

FEBRUARY 2017

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your **HAYSBORO**

HORN

THE OFFICIAL HAYSBORO COMMUNITY NEWSLETTER



**SUPERBOWL
PARTY**
FEBRUARY 5

www.haysboro.org

Great News Publishing

| Call 403-263-3044 for advertising opportunities

| www.great-news.ca



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Life.
**We don't
want you
to miss it.™**



Heart
&Stroke

Life's best moments aren't the big ones. They're the billions of little ones. The simple ones we miss the most after they're taken from us. And then it's too late. That's why we love life. And that's why we're doing everything possible to make sure you don't miss it.

See how at heartandstroke.ca

CONTENTS

- 8 HALL HAPPENINGS
- 9 UPCOMING EVENTS
- 10 HAYSBORO PROGRAMS
- 12 SUPERBOWL PARTY
- 18 HAYSBORO SENIOR RESOURCES GROUP
- 19 MY BABYSITTER LIST
- 20 BLACKFOOT GUIDES
- 23 REAL ESTATE UPDATE
- 25 AT A GLANCE





HAYSBORO COMMUNITY ASSOCIATION

1204 89 Ave SW
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 Phone:(403) 253-1563
 info@haysboro.org | www.haysboro.org

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Editorial Submissions

editor@haysboro.org or info@haysboro.org

All advertisements and editorial submissions must be submitted by the 1st of the month for the following month's publication.

Published by Great News Publishing

Serving Calgary communities for 28 years
 91 newsletters reaching over 415,000 households in Calgary and surrounding areas.

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 Calgary, AB
 T2C 2K2

Check out our website:
www.great-news.ca



The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Haysboro Community Association and Great News Publishing.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Haysboro Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	511
Gamblers Anonymous	403-237-0654

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Calgarians put a higher priority on clean drinking water than any other Canadians... but you're also more confident in the people and systems that deliver water to your taps.*

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As with all the services we provide, our commitment is to work in partnership with the City to deliver fresh, pure water for your home and family.

CUPE
 Calgary's city employees
 Making your city work for you

* According to the 2016 RBC Canadian Water Attitudes Survey



Ph: 403-253-1563 • Fax: 403-253-6524 • www.haysboro.org
 1204 - 89 Ave SW, Calgary, AB T2V 0W4
 Office Hours Monday to Friday 10:30am - 5:30pm

OUR MISSION STATEMENT: The Haysboro Community Association, as a volunteer organization, is dedicated to enhance the quality of life of the community through the engagement of residents in community planning and development, social and recreational programs, all the while fostering a safe and vibrant environment.

OUR VISION STATEMENT: Established, safe and vibrant community with residents engaged in responsible development, social and recreational programs, all the while fostering friendly neighborhood connections.

BOARD EXECUTIVES

President	Michael Akbar	president@haysboro.org	403-560-2804
Vice-President	Kourtney Branagan	vicepresident@haysboro.org	403-816-2224
Treasurer	Miriam Mitchell	treasurer@haysboro.org	403-259-5145
Secretary	Alexa Briggs	boardsecretary@haysboro.org	
Past President	Maxine Morrison	pastpresident@haysboro.org	403-615-9443

BOARD OF DIRECTORS

Facility & Maintenance	Adrian Fahrni	facilities@haysboro.org	
Horn Editor	Brent Nichols	editor@haysboro.org	
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Programs & Events	Saadia Stainsby	events@haysboro.org	
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Director-at-large	Justin Barrett	justinb@haysboro.org	
Director-at-large	Lauren Gilbert	laureng@haysboro.org	
Director-at-large	Gary Williamson	garyw@haysboro.org	

COMMUNITY CONTACTS

HCA Administration and Hall Rentals	Fiona Swanson	info@haysboro.org	403-253-1563
50 Plus Club	Hope Raymond		403-255-5757
Haysboro Preschool	Cinnamon Burrell	Preschool@Haysboro.org	Hall: 403-253-1563
MLA – Glenmore	Anam Kazim	Calgary.Glenmore@assembly.ab.ca	403-216-5421
Councillor -Ward 11	Brian Pincott	info@ward11calgary.ca	403-268-2430
Police Liaison- District 6	Constable H. Robinson	pol4196@calgarypolice.ca	403-428-6600
Southwest Communities Resource Centre			403-238-9222
Southland Youth Justice	Kathy Hutchings	calgaryyouthjustice.com	403-244-8201
Business Advertising	Great News Publishing	sales@great-news.ca	403-720-0762

SAFETY SYNC
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“An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence.”

Enform IRP 9 (Revised)
safetysync.com
 403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

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HAYSBORO HALL HAPPENINGS

By Fiona

Well, back to work hit like a bang! I guess I wasn't as prepared for the new year as I thought, but who ever is? But as always I made it through the first week and it is wonderful to hear everyone's holiday stories. I think I had the best Christmas I have had in a long time. Christmas is about expectation, waiting for... Santa, Jesus... holidays... presents. I find that in the past I build things up too much and find myself disappointed. This year however, was full of lovely surprises. A beautiful gift from three ladies, whose kind words made me cry. Second, my sister and her family came to Christmas Eve service – it has been a long time since I have led worship and they have attended a service. It brought a lot of hope, and joy, and peace to me as this year has had us struggling with a strained relationship. Third, Garry and I decided to go to Victoria for Christmas. We met my niece and had a lovely Christmas dinner at a restaurant... first time to not have a home-cooked meal. I showed them where I used to live; we walked around downtown singing Christmas carols and enjoyed the lights on the boats in the harbour.

