

OCTOBER 2016

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KILLARNEY GLENGARRY

THE OFFICIAL KILLARNEY & GLENGARRY COMMUNITY NEWSLETTER

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403-246-6668

Email: admin@killarneyglengarry.com
*Community Association (noun): An organiza-
tion of people and groups working for the com-
mon good of a neighbourhood.*

This is your community – all are welcome.

Come down, get a membership, enjoy
the wide range of facilities, join the board,
volunteer, and make new friends of your
neighbours.

If you have any questions or concerns, or
would like to find out more about how you
can participate in your community, call us
at the hall at 403-246-6668. If we are busy
flooding the rink or setting up for a com-
munity function, please leave us a mes-
sage and we'll get right back to you.



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KILLARNEY GLENGARRY COMMUNITY



VISION STATEMENT

Together, let's build and live
and thrive and love Killarney,
and make it the best place in the world

KGCA Facilities KGCA Hall Rental Perfect for any function!

Your Killarney-Glengarry Community Association Hall is available for
rental use at competitive rates, with preferred rates for KGCA members.

The KGCA Hall is a valuable resource for the citizens of Killarney-
Glengarry. When you hold your birthday parties, special events, team
parties, and group meetings there, you invest in your community.

Weekdays (Monday – Thursday)

Non-members \$35/hr (min 4 hrs)

Members \$30/hr (min 4 hrs)

Weekends (Friday – Sunday)

Non-members \$55/hr (min 4 hrs)

Members \$50/hr (min 4 hrs)

• A \$250 damage deposit is required to secure booking.

• \$75 janitorial fees charged on ALL bookings.

• GST will be added to all rental fees.

Renting the KGCA Hall is easy! Just call Lola at 403-474-3845 or email
killarneyhallrentals@gmail.com.



BOARD UPDATE

October is that funny time of year in Calgary when you
can wake up one day and have snow on your lawn and
then wake up another day and have to mow it. What-
ever this October brings you, we hope that you spend
some quality time with your friends, family, and neigh-
bours. After all, you've probably now settled back into
the school-year routine and are looking to relax after an
eventful summer!

If you don't want to relax too much, why not volunteer for
your community? We are currently looking for a volun-
teer to head a Choosewell program, focusing on youth in
the community. To learn more about Choosewell, check
out: www.arpaonline.ca/program/choosewell/

We also have some exciting news for our Community
Members. Community Members are now eligible to
benefit from KGCA Membership Perks! Among other
advantages of being a Member, Members now receive
discounts at businesses in and around Killarney! Read
about the program and participating vendors in this
newsletter and at www.killarneyglengarry.com/perks/
We love spending our money in our community!



Pumpkins aren't just an orange vegetable; they also
come in white, blue and green. Great for unique
Halloween carvings!

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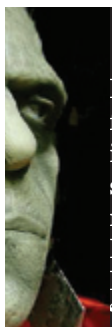
Why become a KGCA Member?

When you buy a membership, for only \$25 per family, you can take advantage of:

- Our new **KGCA Membership Perks** program giving you discounts and offers from local businesses
- Discounted rental of the hall and facilities
- The ability to register for the Timbits Soccer Program
- Advance notice of planning and development meetings
- The chance to connect with your community at great events

Become a member today! Visit killarneyglengarry.com or fill out the form in this newsletter.





TRIVIA

Frankenstein, the famous monster of the iconic story bearing the same title, is actually not named Frankenstein. His maker, Dr. Frankenstein, called him "creature" and "demon".

Introducing... KGCA Member Perks!

Want to help build a stronger and more vibrant community?

One of the easiest ways to support your community is to shop local and invest your hard-earned dollars in the business men and women who have set up shop in Killarney. We have close to 100 businesses in our community, and KGCA is excited to announce a new program to entice the community to frequent these fantastic establishments that serve Killarney.

KGCA Member Perks is your new passport to Killarney shopping, entertainment and services, and it's as easy as showing your KGCA membership card!

Wait! You don't have a KGCA membership?!

Thankfully, that's an easy fix. Simply mail in the Family Membership Application found in this newsletter with a cheque for \$25 made payable to Killarney Glengarry Community Association or sign up online at killarneyglengarry.com. KGCA now offers a new senior membership price of \$10. Also new to KGCA are business memberships at \$15 for those that own a business or work in Killarney but do not reside in the community.

