

OCTOBER 2016

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WALDEN LIFE

THE OFFICIAL WALDEN COMMUNITY NEWSLETTER





PUMPKIN PALOOZA

A Halloween pit stop with games and treats for our surrounding communities. Monday, October 31st from 6:00pm to 7:30pm.
This event is free for all children - costumes optional!

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ACCEPTING NEW PATIENTS

Flu season is just around the corner. Don't sit around in walk in waiting rooms, minimize your exposure. Call us any day Monday - Saturday to get a same day appointment. Service provided to family practice and walk in patients. Phones lines open at 8am.

New Family Practice Dr Soheil Yala and Dr Andrew Wong are accepting new patients.

Women's health appointments available weekly. Female physicians to do paps, breast exams, IUD insertions, birth control or hormone discussions.

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Walden Real Estate Update

Last 12 Months Walden
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2016	\$459,900.00	\$452,000.00
July 2016	\$504,950.00	\$489,000.00
June 2016	\$459,900.00	\$445,000.00
May 2016	\$410,000.00	\$405,000.00
April 2016	\$474,800.00	\$465,000.00
March 2016	\$429,900.00	\$425,950.00
February 2016	\$430,000.00	\$427,000.00
January 2016	\$452,400.00	\$443,000.00
December 2015	\$362,950.00	\$355,000.00
November 2015	\$482,400.00	\$473,500.00
October 2015	\$407,000.00	\$399,500.00
September 2015	\$419,900.00	\$415,500.00

Last 12 Months Walden
MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
August 2016	10	13
July 2016	18	10
June 2016	11	8
May 2016	8	11
April 2016	16	9
March 2016	13	4
February 2016	2	9
January 2016	16	4
December 2015	11	2
November 2015	3	6
October 2015	9	4
September 2015	6	5

To view the specific SOLD Listings that comprise the above
MLS averages please visit walden.great-news.ca



Walden Community Association
#300, 151 Walden Gate SE, Calgary T2X-0R2 (Inside ATB)
Phone: 403-256-4000 • www.waldenyc.ca

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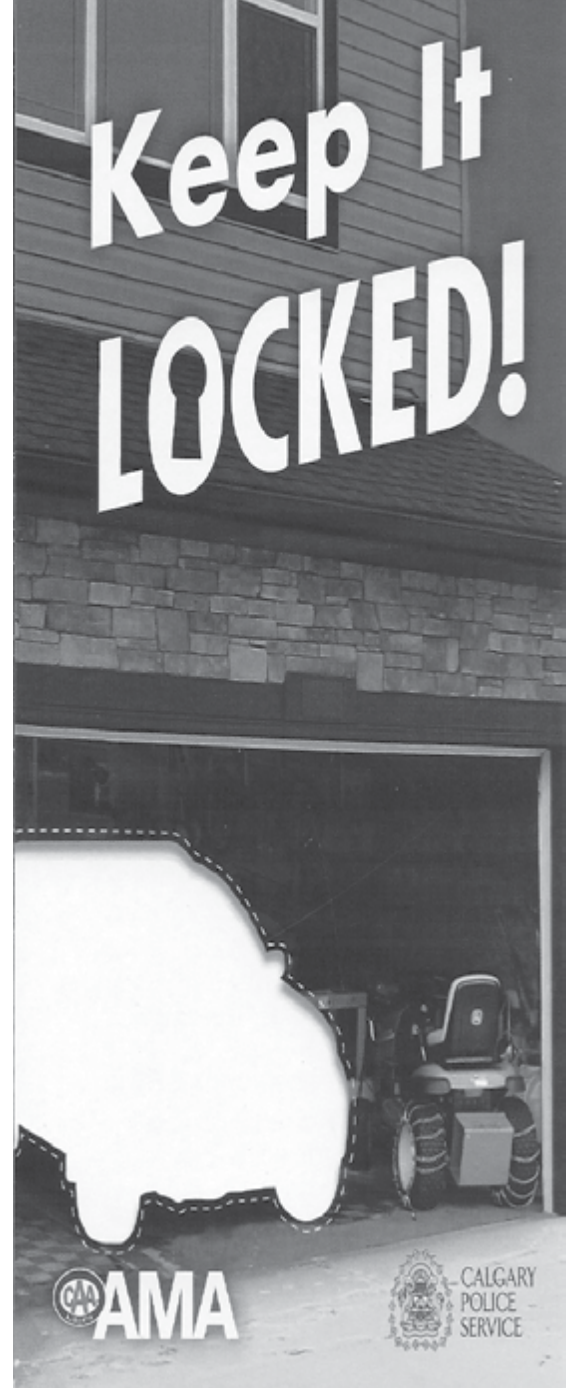
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Walden Community Association

