

glenbrook family chiropractic

Pain free living your goal, our mission

DIRECT BILLING AVAILABLE

587. 864.8737 glenbrookfamilychiro.com

M-F 1pm to 6pm 208 Unit, 3715 51 St. SW, Calgary, Alberta T3E 6V2

REJOICE. LIFE'S SMALL VICTORIES.

If you're without employer-sponsored benefits, we have a plan that fits your needs and your budget—so you can spend time enjoying the little things.



1-800-AB-CROSS | ab.bluecross.ca

[®]*The Blue Cross symbol and name are registered marks of the Canadian Association of Blue Cross Plans, an association of independent Blue Cross plans. Licensed to ABC Benefits Corporation for use in operating the Alberta Blue Cross Plan.[®] Blue Shield is a registered trade-mark of the Blue Cross Blue Shield Association. PIP-8021 2019/04

CONTENTS

- 7 GLENBROOK COMMUNITY CLEAN UP
- 8 PRESIDENT'S MESSAGE
- 9 GLENBROOK MAY CLUBS & EVENTS
- 10 MY BABYSITTER LIST
- 11 A SUMMARY OF ASSESSING THE IMPACT OF AIRCRAFT NOISE IN THE VICINITY OF MAJOR CANADIAN AIRPORTS
- 12 CALGARY PADEL CLUB IN GLENBROOK
- 13 RESIDENT PERSPECTIVES: STRAIGHT FROM THE UNICORN'S MOUTH
- 15 COUNCILLOR JEFF DAVISON'S REPORT
- 15 MP RON LIEPERT'S REPORT
- 16 RESIDENT PERSPECTIVES: COEXISTING WITH BOBCATS
- 17 BUSINESS CLASSIFIEDS











Disclaimer: The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Media and the Glenbrook Community and/ or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Glenbrook Community and/or Residents' Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services. Glenbrook Globe - Designed, manufactured, and delivered monthly to 4,400 Households by:

GREAT NEWS MEDIA



Vanessa Gillard Alexa Takayama news@greatnewsmedia.ca

Design | Graphics

Rosemarie Bartschak Joanne Bergen Marina Litvak Freddy Meynard Carolina Tatar

Advertising Sales

Sam Brown Susan Lavoie Kay Petryk sales@greatnewsmedia.ca | 403 720 0762

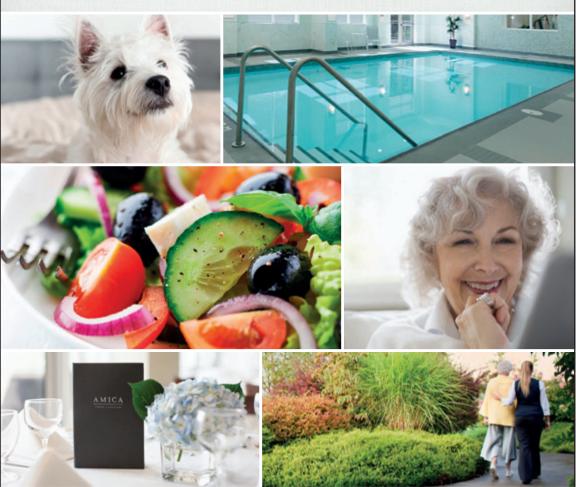
5 Excellent Reasons to Advertise in Community Newsletter Magazines

- **1. Top of Mind Brand Awareness:** Consistent advertising leads to increased sales. Companies maintain and gain market share when community residents are consistently reminded of their brands.
- 2. Payback: Community residents trust, and call businesses that advertise in their community magazines.
- 3. High Readership: 68% female | Even distribution of Millennial, Gen X, and Baby Boomer readers
- **4. Cost Effective:** With advertising rates as low as \$0.01 cent per household, advertising in our community magazines is incredibly affordable.
- **5. Geofence Your Audience:** Manage your budget, optimize your returns and target your audience by specific community magazines.

Nearby Community Newsletter Magazines:



THIS IS SENIOR LIVING IN CALGARY



When you're ready, let us get to know you. Together we can create a personalized senior living experience to support your unique needs, even as those needs change.

