

JUNE 2016

DELIVERED MONTHLY TO 2,800 HOUSEHOLDS

GLENDALÉ thumper

THE OFFICIAL GLENDALE & GLENDALE MEADOWS COMMUNITY NEWSLETTER

OUR GROWING COMMUNITY

GLENDALÉ COMMUNITY GARDEN LEADER
MARY LYNNE BRYAN PLAYS WITH
HER GRANDDAUGHTER, AMBER,
ON THE SITE PLANNED FOR PLANTING

Photo by Maddy Lines

FOR THAT NATURAL SMILE!



Avenida Denture Clinic

Provides custom denture solutions for Calgary and surrounding areas. Avenida is ready to help you find your smile again.

Visit us to find out why people are smiling at Avenida Denture Clinic.

Comfortable, Natural, Beautiful!

Thanks to Avenida Denture Clinic

**DENTURE OVER
IMPLANT OPTIONS
AVAILABLE!**

For More Information visit www.avenidadentureclinic.com

403.225.2991

OPEN HOURS:

Monday & Wednesday
8:30 AM - 4:30 PM

Tuesday & Thursday
8:30 AM - 6:00 PM

info@avenidadentureclinic.com

Avenida Village, suite 209, 12445 Lake Fraser Dr. S.E.
Peter J. Vettori D.D. and Tim Harnett D.D.

2ND LOCATION NOW OPEN!

Avenida Denture Clinic @ Glenbrook
206-3715 - 51st Street SW | Calgary, Alberta | T3E-6V2



Glendale Community Association

2405 Glenmount Dr. SW

403.242.2110 • www.myglendale.ca

CONTENTS

Message from the President 5

AGM 7

Community Garden
Taking Shape 8-9

Real Estate Update 10

Your Community Business
of the Month 11

NEWSLETTER AD SALES

GREATNEWS  **27** YEARS
PUBLISHING

Great News Publishing Ltd.

403.720.0762 | 403.263.3044

sales@great-news.ca | www.great-news.ca

Seamus Hunter gets in the swing of Spring at
Turtle Park. Photo by Maddy Lines



Glendale Community Association

2405 Glenmount Dr. SW
Information 403.242.2110

Glendale on the Internet:

www.myglendale.ca

facebook.com/GlendaleGlendaleMeadowsCommunityAssociation



Board of Directors & Community Contacts

GLENDAL GLENDAL MEADOWS BOARD OF DIRECTORS

President	Paul McCormick	403-240-4168	president@myglendale.ca
Past president	Jim Kelly	403-240-2958	kellyshouse@shaw.ca
Vice-president/Thumper editor	Chris Welner	403-796-6552	thumpereditor@yahoo.ca
Vice-president	Todd Lines	587-777-8484	tlines@telusplanet.net
Treasurer	Terry Craigmile	403-246-6218	tcraigmile@shaw.ca
Secretary/Hall rentals	Amanda Saigeon	403-242-2110	secretary@myglendale.ca
Civic Affairs	Grant McArthur	403-249-3319	stalders@shaw.ca
Social Events	VACANT		
Memberships	Mike Meredith	403-461-9555	membership@myglendale.ca
Member-At-Large	Veronika Duska	403-264-8220	vduska@andersonenergy.ca
Member-At-Large	Margaret Chandler	403-244-2211	mchandler@greenfuse.ca
Member-At-Large	Lee Dowd	403-999-7308	lleedowd@gmail.com
Member-At-Large	Madeleine Macdonald	403-249-2582	mc.warthe@gmail.com
Member-At-Large	Monika Smith	403-242-6162	smithpr1@telus.net

GGMCA COMMUNITY CONTACTS

Hall Rental	Amanda Saigeon	403-242-2110	secretary@myglendale.ca
Rental Rates	Weekends \$750/day or \$1,400/weekend		Weekdays \$50/hour, minimum 4 hours
Glendale Preschool	Jason Philipchuk		gcp.community@gmail.com
Girl Guides	Michele Harding	403-217-5447	michel.harding@shaw.ca
Scouting	Simon Evison	403-969-2892	simonevison@shaw.ca
Sports & Recreation	Ken Rogers	403-801-1602	kwrogers@telus.net
Building	Greg Smith	403-217-0551	
Website	Jenelle Inlow		info@myglendale.ca
Councillor	Richard Pootmans	403-268-1646	richard.pootmans@calgary.ca
Councillor's Assistant	McKensi Mills	403-519-6046	ward06@calgary.ca
Calgary Recreation	Hayley Saunders		Hayley.Saunders@calgary.ca

