ELAKEVIEW

BRINGING LAKEVIEW & LAKEVIEW VILLAGE RESIDENTS TOGETHER









Lakeview Family Doctors

Accepting Walk-ins and New Patients

Dr Nadia Azam Dr. Andrew Wong Dr Muhammad Raza Dr. Sameena Bajwa

Tel: 403-455-2550 10 - 6449 Crowchild Tr SW Monday-Friday 9am - 7pm Sat 10am - 4pm





Lakeview

Elected Officials

Community Association

MLA Anam Kazim Calgary-Glenmore #A208, 1600 - 90th Avenue SW Calgary, AB Canada T2V 5A8 Phone: (403) 216-5421 Fax: (403) 216-5423 Email: calgary.glenmore@assembly.

Councillor Brian Pincott

P.O. Box 2100, Station M

Phone: 403-268-2430

Fax: 403-268-8091 Email: ward11@calgary.ca

Calgary, AB, CanadaT2P 2M5

Web: www.calgary.ca/ward11

Ward 11 Office

NEWSLETTER AD SALES

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Come sail with the **Disabled Sailing Association** of Alberta



Join us on July 9th for DSAA's Stampede Breakfast from IO:00 am-2:00pm. Come down for a western pancake breakfast, a silent auction, face painting, some sailing and

The whole family is welcome!

live entertainment.



South Glenmore Park & Glenmore Reservoir

info@dsaalberta.org I (403) 238-0689

IN & AROUND **CALGARY**

EMS: Backyard Play Safety

With summer approaching, Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children. Although direct supervision is the best method to reduce the chance of injury, ensure your play equipment in your yard is in good repair and is suitable for the age and skill of the children using it. Check play equipment often; replace or repair any worn or broken parts. Set up play equipment over top a nine inch layer of shock-absorbing material such as sand, wood chips, or pea gravel which extends six feet out in all directions from the play area.

Water hazards

- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water if it covers their mouth and nose:
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres (*) high and have a self-latching, self-closing, lockable gate. (*Alberta **Building Code**)

Lawn and garden tools

- Keep young children away from outdoor power equipment;
- Serious burns may result from touching hot engine surfaces:
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
- · Consider destroying or relocating hives and nests situated near your home;
- To avoid injury through inadvertently stepping on a stinging insect always wear footwear outdoors;
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.

COMMUNITY BUSINESSSTORT OF THE MONTH

Glamorgan Medical Clinic

#14 3919 Richmond Rd SW 587-350-8314

■ lamorgan Medical Clinic is a family wmedical practice clinic. It's a brand-new, fully computerized clinic. It is located at #14 3919 Glamorgan Shopping Centre, Richmond Road SW, close to the Glamorgan Bakery. There is ample free parking in front of our office.

We have professional and friendly staff to provide customer service and answers to your questions. Your health is our priority. There is also Remedy's Rx pharmacy shop inside the clinic for your convenience. They are pleased to offer medication review as well as free city wide delivery.

The clinic is accepting new patients. Walk-ins are always welcome all the time.

The clinic was established in June 2014. Its mission is to provide medical services to all Calgary community and its entire surrounding. Our primary goal is service to you and your loved ones.

The clinic has a team of well trained and experience family physicians, nurse practitioner and psychologist from the Calgary central primary care network to provide total health care solution. They are client centered and caring health professionals.

We know you want the best health care not just for yourself but for your whole family, our team of medical expertise will get to know everyone in your family and understand their unique health issues. We are here to help you stay healthy.

Female family doctor is also available. She is great, friendly and she is accepting new patients. All our doctors are proud member of Calgary West Central Primary Care Network and Alberta Medical Association.

Our doctors see newborn children, adults and women. We provide antenatal care, general medical services, family practice, medical exams, annual physical, Pap test and in-office procedure. We also have doctors who have special interest in chronic diseases and mental health. We don't rush nor push out our patients, our doctor's love spending quality time with the patients.

If you are seeking a comprehensive health care solution for you and your family, call to book your appointment at 587-350-8314 or visit our website at www.glamorganmedical.ca or email us at info@glamorganmedical. ca to learn more about what we offer. We want to be your Family physician and we are looking forward to meeting you and your entire family.

