

APRIL 2016

BRINGING MEADOWLARK PARK RESIDENTS TOGETHER

the MEADOWLARKER

THE OFFICIAL MEADOWLARK PARK COMMUNITY NEWSLETTER





COMMUNITY ASSOCIATION MEMBERSHIP FORM

Mail or drop off your completed application to:
 Meadowlark Park Community Association, 623 58th Ave SW T2V 0H8
 Call or Email Verna Leask – 403-258-3169 or v_leask@shaw.ca
Membership: 1 Year - \$20.00

Name: _____

Home Address: _____ (please print)

Phone Number: _____

Email Address: _____

Payment Enclosed: _____

Be sure to include your email address so we can keep you up to date with community news and events of interest to you.

Your support through membership is critical to Meadowlark Park Community Association's success in negotiations with the various governments (municipal, provincial and federal) and business entities that your board interacts with on a regular basis.

Thank you for your participation.



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Meadowlark Park Community Association
 623-58 Ave SW, Calgary, AB T2V 4X5
 Phone: 403.252.0737 • Fax: 403.255.1407
www.meadowlarkpark.org • info@meadowlarkpark.org

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Editorial Content Deadline

1st
of each month
for the next
month's issue
kcamarta@gmail.com

Hall Rental Details

Non-member rental rate: \$50/hour • Resident member rental rate: \$25/hour • Damage deposit: \$500
Rental inquiries can be made by emailing hallrental@meadowlarkpark.org and stating the date and time you are interested in. You will be contacted within 2 days. If the hall is available for your requested date, you will be asked to complete a rental application form. This will give us the required information for the rental contract. If you aren't familiar with the hall, a time will be set up to show you the hall to ensure it will meet your needs. If it does, the rental contract will be completed and payment of the damage deposit and rental fee arranged. Please note that at least 20 days notice is required for rentals.

	UPPER HALL	LOWER HALL	HOCKEY SHACK LOUNGE (available to resident members only)
Capacity (overall 150 in the entire hall at one time)	Dining & beverage – 105 Non fixed table & chairs – 132 Non fixed chairs - 150	Dining & beverage – 105 Non fixed table & chairs – 150 Non fixed chairs - 150	60
Barrier-Free Access	Yes	No	No
Kitchen	Yes	Yes	Yes



Knitting Group

Our knitting group is always open to new members of all skill levels. It's a great opportunity to get to know your neighbours in the community. We meet most Monday evenings at the Hockey Shack lounge at the community hall (entrance faces the hall parking lot).

If you are interested joining us, please email me at christine.franke72@gmail.com or call me at 403-209-2566 to confirm the next date.



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It has been over 100 days since I was appointed Minister of Veterans Affairs and Associate Minister of National Defence. Each and every day I am honoured and proud to serve those who wear—or who have worn—our nation's uniform.

The opportunity to work with my caucus colleagues from across Canada is rewarding, and being a strong voice for Calgary and Alberta at the cabinet table is a tremendous privilege and responsibility that I do not take lightly.

The Prime Minister has given me an aggressive mandate, one that I plan to fulfill through stronger relationships with veterans and the organizations that represent them.

During my first days, I participated in a number of Veterans' Week activities, including Remembrance Day ceremonies in Ottawa. This special day was humbling and concluded a week of learning and listening. It reconfirmed my commitment to ensuring that we get Veterans the care they need, when and where they need it.

Within the first month, I travelled across the country to engage with Veterans and Veterans' organizations, and held my first Veterans' Stakeholder Summit in Ottawa in December. Next, I travelled to Poland and Ukraine to meet our Canadian Armed Forces troops during the holidays and to

thank them for their service on behalf of all Canadians.

Veterans will once again be able to access services in offices closed in recent years. And, we have already re-hired more than 175 front-line staff to provide more support to Veterans across Canada.

I know that times are tough for Alberta and Canada. In the first 100 days as a government, we have quickly begun work on key campaign promises that I believe will make a real difference in the lives of Canadians.

We have already reduced taxes to the middle class. This will put more money in to 9 out of every 10 Canadian pockets.

We have implemented a consultation process for pipeline projects that allows for industry, communities, first nations and people who are concerned about the environment to take part. I truly believe we are on a path to build public trust in our approach so that we can move forward in a thoughtful manner that will see success for our industry in the long run.

The Prime Minister confirmed that \$700 million in Infrastructure funds would start flowing to Alberta in the weeks ahead. Those investments in projects identified by our Provincial partners and their municipal partners will create thousands of jobs and generate economic benefits for our great province.

