

DECEMBER 2017

DELIVERED MONTHLY TO 4,400 HOUSEHOLDS

GLENBROOK globe

THE OFFICIAL GLENBROOK COMMUNITY NEWSLETTER

**GLENBROOK
HOLIDAY
SKATE PARTY
DECEMBER 28**



Ensuring seniors age with dignity

Making reckless cuts as our economy recovers would hurt Calgary-Currie families, including the seniors who built our province.

As your MLA, I'm working to protect the following senior services and projects:

- ✓ Affordable housing and seniors lodge projects under construction
- ✓ Investing more in home care
- ✓ Investments in initiatives to create dementia-friendly communities
- ✓ Dental and optical services for low income seniors



Brian Malkinson
MLA, Calgary Currie

Phone: 403-246-4794
Calgary.Currie@assembly.ab.ca
2108B 33 Avenue SW Calgary, AB T2T 1z6



CONTENTS

6	PRESIDENT'S MESSAGE
6	THANK YOU GLENBROOK COMMUNITY!
7	THROUGH THE ADVENT DOOR
9	BUSINESS CLASSIFIEDS
10	GLENBROOK HOLIDAY SKATING PARTY

"I didn't expect to bring Bella with me."



At Amica you can always feel at home. Expect premium amenities and personalized service with a range of care options. You can even bring your pet.

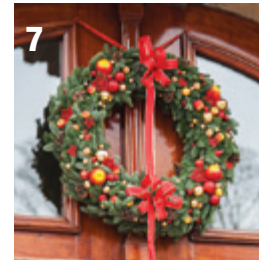
Independent Living • Assisted Living

Expect More.™

*Join us for Christmas Cheer,
a traditional quartet performance.
Dec 12, 7pm. RSVP at 403-240-4404.*

 **AMICA™**
Mature Lifestyles

Amica at Aspen Woods
10 Aspenshire Drive SW, Calgary
403-240-4404
amica.ca/aspenwoods





GLENBROOK COMMUNITY ASSOCIATION

3524 45 St SW, Calgary, AB T3E 3V2
403-249-6664 | Email: Glenbrook.Community@shaw.ca

Delivered monthly to 4,400 households and businesses

Editorial Submissions

glenbrook.community@shaw.ca
All editorial content must be submitted by the 5th of the month for the following month's publication.

Advertising Opportunities

403-263-3044 | sales@great-news.ca
All advertisements must be submitted by the 1st of the month for the following month's publication.

Published by Great News Publishing

Serving Calgary communities for 28 years
87 newsletters reaching over 391,000 households in Calgary and surrounding areas.

#34-4550 112 Ave SE
Calgary, AB
T2C 2K2

Check out our website:
www.great-news.ca



The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Publishing and Glenbrook Community Association.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing and Glenbrook Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS		911
Alberta Adolescent Recovery Centre	403-253-5250	
Alberta Health Care	403-310-0000	
AHS Addictions Hotline	1-866-332-2322	
ATCO Gas – 24 Hour Emergency	403-245-7222	
Calgary HEALTH LINK 24/7	811	
Calgary Police – Non Emergency	403-266-1234	
Calgary Women's Emergency Shelter	403-234-7233	
Child Abuse Hotline	1-800-387-5437	
Kids Help Line	1-800-668-6868	
Child Safe Canada	403-202-5900	
Distress/Crisis Line	403-266-4357	
ENMAX – Power Trouble	403-514-6100	
Poison Centre - Alberta	1-800-332-1414	
HOSPITALS / URGENT CARE		
Alberta Children's Hospital	403-955-7211	
Foothills Hospital	403-944-1110	
Peter Lougheed Centre	403-943-4555	
Rockyview General Hospital	403-943-3000	
Sheldon M. Chumir Health Centre	403-955-6200	
South Calgary Urgent Care Health Centre	403-943-9300	
South Health Campus	403-956-1111	
OTHER		
Calgary Humane Society	403-205-4455	
Calgary Parking Authority	403-537-7000	
SeniorConnect	403-266-6200	
Calgary Kerby Elder Abuse Line	403-705-3250	
Alberta One-Call Corporation	1-800-242-3447	
City of Calgary	311	
Social Service Info & Referral	211	
Community Mediation Calgary Society	403-269-2707	
RNR Lockworks Ltd.	403-479-6161	
Road Conditions – Calgary	511	
Weather Information		
Gamblers Anonymous	403-237-0654	