THE THUMPER

Chris Welner • Kent Klatchuk • Maddy Lines

Board Meetings

are held the second Wednesday of each month | **NEXT MEETING JUNE 8, 2016**

Annual Community Memberships \$35 Tennis Membership \$35

MESSAGE FROM THE PRESIDENT

By Paul McCormick

Hi everyone

It's been a great year in Glendale and I want to thank all the members of our community, particularly the board volunteers, for their commitment to making our neighbourhood awesome. The next big event for us is our Annual General Meeting on June 8 and we would love to see you all there.

This is the meeting where we get a great community turnout and you can hear about our plans for 2016-2017 and have your input on how you see our community developing.

The City of Calgary has identified Glendale as one of the neighbourhoods it is studying as part of its Mainstreets program. A stretch of 37th Street SW from Bow Trail south to below 26th Avenue SW has been identified for potential higher density, mixed-use development that could bring a new vibrancy to the east edge of Glendale. The Mainstreets program falls in line with development stretches around transit corridors such as our fantastic LRT line. Thanks to Jyde Heaven, from the City, for speaking to the board at our May meeting.

Ward 6 Councillor Richard Pootmans also attended the May meeting and updated us on progress around the Southwest Ring road. The project will include a new interchange at Sarcee Trail and Richmond Road. Another big change that Glendale residents will notice is that 45th Street will no longer have access to Glenmore Trail. The province has some cool Youtube videos that take you on a virtual flyover of the entire project. We have them posted on our website www.myglendale.ca for you to view.

There is going to be some earth moving down at the hall this summer. Work will be done to remedy drainage issues that are damaging the parking lot and hall. You will also see our new community garden being developed. We hope this can be a signature gathering place for everyone to come and enjoy.

I hope your spring is going great. Make sure to water your plants and trees because this is our third dry year in a row. You know it's going to be a strange weather year when daytime highs were almost colder in March than



Dumpster Day: Glendale 101 Scouts celebrate another trash filled community clean-up day this spring. Thanks for helping folks! Photo by Chris Welner

January and February remember the winter of 2013-14 what a difference an El Niño can make.

We are working with the city to improve communication with the City over development projects in our neighbourhood after we found out that a cell phone tower had been approved for near Optimist Park with no notice to the community. Nobody on the board was aware of "consultations" on this project held in 2014.

Congratulations to all the people who came out to enjoy Glendale's first Jane's Walk. Don't forget to keep July 9 open for another incredible Glendale Stampede Breakfast. And bring the kids and blankets to the hall on June 24 for our first movie night at the hall.

We would love to see you at all of our community building events. After all you do live in the best little town in the big city.

Bruce Miller
BSc, BSc Psych, CCS, CNE
EXECUTIVE PLATINUM AWARD

CIR REALTY.
B: 403.294.1500
F: 403.266.0941
C: 403.667.1441
www.bruceMiller.ca

#100 707 10 Ave SW Calgary, AB T2R 0B3
Long Term SW Inner City Resident

REALTOR MULTIPLE LISTING SERVICE CNE LEADING REAL ESTATE COMPANIES OF THE WORLD

News from the Preschool

By Jason Philipchuk

Mother's Day started off the month at the Glendale Community Preschool with a tea party and homemade gifts to celebrate all the moms. The children will soon have caterpillars in class to watch and interact with, until they build their cocoons and transform into butterflies.

Shortly after, the classes will release their beautiful pets to help pollinate the neighbourhood flowers. The Preschool Annual General Meeting will happen on the evening of Wednesday, May 18, where we may see a new executive board, or at least a mix of members new and seasoned. There are a healthy number of new parents prepared to get involved in keeping the program vibrant and engaging.

