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Canyon Meadows Community Association

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Phone: 403.251.1715
info@cmca.ca | www.cmca.ca

Elected Officials



Councillor Diane Colley-Urquhart
Ward 13 Office
P.O. Box 2100, Station M
Calgary, AB, Canada T2P 2M5
Phone: 403-268-1624
Fax: 403-268-8091
Email: ward13@calgary.ca
Web: www.calgary.ca/ward13



MLA Richard Gottfried
Calgary-Fish Creek
Bay 7, 1215 Lake Sylvan Drive SE
Calgary, AB Canada T2J 3Z5
Phone: (403) 278-4444
Fax: (403) 278-7875
Email: calgary.fishcreek@assembly.ab.ca

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Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs.

Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

Wellness Access Program

- Trico Centre offers **fee assistance** for memberships and 10-Visit passes. Plus, we have partnered with organizations that offer fee assistance for programs (Canadian Tire Jumpstart, KidzFirst, KidsSport, and the City of Calgary.) See www.tricocentre.ca for details.

Adults

- Adult fitness starting in November: Cardio Kickboxing, Ballet Barre Blast, Cardio Dance, and DANCEPI3Y.
- More than 70 drop-in fitness classes every week – including aquafitness in our newly refurbished pool. Free for members, drop-in fee for non-members. See the Drop-In Fitness schedule at www.tricocentre.ca under the Schedules tab or pick up a copy at Guest Services.
- November Wellness Workshops include Fat Burning Workshop, and Straighten Up (free info session followed by a 4-week workshop – for youth and adults.)

Older Adults

- Bones and Balance, Chair Yoga, and Balance Builders: Fall Prevention Program for Older Adults: These multi-week registered programs start in November.
- Drop-in Pickleball is offered several times a week. Check out the Drop-In Gym schedule (available on the website or at Guest Services.) Free for members or drop-in fee for non-members.

Families, Children & Youth

All children's programs – from tots to teens – start in



November. Swim lessons, skating lessons, dance, gymnastics, sport, and creative classes – lots of new options. Register now for Mommy & Me Fitness, Mommy & Me Barre, and Mommy/Daddy/Me Aquafit new sessions beginning in November.

Check out the Drop-In Gym schedule for drop-in gym, Drop-In Playtime, Drop-In Gymnastics, youth drop-in gym, and more. See the Drop-In Arena schedule for lots of cool activities including leisure skate, youth shinny, and stick & puck.

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

BRAIN GAMES

SUDOKU

3		7		2				
			6	3				5
	2		1	8			7	
9		3						7
	5						1	
2						6		9
	9			6	3		2	
8				5	4			
				1		9		8

FIND SOLUTION ON PAGE 8

STOP MEN DYING TOO YOUNG



JOIN THE FIGHT FOR MEN'S HEALTH. WWW.MOVEMBER.COM

There are three ways to get involved with Movember and support men's health:

	WHAT	HOW	WHEN
01 GROW	Grow a Mo, save a Bro	The moustache is our ribbon for men's health	For the 30 days in the month formerly known as 'November'
02 MOVE	Get active for men's health	Raise funds for men's health while you do something good for your own health	Anytime, anywhere, during the month of November
03 HOST	Throw or go to a Movember event	Any excuse for a good time. Events are a great way to have fun and raise funds for men's health	Anytime, anywhere, during the month of November





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403.259.5506

Ranchlands Pharmasave
Unit 137,
1829 Ranchlands Blvd NW
403.452.5554

Scenic Acres Pharmasave
8555 Scurfield Dr NW
403.547.4323

Beacon Hill
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IN & AROUND SCHOOLS

Ecole St Gerard

Ecole St Gerard is a French Immersion school located in Haysboro, and is the Catholic French Immersion school designated for your community.

SPARK has BLASTED OFF! Friday, October 28th our Spark program will officially have begun. On our launch date, students participated in "Pound Rockout Workout Training. Physical education early in the day to stimulate brain function for higher levels of alertness and concentration.

Important Dates for November:

November 3rd: School Council Meeting at 7pm

November 4th: Photo Retakes

November 10th: Remembrance Day Liturgy

November 14th- 18th: Gail Bartel Artist in Residency

UPCOMING: On Thursday, December 1st at 7pm, come join our students in our Celebration of Learning.

