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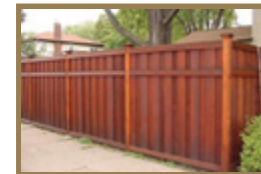
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CONTENTS

Events and News	6
President's Message	7
MLCA Programs	10
Seniors' Group	16
Indulge Wrap Up	18
Your Community Business of the Month	25

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MARDA LOOP COMMUNITIES ASSOCIATION: EVENTS & NEWS

Check out our website for lots of information!
www.mardaloop.com

MLCA Board Meeting

Board meetings are held the first Monday of every month (except in July and August). If you would like to address the Board, or simply attend one of these meetings, please contact: president@mardaloop.com
Upcoming date: Monday, June 6, 2016, no meeting in July and August
Starts: 7:00 pm
Location: MLCA Hall, 3130 - 16 Street SW

Seniors Gathering

Join us on the first Monday of every month to hear guest speakers, participate in light fitness activities and games, and meet some of your neighbours. Coffee and light snacks are served. MLCA membership (\$10 annual) is required to attend this program. For more information call **403-244-5411 x22**. Members may e-mail: **Error! Hyperlink reference not valid.** with questions or suggestions.

Upcoming date: June 6: **Guest - Jon Cornish, ex-Calgary Stampeder**

Starts: 9:00 am with Fitness

Location: MLCA Hall, 3130 - 16 Street SW

Wine & Cheese Tasting

Join your friends and neighbours as Shawn, from Springbank Cheese, and Claude, from Highlander Wine, talk us through this month's selection of wine and cheese. To attend, please register at www.mardaloop.com

New this month: enjoy appetizers prepared by chef Paul Morissette of Fresh Kitchen

Date: Wednesday June 15, 2016, no event in July or August

Starts: 7:30 pm

Location: MLCA Lower Hall, 3130 - 16 Street SW

Cost: \$25 per person (guests are welcome but must be accompanied by an MLCA member)

MARDA LOOP COMMUNITIES ASSOCIATION



President's Message

The school year is almost drawing to a close and with that there will be some change over of the MLCA Preschool Committee and parent volunteers for next year. It has been a successful first year in the new Preschool space and with enrollment targets met for the 2016/17 school year, we must say congratulations and job well done! My personal thanks to all of the parents who spent time both on the committee and in the classroom contributing to the success of the program. And a special thanks to the outgoing Preschool Committee Chair, Cathy Wood-Connolly, for your leadership over the last two years. We hope you all have found it rewarding and look forward to your continued involvement with the MLCA.

I will also take this opportunity to thank the MLCA Indulge Committee for their hard work over the past six months organizing our annual fund raising gala. While the event has not happened at the time of my writing this, I know that it will be a huge success. And much appreciation and thanks to the many businesses in the community who provide the food, auction items and resources to us free of charge, as well as the event sponsors who contribute cash towards our programming. We couldn't do it without you!

We welcome two new Directors to our MLCA Board this past month: Alicia Tropek has taken over as Director and Chair of the Preschool Committee and Thana Boonlert joins us as Director and Chair of a newly formed Sustainability Committee. We are pleased to have them on-board and hope they find the experience rewarding.

There are a couple of vacancies on the Board; the Marketing Committee needs a new Chair and we are actively searching for someone to fill this very important role. If you or someone you know is interested in a position on our Board, please contact me.

With summer just around the corner the pool will be opening soon, the farmers' market will be underway and the summer day camps will be happening. Don't forget to mark your calendars for the annual Stampede breakfast on July 16th.

In closing, I want to ensure that people are aware of a very valuable resource we have right here in Calgary called 211. With families struggling through this tough economic climate and the crisis situation with the Alberta fires, a resource like 211 becomes even more important. By dialing 211 you will get connected 24/7 to a real person who can provide valuable information on services that are available to help you and your family. There is help out there, you just need to know where to find it and 211 can help.

As always I welcome your feedback and any questions or comments. Drop me a note anytime at president@mardaloop.com .

Anne Kaufmann, President

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Vice President	Tom Rosettis	vp@mardaloop.com
Secretary	Johnny Hammill	secreatary@mardaloop.com
Treasurer	Doug Fraser	treasurer@mardaloop.com
Past President	Vacant	pastpresident@mardaloop.com

DIRECTORS

Sports & Rec	Lisa Conboy	sportsrec@mardaloop.com
Planning & Development	Anne Derby	development@mardaloop.com
Events	Felicity Aston	events@mardaloop.com
Pool	Matt Wilson	pool@mardaloop.com
Ice	Johnny Hammill	ice@mardaloop.com
Facilities	Cedric Nicholson	facilities@mardaloop.com
Volunteers	Catherine Fraser	volunteer@mardaloop.com
Farmers' Market	Shawn McDonald	farmersmarket@mardaloop.com
Mobility	Tony Norman	mobility@mardaloop.com
Preschool	Alicia Tropek	preschooldirector@mardaloop.com
Marketing	VACANT	marketing@mardaloop.com
Membership	Jennifer Thompson	membership@mardaloop.com
Director at Large	Vacant	atlarge1@mardaloop.com
Director at Large	Pat Paterson	atlarge3@mardaloop.com
Director at Large	Vacant	atlarge2@mardaloop.com
Hall Rentals	Stuart Preston	rentals@mardaloop.com
Sustainability	Thana Boonlert	sustainability@mardaloop.com

VOLUNTEERS

Indulge Event Coordinator	Emily Scherman	indulge@mardaloop.com
Seniors Group Coordinator	Heather Bhatti	seniors@mardaloop.com
Source Newsletter Editor	Stephanie McCarthy	source@mardaloop.com
Wine Night Coordinator	Shen Gaidhar	wine@mardaloop.com

STAFF

Program Coordinator	James Spragins	programs@mardaloop.com
Services Manager	Barb Bexson	services@mardaloop.com
Accountant	Karen Murphy	accounting@mardaloop.com
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MARDA LOOP COMMUNITIES ASSOCIATION: MLCA PROGRAMS



South Calgary Outdoor Pool Opens June 18th!

