

APRIL 2017

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THE OFFICIAL BANKVIEW COMMUNITY NEWSLETTER



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 THE ART AND SCIENCE OF PURE ESSENCE AND PLANT ESSENCES

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IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

BANKVIEW.

BANKVIEW COMMUNITY ASSOCIATION

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 Hall Manager: Graham Doyle, 403-245-2658

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Kent Hehr	MP, Calgary Centre	kent.hehr@parl.gc.ca
Brian Malkinson	MLA, Calgary Currie	calgary.currie@assembly.ab.ca
Evan Woolley	Councillor, Ward 8, City of Calgary	evan.woolley@calgary.ca

GREAT NEWS PUBLISHING 28 YEARS

Did you know that your restaurant can put a menu in our newsletter?

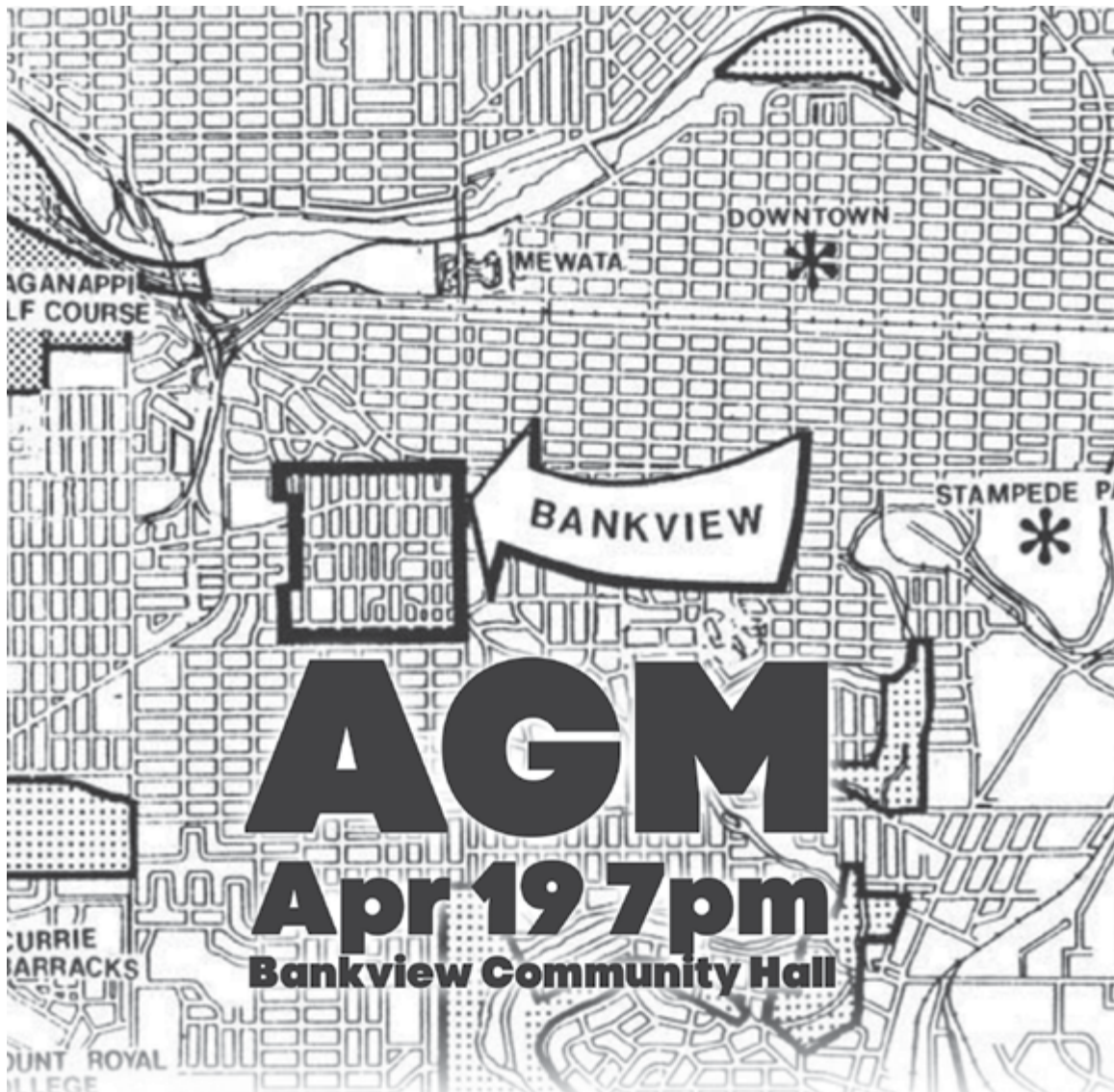
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91 Monthly Community Newsletters
 415,000 Households
 152 Calgary Communities

VOLUNTEERING
is good for the soul

Please check the Facebook page for dates of monthly Board Meetings



AGM

Apr 19 7pm
Bankview Community Hall

The Bankview “business in the front, party in the back” AGM.

The first 20 minutes of the meeting will be all business, highlighting our big successes this year, run down the financials and elect a new Bankview Board of Directors.

The rest of the meeting will involve interactive stations about our ongoing projects and a mix and mingle for attendees.

Light refreshments to be provided courtesy of Our Daily Brett.



PRESIDENT'S MESSAGE

I don't know where the year went, but my term as President has come to an end. I am so proud of all the things that your volunteer community association has accomplished. The next board will be entering their year with a signed lease with the City, job descriptions and terms of reference for every position and committee and a new three-year Business Plan.

In working with the committees and board members to dream big for events and infrastructure upgrades over the next three years, the thing I heard the most was not about money or resources (thanks to our long time volunteer Treasurer, Gail, we have a very healthy bank account) it was: “if only we had more people, we could do so many great things!” I think there is a perception that to be on the board or volunteer on a committee you have to have loads of free time or executive-level business experience, but I am proof that neither is true. With a new baby, a f/t job and two other volunteer roles, I was easily able to be Bankview President, thanks to the old adage of “many hands make light work.” So if you have concerns about our community, are frustrated by certain issues or have simply enjoyed an event and want more and better, why not affect change in a tangible way and consider volunteering with us?

This April 19, we will be electing three Executive positions (Secretary, Vice President and President) as well as a new Director of the Development Committee and looking to fill out our board's general positions. The AGM on April 19 will have a very short formal section where we vote and address business matters, but the rest will be a mix and mingle format. Neighbours can learn all about what we have been up to and what we have planned by visiting stations and enjoying Our Daily Brett appetizers (thanks ODB for your generosity!) along with a drink, or two!

So although I won't be seeking a second term as President, I will stay on the CA, volunteering in a general director position to work on a new initiative I am hoping to launch in partnership with Joy, our Community Social Worker. It will be called Open Studio at Bankview. On a regular basis, residents are invited to drop into the hall with their creative project and work alongside

like-minded neighbours, getting to know each other and being inspired by each other's work. So whether you are a knitter, quilter, graphic designer, poet, scrap booker, rainbow loom enthusiast, sketcher, sculptor or woodworker, stay tuned for Open Studio and come make with us!

Thank you so much for your support of the Bankview CA and your support of me as the President. I look forward to watching the next CA continue our work and implement new ideas, continuing to make Bankview a friendly, safe and inclusive place to live.