PRIVATE TOURS AVAILABLE | AMICA.CA



Glenbrook Community Association Board of Directors/Contact List

Glenbrook.Community@shaw.ca • (403) 249-6664

| President | Murray Ost | Glenbrook.president@shaw.ca |
|---------------------|---------------------|--|
| Vice-President | Nicole Schroeder | Glenbrook.vicepresident@shaw.ca |
| Past-President | Ken Weaving | Glenbrook.community@shaw.ca |
| Secretary | Haley Bent | Glenbrook.secretary@shaw.ca |
| Treasurer | Kerry McGuire | Glenbrook.treasurer@shaw.ca |
| Hall Rentals | Shirley Barge | (403) 249-6664 (403) 242-4821 Glenbrook.hall.rentals@shaw.ca |
| Memberships | Mary Kuipers-Morris | Glenbrook.community@shaw.ca |
| Newsletter Editor | Noel Harper | Glenbrook.globe@shaw.ca |
| Rink Coordinator | Darren Morrison | (403) 862-9386 |
| Outdoor Programming | Bill Stamile | Glenbrook.programs@shaw.ca |

Hall Rentals

- Monday to Thursday Daytime (07:00 to 17:00) \$25/hour
- Monday to Thursday Evening (17:00 to 22:00) \$30/hour/minimum 3 hours
- Friday, Saturday, Sunday (10:00 to 02:00) \$350/day (Community resident member \$300/day)

GCA Meetings

• Wedding Package Friday 18:00 to Sunday 12 noon \$700 Includes use of Boardroom and upstairs.

Security Deposit \$500.00 per rental, returnable after 7 days passed the event

Boardroom Monday to Thursday - \$75 (18:00 to 22:00)

Sport Shack

- Sunday to Saturday (08:00 to 22:00) \$25/hour/min. 2 hours
- Storage Lockers(rooms) \$75 to \$95/month. For sport equipment use by sport groups only.

Did you know that **anyone** can come to the Glenbrook Community Association meetings? They aren't just for board members. Everyone in the community has a voice and we'd love to hear it.

Meetings are held the first Thursday of every month from September to June at the Community Hall (3524 45 St. SW) from 7-9pm.

Upcoming Glenbrook Community Meetings

Held on the first Thursday of each month at 7 pm: May 2, 2019 • June 6, 2019



GLENBROOK COMMUNITY CLEAN UP

May 11th | 9:00 to 2:00 3524-45 Street SW, Parking Lot

Glenbrook Community Memberships available. **\$25** for family and **\$20** for single or senior. Your memberships help support programs like these. Including this year: -Metal Recycling -Electronic Recycling -Document Shredding -Organics -Domestic Garbage

> UNABLE to take: -Fridges/Freezers -Tires -Chemicals -Paints -Propane Tanks

Glamorgan clean-up date is September 21st - free for Glenbrook residents.



GLENBROOK COMMUNITY ASSOCIATION 3524-45 Street SW, Calgary, AB T3E 3V2 403 249 6664 | glenbrook.community@shaw.ca Hello Glenbrook,

Spring has finally taken hold, and with that, our programs for the summer are on the horizon. Our Safe Glenbrook and Strong Glenbrook workshops, held over the last two months, were well attended, and we do have plans for more workshops, with additional topics including child safety and business safety, in the future.

Stay tuned to the Globe for details of Glenbrook's Canada Day celebration, on (of course) July 1st. Details will be included in the June edition of the newsletter. For now, we can tell you that we are planning a fun day, with lots of activities and food, for the whole family. I am looking forward to seeing you all there.

As always, please continue to observe the playground zones, which are in effect until 9:30 each night.

You can always reach me by email at glenbrook.president@shaw.ca, or by phone at 403-616-4644.

Take care,

Murray Ost, President



Glenbrook Community Partnership Award

The highest award available for groups or organizations to recognize outstanding contribution to Glenbrook, awarded in exceptional circumstances.

Points to be considered in nomination: - General attitude and overall demeanor - Dedication to the objectives of the association

Commitment to community stewardship
 Valued leadership & good role modeling

Nominations now being accepted until May 20th, 2019.