Finally it's that time of year when we can dust off our Speedo's in anticipation for another amazing summer season at the South Calgary Outdoor Pool. Lane swimming, kids swimming classes, ice-cream bars, and affordable pool prices await you again this year.

Swim lessons registrations now on. Swimming instruction programs offered for children ages 3 to 14 years, adults, and seniors. Programs start in June and run through until August.

Water Polo – Ages 8 - 12

Enjoy long summer days in the water by playing water polo! Strengthen your swimming skills, make friends, and enjoy a team sport.

This beginner program is designed for boys & girls ages 8-12 (born 2008-2004). It is offered at the South Calgary Outdoor Pool. Must be comfortable in deep water as water polo is played in deep water. The program delivered by nationally certified coaches from Calgary Mako Water Polo Club.

Summer Day Camps Return:

Registration is on now.

Little Chef's Day Camp

(Ages 8-10 and 11-13)

Treat your Little Chef to the experience of a cooking camp this summer at the MLCA. Children will learn the basics of food preparation, kitchen safety, cooking techniques, and healthy eating. Participants will cook their own lunches so no need to bring a lunch! Other activities include swimming at the South Calgary Outdoor

Pool, beach volleyball, and other fun outdoor games. Please note that although nuts will not be used in cooking, the MLCA cannot guarantee a nut-free environment.

Dates: July 4th – 8th, 2016 8:00am-4:00pm

Cost: Members - \$275, non-members \$305

MLCA Superstars – Multisport Camp

(Ages 6-7, 8-9, and 10-11)

Your child is a Superstar no matter what their level of ability. Children will love playing a variety of sports throughout the day in our MLCA Superstars, Multisport camp. Sports include: soccer, tennis, beach volleyball, basketball, and baseball. Campers will also have a daily swim lesson at the South Calgary Outdoor Pool! Your child will also have the opportunity to play games, make crafts and sing some great camping songs! Children must be the required age prior to the first day of camp.

Dates: July 11th – 15th, July 18th-22nd, and July 25th-29th, 2016 8:00am-4:00pm.

Cost: Members - \$225, non-members - \$255

Tennis Summer Camps:

Tennis is a life time sport. This summer camp is designed to teach kids the fundamentals of the sport of Tennis. With Tennis Pro Kevin Gardner instructing footwork, stroke basics, hand-eye coordination. Lessons will run Monday-Thursday and if it rains a back-up day will be held on the Friday. These are morning only classes running from 9:00am to 10:15am.

Dates:

July 4th-7th for ages: 4-6 and 7-10.

July 18th-22nd for ages: 4-6 and 7-10

August 1st-4th for ages 7-10 and 11-14

MLCA PROGRAMS CONT'D



Cost: \$75/child, must have current membership.

Please email programs@mardaloop.com if you have any questions and to receive the registry.

Babysitters Registry

This service is available to all Marda Loop Communities Association (MLCA) members with current active memberships. Both the babysitters and the interested families must have valid memberships. Individuals aged 11-17 will require a parent/guardian's signature on the waiver form (available by emailing programs@mardaloop.com) all sitters' names published are required to have a valid babysitter training certificate (regardless of age). The Marda Loop Communities Association and its Board of Directors will not be pre-screening / sanctioning / verifying any credentials for those using this service. The employer takes on full responsibility of interviewing and hiring the babysitters. The parents of the babysitters are responsible for screening the prospective employer of their child.

The list of babysitter's names will not be published in our community journal or on our website. It will be provided to interested families upon request once active membership status is confirmed.

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MARDA LOOP COMMUNITIES ASSOCIATION

MLCA Farmers' Market - 2016 Season!

The MLCA is happy to announce the return of our summer Farmers' Market at the MLCA Hall beginning Saturday, June 25 from 9am - 1pm. The market will run each Saturday until the Thanksgiving weekend.

Join the Committee!

The Farmers' Market is looking for Committee members to take on the following tasks:

- Entertainment & Busker Organizer: Are you interested in organizing our weekly entertainment schedule? Love to throw a good party? This position is for you! Help bring a touch of energy to the market!
- Kids Zone and Activity Planner: Love to organize crafts, games and activities for kids? We're looking for someone to help make our market fun for the whole family.
- Muscle! We always need help setting up and taking down each Saturday. This usually takes 20-30 minutes and requires a small amount of lifting.
- Smiling Faces: looking to get involved with the MLCA and want to learn more? Come hang out at the MLCA "Welcome" table at the market and tell the community about what makes us tick! You learn more by telling others, so come learn about your MLCA!
- Vendors: We are a food-focused market and are always on the lookout for new, exciting vendors so please spread the word.

All inquiries and questions can be sent to: farmersmarket@mardaloop.com.

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IN YOUR COMMUNITY

The Status of Emergency Preparedness in Calgary

Floods, snowstorms, fires, power outages, telecommunication failures — these are just some of the natural, technological and human-induced events that Calgary needs to be prepared for, according to the recent Status of Emergency Preparedness report from the Calgary Emergency Management Agency (CEMA)

A quarter of Albertans report having three or more 'precautionary' measures in place to support their own preparedness. "We've seen an increase of almost 10% in the number of families with 72-hour kits," says Tom Sampson, Chief of CEMA, noting the growth. "While this is improving, there is still work to be done to ensure citizens understand the risks and take some responsibility for their own preparedness."

The best ways individuals and families can prepare:

Know the risks. Flooding is most common May-15 to July-15 but can occur at any time of year. Be informed about current conditions. When weather watches or warnings are in place, be prepared for severe weather such as flooding, lightning, tornadoes, or winter storms. For more information visit Alberta Emergency Alert (emergencyalert.alberta.ca)

Make a plan. Know how to reach your family members if you are not with them when an emergency or disaster strikes.

Get a kit. Ensure you have a 72-hour kit stocked and ready to go that contains supplies to support you and your family for the first 72 hours of an emergency or disaster.

Calgary.ca/cema provides great resources for individuals, families and businesses to learn what they can do to prepare.

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MLCA VOLUNTEERS COLUMN



Volunteering is at the very core of being a human. No one has made it through life without someone else's help.

