EHAYSBORO

HORN

THE OFFICIAL HAYSBORO COMMUNITY NEWSLETTER



www.haysboro.org



WALK WITH US TO END BLOOD CANCERS

Join us on Saturday, October 15 for an evening of inspiration and hope as we walk together to end blood cancers.

Sign up today

LIGHTTHENIGHT.CA



2016 NATIONAL SPONSORS





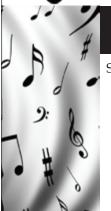












Discover Your Potential

Start Music Lessons Now! friendly atmosphere caring, professional teachers beginner to advanced all styles, most instruments including voice largest selection of sheet music & method books in Calgary full line of instruments and accessories (including band)

Make Music Part of Your Life 403.251.2443

#21, 11440 Braeside Drive SW Brae Centre Mall



LIFT. SWIM. PLAY. STRETCH. SKATE. SPIN

Get everything you need to stay fit under one roof, at an affordable price.

Residents of partnered communities enjoy additional savings! Pay 20% less with payment of the Community Support Fee or presentation of a valid community association membership.

DISCOVER YOUR PERFECT FIT.

Trico Centre for Family Wellness 11150 Bonaventure Drive SE www.tricocentre.ca



Calgary's Best Retirement Active Lifestyle Community

OPENING FALL 2016



Move in by December 31st, 2016 and receive up to \$1,500* in moving expenses.

Call today to book your personal tour with Felicia.

*Credited to account after 60 days residency with corresponding receipts. Limited time offer. Based on availability. Not to be combined with any other offer. Move in by December 31st, 2016. E. & O.E.

RENTAL FULL SERVICE STUDIO, 1&2 **BEDROOM & MEMORY CARE SUITES.**



2635 Eversyde Avenue SW 587-433-2622 leasing@originswanevergreen.ca

www.originswanevergreen.ca



Ph: 403-253-1563 • Fax: 403-253-6524 • www.haysboro.org 1204 - 89 Ave SW, Calgary, AB T2V 0W4 Office Hours Monday to Friday 10:30am - 5:30pm

OUR MISSION STATEMENT: The Haysboro Community Association, as a volunteer organization, is dedicated to enhance the quality of life of the community through the engagement of residents in community planning and development, social and recreational programs, all the while fostering a safe and vibrant environment.

OUR VISION STATEMENT: Established, safe and vibrant community with residents engaged in responsible development, social and recreational programs, all the while fostering friendly neighborhood connections.

BOARD EXECUTIVES				
President	Michael Akbar	president@haysboro.org	403-560-2804	
Vice-President	Kourtney Branagan	vicepresident@haysboro.org 403-816-2		
Treasurer	Miriam Mitchell	treasurer@haysboro.org 403-259-5		
Secretary	Alexa Briggs	boardsecretary@haysboro.org		
Past President	Maxine Morrison	pastpresident@haysboro.org	403-615-9443	
BOARD OF DIRECTORS				
Facility & Maintenance	Adrian Fahrni	facilities@haysboro.org		
Horn Editor	Brent Nichols	editor@haysboro.org		
Casino	Julie O'Brien	casino@haysboro.org		
Sports & Rec	Sonja Sahlen	play@haysboro.org		
Civic Affairs	Maciej Kijak	civicaffairs@haysboro.org		
Fund Raising	VACANT	fundraising@haysboro.org		
Programs& Events	Saadia Stainsby	events@haysboro.org		
Communications	Garry Swanson	communications@haysboro.org		
Volunteer	VACANT	volunteer@haysboro.org		
Senior Resources Group	Dorothy Block	srgroup@haysboro.org		
Director-at-large	Stephen Snell	stephens@haysboro.org		
Director-at-large	Dean Wallbank	deanw@haysboro.org		
Director-at-large	Marisol Narvaez	marisoln@haysboro.org		
Director-at-large	Justin Barrett	justinb@haysboro.org		
Director-at-large	Lauren Gilbert	laureng@haysboro.org		
Director-at-large	Gary Williamson	garyw@haysboro.org		
COMMUNITY CONTACTS				
HCA Administration and Hall Rentals	Fiona Swanson	info@haysboro.org	403-253-1563	
50 Plus Club	Hope Raymond		403-255-5757	
Haysboro Preschool	Cinnamon Burrell	Preschool@Haysboro.org Hall: 403-253-		
MLA – Glenmore	Anam Kazim	Calgary.Glenmore@assembly.ab.ca	403-216-5421	
Councillor -Ward 11	Brian Pincott	info@ward11calgary.ca 403-268-2430		
Police Liaison- District 6	Constable H. Robinson	pol4196@calgarypolice.ca	403-428-6600	
Southwest Communities Resource Centre			403-238-9222	
Southland Youth Justice	Kathy Hutchings	calgaryyouthjustice.com	403-244-8201	
Business Advertising	Great News Publishing	sales@great-news.ca 403-720-0762		



Haysboro Community Association

1204 89 Ave SW Calgary, AB T2V 0W4 Phone:(403) 253-1563 info@haysboro.org | www.haysboro.org

CONTENTS

Programs at HCC 10-12
Senior Resources Group 14-16
Hall Happenings 15
Bountiful Harvest 22
At A Glance 23
Real Estate Update 32
My Babysitter List 34

NEWSLETTER AD SALES



Great News Publishing Ltd. 403.720.0762 | 403.263.3044 sales@great-news.ca | www.great-news.ca



GREAT NEWS PUBLISHING HAS BEE PROUDLY SERVING HAYSBORO FOR 8 YEARS!



HAYSBORO

WANTER

Sunday December 4

*Home Based Businesses Welcome

10:00 am - 4:00 pm

Table Fees:

\$70 for Community Members \$75 for Non-Community Members

For more info: Call Fiona at 403-253-1563 Email the organizers at: haysboromarket@gmail.com

0

FIND us on FACEBOOK - Haysboro Market

To register, please visit the community website at: Haysboro.org

Don't wait to get your table - Limited Space available!

Note: We have the right to refuse vendors depending on the number of vendors and duplication of vendors



Haysboro Churches

Heritage Drive Chapel 935 Heritage Dr SW Church of Jesus Christ of Latter-Day Saints

Hope for Life Christian Fellowship 403-255-6110 *Interdenominational*, St. Gerard's School, 96th Ave SW www.hflchurch.ca *Non-denominational*

Lighthouse Church Interdenominational 403-640-2099 O-9827 Horton Road SE www.calgarylighthouse.com

St. Andrew's Presbyterian Church 403-255-0001 703 Heritage Dr SW

www.standrewscalgary.ca

Springs Church 403-473-3400
924 Heritage Drive SW

St. Gerard's Church Catholic 403-253-2251

8944 Elbow Dr SW http://stgerards.ca

Haysboro Schools

Haysboro Elementary	403-777-8530
Woodman Junior High	403-777-7490
Henry Wise Wood Senior High	403-253-2261
Haysboro Community Preschool	403-253-6524
Calgary Early Learning Centre	403-255-4288
Bishop Grandin Senior High	403-252-7541
St. Gerard Elementary	403-500-2028
Akiva Academy (ECS - Gr. 6)	403-258-1312
St. Augustine Fine Arts School (K-9)	403-500-2022
Notre-Dame-de-la-Paix (S)(FR) K-6	403-271-5544
École de la Source (FR) K-9	403-255-6724
Ste-Marguerite-Bourgeoys (S)(FR) 7-12	403-240-2007
École de la Rose sauvage (FR) 10-12	403-230-3112
Trinity Christian School	403-254-6682
Eugene Coste School (S) K-3	403-777-8511

Haysboro Community Association Residents' Meetings Last Wednesday of every month at 7:30 PM Haysboro Community Hall, 1204-89 Ave SW



Haysboro Horn DEADLINE

Article submissions to editor@haysboro.org or info@haysboro.org before the 1st of each month

The Haysboro Horn is the monthly newsletter of the Haysboro Community Association and is distributed free of charge to all community residents and businesses 12 times per year. Community Classified announcements can be submitted free of charge, with paid community membership, to info@haysboro.org or by calling 403-253-1563.

