

JANUARY 2017

DELIVERED MONTHLY TO 1,100 HOUSEHOLDS

your SHEPARD EXPRESS

THE OFFICIAL SHEPARD & AREA COMMUNITY NEWSLETTER

NEXT MEETING

WEDNESDAY
JANUARY 18
7PM





Learning Opportunities Ahead

Talking About Dementia with Dr. David Hogan

Gain a better understanding of Alzheimer's disease and related dementias. Dr. David Hogan will lead an informative presentation and answer some questions from the audience. As a local expert on dementia, Dr. Hogan is the Medical Director of the Cognitive Assessment Clinic and holds the Brenda Strafford Foundation Chair in Geriatric Medicine at the University of Calgary. The Alzheimer Society of Calgary will also share information on the programs and services available to help you.

This is a fantastic opportunity for people looking to learn some excellent, introductory information about Alzheimer's disease or related dementias, or who may be searching for additional support, resources, hope and inspiration. There is no cost to attend but registration is required.

Saturday, January 28th 10 a.m. – 12:00 p.m.

Delta Calgary South (135 Southland Drive SE)

Register today

Visit www.alzheimercalgary.ca

Call (403) 290-0110

Email info@alzheimercalgary.ca

Brought to you by



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SHEPARD COMMUNITY ASSOCIATION

10800 - 84 St. SE
 Calgary, AB T3S 0A5
 Phone: 403.290.0144
 info@shepardcommunityhall.ca (NEW)
 www.shepardcommunityhall.ca (NEW)

Delivered monthly to 1,100 households and businesses for 5 years

Editorial Submissions

shepardexpress@gmail.com
 All editorial content must be submitted by the 1st of the month for the following month's publication.

Advertising Opportunities

403-263-3044 | sales@great-news.ca
 All advertisements must be submitted by the 1st of the month for the following month's publication.

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Serving Calgary communities for 28 years
 91 newsletters reaching over 415,000 households in Calgary and surrounding areas.

#34-4550 112 Ave SE
 Calgary, AB
 T2C 2K2

Check out our website:

www.great-news.ca
GREAT NEWS PUBLISHING 28 YEARS

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Publishing and Shepard Community Association.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing and Shepard Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS		911
Alberta Adolescent Recovery Centre	403-253-5250	
Alberta Health Care	403-310-0000	
AHS Addictions Hotline	1-866-332-2322	
ATCO Gas – 24 Hour Emergency	403-245-7222	
Calgary HEALTH LINK 24/7	811	
Calgary Police – Non Emergency	403-266-1234	
Calgary Women's Emergency Shelter	403-234-7233	
Child Abuse Hotline	1-800-387-5437	
Kids Help Line	1-800-668-6868	
Child Safe Canada	403-202-5900	
Distress/Crisis Line	403-266-4357	
ENMAX – Power Trouble	403-514-6100	
Poison Centre - Alberta	1-800-332-1414	
HOSPITALS / URGENT CARE		
Alberta Children's Hospital	403-955-7211	
Foothills Hospital	403-944-1110	
Peter Lougheed Centre	403-943-4555	
Rockyview General Hospital	403-943-3000	
Sheldon M. Chumir Health Centre	403-955-6200	
South Calgary Urgent Care Health Centre	403-943-9300	
South Health Campus	403-956-1111	
OTHER		
Calgary Humane Society	403-205-4455	
Calgary Parking Authority	403-537-7000	
SeniorConnect	403-266-6200	
Calgary Kerby Elder Abuse Line	403-705-3250	
Alberta One-Call Corporation	1-800-242-3447	
City of Calgary	311	
Social Service Info & Referral	211	
Community Mediation Calgary Society	403-269-2707	
RNR Lockworks Ltd.	403-479-6161	
Road Conditions – Calgary	511	
Weather Information		
Gamblers Anonymous	403-237-0654	

EDITOR'S BITS

Shepard Community Association Executive Board

PRESIDENT - Sandra Weir
 ShepardBoardChat@gmail.com
 VICE-PRESIDENT - Natalie Reid
 TREASURER - Barb Williams
 SECRETARY - Sherban Comanescu

Directors At Large

- Bryan Bunz
- Brian Webb
- Mike Reid
- Sue Berg

HALL RENTALS & MARKETING

shepardcommunityhall.ca

Shepard Community Association

10800 - 84 St. SE, Calgary, AB T3S 0A5
 403.290.0144 (leave message)
 info@shepardcommunityhall.ca
 www.shepardcommunityhall.ca

Shepard Newsletter Contributions ...keeping YOU on track!

