

DECEMBER 2017

DELIVERED BIMONTHLY TO 1,100 HOUSEHOLDS

# your SHEPARD EXPRESS

THE OFFICIAL SHEPARD & AREA COMMUNITY NEWSLETTER

## 2<sup>ND</sup> ANNUAL "UGLY" CHRISTMAS SWEATER FAMILY PARTY

SATURDAY, DECEMBER 16

SEE PAGE 8







## “Community Cards” Class Right Here at Our Shepard Community Hall

Nothing warms an occasion more than a homemade note from the heart!

**Next class - Saturday, Jan 20/18 - 10am - 3pm**

This fun class includes making 5 or 10 “hand-crafted” cards with envelopes for various occasions.

No experience necessary and all supplies included.

Fee \$12.50 / 5 cards or \$25 / 10 cards.

RSVP by **January 10/18** to NARKLIE@msn.com or call 403-618-6069. Limited space.

**SAVE THESE CLASS DATES:** Sat. Jan 20 • Sat. Feb 24 • Sat. Mar 24 • Sat. Apr 21 • Sat. May 26

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-Joan Borysenko Ph.D. & Best Selling Author

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## SHEPARD COMMUNITY ASSOCIATION

10800 - 84 St. SE  
Calgary, AB T3S 0A5  
Phone: 403.290.0144  
info@shepardcommunityhall.ca (NEW)  
www.shepardcommunityhall.ca (NEW)

Delivered monthly to 1,100 households and businesses for 5 years

### Editorial Submissions

shepardexpress@gmail.com  
All editorial content must be submitted by the 1<sup>st</sup> of the month for the following month's publication.

### Advertising Opportunities

403-263-3044 | sales@great-news.ca  
All advertisements must be submitted by the 1<sup>st</sup> of the month for the following month's publication.

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*The information contained in this newsletter is believed to be accurate, but is not warranted to be so.*

*Great News Publishing and Shepard Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.*

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

## EDITOR'S BITS

### Shepard Community Association Executive Board

PRESIDENT - TBD  
ShepardBoardChat@gmail.com  
VICE-PRESIDENT - Natalie Reid  
TREASURER - Barb Williams  
SECRETARY - Sherban Comanescu

### Directors At Large

Bill Thompson, Brian Webb, Mike Reid, Sue Berg, Heather Gillette-Smith

### HALL RENTALS & MARKETING

shepardcommunityhall.ca

### Shepard Community Association

10800 - 84 St. SE, Calgary, AB T3S 0A5  
403.290.0144 (leave message)  
info@shepardcommunityhall.ca  
www.shepardcommunityhall.ca

## Shepard Newsletter Contributions ...keeping YOU on track!

ShepardExpress@gmail.com



### SAVE THE DATES

Jan 17/18  
Feb 21 /18  
Mar 21 /18  
Apr 18 /18  
May 16/18  
June 20/18  
July-August - none  
Sept 19 /18(+AGM)  
Oct 17/18  
Nov 21/18  
Dec-TBD

**Next SCA Meeting**  
Wednesday  
Jan.17 at 7pm

## Road Ramblings

- Road Report - [www.511alberta.ca](http://www.511alberta.ca)
- SE Ring Road 17 Ave. - 22X Issues - Chinook Road Partnership
- 22X / Deerfoot / Ring Road – c/o Carmacks at 403-543-8750, [www.carmacksent.com](http://www.carmacksent.com)
- City of Calgary Roads - call 311/ [www.calgary.ca](http://www.calgary.ca)
- RockyView County Roads 403-520-6378/ [www.rockyview.ca](http://www.rockyview.ca)
- Alberta Transportation 1-877-898-7623 or <http://www.transportation.alberta.ca/eastgp.htm>

## Local Landscape Links

### South Shepard Area Structure Plan - Updates

<http://www.calgary.ca/PDA/LUPP/Pages/Current-studies-and-ongoing-activities/East-region-planning/South-Shepard-Area-Structure-Plan.aspx?redirect=/southshepard>

### Revised Public Lands Act (Water) Affecting Private Land Owners

[http://www.wetlandsalberta.ca/water\\_act/](http://www.wetlandsalberta.ca/water_act/)

### Area Development Permits & Public Notices

Note – there is an inter-municipal agreement whereby you can appeal either County or City listings even if you live in the other tax area.

**City of Calgary** – Thursday's Calgary Herald or [www.Calgary.ca/publicnotices](http://www.Calgary.ca/publicnotices)  
(Email to [Ward12@calgary.ca](mailto:Ward12@calgary.ca) to be included in weekly email updates.)