- Heather French Henry

This month our **Super Volunteers** are a group of your neighbours who arrived bright and early, Saturday, May 7 to direct traffic, explain where things went, helped empty your car and assisted you in tossing your recycling and garbage in a truck. Yes, this is the group of wonderful volunteers who helped out for our Community Clean Up Day. A HUGE Thanks go to Julie, I, Hanna B, Kath O, Cam R, Anne K, Karen M, Stuart P, KayLi P, Tal P, Tom R, Doug F, Catherine F, Laurie M, Felicity A, Mike T, Kim T, Dan T, Rob C, Dawn C, Elaine F and Lauris H. A Super Huge Thanks goes to Jill C for her organization and leadership.

THANKS:

Our April Wine Night was a huge success with some great wines and cheeses being tasted. Thank you to our volunteers from that evening: Felicity A, Stuart P, Jane M, Lucy S, Shen G, Carol D and the lovely ladies of our Indulge committee: Brenda, Jennifer, Emily, Lisa, Tonya, Brooke and Megan.

OPPORTUNITIES:

June Wine Night – Interested in being on the wine pouring team? Our last Wine Night of the season is Wednesday,

June 15. Contact me at volunteer@mardaloop.com if you would like to be part of this fun team. Ask about our new volunteer price!

Stampede Breakfast – We are saddling up for our Annual Stampede Breakfast and we are looking for pancake flipping, coffee brewing and syrup pouring cowpokes for Saturday, July 16. We are looking for about 60 volunteers that morning.

Marda Gras – Do you have a couple of hours to give to your community? We are looking for some eager people to look after our MLCA booth at this year's Marda Gras, Sunday, August 14. This is a two hour commitment. Let me know if you are interested in getting involved in this way.

Board Vacancy – Looking to get really involved? How about joining the MLCA Board as the Director of Marketing? We have a very capable committee in place – they just need a leader. Interest/questions, contact Anne Kaufmann, president@mardaloop.com.

That's the Volunteer News for this month. **Want to get involved in your neighbourhood- email me at volunteer@mardaloop.com**

Catherine Fraser, Volunteer Director

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DJD summer dance camps are designed to instill a love of dance in your child! With an emphasis on FUN and CELEBRATION, students are encouraged to explore challenges, demonstrate creativity, expand movement vocabulary, build confidence and develop friendships with other students.

JULY SCHEDULE:
JULY 4-8, HIP HOP CAMP, AGES 8-18
JULY 11-15, FINE ARTS CAMP, AGES 6-13
JULY 18-22, ADVANCED JAZZ CAMP, AGES 8-18
JULY 25-28, DANCE CAMP, AGES 4-18

AUGUST SCHEDULE:
AUGUST 2-5, DANCE CAMP, AGES 4-9 & FIERCE GIRL CAMP, AGES 10-13
AUGUST 8-12, HIP HOP CAMP, AGES 8-18
AUGUST 15-19, DANCE CAMP, AGES 4-18
AUGUST 22-26, DANCE CAMP, AGES 4-7, WORLD DANCE CAMP, AGES 8-10, HIP HOP CAMP (MOVEMENT WITH A MESSAGE), AGES 11-18

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Insects & Technology

The Namib Desert's darkling beetle is the inspiration for a new idea to turn morning fog into droplets of water and will have the ability to provide enough water per day for survival of Namib Desert people. The beetle's body has little bumps that repel water, sending the droplets down his back into his mouth.

Discovery Magazine

SENIORS IN YOUR COMMUNITY



Stampede in May?! Yup, anything is possible with Seniors in the Loop

Excitement about the Calgary Stampede is already building in our city. The 2016 Stampede Queen and her Princesses are already on their missions to promote the "greatest outdoor event on earth". Our friends on the promotions committee, who have entertained our Seniors Group in the past, were happy to return this year with their repertoire of western cultural tidbits and they brought Stampede royalty along. So why not get into the mood early this year?

The royals mixed and mingled with our group freely, teaching us the electric slide, boot scootin' boogie and their other line dancing moves. They joined in our sing-along for which the accompaniment was provided by our own senior members and their friends who meet frequently just to make music for fun. Special mention should be made of our dear member Phil Streifel, who charmed us all - particularly one of the Princesses - with his yodeling and the rarely heard version of "The Stampede Song".


Another memorable piece was the Jingle Dance done by the 2016 Stampede Indian Princess.

To add to all of the above generosity, members of the MLCA Board, including the President and the Director of Volunteers, joined by spouses of board members, served up a traditional Stampede breakfast.

From the very warm Western Welcome provided by the Calgary Stampede Promotion Committee to the line dancing, Harry the horse, the quiz, the sing-along, the breakfast and the presence of royalty, our May event was simply a great party. A heartfelt thanks to ALL who made it so.

Our next gathering is going to be a special one also. Jon Cornish, ex Calgary Stampede running back and winner of CFL's most outstanding player awards will be the guest speaker on Monday, June 6th. Our light fitness exercise at 9 a.m. will be football related, the speaker is scheduled for 10 a.m. and a lot of Stampeder giveaways will be available. A tailgate-type party is planned. Come join the fun!

Heather Bhatti
Coordinator "Seniors in the Loop"



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Some 3 year old afternoon spaces are still available

Indulge Wrap-Up!!

Indulge

MLCA's annual fundraiser, Indulge, is now a pleasant memory. An enthusiastic round of applause to ticket buyers, vendors, silent auction participants, and sponsors. A full synopsis will be found in next month's Source; for now, a final word from Dave Tidmarsh of William Blake Homes, our Premiere Sponsor:

William Blake Homes was started in May of 2014, however I have been building inner-city custom homes and doing renovations since 2000. The company takes its name from my 2 children, William and Blake, and is a small boutique company which prides itself on customer service and the ability to handle any project, regardless of size or difficulty.

We are currently building 4 homes in Riverpark and have completed 6 large and medium sized renovations within the community.

Jamie Irvine, Phil Dickau and Rob Marr are our key Project Managers and our Controller is Betty Ste Marie. We also employ several site assistants. Our Project Managers and I have over 60 years of combined construction experience, all of it within the custom home building and renovation area.

