

MAY 2017

DELIVERED MONTHLY TO 7,300 HOUSEHOLDS

your **EVERGREEN**

BRINGING EVERGREEN & EVERGREEN ESTATES RESIDENTS TOGETHER



REGISTER NOW FOR SEPTEMBER



AppleTree
PRESCHOOL

where

LEARNING IS FUN!

Apple Tree Preschool believes that children learn best when they are respected, secure and having fun. Our Preschool Community: Small classes for 3 and 4 year olds, offer individualized attention for your child. In addition to our regular program, a professional music program (all classes), introduction to French (in JK) and Pre-K academic readiness skills will enhance your child's love of learning.

☎ 403-252-1161

✉ info@appletreepreschool.ca

Register early
as classes will fill

📍 2nd Floor, 2335-162nd Ave. SW
Shoppes of Bridlewood (by Sobeys)
🌐 www.appletreepreschool.ca

Hoffman INSTITUTE

The Hoffman Process helps remove the barriers that are holding you back from being the best version of yourself.

Visit www.hoffmaninstitute.ca
to find out how you can,

- Gain better personal relationships
- Renew your enthusiasm for life and vitality
- Create greater emotional resilience
- Have relief from anger and depression and more...



DON'T WAIT

THE TIME WILL NEVER
BE JUST RIGHT.



MAY 13, 2011 /// EVENT: STADIUM
CALGARY, AB

REGISTER NOW
WWW.XWARRIORCHALLENGE.COM

ACADEMY DENTURE CLINIC

www.academydenture.com

Modern Solutions for Missing Teeth

STOP:

- Avoiding foods you love
- Using messy adhesives
- Being self-conscious of your smile
- Looking older than your age

WE OFFER:

- Denture on implant options
- Conventional and flexible denture options
- Direct billing for private insurance
- Complimentary consultations



Southcentre Mall
Suite 126A, 100 Anderson Rd SE (403) 269-8308

Mon - Thur 8:30 am - 4:30 pm Fri 8:30 am - 12:00 noon

Parkland Painting Collective

Tenth Annual



Saturday June 3 Noon-4pm

Park 96 - 14660 Parkland Blvd SE
East side of boulevard | Both floors

Fresh, original art by local artists
Various mediums and sizes | Framed and unframed
Enjoy light refreshments | Enter to win a door prize



South Calgary PAP Clinic

PAP tests - BREAST exams - Early Prenatal Care

When was your last PAP test?

- STI testing, Contraception, Prenatal Care.
- Our women's clinic provides a safe informative environment for sexual and reproductive health exams. Female physicians only.
- Welcome to Dr. Laura Huber who is now accepting patients in her family practice.

Evening and Saturday appointments available.
Call (403) 254-2030 to book an appointment.
Visit our website at www.thesundanceclinic.com

The Sundance Clinic

FAMILY PRACTICE - SPECIALTY CLINICS - BABY CLINIC - SOUTH CALGARY PAP CLINIC

South Calgary Health Centre Building
31 Sunpark Plaza SE Calgary T2X 3W5



YOUR EVERGREEN

Delivered monthly to 7,300 households and businesses for 5 years!

Advertising Opportunities

403-263-3044 | sales@great-news.ca

Editorial Submissions

news@great-news.ca

All advertisements and editorial submissions must be submitted by the 1st of the month for the following month's publication.

Published by Great News Publishing

Serving Calgary communities for 28 years
91 newsletters reaching over 415,000 households in Calgary and surrounding areas.

#34-4550 112 Ave SE
Calgary, AB
T2C 2K2

Check out our website:
www.great-news.ca



The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Publishing.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



YOUR EVERGREEN COMMUNITY ASSOCIATION

PO Box 24007 RPO Evergreen
#100, 2250-162 Ave SW
president@myceca.ca | www.myceca.ca

ELECTED OFFICIALS



Councillor Diane Colley-Urquhart Ward 13 Office
P.O. Box 2100, Station M
Calgary, AB, Canada T2P 2M5
Phone: 403-268-1624
Fax: 403-268-8091
Email: ward13@calgary.ca
Web: www.calgary.ca/ward13



Dave Rodney Calgary-Lougheed
#311A, 2525 Woodview Drive SW
Calgary, AB Canada T2W 4N4
Phone: (403) 238-1212
Fax: (403) 251-5453
Email: calgary.lougheed@assembly.ab.ca

CONTENTS

8 VOLUNTEER LINKS – SOUTH CALGARY

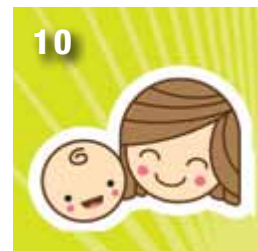
10 BABYSITTERS LIST

12 BUSINESS CLASSIFIEDS

15 SOUTH WEST COMMUNITIES RESOURCE CENTRE

16 MLA DAVE RODNEY'S REPORT

18 COUNCILLOR DIANE COLLEY-URQUHART'S REPORT



www.kilbco.com

CONCRETE SEALING

Kilbco offers concrete resealing to help protect and enhance the appearance of exposed aggregate, colored and stamped concrete patios, walkways and driveways. We take pride in using the best sealing products available which help repel salt and protect against UV rays.