On Boxing Day, another surprise as my brother joined us for breakfast – he hadn't seen his niece in over 20 years and we had a lovely visit. Then we drove up the island and I met up with a friend I have known since grade 6, but had not seen for 25 years! A not so fun surprise was the snowstorm we drove slowly through on the way to Campbell River, but made it fine.

The next day my niece was performing in a local theatre production of 'Cinderella'. She was funny, delightful, and amazing! Before we left we helped her pack to move back to Vancouver – and she gave to me the gift of allowing me to be helpful... and to practice not being frustrated with myself. And to Garry she gave the gift of introducing him to a friend as 'my Uncle Garry'. His first public recognition as an 'uncle' in my family.

So far we have no plans about what the year will look like – but I hope it will continue to be blessed with people who bring joy and love into our lives. I wish this for each of you as well. As we celebrate Valentine's Day and Family Day this month may we feel and share the blessings of expectation and surprise and of family and friends!

Haysboro Churches

Heritage Drive Chapel 935 Heritage Dr SW
Church of Jesus Christ of Latter-Day Saints

Hope for Life Christian Fellowship 403-255-6110
Interdenominational, St. Gerard's School, 96th Ave SW
www.hflchurch.ca Non-denominational

Lighthouse Church Interdenominational 403-640-2099
O-9827 Horton Road SE
www.calgarylighthouse.com

St. Andrew's Presbyterian Church 403-255-0001
703 Heritage Dr SW
www.standrewscalgary.ca

Springs Church 403-473-3400
924 Heritage Drive SW

St. Gerard's Church Catholic 403-253-2251
8944 Elbow Dr SW
http://stgerards.ca

Haysboro Schools

Haysboro Elementary 403-777-8530

Woodman Junior High 403-777-7490

Henry Wise Wood Senior High 403-253-2261

Haysboro Community Preschool 403-253-6524

Calgary Early Learning Centre 403-255-4288

Bishop Grandin Senior High 403-252-7541

St. Gerard Elementary 403-500-2028

Akiva Academy (ECS - Gr. 6) 403-258-1312

St. Augustine Fine Arts School (K-9) 403-500-2022

Notre-Dame-de-la-Paix (S)(FR) K-6 403-271-5544

École de la Source (FR) K-9 403-255-6724

Ste-Marguerite-Bourgeoys (S)(FR) 7-12 403-240-2007

École de la Rose sauvage (FR) 10-12 403-230-3112

Trinity Christian School 403-254-6682

Eugene Coste School (S) K-3 403-777-8511

Haysboro Community Association Residents' Meetings
Last Wednesday of every month at 7:30 PM
Haysboro Community Hall, 1204-89 Ave SW

REMEMBERING THOSE HAYSBORO LOST IN 2016

To say, dear friends, we haven't forgotten you!



Basseotto



Carson



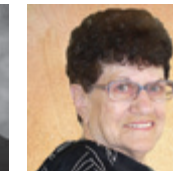
Chapman



Hayes



Lauchlan



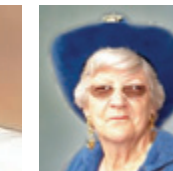
Rothel



Haraldson



Sikora



Womack

Your memory is our keepsake, with which we'll never part.

We are so sorry if we have missed one of your loved ones or neighbours. We would like to make this an annual remembrance so please contact the hall if you lose someone in 2017.

UPCOMING EVENTS



Haysboro let's get together! 2016-17 Schedule of Events

Here are some ideas for some great events – YOU MIGHT HAVE MORE – Hopefully there is at least one you would like to attend!

Hopefully there is at least one you would like to volunteer at!

Hopefully there is one you would like to organize!

E-mail info@haysboro.org or call 403-253-1563 or sign up at Haysboro.org

Sunday, January 29	Cribbage Tournament
Sunday, February 5	Super Bowl Party
February 25	Pub Night (Hosted by Haysboro School)
March	?
April – (Easter – 16)	Easter Egg Hunt
May	Community Clean-Up
June 25	LDOP/CAN 150/NEIGHBOUR DAY
July/August	Popsicles in the Park
September	Membership Drive & Party

VOLUNTEER TO HELP US OUT!



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PROGRAMS at Haysboro Community Centre

For Haysboro Program Registration please contact the Hall
Monday to Friday 10:30-5:30. Phone: 403-253-1563. E-mail: info@haysboro.org

New members are welcome to join our programs at any time if space is available. Programs may be cancelled due to insufficient registration. GST will be added to programs unless noted otherwise. There is no refund after the program starts or if materials are already ordered. Fee will be pro-rated when applicable.



Drop –In Tot Time

Mondays 9 am-11 am – Haysboro Community Hall – Main Hall

We are pleased that Kerry Urban, one of our Preschool Teachers, is going to be coordinating Tot Time. Tot Time is a time for parents to get together and chat as their kids play and socialize.

