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BRAIN GAMES SUDOKU

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FIND SOLUTION ON PAGE 9



Starting January 2016

MONDAYS

Half-Priced Wine
Enjoy all of our wines at half price. Includes glasses and bottles.

TUESDAYS

Lunch-All-Day Tuesdays
\$22.99 per person
11a.m. - 9p.m.
Enjoy rodizio dinner for the price of lunch!

WEDNESDAYS

Ladies' Day & Night
All women get 20% off the price of their food.

THURSDAYS

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CONTENTS



Montessori School of Calgary 5
Culinary File 6
Calgary Humane Society 8
The Mouse 10
Your Community Business of the Month 11

GREAT NEWS PUBLISHING HAS BEEN PROUDLY SERVING EAU CLAIRE FOR 3 YEARS!

IN & AROUND CALGARY

Crowchild Trail Study

Let's continue the conversation in 2016!

Thank you, Calgarians! Throughout November 2015, we heard you share hundreds of ideas on possible changes to Crowchild Trail at workshops, drop-in sessions, idea boards, and online.

In February and March, attend a drop-in session to see how ideas from Calgarians are being used to develop preliminary concepts. You will be able to see what commonly-heard ideas look like when applied to the Crowchild Trail corridor, and help evaluate how the benefits, impacts, constraints and trade-offs align with the direction of the study. We want to continue the conversation with you.

The City of Calgary is conducting this transportation study to identify short-, medium- and long-term up-

grades for Crowchild Trail between 24 Ave. N.W. and 17 Ave. S.W.

For specific event dates, times, and locations, or to learn more about the study, visit calgary.ca/crowchild or call 311.



IN & AROUND SCHOOLS

Montessori School of Calgary

The Montessori School of Calgary hopes you all enjoyed an AWESOME! holiday season. As much fun as friends, family and cookies can be ... it is time to get back to the fun of learning.

We are so proud of our current Montessori School of Calgary students, and of our alumni. Our independent learning environment allows the freedom to follow your dreams, delve deeply into learning about what interests you and play to your strengths. Here are two examples.

Theatre Calgary's world class production of A Christmas Carol that ran in November and December featured our own Annabel Beames as Tiny Tim.

Annabel, a third year Elementary student, was AWESOME! Taking on that role in such a major production would be daunting to many; not to Annabel. As the youngest cast member, she had a steep learning curve. Usually our elementary students have two, three hour work periods per day. She had much more than that. Her learning took place in the theatre. The skills she learned and developed in all areas of the Alberta curriculum while being free to follow her passion and talent will be with Annabel for life!



Brothers Rameez Virji and Ali-Faizan Virgi attended Montessori School of Calgary. Both were honored as Youth in Motion's Top 20 Under 20 in Canada. Rameez invented a pill that could be used instead of an injection for immunization and insulin purposes. His grandfather was afraid of needles and he wished he could help. So he did. Ali invented a belt that is worn by the visually impaired. It detects objects in the person's path. The idea began after he watched a blind person struggling on a city sidewalk and crossing the street. Ali spoke at WE Day this year in Calgary. Supporting the development of empathy and encouraging you to put your curiosity into your learning are philosophical pillars of Montessori education.

Lindy Arndt, Head of School, Montessori School of Calgary

IN & AROUND CALGARY

Pet Safety—Keep Your Pets Indoors This Winter

Humans are not the only ones who need to keep warm during the winter months. Your pets do too. Although they might be covered in fur, your pet can still fall ill during the colder months or even get frostbite when temperatures drop below freezing. But have no fear, here are a few tips on how to keep your pet warm this winter.

Keep your pet indoors. This is the number one way to keep your pets safe and warm in the winter. For dogs, take shorter walks when the weather is severely cold. A good rule of thumb is to go out with them and when you're ready to come in, chances are your dog is too. If your dog must stay outside, make sure she has proper shelter and a source of fresh water at all times, and make sure her water cannot freeze.

It's important to remember that cold cars can pose a significant risk to your pet's health. Leaving your cat or dog in the car is just as dangerous in winter as in the summer. Limit car travel to only that which is necessary, and don't leave your pet unattended in the vehicle.

If you lose your pet during the winter months, do not delay. Call 3-1-1 to see if Animal Services has picked up your pet. If not, file a lost pet report with Animal Services.

For more information about pet safety please call 3-1-1 or you can visit us on our Facebook page or on Twitter @yycbylaws.

Calgary



On Jan. 5, 2016, The City of Calgary will mail 2016 property assessment notices.

