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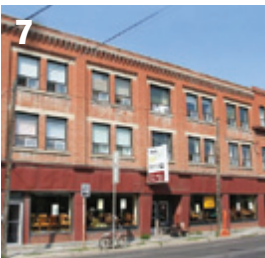
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ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
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City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654



Reliance (Armour) Block, est. 1910 – 15 4th St. N.E., Crescents Heights

The Reliance (Armour) Block, better known as Armour Block, is one of the oldest mixed-use buildings in the area, and serves to symbolize the historical, vibrant, high-street character and importance of Fourth Street NE.

Construction of the building began in 1909 for Thomas Wiggins, a previously established Riverside grocer. The building originated as a small two-storey structure to house his grocery business, with his residential quarters above. In 1910 it was extended south to form the two-storey Reliance Block, providing increased space for Wiggins, as well as two additional storefronts for a hardware store and meat market with apartments above. In 1911 a third storey was added, increasing its residential accommodations. The three-storey extension Armour Block was added in 1912 with early tenants being the Dominion Bank and a billiard hall. From 1915, until at least the Second World War, a basement space known as 'Wiggins Hall' was a community/dance hall.

Originally the main route to Edmonton, Fourth Street's commercial importance was solidified in 1911 when it became a streetcar route. The Armour Block contributed to the retail street wall, serving local residents' regular needs, while other small retailers, plus a substantial department store (Slingsbys) created a retail corridor. While the retail importance of the area gradually faded, the building continued to function as home of the Riverside Department Store (1950-77).

The upper floors of the building were developed as residential quarters for recent immigrants and other citizens in response to the acute housing shortage which occurred during the 1909-13 boom. Exemplifying the historical demographic character of the neigh-

bourhood, residents included working-class occupants with a wide variety of nationalities. Notably, there were a disproportionate number of Jewish residents that called the building home over its early decades (relative to Calgary's small Jewish population) and in 1915 the basement hall inaugurated the first 'House of Israel' congregation, service and celebration. The diversity of the building's residents was illustrative of the community's traditional multi-ethnic, working-class character.

The Armour Block is also significant for its Edwardian Commercial-style architecture, and is a rare example of a substantial, historic mixed-use building in the community. Defined by its multiple development phases, the red-brick façade displays compatible but discontinuous detailing. Uniting the building are storefronts with large display windows and recessed entries. Extant elements of the interior, such as the store's pressed-metal ceilings, the basement hall's finishes and the upper-storey staircases and layout offer hints to the typical but attractive, original appearance.

Article and photo provided by Discover Historic Calgary via calgary.ca.

BRAIN GAMES SUDOKU

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FIND SOLUTION ON PAGE 13

Treating the Litterbox Blues

By Jennifer L. Scott, D.V.M.



A cat missing the litterbox or refusing to use the litterbox is easily the first, second, and third most common reason a cat owner will seek out veterinary advice. Unfortunately, if not successfully treated, it is also why an owner may elect to euthanize or rehome a pet cat. Effective treatment with a single simple solution is often difficult.

Seeking help for inappropriate urination early is critical. What started as a medical problem can become a habit the longer the cat continues to urinate outside the litterbox, then treatment becomes more complicated. Minimal medical workup should include physical examination, bloodwork and urinalysis, and radiographs of the bladder. Radiographs or x-rays will also allow evaluation of a cat's bones for arthritic changes. Back pain may make a cat avoid stepping into the box and being squeezed into uncomfortable shapes. Very old cats may have some cognitive problems.

Basic management to try and treat cats peeing and/or pooping outside the litterbox starts with keeping the litterbox clean. Use a litterbox that is one and one-half times the length of the cat from nose to base of the tail. Try uncovered and covered litter boxes, if possible. Try cutting a second hole at the other end of the litterbox cover. Keep the litterbox out of high traffic, noisy, drafty areas and provide a little light, especially for elderly cats. Older cats may also need a slightly lower entrance if it hurts to step into the box. Long-haired cats may need hair between the toes and around the rear end trimmed.