I feel that it is important to support Indulge as we are all part of a growing and changing community. Meeting and becoming a deeper part of the community helps William Blake understand the particular needs of the areas we work in as well as deepen our ties within.

INDULGE WINES!

Our Indulge committee, under the direction of Scott Westgard of Redback Wine Imports, selected a terrific assortment of wines for Indulge 2016; the selections are available for purchase at Highlander!

- Xavier Milhade Cremant de Bord (sparkling)
- Wally Sauvignon Blanc
- Fevre Espino Chardonnay
- Monte Tondo Soave Classico
- Les Terriades Rose D'Anjou
- Fevre La Mission Cabernet
- Gouguenheim Reserve Malbec
- Chateau Tour Bayard St Emilion Merlot
- Cassini Pinot Noir
- Domaine de Coudoulis Hommage Grenache

SCHOOLS IN YOUR COMMUNITY

William Reid School Grounds Update

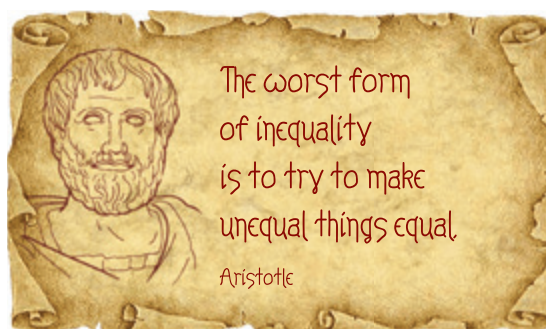
A group of parents is spearheading an initiative to improve the outdoor space around William Reid School at 1216-36 Avenue SW.

We recently concluded our first round of consultations with parents, students and neighbours of the school. To read our "What We Heard" reports, please visit: wrplayground.weebly.com.

We are expecting our landscape architect, Tanya Goertzen with People Places Inc., to send us a draft design on Wednesday, May 18th, which will be based on the ideas people brought forward. We plan to post the draft design on our website as soon as possible.

Neighbours, parents and friends of the school will have until end of day on Tuesday May 31st to provide feedback on the draft and help shape the final design. If you have input, please visit our website before May 31st to see how you can share your thoughts. If you have any questions, please contact Susan at susanvuk@gmail.com.

Submitted by: Susan Vukadinovic (William Reid School Grounds Committee)



KENSINGTON WINE MARKET

2016 TASTING SCHEDULE

Tastings start at 7:00pm unless otherwise indicated

Rare Cadenhead Malts Batch 11 & 12	Thr Jun 2	We are saving the oldest, rarest and most obscure Cadenhead releases for this tasting with a range distilled between 1976 and 1989. It will include BenRiach, Royal Brackla, Dufftown, Tomintoul and more	\$150
Spring Single Malt Festival	Thr Jun 9	Our biannual festival sells out very quickly. Sign up now for an opportunity to taste over 100 of the finest whiskies in Alberta	\$60
Everything's Coming Up Rosé!	Fri Jun 10	Used to be you couldn't give away a bottle of Rosé. My, oh my, how times have changed! Get ready for summer and taste some of our global best. Stand up format.	\$20
Lost in Translation	Tue Jun 14	There is no mystery to our love of Japanese whisky, and the tale of how the Japanese came to be one of the world's finest whisky producers, is a worthy one!	\$60
Christmas in Spain	Thr Jun 16	Who said Christmas has to be in December? Our Spanish shipment of fabulous new offerings is in. Let's open them up together!	\$35
Wine Festival: France	Fri Jun 17	We close shop early so we can open the floor for our French Wine Festival. We'll showcase all the regions you know about and promise a few surprises. Cheese and nibbles from Peasant Cheese, mais qui	\$40
Closed Distilleries	Tue Jun 21	Scotland lost a huge chunk of its distilling heritage between 1983 and 2000. The whiskies from many of these distilleries are getting older, rarer and more expensive with every passing year.	\$225
Jean Baptist's Favorite Brews	Thr Jun 23	Ok, we're a day early celebrating Jean Baptist's feast day. But, why wait! Join us for a tasting of some of Quebec's best brews.	\$20
Cheese Please	Fri Jun 24	Join us as we sip and nibble our way through the French Rivera, Cotes d'Azur and the Mediterranean crescent discovering who makes the best Rosé. Crystal promises des fromages exceptionnel! Stand up format	\$30
Brandy, Armagnac and Cognac	Tue Jun 28	Beer is to whisky as wine is to brandy, and not all brandies are alike. We'll sample a range of spirits from Spain, Italy and France including Brandies, Armagnac and Cognac.	\$40
Border Wars – Canadian v. American Rye	Thr Jun 30	It may surprise many to learn that Canada is not the world's only producer of rye whisk(e)y! The Americans make a load of it too, and are giving Canadian producers a run for their money!	\$35

1257 Kensington Road, NW | 403 283 8000 | www.kensingtonwinemarket.com

MARDA LOOP RUNNING COLUMN

Top tips for Exercise Motivation

Have you ever planned to exercise before breakfast and then you don't make it out? Have you ever looked at YouTube and said 'just one more funny animal video'? Have you ever said "I am a busy person and these *important* house chores need to be done"?

I have said this to myself lots!

Exercise can be hard and making it part of the modern western lifestyle is hard. We are encouraged not to move and to think we can have the easy route to health. Exercise needs investment like our retirement. One deposit occasionally will not lead to a comfortable lifestyle when we are 70. And even worse if we do not exercise, we may not get those precious golden years.

These are my tips for exercising:

1. Getting out there is better than the couch. 1 km is better than 0 km. That 1 km means you have won the exercise game. Life happens and if you have just worked a 12 hour day then that 1 km may be all your body can manage. Feel good that you have got out and done that 1km. The next day might be 1.5 km. Action is better than inaction.
2. Be a leader. Your 5 k run may encourage someone to think that they can do, that maybe normal people like you and I can keep fit. Be that example
3. Meet up with a friend. Exercising with friends can be a wonderful way to build connections and even network
4. Be gentle with yourself. Your body is a precious organ; if one type of exercise hurts, find one that suits your body type.
5. Make you a priority. That email/text message is not that important that you will forgo investing in yourself. Exercising is a mind body investment, and you are worth it.