Glamorgan Medical Clinic

Family practice and walk-in Accepting new patients Female doctor is available



ACCEPTING NEW PATIENTS

Family practice & walk-in Female Dr. is Available

#14 3919 Richmond Rd SW 587-350-8314

Clinic Hours Mon - Fri 8:30 am - 7 pm Saturday 10 am - 5 pm

JULY 8 TO 17 CALGARY STAMPEDE

Each year, more than one million visitors from across North America and around the world come to Calgary to experience the heart-stopping action of the world's richest Rodeo, featuring bull riding, barrel racing, and more. www.calgarystampede.com



JULY 21 TO 23 MILKY WAY NIGHTS

The Rothney Astrophysical Observatory is open to the public for night sky viewings for three nights this month. During this time of the summer, conditions are ideal for viewing distant galaxies, nebula and other planets, www.ucalgarv.ca



JULY 30 SLIDE THE CITY

That bright green, 1,000-foot-long slip-and-slide will return to 10th Street N.W. at the end of July. Choose to slide down once or multiple times. www. slidethecity.com



YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- July 1 to September 4 Legends of Rock N Roll: Buddy Holly, Tom Jones, Neil Diamond and Elvis Presley perform classics like Delilah, Blue Suede Shoes and many more. www.stagewestcalgary.com
- July 17 Park Day and Creekfest: This annual event is a celebration of Alberta's natural areas. The whole family is invited to come to the park to learn how to protect our watersheds and respect the provincial park. www. friendsoffishcreek.org
- July 19 to 24 Newsies: This high-energy musical is based on the true events of the 1899 Newsboys Strike. The show centres around a group of struggling "newsies." www.calgary.broadway.com
- July 21 to 24 Calgary Folk Music Festival: This year is the 37th annual Calgary Folk Music Festival. Expect more than 70 different artists from around the world to perform on the various stages at Prince's Island Park. www.calgaryfolkfest.com
- July 22 to 24 Fiestaval Latin Festival: This free, familyfriendly festival is a multicultural celebration of Latin American culture. www.fiestaval.ca
- July 23 and 24 Pet-A-Palooza: A pawty for fido is just what your summer was missing. Join us to meet over 80 exhibitors, local rescues, listen to live music, check out Running of the Bulls - French and English Bulldog Races! www.petapaloozawest.com
- July 25 to 31 Calgary International Blues Festival: This year marks the 12th annual Calgary Bluesfest. It's a full week of celebrating the best of blues music, with workshops, concerts and special events. www. calgarybluesfest.com
- July 30 Making a Murderer's Dean Strang and Jerry **Buting:** The two defense lawyers are stopping in Calgary as part of their A Conversation on Justice tour. The two will do a Q&A session, discuss the Steven Avery case and talk about what it means in broader terms, too.
- July 30 Inglewood Sunfest: This neighbourhood street festival includes activities that appeal to Calgarians of all ages. Expect live music, plenty of street performers, a Show and Shine and activities for the kids. www. inglewoodsunfest.ca



The scoop on dog poop

With 150 public off-leash areas and over 100,000 dogs in our city, it's clear Calgarians love their canine companions. What isn't to love is the stinky situation left behind when owners don't pick up after their pets.

Cleaning up your dog's waste helps keep our yards, parks and off-leash areas safe and healthy, and is part of being a responsible pet owner.

Here are five facts you may not know about doggy doo-

- 1. It's classified as a hazardous pollutant. It's in the same category as toxic chemicals!
- 2. It's crawling with E. coli and often contains roundworm larvae which, if ingested by humans or dogs, can lead to brain, eye and other organ damage.
- 3. It's not a good fertilizer. Its high nutrient content is toxic to lawns and will create "hot spots" causing the grass to burn and discolour.
- 4. It doesn't absorb into the soil, so the risk of spreading its harmful effects can linger for years!
- 5. It attracts mice, coyotes and other wildlife that consider it a delicious snack.

Keeping our city pet-waste free is easy, if we all do our part. Always carry pet waste bags with you when you walk your dog, and pick up and properly dispose of your pet's waste as soon as possible.

