# YOUR OFFICIAL COMMUNITY NEWSLETTER SEPTEMBER 2016 FOCUS ON GLAMORGAN VIBRANT, CARING, CONNECTED

# **Chartwell Fall Fest**

#### **LET'S CELEBRATE THE FALL SEASON TOGETHER!**

Since moving to their Chartwell home, Rita and Jean-Louis have more time to socialize with friends and participate in their favourite activities. Now you too are invited to meet new people and experience all the season has to offer.

#### CHARTWELL.COM



**ROYAL PARK** CHARTWELL retirement residence Make us part of your story.

4315 Richardson Rd. SW Calgary

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Conditions may apply



#### Glamorgan Community Association

4207-41 Ave. SW Calgary, AB T3E 1G2 Phone: 403.246.8218 | Fax: 403.240.1394 info@myglamorgan.ca | www.myglamorgan.ca

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**GREAT NEWS PUBLISHING HAS BEEN** PROUDLY SERVING GLAMORGAN **COMMUNITY FOR 4 YEARS!** 





The first Tuesday of every month 1 – 3 pm at the Community Centre 4207 - 41 Avenue SW Phone: 403-246-8218 Email: info@myglamorgan.ca Website: www.myglamorgan.ca Come out and enjoy an afternoon with your neighbours!

Different activities each month:

Seniors Corner September 6 – Dr. Carrie Schaff, Audiologist October 4- Harmonica Tableau

For more information, contact the Glamorgan Community Association

#### **BOSTON PIZZA** Bounce Back Program

#### **RICHMOND ROAD LOCATION**

Every time you eat at Boston Pizza Richmond Road let your server know that you support the Glamorgan Community Association and your server will stamp your receipt for you. Drop your stamped receipt off in the Community Association mailbox (by the front doors). Boston Pizza will give the Glamorgan Community Association 10% back of the receipt total!



Vibrantvibrant MESSAGE FROM THE BOARD

The Glamorgan Community Association welcomes everyone back from a wonderful summer. It's hard to believe that winter is not far off. We would like to thank all of the volunteers and residents for their continued support over the year. Without your involvement, we would not be the great community we are. Your time, effort and feedback is welcome and greatly appreciated! As a Board sometimes we work in a bit of a vacuum. It is truly helpful to hear from you as residents on issues that we may not be aware of.

We held a second highly successful Neighbour Day this year. Shaw Cable came and their representatives were surprised at the number of people who simply came to visit with friends and newcomers. Thank you to our organizers Danielle, Nicole and Rachael as well as the numerous volunteers! We would also like to thank the decoration group for transforming our local Calgary Police Car into a great parade vehicle complete with a big heart. The Calgary Police, EMS and Firefighters are truly invaluable to our community. We appreciate them coming to Neighbour Day and letting us have a peek behind the scenes. They are on call 24/7 and have more bad days than good ones. They form part of our extended family and their service is priceless.

We have been heavily involved with the Silvera/Horizon Housing Project. It's wonderful when residents and developers work together for a common goal. Please see the update contained in this newsletter.

Upcoming events to mark on your calendar are Community Clean-up, Sunday, September 25, Children's Halloween Party October 30, Adult Volunteer Appreciation Party November 19 and then Christmas arrives. As always we are looking for volunteers to help with the Community Clean-up, Rink Rats and Glam Shack Attendants.

Time flies and it is hard to believe that 2016 is beginning to wind down as outdoor activities ramp up. Thanks to all of you for your continued support.

See you at the clean up!

Beryl Ostrom, President Glamorgan Community Association

# **COMMUNITY PROGRAMS**

**ADULT FITNESS** – Adult Fitness – Mon, Wed, Fri Mornings. Call Linda at 403-931-7539.

**BROWNIES / GUIDES / SPARKS** – Programs are offered Tuesdays at the community hall. Please call 403-283-8348.

**INTEGRATED WELLNESS WITH RHONDA** – Body Sculpting exercise program Mon, Wed mornings and Wed evenings. Call Rhonda at 403-681-3439. www.wellnesswithrhonda.com.

ALL LEVELS YOGA - Tuesday and Thursday nights 8:00pm. For information or to register email ashleydaveyyoga@gmail.com

**FIRST STEP FITNESS** – classes Monday, Wednesday and Saturday info@firststepfitness.ca or call 403-463-2908.

**GLAMORGAN CHILDREN'S CENTRE** – Before & After School Care Program. Supervised Lunch Program. Call 403-217-6677 for info.

**KARATE & KICKBOXING** – Tue & Thur from 6 – 7pm. Call Todd at 403-850-1845 with the Provincial Martial Arts Assn.

SIGNAL HILL LIBRARY – There is something for everyone at the Library! Mon to Thur 10:00 am – 9:00pm, Fri and Saturday 10:00am – 5:00pm. Sundays 12:00-5:00pm. www.calgarypubliclibrary.com 403-221-2000.

#### WEST CENTRAL COMMUNITY RESOURCE CENTRE

Access computers, crisis support and more at the WCCRC, located at 3507A 17<sup>th</sup> Ave SW. Other programs include: Parenting Support, Women's Group, Summer Camp and more. Call 403-543-0555 or visit www. closertohome.com for more information.

**REVIVE LIFESTYLE FITNESS** – classes Monday, Tuesday & Wednesday contact@revivelifestylefitness.ca or call 403-681-9826.

Do you have a program to offer or want to see a program come to our community? **Contact Sara Polzen** our assistant General Manager.



#### Glamorgan Community Memberships Expire August 31<sup>st</sup>

Memberships can be purchased at the Glamorgan Community Association office.

4207 41 Avenue SW or mailed with payment to the same address.

Memberships can be purchased online at www.myglamorgan.ca!



