

MAY 2019

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THE OFFICIAL QUEENSLAND & DIAMOND COVE COMMUNITY NEWSLETTER



**QUEENSLAND
DIAMOND COVE**
COMMUNITY ASSOCIATION

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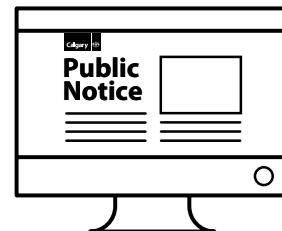
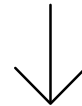
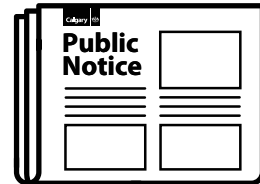
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Calgary



Development Permit Notices are Moving Online

Development Permit Notices will no longer be published in the newspaper after May 16th. Visit Calgary.ca/publicnotices to see detailed information on development activity in your neighbourhood.



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QUEENSLAND PRESIDENT'S MESSAGE

Hello Again:

NEWS FLASH! Our website is up and really working now. This is wonderful!

Here is our website: queenslandyyc.ca

Please check it out for lots of info and up-to-the -ate interesting happenings.

At long last, the month of May is here. This means not only is the grass getting green and the flowers are beginning to bloom but it is time for camping and summer holiday planning. Now I am doing the dance of joy.

I would like to thank everyone who attended our AGM in April. I would like to give a very special welcome to the new residents who were elected to the Queensland Diamond Cove Community Association Board. We are very pleased that you have stepped forward to help with the organizing and planning of this great association. We will be having a board orientation at our first meeting in May. This will help you to see how we work together as a team, learn more about your position requirements, info on our bylaws, have any of your questions answered and other info that you will need to know.

Usually every year we select a volunteer of the year award. This year, we haven't done so because this has been another stressful year for all of the present volunteers. You can't pick just one person when we have all come together to keep this community available for everyone to enjoy. I said at the AGM, everyone who was a volunteer in some way this past year deserves to be recognized as a volunteer of the year. I would like to thank you so very much.

Our evening of darts, dancing, door prizes etc. was loads of fun. This is always an awesome way to start off the spring with a laugh filled evening with friends and neighbours that you may not have seen during the winter months.

Well, lots of things are beginning to come together now that the nice weather is here. Our community front yard is beginning to show signs of good strong bushes, plants and greenery. Thanks go out to our super garden club for taking care of all the front yard flower beds.

A special thank-you to Aaron for getting the pump to drain the water out of the family rink. I am sure that the ducks were disappointed that they didn't have their yearly vacation lake to visit.

The city has unlocked the tennis court gates, so they are now ready for avid tennis and pickle ball enthusiasts to use. Now that being said, the city is scheduled to do the resurfacing of these courts and put new markings sometime during 2019. Hopefully, it will be soon because the courts will not be available for about a week.

Please remember to pick up any garbage you may see on the street and dispose of it to help us keep the area clean. Another thank-you to the couples that I see walking down the drive having gloves, carrying a plastic bag and picking up the garbage while out on their walks. Also remember to pick up and dispose any dog droppings. I have seen a few blue bags just dropped on lawns and not disposed of properly. There is a city fine if you are caught not disposing of this properly. Every little bit helps. As I have said many times before—this is such a beautiful area and we are definitely blessed to have an area like this to live in.

Here are a couple of items for your May Calendar:

May 4 Girl Guide Carnival 12:00 p.m. – 4:00 p.m.

May 7 Yoga Tuesday 10 a.m. – 11a.m. Drop In \$10.00

May 25 Parade of Garage Sales

May 28 Good Food Box Orders for June 6 delivery

June 23 Community Clean Up Day 9:00 a.m. – 2:00 a.m.

Please check out our calendar for may on the website:
Queenslandyyc.ca

Well, there isn't much left to report. For our wonderful busy Mothers, have a fabulous Mother's Day and we hope that you are really spoiled.