To learn more about the importance of picking up after your pet, join us at a P.U.P.P.Y. (Pick Up Pooch's Poo Yourself) event near you. Visit calgary.ca/puppy for details.

Lakeview my bobysitter list

| | 1 1 1 | | |
|--------|-------|--------------|--------|
| Name | Age | Contact | Course |
| Clara | 13 | 403-283-4412 | Yes |
| Olivia | 14 | 403-209-3957 | Yes |
| Alix | 15 | 587-998-2201 | Yes |
| Shelby | 16 | 403-860-7994 | Yes |
| Emma | 18 | 587-439-7989 | Yes |
| Erika | 18 | 403-685-4645 | Yes |
| Alison | 24 | 587-999-1278 | Yes |
| Alison | 24 | 587-999-1278 | Yes |

Calling All BABYSITTERS | Calling All PARENTS Enroll free at mybabysitter.ca and choose the Calgary communities

you would like to babysit in.

find available babysitters in and around your community

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.





Written by Katie Fisher Photo by Andrea S. H. Hunt

Small Acrobatic Gliders

Gliding to the left and right, the American Kestrel, keeps a sharp eye on the earth below for flickering blades of grass or the rustling of bushes. A member of the raptor family, the American Kestrel is easy to identify because it is the smallest of the North American falcons and the most colourful. Male and female Kestrels are dressed in a rusty red but only the males are garnished with a brilliant slate blue on their head and wings. They are easily spotted in open grassland areas, such as meadows and farmer's fields. They also can be seen in city areas and suburbs. Unlike songbirds, they will not be seen foraging for items for their nests, instead, they rely on abandoned Woodpecker holes, tree hollows and other empty cavities that are found in the environment. Kestrels may even take up residence in your backyard.

Your backyard could become a suitable home for the Kestrel, provided that you don't just set up any old birdhouse. A nesting box, nailed to a tree, high above the yard and away from sources of noise, could provide a suitable home for a feathered family. They may repay you by keeping pesky rodents out of your yard.

Like many raptors, the American Kestrel hunts for insects such as grasshoppers, beetles and spiders. They also enjoy munching on small vertebrate prey such as mice, voles, shrews, songbirds and occasionally, frogs, snakes and small lizards. Some brave Kestrels have been spotted preying on larger creatures, such as red squirrels. One characteristic that gives the American Kestrel the upper hand on small prey is their ability to see ultraviolet light. This feature gives them the power to see urine trails created by small rodents and other creatures, leading them to their next meal.

When the Kestrel finds itself with a surplus of food they store their food for later use. Like a storage box, they will hide their food in grass clumps, tree roots and other cavities along the ground. These food items will come in handy when food is difficult to find.

Hunting all day and sleeping all night isn't as easy as it may sound. The American Kestrel must always on the lookout for predators. As the smallest falcon, they become easy prey to other raptors, such as Barn Owls, Goshawks and Red-tailed Hawks. Large reptiles such as rat snakes and corn snakes will also take Kestrels as prey.

When you are out on your next walk, keep an eye to the sky, you may just see the Kestrel gliding through the air or perched on a light post or telephone post. If you come across an injured American Kestrel, or any other wildlife in distress, please contact Calgary Wildlife Rehabilitation Society wildlife hotline at 403-239-2488.

BRAIN SUDOKU 5 9 3 6 4 9 6 5 2 9 8 6 9 5 5 7 9 8 3

FIND SOLUTION ON PAGE 17

N & AROUND



Thinking about a yard improvement project?

Garages, decks, fences and even driveway widening are just some of

the projects that often require a permit.

"Before you pay for materials, hire a contractor, or do it yourself, we encourage you to visit calgary.ca/home improvement or get in touch with us here at The City," says Jamie Fandrich,

Planning Services Technician at The City of Calgary, Fandrich is part of the team that helps Calgarians understand Alberta's safety codes and City bylaws on the phone and in person at the Municipal Building. The latest resource Fandrich's team uses to educate Calgarians on development and building regulations is the webpage calgary. ca/homeimprovement, which allows anyone interested in doing a renovation to browse popular home renovation topics for bylaw and permit information, property and land designation, drawings and forms they will need to complete their home renovation.

