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Learning Opportunities Ahead

Talking About Dementia with Dr. David Hogan

Gain a better understanding of Alzheimer's disease and related dementias. Dr. David Hogan will lead an informative presentation and answer some questions from the audience. As a local expert on dementia, Dr. Hogan is the Medical Director of the Cognitive Assessment Clinic and holds the Brenda Strafford Foundation Chair in Geriatric Medicine at the University of Calgary. The Alzheimer Society of Calgary will also share information on the programs and services available to help you.

This is a fantastic opportunity for people looking to learn some excellent, introductory information about Alzheimer's disease or related dementias, or who may be searching for additional support, resources, hope and inspiration. There is no cost to attend but registration is required.

Saturday, January 28th 10 a.m. – 12:00 p.m.

Delta Calgary South (135 Southland Drive SE)

Register today

Visit www.alzheimercalgary.ca

Call (403) 290-0110

Email info@alzheimercalgary.ca

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The Indoor GARDENER

by Cindy DeJager

PRAYER PLANT

(marantaceae leuconeura erythronera)

Origin: Brazil

In the evening the leaves stand up facing each other, like praying hands, and lay flat during the day.

This is one of my favourite house plants! I love a plant that has something special about it – and this one certainly does.

HOW DOES A PRAYER PLANT PRAY

Circadian rhythm, the change in light from day to night, triggers water to move in and out of the plant cells causing them to fold up at night, hence the name, Prayer Plant.

The most popular are the colourful marantaceae leuconeura erythronera (Herring bone, Red-nerve plant, Red-veined prayer plant) with its burgundy veined leaves (pictured above), and the green m. leuconeura kerchoviana (Rabbit track).

These plants don't like the cold – so a windowsill in the winter may cause the edges of the leaves to brown. Browning of the leaf edges may also indicate low humidity.

Maranta loves humidity but not wet soil – make sure that your tropical potting mixture has some vermiculite or perlite in it for good drainage.

Feed it every 2 weeks with a 10-10-5 plant food.

Moderate lighting; no direct sunlight for this beauty; otherwise you will notice the color fading from the leaves.

As a matter of fact, most vibrant and colourful foliage does not need direct sunlight at all; rather, pale foliage and variegated houseplants require brighter or direct sunlight to produce photosynthesis.

The secret to success with the Prayer Plant is high humidity.

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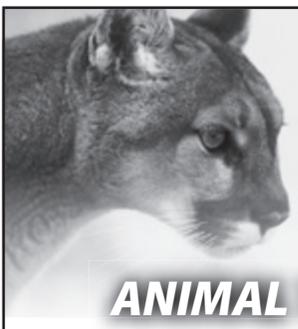
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There is no single cat called the panther. The name is commonly applied to the leopard, but it is also used to refer to the puma and the jaguar. A black panther is really a black leopard.

ANIMAL TRIVIA

IMPORTANT NUMBERS

ALL EMERGENCY CALLS 911	
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	511
Gamblers Anonymous	403-237-0654



January in Fish Creek

The January Fish Creek Speaker Series - Growing Up in Alberta's Eastern Parks

Thursday, January 26, 2016

7:00 pm – 8:00 pm

Fish Creek Environmental Learning Centre, Shannon Terrace, Fish Creek Provincial Park

(13931 Woodpath Rd SW)

Presented by Alison Cole, Visitor Experience Coordinator, Alberta Environment and Parks, Parkland Area

What do Alberta's badlands, sand-covered toes and foot-long hot-dogs have in common? Nothing really, except that they have all played a part in Alison Cole's discovery of eastern Alberta's lesser-known provincial parks. Join Alison on a photographic tour of some of the most interesting protected areas in the east-central portion of the province, and explore countless opportunities for both nature and outdoor recreation enthusiasts. For more information or to register visit www.friendsoffishcreek.org/event/east

Friends of Fish Creek Annual General Meeting Have Your Voice Heard! Attend the AGM!

Wednesday, January 25, 2017

Registration at 6:30 pm, Meeting starts at 7:00 pm

Fish Creek Environmental Learning Centre, Shannon Terrace, Fish Creek Provincial Park

It is because of our members, volunteers and donors that the Friends have accomplished so much. Come and have your voice heard and meet our board and staff at the Annual General Meeting. Please contact the Friends of Fish Creek Provincial Park Society if you would like to attend. Refreshments will be served. Only members who have paid their 2016—2017 Membership dues are eligible to vote.

