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## Elected Officials



**Councillor Gian-Carlo Carra**  
**Ward 9 Office**  
 P.O. Box 2100, Station M  
 Calgary, AB, Canada T2P 2M5  
 Phone: 403-268-5330  
 Fax: 403-268-8091  
 Email: [ward09@calgary.ca](mailto:ward09@calgary.ca)  
 Web: [www.calgary.ca/ward9](http://www.calgary.ca/ward9)



**Councillor Brian Pincott**  
**Ward 11 Office**  
 P.O. Box 2100, Station M  
 Calgary, AB, Canada T2P 2M5  
 Phone: 403-268-2430  
 Fax: 403-268-8091  
 Email: [ward11@calgary.ca](mailto:ward11@calgary.ca)  
 Web: [www.calgary.ca/ward11](http://www.calgary.ca/ward11)



**Councillor Evan Woolley**  
**Ward 8 Office**  
 P.O. Box 2100, Station M  
 Calgary, AB, Canada T2P 2M5  
 Phone: 403-268-2430  
 Fax: 403-268-3823  
 Email: [alderweb@calgary.ca](mailto:alderweb@calgary.ca)  
 Web: [www.calgary.ca/ward8](http://www.calgary.ca/ward8)



**MLA Greg Clark**  
**Calgary-Elbow**  
 #205, 5005 Elbow Drive SW  
 Calgary, AB Canada T2S 2T6  
 Phone: (403) 252-0346  
 Fax: (403) 252-0520  
 Email: [calgary.elbow@assembly.ab.ca](mailto:calgary.elbow@assembly.ab.ca)

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# CONTENTS

Your Community 9  
 Business of the  
 Month

Green Carts Set to 13  
 Roll Out next Spring

At A Glance 17

Mountains to 20  
 Metropolis:  
 The Elbow River  
 Watershed

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Britannia Community Association  
c/o 920 Edinburgh Rd. SW | Calgary, AB – T2S 1L8  
Phone: 403.243.3782 | priddis@telus.net

Erlton Community Association  
Suite 241, 19198-4 St. SW | Calgary, AB T2S 1W4  
Phone: 403.461.6461  
president@erltoncommunity.com  
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Editorial  
Content  
DEADLINE

1st  
of each month  
for the next  
month's  
issue

Last 12 Months Britannia  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
May 2016	\$1,550,000.00	\$1,500,000.00
April 2016	\$2,180,000.00	\$1,950,000.00
March 2016	\$0.00	\$0.00
February 2016	\$0.00	\$0.00
January 2016	\$0.00	\$0.00
December 2015	\$0.00	\$0.00
November 2015	\$0.00	\$0.00
October 2015	\$0.00	\$0.00
September 2015	\$0.00	\$0.00
August 2015	\$1,699,000.00	\$1,620,000.00
July 2015	\$1,299,000.00	\$1,265,000.00
June 2015	\$0.00	\$0.00

Last 12 Months Erlton  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
May 2016	\$0.00	\$0.00
April 2016	\$0.00	\$0.00
March 2016	\$0.00	\$0.00
February 2016	\$460,000.00	\$442,000.00
January 2016	\$0.00	\$0.00
December 2015	\$0.00	\$0.00
November 2015	\$0.00	\$0.00
October 2015	\$0.00	\$0.00
September 2015	\$424,000.00	\$413,000.00
August 2015	\$388,950.00	\$371,500.00
July 2015	\$447,450.00	\$428,750.00
June 2015	\$400,750.00	\$390,000.00

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Nick B - CEO  
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Last 12 Months Britannia  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
May 2016	7	1
April 2016	2	1
March 2016	1	0
February 2016	1	0
January 2016	0	0
December 2015	3	0
November 2015	0	0
October 2015	3	0
September 2015	4	0
August 2015	1	1
July 2015	1	1
June 2015	2	0

Last 12 Months Erlton  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
May 2016	0	0
April 2016	0	0
March 2016	0	0
February 2016	1	1
January 2016	0	0
December 2015	1	0
November 2015	1	0
October 2015	2	0
September 2015	3	1
August 2015	3	2
July 2015	1	4
June 2015	5	6

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## Elboya Community Association

**PO Box 30573, 1323N-6455 McLeod Trail South  
Calgary, AB T2H 2W2**

**Phone: 403.249.7097 | www.elboyaheights.com**

### Last 12 Months Elboya

#### MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
May 2016	\$1,437,000.00	\$1,361,250.00
April 2016	\$2,187,450.00	\$1,978,500.00
March 2016	\$1,161,500.00	\$1,098,750.00
February 2016	\$899,500.00	\$885,000.00
January 2016	\$0.00	\$0.00
December 2015	\$2,300,000.00	\$2,220,000.00
November 2015	\$0.00	\$0.00
October 2015	\$697,000.00	\$675,000.00
September 2015	\$0.00	\$0.00
August 2015	\$0.00	\$0.00
July 2015	\$920,000.00	\$890,000.00
June 2015	\$2,149,000.00	\$2,100,000.00

### Last 12 Months Elboya

#### MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
May 2016	4	4
April 2016	5	2
March 2016	2	4
February 2016	4	1
January 2016	7	0
December 2015	2	1
November 2015	4	0
October 2015	0	1
September 2015	4	0
August 2015	1	0
July 2015	2	1
June 2015	5	1

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## IN & AROUND CALGARY

### Stampede Taxi Stands

Stampede taxi stands are designated areas near Stampede Park where taxis will be lined-up to wait for customers. Two temporary taxi stands will operate at all hours during Stampede. These stands are located at the South and North entrances of Stampede Park. The taxi stand located at the North entrance of Stampede Park will provide priority service to people with accessibility needs as this entrance provides the most direct route to enter into the park.

### Late Night Temporary Taxi Stands

Within Stampede Park there are multiple entertainment venues. In 2016 all venues are closing at 3 a.m. To accommodate the evening rush two additional late night temporary stands will be established. For details, visit [Calgary.ca](http://Calgary.ca) and search taxi stands.



### Historic Calgary Week July 22-August 1, 2016

Please join us for Historic Calgary Week, ten days of free events, presented by the Chinook Country Historical Society. Learn about Calgary's history, culture and community through walks, talks, tours, presentations, museums and family events, held in and around Calgary. See our website: [www.chinookcountry.org](http://www.chinookcountry.org) for the program list.

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## your COMMUNITY business of the month

### Lagree YYC

**L**agree YYC, a bright, open and beautiful fitness studio located in Britannia Crossing at the corner of Elbow Drive and 50<sup>th</sup> Avenue, is the place to be.... thanks to the Lagree Method™, the best core-strengthening, calorie-burning workout available in Calgary.

