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Discovery Ridge Community Association

PO Box 75023, Westhills RPO, Calgary, AB T3H 3M1  
[www.discoveryridge.com](http://www.discoveryridge.com)

## Elected Officials



**Councillor Richard Pootmans**

Ward 6 Office  
P.O. Box 2100, Station M  
Calgary, AB, Canada T2P 2M5  
Phone: 403-268-2430  
Fax: 403-268-3823  
Email: [ward06@calgary.ca](mailto:ward06@calgary.ca)  
Web: [www.calgary.ca/ward6](http://www.calgary.ca/ward6)



**MLA Mike Ellis**

Calgary-West  
Unit 234, 333 Aspen Glen Landing  
SW Calgary, AB T3H 0N6  
Phone: (403) 216-5439  
Fax: (403) 216-5441  
[calgary.west@assembly.ab.ca](mailto:calgary.west@assembly.ab.ca)

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 Women like to be a man's **LAST ROMANCE.**  
*Oscar Wilde*

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# Discovery Ridge



## Real Estate Update

Last 12 Months Discovery Ridge  
 MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
January 2016	\$781,000	\$759,750
December 2015	\$1,016,950	\$992,500
November 2015	\$867,500	\$852,500
October 2015	\$742,197	\$723,000
September 2015	\$964,333	\$958,333
August 2015	\$1,075,000	\$1,025,000
July 2015	\$878,620	\$844,616
June 2015	\$829,000	\$807,500
May 2015	\$878,114	\$855,500
April 2015	\$794,333	\$778,333
March 2015	\$657,150	\$637,500
February 2015	\$891,600	\$879,833

Last 12 Months Discovery Ridge  
 MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
January 2016	7	2
December 2015	0	2
November 2015	5	2
October 2015	7	4
September 2015	11	3
August 2015	2	1
July 2015	6	15
June 2015	11	1
May 2015	6	7
April 2015	7	3
March 2015	8	4
February 2015	5	3
<b>Total</b>	<b>75</b>	<b>47</b>

To view the specific SOLD Listings that comprise the above MLS averages please visit [discovery\\_ridge.great-news.ca](http://discovery_ridge.great-news.ca)

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**Ryan MacDonald, B.Sc.**  
**Sheri MacDonald, M.Sc.**  
 403.519.9102  
[info@calgaryhometeam.com](mailto:info@calgaryhometeam.com)  
[www.calgaryhometeam.com](http://www.calgaryhometeam.com)





Name	Age	Contact	Course
Abigail	18	705-706-4338	No
Aida	15	403-852-6410	Yes
Alana	24	587-888-4854	Yes
Alison	24	587-999-1278	Yes
Amber	30	587-438-4789	Yes
Anna	15	587-284-1954	Yes
Blaise	24	587-223-8583	Yes
Brodie	14	403-805-1469	Yes
Brooke	13	403-212-1014	Yes
Brooke	17	403-874-3111	Yes
Camila	27	403-680-0942	No
Catherine	27	514-293-1395	Yes
Christoph	24	587-998-6172	Yes
Connie	16	403-862-2081	No
Danita	21	403-990-0205	Yes
Elaura	18	403-471-5051	Yes
Elizabeth & Michelle	20	403-918-2035	No
Ellen	14	403-240-0165	Yes
Emily	23	403-999-8525	Yes
Erika	18	403-685-4645	Yes
Eugene	18	403-703-4488	Yes
Evelyn	12	403-475-0919	Yes
Genevieve	25	581-307-6165	Yes
Harvinder Kaur	31	587-830-6217	Yes
Heather	29	403-966-5233	Yes
Henry	15	403-719-8282	Yes
Izzy	15	403-863-1453	Yes
Jakarta	18	403-808-8503	No
Jamie-Lyn	21	403-892-0176	No
Josefa	25	587-437-1252	Yes
Julianna	16	403-604-0034	Yes
Kaitlynn	15	403-874-4034	Yes

