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THE MCLEOD FAMILY
PROFILE
INSIDE**







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Springbank Hill • Wentworth & West Springs

Elected Officials



**Councillor Richard Pootmans
Ward 6 Office**

P.O. Box 2100, Station M
Calgary, AB, Canada T2P 2M5
Phone: 403-268-2430
Fax: 403-268-3823
Email: ward06@calgary.ca
Web: www.calgary.ca/ward6



**Mike Ellis
MLA, Calgary-West**

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Email: calgary.west@assembly.ab.ca



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MLA, Calgary-Bow**

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Email: calgary.bow@assembly.ab.ca

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Last 12 Months Springbank Hill
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2016	\$819,900.00	\$795,000.00
March 2016	\$743,000.00	\$720,000.00
February 2016	\$724,000.00	\$696,000.00
January 2016	\$564,900.00	\$547,500.00
December 2015	\$824,450.00	\$787,500.00
November 2015	\$799,900.00	\$750,000.00
October 2015	\$1,044,400.00	\$1,012,000.00
September 2015	\$879,950.00	\$857,500.00
August 2015	\$684,900.00	\$656,500.00
July 2015	\$699,000.00	\$690,000.00
June 2015	\$799,450.00	\$797,200.00
May 2015	\$749,450.00	\$752,500.00

Last 12 Months Springbank Hill
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
April 2016	23	11
March 2016	24	18
February 2016	22	7
January 2016	15	1
December 2015	5	4
November 2015	15	1
October 2015	10	2
September 2015	13	2
August 2015	15	9
July 2015	18	11
June 2015	22	14
May 2015	12	10

To view the specific SOLD Listings that comprise the above
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FREE STAMPEDE BREAKFAST

**Sun July 9
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SCA Community Association
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Hosted by Centre Street Church

- Balloon animals
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Fostering Friendship with **The McLeod Family**

The McLeod family is all about family time. Mom (Jennifer), and Dad (Bram), always make sure to spend as much time with their adorable children, Kennadi and Levi, whenever they can – even while both of them run separate small businesses. Jennifer is the owner of Alive Danceworks, a dance studio in the new west side shops (on the corner of Old Banff Coach Rd and 85th street). Her studio is all about the love of dancing; they believe that dance is for everyone. From babies to adults, their motto is practiced throughout all the styles they offer. Alive Danceworks is all about community and wanting everyone to feel welcome and comfortable in their space. On top of having recreational classes, Alive Danceworks offers competitive and intensive programs, as well as yoga! The studio definitely keeps Jennifer busy, but family always



comes first for her, and when she isn't working she is taking Kennadi and Levi to the zoo and Telus Spark, or playing make-believe in their beautiful home located in SW Calgary. When Jenn is at the studio (both teaching classes and running the studio), her husband Bram is hanging out with the kids. Bram also owns his own small business, McLeod Coatings, which provides exterior and interior painting to homeowners and small businesses.

Throughout the week, this beautiful family is attending Kennadi's dance classes, having play dates with cousins, and visiting their grandparents. They always make sure to have a family fun day during the week. This active and fun little family loves spending time together, so their best days are when they can all be together doing something they love. This family fun day starts right in the morning and always begins with homemade pancakes and bacon (the kids' favourite breakfast). Then the kids head straight for their play room where they have some very cool toys! After the dishes are done, Mom and Dad usually end up in the play room, too, making Kennadi and Levi giggle and laugh at their antics. Soon

it's time to get ready for their day and that means picking out their own clothes (something that 4 year old Kennadi adores). Levi plays with the trucks in his room while Kennadi takes her time getting dressed and getting her hair done by mom. Once everyone is ready for the day, it's time to gather coats, shoes, and snacks. Kennadi and Levi happily climb into their car seats with excited smiles on their faces. After a quick drive to the Telus Spark science museum, everyone is ready to play and discover all the cool things that this awesome place has to offer.

The science museum has so much to see and do that the kids don't know where to start! They spot a jungle gym and head straight for it. Kennadi has no problem maneuvering the climbing, but she always makes sure to help little Levi up the big steps. Next, Levi heads to the climbing wall where, with a bit of help from his dad, he climbs right to the top! Kennadi makes a beeline for the theatre where she can perform on the stage while mom controls the spotlight for her. Eventually Bram

~continued next page~



and Levi join them for a family performance! There are so many fun things to play with that everyone spends a little time at each station; spelling words, building castles, riding in boats, and going through obstacle courses. Once it starts to get really busy (as it tends to do at the science museum), the McLeod's head to a different attraction where they learn all about rocks. After cleaning rocks and watching them float down the little river, the whole family heads to one of their favourite parts in Telus Spark: the dance floor! This is a special dance floor where the goal is to charge a whole battery and you do so by jumping and dancing on the floor. With a little help from mom and dad, Kennadi and Levi charge the battery right up. They keep dancing and charging the battery and soon other kids join them. They have an absolute blast jumping and playing on the dance floor, but all that work makes the two little ones very thirsty and hungry!