Please call Kilbco to maintain the value of your investment.

FREE ESTIMATES



SEALED **UNSEALED**

KILBCO
CONCRETE CURBING

Locally Owned & Operated

Brad 403.875.8463 | Stephen 403.478.1737

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women’s Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children’s Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	511
Gamblers Anonymous	403-237-0654

RBC Dominion Securities Inc.



How much are you paying for financial advice?

To get the value you deserve for your fees, you need to ask the big questions.

- Do I know exactly what I pay for investment guidance?
- Am I getting good value?
- Do I have access to estate and tax planning experts?

If you answered “no” even once, contact me for a complimentary second opinion on your portfolio.

Lisa Fernandes, PFP | Wealth Advisor
403-266-9631 | lisa.fernandes@rbc.com



Wealth Management
Dominion Securities

RBC Dominion Securities Inc.* and Royal Bank of Canada are separate corporate entities which are affiliated. *Member-Canadian Investor Protection Fund. RBC Dominion Securities Inc. is a member company of RBC Wealth Management, a business segment of Royal Bank of Canada. ©Registered trademarks of Royal Bank of Canada. Used under licence. © RBC Dominion Securities Inc. 2017. All rights reserved. 17_90717_R82_003

BRIDLEWOOD EYE CARE

YOUR NEIGHBOURHOOD VISION CENTRE

2 FOR 1 FRAMES

FRIENDS AND FAMILY EVENT!

Share this promo with family members or friends!

📍 315, 2335 - 162nd Avenue SW (beside Sobeys)

☎ 403.873.2123

www.bridlewoodeyecare.com

WE DIRECT BILL TO:



UNIVERSITY PATHWAYS

High School Equivalency

Register to take ENGL 030 or MATH 030

For more information or to register: stmu.ca/learning-centre info@stmu.ca

Strengthen your critical thinking skills

Ease your transition to university with the Academic Writing Institute or Math Booster.

UNIVERSITY TRANSITION



WHEELS FOR WELLS

Community Ride SATURDAY JUNE 3rd

All the world can have clean, safe water. Help us bring clean water to those without!

Where: Southview Church, Walden Campus (20200 Walden Blvd SE, Calgary)

Pricing:
\$55 each until June 2
\$95 family rate (2 adults, 3 children)
Group rates are also available.
Pricing includes t-shirt, food, drinks, prizes & more!

Cycling Distances: 30, 50, 70, 90km long distance rides or 10km family ride. The family ride includes a skill building session. All rides are fully supported with traffic control.

www.wheelsforwells.ca

VOLUNTEER LINKS – South Calgary

Alberta Cancer Foundations Events Office

Suite 120, 707 7th Ave SW
Calgary, AB
T2P3 H6
403.775.4676

Alberta Health Services

Calgary, AB
403.943.4702

Calgary Immigrant Educational Society (C.I.E.S.)

Calgary, AB
403.291.0002

Calgary Opera

1315 7 Street SW
Calgary, AB
T2R 1A5
403.262.7286

Calgary Public Library

616 Macleod Trail SE
Calgary, AB
T2G 2M2
403.260.2600

Calgary Reads

105, 105 12 Ave SE
Calgary, AB
T2G 1A1
403.777.8254

Canadian Mental Health Association Calgary

400, 105 12 Ave SE
Calgary, AB
T2G 1A1
403.297.1700

Canadian Progress Club

Calgary, AB
myraskerrett@shaw.ca
<http://www.progressclub.ca/>
calgary-city-centre

Cerebral Palsy Association In Alberta

12001 44 Street SE
Calgary, AB
T2Z 4G9
403.543.1161

CNIB Alberta and Northwest Territories

15 Colonel Baker Place NE
Calgary, AB
T2E 4Z3
403.261.7225

CNS volunteer opportunities.

City of Calgary
800 Macleod Trail SE
Calgary, AB
T2P 2M5
403.476.7224

CUPS. Health Education Housing

1001 10 Ave SW
Calgary, AB
T2R 1M4
403.221.8780

Habitat For Humanity

210, 805 Manning Road NE
Calgary, AB
T2E 7M8
403.253.9331

Immigrant Services Calgary

1200, 910 7th Avenue SW
Calgary, AB
T2P 3N8
403.261.1120

Mary's Meals

PO Box 76144, Millrise RPO
Calgary, AB
T2Y 2Z0
1.855.702.0330

Meals on Wheels

5759 80 Avenue SE
Calgary, AB
T2C 4S6
403.243.2834



TRIVIA

Anna Jarvis, the creator of Mother's Day wanted "Mother's" to be spelled "singular possessive, for each family to honour its own mother, not a plural possessive commemorating all mothers in the world."



