# OCTOBER 2017 DELIVERED MONTHLY TO 4,900 HOUSEHOLDS DELIVERED MONTHLY TO 4,900 HOUSEHOLDS HORN-

# THE OFFICIAL HAYSBORO COMMUNITY NEWSLETTER

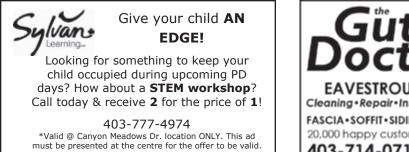


# SENIORS' SNOW PROGRAM SIGN UP TUESDAY, OCTOBER 3 1-4 PM AT THE HALL PEOPLE TO SHOVEL SNOW NEEDED,

AGES 13 AND UP SEE CONTACT INSIDE IF INTERESTED

www.haysboro.org

Great News Publishing | Call 403-263-3044 for advertising opportunities









Rarastan

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## HAYSBORO COMMUNITY ASSOCIATION

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#### **Editorial Submissions**

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All advertisements and editorial submissions must be submitted by the 1st of the month for the following month's publication.

#### Published by Great News Publishing

Serving Calgary communities for 28 years 87 newsletters reaching over 391,000 households in Calgary and surrounding areas.

#34-4550 112 Ave SE Calgary, AB T2C 2K2

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The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Haysboro Community Association and Great News Publishing.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Haysboro Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

# **IMPORTANT NUMBERS**

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
City of Calgary Social Service Info & Referral	311 211
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community methation calgary society	+03-209-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary Weather Information	511
Gamblers Anonymous	403-237-0654

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#### HAYSBORO SENIOR RESOURCES GROUP



The **Haysboro Senior Resources Group** meets on the fourth Thursday of the month (except July, August and December) 1:30 – 3:30 pm at the Haysboro Community Hall, 1204 – 89th Avenue S.W. Our season runs from September through June. Please note that our membership fees for the new season are being increased to \$10.00 per person (that's less than \$2.00 per program). Seniors of all ages (and those who are not quite seniors!) are welcome to join the group and you don't have to be from Haysboro. It's a great chance to get out and enjoy a variety of activities and to socialize with friends and neighbours.

Our new season began with learning about self defence. Our instructor, Glen Smith, helped us feel a sense of empowerment by being aware of our surroundings and learning how to react to certain situations. Thanks Glen for a wonderful program!

Our meeting on **October 27th** will include a presentation by **Diabetes Canada**. The number of people with diabetes in Canada is on the rise. Almost everyone knows someone who suffers from diabetes so why not come and learn about it, its causes, symptoms and how to take care of yourself if you have diabetes. It is sure to be a very informative afternoon and if you do have a family member or friend with diabetes, you're welcome to bring them along too!



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Ph: 403-253-1563 • Fax: 403-253-6524 • www.haysboro.org 1204 - 89 Ave SW, Calgary, AB T2V 0W4 Office Hours Monday to Friday 10:30am - 5:30pm

OUR MISSION STATEMENT: The Haysboro Community Association, as a volunteer organization, is dedicated to enhance the quality of life of the community through the engagement of residents in community planning and development, social and recreational programs, all the while fostering a safe and vibrant environment.

OUR VISION STATEMENT: Established, safe and vibrant community with residents engaged in responsible development, social and recreational programs, all the while fostering friendly neighborhood connections.

BOARD EXECUTIVES			
President	Kourtney Branagan	president@haysboro.org	403-816-2224
Vice-President	Vacant	vicepresident@haysboro.org	
Treasurer	Miriam Mitchell	treasurer@haysboro.org	403-259-5145
Secretary	Lauren Gilbert	boardsecretary@haysboro.org	403-289-7721
Past President	Maxine Morrison	pastpresident@haysboro.org	403-615-9443
Facility	Adrian Fahrni	facilities@haysboro.org	
Civic Affairs/Planning	Sonja Sahlen	civicaffairs@haysboro.org; planning@haysboro.org	
Membership	Jason Pallidin	membership@haysboro.org	
Fund Raising	Vacant	fundraising@haysboro.org	
Programs& Events	Vacant	events@haysboro.org	
Communications	Marisol Narvaez	communications@haysboro.org	
Volunteer	Lauren Denney	volunteer@haysboro.org	
Horn Editor	Jenna Tytgat	editor@haysboro.org	
Casino	Julie O'Brien	casino@haysboro.org	
Senior Resources	Dorothy Block	srgroup@haysboro.org	
Director-at-large	Nancy Sanborn	nancys@haysboro.org	
Director-at-large	Jon Hamel	jonh@haysboro.org	
Director-at-large	Steven Snell	steves@haysboro.org	
Director-at-large	Alan Surasky	alans@haysboro.org	
Director-at-large	Elspeth Crawford	elspethc@haysboro.org	