Nomination forms available at the Glenbrook Community Association, or by request to glenbrook.community@shaw.ca

GLENBROOK COMMUNITY MEMBERSHIP

Glenbrook Hall: 3524 – 45 Street SW, Calgary, AB T3E 3V2 Glenbrook.Community@shaw.ca • 403- 249-6664

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

1. Become a member – when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.

2. Become a volunteer – Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

Membership forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed to 3524-45 St SW, Calgary, AB T3E 3V2 or purchased at community events.

.....

September 1, 2018 to August 31, 2019

Membership fees: \$25 per family (includes any family member living at same address) or \$20 for Senior (65 years and older) or individual. Please make cheques payable to: Glenbrook Community Association

Name: Address: Phone: Cell:

| Email: | | | | | |
|--------|------|------|------|------|--|
| | | | | | |

Membership type: Eqmily (\$25)

| Senior 55+/Single (| (\$20) |
|---------------------|--------|

Payment type: Cash Cheque

(payable to Glenbrook Community Association)

Volunteer – we are always looking for volunteers to help with various events within the community. Volunteer opportunities include the following – Skating events, skating rink maintenance, Family Fun days, Community cleanup day, sports events, Casinos, etc.

Contact for Volunteer canvas: Yes

No.....

Glenbrook May Clubs & Events

Knitting Club

Evening Group

May 21st at 7:00 PM Call Ruth W. at 403 903 0250

Afternoon Group

June 6th at 1:00 PM Call Ruth W. at 403 903 0250

Book Club

May 22nd at 7:00 PM *Born a Crime* by Trevor Noah Call Grace at 403 242 4719

Glenbrook Annual Plant Share

With April now upon us, we are eager to start cleaning up our yards for gardens. Give your perennials a chance to show themselves, and bring the extras, or divided pieces, to our plant share. Raspberries, strawberries, rhubarb, small bushes, perennials, seedlings, bulbs, herbs, and more are all welcome. No invasive (rapidly spreading) plants please. Label all entries as well. A chance to ask gardening questions to very experienced gardeners. Enjoy a cup of coffee and visit with your neighbours.

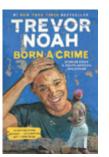
At Glenbrook Greenthumbs, corner of 30th Ave. and 51st St. SW

Saturday, May 11th, 9:30 to 11:30 AM

Annual Garden Tour and Rhubarb Tea

On Good Neighbour Day, this year falling on Saturday, June 15th, join us at Glenbrook

Greenthumbs, on the corner of 30th Ave. and 51st St. SW, at 9:30 AM. The walk is approximately 1 ½ km. We will tour some gardens on Grant Crescent, and then return to the community gardens for a rhubarb tea. This will include rhubarb punch, tea, and delicious baking. This will commence at 11:00 AM. Look at the gardens, enjoy the sunshine, and chat with your neighbours on this Good Neighbour Day.



THE KARAT PATCH

JEWELLERS

STORE CLOSING SALE On Now!

20% - 60% OFF

After 24 years... Everything must go!!! Stock, showcases, displays.

Ph. 403-242-6767

www.karatpatch.ca info@karatpatch.ca

#100 5253 Richmond Rd. SW east off Sarcee Tr and Richmond Rd. Located across the lot from London Drugs

www.kilbco.com



Brad Kilb 403.875.8463



| Name | Age | Contact | Course |
|-----------|-----|--------------|--------|
| Alison | 17 | 403-244-2154 | Yes |
| Emmanuela | 13 | 587-500-2103 | Yes |
| Faith | 17 | 403-618-6040 | Yes |
| Hassnaa | 34 | 403-606-4024 | Yes |
| Janet | 14 | 403-234-9036 | Yes |
| Katy | 24 | 587-891-4260 | Yes |
| Kenzie | 14 | 403-998-2162 | Yes |
| Lily | 12 | 403-999-3672 | Yes |
| Sara | 13 | 403-608-3330 | Yes |

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS Visit mybabysitter.ca and find available babysitters in

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



Glenbrook Lifetime Member Award

Awarded to individuals who have demonstrated significant, sustained, and high-quality service to the Glenbrook Community Association, leaving a noteworthy legacy.