For those residents who are out travelling, have started camping or out for a great day full of adventures, stay safe. Be sure to watch out for bikes and more pedestrians enjoying their walks in the Queensland Diamond Cove areas. Also please abide by the speed limits in all of the residential areas.

Have a great month.

Until next time,

Judith

BOARD OF DIRECTORS

649 Queensland Dr. SE • Phone: 403.278.3366 • Fax: 403.278.3366

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Community Garden	
Hockey	Breakers Hockey
Guides	Answered locally
Scouts	Phil Defoe
Calgary Police Service	Mike Moore

"To promote and facilitate community spirit and involvement in Queensland and Diamond Cove"

YOUR COMMUNITY PROGRAMS - EVENTS



MONDAY

Jazzercise

Pickle Ball

TUESDAY

Yoga

Afterschool program

Sparks, Brownies,

Guides, Pathfinders

WEDNESDAY

Playgroup

Pickleball

Jazzercise

Basketball

THURSDAY

Quilters

Afterschool Program

Beavers, Cubs, Scouts

FRIDAY

Private Functions

SATURDAY

Private Functions

SUNDAY

Pickle Ball

Basketball

2019

\$20.00

QUEENSLAND/DIAMOND COVE COMMUNITY ASSOCIATION MEMBERSHIP FORM

Name: _____

Address: _____

Phone: _____

Method of payment: Cash: _____ Cheque: _____

Cut out this coupon and mail or drop off at the Queensland Community Hall



Eggs Benedict

Ingredients

- 1 Tbsp. distilled white vinegar
- 8 Eggs
- 4 English muffins, split, toasted
- 8 slices Canadian-style bacon, warmed
- 3 Egg yolks
- 1/4 cup water
- 2 tbsp. fresh lemon juice
- 1/2 cup (1 stick) softened butter
- 1/4 tsp. salt
- 1/8 tsp. paprika
- 1/8 tsp. pepper
- chives, chopped

Method

In 1-quart saucepan, vigorously stir egg yolks and lemon juice with wire whisk. Add 1/4 cup of the butter. Heat over very low heat, stirring constantly with wire whisk, until butter is melted.

Add remaining 1/4 cup butter. Continue stirring vigorously until butter is melted and sauce is thickened. (Be sure butter melts slowly so eggs have time to cook and thicken sauce without curdling.) If the sauce curdles (mixture begins to separate and melted butter starts to appear around the edge of the pan and on top of the sauce), add about 1 tablespoon boiling water and beat vigorously with wire whisk or egg beater until smooth. Keep warm.

Split English muffins; toast. Spread each muffin half with some of the 3 tablespoons butter; keep warm.

In 10-inch skillet, melt 1 teaspoon butter over medium heat. Cook bacon in butter until light brown on both sides; keep warm.

Wipe out skillet to clean; fill with 2 to 3 inches water. Add vinegar to water. Heat to boiling; reduce to simmering. Break cold eggs, one at a time, into custard cup or saucer. Holding dish close to water's surface, carefully slip eggs into water. Cook 3 to 5 minutes or until whites and yolks are firm, not runny (water should be gently simmering and not boiling). Remove with slotted spoon.

Place 1 slice bacon on each muffin half. Top with egg. Spoon warm sauce over eggs. Sprinkle with paprika.



Password: Acorn1234

Squirrels are one of the top threats to power grids, so much so that the American Public Power Association tracks data of squirrel incidents which they call "The Squirrel Index." Some commentators have joked that squirrels are bigger cyber terrorist threats than foreign powers.



OFF THE MENU

Mayonnaise is one of the world's most popular condiments. Some of the countries where it is the most popular are Russia, Chile, and Japan!



CLEAN UP DAY

Deer Ridge and Queensland Diamond Cove

June 23, 2019

QCA Parking Lot

9:00am – 2:00 pm

- Trash Compactor Trucks
- Electronics
- Metals

Community Clean Up metal removal will be done by Bastien Family Metal Removal.

