WALDEN LIFE

THE OFFICIAL WALDEN COMMUNITY NEWSLETTER





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WALDEN COMMUNITY ASSOCIATION

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Walden Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary Weather Information	511
Gamblers Anonymous	403-237-0654





on us

getting it

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Calgarians put a higher priority on clean drinking water than any other Canadians... but you're also more confident in the people and systems that deliver water to your taps.*

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As with all the services we provide, our commitment is to work in partnership with the City to deliver fresh, pure water for your home and family.

* According to the 2016 RBC Canadian Water Attitudes Survey

PRESIDENT'S MESSAGE

Happy Heart Month!

It's February! We celebrate Valentine's Day and Family Day and its Heart Month. And it also means that we are midway through winter and spring is not that far off. I know that winter has been a challenging, especially with all the snow. I want to send a thank you out to all of Walden for looking after your sidewalks and keep them clear; Thanks to all the snow angels with their snow blowers for all you extra help, not just on the sidewalks but on the walkways too. I know we still have ways to go for spring, and I'm sure we will get more snow. So keep up the good work.

Below, is a summary of the City of Calgary snow and ice bylaws:

- Within 24 hours after snow stops falling, all snow and ice must be completely removed from City pathways and sidewalks.
 - · A sidewalk is that part of a street set aside specifically for pedestrian use.
 - A pathway is a multi-purpose thoroughfare used by pedestrians, cyclists and persons using wheeled conveyances such as skateboards.
- Owners and occupants of a home are responsible for removing snow and ice from the pathways and sidewalks in the front or to the side of their property.
- All snow and ice must be removed down to the bare surface of the sidewalk or pathway.
- Snow and ice must be removed from a City pathway or sidewalk that runs parallel to or directly adjacent to a street, even if it is separated by a boulevard.
- · If you own a rental property, you are ultimately responsible for ensuring the sidewalks and pathways are cleared.
- The owner or occupant of land adjacent to a sidewalk must remove all snow and ice. Those adjacent to a pathway must remove snow and ice for a minimum width of 1.5 meters from the side of the pathway closest to their property.

More information can be found here: http://www. calgary.ca/CSPS/ABS/Pages/Bylaws-by-topic/ Snow-ice.aspx

Recently we were approached about the Adopt-A-Rink program which is a winter volunteer program where community volunteers help flood and maintain existing community pleasure skating rinks throughout Calgary. Since Walden does not have a rink, and we missed the deadline for this winter season, we will be applying for next winter season. This is a volunteer run activity so we will be looking for volunteers to assist with this. Information about the current program can be found here: And a list of community rinks around Calgary can be found here: http://www.calgary.ca/CSPS/Parks/Pages/ Volunteer/Adopt-a-rink-program.aspx

Also we are beginning the planning for the Annual Community Clean Up. We will be looking for volunteers and hope to make this a great event for all.

We continue to look for ideas for articles and pictures for the newsletter, please email us at newsletter@ waldenyyc.ca. **Reminder:** Articles have to be no more than 300 words, Cover pictures must be at least 1MB in size and 300 dpi. The deadline for content is the first of the month. Keep those photos coming, we love them!

Safety Reminders: Please remember to keep your stuff locked up, your homes and your cars!!.

Get Involved! The Walden Community Association is a volunteer organization made up of members of our community. We encourage everyone to come out and see how you can get involved in your community. We are always looking for residents to help make Walden a great place to live! Feel free to send us an email at waldenyyc.ca if there is any area you are interested in helping with!

For more updates on all WCA Events, programming and developments, check the WCA website: www. waldenyyc.ca.

Thanks,

Charmaine Martin, President, Walden Community Association On behalf of the WCA Board

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- New location: 20200 Walden Boulevard SE

For further info:

- http://southviewchurch.com/ministries/family-ministries/agapeland
- Southview Church
 - •403-256-4922
 - Agapeland@southviewchurch.com



Walden Community Association

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Clint Kniss
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Karen Ricciuti
Vacant

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- twitter.com/walden_yyc; @Walden_yyc
- instagram.com/walden_yyc
- waldenyyc.ca
- info@waldenyyc.ca

Related Facebook Pages:

Chaparral Area Block Watch (Lake Chaparral, Valley, Ridge and Walden): This group is for members of our communities to pass on information to neighbours about criminal activities that are happening here. Any suspicious persons, activities or criminal acts should always be reported to CPS. If the crime is in progress or you see a person whose behaviour raises suspicion that a crime maybe committed, please call 911. Do not use this page as an alternative to calling CPS. Let's work together with our Community Resource Officer and CPS to make these communities crime free areas.



