

MARCH 2017

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THE OFFICIAL HAYSBORO COMMUNITY NEWSLETTER



**COMMUNITY PLANNING
WORKSHOP**

MARCH 4

**ANNUAL
GENERAL MEETING**

TUESDAY, JUNE 6 AT 7:00PM



www.haysboro.org



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Each day 15 Canadians get the devastating news that their kidneys have failed.
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kidneymarch.ca
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HAYSBORO COMMUNITY ASSOCIATION

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editor@haysboro.org or info@haysboro.org

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Haysboro Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	511
Gamblers Anonymous	403-237-0654

BOARD NEWS

The Community Hall will be a busy place this summer, but perhaps not why you think. We are going to be experiencing some construction! Phase II of the playground will see some new play pieces going in. Atco Gas will be upgrading a pipeline that runs through the soccer field and parking lot. And last but not least, the Community Hall will be getting a facelift.

The exterior cladding will be replaced, two windows will be added in the lounge AV area and two more downstairs in the skate room. Structural repair and realignment to the roof at the front entry, as well as movement of the front doors to line up with the inside stairwell. There will also be an addition to the ramp to make the office accessible. Lastly, the replacement of the sheds with a garage structure to house equipment for the rinks, SRG lawn and snow program equipment, and hopefully ramps and rails. The board has been very diligent in finding grants for most of the projects we have undertaken and it is the hope that a large portion of these upgrades will be funded through various grants.

Hopefully this work will result in the minimum of inconvenience for community members and renters; please watch the Horn, website, e-mail, and social media for updates. Your understanding and co-operation will be greatly appreciated.



BassBurn Dance Party

You are invited to a 1-hour BassBurn Dance Party on March 9th from 5:45-6:45 at the Haysboro Hall. Tap into youthful spirit, dance like no one is watching, get a super workout, while enjoying cool beats mixed live by DJ Hafiz!



I Hope You Dance

Feel good down to the core - activities for your body, mind, and being.
 By Karen Berry of Kmotion

It is no mystery we are beings of movement. Communicating, sensing, in day-to-day living. There has been many a study about the positive effects of physical activity as a therapy or cure for a plethora of mental, emotional, and physical ailments; from Alzheimer's, ADHD and Depression to Rheumatoid Arthritis, Multiple Sclerosis, Cancers, post-natal, PTSD and other trauma recovery.

As the boom population ages, music and movement has become even more prolific in the world of neuroscience, biology, medicine. Studies unanimously find that doing something fun, that cross-challenges mental & physical is key to healthy aging. In Scientific American magazine, neuroscientists posited synchronizing music and movement is most powerful as music stimulates the brain's reward centers, dance activates its sensory and motor circuits, while the social interaction lowers risk of numerous ailments. A 2003 study in the New England Journal of Medicine by researchers at the Albert Einstein CoFM looked at the effects of 11 different types of physical activity, including cycling, golf, and swimming, but found that only one of the activities studied—dance—lowered participants' risk of dementia.

As a dancer as well as instructor of dance and fitness for over 17 years, I have witnessed countless individuals significantly improve their quality of life through the practice of dance. I am passionate sharing it with movers- any age, any ability.

I personally invite you to our 1-hour BassBurn Dance Party, on March 9th from 5:45-6:45. Tap into youthful spirit, dance like no one is watching, get a super workout, while enjoying cool beats mixed live by DJ Hafiz! Bring anything that is going on in your life to BassBurn at Main Hall and dance it out with us!

BassBurn (C) Please contact 403-923-3865 or karenberry@kmotion.ca or the Hall at 403-253-1563 for more on this topic, for questions and comments.

OUR MISSION STATEMENT: The Haysboro Community Association, as a volunteer organization, is dedicated to enhance the quality of life of the community through the engagement of residents in community planning and development, social and recreational programs, all the while fostering a safe and vibrant environment.

OUR VISION STATEMENT: Established, safe and vibrant community with residents engaged in responsible development, social and recreational programs, all the while fostering friendly neighborhood connections.

BOARD EXECUTIVES

President	Michael Akbar	president@haysboro.org	403-560-2804
Vice-President	Kourtney Branagan	vicepresident@haysboro.org	403-816-2224
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Past President	Maxine Morrison	pastpresident@haysboro.org	403-615-9443

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Director-at-large	Gary Williamson	garyw@haysboro.org	

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Haysboro Preschool	Cinnamon Burrell	Preschool@Haysboro.org	Hall: 403-253-1563
MLA – Glenmore	Anam Kazim	Calgary.Glenmore@assembly.ab.ca	403-216-5421
Councillor -Ward 11	Brian Pincott	info@ward11calgary.ca	403-268-2430
Police Liaison- District 6	Constable H. Robinson	pol4196@calgarypolice.ca	403-428-6600
Southwest Communities Resource Centre			403-238-9222
Southland Youth Justice	Kathy Hutchings	calgaryyouthjustice.com	403-244-8201
Business Advertising	Great News Publishing	sales@great-news.ca	403-720-0762

Caring Requires an Investment of Time

At Doig Optometry, our Patient Care Priority helps us make sure your eyes are healthy, well coordinated and that your glasses and contact lenses work for you. That's why our eye exams take a little longer than you may be used to. When you book your next eye exam at Doig Optometry, we'll ask that you set aside about an hour for your examination. This will allow us time to explain the purpose of the tests, help you understand the questions we ask along the way, and of course, explain the results to you.

Hi, I'm Doctor Doig. After 20 years of practice, I've decided that faster is not necessarily better, especially when we're making something as personal as your next set of glasses. Making them right is much more important to me than making them fast! Doig Optometry is located in Suite 102, 8180 MacLeod Trail, and you can find us on the internet at www.doigoptometry.com



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HAYSBORO HALL HAPPENINGS

By Fiona

Are you a planner? Do you have ideas about how you would like to change your living room around? Or maybe plant a new tree? Plan to buy a new car? Plan to move to a new house, new neighbourhood? What about a plan to win the lottery and travel the world? Planning is important – dreaming is great, but it will never come true without a plan of action.

Right now, upstairs is a group of students from the Faculty of Environmental Design at the U of C, who are helping the Haysboro Planning Committee identify any existing and forthcoming issues with land use and development in the neighbourhood.

Students will focus on current urban development issues and produce a final report that addresses the most pressing issues and provides potential strategies for future development in the neighbourhood. Now, to me, this is no more interesting than watching paint dry, but it has great value, especially if we have an 'idea' of Haysboro that we would like to maintain. For example, for me, I like the small town feel in the midst of the big city. Growing up in new developments in the NW, I enjoy the established, peacefulness of Haysboro. March 4th from 9:30-11:30 come to the hall and hear what the students found out and provide your feedback – every voice is needed. If you are interested in more information about this - e-mail planning@haysboro.org.