Stay tuned for next month's activities and the AGM highlights. Summer is almost here!

thumpereditor@yahoo.ca
**Editorial
Content
DEADLINE**
5th
of each month
for the next
month's
issue

the Gutter Doctor
Home Exteriors
Install/Repair/Clean
EAVESTROUGHS | DOWNSPOUTS
FASCIA | SOFFIT | ROOFING | SIDING
15,000 happy customers since 2003!
403-714-0711 gutterdoctor.ca




2016 Community Membership Application Form

Name _____

Address _____

Postal Code _____

Telephone _____

E-mail _____

- ☐ Annual Membership Rates: \$35 per family
- ☐ Annual Tennis membership: Add \$35 per family
- NEW! Paypal accepted at glendalecommunity.ca
- Membership period: Sept. 1 - Aug. 31
- Residents are welcome to join anytime in the year.

Yes, I want to help with:

- | | |
|--------------------------------------------|-----------------------------------------|
| Recreation/Sports <input type="checkbox"/> | Hockey Rink <input type="checkbox"/> |
| Social Functions <input type="checkbox"/> | Casino <input type="checkbox"/> |
| Administration <input type="checkbox"/> | Special Events <input type="checkbox"/> |
| The Thumper <input type="checkbox"/> | Other <input type="checkbox"/> |

Please enclose your cheque payable to:
Glendale Community Association
2405 Glenmount Drive S.W. T3E 4C1

For information, contact Mike Meredith
mikerameredith@gmail.com or 403.461-9555

Glendale/Glendale Meadows Community Association

Annual General Meeting

**Wednesday, June 8, 2016
7:00 pm at the GGMCA Hall**

All are welcome!



Refreshments will be served

Family Movie Night

**Friday, June 24, 2016
7:30 pm**

At the Glendale hall

**ATTENDANCE IS
FREE**



Candy and popcorn for sale



Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.



Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.



www.kilbco.com

CONCRETE SEALING

Kilbco offers concrete resealing to help protect and enhance the appearance of exposed aggregate, colored and stamped concrete patios, walkways and driveways. We take pride in using the best sealing products available which help repel salt and protect against UV rays. Please call Kilbco to maintain the value of your investment.

FREE ESTIMATES

SEALED



UNSEALED



KILBCO
CONCRETE CURBING

Locally Owned & Operated

Brad 403.875.8463 | Stephen 403.478.1737



Glendale walks for Jane

By Maddy Lines

The Glendale-Glendale Meadows community association organized its first Jane's Walk on May 7, an educational walk that highlighted the history of our neighbourhood's urban geography.

Board member Mike Meredith led the hour-long walk while community members helped colour the path with their stories. Half of the over 45 people in attendance were from outside of the area. Glendale's Jane's walk was one of 69 walks happening around the city. Our walk focused on neighbourhood history, although in other walks topics have ranged from community arts and culture history to health and wellness. The walk is set to occur again next year, and we hope you will join us to add your stories to the journey.



Jane's Walk: More than 40 people took part in Glendale's first Jane's Walk in May. Photos by Kent Klatchuk

your COMMUNITY business of the month

Kinetic Orthotics

Kinetic Orthotics focuses on collaborating with allied health care professionals to treat members of the community with orthopaedic and biomechanical dysfunction. Our mission is to educate and create awareness in the community by offering multi-disciplinary orthopaedic care in a positive environment that encourages personal growth and development.

Werner Lau, B.Sc. Kin, C.Ped. Tech (C), C.Ped (C), has been a practicing member of the orthopaedic allied health care profession since 2004. He developed a keen interest in lower extremity early in his career and became a Canadian Certified Pedorthist and Canadian Pedorthic Technician in 2009. As a member of both the Pedorthic Association of Canada and The College of Pedorthics of Canada, he continues to advance his variety of pedorthic skills including gait assessments, orthotic manufacturing, footwear modifications and high risk patient care.

Canadian Certified Pedorthists – C. Ped (C) – are foot orthotic and orthopaedic footwear experts. They are one of the few healthcare professionals trained in the assessment of lower limb anatomy and muscle and joint function. With specialized education and training in foot orthotics and footwear, Canadian Certified Pedorthists help to alleviate pain, abnormalities and debilitating conditions of the lower limbs and feet. Canadian Certified Pedorthists work with physicians, nurse practitioners and other healthcare providers.