They will take: electronics, yard tools and equipment, garden/patio furniture, lawnmowers, bikes, barbecues, propane tanks, motors, metal furniture, pots and pans, etc.

They do not accept: TVs or computer monitors, paint, chemicals, oils or liquids

\$20 Service Charge for anything that is refrigerated or contains freon.

They are always on site and manage their own bins. The are available to pick up vehicles.

For questions, call Darrin Bastien at 403-926-2770 or email hammerhead1@live.com.

QUEENSLAND 2019



Parade of Garage Sales

May 25

It's that time of year again: clean-out time!

Clean out your closets, drawers, garages, basements and sheds and turn those unwanted items into \$\$ on Saturday May 25 from 9:00am to 3:00pm. If you do not have enough stuff, join up with a neighbour or make it a street event! Last year's participants were very pleased with the turnout and we know this year should be another big success for all of us out there "selling our stuff".

To register and have your garage or yard sale advertised free of charge, please contact Dorothea Sautter or Linda Brown at the Queensland Community Centre with your name, address, phone number, and email address. Lawn signs, directional maps, and a list of all participating homes will be available for pick-up at the Community Centre the evening before the sale.

On the morning of the sale, directional signs will be placed on the main streets directing buyers into the community.

Registration deadline is May 18 (no exceptions, sorry)

Benchmark Dorothea Sautter (sponsor) Royal LePage Benchmark 403-613-8133 dorothea@royallepage.ca

Linda Brown Queensland Community Centre
403-278-3366 qca99@hotmail.com

MOTHER'S DAY WORD SEARCH

MOTHER	MOMMY	GRANDMA
AUNT	LOVE	SPECIAL
FAMILY	PARENT	HUGS
RESPECT	WISDOM	KISSES
COOKING	NURTURE	BEAUTIFUL



YOUR CITY OF CALGARY

Green Carts Spring into Weekly Collection Schedule

Spring has sprung, and with it comes an increase in yard waste. Weekly green cart collection will resume the first week of April.

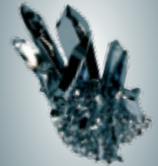
Calgarians can visit calgary.ca/collection to find out their new green cart schedule and to sign up for free reminders including phone, email and text alerts or download the free Garbage Day app to receive notifications on their smartphones.

There are no changes to blue or black cart collection.



Osmium

Osmium is a blue-gray metal that is roughly twice as dense as lead, comparably hard as a diamond, and twice as reflective as gold. Osmium alloys (osmium mixed with other elements) can be found in fingerprint detection technology, fountain pen nibs, and was once used for lightbulb filaments (before tungsten).



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Queensland/Diamond Cove Real Estate Update

Last 12 Months Queensland
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
March 2019	\$432,400	\$415,000
February 2019	\$0	\$0
January 2019	\$324,900	\$309,800
December 2018	\$375,000	\$354,000
November 2018	\$370,000	\$360,000
October 2018	\$339,900	\$330,000
September 2018	\$400,000	\$396,000
August 2018	\$0	\$0
July 2018	\$424,900	\$416,000
June 2018	\$449,900	\$437,500
May 2018	\$329,900	\$320,000
April 2018	\$418,700	\$405,250

**BRAIN
GAMES**

SUDOKU

	1		2					
3		6				2		
4					8	5	6	7
8				7	9	1	2	
		2				3		
	7	1	3	6				9
9	8	7	4					1
		3				7		2
					7		3	

FIND SOLUTION ON PAGE 16

Last 12 Months Diamond Cove
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
March 2019	\$0	\$0
February 2019	\$699,900	\$679,900
January 2019	\$0	\$0
December 2018	\$0	\$0
November 2018	\$0	\$0
October 2018	\$0	\$0
September 2018	\$695,000	\$650,000
August 2018	\$0	\$0
July 2018	\$0	\$0
June 2018	\$535,000	\$522,000
May 2018	\$589,000	\$575,000
April 2018	\$0	\$0