# Forgot to do your spring cleaning? Now's your chance! Bring Us Your Junk!

### Glamorgan Community Clean Up Sunday, September 25 9:00am to 2:00pm Community Centre Parking Lot

We'll be accepting: E-Cycle (i.e. old electronics and small appliances) Metal Recycling Garbage and Organics Document Shredding Bottles & Cans Clothing, Toys etc. for Cerebral Palsy Assoc. And More...

#### Memberships available for purchase Cash or Cheque Only \$20 for a 1 year family membership!

We will NOT be accepting tires, paint, chemicals, glass, propane tanks, liquids, gases, car batteries or large furniture items, car seats, high chairs or hazardous materials.

Volunteers needed from 8:30 to 11:30am and from 11:30 to 2:30pm. A free lunch will be provided to all volunteers! Please contact the GCA office to sign up.



GLAMORGAN COMMUNITY ASSOCIATION

4207 - 41 Avenue SW Calgary, Alberta T3E 1G2 Phone: 403-246-8218 • Fax: 403-240-1394 Office Hours: Tuesday - Friday 10:0am – 4:30pm Office is Closed Mondays Website: www.myglamorgan.ca • email: info@myglamorgan.ca

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BOARD MEMBERS		
President		Beryl Ostrom
Vice President		Kevin Hawes
Secretary		Nicole Liesemer
Treasurer		Keith Pacey
Director at Large		Dale Wilson
Director at Large		Sara Haney
Director at Large		Robin Matrai
Director at Large		Alana Redding
Director at Large		Morgan Scully
Director at Large		Leslie Gowing
LIAISONS		
Calgary Police Service Com		403-428-6200
Community Partnerships (	Coordinator — Hayley Saun	ders 403-476-7185
MUNITY ACTIVITIES		
Adult Fitness	Linda Court	403-931-7539
Block Parent Coordinator	Vacant	
Brownie, Guides & Sparks	Leanne Armstrong	403-265-7774
Calgary Minor Softball Assn	John Keith	403-266-9559
Children's Centre Director	Heather Eastgaard	403-217-6677
Dashing Dishes	Nydia Hefflick	403-471-1395
Gaming Manager	Bonnie Ladner	403-246-8218
Girl Guide Centre		403-283-8348
Glamorgan Community ECS	Louise Hardy	403-242-8694
Karate	Todd Johnson	403-850-1845
Outdoor Soccer	Beth Richardson	403-246-8218
Paddle Tennis	Patti MacPhee	403-240-3173
Trails West Hockey	Jim Moriarty	403-246-3757
Triwest Soccer	Gerry Conaty	403-240-1014
Youth Bowling Council	Shirley Hession	403-242-9933
STAFF		
General Manager	Bonnie St. Pierre	403-246-8218
Asst. General Manager	Sara Polzen	403-246-8218

Board Meetings are held on the 3<sup>rd</sup> Thursday of each month. Community members are welcome to attend. Call 403-246-8218 for more information.



Downloadable version at www.myglamorgan.ca Enclose this form along with your membership fee & drop-off or mail to:

> GLAMORGAN COMMUNITY CENTRE 4207 – 41 Ave SW Calgary AB T3E 1G2

Note: Do not send cash through the mail. Make cheque payable to "Glamorgan Community Association"

Memberships can also be purchased online at www.myglamorgan.ca

Please choose your desired type and length of membership:						
Membership Type	1 Year 3 Year 5 Y			ear		
Resident Family		\$20		\$50		\$75
Resident Adult		\$10		\$25		\$40
Resident Senior		\$7		\$15		\$25
Associate *		\$20		\$50		\$75

\* Choose if you do not reside within the Glamorgan Community Boundaries

Please list the member(s) of your household to be included on this membership: A/Y = Adult or Youth

First Name	Last Name	A/Y
Address:		
Postal Code:		
Primary Phone #:		
Alternate Phone #:		
Primary E-mail:		
Total Amount Enclosed:	Receipt #	

□ Yes, I would like to receive information by email from the Glamorgan Community Association



LEARN TO CURL Leagues starting in October Garrison Open House, October 1 2 Hour Discover Curling, October 1 More info on our website

www.garrisoncurling.com | info@garrisoncurling.com



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## **Elbow Valley Site Update**

Silvera for Seniors and Horizon Housing Society are excited to continue to move forward on the redevelopment of the Elbow Valley site. During the summer months the plans to construct the new access road were finalized. The road will be 50 Ave. SW and will run along the south boundary of the site, parallel to Glenmore Trail SW. The utilities below the road as well as the road itself need to be completed before any building construction can be started. Preparation of the site, including removal of some trees as well as grading, is expected to begin in early September.

After the road is completed, construction of the Horizon Housing buildings is expected to start in spring 2017. Horizon submitted the Development Permit Application for townhouses and Phase 1 of the apartment building in July. The application includes twelve two-storey townhouses along the northeast boundary and in response to community input, parking access for those homes will be off 45 St. SW. The 149-unit apartment building is further down the slope, with access via the new road off 45 St. SW. Resident parking will be underground and visitor and staff parking will be provided onsite. The Glamorgan Board of Directors had the opportunity to see the plans and it is anticipated a community meeting will be held in the fall to share the Development Permit and tentative construction schedule. You can see a copy of the plans on the Horizon Housing Society website, www.horizonhousing.ab.ca.

Although Horizon will be under construction first, Silvera is continuing to plan their redevelopment of the site and remains committed to sharing those plans with the community.

It has been a pleasure to work with our neighbours as we move forward with this redevelopment. Glamorgan is indeed a unique community and we are thankful for your thoughtful input into this initiative. Our continued focus is to be a good neighbour and be a part of the community. We remain committed to the vision of a vibrant, integrated community for seniors, families and single individuals.

Information is available on our website at www.silvera.ca. If you have questions, please send them to contact@silvera.ca. You can also find information about Horizon Housing Society at www.horizonhousing.ab.ca.

# Glamorgan Messages

**Fall Leaf and Pumpkin Program** September 26 to November 6 Please do not drop leaves prior to September 25!



Please call 403-246-8218 or email

info@myglamorgan.ca to volunteer!



