SHEPARD EXPRESS

THE OFFICIAL SHEPARD & AREA COMMUNITY NEWSLETTER



YOU ARE INVITED

FAMILY POTLUCK

SATURDAY, JANUARY 16





NOW OPEN FEMALE AND MALE PHYSICIANS

WELCOME NEW PATIENTS OPEN MON - SAT

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We offer a full range of room sizes and services! From full day conferences, to workshops, seminars, wedding, stampede functions and more -- we can accommodate them all!

Easy access just 2 minutes off the SE Stoney Trail Ring Road at 114 Avenue (Exit 91 East) Call today for more information 403-290-0144 or shepardcommunityhall.ca



SHEPARD COMMUNITY ASSOCIATION

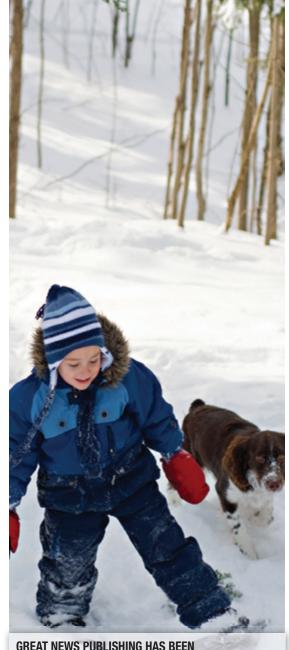
10800 - 84 St. SE Calgary, AB T3S 0A5 Phone: 403.290.0144 shepardcommunityhall.ca

President's Message **Editor's Bits** Keep Your Paws Warm! Upcoming "SE" Blood Donor Mobile Clinics At a Glance

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PROUDLY SERVING SHEPARD FOR 4 YEARS!

PRESIDENT'S **MESSAGE**

Happy New Year, Folks!

As I am just barely catching my breath from the actionpacked December events, I have just a few items to cover this month.

If you haven't already heard, near the end of 2015, we received the good news that the appeal for planned RV park on 114th has been denied. Thanks to all the local folks for their united support to protect our community's future livelihood. This isn't to say they won't try and apply again in the future or try a different type of venture so be aware.

In late January, there will be a memorial service for longtime Shepard resident, Wally Davis. This event will be held at the Shepard Hall with details to be announced later this month by the Davis family.

There is also a family potluck evening planned for Saturday, January 16 starting about 5pm at the hall. Everyone of all ages is welcome to join in. Watch for signage with further details.

Since January is when most folks rebuild their calendars for the coming year, please add the following community meeting 2016 dates to your agenda: January 20, February 17, March 16, April 20, May 18, June 15, July 20, August 17, September 21 with AGM, October 19, November 16, December 21*.

Here's hoping 2016 is "onward and upward" for another good year in Shepard!

Your community president - Sandra Weir



IN & AROUND CALGARY

EMS: Sledding Safety

Alberta Health Services, EMS, would like to remind parents and children of some basic sledding safety tips as the winter season continues. Sledding injuries can result from collisions with stationary objects, such as trees and rocks, or with other people on the hill. Unprotected falls can result in injury if you lose control at high speeds. Everyone is at risk – especially children. Have a fun and safe trip on the toboggan hill by following these simple reminders.

Equipment

- Ensure your sled is in good condition. Do not use sleds with broken parts, sharp edges, or splits in the material.
- Currently, there are no helmets designed specifically for sledding. However children should wear a properly fitted helmet designed for high impact collisions, such as hockey, cycling, or climbing helmets.

Hazards

- Avoid hills that are too steep, or too icy you can lose control very quickly.
- · Choose hills free of obstacles such as trees, rocks, utility poles, or fences.
- · Be mindful of clothing that contains drawstrings, or loose clothing, such as scarves, which can present a choking hazard if they become caught or snagged.

Plan ahead

- Dress warmly in layers and anticipate weather changes.
- Consider bringing extra sets of gloves and togues to exchange wet garments for dry ones.
- Take breaks to warm up out of the cold.
- Ensure frostbite hasn't affected any exposed skin.
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite.
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it or by placing the affected part in warm water (not hot; ~41°C max.) until re-warmed.

