

JUNE 2016

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THE OFFICIAL BANKVIEW COMMUNITY NEWSLETTER



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## Bankview Community Association

2418-17 St. SW  
Calgary, AB T2T 4M8  
Phone: (403) 244-2544  
[bankviewcommunity@gmail.com](mailto:bankviewcommunity@gmail.com) | [www.bankview.org](http://www.bankview.org)

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## NEWSLETTER AD SALES

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# BANKVIEW.

## BANKVIEW COMMUNITY ASSOCIATION

2418 – 17th Street S.W., Calgary, AB. T2T 4M8  
Phone: 403-244-2544 • bankviewcommunity@gmail.com  
Hall Manager: Graham Doyle, 403-245-2658

### Board of Directors 2014-2015

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President	Jarett Henderson
Vice-President	Open
Treasurer	Gail Simper
Secretary	Open

#### DIRECTORS TITLE - COMMITTEES

Fred Clemens	
Kendall Moholtny	
Mike Sander	Garden
Talicia Wagner	Chair, Development Committee
Janice Walsh	

#### SUB-COMMITTEES

Development	
Talicia Wagner	Chair
Richard Burke	
Bob Merchant	
Virginia Von Hahn	
Jeremy Sturgess	
Michael Waite	

GOVT. CONTACTS	ADDRESS	BUSINESS	POSITION	EMAIL ADDRESS
Jenna Findlater	Neighbourhood Partnership Coordinator	403.476.7277	Com. Rec. Coordinator	jenna.findlater@calgary.ca
Joy Norstrom	City of Calgary-Neighborhood	403.809.8378	Community Social Worker	joy.norstrom@calgary.ca
Kent Hehr	Calgary	587.575.3114	MP	kent.hehr@parl.gc.ca
Brian Malkinson	Calgary		MLA	calgary.currie@assembly.ab.ca
Evan Woolley	Calgary	403-268-2430	Councillor, Ward 8	evan.woolley@calgary.ca

*Please check the Facebook page for dates  
of monthly Board Meetings*

## Volunteer Recognition

Bankview community wishes to extend a special recognition to the tireless efforts of **Capri Rasmussen**, a past board member, for her contributions in the design of the community website. With the assistance of her husband, Jason, they took many pictures of our community landmarks which are posted on the website.

In addition to this welcome asset to our community, Capri initiated our Facebook page and works continuously to maintain our links to the community through communication. Thank you Capri for a most professional job well done... Check us out @www.bankview.org.



## Bankview Annual General Meeting



Like most good parties, as our AGM social came to a close on Saturday night the board found themselves in the kitchen - chatting about all the happenings in Calgary Centre with our MP Kent Hehr.

As we move into our new year of great community events and engagement we'd like to thank all of our



public representatives - Councillor Evan Woolley, MLA Brian Malkinson, and Hon. Kent Hehr - for taking the time on a Saturday evening to come by and show their support!

Working together we'll continue to make Bankview an incredible place to live and work.

## Bankview Annual General Meeting A special Thank-you

We would like to take a moment to extend our sincere thanks to our local **Little Caesars Pizza (1705C 17 AVE SW)** for sponsoring the pizza at our AGM on **Saturday, April 23, 2016.**

After their participation in February's Bankview Business Bingo they were keen to express their support for more community initiatives and they quickly came on board to provide us a bite to eat after the AGM.

We're very lucky to have small businesses in Bankview who recognize the importance of community.

The next time you're looking to feed your pizza craving-be sure to show them your support and ring them up: (403) 244-2777.

**Bankview Good Food box**

20 lbs. box : \$25 • 30 lbs. box : \$30  
40 lbs. box : \$35

<b>Payment Date:</b> *cash only*	<b>Pick-up Date:</b>
Monday, June 6	Wednesday, June 15

**Drop off payment:** 6:00pm - 8:00pm  
at 1451-21 Ave. SW  
Pick up box: Between 10:00am-noon or  
6:30-7:30pm at 1451-21 Ave. SW  
Phone Joy for more information!  
403-476-7282



# BANKVIEW

Following a unanimous vote at our April AGM, the Bankview Community Association is pleased to announce that memberships for the 2016-2017 year will be FREE!