September 6	Seniors Corner
September 9	Pub Night
September 25	Community Clean Up 9am to 2pm
September 26 to November 6	Fall Leaf and Pumpkin Program
October 30	Kids Halloween Party
November 19	Volunteer Appreciation Party



#### Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.



Visit mybabysitter.ca and find available babysitters in and around your community.

**Calling All** 

PARENTS

#### IN & AROUND CALGARY

## Subsidies are available for City services

Need help accessing City of Calgary programs, services or facilities? The City has several programs that are offered at a subsidized rate for Calgarians who may have trouble affording them. The new Fair Entry process makes applying for fee subsidized City-services easier.

One application allows Calgarians to have their income level assessed for several subsidy programs and services. Apply for:

- 1. Calgary Transit Low-Income Transit Pass Program
- 2. Recreation Fee Assistance Program
- 3. Property Tax Assistance Program
- 4. No Cost Spay/Neuter Program
- 5. Seniors Services Home Maintenance

For more information or to apply, visit calgary.ca/ fairentry.

#### Like us on Facebook



The Glamorgan Community Association is now on Facebook! "Like" us so you can be kept up to date on what's going on in Glamorgan!

#### Join Citizens' View: Calgary's online panel – over 2,000 members and growing

You're invited to join more than 2,000 people that have signed up for Citizens' View, Calgary's online panel. Citizensview.ca makes it easier for Calgarians to share their input anytime, anywhere through online surveys and discussions.

As Citizens' View continues to grow, The City is working to make sure that they hear from people of all ages and areas of Calgary.

"Creating an even better Calgary takes all of us—not just government," said Mayor Nenshi. "Citizens are the key to improving our communities and creating the best programs and services for our city. Calgarians are the experts in their lives and I encourage them to share their thoughts about life in Calgary by signing-up at citizensview.ca."

The City hopes to attract more than 4,000 people that reflect Calgary's diverse population. Members can expect to receive surveys once or twice a month, join online discussions, and receive information on City events and service improvements.

Calgarians 18 years and older can sign-up for the Citizens'View at www.citizensview.ca.

Always Welcoming New Clients to our Veterinary Practice!





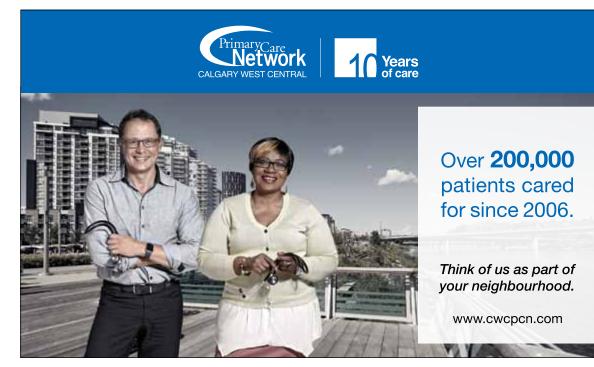
403-246-1774 Glamorgan Shopping Centre

www.glamorgananimalclinic.com

# Rich Hellowan Perfy

#### Sunday, October 30 1:30 to 3:30

\$3 non-members Free for members Entertainment, treats, games and crafts.



#### IN & AROUND CALGARY

#### **Alberta Health Services EMS**

#### **Back to School safety**

Alberta Health Services EMS would like to remind parents and children about a few road safety tips, as streets become more congested, with the return of the school year. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

#### Motorists

- Avoid talking on a cell phone, texting, or any other behaviour that diverts your attention away from driving;
  Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Remember, it is illegal to pass vehicles other than those that are parked in school, or playground zones, during posted hours.

#### Around school buses

- Flashing amber lights mean a bus is slowing down to stop motorists should do likewise;
- No matter which direction you are coming from, STOP, when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you;
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

#### Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions;
- When activating overhead crossing lights, pause and make eye contact with all drivers before stepping off the curb. This is to ensure that motorists in both directions have seen you and come to a complete stop;
  Stay within the crosswalk lines until fully clear of the
- roadway;Obey pedestrian lights at intersections. Cross the street only when you see the "walk" sign and only when all
- vehicles have come to a complete stop;
  If you are with young children, or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/ pedestrian collision.

#### Property Tax Assistance Program

Property Tax Assistance Program: Help is available. The City of Calgary may provide a grant/credit of the increase in residential property taxes from 2015 to 2016.

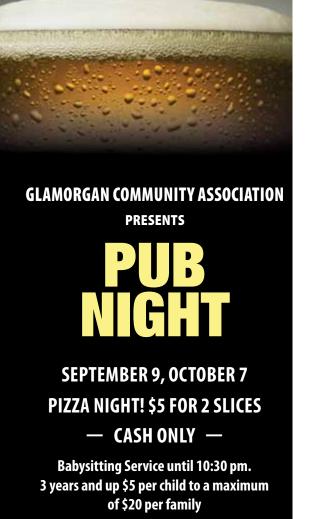
- To be eligible, the applicant must:
- Experience an increase in property taxes from 2015 to 2016.
- Live in the principal residence for a minimum of one year.
- Own no other property.
- Must meet low income guidelines of the Fair Entry Program. Visit calgary.ca/FairEntry or call 311.
- Provide an acceptable proof of household income for all members 18 years of age and older. Visit calgary.ca/FairEntry or call 311.
- Apply for the grant/credit by Dec. 1, 2016. Visit calgary.ca/FairEntry or call 311.
- Even if you are not eligible for the Property Tax Assistance Program, we may be able to help you access other community resources.

**Please note:** Even though an application has been made to the Property Tax Assistance Program, all property taxes must be paid in full by the due date, June 30, 2016, to avoid a seven per cent penalty.

For more information, or to apply, please contact 311 or visit calgary.ca/FairEntry.



Aspirin went on sale as the first pharmaceutical drug in 1899, after Felix Hoffman, a German chemist at the drug company Bayer, successfully modified Salicylic Acid, a compound found in willow bark to produce Aspirin.