All the best,

Kate

president@bankview.org

BRAIN GAMES SUDOKU

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FIND SOLUTION ON PAGE 21

Sign up for a ***Free*** Bankview Membership in April to win a **2-week unlimited intro plan at Revive Lifestyle Fitness (59\$ value)**
www.bankview.org/membership/



Shout out to Revive for being fantastic neighbours

APRIL COMMUNITY EVENTS

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
							1
am							Brady Academy of Irish Dance 403-630-3384 10 am - 12 noon
pm							
	2	3	4	5	6	7	8
am	Christ Power Bible Church 10 am-12:30 pm Pastor Rufus Akinwusi 587-700-0220	Yoga with Valerie 403-243-3003 9am - 1pm	Yoga with Valerie 403-243-3003 9am - 1pm		Yoga with Valerie 403-243-3003 9am - 11am	Seniors Fitness Class 10:45 am - 12 noon	Brady Academy of Irish Dance 403-630-3384 10 am - 12 noon
pm			Brady Academy of Irish Dance 403-630-3384 6 - 9 pm	Tai Chi 6-8 pm	Brady Academy of Irish Dance 403-630-3384 6 - 9 pm		
	9	10	11	12	13	14	15
am	Christ Power Bible Church 10 am-12:30 pm	Yoga with Valerie 403-243-3003 9am - 1pm	Yoga with Valerie 403-243-3003 9am - 11am		Yoga with Valerie 403-243-3003 9am - 11am		Brady Academy of Irish Dance 403-630-3384 10 am - 12 noon
pm		Board Room DP Committee 7-9 pm	Brady Academy of Irish Dance 403-630-3384 6 - 9 pm	Tai Chi 6-8 pm	Brady Academy of Irish Dance 403-630-3384 6 - 9 pm		
	16	17	18	19	20	21	22
am	Christ Power Bible Church 10 am-12:30 pm	Yoga with Valerie 403-243-3003 9am - 1pm	Yoga with Valerie 403-243-3003 9am - 11am		Yoga with Valerie 403-243-3003 9am - 11am	Seniors Fitness Class 10:45 am - 12 noon	Brady Academy of Irish Dance 403-630-3384 10 am - 12 noon
pm			Brady Academy of Irish Dance 403-630-3384 6 - 9 pm	Bankview Annual General Meeting 7:00 - 9 pm	Brady Academy of Irish Dance 403-630-3384 6 - 9 pm		
	23	24	25	26	27	28	29
am	Christ Power Bible Church 10 am-12:30 pm	Yoga with Valerie 403-243-3003 9am - 1pm	Yoga with Valerie 403-243-3003 9am - 11am		Yoga with Valerie 403-243-3003 9am - 11am		Brady Academy of Irish Dance 403-630-3384 10 am - 12 noon
pm	Bankview Cleanup 10 am to 2 pm	Pat Gomes 403-247-1509 7 - 10 pm	Brady Academy of Irish Dance 403-630-3384 6 - 9 pm	Tai Chi 6-8 pm	Brady Academy of Irish Dance 403-630-3384 6 - 9 pm		
	30						
am	Christ Power Bible Church 10 am-12:30 pm						
pm							

BANKVIEW

April 23, 10 - 2pm
Bankview Community Hall

Bankview Community Cleanup

bankview.org/cleanup



April is National Poetry Month . . . share poems and rhymes as a family!

Hearing poems and rhymes from their earliest days helps children develop really critical pre-reading and communication skills. Keep reading and orally sharing nursery rhymes and poetry aloud together; it helps your child read better . . . and learn to love reading! Here is one of our favourite poems that we love to share:

Keep a Poem in Your Pocket

by Beatrice Schenk de Regniers

Keep a poem in your pocket
And a picture in your head
And you'll never feel lonely
At night when you're in bed.

The little poem will sing to you
The little picture bring to you
A dozen dreams to dance to you
At night when you're in bed.

So-

Keep a picture in your pocket
And a poem in your head
And you'll never feel lonely
At night when you're in bed.

Tips for sharing poetry with your child

- Start a tradition of reading a poem before bed every night
- Play a game of finding words that rhyme
- Younger children enjoy 'sing-song' poems with a strong rhythm like nursery rhymes
- Older children can enjoy an anthology (a book with a whole bunch of different poems and authors)
- Talk with your child about what you both feel and think about the poems you share together

Children's poetry book gems

- A Treasury of Mother Goose Nursery Rhymes, by Linda Yeatman
- Revolting Rhymes, by Roald Dahl
- When We Were Very Young, by A. A. Milne
- Falling Up, by Shel Silverstein

- The Llama Who Had No Pajama, by Mary Ann Hoberma
- The Random House Book of Poetry for Children, compiled by Jack Prelutsky

Calgary Reads helps children learn to read with confidence and joy. Help further our work by supporting our annual fundraiser, the **CBC Calgary Reads Big Book Sale** happening **May 12-14, 2017 at the Calgary Curling Club**. Please consider holding a book drive with your community organization, family or friends to collect and donate used books. We start accepting books Tuesday April 18 to Friday April 28 at the Calgary Food Bank and Tuesday May 2 to Sunday May 7 at the Calgary Curling Club. For full details of where and when and what we can accept, visit: calgaryreads.com.

SPACE

What we call the sky is merely the limit of our vision into the atmosphere. The sky, like the horizon, is always as far away as one can see.

Bankview Good Food Box

Make your money go further
Fresh fruit - Tasty Vegetables

- 20 lbs. box : \$25
 - 30 lbs. box : \$30
 - 40 lbs. box : \$35
- Drop off payment : 6 pm - 8 pm @
1451-21 Ave. SW (unit 112)
Pick up box : the following week

Payment Date: *cash only*	Pick-up Date:
Monday, March 27	Wednesday, April 5
Monday, May 1	Wednesday, May 10



Questions? Email BankviewGFB@gmail.com

Bankview Good Neighbour Awards

Neighbours are the people that make
neighbourhoods feel like home.

Does your neighbour:
Say hello every morning
Stop by with extra baked goods
Shovel your walk in the winter

Nominate Yours!
bankview.org/awards



The Bankview Good Neighbour Awards Nominations

What is it?

Good neighbours help to build connections between people and create a sense of community. Good Neighbours can be individuals of any age, couples, or families.

Good Neighbours might:

- Say hello every morning
- Stop by with extra baked goods
- Shovel your walk in the winter
- Cut your grass
- Offer a helping hand when it was needed

The Bankview Community Association is hosting “The Bankview Good Neighbour Awards” to extend gratitude to neighbours who inspire and improve lives throughout their community through their small acts of kindness to those around them and through their efforts to make their community a better place.

Why Nominate a Good Neighbour?

To simply say thank you, and encourage others to lend a helping hand in their neighbourhood. The award will feature dozens of stories that highlight what makes Bankview great: Its people.

How to Recognize Your Neighbour?

Submit your nomination today at bankview.org/awards

NOMINATIONS

Capri Rasmussen & Jason Auch

I'd like to nominate Bankview's neighbourhood vegans, Capri & Jason, for the best neighbour award. Bankview has SO many incredible neighbours, but Capri & Jason stand out for their random acts of kindness and constant generosity. Capri is always showing up on our doorstep with her famous baked goods fresh out of the oven. Jason is known as the neighbourhood 'heavy lifter' and is always willing to lend a helping hand to anyone in need.