Board of Directors

President	Charmaine Martin
Secretary	VACANT
Treasurer	Chris Wiencki
Director, Memberships	Clint Kniss
Director, Social Media	Julia Wiencki
Director	Dwayne Robinson

Volunteers needed!!!

If you would like to volunteer on any of our committees, activities, please contact us via volunteer@waldenyc.ca, We would love to have you!

VISIT OUR WEBSITE:

<http://waldenyc.ca>

Join Us:

f FACEBOOK: <http://www.facebook.com/groups/waldenyc>

Follow Us:

t TWITTER http://twitter.com/walden_yc;

@Walden_yc

i INSTAGRAM: http://instagram.com/walden_yc

Email Us:

General information: info@waldenyc.ca

President: president@waldenyc.ca

Treasurer: treasurer@waldenyc.ca

Newsletter/Website: newsletter@waldenyc.ca

Membership: membership@waldenyc.ca

Volunteer: volunteer@waldenyc.ca

Southview Church come to Walden

The Walden Block Party hosted by Southview Church on Sept. 2nd was a great success with something for every age. The WCA welcomes Southview.

WCA COOKOUT

Thanks to all of you who came out to support our fall Cookout on Sept. 11th, it was a great success. And congratulations to the winner of the gift card. Thanks you to Save On Foods, Schneider's, Jayman Homes, and Progressive for your donations and for making this a great success.

WCA AGM

Thanks to those of you who attended the AGM on Sept. 15th. We appreciate your support and hope you will continue to share your thoughts and ideas with us to create a great community.

Councilman Demong BBQ

Thanks to all of you who attended the BBQ and got your membership for free!

WCA partners with Foothills Grassroots Soccer!!

We are pleased to announce that the WCA has partnered with Foothills Grassroots Soccer program. We are excited to welcome them to our team. Foothills Soccer Club is now accepting enrollment for their Indoor Program for 2016/2017.

U4 Little Dribblers program

- Players born in 2013
- Mixed groups of Boys & Girls
- One 60 minute session per week
- Tuesdays & Thursdays in Deer Run
- 6:00pm - 7:00pm & 7:00pm - 8:00pm
- Mixed Boys & Girls teams
- Led by trained Foothills coaches
- Runs late October - Early March

Cost \$199

U5 Active start program

- Players born in 2012
- Mixed Boys & Girls teams
- Two 60 minute sessions a week
- Mondays & Wednesdays in Deer Run
- 6:00pm - 7:00pm in Deer Run
- Led by trained Foothills coaches
- Runs late October - March

Cost \$185

U6 Active start program

- Player born in 2011
- Mixed Boys & Girls teams
- Two 60 minutes sessions per week
- Mondays & Wednesday in Deer Run
- 7:00pm - 8:00pm
- Led by trained Foothills coaches
- Runs late October - Early March

Cost \$185

U8 Fundamentals program

- Players born in 2009/2010
- Two 60 minute sessions per week
- Tuesdays & Thursdays in Deer Run
- 6:00pm - 7:00pm & 7:00pm - 8:00pm
- Mixed Boys & Girls teams
- Led by trained Foothills coaches
- Runs late October - early March
- Free skills session Fridays at Foothills Facility

Cost \$229

Foothills Soccer Club

Indoor Program Details 2016/2017

At Foothills Soccer Club we look to create an environment where we encourage our young players to have fun, be creative and grow a "love for the ball".