#### Call Now for your FREE ESTIMATE For Landscape Construction 403.301.3300 www.assiniboine.com

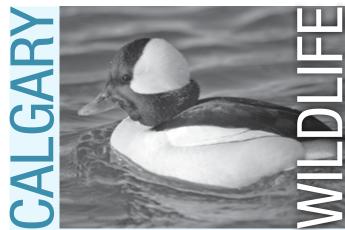
Stone Patios • Retaining Walls • Sod • Trees Flowerbeds • Fencing • Decks & much more WEEKLY, BI WEEKLY & VACATION CUTS FALL CLEAN UPS Mowing • Trimming • Pruning and Beds 2yr Quality Guarantee • WCB • Insured • Licensed • Bonded • References Available



### GAMES SUDOKU

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#### FIND SOLUTION ON PAGE 19



### The Tiny but Mighty Bufflehead

Article by J.G. Turner Photo by Mdf

This very small, compact, buoyant diving duck can be identified by its large, dark, puffy looking head with short, wide, greyish bill. The Bufflehead has an average length of just 36 cm or 14.5 inches, wingspan of about 53 cm or 21 inches, and weight of approximately 411 g or 15 ounces. The best places to spot a Bufflehead are small lakes with marshy edges and open centres, and areas where there are lots of poplar trees and aspen woodlands in central Alberta from the Spring through to late Autumn.

#### **Fun Facts:**

- The Bufflehead migrates from Mexico or the Gulf Coast of the United States to breed in Canada, and even as far north as Alaska.
- Buffleheads are one of the last ducks to leave Alberta before winter arrives.
- Where open water remains over the winter, this little duck sometimes stays year round.
- When mature, a female Bufflehead will return each year to the area where she was born to search for a nest cavity in which to lay her eggs.
- She will often choose an abandoned woodpecker's nest and absolutely loves the nest holes carved out by the Northern Flicker.

• As a diving duck, its legs are near the back of its body, so they must 'run' across the surface of the water to gain the momentum needed to take off and fly.

• The Bufflehead is Canada's smallest duck and they can squeeze through holes only eight centimeters wide!

• Buffleheads are territorial: males will defend a female by diving under water and popping up underneath a rival male. Females will defend the water where they rear their young.

The Bufflehead is one of the scarcest ducks in North America and its numbers continue to suffer from logging and agricultural clearing of poplar stands and aspen woodlands, decreased numbers of Northern Flickers in an area, and human hunting activities.

If you find an injured or orphaned wild bird or animal in distress, please contact the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488, for tips, instructions and advice, or look at the website at www.calgarywildlife.org for more information.

# SEPTEMBER MOON



# Calgary Humane Society Dental Care

Happy August! We hope you are enjoying a great summer with your two and four-legged family! At Calgary Humane Society we are enjoying a busy season of summer camps. Our annual August adoption event is also just around the corner and we hope you will all come out to celebrate with us!

For many families, summer includes a trip to the dentist to take care of everyone's pearly whites. Dental care is vital for humans, but did you know that pets need dental care too? Each and every year we see dozens of animals at the shelter suffering from dental problems, problems that can result in health issues for the pet and legal problems for the people! Failing to provide dental care to your pet is considered a form of neglect under the Alberta Animal Protection Act and bad teeth can cause unnecessary pain for Fido. Interested in learning more about dental care for your pet? Read on!

#### Do all pets need dental care?

If your pet has teeth then dental care is an important contributor to overall health! Dogs, cats, rabbits, guinea pigs and even small critters like hamsters and gerbils should have their pearly white inspected regularly as a part of an overall health check-up by their veterinarian.

#### What are some of the common pet dental procedures?

For dogs and cats the most common dental need is tartar removal and tooth cleaning, much like what you would have done at your own dentist. Extractions are another common dental procedure in pets. Just like humans, cats and dogs can suffer from cavities and gingivitis and if these problems continue unchecked the teeth will need to be removed.

Rabbits and rodents have more complex dental needs. These critters have teeth that grow continuously for their entire lives. Most of the time your rabbit or rodent will do a great job of wearing down their teeth by chewing and eating rough foods, but sometimes they need a bit of help. An exotics veterinarian will regularly check your pets teeth and can trim or file the teeth if necessary.

#### What is the cost of dental care for pets?

Just as with humans, the cost for dental care for your pet will depend on the condition of your pet's teeth and the pricing your vet sets for each procedure. We recommend booking a consultation with your vet to discuss your pet's specific dental needs.

#### What can I do at home to keep my pet's teeth healthy?

Providing an appropriate diet and opportunities for chewing is an important part of maintaining dental health in all animals. Choose toys that are the right size for your pet and made specifically for chewing as some items (like tennis balls) can damage your pet's teeth if chewed.

For additional suggestions we recommend speaking with your pet's vet. Your vet is familiar with your pet's specific needs and will be able to help you develop an oral care plan.

#### Can I use human toothpaste for my pets?

Human toothpaste should never be used for pets as it contains some ingredients that can be harmful if swallowed by your pet. If your vet has recommended brushing your pet's teeth, you should invest in a good quality pet toothpaste.

#### What are the main benefits of dental care?

Providing good quality dental care is an important part of health and wellness for pets. Investing in routine dental care sets your pet up for a long and healthy life, and it will also keep Fido's breath smelling great on those long summer car trips!

From all of us at Calgary Humane Society, Happy Summer!

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Tuesday & Thursday 8:30 AM - 6:00 PM

info@avenidadentureclinic.com Avenida Village, suite 209, 12445 Lake Fraser Dr. S.E. Peter J. Vettori D.D. and Tim Harnett D.D. 2ND LOCATION NOW OPEN!