Kerry has a passion for education and brings knowledge and enthusiasm to anything she works on. Tot Time participants can help her determine what the two hours should look like. There will be opportunities for some reading, rhyming, and special guests of interest to participants and their children. Hope you will come check out Tot Time.

Haysboro Preschool with Allison and Kerry

Haysboro Preschool is a parent-run program for three and four years olds. Guided by University trained, experienced teachers in an open environment, children choose from a variety of learning centres, circle time, stories and outdoor play with a maximum of 12 children per class. For further information or to view the classroom, please call 403-253-1563 or view online at www.haysboro.org.

Tai Chi

8 week session

Tues/Fri 9:15 am - 10:15 am

Tai Chi is a series of slow, flowing movements. The short form being offered is easily learned and performed by anyone regardless of age or physical condition. Tai Chi gently stretches and tones the whole body, relaxes and calms the mind. Call Betty at 403-259-4635.

2x/week - \$65 for members \$75 for non-members

1x/week - \$35 for members \$45 for non-members

10x punch card - \$70 for members \$80 for non-members

Senior Resources Group

Fourth Thursday of the month 1:30-3:30 – Entertainment, Talks, Trips for Seniors

Rhyme and Reason

Interactive program for 0-2 year olds and their caregiver
www.rhymeandreason.ca

\$90.00 per family, \$60.00 for Haysboro members!

Starting January

Kmotion Dance

January 12- March 3rd

Haysboro.org to register

NON-HCA RUN PROGRAMS – PLEASE REGISTER Prapti Yoga

Classes are offered Monday and Wednesday Evenings and Sunday Afternoons. Once a month workshops on Friday evenings. Mondays are registered classes, Wednesdays are drop in classes and Sunday afternoons are registered classes perfect for beginners or those with physical limitations.

All classes develop strength and flexibility and are taught with playfulness, humour and compassion.

Call Kathy Dodd at 403-869-5323 or visit www.praptiyoga.com for more information and registrations.

South Calgary Ladies Bridge

Fridays 12:00- 3:00

50 Plus Bridge

Wednesdays 12-3

Call Lois for more info 403-278-6978

The Casey Academy of Irish Dance Beginner Irish Dance classes

Taught by former "Riverdancers" Cara Casey and Mark O'Loughlin. Saturday mornings at Haysboro Community Centre 11:00-11:45 a.m. For ages 5-9

Call #403-520-0059 for more info.

www.caseyacademy.com

Kanto Sho Karate Club

We teach traditional Karate to anyone ages 5 and up.

Classes run year round; start anytime. Check our website for information. Monday/Wednesday/Friday

Children ages 4-6: Mondays 5:30-6:15

Beginner: Monday - 6:15 – 7:15 p.m

Advanced - 7:15-8:15

Beginner: Wednesday 6:00 – 7:00 p.m.

Advanced: Wednesday 7:00 – 8:00 p.m.

Women's Only; Fridays 6:00-7:00pm

Advanced: Friday 5:00 –6:00 p.m

Glen Smith, 403-681-8833, [kantosh@telus.net](mailto:kantosho@telus.net),

www.renbukaikarate.com

Integrated Wellness

One hour stretch and conditioning class, incorporate into existing regime or on its own, this class is for everyone. Introductory workshops for new students.

Rhonda Bleau, 403-681-3439, info@wellnesswithrhonda.com / www.wellnesswithrhonda.com

Tuesdays 7:00-8:00 PM

Wednesdays 11:00-12:00 PM

Thursdays 6:15-7:15 PM

Saturdays 8:30-9:30 AM or 9:40-10:40 AM

Dawn Ross: Bit By Bit Bodyworks presents:

Customized Movement & Yoga

Tuesdays: Jan 10 - Mar 21, 2017

6:15 - 7:30pm Early Session

7:45pm - 9:00pm Late Session

10 weeks / \$222.00

*no class Feb 7

Thursdays: Jan 12 - Mar 23, 2017

7:45 - 9:00pm

10 weeks / \$222.00

*no class Feb 9

Therapeutic Yoga For Walking & Running

Tuesdays: Jan 10 - Mar 21, 2017

2:00 - 3:15pm

10 weeks / \$130.00

*no class Feb 7

For more info and to register: info@bitbybitbodyworks.com

Music Classes @ Haysboro Community

Fun With Music (Ages 3-5)

Jan 18-Mar 8

Wednesday 2:30-3:15

\$154 - includes registration and material

A fun interactive music class that lets children explore music.

- learn to sing and play a variety of songs
- discover the excitement of music appreciation through storytelling
- create and perform on percussion instruments
- Enhance rhythm through movement and a solid theory foundation
- Discover a new musical concept everyday
- Introduction to keyboard geography and playing simple songs

Let's Play 1 (Ages 6-9)

Jan 18-May 3

Wednesday 3:45-4:30pm

Ages 6-9

\$320- includes registration and materials

In this 16 week session students will learn

- How to read notes and play the keyboard
- Play together in a group
- Theory and rhythm training
- Ear training and music appreciation
- Use technology as a tool for effectively music making

For registration or inquiries contact: (403) 836 - 4866 or

info@cadenzamusicstudio.ca

www.cadenzamusicstudio.ca



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Email: abefile@shaw.ca

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- ⇒ Self-employed/Sole Proprietors/Sub-contractors
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SUPERBOWL PARTY

Superbowl Sunday is February 5, and Haysboro will be celebrating with Superbowl in the Lounge, brought to you by Southwood Automotive.