- At Kinetic Orthotics, our goal is to help patients achieve and maintain proper foot care and lower limb health so they can live healthy, active lives and ensure that we are accountable to the highest standards of practice. As a certified pedorthist and pedorthic technician, Werner is trained in the manufacturing, fitting and modification of foot appliances and footwear to assist in:
- Alleviating painful or debilitating conditions of the lower limb, such as plantar Fasciitis, heel pain, forefoot and knee pain.

- Accommodation of foot deformities.
- Re-alignment of anatomical structures.
- Redistribution of external and internal forces.
- Improvement of balance.
- Control of biomechanical function.
- Accommodation of circulatory special requirements.
- Enhancement of the actions of limbs compromised as a result of accident, congenital deformity, neural condition, or disease.

As an added unique benefit for our patients, our in-house laboratory allows us to extend our services to on-the-spot adjustments and modifications of orthotics, footwear and custom bracing, allowing for a more comprehensive and efficient service to patients.

Located in the heart of Killarney, Werner has established strong connections with the local community businesses in the area and is honoured to be serving this vibrant community. Please drop by to check out the clinic and ask any questions. Kinetic Orthotics is located on the second floor of the Killarney Medical Building, in the same building as Caffè Francesco, Model Land, and 4Cats Arts Studio. You can also look us up on Facebook and like us to get information to help you enjoy every step your feet take you!

Feet trying to tell you something?



Foot problems can be a leading indicator of many health issues. **Kinetic Orthotics** can guide you to optimal foot and lower body health. Ask your doctor if Kinetic Orthotics is right for you.

NOW OFFERING PHYSIOTHERAPY



KINETICORTHOTICS
We'll help you get off on the right foot.

587-353-3883 ■ kineticorthotics.ca
f www.facebook.com/KineticOrthotics

Custom foot orthotics and total non-surgical foot care.
Now open at #201, 3425 - 26 Ave SW



IN & AROUND CALGARY

EMS: Backyard Play Safety

With summer approaching, Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children. Although direct supervision is the best method to reduce the chance of injury, ensure your play equipment in your yard is in good repair and is suitable for the age and skill of the children using it. Check play equipment often; replace or repair any worn or broken parts. Set up play equipment over top a nine inch layer of shock-absorbing material such as sand, wood chips, or pea gravel which extends six feet out in all directions from the play area.

Water hazards

- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water if it covers their mouth and nose;
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres (*) high and have a self-latching, self-closing, lockable gate. (*Alberta Building Code)

Lawn and garden tools

- Keep young children away from outdoor power equipment;
- Serious burns may result from touching hot engine surfaces;
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
- Consider destroying or relocating hives and nests situated near your home;
- To avoid injury through inadvertently stepping on a stinging insect always wear footwear outdoors;
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.



Calgary Community Standards River Safety Tips

Your safety and the safety of others should always be top of mind. Rafters, boaters and paddlers need to be aware of water levels, temperature, current speed, cloudy water conditions, and river hazards including bridge abutments, trees and other large debris in the water that can catch, trap or overturn vessels.

Being impaired while on the water is never tolerated, nor is the transport or consumption of alcohol.

Always be prepared

Your safety is your responsibility. All river passengers must wear a life jacket or personal floatation device (PFDs) on the water. Make sure it fits well and is fastened properly. All river vessels must also have a sounding device such as a whistle, and a buoyant heaving line (throw-bag) no less than 15 metres long.

Always tell someone where you are going and when you expect to return. Arrange drop off and pick up points before you enter on the river. Leave emergency contact phone numbers with someone who can report that you are overdue.

Be aware of river conditions

Although our City rivers may appear calm in some areas, this isn't always the case. The City has tools and resources available to help Calgarians check river conditions before you begin your trip. If river flows are high, especially after a major rainfall, postpone your trip until the flows have returned to safer levels. Keep in mind that flows can change quickly.

Visit calgary.ca/floodinfo for the latest information including flood advisories. You can also subscribe to our weekly newsletter and download the Alberta Rivers: Data and Advisories mobile app.

BUSINESS CLASSIFIEDS

For Business Classified Ad Rates Call Great News Publishing at 403-263-3044 or sales@great-news.ca

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

DOUBLE DIAMOND PLUMBING AND HEATING LTD: A 24 hour residential service company with qualified journeyman plumbers. As qualified journeyman plumbers, we are here to address any issues for you. We are your local plumbing and heating experts - call us first and let our service shine! Call 403-875-0166 or Email: doublediamondplumbingltd@gmail.com. www.doublediamondplumbingltd.com.