The Lagree Method™ strengthens the body, tones and elongates the muscles, improves endurance, jump-starts the metabolism, burns fat, increases flexibility and postural alignment, and restores the body's natural balance leaving participants with the potential for a lithe and powerful body, resistant to the everyday stresses of work and life.

Launched in February 2015, Lagree YYC is the first to introduce Calgarians to this low impact, high intensity workout that makes exercise more efficient and effective because of the innovative Megaformer, a moving platform manipulated through a system of springs, straps and pulleys. The Megaformer employs body weight to provide resistance.

Owner Kim Rothenberg and her team of certified and knowledgeable trainers guide classes of up to 12 participants through a 45-minute routine that works all of the muscle groups. The continuous emphasis on slow and controlled movements is what helps to stimulate the body's slow twitch muscles fibres, the ones responsible for giving you the long, lean look and for burning fat. The focus on super quick transitions between exercises is what helps keep your metabolism revved up.

"The gliding motion of the Megaformer's carriage makes the Lagree workout easy on the joints without sacrificing the intensity of the workout. Whether you are brand new to Lagree or coping with joint or injury issues or training for a triathlon, anyone can master the Lagree workout," says Rothenberg.


The sight of the Megaformers may, at first, seem intimidating to the uninitiated, prompting the occasional humorous comparison to medieval torture. But with the solid orientation provided to newcomers and the occasional gentle reminder about how to change the spring load or use the various straps and pulleys, it doesn't take long to get into the rhythm of Lagree. Instructors are enthusiastic about accommodating participants across the fitness spectrum

and offering many modifications, making Lagree a great choice even for those who are beginning their fitness journey.


To keep the experience fresh and effective for their growing clientele, the Lagree team varies the exercises and changes the order in which muscle groups are tackled from class to class. Each Lagree YYC instructor has been handpicked by Rothenberg because of specific fitness, health and lifestyle specialties, and proven track records as motivating – and often highly entertaining – instructors. Some are passionate about winter sports like skiing and snowboarding. Others are accomplished in dance, spin, or yoga. All have found Lagree to be an ideal complement to a wide range of fitness and lifestyle practices.

Located in the SW neighbourhood of Britannia and a second studio opening shortly in West Market (17<sup>th</sup> Ave SW & Sarcee Trail), Lagree YYC is attracting a diverse and discerning clientele who appreciate a fitness method that saves time by combining cardio, fat burning, and strength training in one workout. While the exercises are performed slowly, the results can be quick!

In addition to the popular Full Body and Light Full Body classes, Lagree YYC offers a complimentary Newbies class for first timers. Private and semi-private sessions are available by request.



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## Elbow Scene mybabysitterlist

Name	Age	Contact	Course
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Emma	13	403-253-3262	Yes
Lev	13	587-891-7789	Yes
Heather	14	403-243-9779	Yes
Chris	14	403-701-3879	Yes
Miranda	14	403-620-3750	Yes
Caitie	14	403-701-3879	Yes
Dana	15	403-243-3836	Yes
Charlotte	16	403-991-3728	Yes
Micaela	16	403-703-9996	No
Katharine	17	403-629-3961	No
Dana	18	403-993-4492	Yes
Laura	20	819-979-0388	No
Ambur	31	587-434-3742	Yes
Christine	32	403-923-9101	Yes
Emely	48	403-805-2527	Yes

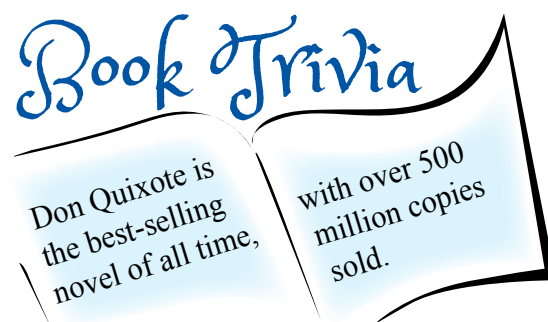
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### Calling All PARENTS

Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).



**Parkhill-Stanley Park Community Assoc.**

**4013 Stanley Rd. SW | Calgary, AB – T2S 2P5**

**Phone: 403.287.0614**

**president@parkhillstanleypark.ca**

**www.parkhillstanleypark.ca**

**Last 12 Months Parkhill-Stanley Park**

**MLS Real Estate Sale Price Update**

	Average Asking Price	Average Sold Price
May 2016	\$824,000.00	\$835,250.00
April 2016	\$649,000.00	\$625,000.00
March 2016	\$0.00	\$0.00
February 2016	\$849,450.00	\$844,500.00
January 2016	\$0.00	\$0.00
December 2015	\$1,150,000.00	\$1,020,000.00
November 2015	\$1,261,900.00	\$1,202,500.00
October 2015	\$537,450.00	\$510,750.00
September 2015	\$0.00	\$0.00
August 2015	\$860,000.00	\$830,000.00
July 2015	\$1,675,000.00	\$1,653,200.00
June 2015	\$919,450.00	\$887,500.00

**Last 12 Months Parkhill-Stanley Park**

**MLS Real Estate Number of Listings Update**

	No. New Properties	No. Properties Sold
May 2016	1	4
April 2016	7	1
March 2016	3	0
February 2016	9	2
January 2016	2	0
December 2015	1	1
November 2015	2	2
October 2015	0	2
September 2015	4	0
August 2015	0	1
July 2015	5	1
June 2015	3	2

To view the specific SOLD Listings that comprise the above  
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## Calling All Neighbours!



To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to [ES@great-news.ca](mailto:ES@great-news.ca)



## Windsor Park Community Association

403.253.3223

5304 6 Street Southwest

Calgary Alberta, T2V 1E1

WPCA5304@yahoo.ca

## Last 12 Months Windsor Park MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
May 2016	\$539,888.00	\$515,000.00
April 2016	\$389,900.00	\$380,000.00
March 2016	\$749,900.00	\$726,000.00
February 2016	\$724,900.00	\$675,000.00
January 2016	\$699,900.00	\$645,000.00
December 2015	\$729,000.00	\$655,000.00
November 2015	\$0.00	\$0.00
October 2015	\$664,900.00	\$650,000.00
September 2015	\$488,000.00	\$482,000.00
August 2015	\$739,700.00	\$722,500.00
July 2015	\$799,900.00	\$785,000.00
June 2015	\$699,900.00	\$672,725.00

## Last 12 Months Windsor Park MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
May 2016	4	3
April 2016	10	1
March 2016	2	1
February 2016	2	3
January 2016	5	1
December 2015	6	1
November 2015	2	0
October 2015	2	1
September 2015	3	1
August 2015	6	6
July 2015	7	3
June 2015	5	5

To view the specific SOLD Listings that comprise the above MLS averages please visit [windsor\\_park.great-news.ca](http://windsor_park.great-news.ca)

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## IN & AROUND CALGARY

### Green Cart set to roll out next spring

After a successful pilot that saw a 40 per cent drop in garbage and 89 per cent satisfaction amongst residents, the Green Cart Program will roll out to all single family homes beginning next spring. All communities should have the service by fall 2017. Here are the highlights:

**All food, yard and pet waste is accepted in the program.**

**Unlimited quantity.** Use paper yard waste bags for extra yard waste that doesn't fit in the cart.

**Green and blue carts** will be collected on the **same day every week.**

**Black carts** will be picked up **once every two weeks on a separate day** since most household waste can be recycled or composted.