To view more detailed information that comprise the above MLS averages please visit qld.mycalgary.com or dia.mycalgary.com

Original Centre Street Bridge Lions

800 Macleod Trail S.E., 1917 - 1999

Early in 1917 the four Original Centre Street Bridge Lions were installed upon the newly completed, reinforced-concrete Centre Street Bridge (1916) and became the most impressive ornamental features of the structure. Original blueprints for the bridge included lion sculptures and other carvings, but this ornamental work was almost eliminated from the plans due to the high cost estimates. However, an economical option was apparently discovered when Alderman Hornby recalled seeing a lion sculpture on a northwest Calgary property. The owner and artist was a Scottish-born stonemason, James Langlands Thomson, who had come to Calgary in 1913 and happened to be employed as a stone carver for the City. He agreed to create the artistic ornamentation for the bridge and was seconded from his regular job to complete the four lions.

The four original Centre Street Bridge Lions are cast-concrete sculptures. They each measure 12 feet in length, 5 feet in width, and 8 feet in height including pedestal, and weigh approximately 12,730 kg each. Of the four original lions, one has been restored and was reinstalled in its current location in front of the Calgary Municipal Building in 2003; another that wasn't restored but left in its original condition now overlooks the bridge that was its original home from the Rotary Park bluff. The four sculptures were initially located from 1917-99 atop kiosks on the Centre Street Bridge.

According to a contemporary newspaper report, the dry process of sculpting with cement used to create the lions was new to western Canada and nothing of this scale had yet been done. It was also new to Thomson, who drew on his great artistic skill and experience working in hard stone and marble, to complete both the model and final sculptures.

The figures of the reposing lions are based on Sir Edwin Landseer's bronze lions at the base of the Nelson monument in London's Trafalgar Square. Originally, the lions represented the city's strong associations to Britain and its empire, being a widely recognized British symbol. With Calgary's large Anglo-Saxon population, the young city retained close ties to Britain, particularly given the immediate context of the First World War in which many Calgarians served in allegiance to the British Empire. Other symbolic sculptural ornament such as the rose, shamrock, thistle, maple leaf and buffalo adorned the bridge to represent the British Empire and western Canada, yet the lions were by far the most prominent features.

Historically, the lions were also associated with local legends, being said to leap from their pedestals at midnight to roam through Chinatown in search of food.

Over time the lions became well-known Calgary icons and the subjects of strong emotional attachment among Calgarians. The lions' image has been frequently featured in a wide variety of formats, such as tourism materials and interpretive displays, solidifying their familiarity with Calgary citizens and visitors. Notably, the lions' image is also the basis of the Calgary Heritage Authority's Lion Awards which recognize local heritage conservation initiatives. The prominent placement of one of the original lions at the entrance to the Municipal Building has served to put a large number of Calgarians in continued contact with the lions with the effect of making the lions almost a de facto symbol of Calgary's civic affairs. Originally a symbol of Calgary's ties to Britain, the Centre Street Bridge Lions have come to identify Calgary itself.



The installation of one of the Centre Street Lions in 1917. Image via the Southern Pioneer's Heritage Collection, pioneersalberta.org.



The lone restored lion at the Municipal Building entrance, installed 2003. Image via City of Calgary.



Geraniums

by *Barbara Shorrock*

Barbara Shorrock has been gardening in Queensland for over 40 years.

All geraniums are perennials—they are just not all perennial in our zone. They belong to the Geraniaceae family and are separated into the genus *Geranium* and the genus *Pelargonium*.

