

OH, C*NADA!

Great News Publishing asked Calgary residents what they love about Canada and being Canadian. Thank you to everyone who submitted their answers!



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GLENDALE COMMUNITY ASSOCIATION

2405 Glenmount Dr. SW Phone 403.242.2110 www.myglendale.ca

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thumpereditor@yahoo.ca All editorial content must be submitted by the 5th of the month for the following month's publication.

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing and Glendale Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161

511

403-237-0654

Road Conditions – Calgary

Weather Information

Gamblers Anonymous

MESSAGE FROM THE BOARD



Glendale's 2017-2018 Board of Directors, from left: Grant McArthur, Veronika Duska, Lee Dowd, Mike Meredith, Paul McCormick, Councillor Richard Pootmans, Pat McIntyre, Terry Craigmile, Amanda Saigeon, Monika Smith, Jason Philipchuk, Chris Welner. Photo by Bruce Aitken.

Our huge annual Glendale Stampede Breakfast is right around the corner on July 8 with more than 1,000 people expected at this year's hoedown chowdown. For the first time, Glendale residents who bring their current community membership will gain access to a special express line-up. Memberships are available by filling out the application in the Thumper or contacting Pat McIntyre at membership@myglendale.ca. Memberships will also be on sale at the Stampede Breakfast.

Representatives of the City's This is My Neighbourhood team will be at the breakfast to speak with residents about our community and what kind of projects and initiatives they would like to see put in place in out community. Bring your ideas with you!

The Glendale Annual General Meeting was held in June and a new board of directors was elected to serve another term. Thank you to all those who attended the meeting and to the volunteers who have agreed to help lead community initiatives in Glendale and Glendale Meadows for the next 12 months. There are still board positions available and volunteers are required across a broad spectrum, including helping at our casino night in December, helping with our community garden plans or joining our rink flood crews among other projects and priorities.

Our board also bid a fond farewell to Ward 6 Councillor Richard Pootmans, who will not be running for re-election in this fall's civic election. Mr. Pootmans has served the ward since 2010. Glendale president Paul McCormick presented the councillor, who won the inaugural bocce tournament at Glendale Sports Day, with his own Bocce set. We're sure Mr. Pootmans will be practicing up for this year's Sports Day on Sept. 9.

The board does not meet in summer, so our next meeting is Sept. 13 and we look forward to picking up in the fall for another great year. See you there and have a great summer!

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Glendale Community Association

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Board of Directors & Community Contacts

GLENDALE GLENDALE MEADOWS BOARD OF DIRECTORS				
President	Paul McCormick	403-240-4168 president@myglendale.ca		
Past president	Jim Kelly	403-240-2958	kellyshouse@shaw.ca	
Vice-president / Thumper Editor	Chris Welner	403-796-6552	thumpereditor@yahoo.ca	
Vice-president	Amanda Saigeon	403-850-6752	amandasaigeon@gmail.com	
Treasurer	Terry Craigmile	403-246-6218	tcraigmile@shaw.ca	
Civic Affairs	Grant MacArthur	403-249-3319	stalders@shaw.ca	
Social Events	VACANT			
Secretary	Mike Meredith	403-461-9555	secretary@myglendale.ca	
Member-At-Large	Veronika Duska	403-264-8220	duskaveronika@gmail.com	
Member-At-Large	Lee Dowd	403-999-7308	lleedowd@gmail.com	
Member-At-Large	Monika Smith	403-242-6162	smithpr1@telus.net	
GGMCA COMMUNITY CONTACTS				
Memberships	Pat McIntyre	403-242-2110	membership@myglendale.ca	
Rental Rates	Weekends \$750/day or		Weekdays \$50/hour, minimum 4 hours	
	\$1,400/weekend			
Glendale Preschool	Jason Philipchuk		gcp.community@gmail.com	
Guides	Michele Harding	403-217-5447	michel.harding@shaw.ca	
Hall Rentals / Scouts	Simon Evison	403-969-2892	simonevison@shaw.ca	
Sports & Recreation	Ken Rogers	403-801-1602	kwrogers@telus.net	
Building	Greg Smith	403-217-0551		
Website	Jennelle Inlow		info@myglendale.ca	
Councillor	Richard Pootmans	403-268-1646	richard.pootmans@calgary.ca	
Councillor's Assistant	Richard Lam	403-519-6046	ward06@calgary.ca	
Calgary Recreation	Hayley Saunders		Hayley.Saunders@calgary.ca	
Stampede Breakfast	Todd Lines	587-777-8484	tlines@telusplanet.net	