**Rocky View County** – Check your weekly Rocky View Times newspaper weekly

**NEW!** Calgary Police Service - HUB Messaging system  
[www.calgary.ca/cps/pages/the-hub.aspx](http://www.calgary.ca/cps/pages/the-hub.aspx)

**Calgary Police Service** - HUB Auto-Messaging System, same website for registration,

- Community events
- Information alerts
- Existing Amber alerts
- Missing persons
- Emergency incidents
- Neighbourhood crime alerts
- Threats to school safety
- Public warnings
- Crime prevention information

Register your phone, text or email today!

## SCHOOLS

Chestermere High School	403.272.8868
Chestermere Lake Middle School	403.273.1343
Indus School	403.936.5855
Langdon School	403.936.4579
Prairie Waters Elementary School	403.285.6969
Prince of Peace Luthern School	403.285.2288
Rainbow Creek Elementary School	403.273.8129
Rocky View Learning Connections - Chestermere Campus	403.235.0294
Douglasdale School	403.777.6177
McKenzie Towne School	403.777.6185
Msgr. J.S. Smith	403.500.2069
St. Albert the Great	403.500.2114
École de la Source (FR) K-9	403.255.6724
Ste-Marguerite-Bourgeoys (S) (FR) K-12	403.240.2007
École de la Rose sauvage (FR) 10-12	403.230.3112
Trinity Christian School K-9	403.254.6682

## WORSHIP

McKenzie Towne Church	403.257.5360	St. Augustine's Anglican Church	403.279.3105
St. Albert the Great Catholic Church	403.257.6054	River View Christian Church	403.279.6334
First Alliance Church	403.252.7572	Red Deer Lake United Church	403.256.3181
Ogden United Church	403.271.2700	Langdon Community Church	403.936.5974
St. Bernadette's Church	403.236.2979	Calgary Living Word Assembly	403.472.0292

## COMMUNITY

Shepard Community Association	shepardexpress@gmail.com	403.290.0144
Shepard Hall (Calgary) Rentals	info@shepardcommunityhall.ca	403.290.0144
Calgary Police Service – Community Liaison Officer (Constable Mike Moore)	POL4262@calgarypolice.ca	
Indus Curling Rink		403.936.5656
Chestermere Public Library		403.272.9025
Glenmore Square Library		403.260.2600
Fish Creek Library		403.221.2090
Shawnessy Library		403.221.2072
Scouts Canada	www.myscouts.ca	403.283.4993

## ELECTED OFFICIALS

RockyView County - Councillor Al Schule	ASchule@rockyview.ca	403.813.1835
City of Calgary - Councillor Shane Keating	ward12@calgary.ca	403.268.1698
MLA Rick Fraser	calgary.southeast@assembly.ab.ca	403.215.8930
MLA Leela Aheer	chestermere.rockyview@assembly.ab.ca	403.207.9889
MP Tom Kmiec (Shepard)	Tom.Kmiec.c1@parl.gc.ca	403.974.1285
MP Martin Shields (Bow River)	martin.shields.c1@parl.gc.ca	403.793.6775

The AGM meeting was held September 20 along with the regular monthly meeting. Some of the meeting highlights included:

### Shepard Executive Board

President – TBD  
 Vice President – Natalie Reid  
 Secretary – Sherban Comanescu  
 Treasurer – Barb Williams

### Directors at Large

Bill Thompson, Brian Webb, Mike Reid, Sue Berg, Heather Gillette-Smith

Ms. Teresa Hargreaves, a Ward 12 City Council candidate, attended the Shepard AGM meeting to introduce herself and become familiar with the community & its members. Following the most intriguing civic election day in a long time on Oct.16, we are once again represented by Shane Keating - Ward 12 City of Calgary and offer a sincere "Welcome Back" to Al Schule - RockyView's Division 4 Councillor.

Departing RV Councillor, Rolly Ashdown, had decided not to rerun after 2 terms in the RockyView office. The SCA & Shepard Community at large would like thank Rolly & his family for their many contributions & support to this community over the years and wish them much success in their next business endeavour in the Langdon area (mmm...can't wait!!).

The Sept.20 report from Calgary Police stated they are actively monitoring the 114 Ave speeder situation from the hamlet to the east city limits and have issued some healthy infractions and will continue to do so. For newcomers to the area, be reminded that the speed limit is only 40 km. At the Oct. 18 meeting, Const. Moore was present and had some very informative updates about our area's "unwelcome activity" and had tips about how we can better & easily protect ourselves as property & business owners.