My first 100 days have been exciting and I look forward to achieving much more in the future. My door, and my mind, will always remain open to the input and ideas of Canadians. We were elected on a mandate of real change, and part of that real change is a commitment to evidence based decisions and consultation with all of you.



COUNCILLOR, WARD 11 BRIAN PINCOTT

www.ward11calgary.ca

Spring is just around the corner! That means the **City's annual Spring Clean-up** is coming to neighbourhoods across Calgary.

Spring Clean-up is an annual street sweeping program that removes sanding materials and debris that has accumulated on roads and along major sidewalks and boulevards during the winter months. The program, kicking off April 3, improves safety and mobility for Calgary motorists, cyclists and pedestrians. But you might see crews out there working hard before April 3: pre-sweeping has already begun, so we're busy removing materials along roads and boulevards. This year, street sweeping will end by June 1. In order to make this happen, crews will be sweeping streets on a compressed schedule, working seven days per week.

Keeping Calgary clean is a collaborative effort. To make sure the program runs smoothly, we're asking all Calgarians to help us make the city beautiful by removing vehicles and carts from city roads when they see street sweeping signs in their community. This year, that includes weekends. During the program, Calgarians can visit calgary.ca/sweep to:

- Find answers to all of their questions on our FAQ

- Visit a live map to track sweeper progress across the city
- Learn if there will be a parking ban in their neighbourhood, and
- Enter their address to confirm their street sweeping date.

Make sure to visit the website to learn more about street sweeping, and don't forget to watch for signs in your neighbourhood starting April 3.

I also want to let you know about **Neighbour Day**, held annually on the third Saturday of June, it is an opportunity for neighbours to come together in the form of BBQs, cleanups and potlucks to celebrate our strong community spirit in Calgary. Make Saturday, June 18 the day you host a block party, a picnic at your local park or even introduce yourself to a neighbour and lend a helping hand.

The City of Calgary wants to encourage as many people as possible to host a local activity on their block or in their residential building. That is why they are waiving the fees for small scale local block party permits and neighbourhood park bookings for events that take place on June 18 this year. Please note the deadline for road closure permit applications is May 27. Visit calgary.ca/neighborday for more information about Neighbour Day including an event planning kit, information about permits and other logistical considerations.

As always, you can contact me at ward11@calgary.ca or feel free to connect with me on Twitter @bpincott, or on Facebook at Brian Pincott, Councillor Ward 11.



MLA CALGARY-ELBOW GREG CLARK

Leader - Alberta Party
(403) 252-0346
calgary.elbow@assembly.ab.ca
Twitter: @GregClark4AB

By the time you receive this newsletter the Second Session of the 29th Legislative Assembly of Alberta will have started. This spring we'll be debating a new budget and I'll be keeping a close eye on how the government addresses the serious economic challenges facing our province. They have some tough choices to make and I will again release my own budget to show Albertans how I would address these challenges. I will focus on job creation and support for the energy industry, while ensuring high-quality front line services are maintained

while keeping the deficit to a minimum. We will also lay out our plan to purposefully diversify Alberta's economy by building on our strengths in energy, agriculture, logistics and technology.

I've also pushed for greater transparency for the North-West Redwater Refinery and have led the charge to ensure MLA's aren't able to claim extra money over and above their actual living expenses when in Edmonton.

Mental Health Review

The province has released the long-anticipated mental health review. You can read the full report and find more information here www.health.alberta.ca/initiatives/Mental-Health-Review.html.

I'm encouraged that the government seems to be taking this important issue seriously. For too long it has been difficult for people in need to access mental health services when they needed them, and as a result too many people have fallen through the cracks. I'm optimistic the government take action but I will work hard to ensure they follow through on the promise of this report.

This is a good opportunity to remind you of the mental health resources available in our community.

211 Alberta is a 'one-stop-shop' for convenient and stigma-free access to everything from advice on child-care available to information for seniors to mental health supports and suicide prevention. It's a multilingual ser-

vice providing 24 hour information and referral system for thousands of services available throughout Calgary.

The Distress Centre is there when you need someone to talk to, 24 hours a day, seven days a week. You can reach them at 403-266-HELP (4357) or online at www.distress-centre.com. They specialize in crisis support and suicide prevention services for everyone, including peer support services for teens at www.calgaryconnectteen.com.

The Calgary Counselling Centre provides accessible one-on-one and group counselling services for adults, children and couples. You can learn more and register for counselling here www.calgarycounselling.com/counselling.

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Phone: 403-238-9222 • Email: info@swcrc.ca • www.swcrc.ca

POSITIVE DISCIPLINE IN EVERYDAY PARENTING – REGISTER NOW

Tuesday mornings, 10:00 am – 12:00 pm for 8 weeks, April 12 – May 31, 2016. Program offered free of charge and includes program materials, child minding, coffee, and snacks.

