SEPTEMBER 2016

DELIVERED MONTHLY TO 5,600 HOUSEHOLDS

KILLARNEYGLENGARRY

THE OFFICIAL KILLARNEY & GLENGARRY COMMUNITY NEWSLETTER

GET TO KNOW YOUR NEW KGCA PRESIDENT, GINA THORNTON HASTIE, IN THIS MONTH'S NEWSLETTER!



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Wed	8-4	Thur	10-6
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	7-3	An Sal	0-2

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Killarney/Glengarry Community Association

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Your KGCA

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403-246-6668 Email: admin@killarneyglengarry.com

Community Association (noun): An organization of people and groups working for the common good of a neighbourhood.

This is your community - all are welcome.

Come down, get a membership, enjoy the wide range of facilities, join the board, volunteer, and make new friends of your neighbours.

If you have any questions or concerns, or would like to find out more about how you can participate in your community, call us at the hall at 403-246-6668. If we are busy flooding the rink or setting up for a community function, please leave us a message and we'll get right back to you.



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KILLARNEY GLENGARRY COMMUNITY ISION STATEMENT



Together, let's build and live and thrive and love Killarney, and make it the best place in the world

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Non-members	\$35/hr (min 4 hrs)
Members	\$30/hr (min 4 hrs)
Weekends	(Friday – Sunday)
Non-members	\$55/hr (min 4 hrs)
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A \$250 damage deposit is required to secure booking.

\$75 ianitorial fees charged on ALL bookings.

GST will be added to all rental fees.

Renting the KGCA Hall is easy! Just call Lola at 403-474-3845 or email killarneyhallrentals@gmail.com.



Meet Our New Killarney President, **Gina Thornton Hastie**

Killarney gained a lot of notoriety in 2014 when people gathered to watch a beautiful little bungalow going for a walk through the neighbourhood. Gina was a part of that.

In 2004 Jason Hastie (who would become Gina's husband) bought Wilda Wiggins' house on 3rd Street and he literally fell in love with it. He gently pampered it with new plumbing and electrical updates, he renovated it and in doing so got to know all the neighbours, including Nora Arnold who lived next door. He did chores for people, carried heavy items in from the car and generally was the neighbourhood 'great guy'. They love him and he loves them.

This story starts when Jason brought home his beautiful bride from Australia to Killarnev in 2010. Gina was born on the west coast of Australia in Perth and describes it as a wonderful place to grow up and go to university. It is one of the fastest growing cities in Australia with a population of 2-million and an industrial base of mining and oil and gas, so Gina can relate to a city like Calgary with boom and bust cycles.

Gina graduated with a commerce degree and did a postgraduate studies as a chartered accountant. While doing her studies as a young adventurer she did an exchange program at the University of Saskatchewan in Saskatoon where she met a young Jason Hastie who hailed from the metropolis of Birsay, SK (population 68 people).

Years passed and eventually their lives reconnected and Gina agreed to marry and to live in the little bungalow in Killarney. And generally, life unfolds as it should and soon they were pregnant. It became clear that the little bungalow wasn't going to be big enough to house the family.

The discussions began. Neither Gina nor Jason could bear to think of the 1952 house being bulldozed and Jason came up with an idea. They could put it on Kijiji and give it away. Surely it could be a magnificent home for another family!

Kijiji exploded. There were 360,000 views online and they received over 2,000 emails looking for more information. Gina and Jason had decided that the house had to belong to a family who had lost their home in the 2013 Flood and who had faced great adversity.

The real miracle happened next. Holmes Building Movers Ltd (John and Sandra Holmes) from Stavely offered to move the home to High River for free! John and Sandra felt compelled to help when they heard the story.

Other people began to step forward to help David and Verna Roberts, who would own the little bungalow. Trail Appliances donated appliances; MacMillan Estate Planning offered estate planning services; Jason, an

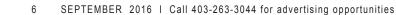
accountant by trade, and music as his passion, played a benefit concert with his band, Jason Hastie and the Alibi at Cowboys. They raised a pail of money for Dave and Verna and many other companies stepped forward to help. Can you imagine it?! How wonderful is that!

Nora Arnold, their next door neighbour, (see Nora's profile in this edition of the newsletter) had a party the day they were moving the house so the neighbours could gather and watch the little bungalow find a new home. The street was crawling with TV cameras from CTV, Global, CBC and The Weather Network rolling and to say the street was busy was an understatement.

Dave and Verna Roberts have poured their hearts and souls into making the little bungalow their "forever home" with sweat equity to make it their own. Dave said that the generosity of Gina and Jason was "absolutely

~continued next page~





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New Killarney President cont'd

unexpected and un-paralleled in their lives - it changed everything for us".