"It can sometimes be difficult to understand when you need a permit and what City bylaws might impact your project - we're here to help guide you through the process," Fandrich says.

Planning, development, licence or permit question?

Visit Calgary.ca/homeimprovement or call and visit Planning Services.

Plannina Services

Monday through Friday (closed holidays)

8 a.m. - 4:15 p.m.

Call centre: 403-268-5311

Permit counter: 3rd Floor Municipal building, 800

Macleod Tr SE



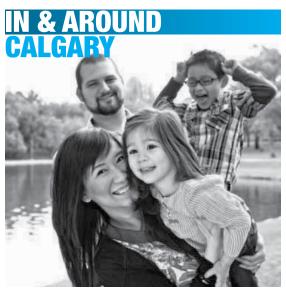
Last 12 Months Lakeview MLS Real Estate Sale Price Update

| | Average Asking Price | Average Sold Price |
|----------------|-------------------------|-----------------------|
| May 2016 | \$649,900.00 | \$631,355.00 |
| April 2016 | \$595,000.00 | \$570,000.00 |
| March 2016 | \$515,000.00 | \$492,500.00 |
| February 2016 | \$524,000.00 | \$509,500.00 |
| January 2016 | \$1,150,000.00 | \$922,500.00 |
| December 2015 | \$639,900.00 | \$619,000.00 |
| November 2015 | \$649,900.00 | \$640,000.00 |
| October 2015 | \$579,000.00 | \$560,000.00 |
| September 2015 | \$794,000.00 | \$760,308.50 |
| August 2015 | \$624,900.00 | \$618,000.00 |
| July 2015 | \$614,450.00 | \$598,750.00 |
| June 2015 | \$699,900.00 | \$690,500.00 |

Last 12 Months Lakeview MLS Real Estate Number of Listings Update

| No. New Properties | No. Properties Sold |
|-----------------------|---|
| 11 | 9 |
| 12 | 3 |
| 8 | 5 |
| 5 | 3 |
| 7 | 3 |
| 4 | 5 |
| 4 | 5 |
| 9 | 5 |
| 10 | 6 |
| 8 | 7 |
| 10 | 6 |
| 12 | 7 |
| | Properties 11 12 8 5 7 4 4 9 10 8 10 |

To view the specific SOLD Listings that comprise the above MLS averages please visit lakeview.great-news.ca



Enjoy some family time at Canada's largest man-made wetland

Bring the family to Ralph Klein Park on Sunday, June 19 from 1 to 3 p.m. for free activities and entertainment at The City of Calgary's Parks Fest! Enjoy an afternoon of face painting, pond dipping, guided walks, nature crafts and more. Learn about Canada's largest manmade wetland, visit the park's Environmental Education Centre and explore the wonders of nature all around.

Don't forget your sunscreen and water bottle, and please leave your furry friends at home. Pets are not permitted on site, excluding assistance dogs.

For more information, visit calgary.ca/parksevents.





Calgary Community Standards River Safety Tips

Your safety and the safety of others should always be top of mind. Rafters, boaters and paddlers need to be aware of water levels, temperature, current speed, cloudy water conditions, and river hazards including bridge abutments, trees and other large debris in the water that can catch, trap or overturn vessels.

Being impaired while on the water is never tolerated, nor is the transport or consumption of alcohol.

Always be prepared

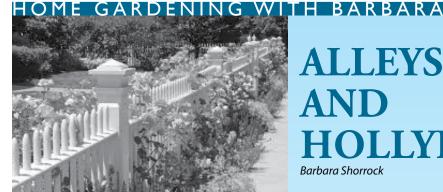
Your safety is your responsibility. All river passengers must wear a life jacket or personal floatation device (PFDs) on the water. Make sure it fits well and is fastened properly. All river vessels must also have a sounding device such as a whistle, and a buoyant heaving line (throw-bag) no less than 15 metres long.

Always tell someone where you are going and when you expect to return. Arrange drop off and pick up points before you enter on the river. Leave emergency contact phone numbers with someone who can report that you are overdue.