Residents will receive everything they need to get started including the green cart, a kitchen pail for collecting food scraps inside the home; a sample of compostable bags for the kitchen pail and yard waste bags. Once service begins, households will pay \$6.50 per month. This charge reflects the savings achieved by changing black cart garbage col-

lection from weekly to once every two weeks.

**Green carts go beyond backyard composting**

If you're already backyard composting, keep it up. Use your green cart for all the other materials that cannot be composted at home like meat, bones, shellfish, dairy, weeds and pet waste.

**Why we need to keep food and yard waste out of landfills**

It may be hard to believe, but more than half of residential garbage is food and yard waste. Composting this material is the right thing to do. When food and yard waste is buried in the landfill it releases methane, a greenhouse gas that is 25 times stronger than carbon dioxide. By using the green carts we reduce dependence on our landfills, reduce greenhouse gas and turn food and yard waste into nutrient-rich compost.

To learn more about the Green Cart Program, visit [calgary.ca/greencart](http://calgary.ca/greencart).

Submitted by The City of Calgary Waste & Recycling Services.



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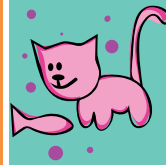
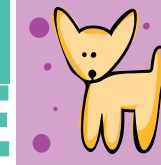
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## PET INSURANCE



is for everyone, including Vets



Twenty-eight years ago as a new veterinarian, I saw the emergence of the pet insurance industry. Premiums seemed high, and I believed a little money put aside each month it would cover most emergencies. As time passed and veterinary medicine made massive advances my opinion reversed and I believe every owner should try to carry some pet insurance. Pet insurance companies have tailored their plans from covering only emergencies with high deductibles and low premiums to plans that offer complete wellness programs for pets.

Today if you acquire a new pet, most shelters, rescue organizations, pet stores, and many organizations will offer free or trial insurance for a period of time. The Canadian Kennel Club offers limited trial insurance to anyone acquiring a purebred registered puppy. In my clinic we distribute several brochures for pet insurance and companies now offer trial insurance to new patients coming in to the hospital within a limited period of time. Some specific breeds and older pets are assessed on an individual basis and companies always require a client release their pet's medical records to assess the pet for pre-existing or genetic conditions. A client recently expressed an intention to start insurance on a pet with severe chronic skin disease; it is unlikely any company will take this pet on without an exclusion for the pre-existing condition. This is not unlike what we would encounter if we were acquiring our own health insurance. My experience has been that most companies with new pets on the books will look at something like a mild ear infection and remove an exclusion if the pet has remained clear of a further ear infection for six months. Insurance companies want to make money, but the benefit of knowing a catastrophic illness or accident is covered is priceless.

My mother's dog is the center of her life in her senior's facility. Last month, on a Saturday night, it became obvious Maggie was critically ill and I took her to the C.A.R.E. Centre for an ultrasound. Two hours later the surgical team led by a board-certified surgeon removed her gall bladder that had ruptured and started to treat her for bile peritonitis. Over the next week she was moved by ambulance to the intensive care at the Western Veterinary Specialty Centre with a central line, nasal cannula, and many other medical interventions, all from which she emerged healed. Few

people would have been in the position to afford this level of care without insurance, and I as a general practitioner could only watch specialists utilize these cutting edge tools and skills to save Maggie's life. That rare case that can only be saved by this level of intervention is why even veterinarians and their families need pet insurance. Insurance plans can cover everything. These comprehensive plans cover all preventative medicine, annual exams, vaccinations, specialized medical diets, and everything else. Today in Calgary your pet can get an MRI, CAT scan, be treated with chemotherapy for cancer, and be referred to as diverse a group of specialists as you will see at the Foothills Hospital. Kidney dialysis is on the horizon. There are alternative practitioners offering acupuncture and homeopathic treatments. Rehabilitation facilities exist with underwater treadmills. Plans are available which include nail trims, dental cleanings, annual blood work, kenneling, the expenses incurred if you lose your pet, and even holiday cancellation insurance if your pet becomes ill.

The least expensive plans only cover emergency accidents. With the advent of urban leash laws and cat bylaws, the frequency of pets being admitted after being hit by cars, something I once saw on an almost daily basis, I now rarely see. Insurance premiums are further lowered by having high deductibles or the company paying a lower reimbursement percentage. Companies assesses every pet and client individually to meet their needs and budget

I overheard a client recently ask for their receipt from my receptionist to make a claim. As I paused to greet the client she told me that she was insured through a company I was unfamiliar with. Her husband's employer has a group health benefit plan for all staff. This plan recognizes that studies show that people with pets are healthier and live longer. Therefore, this group benefit plan covers the veterinary care of the employee's pets. As an ardent believer of the Human-Animal Bond, I am absolutely astounded by the evolution of pet insurance in our society. We still can't get insurance for pets other than dogs and cats but I am told it is on the way for birds, and small pocket pets. May you and your pets be safe and well and never need the emergency part of your pet insurance.

Jennifer L. Scott, D.V.M.



EMS: Heat Related Illness

With the return of summer weather, Alberta Health Services EMS would like to remind everyone to stay safe in the heat and sun this season. While children and the elderly may be more susceptible to the effects of heat and sun, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

Heat exhaustion

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and/or humid environment (indoors or outdoors).
- Patients may suffer headaches, weakness, fatigue, nausea/vomiting, thirst, chills, and profuse sweating.
- The patient is usually cold and damp to the touch and the skin may appear pale or dusky gray.

Heat stroke

- Heat stroke is a medical emergency which, without prompt treatment, could be fatal.
- It occurs when the body can't cool itself naturally (e.g. perspiration). The body's temperature will continue to rise to dangerous levels.
- Due to severe dehydration and the inability to sweat, the patient may appear flushed, and skin may be hot and dry to the touch.

First aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment.
- Remove excess or tight fitting clothing, and allow them to rest in a cool environment.
- If the patient is conscious and alert, provide suitable fluids such as: water, juice, or a sports drink.
- If you are concerned, seek medical attention or call 9-1-1.

Prevention

- Stay well-hydrated by drinking plenty of water.
- Be aware that excessive alcohol consumption will promote dehydration.
- Always wear a broad brimmed hat to keep the sun off your face and neck.
- Apply waterproof sunscreen with an SPF of 50+, especially for children. The sun's UV rays peak between 10am-4pm, even on cloudy days.

Where there's water,  
there IS a risk

Calgary's rivers, lakes and waterways can be a fun and refreshing way to spend a hot summer day. **Your Calgary Fire Department** wants to remind you about Water Safety.

Life jacket safety

- Always wear a properly fitting life jacket or personal flotation device (PFD) when boating or rafting anywhere.
- Check the PDF or jackets size and weight restrictions.
  - Start with the buckles and straps loose, do them up from the bottom of the jacket to the top. Make sure the jacket or PFD fits snugly.
  - Test the life jacket or PFD once you have done it up; hold your arms over your head and ask a friend to grab the tops of the arm openings and gently pull. Make sure there is no extra room above the arm openings and that the jacket does not ride up over your face or chin.

Swimming is a lifesaving skill

Water skills give you the confidence to safely take part in water sports throughout your life. The City offers swim lessons for all ages, throughout the year. We also offer First Aid and National Lifeguard certification classes.

**Remember**, always keep toddlers or young children within arm's reach while in or around all bodies of water.

Before you raft or boat

Always **SCOUT**, **ASSESS** and **DECIDE** from shore before going on rivers, lakes and waterways.

**Scout** the river for potential hazards and check the weather and water conditions.

**Assess** the level of danger. Check for river advisories and assess the swimming and paddling skills of your crew.

**Decide** if it is safe to raft or boat.

**Ensure** you have emergency supplies on board with you.

For further information visit [calgary.ca/CSPS/Fire/Pages/Safety-tips/Safety-tips-for-water/River-Safety.aspx](http://calgary.ca/CSPS/Fire/Pages/Safety-tips/Safety-tips-for-water/River-Safety.aspx)

**Did you know:** The Calgary Fire Department has Fire-fighters trained in water rescue that work out of 6 station (downtown) 21 station (Silver springs) and 39 station (Douglasglen)?

YOUR COMMUNITY/CITY EVENTS  
AT A GLANCE...

- **August 5 to 7 - Expo Latino:** Each year, Expo Latino brings a variety of talented Latino performers to Prince's Island Park. This is a three-day celebration of Latino music, dance and culture. [www.expolatino.com](http://www.expolatino.com)
- **August 10 to 13 - Afrikadey! Festival:** This year marks Afrikadey's 25th anniversary. That's 25 years sharing the art, music and dance from cultures across the African continent. [www.afrikadey.com](http://www.afrikadey.com)
- **August 14 - Marda Gras Street Festival:** The neighbourhood street festival includes numerous food vendors, artisan booths and buskers. Also part of the festival is the sixth annual Marda Gras pet pageant, so get your pooch ready to shine. [www.mardagrass.ca](http://www.mardagrass.ca)
- **August 18 to 20 - ReggaeFest:** According to the organizers of the festival, ReggaeFest will transform you into a "Rastafarian." There's music and there's food, and it's a festival all Calgarians need to attend at least once. [www.reggaefest.ca](http://www.reggaefest.ca)
- **August 18 to 27 - GlobalFest:** This annual fireworks and cultural festival includes five impressive shows. The first of the fireworks shows synched to music is from China, followed by the Philippines, Spain and the USA. The finale is by Canada. [www.globalfest.ca](http://www.globalfest.ca)
- **August 20 to 21 - Antiquing at the Arc:** Spend hours rummaging through everything from furniture to militaria to art deco to toys and more at this annual antique show. [www.antiquesbydesignshows.com](http://www.antiquesbydesignshows.com)
- **August 26 to September 5 - Calgary Pride Parade and Festival:** Celebrate Calgary's LGBTQ community and attend events during the Calgary Pride Festival. [www.calgarypride.ca](http://www.calgarypride.ca)

AUGUST 5 TO 7  
EXPO LATINO

Each year, Expo Latino brings a variety of talented Latino performers to Prince's Island Park. This is a three-day celebration of Latino music, dance and culture. [www.expolatino.com](http://www.expolatino.com)



AUGUST 13  
CALGARY JAPANESE  
FESTIVAL OMATSURI

The one day festival has plenty of fun, cultural activities appropriate for the whole family, including galleries of Japanese arts and crafts and food kiosks selling Japanese food. [www.calgaryjapanesefestival.com](http://www.calgaryjapanesefestival.com)



AUGUST 13 TO 14  
CALGARY DRAGON BOAT  
RACE AND FESTIVAL

This is a weekend of dragon boat racing on the Glenmore Reservoir, where Calgary embraces a sport that stems from a 2,000-year-old Chinese legend. [www.chinatowncalgary.com/dragonboat](http://www.chinatowncalgary.com/dragonboat)





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Rideau-Roxboro Community Assoc.

c/o 525-30 Ave SW  
Calgary, AB – T2S 0P4  
Phone: 403.803.1717

Last 12 Months RIDEAU PARK

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
May 2016	\$999,000.00	\$973,000.00
April 2016	\$649,900.00	\$595,000.00
March 2016	\$695,000.00	\$672,500.00
February 2016	\$0.00	\$0.00
January 2016	\$0.00	\$0.00
December 2015	\$0.00	\$0.00
November 2015	\$0.00	\$0.00
October 2015	\$0.00	\$0.00
September 2015	\$0.00	\$0.00
August 2015	\$0.00	\$0.00
July 2015	\$0.00	\$0.00
June 2015	\$0.00	\$0.00

Last 12 Months ROXBORO

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
May 2016	\$0.00	\$0.00
April 2016	\$0.00	\$0.00
March 2016	\$0.00	\$0.00
February 2016	\$0.00	\$0.00
January 2016	\$0.00	\$0.00
December 2015	\$0.00	\$0.00
November 2015	\$1,069,000.00	\$955,000.00
October 2015	\$0.00	\$0.00
September 2015	\$0.00	\$0.00
August 2015	\$0.00	\$0.00
July 2015	\$0.00	\$0.00
June 2015	\$0.00	\$0.00