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Avenida Denture Clinic @ Glenbrook 206-3715 - 51st Street SW | Calgary, Alberta | T3E-6V2 CALGARY BOARD OF EDUCATION BOARD OF TRUSTEES Website: http://www.cbe.ab.ca · Email: boardoftrustees@cbe.ab.ca

#### What's new at the CBE

The beginning of a new school year is always an exciting time. It's a time when friends reconnect with friends, teachers welcome new and returning students and we set out our shared goals and objectives for the year.

#### **Opening new schools**

This year is particularly exciting as we're opening an unprecedented number of new and replacement schools while updating others with new equipment and modern classroom configurations. All of this construction is expected to ease the space crunch for the over 118,000 students we are welcoming this year, while opening up new learning possibilities in our schools.

With all of these openings, there will be changes throughout the year for students and staff. Some of our existing schools will have fewer students in September as many students will be attending a new school in their community. Even if your community isn't impacted by students leaving, your schools may be welcoming a new principal, teachers or support staff. Certainly, every school will welcome new students! We are working together to ensure we make the transition as welcoming and positive an experience as possible for everyone.

To learn more about our new schools and our ongoing construction projects please visit cbe.ab.ca/newschools.

#### Building a new approach to community engagement

The CBE is committed to involving people indecisions that affect them. To do this more effectively, we have developed a new system-wide approach to community engagement called the Dialogue Framework. This framework will help us plan engagement activities on topics that we know are important to our staff, parents, students and other community members. In addition to gathering input on building the framework last school year, we also connected with people on transportation services, schools impacted by the opening of new schools, our budget and more. We heard from thousands of people and your perspectives have helped us develop plans for the future. You can expect to hear more about these engagements and opportunities to share your perspectives this fall as we continue to involve you in issues that affect you or your family. We all have a part to play in the education of our young people and by working together, we can make a difference for our students and our community.

For more information on CBE's community engagement initiatives, please visit cbe.ab.ca/dialogue.

We look forward to another great school year at the CBE. The start of the school year is an exciting time, especially for families with students beginning school for the first time. We look forward to meeting you! Welcome back to all of our returning students and staff members. We hope you had a restful summer and are ready for an exciting year of learning.

If you are interested in learning more about how the Board of Trustees advocates to protect public education and student success, we'd love to speak with you. Contact us at boardoftrustees@cbe.ab.ca

Follow the Calgary Board of Education on Twitter @yycbedu





#### SEPTEMBER 8 TO OCTOBER 16 ILLUMINASIA LANTERN AND GARDEN FESTIVAL

Illuminasia returns to the Calgary Zoo for its second year. This year, the theme is the four seasons and the four noble plants of Chinese culture — one plant is used to represent each season. www.illuminasiacalgaryzoo.com



#### SEPTEMBER 30 – OCTOBER 1 THE PRINT IT YOURSELF FESTIVAL

Learn about the various techniques behind printmaking at the sixth annual Print It Yourself Festival. Learn what goes into making a piece of print art, engage in the process and create a piece of artwork yourself. www.albertaprintmakers.com



#### OCTOBER 27 TO 29 DRACULA

The Alberta Ballet presents the classical ballet Dracula at the end of October. Special effects, impressive costumes (Dracula wears a 23-footlong cape) and exquisite choreography bring this horror story to life. www.albertaballet50. com



# YOUR COMMUNITY/CITY EVENTS

September 21 to October 2 - Calgary International Film Festival (CIFF): The Calgary International Film Festival (CIFF) is a 12-day showcase of up to 200 multi-genre films from Canada and over 40 other countries. The festival hosts gala events, screenings, award ceremonies and special presentations. www.calgaryfilm.com

**October 1 - A Little Light Music:** This is a chamber music concert with a special focus on well-known Canadian composers. There will be a fun, playful line-up of music in this concert with everything from A Little Light Music to Viva Gershwin. www.scpa.ucalgary.ca/events/little-light-music

#### October 6 - An Evening With Bethany Hamilton, Soul

**Surfer:** Bethany Hamilton has become a source of inspiration to millions through her story of determination, faith and hope. Hear Hamilton discuss her surfing career and her charitable contributions in this inspirational talk. www. ticketmaster.ca/event/110050A6A6225E87

**October 7 to 8 - Disney In Concert: Tale As Old As Time:** Start Thanksgiving weekend with some classic Disney tunes performed by the Calgary Philharmonic Orchestra. The popular Disney songs from these films are played alongside clips from the movies. www.calgaryphil.com

**October 11 to 29 – Boom:** Using images and video, the show explores the musicians, politicians and cultural icons around from 1945 to 1969 that shaped the baby boom generation. www.theatrecalgary.com

October 12 to 15 - Intensional Particle + Split Flow: Hiroaki Umeda is a Japanese multi-disciplinary artist. He's a dancer, a sound, image and lighting designer, and a choreography. He brings two new solo shows to Theatre Junction. www. theatrejunction.com

**October 14 to 29 – Fluid Festival:** This year marks the 11<sup>th</sup> Fluid Festival, and just like the inaugural event, this year's Fluid Festival will celebrate dance and physical performance. www.springboardperformance.com

**October 15 - Calgary Stampeders PinkPower Game:** This football game joins in the fight against women's cancers. Arrive early to the game to purchase limited edition PinkPower merchandise, then watch the Calgary Stampeders take on the Montréal Alouettes. www.stampeders.com

#### CALGARY CATHOLIC SCHOOL DISTRICT BOARD OF TRUSTEES Website: www.cssd.ab.ca/board-of-trustees • Email: trustees@ccsd.ab.ca

#### Learn more about your Calgary Catholic School District Board of Trustees!

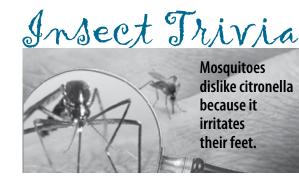
Welcome back! We hope everyone enjoyed their summer. Here at the Calgary Catholic School District (CCSD), we were busy over the summer, preparing four brandnew schools to open in Auburn Bay (Prince of Peace School, K-9), Cranston (Our Lady of the Rosary School, K-6), Evanston (Our Lady of Grace School, K-9) and New Brighton (St. Marguerite School, K-6). We would like to thank our Information Technology, Support Services, school teams, all of our staff and the communities for their incredible work to get our students ready to learn!

