

AUGUST 2016

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HORN

THE OFFICIAL HAYSBORO COMMUNITY NEWSLETTER



www.haysboro.org

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Hip Hop Kids

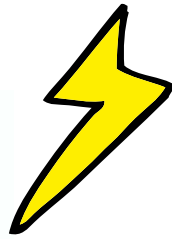
Ages 5-10 yrs



MONDAY'S 4pm-4:45pm

Sept 12th - Dec 5th

12 weeks.



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Ages 2.5-10 yrs



THURSDAY'S 4pm-4:45pm

Sept 15th - Dec 1st

12 weeks.

Haysboro Community

Dancecalgary@gmail.com to register. Space is limited.

\$149 early bird pricing ends August 30th
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Haysboro Community Association

1204 89 Ave SW
Calgary, AB T2V 0W4
Phone:(403) 253-1563
info@haysboro.org | www.haysboro.org

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 1204 - 89 Ave SW, Calgary, AB T2V 0W4
 Office Hours Monday to Friday 10:30am - 5:30pm

OUR MISSION STATEMENT: The Haysboro Community Association, as a volunteer organization, is dedicated to enhance the quality of life of the community through the engagement of residents in community planning and development, social and recreational programs, all the while fostering a safe and vibrant environment.

OUR VISION STATEMENT: Established, safe and vibrant community with residents engaged in responsible development, social and recreational programs, all the while fostering friendly neighborhood connections.

BOARD EXECUTIVES

President	Michael Akbar	president@haysboro.org	403-560-2804
Vice-President	Kourtney Branagan	vicepresident@haysboro.org	403-816-2224
Treasurer	Miriam Mitchell	treasurer@haysboro.org	403-259-5145
Secretary	Alexa Briggs	boardsecretary@haysboro.org	
Past President	Maxine Morrison	pastpresident@haysboro.org	403-615-9443

BOARD OF DIRECTORS

Facility & Maintenance	Adrian Fahrni	facilities@haysboro.org	
Horn Editor	Brent Nichols	editor@haysboro.org	
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Programs & Events	Saadia Stainsby	events@haysboro.org	
Communications	Garry Swanson	communications@haysboro.org	
Volunteer	VACANT	volunteer@haysboro.org	
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Director-at-large	Dean Wallbank	deanw@haysboro.org	
Director-at-large	Marisol Narvaez	marisoln@haysboro.org	
Director-at-large	Justin Barrett	justinb@haysboro.org	
Director-at-large	Lauren Gilbert	laureng@haysboro.org	
Director-at-large	Gary Williamson	garyw@haysboro.org	

COMMUNITY CONTACTS

HCA Administration and Hall Rentals	Fiona Swanson	info@haysboro.org	403-253-1563
50 Plus Club	Hope Raymond		403-255-5757
Haysboro Preschool	Cinnamon Burrell	Preschool@Haysboro.org	Hall: 403-253-1563
MLA – Glenmore	Anam Kazim	Calgary.Glenmore@assembly.ab.ca	403-216-5421
Councillor -Ward 11	Brian Pincott	info@ward11calgary.ca	403-268-2430
Police Liaison- District 6	Constable H. Robinson	pol4196@calgarypolice.ca	403-428-6600
Southwest Communities Resource Centre			403-238-9222
Southland Youth Justice	Kathy Hutchings	calgaryyouthjustice.com	403-244-8201
Business Advertising	Great News Publishing	sales@great-news.ca	403-720-0762

BOARD NEWS

HCA Membership Statistics:

HCA has 544 memberships:

- 317 Household,
- 84 Senior Household
- 96 Senior Single
- 38 Single
- 7 Business
- 2 Associate

There are 3644 dwellings in Haysboro -1815 single dwelling homes and 1774 apartments, which means a 15% membership rate.

If we take out the 1774 apartments, which are difficult to gain access to we have 535 memberships out of a possible 1815 or 29%

West of Elbow we have 37% membership rate: 416/1135 single dwelling

Houses East of Elbow has a 17% membership rate: 126/726 single dwelling houses

Horton Road apartments have 13 members
 Hays Farms has 10

Haysboro has been divided into 33 areas as you can see on the map.

These are canvassing routes for the membership drive.

But the Board is looking into using them for more! 544 members out of a possible 3644 - that is not enough - why?

Because this is YOUR COMMUNITY VOICE
 Your way to shape the community you live in.

The Horn is our number one source of communication, but it comes out once a month.

Of 535 members 336 allow us to contact them through e-mail

We have 357 Likes on Facebook and quite a few followers @haysboro.ca

There is a lot going on in Haysboro that you may want to know about and we want to tell you

Buy a membership - join the Haysboro Community Association.

Your Community - Your Voice through the HCA



CASINO Volunteers Still Needed

The Haysboro Community Association is still in need of volunteers for its upcoming casino commitment. If you could spare some time and help us out with this important fundraiser, please contact Julie O'Brien at 403-238-7666.

Volunteering for the casino not only supports one of our community association's biggest fundraisers but it's also a chance to get to know some of your neighbours.

This year's casino dates are August 30 and 31, at the Cash Casino on Blackfoot Trail.

Active Learning Programs Ltd.



