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Picture From Lakeview
(South End of Crowchild Trail - Lakeview Village -
Near Entry to North Glenmore Park)
Newly planted Tulips
Phot credit: Gordon Pennell

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Foothills Hospital	403-944-1110
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City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

OH, CANADA!

Great News Publishing asked Calgary residents what they love about Canada and being Canadian. Thank you to everyone who submitted their answers!

The 4-season day

Heritage Minutes

Kraft Dinner

Sorry!

Universal health care

Canadian Tire money

Respect for wilderness

House Hippo

Mr. Dressup

We have a strong multicultural identity with a multitude of various backgrounds and religions.

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Canadians seek commonalities when meeting someone new.

Canadians have the right and freedom to practice our choice of religion.



Ask Charles

I want to buy a resale condominium, but I'm worried about rising fees and possible assessments. How can I ensure the condominium is a good one?

Condominiums can be a great housing option, and with some due diligence, you can find one that is well suited to your needs, and a financially-sound purchase.

Condominium refers to a type of ownership that includes the individual ownership of a unit and shared ownership of common property with other unit owners. Condominiums can be apartment-style, townhouses, attached, or detached.

Condominium owners typically pay monthly condominium fees to cover their share of expenses for the common property, and some of this payment goes into the condominium corporation's reserve fund.

The reserve fund is used to pay for major capital repairs and replacements. All condominium corporations must have a reserve fund. As a buyer, you want a condominium corporation that has a healthy reserve fund because it reduces the likelihood of a special assessment. Special assessments occur when a condominium corporation has major work to do and there isn't enough money in the reserve fund. The corporation assesses an amount owing to the owner of each unit.

So how can you find out if the corporation you're thinking of buying into is a healthy one? A good place to start is a condominium document review.

Condominium documents relate to the operation of the condominium corporation, which you want to ensure is financially stable and well managed. Condominium documents include but are not limited to:

- current reserve fund study (5 years old or less) and 25-year reserve fund plan
- current operating budget and fee schedule
- current balance sheet
- registered bylaws

When buying a condominium, you can hire a professional to review your condominium documents. They can provide you with a summary of the documents, and identify areas about which you might have concerns. Reviewing condominium documents can uncover financial difficulties, bylaws you find unacceptable (for example, restrictions as to size, number, or type of pet), upcoming necessary maintenance, or even discussion in Board meeting minutes about water issues.

Even a healthy reserve fund and a review of condominium documents can't guarantee you won't have a special assessment or that your fees won't go up. In fact, you should expect your fees to go up a small amount each year, from factors such as inflation or rising utility costs. However, reviewing the condominium documents will give you a good idea of the health of your condominium, and if it's the right one for you.

"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), www.reca.ca. RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email askcharles@reca.ca.

Stay Safe in Summer Weather



July is a month made for BBQs, outdoor sports, and relaxing on the deck. It's a time where most Albertans spend as many hours as possible outside enjoying the warm weather. As temperatures soar, it is important to keep a few things in mind as you head outdoors.

Though most people can handle moderate summer weather without issue, even healthy Albertans need to keep heat safety in mind during warmer months. When temperatures are high, make sure to take frequent breaks from the heat, spending some time indoors at home, or in a cooled public building— like a mall or indoor pool. Ensure that sunscreen of at least SPF 30 is applied 20 minutes before heading outdoors (be sure the product blocks both UVA and UVB rays), and reapply frequently. Rescheduling outdoor activities to cooler hours of the day is also smart way to beat the heat.

When spending time outdoors, what you wear makes a big difference in keeping your body cool. If you know you will be out in the heat, light colored clothing is suggested. A wide-brimmed hat and sunglasses (with a UVA/UVB CSA- certified seal) along with long sleeves and pants can help protect you from the sun's rays. A water bottle is a much needed accessory with any summer outfit— make sure to drink plenty of water and other non-alcoholic, non-caffeinated beverages to stay hydrated.

Albertans are also urged to keep an eye out for heat warnings issued by Environment Canada. The warnings are posted online at weather.gc.ca/warnings/index_e.html?prov=ab to keep residents informed and prepared during periods of extreme heat.