To register visit www.friendsoffishcreek.org/event/aggm

Winter Wellness in Fish Creek

Introducing Yo-Qi: A Wellness Experience

The Friends of Fish Creek are excited to announce that 2017 will bring people an opportunity to participate in our Yo-Qi Wellness Experience pilot project as we assess the level of interest there is in our Wellness Program continuing throughout the year.

Instructors Diane Smith, Gwen Draude and Naomi Parker will team up once a month to teach "Yo-Qi" – a combination of Yoga and Qi-Gong – and each session will have a different wellness-focused theme.

Sessions will be held indoors at the Environmental Learning Centre in Shannon Terrace from 7-8pm.

For more information visit www.friendsoffishcreek.org/programs/wellness-clinics

Park Protectors Needed!

As an alternative to traditional membership, we offer the Park Protector monthly donor program! This program may suit your busy lifestyle and your contributions will directly support our environmental stewardship efforts in Fish Creek. For more info visit www.friendsoffishcreek.org/park-protector-signup



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IN & AROUND CALGARY

EMS: Sledding Safety

Alberta Health Services EMS would like to remind parents and children of some basic sledding safety tips as the winter season continues. Sledding injuries can result from collisions with stationary objects, such as trees and rocks, or with other people on the hill. Unprotected falls can result in injury if you lose control at high speeds. Everyone is at risk – especially children. Have a fun and safe trip on the toboggan hill by following these simple reminders:

Equipment

- Always ensure your toboggan or sledding device is in good repair. Inspect it for any damage, or missing parts before each use;
- Be certain the operator is fully capable of staying in control of the sled at all times;
- Children should wear a properly fitted helmet designed for other high impact sports such as hockey, cycling, or climbing.

Plan ahead

- Dress warmly in layers and anticipate weather changes;
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones;
- Take breaks to warm up out of the cold;
- Attempt to cover exposed skin from the elements;
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheeks may be affected by the cold;
- If a cold-related emergency has occurred, treat it by first removing the individual from of the environment;
- Gently warm the affected skin by placing a warm hand over it or by placing the affected part in warm water (~41°C max.) until re-warmed.

Hazards

- Avoid hills that are too steep, or too icy – you can lose control very quickly;
- Choose hills free of all obstacles such as trees, rocks, utility poles, or fences;
- Beware of loose clothing (i.e. scarves), or clothing containing drawstrings which can present a choking hazard if they become caught or snagged.



January 5 First Quarter (waxing)

Moonlight is strong, encouraging leaf growth. It is a good time for planting, especially two days before the full moon. Take cuttings from plants you wish to propagate. Fertilize as close to the full moon as possible.

January 12 Full Moon (waning)

As the moon wanes, the energy is drawing down. Strong gravitational pull but moonlight is decreasing putting energy into the roots.

January 19 Last Quarter (waning)

Decreased gravitational pull and moonlight. A resting period. Take cuttings from plants you wish to propagate. Dry herbs, flowers and fruit. If you want to control growth or encourage rooting, perform the necessary activities during the waning moon.

January 27 New Moon (waxing)

Increasing moonlight, lunar gravity pulls water up encouraging plant growth and proliferation. Grafting, transplanting, re-potting, and watering. Gather herbs used for essential oils. Oil content is more concentrated at this time.



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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

IN & AROUND CALGARY

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**FEB. 25 – 26
2017 ISU WORLD SPRINT SPEED
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The Organizing Committee Calgary will be hosting the 2017 ISU World Sprint Speed Skating Championships at the Olympic Oval from Feb. 25-26. More info www.speedskating.ca



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FEBRUARY FEBRUARY FEBRUARY

**YOUR COMMUNITY/CITY EVENTS
AT A GLANCE...**

Feb. 8 This Is That Live at Jack Singer Concert Hall

Hot on the heels of a new season of radio and a string of viral videos Pat Kelly and Peter Oldring are hitting the road with a new version of their popular live show - This Is That LIVE! If you have ever been curious how just two guys provide all the voices for this completely improvised radio comedy, well this is the show for you. Tickets and info www.artsccommons.ca

Feb. 11, 25 D&D Meet-up at The Sentry Box, Upper Mezzanine, 10 am – 5:30 pm

Whether you're a seasoned player or just curious about this type of role playing game, this D&D meet-up could be for you. Join this group who are dedicated players and welcome everyone, and with multiple ongoing campaigns new dungeon masters are encouraged to step up as well. More info <http://dnd.meetup.com/157/about/>