French Immersion Preschool and B & A care for Sam Livingston, Lake Bonavista and Alice M Curtis Schools

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403.473.0600 | www.activelearningprograms.ca

Membership Drive and Party

The annual Haysboro Community Association membership drive is coming once again this September. After a long day of canvassing we will be celebrating with a party at the Hall on Sunday, September 18th. Save the date!

Haysboro Community Preschool

Haysboro Community Hall
1204 89th Ave SW
403-253-1653

We have programs for 3 and 4 year olds, morning or afternoon

Contact www.haysboro.org for up to date pricing, class time and registration information or email preschool@haysboro.org for any further questions

Note : 4 year old AM is currently full due to preregistration

Haysboro Churches

Heritage Drive Chapel 935 Heritage Dr SW
Church of Jesus Christ of Latter-Day Saints

Hope for Life Christian Fellowship 403-255-6110
Interdenominational, St. Gerard's School, 96th Ave SW
www.hflchurch.ca Non-denominational

Lighthouse Church Interdenominational 403-640-2099
O-9827 Horton Road SE
www.calgarylighthouse.com

St. Andrew's Presbyterian Church 403-255-0001
703 Heritage Dr SW
www.standrewscalgary.ca

Springs Church 403-473-3400
924 Heritage Drive SW

St. Gerard's Church Catholic 403-253-2251
8944 Elbow Dr SW
<http://stgerards.ca>

Haysboro Schools

Haysboro Elementary	403-777-8530
Woodman Junior High	403-777-7490
Henry Wise Wood Senior High	403-253-2261
Haysboro Community Preschool	403-253-6524
Calgary Early Learning Centre	403-255-4288
Bishop Grandin Senior High	403-252-7541
St. Gerard Elementary	403-500-2028
Akiva Academy (ECS - Gr. 6)	403-258-1312
St. Augustine Fine Arts School (K-9)	403-500-2022
Notre-Dame-de-la-Paix (S)(FR) K-6	403-271-5544
École de la Source (FR) K-9	403-255-6724
Ste-Marguerite-Bourgeoys (S)(FR) 7-12	403-240-2007
École de la Rose sauvage (FR) 10-12	403-230-3112
Trinity Christian School	403-254-6682
Eugene Coste School (S) K-1	403-777-8511

Haysboro Community Association Residents' Meetings

Last Wednesday of every month at 7:30 PM
There are no meetings in July and August
Haysboro Community Hall, 1204-89 Ave SW



Haysboro Horn DEADLINE

Article submissions to editor@haysboro.org or info@haysboro.org before the 1st of each month

The Haysboro Horn is the monthly newsletter of the Haysboro Community Association and is distributed free of charge to all community residents and businesses 12 times per year. Community Classified announcements can be submitted free of charge, with paid community membership, to info@haysboro.org or by calling 403-253-1563.

Display advertising and Business Classified advertising inquiries should be directed to the newsletter publisher, Great News Publishing.

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What do you think when you hear the word Haysboro?

Home. Family. Friends. Neighbours. Cozy. Lots of Parks. Walking. Biking. Playing. Peaceful.

There are many words to describe Haysboro – but they say a picture is worth a 1000 words – so we need your help!!

T- Shirt Logo Contest

Name: _____ Membership #: _____

E-mail: _____ Phone #: _____

Entry Deadline is: August 31st, 2016 Winner announced at Membership Party September 18th

e-mail entry to play@haysboro.org or drop of at the community hall



Clothing ordered through Local Laundry—check them out at locallaundryapparel.com and see what other communities have done

Fine print – logo becomes the property of local laundry apparel and the HCA.

HAYSBORO SENIOR RESOURCES GROUP



The Haysboro Senior Resources Group meets on the fourth Thursday of the month (except July, August & December) from 1:30 - 3:30 p.m. at the Haysboro Community Hall, 1204-89 Ave. S.W. The next meeting will be on September 22.

The current season wound up with a barbecue on June 23rd. About 45 people enjoyed a tasty lunch and social hour. As well we were able to get a look at the new audio/visual setup in the lounge. Very impressive!

Our thanks go to the Macleod Trail Calgary Co-op for their cash donation toward the barbecue and to London Drugs at Heritage Plaza for supplying the condiments. The donations were appreciated very much.

The first meeting in the fall features a visit from the Rhythm Kats who will treat us to an afternoon of entertainment. Admission by donation.

Also at this time we will be selling memberships for the 2016-2017 season at \$5.00 per person. This provides the group with funds to cover refreshments and other miscellaneous expenses, and a contact list so we can notify you of upcoming events.

A special event is being planned for the afternoon of Thursday, October 13th to launch the new A/V equipment. Details will be announced in the next issue of the Horn and at the September meeting.

The annual Craft & Bake Sale will be held on Saturday, November 5. If you wish to book a table please contact the hall at 403-253-1563 or info@haysboro.org.

We've been advised that Wipe Clean Window Cleaning Ltd is offering a discount to seniors for cleaning eaves troughs and gutters, as well as window cleaning. If interested contact them at 403-278-3393.

We hope that everyone is having a great summer and that we'll see you on September 22.

HAYSBORO HALL HAPPENINGS

By Fiona

I made a mistake... I know shocking! I got the wrong date – the real date of the Seniors Resource Group Movie Day will be on Thursday, October 13th @ 1:30. Mr. Bill Evans will be back with his presentation of "The Dirt Road: History of the Plains and Foothills". We will see the difference between the old pieced-together equipment and the new. I hope lots of you come – everyone enjoyed his other presentation in April.