Points to be considered in nomination: - General attitude and overall demeanor - Dedication to the objectives of the association

Commitment to community stewardship
 Valued leadership & good role modeling

Nominations now being accepted until May 20th, 2019.

Nomination forms available at the Glenbrook Community Association, or by request to glenbrook.community@shaw.ca

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication Contact news@great-news.ca

- Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ✦ Forty word limit

ACOUSTIC MUSIC NEIGHBORHOOD JAM: Come on out to a circle jam if you play guitar, mandolin, banjo, fiddle, or bass. Bring your favorite gospel, folk, bluegrass, country songs, or a song you've written yourself. Dates set by interested participants. More info: beabrightlight@yahoo.ca.

GAMES SUDOKU

| | 1 | | 2 | | | | | |
|---|---|---|---|---|---|---|---|---|
| 3 | | 6 | | | | 2 | | |
| 4 | | | | | 8 | 5 | 6 | 7 |
| 8 | | | | 7 | 9 | 1 | 2 | |
| | | 2 | | | | 3 | | |
| | 7 | 1 | 3 | 6 | | | | 9 |
| 9 | 8 | 7 | 4 | | | | | 1 |
| | | 3 | | | | 7 | | 2 |
| | | | | | 7 | | 3 | |

FIND SOLUTION ON PAGE 17



A Summary of Assessing the Impact of Aircraft Noise in the Vicinity of Major Canadian Airports

This report, tabled by the TRAN Committee in Parliament on March 19th, 2019, takes a strong stance in support of communities affected by aircraft noise. The Canadian aeronautics industry is criticized for its culture of secrecy, absence of transparency and the outdatedness of its data. Of particular importance are the 16 recommendations which propose a sweeping change to how aircraft noise is dealt with in Canada.

With regard to noise exposure and tolerance, the TRAN Committee found that Canada lags far behind other countries in studying aviation noise and its effect on human health. Experts told the committee that Canada's Noise Exposure Forecast (NEF) does not reflect the latest scientific evidence on how human beings perceive and tolerate noise. Bob Sartor, the President of the Calgary Airport Authority, indicated that Calgary airport's noise exposure forecast model has not "moved" since 1972, despite greater densification around the airport. One study cited in the report concluded that there is sufficient scientific evidence of a relationship between exposure to aircraft noise and five areas of human health and wellbeing: community annoyance, sleep disturbance/ awakening, hypertension, cognitive and academic performance of children, and speech and communication interference. A World Health Organization's (WHO) study also concluded that there is high-quality evidence of a link between aircraft noise and annoyance, which affects quality of life and is also a factor contributing to a wide variety of health outcomes.

The report contains 16 recommendations. Recommendation #6 affects West Calgary and requests that Transport Canada and Nav Canada study the implications of shifting the west approach to outside of the western boundaries of the city. This reroute of the extremely busy Sarcee Corridor, which impacts our communities, could do much to improve our health and the quality of our lives. However, there are other very busy east-west routes above us which continue to impact communities with noise. Our issue has always been the convergence/ intersection of concentrated flight paths (both arrivals and departures) above Ward 6/the riding of Calgary Signal Hill.

Other important recommendations include: rotating the use of runways, modernization of outdated noise metrics, the introduction of evidence-based noise mitigation measures, the implementation of WHO noise standards, the creation of an independent Aircraft Noise Ombudsperson, the support of research on the impact of aircraft noise-related annoyance on human health, a night flight policy review, and the installation of noise reducing equipment on aircraft as soon as possible.

Whether any of the recommendations come to fruition remains to be seen. Historically, aviation organizations have been slow to implement change and update their processes, but change is long overdue. We look forward to Ron Liepert, our M.P. and a member of the TRAN Committee which produced this report, following through on these recommendations and ensuring their implementation.

A copy of this report can be found at www.ourcommons.ca/Committees/en/TRAN. All questions and concerns should be directed to Ron Liepert: ron.liepert@ parl.gc.ca, 403-292-6666.