Get creative. Try different kinds of litter in boxes, and avoid perfumed litters. Try moving the litterbox to a

new location. If the cat had a painful infection or bladder stones, it may associate the current location with pain when he urinated. A litterbox by a furnace that turns on now and then with a loud roar is not the best location.

Rule of thumb in multiple cat households is to offer one more litterbox than the number of cats. If there is conflict between cats in the household it may need to be addressed. If the cat is marking around windows and doors because it's seeing cats outside the house, that may require action to prevent the cat seeing out of that window or door. Marking territory and anxiety are two of many underlying reasons a cat may eliminate outside the litterbox.

Appropriate medical treatment can be started if your veterinarian finds a medical reason. Behavioral causes are much more complicated. Veterinarians stock two products sold over the counter which can be plugged into the wall to release a pheromone into the air which may reduce anxiety and competition between cats. There is also a veterinary diet called Calm diet, which many of my clients have had success with. There are many effective anti-anxiety drugs on the market today to treat cats, as well as some alternative treatments. In most cases, more than one tool needs to be utilized and finding the combination of effective tools can be a journey before success is achieved.

Over the last few decades, the veterinary profession has become more successful at treating inappropriate elimination in cats, but still treating difficult cases demands a huge commitment and partnership between pet owner and veterinarian.

Ask Charles

I just listed my home, and my real estate agent told me we had to hire someone to professionally measure my home. The measurement was done, and now my agent sent me the bill. What should I do?

The first thing you need to do is check your Seller Representation Agreement (listing agreement). That agreement outlines your responsibilities and the responsibilities of your real estate professional, including who is responsible for costs that may be arise during the listing. If the agreement you signed states the seller is responsible for additional costs, or it states the seller is responsible for paying third-party services, such as measurement companies or photographers, you're going to have to pay that bill.

More and more residential real estate professionals are hiring professional measurement companies to measure their listings, but it's not a requirement. There is a requirement to measure residential properties before listing them, but real estate professionals are allowed to do the measuring themselves.

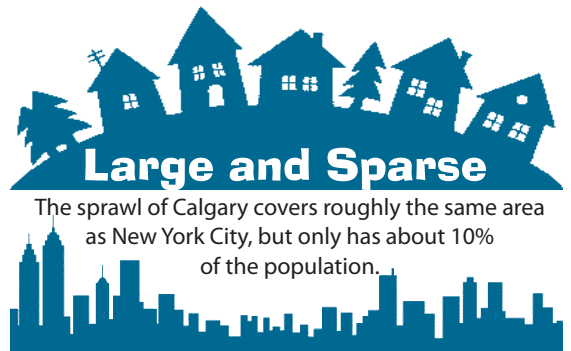
If, for whatever reason, your real estate professional doesn't want to do the measurement themselves, that's fine. There are services out there that will do property measuring according to the required standards, but those professional measurement services come with a cost. Some real estate professionals may pass the cost on to their seller clients and set that out in the listing agreement, while others will see it as a business ex-

pense, for which they will eventually be compensated through the commissions they earn on the sale.

If your agreement doesn't specifically indicate you, as the seller, will have to pay for or otherwise reimburse your real estate professional for third-party services, your real estate professional cannot require you to pay for such a service.

If your real estate professional continues to request payment or otherwise attempt to force you to pay, please discuss it with their broker.

"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), www.reca.ca. RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email askcharles@reca.ca.



The sprawl of Calgary covers roughly the same area as New York City, but only has about 10% of the population.

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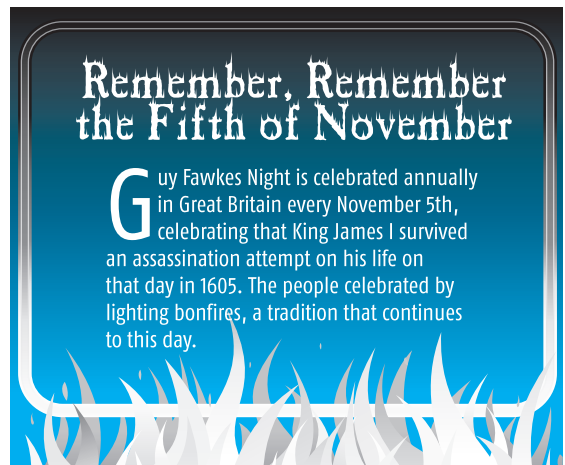
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**Remember, Remember
the Fifth of November**

Guy Fawkes Night is celebrated annually in Great Britain every November 5th, celebrating that King James I survived an assassination attempt on his life on that day in 1605. The people celebrated by lighting bonfires, a tradition that continues to this day.

