

JANUARY 2017

DELIVERED MONTHLY TO 1,300 HOUSEHOLDS

# WALDEN LIFE

THE OFFICIAL WALDEN COMMUNITY NEWSLETTER





# SOUTHVIEW CHURCH

WALDEN CAMPUS SERVICES | 20200 WALDEN BLVD SE  
 SATURDAYS | 6:30 PM SUNDAYS | 9:00 AM 11:00 AM 5:35 PM  
 IMAGO DEI CAMPUS SERVICE | 16520 24 ST SW  
 SUNDAYS | 10:30 AM

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## WALDEN COMMUNITY ASSOCIATION

#300, 151 Walden Gate SE, Calgary T2X-0R2 (Inside ATB)  
Phone: 403-256-4000 • www.waldenyc.ca

Delivered monthly to 1,300 households and businesses!

### Editorial Submissions

newsletter@waldenyc.ca

All editorial content must be submitted by the 1<sup>st</sup> of the month for the following month's publication.

### Advertising Opportunities

403-263-3044 | sales@great-news.ca

All advertisements must be submitted by the 1<sup>st</sup> of the month for the following month's publication.

### Published by Great News Publishing

Serving Calgary communities for 28 years  
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[www.great-news.ca](http://www.great-news.ca)



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*The information contained in this newsletter is believed to be accurate, but is not warranted to be so.*

*The Walden Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.*

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

## PRESIDENT'S MESSAGE

Happy New Year!

On behalf of myself and my family, the WCA board and their families to wish you all a Happy New Year and the very best for 2017!!

The WCA is looking forward to a great 2017, we hope to bring some new WCA events and traditional events that the community enjoys.

- Family Winter Event – February 2017
- Community Cleanup – June 2017
- Movie event in the spring (date TBD) at Landmark Theatre in Shawnessy
- Stampede BBQ – July 2017
- Ward 14 City of Calgary Councillor Peter Demong BBQ – September 2017
- Halloween Event – October 2017
- Christmas Event – December 2017

We continue to look for ideas for articles and pictures for the newsletter, please email us at newsletter@waldenyc.ca. **Reminder:** Articles have to be no more than 300 words, Cover pictures must be at least 1MB in size and 300 dpi. The deadline for content is the first of the month. Keep those photos coming, we love them!

**Safety Reminders:** Please remember to keep your stuff locked up, your homes and your cars!!

**Get Involved!** The Walden Community Association is a volunteer organization made up of members of our community. We encourage everyone to come out and see how you can get involved in your community. We are always looking for residents to help make Walden a great place to live! Feel free to send us an email at waldenyc.ca if there is any area you are interested in helping with!

For more updates on all WCA Events, programming and developments, check the WCA website: [www.waldenyc.ca](http://www.waldenyc.ca).

Thanks

Charmaine Martin  
President, Walden Community Association  
On behalf of the WCA Board



**403.828.9675**  
[www.devotiondanceworks.com](http://www.devotiondanceworks.com)

**REGISTER NOW FOR THE WINTER 12-WEEK SESSION!**

Lake Chaparral Recreation Centre  
Non-Members Welcome  
Dance classes starting at 2.5 years old!

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MUSICAL THEATRE • HIP HOP**

**divine intervention**

**Eligible Entrepreneur**

Our 6'1, fit and handsome bachelor is a catch. Driven, well educated and down-to-earth, this dynamic, well traveled and successful entrepreneur enjoys life with a very flexible schedule.

He loves outdoor sporting activities, staying fit, and spending time with family and friends.

He is looking for an attractive, slim, smart, 5'5"+, genuine, activity loving lady (age 28-38) who wants to build a family.

Contact in confidence (fees paid by client)  
[info@divinematchmaking.com](mailto:info@divinematchmaking.com)  
[divinematchmaking.com](http://divinematchmaking.com) | 403-456-4870

## IN & AROUND CALGARY

### Christmas Tree Recycling Program

Important changes to this year's program.

**Recycle your live Christmas Tree**  
**This year The City's Christmas Tree Recycling program will be drop-off only.** They

**will not** be collecting trees door-to-door. Please recycle your real Christmas Trees by taking them to one of the 16 designated drop-off locations between December 26 and January 31.