Do you want to share your exercise story with the source? If yes, please email aislinndeenehan@gmail.com and I will profile you as the Marda Loop Athlete of the month in our next issue.

About the author: Moved to Marda Loop in 2012 and rents a little house near Original Joes. She moved to Marda Loop for love and is still in love with her Marda Loop gentleman. Her favourite things in life are running and eating ice cream in Marda Loop.

Community Crop Garden Society

Knowing where your food comes from and eating what you grow can be a very satisfying experience. If you do not have the space at home to grow vegetables, herbs and flowers, then joining a community garden can solve your problem.

Community Crop Garden Society is a non-profit volunteer driven gardening society. We have three pesticide-free garden sites in central and south-west Calgary totaling 126 rental garden beds.

Our three garden sites are:

South Calgary Garden – 3130 - 16th Street SW

There are 46 garden plots, a large perennial garden and a small orchard of dwarf apple and pear trees.

Currie Booster Garden – 3410 - 16th Street SW

This garden has 36 garden plots. There are gooseberry and haskap bushes as well as a large rhubarb patch.

Alternative High School Garden

5003 - 20th Street SW

The 44 garden plots are laid out in a circular pattern. In 2010, we took over the already established Alternative High Garden from the Calgary Alternative Support Service.

To find out more about us, please visit our website at www.communitycrop.org.

If you do not currently garden with us and are interested in renting a garden bed for 2016, please email us at membership@communitycrop.org. We would be happy to add you to our wait list.



Preschool spots available for
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Contact Us

Head of School: Lindy Arndt

✉ lindy.arndt@msofc.ca
admissions@msofc.ca

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📞 403.229.1011

🌐 Montessori School of Calgary

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IN MARDA LOOP



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IN & AROUND
CALGARY

YOUR CITY SECTION

Check out these important updates from The City of Calgary

Celebrate the contribution of Calgary seniors during Seniors' Week: June 6 - 12. Visit calgary.ca/seniorsweek for events in your community.	calgary.ca/seniorsweek
Neighbour Day (June 18) is an opportunity for neighbours to come together to celebrate our strong community spirit.	calgary.ca/neighbour day
Stuck on Deerfoot? Share your challenges and recommendations to make this road better at one of our open houses or online.	calgary.ca/ deerfoot
Planning on doing some yard renovations this summer? Be sure to visit calgary.ca/homeimprovement .	calgary.ca/ homeimprovement
Join with other Calgarians on June 23 to celebrate the Chief David Crowchild Memorial Awards. Learn more by searching Chief David Crowchild on calgary.ca .	Search Chief David Crowchild on calgary.ca
Bring the family to Canada's largest man-made wetland on Sunday, June 19 from 1 to 3 p.m. for free activities and entertainment at The City of Calgary's Park Fest!	calgary.ca/parksevents
Floods, snowstorms, fires, power outages, telecommunication failures — these are just some of the natural, technological and human-induced events that Calgary needs to be prepared for, according to the recent Status of Emergency Preparedness report from the Calgary Emergency Management Agency (CEMA)	calgary.ca/cema

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MARDA LOOP

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Saturday Mornings
9 AM - 1 PM
MLCA Hall, 3130 - 16 Street SW

Experience an "urban culture" environment where friends and neighbours can purchase handcrafted goods and locally sourced food. Mingle with local artists, musicians and craftspeople. Leave the car at home. Walk, cycle, or stroll and join us at the market.

For information on becoming a vendor, volunteering or getting involved, please email farmersmarket@mardaloop.com.


Marda Loop Communities Association
Farmers' Market

[WWW.MARDALoop.COM](http://www.mardaloop.com)



Spring Construction Update from cSPACE King Edward

Conversion of historic classrooms to artist studios, buried foundation wall demolition, heritage chimney reconstruction, and window restoration - these are all happening right now at cSPACE King Edward as we move towards Phase I opening in November. While we are still a few weeks from announcing our upcoming roster of tenants, we hope that this construction update continues to fuel your excitement about the unique community space that the former King Edward School will become!

After a hundred-plus-years of service, the historic chimney is being dismantled and reinstated to the opposite

corner of the school due to the new mechanical requirements of the updated building. Each brick has been documented before being removed from its original location and will be reconstructed in the same way during roof repairs in the coming weeks.

Work has begun to restore windows in classrooms that were previously covered over by the Calgary Board of Education, letting beautiful natural light back into the spaces for incoming artists, non-profits, and community users. Up in the attic studio spaces, plywood backed walls have been installed to support the creative practices of painters, photographers, printmakers, sculpture and jewelry artists, illustrators and more. New skylights will be added to each studio, providing a wash of light throughout these unique creation spaces. We will be announcing our full tenant roster of artists and non-profits in a few weeks!

Along the west side of King Edward, the unearthing and demolition of a buried remnant of the 1912 foundation is complete. A structural failure necessitated the demolition of the former west wing in 1978, but the historic foundation still remained just under the surface. Demolition is making way for construction to begin on our contemporary glass and steel west wing, housing a two-story studio theatre, co-working space, and various meeting rooms and event spaces. We are hoping that taking advantage of the views of downtown and the mountains from the 4th floor deck will make this a much sought-after event, conference and meeting place! Construction for the contemporary west wing phase is expected to begin this summer.

To stay on top of the latest information, please visit our website and sign up for our e-newsletter at www.cspaceprojects.com.

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your COMMUNITY BUSINESS OF THE MONTH

Kids & Company Marda Loop

Though very close to downtown, the vibrant Marda Loop community maintains a sense of close-knit neighbourly charm with lots to offer families – and this offering is being enhanced with the introduction of a Kids & Company to the area.

The early learning and childcare provider is opening its doors this June to accommodate children from infants up to school-age kids. They'll be welcoming families to their bright and beautiful classrooms on the second floor of the new Garrison Corner building. The centre is conveniently located just off Crowchild Trail and 33rd Avenue SW with underground parking and easy access to family-friendly shops like Safeway, Cobb's Bread, Village Ice Cream, and Ripe Tomato Pizza.