THE GUTTER DOCTOR: We install, repair and clean eavestroughs, and downspouts. Fascia, soffit, drip-edge, siding, roofing, cladding. Over 15,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. www.gutterdoctor.ca 403-714-0711.

**For Business Classified Ad Rates Please
Call Great News Publishing at
403 263-3044 or sales@great-news.ca**

Landscape Design and Construction
Year Around Maintenance
Patio construction and landscape upgrades on now

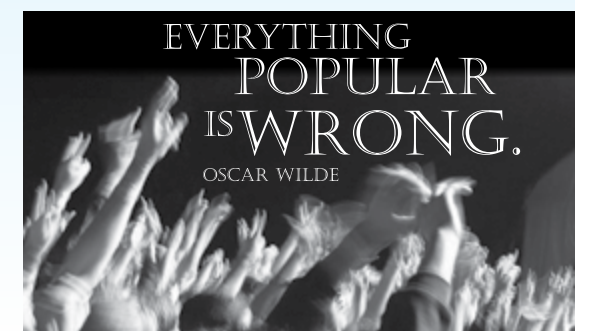


Call Ray for a free on-site estimate
403.617.2273
raymond@courtyardlandscape.ca
www.courtyardlandscape.ca

K2 BOOKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

MUELLER BROTHERS CONTRACTING LTD: Fully licensed, insured, bonded, member of the Better Business Bureau. Journeyman carpenter, very experienced in fences, decks, and home renovations/development of all kinds. Let us help you with your next project from design to completion. For more information, please contact Tim at 403-560-8169. Website at Muellerbrothers.ca.

VICTORY ROOFING & CONSTRUCTION INC: A locally established and fully insured company dedicated to helping you with all your home's exterior needs. Installing quality roofs and skylights. Soffit, fascia, and eaves. Vinyl/Fiber Cement Siding. We do conversions: flat to pitch, wood to asphalt. Repairs and concrete tile restoration. Call 403-921-1717 or email us at victoryroofingcalgary@gmail.com.



For Calgary's best hall rental, make it Glendale

Prime 2016 dates are booking
fast at the Glendale Community
Hall, so reserve your date now.
For functions up to 150 people
seated, 210 standing.

Weddings • Receptions • Socials • Meetings



Glendale/Glendale Meadows
Community Association

Contact: Amanda Saigeon
glendalehallrental@gmail.com
403-471-2057



**MLA CALGARY CURRIE
BRIAN MALKINSON**

2108 B - 33 Avenue SW
Calgary, AB, Canada T2T 1Z6
Phone: (403) 246-4794; Fax: (403) 686-1543
calgary.currie@assembly.ab.ca

Summer is almost upon us and that means that Calgarians turn their eyes to one of the jewels in Alberta's crown: our natural environment.

When the thermometer cranks up in Calgary we look for ways to cool down. While some take to air conditioned movie theatres, others wander farmers markets in search of lemonade. Many however look outside the city to find an escape from the monotonous summer heat.

In Alberta we are privileged by the bounty of natural beauty right on our doorstep. From large natural parks right here in Calgary like Nose Hill and Fish Creek, to afternoon outings to Big Hill Springs, or day trips to Dinosaur Provincial Park and of course the abundance of parks and recreational areas throughout the Rockies and Foothills.

We protect them for our enjoyment today, but also to ensure that they are there for future generations. It would be a terrible thing if in 100 or more years from now, for people to look back and ask why we didn't do more to protect out fragile ecosystems.

The parks and protected areas of Alberta inspire people to discover, value, protect and enjoy the natural world and the benefits it provides for current and future generations.

Children who are exposed to the natural world take greater care of the natural world later in life. The learning that goes on in our wilderness teaches invaluable lessons, lessons that teach them to protect our watersheds, nurture our wildlife, and ensure that our natural bounty is here for the enjoyment of all, including the flora and fauna that grow and thrive there.

We as Albertans have inherited a world of transcendent beauty, let us make sure we do not spoil it. We may be the ones who live here now, the land is not ours, we are merely custodians of it for our children's children.

Get out there, enjoy and protect it Alberta's pristine wilderness. It's here for all of us and all future generations.