Save The Date. Lose The Fat.

CoolEvent: May 26th, 1pm to 2pm

Join us for our CoolEvent to learn more about CoolSculpting®
The world's #1 non-invasive fat removal treatment.

• Information Session • Watch a live demonstration • Receive a free consultation

Contact Us at 403.571.3141 To Reserve Your Spot!



JEFFREY C. DAWES MD, FRCSC
PLASTIC AND DERMATOLOGIC SURGERY
403.571.3141 102 - 47 SUNPARK DRIVE SE

BeautifulNaturalYou.ca



Results and patient experience may vary.
In the U.S., the CoolSculpting procedure is FDA-cleared for the treatment of visible fat bulges in the submental area, thigh, abdomen, and flank. In Taiwan, the CoolSculpting procedure is cleared for the breakdown of fat in the flank (love handle) and abdomen. Outside of the U.S. and Taiwan, the CoolSculpting procedure for non-invasive fat reduction is available worldwide. CoolSculpting, the CoolSculpting logo, the Snowflake design, and Fear No Mirror are registered trademarks of ZELTIQ Aesthetics, Inc. © 2015. All rights reserved. IC1973-A

coolsculpting
FEAR NO MIRROR™



Landscape Design & Construction

Sungreen Landscaping Inc. is a full service landscaping company handling all aspects of a job from design through construction. Backed by 25 years of experience.

**FREE
LANDSCAPE
CONSULTATION
AND DESIGN**

- Retaining Walls
- Decks
- Sod
- Wood Work
- Ponds
- Fences
- Trees
- Irrigation
- Brick Patios
- Planting Beds
- Shrubs

403.256.7500
sungreen@sungreen.net

Visit our website: www.sungreen.net

RBC Dominion Securities Inc.

QUESTIONING YOUR INVESTMENTS?

Get a professional second opinion on your portfolio

MARTIN ADVISORY GROUP OF RBC DOMINION SECURITIES



MICHAEL MARTIN, MBA, CFA, CFP

Investment Advisor
403-266-9655
michael.t.martin@rbc.com

If market volatility is making you second-guess your investments strategy, contact me today for a no obligation, objective evaluation of your portfolio. An unbiased review can help you answer key questions including:

- Is your portfolio still on the right track?
- Are you taking too much risk in your portfolio?
- Which investments are likely to recover and which ones aren't?

www.martinwealth.ca



There's Wealth in Our Approach.™



Oasis Greens Golf Centre

NEW

- 18 hole "Championship" Miniature Golf
- Year Round Driving Range

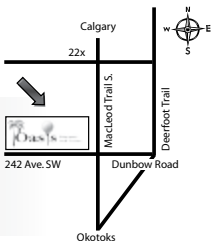
RECEIVE

2 FOR 1 Rounds of Mini Golf
OR
2 FOR 1 Bucket of Balls

www.golf4fun.ca

@calgarygolf

403-873-0004



*With this Ad only. Expires June 15/2017 Corner of Macleod Trail & 242 Ave. W

Gardening by the phases of the moon

May 2 First Quarter (waxing)

Moonlight is strong, encouraging leaf growth. It is a good time for planting, especially two days before the full moon. Take cuttings from plants you wish to propagate. Fertilize as close to the full moon as possible.

May 10 Full Moon (waning)

As the moon wanes, the energy is drawing down. Strong gravitational pull but moonlight is decreasing putting energy into the roots.

May 19 Last Quarter (waning)

Decreased gravitational pull and moonlight. A resting period. Dry herbs, flowers and fruit. If you want to control growth or encourage rooting, perform the necessary activities during the waning moon.

May 25 New Moon (waxing)

Increasing moonlight, lunar gravity pulls water up encouraging plant growth and proliferation. Grafting, transplanting, re-potting, and watering. Gather herbs used for essential oils. Oil content is more concentrated at this time.



Calgary



FREE tree education

ReTree YYC will be in your community, sharing tree-care tips and advice. Learn how you can help our urban forest and green your yard – for free.

Visit calgary.ca/trees to register today.

Together we can ReTree YYC.

CALGARY

Braeside Community Association

(11024 Braeside Drive SW)

July 8-23

A FREE Calgary skateboarding program for all ages

All participants must have a signed waiver (if under 19, the participant will need it signed by a parent/guardian before being able to participate in this program). Waivers are available on-site and on www.calgary.ca/skateparks. Helmets are mandatory when using the park. You are welcome to bring your skateboard, rollerblades, or scooters to the park. Rental skateboards and helmets are free to use on a first come, first serve basis.