While we are thinking about planning – what are your ideas for celebrating Canada's 150th birthday? Let me know at info@haysboro.org.



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Haysboro Churches

Heritage Drive Chapel 935 Heritage Dr SW
Church of Jesus Christ of Latter-Day Saints

Hope for Life Christian Fellowship 403-255-6110
Interdenominational, St. Gerard's School, 96th Ave SW
www.hflchurch.ca *Non-denominational*

Lighthouse Church *Interdenominational* 403-640-2099
 O-9827 Horton Road SE
www.calgarylighthouse.com

St. Andrew's Presbyterian Church 403-255-0001
 703 Heritage Dr SW
www.standrewscalgary.ca

Springs Church 403-473-3400
 924 Heritage Drive SW

St. Gerard's Church *Catholic* 403-253-2251
 8944 Elbow Dr SW
<http://stgerards.ca>

Haysboro Schools

Haysboro Elementary 403-777-8530

Woodman Junior High 403-777-7490

Henry Wise Wood Senior High 403-253-2261

Haysboro Community Preschool 403-253-6524

Calgary Early Learning Centre 403-255-4288

Bishop Grandin Senior High 403-252-7541

St. Gerard Elementary 403-500-2028

Akiva Academy (ECS - Gr. 6) 403-258-1312

St. Augustine Fine Arts School (K-9) 403-500-2022

Notre-Dame-de-la-Paix (S)(FR) K-6 403-271-5544

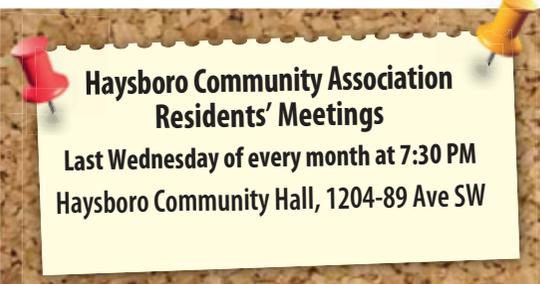
École de la Source (FR) K-9 403-255-6724

Ste-Marguerite-Bourgeoys (S)(FR) 7-12 403-240-2007

École de la Rose sauvage (FR) 10-12 403-230-3112

Trinity Christian School 403-254-6682

Eugene Coste School (S) K-3 403-777-8511



**Haysboro Community Association
 Residents' Meetings**
 Last Wednesday of every month at 7:30 PM
 Haysboro Community Hall, 1204-89 Ave SW



Empowering Women

The Kanto Sho Karate club (active in the Haysboro Community for over 14 years now) recently participated in the city wide All Sport One City event. All Sport One City is an initiative of Sport Calgary to provide opportunities for adults, age 18 and older, to come and discover sport and fitness activities at various facilities throughout the city. Over 50 different sporting opportunities are offered throughout Calgary with thousands of people participating.

The Kanto Sho Karate club offered a women's only karate class with self-defense specifics and 15 women from all over the city attended and participated in the class. The class was taught by Senseis Tannis and Glen Smith and supported by dojo students Misako Dietrich and Keiko Renneberg, all of whom are Haysboro residents. This was a unique opportunity to empower women and share something our Haysboro community has to offer.

The participants had a healthy warm up and were taught some basic karate self-defense moves as well as how to implement them in meaningful ways within their lives should they require them. We shared strategies on how to draw strength from within and how to empower yourself in any situation. The ladies worked hard, there was some sweat, lots of laughter and hopefully some personal discovery of the strength we all have inside ourselves.

It is a great example of what the Haysboro community has to offer. Remember; stand up for yourself, make some noise, and you are worth it!

UPCOMING EVENTS



Haysboro let's get together! 2017 Schedule of Events

Here are some ideas for some great events – YOU MIGHT HAVE MORE – Hopefully there is at least one you would like to attend!

Hopefully there is at least one you would like to volunteer at!

Hopefully there is one you would like to organize!

E-mail info@haysboro.org or call 403-253-1563 or sign up at Haysboro.org

April	Easter Egg Hunt
May	Community Clean-Up
June 25	Largest Day of Play/Canada 150/NEIGHBOUR DAY
July/August	Popsicles in the Park
September	Membership Drive & Party

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PROGRAMS at Haysboro Community Centre

For Haysboro Program Registration please contact the Hall
Monday to Friday 10:30-5:30. Phone: 403-253-1563. E-mail: info@haysboro.org

New members are welcome to join our programs at any time if space is available. Programs may be cancelled due to insufficient registration. GST will be added to programs unless noted otherwise. There is no refund after the program starts or if materials are already ordered. Fee will be pro-rated when applicable.



Drop –In Tot Time

Mondays 9 am-11 am – Haysboro Community Hall – Main Hall

We are pleased that Kerry Urban, one of our Preschool Teachers, is going to be coordinating Tot Time. Tot Time is a time for parents to get together and chat as their kids play and socialize.

Kerry has a passion for education and brings knowledge and enthusiasm to anything she works on. Tot Time participants can help her determine what the two hours should look like. There will be opportunities for some reading, rhyming, and special guests of interest to participants and their children. Hope you will come check out Tot Time.

Haysboro Preschool with Allison and Kerry

Haysboro Preschool is a parent-run program for three and four years olds. Guided by University trained, experienced teachers in an open environment, children choose from a variety of learning centres, circle time, stories and outdoor play with a maximum of 12 children per class. For further information or to view the classroom, please call 403-253-1563 or view online at www.haysboro.org.

Tai Chi

8 week session

Tues/Fri 9:15 am - 10:15 am

Tai Chi is a series of slow, flowing movements. The short form being offered is easily learned and performed by anyone regardless of age or physical condition. Tai Chi gently stretches and tones the whole body, relaxes and calms the mind. Call Betty at 403-259-4635.

2x/week - \$65 for members \$75 for non-members

1x/week - \$35 for members \$45 for non-members

10x punch card - \$70 for members \$80 for non-members

Senior Resources Group

Fourth Thursday of the month 1:30-3:30 – Entertainment, Talks, Trips for Seniors

Rhyme and Reason

Interactive program for 0-2 year olds and their caregiver
www.rhymeandreason.ca

\$90.00 per family, \$60.00 for Haysboro members!

Starting January

Kmotion Dance

January 12- March 3rd

Haysboro.org to register

NON-HCA RUN PROGRAMS – PLEASE REGISTER Prapti Yoga

Classes are offered Monday and Wednesday Evenings and Sunday Afternoons. Once a month workshops on Friday evenings. Mondays are registered classes, Wednesdays are drop in classes and Sunday afternoons are registered classes perfect for beginners or those with physical limitations.