Submitted by West Calgary Air Traffic Concerns Committee www.wcatc.ca @info_wcatc



Calgary Padel Club in Glenbrook COURTS NOW OPEN



Try A New Sport – Get In Shape – Have Fun

For Information on Programming, Clinics, and Club Events Please Contact info@calgarypadel.ca

RESIDENT PERSPECTIVES



by Alexa Takayama

This month, I decided to look at unicorns because they just feel spring-y. My research taught me two things: unicorns are one of the oldest depicted mythological creatures, and Europeans liked to write descriptions of rhinoceroses, but no one ever bothered to draw pictures to go with them. Which makes the journey of how we got from rhinoceros to glittering white, horned horses a bit of a disjointed mess. I'll do my best.

Let's get some unicorn basics out of the way: as we understand them today, unicorns are white horse-like creatures with a long, pointed horn protruding from their foreheads, sometimes with cloven hooves or a lion-like tail. Unicorns are untameable, strong, proud and haughty, and would rather die than be captured. They can only be calmed and captured by a virgin. Their horns are made out of a substance called alicorn which is believed to have magical medicinal properties, such as being able to nullify poisons and cure diseases. Some "official" measurements state a unicorn's horn is between 1 cubit and 1.5 cubits (roughly 50 to 70 cm). You know unicorns are old when we're measuring things in cubits!

We also need to talk about the monoceros, which was a creature that was conceptually related to the unicorn but was not a unicorn. At the same time, the term monoceros was used interchangeably with the term unicorn. (Which doesn't complicate things at all.) And like the unicorn, a lot of descriptions of them seem to bear a closer resemblance to rhinoceroses.

Let's talk about some of those descriptions, shall we? The oldest recorded writing describing a unicorn was in Indica, written by Greek physician and historian Ctesias the Cnidian. He described them like "wild asses" (probably specifically the onegar, an Asiatic animal closely resembling a donkey) with a horn that is red, white, and black. In his book, Natural History, Pliny the Elder described a monoceros having the head of a stag, body like a horse's, the feet of an elephant, and the tail of a boar. He also said it made a deep bellowing noise and has a black horn. There is record that Marco Polo claimed to have seen a unicorn, saying they are smaller than elephants with heads like a wild boar, feet like an elephant's, rough hair like a buffalo, and a big black horn. He described them wallowing in mud and called them ugly. (Rude.) He also expressed disappointment that they were nothing like the way Europeans imagined them.

Every instance just seems to me as someone trying to describe a rhinoceros, but after the world's oldest game of telephone, we somehow ended up with our modern rendition of the unicorn.

But let's not forget about the virgins! What's up with that? Well, in the Middle Ages and the Renaissance, a book called Physiologus had an elaborate allegory about a unicorn, which represented the Incarnation of Christ, laying its head on the lap of a maiden, which represented the Virgin Mary. It seems from here that the idea that a unicorn can only be captured by a virgin originates from. From there, there have been many pieces of both religious and secular art showing the hunt of the unicorn. It is sometimes depicted wearing a collar with a broken chain. The unicorn is very popular in heraldry as well.

Now you have a brief overview of unicorns. There's a lot I didn't get to cover, so stay tuned for next month's article where I'll talk specifically about the unicorn's horn.

1 and 2 BEDROOM SUITES NOW AVAILABLE but Don't Wait, Call Today!



How do you want to live?

INDEPENDENT ASSISTED LIVING MEMORY CARE

- Flexible meal plansDaily activities
- Exercise and wellness programs
 - 24 hour onsite care teams



www.themanorvillage.com





Other Calgary Manor Village Life Center locations: Varsity • Huntington Hills • Rocky Ridge • Fish Creek Park (opening July 2018) • Currie Green (under development)



Councillor, Ward 6 Jeff Davison

Bookings: Kathy Morgan, Executive Assistant ✓ eaward6@calgary.ca; Constituency Concerns: Suzy Trottier, Constituency Liaison ✓ caward6@ calgary.ca ✓ 403-268-1035; Development Permit Information: Frano Cavar, Communications and Policy Liaison ✓ ward06@calgary.ca ✓ 403-268-1380

Hello, Ward 6!