EDITOR'S BITS

Shepard Community Association

Executive Board

PRESIDENT - Sandra Weir ShepardBoardChat@gmail.com VICE-PRESIDENT - Natalie Reid TREASURER - Bill Thompson SECRETARY - Sherban Comanescu

Directors At Large

- Brvan Bunz
- Brian Webb
- Mike Reid

HALL RENTALS & MARKETING

shepardcommunityhall.ca

Shepard Community Association

10800 - 84 St. SE, Calgary, AB T3S 0A5 403.290.0144 (leave message) shepardcommunityhall.ca

Shepard Newsletter Contributions ...keeping YOU on track!

ShepardExpress@gmail.com

Next SCA Meeting Wednesday Jan 20 at 7pm

Please join us in our new community home! **Shepard Community Hall**

SAVE THESE DATES

2016 SCA Monthly Meetings (on Wednesdays) Jan 20, Feb 17, March 16, April 20, May 18, June 15, Jul 20, Aug 17, Sept 21, Oct 19, Nov 16. Dec 21

Other Area Meetings

 Bow North Synergy Association Tuesdays, at 7 pm – Indus Arena Contact mykeeper@telus.net for next meeting date.

Road Ramblings

- Road Report www.511alberta.ca
- SE Ring Road 17 Ave. 22X Issues Chinook Road Partnership
- 22X / Deerfoot / Ring Road c/o Carmacks at 403-543-8750, www.carmacksent.com
- City of Calgary Roads call 311/ www.calgary.ca
- RockyView County Roads 403-520-6378/ www.rockyview.ca
- Alberta Transportation 1-877-898-7623 or http://www. transportation.alberta.ca/eastgp.htm

Local Landscape Links

South Shepard Area Structure Plan - Updates

http://www.calgarv.ca/PDA/LUPP/Pages/Currentstudies-and-ongoing-activities/East-region-planning/ South-Shepard-Area-Structure-Plan.aspx?redirect=/ southshepard

ATCO Gas Pipeline Replacement

http://www.atcopipelines.com/upr/

Revised Public Lands Act (Water) Affecting Private Land Owners

http://www.wetlandsalberta.ca/water_act/

AltaLink Transmission Line

http://www.altalink.ca/projects/southernabtransmission/ fatd/calgary-okotoks-janet.cfm

Shepard Power Center – Updates

http://www.capitalpower.com/generationportfolio/ constructiondevelopment/Pages/shepard.aspx

Area Development Permits & Public Notices

Note – there is an inter-municipal agreement whereby you can appeal either County or City listings even if you live in the other tax area.

City of Calgary – Thursday's Calgary Herald or www. Calgary.ca/publicnotices

(Email to Ward12@calgary.ca to be included in weekly email updates.

Rocky View County - Check your weekly Rocky View Times newspaper weekly

NEW! Calgary Police Service - HUB Messaging system www.calgary.ca/cps/pages/the-hub.aspx



Keep Your Paws Warm!

walks rinse and dry your pet's feet if you suspect he has walked through chemicals.

Some dogs just can't tolerate cold paws no matter what you do. Consider booties for these individuals. Booties and mukluks come in all shapes and sizes for dogs. It is important that the boot breath and not compromise the blood flow to the paw. Most animals readily tolerate comfortable well-fitted boots. Online pet stores and local pet stores carry an array of boots for dogs. If you have a large active pet that will need heavy-duty boots you may want to consider custom-made footwear.

Along with their fur keep your pet's nails clipped. In our winters nails may split as your pet goes in and out from the cold and damp and nails may benefit from supplements such as omega fatty acids or fish oils.

My old Labrador would push through the roughest ground cover on the scent of a bird, but in the city he had very sensitive feet and could not tolerate rock salt on his paws at all. Nor would he tolerate boots. I used a paw wax on his feet. Applied to the pad these waxes seal the paw and protect the skin from ice and chemicals. They also protect the pads from cracking with dryness as the dogs go in and out. As long as your dog tolerates his feet touched the paw waxes are very easy to use. Vaseline is a cheap alternative but lasts only a short time outside and can pick up unwanted dirt adhering to the paw.