I don't like making mistakes, but I know I have made a lot – some big and some little. Some correctable and others not. Some that left scars on me, others that perhaps have scarred others. For the most part we all try to get things right, but we are not perfect. I was watching Wimbledon this morning – I love Wimbledon – I chat with my aunt in England as we watch. Canadian Milos Raonic was playing American, Sam Querrey, and the game ended with Sam making a couple of costly errors – a bad time for a Double Fault. Winning is winning, but it seems nicer to win on your steam rather than on someone else's mistake. I love an Ace for the win! An easier way to lose too I think.

My greatest 'Ace' in life was saying yes to Garry! We met three years ago and life has never been so fun and enjoyable.

In life, like tennis, we make mistakes – sometimes they cost us the game, but I guess the key is to keep on serving – in hopes for another 'ace' moment. As we move through another summer I hope it is full of wonderful 'ace' moments that give you true joy, make you feel strong, encourage you to keep going, and cause you to smile.

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Heritage Time Out

in McDougall United Church

8516 Athabasca St SE,

(no religious content/ non-denominational)

Artisans in quilting, knitting, crocheting, card making, as well as a "do-as-you-wish" table meet to learn and practice their art in a community setting. No experience is required. Come and learn from instructors, obtain advice, but mostly enjoy the company of women across the ages, make friends, and have a personal time out!

**Wednesday mornings, 9:00 – 11:00 a.m.,
next session September 7 – November 30.**

Registration preferred, but drop in is available, babysitting supplied. Please contact Lori at McDougall United Church 403-252-1620.

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Bike To School Day

By Louise Buchanan, Photo by Jen Sollid Staunch

If you were out and about early on June 7th you might have seen a stream of bikes gliding by! That's because it was Calgary Board of Education's bike to school day and Eugene Coste International Spanish Academy were out in force for the event. Despite only being Kindergarten to Grade 2 at present, there were many students, parents, teachers and the principal who met at the large H near Heritage Park by Glenmore Reservoir to bike from there, through Haysboro to Eugene Coste. Many impressed passers-by called out, waved and clapped at the procession. As Eugene Coste grows by a grade each year we are hoping for even more keen bikers next year.

Hasta pronto.



Because of the current 'political reality shows' going on, there are some things to be considered, such as: People who listen to long political speeches are bulldozers. Trump thinks he knows a lot about government, but he doesn't ... politics me off. The president can't pass some bills because it's still incongruous. In political landscapes the mudslinging precedes the landslides. If Donald Trump gets elected, there'll be hell toupee. When Hillary Clinton recently heard what the NRA was doing, she went ballistic!

HAYSBORO COMMUNITY PLAYGROUP

**This summer come join your friends for the
Haysboro Community 2-5yr old Playgroup**

Participation is free and on a drop-in basis.
Thursday morning's from 9:30 – 11:30am

**Starts June 16th and runs until August 25th, 2016
Haysboro Community Park, 1204 89 Ave SW
Please pass this invitation along to your friends.**

Haysboro Community Preschool families will host this weekly event. Every other week, the **First 2000 Days Southwest Coalition** will be our facilitators. They will kick off the playgroup with a circle time and provide fun, brain-building games for your preschooler and you to play together.

Enjoy a picnic snack and then head over for a play at the park.
(Please bring your own picnic blanket & nut-free snacks)

In case of questionable weather, we have access to the Community Centre's upstairs main hall for the first portion of the day but we will still attempt all-weather outdoor play for the last half (rain pants and rubber boots recommended!). Check Haysboro Community Association's Facebook page or @HaysboroPlay for last minute cancellations.

HAYSBORO
COMMUNITY ASSOC.

Follow us on
f t

first 2000 days
Early Childhood Development Network
Southwest Coalition

Programs at Haysboro Community Centre

**For Haysboro Program Registration please contact the Hall
Monday to Friday 10:30-5:30. Phone: 403-253-1563. E-mail: info@haysboro.org**

New members are welcome to join our programs at any time if space is available. Programs may be cancelled due to insufficient registration. GST will be added to programs unless noted otherwise. There is no refund after the program starts or if materials are already ordered. Fee will be pro-rated when applicable.

Drop –In Tot Time

On-going
Monday to 9-11am (except school holidays)
Come visit with other parents as our kids play with the room of toys! Please bring your own nut-free snacks and drinks. Members \$1, non-members \$2, coffee and tea \$1
Contact Kourtney – kourtneyb@shaw.ca

Zumba and Children's Dance

March 29 - May 17 Spring session
(8 weeks) *Tuesdays*
Creative dance 3-4 yrs: 2:30- 3:15pm (45mins)
Hip Hop 5-7 years: 3:50-4:40pm (50mins)
Bassburn (Adult): 7:45-8:45pm

Haysboro Preschool with Allison and Kerry

Haysboro Preschool is a parent-run program for three and four years olds. Guided by University trained, experienced teachers in an open environment, children choose from a variety of learning centres, circle time, stories and outdoor play with a maximum of 12 children per class. For further information or to view the classroom, please call 403-253-1563 or view online at www.haysboro.org.

