

FEBRUARY 2016

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HORN

THE OFFICIAL HAYSBORO COMMUNITY NEWSLETTER



www.haysboro.org

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Your city employees want to start the new year with a big *Thank You* for appreciating our efforts in keeping Calgary clean and green. You gave our garbage and recycling teams a *97% satisfaction* rating last year.

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And we'd also like to thank the City for reaffirming their commitment to keeping this service public — and saying *No Thank You* to a for-profit service that would have cost taxpayers *5-20% more!*

Here's to another great year, in Canada's greatest city.

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Haysboro Community Association

1204 89 Ave SW
Calgary, AB T2V 0W4
Phone:(403) 253-1563
info@haysboro.org | www.haysboro.org

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 1204 - 89 Ave SW, Calgary, AB T2V 0W4
 Office Hours Monday to Friday 10:30am - 5:30pm

OUR MISSION STATEMENT: The Haysboro Community Association, as a volunteer organization, is dedicated to enhance the quality of life of the community through the engagement of residents in community planning and development, social and recreational programs, all the while fostering a safe and vibrant environment.

OUR VISION STATEMENT: Established, safe and vibrant community with residents engaged in responsible development, social and recreational programs, all the while fostering friendly neighborhood connections.

BOARD EXECUTIVES

President	Maxine Morrison	President@Haysboro.org	403-615-9443
Vice President	Michael Akbar	vicepresident@haysboro.org	403-560-2804
Treasurer	Miriam Mitchell	treasurer@haysboro.org	403-259-5145
Secretary	Alexa Briggs	boardsecretary@haysboro.org	403-289-7721
Past President	Gary Williamson	pastpresident@haysboro.org	403-807-9234

BOARD DIRECTORS

Facility & Maintenance	Adrian Fahrni	facilities@haysboro.org	
Horn Editor	Brent Nichols	editor@haysboro.org	403-374-0490
Casino	Julie O'Brien	casino@haysboro.org	403-991-2934
Sports & Rec	Sonja Sahlen	play@haysboro.org	403-875-7725
Civic Affairs	Maciej Kijak	civicaffairs@haysboro.org	
Programs & Events	Kourtney Branagan	events@haysboro.org	
Fundraising	Marisol Narvaez	fundraising@haysboro.org	
Communications	Garry Swanson	communications@haysboro.org	
Senior Resources	Dorothy Block		
Trico Liaison	Donna Sharpe		
Director-at-large	Saadia Stainsby		
Director-at-large	Dean Wallbank		
Director-at-large	Jean Johnson		
Director-at-large	Justin Barrett		
Director-at-large	Lauren Gilbert		
Director-at-large	Jenne Newman		
Director-at-large	Steven Snell		

COMMUNITY CONTACTS

HCA Administration and Hall Rentals	Fiona Swanson	info@haysboro.org	403-253-1563
50 Plus Club	Lois McNichol		403-278-6978
Haysboro Preschool	Cinnamon Burrell	Preschool@Haysboro.org	Hall: 403-253-1563
MLA – Glenmore	Anam Kazim	Calgary.Glenmore@assembly.ab.ca	403-216-5421
Councillor -Ward 11	Brian Pincott	info@ward11calgary.ca	403-268-2430
Police Liaison- District 6	Constable Joshua Young	jyoung@calgarypolice.ca	403-567-6600
Southwest Communities Resource Centre			403-238-9222
Southland Youth Justice	Kathy Hutchings	calgaryyouthjustice.com	403-244-8201
Business Advertising	Great News Publishing	sales@great-news.ca	403-720-0762

HAYSBORO HALL HAPPENINGS

By Fiona

January 4: Back to work. E-mails are caught up, preschool payments need to be processed, Senior Resources Group snow bills should be arriving soon, a pile of unopened mail – I had better get busy before people realize I am back in the office and ask me to do more things! Holidays are nice, but more so if you get to go away, which I didn't, although Garry is planning a couple of things – so nice to have a holiday planner in the family!

Thank you to everyone who came to the sing-a-long and to Ken for leading it – we hope to get him back to lead some karaoke pub nights once we get the Lounge set up for it. I was disappointed that the Family Card making and the Family Dance had to be cancelled due to lack of interest; hopefully, we will have better response in 2016 to the events that are planned. I know that the events and sports committees are busy planning events for 2016 – watch for these upcoming events in the Horn and online.

A Community Clean-up is being planned for Sunday, May 29 from 9-2 at the London Drugs, Heritage Plaza – this was a great event last year and will be expanded this year.

Don't forget that all of these events require volunteers – if you would like to help out in any way, big or small, give me a call. Don't worry, I always make time for visitors and people who want to help out – that is why it took me 5 hours to write this.

Happy Valentine's to all of you!

Haysboro Ice Rink Volunteers Needed

The Haysboro Ice Rink Team needs volunteers for the winter to help flood and maintain the rinks. Volunteering to help with the ice rink is a rewarding experience with the added bonus of getting great exercise and fresh air, and provides an excellent opportunity to meet other community members!

A skating teacher is needed to teach beginners. Contact Fiona at the hall if interested - 403-253-1563.

If you are interested in joining the team, feel free to contact Adrian at HCAFacilities@shaw.ca for more information.

Haysboro Community Association Residents' Meetings

Last Wednesday of every month at 7:30 PM
There are no meetings in July and August
Haysboro Community Hall, 1204-89 Ave SW

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Community Meditators Spiritual Christmas

On behalf of the more than 70 Community Meditators who participated and attended Spiritual Christmas at the Haysboro Community Centre, Thank You! Community members, friends, and family ages 2 to 92 years old joined together to experience their own personal meaning of Christmas. Together we all practiced giving and receiving with a delicious potluck, crafts, gift making, activities, and play for the 30 or so kids. We shared our voices in song, and practiced meditation together. And we ended off the evening enjoying some special Christmas baking and tea.

Thank you to the Community Centre for the facility and helping make this a possibility, to Kanto Sho Karate for sharing space, for Jimmy, Mateo, Carter, Jaden, Jack & Ethan for taking care of the littlest, and to all for the nourishing food, set up, tear down, crafts, and art projects. Plus a special thank-you to each participant coming with an open heart and warm smile. May the spirit of Christmas carry with you and this wonderful community all through the year.