COMMUNITY CONTACTS			
HCA Administration and Hall Rentals	Fiona Swanson	info@haysboro.org	403-253-1563
50 Plus Club	Gary Tomasson	tomasson@shaw.ca	403-244-3109
Haysboro Preschool	Cinnamon Burrell	Preschool@Haysboro.org	Hall: 403-253-1563
MLA – Glenmore	Anam Kazim	Calgary.Glenmore@assembly.ab.ca	403-216-5421
Councillor -Ward 11	Brian Pincott	info@ward11calgary.ca	403-268-2430
Police Liaison- District 6	Constable H. Robinson	pol4196@calgarypolice.ca	403-428-6600
Southwest Communities Resource Centre			403-238-9222
Southland Youth Justice	Kathy Hutchings	calgaryyouthjustice.com	403-244-8201
Business Advertising	Great News Publishing	sales@great-news.ca	403-720-0762



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WWW.JEROMY.CA

#### HAYSBORO HALL HAPPENINGS



Garry thinks I look terrified in this picture - I think I look like I am going to throw up. It is funny how something so uncomfortable can be fun at the same time.

Garry and I found ourselves back at Disneyland this summer with some friends. The picture is me on 'California Screamin'-their giant roller coaster-my first upside down experience. I quite enjoyed it and would have gone on again, but there were other rides and what seems like not enough time to do everything.

We went with another couple and they had a list and they made sure that they got things done-the new EasyPass helped them achieve that. Garry and I did not manage to keep up with them, so we met up now and then throughout the day. I said to Garry that "they seem more about the destination, while us the journey." We had a general idea of what we wanted to accomplish, but if something else grabbed our attention, we did that.

Garry was disappointed when we went into the Star Wars display area and their objective was to get pictures with Darth Vader and Chewbacca; not even stopping to look at the vehicle Rey drove in The Force Awakens, or the BB8 Droid. Sometimes we are required to focus on the destination (I wouldn't want an ambulance driver to be thinking about going grocery shopping as he was driving me to the hospital) but other times the journey—what we experience and pass along the way needs our attention too.

Here's a few things to do at the Community Hall as you journey through the rest of this year: **October 21** – *Going in Style* Movie October 29th - Gremlins Movie November 1st - Pumpkin Walk November 18 - Remember Movie December 16th – Movie TBD **November 4th** - Maybe some sports – UFC November 26th - Grey Cup December 3rd - Winter Market.

Perhaps you would like to organize a community event? Whether you are destination or journey focused - Haysboro offers great opportunities to get together and have some fun - no fear, or throwing up necessary. 🙂



McDougall United Church, 8516 Athabasca Street S.E. (No religious content, non-denominational)

Artisans in guilting, knitting, crocheting, card making, as well as a "do-as-you-wish" table meet to learn and practice their art in a community setting. No experience is required. Come and learn from instructors, obtain advice, but mostly enjoy the company of women across the ages, make friends, and have a personal time out!

Our current session started Wednesday, September 6th and will finish November 29th. Registration is preferred, but drop in is available, babysitting supplied. Please contact Lori at McDougall United Church 403-252-1620.