Learn more about your Calgary Catholic School District Board of Trustees!

Faith formation is a priority at the Calgary Catholic School District (CCSD). To guide us in our faith journey, we have an annual faith theme. For the 2017-2018 school year, we have introduced a new three-year faith theme –“Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you.” (Matthew 7:7)

This year, we will focus on the first part of the theme, “Ask, and it will be given you.” This theme speaks to the power of faith and prayer. Fostering a faith relationship with God through prayer is part of the ongoing work of Catholic education, as it is through prayer that we come to know God’s abundant love and mercy for us, are helped to become all that God wishes us to be and learn to live and act in God’s abiding presence.

Faith formation remains one of our four district priorities this year, as well as student success, student wellness and success for First Nations, Metis and Inuit students. Together with our district administration, we will focus on our faith theme, as well as our district priorities. We are thankful to our district administrators, teachers and staff; we know that through working together we can meet these priorities and help our students succeed.

In recognizing the value and importance of Catholic education, we encourage our community to celebrate Catholic Education Sunday at their local parish on November 4-5. During this weekend, there will be a special collection at each mass, with some funds going to the Calgary Catholic Education Foundation (CCEF). The CCEF is a charitable organization that provides grants to support innovative programs and projects that touch the lives of students in our schools. We thank the CCEF for their support in providing enhanced educational opportunities for Calgary Catholic students and we look forward to celebrating the wonderful work that takes place throughout our province in Catholic schools.



Help Us Maintain a #buttfreeYYC

The City of Calgary is looking to citizens to help solve a littering issue; extinguishing cigarette waste. Smoker or non-smoker, you’ve likely witnessed someone flicking a cigarette butt on city streets (yes, that is a littering offense). While we have many systems in place to manage waste effectively, the solution begins with citizen responsibility when it comes to littering.

Proper disposal of cigarette waste at home:

1. Extinguished cigarette butts should be thrown away in the black cart.
2. Cigarette ashes need to be double bagged, tied closed and thrown away in the black cart.
3. Never flush cigarette butts or cigarette ashes down your toilet, sink or drain, as they are harmful to the environment and may cause damage to the pipes in your home.
4. Cardboard cigarette packaging goes in the blue bin for recycling.

As a safety protocol, the Calgary Fire Department encourages citizens to ensure that smokers in your home douse cigarette butts and ashes with water before placing them into a non-combustible container and to not ash out or dispose of cigarette butts in planters, mulch or flower beds. The components of soil include organic material that can smolder for hours before igniting.

The city centre is populated with cigarette butt receptacles for citizens to utilize while in public. Many communities and businesses self-manage receptacles for proper waste disposal or recycling purposes.

We want to maintain the standard of cleanliness and safety we work toward collectively. Help us maintain a #buttfreeYYC.



Yielding to Emergency Vehicles

Time is the enemy in an emergency. For everyone's safety, it is important for motorists to understand how to correctly yield right of way to emergency vehicles with lights and siren activated. You can help EMS, police, and fire get to the scene quickly and safely by following these rules of the road:

When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection;
- On a one or two-lane road, motorists should move to the right side of the road, slow down, and then stop. Remember to signal;
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal;
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles (there is often more than one) before re-entering traffic flow. Remember to signal;
- Emergency vehicles might use *any* available road space to maneuver. This could include the shoulders, turning lanes, in order to pass other traffic.

When operating a vehicle:

- Drive attentively and defensively at all times. Be cognizant to sirens and be prepared to yield the right of way;
- It is Alberta law for motorists to slow down to at least 60 km/hour (unless a lower speed is posted) when driving past a stopped emergency vehicle. This includes EMS, police, fire, and tow trucks with their lights activated;
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light, or making an illegal turn. Actions such as these jeopardize all motorists in the area;
- Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$287.00;
- Always leave plenty of space between your vehicle and an emergency vehicle, should it be required to stop suddenly.