Sincerely,

Community Meditators

Haysboro Churches

Heritage Drive Chapel 935 Heritage Dr SW
Church of Jesus Christ of Latter-Day Saints

Hope for Life Christian Fellowship 403-255-6110
Interdenominational, St. Gerard's School, 96th Ave SW
www.hflchurch.ca Non-denominational

Lighthouse Church Interdenominational 403-640-2099
O-9827 Horton Road SE
www.calgarylighthouse.com

St. Andrew's Presbyterian Church 403-255-0001
703 Heritage Dr SW
www.standrewscalgary.ca

Springs Church 403-473-3400
924 Heritage Drive SW

St. Gerard's Church Catholic 403-253-2251
8944 Elbow Dr SW
http://stgerards.ca

Haysboro Schools

Haysboro Elementary 1123 - 87 Ave SW
403-777-8530 http://schools.cbe.ab.ca/b316

Woodman Junior High 8706 Elbow Drive SW
403-777-7490 http://schools.cbe.ab.ca/b631

Henry Wise Wood Senior High 910 - 75 Ave SW
403-253-2261 http://schools.cbe.ab.ca/b836

Haysboro Community Preschool 1204 - 89 Ave SW
403-253-6524 www.haysboro.org

Calgary Early Learning Centre 140 Haddon Road SW
403-255-4288 www.calgarypreschools.com

Bishop Grandin Senior High 111 Haddon Road SW
403-252-7541 www.bghs.ca

St. Gerard Elementary 1204 - 96 Ave SW
403-500-2028 www.cssd.ab.ca/schools/stgerard

Akiva Academy (ECS - Gr. 6) 140 Haddon Road SW
403-258-1312 www.akiva.ca

St. Augustine Fine Arts School (K-9) 7112 7 St. SW
403-500-2022

Notre-Dame-de-la-Paix (S)(FR) K-6 403-271-5544

École de la Source (FR) K-9 403-255-6724

Ste-Marguerite-Bourgeoys (S)(FR) 7-12 403-240-2007

École de la Rose sauvage (FR) 10-12 403-230-3112

Trinity Christian School 403-254-6682

BOARD NEWS

By Brent Nichols

I'd like to thank Mark Soehner, who took the photo gracing the cover of this month's Horn. His photos have been on two other covers in recent months. Last month's bobcat photo was taken by Sylvia Knodel. Other residents have sent me photos in the past, too. If you have a neighborhood picture that you think would look good on the cover, send it to editor@haysboro.org.

It's been a busy winter with awesome volunteers keeping the rinks clear. Other people help out in a variety of ways as well. I bundled up this morning, grabbed my shovel, and headed outside to find that someone cleared a stripe of snow in front of every house for most of a block. Thank you to everyone who's been a snow angel this winter. It's such a simple way to bring a smile to someone's face.

We've all got a few neighbors who haven't actually cleared their sidewalks in years. A snowy sidewalk is irritating, but ice is much worse. I hurt myself last winter falling on an ice-covered sidewalk. The homeowner hadn't made the slightest effort to deal with it.

The City provides salted gravel at a location on Haddon Road just north of Southland Drive. There's a huge pile of gravel there, and you can help yourself to a bucketful for spreading on public sidewalks. If the sidewalk in front of your house is a deathtrap, this is something you should be doing. I'm young enough to fall hard, get up, and limp away with nothing worse than bruises. Not every person in Haysboro would have gotten up from that fall I took.

Don't put someone in the hospital. Deal with the ice in front of your house.

See you next month.



The Best Neighbourhoods Survey is now open.

HAVE YOUR SAY

Tell us what makes great neighbourhoods great and what's most important to you in choosing where to live.

Closes February 28, 2016

AvenueCalgary.com/survey

avenue magazine

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Save the Date Haysboro Community Pub Night

Saturday Night February 27.

Join us for an adult pub night at the Haysboro Hall. DJ, trivia contest, name-that-tune contest, door prizes, and more.

For more information and to purchase your tickets online go to Haysboro.org or stop by the office M-F 10:30pm-5:30pm.

Tickets must be purchased in advance and are not available at the door as per our liquor license requirements.

Invite your friends and neighbours. Early Bird pricing available until February 12. Discount for HCA members. Tickets start at \$5/person or \$15/4 tickets.

Volunteers needed to tend bar, setup, takedown, and run the games. Signup at haysboro.org and get a complimentary ticket!

This event is a fundraiser for the Haysboro Rink Improvement Project. If you have a local business please consider sponsoring an event prize – great publicity and a fantastic way to give back to your community!

Email play@haysboro.org for more info.



Haysboro Community Preschool

**Registration Day for the 2016/17
school year is Saturday March 5, 2016.**

Haysboro Community Hall
1204 89th Ave SW

9:00 – 11:00am Alumni
10:00 – 11:00am Open Registration

We have programs for 3 and 4 year olds.
Ph: 403-253-1563
www.haysboro.org

**Committed to keeping you
active
together**



Trico Centre has been committed to family wellness for over 30 years. Trico Centre has partnerships with more than 40 communities in south Calgary. Residents of partnered communities pay 20% less for memberships than non-residents with payment of the Community Support Fee or presentation of a valid community association membership.

Trico Centre for Family Wellness
11150 Bonaventure Drive SE
403-278-7542 | www.tricocentre.ca



Haysboro Real Estate Update

Last 12 Months Haysboro
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
December 2015	\$463,233	\$443,833
November 2015	\$496,920	\$484,500
October 2015	\$512,942	\$507,339
September 2015	\$491,266	\$476,666
August 2015	\$502,816	\$493,000
July 2015	\$513,937	\$506,050
June 2015	\$560,450	\$545,983
May 2015	\$523,333	\$507,908
April 2015	\$465,760	\$442,300
March 2015	\$494,485	\$486,585
February 2015	\$484,800	\$477,714
January 2015	\$520,700	\$519,800

Last 12 Months Haysboro
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
December 2015	6	3
November 2015	2	5
October 2015	11	7
September 2015	8	3
August 2015	7	6
July 2015	7	8
June 2015	8	6
May 2015	4	12
April 2015	12	5
March 2015	9	7
February 2015	14	7
January 2015	9	5
Total	97	74

To view the specific SOLD Listings that comprise the above MLS averages please visit haysboro.great-news.ca

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Sheri MacDonald, M.Sc.
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Programs at Haysboro Community Centre

**For Haysboro Program Registration please contact the Hall
Monday to Friday 10:30-5:30. Phone: 403-253-1564. E-mail: info@haysboro.org**

New members are welcome to join our programs at any time if space is available. Programs may be cancelled due to insufficient registration. GST will be added to programs unless noted otherwise. There is no refund after the program starts or if materials are already ordered. Fee will be pro-rated when applicable.

