

JUNE 2016

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THE OFFICIAL HAYSBORO COMMUNITY NEWSLETTER



AGM

**WEDNESDAY, JUNE 8
7 PM AT THE HALL**

www.haysboro.org

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Haysboro Community Association
1204 89 Ave SW
Calgary, AB T2V 0W4
Phone: (403) 253-1563
info@haysboro.org | www.haysboro.org

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Office Hours Monday to Friday 10:30am - 5:30pm

OUR MISSION STATEMENT: The Haysboro Community Association, as a volunteer organization, is dedicated to enhance the quality of life of the community through the engagement of residents in community planning and development, social and recreational programs, all the while fostering a safe and vibrant environment.

OUR VISION STATEMENT: Established, safe and vibrant community with residents engaged in responsible development, social and recreational programs, all the while fostering friendly neighborhood connections.

BOARD EXECUTIVES

President	Maxine Morrison	President@Haysboro.org	403-615-9443
Vice President	Michael Akbar	vicepresident@haysboro.org	403-560-2804
Treasurer	Miriam Mitchell	treasurer@haysboro.org	403-259-5145
Secretary	Alexa Briggs	boardsecretary@haysboro.org	403-289-7721
Past President	Gary Williamson	pastpresident@haysboro.org	403-807-9234

BOARD DIRECTORS

Facility & Maintenance	Adrian Fahrni	facilities@haysboro.org
Horn Editor	Brent Nichols	editor@haysboro.org
Casino	Julie O'Brien	casino@haysboro.org
Sports & Rec	Sonja Sahlen	play@haysboro.org
Civic Affairs	Maciej Kijak	civicaaffairs@haysboro.org
Programs& Events	Kourtney Branagan	events@haysboro.org
Fundraising	Marisol Narvaez	fundraising@haysboro.org
Communications	Garry Swanson	communications@haysboro.org
Senior Resources	Dorothy Block	srgroup@haysboro.org
Trico Liaison	Donna Sharpe	donnas@haysboro.org
Volunteer	Vacant	volunteer@haysboro.org
Membership	Vacant	membership@haysboro.org
Director-at-large	Saadia Stainsby	saadias@haysboro.org
Director-at-large	Dean Wallbank	deanw@haysboro.org
Director-at-large	Jean Johnson	jeanj@haysboro.org
Director-at-large	Justin Barrett	justinb@haysboro.org
Director-at-large	Lauren Gilbert	laureng@haysboro.org
Director-at-large	Jenne Newman	jennen@haysboro.org
Director-at-large	Steven Snell	steves@haysboro.org

COMMUNITY CONTACTS

HCA Administration and Hall Rentals	Fiona Swanson	info@haysboro.org	403-253-1563
50 Plus Club	Hope Raymond		403-255-5757
Haysboro Preschool	Cinnamon Burrell	Preschool@Haysboro.org	Hall: 403-253-1563
MLA – Glenmore	Anam Kazim	Calgary.Glenmore@assembly.ab.ca	403-216-5421
Councillor -Ward 11	Brian Pincott	info@ward11calgary.ca	403-268-2430
Police Liaison- District 6	Constable H. Robinson	pol4196@calgarypolice.ca	403-428-6600
Southwest Communities Resource Centre			403-238-9222
Southland Youth Justice	Kathy Hutchings	calgaryyouthjustice.com	403-244-8201
Business Advertising	Great News Publishing	sales@great-news.ca	403-720-0762

PRESIDENT'S FAREWELL MESSAGE

By Maxine Morrison

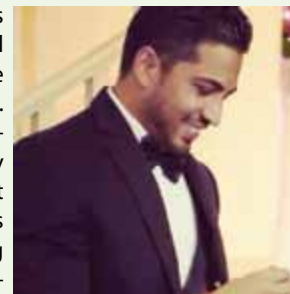
What a fabulous 2015/16 year! As I am, you should be proud of the Haysboro Community Association Board and volunteers that make a difference every day for our community. As a Board we made some very large changes for our members! Thanks to all our volunteers and Board members we were able to accomplish so much more together.

2015/16 Highlights:

- NEW Interactive website
- Quarterly email newsletters
- New and more frequent events such as: the Easter Egg Hunt, Family Dances, Skating Parties, and our community Pub nights are always a hit.
- The HCA Natural Park "Grand opening" of Phase 1
 - Phase 2 with a "Farm Ruin" to play hide and seek
 - Climbing Tree for toddlers
 - Butterfly garden
- Civic Engagement through surveys and timely email newsletters
- Fundraising and grant initiatives
- Local Business Engagement
- Life Cycle management of our facility
- Strategic spending, showing value to members and prospective members
- Streamlining processes and communications

Since I moved to Haysboro I have had the pleasure of volunteering on the HCA Board as Vice President for 3 years and then President for the past 3 years. As written in our Bylaws I can only serve a maximum of 3 consecutive 1 year terms. Thus I will be stepping down and still remaining on the Board as the past president. **I would like to invite you all to join us on June 8th from 7-9pm at our Annual AGM.** If you wish to be nominated for any of the Board roles, this is the venue where you vote on who gets elected. So email your nomination to info@haysbor.org with your resume and cover letter of why you want to be part of the Board before May 31, 2016. To attend and/or be nominated you must be a HCA member, so get your membership. With out your membership we have limited to no resources to get in touch with you on civic issues and fun events in a timely manner.

I would like to take this time to welcome Michael Akbar, as our nominee for President for 2016/17. Michael has a criminology background, currently working with the Gov't of Alberta. Michael's personable, engaging and make it happen attitude, enables him to



be a consistent leader on the HCA Board. Michael has been the Vice president for the past 3 years. In addition to this role, he has been leading the Membership Drive committee by engaging 40+ volunteers and increasing membership by 25% year over year. He has proven to be a stellar leader within our community and I am happy to have him take over as President.

A huge THANK-YOU to the entire Board and Fiona (staff) for all your dedication, creative ideas and passion to make a difference. I am proud of each and every one of you, and what you have brought to the team. The diversity and expertise of professional backgrounds, within the team is amazing. This combination allows HCA to think outside the box, push the norm and raise the bar. Which we have been doing in spades and I know it will not stop here! So thank-you for your passion and commitment to HCA, working with all of you and Fiona (administrator/guru) has been unforgettable. It was my pleasure to work with you all to see your vision and mine for the HCA come to life.

Always a pleasure

Sean van der Lee, Lawyer

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Fax: 403-974-3251
sean.vanderlee.lawyer@gmail.com

BOARD NEWS

Our Casino Coordinator is Julie O'Brien. Julie has lived in Haysboro for 15 years and been involved with the casino for the past five years. She recently assumed the role of Coordinator from Kathy Conacher-Spark, her long-standing and dedicated predecessor.

The Haysboro Community Association is looking for volunteers to help with one of its biggest fundraising initiatives.

On August 30 and 31, the HCA will be volunteering at the Cash Casino on Blackfoot Trail and is required to provide over 40 people to help cover various volunteer roles. The casino is one of our community association's most profitable fundraisers and we rely heavily on our members to help fill the shifts. Funds from the Casino go a long way to maintain infrastructure and facilitate programming at the Community Hall for all Haysboro Residents.

If you are interested in volunteering (or learning more about what volunteering entails), please contact Julie at casino@haysboro.org or at 403.238.7666.

This is a great opportunity to support your community association while meeting some of your neighbours!