Program Time: Monday-Friday from 11am-7pm

Saturday-Sunday from 10am-6pm

For more information call 3-1-1 or visit

www.calgary.ca/skateparks

www.kilbco.com

READY TO INCREASE YOUR CURB APPEAL?

Whether you need a border between your grass and existing garden or thinking of creating a new garden Kilbco can help. With a variety of colors, stamps and profiles, steel cable enforced landscape curbing is a cost effective and practical solution to residential and commercial properties. It will beautify your landscape and add value to your property.

It will not rust, rot or shift, and there are no seams for weeds to grow through.

Kilbco has poured over 100,000 linear feet of curbing in the past 9 years.

KILBCO
CONCRETE CURBING

Locally Owned & Operated



Free Estimates 403-875-8463

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at
403-263-3044 or sales@great-news.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Evergreen. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

BRYAN'S PLUMBING, GAS FITTING: Master plumber, gasfitter, 30 years of experience. Fully licensed and insured. Repairs, renovations, faucet replacements and hot water tanks (great prices). Poly B replacement, free estimates, free advice. Call Bryan 403-560-6547 or brenmak@telus.net.

RIGHTWAY PLUMBING AND HEATING: Has been happily serving the Evergreen area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

AFFORDABLE DENTAL CARE: Cut through the noise. Message received loud and clear from Albertans. We follow Alberta Blue Cross fees. No extra billing, no surprises, no fluff, no frills. All dental plans accepted OAC direct billing. Everyone welcome. Visit calgarydentalcenters.com. Call today 403-272-7272 or 403-287-6453. Thank you all!

CALGARY FENCE & DECK: We are a trusted and referred leader in wood fence and deck construction. Specializing in fence and deck removal and replacement using pressure treated lumber. Call today for a free on-site quote. 403-461-6682. www.calgaryfence.ca.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

NEW, RENO AND REPAIRS: Stucco, siding, stone, soffit and fascia, gutters, painting. 40 years' experience, insured and guaranteed work. Many local neighbourhood references and examples to look at. Call Poldom Construction - Julian at 403-804-0974.

PROFESSIONAL ACCOUNTANT: Personal and corporate income tax return preparation and e-filing, general accounting services (bookkeeping, financial statements, GST, payroll, T4/T5 slips). Certified General Accountant with 30 years' experience, personable, reasonable rates, convenient location. Daryl Pallesen CPA CGA, #145 - 251 Midpark Blvd SE. Please call 403-988-2175 or email daryl.pallesen@shaw.ca.

HOME BEAUTY SALON IN YOUR NEIGHBOURHOOD: 20 years of experience esthetician and nail technician provide friendly atmosphere in the house. Come and get your gel and acrylic nails, shellac manicures, pedicures, waxing. Relax, unwind and love yourself right in your neighbourhood Please call or text Diamond Esthetics by Alona to schedule an appointment 403-613-5188.

JUNK TO THE DUMP / ODD JOBS: Disposal of any household unwants. Reno clean-ups. Move in/out garbage removal. Disposal/recycling of appliances/electronics. Reno moves. Very prompt service, best prices and satisfaction always guaranteed! We load. Senior discount. Please call Sanil for your free estimate at 403-616-2758.

DOUBLE DIAMOND PLUMBING AND HEATING LTD: A 24 hour residential service company with qualified journeyman plumbers. As qualified journeyman plumbers, we are here to address any issues for you. We are your local plumbing and heating experts - call us first and let our service shine! Call 403-875-0166 or Email: doublediamondplumbingltd@gmail.com. www.doublediamondplumbingltd.com.

EMMA PAINTING'S MISSION: Is to provide the best quality, clean and on time service. A team with more than 25 years of painting experience, with over 2,000 homes painted. We do all kinds of interior painting, staining, refinishing kitchen cabinets, ceiling painting, and other kinds of spraying. Please call Eric at 403-870-0326. www.emmapainting.com. Thank you.

HIGH GRADE LANDSCAPING: Offering weekly lawn maintenance, spring/fall cleanups (for weekly maintenance and snow removal customers), aerate, fertilizer applications and snow removal. Installation of wood chips and crushed rock products. 20 years' experience. Licensed, reliable, courteous service. Please call Brian at 403-863-4298 or email highgradelandscaping@shaw.ca.

HUNTER'S HEATING AND COOLING: Winter Specials - \$145 furnace tune up, and \$250 off furnace installs. Woodbine-based Red Seal journeyman committed to honest, quality work and fair pricing. Payment plans available. For a free quote and trustworthy advice, call Breck at 403-969-2735 or visit www.huntersheating.com.

IT OPERATIONS INC: Experienced Contractor serving Calgary since 2005, licensed and insured, located in Woodbine. Any Renovation need from flooring, cabinets to the bathroom installation and kitchen assembly. Provide upfront estimate, affordable work pricing. Guarantee great quality and warranty for completed projects. Call or text Alex 403-681-6715.