Turn your real Christmas tree into useful mulch instead of garbage through The City's Christmas Tree Recycling program. By recycling trees into mulch, you can keep waste out of our landfills and reduce harmful greenhouse gas emissions.

For tips on how to recycle other holiday items such as wrapping paper, boxes, packaging, and ribbons and bows, please visit our holiday recycling tips page.

#### Christmas tree recycling

- When preparing your tree:
- Remove all lights, ornaments, tinsel, string, garland and tree stands
- Do not bag or wrap your tree (including recycling tree bags)

#### For Drop-off locations see:

<http://www.calgary.ca/UEP/WRS/Pages/Recycling-information/Residential-services/Organics-recycling/Christmas-Tree-Recycling-Program.aspx>



## Walden Community Association

### Board of Directors

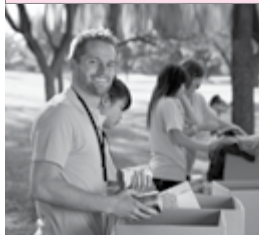
President	Charmaine Martin
Vice President	Monica Ansahsam
Secretary	Vacant
Treasurer	Chris Wiencki
Director, Memberships	Clint Kniss
Director, Multimedia	Julia Wiencki
Director, Sports	Dwayne Robinson
Director, Events Coordinator	Karen Ricciuti
Director, Web Administrator	Vacant

### Follow Us On

- facebook.com/groups/waldenyyc
- twitter.com/walden\_yc; @Walden\_yc
- instagram.com/walden\_yc
- waldenyyc.ca
- info@waldenyyc.ca

#### Related Facebook Pages:

Chaparral Area Block Watch (Lake Chaparral, Valley, Ridge and Walden): This group is for members of our communities to pass on information to neighbours about criminal activities that are happening here. Any suspicious persons, activities or criminal acts should always be reported to CPS. If the crime is in progress or you see a person whose behaviour raises suspicion that a crime maybe committed, please call 911. Do not use this page as an alternative to calling CPS. Let's work together with our Community Resource Officer and CPS to make these communities crime free areas.



#### Volunteers needed!

If you would like to volunteer on any of our committees, please contact us via email, subject line: Volunteer. We would love to have you.

## FOSTERING SAFE COMMUNITIES...



### Animal and Bylaw Services Emergency planning for your pet

Ensure you have a temporary, alternative place for your cat or dog to go for safekeeping in the event of an emergency.

In the event of a fire, do not return to search for pets. Contact 911 from a safe phone. Firefighters will search for any animals left behind in a home.

After placing a 911 medical emergency call, confine your cat or dog if a home evacuation is not required. This ensures the safety of cats, dogs and rescue personnel.

Rescued cats and dogs will be delivered to the Animal Services Centre for temporary safe keeping. Injured cats and dogs may be taken to a 24-hour vet clinic.

Contact Animal & Bylaw Services at 311 (from within Calgary) or 403-268-CITY (2489) (from outside Calgary) for information about your pet if he has been brought to the Animal Services Centre.

Animal & Bylaw Services provides free door and window stickers that notify emergency responders that pets may be in the residence. Get stickers by contacting 311 or visiting the Animal Services Centre at 2201 Portland Street S.E. during regular business hours.

### The Truth about Idling

Animal & Bylaw Services wants to remind Calgarians that idling is not an effective means of warming up your vehicle in the winter.

Idling does nothing to warm your vehicle's transmission, tires, suspension, steering or wheel bearings. Even in winter weather conditions, fuel injected engines only require between 30 seconds and 2 minutes of idling to

circulate oil through the engine. In addition, idling for longer than 10 seconds uses more fuel than turning your engine off and restarting it again.

If the windows of your vehicle are clear, the best way to warm your vehicle in cold weather is to drive it, avoiding high speeds and rapid acceleration for the first 5 kilometres.

When vehicles are left running while parked, they produce emissions that contribute to air pollution and climate change, affecting our health and the environment. Putting a stop to engine idling is an easy way to reduce emissions, save money, and protect your vehicle's engine!

To help reduce idling in places where it occurs most often, The City of Calgary developed two signs that can be posted in problem areas. The signs are intended to act as an instant reminder for people to turn off their engines. Visit [calgary.ca](http://calgary.ca) and search "idling" to find the "Idle Free Zone" sign and the "Fresh Air Intake" sign to download and print.