Karl	14	403-212-1014	Yes
Kashish	15	403-909-6936	No
Katherine	15	403-835-4547	Yes
Lauren	14	403-217-3249	Yes
Lilly	15	403-719-8282	Yes
Lizzie	25	403-703-4076	Yes
Maddy	18	587-888-7298	Yes
Maddy	18	587-888-7298	Yes
Makayla	16	587-888-9389	Yes
Makenzie	18	403-796-7733	Yes
Maria	45	403-818-0560	No
Maxine	13	403-455-8427	Yes
Megan	17	403-266-4610	Yes
Megan	24	403-861-3718	Yes
Michelle	31	403-923-5111	Yes
Morgan	18	403-242-0778	Yes
Nia	17	403-991-8045	Yes
Olivia	16	403-246-0203	Yes
Olivia	20	587-889-9043	Yes
Paige	14	403-241-0487	Yes
Patricia	14	403-804-4202	Yes
Rahell	13	403-999-2851	Yes
Rhea	16	403-532-0294	Yes
Salma	38	403-252-5052	Yes
Sam	15	403-287-3740	Yes
Sarah	23	819-679-3059	Yes
Shannon	15	403-663-0212	Yes
Sienna	13	403-240-1128	Yes
Siobhan	22	403-923-9499	No
Sophia	13	403-708-0601	No
Sophia	34	587-700-5989	Yes
Sydney	24	403-993-5441	Yes
Yena	19	403-479-7911	Yes
Zandra	21	403-828-8259	No

**Calling All BABYSITTERS** Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS** Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).

It just doesn't get better than this

OUR JOB IS TO KEEP IT THIS WAY



Your city employees want to start the new year with a big *Thank You* for appreciating our efforts in keeping Calgary clean and green. You gave our garbage and recycling teams a *97% satisfaction* rating last year.



Making your city  
work for you

And we'd also like to thank the City for reaffirming their commitment to keeping this service public — and saying *No Thank You* to a for-profit service that would have cost taxpayers *5-20% more!*

**Here's to another great year, in Canada's greatest city.**

Photo by Jeff Wallace: facebook.com/jeffwallacephotography/  
Courtesy of Flickr Creative Commons: creativecommons.org/licenses/by-nc/2.0/adapted



# BRAIN GAMES SUDOKU

	6				1	3	2	
				6	5		8	9
4	9							
		4	1			9		
7			6	2	4			5
		3			9	2		
							1	3
3	1		5	7				
	4	2	3				5	

FIND SOLUTION ON PAGE 16

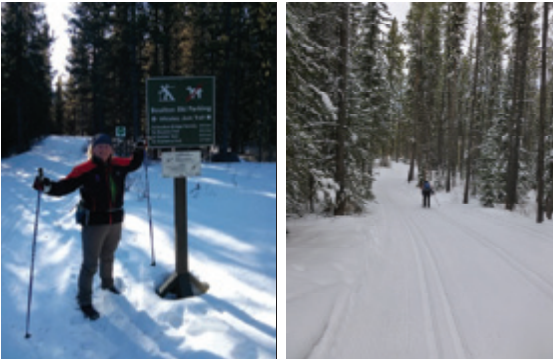


The Colosseum is the largest Roman amphitheatre ever built. This elliptical amphitheatre in the centre of Rome is considered as one of the greatest architectural feats achieved by the Ancient Romans. The stadium was capable of seating 50,000 spectators and used mainly for gladiatorial games.

# Not a snowbird?

## Try fair weather skiing on Waxless cross country skis!

A great way to enjoy Alberta's sunshine and long winters is to be outdoors! If you don't like the cold and don't want to fuss with waxes, waxless skis are a great alternative. They work the best in temperatures of -6 to + 3 degrees C. On warm Chinook days, or for spring skiing, they are perfect! You don't have to learn to apply the day to day sticky wax on the base of your ski, but waxless skis do require glide wax on the tips and tails as well as the scales. This protects your ski base and ensures you glide across the snow!



Haven't been out skiing for a while? There are many places to take a cross country ski lesson. It is a great way to get back to skiing or, to start out on the right foot for the first time! No line ups, no crowds, no lift fees, cross country skiing is a great way to enjoy the sun, fresh air and gentle exercise. What could be better than a day outside with friends skiing in West Bragg Creek, Ribbon Creek or other parts of Kananaskis country! There are two websites for checking trail conditions; Skierbob and on the Alberta Parks website. There are groomed and track-set ski trails as far west as Banff National Park and as far east as Shaganappi golf course, when we have enough snow in Calgary. I think of cross country skiing as a cross between trail biking and walking, it is smooth and heavenly, with a little good technique. So get out of the city and get signed up for safe, gentle outdoor fun!