To learn more about our parks and how to access them, feel free to visit www.albertaparks.ca or give them a call at 1-866-427-3582.



**MP CALGARY SIGNAL HILL
RON LIEPERT**

#2216, 8561 8A Avenue SW
Calgary, Alberta T3H 0V5
Phone: 403-292-6666 • Fax: 403-292-6670
ron.liepertC1A@parl.gc.ca

I want to begin by expressing my profound sympathy to all our fellow Albertans in Fort McMurray and area who were impacted last month by the terrible wildfires. I would encourage constituents who have not done so to donate to the Red Cross on behalf of those affected by this terrible tragedy. There is no doubt that this year has been a difficult one for many families in Alberta, nevertheless I hope that you will each be able to find time to enjoy the warm weather with loved ones and family over the coming months.

I also want to thank the many of you that have emailed, called, or sent comment cards in about my first installment of *The Hill Report* which went to every mailbox in the riding last month. *The Hill Report* is one of the ways I am trying to keep you up to date to the happenings in Ottawa, and share with you my perspective on what I'm hearing. As always, your feedback on the report or anything else is welcomed and appreciated.

As you may know, the House of Commons recently passed legislation surrounding the legalization of medical assistance in dying. This is a deeply personal and emotional topic and how to vote on bill C-14, which was the Government's legislation on the matter, weighed heavily on my mind. Over the past months, I have been attempting to reach out to as many constituents as possible to hear your thoughts on the new legislation. You may recall receiving either a telephone call from me last month or an email, a message in *The Hill Report* and/or an advertisement on Facebook asking for your feedback. I am deeply grateful to the hundreds of constituents that responded to my survey.

I have posted a "What I Heard" document, outlining the results of the survey, on my website www.ronliepert.ca. The position of constituents in Calgary Signal Hill was very clear – 77% of respondents believe that legalizing medical assistance in dying is the right thing to do for Canada. A majority of you also felt that we needed to take a cautious approach with respect to contentious issues such as minors, advanced consent, and ensuring conscience rights of medical professionals are protected. In my opinion, the legislation that came before the house presents a very careful approach on those concerns. I believed strongly from the beginning that my vote should reflect your voice – and subsequently, I have voted in favor of the legislation.



COUNCILLOR, WARD 6 RICHARD POOTMANS

PO Box 2100, Station "M", Calgary, AB T2P 2M1
403-268-1035 • C: 403-660-6692
F: 403-268-8091 • E: Ward06@calgary.ca
Communications & Community Liaison:
Eileen Badowich, CAward6@calgary.ca
www.calgary.ca/ward6 •

Hello,

I wanted to thank you for attending our four Councilor Chats and Ward 6 Open House! Thank you for the chance to connect with you and hear your concerns, suggestions, what we are doing well, and what we could be doing better. If you were unable to make it and have any questions or concerns you can email me at richard.pootmans@calgary.ca.

In 2013, Calgary endured one of the biggest and costliest natural disasters in history. Calgarians joined together to help each other during and after the flood. I saw what was achieved when neighbours and communities united to collectively support those in need. To celebrate our spirit and resiliency, Neighbour Day was established for Calgarians to commemorate our neigh-

bours and instill that same sense of community exhibited during this disaster. Held annually on the third Saturday of June, join your neighbours on June 18, 2016 at a #yycNeighbourDay or a Stampede BBQ event. Visit calgary.ca/neighbourday for your event planning guide and ideas. See you there!

Events in Ward 6 Saturday June 18th

Glamorgan Neighbour Day Family Fun Event

9 a.m. to noon (4207 41 AV SW)

Strathcona/Christie/Aspen

Neighbour Day Stampede Breakfast

9 to 11:30 a.m. (277 Strathcona DR SW)

Glenbrook

Get Moving YYC Scavenger Hunt & Hot Dog Roast

11 a.m. (3524 45 ST SW)

Springbank Hill

Soccer Wind-Up & Neighbour Day BBQ

11:30 a.m. to 2:30 p.m. (Springbank Hill Playground - Springbank BL & 26 AV SW)

Coach Hill

Odyssey Towers rooftop Neighbour Day BBQ

3 p.m. (7030 Coach Hill RD SW)

Sunday June 19th, 2016

Discovery Ridge

Neighbour Day Stampede Breakfast

8:30 to 11 a.m.