Haysboro Community Preschool

Haysboro Community Hall
1204 89th Ave SW
403-253-1653

We have programs for 3 and 4 year olds, morning or afternoon

Contact www.haysboro.org for up to date pricing, class time and registration information or email preschool@haysboro.org for any further questions

Note : 4 year old AM is currently full due to preregistration

Haysboro Churches

Heritage Drive Chapel 935 Heritage Dr SW
Church of Jesus Christ of Latter-Day Saints

Hope for Life Christian Fellowship 403-255-6110
Interdenominational, St. Gerard's School, 96th Ave SW
www.hflchurch.ca *Non-denominational*

Lighthouse Church *Interdenominational* 403-640-2099
O-9827 Horton Road SE
www.calgarylighthouse.com

St. Andrew's Presbyterian Church 403-255-0001
703 Heritage Dr SW
www.standrewscalgary.ca

Springs Church 403-473-3400
924 Heritage Drive SW

St. Gerard's Church *Catholic* 403-253-2251
8944 Elbow Dr SW
<http://stgerards.ca>

Haysboro Schools

Haysboro Elementary	403-777-8530
Woodman Junior High	403-777-7490
Henry Wise Wood Senior High	403-253-2261
Haysboro Community Preschool	403-253-6524
Calgary Early Learning Centre	403-255-4288
Bishop Grandin Senior High	403-252-7541
St. Gerard Elementary	403-500-2028
Akiva Academy (ECS - Gr. 6)	403-258-1312
St. Augustine Fine Arts School (K-9)	403-500-2022
Notre-Dame-de-la-Paix (S)(FR) K-6	403-271-5544
École de la Source (FR) K-9	403-255-6724
Ste-Marguerite-Bourgeoys (S)(FR) 7-12	403-240-2007
École de la Rose sauvage (FR) 10-12	403-230-3112
Trinity Christian School	403-254-6682
Eugene Coste School (S) K-1	403-777-8511

Haysboro Community Association Residents' Meetings

Last Wednesday of every month at 7:30 PM
There are no meetings in July and August
Haysboro Community Hall, 1204-89 Ave SW

HAYSBORO HALL HAPPENINGS

By Fiona

Disneyland was amazing! I easily conquered the Tower of Terror, Splash Mountain, Indiana Jones, Haunted Mansion, Star Wars, California Soarin' and my favourite (we did twice!) - the Tea cups!

Before I left for Anaheim, a seasoned Haysboro resident gave me this advice: "Hold Garry's hand as you wait, let him know you're nervous and he'll be protective and consoling. After the ride", she said "Smile at him and say 'Again! Again!'" I took her advice for our first ride - Splash Mountain - and when I said "Again! Again!" his face beamed and he laughed.

Disneyland was created from a dream, a vision. It was created for people of all ages to enjoy and experience the magic of imagination.

On June 8th, it is the Haysboro AGM - a sharing with members the vision of the HCA when it comes to events, programming, updating the facility, civic affairs, membership, fundraising, community development and planning. It is an opportunity to hear about the scooter park and painting of the rinks, the recladding and bike rack installation, tree removal, Lounge upgrades, the parks on Haddon Road, the Preschool, the Senior Resources Group and much more. It is your opportunity to hear, and to see, and to learn about the work of the HCA and to be a part of the vision for Haysboro.

Disneyland works as well as it does because all who are involved believe in the vision, purpose, and mission and work together to make magic happen. A lot has been accomplished over the last year and a lot is planned - come and be a part of it!

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Annual General Meeting

The Haysboro Community Association AGM is on
Wednesday, June 8 at 7:00 pm @ the Hall.

Every Community Association member is welcome to attend.

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Haysboro Horn DEADLINE

Article submissions to editor@haysboro.org or
info@haysboro.org before the 1st of each month

The Haysboro Horn is the monthly newsletter of the Haysboro Community Association and is distributed free of charge to all community residents and businesses 12 times per year. Community Classified announcements can be submitted free of charge, with paid community membership, to info@haysboro.org or by calling 403-253-1563.

Display advertising and Business Classified advertising inquiries should be directed to the newsletter publisher, Great News Publishing.

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HAYSBORO SENIOR RESOURCES GROUP



The Haysboro Senior Resources Group meets on the fourth Thursday of the month (except July, August & December) 1:30-3:30 p.m. at the Haysboro Community Hall, 1204-89 Ave. S.W. Programs are varied including speakers, travelogues, entertainers etc. with time for socializing after the presentation.

The Annual General Meeting was held on April 28th at which time the executive for the upcoming season beginning in September was elected. We wish to welcome two new members: Vi Kell and Saadia Stainsby and to thank all of those who are continuing to serve. At this time we are still looking for someone to take the position of Vice Chairperson and someone to take over as head of the Lawn care/ Snow shovelling program.

The meeting on June 23rd will be a barbecue luncheon at the Community Hall. Please note that this takes place at 12:00 noon instead of at our usual time. The cost is \$7.00 per person payable at the door.

A heads up re: the annual Craft & Bake Sale scheduled for Saturday, November 5th 2016. If you are interested in booking a table please contact the Community Hall at 403-253-1563 or info@haysboro.org.

Do any of you need help with window cleaning? We have been advised that Wipe Clean Window Cleaning Ltd is offering a 15% discount to Haysboro seniors. If interested call them at 403-278-3393.

Finally we wish to say a special thank you to Dorothy Block, Fiona Swanson and Barb Godfrey for all their hard work which resulted in our obtaining a New Horizons grant for the purchase of updated audio-visual equipment for the hall. Great job, ladies!

Haysboro Community Logo Contest

Do you have an idea for an image that represents our community? Would you like to see your neighbours showing their community pride by wearing a t-shirt that you designed? We have partnered with Local Laundry – check them out at locallaundryapparel.com to see what other neighbourhoods have done and to learn more about this great local company. The logo would be used on clothing: t-shirts, hats and hoodies; as well as HCA's print and online materials.

This logo contest is part of a board initiative to look at how we as residents can have an impact on the future design and planning of our community. We are looking for ways to engage residents and grow our membership.

This logo could represent the history of our neighbourhood and reflect the way it has evolved and grown along with its residents. Our guidelines are pretty minimal, just that the design is simple, clean and not too complicated. For screening purposes its best to keep it to a simple white design or a black design. Some suggestions would be to incorporate community landmarks or icons, we like to have some sort of shape in there rather than just straight typography.

Also the design should contain the text "Haysboro" and the quadrant "SW".

For more information and contest entry forms, please visit our website Haysboro.org.

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Programs at Haysboro Community Centre

**For Haysboro Program Registration please contact the Hall
Monday to Friday 10:30-5:30. Phone: 403-253-1563. E-mail: info@haysboro.org**

New members are welcome to join our programs at any time if space is available. Programs may be cancelled due to insufficient registration. GST will be added to programs unless noted otherwise. There is no refund after the program starts or if materials are already ordered. Fee will be pro-rated when applicable.

Drop –In Tot Time

On-going

Monday to 9-11am (except school holidays)

Come visit with other parents as our kids play with the room of toys! Please bring your own nut-free snacks and drinks. Members \$1, non-members \$2, coffee and tea \$1
Contact Kourtney – kourtneyb@shaw.ca

Zumba and Children's Dance

March 29 - May 17 Spring session

(8 weeks) *Tuesdays*

Creative dance 3-4 yrs: 2:30- 3:15pm (45mins)

Hip Hop 5-7 years: 3:50-4:40pm (50mins)

Bassburn (Adult): 7:45-8:45pm

Haysboro Preschool with Allison and Kerry

Haysboro Preschool is a parent-run program for three and four years olds. Guided by University trained, experienced teachers in an open environment, children choose from a variety of learning centres, circle time, stories and outdoor play with a maximum of 12 children per class. For further information or to view the classroom, please call 403-253-1563 or view online at www.haysboro.org.

Tai Chi

8 week session

Tues/Fri 9:15 am - 10:15 am

Tai Chi is a series of slow, flowing movements. The short form being offered is easily learned and performed by anyone regardless of age or physical condition. Tai Chi gently stretches and tones the whole body, relaxes and calms the mind. Call Betty at 403-259-4635.

2x/week - \$65 for members \$75 for non-members

1x/week - \$35 for members \$45 for non-members

Senior Resources Group

Fourth Thursday of the month 1:30-3:30 – Entertainment, Talks, Trips for Seniors

Rhyme and Reason

Interactive program for 0-2 year olds and their caregiver
www.rhymeandreason.ca

Wednesday 9:30-10:30

\$60 for members \$75 for non members

NON-HCA RUN PROGRAMS – PLEASE REGISTER

Prapti Yoga

Classes are offered Monday and Wednesday Evenings and Sunday Afternoons. Once a month workshops on Friday evenings. Mondays are registered classes, Wednesdays are drop in classes and Sunday afternoons are registered classes perfect for beginners or those with physical limitations.