Julie Walker is a Cross Country Ski instructor and Outdoor Educator.

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### MARCH 5 BLITZ SNOWSHOE FUN RUN — LAKE LOUISE

Snowshoeing is one of the fastest growing outdoor winter activities. Get involved in the trend and participate in a 5 kilometre of 10 kilometre snowshoe fun race. [www.snowshoe.blitzevents.ca](http://www.snowshoe.blitzevents.ca)



### MARCH 5 TO 6 CALGARY MAPLE FESTIVAL DES SUCRES

Running all weekend at Heritage Park, this event is a celebration of francophone music, culture and food. [www.calgarymaplefest.com](http://www.calgarymaplefest.com)



### MARCH 18 TO 28 SPRING RALLY IN THE ALLEY

This annual, family-friendly event offers a range of activities centered around different modes of transportation. [www.heritagepark.ca](http://www.heritagepark.ca)



## YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- 1
- 2
- 3
- 4 • **January 16 to May 31 - Body Worlds Vital:** The exhibition celebrates the living human body and allows visitors to learn about human anatomy in a far more real way than any textbook. [www.sparkscience.ca](http://www.sparkscience.ca)
- 5
- 6 • **March 3 - The Harlem Globetrotters:** The Harlem Globetrotters, a world-famous exhibition basketball team, combines athletic feats and teamwork with theatre and comedy. [www.harlemglobetrotters.com](http://www.harlemglobetrotters.com)
- 7
- 8 • **March 3 - Sgt. Pepper's Lonely Hearts Club Band:** The Art of Time Ensemble is a chamber group that merges chamber music and pop music in this concert. The ensemble reinvents The Beatles' soundtrack to The Summer of Love. [www.calgaryphil.com](http://www.calgaryphil.com)
- 9
- 10 • **March 4 to 13 - The Big Taste:** Each year for The Big Taste, a number of Calgary restaurants offer prix fixe menus, giving Calgarians the chance to try the best of what each restaurant offers. [www.calgarydowntown.com](http://www.calgarydowntown.com)
- 11
- 12 • **March 5 - The Black and White Ball:** Decidedly Jazz Danceworks' annual fundraising party is a black and white evening. Dress up in your finest (make sure it's black or white) and dance the evening away. [www.decidedlyjazz.com](http://www.decidedlyjazz.com)
- 13
- 14 • **March 13 to 15 - Earth Science for Society Exhibit:** Earth Science for Society (ESfS) is a free, family-friendly event that is open to the public. It showcases the importance of Earth Science in our everyday lives. [www.esfscanada.com](http://www.esfscanada.com)
- 15
- 16 • **March 17 to 19 - ACAD Student's Association Spring Show + Sale:** See what Calgary's up-and-coming young artists have produced during their school year. [www.acad.ca](http://www.acad.ca)
- 17
- 18 • **March 24 to 29 - Disney On Ice presents Dare to Dream:** Disney princess stories are coming to the ice. The whole family will have fun seeing these favourite stories come to life on the ice rink. [www.disneyonice.com](http://www.disneyonice.com)
- 19
- 20 • **March 29 to April 9 - Taking Flight:** Festival of Student Work: Each year, the Taking Flight festival showcases the range of work conceived, directed and performed by University of Calgary graduate and undergraduate students. [www.scpa.ucalgary.ca](http://www.scpa.ucalgary.ca)
- 21
- 22 • **March 30 to April 16 - Macbeth:** Darkness, dishonesty and murder fill Shakespeare's supernatural tragedy Macbeth. Macbeth timelessly highlights how ambition can cause one's downfall. [www.shakespearecompany.com](http://www.shakespearecompany.com)
- 23
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# What should I do if my child is sucking his/her thumb?

The habit of thumb sucking can be a nightmare for most parents but it is comforting and calming for the child. Your child probably practiced this habit while in the womb and perfected it as an infant.