With your KGCA Membership, not only will you have access to *KGCA Member Perks* but you will also be supporting your local community association; be "in the know" for all Killarney news, updates and events; have a voice on planning and development AND get discounts on renting out the Killarney-Glengarry community centre to celebrate your important life events.

You will soon find participating businesses along with their KGCA Member Perk at killarneyglengarry.com and look for the KGCA Member Perks decal showcased in the windows of participating businesses.

If you have questions or you are a Killarney (or surrounding area) business owner who would like to participate in the program, please reach out to membershipdirector@killarneyglengarry.com.

Don't delay...get your membership now and start partaking in the perks of living in Killarney!

Shawn Kearns, Director of Membership



DESIGNATED SCHOOLS FOR KILLARNEY/GLENGARRY

CBE	
A. E. Cross	7-9
Alexander Ferguson	K-6
Ernest Manning	10-12
Glendale	K-6
Richmond	K-6
Vincent Massey	7-9
CSSD	
St. Thomas Aquinas	K-5
St. Gregory	6-9
Bishop Carroll	10-12
St. Mary's	10-12
Holy Name (FR)	K-6
St. Michael (FR)	K-9



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...imagine.....

CALGARY: SMARTER GROWTH

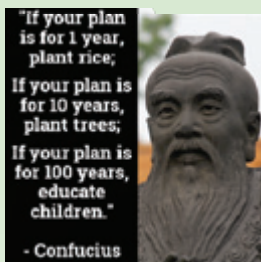
Albertans are making babies - 17,883 in the first quarter of 2016! Seems astonishing, but considering that Alberta's median age is 36.1, life happens!

Despite the downturn in Alberta's economy, Alberta's population continues to grow and is not declining. We are the fastest growing province in Canada this year - in addition to the babies, 12,050 new immigrants arrived and Alberta's death rate is only 1/3 of our birth rate. The 1788 people that left Alberta - most of them headed for BC - didn't affect the population rate much.

If we look globally what's happening to cities around the world, we are staggered that the UN Habitat reports that three million people are moving to cities every day. Currently 54% of people live in cities, and by 2040, 70% of us will have moved to cities. That means that all cities around the world have to be prepared to receive them.

Some smart, ambitious people migrate to cities; they want better or different lives. Many of us have moved from smaller towns like Swift Current to Calgary for education and jobs. Later we find that grandparents arrive to be near their grandchildren and the evolution continues.

So, how can cities be ready for this? The Smarter Growth Initiative is a concept that the City of Calgary has adopted to ensure that the city is not overwhelmed in future because of lack of preparation. This idea supports economic growth, strong communities and environmental health. We know from experience that if you don't do these things, chaos and civil unrest occur and cities are destroyed. Smarter Growth translates into enhanced quality



of daily life, curbs unnecessary suburban growth, preserves the natural environment, saves money, and is, therefore, sustainable over time.

It means that homes and streets are designed on a human scale, people can live close to where they work, walking and biking are encouraged and kids go to day-care and school close to home - communities, like Killarney, will be complete communities.

It's happening in Calgary; older neighbourhoods like Kensington and Inglewood have worked hard to maintain their character; newer communities like Garrison Woods and McKenzie Town boast an impressive mix of commercial, residential and recreational facilities.

The City of Calgary reports that "study after study shows intelligent urbanization leads to better health, stronger economies, more safety, less pollution, more local food sources (think Sunnyside's weekly market) and improved social and family ties". It's what you've told us, time after time, that's how you want Killarney to be.

Using this model, urban expansion slows as communities become denser. Another significant factor is that younger people want different housing options. Royal LePage has done research that tells us that 59% of Gen Yers want diversity in housing choices; 17% of a portion of down payments are contributed by family members; 70% of the Gen Yers want to work remotely some of the time; 76% place high value in walkable communities and 62% want a mix of living, shopping, dining and office space in their own communities.

Gen Yers are not shy about telling us about what they deem as important parts of their worlds. They are seeking more flexible mortgage rules, good internet connectivity, less reliance on automobiles, and a local village feel where they live.