We use appropriate coaching styles where the fundamental movements & skill development is at the forefront of our sessions/games.

Our focus will be to ensure every player enjoys the game of soccer in a fun learning environment within their community with friends.

We will focus on the "skill hungry years" from three to nine and build on the key motor skills that will provide a solid foundation for their ABC's (legity, balance and co-ordination). We try to create innovative coaches who can use a variety of teaching skills to engage our players through passion and flexibility.

FUN - FRIENDSHIPS - FOOTHILLS

U6 Samba Stars Cmsa league

- Players born in 2012/2011
- One 60 minute team practice Tuesdays
- One 60 min game Sundays at Soccer centre
- Mixed Boys & Girls teams
- Teams will be coached by parent volunteers

Cost \$250

U7 & U8 Girls Cmsa City League

- Players born in 2009 U8
- Players born in 2010 U7
- One 60 min team practice Wednesdays in local Gyms
- One 60 min game Saturdays at Soccer centre
- All Girls League
- Teams will be coached by parent volunteers
- Free skills session Fridays at Foothills Facility

Cost \$275



U7 & U8 Boys Cmsa City League

- Players born in 2009 U8
- Players born in 2010 U7
- One 60 min team practice Monday or Wednesday in local gym
- One 60 min game Saturdays at Soccer centre
- All Boys League
- Teams will be coached by Parent volunteers
- Free skills session Fridays at Foothills Facility

Cost \$275

Register online:

WWW.GOFOOTHILLS.CA

Registration For all Grassroots Players include:
Jersey - Shorts - Socks
Team & Individual Photo Package
Foothills Grassroots Medal

HALLOWEEN IN WALDEN

Halloween is just around the corner. And there is lots to do!

PUMPKIN CARVING: We are hoping to have a pumpkin carving competition. Look for confirmation on the facebook page, twitter and our website

PUMPKIN PALOOZA at Southview Church: A Halloween pit stop with games and treats for the surrounding communities. Monday, October 31st from 6:00pm to 7:30pm. This event for all children is free – Costumes optional!

PUMPKIN PALOOZA

A Halloween pit stop with games and treats for our surrounding communities. Monday, October 31st from 6:00pm to 7:30pm. This event for all children is free - costumes optional!

southviewchurch.com

WALDEN COMMUNITY CLUBS

Do you have a fun hobby or interest? Would you like to connect with others in the Walden Community who share the same interests? The Walden Community Association is looking for club ambassadors to spearhead community engagement initiatives, and club members to make this project a success.

Looking for a basketball opponent? Join a Basketball club. Want to find a running/walking buddy? Get your name on a running/walking club list. Photography, Cycling, Book, Yoga, Kickboxing....the possibilities are endless!!! If you are interested in starting a Walden

COMMUNITY ASSOCIATION NEWS

Community Club, email info@waldenyycc.ca with your ideas and contact information. We already have ideas for the following clubs, but feel free to contact us with your awesome ideas:

- Basketball Club
- Running Club
- Walking Club
- Mom & Tot Club
- Yoga Club
- Photography Club
-the possibilities are endless!

Volunteers needed!!!

If you would like to volunteer on any of our committees, activities, please contact us via volunteer@waldenyycc.ca. We would love to have you!

Newsletter/Website Updates:

Regular articles continue to work on:

Why we Love Walden? Why did you move to Walden? What do you like about Walden? Drop a few words, and share your thoughts. Tell us why you love Walden, it is a great way to get to know your neighbors and neighborhood. Email newsletter@waldenyycc.ca with your comments.

Who are the People in Your Neighborhood: Walden is a very multicultural rich community, with people from all walks of life, different parts of the world and different reasons for living in Canada, in Calgary and in Walden. We are looking forward to meeting the members of our community and have them share their story. If you and your family would like to be featured, please contact us at newsletter@waldenyycc.ca.