#### HAYSBORO CHURCHES

Heritage Drive Chapel 935 Heritage Dr SW Church of Jesus Christ of Latter-Day Saints Hope for Life Christian Fellowship 403-255-6110 Interdenominational, St. Gerard's School, 96th Ave SW www.hflchurch.ca Non-denominational Lighthouse Church Interdenominational 403-640-2099 O-9827 Horton Road SE www.calgarylighthouse.com St. Andrew's Presbyterian Church 403-255-0001 703 Heritage Dr SW www.standrewscalgary.ca 403-473-3400 **Springs Church** 924 Heritage Drive SW St. Gerard's Church Catholic 403-253-2251 8944 Elbow Dr SW http://stgerards.ca **HAYSBORO SCHOOLS** 

Haysboro Elementary	403-777-8530
Woodman Junior High	403-777-7490
Henry Wise Wood Senior High	403-253-2261
Haysboro Community Preschool	403-253-6524
Calgary Early Learning Centre	403-255-4288
Bishop Grandin Senior High	403-252-7541
St. Gerard Elementary	403-500-2028
Akiva Academy (ECS - Gr. 6)	403-258-1312
St. Augustine Fine Arts School (K-9)	403-500-2022
Notre-Dame-de-la-Paix (S)(FR) K-6	403-271-5544
École de la Source (FR) K-9	403-255-6724
Ste-Marguerite-Bourgeoys (S)(FR) 7-12	403-240-2007
École de la Rose sauvage (FR) 10-12	403-230-3112
Trinity Christian School	403-254-6682
Eugene Coste School (S) K-3	403-777-8511





# **Snow Shovellers Needed!**

Ages 13 and up.

Call Mary at 403-370-9880 if interested.



## SCHOOL SHOUT-OUTS **Eugene Coste School** Dear Haysboro Families,

With summer winding down, students and families are getting back into the routines of school and fall activities. The staff at Eugene Coste School are thrilled to welcome more students; we now have just over 300 students from kindergarten to grade four.

This year, we are exploring, 'What is Our Story? Cual es nuestra historia?', exploring the connection between ourselves and ~continued on page 17~

# Haysboro Community Specialist Francesca Serafíní Direct: 403-703-8685





Call For Your "FREE" Home Evaluation, Today!

# Kerby Centre Potentially Moving Locations

The Kerby Centre, who provides resources and events for people 55 and over, is potentially moving into the YMCA off Heritage Drive.

The centre is currently still operating out of its existing building, the original Mount Royal College, but due to an increase in older adults seeking out resources, a new facility is becoming necessarily. The facility itself is also becoming difficult to maintain, and dated.

Luanne Whitmarsh, Kerby's CEO, said that the YMCA property isn't the centre's land yet and the move is still in talks with the city. She said that the centre has been looking into a new location since 2008, and that it would be very exciting if the deal works out.

"The particular piece of land meets our needs," she said, stressing how the old YMCA a newer building, with a close LRT station. "It comes along with a lot of pluses."

The Kerby Centre has a year to develop a plan before they go back to City Council to determine if the move will happen or not.

For more information, please visit kerbycentre.com.



# Playground Engagement Meeting

As you may know, the park at the south end of Haddon Road, beside the Roads Depot, is slated for demolition and a rebuild. The current playground equipment doesn't meet safety standards and needs to be removed. I have been hard at work gathering information on what can be done in this space and would now like the input of community members to finalize the plans and find out what you think we should do.

I am hoping to build an inclusive playground, so children of all ages, physical and mental abilities as well as adults can play together. We are also planning to build a bike pump track in this space. I'm super excited about both.

Please attend an engagement meeting to see some drawings and learn more about the vision for this space on Saturday October 21 from 10am - 12 pm at the Community Centre. Bring the children in your life as their opinions are especially important! I look forward to seeing you there!

If you can't attend and/or want more information or to assist with the planning or construction of this park, please contact me at melissa@malejko.com.

Melissa Malejko

# St. Peter's Anglican Church 47<sup>th</sup> Annual Fall Faip

St. Peter's Anglican Church will be hosting their 47<sup>th</sup> Fall Fair on Saturday, October 28<sup>th</sup> from 9:30 - 3:30 pm at 903 75<sup>th</sup> Avenue S.W. There will be handicrafts, baking, jams and preserves, cheese, children's toys and games, books, CDs and records. Hot lunch is available in the Lower Hall from 11:30 - 1:30 pm. Hope to see you there!