Display advertising and Business Classified advertising inquiries should be directed to the newsletter publisher, Great News Publishing.





in McDougall United Church

8516 Athabasca St SE.

(no religious content/ non-denominational)

Artisans in quilting, knitting, crocheting, card making, as well as a "do-as-you-wish" table meet to learn and practice their art in a community setting. No experience is required. Come and learn from instructors, obtain advice, but mostly enjoy the company of women across the ages, make friends, and have a personal time out!

Wednesday mornings, 9:00 - 11:00 a.m., next session September 7 - November 30.

Registration preferred, but drop in is available, babysitting supplied. Please contact Lori at McDougall United Church 403-252-1620.



When the Ark settled safely after the flood, Noah opens the doors and commands the animals: "Go forth and multiply!" All the animals depart the Ark, except for two snakes in the back. Noah proclaims again: "Go forth and multiply," yet the snakes stay put. Perturbed, Noah finally asks them, "Why have you not followed my command?" The snakes flicker their tongues and answer, "We can't multiply, Noah – we're Adders."



Modern Solutions for Missing Teeth

STOP:

- Avoiding foods you love
- Using messy adhesives
- Being self-conscious of your smile
- Looking older than your age

WE OFFER:

- Denture on implant options
- Conventional and flexible denture options
- Direct billing for private insurance
- Complimentary consultations

Southcentre Mall

Suite 126A, 100 Anderson Rd SE (403) 269-8308



Mon - Thur 8:30 am - 4:30 pm Fri 8:30 am - 12:00 noon

www.academydenture.com



Please call our Admin Office at (403) 253-1563 or info@haysboro.org for more information.

Haysboro

Saturday, November 5, 2016 9 am - 3 pm

REGISTRATION FORM

variety of products and to offer the most advantageous environment for our vendors, please be advise

Enclose your cheque/payment and this completed registration form

and mail or drop-off by October 14, 2016 to

Haysboro Community Association, 1204 - 89 Avenue SW, T2V 0W4 Office hours are Monday-Friday 10:30-5:30

\$26.25

\$31.50

\$5.25

Subtotal

Total Due

GST included

Haysboro will provide: Table & 2 chairs & internet connection

Carousel or Rack (please advise, so we can allot space)

E-mail:

Home Phone and/or

YES/NO

YES/NO

Total

Cell Phone #:

Name:

2016/17 HAYSBORO MEMBERSHIP #:

CRAFT ITEMS FOR SALE:

Vendor will provide: Table Cover

Power Cord (if you need electricity)

Haysboro Community Members

\$5.00 if required

Table Type

Non-Members

(Cheque or Cash)

Electricity

Active Learning









French Immersion Preschool for 19 months to 5 Years. Kindergarten & Out of School care for Sam Livingston, Lake Bonavista, and Alice M Curtis Schools.

403.473.0600 | www.activelearningprograms.ca 2 - 430 Acadia Dr. SE, Calgary, AB



Old Country Hardwood Flooring Utd.



28 years in business Installing • Sanding • Custom colours Solid, Engineered and Laminate Flooring A HISTORY OF QUALITY

> David LaPorte 403-616-2198 davidlap@shaw.ca www.oldcountryflooring.com

PROGRAMS at Haysboro Community Centre

New members are welcome to join our programs at any time if space is available. Programs may be cancelled due to insufficient registration. GST will be added to programs unless noted other wise. There is no refund after the program starts or if materials are already ordered. Fee will be pro-rated when applicable.

Drop -In Tot Time

On-going

Monday to 9-11am (except school holidays)

Come visit with other parents as our kids play with the room of toys! Please bring your own nut-free snacks and drinks. Members \$1, non-members \$2, coffee and tea \$1 Contact Kourtney – kourtneyb@shaw.ca

Children's Dance

Kids dance (3-5 year olds) -Thursday Sept 15-Nov 10th -2:30-3:15 \$50 members \$65 non members Hip Hop – (6-8 year olds) - Thursday Sept 15-Nov 10th -3:45-4:30 \$50 members \$65 non members Bass Burn - Thursdays Sept 15-Oct 6; Oct 20-Nov 10th

5:55-6:45 \$50 members \$65 non members per 4-week Bassburn is a dance fitness class for those who like to

really GET DOWN to all sorts of electronic music from bass, mixed pop, breaks, house, D&B, electrofunk, to name a few.. in an affordable & inclusive format. DJs spin the latest while you follow the trained and knowledgeable instructor in pre- choreographed routines that work a variety of muscle groups. This class will

challenge and increase your strengths in coordination, muscle tone, and cardiovascular, and mind-body awareness, Raise the good vibes that will spill over into your daily activities. And all in a bliss of music.

Haysboro Preschool with Allison and Kerry

Haysboro Preschool is a parent-run program for three and four years olds. Guided by University trained, experiences teachers in an open environment, children choose from a variety of learning centres, circle time, stories and outdoor play with a maximum of 12 children per class. For further information or to view the classroom, please call 403-253-1563 or view online at www.haysboro.org.

Tai Chi

8 week session Tues/Fri 9:15 am - 10:15 am Tai Chi is a series of slow, flowing movements. The short form being offered is easily learned and performed by anyone regardless of age or physical condition. Tai Chi gently stretches and tones the whole body, relaxes and calms the mind. Call Betty at 403-259-4635.

2x/week - \$65 for members \$75 for non-members 1x/week - \$35 for members \$45 for non-members 10x punch card - \$70 for members \$80 for non-members

Senior Resources Group

Fourth Thursday of the month 1:30-3:30 – Entertainment, Talks, Trips for Seniors

Rhyme and Reason

Interactive program for 0-2 year olds and their caregiver www.rhymeandreason.ca

Wednesdays - October 5th-Oct. 5 - Nov. 9, 9:30-10:30 \$90.00 per family, \$60.00 for Haysboro members! Starting January

NON-HCA RUN PROGRAMS - PLEASE REGISTER Prapti Yoga

Classes are offered Monday and Wednesday Evenings and Sunday Afternoons. Once a month workshops on Friday evenings. Mondays are registered classes, Wednesdays are drop in classes and Sunday afternoons are registered classes perfect for beginners or those with physical limitations.

All classes develop strength and flexibility and are taught with playfulness, humour and compassion. Call Kathy Dodd at 403-869-5323 or visit www.praptiyoga. com for more information and registrations.

South Calgary Ladies Bridge

Fridays 12:00- 3:00

50 Plus Bridge

Wednesdays 12-3

Call Lois for more info 403-278-6978

The Casey Academy of Irish Dance **Beginner Irish Dance classes**

Taught by former "Riverdancers" Cara Casey and Mark O'Loughlin. Saturday mornings at Haysboro Community Centre 11:00-11:45 a.m. For ages 5-9

For Haysboro Program Registration please contact the Hall Monday to Friday 10:30-5:30. Phone: 403-253-1563. E-mail: info@haysboro.org



Call #403-520-0059 for more info.

www.caseyacademy.com

Kanto Sho Karate Club

We teach traditional Karate to anyone ages 5 and up. Classes run year round; start anytime. Check our website for information. Monday/Wednesday/Friday Children ages 4-6: Mondays 5:30-6:15 Beginner: Monday - 6:15 - 7:15 p.m

Advanced - 7:15-8:15

Beginner: Wednesday 6:00 - 7:00 p.m. Advanced: Wednesday 7:00 - 8:00 p.m. Women's Only; Fridays 6:00-7:00pm Advanced: Friday 5:00 –6:00 p.m

Glen Smith, 403-681-8833, kantosho@telus.net,

www.renbukaikarate.com

Foxy Kickboxing

Exercise your frustrations away with this energizing workout for women Tuesdays 6:30-7:30 pm. www. foxykickboxing.ca to register and for more information.