White metal idling signs are available for purchase and green plastic idling signs are available at no charge at: Traffic Permits Counter Main Floor Building E, Manchester Centre 2808 Spiller Road SE, Calgary Fax: 403-268-5850 Open: 8 a.m. to 4:30 p.m. Monday through Friday



### EMS Sledding Safety

Alberta Health Services, EMS would like to remind parents and children of some basic sledding safety tips as the winter season continues. Sledding injuries can result from collisions with stationary objects such as trees and rocks or with other people on the hill. Unprotected falls can result in injury if you lose control at high speeds. Everyone is at risk – especially children. Educate your family how to stay safe by following these simple reminders and have a fun day on the toboggan hill.

~cont'd next page~



**AGAPELAND PRESCHOOL**  
NEW WALDEN LOCATION | OPENED FALL 2016

OPEN HOUSE JANUARY 25 6:30pm-7:30pm  
Registration ongoing at [www.southviewchurch.com](http://www.southviewchurch.com)

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  - includes Handwriting Without Tears®
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- New location: **20200 Walden Boulevard SE**

**For further info:**

- <http://southviewchurch.com/ministries/family-ministries/agapeland>
- Ms. Michele Black
  - 403-873-5206
  - Michele\_Black@southviewchurch.com

## FOSTERING SAFE COMMUNITIES...

### Plan ahead

- Dress warmly in layers and anticipate weather changes
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones
- Take breaks to warm up out of the cold
- Ensure frostbite hasn't affected any exposed skin
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it or by placing the affected part in warm water (not hot; ~41°C max.) until re-warmed
- Ensure your sled is in good condition. Do not use sleds with broken parts, sharp edges, or splits in the material
- Currently, there are no helmets designed specifically for sledding. However children should wear a properly fitted helmet designed for high impact collisions, such as hockey, cycling, or climbing helmets
- Hazards
- Avoid hills that are too steep, or too icy – you can lose control very quickly
- Choose hills free of obstacles such as trees, rocks, utility poles, or fences
- Be mindful of clothing that contains drawstrings, or loose clothing, such as scarves, which can present a choking hazard if they become caught or snagged

### Equipment

- Ensure your sled is in good condition. Do not use sleds with broken parts, sharp edges, or splits in the material
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### Hazards

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- Be mindful of clothing that contains drawstrings, or loose clothing, such as scarves, which can present a choking hazard if they become caught or snagged



### PARKING ISSUES

We are close to having a solution for the parking in and around Age Care, and we have been advised that the City of Calgary plans to do a parking study of the whole community.

### WALDEN COMMUNITY CLUBS

Do you have a fun hobby or interest? Would you like to connect with others in the Walden Community who share the same interests? The Walden Community Association is looking for club ambassadors to spearhead community engagement initiatives, and club members to make this project a success.

Looking for a basketball opponent? Join a Basketball club. Want to find a running/walking buddy? Get your name on a running/walking club list. Photography, Cycling, Book, Yoga, Kickboxing...the possibilities are endless!!! If you are interested in starting a Walden Community Club, email [info@waldenyyc.ca](mailto:info@waldenyyc.ca) with your ideas and contact information. We already have ideas for the following clubs, but feel free to contact us with your awesome ideas:

- Basketball Club
- Running Club
- Walking Club
- Mom & Tot Club
- Yoga Club
- Photography Club
- .....the possibilities are endless!

### Newsletter/Website Updates:

Regular articles continue to work on:

**Why we Love Walden?** Why did you move to Walden? What do you like about Walden? Drop a few words, and share your thoughts. Tell us why you love Walden,

it is a great way to get to know your neighbors and neighborhood. Email [newsletter@waldenyyc.ca](mailto:newsletter@waldenyyc.ca) with your comments.

**Who are the People in Your Neighborhood:** Walden is a very multicultural rich community, with people from all walks of life, different parts of the world and different reasons for living in Canada, in Calgary and in Walden. We are looking forward to meeting the members of our community and have them share their story. If you and your family would like to be featured, please contact us at [newsletter@waldenyyc.ca](mailto:newsletter@waldenyyc.ca).

**Where's Walden?** We are still looking for someone to create a character, named "Walden" for our Where's Walden picture, if you are interested, please email us.