ShepardExpress@gmail.com

Next SCA Meeting Wednesday Jan 18 at 7pm

Please join us in our new community home!
 Shepard Community Hall

SAVE THESE DATES
 2017 SCA Monthly Meetings (on Wednesdays)
 Jan 18



Road Ramblings

- Road Report - www.511alberta.ca
- SE Ring Road 17 Ave. - 22X Issues - Chinook Road Partnership
- 22X / Deerfoot / Ring Road – c/o Carmacks at 403-543-8750, www.carmacksent.com
- City of Calgary Roads - call 311/ www.calgary.ca
- RockyView County Roads 403-520-6378/ www.rockyview.ca
- Alberta Transportation 1-877-898-7623 or <http://www.transportation.alberta.ca/eastgp.htm>

Local Landscape Links

South Shepard Area Structure Plan - Updates

<http://www.calgary.ca/PDA/LUPP/Pages/Current-studies-and-ongoing-activities/East-region-planning/South-Shepard-Area-Structure-Plan.aspx?redirect=/southshepard>

ATCO Gas Pipeline Replacement

<http://www.atcopipelines.com/upr/>

Revised Public Lands Act (Water) Affecting Private Land Owners

http://www.wetlandsalberta.ca/water_act/

AltaLink Transmission Line

<http://www.altalink.ca/projects/southernabtransmission/fatd/calgary-okotoks-janet.cfm>

Shepard Power Center – Updates

<http://www.capitalpower.com/generationportfolio/constructiondevelopment/Pages/shepard.aspx>

Area Development Permits & Public Notices

Note – there is an inter-municipal agreement whereby you can appeal either County or City listings even if you live in the other tax area.

City of Calgary – Thursday's Calgary Herald or www.Calgary.ca/publicnotices

(Email to Ward12@calgary.ca to be included in weekly email updates.

Rocky View County – Check your weekly Rocky View Times newspaper weekly

NEW! Calgary Police Service - HUB Messaging system www.calgary.ca/cps/pages/the-hub.aspx

...Keeping Our City & Country Neighbours on Track

SCHOOLS

Chestermere High School	403.272.8868
Chestermere Lake Middle School	403.273.1343
Indus School	403.936.5855
Langdon School	403.936.4579
Prairie Waters Elementary School	403.285.6969
Prince of Peace Luthern School	403.285.2288
Rainbow Creek Elementary School	403.273.8129
Rocky View Learning Connections - Chestermere Campus	403.235.0294
Douglasdale School	403.777.6177
McKenzie Towne School	403.777.6185
Msgr. J.S. Smith	403.500.2069
St. Albert the Great	403.500.2114
École de la Source (FR) K-9	403.255.6724
Ste-Marguerite-Bourgeoys (S) (FR) K-12	403.240.2007
École de la Rose sauvage (FR) 10-12	403.230.3112
Trinity Christian School K-9	403.254.6682

WORSHIP

McKenzie Towne Church	403.257.5360	St. Augustine's Anglican Church	403.279.3105
St. Albert the Great Catholic Church	403.257.6054	River View Christian Church	403.279.6334
First Alliance Church	403.252.7572	Red Deer Lake United Church	403.256.3181
Ogden United Church	403.271.2700	Langdon Community Church	403.936.5974
St. Bernadette's Church	403.236.2979	Calgary Living Word Assembly	403.472.0292

COMMUNITY

Shepard Community Association	shepardexpress@gmail.com	403.290.0144
Shepard Hall (Calgary) Rentals	info@shepardcommunityhall.ca	403.290.0144
Calgary Police Service – Community Liason Officer (Constable Matt Forest)	POL5067@calgarypolice.ca	
Indus Curling Rink		403.936.5656
Chestermere Public Library		403.272.9025
Glenmore Square Library		403.260.2600
Fish Creek Library		403.221.2090
Shawnessy Library		403.221.2072
Scouts Canada	www.myscouts.ca	403.283.4993