Drop –In Tot Time

On-going
Monday to 9-11am (except school holidays)
Come visit with other parents as our kids play with the room of toys! Please bring your own nut-free snacks and drinks. Members \$1, non-members \$2, coffee and tea \$1
Contact Kourtney – kourtneyb@shaw.ca

Zumba and Children's Dance

Dance classes for 9 weeks Jan 12-March 15
Tuesdays:
2:30-pm-3:15pm - Kids Creative Dance
7:45-8:45pm - Zumba Adult
Kids: 55 for members/75 (non-members) including GST
Zumba: \$70 members/85 non-members including GST

Haysboro Preschool with Allison and Kerry

Haysboro Preschool is a parent-run program for three and four years olds. Guided by University trained, experienced teachers in an open environment, children choose from a variety of learning centres, circle time, stories and outdoor play with a maximum of 12 children per class. For further information or to view the classroom, please call 403-253-1563 or view online at www.haysboro.org.

Tai Chai

8 week session
Tues/Fri 9:15 am - 10:15 am
Tai Chi is a series of slow, flowing movements. The short form being offered is easily learned and performed by anyone regardless of age or physical condition. Tai Chi gently stretches and tones the whole body, relaxes and calms the mind. Call Betty at 403-259-4635.
2x/week - \$65 for members \$75 for non-members
1x/week - \$35 for members \$45 for non-members

Senior Resources Group

Fourth Thursday of the month 1:30-3:30 – Entertainment, Talks, Trips for Seniors

Rhyme and Reason

Interactive program for 0-2 year olds and their caregiver
www.rhymeandreason.ca
Wednesday 9:30-10:30
\$60 for members \$75 for non members

NON-HCA RUN PROGRAMS – PLEASE REGISTER- Prapti Yoga

Classes are offered Monday and Wednesday Evenings and Sunday Afternoons. Once a month workshops on Friday evenings. Mondays are registered classes, Wednesdays are drop in classes and Sunday afternoons are registered classes perfect for beginners or those with physical limitations.
All classes develop strength and flexibility and are taught with playfulness, humour and compassion.
Call Kathy Dodd at 403-869-5323 or visit www.praptiyoga.com for more information and registrations.

South Calgary Ladies Bridge

Fridays 12:00- 3:00

50 Plus Bridge

Wednesdays 12-3
Call Lois for more info 403-278-6978

Dawn Ross Therapeutic Yoga

Ever done yoga class and thought "Thank goodness I survived that." Join me for a completely different experience in classes designed for the average Joe non bendy body type. Enjoy the benefits of yoga without turning yourself inside out or upside down to do it. You'll gain hip & shoulder mobility, core stability, im-

~continued next page~

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 AM				AllStar Enviro			Callanetics
9:00 AM		Drop-in Tot Time	Tai Chi 9:15 - 10:15	Safety 8:00-5 Rhyme & Reason 9:30-10:30	Prapti Yoga 9:30 - 10:30	Tai Chi 9:15 - 10:15	8:30 - 10:30 2 Sessions
10:00 AM	Casey Academy 10:00 - 2:00	9:15 - 11:15					Russian Class 11-1:00
11:00 AM					Saatva Seniors Yoga 11:15-12:15		Casey Academy 11:30 - 12:15
12:00 PM				50+ Bridge 12:00 - 3:00		South Calgary Ladies Bridge 12:00 - 3:00	
1:00 PM					4th Thursday of the Month Senior Resources 1:30 - 3:30		Karate 1:00 - 2:00
2:00 PM			Dawn Ross Yoga 2:00-3:25				Pyxis Academy 2:30 - 4:30
3:00 PM	Prapti Yoga 2:30 - 3:30		Kids Dance 2:45-3:30				
4:00 PM		Coding 4Kids 4-5pm	Young Rembrandts 3:45-4:45; 5:00-6:00				
5:00 PM							
6:00 PM		Karate 6:00 - 8:00	Foxy Kickboxing 6:30 - 7:30	Karate 6:00 - 8:00	Callanetics 7-8:30	Karate 6:00 - 7:00	
7:00 PM			Callanetics	Yoga	Pyxis Academy		

Programs cont'd

prove posture & circulation and clear mental & physical clutter.

Class includes mindful movement, corrective exercises, and simple breath and mind quieting techniques.

The Casey Academy of Irish Dance Beginner Irish Dance classes

Taught by former "Riverdancers" Cara Casey and Mark O'Loughlin. Saturday mornings at Haysboro Community Centre 11:00-11:45 a.m. For ages 5-9
Call #403-520-0059 for more info.

www.caseyacademy.com

Kanto Sho Karate Club

We teach traditional Karate to anyone ages 5 and up. Classes run year round; start anytime. Check our website for information. Monday/Wednesday/Friday/Saturday
Beginner: Monday/Wednesday 6:00 pm - 7:00 pm
Advanced: Monday/Wednesday 7:00 pm - 8:00 pm

Friday 6:00 pm - 7:00 pm
Self-Help: Saturday 1:00 pm - 2:00 pm
Glen Smith, 403-681-8833, kantosh@telus.net,
www.renbukaikarate.com

Foxy Kickboxing

Exercise your frustrations away with this energizing workout for women Tuesdays 6:30-7:30 pm. www.foxykickboxing.ca to register and for more information.

Integrated Wellness

one hour stretch and conditioning class, incorporate into existing regime or on its own, this class is for everyone. Introductory workshops for new students. Rhonda Bleau, 403-681-3439, info@wellnesswithrhonda.com / www.wellnesswithrhonda.com

Tuesdays 7:00-8:00 PM
Wednesdays 11:00-12:00 PM
Thursdays 6:15-7:15 PM
Saturdays 8:30-9:30 AM or 9:40-10:40 AM

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Haysboro Horn DEADLINE

Article submissions to editor@haysboro.org or info@haysboro.org before the 1st of each month

The Haysboro Horn is the monthly newsletter of the Haysboro Community Association and is distributed free of charge to all community residents and businesses 12 times per year. Community Classified announcements can be submitted free of charge, with paid community membership, to info@haysboro.org or by calling 403-253-1563.