**Website Admin needed!** Are you web savvy? We are looking for someone to administer our website. contact [newsletter@waldenyyc.ca](mailto:newsletter@waldenyyc.ca)

**Content Deadline:** Content for the newsletter is due by the 1<sup>st</sup> of the month, this includes pictures and content. See guidelines below. Email: [newsletter@waldenyyc.ca](mailto:newsletter@waldenyyc.ca)

**Articles:** you try to keep the word count to 300 maximum. (The longer the article the less chance it will be picked up and published.)

**Pictures:** Cover photos need to be 1MB and 300 DPI.

### GENERAL REMINDERS

**SLOW DOWN AND BE AWARE:** It is getting darker earlier in the evening, please take your time as you drive through the community. The speed limit for residential areas is 50km - that includes Walden Blvd. Put your cell phones away, Pay attention to your surroundings. Let's keep our community safe.

**KEEP YOU AND YOUR PROPERTY SAFE!!** This was posted on the block watch facebook page: "Chaparral Area Block Watch (Lake Chaparral, Valley, Ridge, & Walden)".

## BRAIN GAMES SUDOKU

9			6			4		5
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	7	2						
4				5			1	
6		5			7			8

FIND SOLUTION ON PAGE 15



# Cold Weather Pet Safety..... Keep Your Pets Indoors This Winter!

This winter is shaping up to be a cold one, and us humans are not the only ones who need to keep warm during the winter months. Our pets do too. Although they might be covered in fur, your pet can still fall ill during the colder months or even get frostbite when temperatures drop below freezing. But have no fear, here are a few tips on how to keep your pet warm this winter.

Here are some tips to keep your pets safe during cold weather:

**Winter wellness:** Has your pet had his/her preventive care exam (wellness exam) yet? Cold weather may worsen some medical conditions such as arthritis. Your pet should be examined by a veterinarian at least once a year, and it's as good a time as any to get him/her checked out to make sure (s)he is ready and as healthy as possible for cold weather.

**Know the limits:** Just like people, pets' cold tolerance can vary from pet to pet based on their coat, body fat stores, activity level, and health. Be aware of your pet's tolerance for cold weather, and adjust accordingly.

You will probably need to shorten your dog's walks in very cold weather to protect you both from weather-associated health risks. A good rule of thumb is to go out with them and when you're ready to come in, chances are your dog is too.

Arthritic and elderly pets may have more difficulty walking on snow and ice and may be more prone to slipping and falling.

Long-haired or thick-coated dogs tend to be more cold-tolerant, but are still at risk in cold weather.

Short-haired pets feel the cold faster because they have less protection, and short-legged pets may become cold faster because their bellies and bodies are more likely to come into contact with snow-covered ground.

Pets with diabetes, heart disease, kidney disease, or hormonal imbalances (such as Cushing's disease) may have a harder time regulating their body temperature, and may be more susceptible to problems from temperature extremes. The same goes for very young and very old pets. If you need help determining your pet's temperature limits, consult your veterinarian.

**Provide choices:** Just like you, pets prefer comfortable sleeping places and may change their location based on their need for more or less warmth. Give them some safe options to allow them to vary their sleeping place to adjust to their needs.

**Keep your pet indoors.** This is the number one way to keep your pets safe and warm in the winter. Cats and dogs should be kept inside during cold weather. It's a common belief that dogs and cats are resistant than people to cold weather because of their fur, but it's untrue. Like people, cats and dogs are susceptible to frostbite and hypothermia and should be kept inside. Longer-haired and thick-coated dog breeds, such as huskies and other dogs bred for colder climates, are more tolerant of cold weather; but no pet should be left outside for long periods of time in below-freezing weather.

**Make some noise:** A warm vehicle engine can be an appealing heat source for outdoor and feral cats, but it's deadly. Check underneath your car, bang on the hood, and honk the horn before starting the engine to encourage feline hitchhikers to abandon their roost under the hood.

**Check the paws:** Check your dog's paws frequently for signs of cold-weather injury or damage, such as cracked paw pads or bleeding. During a walk, a sudden lameness may be due to an injury or may be due to ice accumulation between his/her toes. You may be able to reduce the chance of iceball accumulation by clipping the hair between your dog's toes.

**Play dress-up:** If your dog has a short coat or seems bothered by the cold weather, consider a sweater or dog coat. Have several on hand, so you can use a dry sweater or coat each time your dog goes outside. Wet sweaters or coats can actually make your dog colder. Some pet owners also use booties to protect their dog's feet; if you choose to use them, make sure they fit properly.