THE GUTTER DOCTOR! We install, fix and clean eavestroughs and downspouts. We also install and fix fascia, soffit, drip-edge, siding, roofing, cladding. Over 20,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB member. 2017 Consumers Choice Award Winner. www.gutterdoctor.ca 403-714-0711.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

LAWN FORCE YARD MAINTENANCE: Lawns cut and trimmed starting at \$25. Spring cleanups starting at \$100. Power raking/aerating/hedge trimming/shrub and tree pruning/fertilizing/tree planting and more. Senior discounts. For quality and dependable care, call Rick at 403-397-9837.

KITCHEN CABINETS REFINISHED: Thirty opening kitchen refinished for about \$1350.00. Espresso colour for about \$3500.00. Get the orange out of your honey oak kitchen. Water damage and grime repaired. Environmentally friendly alternative to tearing out cabinets. Not Just Paint Finishing and Handyman Services. Call Doug for free estimate/consult. 403-671-0324.

PLATINUM ELECTRIC LTD.: Electrical service for home or business. With over 27 years in the electrical industry we will be your best choice in any electrical job! Master Electrician and estimates are free! Call Robert 403-312-6696 or email platinumelectric.rob@gmail.com.

PERITUS YARD MAINTENANCE: is currently booking clients for snow removal and year-round lawn care. Residential, commercial, and acreage properties are welcome. We have been professionally serving the southern communities of Calgary for the past 14 years. Fully insured and a BBB accredited business. For quality, integrity and dedicated service please call Charles at 403-201-7182 or www.peritusyards.ca for an estimate.

ORGANIZING BY OZ is a licensed and insured professional organizing service for residents of SE/SW Calgary. Collette understands the emotion behind the clutter. She will work with you to achieve your goals in a compassionate and non-judgmental manner. FREE the energy: De-clutter your space! Contact Collette: 403-815-5598; hello@organizingbyoz.com; www.organizingbyoz.com.

GOT PAIN? ACUPUNCTURE AND HERBAL EXTRACTS CAN HELP! Sports injury, neck, back and knee pain, whiplash, headaches, migraines, menstrual problems, menopause, insomnia, depression, anxiety, stress, carpal tunnel, chronic fatigue, metabolic disorders. Covered by most insurance plans. Friendly and free consultation. 15233 Bannister Rd. SE. www.qiwave.ca. Call Dr. Terence Laverdure 403-903-7307.

ROCK'IN LANDSCAPES: Offers landscape construction services such as delivery of any materials (loam, gravel, rock, etc.). Bobcat services (grading, post holes, parking pads, etc.). Landscape construction (tree/shrub planting, patios, rock walls, etc.). 25+ years' experience, informative, reliable. Call Ken 403-259-5226.

PROFESSIONAL MUSIC LESSONS: Discover your potential with music lessons at Sak's Music. A friendly atmosphere with caring, professional teachers offering lessons in all styles and most instruments including voice. From beginner to advanced, just for fun or conservatory prep. Nine studio teaching rooms and convenient times, day or evening. 403-251-2443.

BEST HOT WATER TANK PRICES IN TOWN: 40 Gallon Bradford White \$800 installed. 50 Gallon Bradford White \$975 installed. X-Stream Plumbing And Heating Ltd. Serving your community for over 20 years. Free furnace quotes, furnace repairs and replacements, plumbing repairs, drain cleaning, renovations, basement development, gas-fitting. Licensed and insured. Call 403-726-2226.



VICTORIA'S REIGN

Queen Victoria is the second-longest reigning British monarch, having ruled 63 years. She is only surpassed by Queen Elizabeth II who became longest-reigning British monarch on September 9th, 2015.



Your friendly professional team of landscape technicians have been providing residential & commercial property care for over 30 years in Calgary!

Our Complete Spring clean-up Package includes:

Aerate & Power Rake • Hand Rake Thatch & Cores • Lawn Mow & Trim • Blow clippings off side walk
\$139 (900-2500sq.ft.)

Our Complete Season lawn care Package includes:

Eco mulch Lawn Cut & Trim once a week • Blow clippings off side walk, patio and driveway
\$149 (per month May – Oct.)

Our Complete fertilizer package includes:

Three applications; spring, summer and fall liquid green fertilizer for healthy weed free lawn
\$189

We do FENCES, DECKS, LANDSCAPE and CONCRETE
 Call or Email to Book: **403.254.6463** | info@hinescommercial.com



TheLAWNFORCE & TheSNOWFORCE A Hines Commercial Services Company



South West Communities Resource Centre



Located in the Professional Wing of the Oakridge Co-Op Mall

#42 2580 Southland Drive SW, T2V 4J8
 Phone: 403-238-9222 • Email: info@swcrc.ca • www.swcrc.ca

Our Mission:

The SWCRC provides programs and services to strengthen capacity, inspire positive change and enrich the lives of southwest community members.