**Should you be worried?** Should you get medical help? According to the American Academy of Pediatric Dentistry, most children will stop sucking their thumb between the ages of 2 and 4. If the habit is discontinued by age 4, most children will not develop damaging concerns for their teeth or jaws until their permanent teeth begin to appear. Having said that, it is always easier to eliminate this habit when kids are younger and the habit has not become a norm for them.

The **type of thumb** sucking is also critical. If your child only places the thumb in his/her mouth passively, there is less damage to teeth and jaws versus if they were aggressively sucking the thumb causing a negative pressure leading to narrowing of the upper jaw. The consequences of this habit continuing into age 5 and 6 will be

flared upper front teeth and/or these teeth not coming into proper position due to the constant presence of the thumb. If your child is still sucking after age 4, it is time to consider taking action

**How do I help as a parent?** If you identify the time your child is most likely to suck his/her thumb (sleeping, watching television, etc.) consider distracting them with a substitute activity, such as rubber ball to squeeze or a water bottle to hold on to when watching television, holding a stuff animal while going to sleep, etc. The key is to notice when and where sucking occurs and to try to divert her/his attention by offering an alternative. Praising and positive reinforcement works better than scolding. Children often suck their thumb when feeling insecure or anxious. Focus on correcting the cause of the anxiety and provide comfort to your child. If the child is older than age 5, although it becomes harder to eliminate the habit but at this age you can involve the child in actively coming up with a plan to stop the habit as a family.

## IN & AROUND CALGARY

### Clearing Snow and Ice from Sidewalks

Clear and safe sidewalks are essential for many Calgarians, especially those with disabilities, older adults, and children who walk to and from school. Under the Street Bylaw 20M88, the owner(s) and/or occupant(s) of a private property are required to clear snow and ice from sidewalks in the front or to the side of their property within 24 hours of a snowfall. If the sidewalk is not cleared within that time, The City may have the snow and ice removed from the sidewalk at the property owner's expense. If you own a rental property, you are responsible for ensuring that adjacent sidewalks and pathways are cleared.

#### Snow Angels

Keeping sidewalks shoveled, ice-free and safe can be very challenging for older adults and other Calgarians who have limited mobility. The Snow Angels campaign encourages citizens to clear snow and ice from the sidewalks of their neighbours who may be less able to do it themselves. Watch for people in your neighbourhood who could use help removing snow and ice and lend them a hand. For more information please visit [www.calgary.ca/snowangels](http://www.calgary.ca/snowangels).

#### Tips for Shoveling Snow and Ice

- Stretch before you begin to shovel;
- Keep warm and wear layered clothing;
- Use an ergonomic shaped snow shovel to help reduce back pain and make shoveling easier;
- Space your hands on the shovel to increase leverage;
- Lift with your knees, not your back;
- Clearing snow soon after it falls can prevent snow and ice from building up on your sidewalk;
- After removing the snow, you can apply road salt/de-icer wherever necessary. This makes it easier for pedestrians to walk past your house;



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[AvenueCalgary.com/survey](http://AvenueCalgary.com/survey)

**avenue**  
magazine



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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

# Insect Trivia



**Worker ants may live seven years and the queen may live as long as 15 years.**

**MP CALGARY SIGNAL HILL  
RON LIEPERT**



I am pleased to provide my first accounting to constituents as the new Member of Parliament for Calgary Signal Hill. On October 19th, the political landscape changed in Canada but in Calgary Signal Hill the residents elected to endorse the Conservative Party of Canada and myself.

First, I want to express my thanks and gratitude for the support of confidence that I received. I would like to thank the hundreds of volunteers who worked on our campaign and those who donated personally in so many ways. I also want to express my thanks and good wishes to the other candidates from the riding who sought election especially, Kerry Cundal of the Liberal party, Khalis Ahmed of the New Democrats and Taryn Knorren for the Green party. Being a candidate in a general election requires a lot of hard work, time and money, especially in a campaign as long as this one. Each of the other candidates should be thanked for ensuring voters had a choice in our democratic process.

Currently our new constituency office is in the process of being renovated and we expect we will be open for business very soon but in the interim if you have an issue that requires attention please contact our office in Ottawa at 1-613-992-3066 or ron.liepert@parl.gc.ca.