During all of this Gina and Jason met with the Killarney Glengarry Community Association's Development Committee about "the move". Gina was so impressed with how Keren Houlgate ran the meeting and how helpful the Community Association was to facilitate the undertaking, that she began to think about how important community is to raising children and making a great place to live. She met with the President at the time, Mike Cundall, and Mike asked her to serve on the Board. She was soon elected Vice President and this year she will serve as our new President.

Gina is a partner at Deloitte Canada and brings strong business and financial talents to the Board table. She is impressed with the work the Community Association has done with the creation of our Vision and Mission and is interested in implementing our Strategic Plan to ensure that Killarney is friendly, walkable, human scaled, and the best place to live in the world. She wants people who live in Killarney to consider it their "forever home".

Because Gina is a passionate runner - a marathoner, in fact, being physically active is a part of who she is, she is particularly interested in ensuring that walking and cycling are a part of everyone's opportunity in Killarney. She combines travel and running in places like Paris, Nashville, Kelowna and Las Vegas. She's serious about running!

The legacy that Gina is seeking to leave is that everyone knows their neighbours and they are engaged with what the community is doing; that the community is safe in every respect and she wants to build on Killarney's 110 year history.

Gina, Jason and Eva are happily settled in their "forever home" in Killarney.

Please welcome Gina Thornton Hastie as our new President of Killarney!

Story by Joey Stewart. Photos courtesy of the Hastie's.

DESIGNATED SCHOOLS FOR KILLARNEY/GLENGARRY

CBE	
A. E. Cross	7-9
Alexander Ferguson	K-6
Ernest Manning	10-12
Glendale	K-6
Richmond	K-6
Vincent Massey	7-9
CSSD	
CSSD St. Thomas Aquinas	K-5
	K-5 6-9
St. Thomas Aquinas	
St. Thomas Aquinas St. Gregory	6-9
St. Thomas Aquinas St. Gregory Bishop Carroll	6-9 10-12
St. Thomas Aquinas St. Gregory Bishop Carroll St. Mary's	6-9 10-12 10-12

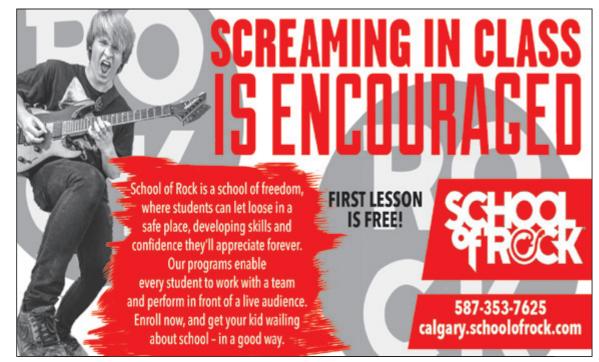




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Sept. 7



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403-249-0581

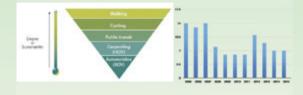
403-383-5348

403-383-5348

"FEET ON THE STREET"

...imagine.....

Over the past few years, the Calgary Herald has done yeoman work tracking and reporting on pedestrian collisions in Calgary. On average, 9.5 people die every year after being struck by a vehicle. The pain and suffering to families is incalculable - most of us cannot imagine losing a child or a family member after being struck by a vehicle. Sixteen of the 101 deaths over the past 11 years have been hit and runs! A driver would leave someone lying on the street, bleeding or dying? We can do better!



The financial costs are staggering - \$120, 000,000 every year, according to the Herald! When you think about the productive years lost, your heart breaks - those children would have been contributing Canadians and the emotional cost of a child losing a parent lasts forever.

When the imagineCALGARY Vision was written in 2006, there was an emphasis on making Calgary safer and more street friendly. The dream includes making Calgary streets beautiful and vibrant. We want people to LOVE being outside and on the street. Think Paris: coffee shops, flowers, markets, music, laughter, conversation and more.

All of the latest research shows that children do better in school when they walk to get there - they're awake, their blood is pumping and they're ready to learn. As more people walk wherever they're going, obesity rates fall, people feel better and as a result, they do better.

The magic number is 30! The Centre for Disease Control reports that 30 minutes of walking a day cuts your chances of suffering depression, dementia, diabetes, colon cancer, heart disease, anxiety, high blood pressure and other serious diseases (whew! that's a long list) by 40% or more. It's free, requires no equipment and can be done anytime. Can you think of a better reason for hitting the front door and going for a walk? You'll probably even meet a few neighbours along the way.