Children have the right to protection from physical punishment and to positive discipline that respects their dignity. In this wonderfully affirming program, parents of children 0 – 18 years will learn the four principles of positive discipline: setting goals; creating a positive home climate; understanding how children think and feel; and problem solving in challenging situations. Parents will practice their skills in hands-on exercises and learn to apply these principles across a wide range of situations. The result will be a positive relationship with your child that will last a lifetime.

To register, please call Marylou Breig at 403-238-9222 ext. 225 or Aynsley Walsh at 403-238-9222 ext. 224.

PARENT TALK – REGISTER NOW
Thursday mornings, 10:00 – 11:30, April 14 to June 16 2016. Free child-minding, coffee, and snacks. Parenting tip sheets and children's books to take home.

This free program is open to all parents of babies and young children.

- Enjoy the company and support of other parents
- Give your children some supervised play time
- Get your parenting questions answered with the help of facilitators from the Further Education Society
- Help your young children learn and develop their potential

You can register and start the program anytime over the 11 weeks of the session. Attend as many weeks as you can. To register, call the SWCRC at 403-238-9222.

NEIGHBOURS HELPING NEIGHBOURS

Calgary's economic downturn is hitting people hard. The baby and personal care items we have in stock are dwindling rapidly. We are in need of the following to share: newborn and sizes 1 to 6 diapers and pull-ups; shampoo, men's razors, men's shaving cream.

IMPORTANT NUMBERS	
ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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COMMUNITY ANNOUNCEMENTS

- ♦ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ♦ Forty word limit

IN & AROUND SCHOOLS

St. Augustine School

Upcoming Events for April

St. Augustine School presents Little Red Riding Hood and the Power Mutants! Little Red, of Little Red's Gourmet Catering and Home Delivery Service, is on a mission to deliver some goodness to Grandma's house. Unfortunately, Oswald The Big Bad Wolf, present and founder of Oswald's School for Wolves, is trying to teach her somewhat dim students how to steal baskets of goodies. Only The Power Mutants, a strange and mysterious group of mutant superheroes with rather silly powers, can help Little Red. Will the goodies get to Grandma's house on time?

The show will be performed Wednesday, April 13 and Thursday, April 14, 2016, at 7:00 pm in the St. Augustine School gymnasium. Tickets are \$5 each and can be purchased at the door.

Elementary Angel Awards

Recognizing students for their contributions to our school community is an important part of creating a caring and positive learning environment. On Friday, April 29, we recognize those students that demonstrate their understanding of the virtue "Commitment".

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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your COMMUNITY business of the month

Chinook Bowladrome

Meadowlark Park Community

Chinook Bowladrome has been in business since August 1960 with four full-time staff and 21 part-time. The bowling centre was one of the very first businesses put into Chinook Centre as an outlet for the mall staff to go relax and have some good fun. Some of the current staff here have been for over 15 years and counting. Many of our staff members are bowlers in our leagues as well and bowl on either a once a week basis or a few times as well. Currently one staff member has a perfect game under his belt and as all bowlers striving for more of them.

Many of our staff are college or university students studying to be doctors, lawyers and engineers, to say a few. Our commitment is to our customers as well as our employees as we strive to have the best of both. We take pride in being the second largest in western Canada. We have 32 lanes of five pin bowling, the Canadian game, with glow bowl scheduled at different times for open play.

I have to say that many customers are constantly coming up to us to thank us for our clean business and especially our bathrooms. They say you can really judge a place by its cleanliness and we definitely take extra care on these matters.

The centre has been host to many provincial and national events for the bowling community, and will for many years to come.

We hosted the Youth Bowling Nationals in 2001 and are very proud to be hosting the Nationals again this year in May. This year we are also hosting the provincial event for Alberta Open Teams. This tournament showcases the elite bowlers in our province.

On any given weekend and some during the week we can be host to 300-500 birthday party children.

Our leagues run seven days a week with the ages running from 3-98 years of age.

Our centre is very proud to be host to many special needs groups such as Calgary Special Olympics and Independent Living Resource Centre as well as The Calgary Blind League. We have many bowlers come through our doors with disabilities each and every day.

Chinook Bowladrome has been host to "10" perfect "450" games which is a rather awesome achievement to obtain.

We are a popular venue for staff parties as well.

We host a variety of corporate events which include the big event of Bowl for Kids which is a huge benefit for the Big Brothers, Big Sisters fundraiser.

We have been the Calgary Herald Reader's Choice for the last 20 plus years.

In the summer we host the Kids Bowl Free program.

We are very involved with the community and school programs.




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