#### Information Technology

- The new schools will be the first of CCSD's "Digital First Learning Environments." Wherever possible traditional systems have been replaced with digital variants, which increases accessibility, provides educators with additional teaching tools and lowers costs.
- Brand-new digital public address (PA) systems are in place, which will improve the lines of communication between the school office, classroom and families.
- A new digital display system has been installed in every learning space. These new screens are larger, easier to read and will allow teachers and students to connect their devices wirelessly.
- Hundreds of devices were set up over the summer for students. This includes iPads, Chrome Books, laptops, copiers and other technology.

#### School-Level

School councils have been established at the new schools as administration works with parents and families to create community and pursue common goals.
The school's identity and brand is being established. Administration, with input from school councils, crafted



mission and vision statements and worked with Document Services and community members to create logos, school banners, altars, crosses and lecterns.

- Staff members have been hired for the upcoming school year and they are ready to welcome the students.
- The school's structure has been created from transportation and bell times to schedules, instructional hours and specific programs.

#### Community

- We are thankful to everyone who shared their thoughts during our Help Plan Our Future (HPOF) public participation process regarding new school boundaries, school administration qualities, attributes and considerations, as well as school name suggestions.
- Please stay tuned for the blessing and dedication ceremony information. All members of the community will be invited to come together for this public event to celebrate the opening of each of our new schools.
- We look forward to continuing to engage the community as the new schools work towards building playgrounds, hosting events and becoming vibrant places of growth for our children.

### 

2	9	3	8	7	5	1	4	6
1	6	4	9	2	3	5	8	7
7	5	8	1	4	6	2	3	9
6	7	9	2	3	8	4	5	1
4	8	5	7	1	9	6	2	3
3	1	2	5	6	4	7	9	8
9	2	7	3	5	1	8	6	4
8	4	1	6	9	2	3	7	5
5	3	6	4	8	7	9	1	2

#### **IMPORTANT CHANGES TO TAX-EXEMPT** WEALTH TRANSFER STRATEGIES

On January 1, 2017, the federal government is amending regulations that will significantly decrease the tax efficiency of current "wealth transfer" strategies.

#### PLEASE JOIN US FOR AN EXCLUSIVE AND INFORMATIVE EVENT

#### TAX-SMART INVESTMENT AND **ESTATE STRATEGIES**

#### **GUEST SPEAKERS:**

PETER BOWEN, B.A.(Econ), CA Vice-President, Tax Research and Solutions

Fidelity



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Tuesday, August 30, 2016 3:00 pm - 5:00 pm

LOCATION: Canada's Sports Hall of Fame 169 Canada Olympic Road S.W. Canada Olympic Park Calgary, AB T3B 6B7

**RSVP:** 

Kara Weber (403) 299-7374 kara.weber@rbc.com

All guests must be registered to attend. (Space is limited.)

Refreshments will be provided Complimentary parking on site Includes access to interactive sports, Hall of Fame Gallery & Museum Tour

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#### Glamorgan Real Estate Update Last 12 Months Glamorgan MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
July 2016	\$566,250.00	\$561,194.00
June 2016	\$609,900.00	\$615,000.00
May 2016	\$499,500.00	\$495,500.00
April 2016	\$487,400.00	\$477,500.00
March 2016	\$499,900.00	\$489,000.00
February 2016	\$0.00	\$0.00
January 2016	\$679,900.00	\$660,000.00
December 2015	\$549,900.00	\$527,000.00
November 2015	\$534,900.00	\$526,000.00
October 2015	\$562,350.00	\$542,500.00
September 2015	\$519,900.00	\$518,000.00
August 2015	\$559,900.00	\$550,000.00

#### Last 12 Months Glamorgan MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
July 2016	5	8
June 2016	9	4
May 2016	5	5
April 2016	6	4
March 2016	4	3
February 2016	5	0
January 2016	1	1
December 2015	1	1
November 2015	1	4
October 2015	3	2
September 2015	1	1
August 2015	7	4

To view the specific SOLD Listings that comprise the above MLS averages please visit glamorgan.great-news.ca



Summer is coming to a close which means routines are going back to normal not only for all the students but also for me as your MP. The time in Calgary and in the riding has given me a chance to speak with a great number of you and I appreciate input on your concerns and counsel. You can be assured that I will be taking your feedback with me to Ottawa as the new session of Parliament begins.

First let me start this message by asking if you would consider allowing me to send updates in occasional emails to you in my role as your MP. Our office has a list of emails that constituents have consented to for that purpose, which we use **very sparingly** (last parliamentary session, we used the list a total of four times). If you'd like to be included in those updates, please visit www.ronliepert.ca to sign up, or call 403-292-6666. If you feel that the messaging is too frequent or not relevant you can unsubscribe at any time. I am also on Facebook and Twitter if that is more your style.

We are expecting a very full fall session, as the Liberal Government presented an ambitious slate but did not have a lot of success in actually getting much of that legislation passed last year (less than 50% of the Government's bills passed). That backlog, plus a new set of priorities has made for a very full order paper.

One of the biggest issues ahead is electoral reform. As you've likely heard, the Liberal Government wants to change how you elect your MPs. I am not opposed to the study of electoral reform and look forward to the work of the committee examining changes to our electoral process. I do feel, however, that if substantive changes to how we elect our Members of Parliament are proposed by the committee, then citizens should have a final say by way of a national referendum.

#### A committee of politicians, no matter what the composition, should never be the sole decider of how politicians are elected.

As a constituent in Calgary Signal Hill, you will be consulted prior to my voting on any matter related to electoral reform. It is my belief that my vote should reflect your views. I will be conducting a consultation similar to the one I did regarding Medical Assistance in Dying to hear from you. Watch your mailbox and voicemail (and email if you are signed up) for more details soon.