Be aware of river conditions

Although our City rivers may appear calm in some areas, this isn't always the case. The City has tools and resources available to help Calgarians check river conditions before you begin your trip. If river flows are high, especially after a major rainfall, postpone your trip until the flows have returned to safer levels. Keep in mind that flows can change quickly.

Visit calgary.ca/floodinfo for the latest information including flood advisories. You can also subscribe to our weekly newsletter and download the Alberta Rivers: Data and Advisories mobile app.



ALLEYS HOLLYHOCKS

Barbara Shorrock

Watch out for a woman on a mission, particularly if she is a gardening-type woman. You might just get caught up in her quest, and who knows where that could lead.

Take back alleys, for instance. Most older houses in Calgary have a back alley (or lane, if you wish) and most of them are pretty dismal. Not a thing of beauty. Scruffy. Untidy. Unloved. Ignored. Most are surfaced with gravel, with the exception of those blocks that have been upgraded to asphalt. Nicer and cleaner, but expensive. Many of us who have a dog to walk (or a "granddog" in my case) spend more time in the alley than on the street some days, so we see what goes on behind our neighbours' fences. Would you agree with me that there could be some improvement here?

How much trouble would it be to plant a little something out there for our fellow gardeners and dog walkers, not to mention ourselves? Me, I adore Sweet Peas – the scent is so edible I can stuff my head into a bunch and just inhale the intoxicating fragrance. Usually, I prefer to leave summer flowers outdoors; they look better where Mother Nature placed them. Sweet Peas, however, must be cut because if you leave just one to go to seed (looks like a little pea pod) that's it, game over, no more blooms. Keep cutting them (they make the kitchen smell heavenly) and the plants will bloom and bloom right until snowfall. So toss a bunch of sweet pea seeds along the fence and make your neighbours smile.

My next favourite is the old-fashioned Hollyhock for its statuesque beauty. Tall and tough, with dramatic papery flowers arranged all the way up the towering

spires, they also bloom for weeks through summer and fall. You might have to tie these to the fence, as our summer storms can send them off in odd directions. Hollyhocks are biennials (bloom in their second year, then die), so must be planted for two consecutive years to assure continued bloom. They will reseed themselves from then on with little fuss. Furthermore, they attract bees like crazy.

The main focus of the Blockwatch program is to watch out for one another and prevent crime. The easiest way to talk to newcomers in the neighbourhood is about their garden, whether it be the one facing the street, the private one glimpsed through the fence, or the Sweet Peas and Hollyhocks in the back lane. Summer is short. Stop and smell the flowers.

How do you know you are a Master Gardener?

- There is a decorative compost container on your kitchen counter.
- · You would rather shop at a garden centre than a clothing store.
- You prefer gardening to watching television.
- · You plan vacation trips to aboretums and botanical
- Dirt under fingernails and calloused palms are matters of pride.

Barbara Shorrock is a retired realtor, writer, book lover, ESL coach, traveler and gardener. She can often be found at the Queensland Garden Club, which meets the first Wednesday each month at 7:00 pm at the Queensland Community Centre. Everyone is welcome, and we don't care where you live.

Become a Depot and Help Others in Need Right in your Own Community

I am sitting in my office looking at a map of Calgary. A city of a million people is an expanse of quadrants and communities. And within every neighbourhood, there is someone in need. The face of the food bank is anyone, anywhere but I wonder how we can reach everyone. Then I remember the incredible generosity of this city and that you don't know until you ask: Will you be a satellite depot for the Calgary Food Bank?

We are in need of hamper distribution depots in order to make emergency food accessible for families and individuals in various neighbourhoods throughout the city. Because of our main warehouse location in the SE industrial area, it can be extremely challenging for some to pick-up their hampers. This is where a depot location becomes an important part of the distribution process.

What is required?

- · Are you accessible by transit, foot or car
- Do you have a space to store and distribute hampers

- Can you operate for two hours
- Do you have double doors where a pallet can be moved through
- Do you have refrigeration
- Can you manage volunteers during distribution
- Will you sign a memorandum of understanding

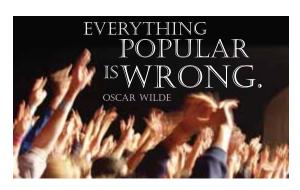
What we can do?