THE THUMPER

Chris Welner • Kent Klatchuk • Monika Smith

Board Meetings

are held the second Wednesday of each month | NEXT MEETING September 13, 2017 Annual Community Memberships \$35 Tennis Membership \$35

Editorial content deadline is the 5th of each month - thumpereditor@yahoo.ca



2017 Community Membership Application Form

Name Address Postal Code Telephone E-mail

Annual Membership Rates: \$35 per family Annual Tennis membership: Add \$35 per family

NEW! Paypal accepted at myglendale.ca Membership period: Sept. 1 - Aug. 31 Residents are welcome to join any time in the year.

Yes, I want to help with:

9	Recreation/Sports	Hockey Rink	
0	Social Functions	Casino	
0	Administration	Special Events	
4	The Thumper	Other	

Please enclose your cheque payable to: **Glendale Community Association** 2405 Glenmount Drive S.W. T3E 4C1

For information, contact Amanda Saigeon membership@myglendale.ca or 403-242-2110





GREATNEWS 28 Did you know that your restaurant can put a menu in our newsletter?



Turn local residents into local customers. Contact us: 403-263-3044 sales@great-news.ca

> 91 Monthly Community Newsletters 415.000 Households 152 Calgary Communities

Glendale/Glendale Meadows Community Association's Annual

STAMPEDE BREAKFAST

Round up your family and friends Saturday, July 8, 2017 8:30 am to 11:30 am

Community Hall 2405 Glenmount Drive SW

Live band! Great food!

Bring your Glendale Community Membership card and move to the front of the food line!

YOUR CITY OF CALGARY

Green Carts are coming this summer

Starting this June, green carts will be rolled out to all households for food and yard waste collection. Here are some details on the rollout.

Green cart collection start dates

Green carts will be rolled out by quadrant. Once all residents in a quadrant have their carts, collection will begin as follows:

Quadrant	Cart delivery	Weekly green cart collection starts:
SW	June 5 - July 15	Week of July 17
NW	July 3 - August 12	Week of August 14
NE	August 7 - September 2	Week of September 4
SE	August 28 - September 30	Week of October 2



Three things to do when your cart arrives

1. Bring your cart up to your home.

Carts will be delivered to the front of your home. Bring your cart up to your home and store it in a safe place (e.g. garage, against the side of your house or back fence).

2. Look inside the green cart.

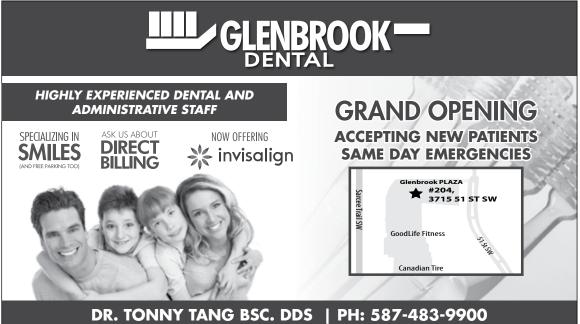
Everything you need to get started is inside the cart. This includes:

- Kitchen pail and sample compostable bags.
- Sample paper yard waste bags for extra yard waste that doesn't fit inside the cart.
- Instruction guide and collection schedule.

3. Consult your collection schedule.

The collection schedule inside your cart explains when green cart collection starts in your quadrant along with your new collection days and schedule. You can also find out your collection days and sign up for free automated reminders at calgary.ca/collection.

To learn more, visit calgary.ca/greencart.



WWW.GLENBROOKDENTAL.CA

OPTIMIST PARK Set to Shine with Baseball Talent

By Bruce Aitken

Elite youth baseball takes centre stage at Glendale's Optimist Athletic Park this summer with the 2017 Pacific Northwest Babe Ruth Regional Tournament. State champions from Oregon, Idaho, Montana, Wyoming, and Washington will make their journey north to Calgary to compete against representatives from Alberta and British Columbia in a battle for the border at the prestigious tournament.