Most gardeners are familiar with the typical bedding plant or potted variety available in garden centres and retail stores everywhere in the spring. We plant them in beds, flower boxes and hanging baskets, and enjoy the blooms from June through September, until we toss them into the composter and plan for next year. These familiar “geraniums” are actually pelargoniums, despite the common geranium label. They grow naturally in some areas of Africa, Saudi Arabia, the Mediterranean, Australia and New Zealand. They like lots of sun, warm to hot temperatures, and a little lime in their soil. Pelargoniums are not frost tolerant but can be kept alive for many years if moved indoors or to a heated greenhouse during winter. The most common varieties we see here are Ivy, Scented, Regals and Zonals.

Zonal pelargoniums are upstanding, erect plants with stiff succulent stems, and fairly rounded leaves. They are most popular in our area and are so named because of the leaf coloration—the zone takes a uniform position around the heart-shaped leaf and is set well inside the leaf margin. The leaf may be green, white or cream, with the zone color contrasting or complementing. Flowers can be single, double or semi-double all clumped into a ball on a single succulent stem. Each individual bloom has 5 petals, although there are exceptions. Colors occur in the warm to hot ranges, from white through all the pinks and peaches to red and burgundy. Sizes include dwarf (max 12 inches in height), miniatures (max 7 inches), and a whole range of others up to shrub size. Gardeners with limited space pinch the branch tips back to encourage compact bushy growth. Easy to grow and maintain with regular watering and warm to hot sunshine, they provide a splash or a carpet of color all summer long.

Regals (most often seen labeled ‘Martha Washington’) have dramatic large flowers with wavy, fringed, pansy or simple shapes. The petals are blotched or streaked with darker col-

ors, providing an endless variety to choose from. I have not found these as hardy to over-winter as the zonals but am determined to keep on trying.

Scented varieties are chosen for the leaves, which come in such scents as rose, mint, citrus, lavender, chocolate, and even Jell-O! Ideally, you should place these plants where their leaves will be brushed in passing, releasing their perfume to be enjoyed.

Ivy-leaved varieties are most popular for hanging baskets, as they have been hybridized to emphasize a trailing habit. They will also climb, if given some help. Forgetting to water or feed can have beneficial results. The stress sometimes changes the pigments in the leaf so that attractive pinks appear in place of greens especially around the edges of the leaves.

True Geraniums are the real perennials here, as many of them are comfortable in Zones 3 and 4. Coming from wild species that have been toughing it out on mountain sides and forest edges, they fit very nicely into our Chinook belt. Commonly referred to as “Cranesbills”, the fruiting body has a long point that looks like its namesake. The flowers are smaller and fewer per group, although maintaining the 5-petals pattern. Colors range from white through purple, with some blues. At the base of each petal is a nectary which produces a sugary nectar. Bees are greatly attracted to these flowers and will flock to your garden if you have geraniums planted. The foliage of wild geraniums is diverse and beautiful. The leaves are mostly divided into five, each of which is much indented. They typically grow in a mound or hummock, or tall, with an open rosette at the base. Useful as a ground cover, they are known to stop weeds in their tracks. They can be naturalized in meadows and woodland gardens and will self-seed in the right conditions. The blooming period is much shorter, (late spring to midsummer) although you can encourage a second show by cutting off all the spent blooms before they set seed. In the meantime, enjoy the leaves and shapes. They can be grown in a sunny bed, or part shade under trees, with more moisture. A lime-type soil (as most of us have here) is welcome.

FAMOUS FIVE DISTRICT

Did you hear? The Classic Cookies have arrived! Some units are going door to door, but if we've missed you, please contact Pat, isteads@telus.net with your address and quantity and we'll see that someone delivers your order to you. Cookies are the major fundraising for Girl Guides and your purchase allows us to provide programming that teaches self-respect, community awareness, safety, leadership and so much more in a Girl Centered Program.

Beginning June 3, 2019, new members will be able to register for the fall program start. Use the National Website, www.girlguides.ca to find more information on how to register. Current members will be sent information about re-registering your daughter for the fall, please watch your emails or speak with your guider. If you have any questions, contact Pat.