To get yours, simply visit [www.bankview.org/membership/](http://www.bankview.org/membership/) and complete the form reproduced below. We thank you for your enthusiasm, support, and look forward to seeing you at upcoming #BankviewCA events!

## COMMUNITY MEMBERSHIP



### Everyone is Welcome

Become a Bankview Community Association member today by providing your information on the right.



### Future Correspondance

The email address provided will be our main point of contact for communications related to the Bankview Community Association.



### Your Privacy

We respect your right to privacy and the information provided will only be used by the Bankview Community Association.



### Having Difficulty?

Please note that if you have autofill turned on in your browser it can sometimes create problems. Try turning it off and filling out the form again. You may have to wait a few minutes and try again.

Email Address

\* indicates required

First Name

Last Name

Address

Address Line 2

City

State/Province/Region


Postal / Zip Code

Country

Phone Number

Subscribe

# JUNE COMMUNITY EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>AM</b>			<b>1</b> Seniors Fitness Class 10 am - 12 noon Jenn 403-476-7284	<b>2</b> Yoga with Valerie 403-243-3003 9am - 1 pm	<b>3</b>	<b>4</b> Brady Academy of Irish Dance 403-630-3384 10 am - 12 noon
<b>PM</b>				Brady Academy of Irish Dance 403-630-3384 6 - 9 pm Acting Lessons		
<b>5</b> Christ Power Bible Church 10 am-12:30 pm Pastor Rufus Akinwusi 587-700-0220	<b>6</b> Yoga with Valerie 403-243-3003 9am - 1pm	<b>7</b> Yoga with Valerie 403-243-3003 9am - 11am	<b>8</b> Seniors Fitness Class 10 am - 12 noon Jenn 403-476-7284	<b>9</b> Yoga with Valerie 403-243-3003 9am - 11am	<b>10</b>	<b>11</b> Brady Academy of Irish Dance 403-630-3384 10 am - 12 noon
	Bankview DP Meeting Board Room 7:00 - 9:00 pm	Brady Academy of Irish Dance 403-630-3384 6 - 9 pm	Bankview Board Meeting 7:00 - 9:00 pm	Brady Academy of Irish Dance 403-630-3384 6 - 9 pm Acting Lessons		
<b>12</b> Christ Power Bible Church 10 am-12:30 pm Pastor Rufus Akinwusi 587-700-0220	<b>13</b> Yoga with Valerie 403-243-3003 9am - 1pm	<b>14</b> Yoga with Valerie 403-243-3003 9am - 11am	<b>15</b> Seniors Fitness Class 10 am - 12 noon Jenn 403-476-7284	<b>16</b> Yoga with Valerie 403-243-3003 9am - 11am	<b>17</b>	<b>18</b> Brady Academy of Irish Dance 403-630-3384 10 am - 12 noon
		Brady Academy of Irish Dance 403-630-3384		Brady Academy of Irish Dance 403-630-3384 6 - 9 pm Acting Lessons		
<b>19</b> Christ Power Bible Church 10 am-12:30 pm Pastor Rufus Akinwusi 587-700-0220	<b>20</b> Yoga with Valerie 403-243-3003 9am - 1pm	<b>21</b> Yoga with Valerie 403-243-3003 9am - 11am	<b>22</b> Seniors Fitness Class 10 am - 12 noon Jenn 403-476-7284	<b>23</b> Yoga with Valerie 403-243-3003 9am - 11am	<b>24</b>	<b>25</b> Brady Academy of Irish Dance 403-630-3384 10 am - 12 noon
	Pat Gomes 403-247-1509 7 - 10 pm	Brady Academy of Irish Dance 403-630-3384 6 - 9 pm		Brady Academy of Irish Dance 403-630-3384 6 - 9 pm Acting Lessons		
<b>26</b> Christ Power Bible Church 10 am-12:30 pm Pastor Rufus Akinwusi 587-700-0220	<b>27</b> Yoga with Valerie 403-243-3003 9am - 1pm	<b>28</b> Yoga with Valerie 403-243-3003 9am - 11am	<b>29</b> Seniors Fitness Class 10 am - 12 noon Jenn 403-476-7284	<b>30</b> Yoga with Valerie 403-243-3003 9am - 11am		
		Brady Academy of Irish Dance 403-630-3384 6 - 9 pm		Brady Academy of Irish Dance 403-630-3384 6 - 9 pm Acting Lessons		





## Just Say Hi!

A message from the Federation of Calgary Communities

Welcoming new neighbours or introducing yourself to those you haven't met yet is a great way to establish neighbourly relationships. People who know each other are more likely to look out for one another and help build and maintain a safe community.