Where's Walden?? We are still looking for someone to create a character, named "Walden" for our Where's Walden picture, if you are interested, please email us.

Website Admin needed? Are you web savy? We are looking for someone to administer our website. contact newsletter@waldenyycc.ca

Content Deadline: Content for the newsletter is due by the 1st of the month, this includes pictures and content. See guidelines below. Email: newsletter@waldenyycc.ca

Articles: you try to keep the word count to 300 maximum. (The longer the article the less chance it will be picked up and published.)

Pictures: Cover photos need to be 1MB and 300 DPI.

GENERAL REMINDERS

SLOW DOWN AND BE AWARE: The kids are back in school, it is getting darker earlier, please take your time as you drive through the community. The speed limit for residential areas is 50km - that includes Walden Blvd. Put your cell phones away, Pay attention to your surroundings. Let's keep our community safe.

KEEP YOU AND YOUR PROPERTY SAFE!! This was posted on the block watch facebook page: "Chaparral Area Block Watch (Lake Chaparral, Valley, Ridge, & Walden)".

COMMUNITY ASSOCIATION NEWS

Who Do You Call!!

Call 911: In case of police, fire or medical emergency, always call 911.

Call (403) 266-1234: For non-emergency calls.

Call 311: For questions or concerns related to City of Calgary services, connect with 311 via the 311 Calgary mobile app, Calgary.ca/311Online website or by calling 311. Check out the 311 Brochure here: <http://www.calgary.ca/cfod/csc/Documents/311/311-Brochure.pdf>

The Calgary Police Service would like to remind you to be vigilant in securing your home and garage to prevent a break in

- Keep your doors locked when you're home. When in the backyard, keep your front doors locked. Ensure your garage doors are also closed and locked.
- Install exterior motion lights to brighten dark areas around doors or windows to make them more easily seen by neighbours and passersby.
- Lock all garage doors, including the one between an attached garage and the house.
- Always close and lock any windows that could be used to gain access to your home while you're sleeping—even on hot summer nights.
- Store important or irreplaceable documents and items away from your home, such as in a safety deposit box.
- If you see homes with open doors, front doors with keys left in the locks, or a neighbour's car with the trunk left open, give them a quick call to let them know.

It is also important to take proactive measures when leaving your home for extended periods of time:

- Make your home look lived in: Put lights, radios and TVs on variable timers. If you're leaving a vehicle outside your house, have someone move its position periodically. Also arrange for lawn and garden upkeep.
- Either cancel newspapers, mail and other delivery items or have a trusted neighbour collect them for you while you are away.

ALWAYS REPORT SUSPICIOUS ACTIVITY TO POLICE.

Call (403) 266-1234 for non-emergencies
or 911 for a crime in progress.



TRIVIA

The stately, sandstone Lougheed House, located in Calgary's beltline, is said to be one of the most haunted places in our city.
<http://www.lougheedhouse.com/>



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SCIENCE



The Carbon Atom

The element carbon is an amazing part of our world. It is the basis of life as we know it and is unique in that it can have so many stable interactions with many other elements. It's in the food we eat, the clothes we dress in and the jewelry we wear. Actually depending on the chemical formula and structure of the carbon molecule with other elements like hydrogen, oxygen, and nitrogen, will determine if it's something good for us or not. $C_6H_{12}O_6$ is sugar, C_6H_6 is hexane which is a hydrocarbon, C_6H_6 is benzene, which you've probably smelled it if you sat in a new car. It's one of the chemicals in the "new car smell", and it's also found in vehicle exhaust and cigarette smoke. Benzene is also a carcinogen which means it can cause cancer.

Then we have other materials like the diamond with the chemical formula of C, That's right only carbon. Graphite, also C, coal, again C. Three different materials but all the same chemically? These are allotropes of carbon, same element but different physical form. This time it's purely structure. The diamond is transparent tetrahedron, graphite is grey and in honeycomb shaped sheets and coal doesn't have a defined structure. It's also known as amorphous carbon because of the lack of consistent structure.