#### **PROGRAMS AT HAYSBORO COMMUNITY CENTRE**

New members are welcome to join our programs at any time if space is available. Programs may be cancelled due to insufficient registration. GST will be added to programs unless noted other wise. There is no refund after the program starts or if materials are already ordered. Fee will be pro-rated when applicable.

For Haysboro Program Registration please contact the Hall Monday to Friday10:30-5:30. Phone: 403-253-1563. E-mail: info@haysboro.org

#### **HCA RUN PROGRAMS**

Kmotion Dance Kmotion Kids - Tuesdays September 26 – November

21, 3:15-4 **KMotion HipHop -** Thursdays, September 28 – December 14, 4 - 4:45 **BassBurn -** Tuesdays September 26 – December 14 6:10 - 6:55

#### Drop –In Tot Time

Mondays 9 am-11 am – Haysboro Community Hall -Main Hall

We are pleased that Kerry Urban, one of our Preschool Teachers, is going to be coordinating Tot Time. Tot Time is a time for parents to get together and chat as their kids play and socialize.

Kerry has a passion for education and brings knowledge and enthusiasm to anything she works on. Tot Time participants can help her determine what the two hours should look like. There will be opportunities for some reading, rhyming, and special guests of interest to participants and their children. Hope you will come check out Tot Time.

#### Haysboro Preschool with Allison and Kerry

Haysboro Preschool is a parent-run program for three and four years olds. Guided by University trained, experiences teachers in an open environment, children choose from a variety of learning centres, circle time, stories and outdoor play with a maximum of 12 children per class. For further information or to view the classroom, please call 403-253-1563 or view online at www.haysboro.org.

#### Tai Chi

8 week session

Tues/Fri 9:15 am - 10:15 am

Tai Chi is a series of slow, flowing movements. The short form being offered is easily learned and performed by anyone regardless of age or physical condition. Tai Chi gently stretches and tones the whole body, relaxes and calms the mind. Call Betty at 403-259-4635. 2x/week - \$65 for members \$75 for non-members 1x/week - \$35 for members \$45 for non-members 10x punch card - \$70 for members \$80 for non-members

#### **Senior Resources Group**

Fourth Thursday of the month 1:30-3:30 – Entertainment, Talks, Trips for Seniors

#### NON-HCA RUN PROGRAMS – PLEASE REGISTER Rhyme and Reason

Interactive program for 0-2 year olds and their caregiver www.rhymeandreason.ca \$90.00 per family, \$60.00 for Haysboro members! Starting January

#### Prapti Yoga

Classes are offered Monday and Wednesday Evenings and Sunday Afternoons. Once a month workshops on Friday evenings. Mondays are registered classes, Wednesdays are drop in classes and Sunday afternoons are registered classes perfect for beginners or those with physical limitations.

All classes develop strength and flexibility and are taught with playfulness, humour and compassion. Call Kathy Dodd at 403-869-5323 or visit **www.praptiyoga. com** for more information and registrations.

South Calgary Ladies Bridge Fridays 12:00- 3:00

#### **50 Plus Bridge**

Wednesdays 12-3 Call Lois for more info 403-278-6978

#### The Casey Academy of Irish Dance Beginner Irish Dance classes

Taught by former "Riverdancers" Cara Casey and Mark O'Loughlin. Saturday mornings at Haysboro Community Centre 11:00-11:45 a.m. For ages 5-9 Call #403-520-0059 for more info. www.caseyacademy.com

#### Kanto Sho Karate Club

We teach traditional Karate to anyone ages 5 and up. Classes run year round; start anytime. Check our website

#### **PROGRAMS AT HAYSBORO COMMUNITY CENTRE**



for information. Monday/Wednesday/Friday Children ages 4-6: Mondays 5:30-6:15 Beginner: Monday - 6:15 – 7:15 p.m Advanced - 7:15-8:15 Beginner: Wednesday 6:00 – 7:00 p.m. Advanced: Wednesday 7:00 – 8:00 p.m. Women's Only; Fridays 6:00-7:00 p.m Advanced: Friday 5:00 – 6:00 p.m Glen Smith, 403-681-8833, kantosho@telus.net, www.renbukaikarate.com