PROGRAMS WEEKLY SCHEDULE

Sunday	Casey Academy	10:00-2:00pm	
	Prapti Yoga	2:30-3:30pm	
Monday	Drop-in TotTime	9:15-11:15am	
	Karate	6:00-8:00pm	
Tuesday	Tai Chi	9:15-10:15	
	Dawn Ross Yoga	2:00-3:25 pm	
	Kids Dance	2:00-3:30pm	
	Therapeutic Yoga for Walking & Running	2:00-3:15	
	Customized Movement & Yoga	6:15-7:30	
		7:45-9:00	
Wednesday	Callanetics	7:00-8:30pm	
	AllStar Enviro Safety	8:00-5:00pm	
	Rhyme & Reason	9:30-10:30am	
	50+ Bridge	12:30-3:00pm	
	Fun With Music	2:30-3:15	
	Let's Play	3:45-4:30	
	Karate	6:00-8:00pm	
Thursday	Yoga		
	Prapti Yoga	9:30-10:30am	
	4 th Thursday of the Month	Senior Resources	1:30-3:30pm
	Callanetics	7:00-8:30pm	
Friday	Tai Chi	9:15-10:15	
	South Calgary Ladies Bridge	12:00-3:00pm	
	Karate	6:00-7:00pm	
Saturday	Callanetics 2 Sessions	8:30-10:30am	
	Casey Academy	11:30-12:15pm	



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IN & AROUND SCHOOLS

St. Augustine Fine Arts School

After a well-earned and restful Christmas break, the students of St. Augustine Fine Arts School are rejuvenated and are looking forward to opportunities that 2017 will bring. This month, we have started the basketball season, as the rosters have been finalized for the senior and junior teams, and students have begun to compete against other schools in our area. Our Junior High students are preparing works in Visual Art and performances in Dance and Band to be showcased in the coming months, and our Drama department is beginning to prepare for their spring production. Midterms have also been written this month by our Jr. High students as our elementary classes eagerly prepare for 100 days of school, marking the halfway point of the year.

The month of January is one of great opportunity and new beginnings for our students. It is a time that they can reflect on the past challenges and achievements of the previous year and can be mindful of what goals they would like to achieve in the coming months. For some of our students it will mark an occasion where they will make the decision to focus their ambitions on experiencing success in the classroom. For others it may be a time where they finally decide to try out for a sports team they were always afraid to join. Some students may make efforts to develop new friendships or to strengthen and renew old ones. The New Year offers all of us a second chance in our personal, professional, and academic lives.

The staff of St. Augustine Fine Arts School we would like to wish everyone a wonderful and opportunity filled year in 2017.

St. Gerard School

Happy New Year! I would like to welcome you all back as we kick off 2017. We hope that everyone had a joyous and wonderful Christmas and school break.

Thank you for your support of Mission Mexico and St. Vincent de Paul Christmas Hamper program! Although December can be a challenging time for all of us as

~continued on page 17~

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12 WEEKS AFTER

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free consultation

*Expires Aug 31 2016

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www.GlenmoreHealthcare.com

HAYSBORO Preschool

2017-18 School Year Registration
Saturday, March 4th, 2017
9:00am – 10:00 am

Haysboro Community Hall
 1204-89th Avenue SW
 403-253-1563
 haysboro.org
 preschool@haysboro.org

Tues/Thursday 3-year-old AM PM
 Monday/Wednesday
 4-year-old PM or
 Monday/Wednesday/Friday
 4-year-old AM

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 www.mclawslaw.ca

Pub Night Event

Where: Lot 102 Burger, Bar & Kitchen

8855 Macleod Trail SW; Next to Save-On Foods

When: February 22; 7:00 to 10:00 PM

Cost: \$25 per ticket purchased prior to event
 \$22 per ticket for HCA members
 \$30 per ticket at the door

Buy your tickets online at haysboro.org; or come to the
 HCA Community Hall (1204, 89 Avenue SW)

You get one free drink and appetizers all evening long
 with each ticket; each person must have a ticket to enter
 Lot 102 during the event

There will be drink specials throughout the night

Why would you want to attend? The primary reason is
 to socialize with your neighbours and other residents in
 the community. You will also help raise money for the
Haysboro Community Association with a 50/50 draw
 and a silent auction for items provided by other com-
 munity businesses.

IN & AROUND SCHOOLS

St. Gerard School cont'd

we budget for gifts, juggle time, decorate spaces, and
 welcome relatives while working no less, through it all,
 our school community was able to generously support
 Mission Mexico as well as several families with Christmas
 Hampers of gifts. Merci!