Feb. 14 – 25 Skylight at Theatre Calgary

On a crisp London evening, two former lovers from vastly different worlds find themselves locked in a dangerous battle of opposing ideologies and mutual desire. At times deeply personal, at times shockingly confrontational, this is one of the greatest intimate plays ever written. Watch, up close, as the embers of a broken relationship spark, ignite, and illuminate exciting possibilities. Tickets and info www.theatrecalgary.com

Feb. 24, 25 Winefest at Stampede Park BMO Centre

2016 Winefest Calgary was a delicious success! Attendees were afforded the opportunity to sample hundreds of red, white, port, sparkling, fruit and dessert wines from 15 different countries! To complement the delicious sips a selection of palate pleasing hors d'oeuvres will be served, along with a variety of tantalizing bites available from local businesses! Tickets and info www.celebratewinefest.com

Feb. 25 Coldest Night of the Year Walk Fundraiser at various Canadian cities

Walk with us on the Coldest Night of the Year, a super-fun, family-friendly fundraiser that raises money for the hungry, homeless, and hurting across Canada. Coldest Night of the Year 2017 officially launches on December 1, 2016, but you can register now! You'll see more and more features magically appear on the site as we get closer to launch. More info and registration www.canada.cnoy.org

**Readers
Recommend**

Have a book you would like to recommend? The more books you recommend, the more personalized this list becomes. Email us at news@great-news.ca

ADULT FICTION

- The Wrong Side of Goodbye*, Michael Connelly
- His Bloody Project*, Graeme Macrae Burnet
- The Whistler*, John Grisham
- The Sleeping Beauty Killer*, Mary Higgins Clark
- A Great Reckoning*, Louise Penny
- The Witches of New York* by Ami McKay
- Hag-Seed* by Margaret Atwood
- The Obsession*, Nora Roberts

NON FICTION

- A Life in Parts*, Bryan Cranston
- Hungry Heart: Adventures in Life, Love, and Writing*, Jennifer Weiner
- The Tumor*, John Grisham
- Lab Girl*, Hope Jahren
- Disrupted: My Misadventure in the Start-Up Bubble*, Dan Lyons
- The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing*, Marie Kondo

CHILDREN'S & YOUNG ADULT

- Double Down (Diary of a Wimpy Kid, #11)*, Jeff Kinney
- The Bronze Key (Magisterium, #3)*, Holly Black
- Hotel Bruce*, Ryan T. Higgins
- The Secret Horses of Briar Hill*, Megan Shepherd
- Impyrium*, Henry H. Neff
- Harry Potter and the Cursed Child – Parts One and Two*, J.K. Rowling
- Divergent*, Veronica Roth

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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

Trivia
COFFEE

The Coffee filter was invented in 1908 by a German homemaker, Melitta Benz, when she lined a tin cup with blotter paper to filter the coffee grinds



Happy New Year One And All

2017 marks the 105th anniversary of Girl Guides in Alberta and you might want your daughter to try something new. Think about joining this long standing program aimed at promoting self development and friendship in women. Guiding is a great place to learn new skills, experience new adventures and build lasting friendships.

Guiding welcomes girls of all ages from kindergarten through to high school and beyond.

Calling All Neighbours!



To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to CM@great-news.ca

Sparks	ECS & Grade 1 or (5&6 year olds)
Brownies	Grades 2 & 3 or (7&8 year olds)
Guides	Grades 4, 5 & 6 or (9 to 12 year olds)
Pathfinders	Grades 7, 8 & 9 or (12 to 15 year olds)
Rangers	Grades 10, 11 & 12 or (15 to 17 year olds)
Leaders	(18 years and over)

The Spark units will be visiting the fire hall, sledding, learning about our feathered friends and making a bird feeder.

The Brownie units will be skating, learning some camp skills at Brownie Academy at Camp Jubilee and working on badges.

The Guide units will be having sleep-overs, visiting 4 Cats studio and snowshoeing.

The Pathfinder units will be going to camp, volunteering at Brownie Academy and attending a Hitmen hockey game.

The Ranger units will be snowshoeing, winter camping and volunteering at Brownie Academy.

Upcoming District activities include roller skating at Lloyd's in early February.

Registration is on going. Guiding is a great place to grow lasting friendships and experience new opportunities. Why not give us a try!