#### **Integrated Wellness**

One hour stretch and conditioning class, incorporateinto existing regime or on its own, this class is foreveryone. Introductory workshops for new students.Rhonda Bleau, 403-681-3439, info@wellnesswithrhonda.com / www.wellnesswithrhonda.comThursdays11:00-12:00 PMThursdays6:15-7:15 PMSaturdays8:30-9:30 AM or 9:40-10:40 AM

#### Dawn Ross: Bit By Bit Bodyworks presents: Customized Movement And Yoga

Looking for a class focused on what YOU need to progress in an activity you love, a yoga pose, exercise or address a specific condition or pain issue? If you answered "yes" this customized and individually focused class is for you.

The class is limited to 7 people. Each person receives a personal practice specific to their needs and desires. Your practice will be adjusted to continue to meet you where you are and move you toward your desired goal throughout the course of the session.

At the end of session you'll have a practice you are comfortable and confident to do on your own and have progressed in reaching your goal or have reached your goal. This class is the perfect blend of yoga class meets one-on-one session.

#### Afternoon Yoga

Tuesdays Sept 26-Dec 5 2-3:15pm

#### **Customized Yoga**

Tuesdays Sept 26- Dec 5 6:30-7:45pm 8-9:15pm

#### Movement and Yoga For "Every-body"

These classes are a wonderful way to get into your body and gain awareness of your unique movement and breath patterns without needing to turn yourself into a pretzel to do it. If you have ever done yoga and at the end of the class thought "Thank goodness I survived that" join me for a completely different experience.

You'll enjoy non jarring, mindful movements, learn corrective exercises, breathe easy, learn simple meditation and mind quieting techniques and leave feeling better than when you arrived. Tuesdays April 4 - June 6, 2017 2:00- 3:15pm 10 weeks

To inquire or register email: dawn@bitbybitbodyworks.com

#### Cadenza Music

3- to 5-year-olds, Wed 3:30-4:05 or Thurs 11:20-12:05 6- to 9-year-olds, Wed 4:10-4:55

#### Let's Play 2 (Ages 6-9)

Wednesday 2:30-3:15 or Thursday 10:30-11:15am Ages 6-9 \$320- includes registration and materials In this 16 week session students will learn • How to read notes and play the keyboard

- Play together in a group
- Theory and rhythm training
- Ear training and music appreciation
- · Use technology as a tool for effectively music making

For registration or inquiries contact: 403-836-4866 or info@cadenzamusicstudio.ca www.cadenzamusicstudio.ca



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As your councillor I will:

- Hear you through honest, meaningful conversations.
- Live within our economic means without raising taxes or fees.
- Maintain our thriving neighbourhoods and ensure city services are there for all Ward 11 neighbours.

lindajohnson.ca 💿 f 🎔 @lindajohnsonyyc



nday	Casey Academy	10:00-2:00pm
	Prapti Yoga	2:30-3:30pm
onday	Drop-in TotTime	9:15-11:15am
	Karate	6:00-8:00pm
esday	Tai Chi	9:15-10:15
-	Dawn Ross Yoga	2:00-3:25 pm
	Kids Dance	2:00-3:30pm
	Movement And Yoga for	2:00-3:15
	Every-Body	
	Customized Movement & Yoga	6:15-7:30
	_	7:45-9:00
	Callanetics	7:00-8:30pm
ednesday	AllStar Enviro Safety	8:00-5:00pm
	Rhyme & Reason	9:30-10:30am
	50+ Bridge	12:30-3:00pm
	Fun With Music	2:30-3:15
	Let's Play	3:45-4:30
	Karate	6:00-8:00pm
	Yoga	
ursday	Prapti Yoga	9:30-10:30am
Thursday of the Month	Senior Resources	1:30-3:30pm
	Callanetics	7:00-8:30pm
day	Tai Chi	9:15-10:15
	South Calgary Ladies Bridge	12:00-3:00pm
	Karate	6:00-7:00pm
turday	Callanetics 2 Sessions	8:30-10:30am
	Casey Academy	11:30-12:15pm





40 years of experience. We provide training

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The Dojo is safe and fun for all ages.