Kind regards,
 Christian Harries | Principal

Important Dates:

- January 9th: Classes resume; SPARK (daily physical
 movement program) Presentation;
 Healthy Hunger special lunch
- January 11th: Sammy's Pizza Lunch
- January 12th: Grade 6 Field YouthLink
- January 16th: Healthy Hunger special lunch
- January 17th: Grade 6 Criminal Justice Presentation
- Jan 19th-20th: Grade 6 Canada Olympic Park
- January 23rd: Healthy Hunger special lunch
- January 23rd-25th: Alien In-Line Skating K-2
- January 27th: PD Day

Volunteers Needed

We're looking for volunteers for several upcoming
 events, including the skate party on January 7 and
 the cribbage tournament on January 29. There is
 also an opening for a new Horn editor.

Visit Haysboro.org or call 235-1563 to sign up.



divine
 intervention

Eligible Entrepreneur

Our 6'1, fit and handsome
 bachelor is a catch. Driven, well
 educated and down-to-earth,
 this dynamic, well traveled and
 successful entrepreneur enjoys
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 time with family and friends.

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A Girl Potato and Boy Potato had eyes for each other, and eventually they wedded and had a little Sweet Potato whom they called 'Yam.'

Of course, they wanted the best for Yam. When it was time, they told her about the facts of life.

They warned her about going out and getting Half-baked, so she wouldn't get accidentally Mashed, and get a bad name for herself like 'Hot Potato,' and end up with a bunch of Tater Tots.

Yam said not to worry, no Spud would get her into the sack and make a rotten potato out of her! But on the other hand, she wouldn't stay home and become a Couch Potato either. She would get plenty of exercise so as not to be skinny like her Shoestrings Cousins.

When Yam went off to Europe, Mr. and Mrs. Potato told her to watch out for the hard-boiled guys from Ireland and the Greasy guys from France called the French Fries.

And when she went out West, to watch out for the Indians so she wouldn't get scalloped. Yam said she would stay on the straight and narrow, and wouldn't associate with those high-class Yukon Golds, or the ones from the other side of the tracks who advertise their trade on all the trucks that say, 'Frito Lay.'

Mr. And Mrs. Potato sent Yam to Idaho P.U. (that's Potato University) so that when she graduated she'd really Be In the Chips. But in spite of all they did for her, one day Yam came home and announced she was going to marry Peter Mansbridge.

Peter Mansbridge! Mr. and Mrs. Potato were very upset. They told Yam she couldn't possibly marry Peter Mansbridge because he's just...

A COMMONTATER!

HAYSBORO SENIOR RESOURCES GROUP



The Haysboro Senior Resources Group meets on the fourth Thursday of the month (except July, August & December) 1:30-3:30 p.m. at the Haysboro Community Hall, 1204 - 89 Ave S.W. All seniors welcome.

October was a very busy month for us. The regular meeting featured a travel presentation by Corporate Travel Canada highlighting River Cruises, bus tours in Europe and a tour in Newfoundland. Thanks to Peter Samuel and to Leslie for an interesting program.

As well we enjoyed a return visit from Bill Evans on Oct. 13 with another segment of "The Dirt Road: History of the Plains and Foothills". And on Oct. 29 we showed the movie Phantom of the Opera to get everyone in the mood for Halloween.

The annual Christmas turkey luncheon, always a popular event, was held on November 24th. Also in November seniors were invited to an open house at Anytime Fitness which is a local facility. They are setting up a fitness class for seniors and sessions are free during November and December. Further information from Anytime Fitness (403-255-1200).

The Senior Resources Group has been invited to hold a Bake Sale at the Community Association's Winter Market on Sunday, Dec. 4th (10 a.m. to 4 p.m.) being held at the hall. For this to be successful we require donations of baked goods. For Information re: dropping off of donations please contact the hall at info@haysboro.org or 403-253-1563.

One more event to help get us in the spirit of the season will be the showing of the movie Elf starring Will Ferrell on Thursday, Dec. 8th at 1:30 p.m. at the hall. Admission is free.

We wish to thank the volunteers from the Lighthouse Church for once again raking leaves for a number of seniors in the area. It was very much appreciated.

And finally we want to wish everyone a happy and peaceful holiday season.

Women's English and Social Group

Meet your neighbours and practice English! The New Friends and Neighbourhood Group program is a safe and fun environment for immigrant women to improve their English and meet new women in the community.

- Free registration, join anytime
- Once a week for 2 hours
- Learn about community resources
- Make new friends
- No minimum English requirements
- Free childcare provided (6 months – 6 years)
- Learn new things and have fun!

For more information or other locations throughout the city please contact:

Debra Colley, Program Coordinator
 New Friends and Neighbourhood Groups
 Calgary Immigrant Women's Association
 Phone: 403-444-1752, mail: debrac@ciwa-online.com
 Visit our website: www.ciwa-online.com



Name	Age	Contact	Course
Asha	13	403-629-2200	Yes
Ashley	15	403-560-9378	Yes
Danika	16	403-640-4331	Yes
Emilie	23	587-581-5707	Yes
Emma	16	403-369-7656	Yes
Jakarta	19	403-808-8503	No
Katrina	16	403-919-3138	Yes
Marlene	65	403-454-2413	Yes
Maya	15	403-253-9390	Yes
Ryan	14	403-252-6104	Yes

Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

CLIMB FOR WILDERNESS

SATURDAY, APRIL 22, 2017
THE BOW BUILDING

CLIMB 1188 STAIRS

SUPPORTING THE **ALBERTA WILDERNESS ASSOCIATION**

climbforwilderness.ca



Happy Thinking Day!