Glenbrook Community Association

Board of Directors/Contact List

Glenbrook.Community@shaw.ca • (403) 249-6664

President	Murray Ost	Glenbrook.president@shaw.ca
Vice-President	Andrew Del Bucchia	Glenbrook.vicepresident@shaw.ca
Past-President	Ken Weaving	Glenbrook.community@shaw.ca
Secretary	Haley Bent	Glenbrook.secretary@shaw.ca
Treasurer	Kerry McGuire	Glenbrook.treasurer@shaw.ca
Hall Rentals	Shirley Barge	(403) 249-6664, (403) 242-4821 Glenbrook.hall.rentals@shaw.ca
Memberships	Mary Kuipers-Morris	Glenbrook.community@shaw.ca
Newsletter Editor	Leah Arends	leahearends@gmail.com
Rink Coordinator		Nicole Schroeder/Darren Morrison
Outdoor Programming	Bill Stamile	Glenbrook.programs@shaw.ca

Hall Rentals

- Monday to Thursday Daytime (07:00 to 17:00) \$25/hour
- Monday to Thursday Evening (17:00 to 22:00) \$30/hour/minimum 3 hours
- Friday, Saturday, Sunday (10:00 to 02:00) \$350/day (Community resident member \$300/day)

- Wedding Package Friday 18:00 to Sunday 12 noon \$700 Includes use of Boardroom and upstairs.

Security Deposit

\$500.00 per rental, returnable after 7 days passed the event

Boardroom

Monday to Thursday (18:00 to 22:00) \$75

Sport Shack

- Sunday to Saturday (08:00 to 22:00) \$25/hour/min. 2 hours
- Storage Lockers(rooms) \$75 to \$95/month. For sport equipment use by sport groups only.



PRESIDENT'S MESSAGE

One of my favourite times of the year is the time approaching the holidays. I love the change of the seasons, the time spent with friends and family and being a part of Glenbrook, a fantastic and friendly community. As winter is now here, please remember that all sidewalks must be cleaned down to bare concrete within 24 hours of a snow fall. Many of our residents, seniors in particular, walk during the winter months. So let's make sure to keep our sidewalks clean and safe. If you have a neighbour that struggles to keep their walk clean, especially after a big snow fall, this is a great opportunity to step up and show them your Glenbrook community spirit. Also a reminder to residents that extension cords are not allowed to cross a sidewalk or pathway to plug in a vehicle. If you park on the street you must find a way to run your cords so they do not pose a tripping hazard. With this information in mind, we can make the winter sidewalks in Glenbrook a safer place for everyone.

As we move forward into the New Year, the Glenbrook Community Association will have a number of community events planned for you in 2018. Watch for the January issue of the Glenbrook Globe for more details.

With the holiday season and Christmas around the corner, please remember to be patient and keep in mind what is really important to all of us. We all tend to be even busier at this time of the year and sometimes forget to say hi to friends, neighbours or family. Let's all go out of our way this month to see if we can make the season a bit brighter for someone else. Please have a wonderful Christmas and enjoy the start of 2018.

Please pay special attention in our playground and school zones as they are now under the same speed restrictions that continue well past the time the sun sets. Now that our days are shorter and our kids are not as easy to see, we all want them home safe for the holidays.

All the best,
Murray Ost
President
Glenbrook Community Association
Glenbrook.President@shaw.ca
403-616-4644



Thank You Glenbrook Community!

The Calgary Padel Club wishes to thank the Glenbrook Community residents, Murray Ost, President of the Glenbrook Community Association, and all members of the board for their incredible support for our club and programming.

After our second year of operations, we are thrilled that our membership has grown by well over 200%, with the majority being residents of Glenbrook!

Our programming was also a great success, with a good mix of fun, social and competitive activities for the whole family. The most impressive growth was with our juniors and youth members who make up the bulk of our membership. Our targeted programming for juniors will get them involved and engaged in our sport from beginners to elite. We are grooming them to someday strive to represent Canada in international events.

We also want to thank the P.E. Departments of St. Gregory School and Calgary Christian School for their support and involvement with the Calgary Padel Club. Our intention is to increase participation to their over 1300 students combined.