Watch for your assessment notice in the mail – it contains important information including:

- Your assessed value
- Your access code to log into *Assessment Search*
- Dates to contact Assessment if you have questions.

Go to *Assessment Search* to:

- View information about your assessment and other details
- Search for comparable properties
- Search for sales of similar properties in your area
- View other detailed assessment information.

Assessment Search – getting started

First-time users will need to complete a two-step registration process:

1. Create a City of Calgary personal myID account. Visit calgary.ca/myID to register.
2. Link your property assessment to your myID account.

When you receive your 2016 assessment notice go to *Assessment Search* at calgary.ca/assessment:

- Login with your myID account and password.
- Enter the roll number and access code displayed on your notice.

2015-1053

Chicken & Gnocchi Dumplings

January is all about comfort food and ease of preparation. After the holidays, you can take break but you don't have to sacrifice the taste.

Get all the flavors of chicken and dumplings without having to make the dumplings when you use gnocchi in their place.

Makes: 4 servings **Serving Size:** 2 cups
Active Time: 40 minutes **Total Time:** 40 minutes

INGREDIENTS

- 1 16-ounce package shelf-stable gnocchi
- 1 cup thawed frozen peas
- 1 pound boneless, skinless chicken thighs, trimmed, cut into 1-inch pieces
- 1/3 cup all-purpose flour
- 2 tablespoons extra-virgin olive oil, divided
- 1/4 teaspoon salt
- 1/2 teaspoon ground pepper, divided
- 2 cups diced carrots
- 1 cup sliced celery
- 1 medium onion, diced
- 1 tablespoon chopped fresh thyme or 1 teaspoon dried
- 1 3/4 cups low-sodium chicken broth

DIRECTIONS

Bring a large saucepan of water to a boil. Add gnocchi and cook, stirring frequently, for 2 minutes. Stir in peas and cook until the gnocchi are tender, 1 to 2 minutes more. Drain.

Meanwhile, toss chicken with flour in a bowl until coated. Heat 1 tablespoon oil in a large skillet over medium-high heat. Transfer the chicken to the pan (reserving the flour remaining in the bowl) and sprinkle with 1/4 teaspoon each salt and pepper. Cook, stirring occasionally, until lightly browned, about 5 minutes. Transfer the chicken to a plate.

Add the remaining 1 tablespoon oil to the pan. Add carrots, celery, onion, thyme and the remaining 1/4 teaspoon pepper; cook, stirring occasionally, until the vegetables are crisp-tender, 5 to 7 minutes. Sprinkle the reserved flour over the vegetables; stir to coat. Stir in broth and the chicken. Cook, stirring occasionally, until the stew is thickened, about 3 minutes. Add the gnocchi and peas and cook, gently stirring, until the gnocchi are hot, about 2 minutes.