2017 So what is this Thinking Day? World Thinking Day –February 22nd- is the joint birthday of Lord and Lady Baden-Powell the founders of Boy Scouts and Girl Guides. World Thinking Day gives Girl Guides and Girl Scouts the world over the chance to reflect and show camaraderie with their sisters in far flung places. Units will hold parties or special events in celebration of

Thinking Day and raise funds for the CWFF (Canadian World Friendship Fund). These funds will go to WAGGGS (World Association of Girl Guides & Girl Scouts) for development of programs in other countries.

Blackfoot District will be hosting a bridging roller skating night at Lloyd's Recreation for all its members. This is an event sure to be filled with spins and thrills- can you do the Hokie-Pokie on roller skates?

The Spark units will be visiting the fire hall, celebrating Valentine's Day with cupcakes and cards, and learning about Guides from around the world.

The Brownie units will be working on Keys, sleeping over at Telus Spark & the zoo, celebrating Thinking Day through games, songs, dances and crafts from our sister Guiding countries.

The Guide units will be learning about the 4 World Guiding Centres by participating in activities from Mexico (Our Cabana), India (Sangam), Switzerland (Our Chalet) and England (Pax Lodge) in celebration of Thinking Day.

The Pathfinder & Ranger units will be winter camping, snowshoeing, making birthday boxes for the food bank and will be attending STEM Day at U of C.

Guiding is a great place to build new friendships and experience new challenges. Why not give us a try.

If you have any questions regarding Guiding or registration please contact

Calgary Area Girl Guides at 403-283-8348 or ggcinfo@calgarygirlguides.com.

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IN & AROUND CALGARY

February Is Heart Month

Do you know the signs and symptoms of a heart attack and what to do if someone experiences these? Knowing can make the difference between life and death. Recognizing and responding immediately to the warning signs of a potential heart attack can significantly improve survival and recovery.

February is Heart Month - take the time to be heart safe and learn how you can reduce your risk.

Know the signs of a heart attack

(Any, or all, of these signs & symptoms may occur)

- Chest discomfort described as crushing, squeezing, pressure, or heaviness;
- Discomfort that moves beyond the chest, such as the shoulder, arm, neck, or jaw;
- Shortness of breath, sweating, or nausea and vomiting.

Reduce your risk

Heart attack risk factors include:

- Obesity*
- Sedentary lifestyle*
- Smoking*
- High cholesterol*
- Age / gender
- Family history

Speak with your doctor about how to treat your modifiable (*) risk factors and learn to be heart safe.

What to do when seconds count

- Call 9-1-1 immediately. Early treatment can greatly reduce heart damage and make the difference of life and death;
- Treatment starts the moment EMS arrives. Paramedics can provide oxygen, start an intravenous and perform an electrocardiogram (ECG);
- Paramedics can also administer important medication(s) in the early minutes of a heart attack to lessen heart damage;
- During transport, EMS will share information with the hospital, so definitive treatment can begin immediately upon arrival;
- Take a CPR/AED (automated external defibrillator) course. Training is widely available from many reputable organizations. It's easy, inexpensive, and only takes a few hours.

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STEP INTO WINTER



Are you thinking of becoming more active?

The University of Calgary is recruiting volunteers for a 12-week physical activity study.

To participate you must be:

- 18 years of age or older
- Exercising less than 3 days per week
- Have internet access

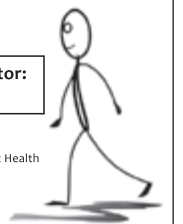
You will be asked to wear a pedometer for 3 months, log your activity onto a website, and complete 3 questionnaires.

By completing the 3 questionnaires you will receive:

- A pedometer (\$25 value)
- \$10 gift card
- Prize draw entry for \$1000 gift card

To participate contact Research Coordinator:
perryr@ucalgary.ca

Ethics ID: REB15-2944
This study has been approved by the University of Calgary Conjoint Health Research Ethics Board.



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For business classified ad rates call
Great News Publishing at 403-263-3044
or sales@great-news.ca



Haysboro Real Estate Update

Last 12 Months Haysboro
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
December 2016	\$449,000	\$438,500
November 2016	\$362,000	\$367,000
October 2016	\$486,200	\$473,000
September 2016	\$559,900	\$550,000
August 2016	\$459,700	\$450,000
July 2016	\$519,900	\$508,950
June 2016	\$514,900	\$496,750
May 2016	\$539,900	\$532,500
April 2016	\$527,250	\$518,500
March 2016	\$477,500	\$440,500
February 2016	\$505,000	\$495,000
January 2016	\$419,900	\$410,000

Last 12 Months Haysboro
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
December 2016	2	1
November 2016	1	1
October 2016	6	8
September 2016	4	7
August 2016	8	8
July 2016	6	4
June 2016	10	6
May 2016	12	12
April 2016	4	8
March 2016	9	4
February 2016	5	3
January 2016	7	3

To view more detailed information that comprise the above MLS averages please visit haysboro.great-news.ca

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RIGHTWAY PLUMBING AND HEATING: Has been happily serving the Haysboro area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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ALL TYPES OF DRYWALL: Boarding, taping, and texturing. Complete basement developments and renovations. Licensed and insured. References. Call Austin Construction 403-852-2785.