A typical class day is filled with exploration of letters, sounds and words in their Alpha-Mania program, studying the techniques of famous artists and then trying them for themselves in Mini Masters, yoga and physical activities during Munchkinetics. They also find time for French, sign language (for babies and toddlers) and lots of unstructured indoor and outdoor play.

Teachers use an emergent curriculum to respond and adapt to what individual child and class interests are. For example, when a group of Kids & Company preschoolers took a keen interest in leaves from one of their storybooks, they dedicated time to collect leaves outside, studied the parts of the leaves, discussed why trees have them and did art projects with them!

All that activity makes for hungry kids! Their menus are crafted by a nutritionist and cooked by chefs. Yummy, healthy meals and snacks are made-from-scratch and are included in tuition fees.

The Site Director – Charmaine Shannon – has a Bachelor of Education and over 14 years of experience in the childcare field. Her carefully-selected team of teachers in the Marda Loop centre work hard to inspire and nurture each child and build great relationships with parents. Daily reports via email, secure-access webcams, regular

newsletters, parent workshops and family events are all ways the centre keeps connected with families.

Kids & Company was founded to create a rewarding childcare experience for modern parents with busy schedules. Professional families or those with untraditional and rotating schedules will appreciate the hours, flexibility and accommodating mindset with policies such as no late fees! They also partner with top-tier corporations in Calgary who offer childcare assistance, emergency back-up care and priority registration to their employees in addition to other benefits.

The Marda Loop centre is now accepting registrations for full-time, part-time and back-up care and is waiving the registration fee of \$150 for those signed up before the end of September, 2016.

Contact Kids & Company Marda Loop for tour times and a chat!

Bring in this ad for

Registration Fee Waived

Value of \$150

New registrations before September 30, 2016 only

At Kids & Company we take learning and playtime very Seriously!

We have been providing high-quality, nurturing and flexible child care across Canada since 2002. We offer full-time, part-time and back-up childcare solutions which include no late fees, webcams, nutritious meals and snacks, a nurturing environment, and proprietary learning and physical activity programs. Contact us for details and tour information!

KIDS & COMPANY MARDA LOOP

Director: Charmaine Shannon

3425 22 Street S.W., Suite 200

Calgary, Alberta, T2T 6S8

403-452-0362

calgarymardaloop@kidsandcompany.com

kids & COMPANY

www.kidsandcompany.com

1-866-MYKIDCO



On behalf of Community Standards & Waste and Recycling Services

Thank you Marda Loop

Congratulations on a successful **Community Cleanup** on May 7, 2016.

The weights collected for this year:

Garbage: 11980 kgs

Organics: 5860 kgs

Total: 17840 kgs

Thank you to the Community Association and residents for your commitment to help create healthy, safe and vibrant communities.

**IN & AROUND
CALGARY**

**World Elder Abuse
Awareness Day**

World Elder Abuse Awareness Day is recognized on June 15. During Seniors' Week conversation cafes about elder abuse, its incidence, impact on community and resources for Calgarians will be held around Calgary.

World Elder Abuse Awareness Day events culminate in a public gathering at Olympic Plaza on June 15, from noon to 1 p.m. Join with other Calgarians to listen to speakers and raise the public awareness about elder abuse. Bring your lunch and wear purple to show your support.

Visit calgary.ca/seniorsweek for event information.

**Aboriginal Awareness
Week**

Each year The City celebrates the Chief David Crowchild Memorial Awards and Youth Achievement Award to honour the efforts and contributions of a person, group or organization both Aboriginal and non-Aboriginal who have worked to create cross-cultural experiences and understanding.

Join the conversation online by searching Calgary Aboriginal Awareness Week on Facebook event pages and get details about the upcoming awards and exciting developments in this area.

**AROUND
TOWN**
**Floods, Woodlands and
Bridges**

Laurens Philipsen, University of Lethbridge, from a presentation at the Bow River Basin Council Science Forum, February 2016 (printed with the permission of the author)

After eight decades without a major flood, extreme rains in 2013 resulted in the highest recorded flows along the Bow and Elbow Rivers. This flood mobilized previously stable gravels and other alluvial sediments resulting in the transformation, expansion and/or creation of gravel bars and islands. These newly-formed surfaces provide an opportunity for the progressive colonization and succession of new riparian plant communities.

Although beneficial to the ecological health of this previously static system, newly establishing woodlands on gravel bars could pose a flood hazard. Woodland development at some locations might impede river flows and elevate overbank flooding and erosion during future floods. To investigate this prospect, the University of Lethbridge was tasked with analyzing and projecting post flood vegetation colonization along the Bow River as part of the Calgary Rivers Morphology Project*. Using these predictions areas of concern for future potential river impediment were identified.

Although the study was limited to the Bow River in Calgary, flooding of the Elbow River at Mission Bridge in 2013 provides an example of where riparian woodlands forming around bridges can present a problem. Constructed in 1914 and 1915, the Mission Bridge spanned a small sparsely vegetated island. Over the years the island has become a woodland including balsam poplars. During the 2013 flood, these trees collected debris and formed a barrier that greatly reduced the capacity of the middle spans of the bridge to convey floodwaters. While overbank flooding at this location was inevitable given the volume of water, it is likely that the woodland at Mission Bridge elevated flooding.

Riparian areas along rivers and streams in Calgary present a natural environment for people to enjoy within an urban setting. Preserving these areas is important. However, when vegetation begins to negatively impact infrastructure it might be necessary to control its development and thus avoid problems such as the flooding that occurred at Mission Bridge.

**Calgary Rivers Morphology Project, sponsored by the City of Calgary, and Alberta Environment and Parks Watershed Resiliency and Restoration Program*

Formed in 2004, S2G+ Preservation Society collaborates to enhance the environment and natural history of the lower Elbow River, its valley and contiguous bench lands from the Glenmore Dam to Fort Calgary. To join our stewardship network email us at S2Gplusinfo@gmail.com. Follow us on facebook.com/S2Gplus

Bylaws

Calgary Community Standards—River Safety Tips

Your safety and the safety of others should always be top of mind. Rafters, boaters and paddlers need to be aware of water levels, temperature, current speed, cloudy water conditions, and river hazards including bridge abutments, trees and other large debris in the water that can catch, trap or overturn vessels.