All our leaders are volunteers, be sure to thank them for the skills and role modeling they provide to your daughters. Would you like to become a leader for the fall? We're always looking for women to help. Why not start the registration process now, take advantage of some training offered in June and be ready for a fun time in September? Contact Pat, isteads@telus.net, for more info.

IDIOMATIC 慣用句

관용적인 IDIOMATIQUE
 IDIOMÁTICO IDIOMATISCH
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“ Cat got your tongue? ”

Meaning: A question posed when someone is silent in response to a previous question or statement.

Origin: The origin is unknown. Some theories of its origin are that it stems from fear of witches and their black cats, the name of a whip called cat-o'-nine tails, or the fable that ancient kings would cut off the tongues of liars and feed them to their cats. None of these theories are substantiated, however.



Want a Safer Community? Get to Know Your Neighbours!

A great crime prevention tool is simply saying “hi” to your neighbours. The more interactions neighbours have with each other forms community relationships that will help increase neighbourhood safety. Here are three reasons that being neighbourly builds a safer community:

Belonging

Knowing your neighbours can increase a sense of belonging and respect. When neighbours have a relationship, neighbourly tension and community disputes can be reduced.

Be Alert!

If an emergency does arise, when you know your neighbours you can readily identify those who may have special needs, mobility issues, or those who need additional assistance.

Attitude Shift

Many neighbours watch each other but what if we change our attitude to watching out for our neighbours instead?! Watching out for your neighbours could make the difference in reducing criminal activity. When you can rely on the people who live closest to you it increases your sense of safety and prevents crime.

A great way to start to build a relationship is by using a *My Neighbour Card*



If you would like to grab some *My Neighbour Cards* for your street stop by our office at #110, 720 – 28 Street NE.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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CCSD BOARD OF TRUSTEES

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Email: trustees@cssd.ab.ca

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Learn more about your Calgary Catholic School District Board of Trustees!

On March 13th, the Calgary Catholic School District (CCSD) Board of Trustees approved our 2020-2023 Three-Year Capital Plan. It will be submitted to Alberta Education in advance of the May 31 deadline. CCSD has ten items on our first-year list of priorities. They include:

- 9 new elementary or elementary/junior high schools
- 3 innovative new high schools, including one Extended Learning Centre
- 1 junior/senior high school addition/enhancement in Airdrie
- 11 major modernization requests

These priorities are assessed annually and re-evaluated frequently, which allows CCSD to respond to emerging trends. At CCSD, we anticipate continued enrollment and plan for growth through the lens of innovation, flexibility and sustainability. Currently, we are managing an overall district utilization rate of 86.1 per cent, and in some areas, our utilization rate exceeds 100 per cent, well above the provincial benchmark of 85 per cent.

As the only jurisdiction in Alberta that has metro, urban and rural populations, CCSD is unique in the complexity of its infrastructure and we must ensure that these needs are addressed. As a corporate board, we are charged with ensuring that every decision we make with respect to infrastructure is evaluated through the lens of what is best for our 57,000 students. We see each of these projects as critical, and we recognize the urgency in meeting our capital needs for our families—we need our schools where our students live.

As has always been the case, your Board of Trustees will continue to inform, engage and strategically advocate for families. We value our relationship with the provincial government and will continue to work closely with Alberta Education to address these important infrastructure needs.

The Calgary Catholic School District's 2020-2023 Three-Year Capital Plan can be found at: <https://www.cssd.ab.ca/AboutUs/ReportsandPublications>



Yeah, you sent her a card, but did you build her a *shrine*?



Andrews Methodist Episcopal Church has been designated as a shrine to all mothers. The founder of Mother's Day, Anna Jarvis, attended the church in her youth and sent over 500 carnations on May 10, 1908, to be distributed to the congregation's mothers. In 1914, Mother's Day became a nationally observed holiday in the United States.



Councillor, Ward 14
Peter Demong
www.calgary.ca/ward14
eaward14@calgary.ca or
 403-268-1653

Greetings Ward 14!

I hope you had a great April. Here are your May newsletter topics.