Development planned in your neighbourhood online

Whether it's a new single-family home or a large new development, there's always a new development happening in our city. Now, you can find out about the changes taking place in your community in one easy place.

While The City is ending some newspaper listings that notify development changes, visiting www.calgary.ca/pdmap will show you a great interactive map with all the planned development applications that are currently being considered by The City of Calgary. After May 16th, Development Permits will no longer be published in newspapers.

Ward 6 Open House

Save the date! On May 23rd, from 6:30-8:30 PM I will be hosting our annual Ward 6 Open House at the Glendale Community Association Hall (4500 25 Ave SW).

Ward 6 Office Staff and I will be on hand to address any questions or concerns that you may have. Other attendees include representatives from Calgary Transportation, Parks, Neighbourhoods, and the Calgary Police Service. We look forward to seeing you!

Street Sweeping is happening in your community!

The City sweeps material left behind from winter operations on over 16,000 lane kilometres of paved roads, and getting the work done is a collaborative effort. We would like to thank Calgarians for their help in moving their cars from the street and their blue, black and green carts on to the curb when sweeping is scheduled.

For more information, visit calgary.ca/sweep.

Get Ready for Neighbour Day!

This year, Calgary will celebrate its sixth annual Neighbour Day on June 15, and anyone can plan an event! Reach out to your neighbours and host a block party on your street, share a picnic potluck or afternoon tea in the park, or hold a street chalk drawing competition. Also, check with your Community Association to see if they are hosting a Neighbour Day event! Whatever you do, be sure to invite The Mayor, me, the Calgary Fire Department and Calgary Police Service—we'd love to join you!

For more information, visit calgary.ca/neighbourday or call 3-1-1



MP Calgary Signal Hill Ron Liepert #2216, 8561 8A Avenue SW Calgary, Alberta T3H 0V5 S 403-292-6666 1 403-292-6670 ➤ ron.liepert.C1A@parl.gc.ca

Canadians have now had six weeks to digest the federal budget introduced on March 19th, 2019, and many constituents are asking what did we get for all the extra spending and a fourth consecutive deficit of close to 20 billion dollars.

Revenue has increased significantly but rather than lower the deficit or keep the Prime Minister's 2015 election promise to balance the budget in 2019, the government is proposing to spend the extra money. Small business, already under the pressure of a higher minimum wage and a carbon tax, received nothing in the way of tax relief. Canada's working middle class was to be the focus of the government's initiatives but instead have been shut out of any benefits from the government increasing the deficit.

The government had also hoped the budget would change take away from the SNC Lavalin situation, however, that has not been the case. The budget, which traditionally is the highlight of the government's legislative agenda, was barely noticed while all the attention continued to be on the ongoing scandals of the Liberal caucus members. The government is in chaos and Canadians are recognizing this as the Prime Minister's personal popularity at 40% trails Stephen Harper's 47% approval rating in April 2015 at the time when Canadians were heading into the election, which the Conservatives lost. This summer will likely see a slew of government announcements designed to bolster the current government's popularity as we approach this fall's vote. Albertans will not be wise to not be bought with their own tax dollars and we can only hope Canadians elsewhere in the country won't either.

Please feel free to contact our office if you have any questions – ron.liepert@parl.gc.ca or 403 299-6666.



Coexisting with Bobcats

With a bobbed tail, Bobcats are small compared to other wild cats. They weigh in around 20lbs. Their front striped legs meet large webbed paws. Whiskers cross a black barred snout with signature black ear tufts. They are strict carnivores hunting small mammals, insects and birds. Little evidence suggests they eat substantial amounts of domestic pets.

If you do not want Bobcats around your property, eliminate shelter options. Areas under your deck or shed provide a good hiding place for Bobcats and prey, remove access to the attractive accommodation. Brush or piles of rubbish encourage small mammal presence inviting predators in for a meal. Feed your pets indoors and remove bird feeders. However, some welcome the guests.