When Capri & Jason found out that we were volunteering with a Syrian refugee family nearby they went out that night and bought the three children armloads of clothes, shoes, and school bags. Their generosity was so unexpected and all the items were so thoughtfully chosen. They started off as neighbours and have since become our friends. They are some of the kindest, sweetest, and most thoughtful people we know. Nominated by Melissa Hauzer

Kenya Weaver

She is always aware of events happening in Bankview and is a great leader at the Bankview Starbucks. This year she filled multiple boxes there to contribute to the Calgary Food Bank during the Christmas season. All around positive person to be around (even in the early morning hours before coffee has been made). Nominated by Ella Michel

Ghais (Rez) Hajj

I'm happy to nominate Ghais (Rez) for the good neighbour award, it's an easy choice. Since arriving on our street about 5 years ago (?) he's done so much to promote togetherness and community. Annually, he organizes a BBQ/social at his house and invites all the neighbours, serving food, hosting several local bands, and dealing with all the planning and cleanup. He has a vegetable garden that provides more than he and his family can eat, so he's happy to share the extra. He also has offered up the use of his garage and tools to neighbours that would like to borrow them. Need a truck to move a sofa, take waste to the dump, or pick up something large that won't fit in your car? He'll lend you his truck, that I've only seen other people use, to get it done. Can't say enough about how nice it is to have him living on our street! He really just wants our community to be a better place. Nominated by David Ronneberg

~continued next page~

The Bankview Good Neighbour Awards Nominations Con't

The Merriam-Webster Definition of a Good Neighbour is "marked by principles of friendship, cooperation, and noninterference in the internal affairs of another country" And by such I nominate Rez- as he is the living definition of a good neighbour. He is welcoming, helpful, kind, generous and becomes your friend, regardless of who you are. When I first moved to Bankview, I didn't know anyone, but I soon met Rez through a mutual friend. Suddenly, I wasn't alone in this community anymore. He offered to take turns with our dog walks, invited me to his annual Mid Summer BBQ, when I was in the low and needed a place to crash, he offered up a room in his house and assist with moving. I never had to take him up on that last offer, but it was reassuring that I had a backup plan. At first, when you go to his BBQ, you might feel like you don't belong, but soon enough, you realize all the (200+) attendees have been brought together by this wonderful individual- and we all share the same values. Within five-ten minutes, you are laughing and bonding with a fellow neighbour and enjoying the beat of local artists/bands. Who are his attendees? Neighbours and friends of Bankview; people from all walks of life! People who are genuinely kind and considerate. We all share a sense of friendship and are inspired to carry out the good deeds in our everyday walks. Yes, I nominate Rez for being a good neighbour, for being a good human. Period. Nominated by Nickii Dhaliwal

Lori Bergh

I am nominating my mother. I know it must seem like a conflict of interest, because hey she's my mother and she has to be a good neighbor to me. I am not nominating her for what she does for me but what she does for her own neighbors. She once invited me over in the summer and I had the intention of cooking for just her and I. I love cooking for her. So on a nice warm summer night I had prepared a favorite of hers; Thai-inspired grilled shrimp served with grilled asparagus and a summer salad. After all the food was all done she realized this was way too much for both of us to eat. She proceeded to invite not one but two different neighbors over to eat said food and drink and be merry with us. After the meal my mother was away from the table and Tim (her neighbor) leaned to me and said "before your

mom moved in here, none of us talked, she brought us all together". This is one story of many on how I feel my mom has a sense of community and enjoys bringing strangers together to grow friendship and community. Nominated by Monroe Corbeil

Judy Lawrence and Richard Gregson

My neighbours, Judy and Richard are the best neighbours anyone could ask for. They always shovel part of my walk, invite me (often) to drink wine around their fire, and regale me with stories and laughter. We often share care of the animals in our lives. The best part of having them as neighbours is our front yards. We took down the fence separating our properties and over lots of wine, came up with a design that encompasses both yards. Now we proudly soak up compliments from many who pass by – by joining together, we multiplied the beauty and vastly increased our enjoyment in the care of our properties. I pray they never leave. Nominated by Sue Hutch

Kerry Bennett

Kerry was one of the best neighbors a couple could ask for! She's since moved into the apartment at the end of the block, so she has a lucky roommate now instead of neighbors over the fence. I have so many examples of how Kerry was a wonderful neighbor to me and other people on this street. One super hot summer day she bought everyone around here slurpees! I was pregnant, so I was extra grateful. She also brought over paella when I was 10 days past my due date and you know I wasn't in the mood to cook (did I mention she's a chef? It was amazing). We would generously share her gardening goods over the fence although we soon realized the futility of growing vegetables with such a voracious squirrel population. She really shone as a neighbourhood star (and frankly why I think she is deserving of this award) when she threw a BBQ last summer to raise money for Fort McMurray. What started as a casual BBQ quickly morphed into a full pig roast. She rallied her chef friends and restaurant connections to supply tons of food and beer and prizes. Dozens and dozens of neigh-

bors and friends filled her backyard. We even opened the fences between ours and her other adjoining neighbor to accommodate all of the bodies! She was up for a full 24 hours tending to that pig and it was delicious. That little event raised nearly \$5000 in one afternoon. It was touching how she managed to bring the neighbourhood together with no money and little resources. She has a huge heart and we're so lucky to call have her as a community member. Nominated by Talicia Wagner

I would like to nominate Kerry Bennett for this award. It may have been a miracle that this lovely lady moved in next door to me. I moved to Calgary just a few years before we moved onto 16 Street, where I then had my first child. My new neighbour was on her deck and I was like Wilson from Home Improvement, peering over our fence. She invited me over for some drinks, not knowing me, and coincidentally it was my birthday. The dance party that happened on her deck that night was the first of many great nights. Kerry opened her life up to me and invited me over to her many dinner parties and had me come along to many events that she was a guest of. Not only has she involved me and introduced me to many of her friends, but she has tended my garden, shoveled my walk, taken care of my kids (I now have 2), stayed up late decorating for my children's parties, brought us back treats from her many trips, lent us her cooking gear, gave my gluten free friends bread products from her bakery (Care Bakery), and the list goes on. I could not have asked for a more amazing neighbour or friend. She is not only great to me and my family, but also to all of the neighbours around us, and all of her friends. One big event that I can recall to demonstrate this is when she hosted Pork Mac, a fundraiser for Fort McMurray after the fire. She had many of her restaurant and food



contacts donate a full pig, pies, sides, kegs, oysters and more to collect money for Fort McMurray. There was live music, shirts made, and hundreds of people attended. We knocked pieces down out of the fence on both sides of her yard to have people spill into my yard and Kerry's neighbour on the other side. She raised thousands of dollars to donate to the cause. Kerry has made a big impact on my life and on everybody she comes into contact with and if anybody deserves this award, it's her. Nominated by Sabrina Pick.

Sean Carter

I'd like to nominate local business owner Sean Carter from Bike Bike. Recently I got a bike through a friend but it needed some TLC. I went to check the hours of operation for Bike Bike, the closet and best bike shop in the city, only to find out it was closed for a couple weeks so the owner, Sean, could take some vacation. When I tweeted the Bike Bike account asking if they knew the next best place to go get a \$1.50 tire pump adapter, Sean offered to meet me at the shop and help me with what I needed that day. He opened the store just for me and showed me how to use the adapted and pumped up my tires.

It should also be know that Sean and Bike Bike also get the credit for making the I Love Bankview stickers you may have seen. He graciously donated a big stack of them to the the Bankview Community Association when I asked him about them. If having the gusto to open a small business isn't enough, Sean is generous to the community and his patrons. We're lucky to have him in our neighbourhood.

Please keep on peddling, Sean! You make Bankview a better place!

Nominated by Megan Mucignat



Bankview Seniors Fitness

Come and join other older adults in your neighbourhood to build balance and strength in a welcoming and comfortable setting.

Date: Friday's January 18 – May 24 2017

Time: 10:45am – 12:00pm

Location: Bankview Community Centre
2418 17th Street S.W.

Fee: FREE for all participants

Please wear runners or appropriate shoes for exercise.

For more information or to register, contact:

Kristina del Corro

Recreation Program Specialist

Social Programs & Services

The City of Calgary

T 403.476.7159

Kristina.delcorro@calgary.ca



Planting Spring Bulbs

Barbara Shorrock

As I write this in February for your reading pleasure in March, I think ahead to preparation for spring, even though our gardens are still snow covered. If you have empty spaces in your flower garden or large pots waiting for something showy, why not consider tender summer-blooming bulbs? Now remember, "tender" means they are tropical species who like warmth and cannot survive freezing temperatures, so you will either plant them in pots in the house about 6 weeks before last frost date (June 1 in Calgary, plus or minus 2 weeks, depending upon Mother Nature's whimsy each year) or directly into the garden a week or two before that unreliable date. If you are a thrifty gardener, you will bring these bulbs inside (basement or heated garage) before they freeze in the fall, to be stored for enjoyment the next year. If that isn't your thing, treat them as annuals and buy new each year.