Two age groups will be competing over the course of two weeks in July for the chance to represent the Pacific Northwest Region at the Babe Ruth World Series. The 16-18 Division takes the field July 18-23, and the 14's Division swings the bat July 23-29. Games will be held at 10 a.m., 1 p.m., 4 p.m. and 7 p.m. daily.

"The talent is top shelf," says Babe Ruth Calgary president Mike Doyle. "A number of the kids playing in the PNW's will go on to be drafted into the major leagues."

Tournament organizers expect more than 3,000 fans at Optimist Park for the tournaments that will send the 14's winner to Glen Allen, Va. while the 16-18 winners will play for the World Series in Ephrata, Wa.

Last year, North Oregon won the 14's and South Washington won the 16-18's (in the PNW's).

Opening Ceremonies will be held prior to each division's first game, 7 p.m. on July 18 and 23, respectively. The championship game for the 16-18's is Sunday, July 23 at 10 a.m. The 14's final is Saturday, July 29 at 4 p.m.

Parking and admission is free and concession services will be available. The Pacific Northwest Tournament is a dog and alcohol-free event. For more information, visit www.BRCregionals.com.

Glendale Community Preschool

The Glendale Community Preschool is a program of the Glendale/Glendale Meadows Community Association. The preschool is managed by an Executive and Parent Committees comprised of the families with children in the preschool. We are a Licensed, Non-Profit, Parent-Run Organization with minimal fundraising required.

2017-2018 Glendale Community Preschool Programs			
Program	Program Schedule		Monthly Fees
2-Day Morning	Tue & Thu 9:15-11:15am	3	\$150
2-Day Afternoon	ay Afternoon Tue & Thur 1:00pm–3:00pm		\$150
3-Day Morning	Day Morning Mon, Wed, Fri 8:55am–11:25am		\$185
3-Day Afternoon	Day Afternoon Mon, Wed, Fri 12:45pm–3:15pm		\$185
5-Day Program	3-Day Morning or Afternoon plus 2-Day Afternoon	4	\$300

Children are born with a sincere and natural desire to learn. We offer a semistructured play program that is child inspired and teacher facilitated.



For more information about the Glendale Community Preschool, please visit our website at <u>http://glendalepreschool.ca/</u> or email us at <u>glendalecommunitypreschool@gmail.com</u>

Glendale Community Preschool 2405 Glenmount Dr SW, Calgary AB T3E 4C1

UNCEMENTS

Deadline – 1st of each month for the next month's publication Contact news@great-news.ca

- + Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ♦ Forty word limit

CALGARY 55+ GAMES: From August 10th to 12th 2017, Calgary 55 Plus Games Association will be hosting the Calgary 55 Plus Provincial Championships. There will be 11 events. We need new members and volunteers. Go to www.calgary55plus.com for information.

LOVE TO SING? Vocal Latitudes may be the choir for you. A non-audition, World Music community choir, Vocal Latitudes meets Tuesday evenings from September-May in a convenient central location. Repertoire includes jazz, gospel, African, Canadian, Renaissance, pop, original contemporary. For more information, see www. vocalatitudes.org.

PRACTICE ENGLISH: Make friends and have fun at a New Friends and Neighbourhood Group! Free, no immigration requirements and no minimum English. Free childcare. Visit www.ciwa-online.com or contact Debra Colley at debrac@ciwa-online.com, 403-444-1752.

FREE STAMPEDE BREAKFAST: Sunday, July 9. 9:00-11:30 a.m. 277 Strathcona Dr S.W. Hosted by Centre Street Church and Kingdom Life Ministries. Pancakes, face painting and bouncy houses! For more information phone Centre Street Church 403-277 9758.

RELIVE CALGARY'S VIBRANT HISTORY: with Chinook Country Historical Society during the 27th annual Historic Calgary Week. From July 28th- Aug 11th get to know people's stories while visiting historic sites in the Calgary area.