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Haysboro Community Centre

Register Now for Fall Classes OPEN ALL SUMMER

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#### **RETURNING THIS FALL**

Children's 4-6 years old Mondays 5:30pm - 6:15pm

Women's Class with Self Defense specifics Fridays 7:00pm - 8:00pm

Space is Limited! Drop in and try a class free.

# **BUSINESS CLASSIFIEDS**

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Haysboro. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

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**RIGHTWAY PLUMBING AND HEATING:** Has been happily serving the Haysboro area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

**PLUMBING PARAMEDICS:** Your community plumbing experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and heating repairs. BBB accredited. Call today to experience our world class service! 403-452-2911. Ask about our senior's discount.

**ALL TYPES OF DRYWALL:** Boarding, taping, and texturing. Complete basement developments and renovations. Licensed and insured. References. Call Austin Construction 403-852-2785.

**WELL EXPERIENCED HOUSE CLEANER AVAILABLE:** Very thorough. Excellent references. I do weekly, biweekly or monthly cleanings. I also specialize in post construction clean ups, move in or move out cleanings as well. Please call Malou at 403-698-3958.

**FOR ALL YOUR DRYWALL RENOVATION NEEDS:** Boarding, taping, textured ceilings/refinishing. Over 25 years' experience. Licensed, insured, WCB, Better Business Bureau, references, warranties. Calgary Interior Systems Ltd. Journeyman trades with the integrity to do the job right. For your free estimate call: 403-248-6281. Cell: 403-708-1397. Email: ralph@calgaryinteriorsystems.ca. **HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**YARD BUSTERS LANDSCAPING:** Snow removal \$129.95. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769. yardbusterslandscaping.com.

**CS HANDYMAN SERVICES:** Serving Kingsland, Haysboro, Willow Park, Maple Ridge, Fairview, Acadia, and Southland, doing drywall repairs, fence repairs, painting, small plumbing repairs, and odd jobs around the house. Courteous and reliable. Licensed and insured. Low rates. Phone Cliff at 403-620-8170.

#### **DOUBLE DIAMOND PLUMBING AND HEATING LTD:**

A 24 hour residential service company with qualified journeyman plumbers. As qualified journeyman plumbers, we are here to address any issues for you. We are your local plumbing and heating experts - call us first and let our service shine! Call 403-875-0166 or Email: doublediamondplumbingltd@gmail.com. www. doublediamondplumbingltd.com.

**HOME RENOVATING:** Haysboro resident available to help with your home renovating needs. I have experience in all areas of home repair including drywall, painting, flooring, decks, fences and yearly maintenance. For a free estimate call Ken at 403-708-8737.

#### For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

**HEATHER'S DAYHOME:** We have an opening! I have 23 years' experience, child first aid and CPR certification. We like to play outside and go to the park daily. We paint, do playdoh, crafts, puzzles, colouring, story-time and more. I supply all snacks and lunches, as well as tax receipts. Many references available. Please call Heather with any inquiries: 403-258-0419.

**K AND K MAID SERVICES:** Residential and commercial cleaning, moving in and out cleaning. Available weekly, biweekly, monthly and one time. Excellent references. Insured and bonded. For a free on site consultation, please call Katy at 403-891-8447 or email kkcleaningcalgary@gmail.com.

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**SNOW REMOVAL:** RNM Cleaning Services clears freshly fallen snow daily, removes ice and uses environmentally friendly melt products. We are a local, reliable business providing punctual, safety conscious and reasonably priced snow removal services. Please call Rob for a free quote today! 403-831-1651.

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## EUGENE COSTE SCHOOL CONT'D

the stories we each bring to create a community as a school and greater society. We will explore our work in each subject area through the lens of the story for each discipline and further develop our oral language skills through our work with storyteller, Jeff Stockton.