**CASINO NEWS** - Shepard's next Casino Fundraiser dates are confirmed for Thursday, May 31 and Friday, June 1 at the Deerfoot Inn and Casino. There are approximately 36 positions to be covered for all 4 shifts so we will be soliciting for volunteers as soon as you can confirm. Please call the hall at 403-290-0144 on M-pm/W/F if you can be counted on. All training provided (and it's easy...).

**SAVE THE DATE** - Party Time – Saturday, Dec.16 is "community reserved" for the 2nd Annual Ugly Christmas

Sweater Party at the hall with food, prizes and fun!! Don your tackiest apparel (or not) and join us for some casual fun. Cash bar starting at 5pm, Catered Dinner at 6:30. So that we can confirm catering numbers, all attendees must R.S.V.P. by Dec.6 to Narklie@msn.com.

Lastly, the Saturday morning "coffee & donuts" drop-in has been shelved for the near future.

~ On behalf of the Shepard Executive Board

## Garden of Eat'n

By Terry Zimmer

This is the story of a garden, and those who work in it. A couple named Jack and Marlene Begg had, some years ago, spent time in Ethiopia as volunteer teachers. On their return, they wanted to contribute to the Calgary community. They lived on a parcel of land in the community of Shepard at the edge of the City and thought they might plant a garden and donate the vegetables to the Calgary Food Bank. A group of retirees from Amoco Canada (of which Jack was a member) were looking for such a project, and the Garden of Eat'n was born. The name was chosen because the 1.5-acre garden relies totally on rainfall, since well water has too much alkali for plant usage. This garden was the first community garden in the Calgary area, but, according to the Horticultural Society, there are now hundreds of them, albeit smaller.

The garden depends on many corporations who share their retirees and employees to seed, weed and harvest the vegetables. The Calgary Interfaith Food Bank has provided the water, seeds and help at each session. The companies that have participated are: Amoco Canada (now BP Canada), Chevron, Imperial Oil, Conoco Phillips, Cenovus, Encana, Nexen, Oxford Group, and Homes by Avi. McDonald's Restaurants have provided 150 Big Mac coupons for the volunteers yearly.

In the past 22 years, the garden has contributed 184,573 lbs. of vegetables to the Calgary Food Bank.





It's the Season to get festive at Shepard Community Hall!

# 2<sup>nd</sup> Annual UGLY

# CHRISTMAS SWEATER

## Family Party

**Saturday, Dec.16**

**Cash Bar 5pm, Catered Dinner 6:30pm**

**Shepard Community Hall (Lounge)**

10800 84 St. SE 403-290-0144

**Food, Prizes & Fun!**

*R.S.V.P. to Narklie@MSN.com before Dec.6*

**May your Sweaters be Tacky & Bright ☺!**



MLA, Calgary-South East  
**Rick Fraser**

Suite 202, Building D, 5126 126 Av SE  
Calgary, AB T2Z 0H2 ☎ 403-215-8930

✉ Calgary.southeast@assembly.ab.ca

📘 RickFraserYYCSE 📷 rickfrasermla

📱 RickFraserYYC

In the month of October, we met with student council members and some students from Copperfield, New Brighton, and Prince of Peace Auburn Bay schools to put together a video about school playground funding. We hope this video catches the attention of Minister Eggen and assist these schools in obtaining playgrounds for their students to enjoy.

Last month we also began meetings with stakeholders in regard to changing the Animal Protection Act. Various animal rescue groups, veterinarians, animal protection officers and individual stakeholders from all over Alberta participated in these meetings and by providing feedback. We will present our feedback to the Minister of Agriculture once this work is complete, and continue to advocate for these changes. More information is available on my Facebook page, via the linked group Alberta Animal Protection Act. If you'd like to join, please send a request and we will add you.

#### Events and congratulations:

- We visited the Auburn Bay dog park, met dog owners and handed out treats and coffee (Thanks Bone and Biscuit and Second Cup Mahogany for participating in this event)
- Sunset in the GOA at St. Albert the Great Church
- SOS Children's Villages Calgary Leadership Luncheon
- Group of Seven Aunt and Uncles Day at All Seniors Care Auburn Bay
- Auburn Bay CCSD Sod Turning Ceremony
- Calgary Food Bank Tour
- TD Mahogany Grand Opening
- Handed out candy at the Mahogany Halloween Howler
- Handed out candy at the Cranston Halloween party

#### Did you know?

- Our office presents congratulatory scrolls for anniversaries and birthdays. Birthday scrolls are available to constituents celebrating their 65+ birthday, in five-year intervals. Anniversary scrolls are available to constituents celebrating their 25+ anniversary, in five-year intervals.
- I will visit your child's school and speak about the role of an MLA, government, and answer students questions.
- Our office provides free notary service to constituents. Please call to book an appointment.
- I am available to attend constituency events. Please contact my office to schedule.