HOSPITAL VOLUNTEER OPPORTUNITY: The Rockyview Hospital Gift Shop is looking for energetic adult volunteers, interested in providing compassionate retail service to patients, visitors and staff, in a beautifully merchandised, retail environment. Daytime, evening and weekend opportunities available. Please contact: LvnnLm.Hanson@ahs.ca.



www.WildwoodDentalCalgary.com



Glendale Real Estate Update Last 12 Months Glendale MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
May 2017	\$637,450	\$635,000
April 2017	\$587,400	\$561,000
March 2017	\$569,500	\$560,000
February 2017	\$549,500	\$537,000
January 2017	\$517,400	\$504,250
December 2016	\$564,950	\$550,000
November 2016	\$489,900	\$465,000
October 2016	\$519,900	\$514,415
September 2016	\$549,900	\$514,500
August 2016	\$1,287,400	\$1,170,000
July 2016	\$589,900	\$582,000
June 2016	\$514,941	\$506,500

Last 12 Months Glendale MLS Real Estate Number of Listings Stats

	No. New Properties No. Properties Sold	
May 2017	8	6
April 2017	б	2
March 2017	7	2
February 2017	3	3
January 2017	3	4
December 2016	3	4
November 2016	4	3
October 2016	5	5
September 2016	4	1
August 2016	3	2
July 2016	2	2
June 2016	5	6

To view more detailed information that comprise the above MLS averages please visit glendale.great-news.ca



Name	Age	Contact	Course
Brooklynn	12	587-224-5307	No
Abigail	13	587-581-5955	Yes
Simon	13	403-875-2367	Yes
Abbey	14	403-901-3337	No
Sarah	15	403-246-8444	Yes
Bamby	16	587-400-1741	Yes
Nina	19	403-466-1271	Yes

Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



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Mentoring: friendly support to help manage hearing loss

by Kylie Bradbury Peer Mentoring Coordinator at Deaf & Hear Alberta

Hearing loss is one of the fastest growing chronic conditions facing Canadians and affects all age groups. The 2013 Stats Canada numbers show 7% of people aged 19 to 39, 16% of people aged 40 to 59 and 47% of people aged 60 to 79 experience some form of hearing loss. Hearing loss can be sudden or gradual and sometimes we may not even know we are experiencing hearing loss. There are many causes ranging from excess noise, illness, aging, genetic factors and pharmaceuticals.

Some signs of hearing loss include:

- Difficulty with conversations in noisy environments
- Being able to hear people's voices but not understand the words spoken
- Needing the TV louder than the rest of your family
- Trouble hearing from a distance or another room
- Trouble understanding women's and children's voices
- Experiencing dizziness, pain, ringing or buzzing in the ears even if it goes away

If you are experiencing any or some of these symptoms, it is important to discuss this with your doctor to see if you need a hearing test.

TAKE ON WELLNESS

On average, it can take up to 7 years for someone to acknowledge and act on hearing loss. There are many factors which impact why a person may or may not acknowledge this. It could be lack of awareness, feelings of embarrassment, shame or denial. The latest research suggests that the longer hearing loss goes unmanaged, the harder it is to learn to manage the change.

An important factor is the change that happens in our brains. Brains are relatively 'plastic' and as our hearing decreases, important brain functions don't get exercised and we lose them. *Use or lose it.* The good news is we can retrain our brains.

Also, those with untreated hearing loss are more likely to report depression or anxiety and are less likely to participate in organized social activities. However, hearing loss does not need to mean living less. There are supports out there.

Mentoring programs are one type of support that can alleviate the social impact of hearing loss. People with shared experiences are matched together and work on building skills and strategies to help manage day to day challenges. This is commonly known as *mentoring*. Programs like these have impact as it has been shown that participants experience significant improvement of quality of life. No one has to go it alone.

Peer-to-Hear at Deaf & Hear Alberta provides this support. Our program matches adults dealing with hearing loss with someone who has walked a similar path and now wants to offer support. Learning to manage hearing loss can be a challenging journey. Sometimes all it takes is some friendly support from someone who understands and has had similar experiences. Hearing loss does not need be a barrier to fully participating in one's community.



BUSINESS CLASSIFIEDS

For business classified ad rates call Great NewsPublishing at 403-263-3044 or sales@great-news.ca

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HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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Fur trade was a historical benchmark of Canada's international commerce. Felt from beaver fur could be molded into many creative hats. From top hats to bowlers, tricorn hats to fancy women's hats, the possibilities were endless. Thank goodness beaver fur went out of fashion in favour of silk hats, or not as many of our iconic furry friends might be around today!