All classes develop strength and flexibility and are taught with playfulness, humour and compassion.

Call Kathy Dodd at 403-869-5323 or visit www.praptiyoga.com for more information and registrations.

South Calgary Ladies Bridge

Fridays 12:00- 3:00

50 Plus Bridge

Wednesdays 12-3

Call Lois for more info 403-278-6978

The Casey Academy of Irish Dance Beginner Irish Dance classes

Taught by former "Riverdancers" Cara Casey and Mark O'Loughlin. Saturday mornings at Haysboro Community Centre 11:00-11:45 a.m. For ages 5-9
Call #403-520-0059 for more info.

www.caseyacademy.com

Kanto Sho Karate Club

We teach traditional Karate to anyone ages 5 and up. Classes run year round; start anytime. Check our website for information. Monday/Wednesday/Friday
Children ages 4-6: Mondays 5:30-6:15
Beginner: Monday - 6:15 – 7:15 p.m

Advanced - 7:15-8:15

Beginner: Wednesday 6:00 – 7:00 p.m.

Advanced: Wednesday 7:00 – 8:00 p.m.

Women's Only; Fridays 6:00-7:00pm

Advanced: Friday 5:00 –6:00 pm

Glen Smith, 403-681-8833, kantosh@telus.net,

www.renbukaikarate.com

Integrated Wellness

One hour stretch and conditioning class, incorporate into existing regime or on its own, this class is for everyone. Introductory workshops for new students.

Rhonda Bleau, 403-681-3439, info@wellnesswithrhonda.com / www.wellnesswithrhonda.com

Tuesdays 7:00-8:00 PM

Wednesdays 11:00-12:00 PM

Thursdays 6:15-7:15 PM

Saturdays 8:30-9:30 AM or 9:40-10:40 AM

Dawn Ross: Bit By Bit Bodyworks presents:

Customized Movement & Yoga

Tuesdays: Jan 10 - Mar 21, 2017

6:15 - 7:30pm Early Session

7:45pm - 9:00pm Late Session

10 weeks / \$222.00

*no class Feb 7

Thursdays: Jan 12 - Mar 23, 2017

7:45 - 9:00pm

10 weeks / \$222.00

*no class Feb 9

Therapeutic Yoga For Walking & Running

Tuesdays: Jan 10 - Mar 21, 2017

2:00 - 3:15pm

10 weeks / \$130.00

*no class Feb 7

For more info and to register: info@bitbybitbodyworks.com

Music Classes @ Haysboro Community

Fun With Music (Ages 3-5)

Jan 18-Mar 8

Wednesday 2:30-3:15

\$154 - includes registration and material

A fun interactive music class that lets children explore music.

- learn to sing and play a variety of songs
- discover the excitement of music appreciation through storytelling
- create and perform on percussion instruments
- Enhance rhythm through movement and a solid theory foundation
- Discover a new musical concept everyday
- Introduction to keyboard geography and playing simple songs

Let's Play 1 (Ages 6-9)

Jan 18-May 3

Wednesday 3:45-4:30pm

Ages 6-9

\$320- includes registration and materials

In this 16 week session students will learn

- How to read notes and play the keyboard
- Play together in a group
- Theory and rhythm training
- Ear training and music appreciation
- Use technology as a tool for effectively music making

For registration or inquiries contact: (403) 836 - 4866 or

info@cadenzamusicstudio.ca

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and over again,
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in reading it at all."

- Oscar Wilde

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PROGRAMS WEEKLY SCHEDULE

Sunday	Casey Academy	10:00-2:00pm
	Prapti Yoga	2:30-3:30pm
Monday	Drop-in TotTime	9:15-11:15am
	Karate	6:00-8:00pm
Tuesday	Tai Chi	9:15-10:15
	Dawn Ross Yoga	2:00-3:25 pm
	Kids Dance	2:00-3:30pm
	Therapeutic Yoga for Walking & Running	2:00-3:15
	Customized Movement & Yoga	6:15-7:30 7:45-9:00
Wednesday	Callanetics	7:00-8:30pm
	AllStar Enviro Safety	8:00-5:00pm
	Rhyme & Reason	9:30-10:30am
	50+ Bridge	12:30-3:00pm
	Fun With Music	2:30-3:15
	Let's Play	3:45-4:30
	Karate	6:00-8:00pm
	Yoga	
Thursday	Prapti Yoga	9:30-10:30am
4 th Thursday of the Month	Senior Resources	1:30-3:30pm
	Callanetics	7:00-8:30pm
Friday	Tai Chi	9:15-10:15
	South Calgary Ladies Bridge	12:00-3:00pm
	Karate	6:00-7:00pm
Saturday	Callanetics 2 Sessions	8:30-10:30am
	Casey Academy	11:30-12:15pm



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IN & AROUND CALGARY

Southland Leisure Centre

NEW Did you know February 24th was the start of summer? The Spring/Summer 2017 Program Guide is on stands now. Southland Leisure Centre's summer day camp registration began February 13th.

Southland ProShop: "Did you know Southland Leisure Centre has a Proshop? We have a great selection of swimsuits for all ages all year long. Proshop sharpens skates using the Blackstone Stealth Skate Sharpening machine, CHECK US Out"

Friday Night Dance Party: March 24 from 7:15 - 10:00 p.m. Admission to the Party includes a dance lesson (primary movements, rhythmic structure, posture, leading and following), social dance, as well as refreshments. No partner required! See calgary.ca/leisurecentres for schedules and more information.

March Break Day Camps: Register your children for some fun in Southland Leisure Centre's day camps. Check out the City of Calgary Recreation program guide on stands or online at www.calgary.ca/recreation for lots of great day camp programs over March/April Break.

Drop-in Climbing and Gymnastics: There's so much to do at Southland Leisure Centre! Come have some fun and unique experiences in our rock wall climbing and gymnastics gym drop-in times. All equipment is provided and instructors are present to guide you. See calgary.ca/leisurecentres for schedules and more information.

Drop-in Badminton and Basketball, Soccer, Pickleball: Please see calgary.ca/recreation or contact 311 for the latest schedules as cancellations may be in effect for special events or holiday hours.

Family Swim: Every Sunday, 8:00 a.m. to noon. It's a designated family swim time. Come enjoy our waterpark, including a trip or two to the AquaPlay structure. Be prepared to get wet! Adults must be accompanied by a child and all children must be accompanied by an adult. Regular admission applies. Find out more at calgary.ca/leisurecentres.

Babysitting Room: Treat yourself to some 'me time' to workout or take a class. No bookings required for our



Babysitting Room. Monday – Sunday, 8:30 a.m. – 12:30 p.m., Monday - Thursday 4:00 - 8:00 p.m. Reasonable rates for a well-deserved break!