Display advertising and Business Classified advertising inquiries should be directed to the newsletter publisher, Great News Publishing.

Programs cont'd

Pyxis Academy

Pyxis, Math & Science Academy, aims at creating an environment where students will become motivated to learn and discover the power of knowledge.

Subjects

Math Gr. 1 - 12
Science Gr. 4 - 12
Physics Gr. 11 - 12

Classes

Students are encouraged to start any time. Classes run year round.

Thursday 7 - 9 pm
Saturday 2:30-4:30pm

Cost

\$100 / subject, per month. Assessment & consultation are free of charge.

Contact

Call (+1) 403-585-4211 or email admin@pyxisacademy.com

New: Coding4Kids

Mondays 4-5 pm ages 7-12
laptops provided
www.coding4kids.ca

Coding for Kids is an initiative to teach computer programming to children and youth. Our educators are professional software developers with significant teaching experience. Everyone attending our courses will acquire a solid dose of algorithms, programming and STEM knowledge while having tons of fun!

Latin Twist

We offer classes instructed by a professional dance teacher graduated from the National Ballet School in Havana, Cuba! Now teaching beginner and intermediate dance classes in: cha cha cha, mambo, salsa, bachata, merengue, cumbia, reggaeton, ballet, modern, contemporary and much more!

Ages 7-Adult. Private lessons available for ages 3 - Adult.

Six week session \$80.00 + GST

Contact us: marakatherina@yahoo.co.uk, 587-586-7912

Tuesday Afternoon Yoga

Ever done yoga class and thought "Thank goodness I survived that"? Join me for a completely different ex-

perience in classes for non bendy, average Joe types. Enjoy all the benefits of yoga without turning yourself inside out or upside down to do it. Gain hip and shoulder mobility, core stability, improve posture and circulation and clear mental and physical clutter. This class includes mindful movement, corrective exercises, breath tools, and simple relaxation techniques.

Tuesdays, 2:10pm-3:25pm

Winter Session, January 12 - March 22, 2016


11 Weeks/\$137.50+GST

What to bring - a yoga mat, blanket, yoga strap and yoga block for your personal use during classes. A strap (\$15) and block (\$12) can be purchased from me at the first class. To inquire or register yogadawn@shaw.ca, www.dawnross.ca for full teaching schedule and workshop dates.



Clarence was the most talkative bird in Haysboro. You could always tell when Clarence was in the rookery—it was his beak that was always open. He had another peculiarity. While most of the flock would settle on trees or perch on power lines, he would head unerringly for the telephone cables and once settled. He seemed to talk to himself. His strange activity aroused the curiosity of another crow who finally asked him why he always made for the phones wires and began a lengthy conversation. "Oh that," said Clarence, "I just like to make long distance caws."

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Haysboro Neighbourhood Scavenger Hunt Update

A committee has started to organize and run a neighbourhood scavenger hunt/amazing race this June. We need people to organize and run activity stations and are looking for local businesses to participate in this fun all-ages event.

If you have an idea for a challenge or would like to volunteer to help, please contact Sonja at play@haysboro.org or 403.875.7725 to join the organizing committee.

Thank you to Cheryl Ego who was involved in the Millennium edition of the Haysboro Amazing Race for joining the committee and sharing past ideas.

HERITAGE FAMILY MEDICAL CENTRE WELCOMES DR. S. MIRZA

Starting November 5, 2015
New Patients and Walk-Ins

8330 Macleod Trail S.
SE Corner of London Drugs Shopping Centre
403-258-3000

Heritage Time Out



in McDougall United Church (no religious content/ non-denominational) Artisans in quilting, knitting, crocheting, card making and cross-stitching meet to learn and practice their art in a community setting; no experience required. Come and learn from instructors, obtain advice, but mostly enjoy the company of women across the ages. Make friends and have a personal time-out!

Wednesday mornings 9-11 from January 6-March 23. Registration is preferred, but there is drop-in availability. Babysitting is supplied.

Tribute to George Aronyk

by Miriam Mitchell



Haysboro has lost a dear friend. George Aronyk, past president, board member, volunteer and long-time Haysboro resident passed out of this world in October of 2015. I first met this wonderful man when I joined the board of directors many years ago. He was the President of Haysboro Community Association at the time. George and his wife had lived and raised their family in Haysboro. George was employed by CP Rail for most of his work life. This was all history by the time I met George. I knew him as a tireless volunteer for his community. He did many things for Haysboro. He was on site most days doing something for his community. Story has it that days after he retired from his job at CP Rail, he presented himself at the community association and asked if there was something he could help with. This was the beginning of many years of service for George.

George was the person who taught me about how to work a Bingo. Back then we hosted a Bingo about once a month. He was the person who knew all the volunteers. He worked every event we hosted. He knew how to perform all the volunteer jobs required. He showed great caring and respect for all of our volunteers. We had many seniors who volunteered at the events we hosted. He made sure that everybody had a ride to and from the event. He made sure those who had difficulties walking had sit down jobs. He made sure those that were hard of hearing were accommodated as best we could. He was a pleasure to work with.

George was instrumental in the naming of our Memorial Lounge. He strongly believed in the importance of community. He saw himself as one of many dedicated volunteers that provide the lifeblood to his community. He saw the naming of the Memorial Lounge as a way to celebrate and remember all those that had contributed their time and energies to the betterment of Haysboro. For this, we thank you George.

In memory of our friend, George Aronyk, the Haysboro Community Association has made a donation to the University Hospital Foundation, Brain Center Campaign, 8440-112 Street N.W., Edmonton, AB T6G 2B7 <https://www.universityhospitalfoundation.ab.ca/braincentre/donate>.

REMEMBERING THOSE HAYSBORO LOST IN 2015

To say, dear friends, we haven't forgotten you!

			
George Aronyk	Lois Muir	Nora Donaldson	Doug Chirby
			
Roger Bourque	James Raymond	Margaret Stephen	Toby Meyer
			
Marie Gonis	Mike Cardell	Harold Taylor	Arn McCallum

Hotma Tonggo (no photo available)
Parulian Siagian (no photo available)

We are so sorry if we have missed one of your loved ones or neighbours. We would like to make this an annual remembrance so please contact the hall if you lose someone in 2016.