A huge thank-you to our School Council for organizing and executing the Harvest Dance. It was a fun opportunity for our students to dress in their costumes and "run through the halls". Our school is lucky to have such a strong parent community.

Bienvenue!

BRAIN GAMES SUDOKU

3	6	7	4	2	5	8	9	1
1	8	9	6	3	7	2	4	5
4	2	5	1	8	9	3	7	6
9	1	3	2	4	6	5	8	7
7	5	6	3	9	8	4	1	2
2	4	8	5	7	1	6	3	9
5	9	1	8	6	3	7	2	4
8	7	2	9	5	4	1	6	3
6	3	4	7	1	2	9	5	8

Canyon Meadows

Real Estate Update

Last 12 Months Canyon Meadows MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
October 2016	\$507,400.00	\$499,250.00
September 2016	\$524,500.00	\$508,750.00
August 2016	\$462,400.00	\$456,125.00
July 2016	\$469,000.00	\$447,500.00
June 2016	\$584,900.00	\$573,000.00
May 2016	\$507,000.00	\$507,500.00
April 2016	\$445,400.00	\$423,750.00
March 2016	\$466,950.00	\$452,000.00
February 2016	\$549,900.00	\$515,000.00
January 2016	\$844,900.00	\$782,500.00
December 2015	\$469,900.00	\$455,000.00
November 2015	\$519,900.00	\$500,000.00

Last 12 Months Canyon Meadows MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
October 2016	8	6
September 2016	13	8
August 2016	12	12
July 2016	7	13
June 2016	16	11
May 2016	12	10
April 2016	13	10
March 2016	8	6
February 2016	16	5
January 2016	8	2
December 2015	2	3
November 2015	6	5

To view the specific SOLD Listings that comprise the above MLS averages please visit canyon_meadows.great-news.ca

Canyon Meadows mybabysitterlist

Name	Age	Contact	Course
Abigail	19	705-706-4338	No
Christi	24	403-869-1573	Yes
Colm	14	403-254-4115	Yes
Elizabeth	13	403-281-2808	Yes
Emily	15	403-796-5606	Yes
Kristina	21	403-483-9832	Yes
Laine	14	403-870-5722	Yes
Mackenzie	16	403-805-6223	Yes
Nicole	13	587-572-4444	Yes
Samantha	26	403-616-9096	Yes
Samantha	26	403-616-9096	Yes
Shealynn	16	403-264-2424	No

Calling All BABYSITTERS
Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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Canyon Meadows

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Calling All Neighbours!



To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to CM@great-news.ca

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IN & AROUND CALGARY

Programs and Events in Fish Creek

Winter Birding Course

12 Week Winter Birding Course starts Monday, January 9, 2017

Learn about the variety of bird species in Fish Creek Provincial Park and other natural areas within Calgary through the Friends of Fish Creek Provincial Park Society's Winter Birding Course. In the winter months, birds are much easier to see since the deciduous trees have shed their leaves, there are fewer species present and they often occur in flocks. "In fact, there may well be more individual birds within Calgary during the winter than in the summer months," said lifelong naturalist Gus Yaki, who, along with other experienced birding instructors, conduct these outings as a fundraiser for the Friends of Fish Creek.

Registration Required and Space is Limited. For more info, including fees and course times, and to register visit www.friendsoffishcreek.org/programs/birding-course

Alberta Parks - White Goat and Siffleur Wilderness Areas of the Central Rockies

Thursday, November 24, 2016 7:00 pm - 8:00 pm

Presented by Graham Thursfield Visitor Services Coordinator – Rocky Mountain House

Wilderness areas along the Central Rockies are home to incredible wildlife and spectacular scenery that many of us in the Calgary area may not think of visiting. This is your chance to see and learn about some magnificent spots in our Parks network. Join our presenter Graham Thursfield for this virtual grand tour of some magnificent places. For more info stay tuned to www.friendsoffishcreek.org/programs/speaker-series

Push To Open Nature Speaker Series

The Place for Parks and Nature at End of Life

Thursday November 3, 2016 7:00pm—8:30pm Fish Creek Environmental Learning Centre

We all feel it, whether looking outside, at a beach, in a field, or on a mountain - nature gives us perspective about life and death. Join us to hear the discoveries and

practical applications of lead researchers Sonya Jakubec, RN, PhD (Associate Professor, School of Nursing and Midwifery, MRU), and Don Carruthers Den Hoed, PhD candidate (East Kananaskis Area Manager— Alberta Environment and Parks, and Adjunct Professor, School of Nursing and Midwifery, MRU). Together this team bridges their work in nursing care and parks management in order to understand the role of parks in community health.