Visit www.ahs.ca/heat for more information on heat safety.

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SAFE & SOUND

EMS: Heat Related Illness

With the return of summer weather, Alberta Health Services EMS would like to remind everyone to stay safe in the heat and sun this season. While children and the elderly may be more susceptible to the effects of heat and sun, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

Heat exhaustion

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and/or humid environment (indoors or outdoors).
- Patients may suffer headaches, weakness, fatigue, nausea/vomiting, thirst, chills, and profuse sweating.
- The patient is usually cold and damp to the touch and the skin may appear pale or dusky gray.

Heat stroke

- Heat stroke is a medical emergency which, without prompt treatment, could be fatal.
- It occurs when the body can't cool itself naturally (e.g. perspiration). The body's temperature will continue to rise to dangerous levels.
- Due to severe dehydration and the inability to sweat, the patient may appear flushed, and skin may be hot and dry to the touch.

First aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment.
- Remove excess or tight fitting clothing, and allow them to rest in a cool environment.
- If the patient is conscious and alert, provide suitable fluids such as: water, juice, or a sports drink.
- If you are concerned, seek medical attention or call 9-1-1.

Prevention

- Stay well-hydrated by drinking plenty of water.
- Be aware that excessive alcohol consumption will promote dehydration.
- Always wear a broad brimmed hat to keep the sun off your face and neck.
- Apply a broad spectrum, waterproof sunscreen with a minimum SPF of 30+, especially for children. The sun's UV rays peak between 11am-3pm, even on cloudy days.

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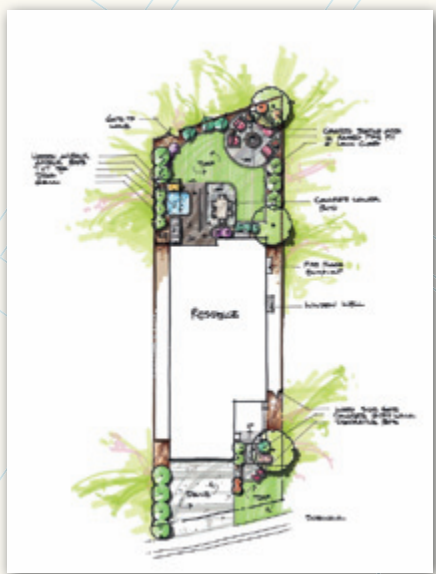


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Calling All Neighbours!



To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to LV@great-news.ca

TAKE ON WELLNESS



Mentoring: friendly support to help manage hearing loss

by Kylie Bradbury
Peer Mentoring Coordinator at Deaf & Hear Alberta

Hearing loss is one of the fastest growing chronic conditions facing Canadians and affects all age groups. The 2013 Stats Canada numbers show 7% of people aged 19 to 39, 16% of people aged 40 to 59 and 47% of people aged 60 to 79 experience some form of hearing loss. Hearing loss can be sudden or gradual and sometimes we may not even know we are experiencing hearing loss. There are many causes ranging from excess noise, illness, aging, genetic factors and pharmaceuticals.

Some signs of hearing loss include:

- Difficulty with conversations in noisy environments
- Being able to hear people's voices but not understand the words spoken
- Needing the TV louder than the rest of your family
- Trouble hearing from a distance or another room
- Trouble understanding women's and children's voices
- Experiencing dizziness, pain, ringing or buzzing in the ears – even if it goes away

If you are experiencing any or some of these symptoms, it is important to discuss this with your doctor to see if you need a hearing test.

On average, it can take up to 7 years for someone to acknowledge and act on hearing loss. There are many factors which impact why a person may or may not acknowledge this. It could be lack of awareness, feelings of embarrassment, shame or denial. The latest research suggests that the longer hearing loss goes unmanaged, the harder it is to learn to manage the change.

An important factor is the change that happens in our brains. Brains are relatively 'plastic' and as our hearing decreases, important brain functions don't get exercised and we lose them. *Use or lose it.* The good news is we can retrain our brains.