Another significant portion of the population is seeking other amenities. There are more people over 65 than ever before, and by 2036, for the first time in our history, the number of adults over 65 will surpass the number of children aged 14 and under in Calgary. The percentage of seniors doubled between 1936 and 2006. It will take just 30 years to double again between 2006 and 2036 - a huge growth rate.

Seniors are healthier and more active in their communities than ever before. More than 60% of them volunteer regularly - a formidable work force that make huge contributions to Calgary. Seniors today are better educated, living longer, culturally diverse, tech savvy and wealthier overall. Most of them prefer to 'age in place'. A study by Concordia University professor Zachary Patterson showed that in 1991, 33% of seniors were relocating towards city centres. In 2006, that number was only 18%. What we know now is that seniors want to 'age in place' - living in their 'forever homes'.

This is an exciting time in Calgary and in Killarney - it's a dichotomy really, with the decline of oil prices we're seeing more layoffs, more entrepreneurial spirit and trying to plan for a burgeoning city at the same time. It brings challenges and opportunities - making the best of them will test our mettle and determine who we really are.

Sir Winston Churchill knew this 80 years ago when he observed that 'we shape our cities and our cities shape us'. True!

Joey Stewart works every day to make Killarney the place that makes us all better and stronger.

Photo credits: Calgary Economic Development Authority, Joey Stewart

Killarney/Glengarry
mybabysitterlist

Name	Age	Contact	Course
Andrea	24	403-465-0933	No
Camila	19	587-830-4177	No
Cordelia	13	403-287-2394	Yes
Gabrielle	12	403-242-6688	Yes
Makenzie	18	403-796-7733	Yes
Melissa	25	902-393-3619	Yes
Rebecca	28	587-227-4136	Yes
Samantha	16	403-249-0581	Yes
Sheena	19	403-383-5348	Yes

Calling All BABYSITTERS
Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

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womeninneed.net

Dogs of Killarney

This little rescue dog's name is Oscar, and he's been happily living in Killarney for the last year. He was rescued from California, but he's quickly adapted to his new Canadian citizenship! He loves walks and his fellow Killarney dog friends, Ginger, Sprocket, and (frenemy) Nibbs.

Do you have a "Dog of Killarney" that you want to share? Send a picture and a blurb to newsletter@killarneyglengarry.com!



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Dr. Linda Geng



Dr. Erika Schroeder



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Wed	8-4	Thur	10-6
Fri	7-3	Alt Sat	8-2

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STEP INTO FALL

Are you thinking of becoming more active?

The University of Calgary is recruiting volunteers for a 12-week physical activity study.

To participate you must be:

- 18 years of age or older
- Exercising less than 3 days per week
- Have internet access

You will be asked to wear a pedometer for 3 months, log your activity onto a website, and complete 3 questionnaires.

By completing the 3 questionnaires you will receive:

- A pedometer (\$25 value)
- \$10 gift card
- Prize draw entry for \$1000 gift card

To participate contact:
Research Coordinator
403.210.7044 or perryr@ucalgary.ca

Ethics ID: REB15-2944
This study has been approved by the University of Calgary
Conjoint Health Research Ethics Board.



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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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Autumn is here, and it's this time of year that we start settling in a bit, the rush of excitement from school starting is over, winter hasn't quite taken hold, and the air has the crispness seldom found through the rest of the year..

In October, Halloween may get most of the press, but for me Thanksgiving is the holiday that defines the season.

Thanksgiving is an opportune time to reflect on where we are as individuals and as a society, to look to where we have been, and imagine where we could be.

Remembering back to the Thanksgivings of my youth, I was fortunate. We always had mashed potatoes and gravy on the table come Thanksgiving time, but as I've grown, I've come to know that thanksgiving is about more than mashed potatoes, Brussels sprouts and turkey.

What makes Thanksgiving a day worth celebrating is people coming together regardless of differences and petty squabbles to reflect on the things we have in our life that make it special. To make thanksgiving, it takes people coming together and sharing.

When I take part in this exercise of thanksgiving, I think about the things I am grateful for. I think about my family and my friends of course, but I also think about those who are less fortunate, I am thankful I live and represent the people in as diverse, prosperous, and vibrant as Alberta.