To register please contact Jill Jennings: Jill.Jennings@gov.ab.ca or 403-297-7850.

Show Your Support for Fish Creek - Renew Your Membership or Become a Member

Members are the foundation of our Society and share our vision of a sustainable Fish Creek Provincial Park that improves the quality of life for present and future generations. We encourage you to renew your commitment to Fish Creek Provincial Park for the October 1, 2016 – September 30, 2017 season. Friends' membership benefits include discounts on courses like the popular autumn, winter, and spring birding courses, a subscription to our newsletter Voice of the Friends, regular notifications about programs and events happening year-round in Fish Creek Provincial Park and admission to educational Fish Creek Speaker Series presentations.

We hope that you and your family have enjoyed some of the community-focused activities we help organize here in Fish Creek Provincial Park. All of our volunteer programs and community engagement activities are made possible by our modest membership fees. Please visit www.friendsoffishcreek.org/friends-of-fish-creek-membership-signup to renew your membership. We thank you for your continued support and look forward to seeing you in the park.

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1st of each month for the next month's issue

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presents

DECEMBER 3rd, 2016

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business essentials,
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and promotion.

South West Communities Resource Centre

Located in the Professional Wing of the
Oakridge Co-Op Mall

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Phone: 403-238-9222 • Email: info@swcrc.ca • www.swcrc.ca



Let's make sure that no one in our communities go hungry this holiday season.

The holiday season is just around the corner and this year the South West Communities Resource Centre (SWCRC) will be helping local families in 28 communities make it through the stressful time of November and December 2016. Our community resource workers often see local families who require food hampers and help others with resources for basic needs; unfortunately the demand for these services are expected to grow in the weeks to come. We understand that the neighbourhoods in South West Calgary are diverse and there are many who continue to thrive, while others are struggling to pay bills, put food on their tables and meet their basic needs. We need the help of **Neighbours Helping Neighbours**.

This holiday season the SWCRC will focus on the "Celebration of Food" – something that ties families together no matter what your culture is or your family's belief. Food is an extension of all cultures that brings people together and gives us something to share. It encourages conversations. Sadly many families will not have the gift of great food on their plates this year. Budgets for food are the first to slip and food hampers don't provide choice. This year we are asking for YOUR help in providing opportunities for vulnerable families to *purchase their own groceries*.

For six weeks in November and December 2016 we are asking neighbours to **help by purchasing a Grocery Gift card** for us to give to local families who can use your support. Your donation of \$50.00 will put fresh produce on the table for a family of four. A donation of \$100.00 will provide the dairy and breads with the fresh produce, and 250.00 will allow a family in South West Calgary celebrate a feast with all the trimmings. We ask that you provide a receipt with the card and you will be provided a charitable donation receipt. We are also happy to accept financial contributions which will support many of these families in 2017. Visit us online at www.swcrc.ca, call the office at 403 238-9222 or drop by our office in the Oakridge Co-Op Plaza.

Thanks for helping to make south west Calgary the best place to live for all residents.



MLA CALGARY - FISH CREEK RICHARD GOTFRIED

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Legislative Session started October 31st with an orange Halloween hue. Session will see me in Edmonton from Monday – Thursday until mid-December, however my Calgary Team is always pleased to serve you. I am also available by appointment most Friday's for constituency business, so please do not hesitate to contact us. Session will be busy and I am sure that the Climate/Carbon Tax file and Power Purchase Agreement (PPA) issues will take centre stage. I have regularly spoken out on these issues and will continue to do so on your behalf. Please visit my Question Period and Member Statement playlist on YouTube at youtube.com/user/mypcmla.