Extended Producer Responsibility

Some have likely noticed me mention Extended Producer Responsibility (EPR) over the last few months. Simply put, EPR shifts the responsibility and costs of managing recyclable materials from municipalities to producers. It is not new. It exists in some form in every province in Canada, other than Alberta.

I am a proponent of EPR for two main reasons:

1. In 2016, producers provided more than \$367 million to fund provincially-regulated paper and packaging recycling across Canada because of EPR. Because Alberta does not have EPR legislation we received NOTHING. Yet we pay for the cost of EPR in other provinces that producers pass on. We are paying twice for our recycling, and EPR could change that.
2. EPR provides an incentive for industry to innovate ways to waste less and recycle more.

Cities, and towns across the province have shown their support for a province-wide EPR program, but what we really need is for Albertans to tell the Province to stop making them pay twice. If you want to see EPR in Alberta, tell your MLA. You can visit calgary.ca/ward14EPR for more info about EPR.

Counciltalk

The next Counciltalk is on May 4 from 12 p.m. to 2 p.m. at the Parkland Community Hall (505 Parkvalley Rd SE). Visit calgary.ca/counciltalk for future dates.

Please feel free to contact me any time. The best way to do so is by visiting calgary.ca/contactward14.

BRAIN GAMES SUDOKU

7	1	8	2	5	6	9	4	3
3	5	6	7	9	4	2	1	8
4	2	9	1	3	8	5	6	7
8	3	4	5	7	9	1	2	6
6	9	2	8	4	1	3	7	5
5	7	1	3	6	2	4	8	9
9	8	7	4	2	3	6	5	1
1	4	3	6	8	5	7	9	2
2	6	5	9	1	7	8	3	4

The Goose Predicament

Did you know? In Canada, it's a federal crime to disturb an active Canada Goose nest.



They are protected by the Migratory Birds Convention Act and dealing with problem geese can only be done with a permit.



May in Fish Creek

Every Brick Tells a Story

Community members have dedicated over 200 Anniversary bricks since 2017. The brick pathway in front of the Cookhouse here at the Bow Valley Ranch is an everlasting reminder that so many people care greatly about the sustainability of this park. Bricks have been dedicated as gifts to friends and family members, in celebration of an anniversary or the birth of a child, as a memorial to a loved one who passed, and for many other reasons. Bricks in the Third Phase of the pathway are selling out quickly and there are fewer than 40 spaces available. To dedicate, your brick today visit www.friendsoffishcreek.org/brick

Planting for Pollinators – How Native Plant Species Beautify Your Garden and Attract Pollinators

Thursday, May 16, 2019 7:00 pm – 8:00 pm

Fish Creek Environmental Learning Centre Shannon Terrace, Fish Creek Provincial Park

Presented by Catherine Dowdell of cath-earth-sis Services Inc.

Catherine Dowdell is an International Society of Arboriculture Certified Arborist, a Red Seal Endorsed Landscape Horticulturist, holds a Certificate in Sustainable Landscapes from the University of Guelph, and cath-earth-sis is the first business in Calgary to become a Bee City Canada Business. Planting for pollinators in residential and commercial areas in Calgary is an opportunity to attract native bees, butterflies, and birds to connect the green corridors within the city, giving pollinators the habitat they require without interruption. Registration is required. www.friendsoffishcreek.org/event/may

Capture Nature Photo Contest runs May 1 to July 31

Let the beauty of Fish Creek Provincial Park inspire your photographic creativity in this friendly competition to capture the best park photo of the year! In its 5th year,

the Friends' Capture Nature Photo Contest is a great excuse for anyone with an interest in photography – youth and adult alike – to visit the park on a regular basis in the hunt for the best reflection of this year's new and inspiring themes: Symmetry, Lunch!, Movement <https://friendsoffishcreek.org/programs/capturenature/>

Good Grief: Nature Walking Through Grief and Loss

Being outdoors provides many healing benefits; it allows us to breathe, reflect and connect with our natural surroundings, and while we may not even be aware of it in the moment, the benefits are there. Parks and nature also connect us to the cycles of life and death, reminding us of endurance, beauty, and the only constant – change. Good Grief is an 8-week series of gentle walks brings together people moving through the shared experience of loss with the intent that they will find support from each other, their community and their time in nature. www.friendsoffishcreek.org/programs/wellness-clinics

Creekefest – Your Local Park's Day Event!