ELECTED OFFICIALS

RockyView County - Councillor Rolly Ashdown	rashdown@rockyview.ca	403.230.1401
City of Calgary - Councillor Shane Keating	ward12@calgary.ca	403.268.1698
MLA Rick Fraser	calgary.southeast@assembly.ab.ca	403.215.8930
MLA Leela Aheer	chestermere.rockyview@assembly.ab.ca	403.207.9889
MP Tom Kmiec	tom.kmiec.cl@parl.gc.ca	403.974.1285



EVENTS

"Community Cards" Class

Shepard Community Center
Saturday, Jan.21 – starts at 10 AM

This fun class includes designing 5 "hand-crafted" cards with envelopes for various occasions!

No experience necessary and all supplies included for just \$12.50 pp.

Nothing warms an occasion more than a homemade note from the heart.

RSVP by Jan.10/17 to narklie@msn.com or call 403-618-6069

Upcoming SE Blood Donor Mobile Clinics

♥ Make another Heart Beat ♥

Call 1-888-2Donate or 1-888-236-6283 to make an appointment or go to www.blood.ca for times and last minute clinics changes.

Jan. – Feb. 2017

Jan.3	Acadia Rec Centre
Jan.5	Glenmore Inn
Jan.11	Cardel Rec Centre South – Gym
Feb.3	Riverbend Community Centre
Feb.4	Cranston Century Hall
Feb.13	Chestermere Community Centre



BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

BMP MECHANICAL LTD: is a professional mechanical company offering plumbing, heating, air conditioning and drain cleaning services for Calgary and area homeowners. Our services include: repairs and installation of new furnaces; hot water tanks and air conditioning systems; regular maintenance and emergency drain cleaning - including drain video inspections. Contact us at 403-816-4409 or service@bmpmechanical.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

QUALITY DAYHOME IN OGDEN: Experienced midwife, caregiver and mother, with childcare First Aid/CPR certificate, has spots available for ages 11 months - four years old. Spacious play area, high fenced backyard. Lots of fun, arts and crafts, serves nutritious meal and two snacks. I also offer hemming and alterations. Call Chery: 403-875-8997 Email: chery.roy@hotmail.com.

**FEB. 9 – 12
CALGARY BOAT AND
SPORTSMEN'S SHOW AT
STAMPEDE PARK BMO CENTRE**

The Calgary Boat and Outdoors Show is Southern Alberta's Biggest and Best Boat and Outdoors Show! More info www.calgaryboatandsportshow.ca



**FEB. 25 – 26
2017 ISU WORLD SPRINT SPEED
SKATING CHAMPIONSHIPS AT
OLYMPIC OVAL**

The Organizing Committee Calgary will be hosting the 2017 ISU World Sprint Speed Skating Championships at the Olympic Oval from Feb. 25-26. More info www.speedskating.ca



**UNTIL APRIL 30 SHOWCASE:
TOM COCHRANE AT NATIONAL
MUSIC CENTRE**

See important artifacts in Cochrane's acclaimed career, including the 1963 Gretsch guitar, used by Cochrane in the music video for 1988 single "Big League". More info www.studiobell.ca



FEBRUARY FEBRUARY FEBRUARY

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

Feb. 8 This Is That Live at Jack Singer Concert Hall

Hot on the heels of a new season of radio and a string of viral videos Pat Kelly and Peter Oldring are hitting the road with a new version of their popular live show - This Is That LIVE! If you have ever been curious how just two guys provide all the voices for this completely improvised radio comedy, well this is the show for you. Tickets and info www.artsccommons.ca

Feb. 11, 25 D&D Meet-up at The Sentry Box, Upper Mezzanine, 10 am – 5:30 pm

Whether you're a seasoned player or just curious about this type of role playing game, this D&D meet-up could be for you. Join this group who are dedicated players and welcome everyone, and with multiple ongoing campaigns new dungeon masters are encouraged to step up as well. More info <http://dnd.meetup.com/157/about/>