Another item that will not be debated, but that will impact Alberta's youngest demographic, is Alberta Education's curriculum redevelopment. As a parent of three children, I have many questions. I am a firm believer that our educational systems should primarily encourage fundamental skills and critical thinking, while also encouraging innovation and creativity. Teaching children how to think, not what to think allows them the opportunity to formulate their own ideas based on personal inquiry and research. Although considerable work was done in this area by the previous government, much of that work will not carry forward. There are currently no public engagement sessions scheduled, but I would encourage you to voice your opinion around the potential impact of curriculum redesign and how it might impact you, your children or grandchildren. If you would like to provide input I would encourage you to contact my office or your local school trustee.

November provides an opportunity for all to remember and reflect on those who have and who continue to make sacrifices for their country and others in need around the globe. It is a privilege and an honour to give thanks to our veterans across the country on November 11th. I will be marking the day with veterans in the community and wearing my poppy with pride. The history of the poppy as the universal symbol of Remembrance Day is an example of one woman's commitment to honouring the courage and sacrifice of WWI veterans. Moira Michael diligently lobbied the US War Department, individual congressmen, veterans, and the general pub-

CHRISTMAS CRAFT FAIRS

4th Annual St. William Christmas Craft Market:
11020 Fairmount Dr SE (across from Southcentre Mall and Trico). Saturday December 3rd 10am – 3pm.

St. Gerard's Bazaar: Annual Bazaar and Garage Sale. Saturday, November 19, 2016. 9:00-3:00 pm. St. Gerard's Church. 8944 Elbow Dr. SW.

Auburn Bay Christmas Craft and Marketplace
Nov. 19, 10am – 4pm. Auburn House, 200 Auburn Bay Blvd SE. For more info visit www.auburnbay-connect.com.

Annual Bow Cliff Christmas Craft Fair and Bake Sale
Nov. 26, 10am – 3pm. 3375 Spruce Dr. SW

Bonavista Christmas Craft Fair
Sat. Nov. 19 – sun. Nov. 20, 11am – 4pm. 1401 Acadia Dr SE. For more info www.lakebonavistacommunity.com.

lic for two years. In September 1920 the American Legion adopted the Flanders Fields Memorial Poppy as the United States' national emblem of Remembrance. Over the next few years the message of remembrance spread to other countries. I am thankful for Ms. Michael's efforts and persistence in recognizing these champions of liberty and freedom around the world. Remembering selfless sacrifice of generations past gives each of us courage to face our own daily challenges.

For all communities within Calgary-Fish Creek upcoming by-elections will be held to replace Rt. Hon. Stephen Harper and Hon. Jason Kenney. Both have recently stepped down as MP's for Calgary Heritage and Calgary Midnapore respectively, and I humbly thank them for their service. Nominations will be held by each party to select a candidate, and I would encourage all of you to exercise your democratic privilege by participating in both party nominations and Federal by-elections.

MLA Cafés will be hosted on Friday, October 28th & November 4th at my office from 10am-12pm. I would encourage you, as always, to have your voice heard. If you are unable to visit the office and would like to connect, I am happy to schedule a phone call and encourage you to reach out with respect to issues of importance to you.



Guides
Canada

BLACKFOOT DISTRICT

Lest We Forget

November is a time when we reflect on the sacrifices our men and women in service made and continue to make fighting for the rights and freedoms of all people. We must never forget.

We would like to thank everyone who supported Guiding by buying a box of our yummy mint chocolate cookies. Cookies help support our many activities throughout the year.

All the units in Blackfoot District came together for a super swim night at Acadia Pool. It was a wild and wet evening of fun and games.

Spark units have been enjoying the good weather by going on nature walks and learning about animals. They have held enrolments, sold cookies, went on scavenger hunts and are making poppies for Remembrance Day.

Brownie units are working on their program, going to camp and doing outside activities. Some held Halloween parties, enrolments and will have a visit from a Girl Guide music trainer.

Guide units went to camp, sold cookies and will be having a fabulous bridging Laser Quest outing. Some girls will be volunteering at Remembrance Day ceremonies at the Jubilee Auditorium,

Pathfinder & Ranger units went to a Stampeders football game, had a campfire in Fish Creek Park, volunteered with the CIBC Run for the Cure, hosted Halloween parties & went to Nite Trek camp.

Guiding is a great place to grow lasting friendships and experience new opportunities. Why not give us a try!

If you have any questions regarding Guiding or registration please call 403-283-8348

Girl Greatness Starts Here!



