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admissions@mywic.ca

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403.452.5554

Scenic Acres Pharmasave
8555 Scurfield Dr NW
403.547.4323

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Canyon Meadows Community Association

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Phone: 403.251.1715
info@cmca.ca | www.cmca.ca

Elected Officials



Councillor Diane Colley-Urquhart
Ward 13 Office
P.O. Box 2100, Station M
Calgary, AB, Canada T2P 2M5
Phone: 403-268-1624
Fax: 403-268-8091
Email: ward13@calgary.ca
Web: www.calgary.ca/ward13



MLA Richard Gottfried
Calgary-Fish Creek
Bay 7, 1215 Lake Sylvan Drive SE
Calgary, AB Canada T2J 3Z5
Phone: (403) 278-4444
Fax: (403) 278-7875
Email: calgary.fishcreek@assembly.ab.ca

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New Location
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Halloween hazards! Keeping your Pet Safe

Happy October!

It's hard to believe but Halloween is just around the corner! Soon the streets will be flooded with little ghouls and goblins looking to fill bags full of sweet treats. Halloween is a great opportunity to meet your neighbours, admire some creative costumes and, of course, enjoy the occasional mini chocolate bar!

While Halloween is a fun time for people, it can be a scary time for pets! The strange visitors, ringing doorbell and unusual costumes may cause stress or even frighten a family pet. Just as families must take safety precautions to ensure a safe and happy Halloween for children, pet owners should be mindful of safety during the festivities. To make sure Halloween is fun for the whole family, Calgary Humane Society wants to remind you of a few safety tips for your pets!

1. Keep candy out of reach of pets! Chocolate, artificial sweeteners and certain types of nuts are toxic to animals.
2. Set up a safe space! Setting up a room with your pet's favorite items in a quiet area of the house will help to block out some of the stressful aspects of the holiday.
3. Leave Fido at home. Including the family pet on trick or treating may seem like fun, but strange costumes and fast moving children could cause your pooch a lot of stress.
4. Put a sign on the door asking trick or treaters to knock, especially if your pet reacts to the doorbell!
5. Be cautious with your costume, especially if your pet is easily frightened. Consider setting your pet up in a safe space before getting changed into your festive duds.
6. If your pet is dressing up, choose a costume that does not restrict your pet's airway or movement. Keep dress-up sessions short and watch for signs that your pet is becoming annoyed with their costume. Most pets do not like costumes so if you must dress up your pet, consider snapping a few photos and removing the costume right away.

7. Do not allow your cats to roam. A popular myth is that cats can fall victim to foul play on Halloween. While we have not seen that occur in Calgary, roaming cats can fall victim to the increased traffic or may become lost if they are frightened by all the little ghouls and goblins collecting candy.
8. Looking for more tools to help a stressed out pet at Halloween? Contact our FREE behaviour helpline at 403-723-6019 to speak to one of our behaviour consultants about different products and strategies that may work for your pet.

From all of us at Calgary Humane Society, have a safe and happy Halloween!

BRAIN GAMES SUDOKU

				4			2	
	3	4	7		9			
			2		6			
	8	5			2	6		4
6				5				8
4		1	3			7	9	
			8		1			
			6		3	8	4	
	1			2				

FIND SOLUTION ON PAGE 13

This Blood Cancer Awareness Month



Shine a Light on Blood Cancers

Add a light at LightTheNight4BloodCancer.ca
Donations up to \$100,000 will be matched.

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IN & AROUND

CALGARY

Alberta Health Services: EMS

Halloween Safety

The members of Calgary's Halloween Partners for Safety: Calgary's Child Magazine, EMS, Calgary Police, Fire, 9-1-1, Bylaw, Transit, and Shaw Communications would like to remind parents and trick-or-treaters of some Halloween safety tips, as October 31st approaches. Partners for Safety vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Stay away from houses that are not well lit. Do not accept rides from strangers, or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

Costumes

- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate foot wear that takes into consideration weather conditions and walking.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing, or making costumes, look for materials and accessories that are labeled flame-resistant.
- Choose bright colored costumes that are highly visible. Adding reflective tape to costumes further increases visibility.

Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.