All classes develop strength and flexibility and are taught with playfulness, humour and compassion.

Call Kathy Dodd at 403-869-5323 or visit www.praptiyoga.com for more information and registrations.

South Calgary Ladies Bridge

Fridays 12:00- 3:00

50 Plus Bridge

Wednesdays 12-3

Call Lois for more info 403-278-6978

Dawn Ross Therapeutic Yoga

Ever done yoga class and thought “Thank goodness I survived that.” Join me for a completely different experience in classes designed for the average Joe non bendy body type. Enjoy the benefits of yoga without turning yourself inside out or upside down to do it. You’ll gain hip & shoulder mobility, core stability, improve posture & circulation and clear mental & physical clutter.

Class includes mindful movement, corrective exercises, and simple breath and mind quieting techniques.

PROGRAMS - WEEKLY SCHEDULE	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:00 AM			AllStar Enviro			Callanetics
	9:00 AM	Drop-in Tot Time	Tai Chi 9:15 - 10:15	Safety 8:00-5 Rhyme &	Prapti Yoga 9:30 - 10:30	Tai Chi 9:15 - 10:15	8:30 - 10:30 2 Sessions
	10:00 AM	Casey Academy 10:00 - 2:00	9:15 - 11:15	Reason 9:30-10:30			Russian Class 11-1:00
	11:00 AM				Saatva Seniors Yoga 11:15-12:15		Casey Academy 11:30 - 12:15
	12:00 PM			50+ Bridge 12:00 - 3:00		South Calgary Ladies Bridge	
	1:00 PM					12:00 - 3:00	Karate 1:00 - 2:00
	2:00 PM		Dawn Ross Yoga 2:00-3:25		4th Thursday of the Month Senior Resources 1:30 - 3:30		
3:00 PM	Prapti Yoga 2:30 - 3:30		Kids Dance 2:45-3:30				
4:00 PM		Coding 4Kids 4-5pm	Young Rembrandts 3:45-4:45; 5:00-6:00				
5:00 PM							
6:00 PM		Karate 6:00 - 8:00	Foxy Kickboxing 6:30 - 7:30	Karate 6:00 - 8:00	Callanetics 7-8:30	Karate 6:00 - 7:00	
7:00 PM			Callanetics	Yoga			

Programs cont'd

The Casey Academy of Irish Dance

Beginner Irish Dance classes

Taught by former “Riverdancers” Cara Casey and Mark O’Loughlin. Saturday mornings at Haysboro Community Centre 11:00-11:45 a.m. For ages 5-9
Call #403-520-0059 for more info.

www.caseyacademy.com

Kanto Sho Karate Club

We teach traditional Karate to anyone ages 5 and up. Classes run year round; start anytime. Check our website for information. Monday/Wednesday/Friday/Saturday
Beginner: Monday/Wednesday 6:00 pm - 7:00 pm
Advanced: Monday/Wednesday 7:00 pm - 8:00 pm
Friday 6:00 pm - 7:00 pm

Self-Help: Saturday 1:00 pm - 2:00 pm

Glen Smith, 403-681-8833, kantosh@telus.net,

www.renbukaikarate.com

Foxy Kickboxing

Exercise your frustrations away with this energizing workout for women Tuesdays 6:30-7:30 pm. www.foxykickboxing.ca to register and for more information.

Integrated Wellness

One hour stretch and conditioning class, incorporate into existing regime or on its own, this class is for everyone. Introductory workshops for new students. Rhonda Bleau, 403-681-3439, info@wellnesswithrhonda.com / www.wellnesswithrhonda.com

Tuesdays 7:00-8:00 PM

Wednesdays 11:00-12:00 PM

Thursdays 6:15-7:15 PM

Saturdays 8:30-9:30 AM or 9:40-10:40 AM

Latin Twist

We offer classes instructed by a professional dance teacher graduated from the National Ballet School in Havana, Cuba! Now teaching beginner and interme-

~continued next page~

Programs cont'd

diate dance classes in: cha cha cha, mambo, salsa, bachata, merengue, cumbia, reggaeton, ballet, modern, contemporary and much more!

Ages 7-Adult. Private lessons available for ages 3 - Adult. Six week session \$80.00 + GST

Contact us: marakatherina@yahoo.co.uk, 587-586-7912

Tuesday Afternoon Yoga

Ever done yoga class and thought "Thank goodness I survived that"? Join me for a completely different experience in classes for non bendy, average Joe types. Enjoy all the benefits of yoga without turning yourself inside out or upside down to do it. Gain hip and shoulder mobility, core stability, improve posture and circulation and clear mental and physical clutter. This class includes mindful movement, corrective exercises, breath tools, and simple relaxation techniques.

Tuesdays, 2:10pm-3:25pm

Winter Session, January 12 - March 22, 2016

11 Weeks/\$137.50+GST

What to bring - a yoga mat, blanket, yoga strap and yoga block for your personal use during classes. A strap (\$15) and block (\$12) can be purchased from me at the first class. To inquire or register yogadawn@shaw.ca, www.dawnross.ca for full teaching schedule and workshop dates.

War On Debt Classes

Learn how to pay off all of your debt in 5-7 years without making more money. Debt is like quicksand, the faster you struggle the faster you sink, but once you grab a hold of the principles in Dani Johnson's War On Debt course, you'll never get sucked into the cycle of debt and overspending again. The easy steps and rock solid strategies in this program have **helped tens of thousands of people to pay off millions in debt**. Come learn step by step instructions to bring your account balances to **zero**. Learn the difference between wise and foolish spending and so much more... **First class starts on Tuesday, February 16th, at 7:00pm at the Haysboro Community Center.**

Classes will continue every Tuesday at 7:00pm. Classes are completely FREE to members of the community association. Anyone can become a member and use the community center facilities. Memberships cost \$15/singles, \$30/families. Membership can be purchased at the War on Debt Class.

Spaces limited.

For more information or to register please send email to karla@mayfieldrenovations.com

Looking forward to seeing you grow and get that heavy burden off of your back!




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Haysboro Books Need You

Thanks so much to all of you who have donated your lightly used paperback books. We appreciate it! You'll be happy to know that we're now raising \$200-\$300 per year for the community, a quarter at a time.

Now we need you again.

Our supply of books is severely diminished. If you have any lightly used soft covered novels that you are willing to donate please leave them with Fiona at the front office. Please donate your hard covered books and non-fiction somewhere that they will be appreciated as they simply don't sell on our book shelves.

Thank you!



CASINO Volunteers Needed

The Haysboro Community Association requires volunteers to help staff a casino on August 30 and 31, 2016. If you are interested, please contact Julie O'Brien at 403.238.7666 or casino@haysboro.org for more information.

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Mon - Thur 8:30 am - 4:30 pm Fri 8:30 am - 12:00 noon

A panel of doctors were asked for their opinions concerning a proposal to build a new wing to their hospital:

The allergists voted to scratch it.

The neurologists thought the administration had a lot of nerve.

The podiatrists thought it was a step forward.

The ophthalmologists considered the idea short-sighted.

The plastic surgeons felt it would give the building the facelift it so desperately needed.

The pathologists yelled: 'Over my dead body!'

The surgeons decided to wash their hands of the whole thing.

The cardiologists didn't have the heart to say no.

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IN & AROUND SCHOOLS

Haysboro Preschool News

"In June, as many as a dozen species may burst their buds on a single day. No man can heed all of these anniversaries; no man can ignore them."

- Aldo Leopold, American author, scientist, conservationist, ecologist, environmentalist

In June, we wrap up another school year in which we've seen our children grow, incrementally, in all directions, right before our eyes. Sometimes the evidence of growth is a dramatic "bud-bursting" like when your child writes their name for the first time, or when they are suddenly riding their two-wheeler. These milestones are often our markers for how are kids are developing and give us information about who they are becoming.

But there is growth that is not as easily observed. In June, let's challenge ourselves to carefully think of our children in September, and look for the subtle, and miraculous ways in which they've grown throughout the year. Look at pictures of your child and think about how they spoke, what their favourite things were, how they moved. And now, in June, think about all the magic of watching a child grow, naturally following their own developmental path onwards, into summer and the new school year beyond. Have a great summer everyone, many thanks for all the support throughout the year!