If you have any questions, concerns or are in need of assistance, please contact my office at 403-215-8930 or calgary.southeast@assembly.ab.ca.

# BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

**QUALITY DAY HOME IN OGDEN:** Experienced midwife, caregiver and mother, with childcare first aid/CPR certificate, has spots available for ages 11 months - four years old. Spacious play area, high fenced backyard. Lots of fun, arts and crafts, serves nutritious meal and two snacks. I also offer hemming and alterations. Call Chery: 403-875-8997. Email: chery.roy@hotmail.com.



#### GOING ON A CHRISTMAS HOLIDAY?

The Christmas Holidays can be a great time to enjoy a vacation! But before you do, make sure your home is as safe and secure as possible. The keys to protecting your home when you are on vacation are not just the ones you use in your deadbolt lock. Below are a few tips to help reduce your risk:

- Double-check your insurance policy to find out if and when you require someone to check in on your home.
- Give a trusted neighbour or friend a key and trip details and ask them to check in on your home.
- Don't advertise that you are going away.
- Create a lived-in appearance. Be sure the sidewalk and steps are cared for while you are away, and stop any newspapers or have flyers collected from your door or yard. Set lights and a TVs on timers so your home is not dark during evening hours.
- Encourage a trusted neighbour to park their car in your driveway while you are gone.
- Ensure that your door and window locking devices are working and are locked when you leave.
- Disable your garage door while you are gone. Most have a switch that can be turned off. You can also put a padlock or similar device through the door tracks to ensure it cannot be opened.
- Put away, or secure all lawn furniture or tools (i.e. ladders) so they can't be used to assist a burglar in gaining access to the upper story windows of your home.

For more resources, check out the Federation of Calgary Communities website at calgarycommunities.com under the Building Safe Communities menu tab.



Councillor, Ward 12  
**Shane Keating**  
 ☎ 403-268-1698  
 ✉ CAWard12@calgary.ca  
 🌐 www.shanekeating.ca  
 📧 @CouncillorKeats   🌐 www.facebook.com/CouncillorKeating

There are few things more humbling than a re-election campaign, especially for an incumbent. I ran on my track over the last 7 years. What I was offering to residents of Ward 12 was my same dedication and passion for the priorities that I have been fighting for since 2010.

I was humbled that 73% of Ward 12 voters agreed with my approach. I'm thrilled to be returning to represent Ward 12 for another 4 years—I'm back because I'm committed to finishing what we started. As part of my commitment to Ward 12, I have identified three key priorities that I want to work towards over the next 4 years:

**1. Green Line LRT**

We need to maximize what we can accomplish in Stage 1 of the project. I believe we can get to Mckenzie Towne Station within the initial funding envelope, and I will continue to push for that. We also need to agree on what future stages will look like. That needs to be complimented with additional funding so that future stages could be constructed concurrently with Stage 1.

**2. Community Safety**

I see two key issues that need to be managed with respect to community safety:

- Local crime. Much of the local crime we see in our communities is entirely avoidable: unlocked vehicles, leaving valuables in plain sight, etc. We need to work with CPS and communities to communicate how we can all contribute to keeping crime away from our communities instead of inviting it in.
- Street safety. We have a duty to make sure that people can get to where they are going safely in our communities. That means getting enforcement where it needs to be and getting the right infrastructure into the right places.

**3. Value for your tax dollars.**

Value for money means finding a balance. Are we achieving the best possible service delivery with the resources that we have? Is our tax burden appropriate and is there a positive return on your tax dollar investment? When Council sets our four-year budget, we need to be prepared to make difficult decisions and find ways to improve our essential service delivery without automatically resorting to increasing our revenues.

I'm a results-driven person, and I believe that is reflected in my track record as your Councillor over the last 7 years—and I want to continue pushing for positive results for our communities over the next 4 years. We have a lot to get done, so let's get to it!



# Upcoming SE Blood Donor Mobile Clinics

♥ Make another Heart Beat ♥

Call 1-888-2Donate or 1-888-236-6283 to make an appointment or go to [www.blood.ca](http://www.blood.ca) for times and last minute clinics changes.

**December 2017 – February 2018**

- Dec.2 – Cardel Rec South
- Dec.9 – Acadia Rec Centre
- Dec.19 – Calgary Life Church
- Dec.20 – Cardel Rec South - Gym
- Dec.23 – Cranston Resident Association

- Jan.20 – Blessed Cardinal Newman School
- Jan.26 – McKenzie Towne Church

- Feb. 13 – South Health Campus
- Feb.15 – Glenmore Inn
- Feb.23 – Chestermere Community Centre



Name	Age	Contact	Course
Kiara	13	403-604-1845	Yes
Quinlan	23	587-436-4877	Yes

**Calling All BABYSITTERS** Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS** Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).