Carbon is also found in our pops and other fizzy drinks. These carbonated drinks are infused with carbon dioxide. The bubbles are CO_2 molecules trying to escape the liquid. Smoke machines commonly use dry-ice or frozen CO_2 to make the heavy mist.

What can you think of that has the carbon element?



Calgarians Can Help Keep Natural Areas Natural

There are many different types of parks in Calgary. They are broadly divided into two categories; manicured parks and natural area parks. Manicured parks have cropped grass, landscaped trees, non-native plants and open spaces. Natural area parks are designed to increase the diversity of native plants and animals by protecting natural habitats and allowing natural processes to occur. Some specialized techniques for improving natural area parks include; erosion control, weed control, and planting native vegetation.

The natural area parks in the city provide important habitat, food, and movement corridors for many species of birds, animals and native vegetation. They act as protective buffers between urban areas and sensitive ecosystems such as rivers and wetlands. Natural area parks also provide us with a place to exercise, relax, unwind and enjoy nature.

Keeping natural areas healthy is everyone's responsibility. Please refrain from engaging in the following activities because of their negative impact to nature's careful balance: mowing, irrigation, cutting trees, planting, placing garden furniture, composters, and bird feeders, dumping of garden waste, and building of bike jumps.

These activities are damaging to the natural area because they allow for the introduction of weedy species, and loss of native species diversity and habitat. These activities are also prohibited under the Parks and Pathways Bylaw.

Calgarians can help keep Calgary's natural areas healthy through encouraging and engaging in behaviours that support a healthy ecosystem. As neighbours to the natural area and as members of the larger community of Calgary, you can play a part in keeping Calgary natural and beautiful:

- stay on the designated trails and pathways;
- do not dig holes, remove vegetation, plant vegetation, dump garden waste, mow, or place garden furniture/composters in the natural area;
- do not feed or disturb the wildlife; and
- groom pets to remove plant parts, which stops the spread of weeds.

If you would like to volunteer for restoration activities in a natural area park you can register online at calgary.ca.

Additional information can be found in the Parks and Pathways Bylaw (Bylaw Number 20M2003) at calgary.ca and by calling 311.

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IN & AROUND SCHOOLS

Sundance School

The Sundance School staff wishes to welcome back to our school, returning families and welcome the new families who joined our learning community. Parents and students have had the opportunity to meet the teachers, participate in our Welcome Back Breakfast and our annual Terry Fox Assembly and Run. We have also had our first school council meeting.

As the year progresses, we look forward to many exciting events. Please look to this newsletter, the school newsletter and the website schools.cbe.ab.ca/b267/ to keep up to date on all the wonderful things happening at Sundance this year!

Sundance Parents Association (or SPA) will be participating in a Casino fundraiser on Thursday, October 13 and Friday, October 14, 2016 at the Deerfoot Inn and Casino. Our last casino event in 2014 raised \$70,000 that enriched the academic program at Sundance School. We look forward to seeing our amazing parent volunteers, whose help will make this year's Casino event another great success.

There will be a school council meeting on October 19 at 7 pm in our school's library/learning commons. All are invited to attend to learn more about Sundance School and what goes on behind the scenes to make this school so great! One group of teachers will be presenting and celebrating their work with students to the parents who attend.

October 6 will be our first special student lunch date, called Sundog Lunch. Watch for more information communicated through the monthly newsletter and/or by email.

Our annual Family Halloween Dance will be on Friday October 28 from 6:30-8:30 pm. This parent run event is very popular and is always sold out. Dress up and join us for a terrific evening filled with fun games, crafts, music, dancing and snacks. Start planning your pumpkin to enter the Jack-o'-Lantern Contest and bake your cake for the Cake Walk!



Bill's Book Café

It's the creation of a literary landmark. Join us for the launch of Bill's Book Café with Bill Ptacek, CEO, Calgary Public Library, and a local luminary. Participants are encouraged to read the featured book and come prepared for a rich and lively conversation. Watch for Bill's Book Café at your community library, but feel free to come to them all!