Tai Chi

8 week session
Tues/Fri 9:15 am - 10:15 am
Tai Chi is a series of slow, flowing movements. The short form being offered is easily learned and performed by anyone regardless of age or physical condition. Tai Chi gently stretches and tones the whole body, relaxes and calms the mind. Call Betty at 403-259-4635.
2x/week - \$65 for members \$75 for non-members
1x/week - \$35 for members \$45 for non-members

Senior Resources Group

Fourth Thursday of the month 1:30-3:30 – Entertainment, Talks, Trips for Seniors

Rhyme and Reason

Interactive program for 0-2 year olds and their caregiver
www.rhymeandreason.ca
Wednesday 9:30-10:30

\$60 for members \$75 for non members

NON-HCA RUN PROGRAMS – PLEASE REGISTER

Prapti Yoga

Classes are offered Monday and Wednesday Evenings and Sunday Afternoons. Once a month workshops on Friday evenings. Mondays are registered classes, Wednesdays are drop in classes and Sunday afternoons are registered classes perfect for beginners or those with physical limitations.

All classes develop strength and flexibility and are taught with playfulness, humour and compassion.
Call Kathy Dodd at 403-869-5323 or visit www.praptiyoga.com for more information and registrations.

South Calgary Ladies Bridge

Fridays 12:00- 3:00

50 Plus Bridge

Wednesdays 12-3
Call Lois for more info 403-278-6978

The Casey Academy of Irish Dance

Beginner Irish Dance classes
Taught by former "Riverdancers" Cara Casey and Mark O'Loughlin. Saturday mornings at Haysboro Community Centre 11:00-11:45 a.m. For ages 5-9
Call #403-520-0059 for more info.
www.caseyacademy.com

Kanto Sho Karate Club

We teach traditional Karate to anyone ages 5 and up. Classes run year round; start anytime. Check our website for information. Monday/Wednesday/Friday/Saturday

PROGRAMS - WEEKLY SCHEDULE	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:00 AM				AllStar Enviro		
9:00 AM		Drop-in Tot Time	Tai Chi 9:15 - 10:15	Safety 8:00-5 Rhyme & Reason 9:30-10:30	Prapti Yoga 9:30 - 10:30	Tai Chi 9:15 - 10:15	8:30 - 10:30 2 Sessions
10:00 AM	Casey Academy 10:00 - 2:00	9:15 - 11:15					Russian Class 11-1:00 Casey Academy 11:30 - 12:15
11:00 AM					Saatva Seniors Yoga 11:15-12:15		
12:00 PM				50+ Bridge 12:00 - 3:00		South Calgary Ladies Bridge	
1:00 PM						12:00 - 3:00	Karate 1:00 - 2:00
2:00 PM			Dawn Ross Yoga 2:00-3:25		4th Thursday of the Month Senior Resources 1:30 - 3:30		
3:00 PM	Prapti Yoga 2:30 - 3:30		Kids Dance 2:45-3:30				
4:00 PM		Coding 4Kids 4-5pm	Young Rembrandts 3:45-4:45; 5:00-6:00				
5:00 PM							
6:00 PM		Karate 6:00 - 8:00	Foxy Kickboxing 6:30 - 7:30	Karate 6:00 - 8:00	Callanetics 7-8:30	Karate 6:00 - 7:00	
7:00 PM			Callanetics	Yoga			

Programs cont'd

Beginner: Monday/Wednesday 6:00 pm - 7:00 pm
Advanced: Monday/Wednesday 7:00 pm - 8:00 pm
Friday 6:00 pm - 7:00 pm
Self-Help: Saturday 1:00 pm - 2:00 pm
Glen Smith, 403-681-8833, kantosh@telus.net, www.renbukaikarate.com

Foxy Kickboxing

Exercise your frustrations away with this energizing workout for women Tuesdays 6:30-7:30 pm. www.foxykickboxing.ca to register and for more information.

Integrated Wellness

One hour stretch and conditioning class, incorporate into existing regime or on its own, this class is for everyone. Introductory workshops for new students. Rhonda Bleau, 403-681-3439, info@wellnesswithrhonda.com / www.wellnesswithrhonda.com

Tuesdays 7:00-8:00 PM
Wednesdays 11:00-12:00 PM
Thursdays 6:15-7:15 PM
Saturdays 8:30-9:30 AM or 9:40-10:40 AM

Latin Twist

We offer classes instructed by a professional dance teacher graduated from the National Ballet School in Havana, Cuba! Now teaching beginner and intermediate dance classes in: cha cha cha, mambo, salsa, bachata, merengue, cumbia, reggaeton, ballet, modern, contemporary and much more!
Ages 7-Adult. Private lessons available for ages 3 – Adult.
Six week session \$80.00 + GST
Contact us: marakatherina@yahoo.co.uk, 587-586-7912

Tuesday Afternoon Yoga

Ever done yoga class and thought "Thank goodness I survived that"? Join me for a completely different experience in classes for non bendy, average Joe types. Enjoy

~continued next page~

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Programs cont'd

all the benefits of yoga without turning yourself inside out or upside down to do it. Gain hip and shoulder mobility, core stability, improve posture and circulation and clear mental and physical clutter. This class includes mindful movement, corrective exercises, breath tools, and simple relaxation techniques.