Being impaired while on the water is never tolerated, nor is the transport or consumption of alcohol.

Always be prepared

Your safety is your responsibility. All river passengers must wear a life jacket or personal floatation device (PFDs) on the water. Make sure it fits well and is fastened properly. All river vessels must also have a sounding device such as a whistle, and a buoyant heaving line (throw-bag) no less than 15 metres long.

Always tell someone where you are going and when you expect to return. Arrange drop off and pick up points before you enter on the river. Leave emergency contact phone numbers with someone who can report that you are overdue.

Be aware of river conditions

Although our City rivers may appear calm in some areas, this isn't always the case. The City has tools and resources available to help Calgarians check river conditions before you begin your trip. If river flows are high, especially after a major rainfall, postpone your trip until the flows have returned to safer levels. Keep in mind that flows can change quickly.

Visit calgary.ca/floodinfo for the latest information including flood advisories. You can also subscribe to our weekly newsletter and download the Alberta Rivers: Data and Advisories mobile app.

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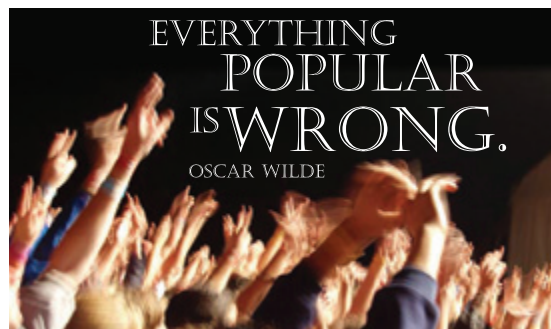
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HANDYMAN/CONTRACTOR: Hire a husband type of jobs performed; carpentry, drywall repair, re-paints, minor plumbing and electrical, fence and deck building, power washing of siding and decks, eavestrough cleaning, repair cracked concrete stairs and surfaces, laminate flooring. Spring clean-up helpful hint: remove and replace obsolete garbage can enclosure with fencing. Contact Robert 403-606-8876, robziffle@gmail.com.



COUNCILLOR, WARD 8 EVAN WOOLLEY

P.O. Box 2100, Station M
Calgary, AB, Canada T2P 2M5
Phone: 403-268-2430

Neighbour Day

One of my biggest goals when running for office was to build, nurture and grow diverse and activated neighbourhoods. While all of our communities might look different, the thing that makes Calgary so great is the people who live here. Passionate and engaged Calgarians are found in every corner of our city and it's been awesome to meet so many of them in my role as your City Councillor so far.

Our inner city and established communities are not only diverse in age, gender, income and ethnicity but also in what they value in a city. These different perspectives are a big part of the constant dialogue surrounding how we make our neighbourhoods better. Personally, I think the best way to increase and improve our city is to get to know each other.

Neighbour Day is held every year on the third Saturday of June and is an opportunity for neighbours to come together. The idea is to meet your neighbours, make new friends, have fun and maybe work together on a project that benefits the entire community. Whether you're having a front yard barbecue, a garden party, a street clean-up or setting up some games in a local park, I encourage you to be a part of the neighbourhood you want.

For every other day of the year, The City of Calgary offers a wide variety of community-based programs and special events for children, youth, families, adults and seniors across Calgary. There's a range of opportunities to take advantage of to help build strong and inclusive neighbourhoods where citizens are empowered, connected and involved.

Make Saturday, June 18 the day you get to know your neighbours! Visit calgary.ca/neighbourday for ideas to help you celebrate or contact my office at 403-268-2431 or ward08@calgary.ca for more information.



MLA CALGARY CURRIE BRIAN MALKINSON

2108 B - 33 Avenue SW
Calgary, AB, Canada T2T 1Z6
Phone: (403) 246-4794; Fax: (403) 686-1543
calgary.currie@assembly.ab.ca

Summer is almost upon us and that means that Calgarians turn their eyes to one of the jewels in Alberta's crown: our natural environment.

When the thermometer cranks up in Calgary we look for ways to cool down. While some take to air conditioned movie theatres, others wander farmers markets in search of lemonade. Many however look outside the city to find an escape from the monotonous summer heat.

In Alberta we are privileged by the bounty of natural beauty right on our doorstep. From large natural parks right here in Calgary like Nose Hill and Fish Creek, to afternoon outings to Big Hill Springs, or day trips to Dinosaur Provincial Park and of course the abundance of parks and recreational areas throughout the Rockies and Foothills.

We protect them for our enjoyment today, but also to ensure that they are there for future generations. It would be a terrible thing if in 100 or more years from now, for people to look back and ask why we didn't do more to protect our fragile ecosystems.

The parks and protected areas of Alberta inspire people to discover, value, protect and enjoy the natural world and the benefits it provides for current and future generations.

Children who are exposed to the natural world take greater care of the natural world later in life. The learning that goes on in our wilderness teaches invaluable lessons, lessons that teach them to protect our watersheds, nurture our wildlife, and ensure that our natural bounty is here for the enjoyment of all, including the flora and fauna that grow and thrive there.

We as Albertans have inherited a world of transcendent beauty, let us make sure we do not spoil it. We may be the ones who live here now, the land is not ours, we are merely custodians of it for our children's children.

Get out there, enjoy and protect it Alberta's pristine wilderness. It's here for all of us and all future generations.

To learn more about our parks and how to access them, feel free to visit www.albertaparks.ca or give them a call at 1-866-427-3582.



COUNCILLOR, WARD 11 BRIAN PINCOTT

P.O. Box 2100 Stn. M, #8001A
Calgary, AB T2P 2M5
403-268-2430 • www.ward11calgary.ca

What does it mean to be flood ready? Higher river flows typically occur in Calgary from the middle of May to middle July. However flooding can strike any Calgary community in any season, often with little or no warning. Interestingly this has less to do with spring run-off from the mountains, and more to do with precipitation.