If you have any questions regarding Guiding or registration please contact Calgary Area Girl Guides at ggcinfo@calgarygirlguides.com or call 403-283-8348

Girl Greatness Starts Here!

Ask Charles

I'm selling my home, and the potential buyers also want to use my real estate professional to represent them. Is that allowed?

To submit a question, email askcharles@reca.ca.

Yes, that's allowed. The situation you're referring to is called transaction brokerage. Transaction brokerage is a service option when your real estate professional represents a buyer client interested in purchasing the property in which you are the seller client. The reverse is also true – transaction brokerage is a service option when you're interested in buying a property and the property's seller is also represented by your real estate professional.

When a real estate professional works on behalf of only one client in a transaction – the buyer or the seller - they have legal responsibilities, which include:

- undivided loyalty to their client
- acting in their client's best interest at all times
- the duty to avoid conflicts of interest
- the duty to disclose conflicts of interest when they arrive.

Transaction brokerage changes the services your real estate professional is able to provide to you and to the other party in the transaction. A real estate professional who is working with both the buyer and the seller in a transaction cannot fulfill all of their legal responsibilities because there is a conflict between the best interests of the buyer and those of the seller. The buyer wants to pay as little as possible for the property, while the seller wants to sell their property for the highest possible price. It is impossible for a real estate professional to advocate for and represent the best interests of a buyer client AND seller client in the same transaction.

This is when and why transaction brokerage becomes an option. In transaction brokerage, the real estate professional will provide facilitation services to you and the other party. These services include:

- helping the buyer and seller negotiate an agreement
- giving the buyer and seller property statistics and information, including comparative information from listing services and local databases
- providing and preparing agreements of purchase and sale, and other relevant documents according to the buyer and seller's instructions

A transaction facilitator has to treat both parties in an even-handed, objective, and impartial manner. They must remain neutral, not advocate for either you or the buyer, and they cannot provide confidential advice.

Before a real estate professional proceeds with transaction brokerage, both the buyer and the seller need to provide their informed consent by signing an *Agreement to Represent both Buyer and Seller*. Informed consent means each client understands the facts, implications, and future consequences of providing their consent. You do not have to consent to transaction brokerage. If you don't consent to it, or the other party doesn't, there are other options available to you such as seeking representation from a different real estate professional.

"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), www.reca.ca. RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta.



COUNCILLOR, WARD 13 DIANE COLLEY-UROUHART

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Longstanding Volunteer in Profile

The Woodcreek CA recently announced the stepping down of long time President Cecil (Cec) Jahrig at their last AGM. A huge congratulation goes out to Scott Eden, who has taken over the position of President.

Cec has been President of the Woodcreek Community Association President for 6 years. He has been the heart and soul of the community giving hundreds and hundreds of volunteer hours back since taking over the presidency and serving as Vice President before that.

Cec not only is a Chartered Professional Accountant, but he's also retired from a career in real estate. When the Woodcreek Community Association was in need of a treasurer, Cec was interested in the role. As luck would have it however, six other candidates had also put their names forward for the position. As a result, Cec decided instead to focus on volunteering on the fundraising side for Woodcreek and eventually ran for President.

Cec has seen the CA memberships soar during his time in office with a total of 2401 members since 2010, and 1100 of those members signed up just last year. He has built a great team of volunteers, and without their efforts, the Woodcreek Community Association wouldn't be as successful as it currently stands in serving the residents of Woodbine and Woodlands.

Other accomplishments which Cec has overseen in his tenure include improving community engagement by adding office space, expanding the current facilities to accommodate the community, repaving the Woodbine tennis courts, the building of pickle ball courts, the creation of a skate park, installation of basketball courts in both Woodbine and Woodlands and upgrading the flood lights. Cec has always been dedicated to recruiting volunteers to organize community and sporting events at the community hall. He is most proud of the support from the entire board and volunteers and has seen a substantial increase in community support throughout the years. Building strong long-lasting relationships have been central to Cec's involvement.

Cec, for all you do and have done for our City, I would like to express a heartfelt thank you on behalf of everyone you serve.

In Cec's own words:

"Time for a change. At the Woodcreek Community Association Annual General Meeting on Tuesday November 15th I will be stepping down as President and moving into the Past President position. My recommendation for the new President will be Scott Eden who has served as my First Vice President during my term in office. Scott is very active in the community and will do an excellent job.