Bobcats are crepuscular, meaning active at twilight. This behaviour changes seasonally with prey activity increasing in colder months to the day. In urban environments Bobcats often lean towards a nocturnal lifestyle to avoid human interaction.

Bobcats have an average territory ranging up to 5 km². Territorial size fluctuates among individuals depending on prey abundance, mates and denning habitat. Home

ranges are also influenced by population densities with smaller territories where there are more Bobcats.

Given their wide range and localized healthy populations, they are not endangered, however they are extirpated, or locally extinct, in many areas across North America. Trapping has led to their disappearance. Here in Alberta, it is prohibited to rehabilitate orphaned or injured bobcats, Fish and Wildlife leave orphaned kittens to starve to death allowing "nature to take its course" with the mother-dependent milk-drinking mammals rarely orphaned from natural circumstances. Bobcats are successfully rehabilitated and released in other jurisdictions.

We are so fortunate to share our community with Bobcats. They have chosen to coexist with us. Bobcats benefit our urban environment bringing balance to our partially paved ecosystem.

Lisa Dahlseide is a Conservation Biologist living in Bowness whose focus is on Wildlife Biology. She volunteers at the Cochrane Ecological Institute as the Director of Education teaching about the importance of Wildlife Rehabilitation and Release and she works for the Weaselhead/Glenmore Park Preservation Society teaching environmental education programs and monitoring the impacts of the SW Calgary Ring Road on wildlife and water.

BUSINESS CLASSIFIEDS For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

PLUMBING PARAMEDICS: Your community plumbing experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and heating repairs. BBB accredited. Call today to experience our world class service! 403-452-2911. Ask about our seniors' discount.

BASEMENT WINDOWS R-US: New or larger window openings – includes complete install. Digging, concrete cutting, material/dirt hauled away. Call 403-201-0317 or Cell 403-660-0612.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

LANDSCAPE CONSTRUCTION: Stone patios, rock walls, synthetic lawns, raised beds, decks and fences, lighting. Sod installation, rocks. mulches, shrubs, xeriscaping. Member of BBB. Licensed. Insured. Seniors' discount. Call 403-265-4769. YardBustersLandscaping.com.

YARD CARE & LANDSCAPING: Weekly mowing \$36, power-rake \$130, aeration \$70, window cleaning or gutter cleaning \$99, pressure washing starting at \$99, rope light installation. Conditions apply. BBB member. 4.1 Google star rating. Call 403-265-4769. YardBustersLandscaping.com.

JEFFREY ELECTRIC: Friendly professional electrical service for your next residential project, large or small. City Qualified Trade, Master Electrician, insured, licensed, certified, bonded. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Sub-panels, aluminum rewiring, custom kitchens and basements. Free estimates. www.cejelectric. com or call Clayton at 403-970-5441.

LEESIDE PAINTING GLENBROOK: 25 years of experience in residential and commercial, interior, exterior. Contact Ken @ 403-437-3873 for free estimates.

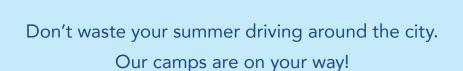
THE GUTTER DOCTOR! Eavestrough repairs, cleaning, and replacements. Fascia, soffit, cladding, roofs, and siding. For over 15 years and 20,000 projects we have done the job right – and it's always guaranteed! Full liability insurance and WCB. A+ rated BBB member. Calgary's top award winner! www.gutterdoctor.ca, 403-714-0711.

MICASA ROOFING & GENERAL SERVICES: Helping you with all your roofing needs. Leak detection, reroofing, gutter cleaning, blown off shingles, flashing replacement. 10 years' experience in Calgary. Call David for a free estimate at 403-618-4562.