Integrated Wellness

ne hour stretch and conditioning class, incorporate into existing regime or on its own, this class is for everyone. Introductory workshops for new students. Rhonda Bleau, 403-681-3439, info@wellnesswithrhonda.com / www.wellnesswithrhonda.com

Tuesdays 7:00-8:00 PM

Wednesdays 11:00-12:00 PM Thursdays 6:15-7:15 PM

Saturdays 8:30-9:30 AM or 9:40-10:40 AM

War On Debt Classes

Learn how to pay off all of your debt in 5-7 years without making more money. Debt is like guicksand, the faster you struggle the faster you sink, but once you grab a hold of the principles in Dani Johnson's War On Debt course, you'll never get sucked into the cycle of debt and overspending again. The easy steps and rock solid strategies in this program have helped tens of thousands of people to pay off millions in debt. Come learn step by step instructions to bring your account balances to zero. Learn the difference between wise and foolish spending and so much more... First class starts on Tuesday, February 16th, at 7:00pm at the **Haysboro Community Center.**

Classes will continue every Tuesday at 7:00pm. Classes are completely FREE to members of the community association. Anyone can become a member and use the community center facilities. Memberships cost \$15/ singles, \$30/families. Membership can be purchased at the War on Debt Class.

Spaces limited.

For more information or to register please send email to karla@mayfieldrenovations.com

Looking forward to seeing you grow and get that heavy burden off of your back!

Cadenza Music

Thursdays September 22-November 10 - 11:15-12pm for ages 3-5

Thursdays September 22-November 10 - 4-4:45pm for ages 6-8

\$154 includes registration and materials

A fun interactive music class that lets children explore all areas of music. Give your child an excellent start in the beautiful world of music.

- learn to sing and play a variety of songs
- · discover the excitement of music appreciation through storytelling
- create and perform on percussion instruments
- · Enhance rhythm through movement and a solid theory foundation
- Discover a new musical concept everyday
- Introduction to keyboard geography and playing simple songs

For registration or inquiries contact: (403) 836 4866 or Info@cadenzamusicstudio.ca

http://cadenzamusicstudio.ca/

https://www.facebook.com/cadenzamusiccalgary/

Calgary Leadership Academy

~continued next page~

McLAWS LAW

ESTATE PROBATE
WILLS
POWERS OF ATTORNEY
PERSONAL DIRECTIVES

Experienced, cost effective and practical advice, representation and counsel to meet your legal needs

Insurance Disputes - Small Business Employment Issues - General Litigation

Peter B. McLaws
Barrister & Solicitor
(403) 710-3712
www.mclawslaw.ca

PROGRAMS WEEKLY SCHEDULE

PROGRAMS at HCC cont'd

Calgary Leadership Academy is excited to announce 1 of 2 of our brand new programs, and it is in your community! Our fresh approach gives your family a powerful new extra-curricular option for after-school time and is aimed at the success and happiness of your children! The academy is like nothing you have seen before. It's a place where we provide scenarios that allow kids to experience cool projects with friends. It's about building habits. It's about exposure to knowledge, technology and languages. But first and foremost, it's about being connected into a nourishing leadership community. www.calgaryleadershipacademy.com

Contact Angela for more info or to register 403.926.4244

Kid Chef in French

Kid Chef Your French After-School Cooking Program that builds your French vocabulary while having fun Christiane Asuyi Lohaka 403-875-1866christianelohaka@yahoo.ca http://chrisloevent.ca/

Thursdays, October 4th - Dec 20th from 4-6 Ages 8-13

Sunday	Casey Academy	10:00-2:00pm
	Prapti Yoga	2:30-3:30pm
Monday	Drop-in TotTime	9:15-11:15am
	Karate	6:00-8:00pm
Tuesday	Tai Chi	9:15-10:15
	Dawn Ross Yoga	2:00-3:25 pm
	Kids Dance	2:00-3:30pm
	Foxy Kickboxing	6:30-7:30pm
	Callanetics	7:00-8:30pm
Wednesday	AllStar Enviro Safety	8:00-5:00pm
	Rhyme & Reason	9:30-10:30am
	50+ Bridge	12:30-3:00pm
	Karate	6:00-8:00pm
	Yoga	
Thursday	Prapti Yoga	9:30-10:30am
4 th Thursday of the Month	Senior Resources	1:30-3:30pm
	Callanetics	7:00-8:30pm
Friday	Tai Chi	9:15-10:15
	South Calgary Ladies Bridge	12:00-3:00pm
	Karate	6:00-7:00pm
Saturday	Callanetics 2 Sessions	8:30-10:30am
	Casey Academy	11:30-12:15pm



IN & AROUND CALGARY

Alberta Health Services: EMS

Halloween Safety

The members of Calgary's Halloween *Partners for Safety:* Calgary's Child Magazine, EMS, Calgary Police, Fire, 9-1-1, Bylaw, Transit, and Shaw Communications would like to remind parents and trick-or-treaters of some Halloween safety tips, as October 31st approaches. *Partners for Safety* vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure
 to cross the road at marked crosswalks, or well-lit corners
 only. It is safest to work your way up one side of the street,
 and then cross once to the other side.
- Stay away from houses that are not well lit. Do not accept rides from strangers, or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

Costumes

- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate foot wear that takes into consideration weather conditions and walking.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing, or making costumes, look for materials and accessories that are labeled flame-resistant.
- Choose bright colored costumes that are highly visible. Adding reflective tape to costumes further increases visibility.

arents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.





RBC Group Advantage is a comprehensive program designed to help business owners meet their employees' financial needs by providing:

- In-person financial advice for all employees
- Group retirement savings plans
- Comprehensive and discounted banking solutions

Support your employees and keep your competitive advantage. Call Investment Advisor Michael Martin at 403-266-9655 to learn more.

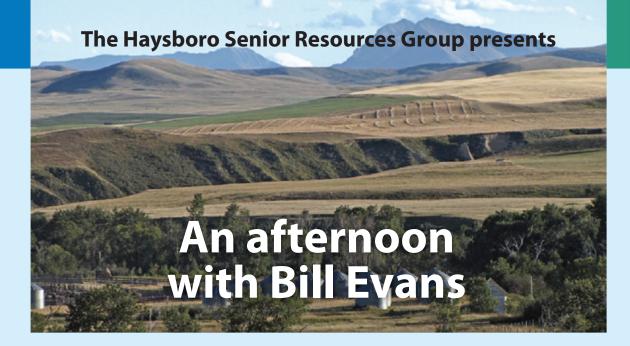


RBC Wealth Management Dominion Securities

There's Wealth in Our Approach.™

RBC Dominion Securities Inc.* and Royal Bank of Canada are separate corporate entities which are affiliated. *Member-Canadian investor Protection Fund. RBC Dominion Securities Inc. is a member company of RBC Wealth Management, a business segment of Royal Bank of Canada. Used under licence. OR RBC Dominion Securities Inc. 2015.