The first event features South East Calgary Communities Local Luminary Tom Huffaker, VP Public & Government Affairs, Imperial Oil and President, Imperial Oil Foundation, who selected the first featured book: *A River Runs Through It*, and *Other Stories* by Norman Maclean.

Quarry Park Library

Friday, October 28 | 7:00 pm

Author In Residence

Get inspired with the Library's Micheline Maylor!

Life Is Strange & Other Brave Leaps In Poetic Impressionism

Poetry is non-linear in nature; its insights come in flashes. Learn methods for building meaning in poetry using leaps and pattern rather than linearity. Implicit examples from poets John Wall Barger, Selima Hill, and Don Coles.

Central | Wednesday, October 5 | 6:30 pm

Improve Your Style & Find Your Voice

Improve your writing at the sentence and line level by learning the eight parts of speech and how best to craft them, as well as self-editing techniques. Every kind of writing will benefit.

Louise Riley | Tuesday, October 25 | 6:30 pm

Understanding Teens & Understanding Aging

Understanding Teens and Understanding Aging are two important series presented by the Library in partnership with Alberta Health Services. For full details, check the September-October Library Connect, available in libraries and at calgarylibrary.ca.



IN & AROUND CALGARY

Alberta Health Services: EMS

Halloween Safety

The members of Calgary's Halloween *Partners for Safety*: Calgary's Child Magazine, EMS, Calgary Police, Fire, 9-1-1, Bylaw, Transit, and Shaw Communications would like to remind parents and trick-or-treaters of some Halloween safety tips, as October 31st approaches. *Partners for Safety* vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Stay away from houses that are not well lit. Do not accept rides from strangers, or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

Costumes

- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate foot wear that takes into consideration weather conditions and walking.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing, or making costumes, look for materials and accessories that are labeled flame-resistant.
- Choose bright colored costumes that are highly visible. Adding reflective tape to costumes further increases visibility.

Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.

October Fire Prevention Week. October 9-15th

Your Calgary Fire Department wants you to make time to ensure that your family is safe from fires.

Don't wait, check the date!

If a fire occurs in your home, we, as firefighters know firsthand that only a **WORKING** smoke alarm can alert you. Smoke alarms that are older than 10 years old may not work when you need them most, so check the date on the unit, if it is older than 10 years old, replace it!

If there is no date, and it appears to be older than 10 years old, replace it.(even if it is hard wired)

Other simple reminders:

- check every detector monthly by pushing the test button
- change the battery annually (some now have ten year batteries)
- you need to be able to hear the beep when you sleep
- you should have a smoke alarm on every level of your home
- many smoke alarms will "chirp" when the battery is low or when the alarm has reached its lifespan

If the alarm does go off, your family can initiate your home escape plan. For additional information on escape plans, visit calgary.ca/CSPS/Fire

Please watch and share our new fire safety video with your family:



Fire Safety Tips with Flint
<https://youtu.be/GbE3tCBzeY0>



DID YOU KNOW: that the first arriving Captain at a building fire may have to make up to 200 decisions in the first 5 minutes? The decisions start even before the fire engine leaves the fire hall!

Calgary Fire Department. Yours for life.

Fraud Awareness

A message from the Federation
of Calgary Communities

Join us and Cst. Andrew Critchley from the Crime Prevention Unit at the Calgary Police service for a presentation that will focus on fraud awareness, common scams and best practices to avoid being a victim. Learn what resources are available to communities and how the Calgary Police Service responds to these issues.

Date: Wednesday, October 19, 2016
Location: Capitol Hill Community Association (1531 - 21 Avenue NW)
Time: 7:00pm – 9:00pm

For more information and to register for this FREE event, visit calgarycommunities.com/workshops-events/

VOTE JACK REDEKOP
FOR YOUR FEDERAL CONSERVATIVE
MEMBER OF PARLIAMENT

"My name is Jack Redekop and I am seeking the Conservative nomination in your communities. I have lived, worked and volunteered in the constituency for over 25 years, which has allowed me to develop a deep understanding of the challenges our communities face. I believe that politics is about people and that the most effective representatives are those who have deep roots in the communities they wish to represent.