SUPPORTIVE SENIORS LIVING AT WESTVIEW IN GLAMORGAN: By Silvera for Seniors. Feel welcome in this vibrant community in southwest Calgary. Enjoy delicious meals. Participate in healthy active aging programs. Choose from studio and one- and two-bedroom suites. Renovations are adding a learning centre, hobby lounge, horticultural area and fitness room. Call 403-567-5301 today! silvera.ca

DDVIN

| Ġ | | <u>5</u> L | JL | |)K | | | |
|---|---|------------|----|---|----|---|---|---|
| 7 | 1 | 8 | 2 | 5 | 6 | 9 | 4 | 3 |
| 3 | 5 | 6 | 7 | 9 | 4 | 2 | 1 | 8 |
| 4 | 2 | 9 | 1 | 3 | 8 | 5 | 6 | 7 |
| 8 | 3 | 4 | 5 | 7 | 9 | 1 | 2 | 6 |
| 6 | 9 | 2 | 8 | 4 | 1 | 3 | 7 | 5 |
| 5 | 7 | 1 | 3 | 6 | 2 | 4 | 8 | 9 |
| 9 | 8 | 7 | 4 | 2 | 3 | 6 | 5 | 1 |
| 1 | 4 | 3 | 6 | 8 | 5 | 7 | 9 | 2 |
| 2 | 6 | 5 | 9 | 1 | 7 | 8 | 3 | 4 |



One- and two-week full-day summer camps for children ages five to 14

- Free before- and after-camp care
- From science to sports, technology to the arts, we have camps for every interest

Register today! MRUKids.ca



$\frac{9}{5} \text{ vecova} \xrightarrow{52}{5}$

Vecova's Bottle Pick-Up Service will bring your bottles to our depot.

Together, we create a social impact by employing persons with disabilities in an inclusive work force.

- 1. Sign-up: Create a free account online.
- 2. Set-up: We drop off your collection supplies.
- 3. Pick-up: We pick up your bottles.
- 4. Tax receipt: You receive an annual tax receipt.

It's free, it's simple, sign up today! recyclewithvecova.ca

3304 33 Street NW, Calgary AB | vecova.ca | (403) 284-1121

READY TO INCREASE YOUR CURB APPEAL?

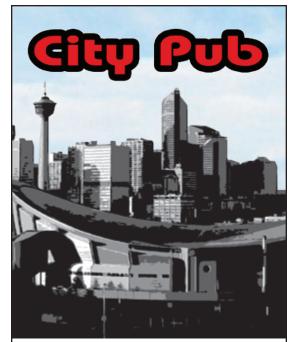
Need a border between your grass and existing garden? Thinking of creating a new garden? Kilbco can help.

With a variety of colors, stamps and profiles, our steel cable enforced landscape curbing is a cost effective and a practical solution for residential and commercial properties.

> Curbing will beautify your landscape and add value to your property

CONCRETE CURBING

Free Estimates www.kilbco.com | 403-875-8463



6 VLTs, Pool Table Pinball

403.242.0468 2835 37 ST SW

Hours of Operation 10 am to 2 am daily kitchen is open until 1 am every day

Present this coupon at City Pub to receive

Corona

Extra

Burger & Fries

95

Expires June 30, 2019

Dine In Only

Corona with



KEN RIGEL

GROUP

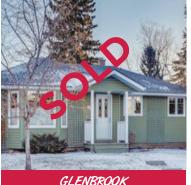
MOVE UP TO ANY ONE OF OUR LISTINGS AND WE'LL BUY YOUR HOME.

Visit rigelguaranteedsale.com or call 403.207.1748 for a GUARANTEED Offer on Your Home

www.krgroup.ca | www.rigelguaranteedsale.com

#1 SELLING REAL ESTATE TEAM IN GLENBROOK/GLENDALE!







WE HAVE BUYERS!

OVER 1000 BUYERS ARE CURRENTLY IN OUR DATABASE LOOKING FOR HOMES... YOURS MAY ALREADY BE SOLD!

WHAT'S YOUR **HOME WORTH?**

FOR A FREE, NO OBLIGATION HOME EVALUATION CALL 403 207 1748, OR GO TO WWW.CALGARYWESTSIDEHOMEVALUES.CA

9 STEPS TO SOLD FOR TOP DOLLAR

Free info on 7 Costly Mistakes to Avoid Before Selling Your Home, and our 9 Steps to Sold, Fast and for Top Dollar!. Free recordded message 1.844.292.3159 ID#1000 or visit www.9stepstosold.ca



*Guarantee offered by Real Estate Professionals Inc. Conditions Apply.