Dahlias offer a dazzling range of size and colour ranging from tiny Mignons to enormous Giants (think "Dinner Plate"). They start at white and continue all through the warm shades of yellow, red, orange, and so on. Breeders have been successful in producing extravagant varieties that look like a crazy painter has been at work on each bloom. The taller ones will need staking as they become top heavy later in the summer and I don't need to tell you what our July storms can do. Smaller bushier ones need nothing more than sunshine and lots of water (dahlias are thirsty). Native to Mexico, the dahlia is not a true bulb, but has a tuberous root which multiplies and grows through the summer. You must dig this up before it has a chance to freeze, dry it, and store in sand, vermiculite or peat moss over the winter.

Gladiolus corms may be planted directly into the garden or started indoors a few weeks early. The second most popular cut flower (second only to roses) they belong at the back of the flower bed where their tall spikes can be appreciated over their neighbours. There are over 10,000 varieties, so you will be spoiled for choice at the garden centre. The giants will produce one spike with multiple blooms; others will be smaller with several stalks and can be most charming in pots on the patio.

Begonias have a roundish tuber, and present a dramatic display of colour for weeks and weeks, most effective in pots and hanging displays. If you are buying them for the first time, be aware that size really does matter with begonia tubers, the bigger ones producing the most numerous and voluptuous blooms. This is one plant that doesn't need full sun to be happy and will produce a lovely display on a partially shaded deck or patio. Note: begonias come with fibrous roots, rhizomes and tubers, so be sure you know what you are buying. The first two are best treated as annuals in our climate, but you can store tubers for next year.

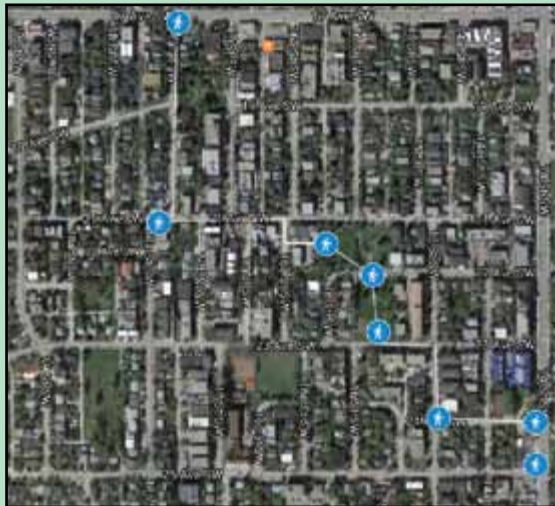
Canna and **Calla Lilies** are also becoming more popular in our gardens as newer hybrids are developed. These are often grown to spectacular effect in large pots, shared with lower growing annuals. Like all the others in this article, the rhizomes should be dug up and stored over the winter, as they are also native to the tropics.

If you are looking for some new and dramatic colour in your garden, check out spring bulbs. Some are already in the garden centres.

Walk with Woolley

By Matt Worona

For those of you that could not attend on Feb 25th, the Bankview Community Association walked the neighbourhood with Cllr. Woolley and highlighted the projects and improvements that have been brought to our attention by residents like you. Of course, because Bankview is overflowing with caring neighbours we



could not showcase all of the ideas we've been working on but what follows is a selection of the stops that we chose to highlight along the walk.

1. 14 Street Crosswalks + Road Diet
2. Animating Abandoned Spaces
3. Historical Street Signs - David Ave. and King Street
4. Community Garden Expansion
5. Paint the Pavement + Connect The Parks
6. Missing Sidewalks
7. 19th street Greenway

14 Street Crosswalks

The stretch of 14 st through Bankview is currently missing crosswalks. By that we mean, marked crossing are don't exist at many of the cross streets between Bankview and Mount Royal. If you arrive at any of the streets without crosswalks you need to go on average 500 meters out of your way on average to cross the street. We are currently speaking with the City of

Event a Great Success



Calgary about how this street can better serve Bankview and Mount Royal residents and add safety for drivers, pedestrians and cyclists alike.

Animating Abandoned Spaces

There is a vacant site at 14 Street and 24 Avenue. It has been vacant since 2012. Chad Peters approached the Community Association with a proposal to turn it into a gathering space while the developer sits on it. This site has a lot of opportunity to become community space while the developer sits on it waiting for the market to ripen. Bankview residents might be totally over views in general but it's really quite nice up there with a remarkable city vista. No development permits have been issued for this site. With some seating and some eye catching landscaping this could be a really impressive space.



Gail Simper - Historical Street

Signs Our treasurer Gail Simper has been talking about this idea for a while. When Bankview was first divided up between different members of the Nimmons Family the streets names weren't all numbers. In fact the corner at 24 Ave. and 14a St. was formerly known as David Ave. and King Street. The Bankview Community Association along with residents are trying to bring some of those names back as historical street signs like you see in Cliff Bungalow as Cllr. Woolley mentioned on the walk. This project aims to highlight Bankview's unique history and add character to the neighbourhood.

Four Lanes w/o center turn lanes



center turn lanes, bike lanes, ped refuge island at bus stop



Community Garden Expansion

The community garden is about to get a whole lot bigger this year. With plans for a big expansion it'll be all hands on deck once the snow melts. Included in the plans are a food forest, landscaping and more garden beds.

Walk with Woolley Event a Great Success

Paint the Pavement, Connect the Parks

Does anybody live on 14a Street? Last summer at the Ladybug festival which is a great big street festival everyone came together to paint a mural on the asphalt. Paint the Pavement projects are going to start popping up in Calgary a lot more often. Essentially the idea is to paint a mural on the street.

The Bankview community association is actively looking for neighbours would like this kind of project to happen where they live and we intend to paint this blocked off street this summer at the very least. If you want to add some colour, vitality and a proven traffic-calming solution let us know.

Missing Sidewalks - We have been working with Cllr. Woolley's office on for a few months now. Brian Sinclair a resident of Bankview spoke to us about a section of 21 Ave. without sidewalks on both sides of the street. The location is near transit and Bankview is a neighborhood where 13% of residents walk to work. Many of the sections of missing sidewalks cannot be fixed immediately but we also talked

19th Ave Greenway - Megan Mucignat, our amazing Development Committee Chair, pointed out that 19th Ave. has the most gradual hill in Bankview. This is a really nice climb for cyclists and provides an amazing connection through Bankview to the 20th St bikeway the City installed recently. If you're interested in helping us understand how 19th Ave can serve Bankview's residents better, let us know.

To get involved with any of these projects send an email to: bankviewcommunity@gmail.com

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Message from the Calgary Board of Education Board of Trustees

As Trustees, we are passionate about public education, student success and the lasting impact education has in our community and on society.

We continue to welcome and support each and every student because it is the right thing to do. Every child is entitled to a great education and we know Albertans agree with us. We also know that this is a tough time for Alberta, and the economic struggles faced by our province are challenging. We do believe, however, that education is the best investment we can make in our future, our province and our children.

Protecting education means more than providing funding for student enrolment growth. Our system continues to grow, and with our students' learning needs as our focus, our school board simply does not have the capacity to absorb additional costs without directly impacting learning.

If you are interested in sharing your perspectives with your Trustee, please contact us at boardoftrustees@cbe.ab.ca. To learn more about our ongoing advocacy efforts, please visit our website.