Tuesdays, 2:10pm-3:25pm
Winter Session, January 12 - March 22, 2016
11 Weeks/\$137.50+GST

What to bring - a yoga mat, blanket, yoga strap and yoga block for your personal use during classes. A strap (\$15) and block (\$12) can be purchased from me at the first class. To inquire or register yogadawn@shaw.ca, www.dawnross.ca for full teaching schedule and workshop dates.

War On Debt Classes

Learn how to pay off all of your debt in 5-7 years without making more money. Debt is like quicksand, the faster you struggle the faster you sink, but once you grab a hold of the principles in Dani Johnson's War On Debt course, you'll never get sucked into the cycle of debt and overspending again. The easy steps and rock solid strategies in this program have **helped tens of thousands of people to pay off millions in debt**. Come learn step by step instructions to bring your account balances to **zero**. Learn the difference between wise and foolish spending and so much more... **First class starts on Tuesday, February 16th, at 7:00pm at the Haysboro Community Center.**

Classes will continue every Tuesday at 7:00pm. Classes are completely FREE to members of the community association. Anyone can become a member and use the community center facilities. Memberships cost \$15/singles, \$30/families. Membership can be purchased at the War on Debt Class.

Spaces limited.

For more information or to register please send email to karla@mayfieldrenovations.com

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(3rd floor Glenmore Landing)

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* Expires Aug 31 2016

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 www.oldcountryflooring.com

South West Communities Resource Centre

Located in the Professional Wing of the Oakridge Co-Op Mall

#42 2580 Southland Drive SW, T2V 4J8
 Phone: 403-238-9222 • Email: info@swcrc.ca • www.swcrc.ca



Exciting News
 The Board of Directors would like to introduce Debra Armstrong as the new Executive Director for the SouthWest Communities Resource Centre. With a background in Social Work and Non-Profit Management her leadership has contributed to the impact of numerous programs and services throughout Alberta. She is excited to work with families throughout 28 local communities and provide a range of programs and services that will meet the needs of children, youth and parents. Come by our office and say hello.


Summer Fun Chat N' Play
 Wednesday afternoons from 1:30 to 3:30.
 This is a fun gathering of parents and tots who are looking for opportunities to socialize and connect with other parents. Coffee will be on, but childcare will not be provided.

Volunteering in your community

- **Casino shifts available on October 1st and 2nd. At Cash Casino.** Please help our agency raise needed dollars to support our neighbours. The gift of your time means so much to so many families. (Must be over the age of 18 to volunteer at a casino).
- If you have a professional skill that you would like to offer as a volunteer, we want to talk to you! We are looking for people who can donate time to help with the following areas and roles: our social media, volunteer management, web design, graphic artists, photographers, parenting group assistants and morning child care once a week. **Please contact our office if you would like to help.**

Donations
Neighbours Helping Neighbours:

- Do you know anyone giving away high quality office furniture? We are seeking three office desks, white boards, and credenza.
- More than ever your neighbors' are requesting our support. The demand for basic needs for many young families has increased over the last year. We are seeking donations for baby diapers, pull-ups and wipes, baby shampoo and formula, personal hygiene products and feminine hygiene products.
- If you are unable to purchase these items, consider making an **online donation** so that the SWCRC can continue to help those who require a helping hand. Visit www.swcrc.ca for more information.

Calgary 

On behalf of Community Standards & Waste and Recycling Services

Thank you Haysboro

Congratulations on a successful **Community Cleanup** on May 29, 2016.

The weights collected for this year:

- Garbage: 2620 kgs**
- Organics: 2465 kgs**
- Total: 5085 kgs**
- Truck Loads Hauled: 3**

Thank you to the Community Association and residents for your commitment to help create healthy, safe and vibrant communities.

IN & AROUND SCHOOLS

St. Gerard School

A MESSAGE FROM OUR NEW PRINCIPAL
 I am delighted to be the new principal of St. Gerard, and feel very fortunate to have been invited into such a close-knit French Immersion community. I am very impressed by all the positive things that I have heard from Darlene Wozney about the school, the families, the educational staff, and the history.

I feel blessed and excited about this opportunity, and will continue to support all the initiatives in which the school community is invested. I trust that my efforts will

mirror those of parents and students as we work with each other towards a great future in education.

Yours truly,
 Christian Harries

Important Dates:
 August 18th: Office Opens
 September 1: For day of classes
 September 1, 2 and 6: Kindergarten Staggered Entry

We look forward to enjoying our school community at a FAMILY BBQ on September 15. Details to follow.



Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

August at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week (more than 55 in the summer months), use the gymnasium, skate, or play shinny, plus with a membership you get 20% off our fun, active registered programs. Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

Pool Grand Opening

This month we're excited to announce the re-opening of our pool (anticipated project completion of Aug 15, 2016). Once open, the pool will be available for members and patrons to drop-in and enjoy. Programmed swim lessons will begin in September.

At a projected cost of over 4.25 million (provided through government grants and lifecycle and reserve funds), aquatic centre improvements include: Myrtha pool liner (one of 2 in Alberta to have this technology), pool deck tile replacement, hot tub with expanded capacity, new play spray features, re-gelling of the waterslide, ceiling tiles to reduce sound reverberation, replacement of upper windows to energy efficient, glare-resistant panes and replacement of lighting to energy-efficient LED fixtures.