Spring has finally arrived and every tree is waking up to its splendor. Families are spending more time outdoors and the days are getting longer. At the SouthWest Communities Resource Centre we are celebrating new beginnings and offering hope for families who have come through a winter of darkness.

If you or someone you know needs help with a fresh start, give us a call or stop by the office at the Oakridge Co-Op Plaza. Our Community Resource Workers are trained professionals that are very knowledgeable on local resources and can provide assessments, supportive counselling, information, referrals, advocacy and system navigation.

Visit us online at www.swcrc.ca, follow us @swcrc_yyc or call the office at 403 238-9222.

DASH THE SPANIEL



Queen Victoria's dearest childhood friend was her Cavalier King Charles spaniel named Dash. The marble effigy marking his grave describes him as having "attachment without selfishness, playfulness without malice, fidelity without deceit."

PLUMBER

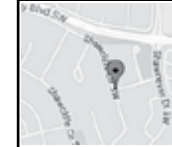
PLUMBOB For All Your Plumbing Needs



- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials

Call Bob: **403.257.3465 / 403.461.3490**

Shawnessy Plaza Dental Clinic



Dr. Roman Koutsil

"We don't sell dentistry — we give people a lifetime of smiles with natural-looking teeth!"

LOCATION

647 Shawcliffe Gate SW Calgary, AB T2Y 1W1

403-254-1124

info@smilesareus.ca | smilesareus.ca

Kidsland Daycare



17 months to 12 years

An excellent beginning to your child's education

403-251-2332

665 Woodbine Blvd SW

ABOUT PAINTING

Interior & Exterior
 25 years experience
 Professional, Reasonable & Reliable
 Power Washing Services

- All Painting
- Drywall Repair
- Wood Staining
- Stucco Painting
- Spray Painting
- Ceiling Painting

Licensed & Insured "Free Estimates & Advice"
 ALL WORK FULLY GUARANTEED
 2 YEAR WARRANTY
 SERVING CALGARY & ALBERTA

South **403-252-1366** North **403-239-9022**
 Our website: www.aboutpainting.ca

GREAT NEWS PUBLISHING 28 YEARS

FYI - Great News Publishing Chooses to Forge Ahead During All Economic Downturns.

If You Feel the Same Let's Talk.

403-263-3044



SAFETY SYNC
 ONLINE SAFETY MANAGEMENT SYSTEM

"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

Enform IRP 9 (Revised)
safetysync.com
403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.





**MLA Calgary - Lougheed, PC House Leader
Dave Rodney**
311A - 2525 Woodview Drive SW T2W 4N4
☎ 403-238-1212
✉ calgary.lougheed@assembly.ab.ca
Serving Woodbine, Woodlands,
Evergreen & Bridlewood

L: Honoured to celebrate with Rabbi Matusof at the new home for all in the Chabad Lubavitch community!
R: Congratulations to former MP Jason Kenney & new MP Bob Benzen on their decisive election victories!

Especially during these trying times, it is a great honour for me to represent you:

To meet deadlines, I must submit this newsletter 3 weeks early; so, for the latest on what is happening in the Legislature this spring--& how it affects you--please visit daverodney.ca; or follow me on twitter via @DaveRodneyMLA. You will find my questions in question period, member's statements, speeches on bills, house leader statements, & much more—including reaction to the NDP's Throne Speech & Budget (which is setting all-time records for debt!). You will also see evidence of the work I have been doing with the Bridlewood community to oppose the disastrous gravel pit & asphalt plant situation; & there are many videos of my speeches—including NDP conflicts with Education/Advanced Education/Indigenous Relations/Wellness/Violent Crime... & the Fentanyl Crisis Emergency Debate. After reviewing these updates, please let me know your thoughts on them: I truly appreciate your feedback, as I strive to represent you in the most effective way possible!

Highlights from our Recent Calgary-Lougheed Open House:

Constituents made many great suggestions--which I was honoured speak about publicly in the Legislature—on their behalf. *They urged the NDP Gov't to:*

- Repay the debt, & eliminate the deficit.
- Cut personal, business, & carbon taxes.
- Reduce the size of gov't, & freeze public sector salaries.
- Flat-line public service contracts, & control spending—across the board.
- Renegotiate a better equalization agreement with Ottawa.
- "Serenity's Bill" (deaths of children in care) should be passed.
- There should be no secrecy re: the revamp of the education curriculum.
- Work WITH the energy industry & New West partnership, not AGAINST them.
- NDP spending over \$30 million on advertising for the Climate Leadership Plan (& light bulbs, shower heads, power bars, & thermostats)—is a misuse of taxpayer money; & instead, job creation should be a top priority for this gov't.
- The NDP needs to start listening, & stop taxing the average middle-class Albertan into non-existence.