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HOME RENOVATING: Haysboro resident available to help with your home renovating needs. I have experience in all areas of home repair including drywall, painting, flooring, decks, fences and yearly maintenance. For a free estimate call Ken at 403-708-8737.

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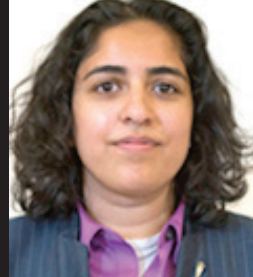
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Email: calgary.glenmore@assembly.ab.ca

Facebook: Anam Kazim - MLA for Calgary Glenmore

Twitter: @anamkazimMLA

Dear Constituents:

As we enter the second month of the New Year, I am happy to mention that I am chairing the Caucus Budget Advisory Committee: it works closely with the Minister of Finance and provides assistance to the ministry to prepare the upcoming spring budget 2017. I am glad to have this leadership opportunity to provide my insight into the budget to serve Albertans' best interests.

We are working hard towards job creation in our province: with new initiatives like the Energy Efficiency Program, the Alberta Investor Tax Credit and the Capital Investment Tax Credit, the Petrochemicals Diversification Program and with capital investment in roads, hospitals and schools, you will begin to see the effects in our economy. Since August of 2016 the province has added 25,000 jobs.

• Two new facilities approved under the **Petrochemical Diversification Program.**

- These plants, for the first time in Alberta, will process propane extracted from natural gas resources into value-added plastic products that people all over the world use every day. Both plants will operate in the Edmonton area (Sturgeon County and Strathcona County).
- During construction of the Pembina/PIC petrochemical processing facility, there would be an average of 2,000 to 2,500 workers on site, with more

than 150 full-time operations and head office jobs upon completion. Construction is expected to start in 2019, with the facility operating by 2021.

- The second project, by Inter Pipeline, will create 2,000 full-time equivalent jobs over the three year construction period. About 1,600 of those would be at the site and the rest would be in fabrication or module shops and engineering firms. An additional 95 full-time operations positions would be created upon project start-up. Construction is expected to start in 2017, with the facility operating in 2021.
- New wells drilled under **Modernized Royalty Framework**
 - Since July, 129 new wells have been drilled in Alberta under the modernized royalty framework.
 - Each new well supports 135 direct and indirect jobs and about \$4.5 million in spending.
 - It was clear that the old method of confrontational politics of shouting at Ottawa and the other provinces, was not working to get Alberta better access to markets for our oil and gas products.
 - We chose a different path and decided to build a plan that would protect our environment and build our energy economy. The pipeline approvals are proof that this plan worked: When Prime Minister Trudeau announced these pipeline approvals, he said, "Let me say this definitively, we could not have approved this project without the leadership of Premier Notley and Alberta's climate leadership plan."

- Starting in early 2017, **Energy Efficiency Alberta** will deliver a variety of programs and services for energy efficiency and small scale renewables.
 - Free installation of residential efficiency products such as lighting, water fixtures, and heating components in homes across Alberta.
 - Rebates for efficient appliances, lighting, and insulation for homes.
 - Incentives for high-efficiency retrofits of lighting, heating, cooling, and hot water systems for businesses, non-profits, and institutions.

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2 - 430 Acadia Dr. SE, Calgary, AB

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

First Tues/Weds every month, Free Mini Builds at the LEGO Store – Chinook Centre

Participants must pre-register in advance to take part. Registration opens at 7 am on the 15th of the month preceding the mini build. Register as soon as possible to avoid disappointment; these events are very popular! Register at <https://shop.lego.com/en-US/minibuild-registration>

Mar. 3 – 18, The Urban Jungle Book at Story Book Theatre

Michael is a foster child with a vivid imagination. Whenever the world gets a bit much for him, he retreats into the amazing world inside his head, and the people in his life become the characters from his favourite story – The Jungle Book. Recommended for ages 6+, tickets at www.storybooktheatre.org

Mar. 16 – 19, The One Act Play Festival at the Pumphouse Theatre

One theatre, four evenings, ten one act plays, a diverse array of local artists. The One Act Play Festival is sure to delight regular theatre goers and the newly curious alike. \$15 adults, \$12 students/seniors. Tickets at www.pumphousetheatre.ca

Mar. 16, Hodgetwins at the Laugh Shop

These American identical twins have some of the most popular channels on YouTube with over 600 million views. Enjoy the edgy sense of humour of these handsome siblings while having a drink at this comedy hotspot. Adults only, \$29.95. More info at www.thelaughshopcalgary.com

Mar. 25 – 26, The Outdoor Adventure and Travel Show at the BMO Centre

Get pre-season deals on the best outdoor gear and travel experiences at this exciting two-day event featuring hundreds of exhibitors. Discover hiking, running/triathlons, camping, kayaking, canoeing, and adventure travel, plus be inspired with seminars from seasoned travelers and experts. More info at www.outdooradventureshow.ca