I am thankful that I have been afforded so many privileges in my life, many of which I'm probably never going to fully be aware of, and I am thankful that I still have a direct connection to the past through my grandparents who have taught me so much about doing the right thing, and helping those in need.

At the end of the month, it is also expected that the Legislature will be sitting again. And while that means that I will be spending more time than usual in Edmonton, my work here in Calgary is never done, I will be out and about in our community, and working with those who are doing the real work to make Calgary Currie great.

Brian



Playgroup at the Hall for Kids!

Parents & Tots is a community-based drop-in program that is open to everyone! We are a playgroup that meets every Wednesday morning from 9am to noon. We have cars to drive, an arts and crafts table, and a bouncy castle! If you have a little one and are looking for an indoor activity in the cooler weather or need to connect with other parents in the neighbourhood, please come out and join us for some fun and conversation! There is a small \$2.00 fee per family to help with toy replacement and some craft materials.



FAMILY MEMBERSHIP APPLICATION

2828 28th St S.W. Calgary, Alberta T3E 2J3
403-246-6668 | admin@killarneyglengarry.com

Name: _____
Address: _____ Postal Code: _____
Home Phone: _____ Email: _____
Interests: (dance, soccer, etc.) _____

Thanks for supporting your local community association!

Cut out and mail with cheque for \$25 made payable to Killarney Glengarry Community Association or sign up online at www.killarneyglengarry.com

Why become a KGCA Member?

When you buy a membership, for only \$25 per family, you can take advantage of:

- Our new **KGCA Membership Perks** program giving you discounts and offers from local businesses
- Discounted rental of the hall and facilities
- The ability to register for the Timbits Soccer Program
- Advance notice of planning and development meetings
- The chance to connect with your community at great events

Become a member today! Visit killarneyglengarry.com or fill out the form in this newsletter.



**MP CALGARY CENTRE
HON. KENT HEHR**

950 6 Ave SW
kent.hehr@parl.gc.ca
403-244-1880
www.KentHehrMP.ca

One Year In

Time sure flies. It has been one year since I was elected to be Calgary Centre's representative in our nation's capital. I had the pleasure of running on an aggressive platform for the middle class and we are well on the way to implementing the changes that we were elected to do. Let me give you an update on some of the projects that we've been working on as a government.

In Budget 2016 our government brought into force the newer, fairer, and tax-free Canada Child Benefit which will put approximately \$930 million into the pockets of Albertan families, and give Calgarians more money to save, invest, and grow the economy. Nine out of ten families will see more money and on the whole this policy change will raise some 300,000 children out of poverty.

As for our commitments to seniors – we moved the chains of justice forward by restoring the eligibility age for Old Age Security (OAS) and Guaranteed Income Supplement (GIS) to 65; and introduced a Seniors Price index to keep OAS and GIS at pace with the rising costs faced by seniors each year. Further to this we increased the Guaranteed Income Supplement for single, low income seniors by 10%, improving the financial security of about 900,000 single seniors across Canada.

Budget 2016 invests \$2.3 billion over two years to give Canadians greater access to more affordable housing. Our Government has already started to engage provinces and territories, Indigenous and other communities, and key stakeholders to develop a National Housing Strategy. This marks a return for the Government of Canada back to the table to play a leadership role in supporting affordable housing.

With regards to my portfolio of Veterans Affairs – my ministry is reopening the nine Veterans Affairs offices closed by the previous Conservative government, along with opening an extra one to continue our commitment to doing more for our veterans. This is in addition to in-

COMMUNITY ANNOUNCEMENTS

**Deadline – 1st of each month for
the next month's publication**

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

THERE IS ALWAYS FUN TO BE HAD AT WESTBROOK MALL! Come join us every second Saturday of the month for some free, fun entertainment from 1pm - 2pm. Saturday, October 8 - Magic Show. Saturday, November 5-Magic and Puppet Show
HALLOWEEN ACTIVITIES AT WESTBROOK MALL:
Halloween pumpkin decorating. Please bring a non-perishable item for the food bank. While quantities last. 12 – 7 pm October 30 and noon – 5 pm October 31. **Trick or Treat around the mall.** 2pm-7pm, October 31. While quantities last.

creasing disability benefits, hiring hundreds more front line staff, and delivering on the care, compassion, and respect veterans and their families deserve.