To view the specific SOLD Listings that comprise the above  
MLS averages please visit [rideau\\_park.great-news.ca](http://rideau_park.great-news.ca) or  
[roxboro.great-news.ca](http://roxboro.great-news.ca)

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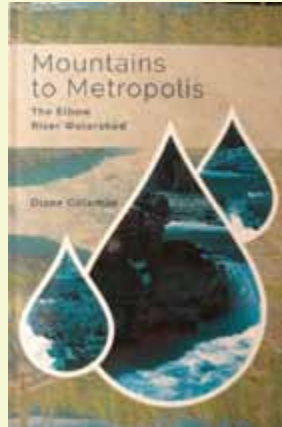
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# New Book Mountains to Metropolis: The Elbow River Watershed

***S2G+ was excited to find out that a new book had been written about the Elbow River. We asked the author, Diane Coleman, if she would be willing to write an article about what prompted her to write about the Elbow Watershed. And, here is her response!***

Water in the landscape has always attracted me. Perhaps that is why I have lived near the Elbow River for four decades. When I lived near downtown Calgary, potable water magically came out of the tap and wastewater disappeared with a flush. No big deal. But then on our acreage outside the city in the middle watershed, water issues quickly became apparent. Here, our household water comes from a local water co-operative and we have a septic system to maintain. Here, one thoughtless person overwatering his large lawn has brought the water system to its knees on occasion. Then, as a geographer, I have also had a fascination for the landscape itself. Landscape plus water equals watershed, and in my case, that of the Elbow River.

Big questions arose: where does our water come from, how is it best used and where does it go when we have finished with it? What is a watershed really? What are its parts, how does it function, is it so important to keep it

healthy, and how do we do that? And why should we care? Why? — because we all live in a watershed.

I began to research everything I could find out about the Elbow watershed — its geography, its wildlife, its human history, its management and its present-day situation — all coloured by my own experience living, hiking and camping here. And all that turned into this book!

My conclusion about all of this? — the Elbow River watershed is beautiful and important and it is under significant pressure for industrial, urban and recreational development. Since the sound functioning of any watershed depends on the well-being of *all* of its parts, I hope this book will help ensure the Elbow's continued health through knowledge and understanding, and from that, good management.

Diane Coleman is the author of *Mountains to Metropolis: The Elbow River Watershed* (Friesen Press, 2015).

*Formed in 2004, S2G+ Preservation Society collaborates to enhance the environment and natural history of the lower Elbow River, its valley and contiguous bench lands from the Glenmore Dam to Fort Calgary. To join our stewardship network email us at S2Gplusinfo@gmail.com. Follow us on facebook.com/S2Gplus*



## Blue-winged Teal a Little Dabbler

By J.G. Turner

Photo credit: Alan & Elaine Wilson of Nature's Pics Online

The Blue-winged Teal's formal name (*Anis discors*) comes from the Latin words for "a duck" (*Anis*) and *discors* or "disc about the mouth" which may refer to the face pattern of the male. The adult male has a rounded slate blue head with a crescent shaped band of feathers behind its black bill and in front of its black eyes. The male has a light brown body with a white patch near the rear and a black tail, and shows a blue patch with a white border on its fore wings, especially when in flight. The adult female is a mottled or scalloped grey-brown with a whitish patch at the base of the tail and bill, and a dark line through its black eye. The bill is quite large. Blue-winged and Cinnamon Teal females and immatures are very hard to distinguish from one another.

This is a small (especially compared to the large Mallards common to Alberta waterways) dabbling duck (meaning that it feeds on the surface on vegetation or water insects just ducking its head under water, or by tipping right up, pointing its tail end upwards while feeding on submerged vegetation). It is only about 16 inches (40 cm) long, with a wingspan of 23 inches (58 cm) and weighing in at only 13 ounces (370 g).

This is the most common teal in Alberta's grassland and parkland areas. The best area for it to live in is likely to have grassy spaces mixed with wetlands. It is most likely found in the calmer waters of marshes, sloughs, ponds and the weedy edges of small lakes. Nests are built in concealing grasses or vegetation on dry land, but near to water. You might see a Blue-winged Teal cruising near the shoreline (rather than out in open water) or resting on logs or rocks sticking above the water, on top of muskrat houses, on bare shoreline or mud flats. In the late summer they undergo a moult (during which they shed their old feathers and grow new ones), which prevents them from flying so they will spend this time

in prairie sloughs or large marshes with good food supplies. Although it is found in the right habitat throughout the province, the Blue-winged Teal is most common in central and southern Alberta.

This little duck hangs out in pairs or small groups spending most of their time foraging in shallow waters. They are described as being "abundant" in North America, with numbers varying in response to water conditions, with drought causing populations to fall. They are the first ducks to go south in the fall and the last ones to arrive north for the breeding season in the spring. It is likely that they leave early and arrive back late because they are long distance migrators, some going as far as South America (a Blue-winged Teal banded in Alberta was found in Venezuela a month later). The oldest recorded Blue-winged Teal was a 23-year-old male, banded in Alberta and found in Cuba. Overwintering in Alberta is not common, but has been recorded in Calgary and at Wabamun Lake.

If you find an injured or orphaned wild bird or animal in distress, please contact the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488, for tips, instructions and advice, or look at the website at [www.calgarywildlife.org](http://www.calgarywildlife.org) for more information.



Canadian Cancer Society  
Société canadienne du cancer

# How to enjoy the summer sun safely

By Paula Trotter

Do you know what causes more cases of cancer than tobacco? Ultraviolet (UV) rays emitted by the sun, which cause skin cancer.

Despite being largely preventable, skin cancer is the most commonly diagnosed cancer in Canada. Most skin cancers are easy to treat, but they do put you at a higher risk of developing cancer later in life and treatment can include disfiguring surgery.

And rates of melanoma – the most dangerous type of skin cancer – continue to rise in Canada.

As summer is now upon us, we want to remind you that being safe in the sun is the best way to reduce your risk of developing skin cancer.

Sun safety isn't about avoiding the sun. It's about protecting your skin and eyes while you're enjoying the outdoors.

And sun safety includes more than just applying sunscreen. In fact, sunscreen should not be your only defence against the sun. Use sunscreen along with shade, clothing, and hats – not instead of them.