COUNCILLOR, WARD 13
DIANE COLLEY-URQUHART

Email: dcolley@calgary.ca
Phone: 403.268.1624
Twitter / Instagram: @BigRedYYC
FB: [Facebook.com/dianecu](https://www.facebook.com/dianecu)
Website: CouncillorDiane.ca

Swan Evergreen Assisted Living Facility

The ribbon cutting ceremony for the newly constructed assisted-living facility in Evergreen was held on September 28th. The owners have built a beautiful facility and have partnered with AHS to ensure the best leading seniors care and assisted-living services in our City. Having run a long-term care facility myself as an RN, I was so impressed while on tour about all the important amenities that will be made available for our seniors. They will be living in the lap of luxury with the whole approach geared towards active living.

Cllr Diane's Ward 13 Traffic Safety Bus Tour

On September 20th, I took my staff along with Community Association Presidents on my Traffic Safety Bus Tour to do several detailed site visits of pedestrian safety concerns and speeding locations in Ward 13. Our key City staff was there to help and guide us along: Troy McLeod (Director, Roads), Ravi Seera (Manager, Traffic) and Dale Lynch (Manager, Transportation Solutions). Right on the spot, they were able to suggest key actions to address these concerns this coming fall.

Many intersections and pedestrian crossings were identified for safety improvements. This approach will now be used for other communities in The City. If you have concerns, please let me know.

South West Ring Road Developer's Winning Bid

As part of the Government of Alberta's Design, Build, Finance, Operate (DBFO) delivery model, a business case was prepared to ensure the DBFO procurement was appropriate for the SW segment of the Calgary Ring Road. That meant that under the DBFO process, a private-sector partner would be responsible for the design, construction, partial financing, and operation/maintenance of the roadway for 30 years. The road will be finished three years earlier through conventional delivery. To date, the Alberta government has committed

approximately \$1.9 billion toward the construction of the Calgary Ring Road.

On June 22nd, Mountain View Partners won the tender and was selected as the preferred proponent, beating out Southwest Connect and Valley Link Partners to secure the bid. Mountain View Partners were given till September 13th to execute the final DFBO Agreement with government. They are comprised of:

- Project Lead: Meridiam Infrastructure North America Fund II, as managed by Meridiam Infrastructure North America Corp.
- Financing Lead: Meridiam Infrastructure North America Fund II, as managed by Meridiam Infrastructure North America Corp.
- Design-Construction Lead: Kiewit Management Co.
- Operation and Maintenance Lead: Alberta Highway Services Ltd.

The Southwest Calgary Ring Road project involves construction from Highway 8 to Macleod Trail SE including reconstruction of Glenmore Trail from Sarcee Trail to east of 37 Street, and includes:

- 31 km of six- and eight lane divided highway with 14 interchanges;
- One road flyover and one railway crossing (flyover); and
- Three river crossings over the Elbow River and Fish Creek.

Upcoming Ward 13 Pocketbook Guide Announcement

My team and I have been working on an informational **Pocketbook Guide** to help connect you with all the support services you may need during these challenging economic times. Our **Pocketbook Guide** will help you to navigate the comprehensive City service network. Here you will find access to transportation, parks, emergency services, animal bylaws, refuse and recycling, and anything in between – your one-stop guide.

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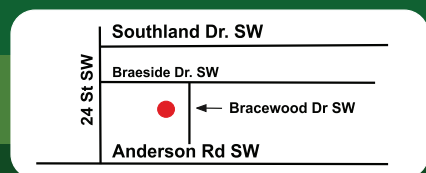
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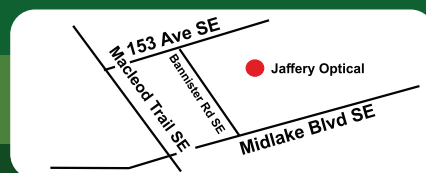
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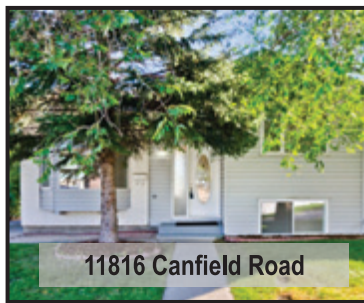
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