Volunteers needed!

If you would like to volunteer on any of our committees, please contact us via email, subject line: Volunteer. We would love to have you.

COMMUNITY ASSOCIATION NEWS









PARKING ISSUES

We are close to having a solution for the parking in and around Age Care, and we have been advised that the City of Calgary plans to do a parking study of the whole community.

WALDEN COMMUNITY CLUBS

Do you have a fun hobby or interest? Would you like to connect with others in the Walden Community who share the same interests? The Walden Community Association is looking for club ambassadors to spearhead community engagement initiatives, and club members to make this project a success.

Looking for a basketball opponent? Join a Basketball club. Want to find a running/walking buddy? Get your name on a running/walking club list. Photography, Cycling, Book, Yoga, Kickboxing....the possibilities are endless!!! If you are interested in starting a Walden Community Club, email info@waldenyyc.ca with your ideas and contact information. We already have ideas for the following clubs, but feel free to contact us with your awesome ideas:

- Basketball Club
- Running Club
- Walking Club
- Mom & Tot Club
- Yoga Club
- Photography Club
-the possibilities are endless!

Newsletter/Website Updates:

Regular articles continue to work on:

Why we Love Walden? Why did you move to Walden? What do you like about Walden? Drop a few words, and share your thoughts. Tell us why you love Walden,

it is a great way to get to know your neighbors and neighborhood. Email newsletter@waldenyyc.ca with your comments.

Who are the People in Your Neighborhood: Walden is a very multicultural rich community, with people from all walks of life, different parts of the world and different reasons for living in Canada, in Calgary and in Walden. We are looking forward to meeting the members of our community and have them share their story. If you and your family would like to be featured, please contact us at newsletter@waldenyyc.ca.

Where's Walden? We are still looking for someone to create a character, named "Walden" for our Where's Walden picture, if you are interested, please email us.

Website Admin needed! Are you web savy? We are looking for someone to administer our website. contact newsletter@waldenyyc.ca

Content Deadline: Content for the newsletter is due by the 1st of the month, this includes pictures and content. See guidelines below. Email: newsletter@waldenyyc.ca

Articles: you try to keep the word count to 300 maximum. (The longer the article the less chance it will be picked up and published.)

Pictures: Cover photos need to be 1MB and 300 DPI.

GENERAL REMINDERS

SLOW DOWN AND BE AWARE: It is getting darker earlier in the evening, please take your time as you drive through the community. The speed limit for residential areas is 50km - that includes Walden Blvd. Put your cell phones away, Pay attention to your surroundings. Let's keep our community safe.

KEEP YOU AND YOUR PROPERTY SAFE!! This was posted on the block watch facebook page: "Chaparral Area Block Watch (Lake Chaparral, Valley, Ridge, & Walden)".



I saw a house for sale, and I want to check it out – will I have to sign a contract to get a real estate professional to show me the house?

The short answer is no. If you see a house for sale and you simply want a real estate professional to show you that house, you're not required to sign a contract.

Simply viewing a home with a real estate professional doesn't trigger a regulatory requirement to sign a contract with that real estate professional. However, if you start sharing confidential information such as your motivation for buying or your financial qualification, the real estate professional has a responsibility to clarify your working relationship, at which point they are going to provide you with some documents to review.

In the process of clarifying your working relationship, the first document a real estate professional should present to you is the Consumer Relationships Guide. The Consumer Relationships Guide is a mandatory document for real estate professionals when they begin working with a buyer or seller of residential real estate. It explains the different types of working relationships between real estate professionals and consumers.

The Consumer Relationships Guide is not a contract. It does not commit you to a specific ongoing working relationship with your real estate professional, but it is an essential information piece for consumers to understand what working with a licensed real estate professional entails. Among other things, it discusses responsibilities and obligations.