Calgary After School: A FREE supervised drop-in program for youth ages 11-15 during the school year. Come use the pool on Tuesdays and Fridays, and the Sport Hall and Youth Room are open each day! New activities are always introduced and daily snacks are available. Monday to Thursday, 3:00 – 6:00 p.m. and Fridays, 1:00 – 5:00 p.m. For details, call our centre at 403-648-6550 or online at calgary.ca/leisurecentres or calgary.ca/afterschool.

Youth Night: Fridays, 7:30 to 10:00 p.m. Friday nights have taken an active twist! Come with your friends and join us in the Sport Hall for a variety of youth exclusive sports including basketball, badminton, dodgeball, soccer and much more. Weekly planned active activities are also available. If swimming is your thing, admission also includes access to public swim in our waterpark. General youth admission applies. Visit calgary.ca/leisurecentres for more information.



IN & AROUND SCHOOLS

Eugene Coste School – International Spanish Academy

On February 22 the Grades 1-3 students will be attending the first-ever Hitmen BE BRAVE Anti-Bullying game. During the game the students will be participating in a flash mob as part of the anti-bullying movement.

On March 2 the students will be enjoying a breakfast prepared by the teachers. The school will be closed from March 22 through to March 31. The students will be returning back from Spring Break on April 3.

Upcoming Dates:

- March 2: Breakfast at School
- March 16: Parent Council Meeting - 6:30-7:30
- March 16: Enrichment Society Meeting - 7:30-8:30
- March 20: Spring Assembly
- March 21-22nd: Parent/Teacher Conferences
- March 22: No School
- March 23 & 24: PD Day
- March 27-31: Spring Break

Volunteers Needed

The Haysboro Horn could use a new editor! The position requires as little as three hours a month, but you can contribute as much as you'd like if you have a vision to make the newsletter better. You don't need to be an English Major, either. All you need is an interest in helping get the word out to your community.

Your Community Association has plenty of other fun ways for you to connect with your neighbours as a volunteer. Give as much or as little of your time as you like. Just contact Fiona at the Hall and let her know you're interested in trying something new. She can be reached at (403) 253-1563 or info@haysboro.org.

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STEP INTO SPRING



Are you thinking of becoming more active?
The University of Calgary is recruiting volunteers for a 12-week physical activity study.

To participate you must be:

- 18 years of age or older
- Exercising less than 3 days per week
- Have internet access

You will be asked to wear a pedometer for 3 months, log your activity onto a website, and complete 3 questionnaires.

By completing the 3 questionnaires you will receive:

- A pedometer (\$25 value)
- \$10 gift card
- Prize draw entry for \$1000 gift card

To participate contact Research Coordinator:
perryr@ucalgary.ca

Ethics ID: REB15-2944
This study has been approved by the University of Calgary Conjoint Health Research Ethics Board.



A few weeks ago we had a bad meal at a new restaurant serving German food – the appetizer was terrible and the wurst was yet to come. Sir Lancelot once had a bad dream about his horse....It was a nightmare. The favourite dessert of most boxers and carpenters is pound cake. Some neighbours of ours on Hobart Road are doing very well in a candy-producing venture...they're making a mint.

ATCO Urban Pipeline Replacement Program

In 2017 ATCO plans to begin construction on a new high-pressure natural gas line in the Southwest Calgary ring road. The project is still in the planning stage, but they expect to start work on 14 Street SW between Glenmore Trail and 90 Avenue in early 2017.

The project includes construction of two low-pressure natural gas lines. One will be on 14 Street between Glenmore Trail and 90 Avenue; the other along 90 Avenue between 24 Street SW & 14 Street, and along 89 Avenue between 14 Street SW and 6 Street SE. When those lines are installed, Atco will abandon the existing high-pressure natural gas line currently located under 14 Street SW.

ATCO is coordinating its construction with the The City of Calgary's SW Bus Rapid Transit (SW BRT) project to save money and minimize disruption.

See ATCO's website and social media for regular updates, or find more information online at ATCOGas.com/UPR and Calgary.ca/SWBRT.

HAYSBORO SENIOR RESOURCES GROUP



The Haysboro Senior Resources Group meets on the fourth Thursday of the month (except July, August & December) from 1:30-3:30 p.m. at the Haysboro Community Hall 1204-89 Ave S.W. Seniors of all ages are welcome to attend the programs and events.

In January we had speakers on the topics of fraud, scams and financial abuse and in February a presentation on assistance for seniors who need help with downsizing and moving.

At the next meeting on March 23rd we are welcoming back the Calgary Music Makers, a senior citizens choir. They performed for our group once before and were enjoyed by all. We will be collecting a \$5.00 cover charge at the door in order to cover costs. Coffee, tea and goodies served following the performance.

The annual general meeting followed by a program takes place on April 27th. There are some executive positions for the 2017-2018 season that need to be filled. We hope that people will step up and volunteer in order to keep the group going. Information is available at meetings or contact srgroup@haysboro.org. Please consider lending a hand.

Upcoming: a day trip to a Hutterite Colony in May, and a wind up barbecue in June. Details to be announced soon.

We look forward to seeing you on March 23.



Is Our Investment in Daylight a Rip-off?

by Vanessa Gillard

Daylight saving time is a bit of a contentious topic in some circles. It is always a bit of a pain to reset the stove or coffee maker and if you have kids it's a new bedtime routine struggle all over again, twice a year. Likely no one has avoided a schedule mix-up or a tardy appearance due to this bi-annual occurrence, but the advent of the smart phone and other smart home technologies, which change the hour difference automatically, has perhaps alleviated many of those spring and autumn woes for the most part.

On its face the purpose of daylight saving time (DST) is to give us more light and time in the day to get things done; human beings tend to operate better during daylight hours and certainly many appreciate the opportunity to take in a little more vitamin D, particularly during our long Canadian winters. But the origins of DST are actually a little more pragmatic than simply avoiding seasonal affective disorder.

Benjamin Franklin first suggested the concept in 1748 and found it was met with little enthusiasm at the time, but a couple hundred years later, during WWI, the con-

cept was popularized among Germans to save precious coal during that age of austerity. The concept quickly caught on and made it to some Canadian cities as early as 1916, though there has never been a consensus on whether the practice is useful or not, and Saskatchewan has never been on board.

The ever-efficient Germans introduced DST to reduce fuel cost. The gain or loss, respectively, of that hour was intended to lower use of artificial lighting and heating in the evening, but it's debatable how much was saved, as more was often needed in the morning anyway. A little over a century later the reports of heart attacks, road related accidents, and even spikes in suicide rates following DST have not made much of an argument for the century-old tradition, and the amount of light many Canadians see the next day can be negligible.