'The Dirt Road: History of the Plains and Foothills' Thursday, October 13th 1:30 pm In the Lounge

AV Equipment was Funded in part by the Government of Canada's New Horizons for Seniors Program

Mark Your Calendar 4th Thursday

September 22 – Rhythm Kats October 27 – Travel Presentation November 5 – Craft and Bake Sale November 24 – Christmas Lunch January 26, 2017 – Topic TBD February 23 – Topic TBD March 23 – Topic TBD April 27 – Annual General Meeting May Day Trip – venue and date tbd June 22, 2017 – Wind-Up BBQ

Movie afternoons Second Thursday 1:30-3:30

Thursday, November 10, 2016 Thursday, December 8, 2016 Thursday, January 12, 2017 Thursday, February 9, 2017 Thursday, March 9, 2017 Thursday, April 13, 2017 Thursday, May 11, 2017 Thursday, June 8, 2017



The Haysboro Senior Resources Group meets on the fourth Thursday of the month from 1:30-3:30 p.m. at the Haysboro Community Centre, 1204 -89 Avenue S.W. All seniors welcome. Each month we have a different program followed by refreshments and time for socializing.

The regular meeting on October 27th will be a travel presentation by Peter Samuel of Corporate Travel Canada, and on Thursday, October 13th at 1:30 p.m. we are hosting a return visit by Bill Evans with his program "The Dirt Road - History of the Plains and Foothills". This will give you an opportunity to see the new audio/visual setup in the hall and give recognition to the New Horizons Seniors Grant program for its assistance with this project.

Sign up for the upcoming snow shovelling program will take place on Monday, October 3rd, 1:30-4:00 p.m. at the Community Hall.

Don't forget the Craft and Bake Sale on Saturday, November 5th starting at 9:00 a.m. at the Community Hall. This is our one fund raising event of the year with proceeds to the snow shovelling/lawn mowing programs. Get a head start on your Christmas shopping by purchasing some unique craft items and goodies. Our group looks after the Bake Table and we rely on your donations for it to be successful.

For further information on any of our events please contact the Community Hall at info@haysboro.org or 403-253-1563.

Senior Snow Removal

Snow sign up for seniors is on Monday October 3 from 1:30-4:00 at the Hall.

HAYSBORO HALL HAPPENINGS

By Fiona

A rain storm just ended. The sky is blue. How much this is like life. One minute things seem bleak and dreary, or we feel overwhelmed with events and circumstances... but then a patch of blue appears – maybe in the form of a text from a friend, a surprise visit, some good news. Petra is here right now helping get ready for preschool and the Membership Drive - and I am thankful that we can laugh and talk as the work gets done. M stopped by today with some information I needed to put together a grant - once again amidst the work there is talking and sharing about life. D dropped by yesterday, as did K and J, and M... all getting ready for programs to start - making sure everything is as it should be. J, K, and M dropped by to talk about Membership. M stopped in and told me about his trip to England and N about her eye problems. I am fortunate to have met lots of new people in Haysboro in the three years I have lived and worked here. As you know, I love to hear the stories the rain storm ones and the blue sky ones... and those in between.

October is a thankful month and I am thankful for this wonderful community and all those I have met – I hope our fall is full of blue sky moments and in the rainy ones we remember that there are lots of great people to hold an umbrella for us... or give us a towel to wipe the rain off.

PLUMBER

PLUMBOB For All Your Plumbing Needs



- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials

Call Bob: 403.257.3465 / 403.461.3490



with thanks to the Senior Resources Group

presents a special Halloween showing of:



Masquerade, paper faces on parade

Join the masquerade by wearing a mask!

Concession availableuntil movie starts

Saturday, October 29th

Doors open at 5:30pm Movie starts at 6:30pm

Seating is limited to 50!

get your FREE tickets at the hall office

Women's English and Social Group

Meet your neighbours and practice English! The New Friends and Neighbourhood Group program is a safe and fun environment for immigrant women to improve their English and meet new women in the community.

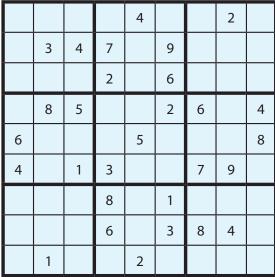
- Free registration, join anytime
- Once a week for 2 hours
- Learn about community resources
- · Make new friends
- No minimum English requirements
- Free childcare provided (6 months 6 years)
- Learn new things and have fun!

For more information or other locations throughout the city please contact:

Debra Colley, Program Coordinator
New Friends and Neighbourhood Groups
Calgary Immigrant Women's Association
Phone: 403-444-1752. mail: debrac@ciwa-online.com

Visit our website: www.ciwa-online.com

GAMES SUDOKU



FIND SOLUTION ON PAGE 33

KANTO SHO KARATE

403-681-8833 | www.renbukaikarate.com

36 years of experience. We provide training that develops self-control and character

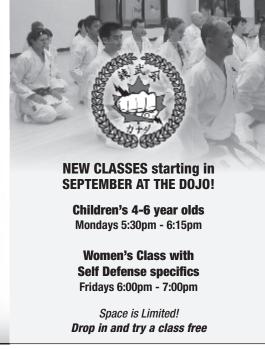
The Dojo is safe and fun, for all ages

The Dojo and all of our Black Belt instructors are registered in Japan

Haysboro Community Centre

REGISTER NOW FOR FALL CLASSES

DISCIPLINE | FOCUS | SELF-ESTEEM | FITNESS



Selling Haysboro For 18 Years With Over 110 Homes Sold In This Community Alone.



EXTRAORDINARY KNOWLEDGE ON THE HAYSBORO REAL ESTATE MARKET. HONESTY, INTEGRITY & EXCEPTIONAL NEGOTIATING SKILLS.





Francesca Serafini

Direct: 403-703-8685 serafini@telus.net www.francescaserafini.com

Call For Your Complementary Home Evaluation Today!

IN & AROUND CALGARY

Alberta Health Services: EMS

Halloween Safety

The members of Calgary's Halloween *Partners for Safety:* Calgary's Child Magazine, EMS, Calgary Police, Fire, 9-1-1, Bylaw, Transit, and Shaw Communications would like to remind parents and trick-or-treaters of some Halloween safety tips, as October 31st approaches. *Partners for Safety* vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure
 to cross the road at marked crosswalks, or well-lit corners
 only. It is safest to work your way up one side of the street,
 and then cross once to the other side.
- Stay away from houses that are not well lit. Do not accept rides from strangers, or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

Costumes

- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate foot wear that takes into consideration weather conditions and walking.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing, or making costumes, look for materials and accessories that are labeled flame-resistant.
- Choose bright colored costumes that are highly visible. Adding reflective tape to costumes further increases visibility.

Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.

Get Your Total Body Transformation!



BEFORE

12 WEEKS AFTER COOLSCULPTING

Rapid Weight Loss Program

Calgary's only Medically Supervised hCG Program includes:

- Weekly visits, hCG & 6 weeks maintenance!
- Metabolic Testing & Fat Burning Injections
- Medical history review & lab testing

Benefits of our Clean Start hCG program:

- An average weight loss from ½ lb to 1 lb per day
- No loss of muscle or structural fat
- Lose the weight and keep it off!

Targeted Fat Elimination

Do you have stubborn pockets of fat?

- Eliminates love handles, muffin tops, and bra fat!
- Only clinic in Calgary with both COOLSCULPTING and Vanguish/Exilis targeted fat removal!

Skin & Body Tightening

Loose skin on your face or body?

• Exilis tightens loose skin on face, arms, abdomen

Save up to \$1,000!