Pokémon GO has gotten millions of people off the couch and into the street - a worldwide phenomenon that is great for the heart and gets families out for a walk. We've witnessed countless people walking around the neighbourhood playing the game and think it's fantastic. As with many new phenomena, we need to be aware of the risks, however. If you are walking around the neighbourhood, make sure to be a safe and responsible pedestrian by watching where you go and crossing the street at intersections! Perhaps you'll wander over to the Poke Stop at the Killarney Hall and buy yourself a membership.

When Calgary's new Pedestrian Strategy called "Step Forward" is discussed by City Council this Fall, prepare to be surprised and delighted by some new ideas.



Calgary's Transportation Plan says, "Walking is the most sustainable form of transportation and is ranked at the top of Calgary's Transportation Sustainability Triangle. It releases zero emis-

sions, needs minimal infrastructure, is part of a healthy lifestyle and is available to almost all Calgarians". It doesn't get better than that! It is almost free (sidewalks cost money) and in fact, would be a cost saving to all of us individually and as taxpayers.

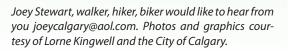
The literature also reports that if you want to build a stronger, more sustainable community, start by making your neighbourhood more walkable. In Killarney, we are working hard to do just that. We have heard from people living in the 'hood that they would like to make Killarney their "forever home", a great place to raise kids and a great place to retire in a community that is open, friendly and welcoming to everyone.



This month, the Community Association Board will be meeting for the Fourth Annual Strategic Planning Session to develop Action Plans that will move our Vision,

Mission and Goals forward in the neighbourhood. We'll keep you posted on what we're doing and we hope that you'll come along on the journey to make Killarney the best place to live in the world. Canada is ranked by the World Economic Forum as the second best place to live in the world, after Germany and people in Calgary describe Killarney as a highly desirable neighbourhood because of our great urban canopy of trees, our location and our vibe! There's room for everyone to participate and we'd like to tap into your talents and passions to make Killarney even better than it is. If you're interested contact any member of the Board - our contact information is on page 4 of the Newsletter and online at www.killarneyglengarry.com.

Shawn Kearns, a new Board member, said to me this summer, "Killarney is the first place that has felt like home since leaving the town I grew up in". Those words inspire us to do more!





Name Andrea

Camila

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24

19

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No

No

Yes

Yes

Yes

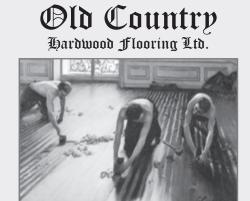
No

Yes

Yes

Yes

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



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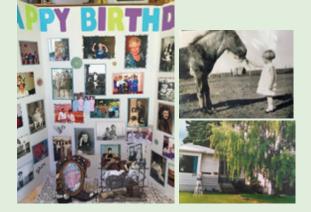
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Nora Arnold is the kind of neighbour every one of us would love. She's fun loving, loves to cook, fiercely loyal and is impeccable about everything she does from gardening to being a legal secretary.

Nora was born an Albertan in Vulcan 90 years ago on July 5. She was raised on a farm near Vulcan that her grandparents came from Ontario in 1905 to start, she still owns and loves that piece of land today.

She came to Calgary as an 18 year old in 1944 and started a career as a billing clerk and secretary that culminated in retiring from Union Oil in 1986 where she had worked as a legal and executive secretary. She spent 49 years as a member of the renowned Desk and Derrick Club where she passionately kept track of every conceivable statistic over all those years and still does.

She and first husband, Cec, chose their lot in Killarnev in 1952 because it was flat and would be best for gardening, there were only two at the time to choose from. All around them were only scattered houses and lots of horse pasture. She fondly remembers the horses at Barns Riding Academy where Viscount High School once was.

Five houses were being built simultaneously by Jager Homes on their block and this one was finished first - it is a beautiful house complete with sunroom - immaculate in every way. The original hardwood floors glisten and the 1970s red and white booth style kitchen table are legendary. She loves her home and it shows, particularly this beautiful birch tree that she nurtured for its entire life.

She tells me that she knows almost everyone who has ever lived on her block and has albums and records that indicated who lived in which house and for how long. She is an amazing photographer and archivist - every

The Very Best Kind of **Neighbour!**

photo is labelled and dated and albums organized by year without a scrap of dust that I could see.

The moving (literally) of Jason and Gina's house next door is carefully catalogued with photos and newspaper clippings.

This woman values friends in a way that is remarkable one neighbour who moved on to Texas even came back to visit with their old neighbourhood friends. Wilda Wiggins lived next door to her for 49 1/2 years. In all those years there was never a harsh word between them! How's that for a neighbour?