The courts have now been taken down for the winter, but we will be back in the spring. We are looking forward for a great 2018! We wish you and your families a great winter.

See you all next year!

Calgary Padel Club
calgarypadel.ca



What's going on in our community?

Check the Glenbrook Facebook page and find out! Like our page and engage with your neighbours and fellow community members.

www.facebook.com/glenbrookcommunity

MEET THE BOARD

Glenbrook, like many communities is run by volunteers. Our board is small and we need help to put on the activities and events the community members are asking for. Want to volunteer? Contact glenbrook.community@shaw.ca.

President: Murray Ost (Glenbrook.President@shaw.ca)

Murray is returning for his 20th year as President of the Community Association.

Vice-President: Andrew Del Bucchia (Glenbrook.VicePresident@shaw.ca)

Moving on from his role as treasurer last year, Andrew will be Murray's right-hand man, as VP of the Community Association

Past President: Ken Weaving (Glenbrook.Community@shaw.ca)

Ken continues on filling the role as Past President, supporting Murray and the rest of the board.

Treasurer: Kerry McGuire (Glenbrook.Treasurer@shaw.ca)

Kerry starts her first year on the board as the Treasurer.

Secretary: Haley Bent (Glenbrook.Secretary@shaw.ca)

Haley is also joining the board this year as the Secretary

Memberships: Mary Kuipers-Morris (Glenbrook.Community@shaw.ca)

Mary has been the Secretary on the board for several years. She'll now try her hand at membership coordination

Hall Rentals: Shirley Barge (Glenbrook.Hall.Rentals@shaw.ca)

Shirley takes care of the hall. If you'd like to rent the hall, boardroom, or skate shack, contact Shirley.

GCA MEETINGS



Did you know that anyone can come to the Glenbrook Community Association meetings? They aren't just for board members. Everyone in the community has a voice... and we'd love to hear it.

Meetings are held the first Thursday of every month from September to June at the Community Hall (3524 45 St. SW) from 7-9pm.

Meeting Dates:
• **December 7, 2017**



Through the Advent Door

In a world where despair, depression, conflict, and fear are all very real and touch each and every one of us, we lean into the mystery birthed within us, that because God came down, there is a door to a better future.

Emmanuel Christian Reformed Church, a church on the corner of 51st St. and 30th Ave, invites you to Sunday morning services during the four weeks of Advent, leading up to Christmas. Join us for a light breakfast, followed by the worship service. Breakfast starts at 9:40 and the worship service begins at 10 am.

GLENBROOK COMMUNITY

GLENBROOK COMMUNITY MEMBERSHIP - Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

1. **Become a member** – when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.
2. **Become a volunteer** – Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

Membership forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed to 3524-45 St SW, Calgary, AB T3E 3V2 or purchased at community events.

GLENBROOK HALL

3524 – 45 Street SW
Calgary, Ab. T3E 3V2
Glenbrook.Community@shaw.ca
(403) 249-6664



September 1, 2017 to August 31, 2018

Membership fees: \$25 per family (includes any family member living at same address) or \$15 for Senior (65 years and older) or individual. Please make cheques payable to: Glenbrook Community Association

Name: _____

Address: _____

Phone: _____ Cell: _____

Email: _____

Membership type: Family (\$25) _____ Senior 55+/Single (\$20) _____

Payment type: Cash _____ Cheque _____

(payable to Glenbrook Community Association)

Volunteer – we are always looking for volunteers to help with various events within the community.

Volunteer opportunities include the following - Skating events, skating rink maintenance, Family Fun days, Community cleanup day, sports events, Casinos, etc.

Contact for Volunteer canvas: Yes _____ No _____

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

RIGHTWAY PLUMBING AND HEATING: Has been happily serving the Glenbrook area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

PLUMBING PARAMEDICS: Your community plumbing experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and heating repairs. BBB accredited. Call today to experience our world class service! 403-452-2911. Ask about our seniors' discount.

NEED A HOUSE OR PET SITTER? Enjoy peace of mind knowing your house and/or pet is in good hands while you are away. Reliable adult experienced with dogs and cats. Regular house checks vary depending on your needs. References available. Phone / Text: 403-863-9146 Email: cb.1@live.ca.