Do you know the first name of at least five different neighbours? Would you be able to tell police the addresses of the houses around you in the event you witnessed suspicious activity? Could you ask a neighbour to borrow a cup of sugar or an egg for a cake you are baking? What about asking a neighbour to check in on the perimeter of your home while you're away? We sure hope you answered yes to a few of these questions! But, if not, take the plunge and just say hi! One of the easiest ways to increase safety in your community is to get to know your neighbours because people tend to look out for those that they know!

Don't forget, after introducing yourself, make the effort to wave, greet and chat with your neighbours regularly. This encourages friendly chit-chat and can make neighbours feel connected.

For more information or engagement ideas, visit our website at [calgarycommunities.com](http://calgarycommunities.com).

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**STAMPEDE BREAKFAST**  
**HOLEY COW BEER GARDEN**

**JULY 16<sup>th</sup>, 2016**

**Breakfast 9 – Noon**  
all welcome  
**Beer Garden 11 – 4**  
members and invited guests only  
membership is free  
sign up 'afore ya giddy up to the bar

**2418 – 17 ST SW**  
HUGE Bouncy House, Face Painting, Bouncy Balls  
for young'uns & grown'ups, 50/50 Draw,  
Door Prizes and more!  
**YAHOO! RAIN OR SHINE**  
Wanna be a Volunteer, too?  
[bankviewcommunity@gmail.com](mailto:bankviewcommunity@gmail.com)

## Floods, Woodlands & Bridges



*Laurens Philipsen, University of Lethbridge, from a presentation at the Bow River Basin Council Science Forum, February 2016 (printed with the permission of the author)*

After eight decades without a major flood, extreme rains in 2013 resulted in the highest recorded flows along the Bow and Elbow Rivers. This flood mobilized previously stable gravels and other alluvial sediments resulting in the transformation, expansion and/or creation of gravel bars and islands. These newly-formed surfaces provide an opportunity for the progressive colonization and succession of new riparian plant communities.

Although beneficial to the ecological health of this previously static system, newly establishing woodlands on gravel bars could pose a flood hazard. Woodland development at some locations might impede river flows and elevate overbank flooding and erosion during future floods. To investigate this prospect, the University of Lethbridge was tasked with analyzing and projecting post flood vegetation colonization along the Bow River as part of the Calgary Rivers Morphology Project\*. Using these predictions areas of concern for future potential river impediment were identified.

Although the study was limited to the Bow River in Calgary, flooding of the Elbow River at Mission Bridge in 2013 provides an example of where riparian woodlands forming around bridges can present a problem. Constructed in 1914 and 1915, the Mission Bridge spanned a small sparsely vegetated island. Over the years the island has become a woodland including balsam poplars. During the 2013 flood, these trees collected debris and formed a barrier that greatly reduced the capacity of the middle spans of the bridge to convey floodwaters. While overbank flooding at this location was inevitable given the volume of water, it is likely that the woodland at Mission Bridge elevated flooding.

Riparian areas along rivers and streams in Calgary present a natural environment for people to enjoy within

an urban setting. Preserving these areas is important. However, when vegetation begins to negatively impact infrastructure it might be necessary to control its development and thus avoid problems such as the flooding that occurred at Mission Bridge.