In the aftermath of a long election campaign, combined with the Christmas holiday period, the House of Commons only met for seven days in early December, resuming the spring session in late January. Our interim leader Rona Ambrose has appointed me as a member of the House of Commons Standing Finance Committee which has oversight over Government spending and holds consultations with Canadians regarding the federal budget. As the only Member of Parliament from the three western most provinces on the committee I consider it a huge honour to be one of 10 persons charged with overseeing government spending. I will have more to report on the work of the committee in future accounting to constituents. I also had an opportunity on the first day of Opposition replies to the throne speech to make my maiden speech in the House. It was a special privilege to speak about the Battalion Park initiative and express my concerns that energy, agriculture or forestry, the wealth generators in this country, weren't mentioned in the throne speech. My speech can be viewed on my website at ron.liepert.ca.

2016 is going to be a very difficult year in Alberta. Commodity prices will remain weak, unemployment rates are expected to rise along with federal and provincial taxes. My responsibility as your representative will be to listen to constituents who have real issues and assist where possible. Once our office is completed I intend to hold several open houses to listen to your concerns. I look forward to these opportunities so please watch for details which will be provided in future updates.

# Restoring Your Smile Without Invasive Treatment



**Imagine being able to hide chips and stains and improve the shape of your teeth with minimal time in the dental chair? What if your dentist could literally press-on porcelain coverings that made your smile look and feel brand new?**

**What Are Lumineers®**  
Lumineers® are ultra-thin pieces of porcelain that are bonded on to teeth to correct minor cosmetic flaws.

As thin as a contact lens - Lumineers® are a great option for patients who want to restore their smile without having to remove a lot of natural tooth structure in the process. Lumineers® require minimal preparation of teeth – just a slight roughing of tooth surfaces for the porcelain wafer-thin veneer to bond to. If you've always been bothered by that one tooth that is slightly further back than others, or a tooth that is stained or chipped slightly; Lumineers® can give you the perfection you're wanting in just two short appointments.

**The Advantages of Lumineers®**  
The biggest advantage to Lumineers® (veneers) is the minimal amount of tooth preparation involved. In some cases no preparation of a tooth or teeth is needed – it all depends on what is being accomplished by placing the veneers. But the lack of tooth preparation isn't the only advantage Lumineers® provides, other advantages are:

**Natural Appearance** - Lumineers® are made from Cerinate porcelain – a material that mimics the natural texture and look of teeth.


**Stain Resistant** – love a daily cup of coffee or glass of red wine? No need to worry about your Lumineers® looking grungy in a few months – they are made from a stain resistant material.

**Durable** – what's the point of having treatment done if you have to baby your teeth afterwards! Lumineers® may be paper-thin but they can still endure the day-to-day use that is required of them.

Dentists understand the frustrations patients experience when there is a single tooth or a few teeth that don't look quite right. But there are methods to improve the look of teeth without resorting to significant preparation of teeth!

**language**  
langue lingua trivia  
wika idioma  
kiel sprache  
język

A poem written to celebrate a wedding is called an epithalamium.





# BUSINESS CLASSIFIEDS

For Business Classified Ad Rates Call Great News Publishing at 403-263-3044 or sales@great-news.ca

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Discovery Ridge. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

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**THE RONOATOR - INTERIOR RENOVATION, CABINET INSTALLATION & FINISH CARPENTRY:** Be assured with many years of experience under my tool belt your project will be completed efficiently with expertise and quality my customers deserve. Insured and Guaranteed. Please call Ron: 403-701-1584 or email: theronovator@gmail.com.

**MATH TUTOR - CERTIFIED TEACHER:** Need some help with your math course? A certified teacher with nine years of experience can help! Get a better understanding of concepts, help with homework, and review/study for exams. Tutoring all junior and senior high math. Try a free session today! Call 403-607-0854 or email quachjulie@gmail.com for more details.