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Summer Fun for Children & Youth

Summer Day Camps: Trico Centre is known for its summer camps. Want your child to have fun *and* learn over the summer? Quality themed camps. 3-14 yrs, weekly or daily, full day, half, day, pre and post care. See the Summer Program Guide or check www.tricocentre.ca for all the details.

Summer drop-ins include Drop-In Playtime (walking and up, Thursdays, 5-6:30pm), Drop-In Craft (2 yrs and up, Tuesdays, 5-6:30pm) Drop-In Dodgeball (15 yrs +, Wednesday, 7:15-8:15pm.) Check the Summer 2016 Program Guide for details.

Fall/Winter Program Guide and Registration

Member registration begins August 2 and 3 (ongoing.) General Public: August 4 and ongoing. Trico has something for everyone! Swimming lessons, skating lessons, adult fitness, older adult fitness and wellness, parent & tot, preschool, children & youth. Lots of new programs; see www.tricocentre.ca for a pdf of the Fall/Winter Program Guide or pick up a copy at Trico Centre.

New for Fall: Adults

Ballet Barre Blast: A unique blend of dance, Pilates, yoga, and cardio moves—it's a kick for the midline, glutes, and legs. Myofascial Stretch and Release: Maximize your mobility and reduce pain. Also new is The Focus Series - Goal-focused small groups that are affordable and fun! Groups include fat burning, healthy back & joints, basics, power lifting and strength training.

New for Fall: Tots/Preschoolers

Combo classes: Art N' Gymnastics (4-6 yrs), Funky Fridays (3-5 yrs) - Each week focuses on a different theme inspired by science experiments, music, cooking, crafts, or sports, and includes a supervised dip in the pool for the last half hour. Kangaroos and Crocodiles (3-5 yrs.) Get ready, get wet...go! This program starts in the gym with games, sports, songs, and tons of fun—and finishes up with a swim lesson!

New for Fall: Youth

Hip Hop (6-10 yrs): learn how to Hip Hop to the beat in this grooving dance class. Gym n' Swim Fridays (6-10 yrs & 10-14 yrs): This high-energy program starts with active games and play in the gym and ends with free water play in the pool! Perfect fun for Friday!

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

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Haysboro Community Centre

Register Now for Fall Classes
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NEW CLASSES starting in SEPTEMBER AT THE DOJO!

Children's 4-6 year olds
Mondays 5:30pm - 6:15pm

Women's Class with Self Defense specifics
Fridays 6:00pm - 7:00pm

Space is Limited!
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Haysboro Real Estate Update

Last 12 Months Haysboro
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
June 2016	\$514,900.00	\$496,750.00
May 2016	\$539,900.00	\$532,500.00
April 2016	\$527,250.00	\$518,500.00
March 2016	\$477,500.00	\$440,500.00
February 2016	\$505,000.00	\$495,000.00
January 2016	\$419,900.00	\$410,000.00
December 2015	\$449,900.00	\$439,500.00
November 2015	\$485,000.00	\$462,500.00
October 2015	\$516,500.00	\$510,000.00
September 2015	\$449,000.00	\$435,000.00
August 2015	\$504,850.00	\$496,500.00
July 2015	\$482,450.00	\$485,750.00

Last 12 Months Haysboro
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
June 2016	13	6
May 2016	12	12
April 2016	6	8
March 2016	9	4
February 2016	5	3
January 2016	7	3
December 2015	4	3
November 2015	2	5
October 2015	9	7
September 2015	8	3
August 2015	7	6
July 2015	7	8

To view the specific SOLD Listings that comprise the above
MLS averages please visit haysboro.great-news.ca

IN & AROUND CALGARY

Southland Leisure Centre 2000 Southland Drive SW

See calgary.ca/leisurecentres for schedules and more information.

Fall 2016 - look for our program guide online and on stands early Aug www.calgary.ca/recreation)

NEW "Did you know Southland Leisure Centre has a Pro-shop? We have a great selection of swimsuits for all ages. Proshop sharpens skates using the Blackstone Stealth Skate Sharpening machine, CHECK US Out"

Wednesday Soccer Drop-in Southland Leisure Centre
Age: All ages

Soccer in the gymnasium. Develop foot skills, practice drills or play a game. Nets and standards are available. Please supply your own soccer ball.

Drop-in Climbing and Gymnastics at Southland Leisure Centre

There's so much to do at Southland Leisure Centre! Come have some fun and unique experiences in our rock wall climbing and gymnastics gym drop-in times. All equipment is provided and instructors are present to guide you.

Drop-in Badminton and Basketball at Southland Leisure Centre

Please see calgary.ca/recreation or contact 311 for the latest schedules as cancellations may be in effect for special events or holiday hours.

SOUTHLAND LEISURE CENTRE PLAYSCHOOL

Phone: 403-648-6582

Southland Leisure Centre's Playschool is recreation-based and includes educational activities which allows children to learn through play. Playschool programs are for two to four year olds from September to June. Registration is ongoing throughout the year, based on availability. Spaces are still available for the 2 1/2 and 4 year old programs for the 2016 to 2017 school year.

NEW Prepare your preschooler for an active social experience where children are encouraged to play and learn through games, song, exploration, and art.