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HAYSBORO SENIOR RESOURCES GROUP



The Haysboro Senior Resources Group meets on the fourth Thursday of the month (except July, August & December) 1:30p.m.-3:30 p.m. at the Haysboro Community Hall, 1204-89 Ave. S.W. All seniors are invited to attend. We have a variety of programs both informational and entertaining. Suggestions from members are always welcome.

Program planning is underway but since this is being written during the holiday break a lot of details are not available here. If you attended the January meeting you will have been updated. For information about the group please contact the community hall at www.haysboro.org or 403-253-1563.

The meeting this month is on Thursday February 25. We hope to have a speaker from a local pharmacy on that date.

There is an organization called Creative Aging Calgary Society which may be of interest to you. A wealth of information is available: event listings, book reviews and much more. Membership is free and can be obtained at www.creativeagingcalgary.com.

See you on February 25. Remember there will always be tea, coffee and cookies after the meeting. Smile - Spring is less than two months away, at least officially!

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PLAYGROUND COMMITTEE UPDATE

By Sonja Sahlen

The playground committee has enjoyed having a break from all our meetings, reports and events over the holidays and have especially enjoyed having time to play at the new Haysboro Community Park with our families and friends.

I hope you have had a chance to stop by and check out the park. It is definitely a playground that has a few things to offer even when the snow has covered the ground. We were happy to be able to return one of the original swing sets from the old playground, freshened up with a new coat of paint. The slides are a hit, especially when wearing snow pants! I will caution parents to please not bring sleds to this park. The hills and slides were not designed to be used with sleds. It is very dangerous because of the many trees and even a bench near the bottom of the slopes. Please find a designated and safe hill if your kids wish to toboggan. We do appreciate and are putting together a report of all feedback and safety concerns

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regarding the new park so please email play@haysboro.org with your comments and suggestions.

Once the park has been opened long enough and our residents have had time to play in various seasons we will be looking at finalizing the design for Phase 2.

Budget limitations forced us to complete this project in phases. Phase 1 was completed in the Fall of 2015. With the delay in construction completion we were unable to meet the December 2015 deadline for one of the larger prospective grant but we do hope to apply this Spring; this setback will push Phase 2 construction to fall 2016 or more than likely summer 2017. The upside is that we have more time to play in the park as it is and make sure that the elements that are included in Phase 2 complete our park's vision. The budget for Phase 2 at this point is estimated at \$100,000 with the full amount needing to be raised through grants and sponsorships.

Our committee is also exploring other ways to make Haysboro a great place to Play! Please visit our website at haysboro.org to see pdf's of the inspiration boards that we created for our Play in Haysboro Open House. We have been gathering some ideas and working with the City of Calgary Parks department for the two Haddon Rd. playground sites but currently there is no plan or timeline for either of these revitalizations. We are encouraging residents who use and have an interest in these playgrounds to join our committee.

The Rink Improvement project is going ahead with completion in Summer 2017. We have been successful in 2 of our grant applications for this – the Western Economic Diversification Canada 150 CIP grant and the Parks Foundation Calgary's Amateur Sports grant in partnership with the Calgary Flames and the Saddledome Foundation. This project will see new hockey nets, a tractor and attachments to make cleaning of the ice easier and more efficient, new boards and a gate addition to allow for tractor entry, new basketball nets and backboards, lines painted on the asphalt for summer use, benches and firepit warmup area. We recognize the year-round community recreation potential of our outdoor rinks and aim to enhance their play value as well as support and make the job easier for our generous volunteer ice crew.

Watch the Horn for upcoming fundraising events and thank you for continuing to support our efforts. If you have an idea for a fundraiser or sponsorship opportunity please email play@haysboro.org

A BRIEF HISTORY



Hints about a potential community garden were generated by a really keen gardener on the Southwood Library staff and members were invited to sign up if interested in working on a project. The list of potential gardeners grew rapidly and the meetings started. Gael Blackhall for the Garden Resource Network became involved as a volunteer as she had experience with other community gardens. She was an enthusiastic and practical guide. In the fall of 2011, the name Common Ground appeared because we hoped that this garden would be an inclusive place for people of all ages and walks of life. It would be a place where we could gather, garden and learn with and through each other. Ideally, it might become a comfortable place for those without a yard as well as for those who are gardening gurus. We could all share their knowledge! Families with children could introduce their offspring to the basics of growing food and it could become a welcome spot for neighbors to pull out a book or to have some lunch. Story times for children could take place on the benches...

To get this dream started, some teams were developed. Most important at that time years ago was the **Site Prep Team** and the **Design Team**, both of which did a fantastic job. Some neighbors across the street let us use their yard to build beds and to store tools and other necessary materials.

A Calgary Parks representative helped us to organize the city's contribution of soil and mulch deliveries.

We can thank Encana for their generous contribution to help start our garden as well as their continuing financial support for the 10 years that follow our initial build. Companies and community groups can work in positive ways to enhance our contributions to Calgary.

The **Calgary Public Library** and the **CPL Foundation** have permitted use of the land, the water system as well as the insurance for our "occupation of the land" we are using for the garden.

We know we have a wonderful landmark here that deserves to be celebrated and encouraged. Things are indeed better and stronger when we work together. What started out as a bit of lawn on the west side of the library has developed into a lush area with 40 beds that produce all types of veggies from beans and beets all the way to sprawling squashes and zucchinis.

What started out as a vision became something more tangible and we became an incorporated society registered by the provincial government; we are the **Common Ground Garden Society**.

If you are intrigued with the idea of participating in this garden, please stop in at the Southwood Library and pick up a **cggs** business card from the main desk and contact us using our website. The Calgary Horticultural Society website has some wonderful photos of our sunny location if you would like to check it out on line.

Haysboro Community Skating Party

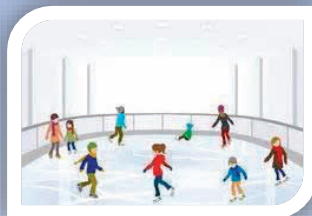
Monday, February 15

2-5pm

Haysboro Outdoor Rinks, 1204 89 Ave SW

Bring your skates and helmets and join us for some outdoor skating fun!