**TDS DECORATING SERVICES LTD:** 34 years painting experience interior and exterior. Drywall repairs, ceilings, woodwork, walls: spray, brush and roll. Quality workmanship, colour consultation, seniors discounts, no deposits, wcb, liability insurance Call Tom at 403-452-3648 for your complimentary estimate.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**GIVE THE GIFT THAT LIFTS THE HEART AND CALMS THE SOUL!** Be sure to call "Internal Affairs" today to arrange a one-time or ongoing Valentine clean! 403-203-2690. It's not too late! Call us today to book.

**ANNA'S MUSICAL DAY HOME:** provides a fun filled, happy and safe environment where children can learn through play, music, creative art, and physical movement. Please call 403-450-5569.

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.



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6	2	4	1	5	3	9	7	8
7	8	9	6	2	4	1	3	5
1	5	3	7	8	9	2	4	6
8	7	5	9	4	2	6	1	3
3	1	6	5	7	8	4	9	2
9	4	2	3	1	6	8	5	7



## COUNCILLOR, WARD 6 RICHARD POOTMANS

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F: 403-268-8091 • E: Ward06@calgary.ca  
Communications & Community Liaison:  
Eileen Badowich, CAward6@calgary.ca  
www.calgary.ca/ward6 •  

### 2016 Property Tax Assessment

It is that time of year again. As the Ward 6 Office often receives your inquiries around property taxes this time of year, I wanted to share with you some helpful information regarding your property tax assessment. The 2016 assessment notices were mailed on January 5, 2016 and your 2016 assessment information is available on www.calgary.ca/assessmentsearch. The customer review period runs until March 7, 2016. Until this date, property and business owners are able to inquire about their assessment value if they have any questions or concerns. If you have any questions or would like to make changes to your assessed value, please do so by March 7, 2016. You can also visit www.calgary.ca/propertytax for important dates, bill and account information, as well as payment information.

### Other reminders to note:

- Property taxes are due June 30, 2016. A 7% late payment penalty will be applied to any unpaid portion of property taxes on July 1 and October 1. Further penalties of 1% will be added the first day of each month to any portion remaining unpaid after December 31, 2016.
- The deadline does not apply to property owners who pay monthly through The City's Tax Installment Payment Plan (TIPP). More than 240,000 property owners pay their taxes monthly through TIPP. Property owners

can join TIPP at any time by visiting the Web site at www.calgary.ca/TIPP to request an application or calling 311.

- Help is available to assist eligible low-income homeowners who meet income guidelines and eligibility criteria, regardless of age. The 2016 Property Tax Assistance program will accept applications to the program starting on June 1. For more information or to download an application form, go to www.calgary.ca/fairentree.
- The Alberta Seniors Property Tax Deferral program allows eligible senior homeowners to defer all or part of their property taxes through a low-interest home equity loan with the Alberta government. Please visit www.seniors.alberta.ca/seniors/property-tax-deferral.html for details and application form.

### City Hall 101

You are invited to learn about the inner workings of Council and its Committees! This workshop presentation is designed to throw open the doors of your municipal government. Sign up for the next City Hall 101 on March 7, 2015 from 4 – 6:30 p.m. To learn more about this opportunity and register, please visit www.calgary.ca/CityHall101.

### Upcoming Councillor Chats

Councillor Chats are an opportunity for you to meet with your Councillor to discuss any issues that are important to you. Please join me for an informal conversation on **March 5, 2016 from 9:30–11 a.m. at Glamorgan Community Association (Seminar Room)** or **April 14, 2016 from 5–7 p.m. at West Side Recreation (Party Room)**. You can also stay up-to-date by signing up for the Ward 6 Report, my bi-monthly email update for residents about community news and projects impacting Ward 6 communities at www.calgary.ca/ward6connect.



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# your COMMUNITY business of the month Appliance Force

Appliance Force has been in business since 2012 but its roots go back much farther as it was a merger and re-branding of several small one man shops some of which started in the early '70s. Appliance Force is based in the Westhills community area and currently serves Calgary and the surrounding communities from Airdrie, to Bragg Creek, De Winton and Chestemere.

Jon De Jong was working in the Calgary corporate sector which was experiencing the ups and downs of the Calgary business world and decided to go out on his own and do something different. He decided to get into the home appliance repair business when he tried to get someone in to fix one of his appliances and was told it would take well over a week for service so he ended up fixing it himself. It was then that he realized that there was an opportunity right here in Calgary in the appliance repair business as everyone has major appliances in their homes and they all breakdown from time to time. Coming from a service work background with degrees in electronics and lots of management experience this seemed like a perfect fit.