When I look back at the past 6 ½ years, a lot has happened. Phil Barg was the prime mover in getting the hall addition added and then that is when I took over. Our biggest challenge was to give residents a reason to join the Community Association. Membership had previously been based on sports. If your child wanted to play sports you had to purchase a membership. Sports have left the community and are now club or quadrant based. With the new hall addition, we added furniture, equipment and programs and activities to make it a true community centre. Our community membership in 2010 was 240 and has now risen to 1360 in 2016. Our aim was to give value to becoming a member.

We had a number of interesting challenges over the years. Tsui Tina garbage fire, Shoppers Drug Mart, Skate Board Park, Cell Towers, BRT. Our role was to hold meetings to ensure our residents had the proper information and to give them a chance to express their opinions.

Over the years we have expanded the office, refurbished the board room, added a storage addition, opened 3 downstairs meeting rooms, doubled the garage and repaved the parking lot and upgraded the rink lighting. At our Woodbine sports location we repaved the tennis courts, added pickle ball courts, added a skate board park, paved the ice rink and added a basketball court. All of these improvements were meant to add to the community facilities and to particularly add youth activities.

During my term I have had a very supportive Board of Directors who has done a great job planning, organizing and volunteering. Thanks to them for helping to grow our community and make this a great place to live. We have tremendous support from volunteers in the community and it was a pleasure working with you. Whenever we needed people, they stepped up. The operation of our Community Centre falls to our staff of Linda, Lorraine and Al. They are a dedicated group and it has been a pleasure working with them."

Cec Jahrig – Past President



MLA Calgary - Fish Creek Richard Gottfried

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January is a time of new beginnings and a fresh outlook for the coming year. Resolutions and reflections are on the mind of many. For me, January provides an opportunity to look back over the previous year, evaluate, and set or reset my course and goals for the year ahead. One of my goals is to connect with more of you and to hear your stories. As we go through the year, I would also like to take a moment to spotlight our communities and some of the amazing individuals that live in our neighbourhoods.

Along with the great residents, many animal species make their home in or near Deer Ridge, while proximity to Fish Creek Park ensures easy access to many recreational activities. The Deer Ridge Board were founding members of the Trico Centre and still enjoy an association with them, while using the facility for their board meetings. They have an amazing Movie in the Park series, community gardens and enjoy outdoor skating in the winter. While I know many in the community and on the board, a special shout out to Bob Hall, who has been a tireless volunteer in the community for many years. When someone needs a hand, Bob is there to lend it. Many times, I have seen him go above and beyond the call of duty to help the community, a neighbour or stranger. Bob, you have my gratitude and thanks for making Deer Ridge and Calgary-Fish Creek a better place.

I feel a need to comment on the Carbon Tax, as it takes effect January 1st. The Tax is set at \$20/tonne for fuels going up to \$30/tonne January 1st 2018. All fuels such as natural gas, gasoline, diesel, propane, etc. are included in the levy. The one exemption will be for those fuels marked for agricultural distribution. What this means is that your gasoline will be taxed another 4.49 cents/liter at the pump. It also means that to heat our homes, natural gas will be increased \$1.011/GJ. In addition to the increase being felt at both the pump and on our energy bills, there will also be indirect or soft costs that will accrue to almost everything we consume. All the goods we buy, even if produced locally, must be transported to stores or even local farmer's markets, all of which contribute to increased costs to

Albertans. In short, the Carbon Tax will impact us all. With many unemployed through no fault of their own, or scraping by on reduced incomes, the tax is sure to be felt across the province. It is estimated that 2/3 of Albertans will receive some form of rebate. Concerns I have heard from constituents range from: "It is just a redistribution of wealth." "I have more than four children, who will not qualify." "I have adult dependent children at home who are not eligible." "Even though I qualify for a rebate, I will still be out of pocket for a few months." "I am new to Alberta and will not qualify." "I work for a not-for-profit that will most likely have to cut staff because of the tax." These concerns are real and impactful for individuals and families.

I will be pleased to continue my MLA Café's and MLA Youth Café's in the new year, so call my office or check my Facebook page or website for dates and information. I hope that you can join us for coffee and snacks while sharing your thoughts and discussing issues facing Albertans. Your feedback is always welcome. My resolve and commitment to you for 2017 is to continue to be your humble representative and outspoken voice in Edmonton. Wishing you all the best for 2017, Happy New Year, Gung Hei Fat Choi and Chuc Mun Nam Moi!