This flexible Playschool option allows you to choose from one day a week or all five, just pay for the day/classes you choose at the time of registration and you can add day/

classes throughout the year as you require. Registration is ongoing and in-person.

Age: 3Y-5Y

Sep 12 - Dec 31 (Jun 14/2017) M - F

12:30pm -03:00pm \$20

Every Sunday, 8 am to noon. Family Swim at Southland Leisure Centre. It's a designated family swim time. Come enjoy our waterpark, including a trip or two to the Aqua-Play structure. Be prepared to get wet! Adults must be accompanied by a child and all children must be accompanied by an adult. Regular admission applies.

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ALL TYPES OF DRYWALL: Boarding taping and texturing. Complete basement developments and renovations. Licensed and insured. References. Call Austin Construction 403-852-2785.

WELL EXPERIENCED HOUSE CLEANER AVAILABLE: Very thorough. Excellent references. I do weekly bi-weekly or monthly cleanings. I also specialize in post construction clean ups move in or move out cleanings as well. Please call Malou at 403-698-3958.

BOW-GLEN WTS: Your neighbourhood qualified journeyman plumber specializing in ALL your Water Softener and Water Filter requirements, and service. Experienced "Water Treatment Specialist" and "Insured" owner. Call for FREE estimates, service, testing and "Professional" installations! Call Bob 403-835-7497. BOW-GLEN can be found on Facebook and Google.

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HOME RENOVATING: Haysboro resident available to help with your home renovating needs. I have experience in all areas of home repair including drywall, painting, flooring, decks, fences and yearly maintenance. For a free estimate call Ken at 403-708-8737.

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARDBUSTERSLANDSCAPING.COM: Fall cleanups and snow removal. Weekly lawn mowing \$36, power-rake \$100, aeration \$50. Some conditions. Landscape construction and yard renovation: Stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769.

CS HANDYMAN SERVICES: Serving Kingsland, Haysboro, Willow Park, Maple Ridge, Fairview, Acadia, and Southland, doing drywall repairs, fence repairs, painting, small plumbing repairs, and odd jobs around the house. Courtious and reliable. Licenced and insured. Low rates. Phone Cliff at 403-620-8170.

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SUMMER IS HERE! Time to enjoy your yard. Weekly or vacation cuts. Flower bed, planting, and maintenance. Hedges, bark chips, and projects. Locally owned and operated. Please contact Brenda at 403-615-7199.

ANYTHING TO THE DUMP: Garage clean outs, branches, appliances. Cheaper than a bin and I load. Call Ken 403-708-8737.


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Haysboro mybabysitterlist

Name	Age	Contact	Course
Asha	13	403-629-2200	Yes
Ryan	13	403-252-6104	Yes
Maya	14	403-253-9390	Yes
Ashley	14	403-560-9378	Yes
Nicole	15	403-850-8460	No
Emma	15	403-369-7656	Yes
Katrina	15	403-201-0139	Yes
Katrina	15	403-919-3138	Yes
Danika	16	403-640-4331	Yes
Jakarta	19	403-808-8503	No
Emilie	23	587-581-5707	Yes
Casey	24	587-999-5774	Yes
Sarah	24	819-679-3059	Yes
Marlene	65	403-454-2413	Yes

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 Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.
Calling All PARENTS
 Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



Plant Trivia
 The oldest living thing in existence is not a giant redwood, but a bristlecone pine in the White Mountains of California, dated to be aged 4,600 years old.



MLA CALGARY-GLENMORE ANAM KAZIM

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Email: calgary.glenmore@assembly.ab.ca

Dear Constituents:

Thank you to all the constituents who attended our MLA Stampede Breakfast at Heritage Park on July 13, 2016. I was very happy to see you and pleased you took the time to make the event a success. Also, I apologize for the misquote in the July community association newsletters about Canada Day 150- we are in the 150th year now and we are moving towards the celebration of that all year, so we wanted to say "towards our 150th birthday". Thank you for your understanding.

Alberta Registry Renewal Reminders: I would like to remind you that the paper reminders from Service Alberta will no longer be issued for the renewal of license plates, driver's licenses and other government IDs. Therefore, please register online at www.reminders.e-registry.ca to receive electronic reminders and review the documents for their expiration dates.

Electricity Prices/Carbon Levy: It is worth noting that current and expected transmission cost increases are due to entirely new transmission builds that were approved in 2008. While it is crucial we have a reliable electricity grid that keeps pace with a growing province, decision makers at the time were not clear with Albertans about what the costs would be and who would pay for their decisions.

The government is putting a price on carbon pollution across the entire economy, and every bit of the revenue generated from our price on carbon will be reinvested back into Alberta's economy, including the pocket-books of Alberta families and to diversify our economy and create good, mortgage-paying jobs through investments in renewables and infrastructure.

This plan is cost neutral for most Albertans. Two-thirds of Albertans will receive a rebate to ensure the direct costs of emissions do not place an unfair burden on them and that their efforts to reduce their energy consumption are rewarded. Please note that even once the carbon levy is fully implemented, Alberta will still have the lowest taxes in the country.

The government has announced the creation of a new energy efficient agency, Energy Efficiency Alberta, to help families, businesses and municipalities reduce both their energy costs and greenhouse gas emissions. These efforts will help Albertans save on energy bills, and create new jobs in insulation, retrofitting and rebuilding. Until now, Alberta has been the only province without a plan to improve energy efficiency of our homes, workplaces, and public buildings and was long past due. More details will be available soon.