Canyon Meadows

Real Estate Update

Last 12 Months Canyon Meadows
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
September 2016	\$524,500.00	\$508,750.00
August 2016	\$462,400.00	\$456,125.00
July 2016	\$469,000.00	\$447,500.00
June 2016	\$584,900.00	\$573,000.00
May 2016	\$507,000.00	\$507,500.00
April 2016	\$445,400.00	\$423,750.00
March 2016	\$466,950.00	\$452,000.00
February 2016	\$549,900.00	\$515,000.00
January 2016	\$844,900.00	\$782,500.00
December 2015	\$469,900.00	\$455,000.00
November 2015	\$519,900.00	\$500,000.00
October 2015	\$447,900.00	\$442,500.00

Last 12 Months Canyon Meadows
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
September 2016	13	8
August 2016	12	12
July 2016	7	13
June 2016	16	11
May 2016	12	10
April 2016	13	10
March 2016	8	6
February 2016	16	5
January 2016	8	2
December 2015	2	3
November 2015	6	5
October 2015	8	5

To view the specific SOLD Listings that comprise the above
MLS averages please visit canyon_meadows.great-news.ca

Canyon Meadows
mybabysitterlist

Name	Age	Contact	Course
Abigail	19	705-706-4338	No
Christi	24	403-869-1573	Yes
Colm	14	403-254-4115	Yes
Elizabeth	13	403-281-2808	Yes
Emily	15	403-796-5606	Yes
Kristina	21	403-483-9832	Yes
Laine	14	403-870-5722	Yes
Mackenzie	16	403-805-6223	Yes
Nicole	13	587-572-4444	Yes
Samantha	26	403-616-9096	Yes
Samantha	26	403-616-9096	Yes
Shealynn	16	403-264-2424	No

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and
choose the Calgary communities
you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and
find available babysitters in
and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked
when choosing your babysitter. This babysitter list is provided as a service to the
community and is governed by the terms & conditions outlined at mybabysitter.ca.

HALLOWEEN
TRIVIA



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Halloween carvings!

BUSINESS CLASSIFIEDS

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BRYAN'S PLUMBING, GAS FITTING: Master plumber, gasfitter, 30 years of experience. Fully licensed and insured. Repairs, renovations, faucet replacements and hot water tanks (great prices). Poly B replacement, free estimates, free advice. Call Bryan 403-560-6547 or brenmak@telus.net.

WHITTON ELECTRICAL SERVICES: Master Electrician with 10 plus years' experience. Offering service up grades, panel changes, fixtures, aluminum wiring change out and more! Big box companies say it's not possible? Let me take a look! Fully licensed and serving Calgary and area. Call or text Kyle at 403-371-8383.

CLEANING SERVICES: Excellent references. Insured and WCB coverage. Weekly, bi-weekly at reasonable prices. For free estimates call Mary at 403-606-6977.

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SUMMIT PLUMBING AND HEATING: Renovations and installations. Specializing in residential service, including Hot Water Tanks, Gas Fitting, Back Flow Testing and more. Second generation Master Plumber, Seann Eldan, with over 20 years' experience. Experienced team serving Calgary and area. Contact us: Office 403-281-2008, Email summitplumbing@shaw.ca or website www.summitplumbing.ca.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty-free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

COMPUTER CAUSING YOU GRIEF? FEELING FRUSTRATED AND DON'T KNOW WHERE TO START? Experienced, trusted and reliable technician ready to make things run smoothly for you. Offering personal, home-based and small business computer services to suit your time and budget. Call Debra with DDL Computer Solutions at 403-630-2862 or email ddlalonde@shaw.ca.

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PRIME LANDSCAPING: Providing top quality landscape maintenance and construction to south Calgary. Now booking lawn maintenance and landscape construction for 2016. Contact us for a free estimate, as prices vary depending on project size and complexity. Call 403-720-3478 or e-mail info@primelandscaping.ca. We are ready to get your job done.

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INTERIOR PAINTING: Let us help you update your home with a fresh coat of paint. Dated fireplace bricks can be whitewashed to give your room a modern look. Antiquing furniture is also very popular and we can do that as well. Free estimates, references, colour consulting, quality work. We take pride in our work! Call Colleen at 403-830-3456 Unique Interiors.

YOGABEARS PLAYSCHOOL CLASSES: Yoga, relaxation, songs, games, stories. Tuesdays, September 20 - December 13, 2016. 9:30-11:00 am or 1:00-2:30 pm. Ages 3-5 years. Cost: \$175 for 13 classes or \$15.00/class. Deer Run Community Centre. Maximum 10 students. More info call/text 403-809-1930 or visit www.yogabears.ca.