Traffic Safety

Ensuring our students get to school safely is everyone's responsibility. Please be mindful of crosswalks, parking rules and speed limits when you are driving near our schools, especially during the morning drop-off and afternoon dismissal times. Our students' safety is at stake!

Chinook Learning Services

Did you know that the CBE offers classes for adults? If you're interested in improving your English, discovering a new hobby or high school upgrading, visit chinooklearning-services.com

CBE Website

Check cbe.ab.ca for updates and stories about the great work being done every day by our students and staff. We're proud to share these stories with you!

Follow the Calgary Board of Education on Twitter @yycbedu

Bankview Histories: THE BANKVIEW FOOD STORE

1830, 17 Street, S.W. (demolished)

By Frederick Hunter

Almost from its very inception Bankview has been host to numerous small business enterprises, including food services, mostly concentrated along its perimeters on both 14 Street and 17 Avenue. Very few, however, have ever been located internally within the Community itself, and of these only two have been primarily grocery and confectionery, as opposed to variety, outlets. This historic general store was the second, and is now the only survivor of the two*, although it may have undergone major structural renovation during a period of vacancy in the early 1920s.

The business was first opened here about 1911 by Albert Herbert DeMara, who lived in the flat above. DeMara stayed about four or five years and the place has been known since his departure by many names during its long career of service to local residents. Its most notable proprietors have included Edward T. "Eddie" Waddell (who called it "Waddell's Grocery"), James Grant, Herbert J. Wiggins, Mrs. Bessie Worsnop, Edward and Eileen McIntyre (as "McIntyre's Grocery"), Derek and Bernadette Leigh, Bill and Tilly Reder ("B and T Grocery"), and Yen and Yuen Seto ("Seto's").

It became the Bankview Food Store when Liu Lirong took over in the late 1980s, which title it has retained ever since, (although known still more familiarly and popularly to neighbourhood children as the "Big Blue Store" or the "7-Up Store", the latter moniker stemming from a sign it has customarily sported). In 1995 it was much refurbished and restored by new owners Brendan and Gwen O'Toole, recent arrivals from Ireland, who quickly settled into the Community, making their home, like so many of their predecessors, on the premises.

From DeMara to the O'Tooles, many of these successive owners and operators occupied the space above, and later the attachment at the rear, as living quarters. Those who did not usually rented out the apartment (or in later years, apartments) to one or more tenants whilst living elsewhere. Over its nine-decade-plus his-

tory, more than a dozen other persons have therefore resided here as well, although the upper floor has also at times remained vacant.

Steeped in folklore, the shop across the years has become a recognisable fixture, a symbol and landmark which has even been immortalised from time to time in paintings by artists attracted to its unique ambiance. The high "Boomtown Front" style of façade, declining progressively lower in height as it recedes further back, is typical of this type of establishment from the era in question and was designed to promote the illusion of a taller, more spacious structure.

BRAIN GAMES SUDOKU

2	3	5	8	4	7	6	9	1
6	4	9	2	3	1	5	7	8
1	7	8	6	5	9	3	4	2
4	2	3	5	1	6	7	8	9
5	8	7	3	9	2	1	6	4
9	1	6	7	8	4	2	3	5
7	5	4	9	2	3	8	1	6
8	6	1	4	7	5	9	2	3
3	9	2	1	6	8	4	5	7



Bankview Stampede and Beer Garden

As recalled by Gail Simper

In 2002 Graham and I realized there were no events in Bankview and a Stampede Breakfast would be a great asset.

For the first 2 years, the company I worked for, MI Swaco sponsored the chuck wagon where we cooked sausages and pancakes. We saw an increase of 50 to 100 residents partake in this event – progress!

The next year we decided to step it up. We rented grills, had games in the field for the children and a hay ride complete with horses. The attendance grew and grew!

In 2010 while on our annual BC vacation in the first week of July, Graham fell and broke his hip. We had already organized the breakfast and many volunteers stepped in to make it a successful event. But Graham and I decided it was time to pass the torch!

Maureen O’Neill and Mike Waite were delighted to now be the official organizers. Two years later the beer garden became an addition to the breakfast. Maureen had so much enthusiasm and brought about new ideas to our annual breakfast. With her wonderful spouse, Mike, they were an exciting couple.

After considerable thought, Maureen, Mike, Graham and I are now officially passing the torch.

We wish to thank all the wonderful friends and volunteers who have supported us. We have made so

many wonderful friends in Bankview – quite frankly “You are the Best!”

We are hoping someone will come along and take over this wonderful event. You don’t need any experience – just a creative mind and a little time! An event can be any idea you want – a family day, band night at the hall, movie night, Canada’s 150th Birthday, Calgary Heritage Week – the ideas are endless. Discuss these ideas with some friends and send them to bankviewcommunity@gmail.com or phone the office 403-244-2544 or call us at 403-245-2658.



Bike Bike’s Saddle Library Makes it Easy for you to Hop on a Bike

By Sean Carter

Finding a saddle that fits you perfectly can be one of the most difficult things to do. Everybody’s body is just a little bit different than everyone else and finding a saddle that works perfectly for YOU is of paramount importance.

Have no fear though - Calgary’s first and only **SADDLE LIBRARY IS HERE!**

Here is how the program works:

- purchase a \$25 saddle library card from BikeBike
- you now have access to up to 24 different saddles - with more than half of them being **women’s specific models**

- our staff will measure your sit bones using a special seat pad you sit on and suggest some options we think might be suitable based on our conversation about the bike you’re riding, your position on the bike, and your riding style
- you can “check out” any single saddle for up to 7 days. Upon return, you can check out another, and so on, and so on, until to find the perfect one for you
- when you find the perfect saddle in our library and decide to purchase it, your \$25 library card purchase is deducted from the price
- Simple!

Here are the brands of saddles we will have in the library:

- **Selle Royal Scientia Range**
- **Terry Precision Womens**
- **Ergon Touring/Fitness**
- **Brooks Leather and Cambium**
- **Select Fizik Models**

If you’re interested in the saddle library program, pop into BikeBike’s Bankview shop. Sean Carter runs Bike Bike, our neighbourhood bike shop, and is a proud Bankview resident.

http://www.fizik.com/us_en/women/saddles-2.html

	SMALL 8 - 11 cm	MEDIUM 11 - 13 cm	LARGE > 13 cm
 Athletic	 SCIENTIA A1 B:127mm/L:289mm	 SCIENTIA A2 B:144mm/L:289mm	 SCIENTIA A3 B:159mm/L:289mm
 Moderate	 SCIENTIA M1 B:141mm/L:289mm	 SCIENTIA M2 B:161mm/L:289mm	 SCIENTIA M3 B:178mm/L:289mm
 RELAXED	 SCIENTIA R1 B:169mm/L:289mm	 SCIENTIA R2 B:196mm/L:289mm	 SCIENTIA R3 B:224mm/L:289mm



The ***I Love My Neighbourhood*** grant funds projects that bring Bankview residents together and make this neighbourhood an even better place to live.

It's Easy to Apply at: ***bankview.org/grants***
 Accepting applications until June 30



Ask Charles

I just spent \$50,000 to finish my basement with high-end finishings. Now, I'm listing my house for sale, and my real estate representative says she can't include the basement square footage in the total size. Why not?

You developed your basement and it's beautiful. You're sure any potential buyer would agree that it looks great, and is definitely livable space. But, your real estate professional is correct, the square footage of your basement cannot be included in the size of your home for listing purposes.

In Alberta, real estate professionals are required to follow the Residential Measurement Standard (RMS) when listing a residential property for sale. The RMS contains nine principles that enable real estate professionals, as well as buyers and sellers, to determine and compare the size of residential properties. The RMS sets out the specific parts of a residential property that can be included in its size for listing purposes.