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Haysboro Real Estate Update

Last 12 Months Haysboro
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2016	\$527,250.00	\$518,500.00
March 2016	\$485,000.00	\$450,000.00
February 2016	\$505,000.00	\$495,000.00
January 2016	\$419,900.00	\$410,000.00
December 2015	\$449,900.00	\$439,500.00
November 2015	\$485,000.00	\$462,500.00
October 2015	\$516,500.00	\$510,000.00
September 2015	\$449,000.00	\$435,000.00
August 2015	\$504,850.00	\$496,500.00
July 2015	\$482,450.00	\$485,750.00
June 2015	\$559,450.00	\$552,500.00
May 2015	\$514,900.00	\$500,950.00

Last 12 Months Haysboro
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
April 2016	6	8
March 2016	10	3
February 2016	5	3
January 2016	7	3
December 2015	4	3
November 2015	2	5
October 2015	9	7
September 2015	8	3
August 2015	7	6
July 2015	7	8
June 2015	8	6
May 2015	4	12

To view the specific SOLD Listings that comprise the above MLS averages please visit haysboro.great-news.ca

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Haysboro Community Centre
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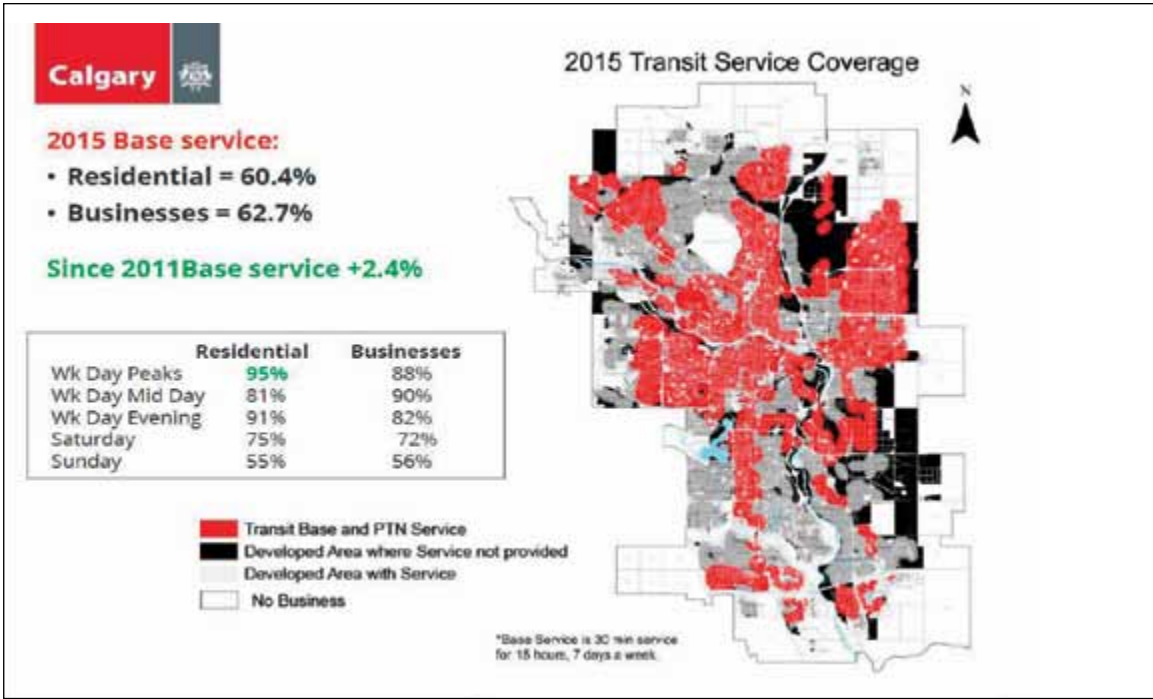
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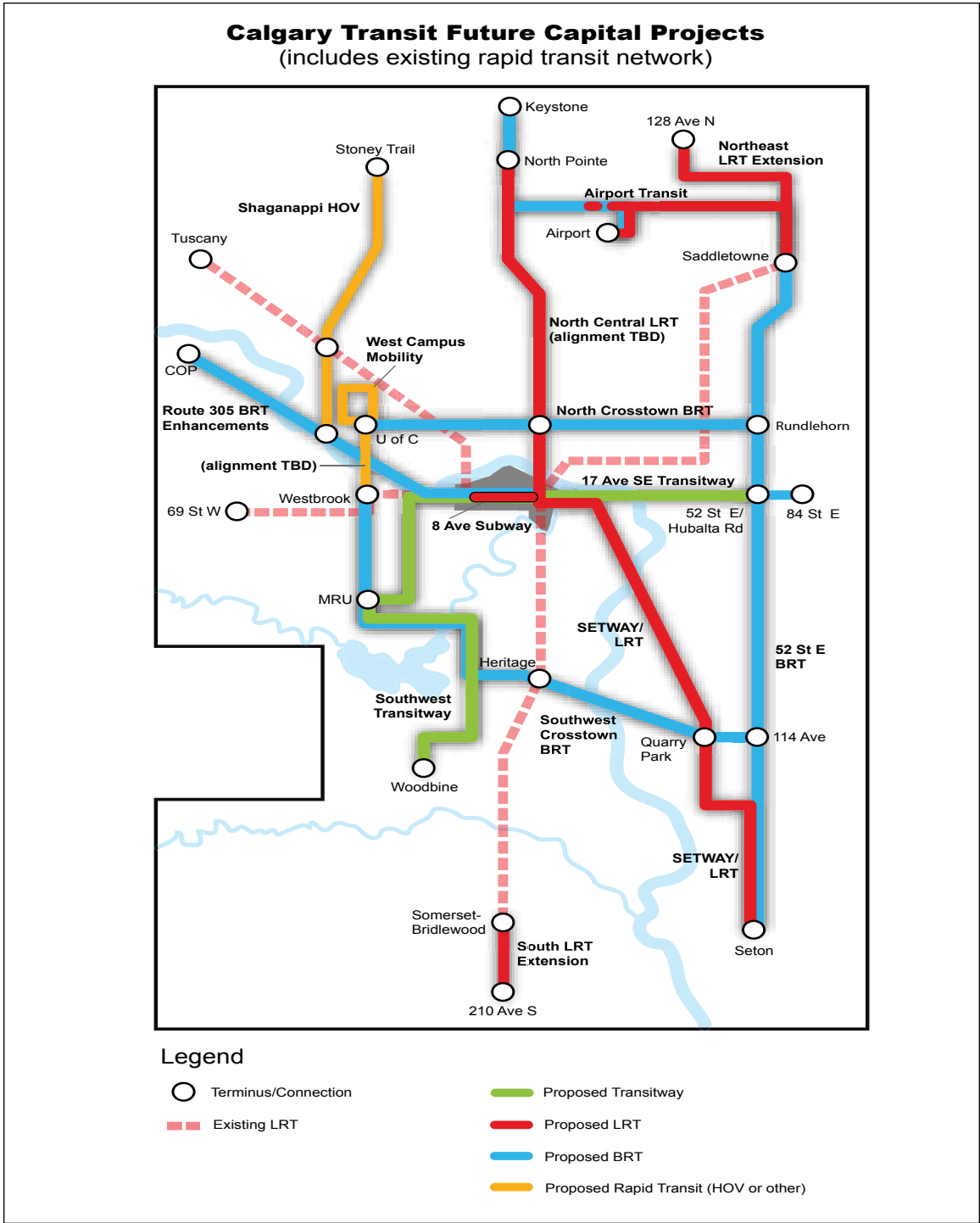
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Haysboro mybabysitterlist

Name	Age	Contact	Course
Ryan	13	403-252-6104	Yes
Ashley	14	403-560-9378	Yes
Maya	14	403-253-9390	Yes
Katrina	15	403-919-3138	Yes
Nicole	15	403-850-8460	No
Katrina	15	403-201-0139	Yes
Emma	15	403-369-7656	Yes
Danika	16	403-640-4331	Yes
Jillian	16	403-255-0562	Yes
Jakarta	19	403-808-8503	No
Sarah	24	819-679-3059	Yes
Marlene	65	403-454-2413	Yes

Calling All BABYSITTERS
Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

**BRAIN
GAMES**

SUDOKU

2		1	5					4
	9		1		3			
	6			4				
			9					6
7	5		3		2		1	9
8					6			
				9			5	
			4		5		7	
9					8	3		2

FIND SOLUTION ON PAGE 33

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www.GlenmoreHealthcare.com

Almost summer! Blackfoot District units are busy as bees with activities both inside and out as many units wrap up their Guiding year. Several units attended Calgary Area Rally Day at Camp Jubilee to learn about Guiding across Canada and around the world.