The Consumer Relationships Guide contains an acknowledgement that consumers have to sign indicating they've read the Guide, understand it, and have been provided with an opportunity to ask the real estate professional questions about it. Consumers need to review and sign the Guide before entering into any contract with a real estate professional.

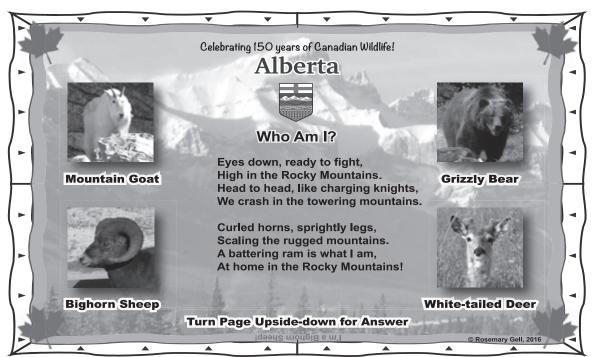
Some real estate professionals may actually present the Consumer Relationships Guide and request that you sign the acknowledgement even before showing you a single property, but that specific practice is not a requirement.

"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), www.reca. ca. RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email askcharles@reca.ca.



Valentine's Trivia

Based on retail statistics, about 3 per cent of pet owners will give Valentine's Day gifts to their pets.



Compliments of the Friends of the Bowmont Natural Environment Park Area





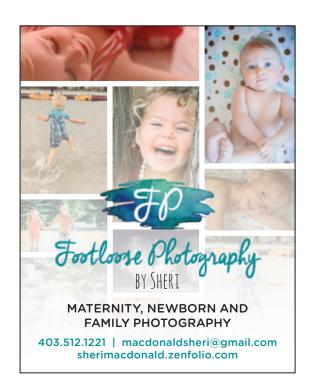
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IN & AROUND SCHOOLS

Sundance School

February is a special time at Sundance School because we celebrate "Carnaval". We bring a bit of Quebec's Winter Carnival to Sundance for a fun filled evening for the entire family. Come and meet Bonhomme, skate on the lake, toboggan down the hill and much more. More information will be sent out soon.

We are also planning a movie night for families at the school on Thursday February 9th at 6pm. For those that were able to attend our movie night last year, it was a great success and a really unique experience for our students to have. Bring your pillow, blanket, and sleeping bag, or pull up a mat in the gym. Movie is to be decided but will be shown in English.

Teacher's convention is on February 16-17th this year. Sundance teachers will have the opportunity to explore, learn, and participate in workshops, discussions, and exhibits. There will be no classes for students during the convention.

Monday February 20th is Family Day. We at Sundance hope that you can take this day to reconnect with your own family and enjoy some time doing whatever makes vour family happy!

All are invited to attend our School Council meeting on Wednesday February 22nd at 7pm in the library. This is a wonderful opportunity to meet other parents at the school, learn about what is happening at Sundance and to ask questions. We look forward to our Grade 2/3 and Grade 4 Regular Program teachers presenting at this meeting.

Have you subscribed to receive messages from the Calgary Board of Education and our school? To do so please go to www.cbe.ab.ca/subscribe to enter your email address and click Subscribe.



IN & AROUND

February Is Heart Month

Do you know the signs and symptoms of a heart attack and what to do if someone experiences these? Knowing can make the difference between life and death. Recognizing and responding immediately to the warning signs of a potential heart attack can significantly improve survival and recovery.

February is Heart Month - take the time to be heart safe and learn how you can reduce your risk.

Know the signs of a heart attack

(Any, or all, of these signs & symptoms may occur)

- Chest discomfort described as crushing, squeezing, pressure, or heaviness;
- Discomfort that moves beyond the chest, such as the shoulder, arm, neck, or jaw;
- Shortness of breath, sweating, or nausea and vomiting.

Reduce your risk

Heart attack risk factors include:

- Obesity*
- Sedentary lifestyle*
- Smoking*
- · High cholesterol*
- Age / gender
- Family history

Speak with your doctor about how to treat your modifiable (*) risk factors and learn to be heart safe.