Feb. 14 – 25 Skylight at Theatre Calgary

On a crisp London evening, two former lovers from vastly different worlds find themselves locked in a dangerous battle of opposing ideologies and mutual desire. At times deeply personal, at times shockingly confrontational, this is one of the greatest intimate plays ever written. Watch, up close, as the embers of a broken relationship spark, ignite, and illuminate exciting possibilities. Tickets and info www.theatrecalgary.com

Feb. 24, 25 Winefest at Stampede Park BMO Centre

2016 Winefest Calgary was a delicious success! Attendees were afforded the opportunity to sample hundreds of red, white, port, sparkling, fruit and dessert wines from 15 different countries! To complement the delicious sips a selection of palate pleasing hors d'oeuvres will be served, along with a variety of tantalizing bites available from local businesses! Tickets and info www.celebratewinefest.com

Feb. 25 Coldest Night of the Year Walk Fundraiser at various Canadian cities

Walk with us on the Coldest Night of the Year, a super-fun, family-friendly fundraiser that raises money for the hungry, homeless, and hurting across Canada. Coldest Night of the Year 2017 officially launches on December 1, 2016, but you can register now! You'll see more and more features magically appear on the site as we get closer to launch. More info and registration www.canada.cnoy.org



**Councillor, Ward 12
Shane Keating**
403-268-1698 • Ward12@calgary.ca
Twitter: @CouncillorKeats
Facebook: <http://www.facebook.com/CouncillorKeating>
Web: <http://shanekeating.blogspot.com/>

Happy New Year Ward 12! Whether it was recreation centres or new schools, 2016 was a year of new beginnings for southeast Calgary. 2017 is going to be another big year as we continue progress on projects like the Seton Recreation Centre, the Green Line LRT and the Deerfoot Trail Study.

Notices of Assessment

Assessment notices are mailed out to property and business owners in the first week of January. These assessments provide the property value that your property taxes will be based on. If you do not agree with your assessment, you do have the opportunity to take part in the Customer Review Period. The Customer Review Period will be open from January 5 to March 6, 2017. Changes to your assessment will only be considered during this window.

You can visit calgary.ca/assessment for more information.

Deerfoot Trail Study

In 2016 a comprehensive study of Deerfoot Trail kicked off. The City of Calgary and Alberta Transportation are working together on this comprehensive study, the first of its kind since the mid 1990s. Twenty-five years is a long time between studies of such an important roadway and Calgary's relationship with Deerfoot has changed dramatically in this period of time.

In June the study team gave Calgarians an opportunity to express their feedback. In total the team received feedback from more than 10,000 people. Here are some of the early trends from the feedback the team received:

- The most travelled route on Deerfoot is from Stoney Trail South to Glenmore Trail;
- The most congested segment was reported as McKenzie Lake Blvd to Glenmore Trail;
- The Douglasglen/McKenzie Lake areas had the most respondents through the engagement process.

The team is moving into the next steps of this study where they will be developing and refining some short-term improvement options for existing prob-

lems. I look forward to seeing the recommendations from the team and will continue to discuss opportunities for alleviating congestion with our colleagues at Alberta Transportation.

You can keep up to date with the Deerfoot Trail Study by visiting calgary.ca/Deerfoot

Ward 12 Open House

Each year my office hosts a Ward 12 Open House. We invite City of Calgary departments and external stakeholders to participate. They will have presentation booths that provide information and they will answer your questions. The 2017 Open House is right around the corner, and I am looking forward to hearing your feedback!

When: Wednesday, February 8 from 7:00pm – 8:30pm

Where: Remington YMCA, 108 Quarry Park Road SE

Feel free to contact my office if you have questions about our open house.