MATH TUTOR: Private math tutor offering one-on-one sessions in Canyon Meadows. 15 years' experience working with students in grades 1-12. Please call or text 403-589-1886 for more information.

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Calling All Neighbours!



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403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

Trivia

Jack-o'-lanterns originated in Ireland where people placed candles in hollowed-out turnips to keep away spirits and ghosts on the Samhain holiday.



IN & AROUND CALGARY

Did You Know?

Cloverdale Paint Now Offers Discounts to Community Association Members!

Cloverdale Paint is now offering club member pricing to community association members and organizational members of the Federation of Calgary Communities!

What does this mean for you? Well, whenever you need to buy paint you simply go to Cloverdale and say you are a "Federation of Calgary Communities Club Member" and you will receive more than 25% off paint and more than 15% off paint accessories!

Cloverdale Paint approached us to set up this discount program as they understand that community associations, their volunteers, and their members are at the heart of our city, and they wanted to give back in some way.

Thanks to Cloverdale Paint for their support and commitment to the community association network and for helping improve neighbourhood life in Calgary!

 **Cloverdale Paint CLUB MEMBER**

Account Code
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 **FEDERATION OF CALGARY COMMUNITIES**

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Wholesale Pricing

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Editorial Content DEADLINE

1st of each month for the next month's issue

BRAIN GAMES **SUDOKU**

9	6	8	1	4	5	3	2	7
2	3	4	7	8	9	1	5	6
1	5	7	2	3	6	4	8	9
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3	4	9	8	7	1	5	6	2
5	7	2	6	9	3	8	4	1
8	1	6	5	2	4	9	7	3

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Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

October at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs.

Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

Price Freeze

Recession-busting price freeze in effect at Trico Centre on memberships, admissions, and program fees. No increase from September 2015 to April 2017.

Adults

- Register now for adult fitness starting in November: Cardio Kickboxing, Ballet Barre Blast, Cardio Dance, and DANCEPI3Y.
- More than 70 drop-in fitness classes every week – including aquafitness in our newly refurbished pool. Free for members, drop-in fee for non-members. See the Drop-In Fitness schedule at www.tricocentre.ca under the Schedules tab or pick up a copy at Guest Services.

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- October Wellness Workshops include: Foam Roller Workshop, Mindful Relaxation Intro Workshop, and Straighten Up (free info session followed by a 4-eweek workshop – for youth and adults.)

Older Adults

- Bones and Balance, Chair Yoga, and Balance Builders: Fall Prevention Program for Older Adults: These multi-week registered programs start in November.
- Drop-in Pickleball is offered several times a week. Check out the Drop-In Gym schedule (available on the website or at Guest Services.) Free for members or drop-in fee for non-members.

Families, Children & Youth

- All children's programs – from tots to teens – start in November. Swim lessons, skating lessons, dance, gymnastics, sport, and creative classes – lots of new options.
- Li'l Spooks Halloween Party, Sunday, October 30 from 4:30 to 7:30pm. Join us for games, activities, and wave pool fun. Members \$15 per family, Non-Members \$20 per family.
- **NEW: Get Certified: October certification classes include CPRC/AED original and recert, First Aid/CPR Full original and recert.**
- Register now for Mommy & Me Fitness, Mommy & Me Barre, and Mommy/Daddy/Me Aquafit new sessions beginning in November.
- Check out the Drop-In Gym schedule for drop-in gym, Drop-In Playtime, Drop-In Gymnastics, youth drop-in gym, and more. See the Drop-In Arena schedule for lots of cool activities including leisure skate, youth shinny, and stick & puck.



MLA CALGARY - FISH CREEK RICHARD GOTFRIED

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Calgary, AB, Canada T2J 3Z5
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calgary.fishcreek@assembly.ab.ca
www.richardgotfried.ca

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October is a time to reflect with gratitude on the people and good in our life. This October I have much to be thankful for, family, friends, and a love of serving the people and province of Alberta.