#### Writings about Reading

#### **Parents as Partners**

It's 'back to school' and the perfect time to revisit how you can be the best partner in your child's education. You, as parent, grandparent or caregiver have been helping your child to learn since they were a tiny baby ... and your role continues. Here are ways to help your child build their language and reading skills:

#### Get to know your child's teacher

You'll build a connection and be able to ask questions. The teacher will suggest ways you can help your child at home.

#### Read aloud with your child every day

In order to read fluently, your child needs lots of practice with hearing how good reading sounds. Take turns reading aloud a story; the more familiar the words become the easier it will be for your child to read.

#### Incorporate literacy activities anywhere

Literacy skills are used in all kinds of situations. Encourage your child when reading food labels, talking with other children, discussing a movie with the family, or when writing lists to be posted on the refrigerator.

#### Teach phonemic awareness and phonics (letter names and their sounds)

Young children hear "dog," but not the "duh"-"aw"- "guh." To become readers, they have to learn to hear these sounds (or phonemes). And, a child can't sound out words or write them without knowing the letter sounds. There are lots of websites and ABC books to help.

#### Keep the fun and encouragement flowing!

Write notes to your child in their lunch kit so they feel supported during the first days of school. Ask specific questions at the end of their day: what games did you play today? Who is in your class? Did you teacher read a great book today, what was it about?

For resources to help your child develop critical literacy skills and the joy of reading, visit calgaryreads.com.

# **BUSINESS CLASSIFIEDS**

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Glamorgan. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

**RIGHTWAY PLUMBING AND HEATING:** Has been happily serving the Glamorgan area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

**HANDYMAN:** Retired Carpenter will do odd Jobs in and around the house. No job too small! Contact Handy Andy at 403-990-9857.

**CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS:** New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

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**YARDBUSTERSLANDSCAPING.COM:** Snow removal \$129.95. Some conditions. Landscape construction and yard renovation: Stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769.

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**K2 BOOKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

**DJ PAINTING AND CONTRACTING:** is a licensed, insured, and locally-owned company that offers topquality services at affordable prices. As a small company, we're invested in you, providing personal solutions to turn your vision into reality. Call Devon 403-807-6857 or Dan 403-993-6816 or visit www.djdecor.ca.

**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

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**BOOKKEEPING TAX PREPARATION PAYROLL GST:** I can help you with all your tax needs -- Business and

Personal Contractors and Retail. Current and late filers are welcome. I have 20 years of experience and my rates are reasonable. References are available upon request. Please call Jill: 403-510-1665 or email: mybookkeeper65@yahoo.ca.

~cont'd next page~

#### MLA CALGARY-ELBOW GREG CLARK Leader - Alberta Party

Twitter: @GregClark4AB

calgary.elbow@assembly.ab.ca

1A

September is here and students are back at school!

(403) 252-0346

#### **School Zones**

Now is a good time to remember that school zones to have been converted to playground zones. This means speed restrictions are in place year round, so there is no need to question whether or not you are required to slow down. Playground zone speeds of 30 km/h are in effect daily, year-round from 7:30 am to 9:00 pm. As kids return to school it's important to be extra-cautious around schools and remember to respect school patrollers and any additional posted signs around schools.

#### **School Fees**

Back to school can be a costly time. Parents or guardians experiencing financial difficulties are encouraged to speak to their school principal, or visit the Calgary Board of Education site at www.cbe.ab.ca or the Calgary Catholic School District at www.cssd.ab.ca, for information on waiving school fees.

I will also continue to push the government to live up to their promise of eliminating school fees. I strongly believe that a public education should be accessible to all, and school fees that can exceed \$750 per student are a huge burden for many parents, especially in challenging economic times. In addition to contacting your school board, please contact my office if you have concerns and we will do what we can to help.

#### Brown Bagging It for Calgary's Kids

Brown Bagging for Calgary's Kids is an amazing organization that works in partnership with Calgary schools to make and deliver over 3,000 free, healthy lunches every day for students who would otherwise go hungry. BB4CK works with school staff to identify hungry students, and help ensure they receive the nutrition they require to perform in the classroom. To get involved with or donate to this great organization, visit http://bb4ck.org.

#### Updating Alberta's curriculum

Beginning in September 2016 Alberta Education will start work on new curriculums for Alberta schools. Work will be done on six subject areas: Arts, Language Arts, Math, Social Studies, Sciences, and Wellness. Below is information provided by the Alberta Government in a recent news release with some background on the initiative.

- New curriculum will be developed for Kindergarten to Grade 4 by late 2018. That will be followed by Grades 5 to 8 in late 2019. After that, our high school curriculum will be developed in phases from 2020 to 2022.
- Current curriculum remains in effect until new curriculum is implemented.
- New curriculum will contain an explicit focus on the development of learner outcomes that support and reinforce 21st-century competencies across curriculum as well as literacy and numeracy.
- Support for First Nations, Métis and Inuit student learning, as well as the inclusion of Education for Reconciliation, which includes ways of knowing and diverse perspectives, will be reflected in future K-12 curriculum

Albertans will be asked to provide feedback on the development of the curriculum through face-to-face meetings and online surveys. Watch my website at www.calgaryelbow.ca to find out how you can provide your input, and feel free to get in touch any time if you have questions or ideas you would like to share.

# **BUSINESS CLASSIFIEDS**

**PARZEN PERSONAL ASSISTANTS:** Do you need help organizing, downsizing, re-purposing, recycling, disposal? Companionship to the airport, doctors appointments, shopping? House sitting for insurance purposes. No task too big or small. Give me a call. Kim at 403-651-6295 email kimparzen@gmail.com or facebook/parzenpersonalassistants.

**TREES NEED PRUNING, REMOVAL, REPAIR? INSECTS OR DISEASE A PROBLEM?** Fall/Winter/Spring (the dormant seasons) are excellent times to have your trees/shrubs serviced by an established (est. 1995), professional tree service. Our goal is to educate and provide practical options. Call - The Yardist Ltd. Tree & Spray Service - 403-242-3332.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.