The Calgary Food Bank wants to make being a depot seamless and stress-free.

- We will screen, qualify and book clients
- We build and deliver the hampers
- We will recruit, train and schedule volunteers
- We can create flexible distribution hours
- We will create and provide depot signage

Ready to help? Visit our website and fill out an application form at www.calgaryfoodbank.com/give/become-a-depot/ or call Selby Quinn at 403-253-2059 ext 201 today!





Millennials The New Transformers

Suzanne Smith-Demers – Consultant

Millennials are now the largest cohort in the Canadian workforce. Small wonder they are driving workplace transformation, destined to reshape our country and possibly the entire world – and yet, many of them still live at home. In the last Canadian census:

- 42.3% of Canadians aged 20 to 29 years lived with their parents
- •63.3% of young men and 55.2% of young women aged 20 to 24 lived with their parent(s).
- Almost one quarter of young adults are "boomerang kids" having returned to their parental home after leaving at some point in the past*.

Millennials choose to remain at home for reasons that range from the financial constraints they now face, and staying in school longer to effectively compete in the job market, to escalating housing costs.

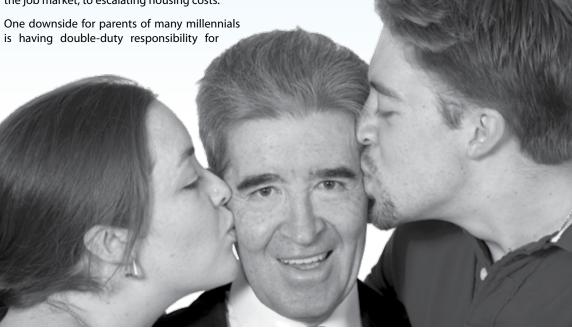
their older children and their own parents. These are "sandwich generation" parents, whose emotional and financial support of both their parents and their children can take a tremendous toll.

Leaving the nest is an important rite of passage for both parents and children. Whether the move is months or years away, it's a good idea to plan in advance by:

- Reduce debt before it's competing with rent or mortgage payments.
- Establish a good credit history get a credit card and always pay the full balance by the due date.
- Save for major purchases pay cash for furniture, appliances and other large items.
- Build an emergency fund for minor setbacks like home or car repairs.

Both millennials and their parents should talk to a professional advisor about strategies to help avoid hefty debt and bring your entire financial life into focus. Balance is key to maintaining a sound, long-term financial plan.

*Source: Statistics Canada 2011 Census



BUSINESS CLASSIFIEDS

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Lakeview. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

RIGHTWAY PLUMBING AND HEATING: Has been happily serving the Lakeview area with quality work, happy clients and fair pricing, with second generation experience, there is no job we can't handle. Furnaces \$3185, water heaters \$715, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

CAL-RES COATINGS LTD. RESIDENTIAL PAINTING:

We are a full service painting company offering: interior and exterior painting, shop wood finishing/specialty finishes, elastomeric stucco coatings, kitchen cabinet refinishing, fully licensed and insured. No deposit required. Call for a complimentary estimate. Ask for Joshua 403-369-7534 or visit www.calres.ca.

CONCRETE CUTTING FOR BASEMENT WINDOWS, **DOORS & FLOORS:** New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

BIN RENTALS: Doing a renovation or clean up? We have 10 and 15 yard bins for all of your needs. We offer both short term and long term rentals with no hidden fees. Call 403-540-2255 today.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARDBUSTERSLANDSCAPING.COM: Weekly lawn mowing \$36, power-rake \$100, aeration \$50. Some conditions. Landscape construction and yard renovation: Stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769.

THE GARDEN ANGEL: Planting with Integrity. Growing Good Business. Over 25 years experience in gardening. Yard and garden cleanup. Weeding and garden maintenance, bushes pruned and cleaned up. Yard and garden helper,dependable, honest, hard working. Shylow at 403-249-0161 or e-mail The Garden Angel 7@yahoo.com.

THE GUTTER DOCTOR: We install, repair and clean eavestroughs, and downspouts. Fascia, soffit, dripedge, siding, roofing, cladding. Over 15,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. www.gutterdoctor.ca 403-714-0711.