Free ESL Classes

Develop essential vocabulary, pronunciation and conversation skills with native English-speaking volunteers. Weekly 1.5 hour classes on Wednesday mornings, Thursday evenings and Sunday evenings. Adults +18, school-aged children if accompanied by adult. Register at calgariesl.ca.

your **COMMUNITY** BUSINESS OF THE MONTH



- Engineered Network for optimal uptime
- 24/7 Live Support

ABnet's core values have continuously focused around community involvement and engagement. "This is what separates us from our competitors. We stand behind our brand – **Your Rural Connection** and we will continue to invest into rural communities."

ABnet offers 3 Internet packages (Home-Basic, Premium and Elite) that start at \$54.95/month with the option to add VoIP services. If more bandwidth is required, ABnet is able to prepare a customizable solution for both residential and business customers.

ABnet – Internet Services

ABnet is headquartered in the Shepard Community and has been providing Internet services to the area since 2005.

Over the past 10 years, ISP Manager, Rob Grisdale has played an active role in expanding and enhancing ABnet's connectivity to rural communities. "I've been in the telecom industry for over 15 years and believe customer service is vital to the success of any organization. Providing 24/7 live support enhances that experience and allows our team to stay engaged with our customers."

A few key points that distinguishes ABnet from its competitors:

- Head Office is located in the Shepard Industrial Park
- Community focused
- Competitive rates with "**Guaranteed Speeds**"
- Dedicated Network team



NETWORK UPGRADE

ABnet has recently expanded its network to deliver accelerated speeds to rural communities around Calgary, AB

Home- Basic	Premium	Elite
\$54.94*	\$74.95*	\$89.95*
2/1 Mbps-burstable	5/2 Mbps-burstable	10/3 Mbps-burstable



VoIP Solution

(Unlimited North America Calling)
\$25.00/month**

- ★ Increased Speeds
- ★ Dedicated Network Team
- ★ Live Support

1-855-283-3490 • www.abnet.ca

*Pricing based on 3-year term (includes all hardware, customer to supply router)
**No contract required (\$150.00 fee to purchase IP Phone)
Unlimited North America calling



SHEPARD COMMUNITY ASSOCIATION Community Memberships - \$20

Family Names or Business _____

Mailing Address _____

City _____ Postal Code _____

Phone _____

Email _____

(Note – all information received is treated with strict confidentiality)

Please mail \$20 cheque only payable to Shepard Community Association to:
Attention: SCA Memberships
Shepard Community Association
10800 – 84 Street SE, Calgary AB T3S 0A5

Please check ✓ any items you would be interested in volunteering for or any position within the Shepard Community Association and return this sheet with your payment.

- Board of Directors
- Events Planning
- Hall Bookings
- Casino Fundraising
- General Cleanup
- Seasonal Parties (Adult)
- Hall Maintenance
- Seasonal Parties (Children)
- Grounds Maintenance
- Hall Construction
- Potluck Nights
- Other: Please specify




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We offer a full range of room sizes and services! From full day conferences, to workshops, seminars, wedding, stampede functions and more -- we can accommodate them all!

Easy access just 2 minutes off the SE Stoney Trail Ring Road at 114 Avenue (Exit 91 East)
Call today for more information 403-290-0144 or info@ShepardCommunityHall.ca

For the inside view and so much more visit www.ShepardCommunityHall.ca



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Eligible Entrepreneur

Our 6'1, fit and handsome bachelor is a catch. Driven, well educated and down-to-earth, this dynamic, well traveled and successful entrepreneur enjoys life with a very flexible schedule.

He loves outdoor sporting activities, staying fit, and spending time with family and friends.

He is looking for an attractive, slim, smart, 5'5"+, genuine, activity loving lady (age 28-38) who wants to build a family.

Contact in confidence (fees paid by client)
info@divinematchmaking.com
divinematchmaking.com | 403-456-4870

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There is no single cat called the panther. The name is commonly applied to the leopard, but it is also used to refer to the puma and the jaguar. A black panther is really a black leopard.

ANIMAL TRIVIA




SAFETY SYNC
ONLINE SAFETY MANAGEMENT SYSTEM

"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

Enform IRP 9 (Revised)
safetysync.com
403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.



FP

Footloose Photography
BY SHERI

MATERNITY, NEWBORN AND FAMILY PHOTOGRAPHY

403.512.1221 | macdonaldsheri@gmail.com
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