#### **COUNCILLOR. WARD 6 RICHARD POOTMANS**

PO Box 2100, Station "M", Calgary, AB T2P 2M1 403-268-1035 • C: 403-660-6692 F: 403-268-8091 • E: Ward06@Calgary.ca Communications & Community Liaison: Eileen Badowich, CAward6@calgary.ca www.calgary.ca/ward6 • 🖪 🎔

#### Hello,

It was great to visit with many of you this summer at Stampede and community events across Ward 6. As our vacation time winds down and school goes back into session, routine daily and weekly activities ramp up! I am reminded how traffic management is a big part of getting around the city in a timely manner. The City of Calgary operates a computerized traffic signal management system that allows City traffic engineers to monitor and control the operation of The City's traffic signal network. There are 980 traffic signals in Calgary, 549 of which are connected to the Management Information System for Transportation (MIST). The City's Roads Operation Centre is the facility that monitors, responds and presents real-time information to motorists using:

· Cameras to monitor traffic flow, road conditions and traffic obstructions.

#### www.kilbco.com

#### **READY TO INCREASE YOUR CURB APPEAL?**

Whether you need a border between your grass and existing garden or thinking of creating a new garden Kilbco can help. With a variety of colors, stamps and profiles, steel cable enforced landscape curbing is a cost effective and practical solution to residential and commercial properties. It will beautify your landscape and add value to your property. lbco has poured over 100,000 linear It will not rust, rot or shift, and there are feet of curbing in the past 9 years.

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• Systems to monitor and control the operation of traffic signals.

- A website map that shows road closures, road works and other activities impeding traffic flow.
- A FM radio station delivering current traffic information. • Dynamic signs to inform motorists of traffic problems.
- Bluetooth tracking travel time information.
- Lane reversals.
- High Occupancy Vehicle (HOV) lanes.
- Roving tow truck services.

This combination of technologies gathers real-time traffic information and uses that information to revise traffic signal operation where appropriate and keep motorists advised of abnormal traffic conditions, congestion, lane closures and construction delays. You can complete an online service request to inquire about the timing of traffic signals or call 311.

MIST monitors the traffic signals for proper operation and collects data on traffic flow, such as volumes and speeds from vehicle sensors at the intersections. The signal system interacts with the LRT system, some of the bus routes and some of the fire routes by providing priority for these vehicles. The MIST system can override the normal operation of traffic signals if and when necessary. Special events like hockey games or concerts at the Saddledome with large attendance or even major road construction may require a short term adjustment to the signal timing.

The City continues to take advantage of the construction season, with many projects continuing and moving toward completion. Our calgary.ca/ward6 website is full of up-tothe date information that pertains specifically to our Ward including; developments and projects, Council committees and motions, my positions on issues in the media, community specific projects, transportation and road changes, as well as public information events. This ranges from drainage and Water Services projects, new construction in your community, updates regarding issues like secondary suites before Council, to new transportation infrastructure, as well Ring Road updates including open house opportunities and scheduled Councillor Chats.

I will be hosting a Traffic Safety Town Hall event as well as a Councillor Chat this fall in the Ward. You can find me on Facebook or Twitter, @pootmans, and get detailed articles about our biggest projects and issues in Ward 6 to your email every other month. Due to the new anti-spam legislation, to receive information relevant to Ward 6, I need your consent to receive emails from my office. If you are interested in receiving our bi-monthly Ward 6 Report or any other pertinent information that affects the Ward or your specific community, please visit calgary.ca/ward6connect to give consent and sign up!

#### **IMPORTANT NUMBERS** COMMUNITY

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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# ANNOUNCEMENTS

#### Deadline – 1<sup>st</sup> of each month for the next month's publication Contact news@great-news.ca

✦ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc. ✦ Forty word limit

#### **RESPONSIBLE 13 YEAR OLD WITH BABYSITTING**

LICENSE and Red Cross certificate. Experience with ages 2+. Available most weekday evenings and weekends. Glamorgan resident. Please call to arrange and interview 403-217-1745.

FREE ENGLISH CONVERSATION CAFE (ESL) AT THE **SCA COMMUNITY CENTRE:** Practice speaking English at this fun conversation class for adults provided by St. Martin's Anglican Church. Tuesdays 9:30-11 am September 13 - December 13, 2016. All welcome. Contact Laura at 403-612-9949 or email community.stmartins@yahoo. ca for more info or to register.

**COOKING WITH FRIENDS:** a fun cooking class where we share recipes, cook together and have lunch with new friends. All Welcome. Childcare available with preregistration. Thursdays, 10:30 -1 pm, September 15 -December 8, 2016 at Knox Presbyterian Church. Contact Laura at 403-612-9949 or email community.stmartins@ yahoo.ca for more info or to register.

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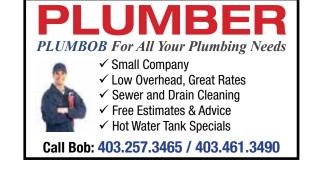


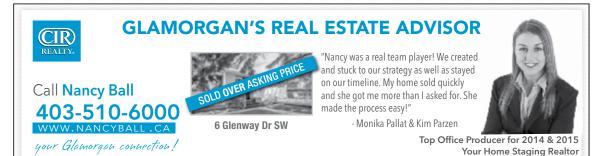




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A Safety Management System (SMS) is all about managing the safety interactio you have with your workers. It's an overall strategy to help you communicat ition on hazards and best practices in your workplace so you can de ger, lasting culture of safety within all stakeholders in your organizati





### **Keeping You Updated**



Deirdre Halferty dhalferty@shaw.ca www.dhalferty.com (403) 813-5337

**CALGARY WEST REALTY** Serving Calgary and Area No plan to move anytime soon? Knowing what's happening in Glamorgan is useful information.

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