*\*Calgary Rivers Morphology Project, sponsored by the City of Calgary, and Alberta Environment and Parks Watershed Resiliency and Restoration Program*

*Formed in 2004, S2G+ Preservation Society collaborates to enhance the environment and natural history of the lower Elbow River, its valley and contiguous benchlands from the Glenbow Dam to Fort Calgary. To join our stewardship network email us at [S2Gplusinfo@gmail.com](mailto:S2Gplusinfo@gmail.com). Follow us on [facebook.com/S2Gplus](https://www.facebook.com/S2Gplus).*

## BRAIN GAMES SUDOKU

2		1	5					4
	9		1		3			
	6			4				
			9					6
7	5		3		2		1	9
8					6			
				9			5	
			4		5		7	
9					8	3		2

FIND SOLUTION ON PAGE 16

## JULY 8 TO 17 CALGARY STAMPEDE

Each year, more than one million visitors from across North America and around the world come to Calgary to experience the heart-stopping action of the world's richest Rodeo, featuring bull riding, barrel racing, and more. [www.calgarystampede.com](http://www.calgarystampede.com)



## JULY 21 TO 23 MILKY WAY NIGHTS

The Rothney Astrophysical Observatory is open to the public for night sky viewings for three nights this month. During this time of the summer, conditions are ideal for viewing distant galaxies, nebula and other planets. [www.ualgary.ca](http://www.ualgary.ca)



## JULY 30 SLIDE THE CITY

That bright green, 1,000-foot-long slip-and-slide will return to 10th Street N.W. at the end of July. Choose to slide down once or multiple times. [www.slidethecity.com](http://www.slidethecity.com)



## YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- **July 1 to September 4 - Legends of Rock N Roll:** Buddy Holly, Tom Jones, Neil Diamond and Elvis Presley perform classics like Delilah, Blue Suede Shoes and many more. [www.stagewestcalgary.com](http://www.stagewestcalgary.com)
- **July 17 - Park Day and Creekfest:** This annual event is a celebration of Alberta's natural areas. The whole family is invited to come to the park to learn how to protect our watersheds and respect the provincial park. [www.friendsoffishcreek.org](http://www.friendsoffishcreek.org)
- **July 19 to 24 - Newsies:** This high-energy musical is based on the true events of the 1899 Newsboys Strike. The show centres around a group of struggling "newsies." [www.calgary.broadway.com](http://www.calgary.broadway.com)
- **July 21 to 24 - Calgary Folk Music Festival:** This year is the 37th annual Calgary Folk Music Festival. Expect more than 70 different artists from around the world to perform on the various stages at Prince's Island Park. [www.calgaryfolkfest.com](http://www.calgaryfolkfest.com)
- **July 22 to 24 - Fiestaval Latin Festival:** This free, family-friendly festival is a multicultural celebration of Latin American culture. [www.fiestaval.ca](http://www.fiestaval.ca)
- **July 23 and 24 - Pet-A-Palooza:** A pawty for fido is just what your summer was missing. Join us to meet over 80 exhibitors, local rescues, listen to live music, check out Running of the Bulls - French and English Bulldog Races! [www.petapaloozawest.com](http://www.petapaloozawest.com)
- **July 25 to 31 - Calgary International Blues Festival:** This year marks the 12th annual Calgary Bluesfest. It's a full week of celebrating the best of blues music, with workshops, concerts and special events. [www.calgarybluesfest.com](http://www.calgarybluesfest.com)
- **July 30 - Making a Murderer's Dean Strang and Jerry Buting:** The two defense lawyers are stopping in Calgary as part of their A Conversation on Justice tour. The two will do a Q&A session, discuss the Steven Avery case and talk about what it means in broader terms, too.
- **July 30 - Inglewood Sunfest:** This neighbourhood street festival includes activities that appeal to Calgarians of all ages. Expect live music, plenty of street performers, a Show and Shine and activities for the kids. [www.inglewoodsunfest.ca](http://www.inglewoodsunfest.ca)