Invitations--please contact us if you would you like:

1. a special scroll to commemorate a graduation, birth, anniversary, or other important event—it would be our pleasure to assist!
2. The Bridlewood-Somerset Comm• Assoc• need Members— please contact them if you would like to help your neighbourhood be the best it can be!

To receive this newsletter 3 weeks early & be on our "E-list" for important timely updates,

- please follow me on twitter: @DaveRodneyMLA, & e-mail: calgary.lougheed@assembly.ab.ca

For further information on other critical issues affecting residents of Calgary-Lougheed,

- please call, fax, e-mail, drop by our office, or visit www.daverodney.ca anytime!

YARDLANDSCAPING INSURED LICENSED WCB

Busters

WEEKLY LAWN CARE & YARD CLEAN-UP
Aeration • Power-rake • Leaf clean-up • Gardening
Cut & Trim • Fertilizer • Window & Gutter Cleaning

LANDSCAPE CONSTRUCTION
Stone Patios • Retaining Walls • Yard Renovations
Decks • Fences • Sod • Trees • Painting & Staining

403.265.4769 YARDBUSTERSLANDSCAPING.COM



11150 Bonaventure Drive SE

Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.



May at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our passes are affordable and our programs are family-friendly. With a pass, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs. Trico Centre supports community: a small portion of your pass fee is sent to your community association.

Events and Helping Others

- Mother's Day: bring a mom for free on Sunday, May 14.
- Help a Ronald McDonald House Mom Out: during the month of May, Trico Centre is a drop-off point for items for the Ronald McDonald House wish list. Check www.tricocentre.ca or pick up wish list at Trico.
- Bare Bottom Diaper Drive: Trico Centre is a drop off location for diapers for moms in need.
- The Trico Cares program offers fee assistance for passes and admissions. With a City of Calgary Fee Assistance card, you qualify for 60% off the price of passes and admissions. Plus, Trico Centre is an approved partner of Canadian Tire Jumpstart, KidzFirst, KidsSport for programs.

Day Camps

- Register now for summer day camps: ages 3 to 14; full day and half-day camps, early care and late care.
- Don't need a full week of camp? Come to daily camps for a full day or half day, and day all summer long.
- Themed camps for preschool or children/youth. Some camps include field trips, swimming. All camps include fun and friends.
- Featured camps for 6-12 yrs: Canada 150 Play, Discover Calgary, Harry Potter Camp, and Just for Girls.
- Cool Camps for Preschoolers: Sportarama, Nature Wonders, Kinder Karate, and Mini Chefs.

Children & Youth

- Swim lessons: parent & tot, preschool, swimmer, swim

patrol, adult. Private lessons too!

- After 33 years of children's programs, basketball games, preschool gymnastics, and badminton, Trico Centre's gymnasium floor is being replaced. Gymnasium will be closed from April 12 to June 7. Check www.tricocentre.ca for a special schedule of classes during this period.

Adults/Older Adults

- Adult registered fitness starting in May: includes Cardio Kickboxing, Cardio Dance, Focus on Powerlifting – plus NEWclasses Yoga Sampler for Beginners, Golf Conditioning, and Strong by Zumba.
- Mommy and Me programs starting in May: Mommy and Me Fitness, Mommy and Me Barre, Stroller Fit, and Mommy and Me Aquafitness.
- Great price, small group: Trim and Tone, Power Lifting, Learning the Basics, Strong is the New Skinny: Weight Training for Women by Women, and the NEW Strength training for Runners.
- Wilderness and Remote First Aid: get your standard First Aid and CPR plus techniques for wilderness and remote areas.
- Registered programs for older adults that start in May: Balance Builders Level 1 (Fall Prevention), Balance Builders Level 2 (Bones and Balance), Chair Yoga, Straighten Up Posture Series.
- Included in your affordable Trico Centre pass are more than 70 drop-in fitness programs. Choose from endurance classes with a cardiovascular focus, group resistance training, high intensity interval training, aqua fitness, and mind/body classes. Options for all fitness levels and ages

Trico Centre is located at 11150 Bonaventure Drive SE. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.



Commemorating the 100 Year Anniversary of Vimy Ridge as Deputy Mayor, April 9th, 1917-2017.



Cllr. Colley-Urquhart with Dream Developments discussing plans for the new community of Providence and plans for an off-leash dog park

Councillor, Ward 13
Diane Colley-Urquhart

✉ dcolley@calgary.ca

☎ 403.268.1624

📷 @BigRedYYC

📘 Facebook.com/dianecu

🌐 CouncillorDiane.ca

Preparing for the SW Ring Road Construction & Anderson Road Widening Project

With The City looking to increase the thoroughfare on Anderson Road to six lanes between the Southwest Ring Road (SWRR) and Elbow Drive, construction is once again a traffic concern in our Ward. This road improvement, while cumbersome, looks to provide a better road network by offering an attractive alternative for people travelling east-west through the area between the SWRR and city destinations. **Construction on this project is expected to begin June 2017 and will be wrapped up by the end of 2018.**

Another issue that has been brought to my attention is the approximate **111 trees** that were removed along Anderson Road between Elbow Drive and the future SWRR last month. I find this to be very disappointing, however by the time the project wraps up at the end of 2018, The City will have **replanted 281 poplar and spruce trees** along this stretch of Anderson Road.