Sparks units are wrapping things up with community clean-ups, family cook-outs, neighbourhood walks and will have some girls "advance" to the next level of Guiding which means they will be joining their Guiding sisters in Brownies in the fall for new challenges.

Brownie units are prepping for camp, year-end BBQs, sleepovers at Telus SPARK and walks in Fish Creek Park. Some girls will advance to new adventures with the Guides in the fall.

Guide units attended Guide Camp Skills event at Camp Jubilee, are prepping for tent camp and travel. Third year Guides are finishing work on their Lady Baden Powell Award and some will be advancing to Pathfinders.

Pathfinder, Ranger and Trex units went to 4Cats studio to splatter paint, attended the Calgary Area geocaching event, went to the opera and made terrariums. Some units are getting ready for a backpacking weekend, tent camp, an outing to Jubilations and travel as well as attending the national camp Guiding Mosaic being held right here in Alberta.

The communities within Blackfoot District are:

Acadia	Elboya	Meadowlark Park
Britannia	Erlton	Mission
Bel-Aire	Fairview	Parkhill
Beltline	Haysboro	Ramsay
Canyon Meadows	Highfield	Rideau
Chinook Park	Inglewood	Roxboro
Connaught	Kelvin Grove	Southwood
Downtown East Village	Kingsland	Stanley Park
Downtown West	Manchester	Victoria Park
Eagle Ridge	Mapleridge	Willowpark
Elbow Park	Mayfair	Windsor Park

If you live in one of these communities we can find a unit near you!

Registration for September is now open for everyone! Girl Guides of Canada has moved to on-line registration. Simply go to www.register.girlguides.ca/OnlineReg or call

1-800-565-8111 for information on a unit near you.

Guiding is a great place to build new friendships and experience new challenges. Why not give us a try!

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Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

June at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week (more than 55 in the summer months), use the gymnasium, skate, or play shinny, plus with a membership you get 20% off our fun, active registered programs. Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association).

Membership Specials while the Pool is Closed

After 33 years in operation, Trico Centre's Aquatics Centre is undergoing a major refurbishment. This project will address lifecycle issues, improve health and safety components. **The target reopen date is August 15, 2016.** There is still lots to do at Trico while the pool is closed. We will be

hosting a pool grand opening, so watch for details.

- Purchase a new membership up until August 14, 2016 and receive 14 months for the price of 12.
- Purchase an All-Inclusive 10-Visit Pass up until July 31, 2016 and receive 13 visits for the price of 10.
- If you were a member on February 19, 2016 when the pool closed for its makeover, make sure to drop by Guest Services and fill out your form to receive a three-month free extension on your membership and five free passes*

Spring Activities for Families, Children, Youth

- **Summer Day Camps:** Trico Centre is known for its summer camps. Want your child to have fun and learn over the summer? Good quality themed camps. 3-14 yrs, weekly or daily, full day, half, day, pre and post care.
- More registered summer programs than ever before including Parent & Tot classes, preschool, children and youth. See the Summer Program Guide or check www.tricocentre.ca for all the details.
- Summer drop-ins include Drop-In Playtime (walking and up, Thursdays, 5-6:30pm, Drop-In Craft (2 yrs and up) Drop-In Dodgeball (10-14 yrs.) Check the Summer 2016 Program Guide for details.
- Skating Lessons – what could be a better way to spend a hot summer than in a cool skating rink. Parent & Tot, Pre-school Learn to skate, Youth Learn to Skate, Teen Learn to Skate, and private lessons.
- Intro to Hockey for 6-8 yrs, Intro to Hockey Adult & Child (4-6 yrs with parent/caregiver), and Power Skating & Recreational Hockey (7-12 yrs.)

Summer Programs for Adults

- Check out these registered summer programs: Core Fusion Barre, Obstacle Race Training, Stroller Fit, Fit 101: For the Absolute Beginner, and Sore Joints Training.
- Even though it is summer, there is still lots to do in the Fitness Centre. Choose from more than 55 dryland drop-in fitness classes every week. Free for members, drop-in fee for non-members.

Summer Programs for Older Adults

- Balance Builders: Fall Prevention for Older Adults, Bone Builders: Weight Training for Older Adults, Chair Yoga, and Sore Joints Training are registered fitness classes for older adults offered over the summer.
- Drop-in Pickleball is offered several times a week over the summer. Check out the Drop-In Gym schedule (available on the website or at Guest Services.) Free for members or drop-in fee for non-members.

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

IN & AROUND CALGARY

Southland Leisure Centre

Summer Daycamps 2016 -Southland Leisure Centre's Summer Daycamps are now registering look for our program guide online (www.calgary.ca/recreation) and on stands. Lots of spring preschool, children's and adults programs in the guide too!

Senior's week

Southland Leisure will be honouring seniors in our community by hosting various events for Alberta Seniors Week June 6-12. For further information and details regarding these events please contact Zoe Flowers-Reitsma at 403-648-6576 or zoe.flowers-reitsma@calgary.ca.

All Sport One Day at Southland Leisure Centre

Saturday, June 18 – 10am to 2:15pm

All Sport One Day is back in 2015 at Southland Leisure Centre. This is a great opportunity for children 6-12 years old to be introduced to a new sport – and it's free! Registration begins in May for this exciting one day event. For more information and to register, see www.allsportoneday.ca.

Friday Night Dance Party at Southland Leisure Centre – June 24 from 7:15-10:00pm.

Admission to the Party includes a dance lesson (primary movements, rhythmic structure, posture, leading and following), social dance, as well as refreshments. No Partner Required! See calgary.ca/leisurecentres for schedules and more information.

Summer Daycamp Volunteer Opportunities at Southland Leisure Centre

Southland welcomes volunteers, 13 years old and up for our summer daycamps. Come and enjoy your summer by keeping busy and productive throughout the summer months. For more information call 403-648-6592.

Southland Leisure Centre Playschool

2000 Southland Drive SW

Phone: 403-648-6582

Southland Leisure Centre's Playschool is recreation-based and includes educational activities which allow children to learn through play. Playschool programs are for two to four year olds from September to June. Registration is ongoing throughout the year, based on

availability. Spaces are still available for the 2016 to 2017 school year.

Family Swim at Southland Leisure Centre. Every Sunday, 8 am to noon. It's a designated family swim time. Come enjoy our waterpark, including a trip or two to the AquaPlay structure. Be prepared to get wet! Adults must be accompanied by a child and all children must be accompanied by an adult. Regular admission applies. Find out more at calgary.ca/leisurecentres.

PD School Days at Southland Leisure Centre

Did you know that Southland Leisure Centre offers programs to elementary school aged children on some Professional and Parent-Teacher Interview days? Check out the City of Calgary Recreation program guide on stands or online at www.calgary.ca/recreation for more information on our School's Out Day Camps. Hours of School's Out Day Camps are 7 am – 6 pm, and the cost is \$57.75/day.

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When: Aug. 15 to Aug. 19— 9am to Noon daily

Where: 804—75 Ave. S.W. Calgary, AB

Who: Children ages 4 to 11

Cost: FREE

Registration deadline: July 28th

For more information and to register:

Phone: 403-255-5488

Email: shepking@telus.net

Webpage: www.shepherdkinglutheran.ca

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Summer Sizzler is Back...