It would seem there is little in the way of reason to explain this circadian rhythm disruptor to the average person in 2017, but most Canadians will dutifully set their clocks forward on March 12th this month, like it or not.

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Located in the Professional Wing of the
Oakridge Co-Op Mall

#42 2580 Southland Drive SW, T2V 4J8

Phone: 403-238-9222 • Email: info@swcrc.ca • www.swcrc.ca

The SWCRC is your local resource centre that helps families and individuals develop skills and build resilience to move forward when times are challenging. We are located in the Oakridge Coop Plaza and have a warm and welcoming space that is open and inviting to everyone who calls south west Calgary their home. Please stop by and let us tell you more about the programs and services we offer at **no-cost**. There is something for everyone!

Now Accepting Registration:

Positive Discipline in Everyday Parenting – Tuesday mornings April 11 to June 6th 2017.

Our social workers provide free parenting programs that teach children, youth and parents on how to manage behaviour, develop empathy, and enhance self-respect and respect for others. This 8 week course provides insight for parents of children of all ages and helps everyone manage stress, handle conflict and consider people's feelings. This popular course fills up quickly so give our office a call at 403 238-9222 if you are interested.

We are happy to partner with Chartered Professional Accountants who will be offering low-income families living in SW Calgary a *free* Tax Clinic on March 28th and 30th. If you are interested in getting your taxes done and your family income is less than \$50,000.00, call our office to register for a time at the end of March.

We are always looking for outstanding **volunteers** to help with a variety of tasks. This spring we are engaging community residents who are interested in social media, writing stories of impact, or have an interest in photography, please call our office if you would like to support our work. You can also follow along with all our news at www.facebook.com/calgaryswcrc or on [twitter@SWCRC_YYC](https://twitter.com/SWCRC_YYC).

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- Metabolic Testing & Fat Burning Injections
- Medical history review & lab testing

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- No loss of muscle or structural fat
- Lose the weight and keep it off!

Targeted Fat Elimination

Do you have stubborn pockets of fat?

- Eliminates love handles, muffin tops, and bra fat!
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- Exilis tightens loose skin on face, arms, abdomen



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CONDO Network Café

by Elizabeth Walsh, Licensed Property Manager
Real Estate Council of Alberta

Evolving Condominium Management

Condominium management is about to undergo a change in the near future as new regulations come into place requiring specific licensing and training, but is your Board or Property Manager forward focused? Are they evolving with these changes? These new regulations of mandatory licensing, the implementation of educational standards and the development of new higher educational opportunities, the Condominium Management profession is coming of age.

Those companies currently managing condominium properties will need to reach these higher professional standards and become compliant with mandatory licensing requirements, in order to provide best service within the condominium industry, for condominium homeowners, board members and their tenants.

Condominium owners and board members need relevant, practical and timely advice so it's important your Property Manager has a strategy to embrace these upcoming changes. Seek partnerships with a property management firm that provides the knowledge you will need to successfully transition through the change. Follow the Property Manager who embraces and incorporates change strategies into a property management plan that launches your condominium and its board forward.

The New Year is already underway! Get started by asking your condo board members and Property Manager what their forward-focused plan has in store for 2017!

HAYSBORO COMMUNITY ASSOC.

Land Use + Development Workshop

Invitation to all Haysboro Residents

Saturday March 4, 2017 From 9:30 To 11:30am
HAYSBORO COMMUNITY HALL/1204 89 AVE SW

Workshop

Please join us at the workshop and help us by providing feedback about our analysis and initial findings. Have we missed anything important? Have we identified the main issues? The workshop will include a series of mapping and discussion exercises that will inform the students' project.

Project Introduction

In the fall of 2016 the Haysboro Community Association (HCA) identified the need for a comprehensive plan that could address the existing and forthcoming issues associated with land use and development in the neighbourhood. As part of a partnership between the Federation of Calgary Communities (FCC) and The Faculty of Environmental Design (EVDS) at the University of Calgary, the HCA was selected as the final project for the Master of Planning students at EVDS. Students will focus on current urban development issues and produce a final report that addresses the most pressing issues and provides potential strategies for future development in the neighbourhood. Students from EVDS will work together with the HCA to develop a study that could become the foundation for a future land use and development plan.



The Indoor Gardener

by Cindy DeJager

Fancy Ferns

I love, love, love ferns!

Ferns thrive in medium filtered light to low light and require humidity, but with a little bit of effort you can successfully nurture these beautiful plants. A few important tips to get you started: pot your fern in a plastic container rather than clay because the plastic will retain moisture. Choose a peat moss laden soil mixture with lots of organic matter in it. Choose north facing light for your fern.

Here are some ferns that can be found in most garden centres:

Crocodile Fern

Microsorium musifolium 'Crocodyllus'

Medium to bright light and high humidity
May grow 4 feet tall and wide.

Lemon Button Fern

Nephrolepis cordifolia 'Lemon Button'

Medium to bright light and high humidity
May grow 3 feet tall and 4 feet wide.

Maidenhair Fern

Adiantum raddianum 'Fritz Luth'

Medium to bright light and high humidity
May grow 2 feet tall and wide.

Rabbit's Foot

Humata tyermanii

Medium to bright light and high humidity
May grow 2 feet tall and wide.

Staghorn Fern

FYI: Staghorns don't need to be grown in soil so you often see them mounted and grown on walls or posts.

Platycerium bifurcatum

Medium to bright light and high humidity
May grow 6 feet tall and wide.

Bird's Nest Fern

Asplenium nidus

Medium to bright light and high humidity
May grow 5 feet tall and wide (but usually 1-2 feet indoors).

Silver Brake Fern

Pteris cretica 'Mayi'

Medium to bright light and high humidity
May grow 2 feet tall and wide.

Kangaroo Paw Fern

Microsorium diversifolium

Medium to bright light and high humidity
May grow 2 feet tall and wide.

Boston Fern

Most common indoor fern.

Nephrolepis exaltata 'Fluffy Ruffles'

Medium to bright light and high humidity
May grow 7 feet tall and wide (but usually 2-3 feet tall and wide indoors).



A shamrock is a young sprig of clover, used as a symbol of Ireland. Saint Patrick, Ireland's patron saint, is said to have used it as a metaphor for the Christian Holy Trinity.

<https://en.wikipedia.org/wiki/Shamrock>

HAYSBORO Preschool

2017-18 School Year Registration
Saturday, March 4th, 2017
9:00am – 10:00 am

Haysboro Community Hall
 1204-89th Avenue SW
 403-253-1563
 haysboro.org
 preschool@haysboro.org

Tues/Thursday 3-year-old AM PM
 Monday/Wednesday
 4-year-old PM or
 Monday/Wednesday/Friday
 4-year-old AM

HAYSBORO COMMUNITY ASSOCIATION

IN & AROUND CALGARY

Women's English and Social Group

Meet your neighbours and practice English! The New Friends and Neighbourhood Group program is a safe and fun environment for immigrant women to improve their English and meet new women in the community.