There will also be an adjustment program to assist coal-dependent communities, Indigenous communities, low-income families, and small business to adjust to and succeed in a diversified, lower carbon economy.

Alberta's government has an investment plan that will fully recycle revenues from Alberta's carbon levy into renewable energy, innovation, public transit, and other measures that will reduce the carbon intensity of our economy.

Alberta Jobs Plan: Please check the link for details on the government's initiatives to create jobs in the province: www.alberta.ca/alberta-jobs-plan.cfm

Facebook: [Anam Kazim MLA Calgary-Glenmore](https://www.facebook.com/AnamKazim)
Twitter: [@anamkazimMLA](https://twitter.com/anamkazimMLA)

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication
Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

FLC SENIORS CLUB – TAI CHI 55+ Study of the 105 Movement Yang Style. Our Fall Session starts September 8, with Thursday morning classes held at the Trico Centre. For further information: please call Juliette at 403-225-1593 or Christel at 403-271-1289, or email taichi@flcseniors.ca. www.flcseniors.ca.

Editorial Content Deadline 10th
of each month for the next month's issue
editor@haysboro.org

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IMPORTANT CHANGES TO TAX-EXEMPT WEALTH TRANSFER STRATEGIES

On January 1, 2017, the federal government is amending regulations that will significantly decrease the tax efficiency of current "wealth transfer" strategies.

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TAX-SMART INVESTMENT AND ESTATE STRATEGIES

GUEST SPEAKERS:



PETER BOWEN, B.A.(Econ), CA
Vice-President, Tax Research and Solutions



M.C. (MIKE) MACOUN, CLU, CHS, TEP
Vice-President, Estate Planning Specialist



DATE: Tuesday, August 30, 2016

LOCATION: Canada's Sports Hall of Fame
169 Canada Olympic Road S.W.
Canada Olympic Park
Calgary, AB T3B 6B7

RSVP: Kara Weber
(403) 299-7374
kara.weber@rbc.com

All guests must be registered to attend. (Space is limited.)

Refreshments will be provided
Complimentary parking on site
Includes access to interactive sports,
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COUNCILLOR, WARD 11 BRIAN PINCOTT

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Thank you for taking the time to join in on the budget discussion through June and July. I valued the thoughts, comments and feedback you added to the discussion. If you missed it, please check out the blog series on my website at www.ward11calgary.ca. If you do not have internet access, please know you are welcome to contact my office, and will find an alternate way to share the information with you.

To ensure that you're part of the conversation, I would like to encourage you to contact me and sign up to receive updates from my office. I send out one or two email updates a month to let residents of Ward 11 know about upcoming events in your community, city programs and opportunities to have input into the city's public engagement programs. You can sign up by emailing my office at ward11@calgary.ca and asking to start receiving our updates.

The summer is a great time to consider joining your community association. Community Associations work for you at the very local level of your neighbourhood. The people who volunteer with your community association are committed to making your community better. They plan events, work to represent you to the City and to me, and are always looking for new ways to help neighbours connect with neighbours. They are a very important part of what makes our communities great. Please support your community association by getting a membership, by volunteering and helping out to make your neighbourhood event better.

There are a ton of events taking place in Ward 11, and in Calgary, this summer, and I would like to encourage everyone to take part in some of them! Ward 11 is blessed with very active community associations that are hosting stampede breakfasts and parade, pub nights, movie-in-the-park nights and all kinds of other events. Enjoy the festivities, I hope you have a safe and great summer!

VOLUNTEERING....
Good for the Soul



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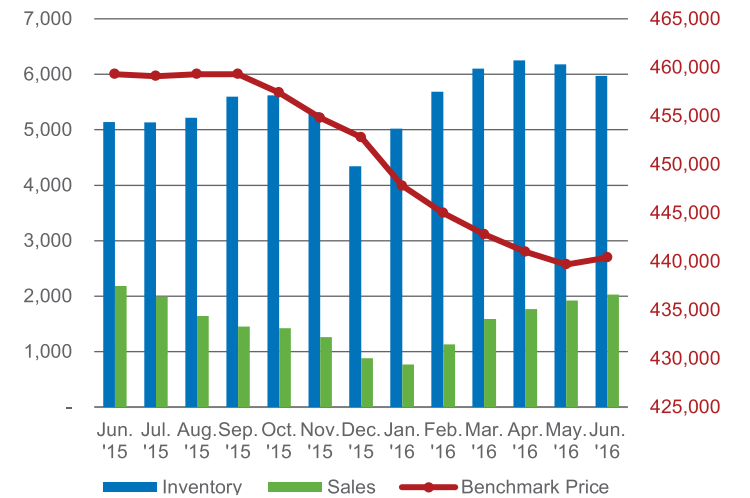
STEADY RISE IN HOUSE SALES

The Calgary MLS market has seen five consecutive months of increase in total sales volume. This excellent trend has brought back renewed confidence and stability to our real estate market.

For more information and our professional interpretation of your specific real estate needs, contact The Home Hunters Real Estate Group!!

(Statistics based on CREBMLS System listings as at July 1, 2016)

CITY OF CALGARY TOTAL INVENTORY AND SALES



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