KENSINGTON WINE MARKET

2016 WINTER TASTING SCHEDULE

Tastings start at 7:00pm unless otherwise indicated

Tight Wad Oenophile	Thr Jan 14	Christmas is over and the bills are arriving. Join this "penny pinching" tasting for wine lovers. We'll taste 6 guaranteed delicious, wallet friendly, wines. Discover what the "experts" won't admit to taking home.	\$30
MS Calgary Whisky Festival	Thr Jan 14	Heading into its 5th year the 2016 MS Calgary Whisky Festival is slated to be the biggest and best yet with a variety of ticket packages and over 200 whiskies. Tickets range from \$99 - \$150 and are available through: www.calgarywhiskyfestival.com . Art Commons, 205 8 Ave SE.	
Classic Single Malts	Fri Jan 15	This is our "classic" introduction to the world of single malt Scotch whisky. You'll discover a little history, how it's made and sample six distinct styles.	\$35
Gin Glorious Gin	Tue Jan 19	Is gin your secret weakness? Don't worry you aren't alone! Gin is going through a "Ginnaissance" on an international scale. Join us for a taste test of the best.	\$40
Silky, Sultry Stouts	Thr Jan 21	Warm your belly and your heart with the ales best suited for winter weather. We'll explore the many variances of this hearty style: dry, sweet, light, thick, and even Russian!	\$30
Great Grains	Fri Jan 22	We'll sample a wide range of grain whiskies, some of them very old to see what all the fuss is about in this fast growing category.	\$60
Scots Wha Hae, Robbie Burns Supper	Mon Jan 25	Caledonians Unite! Our annual celebration of Burns, friendship, and whisky is returning to Fort Calgary complete with bagpipes, poetry and Highland dance. Our special guest this year is Louisa Young of the Isle of Arran Distillery and she'll be helping us mark the launch of two new KWM casks. Fort Calgary, 750 9th Avenue SE.	\$100
Port in Any Storm	Tue Jan 26	When the weather outside is stormy, what better way to chase away the chill than with a glass of port. You'll learn about Port's many styles and perhaps discover a favorite safe haven.	\$45
Italy's "Super" Reds	Thr Jan 28	Start training your taste buds and join us on a country wide hunt for the best of the reds. Barolo, Amarone, Brunello, and Super Tuscans to name just a few. Cheese and charcuterie from Peasant Cheese.	\$60
Glendronach Batch 12 Dinner	Thr Jan 28 7PM	Glendronach has quickly become KWM's top selling whisky. Celebrate the release of the Batch 12 vintages with a whisky dinner at Buchanan's Chop House (738 3 Ave SW) featuring 3x1995s, 3x1994s, 1990 and 1972.	\$185
Cheese Please	Fri Jan 29	Join us for "An Evening in Paris" where we'll celebrate this great city and the bounty from the surrounding countryside. Stand up format.	\$40
Sherry & Whisky	Tue Feb 2	This tasting will explore the curious connection between one of Spain's cultural treasures and the highly sought after whiskies matured in their used barrels! Fino, Oloroso and PX will all be explored with equivalent whiskies.	\$50
Beers of the New West Partnership	Thr Feb 4	With the latest budget changes, and how they are affecting non local beers, it's about time to focus on some of the amazing beers from Alberta, and our two neighbors!	\$30
American Whiskey	Tue Feb 9	There is more to American whiskey than just Bourbon. Join us as we take you on a journey featuring Tennessee straight wheat, malt, rye and other styles.	\$40
More Than Malbec	Thr Feb 11	Think Argentina is just about Malbec? Think again! This tasting will explore the "other" delicious and often over looked grape varieties.	\$40
American Wine Festival	Thr Feb 12	It's a Route 66 wine extravaganza of the best of the US. Coast to coast, we'll pop the cork on every major region with a few surprises. Sign up now as tickets are limited.	\$45
Classic Cocktails: Gin	Tue Feb 16	Join us for a deconstruction of gin based cocktails. We'll teach you the basics of the spirit and how to make some flashy gin based drinks to impress your friends.	\$35
Closed Distilleries of Scotland	Thr Feb 18	The whiskies are getting older, rarer and more expensive with every passing year. We're not saying this is the last hurrah... just that as time runs out supplies dwindle and prices goes up.	\$175
En Francais! Edition Bordeaux	Tue Feb 23	Join our resident francophone, Christine Parent, for a standup tasting of the best of Bordeaux. Joignez-vous à notre francophone en résidence, Christine Parent, pour une dégustation de vin conviviale, en français! Région à l'honneur: Bordeaux. This tasting will be conducted in French.	\$40
Rare Malts	Thr Feb 25	Only the rarest whiskies, those 20+ years of age, those from closed distilleries and/or the exceptionally rare qualify for this tasting.	\$80
Cheese Please	Fri Feb 26	It's a Spanish wine and "Peasant Cheese" pairing challenge. We're looking for the perfect marriage. Will it be Manchego and Rioja? Albarino and Garrotxa? You decide! Stand up format.	\$40

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DOG WALKING SAFETY



Happy January from Calgary Humane Society!

Each year when the cold and snow arrives we start getting a lot of questions at the shelter about winter dog walking safety. How cold is too cold? Does my dog need boots? Should dogs wear coats?

Going for a walk, even in cold winter weather, is an important form of exercise and mental stimulation for dogs, but as the mercury starts to drop going for a run may sometimes require a bit of extra planning!

How cold is too cold to walk the dog? Different breeds of dogs will have very different tolerances to snow and cold. If you have a husky there is a pretty good chance you don't have to worry much about the cold, whereas a chihuahua will become too cold very quickly. Generally animals with thick coats are much more hardy in cold weather, but there are also individual differences. If your dog has arthritis or back/neck problems, they may get a bit sore as the temperature drops. If you are concerned that cold weather is causing problems with your pet, we recommend booking an appointment with your veterinarian.

How do you tell if it's too cold? Well if your dog is holding their paws up or shivering they are too cold and would probably rather be inside. If your dog is running in circles and leaping into snow banks then they are fine to keep enjoying their time outside. If your dog becomes cold easily, or if there is a risk of frostbite, opt for several short walks instead of one long walk.