New products are always coming on the market. Check with your veterinarian and don't forget to protect the rest of your pet from the cold by keeping them well groomed. A clean well-groomed coat insulates from both cold in winter and heat in summer better. Finally remember, like us, as dogs become elderly or arthritic they may require more protection from the elements than they did in their prime. Be as conscious of a senior pet potentially slipping on the ice as you would be of an elderly relative.

Jennifer L. Scott, D.V.M.

Well we are about to enter the heart of winter when we see temperatures of minus 20 degrees and lower outside and I don't want to walk my dog, although he is always ready and willing. Most dogs are amazingly well equipped to deal with the cold weather, but not every breed or individual can deal with this kind of cold without precautions.

When dogs first walk on the cold snow you often see them limp or hold a paw up as they run around. Then given some time they seem to become more comfortable. A dog's pads are equipped with a very effective heat exchange system. Once the paw's blood vessels adjust to the cold, and as long as the pad is dry and healthy, the average dog can tolerate most very cold surfaces. Smaller dogs tend to be less tolerant than large breeds. There are exceptions. Dogs with long guard hairs and thick downy undercoats like shepherds and huskies do fine, but dogs with short fine fur like Dobermans have little tolerance for cold. Fortunately stores now stock doggie coats from your basic knitted sweater to fine sartorial splendour depending on the taste of the human companion.

Some people believe a mat of hair over the dog's foot pads will protect them. Not true. Matted fur and excessive hair tends to stay wet, collect ice balls, and hold chemicals such as de-icing agents and salt against the skin. A dog's paws will adjust to the cold more effectively if the hair is kept reasonably short and clean. After

BUSINESS CLASSIFIEDS

CONCRETE CUTTING FOR BASEMENT WINDOWS. DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www. communitymediation.ca, 403-269-2707.

K2 BOOKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

QUALITY DAYHOME IN OGDEN: Experienced midwife, caregiver and mother, with childcare First Aide/CPR certificate, has spots available for ages 11 months - four years old. Spacious play area, high fenced backyard. Lots of fun, arts and crafts, serves nutritious meal and two snacks. I also offer hemming and alterations. Call Chery: 403-875-8997 Email: chery.roy@hotmail.com.

NEW SETON CLINIC ACCEPTING FAMILY PRAC-TICE & WALK-INS: 19665 Seton Way SE (Inside Seton Superstore). To pre-register please visit our website: www.vineyardmedicalclinic.com. Vineyard Medical Clinic Seton hours: Monday Friday 8:00 am 8:00 pm, Saturday 10:00 am 4:00 pm, closed Sundays.



Upcoming SE Blood Donor Mobile Clinics



Call 1-888-2Donate or 1-888-236-6283 to make an appointment or go to www.blood.ca for times and last minute clinics changes.

January - February 2016

1/11 (Monday) South Health Campus

1/12 (Tuesday) Fluor - Sundance

1/23 (Saturday) Cranston Residents Association

1/30 (Saturday) Cardel Rec Centre

2/06 (Saturday) Acadia Rec Centre 2/18 (Thursday) Quarry Park 2/20 (Saturday) Cardel Rec Centre 2/26 (Friday) Acadia Rec Centre 2/27 (Saturday) South Health Campus



SHEPARD COMMUNITY ASSOCIATION	Please check ✓ any items
	you would be interested in
Community Memberships - \$20	volunteering for or any position

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Please mail \$20 <u>cheque only</u> payable to Shepard Community Association to: Attention: SCA Memberships Shepard Community Association 10800 – 84 Street SE, Calgary AB T3S 0A5

Please check 🗸 any items
you would be interested in
volunteering for or any position
within the Shepard Community
Association and return this
 sheet with your payment.
Board of Directors
 Events Planning
 ☐ Hall Bookings
 Casino Fundraising
 ☐ General Cleanup
Seasonal Parties (Adult)
 ☐ Hall Maintenance
Seasonal Parties (Children)
☐ Grounds Maintenance
☐ Hall Construction
Potluck Nights
Other: Please specify