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## IN & AROUND CALGARY

## YOUR CITY SECTION

Check out these important updates from The City of Calgary

Celebrate the contribution of Calgary seniors during Seniors' Week: June 6 - 12. Visit <a href="http://calgary.ca/seniorsweek">calgary.ca/seniorsweek</a> for events in your community.	<a href="http://calgary.ca/seniorsweek">calgary.ca/seniorsweek</a>
Neighbour Day (June 18) is an opportunity for neighbours to come together to celebrate our strong community spirit.	<a href="http://calgary.ca/neighbourday">calgary.ca/neighbourday</a>
Stuck on Deerfoot? Share your challenges and recommendations to make this road better at one of our open houses or online.	<a href="http://calgary.ca/deerfoot">calgary.ca/deerfoot</a>
Planning on doing some yard renovations this summer? Be sure to visit <a href="http://calgary.ca/homeimprovement">calgary.ca/homeimprovement</a> .	<a href="http://calgary.ca/homeimprovement">calgary.ca/homeimprovement</a>
Join with other Calgarians on June 23 to celebrate the Chief David Crowchild Memorial Awards. Learn more by searching Chief David Crowchild on <a href="http://calgary.ca">calgary.ca</a> .	Search Chief David Crowchild on <a href="http://calgary.ca">calgary.ca</a>
Bring the family to Canada's largest man-made wetland on Sunday, June 19 from 1 to 3 p.m. for free activities and entertainment at The City of Calgary's Park Fest!	<a href="http://calgary.ca/parksevents">calgary.ca/parksevents</a>
Floods, snowstorms, fires, power outages, telecommunication failures — these are just some of the natural, technological and human-induced events that Calgary needs to be prepared for, according to the recent Status of Emergency Preparedness report from the Calgary Emergency Management Agency (CEMA)	<a href="http://calgary.ca/cema">calgary.ca/cema</a>

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## IN & AROUND CALGARY



### Calgary Community Standards River Safety Tips

Your safety and the safety of others should always be top of mind. Rafters, boaters and paddlers need to be aware of water levels, temperature, current speed, cloudy water conditions, and river hazards including bridge abutments, trees and other large debris in the water that can catch, trap or overturn vessels.

Being impaired while on the water is never tolerated, nor is the transport or consumption of alcohol.

#### Always be prepared

Your safety is your responsibility. All river passengers must wear a life jacket or personal flotation device (PFDs) on the water. Make sure it fits well and is fastened properly. All river vessels must also have a sounding device such as a whistle, and a buoyant heaving line (throw-bag) no less than 15 metres long.

Always tell someone where you are going and when you expect to return. Arrange drop off and pick up points before you enter on the river. Leave emergency contact phone numbers with someone who can report that you are overdue.

#### Be aware of river conditions

Although our City rivers may appear calm in some areas, this isn't always the case. The City has tools and resources available to help Calgarians check river conditions before you begin your trip. If river flows are high, especially after a major rainfall, postpone your trip until the flows have returned to safer levels. Keep in mind that flows can change quickly.

Visit [calgary.ca/floodinfo](http://calgary.ca/floodinfo) for the latest information including flood advisories. You can also subscribe to our weekly newsletter and download the Alberta Rivers: Data and Advisories mobile app.

### EMS: Backyard Play Safety

With summer approaching, Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children. Although direct supervision is the best method to reduce the chance of injury, ensure your play equipment in your yard is in good repair and is suitable for the age and skill of the children using it. Check play equipment often; replace or repair any worn or broken parts. Set up play equipment over top a nine inch layer of shock-absorbing material such as sand, wood chips, or pea gravel which extends six feet out in all directions from the play area.

#### Water hazards

- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water if it covers their mouth and nose;
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres (\*) high and have a self-latching, self-closing, lockable gate. (\*Alberta Building Code)

#### Lawn and garden tools

- Keep young children away from outdoor power equipment;
- Serious burns may result from touching hot engine surfaces;
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

#### Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
- Consider destroying or relocating hives and nests situated near your home;
- To avoid injury through inadvertently stepping on a stinging insect always wear footwear outdoors;
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.



## IN & AROUND CALGARY

### The scoop on dog poop

With 150 public off-leash areas and over 100,000 dogs in our city, it's clear Calgarians love their canine companions. What isn't to love is the stinky situation left behind when owners don't pick up after their pets.

Cleaning up your dog's waste helps keep our yards, parks and off-leash areas safe and healthy, and is part of being a responsible pet owner.

Here are five facts you may not know about doggy doo-doo:

1. It's classified as a hazardous pollutant. It's in the same category as toxic chemicals!
2. It's crawling with E. coli and often contains roundworm larvae which, if ingested by humans or dogs, can lead to brain, eye and other organ damage.
3. It's not a good fertilizer. Its high nutrient content is toxic to lawns and will create "hot spots" causing the grass to burn and discolour.
4. It doesn't absorb into the soil, so the risk of spreading its harmful effects can linger for years!
5. It attracts mice, coyotes and other wildlife that consider it a delicious snack.