K2 BOOKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

COMPUTER PROBLEMS? Do you need help fixing your computer, or want to make it faster and easier to use? Let Platinum Computing Solutions assist you with all your tech needs from computer repair, to network setup, to home theatre installation! Visit us at www.platinumcomputingsolutions.com or call 587-892-8806 today!



MLA CALGARY-GLENMORE ANAM KAZIM

#A208. 1600 - 90th Avenue SW Calgary, AB Canada T2V 5A8 Ph: (403) 216-5421, Fax: (403) 216-5423 Email: calgary.glenmore@assembly.ab.ca

Dear Constituents:

The budget was announced on April 14th, 2016 and I would like to highlight important aspects of the budget that are avenues towards Alberta's success. Also, I would like to shed light on my participation in the house during the session.

Budget 2016 Highlights:

Budget 2016 contains cost-savings measures, including freezing salaries for political staff and government managers as well as reducing the number of government agencies, boards and commissions to control the growth of operating spending.

At the same time Budget 2016 also introduces the new Alberta Jobs Plan to help encourage job creation, business capital investment, and economic diversification. This plan has four pillars:

- Supporting families in times of hardship with new supports and better access to training/education;
- Continuing to invest in Alberta's infrastructure through the government's Capital Plan;
- · Diversifying our energy industry and markets by putting a price on carbon, in addition to working to getting the best value for our natural resources
- Supporting Alberta businesses with two new tax credits to encourage access to capital and a tax cut by 1% for small businesses as of Jan 1, 2017.

My Participation in the House:

I was successful to have Motion 503 passed in the house which is about making prescription drugs more affordable for low-income seniors. To watch the debate please scroll to 4:57:37 pm using the link below:

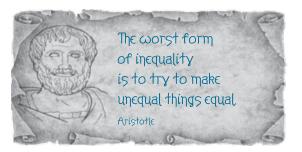
www.assemblyonline.assembly.ab.ca/Harmony/pb3/ powerbrowser_Desktop.aspx?ContentEntityId=3251&E ssenceFormatID=139&date=20160412&browser=0

I stood up to speak in favour of Bill 204: Alberta Tourism Week Act to specifically promote Heritage Park, North Glenmore Park, South Glenmore Park, Glenmore Sailing Club and Weaselhead Park in our beautiful riding of Calgary Glenmore. To watch my speech please scroll to 4:25:56 pm using the link below: www.assemblyonline. assembly.ab.ca/Harmony/pb3/powerbrowser_Desktop. aspx?ContentEntityId=3258&EssenceFormatID=139& date=20160419&browser=0

MLA Stampede Breakfast:

July 13, 2016 - 7:00 am-10:00 am at Heritage Park

For further details on any of the topics above or others, please do not hesitate to contact our office.



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calgary reacs

Become a "Well Travelled Reader" this summer with our Little Free Library Passport challenge!

Like books? Like travel? How about a literacy-inspired journey around Calgary? It's free, fun for you, your family, group or team . . . and you can earn a great prize!

At Calgary Reads we inspire a reading-revival movement. Now, as part of spreading the joy of reading – you can take part in our **Little Free Library Passport challenge:**

- First: visit the Passport Office (aka Calgary Reads 105, 105 12th Ave SE) and collect your free Little Free Library Passport.
- 2. Then alone . . . or with your family, friends or group (who have Passports too) visit the 14 Little Free Libraries (reader citizenship posts!) listed in the Passport. Use the stamps provided at each Little Free Library to stamp your Passport on the corresponding page.
- 3. Return to the Passport Office with at least 10 stamps in your Passport and receive a custom "Well Travelled Reader" badge to sew onto your jacket, backpack or hat. Treat each Little Free Library as if it were a different country and the stamp as your proof of entrance (visit)!

This adventure is open to anyone. Help us highlight the Little Free Library movement and share the importance of literacy and the joy of reading! On your travels perhaps bring a book or two to leave behind or choose a new (to you) one from a Little Free Library as you visit.

This project is an exciting collaboration with Calgary's 2014-2016 poet laureate Derek Beaulieu. Award winning poet, author and publisher, Derek's creativity flourishes. He created the stunning visual poems in our Passport.