(Discovery Ridge Plaza - 10 Discovery Ridge HL SW)

Saturday July 9th, 2016

Glendale

Stampede Breakfast

9 a.m. (2405 Glenmount DR SW)

Signal Hill

Westside Stampede Caravan Breakfast 9 to 11 a.m.

(Westside Recreation Centre - 2000 69 ST SW)

West Springs/Cougar Ridge

Charity Stampede Breakfast

9 a.m. to noon (West Springs Village - 85 ST & 9 AV SW)

Monday July 11th, 2016

Coach Hill/Patterson Heights

Stampede Breakfast

8:30 a.m. (Coach Hill Plaza - 6450 Old Banff RD SW)

IMPORTANT NUMBERS

ALL EMERGENCY CALLS

911

Alberta Adolescent Recovery Centre 403.253.5250

Alberta Health Care 403.310.0000

AHS Addictions Hotline 1.866.332.2322

ATCO Gas – 24 Hour Emergency 403.245.7222

Calgary HEALTH LINK 24/7 403.943.5465

Calgary Police – Non Emergency 403.266.1234

Calgary Women's Emergency Shelter 403.234.7233

Child Abuse Hotline 1.800.387.5437

Kids Help Line 1.800.668.6868

Child Safe Canada 403.202.5900

Distress/Crisis Line 403.266.4357

ENMAX – Power Trouble 403.514.6100

Poison Centre - Alberta 1.800.332.1414

Suicide Crisis Line 1.800.784.2433

HOSPITALS / URGENT CARE

Alberta Children's Hospital 403.955.7211

Foothills Hospital 403.944.1110

Peter Lougheed Centre 403.943.4555

Rockyview General Hospital 403.943.3000

Sheldon M. Chumir Health Centre 403.955.6200

South Calgary Urgent Care Health Centre 403.943.9300

South Health Campus 403.956.1111

OTHER

Calgary Humane Society 403.205.4455

Calgary Parking Authority

(Towed/Abandoned Vehicles etc.) 403.537.7100

Calgary Seniors' Resource - SeniorConnect 403.266.6200

Elder Abuse Resource Line (65+) 403.705.3250

Call Before You Dig (Buried Utilities) 1.800.242.3447

City of Calgary 311

Elder Abuse Resource Line (65+) 403.705.3250

Kerby Centre for the 55 plus 403.705.3246

Neighbour Mediation Hotline 403.269.2707

Road Conditions – Calgary 1.877.262.4997

Weather Information 403.299.7878

Gamblers Anonymous 403.237.0654

DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Publishing and the Glendale Community Association. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing and the Glendale Community Association do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

DOG SITTER REQUIRED for a small toy poodle when the owners go away on vacation. Please contact Philis at 403 251 2188.



The tallest building in **Sweden** is the **57-story Turning Torso** building, which rises 190.5 m (646 ft), in Malmö and was completed in 2005. It also stands as the tallest building in Scandinavia.

Published by:

GREAT NEWS
PUBLISHING

ADVERTISE YOUR BUSINESS NOW!
REACHING OVER 410,000 HOUSEHOLDS
ACROSS 139 CALGARY COMMUNITIES

DELIVERED BY
Canada Post

Phone: 403-263-3044 | sales@great-news.ca

www.kilbco.com

READY TO INCREASE YOUR CURB APPEAL?

Whether you need a border between your grass and existing garden or thinking of creating a new garden Kilbco can help. With a variety of colors, stamps and profiles, steel cable enforced landscape curbing is a cost effective and practical solution to residential and commercial properties. It will beautify your landscape and add value to your property.

It will not rust, rot or shift, and there are no seams for weeds to grow through.

Kilbco has poured over 100,000 linear feet of curbing in the past 9 years.

KILBCO
CONCRETE CURBING

Locally Owned & Operated



Free Estimates 403-875-8463

PLUMBER

PLUMBOB For All Your Plumbing Needs



- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials

Call Mark: 403.862.3973



SAFETY SYNC
ONLINE SAFETY MANAGEMENT SYSTEM

"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

Enform IRP 9 (Revised)
safetysync.com
403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

RBC Dominion Securities Inc.