Also, those with untreated hearing loss are more likely to report depression or anxiety and are less likely to participate in organized social activities. However, hearing loss does not need to mean living less. There are supports out there.

Mentoring programs are one type of support that can alleviate the social impact of hearing loss. People with shared experiences are matched together and work on building skills and strategies to help manage day to day challenges. This is commonly known as *mentoring*. Programs like these have impact as it has been shown that participants experience significant improvement of quality of life. No one has to go it alone.

Peer-to-Hear at Deaf & Hear Alberta provides this support. Our program matches adults dealing with hearing loss with someone who has walked a similar path and now wants to offer support. Learning to manage hearing loss can be a challenging journey. Sometimes all it takes is some friendly support from someone who understands and has had similar experiences. Hearing loss does not need to be a barrier to fully participating in one's community.

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TOUR DE BOWNESS – 6501 BOWNESS RD. N.W., AUG. 5 - 7

This year marks the 16th running of the Tour de Bowness and Bow Cycle's 60th anniversary. More info: tourdebowness.com.



GLOBALFEST – ELLISTON PARK, AUG. 15 – 26

GlobalFest - Alberta's Most Explosive Festival. Come see the Trico Homes International Fireworks Festival, the biggest annual pyromusical fireworks festival west of Quebec and east of the Canadian Rockies! More info: globalfest.ca.



AUGUST AUGUST AUGUST

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

Captain's Cruises – Heritage Park, Aug. 3

Set sail for a scenic summer cruise on Calgary's only paddlewheel boat and enjoy the breathtaking views of the Glenmore Reservoir & the majestic Rocky Mountains. Aboard the S.S. Moyie Captain's Cruise you'll sample gourmet hors d'oeuvres and taste a selection of beer & wines while listening to the delights of a live jazz band. More info: heritagepark.ca.

Strathmore Stampede - 33 Wheatland Trail, Strathmore, AB, T1P 1V2 – Aug. 4 – 7

The Strathmore Stampede is an outdoor event including rodeo, chuckwagons, and their signature Running with the Bulls event. One of the most action-packed stops of the summer, our fair grounds include live concerts, food trucks, beer gardens, trade show, cabaret, farmers' market, kids zone, and much more! More info: strathmorestampede.com.

Taste of Calgary – Eau Claire Market Plaza, Aug. 10 – 13

Discover Calgary's global cuisines from a mix of unique restaurants and beverage companies, plus, get a taste of Calgary's great musicians, and shop at some of the most interesting marketplace vendors in the city. More info: tasteofcalgary.com.

Puppies and Prosecco-Dining with Your Dog – Vin room West and Mission, Aug. 13

Join us on our patio for a private group training class for you and your dog. All ages and sizes of dogs welcome. We will cover basic obedience skills and how to set your dog up for success. More info: eventbrite.ca/e/puppies-and-prosecco-vin-room-tickets-33841948178.

West Side Story – StoryBook Theatre, Aug. 19 – Sept. 9

Inspired by Shakespeare's Romeo and Juliet, West Side Story is one of the greatest musicals of the 20th century – a love story set on opposite sides of a turf war between rival street gangs. Includes such popular songs as Maria, I Feel Pretty, Tonight, America and Somewhere. This production will feature the students of the hugely popular Student Summer Intensive Program. More info: storybooktheatre.org.

RESIDENT PERSPECTIVES



Hot Dogs and Fun in The Sun

Jennifer L. Scott, D.V.M.

This summer I am going to go out to play in the sun, and I always prefer my dogs riding co-pilot. If I stop and think, my dogs may be safer and more comfortable at home as the mercury moves up the thermometer. Even with windows ajar and the temperature in the mid-teens, a car parked directly in the sun becomes dangerously hot in minutes. Everyone has had that "one-minute pop in to do an errand" turn into ten minutes and the most conscientious owner might misjudge their timing leading to a potentially fatal consequence. Calgary bylaw officers can and will fine people leaving pets in hot cars.