## SHEPARD COMMUNITY ASSOCIATION Community Memberships - \$20

Family Names or Business \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

*(Note – all information received is treated with strict confidentiality)*

Please mail \$20 cheque only payable to Shepard Community Association to:  
 Attention: SCA Memberships  
 Shepard Community Association  
 10800 – 84 Street SE, Calgary AB T3S 0A5

you would be interested in volunteering for or any position within the Shepard Community Association and return this sheet with your payment.

- Board of Directors
- Events Planning
- Hall Bookings
- Casino Fundraising
- General Cleanup
- Seasonal Parties (Adult)
- Hall Maintenance
- Seasonal Parties (Children)
- Grounds Maintenance
- Hall Construction
- Potluck Nights
- Other: Please specify



# Your Shepard Community Hall!

We offer a full range of room sizes and services! From full day conferences, to workshops, seminars, wedding, stampede functions and more -- we can accommodate them all!

Easy access just 2 minutes off the SE Stoney Trail Ring Road at 114 Avenue (Exit 91 East)  
 Call today for more information 403-290-0144 or [info@ShepardCommunityHall.ca](mailto:info@ShepardCommunityHall.ca)  
 For the inside view and so much more visit [www.ShepardCommunityHall.ca](http://www.ShepardCommunityHall.ca)



Safeway South Trail Crossing

# GRAND RE-OPENING

FRIDAY, DECEMBER 8<sup>TH</sup>, 2017  
DOORS OPEN AT 8:00 AM

#100, 4915 - 130 AVENUE SE, CALGARY, AB

SAFEWAY 

BETTER FOOD IS right here

## What's new at Safeway South Trail Crossing

At Safeway, we're on a mission to help Western Canadians eat better, more affordably. In addition to lower everyday prices, our newly refreshed store now features an expanded bulk foods selection, including a brand new liquid bulk area with olive oils, vinegars, nut butters and honey.

Stop by today - we're excited to show you what's new at your **Safeway South Trail Crossing!**



**Collin Turner**  
Store Manager

BETTER FOOD IS



right here

Safeway South Trail Crossing  
#100, 4915 - 130 Avenue SE,  
Calgary, AB

**STORE HOURS:**  
Open Daily 8am-11pm  
Phone (403) 257-8510

**Raspberries or Blackberries**  
170g, Product of Mexico

2/5



1.99 each

**Tropicana Orange Juice**  
1.65L, selected varieties,  
Limit 2

5.97 /lb 13.16/kg

**Strip Loin Grilling Steak**  
Boneless, Cut From Canada AA Beef, Limit 2



BUY **BIG SAVE** BIG

4.99

**CAMPBELL'S Soups**  
selected varieties, 12 pack,  
Limit 2



COUPON VALID FRI., DEC 8<sup>TH</sup>-THURS., DEC 14<sup>TH</sup>, 2017

SPEND \$100, GET



150 AIR MILES® Bonus Miles

Valid only at your Safeway South Trail Crossing

\*With coupon and a minimum \$100 Safeway South Trail Crossing grocery purchase made in a single transaction.

Minimum grocery purchase must be made in a single transaction. Limit one Bonus Offer per transaction. Coupon must be presented at time of purchase with your AIR MILES® Card. AIR MILES® Bonus Offer coupons cannot be combined with any other discount offer or AIR MILES® offer including Customer Appreciation Day & Senior's Day. Offer valid only at the specified location. Other exclusions apply. See Customer Service for a complete list of exclusions.

SAFEWAY 



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GIFT CARD

The first 250 customers

FREE \$10 GIFT CARD

ONLY AT YOUR SAFEWAY SOUTH TRAIL CROSSING DEC 8<sup>TH</sup>, 2017

Prices effective only at your Safeway South Trail Crossing from Friday, Dec 8<sup>th</sup> to Thursday, Dec 14<sup>th</sup>, 2017. It is our intention to have every advertised item in stock for all customers, so we reserve the right to limit quantities to reasonable family requirements while supplies last. We regret we are unable to provide large quantities to retail outlets. Occasionally an item may not be available due to unforeseen difficulties. In such cases, we'll issue you a rain check so you may buy the item at the advertised price when it becomes available, or if you prefer, we'll offer you a similar item at a comparable price. Text prevails for product size and type identification. We reserve the right to correct any typographical errors. Please recycle where facilities exist.