Saturday, July 20 11:00 am – 4:00 pm - Bow Valley Ranch, Fish Creek Provincial Park

Creekefest is an important component to the Friends' Watershed Public Awareness campaign, designed to raise awareness within local communities about preserving and protecting our local watersheds, and to strengthen our message of environmental conservation. We are pleased to welcome local children's performers Rattle and Strum to Creekefest for the first time this year! For more information stay tuned to www.friendsoffishcreek.org/event/creekefest

The Amazing Step Up 4 Calgary Kids Race

Presented by CIBC, NSTEP

(Nutrition Students Teachers Exercising with Parents) and the Friends of Fish Creek

Saturday, June 1, Hull's Wood, Fish Creek Provincial Park

This spring, NSTEP and the Friends of Fish Creek are teaming up in support of children's health and invite you and your family to take part in the Amazing Step Up 4 Calgary Kids Race! Both NSTEP and Friends of Fish Creek donations will be leveraged through Shaw Birdies for Kids presented by AltaLink to provide up to 50% in matching dollars on all donations raised. Friends of Fish Creek BFK donations will support the TD Learning Naturally Program in Fish Creek Provincial Park. To register visit www.events.runningroom.com



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YOUR CITY OF CALGARY

Green Carts Spring into Weekly Collection Schedule

Spring has sprung, and with it comes an increase in yard waste. Weekly green cart collection will resume the first week of April.

Calgarians can visit calgary.ca/collection to find out their new green cart schedule and to sign up for free reminders including phone, email and text alerts or download the free Garbage Day app to receive notifications on their smartphones.

There are no changes to blue or black cart collection.



Clothing GIVEAWAY



Saturday, May 4, 2019

10:00 am to 1:00 pm

380 MIDPARK BLVD SE

All Saints Lutheran Church



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Welcome back! Wednesday mornings 9:00-11:00am

GOOD FOOD box

The Food Box is a program where you can purchase fresh fruit and vegetables for a very low cost. This program is available to everyone to promote a healthy and nutritional living.

Apples	Celery	Oranges
Bananas	Cucumber	Potatoes
Broccoli	Lettuce	Tomatoes
Carrots	Mushroom	Green Pepper
Cauliflower	Onions	

*(selection will vary)

Large	Medium	Small
40-45 pounds	30-35 pounds	20-25 pounds
\$35.00	\$30.00	\$25.00

Good Food Boxes are ordered once a month. Payment for your Good Food Box will be required when you place your order. All food boxes need to be picked up from Queensland Community hall on the day of delivery.

For more information or to place an order:
Email: ambervergo@gmail.com

Order by April 30 for May 9 pick up.
Order by May 28 for June 6 pickup.



Yoga

at Queensland

Helen is back and yoga has begun again.
Come join us!

Hall Rental Rates

Gym use	60/hr + GST
Gym (weddings)	\$500 + GST + \$100 cleaning fee; damage deposit \$250
Children's Parties	\$175 + GST + \$100 cleaning fee
Boardroom, multi-purpose small meeting rooms	\$30/hr + GST



Pickle Ball

Pickle Ball is every Wednesday afternoon from 12 p.m. to 2:30 p.m. The fee is \$2.00 for Queensland Diamond Cove Membership Holders and \$3.00 for anyone who does not have a membership. No experience necessary!

Pickle Ball will also be played on Monday nights from 8:00- 10:00 and Sunday nights from 7:00-9:00. Cost is \$5.00

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