Legislative Session will be starting at the end of October and I expect some lively debate! When we are not in session, the business of the Legislature of Alberta still goes on. Committees have met throughout the summer and will continue to do so through the fall. There are currently 10 committees for the Legislative Assembly of Alberta, which comprise of standing committees, special committees, and legislative policy committees. I hold a position on both the Standing Committee on Alberta's Economic Future and Standing Committee on Public Accounts. The mandate of the Standing Committee on Alberta's Economic Future relates to the areas of Agriculture and Forestry, Advanced Education, Infrastructure, Economic Development and Trade, Culture and Tourism, and Labour. The Standing Committee for Public Account's mandate is to review the reports of the Auditor General of Alberta and the public accounts of the province. It is an honour to serve on both of these committees and represent not just the constituents of Calgary-Fish Creek but the interests of Albertans at this critical time of financial instability.

Currently two of the Standing Committees are inviting public input to review two pieces of legislation: Child and Youth Advocate Act and the Lobbyists Act. The Child and Youth Advocates responsibility is to represent the rights and interests of youth and children who are involved in the youth justice system or who are receiving interventional services. As the role of the Lobbyist has evolved, a review of the act is an opportunity to ensure the legislation is more current with new mediums of communication and connecting with politicians. I would encourage you all to visit the assembly website www.assembly.ab.ca to access both of these surveys.

It was a pleasure for the office to be represented at Andrew Sibbald School's new playground opening. It is a beautiful new playground and will be well used by the school and community for generations to come. I commend their efforts to enhance the children's school experience as well as benefitting the community. The parent group at Andrew Sibbald was able to access Alberta grants available to not-for profit community groups through Alberta Culture. Since 1998 Community Initiatives Program (CIP) and Community Facility Enhancement Program (CFEP) has distributed more than 1.1 Billion to not-for profit community groups across Alberta. The funding for CIP/CFEP grants are unique as the money does not come from general revenue/taxes but is sourced through lottery revenues.

Our next MLA Café sessions will be Friday October 28th 10-11am and Saturday November 5th 9-11am. I will continue to vary the times and days to allow for all to attend. I would encourage you to come out to meet me and my staff to share your thoughts on the legislative process and current government policy. Your engagement with me and my office ensures I can effectively represent you in Edmonton.

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IN & AROUND CALGARY

Show Your Support for Fish Creek - Renew Your Membership or Become a Member

Members are the foundation of our Society and share our vision of a sustainable Fish Creek Provincial Park that improves the quality of life for present and future generations. We encourage you to renew your commitment to Fish Creek Provincial Park for the October 1, 2016 – September 30, 2017 season. Friends' membership benefits include discounts on courses like the popular Autumn, Winter and Spring Birding Courses, a subscription to our newsletter *Voice of the Friends*, regular

notifications about programs and events happening year-round in Fish Creek Provincial Park and admission to educational Fish Creek Speaker Series presentations.

We hope that you and your family have enjoyed some of the community-focused activities we help organize here in Fish Creek Provincial Park, such as Parks Day & Creekfest, A Taste of Autumn, the Fish Creek Community Fair and the Wellness Showcase. Minibus tours and wellness programs provide new and innovative ways to bring people together and celebrate nature.

All of our volunteer programs and community engagement activities are made possible by our modest membership fees. Please visit www.friendsoffishcreek.org/friends-of-fish-creek-membership-signup to renew your membership. We thank you for your continued support and look forward to seeing you in the park.

Ghosts in Fish Creek

Wednesday, October 26, 6:30 - 7:30pm

Join us, if you dare! Tour the historic Bow Valley Ranch area of Fish Creek Provincial Park to learn about the ghosts that are rumored to haunt here! Great for all ages (although it may be a bit scary for younger listeners). Tickets only \$7 per person, registration is required. For more info or to register: www.friendsoffishcreek.org/programs/other-tours

October in Fish Creek

Fish Creek Speaker Series

Exploring the Native Grassland Elements of Fish Creek Provincial Park

Thursday, Oct. 27, 2016 7:00 – 8:00 pm

Presented by Ian Macdonald, Professional Biologist and Botanist

Fish Creek Environmental Learning Centre at Shannon Terrace in Fish Creek Provincial Park (13931 Woodpath Rd. SW, access via 130 Ave. SW and 37 St. SW).