Follow these Canadian Cancer Society prevention tips to safely enjoy the sun this summer:

- **Check the UV index daily.** Use extra precautions to protect your skin if the UV index reaches 3 (moderate) or more.
- **Cover up when the sun is at its strongest.** You need to be extra careful to protect your skin between 11 a.m. and 3 p.m. when the sun is at its strongest (UV index of 3 or more).
- **Cover up.** Wear a wide-brimmed hat and cover up as much of your skin as possible. Clothes generally provide better protection than sunscreen.
- **Use sunscreen properly.** Use a broad-spectrum and water-resistant sunscreen with a minimum SPF of 30. Apply generously – most adults need about two to three tablespoons of sunscreen to cover their body and a teaspoon to cover their face and neck.
- **Seek shade.** Sit under a tree at the park or an awning on a restaurant patio. Bring an umbrella so you can have shade whenever you need it.
- **Wear sunglasses.** Sunglasses (labeled UV 400 or 100% UV protection) can help prevent damage to your eyes by blocking a large percentage of UV rays.

## IN & AROUND CALGARY



### Going on a Holiday?

A message from the Federation of Calgary Communities

#### Building Safe Communities Program

Summer is a great time to enjoy a vacation! But before you do, make sure your home is as safe and secure as possible. The keys to protecting your home when you are on vacation are not just the ones you use in your deadbolt lock.

Below are a few tips to help reduce your risk:

- Double-check your insurance policy to find out if and when you require someone to check in on your home.

- Give a trusted neighbour or friend a key and trip details and ask them to check in on your home.
- Don't advertise that you are going away.
- Create a lived-in appearance. Be sure the lawn is cared for while you are away, and stop any newspapers or have flyers collected from your door or yard. Set lights and a TV's on timers so your home is not dark during evening hours.
- Encourage a trusted neighbour to park their car in your driveway while you are gone.
- Ensure that your door and window locking devices are working and are locked when you leave.
- Disable your garage door while you are gone. Most have a switch that can be turned off. You can also put a padlock or similar device through the door tracks to ensure it cannot be opened.
- Put away, or secure all lawn furniture or tools (i.e. ladders) so they can't be used to assist a burglar in gaining access to the upper story windows of your home.

For more helpful safety resources, check out the Federation of Calgary Communities website at [calgarycommunities.com](http://calgarycommunities.com) and visit the Virtual Resource Centre.



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## IN & AROUND CALGARY



### Chip in Fore Communities and Golf With Us on August 12!

Are you itching for a fun round of golf that includes lunch and dinner, as well as the opportunity to win amazing prizes like a trip for two to Mexico and up to \$15,000? If so, register today for the Federation of Calgary Communities 4<sup>th</sup> Annual *Chip in Fore Communities* Golf Tournament, presented by Save-On-Foods! The tournament will take place on Friday, August 12, 2016 at The Canal at Delacour Golf Club.

Registration fees are extremely affordable at only \$160 for an individual golfer and a discounted rate of \$600 for a foursome! Your fee includes lunch, a round of golf in a power cart, a delicious dinner, and the change to win one of many exciting prizes.

Visit [calgarycommunities.com/events](http://calgarycommunities.com/events) to register today!

There are 150 community associations in Calgary with more than 20,000 volunteers involved, making it the largest collective volunteer movement in the city! Community associations come in all shapes and sizes, are run by your neighbours, offer you endless opportunities, bring you together as a community, and are dedicated to addressing local issues and ensuring you love where you live. They can be the anchor for community life, but they need support to effectively operate in today's competitive not-for-profit world. The Federation of Calgary Communities is that support organization.

This golf tournament will help raise funds for the Federation of Calgary Communities to continue providing programs and services that help community associations build capacity, support and mobilize residents, be on the front lines of important issues in their community, and improve neighbourhood life in Calgary.

If you have any questions or are interested in finding out more please contact Rebecca Dakin with the Federation of Calgary Communities at [communityrelations@calgarycommunities.com](mailto:communityrelations@calgarycommunities.com) or (403) 244-4111 ext. 204.



### Bel Aire-Mayfair Community Association

65 Medford Place SW, c/o MBCA Calgary, AB - T2V 2C6

Phone: 403.259.3844

[www.maybel.org](http://www.maybel.org) | [maybel@shaw.ca](mailto:maybel@shaw.ca)

#### Last 12 Months Bel Aire-Mayfair

#### MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
May 2016	\$1,579,000.00	\$1,475,000.00
April 2016	\$0.00	\$0.00
March 2016	\$1,799,999.00	\$1,680,000.00
February 2016	\$0.00	\$0.00
January 2016	\$1,788,000.00	\$1,735,000.00
December 2015	\$0.00	\$0.00
November 2015	\$0.00	\$0.00
October 2015	\$0.00	\$0.00
September 2015	\$0.00	\$0.00
August 2015	\$0.00	\$0.00
July 2015	\$0.00	\$0.00
June 2015	\$2,499,000.00	\$2,275,000.00

#### Last 12 Months Bel Aire-Mayfair

#### MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
May 2016	0	1
April 2016	1	0
March 2016	2	1
February 2016	1	0
January 2016	2	1
December 2015	1	0
November 2015	0	0
October 2015	2	0
September 2015	2	0
August 2015	0	0
July 2015	1	0
June 2015	1	1

To view the specific SOLD Listings that comprise the above MLS averages please visit [bel\\_aire.great-news.ca](http://bel_aire.great-news.ca) or [mayfair.great-news.ca](http://mayfair.great-news.ca)

### COMMUNITY NEWSLETTER AD SALES



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## The New Adventures of Engine 23

Central Library is home to a full-sized, real fire truck—and yes, it's *inside* the library! Engine 23 has retired from fighting fires and has begun a whole new life helping children learn. Calgary's youngest citizens can not only read about fire trucks, but also suit up, jump in the truck, and rush to the scene of imaginary accidents and infernos to bring aid and assistance. Because the fire truck isn't just a 22-tonne vehicle in a building: it's a suite of experiences. It's authentic. Kids can play on it and interact with it in a very real way.

When the Calgary Fire Department offered to loan us a decommissioned fire truck, Calgary Public Library seized upon the opportunity to create an innovative early learning experience. After much planning and design, we've installed Engine 23 in Central Library, where it will remain until New Central Library opens in 2018.

Visit Engine 23 any time Central Library is open, or drop in for special Engine 23 storytimes. Toddlers and Preschoolers (ages 2-5) can drop in to enjoy fire-themed storytimes while seated atop Engine 23! Families (all ages) are welcome to drop in and join a Calgary Fire Department firefighter for a special family storytime and the opportunity to start their very own new adventures with Engine 23. See the July-August *Library Connect* for exact dates and details. A reimagined staircase will connect the installation to the children's area on the second floor, so be sure to visit the Children's Library on the 2<sup>nd</sup> Floor!

