a province that has much to offer for summer recreation opportunities. As you start your summer planning, perhaps that road less travelled might be an exciting opportunity. One such road is the Cowboy Trail, which runs from Mayerthorpe (West of Edmonton) right down west of Calgary all the way to Cardston near the US border. The scenic 735 km route has many attractions along the way. Great local eateries and history markers are just a few of the highlights of the journey. If you are looking for unique adventures, please let my office help you rediscover all Alberta has to offer.

Nobody does volunteering and Western Hospitality better than Calgary. Calgary is known for its open and welcoming environment and can do attitude. Much of this positive attitude is front and centre for 10 days of the Calgary Stampede, when our city is on display for visitors from around the world. I would encourage each of you to make all of our visitors feel at home. Let them know that Calgary is a more than a destination.

Did you know that Fish Creek Park is the largest urban park in North America? The "skills park" on the east side by the end of Bow Bottom Trail is a welcome addition for all mountain bikers, young and old, looking for a place to practice their mountain biking skills. This year Park's Day and CreekFest will celebrate Canada's 150<sup>th</sup> and Friends of Fish Creek Park's 25<sup>th</sup> anniversaries highlighting nature and the importance our watershed has on the environment. It is a great, all day family activity on July 15th from 11-4 at Bow Valley Ranch.

Community events will abound this summer and so if you are having a function please keep our office informed. I will be once again visiting with constituents and businesses in the area as I continue in my tradition of "walkabout" in the constituency, so if you see me out and about please stop to say hello.

New this year, will be the office hosting a Fish Creek photo contest. I know that social media has transformed photo sharing, so share your best or most fun photo of what summer in Alberta means to you. The contest will run from July 1-August 15th. Prizes will be awarded in various categories.

This year marks Canada's 150 Birthday. We have much to be thankful for in our great city, province, and country. Let us all join in celebration July 1<sup>st</sup> to give gratitude for the country we call home. Happy Birthday Canada!

Lastly, please join me at my **2nd Annual Stampede BBQ July 8th 11-2** at my office 1215 Lake Sylvan Drive. We will have games, face painting, live music, and food for all!



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The Food Box is a program where you can purchase fresh fruit and vegetables for a very low cost. This program is available to everyone to promote a healthy and nutritional living.

Apples	Celery	Oranges
Bananas	Cucumber	Potatoes
Broccoli	Lettuce	Tomatoes
Carrots	Mushroom	Green Pepper
Cauliflower	Onions	

\*(selection will vary)

<b>Large Family</b> 40-45 pounds	<b>Family</b> 30-35 pounds	<b>Senior/Single</b> 20-25 pounds
<b>\$35.00</b>	<b>\$30.00</b>	<b>\$25.00</b>

Good Food Boxes are ordered once a month. Payment for your Good Food Box will be required when you place your order. All food boxes need to be picked up from Queensland Community hall on the day of delivery.

For more information or to place an order:  
Email: ambervergo@gmail.com

**No Good Food Box July or August.**



## South Calgary Kids Art classes

Fall 2017 in Queensland

September 13 to November 29 on Wednesdays  
4:30-6:00 p.m.

Register via e-mail-kidsart@telus.net and to request more info.



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- Wide games
- Arts & Crafts
- Play dough & much more!

Lots of fun and stimulating activities to encourage meaningful play.

Connect with other parents and caregivers while playing in a fun, safe environment.

# OH, C NADA!

Great News Publishing asked Calgary residents what they love about Canada and being Canadian. Thank you to everyone who submitted their answers!

The 4-season day



Universal health care

Canadian Tire money

Respect for wilderness

Heritage Minutes

We have a strong multicultural identity with a multitude of various backgrounds and religions.



Our differences are not only accepted, but celebrated.

House Hippo



We know the French equivalents of "free," "prize," and "no sugar added," thanks to our extensive education in bilingual cereal packaging.

There is a sense of community that people can and want to contribute to.

Mr. Dressup

Equal access to necessities of life.

Kraft Dinner



Best beef in the world!



Wayne Gretzky

Beautiful Canadian natural landscapes that we are actively trying to preserve.



Sorry!

Canadians seek commonalities when meeting someone new.

All Dressed/ Ketchup Chips

Canadians have the right and freedom to practice our choice of religion.