Nominations Open for Advisory Committee on Accessibility's Annual Awards

Do you know an individual, group or organization who is removing barriers for people with disabilities in Calgary? Nominate them for one of three annual accessibility awards sponsored by the Advisory Committee on Accessibility. Categories include:

- Advocacy Award
- Access Recognition Award
- The Ella Anderson Accessible Transportation Award

The nomination deadline is Friday, November 17. Visit calgary.ca/accessibility for more information.



BRAIN GAMES SUDOKU

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The House Sparrow

Article by JG Turner; Photo by Andrea Hunt

The House Sparrow is a member of the Old World sparrow family native to most of Europe and Asia. This little bird has followed humans all over the world and has been introduced to every continent except Antarctica. In North America, the birds were intentionally introduced to the United States from Britain in the 1850s as they were thought to be able to help with insect control in agricultural crops. Being a hardy and adaptable little bird, the House Sparrow has spread across the continent to become one of North America's most common birds. However, in many places, the House Sparrow is considered to be an invasive species that competes with, and has contributed to the decline in, certain native bird species.

Fun Facts:

- The House Sparrow is part of the weaver finch family of birds which is not related to North America's native sparrows.
- The males have a grey crown and underparts, white cheeks, a black throat bib and black between the bill and eyes. Females are brown with a streaked back (buff, black and brown).
- These little birds have only been in Alberta for about 100 years made themselves at home here by taking advantage of urban human environments, where food and home sites are provided.
- In Alberta, House Sparrows can be found in backyards, parks, suburban and cultivated fields, and urban areas. They are rarely found in far northern areas.
- House Sparrows make untidy nests in boxes (sometimes taking over another bird's nest), under eaves, in crevasses in buildings or masonry or stone structures, in spruce trees, and, in cold climates, even in the heat vent outlets of commercial laundries. These birds may raise up to three broods a season.
- These birds usually travel, feed and roost in assertive, noisy, sociable groups, but always maintain wariness around humans.
- Although often disliked for their raucous and unsanitary manners, the House Sparrow provides great fodder for the study of bird behaviours in general because they are so commonly found in areas populated by humans.

If you find an injured or orphaned House Sparrow or other wild bird or animal, please contact the Calgary Wildlife Rehabilitation Society at 403-239-2488 for tips, instructions and advice, or visit our website at www.calgarywildlife.org for more information.



The Whimsical Holidays of Thomas Roy

American actor Thomas Roy and his wife have created a number of "special" holidays. Among his November holidays are: "Cook Something Bold and Pungent Day", "Married To A Scorpio Support Day", "Have a Bad Day Day", "Name Your PC Day", "Blasé Day" and "Stay Home Because You're Well Day".



YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

International Christmas Market – Spruce Meadows, Dec 1 - 3

This final weekend of the International Christmas Market invites you to take in over 250 vendors in the indoor comfort of Spruce Meadows. Take in the lively, festive atmosphere while crossing those last few gifts off of your list. Live entertainment, dining, choirs, and much more. More info: sprucemeadows.com.

Boy film screening – Esker Foundation, Dec. 7

Boy is a dreamer who loves Michael Jackson. Boy's other hero, his father Alamein, is the subject of Boy's fantasies, and he imagines him as a hero and a close relation of Michael Jackson. In reality Alamein is an inept, wannabe gangster who has been in jail for robbery. When his father returns home, Boy is forced to Sidewalk Citizen will be providing complimentary treats for this screening. Dir. Taika Waititi, 2010, 87 mins. Event is free, registration essential. www.eventbrite.ca/e/boy-registration-37158757845?aff=es2.