So, be a Well Travelled Reader! Don't forget to share your photos with us @CalgaryReads using hashtag #yycLFLPassport.

The Calgary Reads office will be closed for summer break from July 18 to August 15, 2016. Pick up your free Passport soon and come back late summer to collect your badge! Calgaryreads.com.

IMPORTANT NUMBERS

| ALL LINERGLING I CALLS | 211 |
|---|----------------|
| Alberta Adolescent Recovery Centre | 403.253.5250 |
| Alberta Health Care | 403.310.0000 |
| AHS Addictions Hotline | 1.866.332.2322 |
| ATCO Gas – 24 Hour Emergency | 403.245.7222 |
| Calgary HEALTH LINK 24/7 | 811 |
| Calgary Police – Non Emergency | 403.266.1234 |
| Calgary Women's Emergency Shelter | 403.234.7233 |
| Child Abuse Hotline | 1.800.387.5437 |
| Kids Help Line | 1.800.668.6868 |
| Child Safe Canada | 403.202.5900 |
| Distress/Crisis Line | 403.266.4357 |
| ENMAX – Power Trouble | 403-514-6100 |
| Poison Centre - Alberta | 1-800-332-1414 |
| HOSPITALS / URGENT CARE | |
| Alberta Children's Hospital | 403.955.7211 |
| Foothills Hospital | 403.944.1110 |
| Peter Lougheed Centre | 403.943.4555 |
| Rockyview General Hospital | 403.943.3000 |
| Sheldon M. Chumir Health Centre | 403.955.6200 |
| South Calgary Urgent Care Health Centre | 403.943.9300 |
| South Health Campus | 403.956.1111 |
| OTHER | |
| Calgary Humane Society | 403.205.4455 |
| Calgary Parking Authority | 403.537.7000 |
| SeniorConnect | 403.266.6200 |
| Calgary Kerby Elder Abuse Line | 403.705.3250 |
| Alberta One-Call Corporation | 1.800.242.3447 |
| City of Calgary | 311 |
| Kerby Centre for the 55 plus | 403-265-0661 |
| Community Mediation Calgary Society | 403.269.2707 |
| RNR Lockworks Ltd. | 403.479.6161 |
| Road Conditions – Calgary | 511 |
| Weather Information | |
| Gamblers Anonymous | 403.237.0654 |
| | |

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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication Contact news@great-news.ca

- Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

BRAIN SUDOKU

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| 9 | 1 | 5 | 6 | 7 | 8 | 3 | 4 | 2 |

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To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to **LV@great-news.ca**



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What does it mean to be flood ready? Higher river flows typically occur in Calgary from the middle of May to middle July. However flooding can strike any Calgary community in any season, often with little or no warning. Interestingly this has less to do with spring run-off from the mountains, and more to do with precipitation.

The City has plans in place that guide our response to floods of various sizes. Every event is different and actions leading up to and during a flood depend on the specifics of each event. In general, as a City, we take these actions to mitigate the impact of a flood:

- Manage the flow of water out of the Glenmore reservoir
- Close the gates on storm water outfalls to prevent river water from entering the storm system
- Deploy temporary lift stations to supplement pumping
- Deploy temporary berms, flood tubes or sandbags to critical locations.

Last month, the City of Calgary held two open houses to provide information to residents about on-going 2013 flood recovery efforts. This information is available online if you missed the session at Calgary.ca/flooding, along with resources on preparing yourself and your community in the event of a flood.

Community building in your neighbourhood! June is a busy month for Ward 11 communities. Be sure to check your Community Association for their family-friendly event listings – festivals, bike parades & Neighbour Day events – just to name a few! Community clean-ups are also underway from now until September. They are a great way to meet your neighbours, and take a burden off of your spring clean-out. See the full schedule at Calgary.ca/cleanup.

As mentioned last month, my team and I will host a community information session on Little Free Libraries on Thursday, June 9th at 6:00 pm at the Voltage Creative Garage, 2101 – 34th Avenue SW. Light refreshments will be provided. We hope to see you there!

Remember to sign up for Ward 11 updates to receive information on upcoming events, City programs, and public engagement opportunities relevant to you at www.ward11calgary.ca.







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