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FIND SOLUTION ON PAGE 10

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SCHOOLS			
Chestermere High School Chestermere Lake Middle School Indus School Langdon School Prairie Waters Elementary School Prince of Peace Luthern School Rainbow Creek Elementary School Rocky View Learning Connections - Chest Douglasdale School McKenzie Towne School Msgr. J.S. Smith St. Albert the Great École de la Source (FR) K-9 Ste-Marguerite-Bourgeoys (S) (FR) K-12 École de la Rose sauvage (FR) 10-12 Trinity Christian School K-9	ermere Campus		403.272.8868 403.273.1343 403.936.5855 403.936.4579 403.285.6969 403.285.2288 403.273.8129 403.235.0294 403.777.6177 403.777.6185 403.500.2069 403.500.2114 403.255.6724 403.240.2007 403.230.3112 403.254.6682
WORSHIP	-		
McKenzie Towne Church St. Albert the Great Catholic Church First Alliance Church Ogden United Church St. Bernadette's Church	403.257.5360 403.257.6054 403.252.7572 403.271.2700 403.236.2979	St. Augustine's Anglican Church River View Christian Church Red Deer Lake United Church Langdon Community Church Calgary Living Word Assembly	403.279.3105 403.279.6334 403.256.3181 403.936.5974 403.472.0292
COMMUNITY			
Shepard Community Association Shepard Hall (Calgary) Rentals Calgary Police Service – Community I	Liason Officer	shepardex press@gmail.com shepardhall calgary rentals@gmail.com POL 5067@calgary police.ca	403.290.0144 403.290.0144

Shepard Community Association	shepardexpress@gmail.com	403.290.0144
Shepard Hall (Calgary) Rentals	shepardhallcalgaryrentals@gmail.com	403.290.0144
Calgary Police Service – Community Liason Officer	POL5067@calgarypolice.ca	
(Constable Matt Forest)		10000000000000000000000000000000000000
Indus Curling Rink		403.936.5656
Chestermere Public Library		403.272.9025
Glenmore Square Library		403.260.2600
Fish Creek Library	Side of the same of	403.221.2090
Shawnessy Library		403.221.2072
Scouts Canada	www.myscouts.ca	403.283.4993

ELECTED OFFICIALS

RockyView County - Councillor Rolly Ashdown	rashdown@rockyview.ca	403.230.1401
City of Calgary - Councillor Shane Keating	ward12@calgary.ca	403.268.1698
MLA Rick Fraser	calgary.southeast@assembly.ab.ca	403.215.8930
MLA Leela Aheer	chestermere.rockyview@assembly.ab.ca	403.207.9889



COUNCILLOR, WARD 12 SHANE KEATING

Phone: 403-268-1698 • Email: Ward12@calgary.ca Twitter: @CouncillorKeats Facebook: http://www. facebook.com/CouncillorKeating Web: http://shanekeating.blogspot.com/

Happy New Year Ward 12! 2015 was certainly a memorable year for southeast Calgary, and 2016 will be just as excitina!

City of Calgary Secures Funding for Green Line LRT

On December 14, 2015 Council made the decision to fund one-third of the project costs for the Green Line LRT. Council had previously dedicated \$52M over 10 years to the Green Line. On December 14 I was very proud to take the lead on a Notice of Motion that extended that commitment from 10 years to 30 years. Through this mechanism The City of Calgary is able to dedicate \$1.53B to the Green Line LRT without any tax increases on Calgarians.

Ward 12 Open House

Want to find out what will be happening in Ward 12 in 2016? Join me and representatives from the City of Calgary for the annual Ward 12 Open House on Thursday, January 28, 2015. This year we will be at the Mahogany Beach House, 29 Masters Park SE. Every year I ask departments from the City of Calgary and community stakeholders to join me and answer questions that residents may have about the future of their communities. Drop in and say hello!

BRAIN GAMES	SUDOKL
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MLA, CALGARY-SOUTH EAST

5126 126 Av SE Calgary, AB T2Z 0H2 (403) 215-8930 Calgary.southeast@assembly.ab.ca

My family and I would like to wish you a very Happy New Year!

I am happy to report our wish list drive for the Calgary Women's Shelter was a big success. I was able to visit them in early December to drop off all the constituent donations. Items that couldn't be used were donated to Women In Need Society. Thank you to everyone who participated!