A Cowtown Christmas by Cowtown Opera Company – Central United Church, Dec. 9

Do you hear what I hear? It's your annual get-together with your opera-singing relatives! This year dress in your pajamas and most festive onesie receives a prize. Baby, it's cold outside and Cowtown is the musical equivalent of a warm cup of cocoa. You'll laugh, sigh, and sing-along (of course!) to your favourite Christmas tunes. Hosted by Calgary's beloved Heebeee-Jeebees, and featuring Calgary's top musical talent, come celebrate the most wonderful time of the year. More info: cowtownoperacompany.com.

The Brick Teddy Bear Toss – Scotiabank Saddledome, Dec. 10

The annual Teddy Bear Toss is hosted by the Calgary Hitmen in support of children in need in Calgary. Bring a teddy bear or plush toy of your choice and at the end of the first period all in attendance will toss their toys onto the ice. Last year almost 24,000 toys were collected to put under trees all over the city. This year the hitmen will square off against the Moose Jaw Warriors. Tickets and info: hitmenhockey.com/teddy-bear-toss.

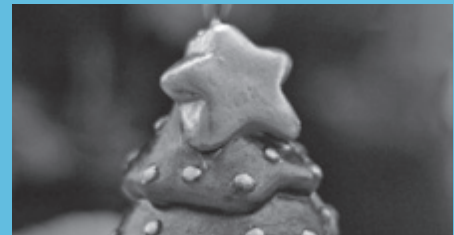
THE SANTALAND DIARIES – LUNCHBOX THEATRE, NOVEMBER 27 – DECEMBER 23

This is one elf that won't make the nice list. His name is Crumpet and he'll tell you the truth about Santaland. An out of work and broke actor in New York city takes a job as an elf in Macy's Santaland Village. The behind-the-scenes reality of holiday cheer is not the blissful peppermint dream that he had imagined. Based on David Sedaris' hilarious book chronicling his outlandish experience working as an elf in a Macy's Santaland, The Santaland Diaries is a one-man riff on one elf's truly odd encounters with his fellow man. More info: lunchboxtheatre.com/the-santaland-diaries/



TREES WITH TEA – YYC BEESWAX HQ, DECEMBER 5

Join us for a fun evening of candle making fun! We'll have hot tea for you to enjoy as you learn about bees and beeswax. After that, we'll celebrate the season by making some adorable beeswax tree candles. This is a perfect workshop for kids to make Christmas gifts! Instruction and all materials are included. More info: <https://www.eventbrite.ca/e/trees-with-tea-tickets-36255478111?aff=es2>.



A CHRISTMAS TALE CARRIAGE HOUSE INN, DECEMBER 17

An incredible event for the whole family in Calgary! Beautiful, full of fun and magic Christmas show with Santa will take you into the world of music and dance. Magic tricks and games with Santa and his friends will provide you and your family with an unforgettable experience of the Christmas spirit and fill your holidays with joy. Children under 2 years old are free. More info: artstarcreations.net/category/news/.



DECEMBER DECEMBER DECEMBER



Lakeview mybabysitterlist

Name	Age	Contact	Course
Alison	25	587-999-1278	Yes
Brooklyn	18	403-968-9274	No
Clara	15	403-283-4412	Yes
Elizabeth	24	587-999-5901	Yes
Emma	19	587-439-7989	Yes
Erika	20	403-685-4645	Yes
Olivia	15	403-209-3957	Yes
Rachel	19	587-225-2256	Yes
Shelby	17	403-860-7994	Yes
Rachel	19	587-225-2256	Yes
Shelby	17	403-860-7994	Yes

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Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



Lakeview Real Estate Update

Last 12 Months Lakeview MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
September 2017	\$607,450	\$600,000
August 2017	\$569,900	\$561,000
July 2017	\$598,500	\$581,000
June 2017	\$874,900	\$875,000
May 2017	\$749,900	\$727,000
April 2017	\$639,900	\$655,000
March 2017	\$634,500	\$632,750
February 2017	\$695,000	\$680,000
January 2017	\$575,000	\$575,000
December 2016	\$649,900	\$623,500
November 2016	\$583,950	\$573,750
October 2016	\$699,900	\$675,000

Last 12 Months Lakeview MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
September 2017	12	6
August 2017	9	3
July 2017	8	6
June 2017	13	15
May 2017	21	11
April 2017	9	5
March 2017	6	8
February 2017	7	9
January 2017	8	3
December 2016	2	4
November 2016	4	2
October 2016	9	7

To view more detailed information that comprise the above MLS averages please visit lakeview.great-news.ca

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Do You or a Family Member Qualify for the RDSP?