We are always looking for volunteers to participate in our community. If you are interested in volunteering, please come by and start by initiating a Calgary Police Service check so you are able to volunteer in our school. We always have special events requiring extra sets of hands, as well as students who would love to have someone read with them on an ongoing basis.

Thank you for your ongoing interest in our school and spreading the word about our work to others. We greatly enjoyed how many community members attended our June carnival.

Sincerely,

Tanis Greenlaw, Principal, Eugene Coste School



Calgary-Heritage **Bob Benzen**, MP 1010 - 10201 Southport Rd SW T2W 4X9 **403-253-7990** ✓ bob.benzen@parl.qc.ca

#### Dear Constituents,

I wanted to write to you this month about something I have been reflecting on for some time: the concept of civility.

Over the past few months we have witnessed many tumultuous events in the world. Indeed, the drama south of the border has been more intense than anything I've witnessed in recent history.

These seemingly endless events have led to a wide assortment of reactions. I am a strong believer in free speech and expression, and I respect those who hold and express passionate opinions. However, something I have noticed is an increase in the vitriol and negativity that surrounds public conversations about the news of the day.

That vitriol and negativity increasingly takes the form of guestioning and condemning a person's value, intentions, and motives. It is one thing to believe that those who disagree with you on an issue are wrong; it is an entirely different thing to believe those people are bad or morally suspect. The pervasiveness of this attitude has a corrosive effect on our public conversations and disagreements.

We live in a multicultural, pluralistic society that contains a wide diversity of viewpoints and opinions. We should strive to be civil with each other, especially when in disagreement with one another, regardless of the issue. Disagreement is inevitable, and it is also a good thing. Disagreement helps us interrogate ideas and decide the best course of action. How we handle disagreement says a lot about the health of our society.

I for one, will strive to maintain and practice civility as your elected representative in Ottawa. When I argue or oppose the government on a given issue, I will always try to do so in a constructive way that adds, not subtracts, from the health of our public discourse.

As always, please do not hesitate to contact me with your thoughts or concerns. I can be reached at bob. benzen@parl.gc.ca or by phone at (403) 253-7990.



MLA Calgary-Glenmore Anam Kazim #A208. 1600 - 90th Avenue SW Calgary, AB Canada T2V 5A8 **4**03-216-5421 **4**03-216-5423  $\leq$  calgary.glenmore@assembly.ab.ca f Anam Kazim - MLA for Calgary Glenmore @anamkazimMLA

#### Dear Constituents:

I recently had the privilege to Chair the Seniors' Services Awards Committee on behalf of the Minister of Seniors and Housing. The purpose of the committee was to review nominee applications for extensive volunteer services towards support of seniors across Alberta. We look forward to this special award ceremony October 2, 2017 at the McDougall Centre to honor these contributions made by Albertans.

Age Amendments to the Alberta Human Rights Act: Our government will be adding "age" as a prohibited ground of discrimination, in sections 4 and 5 of the Act on January 6, 2018; as determined by the courts who granted a one year time period for government to address this issue.

We are reaching out to key stakeholders for feedback. We will consult with diverse stakeholders including: seniors' advocacy groups, seniors' housing and public housing groups, civil liberties and legal groups, condominiumrelated groups, rental accommodation groups, municipalities and related groups, large non-profit entities, community groups for people with disabilities, hospitality and accommodation industry groups to ensure minimal adverse effects by including "age" in sections 4 and 5.

We have already heard from Albertans who call condominiums home, purchased on the basis of by-laws in place at the time, as well as advocacy groups who want to ensure families and children may also call condominiums home. These considerations raise complex issues for the government, and Albertans, and cannot be properly addressed within a short time frame. Therefore, in the interim, our government intends to protect status guo on existing buildings with age restrictions in place.

MLA Open Office Hours - Friday, October 13, 2017 @ 1PM - 3PM

10-minute one-on-one conversations on a drop-in basis Please do not hesitate to reach out to my Calgary Glenmore team for further engagement.



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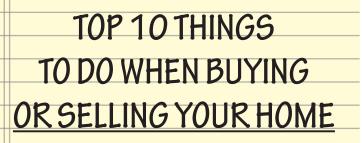


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