A305, 1600 - 90th Ave SW

(3rd floor Glenmore Landing)

For more info or to book a *free* consultation

* Expires Aug 31 2016

Call 403-452-5699 Today!

www.GlenmoreHealthcare.com

IN & AROUND SCHOOL

St. Augustine School

Welcome back to our returning students and families, and a warm welcome to our new families for another school year at St. Augustine Fine Arts School. St. Augustine is a fantastic school with fabulous teachers, staff, students, and community support. There is a genuine warmth in the building that makes everyone feel welcomed and supported. Together as a community we deliver the best education possible for our students through continued fine-arts inspired programming.

We hope everyone has a successful beginning to the school year.

IN & AROUND

CALGARYFraud Awareness

A message from the Federation of Calgary Communities Join us and Cst. Andrew Critchley from the Crime Prevention Unit at the Calgary Police service for a presentation that will focus on fraud awareness, common scams and best practices to avoid being a victim. Learn what resources are available to communities and how the Calgary Police Service responds to these issues.

Date: Wednesday, October 19, 2016

Location: Capitol Hill Community Association (1531 - 21 Av-

enue NW)

Time: 7:00pm - 9:00pm

For more information and to register for this FREE event, visit calgarycommunities.com/workshops-events/









Welcome to **Pieceful Acres Cemetery!**

WE HAVE MOVED! We are so grateful to our loyal fans and hope you will come see us at our new location in Oueensland.

Pieceful Acres is a family friendly Walkthrough Yard Haunt full of fun things to look at and a few scary "bits n pieces". We made most of our display by ourselves using a lot of found and repurposed materials. There are many pop culture references hidden around our Haunt....see if you can find them all!

Come on over to 504 Queen Charlotte Dr SE during our open times and please bring a cash or non-perishable food donation to support the Calgary Food Bank.

We're open Saturday, October 29, 7-10 pm and Halloween Monday, October 31, 5-9 pm (we only hand out candy on Halloween night.)

Follow us on Facebook @ www.facebook.com/HalloweenCalgary.

Bountiful Harvest

What a bountiful potato crop this year! An ideal summer of rain and sunshine for the 150 Alberta red potato plants at 96 Havenhurst Crescent produced 300 pounds of potatoes in a 300 square foot potato patch.



Trivia

Jack-o'-lanterns originated in Ireland where people placed candles in hollowed-out turnips to keep away spirits and ghosts on the Samhain holiday.



YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

October 2016 - January 2017, Glenbow Museum presents: 1920s Modernism in Montreal: The Beaver Hall Group painted many portraits that convey the quest for modernism; these works rank among the most remarkable in the history of Canadian art. www.glenbow.org

November 5, Calgary Hitmen vs. Swift Current **Broncos:** The puck drops at 7:00PM at the Scotiabank Saddledome. www.hitmenhockey.com

November 16, Moscow Ballet's Great Russian Nutcracker: For one night only, the Moscow Ballet performs this seasonal classic. Get into the Christmas spirit and watch the story of Klara and the Nutcracker Prince come to life on the stage. www.artscommons.ca

November 17 - 20, Art Market Art and Craft Show: Get a head start on your Christmas shopping at one of Calgary's biggest Christmas arts and crafts markets. Over four days, more than 200 Canadian artisans and makers showcase and sell their work, www.artmarketcraftsale.com

November 22, 6th Annual Why Whisper Fundraising Gala: Proceeds support the YWCA, and to date, this fundraising event has raised more than \$2 million. This year, the keynote speaker at the YWCA's fundraising event is Monica Lewinsky. www.ywcaofcalgary.com

November 25, Calgary Philharmonic presents, Neil Cockburn, Organ Masterpieces: Made of 6040 impressive pipes, the Carthy Organ is the grand and imposing centerpiece of the Jack Singer Concert Hall. Calgary-based Cockburn's talents will make the organ sing during this one night only performance. www. calgaryphil.com

November 25 - December 23, Disney's Beauty and the Beast: The Story Book Theatre brings this beloved fairytale, adapted from the animated Disney film, to the stage in all its splendour to delight Calgarian audiences. Featuring all the beloved songs from the movie and beautiful costumes, this one's not to be missed. www. storybooktheatre.org

NOVEMBER 5 ROTHNEY ASTROPHYSICAL OBSERVATORY

Dark Night Star Light Open House: A discussion on light pollution and a tour of the many telescopes at the RAO. 8 – 11PM, \$20 per car or \$10 per person. www.ucalgary.ca/rao



NOVEMBER 22 - DECEMBER 31 SLIPPER

A Distinctly Calgarian Cinderella Story: Rebecca Northan brings Calgary a new, family-friendly show for the holidays. It involves time travel, a male fairy godmother and a modern-day, Calgarian Cinderella. www.atplive.com



NOVEMBER 26 COL. CHRIS HADFIELD

Enjoy an evening hosted by Canadian astronaut Chris Hadfield, who stunned the earth with his rendition of David Bowie's, Space Oddity, during his five month stay on the International Space Station. This event is part of Mount Royal University Conservatory's Northern Lights Series. www.mtroyal.ca





Pet Pointers

By Dr. Sara E. Wick BSc., MSc. (Zoology), DVM

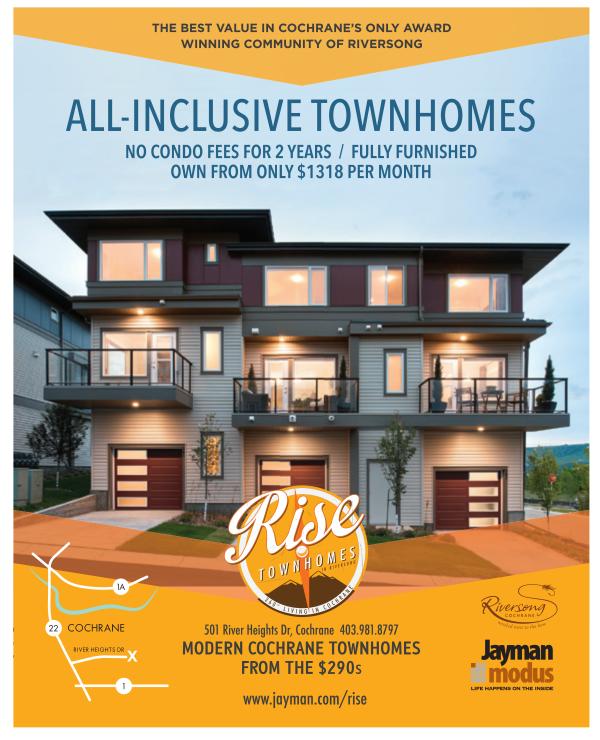
While most of us humans are pretty excited to get the kids back to school and get back into our normal routines this fall, there may be a member of your family that is less than enthused about the transition. Canine separation anxiety can range in severity from mild anxiety with no destruction to a condition that results in extreme home destruction, soiling and loud vocalization sure to disturb your neighbours.

Separation anxiety can put a lot of strain on the relationship you have with your pet. I have first hand experience with this one and it's challenging! The following are signs of separation anxiety; destructive or anxious behaviour when left alone, hyper-attachment to you or others in the house (your constant shadow), soiling or destruction aimed at the exit of the house, or if there is high pitched vocalization involved (a distress call).