What to do when seconds count

- Call 9-1-1 immediately. Early treatment can greatly reduce heart damage and make the difference of life and death:
- Treatment starts the moment EMS arrives. Paramedics can provide oxygen, start an intravenous and perform an electrocardiogram (ECG);
- Paramedics can also administer important medication(s) in the early minutes of a heart attack to lessen heart damage;
- During transport, EMS will share information with the hospital, so definitive treatment can begin immediately upon arrival;
- Take a CPR/AED (automated external defibrillator) course. Training is widely available from many reputable organizations. It's easy, inexpensive, and only takes a few hours.

If you value your Community, be sure to purchase your Walden Community Association Annual Membership!

Memberships cost \$20 per address and are valid for 1 year from date of purchase.

FAMILY NAME:	(Last name)	(First Name)	(Partner)
ADDRESS:		P	OSTAL CODE:
HOME PHONE:			
E-MAIL:			
# FAMILY MEM	BERS:	(Please fill out this impo	ortant information)
WOULD YOU BE	INTERESTED IN VOLUNTEERING	Social Committee	Fundraising 🔲
Board of Directo	ors 🔲 Membership Commi	ittee 🔲 Special Ever	nts School Issues

(\$20.00	2017 WCA ME	MBERSHIP CAI	RD				
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Fill out the above, enclose your cheque or money order, payable to 'Walden Community Association' and mail to the following address: Walden Community Association – Memberships c/o ATB-Walden, #300, 151 Walden Gate SE, Calgary, AB T2X 0R2.

- Please allow 3-4 weeks for your membership to be delivered to your home address.
- Members of the community association are welcome to attend WCA sanctioned events throughout the year. Not only will you be able to meet others within Walden, but to help build a better sense of community for Walden.
- Stay connected with what is happening in your community. Members are kept up to date of the developments within and around the community. Being a member secures you a vote at public meetings, or make a difference by join the board and more.
- In the future, other benefits will come from sports, activities and partner discounts; access to youth and community events and programs.

Walden Community Association updates can be found at www.waldenyyc.ca

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For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

THE CELL PHONE WIZARD: The Wizard will expertly repair your cracked iPhone screens and replace those annoying, dying batteries. Choose OEM or AAA parts at affordable rates. Quick turnaround and pick-up/delivery available. Don't let a shattered iPhone screen drive you nuts for another day! Call the Cell Phone Wizard 403-869-6396 today!

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

PROFESSIONAL ACCOUNTANT: Personal and corporate income tax return preparation and e-filing, general accounting services (bookkeeping, financial statements, GST, payroll, T4/T5 slips). Certified General Accountant with 30 years' experience, personable, reasonable rates, convenient location, Darvl Pallesen CPA CGA, #145 - 251 Midpark Blvd SE. Please call 403-988-2175 or email daryl.pallesen@shaw.ca.

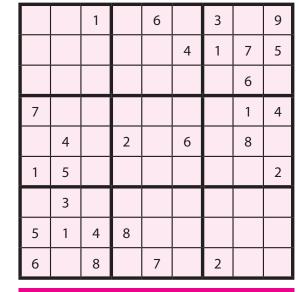
K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with Quick-Books and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

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BRAIN SUDOKU



FIND SOLUTION ON PAGE 17

Walden my bobysitter list

Name	Age	Contact	Course
Derly	19	403-397-2344	Yes
Elana	14	403-690-0320	Yes
Emily	12	403-305-9481	Yes
Hannah	14	587-215-4192	Yes
Kate	13	403-470-6172	Yes
Lucy	18	403-796-8951	Yes
Marge	15	403-200-2919	Yes
Maria	46	587-583-9748	Yes
Polina	15	403-437-1770	Yes
Sarena	17	403-422-0546	Yes
Shivani	15	403-668-0663	Yes
Ujiro	13	403-455-7576	Yes

Calling All BABYSITTERS Calling All PARENTS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.