MP Calgary Signal Hill Ron Liepert #2216, 8561 8A Avenue SW Calgary, Alberta T3H 0V5 S 403-292-6666 IIII 403-292-6670 S ron.liepert.C1A@parl.gc.ca

This past May, we said goodbye to Rona Ambrose as interim leader. Rona was a champion for all Albertans, presented a strong conviction for justice within the House of Commons, and displayed her deep passion for improving the lives of Canadians across the country. Her overwhelming support was made clear during her tributes from our caucus and fellow Members of Parliament. Thank you, Rona, for your service to all Canadians.

Going forward, I would like to welcome Andrew Scheer as the new leader of the Conservative Party. I look forward to working with him in Ottawa.

Over the past legislative year, my colleague and Conservative Member of Parliament Michael Cooper re-introduced Bill S-217, Wynn's Law, to the House of Commons. Wynn's Law would require that the Crown disclose the criminal history and outstanding charges of bail applicants. Bill S-217 was proposed in response to the murder of Constable David Wynn, who lost his life to career criminal Shawn Rehn. Currently, under the Criminal Code, it is discretionary for prosecutors to present the criminal history of an accused at their bail hearing. Wynn's Law would close this loophole. Despite passing the 2nd reading in the House of Commons, Wynn's Law was defeated by the Standing Committee on Justice and Human Rights, as it voted to recommend that the House of Commons not proceed with the bill.

In March, the Liberal government tabled the budget for 2017. As member of the Official Opposition and Vice Chair of the Finance Committee, I have worked with my colleagues to find areas to criticize within the budget. I have been disappointed with the lack of tangible choices or measures made by the budget. It does not provide relief for unemployed Albertans, nor does it address the priorities of Albertan families. There has been no plan made to balance the budget before 2050-2051, and large structural deficits have been forecasted for the next five years. In Finance Committee, we have studied the subject matter of Bill C-44, An Act to Implement Certain Provisions of the Budget Tabled in Parliament on March 22, 2017 and Other Measures. Within committee, I have stood up for Albertan interests, making it clear that a strong Albertan economy and oil and gas sector benefits the entire country. At Finance Committee and in the House, our Conservative caucus will continue to hold the government to account to ensure that the voices of Albertans are heard in Ottawa.

As always, your feedback is welcomed and valued. Now that the House of Commons has adjourned for the summer, I hope to see many of you around in the neighbourhood. I wish everyone an enjoyable summer with family and friends, and hope you find an opportunity to participate in a number of events celebrating Canada's 150th birthday!

 GREATNEWS (2088)

 FYI - Great News Publishing

 Chooses to Forge Ahead During

 All Economic Downturns.

 If You Feel the Same Let's Talk.

 403-263-3044



MLA Calgary Currie Brian Malkinson 2108 B - 33 Avenue SW Calgary, AB, Canada T2T 1Z6 403-246-4794 403-686-1543 calgary.currie@assembly.ab.ca

When I worked as mechanic and then later, as a diesel engine salesman, I was lucky to have had positive experiences with each of my employers. But my experience is not everyone's experience. And that is why I am proud of the changes our government is making to ensure that Alberta has fair, modern and family-friendly workplaces that support our growing economy.

One of the bills of this past session was Bill 17 - Fair and Family-friendly Workplaces Act. This brought our Employment Standards Code and Labour Relations Code legislation in line with trends and standards across Canada. These amendments will make life better for Alberta families and protect vulnerable Albertans by, for example, repealing the ability for employers to pay employees with disabilities less than minimum wage. Albertans also had to work for one year before they were able to access compassionate care, maternity and parental leave. That was the longest wait period in Canada. Our government has reduced that period to 90 days like Saskatchewan, Manitoba, Quebec, and Nova Scotia.

Because all Albertans deserve to be treated fairly at work, you are now eligible for new unpaid leaves that would provide up to 36 weeks of job protection for parents with critically ill or injured children. Parents caring for a critically ill child should not have the extra stress of worrying about if they will have a job once they return to work. In addition, 36 weeks of job protected leave applies to those fleeing domestic violence. A new unpaid leave provides up to 10 days of job protection per year for employees addressing a situation of domestic violence. And as we celebrate Canada Day this July first, I am happy that we are providing new Canadians with a half-day leave so they will not lose their job for attending their Canadian citizenship ceremony.

This session also saw the passing of Bill 205 – Advocate for Persons with Disabilities Act – We will be one of three provinces in Canada to have such an advocate. I continued my consultative work on my own bill, The Henson trust. I travelled to Lethbridge in June, and in July I will hold a consultation in Medicine Hat. Thanks to all for your excellent contributions. I look forward to this becoming the law of land in Alberta.