- Free registration, join anytime
- Once a week for 2 hours
- Learn about community resources
- Make new friends
- No minimum English requirements
- Free childcare provided (6 months – 6 years)
- Learn new things and have fun!

For more information or other locations throughout the city please contact:

Debra Colley, Program Coordinator
 New Friends and Neighbourhood Groups
 Calgary Immigrant Women's Association
 Phone: 403-444-1752, mail: debrac@ciwa-online.com
 Visit our website: www.ciwa-online.com

Haysboro mybabysitterlist

Name	Age	Contact	Course
Asha	13	403-629-2200	Yes
Ryan	14	403-252-6104	Yes
Ashley	15	403-560-9378	Yes
Maya	15	403-253-9390	Yes
Danika	16	403-640-4331	Yes
Emma	16	403-369-7656	Yes
Katrina	16	403-919-3138	Yes
Jakarta	19	403-808-8503	No
Emilie	24	587-581-5707	Yes
Marlene	66	403-454-2413	Yes

Calling All BABYSITTERS
 Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
 Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

CLIMB FOR WILDERNESS

SATURDAY, APRIL 22, 2017
THE BOW BUILDING

CLIMB 1188 STAIRS

SUPPORTING THE ALBERTA WILDERNESS ASSOCIATION

climbforwilderness.ca

City Seeks Further Input on SW BRT Including Proposed 90th Ave Pedestrian Overpass

The City of Calgary is conducting a second round of engagement online regarding the SW BRT. This is to address outstanding issues pertaining to design features along the route.

Further the city is seeking input on the design and flow of the approved pedestrian overpass at or near 90th Avenue. This is part of the survey process.

Please find time to log onto the city website between February 22 and March 8 to have a say in the future of our community and our city.

ALONG WITH ALL THE GREAT PASS-HOLDER BENEFITS, THE NEW TRICO PASS COMES PACKED WITH A LITTLE EXTRA PUNCH

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Trico Centre for Family Wellness
 11150 Bonaventure Drive SE
www.tricocentre.ca

IN & AROUND SCHOOLS

St. Gerard School

With the warming of the weather, we're easily reminded of the changing of seasons before us. Thankfully, St. Gerard School strives to capture every moment throughout the school day in building opportunities in French Immersion that are enriching and purposeful, building individuals into ethical citizens and engaged thinkers.

Our students will be showcasing their philanthropy through fundraising projects targeting local and global communities in an effort to make the world a better place, one small but steady step at a time. Our WE charities will benefit from the students' work in bridging groups near and far to our school through monies raised in support of food and nutrition programs and sustainable water sources. *"In the face of unjust and painful situations, faith brings us the light which scatters the darkness."* ~ Pope Francis

French-Canadian customs and traditions will be celebrated and promoted in our week-long Carnaval, a time when St. Gerard School will host French Canadian presenters, games and festivities that have historically denoted the pride that is true to French Canadian culture. Meanwhile, we continue the work of providing meaningful experiences through our clubs and extracurricular activities, such as our Reading Club, Intramurals Program and Curriculum Support Initiative (homework support).

We are happy to announce that due to the success of our first **Open House**, we will be offering a second on **March 9th at 6pm**. We look forward to meeting all prospective new families to St. Gerard, and are forever grateful to all families, new and old, that form the root condition of this school, one with kindness and love at its core.

Important Dates:

March 2nd: Sandwich Ministry Drop off
March 6th: Healthy Hunger
March 9th: St Gerard Open House (parents and children welcome), St. Gerard School Council Meeting
March 10th: Calgary Opera
March 13th: Healthy Hunger
March 22nd: Sammy's Pizza
March 27th: Spring Holiday begins, Classes resuming April 3rd

St. Augustine Fine Arts School

Happy almost spring! February always seems to come and go so quickly with the shortened calendar and the many happenings that have taken place throughout the school.

Basketball season is winding down and we are very proud of our Senior and Junior players for their great performance and their excellent representation of the school. Their sportsmanship on the court, dedication in coming to all the early morning practices and leadership in our school community makes us all very proud.

Our Jr. High Fine Arts departments have likewise been very busy this month, as the New Media, Visual Art, Drama, Dance and Instrumental Music students have been busily preparing for our Junior High Fine Arts Showcase that takes place this in early May. This preparation is made even more demanding as all of the art areas contribute to a school wide production of Disney's Peter Pan Jr. in April. Both these amazing evenings allow our students to showcase the many gifts and talents of the St. Augustine School community and emphasize our integrated fine arts learning program.

We are also very excited to welcome our artist in residence, Anna Bilek from Passion for Glass. She will be working with all of our elementary students during the month of March to create a unique glass tile with each student. All these tiles, will be later gathered to form a giant glass mosaic which will be featured in the school, a symbol of how each student in the school community makes a unique offering that contributes to the whole.

On February 28th we will celebrate Shrove Tuesday with pancakes for all of our students. Ash Wednesday follows and marks the beginning of Lent, which is a time of reflection on the life and ministry and sacrifice of Jesus. During this time, each one of us is faced with the challenge of sacrificing something we enjoy in order to gain a sense of Jesus' gift to the world. During this time we will be working with students in considering their own Lenten promises and working hard to keep them throughout March and April.

We hope that everyone has a wonderful and blessed month of March.

Steve Laberge, Principal, St. Augustine Fine Arts School



March in Fish Creek

25th Anniversary Brick Pathway

2017 see us celebrate the 25th anniversary of the founding of the Friends of Fish Creek. As part of our celebration we are offering the opportunity to be part of our 25th Anniversary Legacy Brick Pathway program. We will be replacing the pathway to the front door of the Cookhouse with a special brick pathway consisting of bricks bearing dedications or messages from donors. This is a great opportunity to leave a legacy in the park for a loved one or to show support for the work the Friends do toward the sustainability and enjoyment of Fish Creek Provincial Park. Engrave a brick with your personal message. For more information contact the Friends of Fish Creek or visit www.friendsoffishcreek.org/brick

Leave a Legacy for Cherished Green Spaces and Healthy Families

Free Public Information Session

Saturday, March 4, 2:00 pm – 4:00 pm at the Fish Creek Environmental Learning Centre

Considering the Friends of Fish Creek in your legal will or through other philanthropic means is one of the best ways to ensure that future generations will enjoy this breathtaking natural area as much as you and your family do. Remembering family in your will is most likely an important part of your final wishes, but do you have questions about planning your estate? Would you like to ensure the proper management and distribution of the funds you leave behind? Join Emma Hamilton, lawyer in the Wills & Estates group of McLeod Law LLP; Stuart Reid, Chief Development Officer Kids Cancer Care Foundation of Alberta; and Bob Morrin, Friends of Fish Creek Board Member to learn about the benefits of estate planning and leaving a legacy. For more information or to register visit www.friendsoffishcreek.org/estate-2