As a lifelong conservative, I also believe that conservative values are what make Canada great!

I ask for your support in my bid to become your next Member of Parliament. I have been a member of Jason Kenney's board for the last ten years, most recently as President and am further endorsed by Richard Gottfried, MLA for Calgary, Fish Creek.

Jack
CALGARY MIDNAPORE

For More Information Visit:
WWW.JACKREDEKOP.CA



Walden
mybabysitterlist

Name	Age	Contact	Course
Ujiro	13	403-455-7576	Yes
Kate	13	403-470-6172	Yes
Hannah	14	587-215-4192	Yes
Elana	14	403-690-0320	Yes
Marge	15	403-200-2919	Yes
Polina	15	403-437-1770	Yes
Shivani	15	403-668-0663	Yes
Sarena	17	403-422-0546	Yes
Lucy	18	403-796-8951	Yes
Derly	19	403-397-2344	Yes
Maria	45	587-583-9748	Yes


Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



TRIVIA

Frankenstein, the famous monster of the iconic story bearing the same title, is actually not named Frankenstein. His maker, Dr. Frankenstein, called him "creature" and "demon".

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca


CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms. From cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty-free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.


NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

THE GUTTER DOCTOR! We install, repair and clean eavestroughs and downspouts. Fascia, soffit, drip-edge, siding, roofing, cladding. Over 15,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. www.gutterdoctor.ca 403-714-0711.


OCTOBER MOON CALENDAR




First Quarter
Oct 8



Full Moon
Oct 15



Last Quarter
Oct 22



New Moon
Oct 30

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

CLARINET AND SAXOPHONE LESSONS: Qualified and experienced teacher now accepting new students. All ages and experience levels welcome. RCM Examinations, audition preparation or just for fun. Located in Walden. Call 403-835-4831.

ESSENTIAL OILS FOR WELLNESS: Essential oils are more than nice scents; these powerful plant extracts are your path to the natural radiance we are committed to helping you discover. For more information about Young Living Essential Oils call or text Cindy DeJager 403-512-7847.

BRAIN GAMES

SUDOKU

				4			2	
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6				5				8
4		1	3			7	9	
			8		1			
			6		3	8	4	
	1			2				

FIND SOLUTION ON PAGE 17



COUNCILLOR, WARD 14
PETER DEMONG

www.calgary.ca/ward14
eward14@calgary.ca or 403 268-1653

Greetings Ward 14!

Thank you to those who attended my Ward 14 Communities BBQ! It was a great time! Don't worry if you couldn't make it. There will be another chance next year—although it will look slightly different because of the upcoming election. I will speak more about that next month.

I do want to remind you that I send email notifications about events like my BBQ, Counciltalk, and other important information relating to municipal government. To receive them you must sign up at calgary.ca/ward14connect. I encourage you to do so.

Free Leaf and Pumpkin Drop-off

We are undeniably in autumn now, and the remains of summer are likely lying on your lawn waiting to be raked and bagged. My October column is the perfect opportunity to remind you of a great program we have at the City: the Leaf and Pumpkin Composting Program. It is currently underway, and runs until November 6. Bring your bagged leaves and pumpkins to one of our 35 drop-off locations around the city. By composting this material it stays out of the landfill, reduces harmful greenhouse gas emissions and helps turn the leaves and pumpkins into useful compost. We recommend using paper yard waste bags as they can be composted with the rest of the material. No sod or rocks please.

For a full list of Leaf & Pumpkin drop-off locations, please visit calgary.ca/leaf.

Check your smoke detectors

Now I want to make what you might call a public service announcement. Did you know that your smoke detector needs to be replaced every ten years? You should be replacing its batteries every year at least, and checking that it works every month.