Bram, Jennifer, Kennadi, and Levi all head up to the cafeteria to get some lunch. They sit and eat as a family, all the while sharing the delicious snacks they picked up. Once they have finished their lunch, it's time to head home for a little family quiet time and maybe even nap time too.

These family days are so much fun for kids and parents alike and it's definitely something that Kennadi and Levi will always cherish. They will remember all the times mom and dad would make their favourite breakfast and then take them somewhere special, where all they had to do was have fun.

The McLeod family loves being a part of their community. From Cougar Ridge to Aspen Landing, they love the family feel of the neighbourhood and all the amazing people and neighbours that make this SW community their home.

To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to AS@great-news.ca



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Aspen Woods Real Estate Update

277 Strathcona Drive SW Calgary, Alberta, T3H 2A4
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www.scacalgary.ca

Last 12 Months Aspen Woods

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2016	\$1,046,999.50	\$1,022,500.00
March 2016	\$903,950.00	\$882,500.00
February 2016	\$1,250,000.00	\$1,060,000.00
January 2016	\$1,159,900.00	\$1,140,500.00
December 2015	\$713,500.00	\$684,750.00
November 2015	\$775,000.00	\$747,000.00
October 2015	\$942,450.00	\$900,900.00
September 2015	\$819,000.00	\$770,000.00
August 2015	\$925,000.00	\$898,000.00
July 2015	\$998,000.00	\$990,000.00
June 2015	\$859,900.00	\$837,250.00
May 2015	\$789,999.50	\$770,000.00

Last 12 Months Aspen Woods

MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
April 2016	22	14
March 2016	20	10
February 2016	18	9
January 2016	19	2
December 2015	7	4
November 2015	16	5
October 2015	11	6
September 2015	15	9
August 2015	17	8
July 2015	25	21
June 2015	25	10
May 2015	14	12

To view the specific SOLD Listings that comprise the above MLS averages please visit aspen.great-news.ca

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Name	Age	Contact	Course
Aida	16	403-852-6410	Yes
Alexi	15	403-836-5291	Yes
Andrea	40	403-796-7840	Yes
Angelica	20	403-805-2008	Yes
Brodie	14	403-805-1469	Yes
Christoph	24	587-998-6172	Yes
Ellen	14	403-240-0165	Yes
Eugene	18	403-703-4488	Yes
Glenda	36	403-478-9693	No
Harvinder Kaur	31	587-830-6217	Yes
Ijeoma	14	587-580-7791	Yes
Jenny	16	403-890-6588	Yes
Jonathan	16	403-532-2668	Yes
Kashish	15	403-909-6936	No
Katherine	15	403-835-4547	Yes
Lauren	16	587-215-6198	Yes
Lisa	22	403-680-8696	No
Madison	13	403-830-9326	Yes
Marites	40	403-891-3771	No
Megan	16	403-970-6836	Yes
Melanie	13	403-532-2668	Yes
Nermeen	31	403-827-0792	No
Paige	14	403-241-0487	Yes
Patricia	14	403-804-4202	Yes
Rowan	18	587-707-2542	Yes
Yvette	14	403-217-5191	Yes
Zandra	21	403-828-8259	No

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www.wscr.ca
Last 12 Months West Springs
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2016	\$798,000.00	\$770,000.00
March 2016	\$549,900.00	\$537,250.00
February 2016	\$744,000.00	\$720,000.00
January 2016	\$823,999.50	\$792,800.00
December 2015	\$644,900.00	\$630,000.00
November 2015	\$939,950.00	\$933,500.00
October 2015	\$666,000.00	\$649,000.00
September 2015	\$650,000.00	\$640,000.00
August 2015	\$557,400.00	\$548,750.00
July 2015	\$699,000.00	\$691,000.00
June 2015	\$629,900.00	\$622,000.00
May 2015	\$594,944.00	\$590,000.00