Keeping our city pet-waste free is easy, if we all do our part. Always carry pet waste bags with you when you walk your dog, and pick up and properly dispose of your pet's waste as soon as possible.

To learn more about the importance of picking up after your pet, join us at a P.U.P.P.Y. (Pick Up Pooch's Poo Yourself) event near you. Visit [calgary.ca/puppy](http://calgary.ca/puppy) for details.

### Property Tax Assistance Program

Property Tax Assistance Program: Help is available. The City of Calgary may provide a grant/credit of the increase in residential property taxes from 2015 to 2016.

To be eligible, the applicant must:

- Experience an increase in property taxes from 2015 to 2016.
- Live in the principal residence for a minimum of one year.
- Own no other property.
- Must meet low income guidelines of the Fair Entry Program. Visit [calgary.ca/FairEntry](http://calgary.ca/FairEntry) or call 311.
- Provide an acceptable proof of household income for all members 18 years of age and older. Visit [calgary.ca/FairEntry](http://calgary.ca/FairEntry) or call 311.
- Apply for the grant/credit by Dec. 1, 2016. Visit [calgary.ca/FairEntry](http://calgary.ca/FairEntry) or call 311.
- Even if you are not eligible for the Property Tax Assistance Program, we may be able to help you access other community resources.

**Please note:** Even though an application has been made to the Property Tax Assistance Program, all property taxes must be paid in full by the due date, June 30, 2016, to avoid a seven per cent penalty.

For more information, or to apply, please contact 311 or visit [calgary.ca/FairEntry](http://calgary.ca/FairEntry).

### World Elder Abuse Awareness Day

World Elder Abuse Awareness Day is recognized on June 15. During Seniors' Week conversation cafes about elder abuse, its incidence, impact on community and resources for Calgarians will be held around Calgary.

World Elder Abuse Awareness Day events culminate in a public gathering at Olympic Plaza on June 15, from noon to 1 p.m. Join with other Calgarians to listen to speakers and raise the public awareness about elder abuse. Bring your lunch and wear purple to show your support.

Visit [calgary.ca/seniorsweek](http://calgary.ca/seniorsweek) for event information.

# your COMMUNITY business of the month

## Our Daily Brett Bankview Community

Our Daily Brett is owned by Calgary native, Brett McDermott. Brett has always loved food and planning events. During his undergrad in commerce, Brett worked part-time at restaurants and organized art shows and parties. About five years ago, Brett was engaged to build the catering arm of a local restaurant. When the restaurant had a fire, Brett decided to go out on his own. Brett started out by catering small



events and having a taco stand at summer festivals like Sled Island and Lilac Festival. He also became the private chef to a family, which ultimately led to him starting a meal delivery business, delivering nutritious meals to busy clients. A few years ago, a friend told Brett about the 14 Street Market space in Bankview and from there, the Our Daily Brett storefront concept was born.

Our Daily Brett is a boutique market and catering company located in Calgary's Bankview neighbourhood. The concept behind ODB is to provide good, honest food for people on the go. ODB focuses on grab-and-go food, including breakfast, lunch, snacks, and dinner items. For breakfast, ODB offers two types of "poached egg pots": Korean (think poached eggs, brown rice, house-made kimchi, scallion, sesame oil) and Californian (think poached eggs, brown rice, natural bacon, and avocado) as well as other grab-and-go items (such as granola pots with house-made yogurt and chia puddings with cashew cream). For lunch, ODB rotates between a variety of made-to-order sandwiches from falafel to short rib. All sandwiches are served on fresh bread baked daily by Manuel Latruwe and incorporate house-made condiments like smoked paprika ketchup

and sauerkraut. In addition to its sandwich menu, ODB has a small batch salad bar that is always stocked with flavourful, colourful salads and house-made ferments. Each afternoon from 4pm onwards, ODB stocks its grab-and-go cooler with a feature dinner for the day. The grab-and-go dinner menu is sent to newsletter subscribers weekly and is also available on at ourdailybrett.com. ODB also offers full-service catering and hosts private events around the harvest table in its market.

**Monday – Friday:** 8:00AM - 8:00PM

**Saturday:** 9:00AM - 6:00PM

**Sunday:** We're not currently open on Sundays, but we're working on it!

2509 14 Street SW



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### Youth Employment

In late April I read an article on the CBC's website speaking to the plight of students in Calgary trying to find summer work. I printed this article to share with the different members of my staff and fellow MPs on Parliament Hill. Let me tell you why.