Uncharted: A Photographic Wildflower and Book Evening with Graeme Connell

Thursday, March 23. 7:00 – 8:00 pm at the Fish Creek Environmental Learning Centre
Presented by Graeme and Lois Connell

Calgary author Graeme Connell's novel "Uncharted," centres on Fish Creek Provincial Park and the Rocky Mountains. In this novel, the main character, Brewster, has lost his wife and his reason to live – then, with help from a profoundly deaf woman and a family facing difficult times, his life finds new meaning through wildflowers and a botanical project in Fish Creek. It is a truly uplifting story for anyone who has experienced deep loss and found solace in nature. To register visit www.friendsoffishcreek.org/event/uncharted

Wayne's Wonderful Winter Walk

Saturday, March 11 1:00 pm - 2:30 pm
Join dedicated volunteer, retired park planner, and founding member of the Friends of Fish Creek, Wayne Meikle for a wintery walk along the banks of Fish Creek. Wayne's Wonderful Winter Walk provides an amazing opportunity for families to visit the park in the winter and learn about the history of this area! To register or for more information visit www.friendsoffishcreek.org/programs/other-tours

Spring Birding Course Starts Monday, April 3

Whether you are a beginner, intermediate or expert, this course will help you to identify the newly arriving migrant birds, and allow you to become familiar with the valuable bird habitat near you. The course will take place outdoors in Fish Creek Provincial Park and other natural areas within Calgary. As a fundraiser for the Friends of Fish Creek, volunteer instructor and lifelong naturalist Gus Yaki and other knowledgeable and experienced instructors will once again conduct these courses.

Registration Required and fees apply. To Register and for course times visit: www.friendsoffishcreek.org/programs/birding-course

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HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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HOME RENOVATING: Haysboro resident available to help with your home renovating needs. I have experience in all areas of home repair including drywall, painting, flooring, decks, fences and yearly maintenance. For a free estimate call Ken at 403-708-8737.

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BRAIN GAMES SUDOKU

		5	6		7		9
			1	4		8	2
2						1	
					5		3
5		4		3	9		8
3		9					
	4						1
1	9			8	7		
8		3			4	2	

FIND SOLUTION ON PAGE 32

Haysboro Real Estate Update

Last 12 Months Haysboro
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
January 2017	\$472,400	\$466,000
December 2016	\$449,000	\$438,500
November 2016	\$362,000	\$367,000
October 2016	\$486,200	\$473,000
September 2016	\$559,900	\$550,000
August 2016	\$459,700	\$450,000
July 2016	\$519,900	\$508,950
June 2016	\$514,900	\$496,750
May 2016	\$539,900	\$532,500
April 2016	\$527,250	\$518,500
March 2016	\$477,500	\$440,500
February 2016	\$505,000	\$495,000

Last 12 Months Haysboro
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
January 2017	5	2
December 2016	2	1
November 2016	1	1
October 2016	6	8
September 2016	4	7
August 2016	8	8
July 2016	6	4
June 2016	10	6
May 2016	12	12
April 2016	4	8
March 2016	9	4
February 2016	5	3

To view more detailed information that comprise the above MLS averages please visit haysboro.great-news.ca

Happy St. Patrick's Day!

Spring is just around the corner and our Sparks, Brownies, Guides, Pathfinders & Rangers will be selling yummy sandwich Girl Guide cookies beginning the last week of March and first week of April. Look for us in your neighborhood or at a local retail location. They are only \$5.00 a box and support our many activities.

Blackfoot District held a super roller skating event at Lloyd's! Everyone enjoyed themselves with laps around the rink and dancing to the hokey-pokey!

The Spark units will be attending STEM (Science, Technology, Engineering & Math) Day, completing "Canada 150" challenge, have a visit from a GG music trainer and be visiting a vet.

The Brownie units went to Brownie Academy at Camp Jubilee, are having a movie night, visiting the library and learning about the weather and our feathered friends.



BRAIN GAMES SUDOKU

4	1	5	6	2	8	7	3	9
9	3	7	1	4	5	6	8	2
2	6	8	3	7	9	4	1	5
6	7	1	8	9	2	5	4	3
5	2	4	7	3	1	9	6	8
3	8	9	4	5	6	1	2	7
7	4	2	5	6	3	8	9	1
1	9	6	2	8	7	3	5	4
8	5	3	9	1	4	2	7	6

The Guide units will be busy with camping, snowshoeing, rock climbing and St. Patrick's Day celebrations and cookie selling in March.

The Pathfinder & Ranger units had a baking contest, are going bowling, cross country skiing, will be attending Calgary Area spring Pathfinder/Ranger camp and going to Alberta Girl's Parliament in Edmonton.

Guiding is a great place to build new friendships and experience new challenges. Why not give us a try.

If you have any questions regarding Guiding or registration please call Calgary Area Girl Guides at 403-283-8348 or email ggcinfo@calgarygirlguides.com.

Girl Greatness Starts Here!



**Councillor, Ward 11
Brian Pincott**
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Calgary, AB T2P 2M5
403-268-2430 • www.ward11calgary.ca

This year as we celebrate Canada's 150th Birthday, my wish is for us to celebrate our diverse community, our unique landscape, and the connections between them. And, a birthday party just happens to be a great excuse for us to get to know each other better. There are many exciting initiatives in our city helping us to strengthen our communities and the connectivity between them for the next 150 years.

Connectivity is a word I really like and use often. Connectivity is the quality, state, and capability we have of being connected to each other, within our communities, and across our city. For me, it captures what I strive to do, what The City of Calgary strives to do, and what our Community Associations strive to do.

Together, we are continually working to strengthen the connectivity between people and their environment, natural and built. We're continually working to improve the accessibility of those connections, whether that is a pathway to your local

park, marked pedestrian crossings, or providing the option of a sliding scale fee for low-income transit passes.

When we talk about connectivity, we're also talking about our values – individually and collectively. As a city we value our parks and our pathway systems, our festivals and events, our educational institutions, our attraction for business and tourism, our ability to be innovative, our desire to be diverse and inclusive.

This year began with a small act of inclusivity, with Council voting to rename the Langevin Bridge to the Reconciliation Bridge. The Calgary Aboriginal Urban Affairs Committee has further recommendations on how we can heal our community, and achieve great things together. This small act of reconciliation is an important first step along the path towards healing and understanding.

If you're wondering how to connect, a great place to start is your Community Association. Becoming a member to your Community Association supports events and local improvements in your area.