Should dogs wear boots? If your dog has been trained to wear boots, they can be helpful to protect paws from

cold and ice melt chemicals. Boots can be distracting and annoying to a dog that isn't used to them, so if you do decide to use boots a slow and positive introduction to them is vital.

If you are not using boots for your dog then some extra vigilance is needed in the winter time. Many types of ice melting chemicals are toxic and can also cause burns to your dog's paw pads. When encountering possible ice melt on walks, encourage your dog to walk in the snow or (if you have a small dog) lift them over patches of ice melt. When you return from winter walks, be sure to wipe your dog's paws well to keep them from licking any salt/ice melt off their feet. If you are purchasing ice melt for your own property, invest in a pet-friendly version! Pet friendly ice melt won't burn paws and is non-toxic.

What about a coat? Does my dog need one? If you have a small dog or a dog that gets cold easily then a jacket could be a great idea. Choose a jacket that is the right size and one that doesn't restrict your pet's movement.

What other winter hazards could my dog face outside? Antifreeze. Just a few sips of antifreeze can be lethal to a pet, so keeping this winter chemical far away from curious noses is an absolute must. Keeping your pet on leash is the best way to make sure they stay out of winter chemicals. If you are purchasing antifreeze, look for brands that have bittering agents added. Antifreeze is naturally sweet, so some companies now add these bittering agents to prevent pets from drinking it.

From all of us at Calgary Humane Society, we wish you a safe and happy January!



**COUNCILLOR, WARD 7
DRUH FARRELL**

ward07@calgary.ca • www.druhfarrell.ca
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As Calgary continues to grow, its transportation system needs to grow along with it. Work on two major transportation projects continues through the consultation process.

The Green Line: More than just a train

With key decisions on the Green Line expected in Fall 2016, crucial public engagement sessions are being planned. I am doing a lot of homework as well. In August, I joined City staff and two Council colleagues on a brief tour of Vancouver, Seattle, and Portland, to meet their rail experts and learn from their experiences. From each city, we learned about key elements of successful projects and how to avoid pitfalls.

I boiled down all the information from our trip into eight essential lessons and presented them at the Central Library Dutton Theatre in November and again in December. Here are the top three lessons:

Consult, consult, and consult: All three cities stressed the need for, and benefits of, meaningful consultation with the neighbouring businesses and communities. Their ideas will be critical in order to maximize benefits and avoid costly mistakes. The Green Line will be the largest infrastructure project in Calgary's history by three times! While we are excited to get started on the Green Line, it is important that we make thoughtful decisions.

Leverage opportunities: The Green Line is more than just a rail project. It will forever change how Calgaryans move about their city and the very nature of the communities along side. From affordable housing, to high environmental standards, how can the advantages of this massive project extend beyond simple transportation?

Take care of business: Construction of the Green Line will take many years and cause major disruption. Taking an example in Portland, Council enthusiastically supported my request for a Business Support Program.

You can watch the video of my presentation online at www.druhfarrell.ca.

Crowchild Consultation Continues

Moving to the west end of Ward 7, public consultation

on Crowchild Trail continues. The project team recently completed Phase Two of a six-phased process: Confirm Project Goals. The established goals are: i) Maintain and enhance bordering communities, ii) Improve travel along the corridor, and iii) Improve mobility across the corridor. The project is now into Phase Three: Concept Identification. Consultation on Phase Three will continue into Spring 2016.

For more information on future public engagement on both the Green Line and Crowchild Trail, please contact our office via: www.druhfarrell.ca.

BRAIN GAMES SUDOKU

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3	8	5	6	7	1	9	4	2
6	1	4	3	9	2	7	8	5

language
 langue lingua trivia
 wika idioma
 kieli sprache
 שפה jezyk

The correct response to the Irish greeting, "Top of the morning to you," is "and the rest of the day to yourself."

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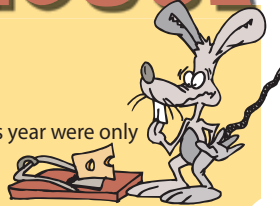
Animal Trivia

Certain frogs can be frozen solid then thawed and continue living.

THE MOUSE

Bev Smith

Back Porch 5 AM
Check the traps
It's November and the mice this year were only
About five.
But end of season
This one is very smart.
Eerily.



I lined up the traps my patented way
Five, in a circle. He'd have to step on one to get to another
Surely.
A bit of cheese placed just outside one, to entice.

Seems cruel but I have rules.
Out there in the yard, under trees. Fine.
He's in his world
But the porch is my territory.