Dogs cannot sweat to maintain their body temperature like you and me. Dogs do sweat very minimally through the pads of their feet. Mostly they pant. As the dog pants and air moves across mucous membranes and water evaporates and cools the body. This means adequate water is also critical for a dog to maintain its body temperature. If the dog is unable to lower its temperature hyperthermia develops. Initial signs of a problem include disorientation, stumbling, and weakness. This gradually progresses to convulsions, loss of consciousness, and death. Dogs saved in the final stages of hyperthermia may still suffer permanent brain damage.

Treatment in a veterinary clinic would include intravenous fluids and medications for shock. To treat hypothermia elsewhere, move the dog to a cool place, and immerse in cool or tepid water, not cold water, and apply cool—not cold—wet towels to the dog's groin, belly, inside the ears, and around the neck. Cold water

or ice may cause the peripheral blood vessels to shut down and would not facilitate the loss of heat from the body.

To prevent hyperthermia, exercise your dog in the cooler early mornings or late evenings and always have water handy to keep your pet well hydrated. Dogs confined outside must be able to escape to shade, and shade with some ventilation for air movement. When I competed with my dogs in obedience and field trials, I had a closed crate for winter and air-conditioned facilities, and an open wire crate for summer. Milk jugs with frozen water around the crate also supply a source of cold water. If you're camping, have the crate in the shade and make sure that shade doesn't disappear as the sun moves. Different breeds and sizes of dogs have different heat tolerances. A Saluki bred for the desert would tolerate far greater temperatures than an Alaskan malamute. Brachiocephalic dogs with short muzzles, like boxers and bulldogs, are particularly sensitive to becoming overheated, as are elderly pets. Do not count on your dog to know its own limits. Some Labrador retrievers will chase a ball thrown on a hot day until they collapse.

Be conscious of the air quality. Smoke from forest fires to the west of Calgary can add to heat problems making a dog more susceptible to hyperthermia.

So, steel your heart to those big brown eyes asking to come with you and if it is in your dog's best interests leave him at home and please never leave your dog or children in a closed car in the sun for even one minute.

Have a wonderful summer.

Name	Age	Contact	Course
Alison	25	587-999-1278	Yes
Alix	16	587-998-2201	Yes
Brooklyn	17	403-968-9274	No
Clara	14	403-283-4412	Yes
Elizabeth	24	587-999-5901	Yes
Emma	19	587-439-7989	Yes
Erika	19	403-685-4645	Yes
Olivia	15	403-209-3957	Yes
Rachel	19	587-225-2256	Yes
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Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

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Lakeview Real Estate Update

Last 12 Months Lakeview

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
June 2017	\$874,900	\$875,000
May 2017	\$749,900	\$727,000
April 2017	\$639,900	\$655,000
March 2017	\$634,500	\$632,750
February 2017	\$695,000	\$680,000
January 2017	\$575,000	\$575,000
December 2016	\$649,900	\$623,500
November 2016	\$583,950	\$573,750
October 2016	\$699,900	\$675,000
September 2016	\$539,900	\$530,000
August 2016	\$548,900	\$535,000
July 2016	\$954,450	\$827,500

Last 12 Months Lakeview

MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
June 2017	10	15
May 2017	23	11
April 2017	10	5
March 2017	6	8
February 2017	7	9
January 2017	8	3
December 2016	2	4
November 2016	4	2
October 2016	9	7
September 2016	8	11
August 2016	6	5
July 2016	3	2

To view more detailed information that comprise the above MLS averages please visit lakeview.great-news.ca



MLA Calgary-Glenmore
Anam Kazim

#A208, 1600 - 90th Avenue SW Calgary, AB Canada T2V 5A8

📞 403-216-5421 📠 403-216-5423 ✉ calgary.glenmore@assembly.ab.ca

📱 Anam Kazim - MLA for Calgary Glenmore 🐦 @anamkazimMLA

Dear Constituents:

I hope all of you are enjoying the summer with family and friends while celebrating the 150th anniversary of Canada and Calgary Stamped. I would like to wish you all Happy Canada Day and Happy Stamped!