By *Toddye Kam, CFP®, CFA*

The Registered Disability Savings Plan (RDSP) was introduced in 2008 to help individuals with severe and prolonged disabilities save for their long-term financial security. However, many Canadians have not yet taken advantage of its benefits, which can help disabled individuals provide a better future for themselves and their families.

A participant may hold only one RDSP account, which is limited to a lifetime total of \$200,000 in non-government contributions. Contributions are not tax-deductible, and the plan is not designed as a short-term savings vehicle or for regularly withdrawing money in the short term.

RDSP benefits include the following:

- Contributions accumulate tax-free until the money is withdrawn.
- Contributions do not impact federal benefits and have little, if any, impact on provincial benefits.

Government Grants and Bonds Available

If eligible, you can help build your RDSP with government grant and bond contributions.

Savings bonds – The government may pay into an RDSP a Canada disability savings bond of up to \$1,000 annually, up to a maximum lifetime limit of \$20,000, dependent only on family net income with no personal contributions required.

Savings grants – An RDSP beneficiary may receive a Canada disability savings grant of up to \$3,500 per year, up to a maximum lifetime limit of \$70,000. The amount is based on contributions and family net income.

Both bonds and grants are available until the year the participant reaches age 49. Generally, bonds and grants must remain in the account for at least 10 years before a withdrawal may be made, and withdrawals must begin by the end of the year in which the participant reaches age 60. Additionally, for any account established on or after January 2011, the RDSP may carry forward unused grant and bond entitlements up to 10 years preceding its opening.

Rollover Option

As of July 2011, a deceased individual's Registered Retirement Savings Plan (RRSP), Registered Retirement Income Fund (RRIF) or Registered Pension Plan (RPP) can be rolled on a tax-deferred basis into an RDSP for a financially dependent infirm child or grandchild. This option is often overlooked.

It's important to be informed about the steps you can take today for your financial future, including knowing if you or a family member may qualify for the RDSP.

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Calgary, AB Canada T2V 5A8

📞 403-216-5421 📠 403-216-5423

✉ calgary.glenmore@assembly.ab.ca

📘 Anam Kazim - MLA for Calgary Glenmore

🐦 @anamkazimMLA

Dear Constituents:

The fall session of Alberta's Legislature began on October 30th, 2017. As our government has been working hard, I am pleased to share with you the progress of Alberta's economy.

State of the Economy:

Several of the most respected Canadian economic experts are forecasting Alberta will lead the country in economic growth for the next two years.

Last week RBC pegged GDP growth at 4.2 % this year - far higher than Alberta's average growth rate of 2.6% between 2005 and 2015.

Nearly 40,000 jobs were created here over the last 12 months. Alberta also continues to have the highest employment rate in the country and the highest weekly earnings.

Alberta consumer spending is up as well. Retail sales in Alberta were at \$6.8B in May – higher than the pre-recession peak of \$6.7B seen in October 2014.

In 2016, Alberta farmers net cash income reached a record of \$3.5 billion.

Last year private sector investment in Alberta was 250 percent higher than the Canadian average. And we are on track to lead the country again this year – by a wide margin.

In the first four months of 2017:

- Alberta goods exports are up 43.8% to \$34.7 billion, compared with 2016.
- Alberta has exported more than \$50 million worth of goods to 16 countries, up from 12 in 2016.
- Alberta accounted for more than 73% of Canada's entire exports increase compared to the same period in 2016
- Alberta represents 21% of Canada's goods exports with less than 12% of its population
- Alberta goods exports to the U.S. have increased over 48% compared to the same four months in 2016

Statistics Canada's latest GDP report shows Alberta has already begun bolstering the economic performance of the entire country.

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**based on total combined mls sales in Lakeview, North Glenmore, and Lakeview Village since 2012

† In the years 2013/2014



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