**Wipe down:** During walks, your dog's feet, legs and belly may pick up deicers, antifreeze, or other chemicals that could be toxic. When you get back inside, wipe down (or wash) your pet's feet, legs and belly to remove these chemicals and reduce the risk that your dog will be poisoned after (s)he licks them off of his/her feet or fur. Consider using pet-safe deicers on your property to protect your pets and the others in your neighborhood.

**Collar and chip:** Many pets become lost in winter because snow and ice can hide recognizable scents that might normally help your pet find his/her way back home. Make sure your pet has a well-fitting collar with up-to-date identification and contact information. A microchip is a more permanent means of identification, but it's critical that you keep the registration up to date.

**Stay home:** Hot cars are a known threat to pets, but cold cars also pose significant risk to your pet's health. You're already familiar with how a car can rapidly cool down in cold weather; it becomes like a refrigerator, and can rapidly chill your pet. Pets that are young, old, ill, or thin are particularly susceptible to cold environments and should never be left in cold cars. Limit car travel to only that which is necessary, and don't leave your pet unattended in the vehicle.

**Prevent poisoning:** Clean up any antifreeze spills quickly, as even small amounts of antifreeze can be deadly. Make sure your pets don't have access to medication bottles, household chemicals, potentially toxic foods such as onions, xylitol (a sugar substitute) and chocolate.

**Protect family:** Odds are your pet will be spending more time inside during the winter, so it's a good time to make sure your house is properly pet-proofed. Use space heaters with caution around pets, because they can burn or they can be knocked over, potentially starting a fire. Check your furnace before the cold weather sets in to make sure it's working efficiently, and install carbon monoxide detectors to keep your entire family safe from harm. If you have a pet bird, make sure its cage is away from drafts.

**Avoid ice:** When walking your dog, stay away from frozen ponds, lakes and other water. You don't know if the

ice will support your dog's weight, and if your dog breaks through the ice it could be deadly. And if this happens and you instinctively try to save your dog, both of your lives could be in jeopardy.

**Provide shelter:** We don't recommend keeping any pet outside for long periods of time, but if you are unable to keep your dog inside during cold weather, provide him/her with a warm, solid shelter against wind. Make sure that they have unlimited access to fresh, non-frozen water (by changing the water frequently or using a pet-safe, heated water bowl). The floor of the shelter should be off of the ground (to minimize heat loss into the ground) and the bedding should be thick, dry and changed regularly to provide a warm, dry environment. The door to the shelter should be positioned away from prevailing winds. Space heaters and heat lamps should be avoided because of the risk of burns or fire. Heated pet mats should also be used with caution because they are still capable of causing burns.

**Recognize problems:** If your pet is whining, shivering, seems anxious, slows down or stops moving, seems weak, or starts looking for warm places to burrow, get them back inside quickly because they are showing signs of hypothermia. Frostbite is harder to detect, and may not be fully recognized until a few days after the damage is done. If you suspect your pet has hypothermia or frostbite, consult your veterinarian immediately.

**Be prepared:** Cold weather also brings the risks of severe winter weather, blizzards and power outages. Prepare a disaster/emergency kit, and include your pet in your plans. Have enough food, water and medicine (including any prescription medications as well as heartworm and flea/tick preventives) on hand to get through at least 5 days.

**Feed well:** Keep your pet at a healthy weight throughout the winter. Some pet owners feel that a little extra weight gives their pet some extra protection from cold, but the health risks associated with that extra weight don't make it worth doing. Watch your pet's body condition and keep them in the healthy range. Outdoor pets will require more calories in the winter to generate enough body heat and energy to keep them warm – talk to your veterinarian about your pet's nutritional needs during cold weather.



walden

If you value your Community, be sure to purchase your Walden Community Association Annual Membership!

Memberships cost \$20 per address and are valid for 1 year from date of purchase.