Fish Creek Provincial Park is one of the largest natural environment parks located in a large urban centre anywhere in Canada. It has been heavily impacted over decades by a variety of human uses and the growth of Calgary around all of its borders. However, even with all of this disturbance there remain many traces of the native grasslands that once flourished here. Join us to explore and learn about these grassland elements still in existence today. Ian Macdonald, is a professional Biologist and Botanist, who has spent a great deal of his personal time over the last several years surveying the north slopes of Fish Creek examining, recording and reporting on his findings of the native grassland elements. To register or for more info: friendsoffishcreek.org/event/grassland



COUNCILLOR, WARD 13 DIANE COLLEY-URQUHART

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Ward 13 Traffic Safety Town Hall – October 12, 2016

I have invited the Calgary Police Service (CPS), the City Safer Mobility Operations Team and Traffic Section Management Team to join me at my upcoming **Traffic Safety Community Town Hall** for my Ward 13 communities. Traffic concerns are the number one issue raised. Please come out on **October 12th, 2016 from 7pm – 9pm at the Canyon Meadows Community Association (844 Cantabrian Drive SW)**. I need your feedback on hotspots.

Water Fluoridation in The City of Calgary

Over the past many months since the research study on “Measuring the Short-Term Impact of Fluoridation Cessation on Dental Caries in Grade 2 Children” was released by lead author and Albertan, Dr. Lindsay McLaren, I have been meeting frequently with Councillors Demong and Pootmans to consider not only the findings, but to determine what an objective go-forward plan could be for Calgary City Council to consider.

An important aspect of our meetings has included seeking professional expertise and advice from the University of Calgary's O'Brien Institute for Public Health (OIPH) and from Dr. Richard Musto, MD, FRCPC – Medical Officer of Health – Calgary Zone – Alberta Health Services. While Dr. Musto is certainly an advocate for fluoridation, that is contrasted by Dr. William Ghali, the Scientific Director of the OIPH who approaches matters such as this from a purely scientific non-advocacy perspective.

It is because of these conversations and advice, that we have developed the approach outlined in our Notice of Motion (presented to Council on September 12th). The Institute has established deep engagement and longitudinal partnerships with governments, health systems, and public health agencies that shape policies that influence our health. The OIPH is a credible agency to undertake this work. I would like to continue hearing from you on all pros and cons of this debate to use

in our evaluation and research process. To learn more, please email my office for links on my recent coverage in the media.

0% Property Tax Increase

For weeks prior to the Strategic Meeting of Council on June 27th, I asked what it would look like if property taxes were not raised to the proposed 4.7 percent (through *ActionPlan*), and instead, somewhere between zero and 3.2 percent.

On June 11th I held my Mobile Town Hall to help me get a better understanding of the needs of my constituents. The event gave me a forum to hear your concerns and your feedback helped to open my eyes to the needs of our Ward.

With the notion of a zero percent tax increase, services would have to be re-examined, adjusted, and possibly even cut. After speaking with my constituents, as well as my fellow Calgarians outside of Ward 13, I'm seeing more and more of an understanding that to see some sort of tax relief, it would mean a less strict quality of service target for City services. Although answers to which services citizens would lessen or cut altogether is a different story. That's the million dollar question.

When City Council approved the Four-Year Budget in 2014, financially, it was a much more optimistic and different time. Our City's economic outlook was prosperous. Much has changed and we need to change with them. In our current financial situation, City Council approved a vote to utilize the City's Fiscal Stability Reserve Fund, to be used in times of need.

With the economic downturn felt in our City, we as your elected officials need to make decisions that help to not only sustain us but to ensure prosperity in the future, while also giving credit to Administration in finding efficiencies that have already saved our City tens of millions of dollars.

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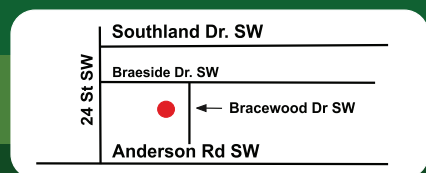
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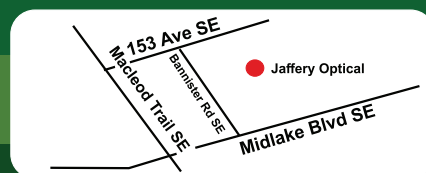
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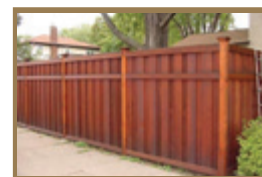
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