Mar. 31, Calgary Flames vs. San Jose Sharks at the Scotiabank Saddledome

The C of Red is calling! Don't miss your Calgary Flames live in action at the Scotiabank Saddledome on March 31st as they take on San Jose Sharks! Tickets start at \$29. More info at www.scotiabank.saddledomecalgary.com

MAR. 3 – 12

THE BIG TASTE FOODIE FESTIVAL

Calgary's premiere dining festival offers splendid lunch and dinner options at over 60 downtown restaurants, ranging between \$15 for lunch and \$65 for a gourmet 5 course dinner. More info at www.calgarydowntown.com/the-big-taste



MAR. 7

AN EVENING WITH BLACKIE AND THE RODEO KINGS AT JACK SINGER CONCERT HALL

Playing tracks from their newest offering titled Kings And Kings, the album features some of the band's best "guy" friends from the world of roots, blues and country. One night only, tickets \$32.75-\$62.75. More info at www.artsccommons.ca/WhatsOn/



MAR. 23

GATE TO PLATE TEENS & ADULT COOKING CLASS AT SOUTH HEALTH CAMPUS WELLNESS KITCHEN

Poppy Innovations is thrilled to launch their 'cooking from scratch' series this summer for Gate to Plate. Classes are suitable for those aged 15 years and above. Price includes all food and supplies featuring flatbreads from around the world! More info at www.poppyinnovations.ca





**Councillor, Ward 11
Brian Pincott**
P.O. Box 2100 Stn. M, #8001A
Calgary, AB T2P 2M5
403-268-2430 • www.ward11calgary.ca

On January 5th of this year, the Assessment Department mailed out the 2017 Property Assessment Notices to property and business owners in Calgary. The assessment process is how property taxes are distributed among all property owners to meet The City's budget needs to pay for services all Calgarians benefit from like police, fire protection, transit, parks, recreation and more. Your property assessment provides the basis for your share of taxes, relative to all non-residential properties in Calgary. On June 27th, 2016, City Council made the decision to reduce the 2017 property tax rate increase to zero through a one-time rebate. Please note this only affects The City's portion. Your property assessment is based on your property's estimated market value on July 1st, 2016, and is used to calculate your property taxes. Your property assessment can change year to year.

Residential Property Assessment

The average home in Calgary saw an assessment decrease of 4 per cent. If your assessment decreased 4 per cent, you will pay about the same municipal taxes as last year. If your assessment decreased less than 4 per cent or increased from 2016, your municipal taxes will increase. If your assessment decreased by more than 4 per cent, you will see a decrease in your municipal taxes. Please note, the Provincial portion of the tax rate is not announced until spring, and will also have an impact on your property taxes.

Non-residential Property Assessment

The average non-residential property saw an assessment decrease of 6 per cent. If your assessment decreased 6 per cent, you will pay about the same municipal taxes as last year. If your assessment decreased less than 6 per cent or increased from 2016, your municipal taxes will increase. If your assessment decreased by more than 6 per cent, you will see a decrease in your municipal taxes. Please note that regulated assessments are not subject

to the market value standard, and assessment changes may not be reflective of the average 2017 assessment changes for non-residential properties. The Provincial portion of the tax rate will impact your property taxes. This is not announced until spring. The Business Tax Consolidation will also impact your property taxes.


Business Tax Consolidation

The City is phasing out the Business Tax through a gradual transfer of the business tax revenues to the non-residential property tax. Each year, business tax bills will go down and non-residential property tax bills will increase. The Business Tax will be eliminated in 2019. Consolidating the taxes into a single, easy to understand real estate-based assessment and tax system for non-residential property owners will make Calgary more competitive and attractive for business. Please note that Business Tax Consolidation will not impact your property/business assessment nor will it be reflected on your assessment notice. It will not increase the amount of revenues collected by The City.

Customer Review Period

The Customer Review Period is from January 5th to March 6th, 2017. If you have any questions about your assessment, please contact 403-268-2888. Changes can only be made to your 2017 Property Assessment during the Customer Review Period.

The City offers online tools to help property owners understand and review their assessment. By logging into Assessment Search at calgary.ca/assessment, you can access details on your property to check and review the accuracy of the information The City has on file, and compare your assessment with other similar properties in your area to ensure your assessment is fair and equitable. You may also conduct more in-depth assessment research and can access sales, community and property reports.



#644, 222 RIVERFRONT AVE SW,
CALGARY, AB T2P 0X2
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INFO@THEHOMEHUNTERS.COM
WWW.THEHOMEHUNTERS.COM

HAYSBORO 2016 MARKET STATISTICS

Single Family homes:
3 active listings - average list price \$446,567 with 41 days on market
65 sold listings in 2016 - average sale price \$503,508 with 37 days on market

Condo/Townhouses
1 active listing - list price \$415,000 with 115 days on market
1 sold listing in 2016 - sale price \$469,000 with 19 days on market

Apartments:
15 active listings - average \$285,293 with 43 days on market
57 sold listings in 2016 - average \$216,190 with 58 days on market
(Statistics based on CREB MLS System listings as at Jan 1, 2017.)



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