## MEMBERSHIP APPLICATION FORM

FAMILY NAME: \_\_\_\_\_  
(Last name) (First Name) (Partner)

ADDRESS: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

# FAMILY MEMBERS: \_\_\_\_\_ *(Please fill out this important information)*

WOULD YOU BE INTERESTED IN VOLUNTEERING? Social Committee  Fundraising

Board of Directors  Membership Committee  Special Events  School Issues

**Support Your Community Association Buy a Membership Today!**

## \$20.00 2016 WCA MEMBERSHIP CARD

Name \_\_\_\_\_  
(Surname) (Given Name)

Name \_\_\_\_\_  
(Surname) (Given Name)

Address \_\_\_\_\_  
Postal Code

Phone # \_\_\_\_\_ Email \_\_\_\_\_

Date \_\_\_\_\_ Can we contact you for Volunteer Activities? Yes ( ) No ( )

Cheque# \_\_\_\_\_ Cash Receipt # \_\_\_\_\_ E-order ref \_\_\_\_\_

Walden Community Association  
2016 Family Membership Card

The \_\_\_\_\_ Family

WCA Membership Representative  
Membership Expires \_\_\_\_\_  
expires one (1) year from date 126

Fill out the above, enclose your cheque or money order, payable to 'Walden Community Association' and mail to the following address: Walden Community Association – Memberships  
c/o ATB-Walden, #300, 151 Walden Gate SE, Calgary, AB T2X 0R2.

- Please allow 3-4 weeks for your membership to be delivered to your home address.
- Members of the community association are welcome to attend WCA sanctioned events throughout the year. Not only will you be able to meet others within Walden, but to help build a better sense of community for Walden.
- Stay connected with what is happening in your community. Members are kept up to date of the developments within and around the community. Being a member secures you a vote at public meetings, or make a difference by join the board and more.
- In the future, other benefits will come from sports, activities and partner discounts; access to youth and community events and programs.

Walden Community Association updates can be found at [www.waldenny.ca](http://www.waldenny.ca)

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**403-777-1111**  
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Cell: 587-707-2775  
www.sunlife.ca/funke.oluwalola

 Sun Life Financial

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## Walden Real Estate Update

Last 12 Months Walden

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
November 2016	\$366,900	\$360,000
October 2016	\$499,900	\$492,000
September 2016	\$467,000	\$461,600
August 2016	\$459,900	\$452,000
July 2016	\$510,000	\$495,000
June 2016	\$459,900	\$445,000
May 2016	\$410,000	\$405,000
April 2016	\$474,800	\$465,000
March 2016	\$429,900	\$425,950
February 2016	\$430,000	\$427,000
January 2016	\$452,400	\$443,000
December 2015	\$362,950	\$355,000

Last 12 Months Walden

MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
November 2016	11	3
October 2016	15	5
September 2016	11	9
August 2016	9	13
July 2016	17	9
June 2016	10	8
May 2016	8	11
April 2016	16	9
March 2016	13	4
February 2016	2	9
January 2016	16	4
December 2015	11	2

To view more detailed information that comprise the above MLS averages please visit [walden.great-news.ca](http://walden.great-news.ca)



## January in Fish Creek

**The January Fish Creek Speaker Series - Growing Up in Alberta's Eastern Parks**

Thursday, January 26, 2016

7:00 pm – 8:00 pm

Fish Creek Environmental Learning Centre, Shannon Terrace, Fish Creek Provincial Park

(13931 Woodpath Rd SW)

Presented by Alison Cole,

Visitor Experience Coordinator, Alberta Environment and Parks, Parkland Area

What do Alberta's badlands, sand-covered toes and foot-long hot-dogs have in common? Nothing really, except that they have all played a part in Alison Cole's discovery of eastern Alberta's lesser-known provincial parks. Join Alison on a photographic tour of some of the most interesting protected areas in the east-central portion of the province, and explore countless opportunities for both nature and outdoor recreation enthusiasts. For more information or to register visit [www.friendsoffishcreek.org/event/east](http://www.friendsoffishcreek.org/event/east)

**Friends of Fish Creek Annual General Meeting Have Your Voice Heard! Attend the AGM!**

Wednesday, January 25, 2017

Registration at 6:30 pm, Meeting starts at 7:00 pm

Fish Creek Environmental Learning Centre, Shannon Terrace, Fish Creek Provincial Park

It is because of our members, volunteers and donors that the Friends have accomplished so much. Come and have your voice heard and meet our board and staff at the Annual General Meeting. Please contact the Friends of Fish Creek Provincial Park Society if you would like to attend. Refreshments will be served. Only members who have paid their 2016—2017 Membership dues are eligible to vote.