The City has plans in place that guide our response to floods of various sizes. Every event is different and actions leading up to and during a flood depend on the specifics of each event. In general, as a City, we take these actions to mitigate the impact of a flood:

- Manage the flow of water out of the Glenmore reservoir
- Close the gates on storm water outfalls to prevent river water from entering the storm system
- Deploy temporary lift stations to supplement pumping
- Deploy temporary berms, flood tubes or sandbags to critical locations.

Last month, the City of Calgary held two open houses to provide information to residents about on-going 2013 flood recovery efforts. This information is available online if you missed the session at Calgary.ca/flooding, along with resources on preparing yourself and your community in the event of a flood.

Community building in your neighbourhood! June is a busy month for Ward 11 communities. Be sure to check your Community Association for their family-friendly event listings – festivals, bike parades & Neighbour Day events – just to name a few! Community clean-ups are also underway from now until September. They are a great way to meet your neighbours, and take a burden off of your spring clean-out. See the full schedule at Calgary.ca/cleanup.

As mentioned last month, my team and I will host a community information session on **Little Free Libraries** on **Thursday, June 9th at 6:00 pm at the Voltage Creative Garage, 2101 – 34th Avenue SW**. Light refreshments will be provided. We hope to see you there!

Remember to sign up for Ward 11 updates to receive information on upcoming events, City programs, and public engagement opportunities relevant to you at www.ward11calgary.ca.



Artisan Market Live Entertainment & Food

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Youth Employment

In late April I read an article on the CBC's website speaking to the plight of students in Calgary trying to find summer work. I printed this article to share with the different members of my staff and fellow MPs on Parliament Hill. Let me tell you why.

That first job for a student or youth entering the workforce establishes valuable skillsets and experience, and in some cases are the beginnings of a career. This first chance builds confidence and makes a strong impact on their ability to serve their communities and build the society that we all share and enjoy. Providing these opportunities for success is one of our most important responsibilities.

First of all, investing in youth jobs and opportunities is part of our plan to help the middle class and those seeking to join it. Our investments from Budget 2016 will help support young Canadians, including vulnerable youth, Indigenous Canadians, immigrants, youth with disabilities, single parents, those who have not completed high school and others.

We will help create thousands of new green jobs, more summer employment, participation in the Skills Link program and employment in the heritage sector.

We've **doubled** the Canada Summer Jobs Program (from 35,000 jobs to 70,000 for 2016, 2017, and 2018). This program invests in local non-profits, local government, and small businesses to hire youth over the summer months. Places like the Trinity Foundation, Kerby Centre and the YWCA receive grants for hiring these students. This program has a proven track record – employing some 330,000 students since its inception – and supporting local organizations in their work in the community.

This is part of our \$105 million commitment over five years, starting in 2016–17, and \$25 million per year thereafter in support for youth service.

Further to this, our government has created the Prime Minister's Youth Advisory Council to provide advice on key issues such as employment and education, building stronger communities as well as climate change and clean growth. Oftentimes I've found the best policies and ideas come from those you're seeking to help, and this is one part of this listening to those in our communities.

These are investments in Canada's future: we're going to help our youth find jobs and get the best start possible to their careers.

As always, you can contact my office by email at kent.hehr@parl.gc.ca or by phone at 403-244-1880. My office is located at 950 6 Ave SW and my door is always open to you. You can follow my work in Parliament online at www.KentHehrMP.ca where you can watch clips of yours truly in question period and sign up for my e-newsletter.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS

911

Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414

HOSPITALS / URGENT CARE

Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111

OTHER

Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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**MLA CALGARY-ELBOW
GREG CLARK**

Leader - Alberta Party
(403) 252-0346
calgary.elbow@assembly.ab.ca
Twitter: @GregClark4AB

It has been a busy couple of months in the Legislature and like many of you I'm looking forward to a busy summer of festivals, outdoor activities and family time. I am excited to be back in the constituency and meeting with residents and community groups.

As summer approaches we need to consider how we can safeguard our property while many of us travel away from home. The Calgary Police Service suggests some simple practices, including locking your doors, removing valuable from vehicles, trimming shrubs and maintaining property, using motion detection lights and keeping an eye out for one another. Get to know your neighbours and have them take in your mail and mow your lawn while you're out of town.

Data recently released by the Calgary Police Service (CPS) shows break-ins are on the rise in Calgary, with four of the top five communities located here in Calgary-Elbow. A number of factors account for this city wide 56% increase from last year, including the economic downturn and increased addiction to fentanyl.

Visit our new website at www.calgaryelbow.ca to find a link to more details on Calgary crime statistics or you contact my office at Calgary.elbow@assembly.ab.ca to find out more.

CPS encourages us to report all crimes, so they can track trends. It is through the use of these statistics that police resources are deployed. But not every incident requires we phone 9-1-1. So who should we call, and when?

Call 9-1-1 when you believe someone is in immediate danger, or you are witnessing a violent or criminal act. These types of incidents may include house break and enter, vehicle theft, or domestic violence.

The CPS non-emergency number, 403-266-1234, should be called when you believe the police should be engaged but there are no immediate threats to safety. These are lower priority calls that the police will respond to at a later time. These crimes may include phone scams, damage to property, a drug tip, or theft from a vehicle. You can also report these crimes using the CPS website at www.calgary.ca/cps and clicking on 'Report a Crime Online'.

3-1-1 Calgary is a single point of contact for City of Calgary non-emergency services. The service can be reached by dialing 3-1-1 or online at www.calgary.ca/311online. Please contact 3-1-1 to report graffiti or bylaw related concerns.

The Federation of Calgary Communities has a great resource centre that offers a wide range of resources on crime prevention, safety, community engagement, and more. Visit them at www.calgarycommunities.com and search 'virtual resource centre' to access the information.

I wish you a relaxing and fun filled summer. I'll be in the constituency until the Legislature sits again in October. Please feel free to stop by the office and say hello. We are located above the Sunterra in Britannia.



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- Irene, WINS Client

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