Cash concession hosted by the Haysboro Community Preschool. Hot chocolate, apple cider and baked goods.



To all the Great Haysboro People:

We live at the end Hallbrook Drive right next to the off leash area, and every Christmas we put up a great display of 12 Christmas inflatables. We enjoy watching all the people stopping and admiring our display, people both on foot and driving. My husband dresses up as Santa and goes to the Community Play School and we leave dog bones for our four footed friends. So, to say, we are super into Christmas, would be very accurate.

This year, shortly after we had the display up, on a Saturday night someone stole 2 of our inflatables. It felt like a kick to the stomach until our Haysboro neighbours stepped in. We put signs up on our fence about the theft. We then had an outpouring of support from all those walking by. People came to our door saying they would keep their eyes open for the missing inflatables. A special couple, Sylvia and James from 96 Avenue left us a card and a \$50.00 gift certificate to help replace the inflatables.

We were blown away by all this kindness, it turned an unpleasant incident into a very special one. So we would like to thank all of you out there who proved there is far more good than bad in this neighbourhood of Haysboro.

Valerie and Cameron MacPherson

December Family Dance Cancelled

Due to low ticket sales we had to cancel the December 29 family dance. We understand this was a busy time of year for people and though we thought the lull before New Year's might be a good time to have a community event, we may have underestimated the need for something for this, or maybe we just didn't get the word out soon enough and everyone's calendars were full.

Thank you to all the volunteers who signed up to help at the event and everyone who purchased tickets. Full refunds have been offered.



Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

February at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs.

Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

Pool Refurbishment

After 33 years in operation, Trico Centre's Aquatics Centre is undergoing a major refurbishment. This project will address lifecycle issues, improve health and safety components, and take the Aquatics Centre into the next 10 to 15 years. **The Aquatics Centre including pool, hot tub, and slide will be CLOSED starting February 19.** Trico Centre is very ex-

~continued on page 28~

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Dear Constituents:

As we move forward throughout the New Year, I would like to update you on our progress and share with you ways in which the government of Alberta is planning a bright future for Albertans. Legislature is back in session in Edmonton, extending us the privilege to present members' statements, discuss bills and motions, and ask ministries more specific, pointed questions during question period. In fact, I will be proposing a motion in the House this month that will benefit Albertans.

The beginning of 2016 was great with the opportunity to meet with you personally at our Office Open House on January 12th. I would like to express my deep appreciation to all who took time out of their busy schedules to drop by.

I was also delighted to spend time with many of you at constituency events in January such as the CJCC Monthly Seniors Luncheon, the UN Declaration on the Rights of Indigenous Peoples at Beth Tzedec Synagogue, South West Community Resource Centre (SWCRC) Local Fundraiser at the Point & Feather - Oak Bay Plaza, and the Palliser, Bayview and Pump Hill (PBP) Volunteer Appreciation Evening. I was pleased to see such extensive participation and community engagement at these events. The government of Alberta has been working hard to further the progress of Alberta and planning initiatives for the upcoming years. The government will be investing 120 million over two years for new long-term care spaces; \$90 million over two years to expand public home care; \$10 million annually for mental health services and resources; and increased supports for senior health care, including drug, dental, optical and supplemental health benefits. Furthermore, the government is investing in our students by hiring 530 more teachers and support staff; investing \$45 million to reduce the burden of school fees on families; and pledging \$23.6 billion over three years in stable, predictable funding to fully cover student enrollment growth. The relationship with indigenous communities is also being renewed with Aboriginal, First Nations and Métis Albertans, as we walk alongside Indigenous people on the journey of reconciliation.

It has been my great pleasure to represent you all and be your voice. I would like to thank you for being not only valuable, responsible and caring citizens but also for showing excellent stewardship towards our communities.

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Happy Thinking Day!

So what is this Thinking Day? World Thinking Day –February 22- is the joint birthday of Lord and Lady Baden-Powell the founders of Boy Scouts and Girl Guides. World Thinking Day gives Girl Guides and Girl Scouts the world over the chance to reflect and show camaraderie with their sisters in far flung places. Units will hold parties or special events in celebration of Thinking Day and raise funds for the CWFF (Canadian World Friendship Fund). These funds will go to WAGGGS (World Association of Girl Guides & Girl Scouts) for development of the Guiding programs in other countries.

Blackfoot District will be hosting a bridging roller skating night for all its members. This is an event sure to be filled with spins and thrills-can you do the Hokie-Pokie on roller skates?

The Spark units will be visiting the fire hall, celebrating Valentine's Day with cupcakes and cards, and learning about Guides from around the world.

The Brownie units will be working on Keys, sleeping over at Telus Spark, celebrating Thinking Day through games, songs, dances and crafts from our sister Guiding countries.

The Guide units will be learning about the 4 World Guiding Centres by participating in activities from Mexico (Our Cabana), India (Sangam), Switzerland (Our Chalet) and England (Pax Lodge) in celebration of Thinking Day.

The Pathfinder, Ranger and Trex units will be prepping for winter camping, snowshoeing, cross country skiing, attending STEM Day at U of C and prepping for the national camp "Guiding Mosaic" being held in Alberta this summer.

Guiding is a great place to build new friendships and experience new challenges. Why not give us a try.

If you have any questions regarding Guiding or registration please contact

Calgary Area Girl Guides at 403-283-8348 or ggcinfo@calgarygirlguides.com

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Assessment

In early January the Assessment Department mailed out the 2014 Assessment Notices to property and business owners in Calgary. The City is currently in the Customer Review Period, which ends on March 7, 2016. If you have not already done so, I encourage you to review your assessment notice to ensure that the information it contains is accurate. The Assessment Department can be reached via telephone at 403-268-2888, and many questions can be answered at www.calgary.ca/assessment.

Any inquiries received within the 2015 Customer Review Period will be reviewed by an assessor, and appropriate action taken. This sometimes includes amending an assessment to ensure that it is accurate.

When reviewing your 2015 property assessment, please remember that under provincial legislation the value of your property reflects the market value of the property on July 1, 2014 and the physical condition as of December 31, 2014, meaning any improvements made in this timeframe will appear on your assessment.