Above grade levels are the levels of a residence that are entirely above grade. Below grade levels are the floor levels of a residence that are partly or fully below grade. If any portion of a level is below grade, the entire level is considered below grade. Below grade spaces include lower levels and basements. The RMS size of a property is, essentially, the sum of its above grade levels. Below grade levels are not included in the RMS area.

Without the RMS in place, there would be little consistency in how real estate professionals, and their sellers, measure and describe their property. Some may want to include their basement (unfinished or not), some may include an enclosed sunroom, while others may include the space created by a bow or bay window.

The RMS provides a consistent means of measuring, and describing, residential property size in Alberta.

Sellers, and their real estate representatives, are welcome to include additional measurement information in their listings, but the primary size listed in the listing must be the size according to the RMS.

Sellers need to remember that size isn't the only factor that will affect a property's list or selling price. Other factors include location, condition, quality of finishing, layout, and even type of ownership. You may not be able to include the square footage of your basement in the total square footage of your home, but the features of your home will set it apart from other properties. Size matters, but it's not the only thing that matters.

"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), www.reca.ca. RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email askcharles@reca.ca.

TRIVIA

Measurements

The wristwatch was invented in 1904 by Louis Cartier.

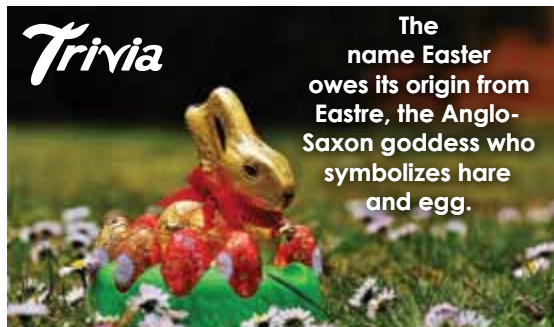
File your tax return to get the carbon levy rebate



Albertans who file their 2015 tax return and meet income criteria will start receiving the carbon levy rebate in January 2017.

If you are a single Albertan whose net income is below \$47,500 or a couple or family whose net income is below \$95,000, you will receive a full rebate. The rebate begins to phase out above these amounts, but singles earning less than \$51,250 and a family with two children earning less than \$101,500 will receive a partial rebate.

In 2017, the full rebate will be \$200 for singles, \$300 for couples and \$360 for a couple with two children (\$30 per child up to a maximum of four children). Rebates will provide upfront, timely support to lower- and middle-income Albertans to help manage increased costs associated with the carbon levy.



Trivia
The name Easter owes its origin from Eostre, the Anglo-Saxon goddess who symbolizes hare and egg.

If you take some simple steps to reduce household emissions, such as shortening shower time, using a programmable thermostat, carpooling or not idling your vehicle, you will be helping to reduce Alberta's greenhouse gas emissions while ensuring you make the most of your rebate.

If you haven't already, be sure to file your 2015 tax return as soon as possible to help ensure that you receive your carbon levy rebate in early January 2017. For more details visit alberta.ca/climate-carbon-pricing.aspx.



Giving People a Voice in Mental Health Research

By Caitlin Crawshaw

The Mental Health Commission of Canada reports that in a given year, one in five people in Canada experiences a mental health problem or illness. In Alberta, that's more than 675,000 people.

Researchers and clinicians in the province recognize the need to learn more about mental health, but realize most research topics are chosen by the researcher, not the people living with mental illness. A new study partly funded by Alberta Innovates (previously Alberta Innovates – Health Solutions) is changing that. This fall, the Alberta Depression Research Priority Setting Project surveyed people who have experienced depression, as well as their clinicians and caregivers, to pinpoint gaps in current research.

"Someone with lived experience will likely have a different perspective than someone doing the research," explains Robbie Babins-Wagner, PhD, a professor at the University of Calgary Faculty of Social Work and a member of the project's advisory group.

Researchers are analyzing the survey answers to better understand the needs of people who experience depression. And what they find will shape research to help meet their needs. "This will allow the voice of people living with and caring for mental illness to influence research projects," adds Babins-Wagner.



Bankview Real Estate Update

Last 12 Months Bankview

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
February 2017	\$567,000	\$562,500
January 2017	\$0	\$0
December 2016	\$369,900	\$360,000
November 2016	\$834,900	\$825,000
October 2016	\$636,000	\$615,000
September 2016	\$209,000	\$205,000
August 2016	\$0	\$0
July 2016	\$1,399,000	\$1,350,000
June 2016	\$458,000	\$445,000
May 2016	\$724,900	\$694,750
April 2016	\$632,000	\$623,000
March 2016	\$514,900	\$492,500

Last 12 Months Bankview

MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
February 2017	6	4
January 2017	3	0
December 2016	0	1
November 2016	1	1
October 2016	4	1
September 2016	3	3
August 2016	1	0
July 2016	2	1
June 2016	1	5
May 2016	2	4
April 2016	7	2
March 2016	4	1

To view more detailed information that comprise the above MLS averages please visit bankview.great-news.ca

BUSINESS CLASSIFIEDS

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Heart & Stroke Canvass: Become a volunteer canvasser this June 2017 to share life-saving information, inspire healthy habits and raise funds for vital research. Every dollar you raise, every person you reach and every heart you inspire helps save lives and support families in your own community, and across Canada. No experience necessary. Opportunities to canvass door-to-door or online. Visit www.heartandstroke.ca/help or call 403 351-7073.



Councillor, Ward 8
Evan Woolley
P.O. Box 2100, Station M
Calgary, AB, Canada T2P
2M5
Phone: 403-268-2430

Your voice matters, make it heard!

When we choose to cast our votes in any election, we are not only choosing the voice we want representing us Municipally, Provincially or Federally, we are also bearing out our country's historic democratic tradition. The first step to continuing to participate in this tradition is to make sure we (and our friends and family) are registered to vote.

Both your voter and census registration will be showing up in the mail at the same time from April 1 to 21 and you'll be able to complete your census and voter registration online at Calgary.ca/census. The census data collected every year is necessary to make sure the city's programs and services are serving the needs of Calgarians. If you've never completed the census before, it takes a handful of minutes and gives the City the information we need to make our neighbourhoods better. If you are unable to complete your census online, door-to-door census and voter registration collection will begin April 22, 2017.

One last way to participate in city dialogue is to join the more than 2,000 people that have signed up for Citizens' View, Calgary's online panel. Citizensview.ca makes it easier for Calgarians to share their input anytime, anywhere through online surveys and discussions. As Citizens' View continues to grow, The City is working to make sure that they hear from people of all ages and areas of Calgary.

We hope to attract more than 4,000 people that reflect Calgary's diverse population. Members can expect to receive surveys once or twice a month, join online discussions, and receive information on City events and service improvements. Calgarians 18 years and older can sign-up for the Citizens' View at www.citizensview.ca. If you have questions or concerns feel free to contact my office at ward08@calgary.ca or 403-268-2431.

CCSD BOARD OF TRUSTEES

Website: www.ccsd.ab.ca/BoardOfTrustees - Email: trustees@ccsd.ab.ca

Learn more about your Calgary Catholic School District Board of Trustees!

School blessing and dedication ceremonies are an important way for our new school communities to come together and celebrate after the end of one long journey and the beginning of another.

In addition to a religious blessing by the parish priests, the ceremonies help us recognize the contributions of the city, provincial and community dignitaries in the building of the new facilities, as well as the time and effort of the district's administrative team who oversees the planning, design and construction of the modern, new buildings.

The ceremonies are also a great opportunity to celebrate the distinctiveness of Calgary Catholic schools – who each school is named for, the faith symbols that have been incorporated into the building and how faith will permeate the new school community.