## KEYBOARD SHORTCUTS

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Use the following keys (if you are emailing a document or a message) when the insertion point is in the email header. To move the insertion point into the email header, press **SHIFT+TAB**.

### ALT +S

Send the active document or message.



## Elbow Park Community Association

800-34 Ave SW | Calgary, AB T2T 2A3

Phone: 403.243.3783

president@elbowpark.com | www.elbowpark.com

### Last 12 Months Elbow Park

#### MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
May 2016	\$1,474,500.00	\$1,375,000.00
April 2016	\$1,299,000.00	\$1,337,500.00
March 2016	\$1,092,000.00	\$1,070,000.00
February 2016	\$1,699,000.00	\$1,525,000.00
January 2016	\$1,675,000.00	\$1,600,000.00
December 2015	\$999,900.00	\$950,000.00
November 2015	\$1,499,900.00	\$1,425,000.00
October 2015	\$796,950.00	\$726,500.00
September 2015	\$2,700,000.00	\$2,604,025.00
August 2015	\$0.00	\$0.00
July 2015	\$1,787,450.00	\$1,692,500.00
June 2015	\$1,497,000.00	\$1,397,500.00

### Last 12 Months Elbow Park

#### MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
May 2016	10	6
April 2016	10	3
March 2016	6	6
February 2016	7	3
January 2016	9	3
December 2015	7	1
November 2015	5	1
October 2015	2	4
September 2015	11	2
August 2015	5	0
July 2015	8	4
June 2015	9	8

To view the specific SOLD Listings that comprise the above MLS averages please visit [elbow\\_park.great-news.ca](http://elbow_park.great-news.ca)

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GREG CLARK

Leader - Alberta Party  
(403) 252-0346  
calgary.elbow@assembly.ab.ca  
Twitter: @GregClark4AB

Fort McMurray Fire

As I write this the people of Ft. McMurray have just started to return home nearly a month after a narrow escape from the most devastating wildfire in Canadian history. Having spent a lot of time working in Ft. McMurray over the years it was heartbreaking for me to see family homes and familiar landmarks go up in smoke.

I was impressed (but not surprised) that we were able to evacuate more than 80,000 safely and I was even more impressed by the response of Albertans. It's the perfect embodiment of what it means to be an Albertan. We look out for one another in good times, and especially in bad.

Many of us in Calgary-Elbow have lived through a natural disaster. My most vivid memories are not of what we lost in the flood, but of the tremendous outpouring of

support from Albertans. I'll never forget the images of hundreds of Edmonton Police and Firefighters streaming down Highway 2 to help us. I'll never forget the day complete strangers showed up by the thousands and I'll never forget the support of neighbours who would stop work cleaning their own homes to help others.

I'm glad to see the people of Ft. McMurray heading home, but the amount of time people have been out of their homes is a reminder just how long a road there is ahead of us. Albertans stepped up to help Ft. McMurray in their time of crisis, and we'll need to stand with them in the coming weeks, months and years. Ft. Mac will fight back, but they'll need our help.

If you haven't already, please consider a donation to the Canadian Red Cross ([www.redcross.ca](http://www.redcross.ca)) or to one of the many relief agencies working in Ft. McMurray.

I want the people of Ft. McMurray to know that we are here for you. We are here for you today, we will be here for you tomorrow, and we will be here for as long as it takes to rebuild your city.

Carbon Tax Debate

At time of writing we are still debating the NDs carbon tax in the Legislature. Given their majority we know the bill will pass and become law, but I am trying hard to bring forward amendments to make the bill stronger and more effective. I believe that a carbon tax is the right way to reduce emissions, attract investment in new technology and kick-start innovation that will not only help diversify our economy but will also enable the continued success of our oil and gas industry.

I may support a carbon tax in principle, but I'm not sure I support the NDs approach. I have tried to amend the bill to make this program truly revenue neutral by offsetting money collected by the carbon tax with equal cuts to personal and business taxes, as well as other rebates to ensure Albertans are not paying more. Unfortunately the government hasn't accepted this or any other amendments from the opposition. I will continue to work to make this bill better.

You can track my progress on our website [www.calgary-elbow.ca](http://www.calgary-elbow.ca).

This is an important issue for the future of our province and I want to hear from you. You can contact me through my website or get in touch at [Calgary.Elbow@assembly.ab.ca](mailto:Calgary.Elbow@assembly.ab.ca) or (403) 252-0346.



COUNCILLOR, WARD 9  
GIAN-CARLO CARRA

c/o Office of the Councillors  
PO Box 2100, Stn 'M', Mail Code #8001A  
Calgary, AB T2P 2M5

Hello Ward 9!

As we get ready to enjoy the summer months and reconnect with friends and family, I wanted to take this opportunity to give you all a heads up with events that are happening both in our Ward and in Calgary.

On Canada Day, July 1, there will be lots of events for all ages. On Prince's Island, there will be two opportunities to explore Canada's heritage through the Aboriginal Show Case and through meeting members of our Canadian military.

At historic Fort Calgary, come on down for a free t-shirt to take part in the annual group selfie where we recreate the Canadian Flag.

Down on Riverfront Avenue, you can experience rich francophone heritage with the evening ending with fireworks at the Centre Street Bridge.

If you have your walking shoes on, during the day, you can stop by Olympic Plaza and view the market. Just down the street on Stephen Avenue Walk, view the usual fare, plus the additional live entertainment and events that will be taking place.

If you haven't been to Studio Bell, home of the National Music Centre, there will be free admission and gifts for the first 500 visitors who attend.

For more details on those Canada Day events, go to [calgary.ca/CanadaDay](http://calgary.ca/CanadaDay).

You aren't limited to these events to enjoy your city and neighbourhoods. Your community associations do great work all year. With Stampede season starting soon, it's a great time to get better acquainted with them and the work they do on your behalf.

Please check out their websites and read through their newsletters for their Stampede breakfasts, the other events they will be holding over the summer, and the things they are preparing for in Fall 2016.

Community

Tuxedo Park  
Winston Heights-Mountview  
Renfrew  
Bridgeland-Riverside  
Dover  
Inglewood  
Ramsay  
Ogden  
Riverbend  
Erlton  
Rideau-Roxboro  
Parkhill Stanley Park  
Fairview  
Acadia

Websites

[tuxedoparkcommunity.ca](http://tuxedoparkcommunity.ca)  
  
[winstonheights.ca](http://winstonheights.ca)  
[renfrewcommunity.ca](http://renfrewcommunity.ca)  
[brccalgary.org](http://brccalgary.org)  
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[fairviewcommunity.ca](http://fairviewcommunity.ca)  
[acadiarec.com](http://acadiarec.com)

Your Team Ward 9 and I will be out visiting neighbourhoods across Ward 9. Don't be shy, and please say 'hi' to Eric, Katie, Shelaine, or myself when you see us.