Southwest BRT

There is lots of talk on the SW BRT Transitway and how it affects you and your community. The Southwest Transitway will provide high-quality, efficient and a reliable level of service for communities in southwest Calgary. The Transitway will serve southwest communities, downtown and major destinations including Southland Leisure Centre, Glenmore Landing, Heritage Park, Rockyview Hospital, Mount Royal University, and Currie Barracks. The service includes constructing new bus stations, which will provide transit customers with heated waiting facilities and real-time travel information. Buses will run every 10 minutes in peak hours, and every 20 minutes in off-peak hours.

BRT Ridership Figures

The Southwest Transitway infrastructure will be used by both the new BRT service as well as local bus routes which may be able to use a portion of the Transitway.

Calgary Transit recently completed existing ridership counts for current routes that will connect with, or are anticipated to use the infrastructure built as part of by the Southwest Transitway Project. Ridership numbers shown are average all day passenger trips and take into account both directions of travel (see attached Southwest Transitway Ridership figure for reference):

Crowchild into Downtown (Routes 18, 20, 63, 112, 181): 5,200 passengers/weekday

Glenmore Trail over the Reservoir (Routes 20, 47, 72, 73, 182): 3,500 passengers/weekday

Rockyview Hospital (Routes 20, 306): 1,300 passengers/weekday

Southland Drive at 14th St SW (Routes 16, 56, 79, 80, 84): 1,600 passengers/weekday

The Transitway Team is going out to Ward 11 communities with more public information sessions this month and next. Additional facts and information are available online at calgary.ca/swtransitway, as well as through the Ward 11 office.

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HOME RENOVATING: Haysboro resident available to help with your home renovating needs. I have experience in all areas of home repair including drywall, painting, flooring, decks, fences and yearly maintenance. For a free estimate call Ken at 403-708-8737.

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cited about the new enhancements and can't wait to share the progress with you. We will be hosting a pool grand opening, so watch for details.

Adults

- Registered adult programs starting in February: Sore Joints Training, Fit 101 for the Absolute Beginner, Strong is the New Skinny: Weight Training for Women by Women
- Check www.tricocentre.ca for two **new registered adult programs that are not in the program guide**: Triathlon Brick Training and What's What of Watts: Spinning for Power in Eight Weeks.
- February workshops include Foundation of Alignment Yoga Workshop and Mindful Relaxation.

Older Adults

- Bone Builders, Chair Yoga multi-week programs starting in January include Balance Builders, Bone Builders, Chair Yoga, Sore Joints Training. Workshops and clinics include Foam Roller Workshop and Strike It for Seniors!
- **New registered program** (not in the program guide

so check the website for details): Brain Builders helps develop coordination, agility, and a smooth, synchronized gait through different walking conditions by improving reflexes and increasing neurologic control over movement.

- Ease Parkinson's Disease Workshop, Friday, February 26, members \$32, non-members \$40.
- Check out the Drop-In Gym schedule for drop-in Pickleball times.

Families, Children & Youth

Check out the Drop-In Gym schedule for drop-in gym, Drop-In Playtime, Drop-In Gymnastics, youth drop-in gym, and more. See the Drop-In Arena schedule for lots of cool activities including leisure skate, adult shinny, youth shinny, women's shinny, and stick & puck.

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.



South West Communities Resource Centre

Located in the Professional Wing of the Oakridge Co-Op Mall

#42 2580 Southland Drive SW, T2V 4J8

Phone: 403-238-9222 • Email: info@swcrc.ca • www.swcrc.ca

Parent Talk – Register Now

Thursday mornings, 10:00 – 11:30, January 21 to March 31, 2016. Free child-minding, coffee and snacks. Parenting tip sheets and children's books to take home.

This free program is open to all parents of babies and young children.

- Enjoy the company and support of other parents
- Give your children some supervised play time
- Get your parenting questions answered with the help of facilitators from the Further Education Society
- Help your young children learn and develop their potential

You can register and start the program anytime over the 11 weeks of the session. Attend as many weeks as you can. To register, call the SWCRC at 403-238-9222.

Positive Discipline in Everyday Parenting Register Now

Tuesday mornings, 10:00 am – 12:00 pm for eight weeks. Next sessions are February 2 – March 22, 2016; and April 12 – May 31, 2016. Program offered free of charge and includes program materials, child minding, coffee and snacks.

Children have the right to protection from physical punishment and to positive discipline that respects their dignity. In this wonderfully affirming program, parents of children 0 – 18 years will learn the four principles of positive discipline: setting goals; creating a positive home climate; understanding how children think and feel; and problem solving in challenging situations. Parents will practice their skills in hands-on exercises and learn to apply these principles across a wide range of situations. The result will be a positive relationship with your child that will last a lifetime.

This program is facilitated by the SWCRC's social workers. To register, please call Marylou Breig at 403-238-9222 ext. 225 or Aynsley Walsh at 403-238-9222 ext. 224.

Neighbours Helping Neighbours

Many thanks to those of you who donated baby and personal care items to our Neighbours Helping Neigh-

bours program over the holiday season. Such a generous response! Please know that it means a great deal to the individuals and families who receive these items that people in the community care about them. We are still in need of the following items: diapers sizes new born, 4, 5 and 6; baby shampoo; men's and women's deodorant.

SWCRC Volunteer Opportunity: Parenting Group Assistant

SWCRC is expanding its parenting education programming. To support the participation of low income and socially isolated parents, we would like to offer free child care for the parents' young children. As a member of our team of Parenting Group Assistants, you will care for the children by providing a safe, loving and fun environment in which to play, socialize and learn. The time commitment is approximately two and a half hours, 9:30 – noon, either Tuesdays or Thursdays.

It takes a village to raise a child. Your passion for kids, and your desire to contribute your knowledge and experience towards a community effort to optimize children's social, emotional and intellectual development, will inspire you to contact the SWCRC for more information about this important volunteer role. Call 403-238-9222 ext. 222.

IN & AROUND CALGARY

Southland Leisure Centre

SOUTHLAND LEISURE CENTRE EVENTS AND PROGRAMS.