Walden Real Estate Update

Last 12 Months Walden MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
December 2016	\$405,900	\$390,000
November 2016	\$366,900	\$360,000
October 2016	\$499,900	\$492,000
September 2016	\$467,000	\$461,600
August 2016	\$459,900	\$452,000
July 2016	\$510,000	\$495,000
June 2016	\$459,900	\$445,000
May 2016	\$410,000	\$405,000
April 2016	\$474,800	\$465,000
March 2016	\$429,900	\$425,950
February 2016	\$430,000	\$427,000
January 2016	\$452,400	\$443,000

Last 12 Months Walden MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
December 2016	10	13
November 2016	11	3
October 2016	14	5
September 2016	12	9
August 2016	9	13
July 2016	17	9
June 2016	10	8
May 2016	8	11
April 2016	16	9
March 2016	13	4
February 2016	2	9
January 2016	16	4

To view more detailed information that comprise the above MLS averages please visit walden.great-news.ca



Councillor, Ward 14 **Peter Demong** www.calgary.ca/ward14 • eaward14@calgary.ca or 403-268-1653

Hello Ward 14!

Before I get into the rest of this column, I want to make a point that could save you a lot of time, trouble, and even money. We have had the first real cold weather in several years over the last few months, which justifiably led many people to leave their cars unlocked and running. Over the same few months I have heard of countless instances of theft—in cars, of cars, and in homes as a result.

Please seriously consider whether or not it is necessary to leave your car unlocked and running. You could be attracting theft to yourself, and your community by doing so.

Counciltalk

It really feels great to be back for another year of Counciltalk. There are few things that I enjoy more than gathering around a table to discuss and debate topics that matter to people. The last meeting did not disappoint. Your opinions bring me energy, and inspire me as I go about my work at City Hall.

This month Counciltalk will be in the Chaparral Lake House located at 225 Chaparral Drive S.E. I will be there on Saturday, February 25 from noon to 2 p.m. You can visit calgary.ca/counciltalk for details of the full Counciltalk schedule, and you can sign up to receive reminders for Counciltalk and other important Ward 14 news at calgary.ca/ward14connect.

Ward 14 Community Calendar

This project has been on my mind for some time now, and the stars are finally aligning to make it reality.

You can learn about them throughout the pages of this newsletter, or maybe on bulletin boards in community halls and churches all over the city. They are the small, local community events, and they have been a big part of my life for many years now.

You will now be able to see them on my website, and I will do my best to keep them up to date. Whether it

be the Fun Money Casino or the Friends of Fish Creek AGM my goal is to post it in an easy-to-use form on my website. Not only will there be information about community events, but you will find City of Calgary engagement sessions as well. You will find every Counciltalk session in the calendar, and even the Ward 14 Communities BBQ.

Go directly to the Community Calendar by visiting calgary.ca/ward14calendar, or just looking around on calgary.ca/ward14.

A final note

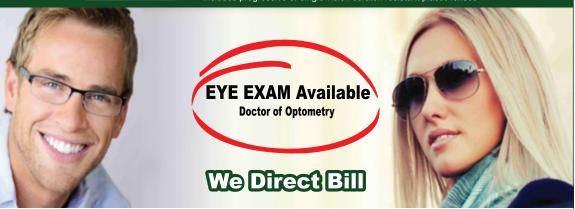
Finally, it is the month of love, and Valentine's Day is just around the corner. While you are thinking about what to get your sweetheart, I hope we can all remember a different type of giving too. Times are tougher than they have ever been for many of our fellow Calgarians. Charities like the Calgary Food Bank are in need more than ever. Let's not forget this as we get on with our day-today routines.

Feel free to contact me anytime!

BRAIN SUDOKU

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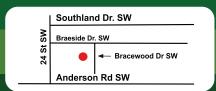


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Jaffery Optical - Midnapore 258 - 22 Midlake Blvd SE. Calgary, AB T2X 2X7

Ph: 403-984-3275



Jaffery Optical - High River Ph:403-652-1213

Liberal

Calgary Midnapore Federal Liberal Association

Results from the Trudeau Government

- Trans Mountain and Line 3 Pipelines Approved
- \$75 Million Invested in the University of Calgary
- \$1.53 Billion Committed to Green Line
- \$251 Million in Stabilization Payments to Alberta
- \$10.5 Million Invested in Flood Mitigation

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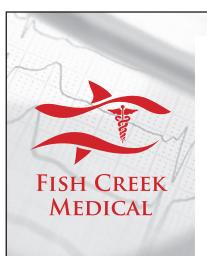
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