Here in Calgary Currie I recently attended the opening of a newly renovated affordable housing unit in Bankview. This Calgary Housing Company renovation provides 26 households with modern, safe, and affordable housing, and is part of a \$1.3 million investment in senior and affordable housing in our riding. In June, I saw many of you at the Lilac Festival and I look forward to seeing many more of you at my Stampede Breakfast at the Glenbrook Community Association on July 9th from 9:00-11:30pm. We will have food with halal options, face painting, music, and even wiener dog racing! I'd love to visit your events too - please contact me at the office, or on Facebook or Twitter @BrianMalkinson.





Councillor, Ward 6 Richard Pootmans P0 Box 2100, Station "M", Calgary, AB T2P 2M1 S 403-268-1035 1 403-268-8091 S Ward06@Calgary.ca Communications & Community Liaison: Eileen Badowich, CAward6@calgary.ca S www.calgary.ca/ward6 S →

Happy Canada 150! I hope everyone enjoyed this extra-special July 1st Canada Day with friends and family, whether you were at one of the many celebrations in Shaw Millennium Park, Fort Calgary, Confederation Park, Olympic Plaza, Studio Bell, Chinatown, Prince's Island Park, Glenbrook's Sports Day Grand Opening, or in your own backyard.

Calgary truly comes alive in July and there is no shortage of things to do, regardless of your age. City-wide, you can enjoy the Calgary Stampede, Shakespeare by the Bow, Calgary Turkish Festival, Fiestaval, Calgary Folk Music Festival, go on a cemetery tour, or explore a Mobile Adventure Playground in many of Calgary's parks.

Ward 6 also has great community events and opportunities you can enjoy. Here are some highlights:

Stay n' Play and Park n' Play

This increasingly popular program for children aged 3-12 is open to all and at no cost. You can drop off your kids (Park n'Play) or join them (Stay n'Play) for a week of activities including crafts, games, and active play. Make new friends and learn healthy and active lifestyles in a safe, supervised environment. Glenbrook and Glendale will be offering both programs on the following dates: Monday, July 3 – Friday, July 7 Glenbrook Community Centre (3524 45 Street) Monday, July 17 – Friday, July 21 Glendale Meadows Community Association (4500 25 Avenue)

Programs run weekdays and are weather dependant. Look forward to August opportunities in Signal Hill and Strathcona!

For more information or to fill out the sign-in form, visit Calgary.ca and search "Children's Summer Programs" or call 3-1-1

Mobile Skate Park in Glendale

The City hosts temporary mobile skateparks from Spring to Fall, and is free to skateboarders, inline skaters and

scooter users of all ages. From July 4 to 24, a park will be constructed in the Optimist Arena in Glendale (5020 26 Ave SW) with a combination of roll-ins, fun-boxes with rails, pyramids with rails, grind-boxes, quarter pipes, wall rides, and half pipes.

For more information, visit Calgary.ca and search "Mobile Skateparks" or call 3-1-1

Community Association Stampede Breakfasts! West Springs Cougar Ridge 8th Annual Charity Stampede Breakfast

Saturday, July 8 from 9am – 12pm West Springs Village (85 St SW & 9 Ave SW) Tickets are \$5 and all proceeds are donated to the Alberta Children's Hospital Foundation.

Glendale/Glendale Meadows Stampede Breakfast

Saturday July 8 8:30am – 11:30am Glendale Community Hall All welcome! Bring your GGMCA membership card to skip the line. Coach Hill Patterson Heights Monday, July 10 from 8:30 – 11:00 am Coach Hill Plaza (20 Patterson Blvd SW)

All are welcome! Good food, live music, dance, and a bouncy castle.

Discovery Ridge Stampede BBQ Sunday, June 11 from 4 – 7pm

Discovery Ridge Recreation Facility (corner of Discovery Ridge Hill and Discovery Ridge Blvd)

Green Cart Collection Reminder

Finally, a reminder that green cart collection begins in Ward 6 during the week of July 17. Please remember to use certified compostable bags, and sign up for reminders of the new collection schedules!

If you haven't received your cart, or have additional questions, please visit Calgary.ca/GreenCart or contact 3-1-1



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