As Calgary Catholic opened four new schools this year, we are celebrating at four ceremonies: Our Lady of Grace School in Evanston took place on November 9, 2016 and Prince of Peace School in Auburn Bay on February 22, 2017. Ceremonies are planned for St. Marguerite School in New Brighton on March 24, 2017 and at Our Lady of the Rosary School in Cranston on April 26, 2017.

As the Board of Trustees, we are always planning for the future of the district - ensuring that there are enough schools where students can have safe learning environments with exceptional teachers and staff. We work to ensure that new schools which support quality Catholic education are built in the communities where our students live. We then work with the provincial government to receive funding for these schools.

We also reach out to the community about their needs through the district's public participation process, "Help Plan our Future," which provides parents and communities the opportunity to give input into education in their communities.

Many students and families in new communities wait patiently for schools to be built, so it is always exciting for everyone in the district to come together at the end of the process to recognize and celebrate what we have all achieved.

COMMUNITY ANNOUNCEMENTS

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit



Pets and Parasites in 2017

Time to Replace your Home-Turf?

Take the Quiz

1. Does your yard need a landscaping facelift?
2. Would you like to add splashes of colour, texture, and interesting shapes to your yard?
3. Would you like to add year-round interest with rocks, stone work or dormant plants?
4. Are you considering installing landscape lighting for security or aesthetics?
5. Would you like to attract natural pollinators and birds?
6. Do you have low wet spots in your lawn?
7. Is your lawn bare in places from walking or dryness?
8. Have your trees matured, causing shady patches and drawing moisture from your lawn?
9. Are dandelions a menace?
10. Are you concerned with your children or pets playing on lawns treated with chemical fertilizers or herbicides?
11. Is fairy ring a problem?
12. Are you getting tired of mowing, especially on slopes and around tight spots?
13. Is your summer water bill getting out of hand because of lawn watering?
14. Do you want to cut back on your expenses for lawn care services and products?
15. Are you concerned with looming water shortages and City watering bans?
16. Do you have an underutilized rain barrel or composting bin or would you like to install them?

17. Does your yard slope toward the street, causing rain and sprinkler water to run-off?
18. Would you like to contribute to habitat and biodiversity near the Elbow River?
19. Would you like to help protect water quality in the Elbow River?

If you answered yes any of these questions, then why not plan to replace some of your boring old lawn this spring?

An impressive selection of drought and shade tolerant plants, some selected from native species, is available in Calgary. Consider the slope of your lot, capture drainage, and install permeable surface materials to minimize sediment and pollutant runoff into the river through our storm water system.

Visit calgary.ca and search “yardsmart” for more information, tips and videos. The Calgary Horticultural Society, (calhort.org) is a great source of information for gardening success in Calgary. Their annual Garden Show is at Spruce Meadows on April 29 & 30, 2017 from 9 AM to 5 PM.

Photo credits: The Calgary Horticultural Society

Formed in 2004, S2G+ Preservation Society collaborates to enhance the environment and natural history of the lower Elbow River, its valley and contiguous bench lands from the Glenmore Dam to Fort Calgary. To join our stewardship network email us at S2Gplusinfo@gmail.com. Follow us on facebook.com/S2Gplus.

Internal and external parasites can infect our pets in Calgary, but traditionally because of Calgary’s elevation, dry climate, and extreme winters the risks of infection were low. This is changing with our changing weather; Calgary had incredibly mild winters in 2014-15 and 2015-16, and we’ve had some uncharacteristically wet summers. It’s time to review your pet’s annual anti-parasitic regime. The absolute minimum recommended by veterinary professional associations is an annual fecal examination, but this is adequate only for a strictly indoor pet. It is also imperative you examine your pet’s lifestyle and travel plans to determine his or her individual needs. Remember recommendations last year may not be the same this year and a few of the parasites invading our region can have devastating consequences to your pet’s human.

As far as external parasites go fleas are a rarity in Calgary appearing mostly on pets travelling here from other regions, but the number of cases of lice and ticks is increasing. Ticks are usually seen April to October in Alberta, but studies reveal ticks can become active seeking a host at 4 degrees centigrade. All ticks received by veterinarians are submitted to Alberta Tick Surveillance project to determine species and if they are carrying secondary diseases, such as Lyme disease. Lyme disease is carried by the black-legged tick. That tick is rare in Alberta but may be carried in by a migratory bird. I recently saw a tick carrying Lyme disease on a dog that had travelled out of province. Dogs running through fields and around water bodies are most at risk. Dogs rarely become clinically ill if the Lyme disease or *Borrelia burgdorferia* pathogen is in the tick; but if the tick moves onto a human host, Lyme disease can be life-altering to the person acquiring it. Lyme disease is considered endemic to parts of B.C. and east of Winnipeg. Previously our clinic recommended tick and

louse protection if lifestyle and travel dictated it. We now recommend preventative products for external parasites for all dogs and cats that go outdoors starting in March.

Heartworm disease is not yet in mosquito populations in Alberta, but provincial and national bodies monitor the situation to keep veterinarians informed. As with tick and louse prevention, monthly protection is easier than finding out what areas have the parasite if you travel with your pet. All outdoor pets should be routinely protected against internal parasites now. Veterinary clinics see roundworm, tapeworm, and hookworm on a regular basis in their patients. Every annual examination of your pet should include a discussion of the risk level of your pet.

West Nile Virus is in Alberta mosquito populations but dogs and cats do not tend to become clinically ill. This disease affects birds, horses and people. Use repellents during mosquito season.

A type of microscopic tapeworm known as *Echinococcus multilocularis* has invaded the coyote populations around Edmonton and Calgary and in Nose Hill Park. The lifecycle of this tapeworm carries it between the wild carnivores, such as fox and coyotes, and the rodent populations. If a dog or cat picked up this parasite from a rodent they ingested, they may show no symptoms. A person inadvertently contracting this parasite from a pet is an atypical host and the alveolar form of infection in humans which can be difficult to diagnose and serious. Calgary has seen a case of a dog that frequented Nose Hill Park that ate the feces of coyotes. This dog developed a massive life-threatening hydatid cyst on its liver from the tapeworm. The mass on the liver cannot be differentiated from a liver tumor without advanced diagnostics. Regularly deworm any pet known to catch rodents or eat the feces of other canids. Praziquantel is the most effective and not in most of the preventative products give routinely to pets.

We have become a population of people and pets that travel and move all over this continent and world. Contact your veterinarian for advice about the parasites that can infect your pets, and initiate prophylactic prevention as required. Also, be conscious of the changing weather in our own backyard increases our risk as we invite our furry family members onto the couch, into the kitchen, and onto our beds. Prevention is easy but treatment is often not as simple. Also, make sure your vet knows if you have both dogs and cats, some dog products are toxic to cats.

Jennifer L. Scott B.Sc., D.V.M.