Last 12 Months West Springs MLS Real Estate
Number of Listings Update

	No. New Properties	No. Properties Sold
April 2016	29	17
March 2016	28	16
February 2016	23	11
January 2016	23	8
December 2015	10	7
November 2015	14	12
October 2015	15	4
September 2015	14	11
August 2015	19	20
July 2015	22	15
June 2015	29	25
May 2015	26	22

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Last 12 Months Cougar Ridge

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2016	\$559,000.00	\$544,250.00
March 2016	\$525,000.00	\$520,000.00
February 2016	\$509,900.00	\$493,500.00
January 2016	\$544,900.00	\$529,500.00
December 2015	\$549,900.00	\$532,000.00
November 2015	\$524,900.00	\$519,000.00
October 2015	\$545,900.00	\$540,000.00
September 2015	\$549,900.00	\$555,555.00
August 2015	\$659,500.00	\$662,000.00
July 2015	\$562,400.00	\$554,250.00
June 2015	\$589,000.00	\$561,500.00
May 2015	\$607,000.00	\$600,000.00

Last 12 Months Cougar Ridge

MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
April 2016	18	8
March 2016	11	21
February 2016	15	5
January 2016	19	3
December 2015	9	3
November 2015	7	7
October 2015	9	7
September 2015	11	5
August 2015	11	7
July 2015	7	12
June 2015	11	16
May 2015	17	8

To view the specific SOLD Listings that comprise the above
MLS averages please visit cougar_ridge.great-news.ca

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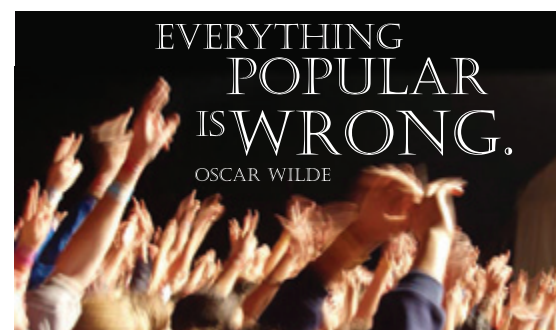


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For more information, visit calgary.ca/parksevents.



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Eileen Badowich, CAward6@calgary.ca
www.calgary.ca/ward6 • f t

Hello,

I wanted to thank you for attending our four Councilor Chats and Ward 6 Open House! Thank you for the chance to connect with you and hear your concerns, suggestions, what we are doing well, and what we could be doing better. If you were unable to make it and have any questions or concerns you can email me at richard.pootmans@calgary.ca.

In 2013, Calgary endured one of the biggest and costliest natural disasters in history. Calgarians joined together to help each other during and after the flood. I saw what was achieved when neighbours and communities united to collectively support those in need. To celebrate our spirit and resiliency, Neighbour Day was established for Calgarians to commemorate our neighbours and instill that same sense of community exhibited during this disaster. Held annually on the third Saturday of June, join your neighbours on June 18, 2016 at a #yycNeighbourDay or a Stampede BBQ event. Visit calgary.ca/neighbourday for your event planning guide and ideas. See you there!

Events in Ward 6

Saturday June 18th

Glamorgan Neighbour Day Family Fun Event
9 a.m. to noon (4207 41 AV SW)

Strathcona/Christie/Aspen

Neighbour Day Stampede Breakfast
9 to 11:30 a.m. (277 Strathcona DR SW)

Glenbrook

Get Moving YYC Scavenger Hunt & Hot Dog Roast
11 a.m. (3524 45 ST SW)

Springbank Hill

Soccer Wind-Up & Neighbour Day BBQ
11:30 a.m. to 2:30 p.m. (Springbank Hill Playground - Springbank BL & 26 AV SW)

Coach Hill

Odyssey Towers rooftop Neighbour Day BBQ
3 p.m. (7030 Coach Hill RD SW)

Sunday June 19th, 2016

Discovery Ridge

Neighbour Day Stampede Breakfast
8:30 to 11 a.m.

(Discovery Ridge Plaza - 10 Discovery Ridge HL SW)

Saturday July 9th, 2016

Glendale

Stampede Breakfast
9 a.m. (2405 Glenmount DR SW)

Signal Hill

Westside Stampede Caravan Breakfast 9 to 11 a.m.
(Westside Recreation Centre - 2000 69 ST SW)

West Springs/Cougar Ridge

Charity Stampede Breakfast
9 a.m. to noon (West Springs Village - 85 ST & 9 AV SW)

Monday July 11th, 2016

Coach Hill/Patterson Heights

Stampede Breakfast
8:30 a.m. (Coach Hill Plaza - 6450 Old Banff RD SW)

BRAIN GAMES SUDOKU

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FIND SOLUTION ON PAGE 32



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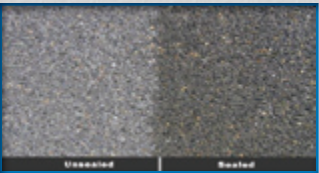
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On April 14th of this year, our government put forward Budget 2016: The Alberta Jobs Plan. The Alberta Jobs Plan has four major goals:

- support Alberta families
- invest in infrastructure,
- diversify our energy markets and
- Strategically support Alberta businesses.