SW Ring Road Open House

In preparation for the project that has been in the works within our Ward for quite some time, please join me for the information sessions I will be hosting. I will continue to be actively involved in the upcoming citizen engage-

ment process on this project and I urge you to get involved and continue to give me your feedback. I deeply appreciate all the time, effort and concerns citizens have raised.

When: Thursday, May 25th, 2017

Time: 5:00 PM – 8:00 PM

Where: Southland Leisure Centre, Pool Viewing Area (2000 Southland Drive SW)

No RSVP is required.

Please join me, along with representatives from Alberta Transportation and KGL Constructors. They will be available to answer questions related to the SW Ring Road.

Surrounding Area Construction Updates

162nd Avenue SW Connections: Construction on the 162nd Avenue SW connection project will be starting July 2017 and is expected to be completed in fall 2017. The roadway will not open to traffic until the SWRR is completed – fall 2021.

Some Ward 13 residents may notice periodic increases in construction traffic throughout the project. They will be limiting access from eastbound 162nd Avenue to Bridlecrest Blvd SW but will remain open until the SWRR is completed. Once the SWRR is open, the left turn from 162nd Avenue to Bridlecrest Boulevard will be **permanently closed.**

Glenmore Trail Widening and Interchange Upgrade:

The City will be widening Glenmore Trail to six lanes between 37 Street and Crowchild Trail SW and modifying the Glenmore Trail / Crowchild Trail SW interchange. These upgrades will help to provide a better road network by accommodating changes to traffic volume and patterns that are expected after the opening of the SWRR. The design work for the Glenmore Trail widening and interchange upgrades are scheduled to **begin in late 2017**, with construction planned to start in 2018 and continue into 2019.

the Gutter Doctor
EAVESTROUGH
Cleaning • Repair • Installation
FASCIA • SOFFIT • SIDING • ROOFING
20,000 happy customers since 2003!
403-714-0711 gutterdoctor.ca

GREAT NEWS PUBLISHING 28 YEARS

Did you know that your restaurant can put a menu in our newsletter?

YOUR INSERT HERE

Turn local residents into local customers.

Contact us:
403-263-3044
sales@great-news.ca

91 Monthly Community Newsletters
415,000 Households
152 Calgary Communities

Spring Engagement Sessions

BOOK NOW
Two Hour Session
150 Digital Images

Little Victories
PHOTOGRAPHY

ONLY \$250

www.littlevictoriesphotography.com
littlevictoriesphotography@gmail.com

JACKSON & JACKSON LANDSCAPING

CUSTOMER SATISFACTION GUARANTEED

We specialize in all forms of landscape and Construction

- Custom Decks
- Fences
- Retaining Walls
- Irrigation
- Stamped and Exposed Concrete
- Affordable Custom Landscape Plans
- Bulk Topsoil Deliveries
- Through Top Soil

GOT A PLAN?
AFFORDABLE CUSTOM LANDSCAPE PLANS

Free Estimates 403.256.9282
www.jacksonandjacksonlandscaping.ca



One Smile Bright Inc.

Your dental hygiene clinic conveniently located in Midnapore.

403-444-0506

Let us take care of your teeth • Prenons soin de vos dents • Direct billing to dental plans

Natural Teeth Whitening and Brightening Solutions

Faster Whitening
No Sensitivity
Enamel Safe
Maximum Results

- Better Ingredients
- Better Science
- Better Results

Dental Cleaning / Oral Health Prevention.

- Oral Assessment
- Digital X-rays and Imaging
 - Teeth Cleaning
- Periodontal Treatment
- Dental Sealants

www.oursourireclatant.ca

www.onesmilebright.ca

Kids, Adults, and Seniors

Hours of Operation

Monday to Friday
8 am to 6 pm

Upon request, appointment can be made early morning before 8 am or late evening after 6 pm.



Susy Tremblay RDH

Will focus on helping people achieve a life time of optimal oral health in a friendly, compassionate, gentle, relaxing, and safe environment.



220A – 15229 Bannister RD SE.
info@onesmilebright.ca

Fivecees Medical Centre

Family Physicians & Walk-in Clinic

635 Shawcliffe Gate SW Calgary, AB T2Y 1W1

Call 403-457-5009

Male & Female Doctors accepting new patients.

NO WAIT TIMES

Beside 7-Eleven Shawnessy



HOURS OF OPERATION

Monday - Friday:	9 am-6pm
Saturdays	10am-5pm
Sundays	Closed

IUDs, PAP Clinic, Joint Injections, Insurance Medical, Family Care