Dogs diagnosed with separation anxiety can be helped with behaviour modification training. Severe cases may require medication to help ramp down the anxiety while training is occurring or even long term. Some simple things you can try at home if your beloved family member misses you a bit too much during the day include the following:

- 1. Discourage hyper-attachment by not always petting your dog when they seek your attention. Make attention on YOUR terms when they aren't seeking it. When hanging out together, try to keep more than a meter between you at times and encourage them to entertain themselves with interactive toys (peanut butter filled Kongs are great for this). It sounds like tough love but it's teaching your pet to be self confident.
- 2. Try to help them relax when you are away by turning on the TV or radio and consider using a pheromone collar or diffuser.
- 3. Try to make your exit less predictable or noticeable. Believe it or not, everything you do before leaving the house is well noted by Fido. From your last sip of coffee, to turning off the lights and picking up your keys, these are all cues that have taught him/her that you are leaving them. Each move escalates that feeling of dread. Solve this problem by doing these random behaviours multiple times a day when you are home, randomly. You can also leave the house, lock the door for a few seconds and then return immediately. Doing this repeatedly and excessively will teach your pup that these cues aren't so import.

Most importantly, chat to your veterinarian if you are battling canine separation anxiety. It helps to have a pro on your side.



IN & AROUND

Southland Leisure Centre

Fall 2016 - our program guide is still online and on stands. There are still spots available. www.calgary.ca/ recreation)

#GetMovingYYC - Free Family Events

Creating a vibrant and prosperous Calgary depends, in many ways, on the health and happiness of our citizens. In 2015 we launched the #GetMovingYYC initiative to get more Calgarians, more active, more often. Join us in the movement to get Calgarians moving more where they live, work and play. Together we can turn the curve on sedentary behaviour and lifestyles in Calgary. For upcoming events and schedules Check out calgary.ca/getmoving Events may include family dance, indoor cycle & movie, obstacle course and more!

Free weight room orientations for weight room:

New to the weight room! We will be offering a few 1 hour free weight room orientations in September and October to help you learn to use some of the weight room equipment. To register, please check at the front desk and weight room desk for scheduled times.

Friday Night dance - October 28 - from 7:15—10pm

Admission to the Party includes a dance lesson (primary movements, rhythmic structure, posture, leading and following), social dance, as well as refreshments. No Partner Required!

Did you know Southland Leisure Centre has a Proshop? We have a great selection of swimsuits for all ages. Proshop sharpens skates using the Blackstone Stealth Skate Sharpening machine, CHECK US Out

Wednesday Soccer Drop-in Southland Leisure Centre Age: All ages

Soccer in the gymnasium. Develop foot skills, practice drills or play a game. Nets and standards are available. Please supply your own soccer ball.

Drop-in Climbing and Gymnastics

There's so much to do at Southland Leisure Centre! Come have some fun and unique experiences in our rock wall climbing and gymnastics gym drop-in times. All equipment is provided and instructors are present to guide you.

Drop-in Badminton and Basketball

Please see calgary.ca/recreation or contact 311 for the latest schedules as cancellations may be in effect for special events or holiday hours.

Drop-in Preschool Programs

Check out some of our drop-in preschool programs including Kinder Room, Active Play which is new and Tot's Gym Time.

SOUTHLAND LEISURE CENTRE PLAYSCHOOL

Southland Leisure Centre's Playschool is recreationbased and includes educational activities which allows children to learn through play. Playschool programs are for two to four year olds from September to June.

Southland Leisure Centre – Pick your day

Prepare your preschooler for an active social experience where children are encouraged to play and learn through games, song, exploration and art.

This flexible Playschool option allows you to choose from one day a week or all five, just pay for the day/ classes you choose at the time of registration and you can add day/classes throughout the year as you require.

Every Sunday, 8 am to noon. Family Swim. It's a designated family swim time. Come enjoy our waterpark, including a trip or two to the AquaPlay structure. Be prepared to get wet! Adults must be accompanied by a child and all children must be accompanied by an adult. Regular admission applies.

Calgary AfterSchool

A FREE supervised drop-in program for youth ages 11-15 during the school year. Come use the pool on Tuesdays and Fridays, and the Sport Hall and Youth Room are open each day! New activities are always introduced and daily snacks are available.







MLA CALGARY-GLENMORE

#A208, 1600 - 90th Avenue SW
Calgary, AB Canada T2V 5A8
Ph: (403) 216-5421, Fax: (403) 216-5423
Email: calgary.glenmore@assembly.ab.ca
Facebook: Anam Kazim MLA for Calgary-Glenmore
Twitter: @anamkazimMLA

Dear Constituents:

As we enter autumn, I continue to enjoy meeting constituents and attending community and stakeholder events. Also, I'm working hard on the Standing Committee for Resource Stewardship and the Economic Development Policy Committee; while reviewing bills and motions that best serve Albertans for session on October 31, 2016.

Some important initiatives the Government of Alberta is taking to benefit Albertans:

Pipelines: Premier Notley and the Ministers have had positive discussions with Canadian leaders about the importance of pipelines with success. Every government in Canada is committed to the view that developing energy infrastructure like pipelines is urgent to addressing our nation's economic situation. Pipelines are the safest way to transport Alberta's oil, benefitting all Canadians through jobs and a strong economy.

Tools for Albertans: Alberta Works offers a wide range of career and employment services to assist Albertans, whether making career transitions or looking for employment. For more information, visit http://www.humanservices.alberta.ca/financial-support/3171.html.

Minimum Wage: The \$15 hourly minimum wage will be phased in by 2018, which means there will be fewer families visiting the foodbank to make ends meet. Nearly, 300,000 Albertans will get closer to a living wage. The government has taken steps for a smoother transition through the current economic climate and increased minimum wage through:

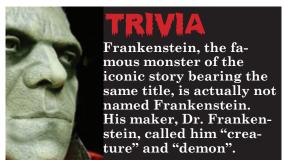
- Reducing small business corporate income tax rate from 3 per cent to 2 per cent.
- Reintroducing the Summer Temporary Employment Program (STEP) to give youth an opportunity to gain valuable skills and employers work for reduced minimum wages.

- Creating the Alberta Investor Tax Credit that encourages investment in small and medium-sized businesses in non-traditional sectors.
- Creating the Capital Investment Tax Credit that encourages businesses to invest in machinery, equipment and buildings to grow their business and create jobs.
- Continuing support of economic diversification and lending to small- and medium-sized businesses through a \$1.5 billion program with Alberta Treasury Branches.
- Increasing Alberta Child Benefit up to \$2,750 per year for the most vulnerable families
- Enhancing the Alberta Family Employment Tax Credit allowing more families to receive the credit or receive a larger credit.

Infrastructure Investment: The government's funding commitments include \$900 million in affordable housing and \$365 million to expand long-term care, which means more than 2,000 long-term care beds for seniors throughout Alberta. About 30 new school projects opened for students in September and another dozen or so projects will open by the end of 2016.

Healthcare Optimization: The Government of Alberta and the Alberta Medical Association (AMA) have achieved a tentative agreement. This agreement is good for doctors, and good for patients. It is a significant step in our promise to slow the growth of health spending while protecting services.

Southwest Calgary Ring Road: The construction of the ring road began in September. Please continue to bring all of your individual SWCRR inquiries to our office for a more specific response, but otherwise, please go to www.sw-crr.ca and www.calgary.ca/swrr.





Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

October at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs.

Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

Price Freeze

Recession-busting price freeze in effect at Trico Centre on memberships, admissions, and program fees. No increase from September 2015 to April 2017.

Adults

- Register now for adult fitness starting in November: Cardio Kickboxing, Ballet Barre Blast, Cardio Dance, and DANCEPI3Y.
- More than 70 drop-in fitness classes every week including aquafitness in our newly refurbished pool.
 Free for members, drop-in fee for non-members. See the Drop-In Fitness schedule at www.tricocentre.ca under the Schedules tab or pick up a copy at Guest Services.
- October Wellness Workshops include: Foam Roller Workshop, Mindful Relaxation Intro Workshop, and Straighten Up (free info session followed by a 4-eweek workshop – for youth and adults.)