Nora said Killarney was the perfect place to raise her three children who ran free with friends to keep an eye on them. Her kids attended Killarney School which is now the Montessori School.

Nora remarried in 1973 to Wayne Arnold who had six children and they became a cherished part of her extended family.

Since Nora retired from Union Oil in the 1986 recession she has loved retirement - gardening, looking after family and friends - she's famous for her dill pickles (no garlic, please!), keeping track of everyone and continuing her track record of being a loyal friend to all. She hasn't given up making lists and crossing items off as completed which keeps her archivist skills honed.

Her 90th birthday party, held at Killarney Hall on July 5, was filled with people and Nora was continuing her quest to connect people with other people she knew they'd love.

Nora has three children; six grandchildren and nine great-grandchildren of whom she is very proud. She is a much loved woman who has given so much to her family and her community. Killarney is proud that she is one of us!

Happy birthday, Nora! And many more!

Story by Joey Stewart Photos courtesy of Nora Arnold

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MP CALGARY CENTRE HON. KENT HEHR

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Changes to Employment Insurance (EI)

Employment Insurance provides economic security for Canadians when they need it most. For Canadians who have lost their jobs, or who must take time away from work to care for a new baby, an ill or injured loved one, assist aging parents, or get skills training – they should have the support they need and have earned - to make ends meet.

Our Government is committed to helping the middle class and those working hard to join it. During the 2015 election my colleagues and I committed to reforming Employment Insurance and to addressing gaps in the program that were leaving many Canadians without needed assistance during difficult times. The Government of Canada has kept its promise by improving the El system across the country. Here's how:



We have extended regular benefits in 15 priority regions that have experienced the sharpest and most severe increases in unemployment due to downturn in commodities.

We are repealing the unfair rules enacted in 2012 which forced unemployed workers to commute further and take lower-paying jobs.

We're ending the 910-hour eligibility penalty for workers entering or re-entering the workforce, thereby stopping the discrimination that makes it harder for our most precarious workers – such as parents returning to the workforce, younger workers, people who have left the workforce due to illness, and new Canadians – from accessing the benefits that help them get back to work;

These changes were made so that the people of Calgary Centre, Alberta - and Canadians right across this country have access to help when they need it most. During challenging economic times, Employment Insurance must be available to help people in our communities get back on their feet. This program is an anchor of economic security for Canadian workers and we are working hard to ensure a system that is reliable, will help grow Canada's economy, and makes a real difference in the lives of people in Calgary and across the country.

As always, you can contact my office by email at kent. hehr@parl.gc.ca or by phone at 403-244-1880. My office is located at 950 6 Ave SW and my door is always open to you. You can follow my work in Parliament online at www.KentHehrMP.ca where you can watch clips of yours truly in question period and sign up for my enewsletter. We look forward to hearing from you and wish you a restful and fun filled summer!



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In 6 Minutes Or Less

I can barely count the times when I'm walking downtown or on 17th Ave and I hear the unmistakable sirens of The Calgary Fire Department (CFD). Those sirens which are so familiar to just about any inner city resident are a constant reminder of how hard our Fire Department work. However, the CFD doesn't just deal with fires; they have made incredible strides towards making Ward 8 communities safer. There are a few major incident types that they deal with, including general public service assistance calls, hazardous conditions caused by weather, rescues, medical assists, and of course fires.

The most prominent non-fire calls that the CFD receive are medical assists, which have been of increasing importance for the CFD as they help our local EMS with calls. Surprisingly, the incident rate has gone up 27% in Ward 8 since 2011. As a result, the CFD has been piloting dedicated Medical Response Units (MRUs) throughout the city, which have made responses to medical assist calls much more effective.

One thing you may not know about the CFD is that there are important policy decisions that provide them with goals. Calgary's Action Plan 2015-2018 establishes Service Levels and Response Times Targets (SLRTT) for different types of emergencies and incidents. There are two main categories for emergencies, Effective Response Force (ERF) emergencies, and non-ERF emergencies. The difference between the two is that ERF emergencies involve structural or building fires and require a minimum of 12 firefighters and other priority resources.

For non-ERF emergencies, the goal as per the SLRTT is 90% of first responders arriving in less than 7 minutes, which the CFD easily surpassed in Ward 8. In 2015, 90% of responses happened in 6:32 or less. That's a full 28 seconds before the benchmark, and is pretty impressive considering Ward 8's density and traffic. For ERF emergencies, the goal is for a full ERF to arrive in less than 11 minutes 90% of the time. Unsurprisingly, the CFD succeeded and had 90% of responses in 10:10 or less during 2015.