If you aren't able to attend these events, my office is always open. Feel free to call us at 403-268-5330, follow us on Twitter at @gccarra & @Ward9Tweets, Facebook at [facebook.com/gccarra](https://facebook.com/gccarra) or by email at [ward09@calgary.ca](mailto:ward09@calgary.ca).

If you want more info about what's happening in your community and want to sign up for our regular new-flashes, contact my office.

Have a wonderful Calgarian summer and we will see you soon!

Yours truly,  
Gian-Carlo Carra



BRAIN GAMES SUDOKU

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4	5		6			9		
		3		7		8		

FIND SOLUTION ON PAGE 29





## COUNCILLOR, WARD 8 EVAN WOOLLEY

P.O. Box 2100, Station M  
Calgary, AB, Canada T2P 2M5  
Phone: 403-268-2430

Summer is here! I love Calgary at this time of year. It's a great chance to get outside and connect with old friends, enjoy new restaurants and patios, float down the river or just enjoy all our great city has to offer in the warmer months.

If you're looking for things to do with the family or with friends visiting from out of town, The City of Calgary offers numerous fun, free and community-based programs and services for children, youth and families all over Calgary each summer. Some of these programs include Ralph Klein Park's free nature programs, Park n' Play, Stay n' Play, Kids at Play Summer Club, Community Camps, Youth Days, and Lawn Chair Theatre. You can visit [calgary.ca/cns](http://calgary.ca/cns) to check out what's happening in your area.

If you're planning on taking advantage of the great weather to do yard improvements make sure that before you buy materials and start getting your hands dirty, you save yourself a headache and visit [Calgary.ca/homeimprovement](http://Calgary.ca/homeimprovement) or get in touch with the City (403-268-5311) to check what work requires a permit.

I plan to be out in the neighbourhoods this summer, stopping in at Stampede breakfasts and barbeques, and a number of other community events. I look forward to seeing you all there. In the meantime, take some time off, connect with your friends and family, try something new, and enjoy the summer!



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## COUNCILLOR, WARD 11 BRIAN PINCOTT

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I was also glad to stop by the great Neighbour Day Events in our ward. Through BBQs, bike parades, and block parties, I've seen that getting out, meeting your neighbours and learning more about each other is a fundamental of building community! Thank you to all of the volunteers who worked so hard to organize these great events!

Thanks to all who joined my team and I on June 9<sup>th</sup>, 2016 for our information session on Little Free Libraries. It was great to see so much interest in the little libraries, and another great example of building community! We were honoured to have Calgary's newly appointed Poet Laureate, Micheline Maylor share her words; to have Calgary Reads share on Calgary's reading landscape; and volunteers from the Lincoln Park Tool Shed to share about sharing tools! We'd also like to thank Voltage Creative Garage for hosting us in their awesome collaborative arts space, and the expertise that some of their artists shared with us. If you missed this event, please get in touch, and we'll be happy to share the information with you.

We've got many projects and project studies happening in our ward: the 50<sup>th</sup> Avenue Corridor Study; the construction of the 20<sup>th</sup> Street Bikeway; the construction of the 61<sup>st</sup> Avenue Greenway Corridor; the phasing of the SW Transitway BRT; the construction of the Crowchild-Flanders Avenue interchange; the River Park, Sandy Beach, Britannia Slopes redevelopment; the new Southwood Skatepark, and more.

As we move into the summer season, you will notice the Roads crews out repairing sidewalks, curbs, gutters, guard rails, fences, concrete barriers, and roadway surfaces like cracks, manholes, potholes and sinkholes. Please be patient as the crews take to maintaining over 1400 hectares of boulevard green space along major roadways, and continue sweeping where needed.

Remember to subscribe to your Ward 11 updates at [www.ward11calgary.ca](http://www.ward11calgary.ca) to stay informed about projects, and if you haven't yet – ask to receive our seasonal electronic newsletter for a summary of Ward 11 happenings mentioned above!

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
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Gamblers Anonymous	403.237.0654

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**Deadline – 1<sup>st</sup> of each month for the next month's publication.**

**Contact [news@great-news.ca](mailto:news@great-news.ca)**

- ♦ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ♦ Forty word limit

## BRAIN GAMES

## SUDOKU

9	3	1	2	4	5	6	7	8
7	8	5	1	3	6	2	4	9
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4	5	7	6	8	2	9	3	1
6	1	3	9	7	4	8	5	2

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### Fort McMurray

Last month, the nation looked on as wildfires raged throughout northern Alberta. As events continued to unfold, we watched the city of Fort McMurray declared a state of emergency and evacuate all residents. Our hearts went out to the community as they left entire lives behind at a moment's notice, and touching stories of loss and heroism trickled in through media reports.

Our government was quick to respond to the crisis. We assured Albertans in the very early days that we would stand with them during this difficult time, and would support their efforts to rebuild. I was in the airport heading back to Alberta when I received the call from the Prime Minister asking me to chair the federal government's Ad Hoc Committee on Northern Alberta Wildfires. My cabinet colleagues and I will coordinate across departments and take a whole of government approach to recovery and rebuilding efforts in the weeks and months ahead.

Since convening this committee, we have met to discuss strategy, resources and the coordination at all levels of government to assist our friends, families, and neighbours to the north. We committed air support, military, and have matched the generous donations of Canadians to the Red Cross.

For years Alberta has carried the Canadian economy. Now it's time for us to give back: we will assist during this acutely difficult period, and we understand that rebuilding Fort McMurray and northern Alberta will take years. The federal government will continue to play a role.

Already through federal leadership and the cooperation of other jurisdictions, we have brought in relief for Alberta's incredible first responders. Further to this, four water bombers from Quebec, three Ontario firefighting teams, 3,000 cots, blankets, generators, and living supplies were also brought in through federal agencies. Additionally, we deployed federal resources to restore communication networks, and the Canadian Space Agency to track the wildfires.

This is in addition to the hundreds of millions that will be sent to the province through the Disaster Financial Assistance Arrangements program.

As always, you can contact my office by email at [kent.hehr@parl.gc.ca](mailto:kent.hehr@parl.gc.ca) or by phone at 403.244.1880. My office is located at 950 6 Ave SW and my door is always open to you. You can follow my work in Parliament online at [www.KentHehrMP.ca](http://www.KentHehrMP.ca) where you can watch clips of yours truly in question period and sign up for my e-newsletter.



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