June 20 -Sept. 4
11 Weeks of
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Beginner Yoga
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South West Communities Resource Centre

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#42 2580 Southland Drive SW, T2V 4J8
Phone: 403-238-9222 • Email: info@swcrc.ca • www.swcrc.ca

South West Communities Resource Centre

Connecting you to the Resources you Need

You live in one of the 28 communities served by the SW-CRC. If you are in need of information or resources, or if you are facing a challenging situation of any kind and you aren't sure how to move forward, please call us at 403-238-9222 to make an appointment with one of our Community Resource Workers.

Our two Community Resource Workers are social workers who will:

- sit down and talk with you for an extended period of time
- provide supportive counselling
- help you assess your situation
- identify the strengths and resources you already have
- provide information about, and referrals to, other available resources, programs and services
- help you "navigate the system"

Neighbours Helping Neighbours

Calgary's economic downturn is hitting people hard. The baby and personal care items we have in stock are dwindling rapidly. We are in need of the following to share: newborn and sizes 1 to 6 diapers and pull-ups, formula and baby shampoo; for children, youth and adults shampoo, conditioner, toothpaste tooth brushes, bar soap (Dove recommended), feminine hygiene products, deodorant, disposable razors, men's shaving cream.

SWCRC Volunteer Opportunity: Parenting Group Assistant

SWCRC is expanding its parenting education programming. To support the participation of low income and socially isolated parents, we offer free child care for the parents' young children. As a member of our team of Parenting Group Assistants, you will care for the children by providing a safe, loving and fun environment in which to play, socialize and learn. The time commitment is approximately 2 ½ hours, 9:30 – noon, either Tuesdays or Thursdays.

It takes a village to raise a child. Your passion for kids, and your desire to contribute your knowledge and experience towards a community effort to optimize children's social, emotional and intellectual development, will inspire you to contact the SWCRC for more information about this important volunteer role. Call 403-238-9222 ext. 222.

IN & AROUND CALGARY

YOUR CITY SECTION

Check out these important updates from The City of Calgary

Celebrate the contribution of Calgary seniors during Seniors' Week: June 6 - 12. Visit calgary.ca/seniorsweek for events in your community.	calgary.ca/seniorsweek
Neighbour Day (June 18) is an opportunity for neighbours to come together to celebrate our strong community spirit.	calgary.ca/neighbourday
Stuck on Deerfoot? Share your challenges and recommendations to make this road better at one of our open houses or online.	calgary.ca/deerfoot
Planning on doing some yard renovations this summer? Be sure to visit calgary.ca/homeimprovement .	calgary.ca/homeimprovement
Join with other Calgarians on June 23 to celebrate the Chief David Crowchild Memorial Awards. Learn more by searching Chief David Crowchild on calgary.ca .	Search Chief David Crowchild on calgary.ca
Bring the family to Canada's largest man-made wetland on Sunday, June 19 from 1 to 3 p.m. for free activities and entertainment at The City of Calgary's Park Fest!	calgary.ca/parksevents
Floods, snowstorms, fires, power outages, telecommunication failures — these are just some of the natural, technological and human-induced events that Calgary needs to be prepared for, according to the recent Status of Emergency Preparedness report from the Calgary Emergency Management Agency (CEMA)	calgary.ca/cema

Stay connected to the City of Calgary

facebook.com/thecityofcalgary | twitter.com/cityofcalgary | calgarycitynews.com



Register the kids for a summer nature adventure

Looking for activities to keep the kids entertained this summer? Send them on a nature adventure!

The City of Calgary's nature day camps will keep them busy as bees exploring cool critters, discovering plant power and spotting fabulous flyers. These action-packed adventures, involving hands-on activities and outdoor play, encourage children to explore and experience the natural world in a whole new way.

Nature camps run for one week and are offered July and August at the Inglewood Bird Sanctuary. Half-day camps are available for children four and five years old. These bite-sized adventures include daily nature walks, games and crafts. Full-day camps, designed for children ages six to 12, include in-depth investigations and nature explorations focused on specific themes, including wetland wonders, nature's engineers and the food we eat.

Worried about child care? We have you covered. Before- and after-camp care is available for \$25 per timeslot.

Visit calgary.ca/parksguide or call 403-268-3800 to register.

JULY 8 TO 17 CALGARY STAMPEDE

Each year, more than one million visitors from across North America and around the world come to Calgary to experience the heart-stopping action of the world's richest Rodeo, featuring bull riding, barrel racing, and more. www.calgarystampede.com



JULY 21 TO 23 MILKY WAY NIGHTS

The Rothney Astrophysical Observatory is open to the public for night sky viewings for three nights this month. During this time of the summer, conditions are ideal for viewing distant galaxies, nebula and other planets. www.ualgary.ca



JULY 30 SLIDE THE CITY

That bright green, 1,000-foot-long slip-and-slide will return to 10th Street N.W. at the end of July. Choose to slide down once or multiple times. www.slidethecity.com



YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- 1 • **July 1 to September 4 - Legends of Rock N Roll:** Buddy
- 2 Holly, Tom Jones, Neil Diamond and Elvis Presley perform
- 3 classics like Delilah, Blue Suede Shoes and many more. www.stagewestcalgary.com
- 4
- 5 • **July 17 - Park Day and Creekfest:** This annual event is
- 6 a celebration of Alberta's natural areas. The whole family
- 7 is invited to come to the park to learn how to protect
- 8 our watersheds and respect the provincial park. www.friendsoffishcreek.org
- 9
- 10 • **July 19 to 24 - Newsies:** This high-energy musical is
- 11 based on the true events of the 1899 Newsboys Strike.
- 12 The show centres around a group of struggling "newsies." www.calgary.broadway.com
- 13
- 14 • **July 21 to 24 - Calgary Folk Music Festival:** This year
- 15 is the 37th annual Calgary Folk Music Festival. Expect
- 16 more than 70 different artists from around the world
- 17 to perform on the various stages at Prince's Island Park. www.calgaryfolkfest.com
- 18
- 19 • **July 22 to 24 - Fiestaval Latin Festival:** This free, family-
- 20 friendly festival is a multicultural celebration of Latin
- 21 American culture. www.fiestaval.ca
- 22
- 23 • **July 23 and 24 - Pet-A-Palooza:** A pawty for fido is just
- 24 what your summer was missing. Join us to meet over 80
- 25 exhibitors, local rescues, listen to live music, check out
- 26 Running of the Bulls - French and English Bulldog Races! www.petapaloozawest.com
- 27
- 28 • **July 25 to 31 - Calgary International Blues Festival:**
- 29 This year marks the 12th annual Calgary Bluesfest. It's a full week of celebrating the best of blues music,
- 30 with workshops, concerts and special events. www.calgarybluesfest.com
- 31
- **July 30 - Making a Murderer's Dean Strang and Jerry Buting:** The two defense lawyers are stopping in Calgary as part of their A Conversation on Justice tour. The two will do a Q&A session, discuss the Steven Avery case and talk about what it means in broader terms, too.
- **July 30 - Inglewood Sunfest:** This neighbourhood street festival includes activities that appeal to Calgarians of all ages. Expect live music, plenty of street performers, a Show and Shine and activities for the kids. www.inglewoodsunfest.ca

IN & AROUND CALGARY



Thinking about a yard improvement project?

Garages, decks, fences and even driveway widening are just some of

the projects that often require a permit.

"Before you pay for materials, hire a contractor, or do it yourself, we encourage you to visit calgary.ca/homeimprovement or get in touch with us here at The City," says Jamie Fandrich,

Planning Services Technician at The City of Calgary. Fandrich is part of the team that helps Calgarians understand Alberta's safety codes and City bylaws on the phone and in person at the Municipal Building. The latest resource Fandrich's team uses to educate Calgarians on development and building regulations is the webpage calgary.ca/homeimprovement, which allows anyone interested in doing a renovation to browse popular home renovation topics for bylaw and permit information, property and land designation, drawings and forms they will need to complete their home renovation.

"It can sometimes be difficult to understand when you need a permit and what City bylaws might impact your project – we're here to help guide you through the process," Fandrich says.

Planning, development, licence or permit question?

Visit Calgary.ca/homeimprovement or call and visit Planning Services.

Planning Services

Monday through Friday (closed holidays)

8 a.m. - 4:15 p.m.