Older Adults

- Bones and Balance, Chair Yoga, and Balance Builders: Fall Prevention Program for Older Adults: These multiweek registered programs start in November.
- Drop-in Pickleball is offered several times a week.
 Check out the Drop-In Gym schedule (available on the website or at Guest Services.) Free for members or drop-in fee for non-members.



Families, Children & Youth

- All children's programs from tots to teens start in November. Swim lessons, skating lessons, dance, gymnastics, sport, and creative classes – lots of new options
- Li'l Spooks Halloween Party, Su nday, October 30 from 4:30 to 7:30pm. Join us for games, activities, and wave pool fun. Members \$15 per family, Non-Members \$20 per family.
- NEW: Get Certified: October certification classes include CPRC/AED original and recert, First Aid/CPR Full original and recert.
- Register now for Mommy & Me Fitness, Mommy & Me Barre, and Mommy/Daddy/Me Aquafit new sessions beginning in November.
- Check out the Drop-In Gym schedule for drop-in gym, Drop-In Playtime, Drop-In Gymnastics, youth drop-in gym, and more. See the Drop-In Arena schedule for lots of cool activities including leisure skate, youth shinny, and stick & puck.



Pumpkins aren't just an orange vegetable; they also come in white, blue and green. Great for unique Halloween carvings!

BUSINESS CLASSIFIEDS

NEPTUNE PLUMBING & HEATING LTD: Oualified journeymen plumbers/gasfitters, very experienced in Haysboro. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

BRYAN'S PLUMBING, GAS FITTING: Master plumber, gasfitter, 30 years of experience. Fully licensed and insured. Repairs, renovations, faucet replacements and hot water tanks (great prices). Poly B replacement, free estimates, free advice. Call Bryan 403-560-6547 or brenmak@telus.net.

RIGHTWAY PLUMBING AND HEATING: Has been happily serving the Haysboro area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

ALL TYPES OF DRYWALL: Boarding, taping, and texturing. Complete basement developments and renovations. Licensed and insured. References. Call Austin Construction 403-852-2785.

WELL EXPERIENCED HOUSE CLEANER AVAILABLE: Very thorough. Excellent references. I do weekly, biweekly or monthly cleanings. I also specialize in post construction clean ups, move in or move out cleanings as well. Please call Malou at 403-698-3958.

BOW-GLEN WTS: Your neighbourhood qualified journeyman plumber specializing in all your Water Softener and Water Filter requirements, and service. Experienced Water Treatment Specialist and Insured owner. Call for free estimates, service, testing and professional installations! Call Bob 403-835-7497. BOW-GLEN can be found on Facebook and Google.

HOME RENOVATING: Haysboro resident available to help with your home renovating needs. I have experience in all areas of home repair including drywall, painting, flooring, decks, fences and yearly maintenance. For a free estimate call Ken at 403-708-8737.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty-free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARD BUSTERS LANDSCAPING: Snow removal \$129.95. Christmas light installation \$175. Fall clean up \$129.95. Gutter clean \$99.95. Landscape construction and yard renovation. Some conditions. Licensed. Insured. Seniors' discount. Phone: 403-265-4769.

DOUBLE DIAMOND PLUMBING AND HEATING LTD:

A 24 hour residential service company with qualified journeymen plumbers. As qualified journeymen plumbers, we are here to address any issues for you. We are your local plumbing and heating experts - call us first and let our service shine! Call 403-875-0166 or Email: doublediamondplumbingltd@gmail.com. www. doublediamondplumbingltd.com.

EASTCAAN CONTRACTING LTD.: Family run renovation company specializing in interior alterations, kitchens, bathrooms, basements and additions. We provide superior workmanship, quality and service. Fully licensed and insured, A+ BBB rating. Numerous references available. Call for a complimentary renovation consultation and let us make your dream renovation a reality! www. eastcaan.ca, 403-700-5073.

THE GUTTER DOCTOR! We install, repair and clean eavestroughs and downspouts. Fascia, soffit, drip-edge, siding, roofing, cladding. Over 15,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. www.gutterdoctor.ca 403-714-0711.

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

PROFESSIONAL MUSIC LESSONS: Discover your potential with music lessons at Sak's Music. A friendly atmosphere with caring, professional teachers offering lessons in all styles and most instruments including voice. From beginner to advanced, just for fun or conservatory prep. Nine studio teaching rooms and convenient times, day or evening, 403-251-2443.

Residential and small business snow removal. Winter is coming and snow with it. Let Simple Snow Removal take care of it for you. \$30 to \$50 per job or starting at \$95 a month. Call Rick, 403-397-9837 for prompt, friend-

SIMPLE SNOW REMOVAL-NO CONTRACTS TO SIGN:

ly, and reliable service. Senior discounts.

LAWN AND GARDEN CARE: Bark chips, flower beds, regular or occasional lawn cuts. Locally owned and operated. Call for your fall cleanup as well. Please call Brenda at 403-615-7199.

ANYTHING TO THE DUMP: Garage clean outs, branches, appliances. Cheaper than a bin and I load. Call Ken 403-708-8737.

ROOFING, 5 YEAR WARRANTY: Express reroofing - shingles, flat, cedar, tiles, insurance claims. Consultative approach, pre-installation inspection. 23 years of experience. E-mail or call with your name and address and we will provide a free estimate within 72 hours. P&S Construction and Roofing: estimates@psroofing.ca. Slavek 403-835-1393. Paul 403-714-3644.

SNOW REMOVAL: We are now taking bookings for the 2016/2017 snow season starting on November 1st, 2016. We charge per removal, so no snow no bill. Please call Ian or Stephanie at 403-251-4282 for a free estimate.

CONCRETE CUTTING FOR BASEMENT WINDOWS, **DOORS & FLOORS:** New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

SNOW REMOVAL: RNM Cleaning Services clears freshly fallen snow daily, removes ice and uses environmentally friendly melt products. We are a local, reliable business providing punctual, safety conscious and reasonably priced snow removal services. Please call Rob for a free quote today! 403-831-1651.

IN & AROUND CALGARY 952 'WestJet' Royal **Canadian Air Cadets**

Are you between the ages 12 to 18 and interested in flying or the air element of the Armed Forces?

Are you looking for a challenge to bring out the best in yourself and your abilities?

Then look no further - Air Cadets is the program for you!

You'll make lifelong friends, learn valuable skills and increase your self-esteem.

Staff, cadets and parents will be available to provide information for parents and children who are interested in joining Air Cadets.

We will also enroll new Cadets who want to sign up - just bring along a copy of the cadet's Health Care card and proof of birthdate (Birth Certificate or Passport).

For more information on Air Cadets and the 952 Squadron, check out www.facebook.com/WestJetRCACS or contact us at westjetrcacs@gmail.com.



COUNCILLOR, WARD 11 BRIAN PINCOTT

P.O. Box 2100 Stn. M. #8001A Calgary, AB T2P 2M5 403-268-2430 • www.ward11calgary.ca

You will notice continued work in our ward in preparation for the Southwest Calgary Ring Road (SWCRR). The City began work on SWCRR-related projects in late 2016. Each City project has its own timeline over the next four years, and the project teams will be updating and talking to residents throughout the different design and construction phases. The goal is to complete this work before fall 2021, when the Government of Alberta is scheduled to open the SWCRR.