JEFFREY ELECTRIC: Friendly professional electrical service for your next residential project, large or small. City Qualified Trade, Master Electrician, insured, licensed, certified, bonded. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Sub-panels, aluminum rewiring, custom kitchens and basements. Free estimates. www.cjelectric.com or call Clayton at 403-970-5441.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of indoor air quality and medical grade duct cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty-free business. Clinicair supplies you with the latest technology and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

MUELLER BROTHERS CONTRACTING: Free estimates on all projects! Journeyman carpenter with 30 years' experience. Fully licensed, insured and bonded, for your protection. Renovation, development, fences, decks, we do it all. All work done to Alberta building code. Call Tim for information. 403-560-8169/ muellerbrothers.ca.

EYELASH EXTENSIONS & CUSTOM SPRAY TANS: Beauty by Stefania. Come get glam with me for the holiday season! Classic eyelash extensions. Full set \$70, fill \$40 and custom organic tans \$35. Located in Glenbrook. Text 778-875-3108 to book.





Buy one chocolate bar, get one free*!

Redeem this coupon at any Calgary **Chocolaterie Bernard Callebaut®** location for 1 complimentary 56g solid chocolate bar when one is purchased.

No cash value. Limit one per customer. Cannot be combined with other offers. This coupon must be redeemed by Dec. 24, 2017

 *Chocolaterie Bernard Callebaut®*

11 Calgary locations with delicious, sustainable, couverture chocolate stocking stuffer treats!

www.CococoChocolatiers.com www.bernardcallebaut.com



**DEC
28**
6:30PM - 8:00PM

GLENBROOK HOLIDAY

**SKATE
PARTY**

GLENBROOK RINK

PLEASE JOIN US FOR SKATING, SNACKS AND GAMES! FREE HOT CHOCOLATE AND POPCORN. NO SKATES, NO PROBLEM! FREE SKATES AND HELMETS AVAILABLE FOR EVERYONE TO BORROW



Ornamental
landscape maintainers

Full Service Landscape Company specializing in:

- Tree pruning
- Shaping
- Trimming
- Tree removal
- Tree Health Assessments



Don MacDonald, Arborist
Over 45 years' experience



*One of Calgary's most respected professional Arborists & Journeyman Landscape Gardeners
Graduated of Horticulture - Dalhousie University*

Onsite ISA Certified Arborists at every job
TOP QUALITY EXPERT SERVICE

403-273-7957 | 403-371-7847
www.ornamentallandscape.ca



COMMUNITY SOCCER


Integrated Technical Programs with Premier Academy of Soccer Skills (PASS) Ltd.

OUTDOOR REGISTRATION
Begins January 1, 2018
Register online

LOCAL FIELDS:
Killarney Pool, Killarney Dry Pond, Turtle Hill, Richmond Field

Offering U6, U8, U10SWL outdoor programs

✉ info@triwestsoccer.com
🌐 www.triwestsoccer.com



MAKE THE MOVE OF A LIFETIME

Find comfort and community at Westview by Silvera in Glamorgan.

- Homey suites
- Delicious meals
- Active programs
- Housekeeping
- Rent incentives

BOOK A TOUR!

We're ready to help.
403.567.5301
placement@silvera.ca
silvera.ca

Silvera
FOR SENIORS


KEN RIGEL GROUP

PROFESSIONAL REAL ESTATE MARKETING

FREE HOME EVALUATION

CALL, TEXT, OR EMAIL

 **403-835-6338**

 ken@krgroup.ca

 www.krgroup.ca



Benchmark
INDEPENDENTLY OWNED AND OPERATED

**#1 LISTING REALTOR IN
GLENBROOK/GLENDALE
TOP 1% OF CALGARY REALTORS**

Check out our
newest preferred
partner!



**EXCLUSIVE
OFFER**

360 Fitness is launching their Kickstart program for the first time in Calgary and **WE WANT YOU TO BE THE FIRST** to capitalize on the opportunity! Head into the 360 Fitness studio with this ad and you'll receive the **Personal Training Kickstart program which includes an Initial Assessment and 3 private training sessions, for \$67!** No strings, no commitments, just results.

Call us at **403-685-3132** or email calgary@360fitness.ca
to book your Assessment today!