October 9th to 15th is Fire Prevention Week. It may be the perfect opportunity to learn what you can do to protect your home and your family. There is a lot of great information about that and more at calgary.ca/fire.

Being prepared for snow


We didn't get much snow last winter, but if I have learned anything from this spring and summer, it is probably best to be prepared for anything. That is why I'm getting an early start on my usual snow clearing reminder this year.

Not much has changed. The City still aims to have all roads in drivable shape within seven days. Crews work on a priority basis. If necessary, the snow on your street will be packed down, and ruts will be removed anywhere between three and seven days after the end of the snowfall.

There are many ways to stay informed during a snowfall event. You can follow @yyctransport on twitter, download the City of Calgary Roads App, or visit calgary.ca/roadconditions for current road conditions and progress. There is much more information about snow and ice control on calgary.ca/snow too.

One last thing: please pay attention to snow parking bans, and any other signage. Doing so will help everything get done as quickly and painlessly as possible.

That's it for October! Have a great month, and remember you can contact me anytime.



Footloose Photography
BY SHERI

**MATERNITY, NEWBORN AND
FAMILY PHOTOGRAPHY**

403.512.1221 | macdonaldsheri@gmail.com
sherimacdonald.zenfolio.com

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

BRAIN GAMES SUDOKU

9	6	8	1	4	5	3	2	7
2	3	4	7	8	9	1	5	6
1	5	7	2	3	6	4	8	9
7	8	5	9	1	2	6	3	4
6	9	3	4	5	7	2	1	8
4	2	1	3	6	8	7	9	5
3	4	9	8	7	1	5	6	2
5	7	2	6	9	3	8	4	1
8	1	6	5	2	4	9	7	3

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If you value your Community, be sure to purchase your
Walden Community Association Annual Membership!

Memberships cost \$20 per address and are valid for 1 year from date of purchase.

MEMBERSHIP APPLICATION FORM

FAMILY NAME: _____
(Last name) (First Name) (Partner)

ADDRESS: _____ POSTAL CODE: _____

HOME PHONE: _____

E-MAIL: _____

FAMILY MEMBERS: _____ (Please fill out this important information)

WOULD YOU BE INTERESTED IN VOLUNTEERING? Social Committee ☐ Fundraising ☐
Board of Directors ☐ Membership Committee ☐ Special Events ☐ School Issues ☐

Support Your Community Association Buy a Membership Today!

\$20.00 2016 WCA MEMBERSHIP CARD

Name _____
(Surname) (Given Name)

Name _____
(Surname) (Given Name)

Address _____ Postal Code _____

Phone # _____ Email _____

Date _____ Can we contact you for Volunteer Activities? Yes () No ()

Cheque# _____ Cash Receipt # _____ E-order ref _____

126

Walden Community Association
2016 Family Membership Card

The _____ Family

WCA Membership Representative
Membership Expires _____
expires one (1) year from date 126

Fill out the above, enclose your cheque or money order, payable to 'Walden Community Association' and mail
to the following address: Walden Community Association – Memberships
c/o ATB-Walden, #300, 151 Walden Gate SE, Calgary, AB T2X 0R2.

- Please allow 3-4 weeks for your membership to be delivered to your home address.
- Members of the community association are welcome to attend WCA sanctioned events throughout the year. Not only will you be able to meet others within Walden, but to help build a better sense of community for Walden.
- Stay connected with what is happening in your community. Members are kept up to date of the developments within and around the community. Being a member secures you a vote at public meetings, or make a difference by join the board and more.
- In the future, other benefits will come from sports, activities and partner discounts; access to youth and community events and programs.

Walden Community Association updates can be found at www.waldenyy.ca



WALK WITH US TO END BLOOD CANCERS

Join us on Saturday, October 15 for an evening
of inspiration and hope as we walk together
to end blood cancers.

Sign up today
LIGHTTHENIGHT.CA



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WHEN YOU ORDER ANY
OPA! MEAL & DRINK COMBO