To register visit [www.friendsoffishcreek.org/event/aggm](http://www.friendsoffishcreek.org/event/aggm)

### Winter Wellness in Fish Creek

#### Introducing Yo-Qi: A Wellness Experience

The Friends of Fish Creek are excited to announce that 2017 will bring people an opportunity to participate in our Yo-Qi Wellness Experience pilot project as we assess the level of interest there is in our Wellness Program continuing throughout the year.

Instructors Diane Smith, Gwen Draude and Naomi Parker will team up once a month to teach "Yo-Qi" – a combination of Yoga and Qi-Gong – and each session will have a different wellness-focused theme.

Sessions will be held indoors at the Environmental Learning Centre in Shannon Terrace from 7-8pm.

For more information visit [www.friendsoffishcreek.org/programs/wellness-clinics](http://www.friendsoffishcreek.org/programs/wellness-clinics)

#### Park Protectors Needed!

As an alternative to traditional membership, we offer the Park Protector monthly donor program! This program may suit your busy lifestyle and your contributions will directly support our environmental stewardship efforts in Fish Creek. For more info visit

[www.friendsoffishcreek.org/park-protector-signup](http://www.friendsoffishcreek.org/park-protector-signup)

## BRAIN GAMES SUDOKU

9	2	3	6	8	1	4	7	5
5	8	4	3	7	9	1	2	6
1	6	7	2	4	5	3	8	9
7	9	8	1	2	3	5	6	4
3	5	1	7	6	4	8	9	2
2	4	6	5	9	8	7	3	1
8	7	2	4	1	6	9	5	3
4	3	9	8	5	2	6	1	7
6	1	5	9	3	7	2	4	8

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[www.desireedupuis.com](http://www.desireedupuis.com)

*"And the time came when the risk to remain tight in a bud was more painful than the risk it took to blossom." - Anais Nin*

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**Peter Demong**  
[www.calgary.ca/ward14](http://www.calgary.ca/ward14)  
[eaward14@calgary.ca](mailto:eaward14@calgary.ca) or  
 403-268-1653

Hello Ward 14.

I hope you had a chance to spend some quality time with friends and family over the holiday season. 2017 will bring new opportunities along with new challenges, as the future tends to do. First, though, I would like to speak about cleaning up after last year.

### Christmas Tree Recycling

This is a VERY important update. Like many, City landfills have seen a significant drop in revenue because of the economic situation that we find ourselves in. Calgary's Waste & Recycling Services has had to adapt by implementing with cost-cutting measures to bring its budget back in line.

For one thing, landfills will move to four-day per week operations (and I am happy to announce that Council has frozen the tipping fee rate for 2017). Off days will be staggered so that there is always a place to take waste.

*But the VERY important point is another cost-cutting measure.* There will be no door-to-door Christmas tree collection this year. You will be able to drop off your tree at one of 15 designated locations between December 26 and January 31 instead. Not collecting trees door-to-door will save about \$100,000.

For more information about the landfills you can visit [calgary.ca/landfill](http://calgary.ca/landfill), and for more information about the Christmas tree recycling you can visit [calgary.ca/christmastree](http://calgary.ca/christmastree).

### Customer Review Period – 2017 Property and Business Tax Assessments

This is another important tidbit, but it isn't much different than previous years. Only the dates have changed. On January 5, the City will mail the 2017 property and business assessment notices. What you need to do is review it—carefully. Make sure your details are accurate and the assessed value is a fair reflection of the value of your property as of July 1, 2016. If you have any questions contact Assessment at 403-268-2888 during the Customer Review Period which runs from January 5 to March 6. The Customer Review Period is your only chance to make a case that your assessment is incorrect, so don't take it for granted. It will have a big impact on the property tax bill you get in spring.

The City has some very helpful online tools to help you decide if you think your assessment is fair. I strongly suggest checking them out. They will be at [calgary.ca/assessment](http://calgary.ca/assessment), but you will also need a City myID account ([calgary.ca/myid](http://calgary.ca/myid)). You will find all the information you need to get started with all of it in the assessment notice you receive after January 5.

### Counciltalk

As you may have read in my December column, the first Counciltalk of the year will be at the Lake Bonavista Community Centre in the multi-purpose room on Saturday, January 28 from noon to 2 p.m. I hope you can come!