BRAIN GAMES SUDOKU

9			6			4		5
	8			7				6
						3	8	
	9		1	2	3			
3								2
			5	9	8		3	
	7	2						
4				5			1	
6		5			7			8

FIND SOLUTION ON PAGE 18

Canyon Meadows

Real Estate Update

Last 12 Months Canyon Meadows
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
December 2016	\$475,000.00	\$478,500.00
November 2016	\$414,900.00	\$396,000.00
October 2016	\$507,400.00	\$499,250.00
September 2016	\$524,500.00	\$508,750.00
August 2016	\$462,400.00	\$456,125.00
July 2016	\$469,000.00	\$447,500.00
June 2016	\$584,900.00	\$573,000.00
May 2016	\$507,000.00	\$507,500.00
April 2016	\$445,400.00	\$423,750.00
March 2016	\$466,950.00	\$452,000.00
February 2016	\$549,900.00	\$515,000.00
January 2016	\$844,900.00	\$782,500.00

Last 12 Months Canyon Meadows
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
December 2016	6	5
November 2016	8	3
October 2016	7	6
September 2016	10	8
August 2016	11	12
July 2016	8	13
June 2016	16	11
May 2016	12	10
April 2016	13	10
March 2016	8	6
February 2016	16	5
January 2016	8	2

To view more detailed information that comprise the above
MLS averages please visit canyon_meadows.great-news.ca

Canyon Meadows mybabysitterlist

Name	Age	Contact	Course
Abigail	19	705-706-4338	No
Christi	24	403-869-1573	Yes
Colm	15	403-254-4115	Yes
Elizabeth	14	403-281-2808	Yes
Emily	15	403-796-5606	Yes
Kristina	21	403-483-9832	Yes
Mackenzie	16	403-805-6223	Yes
Nicole	13	587-572-4444	Yes
Samantha	26	403-616-9096	Yes
Shealynn	16	403-264-2424	No

Calling All BABYSITTERS

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Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

BRAIN GAMES SUDOKU

9	2	3	6	8	1	4	7	5
5	8	4	3	7	9	1	2	6
1	6	7	2	4	5	3	8	9
7	9	8	1	2	3	5	6	4
3	5	1	7	6	4	8	9	2
2	4	6	5	9	8	7	3	1
8	7	2	4	1	6	9	5	3
4	3	9	8	5	2	6	1	7
6	1	5	9	3	7	2	4	8



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Contact in confidence (fees paid by client)
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divinematchmaking.com | 403-456-4870



6 REASONS TO VISIT

ROBERT BURNS DAY CELEBRATION | JAN 24TH AT 7:15 pm
Come pay tribute to the life, works and spirit of the great Scottish poet, Robert Burns. Sample some Haggis and be enticed by the tall tales and songs courtesy of the Robert Burns Society, during this annual LBV celebration.

CHINESE NEW YEAR: YEAR OF THE RED CHICKEN | JAN 31ST AT 12:00 pm
Whether you're a pig, rabbit or snake ring in the Chinese New Year with fun and frivolity, as we enjoy the tastes of the Orient and celebrate the year of the chicken with a delicious buffet meal. **Limited seating is available, please RSVP to reserve your spot.**

VALENTINE'S DAY CHOCOLATE BUFFET & MUSIC | FEB 14TH AT 7:15 pm
LBV will be taking over for Cupid during our annual Valentine's Day Buffet. Come out and indulge in a day of sweet treats, scrumptious delights and lots of Valentine's Day love courtesy of local musician, Rob Young.

HERITAGE DAY CELEBRATION OF FRENCH CULTURE | FEB 24TH AT 4:30 pm
Attend a celebration of French heritage and history during an afternoon of delicious "French" inspired treats. **Limited seating is available, please RSVP to reserve your seat.**

ST PATRICK'S DAY: LUCK O' THE IRISH PUB | MAR 17TH AT 3:00 pm
Tap into your little leprechaun this March with a green inspired holiday celebration. Enjoy a fun St. Patrick's Day themed event...and who knows, if you're lucky you may even find your own pot of gold. Don't forget to put on the green!!

"LOVIN" TUNEFUL PERFORMANCE | MAR 21ST AT 7:15 pm
Enjoy the harmonizing vocals of this talented local Barber Shop Quartet during a performance by "Lovin" Tuneful.

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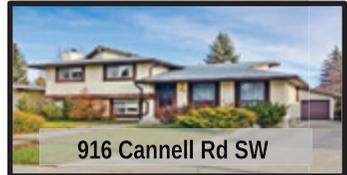

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