Unfortunately I don't have the space here to discuss every pillar of the budget strategy in detail. Please join my e-newsletter mailing list for more information. Email Calgary.bow@assembly.ab.ca to sign up.

The impact of the global collapse in the price of oil can be felt all across the province. Here in Calgary – Bow, through my telephone town hall, meetings in my office and around the constituency many of you have shared with me the steps you've taken to see your family through. Albertans have told us that their priorities are controlling spending while ensuring that every tax dollar is spent wisely. You also want to see your government creating jobs for our unemployed and skilled workers and fostering economic diversification.

Through this budget our government will help families by funding supports like the new Alberta Child Benefit, which will provide up to \$2,750.00 per family each year to Alberta's most vulnerable families. A 25M boost to the Alberta Family Employment Tax Credit along with an increased income threshold will provide working families with up to \$2,012.00 in annual assistance. These two measures alone are projected to add or increase support to 380,000 children and almost 200,000 families.

Our government has heard requests from many Albertans for new infrastructure or upgrades to existing infrastructure. Our ambitious and well thought out five year plan allocates \$34.8B to stimulate the economy, keep people working and build roads, schools and hospitals. \$3.13B has been allocated for projects related to continuing care, affordable housing, schools and school modernizations. One of those projects is the

modernization of Bowness High School, and I have been assured that Alberta Education is working closely with the Calgary Board of Education (CBE) to ensure that the modernization of Bowness High School fulfils the programming goals of the project as originally set out by the school jurisdiction. I will continue to advocate for the needs our students and parents in Calgary – Bow.

In other constituency news, I have had the chance to build on my relationships with our schools, our seniors' organizations and create new connections with those of you who have attended my meet and greets which have been booked all around the constituency.

A major highlight for me was my meeting with a group of teachers from Bowness High which was put together by the Political Action Committee of the Alberta Teachers Association. I sat in on classes, and talked with teachers and staff about class room sizes and other ways of meeting the needs of their students. It was a very informative morning, and I enjoyed my time with these dedicated front line workers.

Through April and May I have met with many people from across the constituency, and I would like to thank you for sharing your personal stories, experiences and your concerns with me. On June 4 from 2-4 p.m. I will be hosting a town hall at the Irish Cultural Society and I hope to see you there.

May 5th marked the beginning of my second year as MLA for Calgary – Bow. I will continue to build on the experience I've gained over the course of my term to support the needs and advocate for our community. As I have promised, I will continue to listen to you, learn from you and work hard on your behalf.

Please tune into my Facebook and Twitter for daily updates, or contact my office should you require some assistance. My door is always open.

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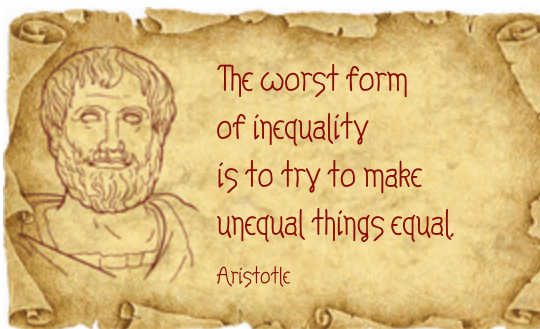
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I want to begin by expressing my profound sympathy to all our fellow Albertans in Fort McMurray and area who were impacted last month by the terrible wildfires. I would encourage constituents who have not done so to donate to the Red Cross on behalf of those affected by this terrible tragedy. There is no doubt that this year has been a difficult one for many families in Alberta, nevertheless I hope that you will each be able to find time to enjoy the warm weather with loved ones and family over the coming months.

I also want to thank the many of you that have emailed, called, or sent comment cards in about my first installment of *The Hill Report* which went to every mailbox in the riding last month. *The Hill Report* is one of the ways I am trying to keep you up to date to the happenings in Ottawa, and share with you my perspective on what I'm hearing. As always, your feedback on the report or anything else is welcomed and appreciated.