Not content to just copy everyone else in the industry Appliance Force was one of the first companies in Calgary to use cloud based technology throughout the business from dispatching techs with tablet computers to customer payments and invoices he instituted a near paperless environment to make both the office staff and the techs more efficient in serving the customer. As well all technicians attend training sessions several times a year to keep up to date on the latest technology in the appliance business as well as have access to online technical documents through their tablet computers.

Jon has always treated his customers the way he would want to be treated and has instilled this in his staff. Our best advertising are referrals and repeat business which keeps Appliance Force growing. Our mission statement is - To be known as the best Home Appliance Repair Company in Calgary and the one that customers go to for honest, reliable and timely appliance repair. Our motto is

to provide service tailored to your situation from a refrigerator repair, to a dishwasher installation, our technicians will treat you and your home with respect.

Each member of the Appliance Force repair team is a provincially registered professional technician, which means you can count on us to do the job right the first time. The Appliance Force repair team is committed to exceptional customer service, so you can be guaranteed clean, friendly and professional service with every visit.

We charge by the job, and we provide a diagnostic quote so you can know what to expect before any repairs are done.

We service all major brands, including Amana, Bosch, Thermador, Electrolux, Frigidaire, General Electric, GE Monogram, Inglis, Jenn-Air, Kenmore, Kitchen Aid, Maytag, Samsung, Westinghouse, Whirlpool, Viking/Ultraline, AGA/Marvel and more.

We are proud members of the United Servicers Association, Better Business Bureau, WCB licensed and insured. As part of our commitment to give back to the community we support the Calgary Ronald McDonald House.

Book online 24/7 at [www.applianceforce.ca](http://www.applianceforce.ca) or call 403-770-9793. Open Monday to Friday 8 AM to 5 PM.



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## How to SAFEGUARD YOUR RETIREMENT INCOME?

### Ask an Expert



Sheri MacMillan,  
Senior Trust & Estate Practitioner,  
CEO of MacMillan Estate Planning Corp.  
Sheri is featured on *The Strongroom*  
9:00 AM Saturdays on News Talk 770

**Q** Recently on a Saturday morning on *The Strongroom* radio program I was surprised to hear you say your clients aren't concerned about the big fall in oil prices in the past year. How can that be? I know I'm worried about what it could mean for my retirement years.

**A** The reality is that we are going to face multiple market downturns in our lives. The good news is that our retirement income doesn't have to fluctuate with the markets! One of the great opportunities we have in Canada is that we have trust laws that allow us to buy good quality investments that are not only principle guaranteed, but offer a rate of return and exceptional credit protection. The fact that our clients aren't concerned means they have a plan that is working. That for me is a fundamental result we want for every family we have the privilege to work alongside. If you have an appropriate plan design for your lifestyle for decades ahead, then when markets correct, you can weather the storm. So you won't have to wonder, "*Do I have enough? Did I protect it well? Am I going to outlive my wealth?*"

We have experienced a variety of market fluctuations in our almost 20 years of experience, and these market cycles have shown that being proactive and building in those safety nets and benchmarks actually works.

When we've created affluence in our life, we're going to rely upon it for decades ahead as part of our life plan. We're endeavouring to build wealth so we can enjoy a wonderful lifestyle of freedom in the retirement phases of life.

We need to be proactive in designing our estate plans to make sure we don't jeopardize the wealth that we have created.

MacMillan Estate Planning Corp. will be hosting a complimentary  
**Wine & Cheese Seminar**  
on Thursday, March 3<sup>rd</sup> at 7:00 PM  
and Wednesday, March 30<sup>th</sup> at 7:00 PM

TO REGISTER, PLEASE VISIT [MACMILLANESTATE.COM](http://MACMILLANESTATE.COM)  
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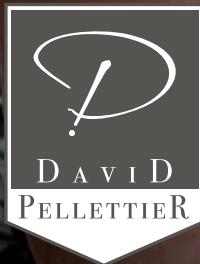




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