The CFD is an example of when policy and implementation align to create positive outcomes for Calgarians. It's obvious that this department shows incredible dedication and creates tangible results, something that they can and should be recognized for. So, the next time that you're downtown and hear the familiar blare of a siren, know that while it might annoy you for a few seconds, our heroic firefighters are using those seconds to make a difference in every Calgarians life.



Playgroup at the Hall for Kids!

Parents & Tots is a community-based drop-in program that is open to everyone! We are a playgroup that meets every Wednesday morning from 9am to noon. We have cars to drive, an arts and crafts table, and a bouncy castle! If you have a little one and are looking for an indoor activity in the cooler weather or need to connect with other parents in the neighbourhood, please come out and join us for some fun and conversation! There is a small \$2.00 fee per family to help with toy replacement and some craft materials.



COMMUNITY Announcements

Deadline – 1st of each month for the next month's publication Contact news@great-news.ca

 Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
Forty word limit

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Quinine, one of the most important drugs known to man, is obtained from the dried bark of an evergreen tree native to South America.



2828 -28th Street S.W. *Entrance at southside of the hall* The Legion continues to extend a warm welcome to all residents of the Killarney/Glengarry Community.

NEW Hours of Operation: Friday: 4:00pm - 9:00pm Saturday: 1:00pm - 9:00pm; Sunday: 1:00pm - 7:00pm If you are looking for a venue for a small birthday or anniversary celebration, the Legion may be your answer. For more details, please leave your number at (403) 685-8820 and someone will get back to you as soon as possible.





Are you thinking of becoming more active?

The University of Calgary is recruiting volunteers for a 12-week physical activity study.

To participate you must be: -18 years of age or older -Exercising less than 3 days per week -Have internet access

You will be asked to wear a pedometer for 3 months, log your activity onto a website, and complete 3 questionnaires.

By completing the 3 questionnaires you will receive: -A pedometer (\$25 value) -\$10 gift card -Prize draw entry for \$1000 gift card

To participate contact: Research Coordinator 403.210.7044 or perryr@ucalgary.ca

Ethics ID: REB15-2944 This study has been approved by the University of Calgary Conjoint Health Research Ethics Board.



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With summer just about over, that means it is time for the young people of Calgary Currie to be heading back to school, and that is what I want to use my newsletter inches to talk about.

Here in Calgary Currie, we are quite lucky, we have an abundance of schools, however just to the west of us, like many places around the city there is a shortage. Over the past 20 years, we have grown immensely as a province and a city, but over that time we failed to build the schools to match the growing need. But that is in the past. Today we look toward a better future where promises are kept, where schools get built, and children have a safe, inclusive space to grow and learn in the heart of our communities.

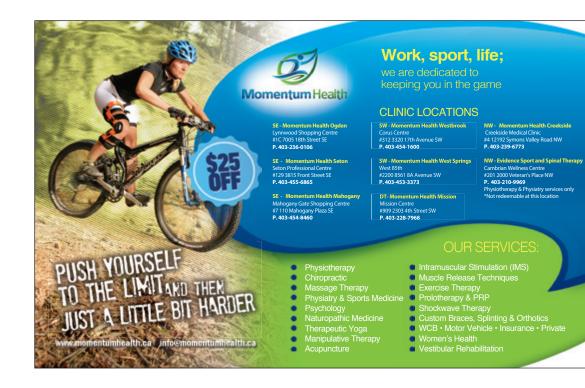
Part of having an abundance of schools where others have shortages means that we often play host to many young people in our schools who come from other parts of the city, and from around the province. Even many months later we still find ourselves playing host to families who find they still cannot return home to Fort McMurray in the wake of the devastating fires there. It is a great strength of Alberta's public education system that no matter where you go, in this province, no matter where you come from, no matter who you are, if you are a child in this province, you are entitled to one the of the best educations out there.

To those who have welcomed displaced people in their communities, thank you, you are the people who make our communities welcoming places to be.

Moving beyond things happening in our community, for the first time in almost 30 years, Alberta is going to be revamping its school curriculum. The last time this was done, most people didn't have a computer in their home, let alone carry one around in their pockets all the time. It will take some time for the changes to happen, but I for one am pleased that we are finally modernizing the way we teach our children.

Since getting elected I have spent a fair amount of time getting to know school trustees, principals, teachers and parent groups. Through these people and groups I am able to be connected with a whole assortment of unique and creative ways our schools contribute to the vibrant fabric of Calgary Currie.

If your school community does something unique, innovative, or interesting, I would love to hear about it. There is nothing I like more than learning more about the communities I serve.



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