If not, the rest of the schedule is now set and can be found at [calgary.ca/counciltalk](http://calgary.ca/counciltalk). You can sign up to receive important updates about things like Counciltalk at [calgary.ca/ward14connect](http://calgary.ca/ward14connect).

Let's make this year a great one, Ward 14!



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For updates please visit  
[fb.com/COBSBreadMahogany](https://www.facebook.com/COBSBreadMahogany)

## IN & AROUND SCHOOLS

### Sundance School

Welcome back to a New Year. It is hard to believe that 2017 is already upon us. We at Sundance hope that you all had a wonderful Christmas holiday and a Happy New Year full of relaxation, good food, friends and family.

We are starting the New Year off with a dance residency with 'KMotion' from January 9-13. Every class will get to spend some time learning and dancing. Look for more information about a final performance the morning of Friday January 13th.

On January 5th from 6:30 – 8:30 pm, Sundance School will be hosting an information night together with Sam Livingston and Chinook Park schools. Parents will be hearing about French Immersion as an alternative program choice for their children. Don't speak French? Perfect! Come out to see if French Immersion is right for your child entering Kindergarten or Grade one. This is great timing as Kindergarten registration for the 2017-18 school year begins Monday January 9th. Information will be posted on the front pages of each participating school's websites. Grade 5s and 6s will start their climbing unit throughout the month of January. More information will be available in our January Newsletter.

All are invited to attend our School Council meeting on Thursday January 12th at 7pm in the library. This is a wonderful opportunity to meet other parents at the school, learn about what is happening at Sundance and to ask questions. We look forward to our grade one French Immersion teachers presenting at this meeting.

Sundog lunch for students in Grade 1-6 is on Thursday January 26th. Students will be enjoying Little Caesars pizza. You can log on to [www.healthyhunger.ca](http://www.healthyhunger.ca) now to order the January lunch and to order all available snacks and lunches if you would prefer.

Have you subscribed to receive messages from the Calgary Board of Education and our school? To do so please go to [www.cbe.ab.ca/subscribe](http://www.cbe.ab.ca/subscribe) to enter your email address and click Subscribe.

## BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or [sales@great-news.ca](mailto:sales@great-news.ca)

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**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

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# Walden mybabysitterlist

Name	Age	Contact	Course
Emily	12	403-305-9481	Yes
Ujiro	13	403-455-7576	Yes
Kate	13	403-470-6172	Yes
Ujiro	13	403-455-7576	Yes
Hannah	14	587-215-4192	Yes
Elana	14	403-690-0320	Yes
Marge	15	403-200-2919	Yes
Shivani	15	403-668-0663	Yes
Polina	15	403-437-1770	Yes
Sarena	17	403-422-0546	Yes
Lucy	18	403-796-8951	Yes
Derly	19	403-397-2344	Yes
Maria	46	587-583-9748	Yes

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**Calling All PARENTS** Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).

## COMMUNITY ANNOUNCEMENTS

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

**LOVE TO SING?** Want to experience the benefits of singing in a welcoming vocal community? Vocal Latitudes may be the choir for you. A non-audition World Music community choir, Vocal Latitudes meets Tuesday evenings from September to May in a convenient central location. For more information, see [www.vocalatitudes.org](http://www.vocalatitudes.org).



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## Learning Opportunities Ahead

### Talking About Dementia with Dr. David Hogan

Gain a better understanding of Alzheimer's disease and related dementias. Dr. David Hogan will lead an informative presentation and answer some questions from the audience. As a local expert on dementia, Dr. Hogan is the Medical Director of the Cognitive Assessment Clinic and holds the Brenda Strafford Foundation Chair in Geriatric Medicine at the University of Calgary. The Alzheimer Society of Calgary will also share information on the programs and services available to help you.

This is a fantastic opportunity for people looking to learn some excellent, introductory information about Alzheimer's disease or related dementias, or who may be searching for additional support, resources, hope and inspiration. There is no cost to attend but registration is required.

**Saturday, January 28th 10 a.m. – 12:00 p.m.**  
Delta Calgary South (135 Southland Drive SE)

Register today

Visit [www.alzheimercalgary.ca](http://www.alzheimercalgary.ca)  
Call (403) 290-0110  
Email [info@alzheimercalgary.ca](mailto:info@alzheimercalgary.ca)

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