That first job for a student or youth entering the workforce establishes valuable skillsets and experience, and in some cases are the beginnings of a career. This first chance builds confidence and makes a strong impact on their ability to serve their communities and build the society that we all share and enjoy. Providing these opportunities for success is one of our most important responsibilities.

First of all, investing in youth jobs and opportunities is part of our plan to help the middle class and those seeking to join it. Our investments from Budget 2016 will help support young Canadians, including vulnerable youth, Indigenous Canadians, immigrants, youth with disabilities, single parents, those who have not completed high school and others.

We will help create thousands of new green jobs, more summer employment, participation in the Skills Link program and employment in the heritage sector.

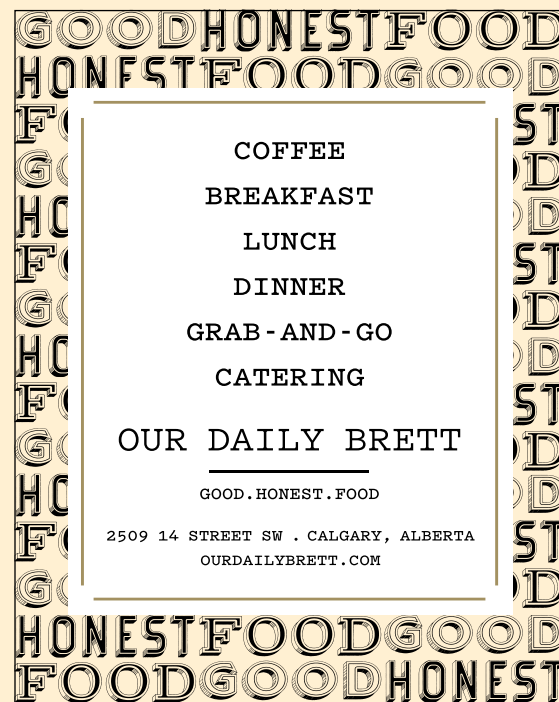
We've **doubled** the Canada Summer Jobs Program (from 35,000 jobs to 70,000 for 2016, 2017, and 2018). This program invests in local non-profits, local government, and small businesses to hire youth over the summer months. Places like the Trinity Foundation, Kerby Centre and the YWCA receive grants for hiring these students. This program has a proven track record – employing some 330,000 students since its inception – and supporting local organizations in their work in the community.

This is part of our \$105 million commitment over five years, starting in 2016–17, and \$25 million per year thereafter in support for youth service.

Further to this, our government has created the Prime Minister's Youth Advisory Council to provide advice on key issues such as employment and education, building stronger communities as well as climate change and clean growth. Oftentimes I've found the best policies and ideas come from those you're seeking to help, and this is one part of this listening to those in our communities.

These are investments in Canada's future: we're going to help our youth find jobs and get the best start possible to their careers.

As always, you can contact my office by email at kent.hehr@parl.gc.ca or by phone at 403-244-1880. My office is located at 950 6 Ave SW and my door is always open to you. You can follow my work in Parliament online at www.KentHehrMP.ca where you can watch clips of yours truly in question period and sign up for my e-newsletter.





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SUDOKU

2	3	1	5	6	7	8	9	4
4	9	8	1	2	3	5	6	7
5	6	7	8	4	9	1	2	3
1	2	3	9	5	4	7	8	6
7	5	6	3	8	2	4	1	9
8	4	9	7	1	6	2	3	5
3	7	4	2	9	1	6	5	8
6	8	2	4	3	5	9	7	1
9	1	5	6	7	8	3	4	2

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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## COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for the next month's publication.**

- Contact news@great-news.ca**
- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
  - ◆ Forty word limit

Name	Age	Contact	Course
Henry	15	403-719-8282	Yes
Izzy	17	403-483-1218	Yes
Sarah	17	403-671-7724	No
Rebecca	21	403-703-2219	Yes
Catherine	27	514-293-1395	Yes
Carla	33	403-890-9467	Yes
Victoria	33	587-216-3232	No

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Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).