Each morning the cheese is gone.
I marvel
I rearrange them to a straight row, back to front
I rearrange them to no pattern
I put them in other locations to surprise him
I buy more traps

Yesterday I put six in two rows, face to face
With an end one so he'd be physically unable to not mess up
And I waited.
This morning the cheese was gone from three of them
anyway.
He had moved the end trap farther away, brilliantly
And then gotten access to the first pair from the side.
I had not thought of that.
Wish I had motion-sensor camera to watch him

Does he have a friend?
Does he reach through with tiny paws?

And I realize a mouse brain has outwitted my own -again.
I went to the store to get better traps
They had them.
Kill traps with huge metal bars to slam down on him
Or poison pellets -
Costly but guaranteed.

And I could not bring myself to buy them.
We are returning to our routine
I feed him cheese daily
In some sort of devious but gentle way that tests his IQ
If he dies, he dies.
But it makes it a fairer challenge.
Respect.

your COMMUNITY business of the month

Ki Modern Japanese + Bar Eau Claire Community

Ki Modern Japanese + Bar has been bringing authentic Japanese cuisine to Calgary since it first opened its doors in April 2011. Taking up residence in the landmark Jamieson Building, located in the heart of the city's business district, Ki offers a serene retreat from the bustling downtown core.

From the sleek minimalist interior to the diverse menu

Dining at Ki is designed to be shared amongst friends and dishes are served family-style for everyone to enjoy.

and extensive sake collection, Ki celebrates Japanese culture in all its forms. The menu offers guests a personalized dining experience, featuring dishes from both the hot kitchen and sushi bar, while the sake selection highlights a range of tasting notes. Ki's sake program is lead by two expertly trained sake sommeliers, including National Sake Sommelier Michael Tremblay, one of the industry's foremost experts in sake, and includes 36 different sakes.

Dining at Ki is designed to be shared amongst friends and dishes are served family-style for everyone to enjoy. Flowing between flavours over the course of the meal, Ki offers a dynamic sensory experience. Specialties include A5 Wagyu beef that has been sourced by Head Chef Armand Savet all the way from Kagoshima, Japan. World-renowned for its tender quality and rich flavour, Ki is the only restaurant in Calgary serving this distinct cut of beef.


This season Ki is introducing new bento boxes and seasonally inspired cocktails. Bento boxes now include a chicken bowl with seven-spice roasted teriyaki chicken, a boneless short rib sandwich, tuna burger, sushi and sashimi platters as well as a surf and turf style option

with Canadian sterling silver ribeye and grilled tiger prawns.

Besides their speciality in sake, Ki also offers a competitive selection of wines by the glass. Thanks to the newly adopted Coravin wine program, this includes many high-end labels typically reserved for bottle purchase only. The Coravin system uses a discrete extraction technique that allows wine to be poured by the glass without removing the cork. Guests can now enjoy 3oz or 6oz glasses from a rotating selection of wines specifically chosen by sommelier JP Lessard.



Ki also caters to the after-work crowd with a happy hour menu every weekday from 3pm to 7pm. Fresh buck-a-shuck oysters and izakaya items are accompanied by specially priced highballs, Sapporo beer or sommelier's choice wine.



Between the main dining room, sushi bars and covered outdoor patio, Ki is well suited for everything from a business lunch or social function to an intimate evening on the town. Offering a distinct dining experience that delights the senses, Ki has become one of downtown Calgary's premier culinary destinations.



KI MODERN JAPANESE + BAR

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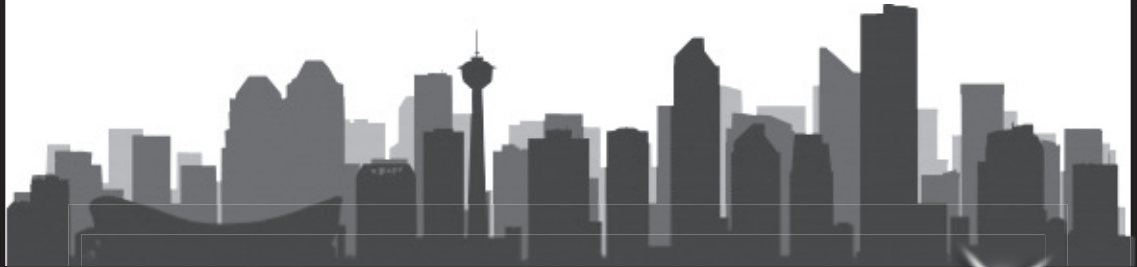
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