Here's an update on The City projects and timelines that will affect us in Ward 11:

• 90th Avenue SW and Southland Drive connections

• Design: 2016 - 2017 • Construction: 2018

 Anderson Road widening, between SWCRR and Elbow Drive

• Design: 2016 - 2017 • Construction: 2017 – 2018

· Glenmore Trail widening and changes to the Glenmore / Crowchild interchange

• Design: 2017

• Construction: 2018 – 2019

As the designs progress throughout 2016 and 2017, more information will be confirmed and available to the community. If you have questions or comments about The City's role with the ring road, you can email the project team at CalgaryRingRoad@newsletter.ca, contact 311, or visit their website at www.calgary.ca/swrr. If you have questions about the SWCRR's design, location or construction schedule, please contact the Government of Alberta at email@ sw-crr.ca, or visit their website at www.sw-crr.ca.

Other projects that are underway in our ward and related to the SWCRR are:

- the ENMAX utility relocations at 90th Avenue SW and area
- the Anderson Pedestrian Overpass linking the communities of Woodbine and Cedarbrae
- the Crowchild Trail Corridor Study
- the 37th Street Stormwater Trunk Project

Details on these projects can be found on my website at www.ward11calgary.ca, and on The City website at www. calgary.ca. It's certainly a busy fall, be sure to subscribe to your Ward 11 update at www.ward11calgary.ca to receive timely updates on the SWCRR, and other projects in your community, and city.



Haysboro Real Estate Update

Last 12 Months Havsboro MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price		
August 2016	\$459,700.00	\$450,000.00		
July 2016	\$519,900.00	\$508,950.00		
June 2016	\$514,900.00	\$496,750.00		
May 2016	\$539,900.00	\$532,500.00		
April 2016	\$527,250.00	\$518,500.00		
March 2016	\$477,500.00	\$440,500.00		
February 2016	\$505,000.00	\$495,000.00		
January 2016	\$419,900.00	\$410,000.00		
December 2015	\$449,900.00	\$439,500.00		
November 2015	\$485,000.00	\$462,500.00		
October 2015	\$516,500.00	\$510,000.00		
September 2015	\$449,000.00	\$435,000.00		

Last 12 Months Haysboro MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold				
August 2016	9	8				
July 2016	6	4				
June 2016	10	6				
May 2016	12	12				
April 2016	5	8				
March 2016	9	4				
February 2016	5	3				
January 2016	7	3				
December 2015	4	3				
November 2015	2	5				
October 2015	9	7				
September 2015	8	3				

To view the specific SOLD Listings that comprise the above MLS averages please visit haysboro.great-news.ca

IMPORTANT NUMBERS

ALL EMERGENCY CALLS

Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Haysboro Community Association and Great News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Haysboro Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

COMMUNITY **NOUNCEMENTS**

Deadline - 1st of each month for the next month's publication Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

BRAIN SUDOKU

9	6	8	1	4	5	3	2	7
2	3	4	7	8	9	1	5	6
1	5	7	2	3	6	4	8	9
7	8	5	9	1	2	6	3	4
6	9	3	4	5	7	2	1	8
4	2	1	3	6	8	7	9	5
3	4	9	8	7	1	5	6	2
5	7	2	6	9	3	8	4	1
8	1	6	5	2	4	9	7	3

Published by:



ADVERTISE YOUR BUSINESS NOW!

DELIVERED BY Canada Post

Phone: 403-263-3044 | sales@great-news.ca

IN & AROUND CALGARY

Did You Know?

Cloverdale Paint Now Offers Discounts to Community Association Members!

Cloverdale Paint is now offering club member pricing to community association members and organizational members of the Federation of Calgary Communities!

What does this mean for you? Well, whenever you need to buy paint you simply go to Cloverdale and say you are a "Federation of Calgary Communities Club Member" and you will receive more than 25% off paint and more than 15% off paint accessories!

Cloverdale Paint approached us to set up this discount program as they understand that community associations, their volunteers, and their members are at the heart of our city, and they wanted to give back in some way.

Thanks to Cloverdale Paint for their support and commitment to the community association network and for helping improve neighbourhood life in Calgary!



Haysboro my bobysitter list

Name	Age	Contact	Course
Asha	13	403-629-2200	Yes
Ashley	14	403-560-9378	Yes
Danika	16	403-640-4331	Yes
Emilie	23	587-581-5707	Yes
Emma	16	403-369-7656	Yes
Jakarta	19	403-808-8503	No
Katrina	16	403-201-0139	Yes
Katrina	15	403-919-3138	Yes
Marlene	65	403-454-2413	Yes
Maya	14	403-253-9390	Yes
Nicole	16	403-850-8460	No
Ryan	13	403-252-6104	Yes
Sarah	24	819-679-3059	Yes
Sarah	24	819-679-3059	Yes

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



The stately, sandstone Lougheed House, located in Calgary's beltline, is said to be one of the most haunted places in our city, http://



1732 34 AVE SW CALGARY, AB T2T 2B6

RH. 403-460-2211

FAX.403-592-6762

INFO@THEHOMEHUNTERS.COM

WWW.THEHOMEHUNTERS.COM

HAYSBORO MARKET STATISTICS

Single Family homes:

9 active listings - average list price \$552,022 with 47 days on market

19 sold listings since June 1 - average sale price \$524,379 with 30 days on market

Condo/Townhouses:

O active listings 1 sold listing since March 1 - sale price \$469,000 with 19 days on market

Apartments:

18 active listings - average \$274,833 with 46 days on market

15 sold listings since June 1 - average sale price \$210,530 with 59 days on market Statistics based on CREB MLS System listings as at Sept 1, 2016.



GRANT

RANDY KEYLOCK



A RARE FIND! Beautifully upgraded & meticulously maintained 1,980 sq.ft. bungalow on an oversized, mature, corner lot. Stunning new kitchen with dark walnut cabinets & Quartz countertops, 2 furnaces, 2 A/C units, PVC windows, sprinkler system & much, much more! Walk to schools, Southland Leisure Centre, parks & shopping. Wheelchair accessibility. Great home! Great value!! \$948,800.

MLS #c4078447.

WE MAKE YOU #1 CALL US AT 403-460-2211



For expert real estate advice with personalized Service & Attention to Every Detail, Call The Home Hunters Real Estate Group!

Understand your limitations before shopping for a new home and what documentation is required for financing approval!

Contact my office:

Brayco Financial 403.259.4077 gerry@brayco.ca | www.brayco.ca Follow us on Facebook: www.facebook.com/braycofinancial



Gerry Bray



WHAT IS THE VALUE OF YOUR HOME IN TODAY'S MARKET?





4 Level Split Just listed in Queensland

Great townhouse in a Mature area, quiet location, with a private south back yard that backs onto a large green space with a spectacular panoramic view. There are many walking, hiking, and biking trails that are found right in the backyard. Close to all amenities and various schools. This spacious townhouse has two bedrooms and a loft. The large master bedroom features a large his and her closets, an area for reading and walk through bathroom. Bright loft is ideal for a office or just lounging. This unit has a new furnace and hot water tank. This townhouse has a single attached garage, gas fireplace, formal dining room, newer appliances, just painted with new carpet, linoleum, tile, new counter tops, sink and taps, The lower level has a finished room with goodstorage space

Call us today and make this your new home





BUYING • SELLING

Winter, Spring, Summer or Fall, please do not hesitate to give me a call.

403-991-2934

Saadia Stainsby

Senior Specialist®
Condo Specialist®

sstainsby@cirrealty.ca

CALL ME FOR A
COMPLIMENTARY
EVALUATION AND MARKET
REPORT

A Great Price for anyone who wants A GREAT HAIRCUT

\$11.99

with this coupon

Not Valid with other offers

Expires November 13th, 2016



OnlineCheck-In

Download our free app
or visit greatelips, com.



ClipNotes

We know your haircut anywhere you go.

BRICK PLAZA

9681 McLeod Trail \$ 403-258-4419

Great Clips®