As you may know, the House of Commons recently passed legislation surrounding the legalization of medical assistance in dying. This is a deeply personal and emotional topic and how to vote on bill C-14, which was the Government's legislation on the matter, weighed heavily on my mind. Over the past months, I have been attempting to reach out to as many constituents as possible to hear your thoughts on the new legislation. You may recall receiving either a telephone call from me last month or an email, a message in *The Hill Report* and/or an advertisement on Facebook asking for your feedback. I am deeply grateful to the hundreds of constituents that responded to my survey.

I have posted a "What I Heard" document, outlining the results of the survey, on my website www.ronliepert.ca. The position of constituents in Calgary Signal Hill was very clear – 77% of respondents believe that legalizing medical assistance in dying is the right thing to do for Canada. A majority of you also felt that we needed to take a cautious approach with respect to contentious issues such as minors, advanced consent, and ensuring conscience rights of medical professionals are protected. In my opinion, the legislation that came before the house presents a very careful approach on those concerns. I believed strongly from the beginning that my vote should reflect your voice – and subsequently, I have voted in favor of the legislation.

your COMMUNITY BUSINESS OF THE MONTH

Blue Door Oil & Vinegar

Did you know some of the world's best, award-winning extra virgin olive oils and balsamics are available right here in our neighbourhood? Blue Door Oil & Vinegar carries one of Calgary's largest selections of olive oils and aged balsamic vinegars. Bruce and Courtney Gillis opened their shop nearly four years ago in West Springs and have since expanded to the Market at Symons Valley Ranch. The tasting room is filled with more than 75 vats called "fusti". With the turn of a spigot you can taste from the fusti and have a bottle filled with your favourite.

Inspired by their love of cooking delicious, nutritious food with fresh, good quality ingredients, Bruce and Courtney began learning about olive oil - its uses, its health benefits, how to cook with it and how to determine what makes a good olive oil. They discovered good olive oil is hard to come by.

When olive oil is fresh, properly crushed and made with high quality olives picked at the right time, not only does it taste amazing, but the health benefits are extensive. It is the cornerstone of the Mediterranean diet, and many of the health-promoting effects of this diet have been attributed to olive oil consumption. Olive oil's therapeutic qualities include a reduction of risk factors of coronary heart disease, the prevention of cancers, and alterations of immune and inflammatory responses.

What's on the shelves at the grocery stores can be misleading. The unfortunate truth - although a bottle may be labelled "extra virgin olive oil", it is often mass produced and made from poor quality olives, sometimes rancid, and in the worst cases even cut with cheaper oils. That means taste and health benefits are compromised. Each of the oils at Blue Door goes through third party lab testing and analysis to ensure its authenticity and quality.

Balsamic vinegars are subject to the same type of fraud! Real balsamic is made from aged grape must. That's it. No added sugar, thickeners or coloring. Unfortunately, a lot of the products being sold as balsamics aren't balsamics at all, or they are loaded with added ingredients.

In a world where fast, convenient, highly processed foods devoid of nutrients have become the norm, Bruce and Courtney feel that offering people simple and quick cooking tools and techniques is more important than ever. Their products make creating nutritious family meals easy and fun. With delicious flavoured oils like herbes de Provence, garlic and blood orange and fun balsamics like black cherry, Sicilian lemon and espresso, taking your cooking up a notch is simple!

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9	1	5	6	7	8	3	4	2

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Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
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Foothills Hospital	403.944.1110
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Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication
Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

CASTLE KEEP RESIDENTS' ASSOCIATION ANNUAL GENERAL MEETING: Monday, June 6, 2016, 7:00 pm
 West Springs Co-op Shopping Centre 917 - 85 Street S.W. Meet in the upstairs "Community Room" All welcome!

news@great-news.ca

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IN & AROUND CALGARY

World Elder Abuse Awareness Day

World Elder Abuse Awareness Day is recognized on June 15. During Seniors' Week conversation cafes about elder abuse, its incidence, impact on community and resources for Calgarians will be held around Calgary.

World Elder Abuse Awareness Day events culminate in a public gathering at Olympic Plaza on June 15, from noon to 1 p.m. Join with other Calgarians to listen to speakers and raise the public awareness about elder abuse. Bring your lunch and wear purple to show your support.

Visit calgary.ca/seniorsweek for event information.

Insect Trivia



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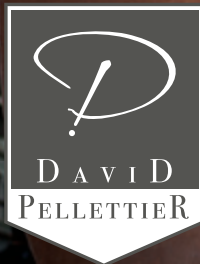
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