Call centre: 403-268-5311

Permit counter: 3rd Floor Municipal building, 800 Macleod Tr SE

Property Tax Assistance Program

Property Tax Assistance Program: Help is available. The City of Calgary may provide a grant/credit of the increase in residential property taxes from 2015 to 2016.

To be eligible, the applicant must:

- Experience an increase in property taxes from 2015 to 2016.
- Live in the principal residence for a minimum of one year.
- Own no other property.
- Must meet low income guidelines of the Fair Entry Program. Visit calgary.ca/FairEntry or call 311.
- Provide an acceptable proof of household income for all members 18 years of age and older. Visit calgary.ca/FairEntry or call 311.
- Apply for the grant/credit by Dec. 1, 2016. Visit calgary.ca/FairEntry or call 311.
- Even if you are not eligible for the Property Tax Assistance Program, we may be able to help you access other community resources.

Please note: Even though an application has been made to the Property Tax Assistance Program, all property taxes must be paid in full by the due date, June 30, 2016, to avoid a seven per cent penalty.

For more information, or to apply, please contact 311 or visit calgary.ca/FairEntry.

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Become a Depot and Help Others in Need Right in your Own Community

I am sitting in my office looking at a map of Calgary. A city of a million people is an expanse of quadrants and communities. And within every neighbourhood, there is someone in need. The face of the food bank is anyone, anywhere but I wonder how we can reach everyone. Then I remember the incredible generosity of this city and that you don't know until you ask: **Will you be a satellite depot for the Calgary Food Bank?**

We are in need of hamper distribution depots in order to make emergency food accessible for families and individuals in various neighbourhoods throughout the city. Because of our main warehouse location in the SE industrial area, it can be extremely challenging for some to pick-up their hampers. This is where a depot location becomes an important part of the distribution process.

What is required?

- Are you accessible by transit, foot or car
- Do you have a space to store and distribute hampers

- Can you operate for two hours
- Do you have double doors where a pallet can be moved through
- Do you have refrigeration
- Can you manage volunteers during distribution
- Will you sign a memorandum of understanding

What we can do?

The Calgary Food Bank wants to make being a depot seamless and stress-free.

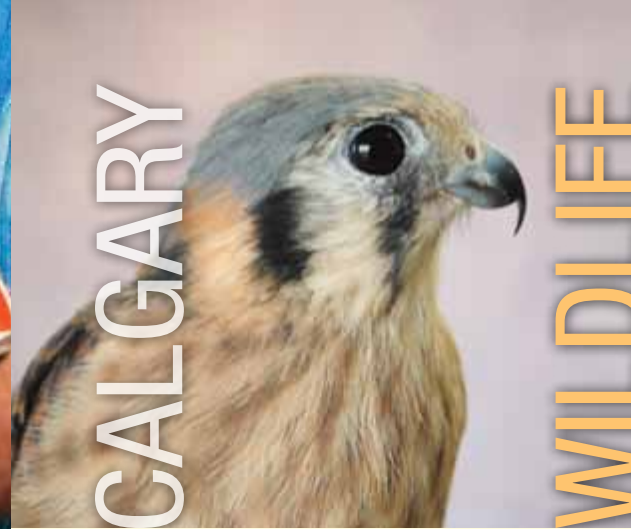
- We will screen, qualify and book clients
- We build and deliver the hampers
- We will recruit, train and schedule volunteers
- We can create flexible distribution hours
- We will create and provide depot signage

Ready to help? Visit our website and fill out an application form at www.calgaryfoodbank.com/give/become-a-depot/ or call Selby Quinn at 403-253-2059 ext 201 today!



CALGARY

WILDLIFE



Written by Katie Fisher

Photo by Andrea S. H. Hunt

Small Acrobatic Gliders

Gliding to the left and right, the American Kestrel, keeps a sharp eye on the earth below for flickering blades of grass or the rustling of bushes. A member of the raptor family, the American Kestrel is easy to identify because it is the smallest of the North American falcons and the most colourful. Male and female Kestrels are dressed in a rusty red but only the males are garnished with a brilliant slate blue on their head and wings. They are easily spotted in open grassland areas, such as meadows and farmer's fields. They also can be seen in city areas and suburbs. Unlike songbirds, they will not be seen foraging for items for their nests, instead, they rely on abandoned Woodpecker holes, tree hollows and other empty cavities that are found in the environment. Kestrels may even take up residence in your backyard.

Your backyard could become a suitable home for the Kestrel, provided that you don't just set up any old birdhouse. A nesting box, nailed to a tree, high above the yard and away from sources of noise, could provide a suitable home for a feathered family. They may repay you by keeping pesky rodents out of your yard.

Like many raptors, the American Kestrel hunts for insects such as grasshoppers, beetles and spiders. They also enjoy munching on small vertebrate prey such as mice, voles, shrews, songbirds and occasionally, frogs, snakes and small lizards. Some brave Kestrels have been spotted preying on larger creatures, such as red squir-

rels. One characteristic that gives the American Kestrel the upper hand on small prey is their ability to see ultraviolet light. This feature gives them the power to see urine trails created by small rodents and other creatures, leading them to their next meal.

When the Kestrel finds itself with a surplus of food they store their food for later use. Like a storage box, they will hide their food in grass clumps, tree roots and other cavities along the ground. These food items will come in handy when food is difficult to find.

Hunting all day and sleeping all night isn't as easy as it may sound. The American Kestrel must always on the lookout for predators. As the smallest falcon, they become easy prey to other raptors, such as Barn Owls, Goshawks and Red-tailed Hawks. Large reptiles such as rat snakes and corn snakes will also take Kestrels as prey.

When you are out on your next walk, keep an eye to the sky, you may just see the Kestrel gliding through the air or perched on a light post or telephone post. If you come across an injured American Kestrel, or any other wildlife in distress, please contact Calgary Wildlife Rehabilitation Society wildlife hotline at 403-239-2488.

Insects & Technology

The Namib Desert's darkling beetle is the inspiration for a new idea to turn morning fog into droplets of water and will have the ability to provide enough water per day for survival of Namib Desert people. The beetle's body has little bumps that repel water, sending the droplets down his back into his mouth.

Discovery Magazine



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HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARDBUSTERSLANDSCAPING.COM: Weekly lawn mowing \$36, power-rake \$100, aeration \$50. Some conditions. Landscape construction and yard renovation: Stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769.

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VIBRATION THERAPY TREATMENT FOR SUFFERERS OF: osteoporosis, multiple sclerosis, diabetes, stroke, fibromyalgia, arthritis, back and joint pain. If you suffer from any of these conditions we are offering a one month free trial of gentle Vibration Therapy and Exercise Protocols, you will be amazed at the benefits you will receive. Spicewellnesscalgary.ca, 403-698-6892.

ROOFING, 5 YEAR WARRANTY: Express re roofing - shingles, flat, cedar, tiles, insurance claims. Consultative approach, pre-installation inspection. 23 years of experience. E-mail or call with your name and address and we will provide a free estimate within 72 hours. P&S Construction and Roofing: estimates@psroofing.ca. Slavek, 403-835-1393. Paul 403-714-3644.

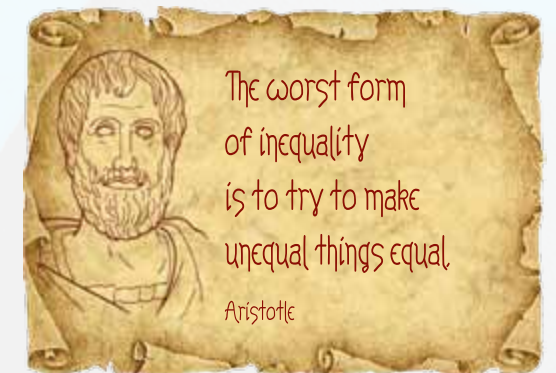
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SUMMER IS COMING! Get your yard ready for the beautiful days ahead. Weekly or occasional lawn cuts while you are on holidays. Flower bed clean up, planting and/or maintenance or projects. Locally owned and operated since 2007. Please call Brenda at 403-615-7199.

HOME RENOVATING: Haysboro resident available to help with your home renovating needs. I have experience in all areas of home repair including drywall, painting, flooring, decks, fences and yearly maintenance. For a free estimate call Ken at 403-708-8737.