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Summer is almost upon us and that means that Calgarians turn their eyes to one of the jewels in Alberta's crown: our natural environment.

When the thermometer cranks up in Calgary we look for ways to cool down. While some take to air conditioned movie theatres, others wander farmers markets in search of lemonade. Many however look outside the city to find an escape from the monotonous summer heat.

In Alberta we are privileged by the bounty of natural beauty right on our doorstep. From large natural parks right here in Calgary like Nose Hill and Fish Creek, to afternoon outings to Big Hill Springs, or day trips to Dinosaur Provincial Park and of course the abundance of parks and recreational areas throughout the Rockies and Foothills.

We protect them for our enjoyment today, but also to ensure that they are there for future generations. It would be a terrible thing if in 100 or more years from now, for people to look back and ask why we didn't do more to protect out fragile ecosystems.

The parks and protected areas of Alberta inspire people to discover, value, protect and enjoy the natural world and the benefits it provides for current and future generations.

Children who are exposed to the natural world take greater care of the natural world later in life. The learning that goes on in our wilderness teaches invaluable lessons, lessons that teach them to protect our watersheds, nurture our wildlife, and ensure that our natural bounty is here for the enjoyment of all, including the flora and fauna that grow and thrive there.

We as Albertans have inherited a world of transcendent beauty, let us make sure we do not spoil it. We may be the ones who live here now, the land is not ours, we are merely custodians of it for our children's children.

Get out there, enjoy and protect it Alberta's pristine wilderness. It's here for all of us and all future generations.

To learn more about our parks and how to access them, feel free to visit [www.albertaparks.ca](http://www.albertaparks.ca) or give them a call at 1-866-427-3582.



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**Neighbour Day**

One of my biggest goals when running for office was to build, nurture and grow diverse and activated neighbourhoods. While all of our communities might look different, the thing that makes Calgary so great is the people who live here. Passionate and engaged Calgarians are found in every corner of our city and it's been awesome to meet so many of them in my role as your City Councillor so far.

Our inner city and established communities are not only diverse in age, gender, income and ethnicity but also in what they value in a city. These different perspectives are a big part of the constant dialogue surrounding how we make our neighbourhoods better. Personally, I think the best way to increase and improve our city is to get to know each other.

Neighbour Day is held every year on the third Saturday of June and is an opportunity for neighbours to come together. The idea is to meet your neighbours, make new friends, have fun and maybe work together on a project that benefits the entire community. Whether you're having a front yard barbecue, a garden party, a street clean-up or setting up some games in a local park, I encourage you to be a part of the neighbourhood you want.

For every other day of the year, The City of Calgary offers a wide variety of community-based programs and special events for children, youth, families, adults and seniors across Calgary. There's a range of opportunities to take advantage of to help build strong and inclusive neighbourhoods where citizens are empowered, connected and involved.

Make Saturday, June 18 the day you get to know your neighbours! Visit [calgary.ca/neighbourday](http://calgary.ca/neighbourday) for ideas to help you celebrate or contact my office at 403-268-2431 or [ward08@calgary.ca](mailto:ward08@calgary.ca) for more information.



**Bankview Real Estate Update**

Last 12 Months Bankview

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2016	\$632,000.00	\$623,000.00
March 2016	\$514,900.00	\$492,500.00
February 2016	\$788,000.00	\$712,500.00
January 2016	\$609,900.00	\$600,000.00
December 2015	\$749,900.00	\$749,900.00
November 2015	\$875,000.00	\$836,000.00
October 2015	\$0.00	\$0.00
September 2015	\$859,800.00	\$870,075.00
August 2015	\$382,200.00	\$372,500.00
July 2015	\$344,950.00	\$336,250.00
June 2015	\$610,000.00	\$580,000.00
May 2015	\$493,444.00	\$466,000.00

Last 12 Months Bankview

MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
April 2016	7	2
March 2016	4	1
February 2016	4	1
January 2016	4	1
December 2015	2	1
November 2015	0	1
October 2015	1	0
September 2015	7	1
August 2015	4	2
July 2015	5	6
June 2015	3	1
May 2015	1	6

To view the specific SOLD Listings that comprise the above MLS averages please visit [bankview.great-news.ca](http://bankview.great-news.ca)

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