Friday Night Dance Party, Family Valentine's Crafts & Cookies, Family Day Week-end Climbing & Gymnastics Drop-in, Calgary AfterSchool, South Calgary Youth Council etc. For details call: 403-648-6593

Delphi Private Wealth Management of Raymond James Ltd. presents

INVESTOR EDUCATION – WORKSHOPS AND SEMINARS

SEMINAR	DATES
Tax Advantaged Investing (Lunch provided)	February 4, 5, 8, 9, 10 or 11 at noon
Cash Flow Management	February 10 or March 9 at 7pm
Women Only Investment Seminar (1 evening session)	February 2, 9, 16, 23 or March 1, 8 at 7pm
Women Only Investment Workshop (workshop is 3 evening sessions)	February 11, 18 & 25 at 7 pm
Corporate Tax Strategies	February 4 or March 3 at 7pm
Estate Planning	March 17 at 7pm

**Bring a friend or relative and join us! Refreshments will be served.
Call 403-271-1905 to reserve your seat, or email jennifer.jamieson@raymondjames.ca**

Delphi Private Wealth Management | **RAYMOND JAMES**

Securities-related products and services are offered through Raymond James Ltd., member - Canadian Investor Protection Fund. Insurance products and services are offered through Raymond James Financial Planning Ltd., which is not a member - Canadian Investor Protection Fund.

Haysboro mybabysitterlist

Name	Age	Contact	Course
	18	403-703-4488	Yes
Evelyn	12	403-475-0919	Yes
Garrett	17	403-708-7312	Yes
Genevieve	25	581-307-6165	Yes
Gillian	16	403-259-8680	Yes
Harvinder Kaur	31	587-830-6217	Yes
Heather	29	403-966-5233	Yes
Henry	15	403-719-8282	Yes
Holly	15	403-287-0370	Yes
Jakarta	18	403-808-8503	No
Jamie-Lyn	21	403-892-0176	No
Jane	50	403-467-3607	Yes
Jayce	15	403-478-2704	Yes
Jenn	25	587-899-3095	Yes

Jillian	16	403-255-0562	Yes
Josefa	25	587-437-1252	Yes
Kaitlynn	15	403-874-4034	Yes
Kasandra	16	403-926-9056	Yes
Kassy	27	587-439-9411	No
Katrina	15	403-201-0139	Yes
Katrina	15	403-919-3138	Yes
Kelsea	23	403-370-7170	Yes
Lev	12	587-891-7789	Yes
Lilly	15	403-719-8282	Yes
Lyndsey	18	587-777-5137	No
Maddy	18	587-888-7298	Yes
Maddy	18	587-888-7298	Yes
Madeleine (Maddy)	19	403-975-5180	Yes
Makenzie	18	403-796-7733	Yes
Maria	45	403-818-0560	No
Marlene	64	403-454-2413	Yes
Maxine	13	403-455-8427	Yes
Maya	14	403-253-9390	Yes
Megan	24	403-861-3718	Yes
Michelle	31	403-923-5111	Yes
Nia	17	403-991-8045	Yes
Olivia	20	587-889-9043	Yes
Petra	13	403-589-3173	Yes
Rhys	15	403-399-7509	Yes
Ryan	13	403-252-6104	Yes
Salma	38	403-252-5052	Yes
Sam	15	403-287-3740	Yes
Sarah	23	819-679-3059	Yes
Silvia	32	403-467-8756	Yes
Siobhan	22	403-923-9499	No
Sophia	15	403-999-6239	Yes
Sydney	24	403-993-5441	Yes
Yena	19	403-479-7911	Yes

Calling All BABYSITTERS
Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

Alberta Health Services
Outstanding Family Physician Award

Do you have an outstanding family physician?
Nominate today!
Nominations close on **March 1st, 2016**

To nominate, visit www.albertahealthservices.ca/info/page4011.aspx
Call Zunaira Ahmad at 403-955-9354
or email to Zunaira.Ahmad@ahs.ca

SAFETY SYNC
ONLINE SAFETY MANAGEMENT SYSTEM

"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

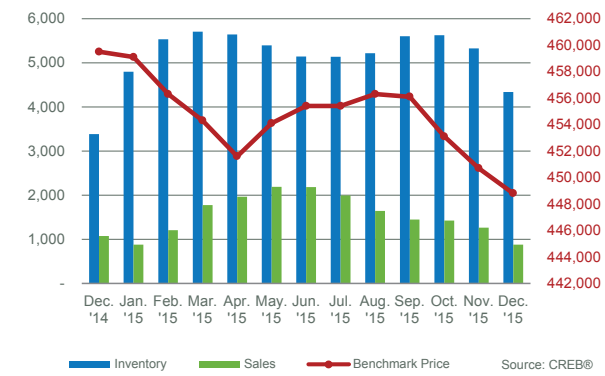
Enform IRP 9 (Revised)
safetyync.com
403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

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CITY OF CALGARY INVENTORY AND SALES



This MLS graph shows a year of month by month inventory and sales. Although overall sales were down 26% from 2014, we saw our usual seasonal swings in real estate activity. Sales activity varies from community to community and also varies between price points. (Statistics based on CREB MLS System listings as at Jan 1, 2016)

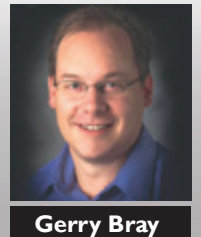


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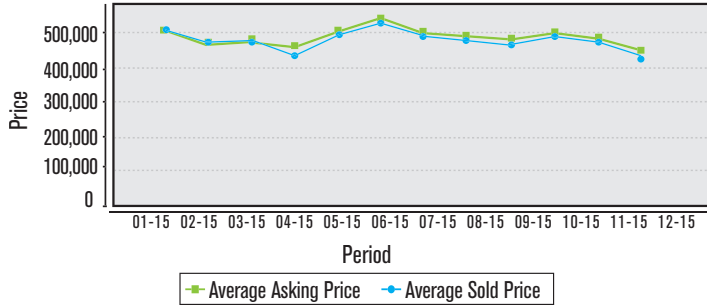


Gerry Bray



WHAT IS THE VALUE OF YOUR HOME IN TODAY'S MARKET?

CURRENT HAYSBORO STATS



	Average Asking Price	Average Sold Price	Adjustment Percentage
December 2015	\$463,233	\$443,833	-5%
November 2015	\$496,920	\$484,500	-3%
October 2015	\$512,942	\$507,339	-2%
September 2015	\$491,266	\$476,666	-3%
August 2015	\$502,816	\$493,000	-2%
July 2015	\$513,937	\$506,050	-2%

This is not intended to solicit properties currently listed for sale.



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Summer or Fall, please
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REPORT**



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