**MAY 5 – 6
CALGARY INTERNATIONAL BEERFEST –
BMO CENTRE, STAMPEDE GROUNDS**
For the seasoned brew lover and budding beer enthusiast alike, Beerfest appears to have it all. Over 500 brews of all shades and compositions, contests, take part in beer seminars, vote for the People's Choice awards, meet new people, sample delicious foods, enjoy the atmosphere and entertainment, and most importantly have a great time! More info at albertabeerfestivals.com



**MAY 13, YOUTH SINGERS OF CALGARY
PRESENT: #IAMMUSIC – 1415 14 AVE NW**
The Youth Singers of Calgary have a long, proud history as ambassadors of true Canadian spirit and as a voice for Canadian youth through singing, dancing and acting. To celebrate Canada's 150th Birthday we have asked the question 'what does it mean to be a young, Canadian artist in this digital age?' On May 13th we raise our collective voices to answer that question. #IAMCanadian #IAMConnected #IAMMusic More info at youthsingers.org



**MAY 24 – 27, CALGARY INTERNATIONAL
CHILDREN'S FESTIVAL – ART COMMONS
AND OLYMPIC PLAZA**
Open the door to your imagination! The Calgary International Children's Festival (Kidsfest) celebrates its 31st anniversary this season. From its humble beginning in 1987, Kidsfest has grown to become one of the most prominent arts festivals of its kind in Canada and the largest presenter of performing arts for young people in Calgary. More info at calgarykidsfest.ca



MAY MAY MAY MAY MAY

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

May 6 – 7, IFK Kickstart Garage Builder's Motorcycle Show - Christine Klassen Gallery

An annual showcase of garage-built motorcycles from across Alberta, most small in budget but all big in creativity. Join us from May 6-7 from 11am to 5pm and see what we've created over the winter! More info at facebook.com/kickstartshow

May 7, The Debaters Live! – The Jack Singer Concert Hall

A fundraising event for JFSC hosted by award-winning comedian, Steve Patterson, and features two of his favourite comics, (Dave Hemstad and Kate Davis) - they perform stand-up, followed by a comedic debate. More info at artscommons.ca/WhatsOn/ShowDetails

May 12 – 13, Vintage Redefined Market – Century Casino Showroom

The new vintage market with purpose! This ain't your typical tea-time at grandma's house. An exciting venue filled with treasures sure to delight and excite men and women alike! Over 80+ vendors featuring: True vintage, Collectibles, Re-purposed, Reclaimed, Oil & Gas, Records, Jewelry, Video Games, Antiques, Comics & more! More info at facebook.com/Vintage.Redefined.Market

May 13 – June 11, The Drowning Girls – Vertigo Theatre

The Drowning Girls is a lyrical exploration of a trio of murdered wives who gather evidence against their murderous husband by reliving the shocking events leading up to their deaths. One Yellow Rabbit Co-Founders Blake Brooker and Denise Clarke lead an incredible creative team in bringing this macabre fantasia to the Vertigo stage. More info at vertigotheatre.com

May 19, Raiders of the Lost Ark: Original Film with Orchestra – Jubilee Auditorium

The film that gave the world one of its greatest movie heroes, Indiana Jones, is back and better than ever before! Relive the magic on the big screen with the original great adventure, Raiders of the Lost Ark with John Williams' epic score performed live alongside the film by the Calgary Philharmonic Orchestra. More info at calgaryphil.com

May 26, Nose Creek Players Presents: Anne of Green Gables – The Bert Church Theatre

Your community theatre company, Nose Creek Players, is proud to present Lucy Maud Montgomery's iconic tale of Ann Shirley. This beloved Canadian yarn tells the story of an imaginative red-haired girl searching for a place to belong; for her kindred spirit. More info at airdrie.ca



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Looking back at Budget 2016 and forward to 2017

Our government focused on investing in the middle class and working towards a more innovative economy. By directly investing in Canadians and families we are putting our country in better stead with firmer foot forward into the future.

At the tail end of 2016 our government approved two major pipelines after consulting with Canadians, building up an environmental consensus with the carbon price, and creating the balance between the environment and industry. By doing this work we are building the framework to create long term prosperity of Alberta and all of Canada.

On the subject of building up long term prosperity for our country – my colleague in cabinet and fellow Alberta Liberal Member of Parliament, Infrastructure Minister Amarjeet Sohi, is continuing his work to invest in projects like the Green Line LRT, flood mitigation projects, and more for our city. Since the 2015 election our government has invested some \$3 billion into Albertan infrastructure: more than the last five years of the previous government combined.

Looking back at Budget 2016 we went forward with three of our main platform planks. First amongst them was the Canada Child Benefit which gave simpler, tax-free, and more generous and better targeted help to families. 9 out of 10 Canadian families benefit from

higher payments under our newly implemented system – and is now on the way to lifting hundreds of thousands of children out of poverty.

Our second commitment was a middle class tax cut. As one of our first acts as a government was to cut taxes for nearly 9 million Canadians by reducing the second personal income tax rate, and delivering tax relief to Albertans.

Thirdly – we created a \$2.7 billion reform package of Employment Insurance to support Albertans and Canadians during the commodity price downturn. By reducing wait-times (from two weeks to one week), and specifically work with Albertans on accessing more benefits, these changes would support those impacted by the decrease in oil prices. Some of these benefits we extended benefits up to 50 weeks for hurting Albertans, with long-tenured workers able to receive an additional 20 weeks up to a maximum of 70 weeks. Further to this – we doubled the maximum of the work-sharing agreements to 76 weeks.

Budget 2017 will be a continuation of our work as a government. We are actively seized with supporting the middle class and working towards a better future for all. More details will be available at budget.gc.ca.

As always, you can contact my office by email at kent.hehr@parl.gc.ca or by phone at 403.244.1880. My office is located at 950 6 Ave SW and my door is always open to you. You can follow my work in Parliament online and sign up for my e-newsletter at www.KentHehrMP.ca.

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The Session is back on at the Legislature, and I've been proud to be working for you on things to help make life better for Albertans. We just introduced the new budget, which I am proud to support. Our government will continue to protect healthcare, education and other key services for Albertans. The budget also is investing in construction jobs to build the key infrastructure to put Albertans to work and get our products and resources to market.

I am also happy that the budget shows this government is careful with the money that belongs to Albertans. Just last month, Finance Minister Joe Ceci announced new salary caps for CEOs at 23 of Alberta's agencies, boards and commissions. Gone are the days where golf club memberships are the norm – the pay and benefits are now in line with others across the country.

I'm really encouraged that many of you continue to

contact me about the Climate Leadership Plan. As you probably are aware, putting together this plan and the carbon levy has delivered two new pipeline approvals. Prices for the basics like food and gas have not spiked as some falsely claimed. And, the plan is providing Albertans with innovative opportunities to diversify our economy while also investing in ways to help lower your power bills. A \$36 million, two-year rebate program is helping families, business, and nonprofits install roof-top solar panels. This program is expected to create 900 jobs and reduce solar installation costs by up to 30% for homes and 25% for businesses.

Making your lives more affordable is one of the key aspects of our consumer protection agenda. This work began with addressing the outrageous fees attached to payday loans last fall, and continued with the banning of door-to-door energy sales this past January. The next phase of consumer protection is a new engagement process on builder licensing. This will engage Albertans in how we can develop a builder licensing program for Alberta's residential construction and renovation industry. The goal is ultimately to give Albertans peace of mind that their home has been built to a safe standard.

Making life more affordable obviously starts with helping parents raise strong families and ensuring children have every opportunity to succeed. Alberta's new Child Benefit is helping parents and reducing child poverty, and payments for eligible families with children just went out in February. David Eggen, the Minister of Education, has also announced a new Minister's Youth Council to get feedback and ideas from students from across Alberta on education issues. If you are junior or high school student in one of Calgary Currie's fine schools, you can apply here - education.alberta.ca/myc - before 5 May 2017.

While much of April will be spent in Edmonton at the Legislature, I will be in our riding every weekend and for Constituency Week that runs from April 24 to April 28. As always, if you have any additional questions, concerns, or would like meet, please do not hesitate to contact my office.

Bankview mybabysitterlist

Name	Age	Contact	Course
Ashlee	12	403-835-4548	Yes
Catherine	28	514-293-1395	Yes
Cindy	24	587-432-6587	No
Elaheh	44	403-808-7083	Yes
Gitta	66	403-400-1210	No
Henry	16	403-719-8282	Yes
Izzy	18	403-483-1218	Yes
Rebecca	22	403-703-2219	Yes
Sarah	18	403-671-7724	No
Tania	25	403-707-7127	Yes
Tara	33	587-500-4947	Yes
Victoria	33	587-216-3232	No

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