Finally, the energy file this past year has been a focus of this new government with a combined effort by my cabinet colleagues. It is in this whole-of-government approach that we are reforming our regulatory framework, growing Canadians' trust in building energy projects, and working to getting our product to tidewater. By investing in indigenous communities, putting billions into the environment work we do at home and abroad, and improving the process, progress is being made.

As always, you can contact my office by email at kent.hehr@parl.gc.ca or by phone at 403.244.1880. My office is located at 950 6 Ave SW and my door is always open to you. You can follow my work in Parliament online at www.KentHehrMP.ca where you can watch clips of yours truly in question period and sign up for my e-newsletter.



COUNCILLOR, WARD 8 EVAN WOOLLEY

P.O. Box 2100, Station M
Calgary, AB, Canada T2P 2M5
Phone: 403-268-2430

Listening is My Job

As Councillor for Ward 8, my first job is to listen. All of the other work I do; be it reading a report, sitting in a committee meeting, advocating in the media or speaking out for my ward in Council, is totally dependent on hearing your voices. The ways in which I stay connected are about as diverse as Ward 8 itself: Emails, phone calls, letters, newsletters, Facebook, Twitter, Instagram, and community associations are just a few. Of course, nothing beats meeting someone in person, looking them in the eye, and hearing what they have to say.

It's important that I continue this dialogue with you throughout my term in office. I want to hear your thoughts about our Ward 8 neighbourhoods and our growing city. Here are a few subjects to start off our conversation:



The Royal Canadian Legion Millennium Branch #289

2828 - 28th Street S.W. Entrance at southside of the hall
The Legion continues to extend a warm welcome to all residents of the Killarney/Glengarry Community.

NEW Hours of Operation: Friday: 4:00pm - 9:00pm
Saturday: 1:00pm - 9:00pm; Sunday: 1:00pm - 7:00pm
If you are looking for a venue for a small birthday or anniversary celebration, the Legion may be your answer. For more details, please leave your number at (403) 685-8820 and someone will get back to you as soon as possible.

Green Cart Composting

Sustainable and thoughtful development is critical for our city's future. By this time next year, all single family homes in Calgary will be provided a Green Cart for composting. While composting might be new to some, the impact it can and will have on our landfills is really significant. Organic waste from Calgarians can be turned into compost can help our city in so many ways. It can go towards bettering our parks, helping small urban farming initiatives like The Alex's Community Food Centre or even offering options for renewable energy.

Affordable Housing

Not only must we accommodate the enormous pressures of growth that Calgary faces, but I believe that our greater community is only as good as it gives to those less fortunate. Therefore, affordable housing is a critical part of my work as Councillor. I'm proud that Council recently approved the Rosedale affordable housing project but that's a small step along a very long path. Some of the most important work we can do as citizens is increasing our capacity for empathy and understanding. Calgary currently has 56,000 people who are one paycheck or one rent increase away from housing instability. So, when you picture someone who is at risk of being homeless, the reality is that it could be someone much closer to you than you think.

Safety in the Inner City

Most of the communities in Ward 8 are within Calgary's inner city. So many of these neighbourhoods are growing and our services have kept up very well with the changes. Our infrastructure needs to adapt as well, and this is why I am pushing hard, for example, to upgrade the underpasses across the CP Rail tracks to make them safer, more convenient and more pedestrian-friendly. We've had some great successes as the 1st Street SW underpass is nearly complete and we've secured funding to start the renovation of the 4th Street SW underpass. We'll continue to work to make walking in the inner city safer and more enjoyable for all Calgarians.

I want to envision and build the future of our city together, and to do that I need to hear your voice. You can get in touch with my office by email (ward08@calgary.ca), Twitter (@EWoolleyWard8) Facebook ([Facebook.com/EWoolleyWard8](https://www.facebook.com/EWoolleyWard8)) phone (403-268-2430) or letter (Historic City Hall, PO Box 2100, Stn. M, #8001B, Calgary, T2P 2M5). And, if you catch me walking on the other side of the street, I hope you'll cross over and say hi. That's what I'm here for.

I love coming up with creative ways for my residents to have more fun!

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