I valued being able to meet constituents at the Cranston Christmas Bazaar, where I had a table set up with information for the community. I was also able to attend the Walden Christmas Craft Fair to help hand out door prizes, and speak to the residents. It's always great being able to spend time there. The Auburn Bay Parade of Lights was a huge success in its second year. I was pleased to sponsor a table this year and I was also able to ride in the parade. What a great turn out!

I've heard many concerns from constituents on Bills 5 and 6. I have called back every single constituent who has contacted my office on these issues, and appreciate the feedback I have received.

New Brighton Elementary School Parents Association is collecting bottles on an ongoing basis for fundraising towards their new school. For more information on how you can help: www.newbrightonschool.com/



MLA Fraser in the Auburn Bay Parade of Lights, December 2015

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- February 1 to 29 YYC Hot Chocolate Fest: Participating restaurants and cafes across Calgary each create a signature hot chocolate and try to win Calgarians' hearts — the hot chocolate with the most votes takes home the title of Calgary's Best Hot Chocolate. www.yychotchocolate.com
- February 3 Calgary Flames vs Carolina Hurricanes at the Saddledome 7:30 pm. www.calgaryflames.com
- February 5 to 20 Lord of the Flies: Remarkably true to the novel in spirit... the theatre lends itself particularly well to the ritualistic aspects of the story - chanting, dancing, marching, forming a circle round the victim, stamping out a fire. You end up feeling you have seen a fable of infinite implications enacted in a little room, www.storybooktheatre.org
- February 12 Calgary Hitmen & Red Deer Rebels face off at 7:00 pm at the Saddledome. www.hitmenhockey.com
- February 12 to 14 Block Heater: A Winter Music **Extravaganza:** There's a new music festival in Calgary over the Family Day long weekend. More than 20 artists perform at three Inglewood venues over three days. www.calgaryfolkfest.com
- February 12 to April 17 Suite Surrender: Mistaken identities, overblown egos, double-entendres, and a lap dog named Mr. Boodles round out this hilarious riot of a love note to classic farce. www.stagewestcalgary.com
- February 21 to 22 Spinosaurus: Lost Giant of the **Cretaceous:** Meet Spinosaurus, the largest predatory dinosaur yet discovered and hear the incredible story of how this prehistoric giant was almost lost to science, before being brought back to light with the help of a remarkable young paleontologist. www.artscommons.ca
- February 26 Calgary Hitmen vs Royals at the Saddledome 7:00 pm. www.hitmenhockey.com
- February 27 Calgary Flames & Ottawa Senators face off at 8:00 pm at the Saddledome. www.calgaryflames.com
- February 28 Night With the Stars: This year, Theatre Calgary's annual fundraiser has an otherworldly theme. This gala takes participants to a different galaxy. www.theatrecalgary.com

FEBRUARY 16 TO 21 THE WIZARD OF OZ

Join Dorothy, Scarecrow, Tin Man and Lion on a journey down the yellow brick road. This new production of The Wizard of Oz adapts the classic book for the stage and contains the well-loved songs from the Oscar-winning film. www.calgary.broadway.com



FEBRUARY 19 TO APRIL 24 STAR WARZ-A GALACTIC ROCK COMEDY

There are rebels with spaceships, Jedi with lightsabers... there is a princess, a smuggler, and robots, the Evil Darth Vador and singing... yes you heard me... singing of your favourite galactic rock tunes of the 70's and 80's. www.calgary.jubilations.ca





On Jan. 5, 2016, The City of Calgary will mail 2016 property assessment notices.

Watch for your assessment notice in the mail – it contains important information including:

- · Your assessed value
- Your access code to log into Assessment Search
- Dates to contact Assessment if you have questions.

Go to Assessment Search to:

- View information about your assessment and other details
- Search for comparable properties
- · Search for sales of similar properties in your area
- View other detailed assessment information.

Assessment Search - getting started

First-time users will need to complete a two-step registration process:

- Create a City of Calgary personal mylD account. Visit calgary.ca/mylD to register.
- **2.** Link your property assessment to your mylD account.

When you receive your 2016 assessment notice go to Assessment Search at calgary.ca/assessment:

- · Login with your myID account and password.
- Enter the roll number and access code displayed on your notice.

2015-1053



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There's Wealth in Our Approach.™

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