LOOKING TO BUILD & RETAIN A PRODUCTIVE, MOTIVATED WORKFORCE?

RBC Group Advantage is a comprehensive program designed to help business owners meet their employees' financial needs by providing:

- In-person financial advice for all employees
- Group retirement savings plans
- Comprehensive and discounted banking solutions

Support your employees and keep your competitive advantage. Call Investment Advisor Michael Martin at 403-266-9655 to learn more.



RBC Wealth Management
Dominion Securities

There's Wealth in Our Approach.™

RBC Dominion Securities Inc.* and Royal Bank of Canada are separate corporate entities which are affiliated. *Member Canadian Investor Protection Fund. RBC Dominion Securities Inc. is a member company of RBC Wealth Management, a business segment of Royal Bank of Canada. ®Registered trademarks of Royal Bank of Canada. Used under licence. © RBC Dominion Securities Inc. 2015. All rights reserved. 15-90703-000-011

**A Great Price
for anyone who wants
A GREAT HAIRCUT**

\$11.99

with this coupon

Not Valid with other offers

Expires July 3, 2016

Great Clips is open July 1st 10 am - 5 pm



Great Clips®

SIGNAL HILL

**Bay A 5775 Signal Hill
Ctr SW**

403-240-4490



TIME TO UPGRADE YOUR HOUSE TO BRAND NEW INFILLS

— BUILD TWO BRAND NEW INFILL HOMES FOR THE MARKET PRICE OF ONE NEW HOME —
(PLUS 15% CONSTRUCTION MANAGEMENT FEE)

**WE WILL FINANCE UP TO 70%
OF THE CONSTRUCTION COSTS WITH
0% INTEREST UNTIL COMPLETION**

CALL US TODAY FOR MORE INFORMATION

403-973-5667 INFO@PSYJDEV.COM WWW.PSYJDEV.COM

THIS FLYER IS MERELY AN INVITATION TO
TREAT. EXACT TERMS AND CONDITIONS
TO BE FINALLY DETERMINED BY WRITTEN
AGREEMENT BETWEEN THE PARTIES



PSYJ DEVELOPMENTS INC.

**GLENBROOK
DENTAL**

**HIGHLY EXPERIENCED DENTAL AND
ADMINISTRATIVE STAFF**

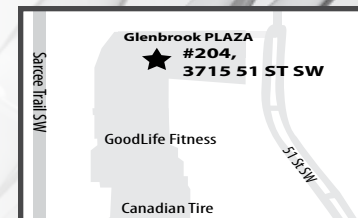
**SPECIALIZING IN
SMILES**
(AND FREE PARKING TOO)

ASK US ABOUT
**DIRECT
BILLING**



GRAND OPENING

**ACCEPTING NEW PATIENTS
SAME DAY EMERGENCIES**



Dr. Tonny Tang Bsc. DDS | PH: 587-483-9900

WWW.GLENBROOKDENTAL.CA



**CALL
TODAY:
403-457-3240**

**NEW PATIENTS AND EMERGENCIES ARE WELCOME
WE'RE HAPPY TO SEE KIDS AS PATIENTS**

• Not feeling rested in the morning?

Partner keeping you up all night snoring? A dental appliance might be the solution for you or your loved one. Call today to set up a consultation.

• Direct Billing available

We accept most insurance plans and electronically file your claims for faster and easier processing. We're happy to provide direct billing services for our regular patients.

• Have A Dental Emergency?

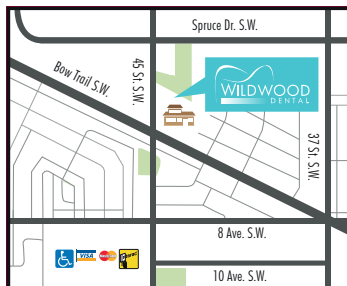
We understand that urgent situations do arise. We can accommodate same-day or walk-in emergency appointments and get you out of pain as quickly as possible.



Dr. Linda Geng



Dr. Erika Schroeder



Hours of operations

Alt Mon	8-4	Tues	10-6
Wed	8-4	Thur	10-6
Fri	7-3	Alt Sat	8-2

Suite 102, 636-45 st. SW,
Calgary, AB T3C 2G2
www.WildwoodDentalCalgary.com

welcome