The spring session at Alberta's Legislative Assembly finished in June, and now I am excitedly looking forward to engaging with you all through various community stamped breakfasts, events and meetings.

Recent Updates:

1) Employer Liaison Service Pilot:

The pilot project will support **employment** in Alberta by working with Alberta employers and connecting them with Albertans who have been displaced by the economic downturn and/or changes in the nature of work (automation, technological advancements and temporary employment contracts).

This service will help connect employers with unemployed workers and workers from untapped labour pools: Indigenous peoples, recent immigrants, persons with disabilities and youth.

The initial focus of this project is on employers impacted by the new Temporary Foreign Worker Program's "Refusal to Process" list which identifies 29 "high-wage" occupations for which there is a sufficient supply of Albertans who are skilled in these occupations and looking for work.

A dedicated landing page will be developed on Alberta-Canada.com. Employers will be directed to this page which will house information and resources to help those impacted by the Refusal to Process list. Some of those resources will include:

- labour market programs and services;
- recruitment options for connecting with underrepresented groups in Alberta;
- labour market information; and
- A sign-up to Alberta Workforce Information email service. Alberta Labour works with employers to connect them to the Canada-Alberta Job Bank subscription service, which provides information and resources regarding recruitment and retention.

Alberta's government is helping employers to hire locally first through this program. The service will provide en-

hanced, proactive support services to employers impacted by the "Refusal to Process" list and help connect them with options for recruiting locally available workers.

2) Employment Standards Code and Labour Relations Code Amendments:

Alberta's government updated the Alberta workplace laws as they were not revised since 1988. These amendments will make life better for Alberta families by supporting family-friendly workplaces and protecting vulnerable Albertans who rely on the basic protections and rights enshrined in law. This means:

- Ensuring parents of critically-ill or injured children can take time off to care for their family without the fear of losing their job.
- Allowing Albertans the time they need to care for themselves when they're dealing with a short-term illness or mourning the loss of a loved one.
- Lowering the eligibility threshold for maternity leave so hardworking women can support themselves and their families.
- Strengthening our enforcement tools to ensure all employers follow the law and help Albertans receive the pay and benefits they're rightfully entitled to.

My Participation: Please check my Facebook: Anam Kazim- MLA Calgary Glenmore and Twitter @anamkazim-MLA to watch my participation during the spring session.

Mark Your Calendar:

Premier's Stampede Breakfast-Everyone is welcome!
July 10th 2017 6:00 am-9:00 am at McDougall Centre

COMMUNITY ANNOUNCEMENTS

Deadline - 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

**MOUNT ROYAL UNIVERSITY
INNER RING ROAD CLOSURES
ON JUNE 30**

For safety reasons, community traffic will be permanently rerouted along Richardson Way SW and Richard Road SW.

MOUNT ROYAL UNIVERSITY
1910

- EA Faculty of Arts Building
- EB Bissett School of Business
- EC Roderick Mah Centre for Continuous Learning
- ED Taylor Centre for the Performing Arts
- RLLC Riddell Library and Learning Centre
- R Recreation

Letter to the editor

Dear Great News Publishing,

Please **DO NOT** run my ad next month. My ad has been **WAY TOO EFFECTIVE**. My phone won't stop ringing with people saying they saw my ad in the newsletter. I'm amazed at how well this worked!

Thanks for all your help,
Sincerely,
Laura
Owner of Buds and Blooms

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LAKEVIEW

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1,044 SQ FT • RENOVATED BUNGALOW
LISTED AT \$699,000

NORTH GLENMORE

6443 LAURENTIAN WY SW
3,112 SQ FT • BRAND NEW LUXURY HOME
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LAKEVIEW

SOLD

5312 37 ST SW
SOLD ON APRIL 7, 2017
WAS LISTED AT \$719,900

NORTH GLENMORE

SOLD

6512 LOMBARDY CR SW
SOLD ON APRIL 4, 2017
WAS LISTED AT \$1,430,000



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**based on total combined mls sales in Lakeview, North Glenmore, and Lakeview Village since 2012

† In the years 2013/2014



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