There are many ways we can support each other. Remember, a small act of kindness goes a long way!

If you have not, please subscribe to your Ward 11 Updates, and connect with your Ward 11 team.

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**MLA Calgary-Glenmore
Anam Kazim**

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Dear Constituents:

As we enter spring, the spring session of the 29th Legislature of Alberta opens March 02, 2017 with the Speech from the Throne at 3PM. It will be the beginning of setting new goals and direction to drive our province forward and serve the best interests of Albertans. I feel honoured and privileged to represent the exemplary constituents of Calgary-Glenmore who leave no stone unturned to demonstrate tremendous leadership and stewardship.

Coal Transition: Coal plants are a major source of air pollution, releasing pollutants like:

- cadmium
- lead
- mercury
- nitrogen oxides
- sulphur dioxide

- This has an effect on the health of Albertans. Poor air quality has been linked to a number of health conditions, including: asthma, chronic bronchitis, chronic obstructive pulmonary disease, heart disease, stroke and diabetes.
- In 2012, the Government of Canada quantified the benefits of transitioning from coal-fired generation to natural gas or carbon capture and storage. These benefits included health benefits, primarily from reduced smog exposure.
- Alberta's action on phasing out emissions from coal-fired generation by 2030 is expected to have similar benefits.
- A recently released a report – in collaboration with a group of health organizations representing health professionals and patient groups – estimate benefits based on federal methodology. For more information: <http://www.pembina.org/pub/out-with-coal>.

The Costs of Clean Coal:

- When applied to coal-fired generation, carbon capture and storage (CCS) technology has been demonstrated to reduce carbon dioxide emissions. However, CCS applied to coal plants is rare around the world because

low carbon alternatives to generate electricity are readily available and are more economic, like natural gas generation and renewable energy technologies.

- Because of the costs, a high subsidy to industry is typically required to retrofit coal units with CCS technologies.
- Alberta's *Climate Leadership Plan* called for zero pollution from coal-fired generating units by 2030. There are currently no CCS technologies that can achieve this goal.

Support for Communities:

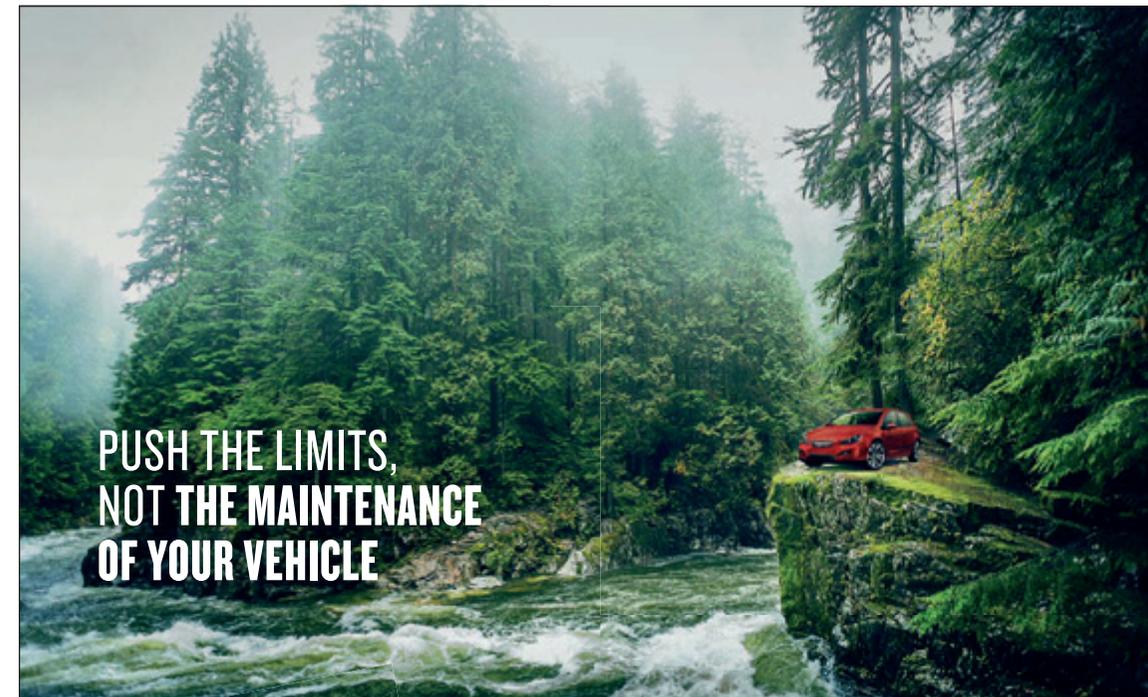
- An advisory Panel on Coal Communities (APCC) has been formed – to ensure workers and community members are consulted and heard, and to understand their challenges and ideas for the long-term economic sustainability of their communities.
- The province will work with industry, along with the Government of Canada and communities, to understand options for the future, including new natural gas generation facilities, coal to gas conversions, hydro-electricity, renewable energy opportunities, and other forms of economic development.

Coal Mines

- Alberta's coal phase out only addresses emissions from coal-fired power stations, and does not contain any policy stance on coal mining within the province.
- Any metallurgical coal mines that export their coal outside of Alberta for steel making and other purposes will be unaffected by the phase out of coal-fired emissions.

Please share your ideas by completing this online survey: <https://www.surveymonkey.com/r/albertacoalsurvey>

Open House: I will be happy to see you on March 17, 2017 at our open house from 4:30 pm to 6:30 pm at our Calgary-Glenmore constituency office. We have invited Kerry Oxford from IRON + EARTH: Oilsands Workers for Renewable Energy as our guest to speak informally on transferrable skills.



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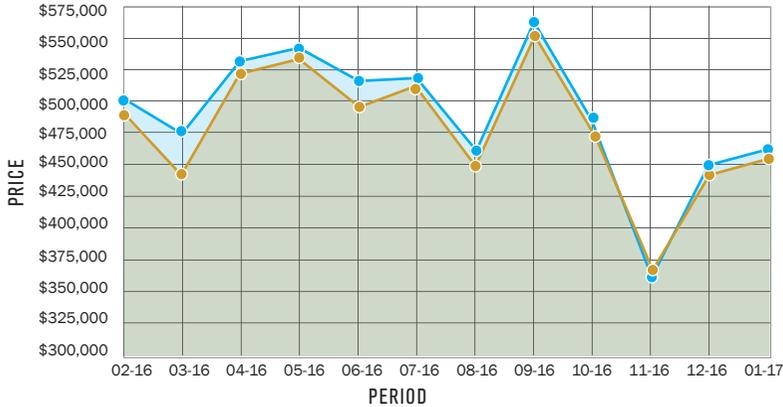
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