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MLA CALGARY-GLENMORE ANAM KAZIM

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Calgary, AB Canada T2V 5A8
Ph: (403) 216-5421, Fax: (403) 216-5423
Email: calgary.glenmore@assembly.ab.ca

Dear Constituents:

The budget was announced on April 14th, 2016 and I would like to highlight important aspects of the budget that are avenues towards Alberta's success. Also, I would like to shed light on my participation in the house during the session.

Budget 2016 Highlights:

Budget 2016 contains cost-savings measures, including freezing salaries for political staff and government managers as well as reducing the number of government agencies, boards and commissions to control the growth of operating spending.

At the same time Budget 2016 also introduces the new Alberta Jobs Plan to help encourage job creation, business capital investment, and economic diversification. This plan has four pillars:

- Supporting families in times of hardship with new supports and better access to training/ education;
- Continuing to invest in Alberta's infrastructure through the government's Capital Plan;
- Diversifying our energy industry and markets by putting a price on carbon, in addition to working to getting the best value for our natural resources
- Supporting Alberta businesses with two new tax credits to encourage access to capital and a tax cut by 1% for small businesses as of Jan 1, 2017.

My Participation in the House:

I was successful to have Motion 503 passed in the house which is about making prescription drugs more affordable for low-income seniors. To watch the debate please scroll to 4:57:37 pm using the link below:

www.assemblyonline.assembly.ab.ca/Harmony/pb3/powerbrowser_Desktop.aspx?ContentEntityId=3251&EssenceFormatID=139&date=20160412&browser=0

I stood up to speak in favour of Bill 204: Alberta Tourism Week Act to specifically promote Heritage Park, North Glenmore Park, South Glenmore Park, Glenmore Sailing Club and Weaselhead Park in our beautiful riding of Calgary Glenmore. To watch my speech please scroll to 4:25:56 pm using the link below: www.assemblyonline.assembly.ab.ca/Harmony/pb3/powerbrowser_Desktop.aspx?ContentEntityId=3258&EssenceFormatID=139&date=20160419&browser=0

MLA Stampede Breakfast:

July 13, 2016 - 7:00 am-10:00 am at Heritage Park

For further details on any of the topics above or others, please do not hesitate to contact our office.



COUNCILLOR, WARD 11 BRIAN PINCOTT

P.O. Box 2100 Stn. M, #8001A
Calgary, AB T2P 2M5
403-268-2430 • www.ward11calgary.ca

What does it mean to be flood ready? Higher river flows typically occur in Calgary from the middle of May to middle July. However flooding can strike any Calgary community in any season, often with little or no warning. Interestingly this has less to do with spring run-off from the mountains, and more to do with precipitation.

The City has plans in place that guide our response to floods of various sizes. Every event is different and actions leading up to and during a flood depend on the specifics of each event. In general, as a City, we take these actions to mitigate the impact of a flood:

- Manage the flow of water out of the Glenmore reservoir
- Close the gates on storm water outfalls to prevent river water from entering the storm system
- Deploy temporary lift stations to supplement pumping
- Deploy temporary berms, flood tubes or sandbags to critical locations.

Last month, the City of Calgary held two open houses to provide information to residents about on-going 2013 flood recovery efforts. This information is available online if you missed the session at Calgary.ca/flooding, along with resources on preparing yourself and your community in the event of a flood.

Community building in your neighbourhood! June is a busy month for Ward 11 communities. Be sure to check your Community Association for their family-friendly event listings – festivals, bike parades & Neighbour Day events – just to name a few! Community clean-ups are also underway from now until September. They are a great way to meet your neighbours, and take a burden off of your spring clean-out. See the full schedule at Calgary.ca/cleanup.

As mentioned last month, my team and I will host a community information session on **Little Free Libraries** on **Thursday, June 9th at 6:00 pm at the Voltage Creative Garage, 2101 – 34th Avenue SW**. Light refreshments will be provided. We hope to see you there!

Remember to sign up for Ward 11 updates to receive information on upcoming events, City programs, and public engagement opportunities relevant to you at www.ward11calgary.ca.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ♦ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ♦ Forty word limit

BRAIN GAMES SUDOKU

2	3	1	5	6	7	8	9	4
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3	7	4	2	9	1	6	5	8
6	8	2	4	3	5	9	7	1
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Healthy Kitten Basics

by Jennifer L. Scott, D.V.M.

So you've acquired a new kitten and you want to protect the little fur ball, now what? There are a number of steps you need to take to protect your new housemate, and any current feline residents.

Your first step is to visit your veterinarian for a complete physical examination. Sooner if your kitten has goopy eyes, nose, or he is sneezing; kittens are prone to a wide variety of nasty respiratory viruses. If you already have cats in your house, your veterinarian will strongly recommend blood tests for Feline Leukemia Virus and Feline Immunodeficiency Virus. Screening your kitten for these diseases will reveal if they are silently positive for a disease they may carry for years. This will protect any other cat old or new in the household that will be at risk by transmission of body fluids in scratches and bites.

A new kitten should receive two to four sets of vaccinations a month apart. Vaccinations should end about sixteen weeks of age because maternal antibodies in the mother's milk may block the vaccine's effectiveness if the mother cat was also vaccinated. Initial vaccinations include feline distemper or panleukopenia, and a number of feline respiratory viruses. Rabies is in the last set of vaccinations. Veterinarians consider rabies vaccination especially important for all cats because of the exploratory nature of the cat. An indoor apartment cat could get rabies from the little bat that flew in the open window and landed behind the sofa. Any outdoor cat should be on a preventative medication for fleas, ticks, and lice infestation as well as being dewormed regularly for internal parasites. A tick carrying Lyme disease could be introduced into your house by your cat.

Kittens should receive boosters one year after their last kitten shots. During ongoing annual physical examinations, your veterinarian may recommend vaccination boosters, blood titers, fecal testing, and any other tests depending on your particular cat's health and lifestyle. Cats over eight years of age should have their blood pressure done. Felines are prone to hypertension.

Train your kitten to tolerate teeth brushing with salmon or tuna flavored (yummy!) toothpaste. Ask your veterinarian to show you how. Trim those nails frequently and teach that kitten to use a scratching post. Some cats can be trained with treats and lots of positive reinforcement to perform tricks, poop in the toilet, or fetch a ball... I haven't had success myself on this front. I recently discovered there are gaming apps for the Ipad your cat can play and he can even try to beat his best time. Check out the Purina fishing game.

Spay or neuter your pet. This is usually done around six months of age. Intact tomcats have a stronger odor and an overwhelming need to seek a mate. Intact female cats will go in and out of heat every two weeks at certain times of the year. They will overwhelm the household with their vocal persistent desire to find a mate.

Finally, the cat has come a long way in our hearts as a companion over the last three or four decades. For most of us, our cat shares at least equal, sometimes superior, status with the dog in the family. Many cats live into their late teens even early twenties. Our ability to treat cats has progressed to incredibly sophisticated levels. Consider investing in pet insurance programs now available for your new baby.



1732 34 AVE SW
CALGARY, AB T2T 2B6
PH. 403-460-2211
FAX. 403-592-6762
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HAYSBORO MARKET STATISTICS

Single Family homes:

10 active listings - average list price \$498,630 with 51 days on market
17 sold listings since Jan 1 - average sale price \$486,500 with 26 days on market

Condo/Townhouses:

0 active listings
1 sold listing since Jan 1 - sale price \$469,000 with 19 days on market

Apartments:

21 active listings - average \$266,719 with 52 days on market
11 sold listings since Jan 1 - average \$228,000 with 58 days on market
(Statistics based on CREB MLS System listings as at May 1, 2016.)



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Gerry Bray



WHAT IS THE VALUE OF YOUR HOME IN TODAY'S MARKET?



Community - Canyon Meadows. This 2 Storey is a rare find in Canyon Meadows, with four bedrooms on the Upper level - newly renovated custom kitchen - newer roof (2014) -, new furnace. Walking distances to many schools, c-train and Fish Creek Park.

This is not intended to solicit properties currently listed for sale.



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